

**7500M - STAGE 1**

**7500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	25.9°C	32%
End	12:56	25.9°C	32%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1049	CAMPOS, Tiago Filipe	Rio Maior	01:28:45.2		11:50	
2	1042	CARDOSO, Diogo Santos	Sporting	01:28:53.0	+00:08	11:51	
3	1003	ANDRE, Angelica Maria	Porto	01:28:54.2	+00:09	11:51	
4	1020	ROSA, Mafalda Sofia	Rio Maior	01:29:27.3	+00:42	11:56	
5	1050	CARVALHO, Martim Henriques	Rio Maior	01:29:41.4	+00:56	11:58	
6	1034	MARQUES, Gustavo Pires	Uniao Coimbra	01:31:03.6	+02:19	12:08	
7	1044	SPIESS, Alexandre Martinenko	Sporting	01:35:07.7	+06:23	12:41	
8	1031	LOUREIRO, Bruno Silva	Porto	01:35:25.5	+06:41	12:43	
9	1029	SANTOS, Ricardo Matias	CPFZ - Natacao	01:36:24.5	+07:40	12:51	
10	1016	MENDES, Mariana Amaral	Sporting	01:36:29.3	+07:44	12:52	
11	1026	CARDOSO, Guilherme Maia	Columbofila Cantanhedense	01:36:32.0	+07:47	12:52	
12	1039	SILVA, Afonso Carvalho	Famalicao	01:37:34.2	+08:49	13:01	
13	1023	ALMEIDA, Joao Neves	Nautico Academico	01:37:41.6	+08:57	13:02	
14	1045	SOUSA, Joao Maria	Braga	01:37:48.3	+09:03	13:02	
15	1046	RODRIGUES, Rodrigo Reis	Sao Roque	01:39:26.8	+10:42	13:16	
16	1036	GOMES, Rodrigo Ribeiro	Condeixa Clube	01:39:31.0	+10:46	13:16	
17	1011	RODRIGUES, Joana Francisca	Condeixa Clube	01:39:34.4	+10:49	13:17	
18	1043	PEREIRA, Manuel Angelo	Sporting	01:40:39.5	+11:55	13:25	
19	1040	BARBARA, Goncalo Gualberto	Lagoa AC	01:41:26.6	+12:42	13:32	
20	1009	FLORENCIO, Matilde Alves	Condeixa Clube	01:43:32.8	+14:48	13:48	
21	1035	GERALDO, Tomas Cardoso	Condeixa Clube	01:43:41.5	+14:57	13:50	
22	1037	MARQUES, Jose Miguel	Condeixa Clube	01:43:42.5	+14:58	13:50	
23	1004	PIMENTEL, Marta Lima	Fluivial Portuense	01:43:42.5	+14:58	13:50	
24	1047	GONCALVES, Alexandre Ramos	Colegio Efanor	01:43:47.4	+15:02	13:50	
25	1022	STARZYNSKY, Daniel	Benedita	01:43:59.3	+15:14	13:52	
26	1033	FERNANDES, Duarte Jose	Uniao Coimbra	01:45:01.3	+16:16	14:00	
27	1012	LOPES, Daniela Magalhaes	Famalicao	01:45:03.6	+16:19	14:00	
28	1024	PEREIRA, Tomas Veiga	Nautico Academico	01:45:09.1	+16:24	14:01	
29	1028	MARTINS, Antonio Pedro	CPFZ - Natacao	01:46:48.2	+18:03	14:14	
30	1007	ARMAS, Maria Ornelas	Vikings	01:46:57.2	+18:12	14:16	
31	1008	GASPAR, Beatriz Ferreira	Academica de Coimbra	01:46:58.6	+18:14	14:16	
32	1019	NUNES, Rita Sofia	Colegio Efanor	01:47:25.3	+18:40	14:19	
33	1015	SANTOS, Mariana Coelho	Lagoa AC	01:47:41.7	+18:57	14:22	
34	1010	RODRIGUES, Helena Nunes	Condeixa Clube	01:47:56.7	+19:12	14:24	
35	1032	ROCHA, Joao Pedro	Viana Natacao	01:48:01.5	+19:17	14:24	
36	1006	LIGEIRO, Daniela Silva	Viana Natacao	01:48:14.2	+19:29	14:26	
37	1017	PEIXOTO, Carolina Esteves	Braga	01:48:17.5	+19:33	14:26	
38	1025	SANTOS, Tomas Nolan	Nautico Academico	01:50:25.9	+21:41	14:43	
39	1041	KUNYK, Vitor	Lagoa AC	01:50:43.9	+21:59	14:46	
40	1038	PAIS, Joao Ventura	Condeixa Clube	01:50:47.3	+22:02	14:46	
41	1048	NUNES, Diogo Barbosa	Colegio Efanor	01:51:31.4	+22:46	14:52	
42	1001	ALVES, Joana Silva	Benedita	01:54:09.2	+25:24	15:13	

**7500M - STAGE 1****7500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1014	LUIZ, Maria Teresa	Lagoa AC	01:54:33.0	+25:48	15:16	
44	1013	FRANCIS, Rebeca Correia	Lagoa AC	01:56:00.8	+27:16	15:28	
45	1005	BROCHADO, Mariana Goncalves	Viana Natacao	01:56:06.6	+27:22	15:29	

**Obs**

BIB	NOTE	NAME	TEAM
1002	DNF	CONCEICAO, Beatriz Silva	Benedita
1021	DNF	TROMBINHAS, Tiago Miguel	Colegio Monte Maior
1018	DNS	SILVA, Silvana Suamade	Sao Roque
1027	DNS	LUCAS, Joao Neves	Columbofila Cantanhedense
1030	DNS	RIBEIRO, Hugo Alberto	Leixoes

**7500m**

**7500 METERS**

**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	11:00	25.9°C	32%
End	12:56	25.9°C	32%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### AA+20 Feminino

1	1003	ANDRE, Angelica Maria	Porto	AA+20 Feminino	01:28:54.2		11:51
2	1016	MENDES, Mariana Amaral	Sporting	AA+20 Feminino	01:36:29.3	+07:35	12:52
3	1007	ARMAS, Maria Ornelas	Vikings	AA+20 Feminino	01:46:57.2	+18:03	14:16

### AA+20 Masculino

1	1049	CAMPOS, Tiago Filipe	Rio Maior	AA+20 Masculino	01:28:45.2		11:50
2	1042	CARDOSO, Diogo Santos	Sporting	AA+20 Masculino	01:28:53.0	+00:07	11:51
3	1044	SPIESS, Alexandre Martinenko	Sporting	AA+20 Masculino	01:35:07.7	+06:22	12:41
4	1036	GOMES, Rodrigo Ribeiro	Condeixa Clube	AA+20 Masculino	01:39:31.0	+10:45	13:16
5	1040	BARBARA, Goncalo Gualberto	Lagoa AC	AA+20 Masculino	01:41:26.6	+12:41	13:32
6	1032	ROCHA, Joao Pedro	Viana Natacao	AA+20 Masculino	01:48:01.5	+19:16	14:24
7	1038	PAIS, Joao Ventura	Condeixa Clube	AA+20 Masculino	01:50:47.3	+22:02	14:46
8	1048	NUNES, Diogo Barbosa	Colegio Efanor	AA+20 Masculino	01:51:31.4	+22:46	14:52

### AA1617 Feminino

1	1012	LOPES, Daniela Magalhaes	Famalicao	AA1617 Feminino	01:45:03.6		14:00
2	1019	NUNES, Rita Sofia	Colegio Efanor	AA1617 Feminino	01:47:25.3	+02:21	14:19
3	1017	PEIXOTO, Carolina Esteves	Braga	AA1617 Feminino	01:48:17.5	+03:13	14:26
4	1001	ALVES, Joana Silva	Benedita	AA1617 Feminino	01:54:09.2	+09:05	15:13
5	1014	LUIZ, Maria Teresa	Lagoa AC	AA1617 Feminino	01:54:33.0	+09:29	15:16
6	1005	BROCHADO, Mariana Goncalves	Viana Natacao	AA1617 Feminino	01:56:06.6	+11:03	15:29

### AA1617 Masculino

1	1031	LOUREIRO, Bruno Silva	Porto	AA1617 Masculino	01:35:25.5		12:43
2	1029	SANTOS, Ricardo Matias	CPFZ - Natacao	AA1617 Masculino	01:36:24.5	+00:59	12:51
3	1026	CARDOSO, Guilherme Maia	Columbofila Cantanhedense	AA1617 Masculino	01:36:32.0	+01:06	12:52
4	1039	SILVA, Afonso Carvalho	Famalicao	AA1617 Masculino	01:37:34.2	+02:08	13:01
5	1023	ALMEIDA, Joao Neves	Nautico Academico	AA1617 Masculino	01:37:41.6	+02:16	13:02
6	1045	SOUSA, Joao Maria	Braga	AA1617 Masculino	01:37:48.3	+02:22	13:02
7	1043	PEREIRA, Manuel Angelo	Sporting	AA1617 Masculino	01:40:39.5	+05:14	13:25
8	1035	GERALDO, Tomas Cardoso	Condeixa Clube	AA1617 Masculino	01:43:41.5	+08:16	13:50
9	1037	MARQUES, Jose Miguel	Condeixa Clube	AA1617 Masculino	01:43:42.5	+08:16	13:50
10	1047	GONCALVES, Alexandre Ramos	Colegio Efanor	AA1617 Masculino	01:43:47.4	+08:21	13:50
11	1022	STARYNSKYY, Daniel	Benedita	AA1617 Masculino	01:43:59.3	+08:33	13:52
12	1033	FERNANDES, Duarte Jose	Uniao Coimbra	AA1617 Masculino	01:45:01.3	+09:35	14:00

