

1 - 1ª Jornada - 1ª Sessão (eliminatórias)

21-12-2018 - 9:00

Prova 1	Masc., 800m Livres					Absolutos
21-12-2018 - 9:00						Resultados
RN25 Absoluto	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto		08-12-2017
RN25 Sen	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto		08-12-2017
RN25 Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto		11-12-2015
RN25 Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria		06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	LOPES Jose Paulo	00	Braga	7:47.37	+0,65	854
	50m: 27.01 27.01	250m: 2:24.75 29.65	450m: 4:22.40 28.57	650m: 6:19.54 29.48		
	100m: 56.17 29.16	300m: 2:54.29 29.54	500m: 4:51.44 29.04	700m: 6:49.16 29.62		
	150m: 1:25.60 29.43	350m: 3:23.98 29.69	550m: 5:20.71 29.27	750m: 7:18.58 29.42		
	200m: 1:55.10 29.50	400m: 3:53.83 29.85	600m: 5:50.06 29.35	800m: 7:47.37 28.79		
2.	GIL Rafael Lourenco	96	Sporting	7:49.55	+0,70	842
	50m: 26.71 26.71	250m: 2:23.54 29.66	450m: 4:22.82 29.74	650m: 6:21.50 29.81		
	100m: 55.41 28.70	300m: 2:53.40 29.86	500m: 4:52.36 29.54	700m: 6:51.20 29.70		
	150m: 1:24.57 29.16	350m: 3:23.25 29.85	550m: 5:22.07 29.71	750m: 7:20.91 29.71		
	200m: 1:53.88 29.31	400m: 3:53.08 29.83	600m: 5:51.69 29.62	800m: 7:49.55 28.64		
3.	CARVALHO Jose Paula	98	Benfica	7:55.56	+0,73	810
	50m: 27.38 27.38	250m: 2:25.16 29.64	450m: 4:24.33 29.87	650m: 6:24.15 30.27		
	100m: 56.39 29.01	300m: 2:54.85 29.69	500m: 4:54.08 29.75	700m: 6:54.93 30.78		
	150m: 1:25.96 29.57	350m: 3:24.78 29.93	550m: 5:23.87 29.79	750m: 7:25.75 30.82		
	200m: 1:55.52 29.56	400m: 3:54.46 29.68	600m: 5:53.88 30.01	800m: 7:55.56 29.81		
4.	PINA Guilherme Filipe	98	Sporting	7:56.21	+0,76	807
	50m: 27.42 27.42	250m: 2:25.38 29.60	450m: 4:25.21 30.05	650m: 6:26.14 30.27		
	100m: 56.64 29.22	300m: 2:55.11 29.73	500m: 4:55.15 29.94	700m: 6:56.82 30.68		
	150m: 1:26.12 29.48	350m: 3:25.04 29.93	550m: 5:25.53 30.38	750m: 7:27.20 30.38		
	200m: 1:55.78 29.66	400m: 3:55.16 30.12	600m: 5:55.87 30.34	800m: 7:56.21 29.01		
5.	SANTO Filipe Miguel	00	Benfica	8:05.55	+0,77	761
	50m: 27.20 27.20	250m: 2:26.04 29.71	450m: 4:26.79 29.91	650m: 6:30.05 31.39		
	100m: 56.46 29.26	300m: 2:56.07 30.03	500m: 4:56.88 30.09	700m: 7:01.88 31.83		
	150m: 1:26.20 29.74	350m: 3:26.38 30.31	550m: 5:27.48 30.60	750m: 7:33.92 32.04		
	200m: 1:56.33 30.13	400m: 3:56.88 30.50	600m: 5:58.66 31.18	800m: 8:05.55 31.63		
Juniores						
1.	SANTOS Pedro Miguel	01	Porto	8:10.21	+0,69	740
	50m: 28.65 28.65	250m: 2:31.79 30.94	450m: 4:33.78 30.59	650m: 6:37.66 31.34		
	100m: 59.61 30.96	300m: 3:02.89 31.10	500m: 5:04.38 30.60	700m: 7:09.04 31.38		
	150m: 1:30.00 30.39	350m: 3:32.90 30.01	550m: 5:35.23 30.85	750m: 7:40.58 31.54		
	200m: 2:00.85 30.85	400m: 4:03.19 30.29	600m: 6:06.32 31.09	800m: 8:10.21 29.63		
2.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	8:18.39	+0,74	704
	50m: 28.81 28.81	250m: 2:31.71 30.88	450m: 4:35.59 31.03	650m: 6:42.91 32.36		
	100m: 59.38 30.57	300m: 3:03.10 31.39	500m: 5:06.94 31.35	700m: 7:15.22 32.31		
	150m: 1:30.03 30.65	350m: 3:33.75 30.65	550m: 5:38.58 31.64	750m: 7:47.52 32.30		
	200m: 2:00.83 30.80	400m: 4:04.56 30.81	600m: 6:10.55 31.97	800m: 8:18.39 30.87		

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Prova 1, Masc., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
3.	JORGE Duarte Miguel	01	Galitos / Bresimar	8:18.83	+0,91	702
	50m: 27.60 27.60	250m: 2:29.74	31.18	450m: 4:34.08	31.17	650m: 6:41.32 32.10
	100m: 57.46 29.86	300m: 3:00.80	31.06	500m: 5:05.13	31.05	700m: 7:14.14 32.82
	150m: 1:27.77 30.31	350m: 3:31.90	31.10	550m: 5:37.03	31.90	750m: 7:47.06 32.92
	200m: 1:58.56 30.79	400m: 4:02.91	31.01	600m: 6:09.22	32.19	800m: 8:18.83 31.77
4.	FROTA Paulo Andre	02	Condeixa Clube	8:30.49	+0,67	655
	50m: 29.06 29.06	250m: 2:34.23	31.97	450m: 4:42.35	31.65	650m: 6:52.65 32.96
	100m: 59.92 30.86	300m: 3:06.33	32.10	500m: 5:14.45	32.10	700m: 7:25.91 33.26
	150m: 1:30.91 30.99	350m: 3:38.53	32.20	550m: 5:46.82	32.37	750m: 7:58.99 33.08
	200m: 2:02.26 31.35	400m: 4:10.70	32.17	600m: 6:19.69	32.87	800m: 8:30.49 31.50

Prova 13 Femin., 4 x 50m Livres Absolutos Resultados

RN25 Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Jun	1:46.86	Sporting Clube de Portugal	SCP	Leiria	04-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Porto-SEN	Porto	1:46.90	+0,78	677
	FERREIRA Catarina Maria	98 +0,78 26.98	FARIA Ana Rita	00 +0,53 26.64	
	CABRAL Maria Francisca	00 +0,61 27.03	OLIVEIRA Rosa Maria	96 +0,40 26.25	
2.	Sporting-SEN	Sporting	1:47.47	+0,57	667
	VIEGAS Beatriz Mendes	00 +0,57 26.60	ROSA Maria Carolina	94 +0,46 26.92	
	BELEZA Mafalda Gomes	94 +0,52 27.34	FERNANDES Ines Camacho	97 +0,43 26.61	
3.	Benfica-SEN	Benfica	1:47.86	+0,77	660
	ROLAO Sofia Alexandra	98 +0,77 27.46	DURAES Diana Margarida	96 +0,29 26.61	
	TIAGO Filipa Vilas	94 +0,52 26.98	KAMINSKAYA Victoria	95 +0,47 26.81	
4.	Ginasio de Vila Real-SEN	Ginasio de Vila Real	1:48.45	+0,75	649
	LEITE Ana Sofia	93 +0,75 27.00	NOBREGA Ana Sofia	90 +0,36 27.64	
	FERNANDES Maria Margarida	99 +0,56 28.28	GUEDES Ana Margarida	01 +0,37 25.53	
5.	Braga-SEN	Braga	1:51.04	+0,71	604
	SILVA Maria Madalena	98 +0,71 28.40	FREIXO Juliana Lima	97 +0,49 28.09	
	FERNANDES Ana Sofia	93 +0,32 27.77	HOLUB Tamila Hryhorivna	99 +0,07 26.78	
6.	Laranjeiro-SEN	Laranjeiro	1:51.96	+0,72	590
	RIESENBERGER Bruna Martins	97 +0,72 27.86	PIRES Carolina Saraiva	96 +0,49 28.49	
	ROLIM Soraia Guerra	95 +0,26 28.47	NUNES Sofia Alexandra	00 +0,57 27.14	

Juniores

1.	Porto-JUN	Porto	1:49.92	+0,70	623
	SOARES Catarina Silva	03 +0,70 26.46	AMORIM Maria Leonor	03 +0,41 28.62	
	BARBOSA Mariana Fernandes	02 +0,43 27.43	RAMOS Ana Rita	02 +0,58 27.41	

Prova 14
21-12-2018 - 9:10

Masc., 4 x 50m Livres

Absolutos
Resultados

RN25 Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Sen	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Jun	1:35.32	Sport Lisboa e Benfica	SLB	Porto	08-12-2017

Pontos: FINA 2018

Lugar Clube Tempo Final TReac FINA

Seniores

1. Benfica-SEN <i>Rec Nacional, Abs e Sen</i>				Benfica	1:29.16	+0,66	795
DIAS Guilherme Pereira	97	+0,66	22.29	NASCIMENTO Miguel Duarte	95	+0,27	21.44
PEREIRA Luiz Pedro	91	+0,29	22.24	LEIRIA David Miguel	93	+0,43	23.19
2. Sporting-SEN				Sporting	1:30.67	+0,64	756
COSTA Tiago Cunha	99	+0,64	23.42	SANTOS Francisco Rogerio	98	+0,61	23.08
SANTOS Alexis Manacas	92	+0,16	21.59	MOGNE Igor Araujo	96	+0,57	22.58
3. Belenenses-SEN				Belenenses	1:32.75	+0,67	706
RAMOS Bruno Miguel	97	+0,67	23.13	PADRELA Joao Esteves	99	+0,32	23.19
TEIXEIRA Guilherme Miguel	97	+0,48	22.92	CORREIA Diogo Carrasco	95	+0,21	23.51
4. Porto-SEN				Porto	1:34.23	+0,78	673
SOARES Tiago Silva	99	+0,78	23.72	NUNES Porfirio Braga	00	+0,39	23.56
AMORIM Alexandre Ferreira	99	+0,27	23.60	LINO Rafael	99	+0,30	23.35
5. Famalicao-SEN				Famalicao	1:34.56	+0,72	666
FERNANDES Pedro Miguel	99	+0,72	23.53	CARVALHO Mateus Ribeiro	99	+0,22	23.82
TINOCO Joao Pereira	00	+1,57	23.02	FARIA Rui Pedro	94	+0,34	24.19
6. Academica de Coimbra-SEN				Academica de Coimbra	1:34.85	+1,69	660
CARVALHO Ruben Paiva	94	+1,69	24.09	ADAIXO Pedro Salzedas	00	+0,21	24.45
YELISTRATKIN Ilyia	96	+0,11	23.66	MADUREIRA Gustavo Almeida	94	+0,26	22.65
7. Braga-SEN				Braga	1:35.97	+0,64	637
LOPES Jose Paulo	00	+0,64	23.67	LOPES Joao Francisco	98	+0,27	24.17
ALBUQUERQUE Rodrigo Carlos	97	+0,31	24.08	FERNANDES Jose Pedro	99	+0,09	24.05
8. Ginasio de Vila Real-SEN				Ginasio de Vila Real	1:36.33	+0,66	630
MACHADO Sebastiao Amaro	93	+0,66	24.59	CARVALHO Luis Miguel	00	+0,41	24.85
WEUSTINK Koen	00	+0,41	23.57	RIBAS Alexandre Lages	97	+0,52	23.32
9. AONDA-Azeitao				AONDA-Azeitao	1:38.17	+0,74	595
LOPES David Granja	90	+0,74	24.04	MAGALHAES Andre Filipe	98	+0,29	24.72
MARQUES Diogo Puidival	00	+0,49	25.15	AUGUSTO Bernardo Antunes	00	+0,43	24.26

Juniores

1. Benfica-JUN				Benfica	1:36.27	+1,70	631
LEBRE Diogo Ramos	01	+1,70	23.86	FERREIRA Ricardo Pinela	01	+0,37	24.25
AIRES Rafael Alcantara	01	+0,17	23.03	BERNARDO Joao Silva	02	+0,37	25.13
2. Uniao Piedense-JUN				Uniao Piedense	1:37.54	+0,63	607
BRITO Bernardo Geadá	02	+0,63	24.42	CAMOES Tiago Maria	01	+0,63	24.62
LOPES Carlos Filipe	01	+0,28	24.24	CRISTINO David Matias	01	+0,26	24.26

Prova 2
21-12-2018 - 9:10

Femin., 100m Bruços

Absolutos
Resultados Elimin

RN25 Absoluto	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
RN25 Sen	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
RN25 Jun17	1:08.02	PEREIRA Raquel Gomes	SAD	Funchal	09-12-2016
RN25 Jun16	1:08.85	RODRIGUES Ana Pinho	AEJ	Ponte de Sôr	13-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	1:11.08	+0,77 Q	675
	50m: 33.17 33.17	100m: 1:11.08	37.91			
2.	KAMINSKAYA Victoria	95	Benfica	1:11.42	+0,70 Q	665
	50m: 34.18 34.18	100m: 1:11.42	37.24			
3.	PEREIRA Raquel Gomes	00	Alges	1:11.64	+0,78 Q	659
	50m: 33.57 33.57	100m: 1:11.64	38.07			
4.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	1:12.18	+0,76 Q	644
	50m: 34.55 34.55	100m: 1:12.18	37.63			
5.	MACHADO Luisa Maria	01	Uniao Piedense	1:12.53	+0,83 Q	635
	50m: 34.73 34.73	100m: 1:12.53	37.80			
6.	BORGES Claudia Ferreira	99	Benfica	1:13.41	+0,72 Q	612
	50m: 34.98 34.98	100m: 1:13.41	38.43			
7.	SILVA Beatriz Santos	01	Porto	1:13.69	+0,85 Q	606
	50m: 34.41 34.41	100m: 1:13.69	39.28			
8.	ROSA Maria Carolina	94	Sporting	1:14.33	+0,74 Q	590
	50m: 34.67 34.67	100m: 1:14.33	39.66			
9.	RODRIGUES Luana Correia	01	Belenenses	1:14.51	+0,72 R	586
	50m: 35.19 35.19	100m: 1:14.51	39.32			
10.	BERNARDO Ines Silva	00	Benfica	1:14.67	+0,79 R	582
	50m: 35.45 35.45	100m: 1:14.67	39.22			
11.	LEONARDO Rute Isabel	98	Nautico Abrantes	1:15.00	+0,78	574
	50m: 35.40 35.40	100m: 1:15.00	39.60			
12.	MAIA Joana Marques	91	Ginasio Santo Tirso	1:15.17	+0,81	570
	50m: 35.60 35.60	100m: 1:15.17	39.57			
13.	MESTRE Catarina Martins	00	Natacao de Lisboa	1:15.23	+0,79	569
	50m: 35.63 35.63	100m: 1:15.23	39.60			
14.	RIESENBERGER Bruna Martins	97	Laranjeiro	1:16.55	+0,72	540
	50m: 35.62 35.62	100m: 1:16.55	40.93			
15.	SILVA Maria Madalena	98	Braga	1:16.61	+0,72	539
	50m: 36.04 36.04	100m: 1:16.61	40.57			
16.	MATOS Carolina Lourenco	98	Cova da Piedade	1:16.74	+0,76	536
	50m: 36.10 36.10	100m: 1:16.74	40.64			
17.	DIONISIO Sofia Machado	98	Sporting	1:17.92	+0,81	512
	50m: 35.30 35.30	100m: 1:17.92	42.62			

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Prova 2, Femin., 100m Bruços, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
18.	DIAS Beatriz Castanheira	99	Academica de Coimbra	1:19.47	+0,71	483
	50m: 37.56 37.56	100m: 1:19.47	41.91			
DNS	GONCALVES Sofia Filipa	01	Leixoes			

Juniores

1.	CASTRO Maria Freitas	03	Fafe	1:13.75	+0,80 Q	604
	50m: 35.08 35.08	100m: 1:13.75	38.67			
2.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	1:14.02	+0,81 Q	597
	50m: 35.19 35.19	100m: 1:14.02	38.83			
3.	PEREIRA Clara Gomes	02	Alges	1:14.19	+0,73 Q	593
	50m: 35.11 35.11	100m: 1:14.19	39.08			
4.	TEIXEIRA Ines Oliveira	02	Estarreja	1:14.24	+0,72 Q	592
	50m: 34.69 34.69	100m: 1:14.24	39.55			
5.	CERDEIRA Madalena Reis	03	Sporting	1:14.35	+0,92 Q	590
	50m: 35.44 35.44	100m: 1:14.35	38.91			
6.	SILVA Natacha Sofia	02	Benfica	1:14.78	+0,88 Q	579
	50m: 35.25 35.25	100m: 1:14.78	39.53			
7.	COSTA Ana Ferreira	02	Nautico Marinha Grande	1:15.31	+0,69 Q	567
	50m: 35.22 35.22	100m: 1:15.31	40.09			
8.	HENRIQUES Daniela Mascarenhas	03	Geslours	1:16.64	+0,67 Q	538
	50m: 36.44 36.44	100m: 1:16.64	40.20			
9.	DIAS Ana Leonor	02	Natacao Olhao	1:16.74	+0,72 R	536
	50m: 36.11 36.11	100m: 1:16.74	40.63			
10.	FIAL Sofia Nunes	03	Estamos Juntos	1:17.49	+0,83 R	521
	50m: 36.02 36.02	100m: 1:17.49	41.47			
11.	VIEIRA Valeria Goncalves	02	Vitoria Guimaraes	1:17.78	+0,84	515
	50m: 36.10 36.10	100m: 1:17.78	41.68			
12.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	1:17.89	+0,65	513
	50m: 36.25 36.25	100m: 1:17.89	41.64			
13.	DIAS Ana Amarante	03	Naval de Ponta Delgada	1:17.96	+0,75	511
	50m: 36.10 36.10	100m: 1:17.96	41.86			
14.	TOMAS Beatriz Monteiro	03	Fundacao Beatriz Santos	1:18.20	+0,72	507
	50m: 37.12 37.12	100m: 1:18.20	41.08			
15.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	1:18.70	+0,85	497
	50m: 37.61 37.61	100m: 1:18.70	41.09			

Prova 2, Femin., 100m Bruços, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
16.	SANTOS Catarina Vitorino	02	Louletano / Loule Concelho	1:19.41	+0,87	484
	50m: 36.96 36.96	100m: 1:19.41 42.45				
17.	FERNANDES Ana Catarina	03	Naval do Funchal	1:20.05	+0,66	472
	50m: 37.21 37.21	100m: 1:20.05 42.84				

Prova 3

Masc., 100m Bruços

Absolutos

21-12-2018 - 9:25

Resultados Elimin

RN25 Absoluto	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
RN25 Sen	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
RN25 Jun18	1:01.25	AGOSTINHO Pedro Miguel	SCP	S. António Cavaleiros	19-12-2009
RN25 Jun17	1:02.99	SANTOS Andre Goncalo	LSC	Felgueiras	21-12-2013
RN S8	1:23.48	CARREIRA David Pedro	ADBA	Leiria	22-11-2015

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	SANTOS Alexis Manacas	92	Sporting	1:01.76	+0,70 Q	730
	50m: 29.28 29.28	100m: 1:01.76 32.48				
2.	AMORIM Alexandre Ferreira	99	Porto	1:01.81	+0,69 Q	728
	50m: 29.00 29.00	100m: 1:01.81 32.81				
3.	VELOSO Tomas Miguel	96	Nautico Academico	1:02.09	+0,67 Q	718
	50m: 29.62 29.62	100m: 1:02.09 32.47				
4.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	1:02.15	+0,64 Q	716
	50m: 29.52 29.52	100m: 1:02.15 32.63				
5.	MENDES Antonio Manuel	99	Sporting	1:02.72	+0,68 Q	697
	50m: 29.86 29.86	100m: 1:02.72 32.86				
6.	QUINTANILHA Nuno Goncalo	87	Belenenses	1:02.98	+0,71 Q	688
	50m: 29.81 29.81	100m: 1:02.98 33.17				
7.	TEIXEIRA Guilherme Miguel	97	Belenenses	1:03.02	+0,84 Q	687
	50m: 29.74 29.74	100m: 1:03.02 33.28				
8.	PINOTES Pedro Miguel	89	Sporting	1:03.18	+0,71 Q	681
	50m: 29.92 29.92	100m: 1:03.18 33.26				
9.	SIMÕES Rafael Gomes	00	Braga	1:03.19	+0,82 R	681
	50m: 29.49 29.49	100m: 1:03.19 33.70				
10.	TEODORO Diogo Filipe	99	Natacao de Valongo	1:03.27	+0,69 R	678
	50m: 30.19 30.19	100m: 1:03.27 33.08				
11.	CRUCHINHO Miguel Monteiro	97	Sporting	1:03.49	+0,72	671
	50m: 30.08 30.08	100m: 1:03.49 33.41				
12.	CARVALHO Ruben Paiva	94	Academica de Coimbra	1:04.37	+0,74	644
	50m: 30.46 30.46	100m: 1:04.37 33.91				

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PARCEIROS



Prova 3, Masc., 100m Bruços, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
13.	DANTAS Diogo Leal	00	Sporting	1:04.45	+0,63	642
	50m: 30.00 30.00	100m: 1:04.45	34.45			
14.	SILVA Pedro Miguel	94	Colegio Monte Maior	1:04.54	+0,79	639
	50m: 30.42 30.42	100m: 1:04.54	34.12			
15.	RAMOS Filipe Carmo	97	Vilacondense	1:04.74	+0,81	633
	50m: 30.30 30.30	100m: 1:04.74	34.44			
16.	ALVES Nuno Rafael	90	Aquatico Pacense	1:05.32	+0,83	617
	50m: 30.91 30.91	100m: 1:05.32	34.41			
17.	GRENHO Andre Tavares	99	Sporting	1:05.76	+0,76	604
	50m: 31.01 31.01	100m: 1:05.76	34.75			
18.	VARGAS Joao Manuel	00	Alges	1:05.84	+0,69	602
	50m: 31.21 31.21	100m: 1:05.84	34.63			
19.	MARTINS Bruno Miguel	93	Geslours	1:06.43	+0,69	586
	50m: 31.12 31.12	100m: 1:06.43	35.31			
20.	SOARES Miguel Carlos	92	Naval Povoense	1:06.77	+0,71	577
	50m: 31.02 31.02	100m: 1:06.77	35.75			
21.	SILVA Jorge Jesus	00	Braga	1:07.30	+0,83	564
	50m: 31.81 31.81	100m: 1:07.30	35.49			
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			

Juniores

1.	FRISCHKNECHT Renato Barros	01	Alges	1:05.27	+0,62 Q	618
	50m: 30.35 30.35	100m: 1:05.27	34.92			
2.	NUNES Francisco Costa	02	Salvaterra de Magos	1:05.52	+0,74 Q	611
	50m: 30.76 30.76	100m: 1:05.52	34.76			
3.	CALDEIRA Goncalo Silveirinha	01	Sporting	1:05.58	+0,77 Q	609
	50m: 31.31 31.31	100m: 1:05.58	34.27			
4.	CABRITO Rodrigo Almeida	01	Belenenses	1:05.87	+0,69 Q	601
	50m: 31.17 31.17	100m: 1:05.87	34.70			
5.	MARQUES Goncalo Silva	01	Condeixa Clube	1:06.07	+0,69 Q	596
	50m: 31.08 31.08	100m: 1:06.07	34.99			
6.	KLIER Afonso Miguel	01	Galitos / Bresimar	1:06.21	+0,69 Q	592
	50m: 31.05 31.05	100m: 1:06.21	35.16			
7.	MERUJE Joaquim Agra	01	Elvense	1:06.39	+0,82 Q	587
	50m: 31.23 31.23	100m: 1:06.39	35.16			

Prova 3, Masc., 100m Bruços, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	ARAUJO Sergio Daniel	02	Naval Povoense	1:06.40	+0,71 Q	587
	50m: 31.25 31.25	100m: 1:06.40	35.15			
9.	DUARTE Pedro Domingues	01	Nautico Marinha Grande	1:06.65	+0,81 R	580
	50m: 31.30 31.30	100m: 1:06.65	35.35			
10.	MATEUS Diogo Garcez	02	AONDA-Azeitao	1:08.13	+0,74 R	543
	50m: 31.58 31.58	100m: 1:08.13	36.55			
11.	PAIS Joao Ventura	02	Fundacao Beatriz Santos	1:08.24	+0,69	541
	50m: 32.05 32.05	100m: 1:08.24	36.19			
12.	SANTOS Afonso Amaro	02	Geslours	1:08.68	+0,67	530
	50m: 32.25 32.25	100m: 1:08.68	36.43			
13.	DEUS Andre Portugal	02	Naval do Funchal	1:09.01	+0,73	523
	50m: 32.17 32.17	100m: 1:09.01	36.84			
14.	BRITO Bernardo Geadá	02	Uniao Piedense	1:09.37	+0,64	515
	50m: 31.90 31.90	100m: 1:09.37	37.47			
EXH	CANCELA Diogo Luis <i>Rec Nacional S 8</i>	02	Miranda do Corvo	1:19.56	+0,75	341
	50m: 37.52 37.52	100m: 1:19.56	42.04			

Prova 4

Femin., 100m Livres

Absolutos

21-12-2018 - 9:35

Resultados Elimin

RN25 Absoluto	55.43	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	55.43	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun17	56.54	DURAES Diana Margarida	FCP	Porto	07-12-2012
RN25 Jun16	56.72	SOUSA Ana Reis	CNLA	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	56.42	+0,69 Q	706
	50m: 27.35 27.35	100m: 56.42	29.07			
2.	VIEGAS Beatriz Mendes	00	Sporting	57.87	+0,61 Q	654
	50m: 27.86 27.86	100m: 57.87	30.01			
3.	MOREIRA Matilde Freitas	01	Academica de Coimbra	58.06	+0,78 Q	648
	50m: 27.85 27.85	100m: 58.06	30.21			
4.	BELEZA Mafalda Gomes	94	Sporting	58.61	+0,71 Q	630
	50m: 28.15 28.15	100m: 58.61	30.46			
5.	OLIVEIRA Rosa Maria	96	Porto	58.65	+0,78 Q	628
	50m: 28.91 28.91	100m: 58.65	29.74			
6.	AZEVEDO Madalena Gomes	99	Alges	58.74	+0,75 Q	626
	50m: 28.63 28.63	100m: 58.74	30.11			

Prova 4, Femin., 100m Livres, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	FARIA Ana Rita	00	Porto	58.77	+0,73 Q	625
	50m: 28.30 28.30 100m: 58.77 30.47					
8.	AMADOR Joana Costa	01	Galitos / Bresimar	58.90	+0,73 Q	620
	50m: 28.43 28.43 100m: 58.90 30.47					
9.	FERREIRA Catarina Maria	98	Porto	59.32	+0,77 R	607
	50m: 28.49 28.49 100m: 59.32 30.83					
10.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	59.48	+0,82 R	602
	50m: 28.67 28.67 100m: 59.48 30.81					
11.	NEVES Carolina Marques	01	Torres Novas	59.73	+0,79	595
	50m: 28.95 28.95 100m: 59.73 30.78					
12.	NUNES Sofia Alexandra	00	Laranjeiro	1:01.24	+0,81	552
	50m: 29.41 29.41 100m: 1:01.24 31.83					