**7500m****7500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	1024	PEREIRA, Tomas Veiga	Nautico Academico	AA1617 Masculino	01:45:09.1	+09:43	14:01
14	1028	MARTINS, Antonio Pedro	CPFZ - Natacao	AA1617 Masculino	01:46:48.2	+11:22	14:14
15	1025	SANTOS, Tomas Nolan	Nautico Academico	AA1617 Masculino	01:50:25.9	+15:00	14:43
16	1041	KUNYK, Vitor	Lagoa AC	AA1617 Masculino	01:50:43.9	+15:18	14:46

**AA1819 Feminino**

1	1020	ROSA, Mafalda Sofia	Rio Maior	AA1819 Feminino	01:29:27.3		11:56
2	1011	RODRIGUES, Joana Francisca	Condeixa Clube	AA1819 Feminino	01:39:34.4	+10:07	13:17
3	1009	FLORENCIO, Matilde Alves	Condeixa Clube	AA1819 Feminino	01:43:32.8	+14:05	13:48
4	1004	PIMENTEL, Marta Lima	Fluvial Portuense	AA1819 Feminino	01:43:42.5	+14:15	13:50
5	1008	GASPAR, Beatriz Ferreira	Academica de Coimbra	AA1819 Feminino	01:46:58.6	+17:31	14:16
6	1015	SANTOS, Mariana Coelho	Lagoa AC	AA1819 Feminino	01:47:41.7	+18:14	14:22
7	1010	RODRIGUES, Helena Nunes	Condeixa Clube	AA1819 Feminino	01:47:56.7	+18:29	14:24
8	1006	LIGEIRO, Daniela Silva	Viana Natacao	AA1819 Feminino	01:48:14.2	+18:46	14:26
9	1013	FRANCIS, Rebeca Correia	Lagoa AC	AA1819 Feminino	01:56:00.8	+26:33	15:28

**AA1819 Masculino**

1	1050	CARVALHO, Martim Henriques	Rio Maior	AA1819 Masculino	01:29:41.4		11:58
2	1034	MARQUES, Gustavo Pires	Uniao Coimbra	AA1819 Masculino	01:31:03.6	+01:22	12:08
3	1046	RODRIGUES, Rodrigo Reis	Sao Roque	AA1819 Masculino	01:39:26.8	+09:45	13:16

1500M MASTER - STAGE 1

1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	30.5°C	27%
End	16:09	30.5°C	32%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2109	RIBEIRO, Hugo Alberto	Leixoes	18:49.7	-	-	
2	2032	SILVA, Pedro Miguel	Colegio Monte Maior	18:57.0	+00:07	-	
3	2172	PINOTES, Pedro Miguel	Sporting	19:12.1	+00:22	-	
4	2181	BONANCA, Mario Andre	Vikings Sports Club	21:13.5	+02:24	-	
5	2134	VANTAGGIATO, Marco	Litoral Alentejano	21:14.7	+02:25	-	
6	2089	FREITAS, Jose Carlos	Individual ANNP	21:17.8	+02:28	-	
7	2175	PARREIRA, Marcos Roberto	Sporting	21:32.4	+02:42	-	
8	2130	INACIO, Mauro Santos	Litoral Alentejano	21:35.3	+02:45	-	
9	2180	NEVES, Vania Soares	Viana Natacao	21:37.7	+02:48	-	
10	2131	GORGULHO, David Oliveira	Litoral Alentejano	21:39.2	+02:49	-	
11	2133	COSTA, Rodrigo Marques	Litoral Alentejano	21:45.4	+02:55	-	
12	2100	GUTIERRES FUENTES, Ruben A.	Lagoa AC	21:45.9	+02:56	-	
13	2044	SANTOS, Cristiano Almeida	CPFZ - Natacao	21:47.8	+02:58	-	
14	2129	COSTA, Jaime Fernando	Litoral Alentejano	21:50.2	+03:00	-	
15	2022	BENTO, Jaime Carlos	Alges	22:14.4	+03:24	-	
16	2126	GONCALVES, Filipe Gouveia	Lisboa PoolSharks	23:10.3	+04:20	-	
17	2031	LUEHRS, Frauke	Colegio Monte Maior	23:11.0	+04:21	-	
18	2035	ALMEIDA, Diogo Pedroso	Colegio Monte Maior	23:22.0	+04:32	-	
19	2125	CARVALHO, Joao Carlos	Lisboa PoolSharks	23:29.3	+04:39	-	
20	2105	SOUSA, Paulo Alexandre	Lagoa AC	23:31.7	+04:42	-	
21	2009	TEJO, Paulo Jorge	Academica de Coimbra	23:35.6	+04:46	-	
22	2039	FERREIRA, Isabel Baptista	Colegio Monte Maior	23:40.3	+04:50	-	
23	2005	PEREIRA, Rui Jorge	Academica de Coimbra	23:41.6	+04:52	-	
24	2160	TELO, Carla Patricia	Naval do Funchal	23:44.9	+04:55	-	
25	2046	FERREIRA, Jose Araujo	Desportivo Nacional	23:50.3	+05:00	-	
26	2150	MONTEIRO, Daniel Carlini	Nadadores dos Estoris	23:51.9	+05:02	-	
27	2162	SANTOS, Bruno Miguel	Porto	23:57.3	+05:07	-	
28	2083	TORRES, Paulo Francisco	Fluvial Portuense	24:09.6	+05:20	-	
29	2055	COSTA, Maria Luisa	Fluvial Portuense	24:14.3	+05:24	-	
30	2110	FONSECA, Maria Manuela	Leixoes	24:16.4	+05:26	-	
31	2183	MONTEIRO, Alexandra Sofia	Vila DEste/Gaia	24:21.1	+05:31	-	
32	2007	TOJO, Jose Manuel	Academica de Coimbra	24:25.2	+05:35	-	
33	2036	PEREIRA, Alexandre Marques	Colegio Monte Maior	24:27.1	+05:37	-	
34	2145	SILVA, Joao Manuel	MILLENNIUM BCP	24:32.6	+05:43	-	
35	2056	ROTHES, Ines Maria	Fluvial Portuense	24:34.8	+05:45	-	
36	2132	CARVALHO, Frederico Gomes	Litoral Alentejano	24:37.5	+05:48	-	
37	2186	ROSA, Artur Jorge	Vila DEste/Gaia	24:38.0	+05:48	-	
38	2128	MATEUS, Susana Maria	Litoral Alentejano	24:43.6	+05:54	-	
39	2037	SANTOS, Eurico Manuel	Colegio Monte Maior	24:45.2	+05:55	-	
40	2127	PINTO, Luis Filipe	Lisboa PoolSharks	24:50.9	+06:01	-	
41	2153	SANTOS, Rui Alexandre	Nadadores dos Estoris	24:52.0	+06:02	-	
42	2170	CORREIA, Alberto Vaz	Salesianos	25:03.7	+06:14	-	