Juniores

1.	ANDRE Leticia Maia	02	Benfica	57.05	+0,65 Q	683
	50m: 27.51 27.51 100m: 57.05 29.54					
2.	MARTINS Francisca Soares	03	Foca	57.54	+0,73 Q	666
	50m: 28.18 28.18 100m: 57.54 29.36					
3.	SOUSA Ana Reis	02	Alges	58.79	+0,69 Q	624
	50m: 28.18 28.18 100m: 58.79 30.61					
4.	PINA Ana Sofia	02	O Crasto	58.89	+0,76 Q	621
	50m: 28.60 28.60 100m: 58.89 30.29					
5.	PINTO Mafalda Marques	02	Sporting	59.16	+0,71 Q	612
	50m: 28.14 28.14 100m: 59.16 31.02					
6.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	59.17	+0,81 Q	612
	50m: 28.67 28.67 100m: 59.17 30.50					
7.	SOARES Catarina Silva	03	Porto	59.42	+0,73 Q	604
	50m: 28.54 28.54 100m: 59.42 30.88					
8.	FRAZAO Alexandra Couto	02	Condeixa Clube	59.74	+0,74 Q	595
	50m: 29.41 29.41 100m: 59.74 30.33					
9.	GRAVETO Ana Raquel	02	Benfica	59.78	+0,81 R	593
	50m: 29.03 29.03 100m: 59.78 30.75					
10.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	59.79	+0,73 R	593
	50m: 28.90 28.90 100m: 59.79 30.89					
11.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	1:00.02	+0,78	586
	50m: 28.90 28.90 100m: 1:00.02 31.12					
12.	FOMINA Anna	02	Louletano / Loule Concelho	1:00.20	+0,76	581
	50m: 28.95 28.95 100m: 1:00.20 31.25					
13.	MACHADO Joana Sofia	02	Natacao de Valongo	1:00.54	+0,83	571
	50m: 29.25 29.25 100m: 1:00.54 31.29					

Prova 4, Femin., 100m Livres, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
14.	PINHEIRO Ines Mariana	03	Academica de Coimbra	1:01.02	+0,71	558
	50m: 29.26 29.26	100m: 1:01.02	31.76			
15.	REBELO Beatriz Vaz	03	Geslours	1:01.16	+0,78	554
	50m: 29.12 29.12	100m: 1:01.16	32.04			
16.	JESUS Maria Crista	03	Louletano / Loule Concelho	1:01.18	+0,70	554
	50m: 29.37 29.37	100m: 1:01.18	31.81			
17.	SOARES Carolina Silva	03	Natacao de Valongo	1:01.32	+0,85	550
	50m: 29.37 29.37	100m: 1:01.32	31.95			

Prova 5

Masc., 100m Livres

Absolutos

21-12-2018 - 9:45

Resultados Elimin

RN25 Absoluto	47.61	NASCIMENTO Miguel Duarte		Hangzhou (CHN)	11-12-2018
RN25 Sen	47.61	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	11-12-2018
RN25 Jun18	48.38	VENANCIO Tiago Andre	CNS	Cantanhede	20-12-2004
RN25 Jun17	49.87	VENANCIO Tiago Andre	CNS	Estoril	14-02-2004
RN S8	1:05.44	LINHARES Ruben Daniel	FVCD	Mealhada	19-02-2017
RN S9	57.35	GRACHAT David Realista	GESL	Vila Franca de Xira	04-02-2018
RN S15	55.10	NEVES Tiago Correia	CFB	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	NASCIMENTO Miguel Duarte	95	Benfica	49.45	+0,67 Q	750
	50m: 23.48 23.48	100m: 49.45	25.97			
2.	DIAS Guilherme Pereira	97	Benfica	50.47	+0,70 Q	705
	50m: 24.38 24.38	100m: 50.47	26.09			
3.	COSTA Tiago Cunha	99	Sporting	50.66	+0,70 Q	698
	50m: 24.64 24.64	100m: 50.66	26.02			
4.	RIBAS Alexandre Lages	97	Ginasio de Vila Real	50.87	+0,75 Q	689
	50m: 24.73 24.73	100m: 50.87	26.14			
5.	SOARES Tiago Silva	99	Porto	51.06	+0,84 Q	681
	50m: 24.78 24.78	100m: 51.06	26.28			
6.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	51.13	+0,70 Q	679
	50m: 24.50 24.50	100m: 51.13	26.63			
	MOGNE Igor Araujo	96	Sporting	51.13	+0,76 Q	679
	50m: 24.63 24.63	100m: 51.13	26.50			
8.	PEDRO Daniel Rochinha	98	Bombeiros Estoris	51.36	+0,69 Q	669
	50m: 24.62 24.62	100m: 51.36	26.74			

Prova 5, Masc., 100m Livres, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
9.	SANTOS Joao Duarte	95	Natacao Olhao	51.37	+0,69 R	669
	50m: 24.87 24.87	100m: 51.37 26.50				
10.	BATE Afonso Ribeiro	98	Alges	51.52	+0,73 R	663
	50m: 24.97 24.97	100m: 51.52 26.55				
11.	FERNANDES Pedro Miguel	99	Famalicao	51.68	+0,75	657
	50m: 24.64 24.64	100m: 51.68 27.04				
12.	SANTOS Dario Almeida	93	Leixoes	51.89	+0,73	649
	50m: 24.94 24.94	100m: 51.89 26.95				
13.	MACHADO Francisco Carvalho	98	Alges	51.92	+0,63	648
	50m: 24.77 24.77	100m: 51.92 27.15				
14.	MORIM Ruben Jose	97	Vilacondense	52.02	+0,74	644
	50m: 25.59 25.59	100m: 52.02 26.43				
15.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	52.39	+0,78	631
	50m: 25.22 25.22	100m: 52.39 27.17				
16.	PADRELA Joao Esteves	99	Belenenses	52.44	+0,63	629
	50m: 25.24 25.24	100m: 52.44 27.20				
17.	FERNANDES Jose Pedro	99	Braga	53.22	+0,85	602
	50m: 25.85 25.85	100m: 53.22 27.37				
18.	WEUSTINK Koen	00	Ginasio de Vila Real	53.50	+0,81	592
	50m: 25.10 25.10	100m: 53.50 28.40				
19.	SILVA Pedro Miguel	94	Colegio Monte Maior	53.90	+0,75	579
	50m: 26.03 26.03	100m: 53.90 27.87				
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			

Juniores

1.	AIRES Rafael Alcantara	01	Benfica	51.07	+0,73 Q	681
	50m: 24.74 24.74	100m: 51.07 26.33				
2.	LEBRE Diogo Ramos	01	Benfica	52.27	+0,73 Q	635
	50m: 25.27 25.27	100m: 52.27 27.00				
3.	MACHADO Tiago Andrade	02	Sporting de Aveiro	52.42	+0,64 Q	630
	50m: 25.03 25.03	100m: 52.42 27.39				
4.	FERRAO Goncalo Carvalho	01	Cova da Piedade	52.63	+0,71 Q	622
	50m: 25.14 25.14	100m: 52.63 27.49				
5.	SIMÕES Bernardo Jorge	02	Torres Novas	52.79	+0,73 Q	616
	50m: 25.72 25.72	100m: 52.79 27.07				

Prova 5, Masc., 100m Livres, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	LOURENCO Tiago Campos	02	Natacao de Valongo	52.89	+0,77 Q	613
	50m: 25.67 25.67 100m: 52.89 27.22					
	FERNANDES Eduardo Gomes	02	Sporting	52.89	+0,77 Q	613
	50m: 25.55 25.55 100m: 52.89 27.34					
8.	CUNHA Jose Miguel	01	Fundacao Beatriz Santos	54.24	+0,70 Q	568
	50m: 26.20 26.20 100m: 54.24 28.04					
9.	COELHO Nuno Tiago	02	Amigos da Montanha/Becri	54.41	+0,78 R	563
	50m: 26.42 26.42 100m: 54.41 27.99					
10.	BRITO Bernardo Geada	02	Uniao Piedense	54.60	+0,63 R	557
	50m: 26.24 26.24 100m: 54.60 28.36					
11.	DEUS Andre Portugal	02	Naval do Funchal	55.77	+0,73	523
	50m: 27.21 27.21 100m: 55.77 28.56					
EXH	SILVA Fernando Souza	86	Uniao Piedense	50.01	+0,71	725
	50m: 24.18 24.18 100m: 50.01 25.83					
EXH	NEVES Tiago Correia <i>Rec Nacional S15,</i>	97	Belenenses	54.89	+0,65	548
	50m: 26.69 26.69 100m: 54.89 28.20					
EXH	CRUZ Miguel Duarte	99	Belenenses	56.95	+0,68	491
	50m: 27.30 27.30 100m: 56.95 29.65					
EXH	CAETANO Gino Santos <i>Rec Nacional S 9,</i>	94	Galitos / Bresimar	56.95	+0,87	491
	50m: 27.29 27.29 100m: 56.95 29.66					
EXH	SOARES Ricardo Aderneira	99	Geslours	1:09.35	+0,82	272
	50m: 33.85 33.85 100m: 1:09.35 35.50					

Prova 6	Femin., 200m Costas					Absolutos
21-12-2018 - 9:55						Resultados Elimin
RN25 Absoluto	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto		08-12-2017
RN25 Sen	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto		08-12-2017
RN25 Jun17	2:12.52	FRISCHKNECHT Rita Barros	SAD	Porto		21-12-2014
RN25 Jun16	2:12.80	CHAVES Petra Quintela	SAD	Algés		31-05-1994

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	FRISCHKNECHT Rita Barros	98	Alges	2:12.05	+0,64 Q	736
	50m: 30.93 30.93 100m: 1:04.24 33.31 150m: 1:38.11 33.87 200m: 2:12.05 33.94					
2.	CABRAL Maria Francisca	00	Porto	2:17.24	+0,73 Q	655
	50m: 32.46 32.46 100m: 1:06.62 34.16 150m: 1:41.72 35.10 200m: 2:17.24 35.52					
3.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:18.40	+0,63 Q	639
	50m: 32.42 32.42 100m: 1:07.72 35.30 150m: 1:42.99 35.27 200m: 2:18.40 35.41					
4.	RODRIGUES Filipa Serrano	01	Benfica	2:21.40	+0,61 Q	599
	50m: 33.38 33.38 100m: 1:08.72 35.34 150m: 1:44.96 36.24 200m: 2:21.40 36.44					
5.	FREIXO Juliana Lima	97	Braga	2:23.17	+0,64 Q	577
	50m: 32.88 32.88 100m: 1:08.92 36.04 150m: 1:46.35 37.43 200m: 2:23.17 36.82					
6.	RODRIGUES Luana Correia	01	Belenenses	2:23.30	+0,60 Q	575
	50m: 34.05 34.05 100m: 1:09.87 35.82 150m: 1:46.66 36.79 200m: 2:23.30 36.64					
7.	MOREIRA Matilde Freitas	01	Academica de Coimbra	2:23.35	+0,72 Q	575
	50m: 33.97 33.97 100m: 1:10.39 36.42 150m: 1:47.10 36.71 200m: 2:23.35 36.25					
8.	COSTA Ana Filipa	98	Natacao de Beja	2:23.96	+1,48 Q	568
	50m: 33.65 33.65 100m: 1:10.09 36.44 150m: 1:47.17 37.08 200m: 2:23.96 36.79					
9.	MARTINS Maria Esteves	01	Galitos / Bresimar	2:24.17	+0,65 R	565
	50m: 33.17 33.17 100m: 1:09.26 36.09 150m: 1:46.32 37.06 200m: 2:24.17 37.85					
10.	FERREIRA Ana Raquel	98	Benfica	2:27.57	+0,66 R	527
	50m: 32.88 32.88 100m: 1:09.42 36.54 150m: 1:48.19 38.77 200m: 2:27.57 39.38					

Juniores

1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	2:13.50	+0,61 Q	712
	50m: 31.22 31.22 100m: 1:05.02 33.80 150m: 1:39.69 34.67 200m: 2:13.50 33.81					
2.	AZEVEDO Rafaela Gomes	02	Alges	2:17.47	+0,72 Q	652
	50m: 31.23 31.23 100m: 1:06.12 34.89 150m: 1:41.37 35.25 200m: 2:17.47 36.10					
3.	MARTINS Joana Ribeiro	03	Benfica	2:19.52	+0,67 Q	624
	50m: 32.39 32.39 100m: 1:07.45 35.06 150m: 1:43.15 35.70 200m: 2:19.52 36.37					
4.	CARDEAL Joana Nunes	02	Academico Viseu	2:20.57	+0,67 Q	610
	50m: 33.26 33.26 100m: 1:08.84 35.58 150m: 1:45.00 36.16 200m: 2:20.57 35.57					
5.	RAMOS Ana Rita	02	Porto	2:20.68	+0,69 Q	608
	50m: 32.57 32.57 100m: 1:07.86 35.29 150m: 1:44.11 36.25 200m: 2:20.68 36.57					
6.	CRUZ Sara Moura	03	Alges	2:21.41	+0,59 Q	599
	50m: 32.93 32.93 100m: 1:08.50 35.57 150m: 1:44.61 36.11 200m: 2:21.41 36.80					

Prova 6, Femin., 200m Costas, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	PEIXEIRA Filipa Ramos	03	Sporting	2:23.19	+0,76 Q	577
	50m: 32.37 32.37	100m: 1:08.40 36.03	150m: 1:45.52 37.12	200m: 2:23.19 37.67		
8.	LASCU Nicoleta	02	Litoral Alentejano	2:23.35	+0,66 Q	575
	50m: 34.19 34.19	100m: 1:10.56 36.37	150m: 1:47.47 36.91	200m: 2:23.35 35.88		
9.	RAMOS Ines Asseiceira	03	Torres Novas	2:25.07	+0,62 R	555
	50m: 33.65 33.65	100m: 1:09.77 36.12	150m: 1:46.99 37.22	200m: 2:25.07 38.08		
10.	CARVALHO Maria Joao	02	Portinado	2:25.12	+1,36 R	554
	50m: 33.16 33.16	100m: 1:09.48 36.32	150m: 1:46.90 37.42	200m: 2:25.12 38.22		
11.	MARQUES Mariana Nunes	03	Estarreja	2:26.54	+0,81	538
	50m: 33.06 33.06	100m: 1:10.14 37.08	150m: 1:48.25 38.11	200m: 2:26.54 38.29		
12.	SOARES Carolina Silva	03	Natacao de Valongo	2:27.89	+0,74	524
	50m: 34.33 34.33	100m: 1:11.69 37.36	150m: 1:50.25 38.56	200m: 2:27.89 37.64		
13.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	2:28.15	+0,60	521
	50m: 34.28 34.28	100m: 1:11.67 37.39	150m: 1:50.31 38.64	200m: 2:28.15 37.84		
14.	LOURENCO Alice Carmo	02	Viana Natacao	2:28.27	+0,64	519
	50m: 34.45 34.45	100m: 1:11.34 36.89	150m: 1:49.75 38.41	200m: 2:28.27 38.52		
15.	MENDES Lea Alexandra	03	Gualdim Pais	2:28.32	+0,60	519
	50m: 33.99 33.99	100m: 1:11.39 37.40	150m: 1:50.11 38.72	200m: 2:28.32 38.21		
16.	ALMEIDA Catarina Isabel	02	Vitoria Guimaraes	2:28.97	+0,68	512
	50m: 33.44 33.44	100m: 1:11.29 37.85	150m: 1:50.36 39.07	200m: 2:28.97 38.61		
17.	CUNHA Mafalda Pacheco	02	Fluvial Portuense	2:29.09	+0,59	511
	50m: 33.40 33.40	100m: 1:11.17 37.77	150m: 1:49.96 38.79	200m: 2:29.09 39.13		
18.	SOARES Ana Margarida	03	Naval Setubalense	2:29.75	+0,69	504
	50m: 34.55 34.55	100m: 1:12.48 37.93	150m: 1:51.08 38.60	200m: 2:29.75 38.67		
19.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	2:30.39	+0,92	498
	50m: 34.61 34.61	100m: 1:12.07 37.46	150m: 1:51.67 39.60	200m: 2:30.39 38.72		

Prova 7
21-12-2018 - 10:10

Masc., 200m Costas

Absolutos
Resultados Elimin

RN25 Absoluto	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (CHN)	16-12-2018
RN25 Sen	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (FRA)	16-12-2018
RN25 Jun18	1:58.37	NIZ Adriano Miguel	CFV	Figueira da Foz	03-07-2004
RN25 Jun17	1:59.34	NIZ Adriano Miguel	CFV	Alges	16-05-2003

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	VITAL Joao Alexandre	98	Sporting	2:00.84	+0,62 Q	667
	50m: 27.94 27.94	100m: 58.12 30.18	150m: 1:29.59	31.47	200m: 2:00.84	31.25
2.	ROSA Rodrigo Antonio	96	Benfica	2:02.94	+0,58 Q	634
	50m: 28.08 28.08	100m: 58.26 30.18	150m: 1:30.11	31.85	200m: 2:02.94	32.83
3.	KOT Viktor	98	Nautico Marinha Grande	2:03.06	+0,55 Q	632
	50m: 28.59 28.59	100m: 1:00.17 31.58	150m: 1:32.11	31.94	200m: 2:03.06	30.95
4.	SANTOS Francisco Rogerio	98	Sporting	2:03.11	+0,72 Q	631
	50m: 28.26 28.26	100m: 59.95 31.69	150m: 1:32.22	32.27	200m: 2:03.11	30.89
5.	CORREIA Joao Mota	97	Benfica	2:03.21	+0,74 Q	630
	50m: 28.61 28.61	100m: 59.58 30.97	150m: 1:31.23	31.65	200m: 2:03.21	31.98
6.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	2:03.60	+0,59 Q	624
	50m: 28.46 28.46	100m: 1:00.12 31.66	150m: 1:32.35	32.23	200m: 2:03.60	31.25
7.	TINOCO Joao Pereira	00	Famalicao	2:03.77	+0,64 Q	621
	50m: 29.10 29.10	100m: 1:00.02 30.92	150m: 1:31.96	31.94	200m: 2:03.77	31.81
8.	BATE Miguel Ribeiro	99	Alges	2:04.58	+1,28 Q	609
	50m: 28.42 28.42	100m: 1:00.46 32.04	150m: 1:32.86	32.40	200m: 2:04.58	31.72
9.	NUNES Porfirio Braga	00	Porto	2:05.24	+0,55 R	599
	50m: 29.64 29.64	100m: 1:02.23 32.59	150m: 1:33.90	31.67	200m: 2:05.24	31.34
10.	PIRES Ricardo Saraiva	98	Laranjeiro	2:05.38	+0,67 R	597
	50m: 29.72 29.72	100m: 1:01.76 32.04	150m: 1:33.72	31.96	200m: 2:05.38	31.66
11.	ZINCA Andrei Iulian	00	Gafanha da Encarnacao	2:07.93	+0,63	562
	50m: 29.83 29.83	100m: 1:01.59 31.76	150m: 1:34.52	32.93	200m: 2:07.93	33.41
12.	ALMEIDA Carlos Afonso	98	Alges	2:09.16	+0,63	546
	50m: 29.12 29.12	100m: 1:01.00 31.88	150m: 1:34.48	33.48	200m: 2:09.16	34.68
13.	PASSOS Miguel Angelo	96	Desportiva de Viana	2:09.49	+0,69	542
	50m: 29.53 29.53	100m: 1:01.70 32.17	150m: 1:35.52	33.82	200m: 2:09.49	33.97
14.	JAENES Daniel Sanchez	97	Louletano / Loule Concelho	2:10.72	+1,24	527
	50m: 30.26 30.26	100m: 1:03.26 33.00	150m: 1:36.84	33.58	200m: 2:10.72	33.88
15.	TOMAS Francisco Xavier	00	Alcobaca	2:11.04	+0,64	523
	50m: 30.65 30.65	100m: 1:03.74 33.09	150m: 1:37.59	33.85	200m: 2:11.04	33.45

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 7, Masc., 200m Costas, Elimin

Juniores

1. COSTA Joao Nogueira	01	Vitoria Guimaraes	2:00.36	+0,62 Q	675
50m: 28.07 28.07	100m: 58.77 30.70	150m: 1:29.80 31.03	200m: 2:00.36 30.56		
2. ALFAMA Martim Primavera	02	Geslours	2:05.55	+0,76 Q	595
50m: 29.36 29.36	100m: 1:01.48 32.12	150m: 1:33.84 32.36	200m: 2:05.55 31.71		
3. ROCHA Ricardo Filipe	02	Aquatico Pacense	2:06.36	+0,57 Q	584
50m: 29.21 29.21	100m: 1:00.76 31.55	150m: 1:33.43 32.67	200m: 2:06.36 32.93		
4. DIAS Joao Pedro	02	Fundacao Beatriz Santos	2:07.33	+0,65 Q	570
50m: 28.80 28.80	100m: 1:00.74 31.94	150m: 1:33.82 33.08	200m: 2:07.33 33.51		
5. COSTA Diogo Santos	02	Colegio Monte Maior	2:07.84	+0,60 Q	564
50m: 28.80 28.80	100m: 1:00.49 31.69	150m: 1:33.26 32.77	200m: 2:07.84 34.58		
6. MACHADO Bruno Rafael	01	Fluvial Portuense	2:08.64	+0,61 Q	553
50m: 30.41 30.41	100m: 1:03.29 32.88	150m: 1:36.47 33.18	200m: 2:08.64 32.17		
7. VILHENA Tiago Miguel	01	Natacao de Faro	2:08.70	+0,66 Q	552
50m: 29.63 29.63	100m: 1:01.87 32.24	150m: 1:35.08 33.21	200m: 2:08.70 33.62		
8. JOSE Diogo Coelho	01	Columbofila Cantanhedense	2:09.52	+0,73 ?	542
50m: 30.65 30.65	100m: 1:03.35 32.70	150m: 1:36.67 33.32	200m: 2:09.52 32.85		
CUNHA Afonso Passos	01	Famalicao	2:09.52	+0,66 ?	542
50m: 29.94 29.94	100m: 1:03.35 33.41	150m: 1:37.07 33.72	200m: 2:09.52 32.45		
10. ARZILEIRO Bernardo Vinagre	01	Uniao Coimbra	2:10.33	+0,65 R	532
50m: 29.62 29.62	100m: 1:02.56 32.94	150m: 1:36.03 33.47	200m: 2:10.33 34.30		
11. SOUSA Nuno Alexandre	02	Clube de Vouzela	2:10.97	+0,61	524
50m: 29.96 29.96	100m: 1:02.71 32.75	150m: 1:36.99 34.28	200m: 2:10.97 33.98		
12. ZENZA Francisco Manuel	01	Natacao da Maia	2:10.99	+0,68	524
50m: 29.62 29.62	100m: 1:03.12 33.50	150m: 1:37.50 34.38	200m: 2:10.99 33.49		
13. RIBEIRO Luis Manuel	02	Porto	2:11.33	+0,83	520
50m: 30.97 30.97	100m: 1:04.10 33.13	150m: 1:38.02 33.92	200m: 2:11.33 33.31		
14. GONCALVES Rodrigo Oliveira	02	Porto	2:12.11	+0,61	511
50m: 30.31 30.31	100m: 1:02.97 32.66	150m: 1:37.44 34.47	200m: 2:12.11 34.67		
15. MAGALHAES Hugo Nunes	02	Alges	2:12.38	+0,63	508
50m: 30.34 30.34	100m: 1:03.40 33.06	150m: 1:37.41 34.01	200m: 2:12.38 34.97		
16. PITA Diogo Henrique	02	Naval do Funchal	2:12.60	+0,56	505
50m: 30.99 30.99	100m: 1:04.64 33.65	150m: 1:39.04 34.40	200m: 2:12.60 33.56		
17. PINTO Rodrigo Melo	01	Colegio Vasco da Gama	2:12.96	+0,72	501
50m: 29.95 29.95	100m: 1:03.12 33.17	150m: 1:37.75 34.63	200m: 2:12.96 35.21		

Prova 8
21-12-2018 - 10:30

Femin., 50m Mariposa

Absolutos
Resultados Elimin

RN25 Absoluto	26.78	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	16-12-2010
RN25 Sen	26.78	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	16-12-2010
RN25 Jun17	27.32	CRUZ Sara Francisco	ADBA	Leiria	06-12-2009
RN25 Jun16	27.57	TIAGO Filipa Vilas	SCP	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	GUEDES Ana Margarida	01	Ginasio de Vila Real	27.30	+0,64 Q	712
2.	FERNANDES Ines Camacho	97	Sporting	27.72	+0,71 Q	680
3.	TIAGO Filipa Vilas	94	Benfica	28.05	+0,70 Q	656
4.	MONTEIRO Ana Catarina	93	Vilacondense	28.17	+0,71 Q	648
5.	VIEGAS Beatriz Mendes	00	Sporting	28.53	+0,59 Q	624
6.	CASTRO Adriana Daniela	97	Leixoes	28.76	+0,66 Q	609
7.	HENRIQUES Ines Jacinto	00	Sporting	28.77	+0,75 Q	608
8.	MARTINS Ana Beatriz	99	Famalicao	28.88	+0,76 Q	601
9.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	28.92	+0,80 R	599
10.	ROLAO Sofia Alexandra	98	Benfica	29.21	+0,75 R	581
11.	BARATA Barbara Sofia	97	Alges	29.24	+0,71	579
12.	CRAVEIRO Beatriz Neves	97	Academica de Coimbra	29.55	+0,75	561
13.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	29.59	+0,80	559
14.	GOMES Susana Clara	77	Naval do Funchal	29.72	+0,71	552
15.	NEVES Ana Carolina	00	Academica de Coimbra	29.90	+0,75	542
16.	NOBREGA Ana Sofia	90	Ginasio de Vila Real	29.95	+0,78	539
17.	PINTO Sofia Gales	01	Colegio SMLamas	29.97	+0,85	538
18.	MENDES Mariana Sebastiao	01	Portinado	29.98	+0,71	537
19.	SILVA Maria Madalena	98	Braga	30.16	+0,72	528
20.	SIMÕES Bruna Andreia	01	Nautico Marinha Grande	30.22	+0,69	525

Juniores

1.	MADEIRA Claudia Isabel	02	Clube de Vouzela	28.71	+0,81 Q	612
2.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	28.81	+0,72 Q	605
3.	TEJO Beatriz Costa	02	Academica de Coimbra	28.86	+0,67 Q	602
4.	SOARES Catarina Silva	03	Porto	28.87	+0,70 Q	602
5.	GRAVETO Ana Raquel	02	Benfica	28.92	+0,79 Q	599
6.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	29.19	+0,79 Q	582
7.	ANDRE Leticia Maia	02	Benfica	29.21	+0,68 Q	581
8.	PEIXEIRA Filipa Ramos	03	Sporting	29.41	+0,91 Q	569
9.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	29.45	+0,79 R	567
10.	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	29.59	+0,94 R	559
11.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	29.62	+0,75	557
12.	BARBOSA Mariana Fernandes	02	Porto	29.77	+0,72	549
13.	AMANTES Beatriz Quintao	03	Uniao Piedense	29.91	+0,78	541
14.	MACHADO Carolina Alexandra	03	Natacao de Beja	30.11	+0,74	530
15.	PINTO Mafalda Marques	02	Sporting	30.13	+0,71	529
16.	CORREIA Rute Ferreira	03	Clube de Vouzela	30.22	+0,89	525

Prova 8, Femin., 50m Mariposa, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
17.	LOPES Sara Santos	03	Bairro dos Anjos/ Leiria	30.30	+0,90	520
18.	CARVALHO Maria Joao	02	Portinado	30.34	+0,72	518
19.	JUNQUEIRA Sofia Ribeiro	02	Bairro dos Anjos/ Leiria	30.37	+0,73	517
20.	SEVERINO Isis Sousa	02	Louletano / Loule Concelho	30.45	+0,72	513
21.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	30.82	+0,85	494
22.	DOMINGUES Matilde Mota	03	Colegio SMLamas	30.84	+0,72	494
23.	RIBEIRO Nina Pinto	02	Foca	30.90	+0,76	491
24.	TOME Madalena Rodrigues	03	Bombeiros Estoris	31.22	+0,77	476
25.	CAZEIRO Filipa Inacio	02	AONDA-Azeitao	31.25	+0,72	474
26.	PAULO Maria Oliveira	02	Desportivo de Sesimbra	31.35	+0,83	470
DNS	BELO Rita Afonso	02	Benedita			

Prova 9

Masc., 50m Mariposa

Absolutos

21-12-2018 - 10:40

Resultados Elimin

RN25 Absoluto	23.48	PEREIRA Luiz Pedro	POR	Budapest (HUN)	06-10-2018
RN25 Sen	23.48	PEREIRA Luiz Pedro	POR	Budapest (HUN)	06-10-2018
RN25 Jun18	24.68	ASCENSAO Joao Miguel	FCP	Porto	21-12-2014
RN25 Jun17	25.29	WEUSTINK Koen	GCVR	Mirandela	19-03-2017
RN S15	26.84	NEVES Tiago Correia	CFB	Algés	19-11-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	PEREIRA Luiz Pedro	91	Benfica	24.12	+0,70 Q	738
2.	SANTOS Alexis Manacas	92	Sporting	24.62	+0,67 Q	694
3.	MOGNE Igor Araujo	96	Sporting	24.77	+0,74 Q	681
4.	SANTOS Pedro Andre	94	Alges	24.79	+0,76 Q	680
5.	LINO Rafael	99	Porto	24.88	+0,66 Q	672
6.	FERNANDES Pedro Miguel	99	Famalicao	25.14	+0,74 Q	652
7.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	25.23	+0,67 Q	645
8.	CARVALHO Andre Antunes	96	Sporting	25.25	+0,70 Q	643
9.	QUINTANILHA Nuno Goncalo	87	Belenenses	25.41	+0,73 R	631
10.	DIAS Guilherme Pereira	97	Benfica	25.44	+0,80 R	629
11.	ALBUQUERQUE Rodrigo Carlos	97	Braga	25.68	+0,69	611
12.	GRACA Nuno Miguel	98	Desportiva de Viana	25.72	+0,74	608
13.	LOPES David Granja	90	AONDA-Azeitao	25.75	+0,68	606

Prova 9, Masc., 50m Mariposa, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
14.	MARQUES Miguel Henriques	00	Benfica	25.86	+0,74	599
15.	WEUSTINK Koen	00	Ginasio de Vila Real	25.90	+0,80	596
16.	FERNANDES Joao Vitor	00	Escola O Liceu	26.06	+0,71	585
17.	SEQUEIRA Afonso Meneses	99	Naval do Funchal	26.18	+0,73	577
18.	MARQUES Miguel Freitas	96	Escola O Liceu	26.24	+0,65	573

Juniores

1.	SOUSA Joao Ribeiro	01	Porto	25.40	+0,66 Q	632
2.	LOPES Tomas Teixeira	02	Foca	25.93	+0,66 Q	594
3.	GOMES Vicente Oliveira	02	Sporting	26.03	+0,78 Q	587
4.	PELAIO Jose Pedro	01	Galitos / Bresimar	26.04	+0,66 Q	586
5.	LOURENCO Tiago Campos	02	Natacao de Valongo	26.13	+0,79 Q	580
	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos	26.13	+0,70 Q	580
7.	COSTA Diogo Santos	02	Colegio Monte Maior	26.15	+0,70 Q	579
8.	FERREIRA Ricardo Pinela	01	Benfica	26.21	+0,68 Q	575
9.	AGUIAR Gabriel Silva	01	Porto	26.27	+0,61 R	571
10.	LOPES Carlos Filipe	01	Uniao Piedense	26.28	+0,72 R	570
11.	FREIRE Carlos Marques	01	Belenenses	26.76	+0,72	540
12.	CUNHA Jose Miguel	01	Fundacao Beatriz Santos	26.92	+0,70	531
EXH	SILVA Glauber	86	Foca	23.48	+0,71	800
EXH	NEVES Tiago Correia	97	Belenenses	26.42	+0,62	561
	<i>Rec Nacional S15,</i>					
EXH	CANCELA Diogo Luis	02	Miranda do Corvo	30.97	+0,76	348

Prova 10
21-12-2018 - 10:50

Femin., 400m Estilos

Absolutos
Resultados

RN25 Absoluto	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Sen	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Jun17	4:46.89	ROCHA Ines Neto	CAP	Felgueiras	15-04-2018
RN25 Jun16	4:50.85	DURAES Diana Margarida	FOCA	Silves	02-12-2011

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	DURAES Diana Margarida	96	Benfica	4:39.19	+0,73	797
	50m: 30.35 30.35	150m: 1:40.24 36.07	250m: 2:56.23 40.15	350m: 4:08.12 31.96		
	100m: 1:04.17 33.82	200m: 2:16.08 35.84	300m: 3:36.16 39.93	400m: 4:39.19 31.07		
2.	MONTEIRO Ana Catarina	93	Vilacondense	4:42.89	+0,73	766
	50m: 29.31 29.31	150m: 1:38.52 37.23	250m: 2:56.12 41.09	350m: 4:10.33 33.43		
	100m: 1:01.29 31.98	200m: 2:15.03 36.51	300m: 3:36.90 40.78	400m: 4:42.89 32.56		
3.	HENRIQUES Ines Jacinto	00	Sporting	4:47.16	+0,75	733
	50m: 29.86 29.86	150m: 1:39.75 36.52	250m: 2:58.60 42.64	350m: 4:14.53 33.22		
	100m: 1:03.23 33.37	200m: 2:15.96 36.21	300m: 3:41.31 42.71	400m: 4:47.16 32.63		
4.	MACHADO Luisa Maria	01	Uniao Piedense	4:51.34	+0,91	702
	50m: 30.83 30.83	150m: 1:44.71 38.31	250m: 3:02.25 39.81	350m: 4:17.92 34.44		
	100m: 1:06.40 35.57	200m: 2:22.44 37.73	300m: 3:43.48 41.23	400m: 4:51.34 33.42		
5.	ANDRE Angelica Maria	94	Fluvial Portuense	4:55.76	+0,73	671
	50m: 31.30 31.30	150m: 1:46.83 40.13	250m: 3:06.46 40.78	350m: 4:21.51 34.08		
	100m: 1:06.70 35.40	200m: 2:25.68 38.85	300m: 3:47.43 40.97	400m: 4:55.76 34.25		
6.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	4:58.95	+0,86	649
	50m: 30.72 30.72	150m: 1:45.02 39.60	250m: 3:06.18 43.11	350m: 4:24.87 35.19		
	100m: 1:05.42 34.70	200m: 2:23.07 38.05	300m: 3:49.68 43.50	400m: 4:58.95 34.08		
7.	RIBEIRO Margarida Messias	98	Geslours	5:06.33	+0,75	603
	50m: 33.77 33.77	150m: 1:51.90 40.00	250m: 3:13.84 42.97	350m: 4:33.08 35.39		
	100m: 1:11.90 38.13	200m: 2:30.87 38.97	300m: 3:57.69 43.85	400m: 5:06.33 33.25		
8.	BERNARDO Ines Silva	00	Benfica	5:07.56	+0,78	596
	50m: 32.28 32.28	150m: 1:49.57 40.47	250m: 3:12.90 43.46	350m: 4:32.31 35.87		
	100m: 1:09.10 36.82	200m: 2:29.44 39.87	300m: 3:56.44 43.54	400m: 5:07.56 35.25		

Juniores

1.	PINA Ana Sofia	02	O Crasto	4:49.99	+0,75	711
	50m: 30.50 30.50	150m: 1:43.07 37.56	250m: 3:01.10 41.31	350m: 4:17.34 33.79		
	100m: 1:05.51 35.01	200m: 2:19.79 36.72	300m: 3:43.55 42.45	400m: 4:49.99 32.65		
2.	CARDEAL Joana Nunes	02	Academico Viseu	4:50.46	+0,85	708
	50m: 31.14 31.14	150m: 1:45.07 38.90	250m: 3:02.96 41.20	350m: 4:18.59 33.71		
	100m: 1:06.17 35.03	200m: 2:21.76 36.69	300m: 3:44.88 41.92	400m: 4:50.46 31.87		
3.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	4:51.74	+0,82	699
	50m: 30.87 30.87	150m: 1:44.89 38.39	250m: 3:04.28 41.52	350m: 4:19.48 33.45		
	100m: 1:06.50 35.63	200m: 2:22.76 37.87	300m: 3:46.03 41.75	400m: 4:51.74 32.26		
4.	SOUSA Ana Reis	02	Alges	4:53.29	+0,76	688
	50m: 31.61 31.61	150m: 1:45.86 38.17	250m: 3:04.33 41.75	350m: 4:20.41 32.89		
	100m: 1:07.69 36.08	200m: 2:22.58 36.72	300m: 3:47.52 43.19	400m: 4:53.29 32.88		

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 10, Femin., 400m Estilos, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	4:54.82	+0,79	677
	50m: 31.68 31.68	150m: 1:46.05 38.41	250m: 3:05.04 41.45	350m: 4:21.73 34.51		
	100m: 1:07.64 35.96	200m: 2:23.59 37.54	300m: 3:47.22 42.18	400m: 4:54.82 33.09		
6.	MARTINS Joana Ribeiro	03	Benfica	5:04.72	+0,87	613
	50m: 32.13 32.13	150m: 1:47.35 38.45	250m: 3:10.82 45.51	350m: 4:31.02 35.02		
	100m: 1:08.90 36.77	200m: 2:25.31 37.96	300m: 3:56.00 45.18	400m: 5:04.72 33.70		
7.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	5:06.78	+0,74	601
	50m: 32.69 32.69	150m: 1:48.82 39.53	250m: 3:12.47 44.07	350m: 4:32.02 35.78		
	100m: 1:09.29 36.60	200m: 2:28.40 39.58	300m: 3:56.24 43.77	400m: 5:06.78 34.76		
8.	SILVA Natacha Sofia	02	Benfica	5:09.34	+0,82	586
	50m: 32.80 32.80	150m: 1:51.30 40.72	250m: 3:13.90 42.14	350m: 4:34.05 36.33		
	100m: 1:10.58 37.78	200m: 2:31.76 40.46	300m: 3:57.72 43.82	400m: 5:09.34 35.29		
9.	AMORIM Maria Leonor	03	Porto	5:09.54	+0,74	585
	50m: 31.88 31.88	150m: 1:50.07 39.74	250m: 3:13.26 44.46	350m: 4:35.14 36.31		
	100m: 1:10.33 38.45	200m: 2:28.80 38.73	300m: 3:58.83 45.57	400m: 5:09.54 34.40		
10.	NEVES Sara Dias	03	Miranda do Corvo	5:09.95	+0,85	583
	50m: 33.40 33.40	150m: 1:50.77 39.13	250m: 3:13.96 43.66	350m: 4:34.66 36.30		
	100m: 1:11.64 38.24	200m: 2:30.30 39.53	300m: 3:58.36 44.40	400m: 5:09.95 35.29		
11.	FIAL Sofia Nunes	03	Estamos Juntos	5:10.35	+0,83	580
	50m: 33.64 33.64	150m: 1:53.57 40.54	250m: 3:16.02 42.32	350m: 4:35.70 35.71		
	100m: 1:13.03 39.39	200m: 2:33.70 40.13	300m: 3:59.99 43.97	400m: 5:10.35 34.65		
12.	CASTRO Maria Freitas	03	Fafe	5:13.50	+0,76	563
	50m: 34.40 34.40	150m: 1:54.69 41.40	250m: 3:18.80 43.60	350m: 4:38.83 36.36		
	100m: 1:13.29 38.89	200m: 2:35.20 40.51	300m: 4:02.47 43.67	400m: 5:13.50 34.67		
13.	SILVA Eduarda Reis	03	Famalicao	5:16.10	+0,74	549
	50m: 32.17 32.17	150m: 1:50.09 41.52	250m: 3:17.11 46.03	350m: 4:40.80 37.01		
	100m: 1:08.57 36.40	200m: 2:31.08 40.99	300m: 4:03.79 46.68	400m: 5:16.10 35.30		
14.	MARQUES Mariana Nunes	03	Estarreja	5:16.80	+0,75	546
	50m: 33.25 33.25	150m: 1:52.29 39.95	250m: 3:17.40 46.22	350m: 4:42.49 37.86		
	100m: 1:12.34 39.09	200m: 2:31.18 38.89	300m: 4:04.63 47.23	400m: 5:16.80 34.31		
15.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	5:18.11	+0,64	539
	50m: 32.86 32.86	150m: 1:51.74 41.47	250m: 3:17.30 44.00	350m: 4:40.79 38.34		
	100m: 1:10.27 37.41	200m: 2:33.30 41.56	300m: 4:02.45 45.15	400m: 5:18.11 37.32		
16.	SOUZA Ines Matos	03	Uniao Coimbra	5:23.24	+0,84	514
	50m: 34.18 34.18	150m: 1:54.21 41.43	250m: 3:23.14 47.54	350m: 4:47.21 36.19		
	100m: 1:12.78 38.60	200m: 2:35.60 41.39	300m: 4:11.02 47.88	400m: 5:23.24 36.03		
17.	LIMA Jessica Soares	02	Braga	5:23.32	+0,88	513
	50m: 33.42 33.42	150m: 1:54.01 41.62	250m: 3:21.37 46.13	350m: 4:46.14 37.24		
	100m: 1:12.39 38.97	200m: 2:35.24 41.23	300m: 4:08.90 47.53	400m: 5:23.32 37.18		

DNS QUEIROZ Ana Rita 02 Condeixa Clube

Prova 11
21-12-2018 - 11:10

Masc., 400m Estilos

Absolutos
Resultados

RN25 Absoluto	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Sen	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto	11-12-2015
RN25 Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto	19-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	LOPES Gabriel Jose <i>Minimos CEuropa PC</i>	97	Louzan Natacao/EFAPEL	4:08.36	+0,69	852
	50m: 27.33 27.33	150m: 1:30.30 31.86	250m: 2:35.78 34.08	350m: 3:39.64 29.32		
	100m: 58.44 31.11	200m: 2:01.70 31.40	300m: 3:10.32 34.54	400m: 4:08.36 28.72		
2.	LOPES Jose Paulo <i>Minimos CEuropa PC</i>	00	Braga	4:10.46	+0,62	831
	50m: 27.26 27.26	150m: 1:30.74 32.30	250m: 2:37.17 34.54	350m: 3:42.07 29.75		
	100m: 58.44 31.18	200m: 2:02.63 31.89	300m: 3:12.32 35.15	400m: 4:10.46 28.39		
3.	VELOSO Tomas Miguel <i>Minimos CEuropa PC</i>	96	Nautico Academico	4:13.04	+0,68	806
	50m: 27.53 27.53	150m: 1:31.90 33.33	250m: 2:39.02 34.10	350m: 3:44.31 30.64		
	100m: 58.57 31.04	200m: 2:04.92 33.02	300m: 3:13.67 34.65	400m: 4:13.04 28.73		
4.	RAMOS Bruno Miguel	97	Belenenses	4:14.92	+0,66	788
	50m: 26.99 26.99	150m: 1:30.18 32.07	250m: 2:37.76 35.66	350m: 3:45.23 30.54		
	100m: 58.11 31.12	200m: 2:02.10 31.92	300m: 3:14.69 36.93	400m: 4:14.92 29.69		
5.	CARVALHO Jose Paula	98	Benfica	4:18.69	+0,70	754
	50m: 27.79 27.79	150m: 1:32.24 33.62	250m: 2:41.74 36.62	350m: 3:49.68 30.35		
	100m: 58.62 30.83	200m: 2:05.12 32.88	300m: 3:19.33 37.59	400m: 4:18.69 29.01		
6.	PINOTES Pedro Miguel	89	Sporting	4:23.94	+0,78	710
	50m: 28.01 28.01	150m: 1:35.07 34.90	250m: 2:45.53 35.92	350m: 3:53.80 32.09		
	100m: 1:00.17 32.16	200m: 2:09.61 34.54	300m: 3:21.71 36.18	400m: 4:23.94 30.14		
7.	BASTOS Lucas Pereira	00	Nautico Academico	4:24.53	+0,72	705
	50m: 28.30 28.30	150m: 1:35.30 34.64	250m: 2:45.73 36.28	350m: 3:54.00 30.64		
	100m: 1:00.66 32.36	200m: 2:09.45 34.15	300m: 3:23.36 37.63	400m: 4:24.53 30.53		
8.	DANTAS Diogo Leal	00	Sporting	4:25.61	+0,65	697
	50m: 27.40 27.40	150m: 1:32.69 34.17	250m: 2:44.03 37.29	350m: 3:54.54 32.11		
	100m: 58.52 31.12	200m: 2:06.74 34.05	300m: 3:22.43 38.40	400m: 4:25.61 31.07		
9.	SAMPAIO Jose Pedro	98	Fluvial Portuense	4:30.20	+0,75	662
	50m: 27.83 27.83	150m: 1:34.61 34.62	250m: 2:48.09 38.93	350m: 3:59.29 31.26		
	100m: 59.99 32.16	200m: 2:09.16 34.55	300m: 3:28.03 39.94	400m: 4:30.20 30.91		
10.	BESSA Antonio Rafael	94	Aquatico Pacense	4:30.28	+0,72	661
	50m: 28.29 28.29	150m: 1:33.93 34.15	250m: 2:46.76 38.89	350m: 3:57.69 32.30		
	100m: 59.78 31.49	200m: 2:07.87 33.94	300m: 3:25.39 38.63	400m: 4:30.28 32.59		
11.	CATALAO Daniel Nogueira	00	Benfica	4:31.33	+0,61	653
	50m: 28.05 28.05	150m: 1:35.35 34.66	250m: 2:47.42 37.18	350m: 3:58.75 32.99		
	100m: 1:00.69 32.64	200m: 2:10.24 34.89	300m: 3:25.76 38.34	400m: 4:31.33 32.58		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 11, Masc., 400m Estilos, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
12.	PINTO Antonio Fernando	99	Benfica	4:33.15	+0,77	640
	50m: 27.63 27.63	150m: 1:34.97 35.73	250m: 2:47.89 38.11	350m: 4:01.22 33.40		
	100m: 59.24 31.61	200m: 2:09.78 34.81	300m: 3:27.82 39.93	400m: 4:33.15 31.93		
13.	GASPAR Miguel Caridade	99	Academica de Coimbra	4:34.02	+0,81	634
	50m: 30.31 30.31	150m: 1:40.61 35.74	250m: 2:52.76 37.03	350m: 4:02.95 32.75		
	100m: 1:04.87 34.56	200m: 2:15.73 35.12	300m: 3:30.20 37.44	400m: 4:34.02 31.07		
14.	NUNES Rafael Filipe	96	Benfica	4:37.41	+0,68	611
	50m: 29.28 29.28	150m: 1:38.57 36.44	250m: 2:53.66 39.08	350m: 4:06.40 33.33		
	100m: 1:02.13 32.85	200m: 2:14.58 36.01	300m: 3:33.07 39.41	400m: 4:37.41 31.01		
15.	PERLOIRO Bernardo Garcia	00	Sporting	4:40.60	+0,76	591
	50m: 29.66 29.66	150m: 1:38.74 35.29	250m: 2:54.16 39.17	350m: 4:08.02 33.18		
	100m: 1:03.45 33.79	200m: 2:14.99 36.25	300m: 3:34.84 40.68	400m: 4:40.60 32.58		
16.	JOAQUIM Andre Serro	00	Portinado	4:40.79	+0,74	589
	50m: 29.13 29.13	150m: 1:38.84 35.97	250m: 2:56.06 40.94	350m: 4:09.61 31.86		
	100m: 1:02.87 33.74	200m: 2:15.12 36.28	300m: 3:37.75 41.69	400m: 4:40.79 31.18		
17.	SILVA Paulo Filipe	98	Natacao da Maia	4:40.95	+0,76	588
	50m: 29.33 29.33	150m: 1:38.81 35.96	250m: 2:53.46 39.00	350m: 4:08.99 33.95		
	100m: 1:02.85 33.52	200m: 2:14.46 35.65	300m: 3:35.04 41.58	400m: 4:40.95 31.96		
18.	TOMAS Francisco Xavier	00	Alcobaca	4:41.46	+0,86	585
	50m: 29.84 29.84	150m: 1:41.98 37.56	250m: 2:57.07 39.44	350m: 4:09.68 32.97		
	100m: 1:04.42 34.58	200m: 2:17.63 35.65	300m: 3:36.71 39.64	400m: 4:41.46 31.78		

DSQ ALVES Nuno Rafael 90 Aquatico Pacense
616 - O atleta efectuou a chegada totalmente submerso - SW 6.3, (costas)

DNS LUZ Filipe Ferreira 98 Geslours

Juniores

1.	SILVA Tomas Antonio	01	Naval do Funchal	4:26.56	+0,70	689
	50m: 28.46 28.46	150m: 1:35.28 33.89	250m: 2:46.42 36.71	350m: 3:55.40 31.47		
	100m: 1:01.39 32.93	200m: 2:09.71 34.43	300m: 3:23.93 37.51	400m: 4:26.56 31.16		
2.	CRISTINO David Matias	01	Uniao Piedense	4:28.61	+0,82	673
	50m: 28.59 28.59	150m: 1:35.52 33.90	250m: 2:48.08 39.65	350m: 3:58.52 30.92		
	100m: 1:01.62 33.03	200m: 2:08.43 32.91	300m: 3:27.60 39.52	400m: 4:28.61 30.09		
3.	FERNANDES Eduardo Gomes	02	Sporting	4:30.94	+0,79	656
	50m: 28.86 28.86	150m: 1:35.80 34.12	250m: 2:48.50 39.37	350m: 4:00.17 31.73		
	100m: 1:01.68 32.82	200m: 2:09.13 33.33	300m: 3:28.44 39.94	400m: 4:30.94 30.77		
4.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:31.96	+0,78	649
	50m: 29.59 29.59	150m: 1:38.61 36.11	250m: 2:52.89 39.32	350m: 4:02.93 30.80		
	100m: 1:02.50 32.91	200m: 2:13.57 34.96	300m: 3:32.13 39.24	400m: 4:31.96 29.03		

Prova 11, Masc., 400m Estilos, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	GOMES Vicente Oliveira	02	Sporting	4:36.50	+0,78	617
	50m: 28.81 28.81	150m: 1:37.53 35.43	250m: 2:53.63 40.69	350m: 4:05.17 30.46		
	100m: 1:02.10 33.29	200m: 2:12.94 35.41	300m: 3:34.71 41.08	400m: 4:36.50 31.33		
6.	DOMINGOS Ruy Manuel	02	Sporting	4:39.62	+0,70	597
	50m: 28.62 28.62	150m: 1:36.24 35.23	250m: 2:52.82 41.52	350m: 4:07.73 33.49		
	100m: 1:01.01 32.39	200m: 2:11.30 35.06	300m: 3:34.24 41.42	400m: 4:39.62 31.89		
7.	CABRITO Rodrigo Almeida	01	Belenenses	4:41.44	+0,68	585
	50m: 28.77 28.77	150m: 1:41.71 37.39	250m: 2:55.57 36.63	350m: 4:08.48 34.22		
	100m: 1:04.32 35.55	200m: 2:18.94 37.23	300m: 3:34.26 38.69	400m: 4:41.44 32.96		
8.	MONTEIRO Tomas Penha	02	Alges	4:43.52	+0,72	573
	50m: 30.85 30.85	150m: 1:42.08 36.90	250m: 2:59.07 41.00	350m: 4:12.31 31.65		
	100m: 1:05.18 34.33	200m: 2:18.07 35.99	300m: 3:40.66 41.59	400m: 4:43.52 31.21		
9.	PINTO Pedro Miguel	02	Sporting	4:44.05	+0,82	569
	50m: 29.01 29.01	150m: 1:39.13 36.69	250m: 2:55.87 40.28	350m: 4:11.32 34.14		
	100m: 1:02.44 33.43	200m: 2:15.59 36.46	300m: 3:37.18 41.31	400m: 4:44.05 32.73		
10.	MALFEITO Martim Rebelo	02	Sporting	4:44.78	+0,74	565
	50m: 30.09 30.09	150m: 1:43.64 39.15	250m: 3:01.05 39.01	350m: 4:13.09 32.45		
	100m: 1:04.49 34.40	200m: 2:22.04 38.40	300m: 3:40.64 39.59	400m: 4:44.78 31.69		
11.	COSTA Marco Antonio	02	Natacao Guarda	4:46.96	+0,79	552
	50m: 28.57 28.57	150m: 1:39.93 37.98	250m: 2:59.46 41.31	350m: 4:14.21 32.05		
	100m: 1:01.95 33.38	200m: 2:18.15 38.22	300m: 3:42.16 42.70	400m: 4:46.96 32.75		
12.	PEREIRA Jose Maria	01	Sporting	4:46.99	+0,79	552
	50m: 29.87 29.87	150m: 1:41.00 37.09	250m: 2:59.44 41.89	350m: 4:15.19 33.33		
	100m: 1:03.91 34.04	200m: 2:17.55 36.55	300m: 3:41.86 42.42	400m: 4:46.99 31.80		
13.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	4:51.38	+0,75	527
	50m: 29.79 29.79	150m: 1:42.42 37.96	250m: 3:02.55 42.10	350m: 4:18.57 32.80		
	100m: 1:04.46 34.67	200m: 2:20.45 38.03	300m: 3:45.77 43.22	400m: 4:51.38 32.81		
14.	PEREIRA Bernardo Sousa	01	Pimpoes/Cimai	4:57.09	+0,80	498
	50m: 30.41 30.41	150m: 1:44.42 38.98	250m: 3:04.60 42.00	350m: 4:22.99 34.96		
	100m: 1:05.44 35.03	200m: 2:22.60 38.18	300m: 3:48.03 43.43	400m: 4:57.09 34.10		
DSQ	GORDO Goncalo Morais	02	Colegio Monte Maior			
	615 - Não efectuou movimento continuo e imediato na viragem aos 125 - SW 6.4					

Prova 12
21-12-2018 - 11:30

Femin., 1500m Livres

Absolutos
Resultados

RN25 Absoluto	16:08.10	DURAES Diana Margarida	SLB	Felgueiras	17-11-2018
RN25 Sen	16:08.10	DURAES Diana Margarida	SLB	Felgueiras	17-11-2018
RN25 Jun17	16:11.67	HOLUB Tamila Hryhorivna	SCB	Porto	11-12-2015
RN25 Jun16	16:44.26	HOLUB Tamila Hryhorivna	SCB	Porto	19-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. DURAES Diana Margarida 96 Benfica **15:58.19** +0,73 884

Rec Nacional, Minimos CEuropa PC na passagem aos 800 m

50m:	29.51	29.51	450m:	4:43.53	31.85	850m:	8:59.30	32.14	1250m:	13:17.87	32.36
100m:	1:00.93	31.42	500m:	5:15.37	31.84	900m:	9:31.70	32.40	1300m:	13:50.36	32.49
150m:	1:32.34	31.41	550m:	5:47.02	31.65	950m:	10:04.02	32.32	1350m:	14:22.60	32.24
200m:	2:04.17	31.83	600m:	6:18.95	31.93	1000m:	10:36.25	32.23	1400m:	14:54.98	32.38
250m:	2:36.07	31.90	650m:	6:50.94	31.99	1050m:	11:08.53	32.28	1450m:	15:27.17	32.19
300m:	3:07.96	31.89	700m:	7:23.01	32.07	1100m:	11:40.87	32.34	1500m:	15:58.19	31.02
350m:	3:39.82	31.86	750m:	7:55.09	32.08	1150m:	12:13.22	32.35			
400m:	4:11.68	31.86	800m:	8:27.16	32.07	1200m:	12:45.51	32.29			