**1500M MASTER - STAGE 1**

**1500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	2010	TEJO, Rui Miguel	Academica de Coimbra	25:22.2	+06:32	-	
44	2074	LOBO, Nuno Silva	Fluvial Portuense	25:25.6	+06:36	-	
45	2146	PERDIGOTO, Ruben Tiago	Nadadores dos Estoris	25:26.3	+06:36	-	
46	2092	SANTOS, Mariana Moura	Lagoa AC	25:28.4	+06:38	-	
47	2018	FRIAS, Ricardo Miguel	Alges	25:31.3	+06:41	-	
48	2001	RIBEIRO, Carlos Manuel	Academica de Coimbra	25:33.7	+06:44	-	
49	2112	FARIA, Joana Maria	Leixoes	25:36.4	+06:46	-	
50	2047	COELHO, Cristiano Amaro	Fluvial Portuense	25:37.5	+06:48	-	
51	2030	BRUNO, Marta Garanhoto	Colegio Monte Maior	25:39.9	+06:50	-	
52	2021	DANTAS, Paulo Marcos	Alges	25:43.2	+06:53	-	
53	2019	MARQUES, Rui Montenegro	Alges	25:47.5	+06:58	-	
54	2164	BARROS, Francisco Santos	Porto	25:50.5	+07:01	-	
55	2154	MOUTINHO, Paulo Saltao	Nadadores dos Estoris	25:54.1	+07:04	-	
56	2173	AFONSO, Hugo Andre	Sporting	25:57.2	+07:07	-	
57	2148	SILVA, Liana Casquinha	Nadadores dos Estoris	26:02.8	+07:13	-	
58	2076	MONTEIRO, Jorge Manuel	Fluvial Portuense	26:07.0	+07:17	-	
59	2119	FERREIRA, Miguel Jose	Leixoes	26:10.4	+07:20	-	
60	2102	ROMAO, Joao Filipe	Lagoa AC	26:28.5	+07:39	-	
61	2041	MARTINS, Joao Gao	Colegio Monte Maior	26:52.1	+08:02	-	
62	2006	SILVA, Bruno Miguel	Academica de Coimbra	26:53.1	+08:03	-	
63	2159	ARAUJO, Teresa Mafalda	Naval do Funchal	26:55.9	+08:06	-	
64	2058	MENDES, Rui Alberto	Fluvial Portuense	26:59.7	+08:10	-	
65	2147	GASPAR, Joana Margarida	Nadadores dos Estoris	27:01.5	+08:12	-	
66	2136	CORDEIRO, Diogo Andre	Masters de Almada	27:06.5	+08:17	-	
67	2008	MOREIRA, Flavio Martins	Academica de Coimbra	27:14.6	+08:25	-	
68	2177	RIENDERHOFF, Yolanda	Sporting de Espinho	27:18.2	+08:28	-	
69	2174	GONCALVES, Nuno Telmo	Sporting	27:20.2	+08:30	-	
70	2099	AMARAL, Horacio Maciel	Lagoa AC	27:27.1	+08:37	-	
71	2082	SEABRA, Henrique Luis	Fluvial Portuense	27:30.4	+08:40	-	
72	2151	MOREIRA, Nelson Sequeira	Nadadores dos Estoris	27:33.7	+08:44	-	
73	2090	FOCKE, Filipe Esteves	Lagoa AC	27:37.4	+08:47	-	
74	2121	NEVES, Paulo Alexandre	Leixoes	27:42.3	+08:52	-	
75	2002	MORA, Luis Ricardo	Academica de Coimbra	27:45.5	+08:56	-	
76	2049	REBOCHO, Mariana Sarmento	Fluvial Portuense	27:47.1	+08:57	-	
77	2013	MARTINHO, Antonio Jorge	Academica de Coimbra	27:49.4	+08:59	-	
78	2093	VERISSIMO, Liliana Alexandra	Lagoa AC	27:51.7	+09:02	-	
79	2144	MARQUES, Helena Sofia	MILLENNIUM BCP	27:54.3	+09:04	-	
80	2063	FERREIRA, Filipa Margarida	Fluvial Portuense	28:03.5	+09:14	-	
81	2098	TRINDADE, Susana Matias	Lagoa AC	28:09.6	+09:20	-	
82	2115	GOMES, Joao Antonio	Leixoes	28:39.6	+09:50	-	
83	2184	GAVINHO, Nuno Miguel	Vila DEste/Gaia	28:45.6	+09:56	-	
84	2176	LIMA, Jorge Sequeira	Sporting	28:52.4	+10:02	-	
85	2157	MARQUES, Antonio Higino	Nadadores dos Estoris	29:09.4	+10:19	-	
86	2081	SANTOS, Luis Lopes	Fluvial Portuense	29:25.6	+10:36	-	
87	2012	CARITA, Antonio Carlos	Academica de Coimbra	29:33.5	+10:44	-	
88	2059	OLIVEIRA, Pedro Fonseca	Fluvial Portuense	29:43.3	+10:53	-	

## 1500M MASTER - STAGE 1

## 1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	2114	REGO, Susana Isabel	Leixoes	29:46.6	+10:57	-	
90	2038	CORREIA, Maria Isabel	Colegio Monte Maior	30:00.3	+11:10	-	
91	2141	SANTINHA, Antonio Manuel	Masters de Almada	30:05.0	+11:15	-	
92	2111	ALMEIDA, Graca Maria	Leixoes	30:07.4	+11:17	-	
93	2178	FERREIRA, Domingos Jose	Sporting de Espinho	30:11.1	+11:21	-	
94	2053	SILVA, Ana Sofia	Fluvial Portuense	30:13.6	+11:24	-	
95	2003	ROSADO, Nuno Vaz	Academica de Coimbra	30:16.5	+11:27	-	
96	2143	CORREIA, Carlos Augusto	Masters de Almada	30:35.0	+11:45	-	
97	2077	SOUSA, Luis Manuel	Fluvial Portuense	30:37.5	+11:48	-	
98	2015	FERREIRA, Francisco Jorge	Academica de Coimbra	30:47.8	+11:58	-	
99	2185	MACHADO, Maria Margarida	Vila DEste/Gaia	30:58.1	+12:08	-	
100	2156	CORREIA, Jose Luis	Nadadores dos Estoris	31:32.2	+12:42	-	
101	2088	MARCELINO, Catarina Matias	Grandola Sports	31:59.6	+13:10	-	
102	2122	FERNANDES, Maria Santos	Leixoes	32:06.4	+13:16	-	
103	2014	SILVA, Rui Manuel	Academica de Coimbra	32:19.9	+13:30	-	
104	2004	GOMES, Ana Claudia	Academica de Coimbra	32:21.2	+13:31	-	
105	2120	CUNHA, Maria Trigueiros	Leixoes	32:42.9	+13:53	-	
106	2163	REIS, Margarida Bleck	Porto	32:44.8	+13:55	-	
107	2094	SA, Inez Correa	Lagoa AC	33:02.3	+14:12	-	
108	2142	CANINAS, Maria Madalena	Masters de Almada	33:07.8	+14:18	-	
109	2069	GONCALVES, Pedro Nuno	Fluvial Portuense	33:22.6	+14:33	-	
110	2060	PEREIRA, Rui Abel	Fluvial Portuense	33:23.8	+14:34	-	
111	2043	MELO, Mario Jorge	Colegio Monte Maior	33:36.2	+14:46	-	
112	2075	MELO, Antonio Paulo	Fluvial Portuense	33:37.2	+14:47	-	
113	2096	NUNES, Marcia Silva	Lagoa AC	33:37.2	+14:47	-	
114	2050	UHLFELDER, Ana Sofia	Fluvial Portuense	33:47.7	+14:58	-	
115	2124	MENESES, Pedro Bruno	Leixoes	34:03.5	+15:14	-	
116	2057	GUEDES, Jorge Miguel	Fluvial Portuense	34:12.3	+15:22	-	
117	2025	PORTO, Carlos Manuel	Alges	34:25.5	+15:36	-	
118	2095	SILVA, Ricardo Jorge	Lagoa AC	34:31.3	+15:41	-	
119	2034	SEQUEIRA, Carla Sofia	Colegio Monte Maior	34:52.1	+16:02	-	
120	2061	SILVA, Filipe Miguel	Fluvial Portuense	35:04.3	+16:14	-	
121	2158	PINTAO, Luisa Maria	Nadadores dos Estoris	35:22.4	+16:32	-	
122	2118	ANTUNES, Luis Miguel	Leixoes	36:16.7	+17:27	-	
123	2106	SILVA, Marina Monica	Lagoa AC	36:28.9	+17:39	-	
124	2104	MATIAS, Claudia Maria	Lagoa AC	36:31.0	+17:41	-	
125	2084	VAZ, Carlos Jorge	Fluvial Portuense	36:50.8	+18:01	-	
126	2101	MOTA, Carlos Alberto	Lagoa AC	37:11.9	+18:22	-	
127	2048	CARVALHO, Ines Silva	Fluvial Portuense	37:28.3	+18:38	-	
128	2066	AMARAL, Joao Gunther	Fluvial Portuense	37:33.4	+18:43	-	
129	2138	PALMA, Ricardo Jorge	Masters de Almada	37:48.4	+18:58	-	
130	2042	FONSECA, Maria Carmo	Colegio Monte Maior	38:01.5	+19:12	-	
131	2064	PINTO, Isabel Maria	Fluvial Portuense	38:10.1	+19:20	-	
132	2052	LEITE, Joana Isabel	Fluvial Portuense	38:16.2	+19:26	-	
133	2123	KIND, Anette	Leixoes	38:20.3	+19:30	-	
134	2027	SALGUEIRO, Luis Vidigal	Alges	39:27.2	+20:37	-	

**1500M MASTER - STAGE 1****1500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	2045	SANTOS, Sebastiao Ferreira	CPFZ - Natacao	39:29.8	+20:40	-	
136	2117	SIMOES, Susana Paula	Leixoes	39:37.0	+20:47	-	
137	2116	VELOSO, Telmo Miguel	Leixoes	39:37.8	+20:48	-	
138	2113	LIMA, Carmen Cristina	Leixoes	42:25.5	+23:36	-	
139	2071	CARDOSO, Helena Maria	Fluvial Portuense	42:31.4	+23:41	-	
140	2161	SILVA, Paulo Gomes	Naval do Funchal	42:35.0	+23:45	-	
141	2062	ALMEIDA, Maria Astride	Fluvial Portuense	42:40.1	+23:50	-	
142	2086	ROSEIRA, Joao Luis	Fluvial Portuense	42:48.0	+23:58	-	
143	2087	MARQUES, Antonio Jorge	Fluvial Portuense	42:54.4	+24:04	-	
144	2080	PINTO, Fernando Manuel	Fluvial Portuense	43:31.8	+24:42	-	
145	2016	MONTEIRO, Isabel Costa	Academica de Coimbra	43:42.9	+24:53	-	
146	2155	CHAMBEL, Alfredo Oliveira	Nadadores dos Estoris	45:36.6	+26:47	-	
147	2108	MARTINS, Helder Manuel	Lagoa AC	47:08.9	+28:19	-	
148	2024	HORTA, Jose Manuel	Alges	58:35.1	+39:45	-	
149	2017	TEIXEIRA, Joao Rodrigues	Academica de Coimbra	01:09:30.2	+50:40	-	