2. HOLUB Tamila Hryhorivna 99 Braga **16:17.11** +0,77 833

Minimos CEuropa PC na passagem aos 800 m

50m:	29.47	29.47	450m:	4:45.00	32.33	850m:	9:06.83	32.68	1250m:	13:31.59	33.12
100m:	1:01.23	31.76	500m:	5:17.56	32.56	900m:	9:39.75	32.92	1300m:	14:04.86	33.27
150m:	1:32.88	31.65	550m:	5:50.10	32.54	950m:	10:12.59	32.84	1350m:	14:38.24	33.38
200m:	2:04.60	31.72	600m:	6:22.86	32.76	1000m:	10:45.61	33.02	1400m:	15:11.52	33.28
250m:	2:36.59	31.99	650m:	6:55.57	32.71	1050m:	11:18.67	33.06	1450m:	15:44.91	33.39
300m:	3:08.55	31.96	700m:	7:28.35	32.78	1100m:	11:51.94	33.27	1500m:	16:17.11	32.20
350m:	3:40.49	31.94	750m:	8:01.14	32.79	1150m:	12:25.24	33.30			
400m:	4:12.67	32.18	800m:	8:34.15	33.01	1200m:	12:58.47	33.23			

3. ANDRE Angelica Maria 94 Fluvial Portuense **16:38.85** +0,76 780

50m:	29.65	29.65	450m:	4:53.04	33.27	850m:	9:21.52	33.72	1250m:	13:50.59	33.54
100m:	1:01.45	31.80	500m:	5:26.53	33.49	900m:	9:55.22	33.70	1300m:	14:24.02	33.43
150m:	1:34.12	32.67	550m:	6:00.01	33.48	950m:	10:28.86	33.64	1350m:	14:57.51	33.49
200m:	2:07.12	33.00	600m:	6:33.45	33.44	1000m:	11:02.51	33.65	1400m:	15:31.51	34.00
250m:	2:40.27	33.15	650m:	7:06.96	33.51	1050m:	11:36.11	33.60	1450m:	16:05.33	33.82
300m:	3:13.62	33.35	700m:	7:40.52	33.56	1100m:	12:09.78	33.67	1500m:	16:38.85	33.52
350m:	3:46.70	33.08	750m:	8:14.08	33.56	1150m:	12:43.19	33.41			
400m:	4:19.77	33.07	800m:	8:47.80	33.72	1200m:	13:17.05	33.86			

4. ALVES Sara Sofia 01 Columbofila Cantanhedense **17:16.74** +0,75 698

50m:	30.92	30.92	450m:	4:59.96	33.97	850m:	9:38.61	35.03	1250m:	14:21.17	35.51
100m:	1:03.76	32.84	500m:	5:34.43	34.47	900m:	10:13.66	35.05	1300m:	14:56.57	35.40
150m:	1:36.94	33.18	550m:	6:09.02	34.59	950m:	10:48.87	35.21	1350m:	15:32.23	35.66
200m:	2:10.49	33.55	600m:	6:43.69	34.67	1000m:	11:23.82	34.95	1400m:	16:07.55	35.32
250m:	2:44.30	33.81	650m:	7:18.64	34.95	1050m:	11:59.34	35.52	1450m:	16:42.82	35.27
300m:	3:18.26	33.96	700m:	7:53.55	34.91	1100m:	12:34.93	35.59	1500m:	17:16.74	33.92
350m:	3:52.24	33.98	750m:	8:28.69	35.14	1150m:	13:10.13	35.20			
400m:	4:25.99	33.75	800m:	9:03.58	34.89	1200m:	13:45.66	35.53			

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 12, Femin., 1500m Livres

Juniores

1.	FRAZAO Alexandra Couto	02	Condeixa Clube	16:43.38	+0,81	770
	50m: 31.18 31.18	450m: 4:58.64 33.38	850m: 9:25.61 33.61	1250m: 13:54.40 33.73		
	100m: 1:04.56 33.38	500m: 5:31.89 33.25	900m: 9:59.26 33.65	1300m: 14:28.13 33.73		
	150m: 1:37.69 33.13	550m: 6:05.17 33.28	950m: 10:32.89 33.63	1350m: 15:02.30 34.17		
	200m: 2:10.98 33.29	600m: 6:38.41 33.24	1000m: 11:06.52 33.63	1400m: 15:36.43 34.13		
	250m: 2:44.56 33.58	650m: 7:11.61 33.20	1050m: 11:40.22 33.70	1450m: 16:10.40 33.97		
	300m: 3:18.19 33.63	700m: 7:45.06 33.45	1100m: 12:13.83 33.61	1500m: 16:43.38 32.98		
	350m: 3:51.93 33.74	750m: 8:18.63 33.57	1150m: 12:47.45 33.62			
	400m: 4:25.26 33.33	800m: 8:52.00 33.37	1200m: 13:20.67 33.22			
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	16:48.10	+0,78	759
	50m: 31.06 31.06	450m: 4:59.72 33.54	850m: 9:28.20 33.56	1250m: 13:59.43 34.03		
	100m: 1:04.13 33.07	500m: 5:33.19 33.47	900m: 10:01.97 33.77	1300m: 14:33.43 34.00		
	150m: 1:37.57 33.44	550m: 6:06.78 33.59	950m: 10:35.80 33.83	1350m: 15:07.32 33.89		
	200m: 2:11.11 33.54	600m: 6:40.16 33.38	1000m: 11:09.49 33.69	1400m: 15:41.36 34.04		
	250m: 2:45.05 33.94	650m: 7:13.78 33.62	1050m: 11:43.43 33.94	1450m: 16:15.44 34.08		
	300m: 3:18.81 33.76	700m: 7:47.33 33.55	1100m: 12:17.47 34.04	1500m: 16:48.10 32.66		
	350m: 3:52.56 33.75	750m: 8:20.97 33.64	1150m: 12:51.42 33.95			
	400m: 4:26.18 33.62	800m: 8:54.64 33.67	1200m: 13:25.40 33.98			
3.	QUEIROZ Ana Rita	02	Condeixa Clube	17:01.70	+0,72	729
	50m: 31.07 31.07	450m: 5:00.75 34.24	850m: 9:34.84 34.34	1250m: 14:09.88 34.73		
	100m: 1:04.19 33.12	500m: 5:34.93 34.18	900m: 10:09.11 34.27	1300m: 14:44.47 34.59		
	150m: 1:37.51 33.32	550m: 6:09.01 34.08	950m: 10:43.50 34.39	1350m: 15:18.90 34.43		
	200m: 2:11.23 33.72	600m: 6:43.37 34.36	1000m: 11:17.88 34.38	1400m: 15:53.22 34.32		
	250m: 2:44.97 33.74	650m: 7:17.80 34.43	1050m: 11:51.71 33.83	1450m: 16:27.68 34.46		
	300m: 3:19.02 34.05	700m: 7:51.93 34.13	1100m: 12:25.92 34.21	1500m: 17:01.70 34.02		
	350m: 3:52.78 33.76	750m: 8:25.98 34.05	1150m: 13:00.28 34.36			
	400m: 4:26.51 33.73	800m: 9:00.50 34.52	1200m: 13:35.15 34.87			
4.	RAMOS Ana Rita	02	Porto	17:06.97	+0,82	718
	50m: 31.86 31.86	450m: 5:01.44 33.92	850m: 9:36.07 34.57	1250m: 14:12.28 35.13		
	100m: 1:05.07 33.21	500m: 5:35.73 34.29	900m: 10:10.20 34.13	1300m: 14:47.00 34.72		
	150m: 1:38.66 33.59	550m: 6:09.82 34.09	950m: 10:44.90 34.70	1350m: 15:22.44 35.44		
	200m: 2:12.17 33.51	600m: 6:44.12 34.30	1000m: 11:19.51 34.61	1400m: 15:57.69 35.25		
	250m: 2:46.05 33.88	650m: 7:18.52 34.40	1050m: 11:53.63 34.12	1450m: 16:32.62 34.93		
	300m: 3:19.76 33.71	700m: 7:53.02 34.50	1100m: 12:28.00 34.37	1500m: 17:06.97 34.35		
	350m: 3:53.69 33.93	750m: 8:26.90 33.88	1150m: 13:02.55 34.55			
	400m: 4:27.52 33.83	800m: 9:01.50 34.60	1200m: 13:37.15 34.60			
EXH	CHEROUATI Souad Nefissa	89	Benfica	17:09.84	+0,75	712
	50m: 31.75 31.75	450m: 5:01.84 33.95	850m: 9:36.29 34.58	1250m: 14:14.62 34.85		
	100m: 1:05.12 33.37	500m: 5:35.79 33.95	900m: 10:10.87 34.58	1300m: 14:49.89 35.27		
	150m: 1:38.93 33.81	550m: 6:09.82 34.03	950m: 10:45.54 34.67	1350m: 15:24.77 34.88		
	200m: 2:12.83 33.90	600m: 6:44.19 34.37	1000m: 11:20.37 34.83	1400m: 16:00.12 35.35		
	250m: 2:46.64 33.81	650m: 7:18.63 34.44	1050m: 11:55.04 34.67	1450m: 16:35.41 35.29		
	300m: 3:20.34 33.70	700m: 7:53.02 34.39	1100m: 12:29.78 34.74	1500m: 17:09.84 34.43		
	350m: 3:54.14 33.80	750m: 8:27.23 34.21	1150m: 13:04.57 34.79			
	400m: 4:27.89 33.75	800m: 9:01.71 34.48	1200m: 13:39.77 35.20			

Prova 7 Masc., 200m Costas Juniores
21-12-2018 Resultados Swim Off Elimin

RN25 Absoluto	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (CHN)	16-12-2018
RN25 Jun18	1:58.37	NIZ Adriano Miguel	CFV	Figueira da Foz	03-07-2004
RN25 Jun17	1:59.34	NIZ Adriano Miguel	CFV	Alges	16-05-2003

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	2:06.64	+0,72	580
	50m: 29.48 29.48	100m: 1:01.49 32.01	150m: 1:34.17 32.68	200m: 2:06.64 32.47		
2.	CUNHA Afonso Passos	01	Famalicao	2:08.08	+0,68	560
	50m: 30.55 30.55	100m: 1:02.56 32.01	150m: 1:35.32 32.76	200m: 2:08.08 32.76		

Prova 15 Masc., 4 x 100m Estilos Absolutos
21-12-2018 - 11:50 Resultados

RN25 Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014
RN25 Sen	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014
RN25 Jun	3:50.30	Sporting Clube de Braga	SCB	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Sporting-SEN	Sporting	3:36.01	+0,62	783
	SANTOS Francisco Rogerio	+0,62 25.76 53.85	MOGNE Igor Araujo	+0,55 24.45	52.55
	SANTOS Alexis Manacas	+0,36 28.03 59.76	COSTA Tiago Cunha	+0,31 23.99	49.85
2.	Porto-SEN	Porto	3:42.00	+0,92	722
	NUNES Porfirio Braga	+0,92 27.33 56.91	LINO Rafael	+0,44 25.21	54.92
	AMORIM Alexandre Ferreira	+0,26 28.24 1:00.33	SOARES Tiago Silva	+0,32 23.70	49.84
3.	Alges-SEN	Alges	3:42.30	+0,58	719
	BATE Miguel Ribeiro	+0,58 27.20 56.67	SANTOS Pedro Andre	+0,60 24.74	53.44
	PON Hugo	+0,13 28.36 1:01.65	BATE Afonso Ribeiro	+0,21 23.97	50.54
4.	Belenenses-SEN	Belenenses	3:44.89	+0,59	694
	FERNANDES Joao Diogo	+0,59 27.36 57.47	QUINTANILHA Nuno Goncalo	+0,03 24.63	54.42
	TEIXEIRA Guilherme Miguel	+0,51 29.05 1:02.31	RAMOS Bruno Miguel	+0,30 24.49	50.69
5.	Braga-SEN	Braga	3:49.98	+0,58	649
	LOPES Jose Paulo	+0,58 27.37 56.21	SILVA Jorge Jesus	+0,30 26.87	58.37
	SIMOES Rafael Gomes	28.72 1:02.55	FERNANDES Jose Pedro	+0,14 25.25	52.85
6.	Famalicao-SEN	Famalicao	3:53.02	+0,61	624
	TINOCO Joao Pereira	+0,61 27.37 56.77	SILVA Joao Carlos	+0,28 25.93	56.51
	FARIA Rui Pedro	+0,41 31.16 1:07.35	FERNANDES Pedro Miguel	+0,45 24.64	52.39
7.	AONDA-Azeitao	AONDA-Azeitao	3:59.49	+0,56	575
	MARQUES Diogo Puidival	+0,56 29.67 1:01.95	LOPES David Granja	+0,50 26.04	57.45
	MAGALHAES Andre Filipe	+0,31 30.70 1:07.04	AUGUSTO Bernardo Antunes	+0,22 24.96	53.05

DSQ Benfica-SEN Benfica
704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 150 m - SW 7.1

ROSA Rodrigo Antonio	+0,57 26.62 55.54	PEREIRA Luiz Pedro	+0,26	
NASCIMENTO Miguel Duarte	+0,32	DIAS Guilherme Pereira	+0,41	

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 15, Masc., 4 x 100m Estilos

Juniores

1. Sporting-JUN				Sporting		3:53.32	+0,69	621
DOMINGOS Ruy Manuel	+0,69	29.04	1:00.18	GOMES Vicente Oliveira	+0,43	26.23		56.73
CALDEIRA Goncalo Silveirinha	+0,48	30.40	1:04.93	FERNANDES Eduardo Gomes	+0,39	24.38		51.48
2. Benfica-JUN				Benfica		3:54.01	+0,73	616
AIRES Rafael Alcantara	+0,73	28.00	57.37	FERREIRA Ricardo Pinela	+0,41	25.83		56.08
BERNARDO Joao Silva	+0,36	32.17	1:09.30	LEBRE Diogo Ramos	+0,32	24.62		51.26
3. Uniao Piedense-JUN				Uniao Piedense		3:56.06	+0,69	600
CRISTINO David Matias	+0,69	28.36	57.58	LOPES Carlos Filipe	+0,44	26.08		56.85
BRITO Bernardo Geadá	+0,31	31.05	1:07.88	CAMOES Tiago Maria	+0,41	25.50		53.75
4. Alges-JUN				Alges		3:56.57	+0,61	596
MAGALHAES Hugo Nunes	+0,61	29.05	1:00.94	BRANCO Alexandre Miguel	+0,26	26.91		57.61
FRISCHKNECHT Renato Barros	+0,22	29.35	1:03.74	MONTEIRO Tomas Penha	+0,27	25.74		54.28
5. Porto-JUN				Porto		3:58.14	+0,58	584
GONCALVES Rodrigo Oliveira	+0,58	29.60	1:01.10	AGUIAR Gabriel Silva	+0,42	26.53		57.13
SANTOS Pedro Miguel	+0,11	30.70	1:06.38	SOUSA Joao Ribeiro	+0,33	25.10		53.53
6. Belenenses-JUN				Belenenses		4:00.56	+0,69	567
FREIRE Carlos Marques	+0,69	29.01	1:01.08	JACINTO Rafael Rodrigues	+0,44	27.50	1:00.30	
CABRITO Rodrigo Almeida	+0,44	30.22	1:04.31	BRAS Ricardo Martins	+0,08	25.70		54.87
7. Leixoes-JUN				Leixoes		4:02.87	+0,71	551
BARROSO Bruno Carvalho	+0,71	29.45	1:01.51	RIBEIRO Diogo Filipe	+1,49	27.48		59.46
MENDES Diogo Santos	+0,32	31.12	1:07.31	FREIRE Tiago Mendonca	+0,38	25.71		54.59
8. Vitoria Guimaraes-JUN				Vitoria Guimaraes		4:03.11	+0,62	549
COSTA Joao Nogueira	+0,62	26.91	55.41	MAGALHAES Eduardo Miguel	+0,13	26.31		58.41
MAGALHAES Vitor Pedro	+0,35	32.77	1:11.14	RIBEIRO Jose Carlos	+0,36	27.55		58.15
9. Estarreja-JUN				Estarreja		4:03.89	+0,62	544
FIDALGO Mateus Valente	+0,62	28.60	59.62	SILVA Luis Afonso	+0,16	27.60	1:00.59	
FERREIRA Joao Renato	+0,41	31.05	1:08.80	OLIVEIRA David Miguel	+0,21	25.41		54.88
10. Geslours-JUN				Geslours		4:04.14	+0,62	542
ALFAMA Martim Primavera	+0,62	27.92	57.44	CARVALHO Guilherme Ventura	+0,47	28.63	1:02.86	
SANTOS Afonso Amaro	+0,22	31.57	1:07.75	SOUZA Francisco Alves	+0,70	26.39		56.09
11. Naval do Funchal-JUN				Naval do Funchal		4:04.53	+0,85	540
PITA Diogo Henrique	+0,85	29.64	1:01.58	ALVES Afonso Pinto	+0,17	27.58	1:00.24	
FERNANDES Pedro Pestana	0.00	31.96	1:08.62	DEUS Andre Portugal	+0,06	25.84		54.09
12. Colegio SMLamas-JUN				Colegio SMLamas		4:06.91	+0,56	524
MARTINS Samuel Dias	+0,56	28.98	1:00.21	MARTINS Marcos Dias	+0,49	27.79	1:00.21	
PEREIRA Luis Goncalves	+0,30	32.73	1:11.44	OLIVEIRA Manuel Filipe	+0,26	25.56		55.05
13. Condeixa Clube-JUN				Condeixa Clube		4:07.15	+0,64	523
MIGUEL Tomas Pedrosa	+0,64	29.22	1:01.55	TRAVASSOS Rodrigo Alexandr	+0,27	27.60		59.34
MARQUES Goncalo Silva	+0,30	32.80	1:11.08	FROTA Paulo Andre	+0,27	26.30		55.18
14. Naval Povoense-JUN				Naval Povoense		4:07.85	+0,63	518
ARAUJO Sergio Daniel	+0,63	30.42	1:03.81	AMORIM Henrique Maieiro	+0,33	28.59	1:01.36	
VIEIRA Hugo Azurara	+0,44	31.84	1:08.21	MORIM Pedro Soares	+0,61	26.31		54.47
15. Fluvial Portuense-JUN				Fluvial Portuense		4:09.01	+0,59	511
MACHADO Bruno Rafael	+0,59	28.26	59.45	RIBEIRO Gustavo Francisco	+0,61	28.99	1:03.38	
CUNHA Joao Simons	+0,04	33.19	1:11.71	MAGALHAES Tiago Novais	+0,32	26.01		54.47

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Prova 15, Masc., 4 x 100m Estilos, Juniores

Lugar	Clube	Tempo Final	TReac	FINA		
DSQ	Fundacao Beatriz Santos-JUN	Fundacao Beatriz Santos				
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6						
	DIAS Joao Pedro	+0,70	28.60	59.14	DOMINGUES Ricardo Jorge	+0,41
	PAIS Joao Ventura	+0,37			PEREIRA Joao Neto	+0,11

Prova 16
21-12-2018 - 12:00

Femin., 4 x 100m Estilos

Absolutos Resultados

RN25 Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
RN25 Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
RN25 Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Alges-SEN			Alges	4:10.53	+0,62	726	
	FRISCHKNECHT Rita Barros	+0,62	29.68	1:01.01	BARATA Barbara Sofia	+0,13	29.16	1:03.46
	PEREIRA Raquel Gomes	+0,44	32.33	1:08.54	AZEVEDO Madalena Gomes	+0,27	27.91	57.52
2.	Sporting-SEN			Sporting	4:17.11	+0,58	671	
	FERNANDES Ines Camacho	+0,58	30.38	1:03.71	HENRIQUES Ines Jacinto	+0,41	28.67	1:01.73
	ROSA Maria Carolina	+0,29	34.01	1:14.62	VIEGAS Beatriz Mendes	+0,40	27.33	57.05
3.	Benfica-SEN			Benfica	4:17.70	+0,69	667	
	KAMINSKAYA Victoria	+0,69	31.34	1:04.67	TIAGO Filipa Vilas	+0,48	29.22	1:03.93
	BORGES Claudia Ferreira	+0,42	34.38	1:12.40	DURAES Diana Margarida	+0,23	27.62	56.70
4.	Porto-SEN			Porto	4:20.23	+0,70	648	
	FERREIRA Catarina Maria	+0,70	32.22	1:06.03	CABRAL Maria Francisca	+0,67	29.47	1:03.39
	SILVA Beatriz Santos	+0,47	33.63	1:12.85	FARIA Ana Rita	+0,54	27.76	57.96
5.	Academica de Coimbra-SEN			Academica de Coimbra	4:23.68	+1,02	622	
	NEVES Ana Carolina	+1,02	31.19	1:05.18	CRAVEIRO Beatriz Neves	+0,20	28.78	1:03.10
	DIAS Beatriz Castanheira	+0,32	36.00	1:17.54	MOREIRA Matilde Freitas	+0,13	27.46	57.86
6.	Braga-SEN			Braga	4:27.75	+0,63	594	
	FREIXO Juliana Lima	+0,63	31.63	1:05.47	SILVA Maria Madalena	+0,47	30.76	1:06.12
	FERNANDES Ana Sofia	+0,30	36.27	1:18.86	HOLUB Tamila Hryhorivna	+0,14	26.93	57.30
7.	Laranjeiro-SEN			Laranjeiro	4:35.04	+0,66	548	
	ROLIM Soraia Guerra	+0,66	34.57	1:11.81	NUNES Sofia Alexandra	+0,39	30.14	1:06.54
	RIESENBERGER Bruna Martins	+0,28	34.87	1:15.09	PIRES Carolina Saraiva	+0,27	29.02	1:01.60

Prova 16, Femin., 4 x 100m Estilos

Juniores

1.	Alges-JUN			Alges		4:15.24	+0,76	686
	<i>Rec Nacional</i>							
	AZEVEDO Rafaela Gomes	+0,76	30.18	1:02.31	CRUZ Sara Moura	+0,17	29.60	1:04.88
	PEREIRA Clara Gomes	+0,12	34.27	1:13.06	SOUSA Ana Reis	+0,06	26.58	54.99
2.	Benfica-JUN			Benfica		4:22.73	+0,63	629
	MARTINS Joana Ribeiro	+0,63	32.43	1:06.66	GRAVETO Ana Raquel	+0,68	29.64	1:03.51
	SILVA Natacha Sofia	+0,82	35.08	1:15.46	ANDRE Leticia Maia	+0,17	27.10	57.10
3.	Porto-JUN			Porto		4:25.93	+0,67	607
	RAMOS Ana Rita	+0,67	31.92	1:05.61	BARBOSA Mariana Fernandes	+0,44	29.62	1:03.96
	AMORIM Maria Leonor	+0,51	35.02	1:16.48	SOARES Catarina Silva	+0,55	28.28	59.88
4.	Vitoria Guimaraes-JUN			Vitoria Guimaraes		4:33.84	+0,63	556
	ALMEIDA Catarina Isabel	+0,63	32.84	1:08.17	FERNANDES Filipa Viamonte	+0,32	29.18	1:04.85
	VIEIRA Valeria Goncalves	+0,43	36.05	1:18.32	MACEDO Beatriz Daniela	+0,40	29.40	1:02.50
5.	Natacao de Valongo-JUN			Natacao de Valongo		4:37.07	+0,61	536
	SOARES Carolina Silva	+0,61	33.12	1:07.94	RODRIGUES Daniela Oliveira	+0,39	31.10	1:08.23
	MACHADO Joana Sofia	+0,50	36.30	1:18.06	MOREIRA Mariana Filipa	+0,24	29.80	1:02.84
6.	Geslours-JUN			Geslours		4:40.60	+1,33	516
	NEVES Leonor Maria	+1,33	33.79	1:10.67	FERRO Carolina Ganhao	+0,14	32.03	1:11.12
	HENRIQUES Daniela Mascarenh	+0,41	36.47	1:17.86	REBELO Beatriz Vaz	+0,61	28.85	1:00.95
7.	Louletano / Loule Concelho-JUN			Louletano / Loule Concelho		4:40.94	+0,61	515
	SEVERINO Isis Sousa	+0,61	32.35	1:07.48	FOMINA Anna	+0,47	32.01	1:12.03
	SANTOS Catarina Vitorino	+0,38	36.76	1:20.61	JESUS Maria Crista	+0,43	28.76	1:00.82

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



2 - 1ª Jornada - 2ª Sessão (finais)

21-12-2018 - 17:00

Prova 12	Femin., 1500m Livres					Absolutos
21-12-2018 - 17:00						Resultados
RN25 Absoluto	16:08.10	DURAES Diana Margarida	SLB	Felgueiras		17-11-2018
RN25 Sen	16:08.10	DURAES Diana Margarida	SLB	Felgueiras		17-11-2018
RN25 Jun17	16:11.67	HOLUB Tamila Hryhorivna	SCB	Porto		11-12-2015
RN25 Jun16	16:44.26	HOLUB Tamila Hryhorivna	SCB	Porto		19-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. DURAES Diana Margarida 96 Benfica **15:58.19** +0,73 884

Rec Nacional, Minimos CEuropa PC na passagem aos 800 m

50m:	29.51	29.51	450m:	4:43.53	31.85	850m:	8:59.30	32.14	1250m:	13:17.87	32.36
100m:	1:00.93	31.42	500m:	5:15.37	31.84	900m:	9:31.70	32.40	1300m:	13:50.36	32.49
150m:	1:32.34	31.41	550m:	5:47.02	31.65	950m:	10:04.02	32.32	1350m:	14:22.60	32.24
200m:	2:04.17	31.83	600m:	6:18.95	31.93	1000m:	10:36.25	32.23	1400m:	14:54.98	32.38
250m:	2:36.07	31.90	650m:	6:50.94	31.99	1050m:	11:08.53	32.28	1450m:	15:27.17	32.19
300m:	3:07.96	31.89	700m:	7:23.01	32.07	1100m:	11:40.87	32.34	1500m:	15:58.19	31.02
350m:	3:39.82	31.86	750m:	7:55.09	32.08	1150m:	12:13.22	32.35			
400m:	4:11.68	31.86	800m:	8:27.16	32.07	1200m:	12:45.51	32.29			

2. HOLUB Tamila Hryhorivna 99 Braga **16:17.11** +0,77 833

Minimos CEuropa PC na passagem aos 800 m

50m:	29.47	29.47	450m:	4:45.00	32.33	850m:	9:06.83	32.68	1250m:	13:31.59	33.12
100m:	1:01.23	31.76	500m:	5:17.56	32.56	900m:	9:39.75	32.92	1300m:	14:04.86	33.27
150m:	1:32.88	31.65	550m:	5:50.10	32.54	950m:	10:12.59	32.84	1350m:	14:38.24	33.38
200m:	2:04.60	31.72	600m:	6:22.86	32.76	1000m:	10:45.61	33.02	1400m:	15:11.52	33.28
250m:	2:36.59	31.99	650m:	6:55.57	32.71	1050m:	11:18.67	33.06	1450m:	15:44.91	33.39
300m:	3:08.55	31.96	700m:	7:28.35	32.78	1100m:	11:51.94	33.27	1500m:	16:17.11	32.20
350m:	3:40.49	31.94	750m:	8:01.14	32.79	1150m:	12:25.24	33.30			
400m:	4:12.67	32.18	800m:	8:34.15	33.01	1200m:	12:58.47	33.23			

3. ANDRE Angelica Maria 94 Fluvial Portuense **16:38.85** +0,76 780

50m:	29.65	29.65	450m:	4:53.04	33.27	850m:	9:21.52	33.72	1250m:	13:50.59	33.54
100m:	1:01.45	31.80	500m:	5:26.53	33.49	900m:	9:55.22	33.70	1300m:	14:24.02	33.43
150m:	1:34.12	32.67	550m:	6:00.01	33.48	950m:	10:28.86	33.64	1350m:	14:57.51	33.49
200m:	2:07.12	33.00	600m:	6:33.45	33.44	1000m:	11:02.51	33.65	1400m:	15:31.51	34.00
250m:	2:40.27	33.15	650m:	7:06.96	33.51	1050m:	11:36.11	33.60	1450m:	16:05.33	33.82
300m:	3:13.62	33.35	700m:	7:40.52	33.56	1100m:	12:09.78	33.67	1500m:	16:38.85	33.52
350m:	3:46.70	33.08	750m:	8:14.08	33.56	1150m:	12:43.19	33.41			
400m:	4:19.77	33.07	800m:	8:47.80	33.72	1200m:	13:17.05	33.86			

4. ALVES Sara Sofia 01 Columbofila Cantanhedense **17:16.74** +0,75 698

50m:	30.92	30.92	450m:	4:59.96	33.97	850m:	9:38.61	35.03	1250m:	14:21.17	35.51
100m:	1:03.76	32.84	500m:	5:34.43	34.47	900m:	10:13.66	35.05	1300m:	14:56.57	35.40
150m:	1:36.94	33.18	550m:	6:09.02	34.59	950m:	10:48.87	35.21	1350m:	15:32.23	35.66
200m:	2:10.49	33.55	600m:	6:43.69	34.67	1000m:	11:23.82	34.95	1400m:	16:07.55	35.32
250m:	2:44.30	33.81	650m:	7:18.64	34.95	1050m:	11:59.34	35.52	1450m:	16:42.82	35.27
300m:	3:18.26	33.96	700m:	7:53.55	34.91	1100m:	12:34.93	35.59	1500m:	17:16.74	33.92
350m:	3:52.24	33.98	750m:	8:28.69	35.14	1150m:	13:10.13	35.20			
400m:	4:25.99	33.75	800m:	9:03.58	34.89	1200m:	13:45.66	35.53			

Prova 12, Femin., 1500m Livres

Juniores

1.	FRAZAO Alexandra Couto	02	Condeixa Clube	16:43.38	+0,81	770
	50m: 31.18 31.18	450m: 4:58.64 33.38	850m: 9:25.61 33.61	1250m: 13:54.40 33.73		
	100m: 1:04.56 33.38	500m: 5:31.89 33.25	900m: 9:59.26 33.65	1300m: 14:28.13 33.73		
	150m: 1:37.69 33.13	550m: 6:05.17 33.28	950m: 10:32.89 33.63	1350m: 15:02.30 34.17		
	200m: 2:10.98 33.29	600m: 6:38.41 33.24	1000m: 11:06.52 33.63	1400m: 15:36.43 34.13		
	250m: 2:44.56 33.58	650m: 7:11.61 33.20	1050m: 11:40.22 33.70	1450m: 16:10.40 33.97		
	300m: 3:18.19 33.63	700m: 7:45.06 33.45	1100m: 12:13.83 33.61	1500m: 16:43.38 32.98		
	350m: 3:51.93 33.74	750m: 8:18.63 33.57	1150m: 12:47.45 33.62			
	400m: 4:25.26 33.33	800m: 8:52.00 33.37	1200m: 13:20.67 33.22			
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	16:48.10	+0,78	759
	50m: 31.06 31.06	450m: 4:59.72 33.54	850m: 9:28.20 33.56	1250m: 13:59.43 34.03		
	100m: 1:04.13 33.07	500m: 5:33.19 33.47	900m: 10:01.97 33.77	1300m: 14:33.43 34.00		
	150m: 1:37.57 33.44	550m: 6:06.78 33.59	950m: 10:35.80 33.83	1350m: 15:07.32 33.89		
	200m: 2:11.11 33.54	600m: 6:40.16 33.38	1000m: 11:09.49 33.69	1400m: 15:41.36 34.04		
	250m: 2:45.05 33.94	650m: 7:13.78 33.62	1050m: 11:43.43 33.94	1450m: 16:15.44 34.08		
	300m: 3:18.81 33.76	700m: 7:47.33 33.55	1100m: 12:17.47 34.04	1500m: 16:48.10 32.66		
	350m: 3:52.56 33.75	750m: 8:20.97 33.64	1150m: 12:51.42 33.95			
	400m: 4:26.18 33.62	800m: 8:54.64 33.67	1200m: 13:25.40 33.98			
3.	QUEIROZ Ana Rita	02	Condeixa Clube	17:01.70	+0,72	729
	50m: 31.07 31.07	450m: 5:00.75 34.24	850m: 9:34.84 34.34	1250m: 14:09.88 34.73		
	100m: 1:04.19 33.12	500m: 5:34.93 34.18	900m: 10:09.11 34.27	1300m: 14:44.47 34.59		
	150m: 1:37.51 33.32	550m: 6:09.01 34.08	950m: 10:43.50 34.39	1350m: 15:18.90 34.43		
	200m: 2:11.23 33.72	600m: 6:43.37 34.36	1000m: 11:17.88 34.38	1400m: 15:53.22 34.32		
	250m: 2:44.97 33.74	650m: 7:17.80 34.43	1050m: 11:51.71 33.83	1450m: 16:27.68 34.46		
	300m: 3:19.02 34.05	700m: 7:51.93 34.13	1100m: 12:25.92 34.21	1500m: 17:01.70 34.02		
	350m: 3:52.78 33.76	750m: 8:25.98 34.05	1150m: 13:00.28 34.36			
	400m: 4:26.51 33.73	800m: 9:00.50 34.52	1200m: 13:35.15 34.87			
4.	RAMOS Ana Rita	02	Porto	17:06.97	+0,82	718
	50m: 31.86 31.86	450m: 5:01.44 33.92	850m: 9:36.07 34.57	1250m: 14:12.28 35.13		
	100m: 1:05.07 33.21	500m: 5:35.73 34.29	900m: 10:10.20 34.13	1300m: 14:47.00 34.72		
	150m: 1:38.66 33.59	550m: 6:09.82 34.09	950m: 10:44.90 34.70	1350m: 15:22.44 35.44		
	200m: 2:12.17 33.51	600m: 6:44.12 34.30	1000m: 11:19.51 34.61	1400m: 15:57.69 35.25		
	250m: 2:46.05 33.88	650m: 7:18.52 34.40	1050m: 11:53.63 34.12	1450m: 16:32.62 34.93		
	300m: 3:19.76 33.71	700m: 7:53.02 34.50	1100m: 12:28.00 34.37	1500m: 17:06.97 34.35		
	350m: 3:53.69 33.93	750m: 8:26.90 33.88	1150m: 13:02.55 34.55			
	400m: 4:27.52 33.83	800m: 9:01.50 34.60	1200m: 13:37.15 34.60			
EXH	CHEROUATI Souad Nefissa	89	Benfica	17:09.84	+0,75	712
	50m: 31.75 31.75	450m: 5:01.84 33.95	850m: 9:36.29 34.58	1250m: 14:14.62 34.85		
	100m: 1:05.12 33.37	500m: 5:35.79 33.95	900m: 10:10.87 34.58	1300m: 14:49.89 35.27		
	150m: 1:38.93 33.81	550m: 6:09.82 34.03	950m: 10:45.54 34.67	1350m: 15:24.77 34.88		
	200m: 2:12.83 33.90	600m: 6:44.19 34.37	1000m: 11:20.37 34.83	1400m: 16:00.12 35.35		
	250m: 2:46.64 33.81	650m: 7:18.63 34.44	1050m: 11:55.04 34.67	1450m: 16:35.41 35.29		
	300m: 3:20.34 33.70	700m: 7:53.02 34.39	1100m: 12:29.78 34.74	1500m: 17:09.84 34.43		
	350m: 3:54.14 33.80	750m: 8:27.23 34.21	1150m: 13:04.57 34.79			
	400m: 4:27.89 33.75	800m: 9:01.71 34.48	1200m: 13:39.77 35.20			

Prova 1
21-12-2018 - 17:20

Masc., 800m Livres

Absolutos
Resultados

RN25 Absoluto	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
RN25 Sen	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
RN25 Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto	11-12-2015
RN25 Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	LOPES Jose Paulo	00	Braga	7:47.37	+0,65	854
	50m: 27.01 27.01	250m: 2:24.75 29.65	450m: 4:22.40 28.57	650m: 6:19.54 29.48		
	100m: 56.17 29.16	300m: 2:54.29 29.54	500m: 4:51.44 29.04	700m: 6:49.16 29.62		
	150m: 1:25.60 29.43	350m: 3:23.98 29.69	550m: 5:20.71 29.27	750m: 7:18.58 29.42		
	200m: 1:55.10 29.50	400m: 3:53.83 29.85	600m: 5:50.06 29.35	800m: 7:47.37 28.79		
2.	GIL Rafael Lourenco	96	Sporting	7:49.55	+0,70	842
	50m: 26.71 26.71	250m: 2:23.54 29.66	450m: 4:22.82 29.74	650m: 6:21.50 29.81		
	100m: 55.41 28.70	300m: 2:53.40 29.86	500m: 4:52.36 29.54	700m: 6:51.20 29.70		
	150m: 1:24.57 29.16	350m: 3:23.25 29.85	550m: 5:22.07 29.71	750m: 7:20.91 29.71		
	200m: 1:53.88 29.31	400m: 3:53.08 29.83	600m: 5:51.69 29.62	800m: 7:49.55 28.64		
3.	CARVALHO Jose Paula	98	Benfica	7:55.56	+0,73	810
	50m: 27.38 27.38	250m: 2:25.16 29.64	450m: 4:24.33 29.87	650m: 6:24.15 30.27		
	100m: 56.39 29.01	300m: 2:54.85 29.69	500m: 4:54.08 29.75	700m: 6:54.93 30.78		
	150m: 1:25.96 29.57	350m: 3:24.78 29.93	550m: 5:23.87 29.79	750m: 7:25.75 30.82		
	200m: 1:55.52 29.56	400m: 3:54.46 29.68	600m: 5:53.88 30.01	800m: 7:55.56 29.81		
4.	PINA Guilherme Filipe	98	Sporting	7:56.21	+0,76	807
	50m: 27.42 27.42	250m: 2:25.38 29.60	450m: 4:25.21 30.05	650m: 6:26.14 30.27		
	100m: 56.64 29.22	300m: 2:55.11 29.73	500m: 4:55.15 29.94	700m: 6:56.82 30.68		
	150m: 1:26.12 29.48	350m: 3:25.04 29.93	550m: 5:25.53 30.38	750m: 7:27.20 30.38		
	200m: 1:55.78 29.66	400m: 3:55.16 30.12	600m: 5:55.87 30.34	800m: 7:56.21 29.01		
5.	SANTO Filipe Miguel	00	Benfica	8:05.55	+0,77	761
	50m: 27.20 27.20	250m: 2:26.04 29.71	450m: 4:26.79 29.91	650m: 6:30.05 31.39		
	100m: 56.46 29.26	300m: 2:56.07 30.03	500m: 4:56.88 30.09	700m: 7:01.88 31.83		
	150m: 1:26.20 29.74	350m: 3:26.38 30.31	550m: 5:27.48 30.60	750m: 7:33.92 32.04		
	200m: 1:56.33 30.13	400m: 3:56.88 30.50	600m: 5:58.66 31.18	800m: 8:05.55 31.63		

Juniores

1.	SANTOS Pedro Miguel	01	Porto	8:10.21	+0,69	740
	50m: 28.65 28.65	250m: 2:31.79 30.94	450m: 4:33.78 30.59	650m: 6:37.66 31.34		
	100m: 59.61 30.96	300m: 3:02.89 31.10	500m: 5:04.38 30.60	700m: 7:09.04 31.38		
	150m: 1:30.00 30.39	350m: 3:32.90 30.01	550m: 5:35.23 30.85	750m: 7:40.58 31.54		
	200m: 2:00.85 30.85	400m: 4:03.19 30.29	600m: 6:06.32 31.09	800m: 8:10.21 29.63		
2.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	8:18.39	+0,74	704
	50m: 28.81 28.81	250m: 2:31.71 30.88	450m: 4:35.59 31.03	650m: 6:42.91 32.36		
	100m: 59.38 30.57	300m: 3:03.10 31.39	500m: 5:06.94 31.35	700m: 7:15.22 32.31		
	150m: 1:30.03 30.65	350m: 3:33.75 30.65	550m: 5:38.58 31.64	750m: 7:47.52 32.30		
	200m: 2:00.83 30.80	400m: 4:04.56 30.81	600m: 6:10.55 31.97	800m: 8:18.39 30.87		
3.	JORGE Duarte Miguel	01	Galitos / Bresimar	8:18.83	+0,91	702
	50m: 27.60 27.60	250m: 2:29.74 31.18	450m: 4:34.08 31.17	650m: 6:41.32 32.10		
	100m: 57.46 29.86	300m: 3:00.80 31.06	500m: 5:05.13 31.05	700m: 7:14.14 32.82		
	150m: 1:27.77 30.31	350m: 3:31.90 31.10	550m: 5:37.03 31.90	750m: 7:47.06 32.92		
	200m: 1:58.56 30.79	400m: 4:02.91 31.01	600m: 6:09.22 32.19	800m: 8:18.83 31.77		

Splash Meet Manager, 11.57821

Registered to Federacao Portuguesa de Natacao

23-12-2018 18:35 - Página 33

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 1, Masc., 800m Livres, Juniores

Lugar	Nome				Ano	Clube				Tempo Final		TReac	FINA
4.	FROTA Paulo Andre				02	Condeixa Clube				8:30.49		+0,67	655
	50m:	29.06	29.06	250m:	2:34.23	31.97	450m:	4:42.35	31.65	650m:	6:52.65	32.96	
	100m:	59.92	30.86	300m:	3:06.33	32.10	500m:	5:14.45	32.10	700m:	7:25.91	33.26	
	150m:	1:30.91	30.99	350m:	3:38.53	32.20	550m:	5:46.82	32.37	750m:	7:58.99	33.08	
	200m:	2:02.26	31.35	400m:	4:10.70	32.17	600m:	6:19.69	32.87	800m:	8:30.49	31.50	

Prova 13
21-12-2018 - 17:25

Femin., 4 x 50m Livres

Absolutos
Resultados

RN25 Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Jun	1:46.86	Sporting Clube de Portugal	SCP	Leiria	04-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Porto-SEN			Porto		1:46.90		+0,78	677
	FERREIRA Catarina Maria	98	+0,78	26.98	FARIA Ana Rita	00	+0,53	26.64	
	CABRAL Maria Francisca	00	+0,61	27.03	OLIVEIRA Rosa Maria	96	+0,40	26.25	
2.	Sporting-SEN			Sporting		1:47.47		+0,57	667
	VIEGAS Beatriz Mendes	00	+0,57	26.60	ROSA Maria Carolina	94	+0,46	26.92	
	BELEZA Mafalda Gomes	94	+0,52	27.34	FERNANDES Ines Camacho	97	+0,43	26.61	
3.	Benfica-SEN			Benfica		1:47.86		+0,77	660
	ROLAO Sofia Alexandra	98	+0,77	27.46	DURAES Diana Margarida	96	+0,29	26.61	
	TIAGO Filipa Vilas	94	+0,52	26.98	KAMINSKAYA Victoria	95	+0,47	26.81	
4.	Ginasio de Vila Real-SEN			Ginasio de Vila Real		1:48.45		+0,75	649
	LEITE Ana Sofia	93	+0,75	27.00	NOBREGA Ana Sofia	90	+0,36	27.64	
	FERNANDES Maria Margarida	99	+0,56	28.28	GUEDES Ana Margarida	01	+0,37	25.53	
5.	Braga-SEN			Braga		1:51.04		+0,71	604
	SILVA Maria Madalena	98	+0,71	28.40	FREIXO Juliana Lima	97	+0,49	28.09	
	FERNANDES Ana Sofia	93	+0,32	27.77	HOLUB Tamila Hryhorivna	99	+0,07	26.78	
6.	Laranjeiro-SEN			Laranjeiro		1:51.96		+0,72	590
	RIESENBERGER Bruna Martins	97	+0,72	27.86	PIRES Carolina Saraiva	96	+0,49	28.49	
	ROLIM Soraia Guerra	95	+0,26	28.47	NUNES Sofia Alexandra	00	+0,57	27.14	

Juniores

1.	Porto-JUN			Porto			1:49.92	+0,70	623
	SOARES Catarina Silva	03	+0,70	26.46	AMORIM Maria Leonor	03		+0,41	28.62
	BARBOSA Mariana Fernandes	02	+0,43	27.43	RAMOS Ana Rita	02		+0,58	27.41

Prova 14
21-12-2018 - 17:30

Masc., 4 x 50m Livres

Absolutos
Resultados

RN25 Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Sen	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
RN25 Jun	1:35.32	Sport Lisboa e Benfica	SLB	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Benfica-SEN <i>Rec Nacional, Abs e Sen</i>			Benfica		1:29.16	+0,66	795
	DIAS Guilherme Pereira	97	+0,66	22.29	NASCIMENTO Miguel Duarte	95	+0,27	21.44
	PEREIRA Luiz Pedro	91	+0,29	22.24	LEIRIA David Miguel	93	+0,43	23.19
2.	Sporting-SEN			Sporting		1:30.67	+0,64	756
	COSTA Tiago Cunha	99	+0,64	23.42	SANTOS Francisco Rogerio	98	+0,61	23.08
	SANTOS Alexis Manacas	92	+0,16	21.59	MOGNE Igor Araujo	96	+0,57	22.58
3.	Belenenses-SEN			Belenenses		1:32.75	+0,67	706
	RAMOS Bruno Miguel	97	+0,67	23.13	PADRELA Joao Esteves	99	+0,32	23.19
	TEIXEIRA Guilherme Miguel	97	+0,48	22.92	CORREIA Diogo Carrasco	95	+0,21	23.51
4.	Porto-SEN			Porto		1:34.23	+0,78	673
	SOARES Tiago Silva	99	+0,78	23.72	NUNES Porfirio Braga	00	+0,39	23.56
	AMORIM Alexandre Ferreira	99	+0,27	23.60	LINO Rafael	99	+0,30	23.35
5.	Famalicao-SEN			Famalicao		1:34.56	+0,72	666
	FERNANDES Pedro Miguel	99	+0,72	23.53	CARVALHO Mateus Ribeiro	99	+0,22	23.82
	TINOCO Joao Pereira	00	+1,57	23.02	FARIA Rui Pedro	94	+0,34	24.19
6.	Academica de Coimbra-SEN			Academica de Coimbra		1:34.85	+1,69	660
	CARVALHO Ruben Paiva	94	+1,69	24.09	ADAIXO Pedro Salzedas	00	+0,21	24.45
	YELISTRATKIN Ilyia	96	+0,11	23.66	MADUREIRA Gustavo Almeida	94	+0,26	22.65
7.	Braga-SEN			Braga		1:35.97	+0,64	637
	LOPES Jose Paulo	00	+0,64	23.67	LOPES Joao Francisco	98	+0,27	24.17
	ALBUQUERQUE Rodrigo Carlos	97	+0,31	24.08	FERNANDES Jose Pedro	99	+0,09	24.05
8.	Ginasio de Vila Real-SEN			Ginasio de Vila Real		1:36.33	+0,66	630
	MACHADO Sebastiao Amaro	93	+0,66	24.59	CARVALHO Luis Miguel	00	+0,41	24.85
	WEUSTINK Koen	00	+0,41	23.57	RIBAS Alexandre Lages	97	+0,52	23.32
9.	AONDA-Azeitao			AONDA-Azeitao		1:38.17	+0,74	595
	LOPES David Granja	90	+0,74	24.04	MAGALHAES Andre Filipe	98	+0,29	24.72
	MARQUES Diogo Puidival	00	+0,49	25.15	AUGUSTO Bernardo Antunes	00	+0,43	24.26

Juniores

1.	Benfica-JUN			Benfica		1:36.27	+1,70	631
	LEBRE Diogo Ramos	01	+1,70	23.86	FERREIRA Ricardo Pinela	01	+0,37	24.25
	AIRES Rafael Alcantara	01	+0,17	23.03	BERNARDO Joao Silva	02	+0,37	25.13
2.	Uniao Piedense-JUN			Uniao Piedense		1:37.54	+0,63	607
	BRITO Bernardo Geadá	02	+0,63	24.42	CAMOES Tiago Maria	01	+0,63	24.62
	LOPES Carlos Filipe	01	+0,28	24.24	CRISTINO David Matias	01	+0,26	24.26

Prova 2
21-12-2018 - 17:45

Femin., 100m Bruços

Absolutos
Resultados Final

RN25 Absoluto	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
RN25 Sen	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
RN25 Jun17	1:08.02	PEREIRA Raquel Gomes	SAD	Funchal	09-12-2016
RN25 Jun16	1:08.85	RODRIGUES Ana Pinho	AEJ	Ponte de Sôr	13-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	CERDEIRA Madalena Reis	03	Sporting	1:12.45	+0,86	637
	50m: 34.76 34.76	100m:	1:12.45 37.69			
2.	CASTRO Maria Freitas	03	Fafe	1:12.53	+0,74	635
	50m: 34.58 34.58	100m:	1:12.53 37.95			
3.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	1:13.31	+0,82	615
	50m: 34.97 34.97	100m:	1:13.31 38.34			
4.	PEREIRA Clara Gomes	02	Alges	1:13.49	+0,73	610
	50m: 34.80 34.80	100m:	1:13.49 38.69			
5.	SILVA Natacha Sofia	02	Benfica	1:13.76	+0,74	604
	50m: 34.82 34.82	100m:	1:13.76 38.94			
6.	TEIXEIRA Ines Oliveira	02	Estarreja	1:13.86	+0,78	601
	50m: 34.51 34.51	100m:	1:13.86 39.35			
7.	COSTA Ana Ferreira	02	Nautico Marinha Grande	1:14.24	+0,69	592
	50m: 35.13 35.13	100m:	1:14.24 39.11			
8.	HENRIQUES Daniela Mascarenhas	03	Geslours	1:17.81	+0,69	514
	50m: 36.42 36.42	100m:	1:17.81 41.39			

Seniores

1.	PEREIRA Raquel Gomes	00	Alges	1:08.77	+0,76	745
	50m: 32.77 32.77	100m:	1:08.77 36.00			
2.	KAMINSKAYA Victoria	95	Benfica	1:10.90	+0,70	680
	50m: 33.86 33.86	100m:	1:10.90 37.04			
3.	MACHADO Luisa Maria	01	Uniao Piedense	1:11.48	+0,77	663
	50m: 34.07 34.07	100m:	1:11.48 37.41			
4.	BORGES Claudia Ferreira	99	Benfica	1:11.62	+0,75	660
	50m: 34.44 34.44	100m:	1:11.62 37.18			
5.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	1:12.10	+0,73	647
	50m: 34.16 34.16	100m:	1:12.10 37.94			
6.	SILVA Beatriz Santos	01	Porto	1:13.11	+0,80	620
	50m: 34.31 34.31	100m:	1:13.11 38.80			
7.	RODRIGUES Luana Correia	01	Belenenses	1:14.47	+0,73	587
	50m: 34.95 34.95	100m:	1:14.47 39.52			

Prova 2, Femin., 100m Bruços, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	ROSA Maria Carolina	94	Sporting	1:15.01	+0,73	574
	50m: 34.86 34.86	100m: 1:15.01	40.15			

Prova 3

Masc., 100m Bruços

Absolutos

21-12-2018 - 17:50

Resultados Final

RN25 Absoluto	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
RN25 Sen	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
RN25 Jun18	1:01.25	AGOSTINHO Pedro Miguel	SCP	S. António Cavaleiros	19-12-2009
RN25 Jun17	1:02.99	SANTOS Andre Goncalo	LSC	Felgueiras	21-12-2013

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	NUNES Francisco Costa	02	Salvaterra de Magos	1:04.19		650
	50m: 30.41 30.41	100m: 1:04.19	33.78			
2.	CABRITO Rodrigo Almeida	01	Belenenses	1:04.46		642
	50m: 30.78 30.78	100m: 1:04.46	33.68			
3.	CALDEIRA Goncalo Silveirinha	01	Sporting	1:04.55		639
	50m: 30.64 30.64	100m: 1:04.55	33.91			
4.	MARQUES Goncalo Silva	01	Condeixa Clube	1:06.17		593
	50m: 30.99 30.99	100m: 1:06.17	35.18			
5.	ARAUJO Sergio Daniel	02	Naval Povoense	1:06.61		581
	50m: 31.31 31.31	100m: 1:06.61	35.30			
6.	KLIER Afonso Miguel	01	Galitos / Bresimar	1:06.66		580
	50m: 30.77 30.77	100m: 1:06.66	35.89			
7.	MERUJE Joaquim Agra	01	Elvense	1:06.82		576
	50m: 31.07 31.07	100m: 1:06.82	35.75			

DSQ FRISCHKNECHT Renato Barros 01 Alges

734 - Efectuou mais que uma pernada golfinho durante percurso subaquático após a partida - SW 7.1

Seniores

1.	SANTOS Alexis Manacas	92	Sporting	59.96		797
	50m: 28.00 28.00	100m: 59.96	31.96			
2.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	1:00.37		781
	50m: 28.66 28.66	100m: 1:00.37	31.71			
3.	VELOSO Tomas Miguel	96	Nautico Academico	1:00.52		775
	50m: 28.73 28.73	100m: 1:00.52	31.79			
4.	AMORIM Alexandre Ferreira	99	Porto	1:00.62		771
	50m: 28.42 28.42	100m: 1:00.62	32.20			
5.	TEIXEIRA Guilherme Miguel	97	Belenenses	1:02.17		715
	50m: 29.38 29.38	100m: 1:02.17	32.79			

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Prova 3, Masc., 100m Bruços, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	QUINTANILHA Nuno Goncalo	87	Belenenses	1:02.63		700
	50m: 28.90 28.90 100m: 1:02.63 33.73					
7.	PINOTES Pedro Miguel	89	Sporting	1:02.72		697
	50m: 29.69 29.69 100m: 1:02.72 33.03					
8.	MENDES Antonio Manuel	99	Sporting	1:03.28		678
	50m: 29.54 29.54 100m: 1:03.28 33.74					

Prova 4

Femin., 100m Livres

21-12-2018 - 17:55

Absolutos
Resultados Final

RN25 Absoluto	55.43	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	55.43	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun17	56.54	DURAES Diana Margarida	FCP	Porto	07-12-2012
RN25 Jun16	56.72	SOUSA Ana Reis	CNLA	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	SOUSA Ana Reis <i>Rec Nacional, Jun17</i>	02	Alges	56.07	+0,75	719
	50m: 27.65 27.65 100m: 56.07 28.42					
2.	ANDRE Leticia Maia	02	Benfica	56.27	+0,72	712
	50m: 27.22 27.22 100m: 56.27 29.05					
3.	MARTINS Francisca Soares	03	Foca	56.99	+0,71	685
	50m: 27.65 27.65 100m: 56.99 29.34					
4.	PINA Ana Sofia	02	O Crasto	57.82	+0,78	656
	50m: 27.89 27.89 100m: 57.82 29.93					
5.	PINTO Mafalda Marques	02	Sporting	57.94	+0,74	652
	50m: 28.10 28.10 100m: 57.94 29.84					
6.	SOARES Catarina Silva	03	Porto	58.92	+0,76	620
	50m: 27.82 27.82 100m: 58.92 31.10					
7.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	59.22	+0,77	610
	50m: 28.68 28.68 100m: 59.22 30.54					
8.	FRAZAO Alexandra Couto	02	Condeixa Clube	59.62	+0,74	598
	50m: 29.18 29.18 100m: 59.62 30.44					