**Obs**

BIB	NOTE	NAME	TEAM
2011	DQ	URBANO, Maria Margarida	Academica de Coimbra
2020	DNS	LENZI, Carla Vale	Alges
2023	DNS	COELHO, Domingos Pinto	Alges
2026	DNS	DYSON, Stephen Thomas	Alges
2028	DNS	AFONSO, Nuno Silva	Amigos da Natacao
2029	DNS	BRANCO, Tiago Silva	Cascais WP
2033	DNS	SILVA, Pedro Guedes	Colegio Monte Maior
2040	DNS	MIRANDA, Laura Manuela	Colegio Monte Maior
2051	DNS	CORREIA, Bruno Andre	Fluvial Portuense
2054	DNS	PIRES, Miguel Pinheiro	Fluvial Portuense
2065	DNS	ALMEIDA, Francisco Olazabal	Fluvial Portuense
2067	DNS	CUNHA, Antonio Maria	Fluvial Portuense
2068	DNS	GONCALVES, Carlos Guimaraes	Fluvial Portuense
2070	DNS	MEDEIROS, Vitor Almeida	Fluvial Portuense
2072	DNS	GUIMARAES, Rita Cabral	Fluvial Portuense
2073	DNS	ALVES, Joao Cesar	Fluvial Portuense
2078	DNS	DUPONT, Ana Paula	Fluvial Portuense
2079	DNS	WERNICKE, Maria Giraldo	Fluvial Portuense
2085	DNS	CARDOSO, Rosa Maria	Fluvial Portuense
2091	DNS	SANTOS, Filipe Bjorcke	Lagoa AC
2097	DNS	SANTOS, Ana Furtado	Lagoa AC
2103	DNS	SANTOS, Paulo Viana	Lagoa AC
2107	DNS	GIAO, Wanda Maria	Lagoa AC
2135	DNS	FARIA, Jorge Eduardo	Litoral Alentejano
2137	DNS	CORREIA, Rita Barata	Masters de Almada
2139	DNS	SANTINHA, Fernanda Maria	Masters de Almada
2140	DNS	PEREIRA, Joao Carlos	Masters de Almada
2149	DNS	BRAZ, Luis Miguel	Nadadores dos Estoris



**1500M MASTER - STAGE 1****1500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

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2152	DNS	SANTOS, Goncalo Nuno	Nadadores dos Estoris
2165	DNS	MALTA, Joao Carlos	Salesianos
2166	DNS	FONSECA, Bruno Miguel	Salesianos
2167	DNS	OLIVEIRA, Filipe Serra	Salesianos
2168	DNS	TESTAGROSSA, Jean Alexandre	Salesianos
2169	DNS	BARKA, Youssef-Andre	Salesianos
2171	DNS	SIVIERO, Francismar	Salesianos
2179	DNS	CANELAS, Antonio Monteiro	Sporting de Espinho
2182	DNS	SOARES, Carlos Rafael	Vikings Sports Club

## 1500m Master

## 1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	15:00	30.5°C	27%
End	16:09	30.5°C	32%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### Master A Feminino

1	2031	LUEHRS, Frauke	Colegio Monte Maior	Master A Feminino	23:11.0	-	
2	2030	BRUNO, Marta Garanhoto	Colegio Monte Maior	Master A Feminino	25:39.9	+02:28	-
3	2088	MARCELINO, Catarina Matias	Grandola Sports	Master A Feminino	31:59.6	+08:48	-

### Master A Masculino

1	2032	SILVA, Pedro Miguel	Colegio Monte Maior	Master A Masculino	18:57.0	-	
2	2090	FOCKE, Filipe Esteves	Lagoa AC	Master A Masculino	27:37.4	+08:40	-

### Master B Feminino

1	2180	NEVES, Vania Soares	Viana Natacao	Master B Feminino	21:37.7	-	
2	2183	MONTEIRO, Alexandra Sofia	Vila DEste/Gaia	Master B Feminino	24:21.1	+02:43	-
3	2128	MATEUS, Susana Maria	Litoral Alentejano	Master B Feminino	24:43.6	+03:05	-

### Master B Masculino

1	2109	RIBEIRO, Hugo Alberto	Leixoes	Master B Masculino	18:49.7	-	
2	2172	PINOTES, Pedro Miguel	Sporting	Master B Masculino	19:12.1	+00:22	-
3	2181	BONANCA, Mario Andre	Vikings Sports Club	Master B Masculino	21:13.5	+02:23	-
4	2044	SANTOS, Cristiano Almeida	CPFZ - Natacao	Master B Masculino	21:47.8	+02:58	-
5	2125	CARVALHO, Joao Carlos	Lisboa PoolSharks	Master B Masculino	23:29.3	+04:39	-
6	2146	PERDIGOTO, Ruben Tiago	Nadadores dos Estoris	Master B Masculino	25:26.3	+06:36	-
7	2047	COELHO, Cristiano Amaro	Fluvial Portuense	Master B Masculino	25:37.5	+06:47	-
8	2136	CORDEIRO, Diogo Andre	Masters de Almada	Master B Masculino	27:06.5	+08:16	-

### Master C Feminino

1	2110	FONSECA, Maria Manuela	Leixoes	Master C Feminino	24:16.4	-	
2	2092	SANTOS, Mariana Moura	Lagoa AC	Master C Feminino	25:28.4	+01:11	-
3	2147	GASPAR, Joana Margarida	Nadadores dos Estoris	Master C Feminino	27:01.5	+02:45	-
4	2049	REBOCHO, Mariana Sarmento	Fluvial Portuense	Master C Feminino	27:47.1	+03:30	-
5	2093	VERISSIMO, Liliana Alexandra	Lagoa AC	Master C Feminino	27:51.7	+03:35	-
6	2050	UHLFELDER, Ana Sofia	Fluvial Portuense	Master C Feminino	33:47.7	+09:31	-
7	2048	CARVALHO, Ines Silva	Fluvial Portuense	Master C Feminino	37:28.3	+13:11	-





## 1500m Master

## 1500 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

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4	2037	SANTOS, Eurico Manuel	Colegio Monte Maior	Master F Masculino	24:45.2	+03:30	-
5	2010	TEJO, Rui Miguel	Academica de Coimbra	Master F Masculino	25:22.2	+04:07	-
6	2164	BARROS, Francisco Santos	Porto	Master F Masculino	25:50.5	+04:35	-
7	2154	MOUTINHO, Paulo Saltao	Nadadores dos Estoris	Master F Masculino	25:54.1	+04:39	-
8	2119	FERREIRA, Miguel Jose	Leixoes	Master F Masculino	26:10.4	+04:55	-
9	2008	MOREIRA, Flavio Martins	Academica de Coimbra	Master F Masculino	27:14.6	+05:59	-
10	2141	SANTINHA, Antonio Manuel	Masters de Almada	Master F Masculino	30:05.0	+08:50	-
11	2069	GONCALVES, Pedro Nuno	Fluvial Portuense	Master F Masculino	33:22.6	+12:07	-
12	2118	ANTUNES, Luis Miguel	Leixoes	Master F Masculino	36:16.7	+15:02	-
13	2066	AMARAL, Joao Gunther	Fluvial Portuense	Master F Masculino	37:33.4	+16:18	-

## Master G Feminino

1	2039	FERREIRA, Isabel Baptista	Colegio Monte Maior	Master G Feminino	23:40.3		-
2	2038	CORREIA, Maria Isabel	Colegio Monte Maior	Master G Feminino	30:00.3	+06:19	-
3	2120	CUNHA, Maria Trigueiros	Leixoes	Master G Feminino	32:42.9	+09:02	-
4	2142	CANINAS, Maria Madalena	Masters de Almada	Master G Feminino	33:07.8	+09:27	-
5	2106	SILVA, Marina Monica	Lagoa AC	Master G Feminino	36:28.9	+12:48	-
6	2071	CARDOSO, Helena Maria	Fluvial Portuense	Master G Feminino	42:31.4	+18:51	-