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Prova 4, Femin., 100m Livres, Final

Seniores

1.	RODRIGUES Ana Pinho <i>Rec Nacional, Abs e Sen</i>	94	Sanjoanense/FEPSA	55.12	+0,67	757
	50m: 26.40 26.40	100m: 55.12 28.72				
2.	VIEGAS Beatriz Mendes	00	Sporting	56.38	+0,60	707
	50m: 27.04 27.04	100m: 56.38 29.34				
3.	MOREIRA Matilde Freitas	01	Academica de Coimbra	57.26	+0,75	675
	50m: 27.30 27.30	100m: 57.26 29.96				
4.	FARIA Ana Rita	00	Porto	58.00	+0,76	650
	50m: 28.39 28.39	100m: 58.00 29.61				
5.	OLIVEIRA Rosa Maria	96	Porto	58.05	+0,76	648
	50m: 28.15 28.15	100m: 58.05 29.90				
6.	AMADOR Joana Costa	01	Galitos / Bresimar	58.39	+0,77	637
	50m: 28.52 28.52	100m: 58.39 29.87				
7.	AZEVEDO Madalena Gomes	99	Alges	58.40	+0,74	637
	50m: 28.28 28.28	100m: 58.40 30.12				
8.	BELEZA Mafalda Gomes	94	Sporting	58.51	+0,69	633
	50m: 28.39 28.39	100m: 58.51 30.12				

Prova 5

Masc., 100m Livres

21-12-2018 - 18:00

Absolutos
Resultados Final

RN25 Absoluto	47.61	NASCIMENTO Miguel Duarte		Hangzhou (CHN)	11-12-2018
RN25 Sen	47.61	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	11-12-2018
RN25 Jun18	48.38	VENANCIO Tiago Andre	CNS	Cantanhede	20-12-2004
RN25 Jun17	49.87	VENANCIO Tiago Andre	CNS	Estoril	14-02-2004

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	AIRES Rafael Alcantara	01	Benfica	50.35	+0,65	711
	50m: 24.08 24.08	100m: 50.35 26.27				
2.	LEBRE Diogo Ramos	01	Benfica	50.81	+0,73	691
	50m: 25.08 25.08	100m: 50.81 25.73				
3.	MACHADO Tiago Andrade	02	Sporting de Aveiro	51.59	+0,65	661
	50m: 24.94 24.94	100m: 51.59 26.65				
4.	SIMÕES Bernardo Jorge	02	Torres Novas	51.69	+0,73	657
	50m: 25.20 25.20	100m: 51.69 26.49				
5.	FERRAO Goncalo Carvalho	01	Cova da Piedade	52.33	+0,66	633
	50m: 25.01 25.01	100m: 52.33 27.32				
6.	FERNANDES Eduardo Gomes	02	Sporting	52.47	+0,74	628
	50m: 25.37 25.37	100m: 52.47 27.10				

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Prova 5, Masc., 100m Livres, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	LOURENCO Tiago Campos	02	Natacao de Valongo	52.56	+0,77	625
	50m: 25.60 25.60 100m: 52.56 26.96					
8.	CUNHA Jose Miguel	01	Fundacao Beatriz Santos	54.80	+0,68	551
	50m: 26.20 26.20 100m: 54.80 28.60					

Seniores

1.	NASCIMENTO Miguel Duarte	95	Benfica	47.88	+0,67	826
	50m: 23.04 23.04 100m: 47.88 24.84					
2.	DIAS Guilherme Pereira	97	Benfica	48.74	+0,65	783
	50m: 23.57 23.57 100m: 48.74 25.17					
3.	MOGNE Igor Araujo	96	Sporting	48.93	+0,74	774
	50m: 23.66 23.66 100m: 48.93 25.27					
4.	COSTA Tiago Cunha	99	Sporting	49.51	+0,68	747
	50m: 23.79 23.79 100m: 49.51 25.72					
5.	RIBAS Alexandre Lages	97	Ginasio de Vila Real	50.73	+0,66	695
	50m: 24.41 24.41 100m: 50.73 26.32					
6.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	50.74	+0,68	694
	50m: 24.32 24.32 100m: 50.74 26.42					
7.	SOARES Tiago Silva	99	Porto	50.77	+0,77	693
	50m: 24.34 24.34 100m: 50.77 26.43					
8.	PEDRO Daniel Rochinha	98	Bombeiros Estoris	51.33	+0,66	671
	50m: 24.37 24.37 100m: 51.33 26.96					

Prova 6

Femin., 200m Costas

21-12-2018 - 18:00

Absolutos
Resultados Final

RN25 Absoluto	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017
RN25 Sen	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017
RN25 Jun17	2:12.52	FRISCHKNECHT Rita Barros	SAD	Porto	21-12-2014
RN25 Jun16	2:12.80	CHAVES Petra Quintela	SAD	Algés	31-05-1994

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	AZEVEDO Rafaela Gomes <i>Rec Nacional, Jun 17</i>	02	Alges	2:11.46	+0,70	746
	50m: 31.21 31.21 100m: 1:04.97 33.76 150m: 1:39.32 34.35 200m: 2:11.46 32.14					
2.	REBELO Camila Rodrigues <i>Rec Nacional, Jun 16</i>	03	Louzan Natacao/EFAPEL	2:11.74	+0,56	741
	50m: 31.11 31.11 100m: 1:05.05 33.94 150m: 1:38.75 33.70 200m: 2:11.74 32.99					
3.	CARDEAL Joana Nunes	02	Academico Viseu	2:18.32	+0,67	640
	50m: 32.90 32.90 100m: 1:08.04 35.14 150m: 1:43.78 35.74 200m: 2:18.32 34.54					

Prova 6, Femin., 200m Costas, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
4.	RAMOS Ana Rita	02	Porto	2:18.88	+0,81	632
	50m: 33.06 33.06	100m: 1:07.97 34.91	150m: 1:43.68 35.71	200m: 2:18.88 35.20		
5.	MARTINS Joana Ribeiro	03	Benfica	2:19.51	+0,71	624
	50m: 33.11 33.11	100m: 1:08.91 35.80	150m: 1:44.46 35.55	200m: 2:19.51 35.05		
6.	PEIXEIRA Filipa Ramos	03	Sporting	2:21.18	+0,73	602
	50m: 31.80 31.80	100m: 1:07.44 35.64	150m: 1:43.97 36.53	200m: 2:21.18 37.21		
7.	CRUZ Sara Moura	03	Alges	2:22.35	+0,60	587
	50m: 33.40 33.40	100m: 1:09.02 35.62	150m: 1:45.38 36.36	200m: 2:22.35 36.97		
8.	LASCU Nicoleta	02	Litoral Alentejano	2:23.08	+0,68	578
	50m: 33.44 33.44	100m: 1:09.68 36.24	150m: 1:46.59 36.91	200m: 2:23.08 36.49		

Seniores

1.	FRISCHKNECHT Rita Barros	98	Alges	2:09.58	+0,64	779
	50m: 30.31 30.31	100m: 1:02.57 32.26	150m: 1:35.71 33.14	200m: 2:09.58 33.87		
2.	CABRAL Maria Francisca	00	Porto	2:15.98	+0,69	674
	50m: 32.09 32.09	100m: 1:05.91 33.82	150m: 1:40.90 34.99	200m: 2:15.98 35.08		
3.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:17.87	+0,70	646
	50m: 30.80 30.80	100m: 1:04.58 33.78	150m: 1:40.97 36.39	200m: 2:17.87 36.90		
4.	RODRIGUES Filipa Serrano	01	Benfica	2:20.71	+0,61	608
	50m: 32.59 32.59	100m: 1:07.27 34.68	150m: 1:43.87 36.60	200m: 2:20.71 36.84		
5.	RODRIGUES Luana Correia	01	Belenenses	2:22.71	+0,63	583
	50m: 33.88 33.88	100m: 1:09.82 35.94	150m: 1:46.65 36.83	200m: 2:22.71 36.06		
6.	FREIXO Juliana Lima	97	Braga	2:23.41	+0,65	574
	50m: 33.20 33.20	100m: 1:09.55 36.35	150m: 1:46.84 37.29	200m: 2:23.41 36.57		
7.	COSTA Ana Filipa	98	Natacao de Beja	2:23.71	+0,75	571
	50m: 33.89 33.89	100m: 1:10.55 36.66	150m: 1:47.23 36.68	200m: 2:23.71 36.48		
8.	MOREIRA Matilde Freitas	01	Academica de Coimbra	2:24.24	+0,68	564
	50m: 33.41 33.41	100m: 1:09.71 36.30	150m: 1:47.15 37.44	200m: 2:24.24 37.09		

Prova 7
21-12-2018 - 18:10

Masc., 200m Costas

Absolutos
Resultados Final

RN25 Absoluto	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (CHN)	16-12-2018
RN25 Sen	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (FRA)	16-12-2018
RN25 Jun18	1:58.37	NIZ Adriano Miguel	CFV	Figueira da Foz	03-07-2004
RN25 Jun17	1:59.34	NIZ Adriano Miguel	CFV	Alges	16-05-2003

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	COSTA Joao Nogueira	01	Vitoria Guimaraes	1:59.42	+0,58	692
	50m: 28.07 28.07	100m: 58.65 30.58	150m: 1:29.35 30.70	200m: 1:59.42 30.07		
2.	COSTA Diogo Santos	02	Colegio Monte Maior	2:01.78	+0,67	652
	50m: 28.25 28.25	100m: 58.97 30.72	150m: 1:29.94 30.97	200m: 2:01.78 31.84		
3.	ROCHA Ricardo Filipe	02	Aquatico Pacense	2:05.82	+0,60	591
	50m: 29.13 29.13	100m: 1:00.65 31.52	150m: 1:33.29 32.64	200m: 2:05.82 32.53		
4.	DIAS Joao Pedro	02	Fundacao Beatriz Santos	2:06.23	+0,63	585
	50m: 29.20 29.20	100m: 1:01.32 32.12	150m: 1:33.85 32.53	200m: 2:06.23 32.38		
5.	ALFAMA Martim Primavera	02	Geslours	2:06.34	+0,56	584
	50m: 30.17 30.17	100m: 1:02.82 32.65	150m: 1:35.07 32.25	200m: 2:06.34 31.27		
6.	VILHENA Tiago Miguel	01	Natacao de Faro	2:06.66	+0,65	580
	50m: 29.25 29.25	100m: 1:01.18 31.93	150m: 1:33.96 32.78	200m: 2:06.66 32.70		
7.	MACHADO Bruno Rafael	01	Fluvial Portuense	2:07.06	+0,60	574
	50m: 29.52 29.52	100m: 1:01.26 31.74	150m: 1:34.38 33.12	200m: 2:07.06 32.68		
8.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	2:07.15	+0,77	573
	50m: 29.21 29.21	100m: 1:01.29 32.08	150m: 1:34.33 33.04	200m: 2:07.15 32.82		

Seniores

1.	SANTOS Francisco Rogerio	98	Sporting	1:55.41	+0,77	766
	50m: 26.22 26.22	100m: 55.28 29.06	150m: 1:25.24 29.96	200m: 1:55.41 30.17		
2.	VITAL Joao Alexandre	98	Sporting	1:56.61	+0,70	743
	50m: 27.44 27.44	100m: 56.35 28.91	150m: 1:26.25 29.90	200m: 1:56.61 30.36		
3.	ROSA Rodrigo Antonio	96	Benfica	1:59.24	+0,56	695
	50m: 27.70 27.70	100m: 58.00 30.30	150m: 1:28.48 30.48	200m: 1:59.24 30.76		
4.	KOT Viktor	98	Nautico Marinha Grande	1:59.47	+0,55	691
	50m: 27.90 27.90	100m: 57.95 30.05	150m: 1:28.98 31.03	200m: 1:59.47 30.49		
5.	CORREIA Joao Mota	97	Benfica	2:01.24	+0,98	661
	50m: 28.07 28.07	100m: 58.49 30.42	150m: 1:29.70 31.21	200m: 2:01.24 31.54		
6.	TINOCO Joao Pereira	00	Famalicao	2:01.57	+0,59	655
	50m: 28.10 28.10	100m: 58.83 30.73	150m: 1:30.34 31.51	200m: 2:01.57 31.23		
7.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	2:02.35	+0,59	643
	50m: 27.77 27.77	100m: 58.12 30.35	150m: 1:29.91 31.79	200m: 2:02.35 32.44		
8.	BATE Miguel Ribeiro	99	Alges	2:06.30	+0,68	584
	50m: 28.42 28.42	100m: 1:00.25 31.83	150m: 1:33.13 32.88	200m: 2:06.30 33.17		

Prova 8 21-12-2018 - 18:15					Absolutos Resultados Final
RN25 Absoluto	26.78	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	16-12-2010
RN25 Sen	26.78	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	16-12-2010
RN25 Jun17	27.32	CRUZ Sara Francisco	ADBA	Leiria	06-12-2009
RN25 Jun16	27.57	TIAGO Filipa Vilas	SCP	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	SOARES Catarina Silva	03	Porto	28.21	+0,72	645
2.	TEJO Beatriz Costa	02	Academica de Coimbra	28.28	+0,65	640
3.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	28.59	+0,71	620
4.	GRAVETO Ana Raquel	02	Benfica	28.79	+0,78	607
5.	PEIXEIRA Filipa Ramos	03	Sporting	29.09	+0,91	588
6.	ANDRE Leticia Maia	02	Benfica	29.36	+0,71	572
7.	MADEIRA Claudia Isabel	02	Clube de Vouzela	29.37	+0,78	571
8.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	29.39	+0,80	570

Seniores

1.	GUEDES Ana Margarida	01	Ginasio de Vila Real	27.05	+0,62	732
2.	FERNANDES Ines Camacho	97	Sporting	27.39	+0,69	705
3.	MONTEIRO Ana Catarina	93	Vilacondense	27.51	+0,72	696
4.	TIAGO Filipa Vilas	94	Benfica	27.95	+0,75	663
5.	VIEGAS Beatriz Mendes	00	Sporting	28.38	+0,60	633
6.	CASTRO Adriana Daniela	97	Leixoes	28.46	+0,66	628
7.	MARTINS Ana Beatriz	99	Famalicao	28.49	+0,71	626
8.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	29.07	+0,79	589

Prova 9 21-12-2018 - 18:20					Absolutos Resultados Final
RN25 Absoluto	23.48	PEREIRA Luiz Pedro	POR	Budapest (HUN)	06-10-2018
RN25 Sen	23.48	PEREIRA Luiz Pedro	POR	Budapest (HUN)	06-10-2018
RN25 Jun18	24.68	ASCENSAO Joao Miguel	FCP	Porto	21-12-2014
RN25 Jun17	25.29	WEUSTINK Koen	GCVR	Mirandela	19-03-2017
RN S15	26.42	NEVES Tiago Correia	CFB	Felgueiras	21-12-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	SOUSA Joao Ribeiro	01	Porto	25.20	+0,65	647
2.	LOPES Tomas Teixeira	02	Foca	25.46	+0,69	627
3.	GOMES Vicente Oliveira	02	Sporting	25.58	+0,78	618
4.	LOURENCO Tiago Campos	02	Natacao de Valongo	26.02	+0,74	588
5.	FERREIRA Ricardo Pinela	01	Benfica	26.04	+0,69	586
6.	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos	26.11	+0,73	582
7.	PELAIO Jose Pedro	01	Galitos / Bresimar	26.15	+0,66	579

Prova 9, Masc., 50m Mariposa, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	COSTA Diogo Santos	02	Colegio Monte Maior	27.38	+0,68	504

Seniores

1.	SANTOS Alexis Manacas	92	Sporting	23.71	+0,70	777
2.	PEREIRA Luiz Pedro	91	Benfica	23.92	+0,75	756
3.	MOGNE Igor Araujo	96	Sporting	24.35	+0,73	717
4.	SANTOS Pedro Andre	94	Alges	24.48	+0,81	706
5.	LINO Rafael	99	Porto	24.75	+0,66	683
6.	FERNANDES Pedro Miguel	99	Famalicao	25.09	+0,74	655
7.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	25.10	+0,68	655
8.	CARVALHO Andre Antunes	96	Sporting	25.24	+0,74	644

Prova 10

Femin., 400m Estilos

Absolutos

21-12-2018 - 18:45

Resultados

RN25 Absoluto	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Sen	4:36.19	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	13-12-2017
RN25 Jun17	4:46.89	ROCHA Ines Neto	CAP	Felgueiras	15-04-2018
RN25 Jun16	4:50.85	DURAES Diana Margarida	FOCA	Silves	02-12-2011

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	DURAES Diana Margarida	96	Benfica	4:39.19	+0,73	797
	50m: 30.35 30.35	150m: 1:40.24 36.07	250m: 2:56.23 40.15	350m: 4:08.12 31.96		
	100m: 1:04.17 33.82	200m: 2:16.08 35.84	300m: 3:36.16 39.93	400m: 4:39.19 31.07		
2.	MONTEIRO Ana Catarina	93	Vilacondense	4:42.89	+0,73	766
	50m: 29.31 29.31	150m: 1:38.52 37.23	250m: 2:56.12 41.09	350m: 4:10.33 33.43		
	100m: 1:01.29 31.98	200m: 2:15.03 36.51	300m: 3:36.90 40.78	400m: 4:42.89 32.56		
3.	HENRIQUES Ines Jacinto	00	Sporting	4:47.16	+0,75	733
	50m: 29.86 29.86	150m: 1:39.75 36.52	250m: 2:58.60 42.64	350m: 4:14.53 33.22		
	100m: 1:03.23 33.37	200m: 2:15.96 36.21	300m: 3:41.31 42.71	400m: 4:47.16 32.63		
4.	MACHADO Luisa Maria	01	Uniao Piedense	4:51.34	+0,91	702
	50m: 30.83 30.83	150m: 1:44.71 38.31	250m: 3:02.25 39.81	350m: 4:17.92 34.44		
	100m: 1:06.40 35.57	200m: 2:22.44 37.73	300m: 3:43.48 41.23	400m: 4:51.34 33.42		
5.	ANDRE Angelica Maria	94	Fluvial Portuense	4:55.76	+0,73	671
	50m: 31.30 31.30	150m: 1:46.83 40.13	250m: 3:06.46 40.78	350m: 4:21.51 34.08		
	100m: 1:06.70 35.40	200m: 2:25.68 38.85	300m: 3:47.43 40.97	400m: 4:55.76 34.25		
6.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	4:58.95	+0,86	649
	50m: 30.72 30.72	150m: 1:45.02 39.60	250m: 3:06.18 43.11	350m: 4:24.87 35.19		
	100m: 1:05.42 34.70	200m: 2:23.07 38.05	300m: 3:49.68 43.50	400m: 4:58.95 34.08		
7.	RIBEIRO Margarida Messias	98	Geslours	5:06.33	+0,75	603
	50m: 33.77 33.77	150m: 1:51.90 40.00	250m: 3:13.84 42.97	350m: 4:33.08 35.39		
	100m: 1:11.90 38.13	200m: 2:30.87 38.97	300m: 3:57.69 43.85	400m: 5:06.33 33.25		

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PARCEIROS



Prova 10, Femin., 400m Estilos, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	BERNARDO Ines Silva	00	Benfica	5:07.56	+0,78	596
	50m: 32.28 32.28	150m: 1:49.57 40.47	250m: 3:12.90 43.46	350m: 4:32.31 35.79		
	100m: 1:09.10 36.82	200m: 2:29.44 39.87	300m: 3:56.44 43.54	400m: 5:07.56 35.25		

Juniores

1.	PINA Ana Sofia	02	O Crasto	4:49.99	+0,75	711
	50m: 30.50 30.50	150m: 1:43.07 37.56	250m: 3:01.10 41.31	350m: 4:17.34 33.79		
	100m: 1:05.51 35.01	200m: 2:19.79 36.72	300m: 3:43.55 42.45	400m: 4:49.99 32.65		
2.	CARDEAL Joana Nunes	02	Academico Viseu	4:50.46	+0,85	708
	50m: 31.14 31.14	150m: 1:45.07 38.90	250m: 3:02.96 41.20	350m: 4:18.59 33.71		
	100m: 1:06.17 35.03	200m: 2:21.76 36.69	300m: 3:44.88 41.92	400m: 4:50.46 31.87		
3.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	4:51.74	+0,82	699
	50m: 30.87 30.87	150m: 1:44.89 38.39	250m: 3:04.28 41.52	350m: 4:19.48 33.45		
	100m: 1:06.50 35.63	200m: 2:22.76 37.87	300m: 3:46.03 41.75	400m: 4:51.74 32.26		
4.	SOUSA Ana Reis	02	Alges	4:53.29	+0,76	688
	50m: 31.61 31.61	150m: 1:45.86 38.17	250m: 3:04.33 41.75	350m: 4:20.41 32.89		
	100m: 1:07.69 36.08	200m: 2:22.58 36.72	300m: 3:47.52 43.19	400m: 4:53.29 32.88		
5.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	4:54.82	+0,79	677
	50m: 31.68 31.68	150m: 1:46.05 38.41	250m: 3:05.04 41.45	350m: 4:21.73 34.51		
	100m: 1:07.64 35.96	200m: 2:23.59 37.54	300m: 3:47.22 42.18	400m: 4:54.82 33.09		
6.	MARTINS Joana Ribeiro	03	Benfica	5:04.72	+0,87	613
	50m: 32.13 32.13	150m: 1:47.35 38.45	250m: 3:10.82 45.51	350m: 4:31.02 35.02		
	100m: 1:08.90 36.77	200m: 2:25.31 37.96	300m: 3:56.00 45.18	400m: 5:04.72 33.70		
7.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	5:06.78	+0,74	601
	50m: 32.69 32.69	150m: 1:48.82 39.53	250m: 3:12.47 44.07	350m: 4:32.02 35.78		
	100m: 1:09.29 36.60	200m: 2:28.40 39.58	300m: 3:56.24 43.77	400m: 5:06.78 34.76		
8.	SILVA Natacha Sofia	02	Benfica	5:09.34	+0,82	586
	50m: 32.80 32.80	150m: 1:51.30 40.72	250m: 3:13.90 42.14	350m: 4:34.05 36.33		
	100m: 1:10.58 37.78	200m: 2:31.76 40.46	300m: 3:57.72 43.82	400m: 5:09.34 35.29		
9.	AMORIM Maria Leonor	03	Porto	5:09.54	+0,74	585
	50m: 31.88 31.88	150m: 1:50.07 39.74	250m: 3:13.26 44.46	350m: 4:35.14 36.31		
	100m: 1:10.33 38.45	200m: 2:28.80 38.73	300m: 3:58.83 45.57	400m: 5:09.54 34.40		
10.	NEVES Sara Dias	03	Miranda do Corvo	5:09.95	+0,85	583
	50m: 33.40 33.40	150m: 1:50.77 39.13	250m: 3:13.96 43.66	350m: 4:34.66 36.30		
	100m: 1:11.64 38.24	200m: 2:30.30 39.53	300m: 3:58.36 44.40	400m: 5:09.95 35.29		
11.	FIAL Sofia Nunes	03	Estamos Juntos	5:10.35	+0,83	580
	50m: 33.64 33.64	150m: 1:53.57 40.54	250m: 3:16.02 42.32	350m: 4:35.70 35.71		
	100m: 1:13.03 39.39	200m: 2:33.70 40.13	300m: 3:59.99 43.97	400m: 5:10.35 34.65		
12.	CASTRO Maria Freitas	03	Fafe	5:13.50	+0,76	563
	50m: 34.40 34.40	150m: 1:54.69 41.40	250m: 3:18.80 43.60	350m: 4:38.83 36.36		
	100m: 1:13.29 38.89	200m: 2:35.20 40.51	300m: 4:02.47 43.67	400m: 5:13.50 34.67		
13.	SILVA Eduarda Reis	03	Famalicao	5:16.10	+0,74	549
	50m: 32.17 32.17	150m: 1:50.09 41.52	250m: 3:17.11 46.03	350m: 4:40.80 37.01		
	100m: 1:08.57 36.40	200m: 2:31.08 40.99	300m: 4:03.79 46.68	400m: 5:16.10 35.30		

Prova 10, Femin., 400m Estilos, Juniores

Lugar	Nome				Ano	Clube				Tempo Final		TReac	FINA
14.	MARQUES Mariana Nunes				03	Estarreja				5:16.80		+0,75	546
	50m:	33.25	33.25	150m:	1:52.29	39.95	250m:	3:17.40	46.22	350m:	4:42.49	37.86	
	100m:	1:12.34	39.09	200m:	2:31.18	38.89	300m:	4:04.63	47.23	400m:	5:16.80	34.31	
15.	DOMINGUES Luana Pinto				03	Bairro dos Anjos/ Leiria				5:18.11		+0,64	539
	50m:	32.86	32.86	150m:	1:51.74	41.47	250m:	3:17.30	44.00	350m:	4:40.79	38.34	
	100m:	1:10.27	37.41	200m:	2:33.30	41.56	300m:	4:02.45	45.15	400m:	5:18.11	37.32	
16.	SOUSA Ines Matos				03	Uniao Coimbra				5:23.24		+0,84	514
	50m:	34.18	34.18	150m:	1:54.21	41.43	250m:	3:23.14	47.54	350m:	4:47.21	36.19	
	100m:	1:12.78	38.60	200m:	2:35.60	41.39	300m:	4:11.02	47.88	400m:	5:23.24	36.03	
17.	LIMA Jessica Soares				02	Braga				5:23.32		+0,88	513
	50m:	33.42	33.42	150m:	1:54.01	41.62	250m:	3:21.37	46.13	350m:	4:46.14	37.24	
	100m:	1:12.39	38.97	200m:	2:35.24	41.23	300m:	4:08.90	47.53	400m:	5:23.32	37.18	
DNS	OUEIROZ Ana Rita				02	Condeixa Clube							

Prova 11

Masc., 400m Estilos

Absolutos
Resultados

21-12-2018 - 18:50

RN25 Absoluto	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Sen	4:06.83	CARVALHO Diogo Filipe	POR	Istambul (TUR)	11-12-2009
RN25 Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto	11-12-2015
RN25 Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto	19-12-2014