## Master G Masculino

1	2089	FREITAS, Jose Carlos	Individual ANNP	Master G Masculino	21:17.8		-
2	2046	FERREIRA, Jose Araujo	Desportivo Nacional	Master G Masculino	23:50.3	+02:32	-
3	2145	SILVA, Joao Manuel	MILLENNIUM BCP	Master G Masculino	24:32.6	+03:14	-
4	2074	LOBO, Nuno Silva	Fluvial Portuense	Master G Masculino	25:25.6	+04:07	-
5	2021	DANTAS, Paulo Marcos	Alges	Master G Masculino	25:43.2	+04:25	-
6	2076	MONTEIRO, Jorge Manuel	Fluvial Portuense	Master G Masculino	26:07.0	+04:49	-
7	2041	MARTINS, Joao Gao	Colegio Monte Maior	Master G Masculino	26:52.1	+05:34	-
8	2121	NEVES, Paulo Alexandre	Leixoes	Master G Masculino	27:42.3	+06:24	-
9	2013	MARTINHO, Antonio Jorge	Academica de Coimbra	Master G Masculino	27:49.4	+06:31	-
10	2176	LIMA, Jorge Sequeira	Sporting	Master G Masculino	28:52.4	+07:34	-
11	2012	CARITA, Antonio Carlos	Academica de Coimbra	Master G Masculino	29:33.5	+08:15	-
12	2077	SOUSA, Luis Manuel	Fluvial Portuense	Master G Masculino	30:37.5	+09:19	-
13	2014	SILVA, Rui Manuel	Academica de Coimbra	Master G Masculino	32:19.9	+11:02	-
14	2075	MELO, Antonio Paulo	Fluvial Portuense	Master G Masculino	33:37.2	+12:19	-
15	2045	SANTOS, Sebastiao Ferreira	CPFZ - Natacao	Master G Masculino	39:29.8	+18:11	-
16	2155	CHAMBEL, Alfredo Oliveira	Nadadores dos Estoris	Master G Masculino	45:36.6	+24:18	-

## Master H Feminino

1	2122	FERNANDES, Maria Santos	Leixoes	Master H Feminino	32:06.4		-
2	2042	FONSECA, Maria Carmo	Colegio Monte Maior	Master H Feminino	38:01.5	+05:55	-
3	2123	KIND, Anette	Leixoes	Master H Feminino	38:20.3	+06:13	-

**1500m Master**

**1500 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**Master H Masculino**

1	2022	BENTO, Jaime Carlos	Alges	Master H Masculino	22:14.4	-
2	2083	TORRES, Paulo Francisco	Fluvial Portuense	Master H Masculino	24:09.6	+01:55 -
3	2082	SEABRA, Henrique Luis	Fluvial Portuense	Master H Masculino	27:30.4	+05:15 -
4	2157	MARQUES, Antonio Higinio	Nadadores dos Estoris	Master H Masculino	29:09.4	+06:54 -
5	2081	SANTOS, Luis Lopes	Fluvial Portuense	Master H Masculino	29:25.6	+07:11 -
6	2015	FERREIRA, Francisco Jorge	Academica de Coimbra	Master H Masculino	30:47.8	+08:33 -
7	2156	CORREIA, Jose Luis	Nadadores dos Estoris	Master H Masculino	31:32.2	+09:17 -
8	2124	MENESES, Pedro Bruno	Leixoes	Master H Masculino	34:03.5	+11:49 -
9	2084	VAZ, Carlos Jorge	Fluvial Portuense	Master H Masculino	36:50.8	+14:36 -
10	2161	SILVA, Paulo Gomes	Naval do Funchal	Master H Masculino	42:35.0	+20:20 -
11	2080	PINTO, Fernando Manuel	Fluvial Portuense	Master H Masculino	43:31.8	+21:17 -
12	2108	MARTINS, Helder Manuel	Lagoa AC	Master H Masculino	47:08.9	+24:54 -

**Master I Feminino**

1	2158	PINTAO, Luisa Maria	Nadadores dos Estoris	Master I Feminino	35:22.4	-
2	2016	MONTEIRO, Isabel Costa	Academica de Coimbra	Master I Feminino	43:42.9	+08:20 -

**Master I Masculino**

1	2170	CORREIA, Alberto Vaz	Salesianos	Master I Masculino	25:03.7	-
2	2178	FERREIRA, Domingos Jose	Sporting de Espinho	Master I Masculino	30:11.1	+05:07 -
3	2086	ROSEIRA, Joao Luis	Fluvial Portuense	Master I Masculino	42:48.0	+17:44 -

**Master J Masculino**

1	2143	CORREIA, Carlos Augusto	Masters de Almada	Master J Masculino	30:35.0	-
2	2043	MELO, Mario Jorge	Colegio Monte Maior	Master J Masculino	33:36.2	+03:01 -
3	2025	PORTO, Carlos Manuel	Alges	Master J Masculino	34:25.5	+03:50 -
4	2087	MARQUES, Antonio Jorge	Fluvial Portuense	Master J Masculino	42:54.4	+12:19 -
5	2024	HORTA, Jose Manuel	Alges	Master J Masculino	58:35.1	+28:00 -

**Master K Masculino**

1	2027	SALGUEIRO, Luis Vidigal	Alges	Master K Masculino	39:27.2	-
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**Master M Masculino**

1	2017	TEIXEIRA, Joao Rodrigues	Academica de Coimbra	Master M Masculino	01:09:30.2	-
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**3000M - STAGE 1**

**3000 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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**OFFICIAL RESULT**

	Time	Temperature	Humidity
Start	12:00	21.9°C	58%
End	13:27	22°C	44%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	3017	SILVA, Pedro Miguel	Colegio Monte Maior	38:31.7		12:51	
2	3099	PINOTES, Pedro Miguel	Sporting	39:02.9	+00:31	13:01	
3	3069	VANTAGGIATO, Marco	Litoral Alentejano	42:18.5	+03:47	14:06	
4	3051	FREITAS, Jose Carlos	Individual ANNP	42:50.5	+04:19	14:17	
5	3034	COURAS, Ivan Mauricio	Fluvial Portuense	43:21.0	+04:49	14:27	
6	3066	GORGULHO, David Oliveira	Litoral Alentejano	43:22.5	+04:51	14:28	
7	3070	FARIA, Jorge Eduardo	Litoral Alentejano	43:32.0	+05:00	14:31	
8	3035	NEVES, Jose Pedro	Fluvial Portuense	43:33.7	+05:02	14:31	
9	3022	SANTOS, Cristiano Almeida	CPFZ - Natacao	43:35.4	+05:03	14:32	
10	3106	NEVES, Vania Soares	Viana Natacao	43:37.4	+05:05	14:32	
11	3068	COSTA, Rodrigo Marques	Litoral Alentejano	44:54.3	+06:22	14:58	
12	3065	COSTA, Jaime Fernando	Litoral Alentejano	45:19.0	+06:47	15:06	
13	3054	GUTIERRES FUENTES, Ruben A.	Lagoa AC	45:20.9	+06:49	15:07	
14	3088	SOTELO, Carlos Miguel	Nucleo de Pombal	45:27.9	+06:56	15:09	
15	3056	SOUZA, Paulo Alexandre	Lagoa AC	45:38.2	+07:06	15:13	
16	3009	BENTO, Jaime Carlos	Alges	47:17.8	+08:46	15:46	
17	3018	ALMEIDA, Diogo Pedroso	Colegio Monte Maior	47:19.4	+08:47	15:46	
18	3103	VICENTE, Andre Barbosa	Sporting	47:31.6	+09:00	15:51	
19	3024	FERREIRA, Jose Araujo	Desportivo Nacional	47:41.6	+09:10	15:54	
20	3004	TEJO, Paulo Jorge	Academica de Coimbra	48:26.1	+09:54	16:09	
21	3085	TELO, Carla Patricia	Naval do Funchal	48:33.3	+10:01	16:11	
22	3027	VIOLA, Andre Filipe	FC Ferreiras/AlgarExperience	49:18.1	+10:46	16:26	
23	3089	RIBEIRO, Ines Dias	Oriental	49:28.5	+10:57	16:30	
24	3019	PEREIRA, Alexandre Marques	Colegio Monte Maior	49:30.2	+10:58	16:30	
25	3049	RIBAU, Ana Rita	Gafanha da Encarnacao	50:19.6	+11:48	16:47	
26	3036	COSTA, Maria Luisa	Fluvial Portuense	50:40.2	+12:08	16:53	
27	3047	TORRES, Paulo Francisco	Fluvial Portuense	51:03.2	+12:31	17:01	
28	3098	CORREIA, Alberto Vaz	Salesianos	51:13.6	+12:42	17:05	
29	3067	CARVALHO, Frederico Gomes	Litoral Alentejano	51:17.6	+12:46	17:06	
30	3083	COUTTS, Sarah	Nadadores dos Estoris	51:27.0	+12:55	17:09	
31	3073	OLIVEIRA, Carlos Jorge	Masters de Almada	51:50.7	+13:19	17:17	
32	3043	LOBO, Nuno Silva	Fluvial Portuense	52:27.3	+13:55	17:29	
33	3003	TOJO, Jose Manuel	Academica de Coimbra	52:41.8	+14:10	17:34	
34	3092	PEREIRA, Jose Manuel	Palmela	52:48.3	+14:16	17:36	
35	3058	FARIA, Joana Maria	Leixoes	52:54.7	+14:23	17:38	
36	3060	FERREIRA, Miguel Jose	Leixoes	52:57.1	+14:25	17:39	
37	3008	FRIAS, Ricardo Miguel	Alges	53:00.9	+14:29	17:40	
38	3005	TEJO, Rui Miguel	Academica de Coimbra	53:09.2	+14:37	17:43	
39	3032	COELHO, Cristiano Amaro	Fluvial Portuense	53:26.1	+14:54	17:49	
40	3101	AFONSO, Hugo Andre	Sporting	53:27.2	+14:55	17:49	
41	3076	GARIN, Oscar Martin	Nacional de Natacao	53:33.0	+15:01	17:51	
42	3052	GOMEZ GOMEZ, Miriam	Lagoa AC	53:35.9	+15:04	17:52	

**3000M - STAGE 1**

**3000 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	3096	BARROS, Francisco Santos	Porto	53:40.1	+15:08	17:53	
44	3064	MATEUS, Susana Maria	Litoral Alentejano	54:30.7	+15:59	18:10	
45	3084	ARAÚJO, Teresa Mafalda	Naval do Funchal	54:40.9	+16:09	18:14	
46	3055	ROMAO, Joao Filipe	Lagoa AC	55:04.5	+16:33	18:22	
47	3031	COSTA, Armando Joao	Feirense	56:00.9	+17:29	18:40	
48	3071	CORREIA, Rita Barata	Masters de Almada	56:08.7	+17:37	18:43	
49	3082	MOREIRA, Nelson Sequeira	Nadadores dos Estoris	57:02.1	+18:30	19:01	
50	3061	NEVES, Paulo Alexandre	Leixoes	57:48.8	+19:17	19:16	
51	3046	SEABRA, Henrique Luis	Fluvial Portuense	58:36.7	+20:05	19:32	
52	3028	CRISTOVAO, Joana Silva	FC Ferreiras/AlgarExperience	58:55.9	+20:24	19:39	
53	3078	COSTA, Antonio Goarmon	Nacional de Natacao	58:57.8	+20:26	19:39	
54	3105	RIBEIRO, Jorge Vieira	Sporting de Aveiro	59:27.1	+20:55	19:49	
55	3102	GONCALVES, Nuno Telmo	Sporting	59:31.5	+21:00	19:51	
56	3001	MORA, Luis Ricardo	Academica de Coimbra	59:50.3	+21:18	19:57	
57	3006	MARTINHO, Antonio Jorge	Academica de Coimbra	59:56.9	+21:25	19:59	
58	3038	OLIVEIRA, Pedro Fonseca	Fluvial Portuense	01:00:23.0	+21:51	20:08	
59	3037	MENDES, Rui Alberto	Fluvial Portuense	01:00:42.5	+22:11	20:14	
60	3104	LIMA, Jorge Sequeira	Sporting	01:01:53.1	+23:21	20:38	
61	3107	NOVAIS, Jose Orlando	Vitoria Guimaraes	01:02:23.3	+23:51	20:48	
62	3029	PAIVA, Gustavo Castilho	FC Ferreiras/AlgarExperience	01:02:32.3	+24:00	20:51	
63	3075	GROSSO, Daniel Filipe	Nacional de Natacao	01:05:27.1	+26:55	21:49	
64	3087	NASCIMENTO, Rui Miguel	Naval Setubalense	01:05:32.0	+27:00	21:51	
65	3095	REIS, Margarida Bleck	Porto	01:05:37.8	+27:06	21:53	
66	3015	BRANCO, Tiago Silva	Cascais WP	01:05:53.9	+27:22	21:58	
67	3108	PEREIRA, Norberto Matos	Vitoria Guimaraes	01:06:29.0	+27:57	22:10	
68	3063	MENESES, Pedro Bruno	Leixoes	01:06:29.5	+27:58	22:10	
69	3025	DUARTE, Claudia Guerreiro	FC Ferreiras/AlgarExperience	01:06:32.6	+28:01	22:11	
70	3074	CORREIA, Carlos Augusto	Masters de Almada	01:07:28.2	+28:56	22:29	
71	3050	SANTOS, Manuel Fernando	Gafanha da Encarnacao	01:08:13.0	+29:41	22:44	
72	3014	VARELA, Jose Boleto	Atletico Montemor	01:09:39.1	+31:07	23:13	
73	3021	MELO, Mario Jorge	Colegio Monte Maior	01:10:41.8	+32:10	23:34	
74	3109	FERREIRA, Maria Manuela	Vitoria Guimaraes	01:10:52.3	+32:20	23:37	
75	3030	BATISTA, Antonio Carlos	FC Ferreiras/AlgarExperience	01:11:21.6	+32:50	23:47	
76	3011	PORTO, Carlos Manuel	Alges	01:11:53.2	+33:21	23:58	
77	3039	SILVA, Filipe Miguel	Fluvial Portuense	01:12:45.4	+34:13	24:15	
78	3072	CANINAS, Maria Madalena	Masters de Almada	01:16:01.2	+37:29	25:20	
79	3081	LOPES, Sofia Silva	Nadadores dos Estoris	01:18:27.9	+39:56	26:09	
80	3033	LEITE, Joana Isabel	Fluvial Portuense	01:19:33.4	+41:01	26:31	
81	3062	KIND, Anette	Leixoes	01:24:08.1	+45:36	28:03	
82	3013	GASPAR, Alexandre Azevedo	Alges	01:25:50.9	+47:19	28:37	
83	3048	MARQUES, Antonio Jorge	Fluvial Portuense	01:26:02.2	+47:30	28:41	
84	3090	ALMEIDA, Andreia Azevedo	Palmela	01:26:25.8	+47:54	28:49	

**Obs**

BIB	NOTE	NAME	TEAM
3023	OTL	SANTOS, Sebastiao Ferreira	CPFZ - Natacao





### 3000m

### 3000 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	12:00	21.9°C	58%
End	13:27	22°C	44%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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### Master A Feminino

1	3089	RIBEIRO, Ines Dias	Oriental	Master A Feminino	49:28.5		16:30
2	3049	RIBAU, Ana Rita	Gafanha da Encarnacao	Master A Feminino	50:19.6	+00:51	16:47
3	3025	DUARTE, Claudia Guerreiro	FC Ferreiras/AlgarExperience	Master A Feminino	01:06:32.6	+17:04	22:11

### Master A Masculino

1	3017	SILVA, Pedro Miguel	Colegio Monte Maior	Master A Masculino	38:31.7		12:51
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### Master B Feminino

1	3106	NEVES, Vania Soares	Viana Natacao	Master B Feminino	43:37.4		14:32
2	3064	MATEUS, Susana Maria	Litoral Alentejano	Master B Feminino	54:30.7	+10:53	18:10

### Master B Masculino

1	3099	PINOTES, Pedro Miguel	Sporting	Master B Masculino	39:02.9		13:01
2	3022	SANTOS, Cristiano Almeida	CPFZ - Natacao	Master B Masculino	43:35.4	+04:32	14:32
3	3088	SOTELO, Carlos Miguel	Nucleo de Pombal	Master B Masculino	45:27.9	+06:25	15:09
4	3032	COELHO, Cristiano Amaro	Fluvial Portuense	Master B Masculino	53:26.1	+14:23	17:49

### Master C Feminino

1	3090	ALMEIDA, Andreia Azevedo	Palmela	Master C Feminino	01:26:25.8		28:49
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### Master C Masculino

1	3065	COSTA, Jaime Fernando	Litoral Alentejano	Master C Masculino	45:19.0		15:06
2	3027	VIOLA, Andre Filipe	FC Ferreiras/AlgarExperience	Master C Masculino	49:18.1	+03:59	16:26
3	3075	GROSSO, Daniel Filipe	Nacional de Natacao	Master C Masculino	01:05:27.1	+20:08	21:49

### Master D Feminino

1	3071	CORREIA, Rita Barata	Masters de Almada	Master D Feminino	56:08.7		18:43
2	3028	CRISTOVAO, Joana Silva	FC Ferreiras/AlgarExperience	Master D Feminino	58:55.9	+02:47	19:39
3	3081	LOPES, Sofia Silva	Nadadores dos Estoris	Master D Feminino	01:18:27.9	+22:19	26:09

Official Timekeeper: Lap2Go	1 / 4	generate 22-May-2022 16:04
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### 3000m

### 3000 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

3	3095	REIS, Margarida Bleck	Porto	Master F Feminino	01:05:37.8	+17:04	21:53
4	3109	FERREIRA, Maria Manuela	Vitoria Guimaraes	Master F Feminino	01:10:52.3	+22:18	23:37

### Master F Masculino

1	3069	VANTAGGIATO, Marco	Litoral Alentejano	Master F Masculino	42:18.5		14:06
2	3056	SOUSA, Paulo Alexandre	Lagoa AC	Master F Masculino	45:38.2	+03:19	15:13
3	3004	TEJO, Paulo Jorge	Academica de Coimbra	Master F Masculino	48:26.1	+06:07	16:09
4	3092	PEREIRA, Jose Manuel	Palmela	Master F Masculino	52:48.3	+10:29	17:36
5	3060	FERREIRA, Miguel Jose	Leixoes	Master F Masculino	52:57.1	+10:38	17:39
6	3005	TEJO, Rui Miguel	Academica de Coimbra	Master F Masculino	53:09.2	+10:50	17:43
7	3096	BARROS, Francisco Santos	Porto	Master F Masculino	53:40.1	+11:21	17:53
8	3087	NASCIMENTO, Rui Miguel	Naval Setubalense	Master F Masculino	01:05:32.0	+23:13	21:51