Pontos: FINA 2018

Lugar	Nome			Ano	Clube			Tempo Final		TReac	FINA	
Seniores												
1.	LOPES Gabriel Jose <i>Minimos CEuropa PC</i>			97	Louzan Natacao/EFAPEL			4:08.36		+0,69	852	
	50m:	27.33	27.33	150m:	1:30.30	31.86	250m:	2:35.78	34.08	350m:	3:39.64	29.32
	100m:	58.44	31.11	200m:	2:01.70	31.40	300m:	3:10.32	34.54	400m:	4:08.36	28.72
2.	LOPES Jose Paulo <i>Minimos CEuropa PC</i>			00	Braga			4:10.46		+0,62	831	
	50m:	27.26	27.26	150m:	1:30.74	32.30	250m:	2:37.17	34.54	350m:	3:42.07	29.75
	100m:	58.44	31.18	200m:	2:02.63	31.89	300m:	3:12.32	35.15	400m:	4:10.46	28.39
3.	VELOSO Tomas Miguel <i>Minimos CEuropa PC</i>			96	Nautico Academico			4:13.04		+0,68	806	
	50m:	27.53	27.53	150m:	1:31.90	33.33	250m:	2:39.02	34.10	350m:	3:44.31	30.64
	100m:	58.57	31.04	200m:	2:04.92	33.02	300m:	3:13.67	34.65	400m:	4:13.04	28.73
4.	RAMOS Bruno Miguel			97	Belenenses			4:14.92		+0,66	788	
	50m:	26.99	26.99	150m:	1:30.18	32.07	250m:	2:37.76	35.66	350m:	3:45.23	30.54
	100m:	58.11	31.12	200m:	2:02.10	31.92	300m:	3:14.69	36.93	400m:	4:14.92	29.69
5.	CARVALHO Jose Paula			98	Benfica			4:18.69		+0,70	754	
	50m:	27.79	27.79	150m:	1:32.24	33.62	250m:	2:41.74	36.62	350m:	3:49.68	30.35
	100m:	58.62	30.83	200m:	2:05.12	32.88	300m:	3:19.33	37.59	400m:	4:18.69	29.01

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Prova 11, Masc., 400m Estilos, Seniores

Lugar	Nome				Ano	Clube				Tempo Final		TReac	FINA
6.	PINOTES Pedro Miguel				89	Sporting				4:23.94		+0,78	710
	50m:	28.01	28.01	150m:	1:35.07	34.90	250m:	2:45.53	35.92	350m:	3:53.80	32.09	
	100m:	1:00.17	32.16	200m:	2:09.61	34.54	300m:	3:21.71	36.18	400m:	4:23.94	30.14	
7.	BASTOS Lucas Pereira				00	Nautico Academico				4:24.53		+0,72	705
	50m:	28.30	28.30	150m:	1:35.30	34.64	250m:	2:45.73	36.28	350m:	3:54.00	30.64	
	100m:	1:00.66	32.36	200m:	2:09.45	34.15	300m:	3:23.36	37.63	400m:	4:24.53	30.53	
8.	DANTAS Diogo Leal				00	Sporting				4:25.61		+0,65	697
	50m:	27.40	27.40	150m:	1:32.69	34.17	250m:	2:44.03	37.29	350m:	3:54.54	32.11	
	100m:	58.52	31.12	200m:	2:06.74	34.05	300m:	3:22.43	38.40	400m:	4:25.61	31.07	
9.	SAMPAIO Jose Pedro				98	Fluvial Portuense				4:30.20		+0,75	662
	50m:	27.83	27.83	150m:	1:34.61	34.62	250m:	2:48.09	38.93	350m:	3:59.29	31.26	
	100m:	59.99	32.16	200m:	2:09.16	34.55	300m:	3:28.03	39.94	400m:	4:30.20	30.91	
10.	BESSA Antonio Rafael				94	Aquatico Pacense				4:30.28		+0,72	661
	50m:	28.29	28.29	150m:	1:33.93	34.15	250m:	2:46.76	38.89	350m:	3:57.69	32.30	
	100m:	59.78	31.49	200m:	2:07.87	33.94	300m:	3:25.39	38.63	400m:	4:30.28	32.59	
11.	CATALAO Daniel Nogueira				00	Benfica				4:31.33		+0,61	653
	50m:	28.05	28.05	150m:	1:35.35	34.66	250m:	2:47.42	37.18	350m:	3:58.75	32.99	
	100m:	1:00.69	32.64	200m:	2:10.24	34.89	300m:	3:25.76	38.34	400m:	4:31.33	32.58	
12.	PINTO Antonio Fernando				99	Benfica				4:33.15		+0,77	640
	50m:	27.63	27.63	150m:	1:34.97	35.73	250m:	2:47.89	38.11	350m:	4:01.22	33.40	
	100m:	59.24	31.61	200m:	2:09.78	34.81	300m:	3:27.82	39.93	400m:	4:33.15	31.93	
13.	GASPAR Miguel Caridade				99	Academica de Coimbra				4:34.02		+0,81	634
	50m:	30.31	30.31	150m:	1:40.61	35.74	250m:	2:52.76	37.03	350m:	4:02.95	32.75	
	100m:	1:04.87	34.56	200m:	2:15.73	35.12	300m:	3:30.20	37.44	400m:	4:34.02	31.07	
14.	NUNES Rafael Filipe				96	Benfica				4:37.41		+0,68	611
	50m:	29.28	29.28	150m:	1:38.57	36.44	250m:	2:53.66	39.08	350m:	4:06.40	33.33	
	100m:	1:02.13	32.85	200m:	2:14.58	36.01	300m:	3:33.07	39.41	400m:	4:37.41	31.01	
15.	PERLOIRO Bernardo Garcia				00	Sporting				4:40.60		+0,76	591
	50m:	29.66	29.66	150m:	1:38.74	35.29	250m:	2:54.16	39.17	350m:	4:08.02	33.18	
	100m:	1:03.45	33.79	200m:	2:14.99	36.25	300m:	3:34.84	40.68	400m:	4:40.60	32.58	
16.	JOAQUIM Andre Serro				00	Portinado				4:40.79		+0,74	589
	50m:	29.13	29.13	150m:	1:38.84	35.97	250m:	2:56.06	40.94	350m:	4:09.61	31.86	
	100m:	1:02.87	33.74	200m:	2:15.12	36.28	300m:	3:37.75	41.69	400m:	4:40.79	31.18	
17.	SILVA Paulo Filipe				98	Natacao da Maia				4:40.95		+0,76	588
	50m:	29.33	29.33	150m:	1:38.81	35.96	250m:	2:53.46	39.00	350m:	4:08.99	33.95	
	100m:	1:02.85	33.52	200m:	2:14.46	35.65	300m:	3:35.04	41.58	400m:	4:40.95	31.96	
18.	TOMAS Francisco Xavier				00	Alcobaca				4:41.46		+0,86	585
	50m:	29.84	29.84	150m:	1:41.98	37.56	250m:	2:57.07	39.44	350m:	4:09.68	32.97	
	100m:	1:04.42	34.58	200m:	2:17.63	35.65	300m:	3:36.71	39.64	400m:	4:41.46	31.78	

Prova 11, Masc., 400m Estilos, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
DSQ	ALVES Nuno Rafael	90	Aquatico Pacense			
	616 - O atleta efectuou a chegada totalmente submerso - SW 6.3, (costas)					
DNS	LUZ Filipe Ferreira	98	Geslours			

Juniores

1.	SILVA Tomas Antonio	01	Naval do Funchal	4:26.56	+0,70	689
	50m: 28.46 28.46 150m: 1:35.28 33.89 250m: 2:46.42 36.71 350m: 3:55.40 31.47					
	100m: 1:01.39 32.93 200m: 2:09.71 34.43 300m: 3:23.93 37.51 400m: 4:26.56 31.16					
2.	CRISTINO David Matias	01	Uniao Piedense	4:28.61	+0,82	673
	50m: 28.59 28.59 150m: 1:35.52 33.90 250m: 2:48.08 39.65 350m: 3:58.52 30.92					
	100m: 1:01.62 33.03 200m: 2:08.43 32.91 300m: 3:27.60 39.52 400m: 4:28.61 30.09					
3.	FERNANDES Eduardo Gomes	02	Sporting	4:30.94	+0,79	656
	50m: 28.86 28.86 150m: 1:35.80 34.12 250m: 2:48.50 39.37 350m: 4:00.17 31.73					
	100m: 1:01.68 32.82 200m: 2:09.13 33.33 300m: 3:28.44 39.94 400m: 4:30.94 30.77					
4.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:31.96	+0,78	649
	50m: 29.59 29.59 150m: 1:38.61 36.11 250m: 2:52.89 39.32 350m: 4:02.93 30.80					
	100m: 1:02.50 32.91 200m: 2:13.57 34.96 300m: 3:32.13 39.24 400m: 4:31.96 29.03					
5.	GOMES Vicente Oliveira	02	Sporting	4:36.50	+0,78	617
	50m: 28.81 28.81 150m: 1:37.53 35.43 250m: 2:53.63 40.69 350m: 4:05.17 30.46					
	100m: 1:02.10 33.29 200m: 2:12.94 35.41 300m: 3:34.71 41.08 400m: 4:36.50 31.33					
6.	DOMINGOS Ruy Manuel	02	Sporting	4:39.62	+0,70	597
	50m: 28.62 28.62 150m: 1:36.24 35.23 250m: 2:52.82 41.52 350m: 4:07.73 33.49					
	100m: 1:01.01 32.39 200m: 2:11.30 35.06 300m: 3:34.24 41.42 400m: 4:39.62 31.89					
7.	CABRITO Rodrigo Almeida	01	Belenenses	4:41.44	+0,68	585
	50m: 28.77 28.77 150m: 1:41.71 37.39 250m: 2:55.57 36.63 350m: 4:08.48 34.22					
	100m: 1:04.32 35.55 200m: 2:18.94 37.23 300m: 3:34.26 38.69 400m: 4:41.44 32.96					
8.	MONTEIRO Tomas Penha	02	Alges	4:43.52	+0,72	573
	50m: 30.85 30.85 150m: 1:42.08 36.90 250m: 2:59.07 41.00 350m: 4:12.31 31.65					
	100m: 1:05.18 34.33 200m: 2:18.07 35.99 300m: 3:40.66 41.59 400m: 4:43.52 31.21					
9.	PINTO Pedro Miguel	02	Sporting	4:44.05	+0,82	569
	50m: 29.01 29.01 150m: 1:39.13 36.69 250m: 2:55.87 40.28 350m: 4:11.32 34.14					
	100m: 1:02.44 33.43 200m: 2:15.59 36.46 300m: 3:37.18 41.31 400m: 4:44.05 32.73					
10.	MALFEITO Martim Rebelo	02	Sporting	4:44.78	+0,74	565
	50m: 30.09 30.09 150m: 1:43.64 39.15 250m: 3:01.05 39.01 350m: 4:13.09 32.45					
	100m: 1:04.49 34.40 200m: 2:22.04 38.40 300m: 3:40.64 39.59 400m: 4:44.78 31.69					
11.	COSTA Marco Antonio	02	Natacao Guarda	4:46.96	+0,79	552
	50m: 28.57 28.57 150m: 1:39.93 37.98 250m: 2:59.46 41.31 350m: 4:14.21 32.05					
	100m: 1:01.95 33.38 200m: 2:18.15 38.22 300m: 3:42.16 42.70 400m: 4:46.96 32.75					
12.	PEREIRA Jose Maria	01	Sporting	4:46.99	+0,79	552
	50m: 29.87 29.87 150m: 1:41.00 37.09 250m: 2:59.44 41.89 350m: 4:15.19 33.33					
	100m: 1:03.91 34.04 200m: 2:17.55 36.55 300m: 3:41.86 42.42 400m: 4:46.99 31.80					
13.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	4:51.38	+0,75	527
	50m: 29.79 29.79 150m: 1:42.42 37.96 250m: 3:02.55 42.10 350m: 4:18.57 32.80					
	100m: 1:04.46 34.67 200m: 2:20.45 38.03 300m: 3:45.77 43.22 400m: 4:51.38 32.81					

Prova 11, Masc., 400m Estilos, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
14.	PEREIRA Bernardo Sousa	01	Pimpoes/Cimai	4:57.09	+0,80	498
	50m: 30.41 30.41	150m: 1:44.42 38.98	250m: 3:04.60 42.00	350m: 4:22.99 34.96		
	100m: 1:05.44 35.03	200m: 2:22.60 38.18	300m: 3:48.03 43.43	400m: 4:57.09 34.10		

DSQ GORDO Goncalo Morais 02 Colegio Monte Maior
615 - Não efectuou movimento continuo e imediato na viragem aos 125 - SW 6.4

Prova 16 Femin., 4 x 100m Estilos Absolutos Resultados
21-12-2018 - 19:00

RN25 Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
RN25 Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
RN25 Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Alges-SEN		Alges	4:10.53	+0,62	726
	FRISCHKNECHT Rita Barros	+0,62 29.68	1:01.01	BARATA Barbara Sofia	+0,13 29.16	1:03.46
	PEREIRA Raquel Gomes	+0,44 32.33	1:08.54	AZEVEDO Madalena Gomes	+0,27 27.91	57.52
2.	Sporting-SEN		Sporting	4:17.11	+0,58	671
	FERNANDES Ines Camacho	+0,58 30.38	1:03.71	HENRIQUES Ines Jacinto	+0,41 28.67	1:01.73
	ROSA Maria Carolina	+0,29 34.01	1:14.62	VIEGAS Beatriz Mendes	+0,40 27.33	57.05
3.	Benfica-SEN		Benfica	4:17.70	+0,69	667
	KAMINSKAYA Victoria	+0,69 31.34	1:04.67	TIAGO Filipa Vilas	+0,48 29.22	1:03.93
	BORGES Claudia Ferreira	+0,42 34.38	1:12.40	DURAES Diana Margarida	+0,23 27.62	56.70
4.	Porto-SEN		Porto	4:20.23	+0,70	648
	FERREIRA Catarina Maria	+0,70 32.22	1:06.03	CABRAL Maria Francisca	+0,67 29.47	1:03.39
	SILVA Beatriz Santos	+0,47 33.63	1:12.85	FARIA Ana Rita	+0,54 27.76	57.96
5.	Academica de Coimbra-SEN		Academica de Coimbra	4:23.68	+1,02	622
	NEVES Ana Carolina	+1,02 31.19	1:05.18	CRAVEIRO Beatriz Neves	+0,20 28.78	1:03.10
	DIAS Beatriz Castanheira	+0,32 36.00	1:17.54	MOREIRA Matilde Freitas	+0,13 27.46	57.86
6.	Braga-SEN		Braga	4:27.75	+0,63	594
	FREIXO Juliana Lima	+0,63 31.63	1:05.47	SILVA Maria Madalena	+0,47 30.76	1:06.12
	FERNANDES Ana Sofia	+0,30 36.27	1:18.86	HOLUB Tamila Hryhorivna	+0,14 26.93	57.30
7.	Laranjeiro-SEN		Laranjeiro	4:35.04	+0,66	548
	ROLIM Soraia Guerra	+0,66 34.57	1:11.81	NUNES Sofia Alexandra	+0,39 30.14	1:06.54
	RIESENBERGER Bruna Martins	+0,28 34.87	1:15.09	PIRES Carolina Saraiva	+0,27 29.02	1:01.60

Prova 16, Femin., 4 x 100m Estilos

Juniores

1. Alges-JUN			Alges		4:15.24	+0,76	686
<i>Rec Nacional</i>							
AZEVEDO Rafaela Gomes	+0,76	30.18	1:02.31	CRUZ Sara Moura	+0,17	29.60	1:04.88
PEREIRA Clara Gomes	+0,12	34.27	1:13.06	SOUSA Ana Reis	+0,06	26.58	54.99
2. Benfica-JUN			Benfica		4:22.73	+0,63	629
MARTINS Joana Ribeiro	+0,63	32.43	1:06.66	GRAVETO Ana Raquel	+0,68	29.64	1:03.51
SILVA Natacha Sofia	+0,82	35.08	1:15.46	ANDRE Leticia Maia	+0,17	27.10	57.10
3. Porto-JUN			Porto		4:25.93	+0,67	607
RAMOS Ana Rita	+0,67	31.92	1:05.61	BARBOSA Mariana Fernandes	+0,44	29.62	1:03.96
AMORIM Maria Leonor	+0,51	35.02	1:16.48	SOARES Catarina Silva	+0,55	28.28	59.88
4. Vitoria Guimaraes-JUN			Vitoria Guimaraes		4:33.84	+0,63	556
ALMEIDA Catarina Isabel	+0,63	32.84	1:08.17	FERNANDES Filipa Viamonte	+0,32	29.18	1:04.85
VIEIRA Valeria Goncalves	+0,43	36.05	1:18.32	MACEDO Beatriz Daniela	+0,40	29.40	1:02.50
5. Natacao de Valongo-JUN			Natacao de Valongo		4:37.07	+0,61	536
SOARES Carolina Silva	+0,61	33.12	1:07.94	RODRIGUES Daniela Oliveira	+0,39	31.10	1:08.23
MACHADO Joana Sofia	+0,50	36.30	1:18.06	MOREIRA Mariana Filipa	+0,24	29.80	1:02.84
6. Geslours-JUN			Geslours		4:40.60	+1,33	516
NEVES Leonor Maria	+1,33	33.79	1:10.67	FERRO Carolina Ganhao	+0,14	32.03	1:11.12
HENRIQUES Daniela Mascarenh	+0,41	36.47	1:17.86	REBELO Beatriz Vaz	+0,61	28.85	1:00.95
7. Louletano / Loule Concelho-JUN			Louletano / Loule Concelho		4:40.94	+0,61	515
SEVERINO Isis Sousa	+0,61	32.35	1:07.48	FOMINA Anna	+0,47	32.01	1:12.03
SANTOS Catarina Vitorino	+0,38	36.76	1:20.61	JESUS Maria Crista	+0,43	28.76	1:00.82

Prova 15

21-12-2018 - 19:05

Masc., 4 x 100m Estilos

Absolutos
Resultados

RN25 Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014
RN25 Sen	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	19-12-2014
RN25 Jun	3:50.30	Sporting Clube de Braga	SCB	Porto	08-12-2017

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1. Sporting-SEN			Sporting		3:36.01	+0,62	783
SANTOS Francisco Rogerio	+0,62	25.76	53.85	MOGNE Igor Araujo	+0,55	24.45	52.55
SANTOS Alexis Manacas	+0,36	28.03	59.76	COSTA Tiago Cunha	+0,31	23.99	49.85
2. Porto-SEN			Porto		3:42.00	+0,92	722
NUNES Porfirio Braga	+0,92	27.33	56.91	LINO Rafael	+0,44	25.21	54.92
AMORIM Alexandre Ferreira	+0,26	28.24	1:00.33	SOARES Tiago Silva	+0,32	23.70	49.84
3. Alges-SEN			Alges		3:42.30	+0,58	719
BATE Miguel Ribeiro	+0,58	27.20	56.67	SANTOS Pedro Andre	+0,60	24.74	53.44
PON Hugo	+0,13	28.36	1:01.65	BATE Afonso Ribeiro	+0,21	23.97	50.54
4. Belenenses-SEN			Belenenses		3:44.89	+0,59	694
FERNANDES Joao Diogo	+0,59	27.36	57.47	QUINTANILHA Nuno Goncalo	+0,03	24.63	54.42
TEIXEIRA Guilherme Miguel	+0,51	29.05	1:02.31	RAMOS Bruno Miguel	+0,30	24.49	50.69

Prova 15, Masc., 4 x 100m Estilos, Seniores

Lugar	Clube	Tempo Final	TReac	FINA
5.	Braga-SEN	3:49.98	+0,58	649
	LOPES Jose Paulo +0,58 27.37 56.21 SILVA Jorge Jesus +0,30 26.87 58.37			
	SIMOES Rafael Gomes 28.72 1:02.55 FERNANDES Jose Pedro +0,14 25.25 52.85			
6.	Famalicao-SEN	3:53.02	+0,61	624
	TINOCO Joao Pereira +0,61 27.37 56.77 SILVA Joao Carlos +0,28 25.93 56.51			
	FARIA Rui Pedro +0,41 31.16 1:07.35 FERNANDES Pedro Miguel +0,45 24.64 52.39			
7.	AONDA-Azeitao	3:59.49	+0,56	575
	MARQUES Diogo Puidival +0,56 29.67 1:01.95 LOPES David Granja +0,50 26.04 57.45			
	MAGALHAES Andre Filipe +0,31 30.70 1:07.04 AUGUSTO Bernardo Antunes +0,22 24.96 53.05			
DSQ	Benfica-SEN			
	<i>704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 150 m - SW 7.1</i>			
	ROSA Rodrigo Antonio +0,57 26.62 55.54 PEREIRA Luiz Pedro +0,26			
	NASCIMENTO Miguel Duarte +0,32 DIAS Guilherme Pereira +0,41			

Juniores

1.	Sporting-JUN	3:53.32	+0,69	621
	DOMINGOS Ruy Manuel +0,69 29.04 1:00.18 GOMES Vicente Oliveira +0,43 26.23 56.73			
	CALDEIRA Goncalo Silveirinha +0,48 30.40 1:04.93 FERNANDES Eduardo Gomes +0,39 24.38 51.48			
2.	Benfica-JUN	3:54.01	+0,73	616
	AIRES Rafael Alcantara +0,73 28.00 57.37 FERREIRA Ricardo Pinela +0,41 25.83 56.08			
	BERNARDO Joao Silva +0,36 32.17 1:09.30 LEBRE Diogo Ramos +0,32 24.62 51.26			
3.	Uniao Piedense-JUN	3:56.06	+0,69	600
	CRISTINO David Matias +0,69 28.36 57.58 LOPES Carlos Filipe +0,44 26.08 56.85			
	BRITO Bernardo Geadá +0,31 31.05 1:07.88 CAMOES Tiago Maria +0,41 25.50 53.75			
4.	Alges-JUN	3:56.57	+0,61	596
	MAGALHAES Hugo Nunes +0,61 29.05 1:00.94 BRANCO Alexandre Miguel +0,26 26.91 57.61			
	FRISCHKNECHT Renato Barros +0,22 29.35 1:03.74 MONTEIRO Tomas Penha +0,27 25.74 54.28			
5.	Porto-JUN	3:58.14	+0,58	584
	GONCALVES Rodrigo Oliveira +0,58 29.60 1:01.10 AGUIAR Gabriel Silva +0,42 26.53 57.13			
	SANTOS Pedro Miguel +0,11 30.70 1:06.38 SOUSA Joao Ribeiro +0,33 25.10 53.53			
6.	Belenenses-JUN	4:00.56	+0,69	567
	FREIRE Carlos Marques +0,69 29.01 1:01.08 JACINTO Rafael Rodrigues +0,44 27.50 1:00.30			
	CABRITO Rodrigo Almeida +0,44 30.22 1:04.31 BRAS Ricardo Martins +0,08 25.70 54.87			
7.	Leixoes-JUN	4:02.87	+0,71	551
	BARROSO Bruno Carvalho +0,71 29.45 1:01.51 RIBEIRO Diogo Filipe +1,49 27.48 59.46			
	MENDES Diogo Santos +0,32 31.12 1:07.31 FREIRE Tiago Mendonca +0,38 25.71 54.59			
8.	Vitoria Guimaraes-JUN	4:03.11	+0,62	549
	COSTA Joao Nogueira +0,62 26.91 55.41 MAGALHAES Eduardo Miguel +0,13 26.31 58.41			
	MAGALHAES Vitor Pedro +0,35 32.77 1:11.14 RIBEIRO Jose Carlos +0,36 27.55 58.15			
9.	Estarreja-JUN	4:03.89	+0,62	544
	FIDALGO Mateus Valente +0,62 28.60 59.62 SILVA Luis Afonso +0,16 27.60 1:00.59			
	FERREIRA Joao Renato +0,41 31.05 1:08.80 OLIVEIRA David Miguel +0,21 25.41 54.88			
10.	Geslours-JUN	4:04.14	+0,62	542
	ALFAMA Martim Primavera +0,62 27.92 57.44 CARVALHO Guilherme Ventura +0,47 28.63 1:02.86			
	SANTOS Afonso Amaro +0,22 31.57 1:07.75 SOUZA Francisco Alves +0,70 26.39 56.09			

Prova 15, Masc., 4 x 100m Estilos, Juniores

Lugar				Clube	Tempo Final		TReac	FINA
11.	Naval do Funchal-JUN			Naval do Funchal		4:04.53	+0,85	540
	PITA Diogo Henrique	+0,85	29.64	1:01.58	ALVES Afonso Pinto	+0,17	27.58	1:00.24
	FERNANDES Pedro Pestana	0.00	31.96	1:08.62	DEUS Andre Portugal	+0,06	25.84	54.09
12.	Colegio SMLamas-JUN			Colegio SMLamas		4:06.91	+0,56	524
	MARTINS Samuel Dias	+0,56	28.98	1:00.21	MARTINS Marcos Dias	+0,49	27.79	1:00.21
	PEREIRA Luis Goncalves	+0,30	32.73	1:11.44	OLIVEIRA Manuel Filipe	+0,26	25.56	55.05
13.	Condeixa Clube-JUN			Condeixa Clube		4:07.15	+0,64	523
	MIGUEL Tomas Pedrosa	+0,64	29.22	1:01.55	TRAVASSOS Rodrigo Alexandr	+0,27	27.60	59.34
	MARQUES Goncalo Silva	+0,30	32.80	1:11.08	FROTA Paulo Andre	+0,27	26.30	55.18
14.	Naval Povoense-JUN			Naval Povoense		4:07.85	+0,63	518
	ARAUJO Sergio Daniel	+0,63	30.42	1:03.81	AMORIM Henrique Maieiro	+0,33	28.59	1:01.36
	VIEIRA Hugo Azurara	+0,44	31.84	1:08.21	MORIM Pedro Soares	+0,61	26.31	54.47
15.	Fluvial Portuense-JUN			Fluvial Portuense		4:09.01	+0,59	511
	MACHADO Bruno Rafael	+0,59	28.26	59.45	RIBEIRO Gustavo Francisco	+0,61	28.99	1:03.38
	CUNHA Joao Simons	+0,04	33.19	1:11.71	MAGALHAES Tiago Novais	+0,32	26.01	54.47
DSQ	Fundacao Beatriz Santos-JUN			Fundacao Beatriz Santos				
	724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 7.6							
	DIAS Joao Pedro	+0,70	28.60	59.14	DOMINGUES Ricardo Jorge	+0,41		
	PAIS Joao Ventura	+0,37			PEREIRA Joao Neto	+0.11		

3 - 2ª Jornada - 1ª Sessão (eliminatórias)

22-12-2018 - 9:00

Prova 29	Masc., 4 x 50m Estilos	Absolutos
22-12-2018 - 9:00		Resultados
RN25 Absoluto	1:38.95 CCD Estrelas S. Joao de Brito ESJB Porto	20-12-2014
RN25 Sen	1:38.95 CCD Estrelas S. Joao de Brito ESJB Porto	20-12-2014
RN25 Jun	1:44.80 Futebol Clube do Porto FCP Felgueiras	21-12-2013

Pontos: FINA 2018

Lugar	Clube				Tempo Final	TReac	FINA	
Seniores								
1.	Sporting-SEN				Sporting	1:38.33	+0,64	778
Rec Nacional, Abs e Sen								
	SANTOS Francisco Rogerio	98	+0,64	24.93	MOGNE Igor Araujo	96	+0,53	23.76
	SANTOS Alexis Manacas	92	+0,20	26.82	DANTAS Diogo Leal	00	+0,15	22.82
2.	Benfica-SEN				Benfica	1:38.60	+0,58	771
	ROSA Rodrigo Antonio	96	+0,58	25.62	PEREIRA Luiz Pedro	91	+0,13	23.60
	NASCIMENTO Miguel Duarte	95	+0,17	27.56	DIAS Guilherme Pereira	97	+0,39	21.82
3.	Porto-SEN				Porto	1:41.34	+1,39	710
	NUNES Porfirio Braga	00	+1,39	26.60	LINO Rafael	99	+0,42	24.63
	AMORIM Alexandre Ferreira	99	+0,11	27.52	SOARES Tiago Silva	99	+0,21	22.59
4.	Belenenses-SEN				Belenenses	1:41.56	+0,58	706
	FERNANDES Joao Diogo	98	+0,58	26.90	QUINTANILHA Nuno Goncalo	87	+0,26	24.49
	TEIXEIRA Guilherme Miguel	97	+0,34	27.73	RAMOS Bruno Miguel	97	+0,11	22.44