### Master G Feminino

1	3083	COUTTS, Sarah	Nadadores dos Estoris	Master G Feminino	51:27.0		17:09
2	3072	CANINAS, Maria Madalena	Masters de Almada	Master G Feminino	01:16:01.2	+24:34	25:20

### Master G Masculino

1	3051	FREITAS, Jose Carlos	Individual ANNP	Master G Masculino	42:50.5		14:17
2	3070	FARIA, Jorge Eduardo	Litoral Alentejano	Master G Masculino	43:32.0	+00:41	14:31
3	3024	FERREIRA, Jose Araujo	Desportivo Nacional	Master G Masculino	47:41.6	+04:51	15:54
4	3073	OLIVEIRA, Carlos Jorge	Masters de Almada	Master G Masculino	51:50.7	+09:00	17:17
5	3043	LOBO, Nuno Silva	Fluvial Portuense	Master G Masculino	52:27.3	+09:36	17:29
6	3031	COSTA, Armando Joao	Feirense	Master G Masculino	56:00.9	+13:10	18:40
7	3061	NEVES, Paulo Alexandre	Leixoes	Master G Masculino	57:48.8	+14:58	19:16
8	3105	RIBEIRO, Jorge Vieira	Sporting de Aveiro	Master G Masculino	59:27.1	+16:36	19:49
9	3006	MARTINHO, Antonio Jorge	Academica de Coimbra	Master G Masculino	59:56.9	+17:06	19:59
10	3104	LIMA, Jorge Sequeira	Sporting	Master G Masculino	01:01:53.1	+19:02	20:38

### Master H Feminino

1	3062	KIND, Anette	Leixoes	Master H Feminino	01:24:08.1		28:03
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### Master H Masculino

1	3009	BENTO, Jaime Carlos	Alges	Master H Masculino	47:17.8		15:46
2	3047	TORRES, Paulo Francisco	Fluvial Portuense	Master H Masculino	51:03.2	+03:45	17:01
3	3046	SEABRA, Henrique Luis	Fluvial Portuense	Master H Masculino	58:36.7	+11:18	19:32
4	3029	PAIVA, Gustavo Castilho	FC Ferreiras/AlgarExperience	Master H Masculino	01:02:32.3	+15:14	20:51
5	3063	MENESES, Pedro Bruno	Leixoes	Master H Masculino	01:06:29.5	+19:11	22:10

**3000m**

**3000 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

6	3050	SANTOS, Manuel Fernando	Gafanha da Encarnacao	Master H Masculino	01:08:13.0	+20:55	22:44
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**Master I Masculino**

1	3098	CORREIA, Alberto Vaz	Salesianos	Master I Masculino	51:13.6		17:05
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**Master J Masculino**

1	3074	CORREIA, Carlos Augusto	Masters de Almada	Master J Masculino	01:07:28.2		22:29
2	3021	MELO, Mario Jorge	Colegio Monte Maior	Master J Masculino	01:10:41.8	+03:13	23:34
3	3030	BATISTA, Antonio Carlos	FC Ferreiras/AlgarExperience	Master J Masculino	01:11:21.6	+03:53	23:47
4	3011	PORTO, Carlos Manuel	Alges	Master J Masculino	01:11:53.2	+04:25	23:58
5	3048	MARQUES, Antonio Jorge	Fluvial Portuense	Master J Masculino	01:26:02.2	+18:34	28:41

**Master K Masculino**

1	3013	GASPAR, Alexandre Azevedo	Alges	Master K Masculino	01:25:50.9		28:37
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**5000M - STAGE 1**

**5000 METERS**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	22°C	44%
End	16:28	24.3°C	41%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	4051	ROSA, Mafalda Sofia	Rio Maior	01:01:17.5		12:16	
2	4062	MARQUES, Gustavo Pires	Uniao Coimbra	01:02:13.2	+00:55	12:27	
3	4005	DURAES, Diana Margarida	Benfica	01:03:00.5	+01:43	12:36	
4	4029	SANTOS, Ricardo Matias	CPFZ - Natacao	01:03:31.6	+02:14	12:42	
5	4020	CARDOSO, Guilherme Maia	Columbofila Cantanhedense	01:04:16.6	+02:59	12:51	
6	4042	ALMEIDA, Joao Neves	Nautico Academico	01:04:28.4	+03:10	12:54	
7	4066	SANTOS, Goncalo Duarte	Vikings	01:04:33.7	+03:16	12:55	
8	4032	BARBARA, Goncalo Gualberto	Lagoa AC	01:04:36.3	+03:18	12:55	
9	4065	NUNES, Rafael Filipe	Vikings	01:04:48.9	+03:31	12:58	
10	4018	SOUSA, Joao Maria	Braga	01:05:09.0	+03:51	13:02	
11	4049	MORARI, Alexandre	Rio Maior	01:05:11.4	+03:53	13:02	
12	4064	BRAS, Ricardo Martins	Vikings	01:06:31.0	+05:13	13:18	
13	4041	OLIVEIRA, Marco Dimitar	Nautico Academico	01:06:40.2	+05:22	13:20	
14	4027	RODRIGUES, Joana Francisca	Condeixa Clube	01:07:01.1	+05:43	13:24	
15	4054	RODRIGUES, Rodrigo Reis	Sao Roque	01:07:07.5	+05:50	13:26	
16	4059	TIGRE, Pedro Bethlem	Sporting	01:07:21.6	+06:04	13:28	
17	4025	MARQUES, Jose Miguel	Condeixa Clube	01:07:23.1	+06:05	13:29	
18	4061	FERNANDES, Duarte Jose	Uniao Coimbra	01:07:25.5	+06:08	13:29	
19	4031	BORGES, Rodrigo Costa	Fluvial Portuense	01:07:31.5	+06:14	13:30	
20	4040	AGUILAR, Marta Andre	Nautico Academico	01:07:56.2	+06:38	13:35	
21	4026	FLORENCIO, Matilde Alves	Condeixa Clube	01:08:25.1	+07:07	13:41	
22	4043	PEREIRA, Tomas Veiga	Nautico Academico	01:09:02.4	+07:44	13:48	
23	4024	MARQUES, Duarte Cachulo	Condeixa Clube	01:09:14.5	+07:57	13:51	
24	4019	DUARTE, Joao Nunes	Colegio Efanor	01:09:16.5	+07:59	13:51	
25	4060	VIEIRA, Antonio Coelho	Sporting	01:09:20.2	+08:02	13:52	
26	4030	MESQUITA, Mafalda Martins	Famalicao	01:09:26.9	+08:09	13:53	
27	4055	ASMAR, Axel Guedes	Sporting	01:09:38.3	+08:20	13:56	
28	4017	PEIXOTO, Carolina Esteves	Braga	01:09:39.4	+08:21	13:56	
29	4050	TEMUDO, Jose Maria	Rio Maior	01:10:08.0	+08:50	14:02	
30	4044	SANTOS, Tomas Nolan	Nautico Academico	01:10:25.0	+09:07	14:05	
31	4069	Sousa, Afonso Coelho	Núcleo Sporting Clube Portugal da Ilha Terceira	01:10:26.3	+09:08	14:05	
32	4058	MESQUITA, Rodrigo Andrade	Sporting	01:10:32.1	+09:14	14:06	
33	4056	GOMES, Miguel Braga	Sporting	01:10:37.0	+09:19	14:07	
34	4057	GOUVEIA, Bruno Cesar	Sporting	01:10:39.1	+09:21	14:08	
35	4028	MARTINS, Antonio Pedro	CPFZ - Natacao	01:11:12.9	+09:55	14:15	
36	4035	LUIZ, Maria Teresa	Lagoa AC	01:11:25.2	+10:07	14:17	
37	4011	VALENTE, Maria Esteves	Benfica	01:12:37.2	+11:19	14:31	
38	4010	LOPES, Matilde Nunes	Benfica	01:12:57.7	+11:40	14:36	
39	4007	RODRIGUES, Leonor Carreiro	Benfica	01:13:00.8	+11:43	14:36	
40	4006	SILVA, Natacha Sofia	Benfica	01:14:25.7	+13:08	14:53	
41	4036	KUNYK, Vitor	Lagoa AC	01:17:03.1	+15:45	15:25	
42	4067	MERCEDES, Mariana Marques	Vikings	01:17:04.4	+15:46	15:25	

## 5000M - STAGE 1

## 5000 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	4037	FRANCIS, Rebeca Correia	Lagoa AC	01:17:14.6	+15:57	15:27	
44	4063	GOMES, Rita Cunha	Viana Natacao	01:17:27.1	+16:09	15:29	
45	4034	VELHINHO, Miguel Lourenco	Lagoa AC	01:20:33.6	+19:16	16:07	
46	4004	ALMEIDA, Antonio Botelho	Agua de Pau	01:21:04.1	+19:46	16:13	
47	4002	REBELO, Goncalo Moniz	Agua de Pau	01:24:28.4	+23:10	16:54	
48	4033	WERUM, Mia Alena	Lagoa AC	01:24:35.9	+23:18	16:55	
49	4047	FRAZAO, Laura Calheiros	Rio Maior	01:27:55.7	+26:38	17:35	
50	4068	Coelho, Lara Raquel	Núcleo Sporting Clube Portugal da Ilha Terceira	01:27:58.2	+26:40	17:36	
51	4045	AGOSTINHO, Alice Batista	Rio Maior	01:28:00.4	+26:42	17:36	
52	4003	REIS, Mariana Tavares	Agua de Pau	01:28:11.7	+26:54	17:38	

## Obs

BIB	NOTE	NAME	TEAM
4038	DNF	SANTOS, Mariana Coelho	Lagoa AC
4001	DNS	GASPAR, Beatriz Ferreira	Academica de Coimbra
4008	DNS	MESQUITA, Tomas Afonso	Benfica
4009	DNS	MIMOSO, Rafael Miguel	Benfica
4012	DNS	BAPTISTA, Guilherme Fernandes	Benfica
4013	DNS	CARVALHO, Goncalo Duarte	Benfica
4014	DNS	JANUARIO, Tomas Maia	Benfica
4015	DNS	MARQUES, Andre Henriques	Benfica
4016	DNS	MORAIS, David Miguel	Benfica
4021	DNS	LUCAS, Joao Neves	Columbofila Cantanhedense
4022	DNS	GOMES, Rodrigo Ribeiro	Condeixa Clube
4023	DNS	PAIS, Joao Ventura	Condeixa Clube
4039	DNS	RIBEIRO, Hugo Alberto	Leixoes
4046	DNS	DAVO, Filipa Neves	Rio Maior
4048	DNS	GOMES, Martim Marques	Rio Maior
4052	DNS	JESUS, David Martins	Sao Roque
4053	DNS	SILVA, Silvana Suamade	Sao Roque

## 5000m

## 5000 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	15:00	22°C	44%
End	16:28	24.3°C	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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### AA+20 Feminino

1	4005	DURAES, Diana Margarida	Benfica	AA+20 Feminino	01:03:00.5		12:36
2	4006	SILVA, Natacha Sofia	Benfica	AA+20 Feminino	01:14:25.7	+11:25	14:53

### AA+20 Masculino

1	4066	SANTOS, Goncalo Duarte	Vikings	AA+20 Masculino	01:04:33.7		12:55
2	4032	BARBARA, Goncalo Gualberto	Lagoa AC	AA+20 Masculino	01:04:36.3	+00:02	12:55
3	4065	NUNES, Rafael Filipe	Vikings	AA+20 Masculino	01:04:48.9	+00:15	12:58
4	4064	BRAS, Ricardo Martins	Vikings	AA+20 Masculino	01:06:31.0	+01:57	13:18
5	4019	DUARTE, Joao Nunes	Colegio Efanor	AA+20 Masculino	01:09:16.5	+04:42	13:51

### AA1415 Feminino

1	4040	AGUILAR, Marta Andre	Nautico Academico	AA1415 Feminino	01:07:56.2		13:35
2	4030	MESQUITA, Mafalda Martins	Famalicao	AA1415 Feminino	01:09:26.9	+01:30	13:53
3	4007	RODRIGUES, Leonor Carreiro	Benfica	AA1415 Feminino	01:13:00.8	+05:04	14:36
4	4063	GOMES, Rita Cunha	Viana Natacao	AA1415 Feminino	01:17:27.1	+09:30	15:29
5	4033	WERUM, Mia Alena	Lagoa AC	AA1415 Feminino	01:24:35.9	+16:39	16:55
6	4047	FRAZAO, Laura Calheiros	Rio Maior	AA1415 Feminino	01:27:55.7	+19:59	17:35
7	4068	Coelho, Lara Raquel	Núcleo Sporting Clube Portugal da Ilha Terceira	AA1415 Feminino	01:27:58.2	+20:01	17:36
8	4045	AGOSTINHO, Alice Batista	Rio Maior	AA1415 Feminino	01:28:00.4	+20:04	17:36

### AA15 Masculino

1	4049	MORARI, Alexandre	Rio Maior	AA15 Masculino	01:05:11.4		13:02
2	4041	OLIVEIRA, Marco Dimitar	Nautico Academico	AA15 Masculino	01:06:40.2	+01:28	13:20
3	4031	BORGES, Rodrigo Costa	Fluvial Portuense	AA15 Masculino	01:07:31.5	+02:20	13:30
4	4024	MARQUES, Duarte Cachulo	Condeixa Clube	AA15 Masculino	01:09:14.5	+04:03	13:51
5	4055	ASMAR, Axel Guedes	Sporting	AA15 Masculino	01:09:38.3	+04:26	13:56
6	4056	GOMES, Miguel Braga	Sporting	AA15 Masculino	01:10:37.0	+05:25	14:07
7	4057	GOUVEIA, Bruno Cesar	Sporting	AA15 Masculino	01:10:39.1	+05:27	14:08
8	4034	VELHINHO, Miguel Lourenco	Lagoa AC	AA15 Masculino	01:20:33.6	+15:22	16:07
9	4002	REBELO, Goncalo Moniz	Agua de Pau	AA15 Masculino	01:24:28.4	+19:17	16:54

### AA1617 Feminino

1	4017	PEIXOTO, Carolina Esteves	Braga	AA1617 Feminino	01:09:39.4		13:56
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Official Timekeeper: Lap2Go	1 / 2	generate 22-May-2022 16:43
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## 5000m

## 5000 METERS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

2	4035	LUIZ, Maria Teresa	Lagoa AC	AA1617 Feminino	01:11:25.2	+01:45	14:17
3	4011	VALENTE, Maria Esteves	Benfica	AA1617 Feminino	01:12:37.2	+02:57	14:31
4	4010	LOPES, Matilde Nunes	Benfica	AA1617 Feminino	01:12:57.7	+03:18	14:36
5	4003	REIS, Mariana Tavares	Agua de Pau	AA1617 Feminino	01:28:11.7	+18:32	17:38

## AA1617 Masculino

1	4029	SANTOS, Ricardo Matias	CPFZ - Natacao	AA1617 Masculino	01:03:31.6		12:42
2	4020	CARDOSO, Guilherme Maia	Columbofila Cantanhedense	AA1617 Masculino	01:04:16.6	+00:44	12:51
3	4042	ALMEIDA, Joao Neves	Nautico Academico	AA1617 Masculino	01:04:28.4	+00:56	12:54
4	4018	SOUSA, Joao Maria	Braga	AA1617 Masculino	01:05:09.0	+01:37	13:02
5	4059	TIGRE, Pedro Bethlem	Sporting	AA1617 Masculino	01:07:21.6	+03:50	13:28
6	4025	MARQUES, Jose Miguel	Condeixa Clube	AA1617 Masculino	01:07:23.1	+03:51	13:29
7	4061	FERNANDES, Duarte Jose	Uniao Coimbra	AA1617 Masculino	01:07:25.5	+03:53	13:29
8	4043	PEREIRA, Tomas Veiga	Nautico Academico	AA1617 Masculino	01:09:02.4	+05:30	13:48
9	4060	VIEIRA, Antonio Coelho	Sporting	AA1617 Masculino	01:09:20.2	+05:48	13:52
10	4050	TEMUDO, Jose Maria	Rio Maior	AA1617 Masculino	01:10:08.0	+06:36	14:02
11	4044	SANTOS, Tomas Nolan	Nautico Academico	AA1617 Masculino	01:10:25.0	+06:53	14:05
12	4069	Sousa, Afonso Coelho	Núcleo Sporting Clube Portugal da Ilha Terceira	AA1617 Masculino	01:10:26.3	+06:54	14:05
13	4058	MESQUITA, Rodrigo Andrade	Sporting	AA1617 Masculino	01:10:32.1	+07:00	14:06
14	4028	MARTINS, Antonio Pedro	CPFZ - Natacao	AA1617 Masculino	01:11:12.9	+07:41	14:15
15	4036	KUNYK, Vitor	Lagoa AC	AA1617 Masculino	01:17:03.1	+13:31	15:25

## AA1819 Feminino

1	4051	ROSA, Mafalda Sofia	Rio Maior	AA1819 Feminino	01:01:17.5		12:16
2	4027	RODRIGUES, Joana Francisca	Condeixa Clube	AA1819 Feminino	01:07:01.1	+05:43	13:24
3	4026	FLORENCIO, Matilde Alves	Condeixa Clube	AA1819 Feminino	01:08:25.1	+07:07	13:41
4	4067	MERCEDES, Mariana Marques	Vikings	AA1819 Feminino	01:17:04.4	+15:46	15:25
5	4037	FRANCIS, Rebeca Correia	Lagoa AC	AA1819 Feminino	01:17:14.6	+15:57	15:27

## AA1819 Masculino

1	4062	MARQUES, Gustavo Pires	Uniao Coimbra	AA1819 Masculino	01:02:13.2		12:27
2	4054	RODRIGUES, Rodrigo Reis	Sao Roque	AA1819 Masculino	01:07:07.5	+04:54	13:26
3	4004	ALMEIDA, Antonio Botelho	Agua de Pau	AA1819 Masculino	01:21:04.1	+18:50	16:13