Splash Meet Manager, 11.57821

Registered to Federacao Portuguesa de Natacao

23-12-2018 18:35 - Página 52

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 29, Masc., 4 x 50m Estilos, Seniores

Lugar	Clube	Tempo Final	TReac	FINA
5.	Alges-SEN	1:42.01	+0,58	696
	BATE Miguel Ribeiro	99	+0,58	24.25
	PON Hugo	98	+0,12	23.03
6.	Academica de Coimbra-SEN	1:43.10	+0,61	675
	LUCAS Joao Filipe	94	+0,61	25.35
	CARVALHO Ruben Paiva	94	+0,09	22.41
7.	Famalicao-SEN	1:46.18		617
	TINOCO Joao Pereira	00		24.44
	FARIA Rui Pedro	94	+0,28	24.48
8.	Braga-SEN	1:46.23	+0,50	617
	LOPES Joao Francisco	98	+0,50	25.42
	SIMÕES Rafael Gomes	00	+0,23	24.07
9.	Desportiva de Viana-SEN	1:50.98		541
	PASSOS Miguel Angelo	96		25.26
	NOVAIS Tiago Miguel	00	+0,54	25.27

Juniores

1.	Sporting-JUN	1:47.11		601
	DOMINGOS Ruy Manuel	02		25.58
	CALDEIRA Goncalo Silveirinha	01	+1,43	23.61
2.	Benfica-JUN	1:47.29	+0,53	598
	AIRES Rafael Alcantara	01	+0,53	25.49
	BERNARDO Joao Silva	02	+0,17	23.74
3.	Uniao Piedense-JUN	1:48.40		580
	SANTOS Edgar Filipe	01		25.17
	BRITO Bernardo Geadá	02	+0,48	24.20
4.	Alges-JUN	1:48.58		577
	MAGALHAES Hugo Nunes	02		26.32
	FRISCHKNECHT Renato Barros	01	+0,22	25.16
5.	Fundacao Beatriz Santos-JUN	1:49.64		561
	DIAS Joao Pedro	02		26.35
	PAIS Joao Ventura	02	+0,44	24.57
6.	Estarreja-JUN	1:50.14		553
	FIDALGO Mateus Valente	01		26.69
	FERREIRA Joao Renato	01	+0,44	25.03
7.	Porto-JUN	1:52.21		523
	SOUSA Joao Ribeiro	01		26.38
	GONCALVES Rodrigo Oliveira	02	+0,37	25.10

Prova 30
22-12-2018 - 9:05

Femin., 4 x 50m Estilos

Absolutos
Resultados

RN25 Absoluto	1:53.38	Futebol Clube do Porto	FCP	Porto	08-12-2012
RN25 Sen	1:53.38	Futebol Clube do Porto	FCP	Porto	08-12-2012
RN25 Jun	1:58.01	Sport Alges e Dafundo	SAD	Felgueiras	21-12-2013

Pontos: FINA 2018

Lugar Clube Tempo Final TReac FINA

Seniores

1. Alges-SEN				Alges	1:55.38	+0,63	717
FRISCHKNECHT Rita Barros	98	+0,63	28.74	BARATA Barbara Sofia	97	+0,10	28.26
PEREIRA Raquel Gomes	00	+0,30	31.80	AZEVEDO Madalena Gomes	99	+0,39	26.58
2. Sporting-SEN				Sporting	1:56.39	+0,63	698
FERNANDES Ines Camacho	97	+0,63	29.03	HENRIQUES Ines Jacinto	00	+0,31	28.33
ROSA Maria Carolina	94	+0,29	32.93	VIEGAS Beatriz Mendes	00	+0,37	26.10
3. Porto-SEN				Porto	1:57.91	+0,68	671
FERREIRA Catarina Maria	98	+0,68	30.34	CABRAL Maria Francisca	00	+0,48	28.46
SILVA Beatriz Santos	01	+0,46	33.03	OLIVEIRA Rosa Maria	96	+0,37	26.08
4. Benfica-SEN				Benfica	1:59.88	+0,63	639
FERREIRA Ana Raquel	98	+0,63	31.24	TIAGO Filipa Vilas	94	+0,50	28.04
BORGES Claudia Ferreira	99	+0,30	33.21	ROLAO Sofia Alexandra	98	+0,47	27.39
5. Academica de Coimbra-SEN				Academica de Coimbra	2:00.08	+0,70	636
NEVES Ana Carolina	00	+0,70	30.22	CRAVEIRO Beatriz Neves	97	+0,37	28.68
ROSARIO Ema Filipa	00	+0,52	34.62	MOREIRA Matilde Freitas	01	+0,15	26.56
6. Braga-SEN				Braga	2:02.82	+0,76	594
FREIXO Juliana Lima	97	+0,76	30.04	SILVA Maria Madalena	98	+0,49	30.09
FERNANDES Ana Sofia	93	+0,15	36.11	HOLUB Tamila Hryhorivna	99	+0,03	26.58
7. Laranjeiro-SEN				Laranjeiro	2:05.36	+0,65	559
ROLIM Soraia Guerra	95	+0,65	33.36	NUNES Sofia Alexandra	00	+0,35	29.76
RIESENBERGER Bruna Martins	97	+0,32	34.14	PIRES Carolina Saraiva	96	+0,37	28.10

Juniores

1. Alges-JUN				Alges	1:56.40	+0,66	698
<i>Rec Nacional, Recorde Nacional 50 Costas (primeiro percurso)</i>							
AZEVEDO Rafaela Gomes	02	+0,66	28.50	CRUZ Sara Moura	03	+0,17	28.91
PEREIRA Clara Gomes	02	+0,20	33.51	SOUSA Ana Reis	02	+0,30	25.48
2. Benfica-JUN				Benfica	1:59.84	+1,31	639
MARTINS Joana Ribeiro	03	+1,31	31.42	GRAVETO Ana Raquel	02	+0,36	28.81
SILVA Natacha Sofia	02	+0,26	34.14	ANDRE Leticia Maia	02	+0,17	25.47
3. Porto-JUN				Porto	2:00.32	+0,65	632
RAMOS Ana Rita	02	+0,65	30.41	BARBOSA Mariana Fernandes	02	+0,36	29.15
AMORIM Maria Leonor	03	+0,36	34.78	SOARES Catarina Silva	03	+0,34	25.98
4. Vitoria Guimaraes-JUN				Vitoria Guimaraes	2:06.08	+0,69	549
ALMEIDA Catarina Isabel	02	+0,69	32.27	FERNANDES Filipa Viamonte	02	+0,19	28.63
VIEIRA Valeria Goncalves	02	+0,58	36.38	MACEDO Beatriz Daniela	02	+0,50	28.80

Prova 17
22-12-2018 - 9:05

Masc., 400m Livres

Absolutos
Resultados

RN25 Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
RN25 Sen	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
RN25 Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26-06-2004
RN25 Jun17	3:56.54	COSTA Rui Filipe	VSC	Feigueiras	24-11-2007
RN S8	5:10.46	LINHARES Ruben Daniel	FVCD	Mealhada	15-04-2018
RN S9	4:20.60	GRACHAT David Realista	GESL	Vila Franca de Xira	04-02-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	VELOSO Tomas Miguel	96	Nautico Academico	3:46.45	+0,69	823
	50m: 26.81 26.81	150m: 1:24.47 29.06	250m: 2:22.08 28.43	350m: 3:18.73 28.06		
	100m: 55.41 28.60	200m: 1:53.65 29.18	300m: 2:50.67 28.59	400m: 3:46.45 27.72		
2.	LOPES Jose Paulo	00	Braga	3:46.52	+0,64	822
	50m: 26.56 26.56	150m: 1:24.32 28.97	250m: 2:21.95 28.33	350m: 3:19.01 28.51		
	100m: 55.35 28.79	200m: 1:53.62 29.30	300m: 2:50.50 28.55	400m: 3:46.52 27.51		
3.	COSTA Tiago Cunha	99	Sporting	3:46.94	+0,68	818
	50m: 26.42 26.42	150m: 1:23.90 28.91	250m: 2:21.14 28.37	350m: 3:19.53 29.38		
	100m: 54.99 28.57	200m: 1:52.77 28.87	300m: 2:50.15 29.01	400m: 3:46.94 27.41		
4.	GIL Rafael Lourenco	96	Sporting	3:49.87	+0,68	787
	50m: 26.83 26.83	150m: 1:24.72 29.19	250m: 2:22.90 28.77	350m: 3:21.12 28.99		
	100m: 55.53 28.70	200m: 1:54.13 29.41	300m: 2:52.13 29.23	400m: 3:49.87 28.75		
5.	PINA Guilherme Filipe	98	Sporting	3:51.89	+0,78	766
	50m: 27.24 27.24	150m: 1:25.46 29.17	250m: 2:24.16 29.22	350m: 3:23.09 29.55		
	100m: 56.29 29.05	200m: 1:54.94 29.48	300m: 2:53.54 29.38	400m: 3:51.89 28.80		
6.	CARVALHO Jose Paula	98	Benfica	3:53.52	+0,73	750
	50m: 27.07 27.07	150m: 1:25.16 29.25	250m: 2:23.69 29.28	350m: 3:23.91 30.48		
	100m: 55.91 28.84	200m: 1:54.41 29.25	300m: 2:53.43 29.74	400m: 3:53.52 29.61		
7.	NUNES Diogo Barbosa	00	Porto	3:54.82	+0,76	738
	50m: 27.19 27.19	150m: 1:25.67 29.49	250m: 2:24.48 29.69	350m: 3:24.81 30.35		
	100m: 56.18 28.99	200m: 1:54.79 29.12	300m: 2:54.46 29.98	400m: 3:54.82 30.01		
8.	BATE Afonso Ribeiro	98	Alges	3:58.37	+0,70	705
	50m: 27.18 27.18	150m: 1:27.53 30.17	250m: 2:28.02 30.30	350m: 3:30.25 31.06		
	100m: 57.36 30.18	200m: 1:57.72 30.19	300m: 2:59.19 31.17	400m: 3:58.37 28.12		
9.	BASTOS Lucas Pereira	00	Nautico Academico	3:58.87	+0,71	701
	50m: 27.08 27.08	150m: 1:26.67 29.85	250m: 2:26.67 29.53	350m: 3:27.79 30.90		
	100m: 56.82 29.74	200m: 1:57.14 30.47	300m: 2:56.89 30.22	400m: 3:58.87 31.08		
10.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	4:01.45	+0,74	679
	50m: 27.39 27.39	150m: 1:27.85 30.53	250m: 2:29.64 30.79	350m: 3:31.06 30.45		
	100m: 57.32 29.93	200m: 1:58.85 31.00	300m: 3:00.61 30.97	400m: 4:01.45 30.39		
11.	SANTO Filipe Miguel	00	Benfica	4:01.65	+0,81	677
	50m: 26.28 26.28	150m: 1:24.89 29.85	250m: 2:26.25 30.84	350m: 3:30.01 32.14		
	100m: 55.04 28.76	200m: 1:55.41 30.52	300m: 2:57.87 31.62	400m: 4:01.65 31.64		
12.	TRAVANCA Sergio Filipe	00	Leixoes	4:01.72	+0,68	677
	50m: 27.71 27.71	150m: 1:28.61 30.95	250m: 2:30.17 30.44	350m: 3:31.34 30.61		
	100m: 57.66 29.95	200m: 1:59.73 31.12	300m: 3:00.73 30.56	400m: 4:01.72 30.38		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 17, Masc., 400m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
13.	PINTO Antonio Fernando	99	Benfica	4:04.48	+0,75	654
	50m: 27.92 27.92	150m: 1:29.01 30.76	250m: 2:30.64 30.49	350m: 3:33.18 31.23		
	100m: 58.25 30.33	200m: 2:00.15 31.14	300m: 3:01.95 31.31	400m: 4:04.48 31.30		
14.	FARIA Rui Pedro	94	Famalicao	4:05.15	+0,84	649
	50m: 27.74 27.74	150m: 1:28.51 30.92	250m: 2:30.37 30.96	350m: 3:33.79 31.95		
	100m: 57.59 29.85	200m: 1:59.41 30.90	300m: 3:01.84 31.47	400m: 4:05.15 31.36		
15.	MORIM Ruben Jose	97	Vilacondense	4:05.55	+0,77	645
	50m: 27.60 27.60	150m: 1:28.18 30.62	250m: 2:31.13 31.45	350m: 3:34.45 31.61		
	100m: 57.56 29.96	200m: 1:59.68 31.50	300m: 3:02.84 31.71	400m: 4:05.55 31.10		
16.	BATE Miguel Ribeiro	99	Alges	4:09.94	+0,74	612
	50m: 27.33 27.33	150m: 1:28.91 31.10	250m: 2:32.52 31.82	350m: 3:37.93 32.87		
	100m: 57.81 30.48	200m: 2:00.70 31.79	300m: 3:05.06 32.54	400m: 4:09.94 32.01		

Juniores

1.	SANTOS Pedro Miguel	01	Porto	3:56.20	+0,70	725
	50m: 27.06 27.06	150m: 1:25.69 28.76	250m: 2:25.00 29.85	350m: 3:26.34 30.78		
	100m: 56.93 29.87	200m: 1:55.15 29.46	300m: 2:55.56 30.56	400m: 3:56.20 29.86		
2.	CRISTINO David Matias	01	Uniao Piedense	3:57.45	+0,74	714
	50m: 28.04 28.04	150m: 1:28.54 30.34	250m: 2:29.24 30.12	350m: 3:28.86 29.53		
	100m: 58.20 30.16	200m: 1:59.12 30.58	300m: 2:59.33 30.09	400m: 3:57.45 28.59		
3.	LEBRE Diogo Ramos	01	Benfica	3:58.27	+0,80	706
	50m: 28.08 28.08	150m: 1:28.31 30.43	250m: 2:29.26 30.16	350m: 3:29.33 29.58		
	100m: 57.88 29.80	200m: 1:59.10 30.79	300m: 2:59.75 30.49	400m: 3:58.27 28.94		
4.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	3:58.57	+0,73	704
	50m: 28.30 28.30	150m: 1:28.51 30.18	250m: 2:28.93 30.13	350m: 3:29.67 30.42		
	100m: 58.33 30.03	200m: 1:58.80 30.29	300m: 2:59.25 30.32	400m: 3:58.57 28.90		
5.	JORGE Duarte Miguel	01	Galitos / Bresimar	3:59.88	+0,80	692
	50m: 27.55 27.55	150m: 1:27.78 30.44	250m: 2:28.54 30.19	350m: 3:30.05 30.82		
	100m: 57.34 29.79	200m: 1:58.35 30.57	300m: 2:59.23 30.69	400m: 3:59.88 29.83		
6.	LOPES Tomas Teixeira	02	Foca	4:03.84	+0,71	659
	50m: 27.86 27.86	150m: 1:28.83 30.72	250m: 2:31.10 31.08	350m: 3:33.35 31.00		
	100m: 58.11 30.25	200m: 2:00.02 31.19	300m: 3:02.35 31.25	400m: 4:03.84 30.49		
7.	AMARAL Francisco Rodriguez	02	Campinho	4:04.43	+0,71	654
	50m: 27.44 27.44	150m: 1:28.03 30.60	250m: 2:29.95 31.17	350m: 3:33.36 31.77		
	100m: 57.43 29.99	200m: 1:58.78 30.75	300m: 3:01.59 31.64	400m: 4:04.43 31.07		
8.	NUNES Francisco Costa	02	Salvaterra de Magos	4:05.77	+0,79	644
	50m: 28.36 28.36	150m: 1:29.38 30.76	250m: 2:31.63 31.24	350m: 3:34.59 31.42		
	100m: 58.62 30.26	200m: 2:00.39 31.01	300m: 3:03.17 31.54	400m: 4:05.77 31.18		

Prova 17, Masc., 400m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
9.	TRAVASSOS Rodrigo Alexandre	02	Condeixa Clube	4:07.06	+0,74	634
	50m: 28.61 28.61 150m: 1:31.37 31.34 250m: 2:35.01 31.61 350m: 3:37.61 30.98					
	100m: 1:00.03 31.42 200m: 2:03.40 32.03 300m: 3:06.63 31.62 400m: 4:07.06 29.45					
10.	PEREIRA Joao Peixoto	01	Braga	4:07.31	+0,73	632
	50m: 28.18 28.18 150m: 1:31.46 31.61 250m: 2:34.53 31.33 350m: 3:37.61 31.22					
	100m: 59.85 31.67 200m: 2:03.20 31.74 300m: 3:06.39 31.86 400m: 4:07.31 29.70					
11.	DEUS Andre Portugal	02	Naval do Funchal	4:07.33	+0,73	631
	50m: 28.36 28.36 150m: 1:31.06 31.45 250m: 2:34.39 31.54 350m: 3:37.15 31.01					
	100m: 59.61 31.25 200m: 2:02.85 31.79 300m: 3:06.14 31.75 400m: 4:07.33 30.18					
12.	CARDOSO Diogo Santos	01	Colegio Monte Maior	4:07.83	+0,77	628
	50m: 28.89 28.89 150m: 1:31.32 31.42 250m: 2:35.06 31.69 350m: 3:38.31 31.42					
	100m: 59.90 31.01 200m: 2:03.37 32.05 300m: 3:06.89 31.83 400m: 4:07.83 29.52					
13.	VILHENA Tiago Miguel	01	Natacao de Faro	4:08.31	+0,73	624
	50m: 28.62 28.62 150m: 1:30.78 31.39 250m: 2:34.56 32.05 350m: 3:37.56 30.99					
	100m: 59.39 30.77 200m: 2:02.51 31.73 300m: 3:06.57 32.01 400m: 4:08.31 30.75					
14.	FROTA Paulo Andre	02	Condeixa Clube	4:08.48	+0,67	623
	50m: 29.36 29.36 150m: 1:31.95 31.59 250m: 2:35.50 31.43 350m: 3:38.53 31.42					
	100m: 1:00.36 31.00 200m: 2:04.07 32.12 300m: 3:07.11 31.61 400m: 4:08.48 29.95					
15.	FERNANDES Eduardo Gomes	02	Sporting	4:09.78	+0,79	613
	50m: 28.03 28.03 150m: 1:29.59 31.29 250m: 2:34.19 32.37 350m: 3:38.65 32.08					
	100m: 58.30 30.27 200m: 2:01.82 32.23 300m: 3:06.57 32.38 400m: 4:09.78 31.13					
16.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	4:13.67	+0,81	585
	50m: 29.18 29.18 150m: 1:32.07 31.60 250m: 2:36.32 31.72 350m: 3:41.45 32.92					
	100m: 1:00.47 31.29 200m: 2:04.60 32.53 300m: 3:08.53 32.21 400m: 4:13.67 32.22					
EXH	GRACHAT David Realista	87	Geslours	4:23.51	+0,82	522
	50m: 29.54 29.54 150m: 1:35.06 33.14 250m: 2:41.92 33.33 350m: 3:49.81 34.26					
	100m: 1:01.92 32.38 200m: 2:08.59 33.53 300m: 3:15.55 33.63 400m: 4:23.51 33.70					
EXH	SOARES Ricardo Aderneira Rec Nacional S 8,	99	Geslours	5:04.93	+0,80	337
	50m: 35.24 35.24 150m: 1:52.14 38.76 250m: 3:09.22 38.22 350m: 4:26.90 38.44					
	100m: 1:13.38 38.14 200m: 2:31.00 38.86 300m: 3:48.46 39.24 400m: 5:04.93 38.03					

Prova 18	Femin., 400m Livres					Absolutos
22-12-2018 - 9:30						Resultados
RN25 Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)		17-12-2017
RN25 Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)		17-12-2017
RN25 Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto		12-12-2015
RN25 Jun16	4:13.53	SOUZA Ana Reis	CNLA	Porto		09-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	DURAES Diana Margarida	96	Benfica	4:06.34	+0,76	862
	<i>Minimos CEuropa PC</i>					
	50m: 29.10 29.10	150m: 1:30.74 30.94	250m: 2:32.99 31.01	350m: 3:35.50 31.27		
	100m: 59.80 30.70	200m: 2:01.98 31.24	300m: 3:04.23 31.24	400m: 4:06.34 30.84		
2.	HOLUB Tamila Hryhorivna	99	Braga	4:08.53	+0,77	840
	<i>Minimos CEuropa PC</i>					
	50m: 29.16 29.16	150m: 1:31.43 31.29	250m: 2:34.05 31.33	350m: 3:37.47 31.81		
	100m: 1:00.14 30.98	200m: 2:02.72 31.29	300m: 3:05.66 31.61	400m: 4:08.53 31.06		
3.	ANDRE Angelica Maria	94	Fluvial Portuense	4:19.31	+0,73	739
	50m: 30.29 30.29	150m: 1:35.69 32.88	250m: 2:41.73 33.18	350m: 3:47.40 32.72		
	100m: 1:02.81 32.52	200m: 2:08.55 32.86	300m: 3:14.68 32.95	400m: 4:19.31 31.91		
4.	HENRIQUES Ines Jacinto	00	Sporting	4:19.33	+0,76	739
	50m: 30.33 30.33	150m: 1:36.12 32.93	250m: 2:41.34 32.38	350m: 3:46.99 32.79		
	100m: 1:03.19 32.86	200m: 2:08.96 32.84	300m: 3:14.20 32.86	400m: 4:19.33 32.34		
5.	FARIA Ana Rita	00	Porto	4:22.09	+0,75	716
	50m: 30.33 30.33	150m: 1:36.54 33.28	250m: 2:42.69 32.81	350m: 3:49.45 33.35		
	100m: 1:03.26 32.93	200m: 2:09.88 33.34	300m: 3:16.10 33.41	400m: 4:22.09 32.64		
6.	AMADOR Joana Costa	01	Galitos / Bresimar	4:22.43	+0,74	713
	50m: 30.10 30.10	150m: 1:35.02 32.79	250m: 2:40.89 33.02	350m: 3:48.30 33.88		
	100m: 1:02.23 32.13	200m: 2:07.87 32.85	300m: 3:14.42 33.53	400m: 4:22.43 34.13		
7.	ALVES Sara Sofia	01	Columbofila Cantanhedense	4:25.23	+0,75	691
	50m: 31.14 31.14	150m: 1:37.28 33.26	250m: 2:45.01 33.95	350m: 3:52.90 33.82		
	100m: 1:04.02 32.88	200m: 2:11.06 33.78	300m: 3:19.08 34.07	400m: 4:25.23 32.33		
8.	RODRIGUES Filipa Serrano	01	Benfica	4:27.59	+0,76	673
	50m: 30.45 30.45	150m: 1:36.96 33.50	250m: 2:44.74 33.96	350m: 3:53.54 34.77		
	100m: 1:03.46 33.01	200m: 2:10.78 33.82	300m: 3:18.77 34.03	400m: 4:27.59 34.05		
9.	AZEVEDO Madalena Gomes	99	Alges	4:31.16	+0,76	646
	50m: 30.13 30.13	150m: 1:37.80 34.54	250m: 2:47.34 34.53	350m: 3:56.88 34.59		
	100m: 1:03.26 33.13	200m: 2:12.81 35.01	300m: 3:22.29 34.95	400m: 4:31.16 34.28		
10.	NEVES Carolina Marques	01	Torres Novas	4:32.93	+0,86	634
	50m: 30.99 30.99	150m: 1:39.77 34.60	250m: 2:49.65 34.99	350m: 3:59.85 35.04		
	100m: 1:05.17 34.18	200m: 2:14.66 34.89	300m: 3:24.81 35.16	400m: 4:32.93 33.08		
11.	CARVALHO Eva Guerreiro	99	Benfica	4:34.12	+0,81	626
	50m: 31.51 31.51	150m: 1:39.59 34.25	250m: 2:48.99 34.63	350m: 3:59.49 35.42		
	100m: 1:05.34 33.83	200m: 2:14.36 34.77	300m: 3:24.07 35.08	400m: 4:34.12 34.63		
DNS	BELEZA Mafalda Gomes	94	Sporting			

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 18, Femin., 400m Livres

Juniores

1. SOUSA Ana Reis	02	Alges	4:17.00	+0,74	759
50m: 29.45 29.45	150m: 1:32.89 32.12	250m: 2:37.84 32.65	350m: 3:44.35 33.44		
100m: 1:00.77 31.32	200m: 2:05.19 32.30	300m: 3:10.91 33.07	400m: 4:17.00 32.65		
2. ANDRE Leticia Maia	02	Benfica	4:19.38	+0,75	739
50m: 30.01 30.01	150m: 1:34.29 32.48	250m: 2:39.93 33.09	350m: 3:46.54 33.33		
100m: 1:01.81 31.80	200m: 2:06.84 32.55	300m: 3:13.21 33.28	400m: 4:19.38 32.84		
3. FRAZAO Alexandra Couto	02	Condeixa Clube	4:19.46	+0,79	738
50m: 31.02 31.02	150m: 1:36.29 32.73	250m: 2:41.75 32.69	350m: 3:47.33 32.63		
100m: 1:03.56 32.54	200m: 2:09.06 32.77	300m: 3:14.70 32.95	400m: 4:19.46 32.13		
4. PINA Ana Sofia	02	O Crasto	4:20.54	+0,79	729
50m: 30.29 30.29	150m: 1:36.47 33.30	250m: 2:42.62 32.88	350m: 3:48.64 33.03		
100m: 1:03.17 32.88	200m: 2:09.74 33.27	300m: 3:15.61 32.99	400m: 4:20.54 31.90		
5. CARDEAL Joana Nunes	02	Academico Viseu	4:20.68	+0,87	728
50m: 30.39 30.39	150m: 1:36.61 33.05	250m: 2:42.81 33.11	350m: 3:48.92 32.92		
100m: 1:03.56 33.17	200m: 2:09.70 33.09	300m: 3:16.00 33.19	400m: 4:20.68 31.76		
6. QUEIROZ Ana Rita	02	Condeixa Clube	4:21.54	+0,72	720
50m: 30.61 30.61	150m: 1:36.43 33.00	250m: 2:41.97 32.34	350m: 3:48.29 33.16		
100m: 1:03.43 32.82	200m: 2:09.63 33.20	300m: 3:15.13 33.16	400m: 4:21.54 33.25		
7. RAMOS Ana Rita	02	Porto	4:24.17	+0,79	699
50m: 30.51 30.51	150m: 1:36.95 33.49	250m: 2:44.04 33.73	350m: 3:51.36 33.73		
100m: 1:03.46 32.95	200m: 2:10.31 33.36	300m: 3:17.63 33.59	400m: 4:24.17 32.81		
8. MENDES Mariana Amaral	02	Colegio Monte Maior	4:24.91	+0,80	693
50m: 31.35 31.35	150m: 1:37.68 33.19	250m: 2:44.70 33.51	350m: 3:51.97 33.58		
100m: 1:04.49 33.14	200m: 2:11.19 33.51	300m: 3:18.39 33.69	400m: 4:24.91 32.94		
9. BARBOSA Mariana Fernandes	02	Porto	4:26.33	+0,80	682
50m: 31.10 31.10	150m: 1:37.73 33.35	250m: 2:44.65 33.39	350m: 3:53.15 34.37		
100m: 1:04.38 33.28	200m: 2:11.26 33.53	300m: 3:18.78 34.13	400m: 4:26.33 33.18		
10. MARTINS Francisca Soares	03	Foca	4:28.23	+0,74	668
50m: 30.60 30.60	150m: 1:36.58 33.08	250m: 2:44.74 34.55	350m: 3:54.48 34.87		
100m: 1:03.50 32.90	200m: 2:10.19 33.61	300m: 3:19.61 34.87	400m: 4:28.23 33.75		
11. CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	4:32.46	+0,78	637
50m: 31.00 31.00	150m: 1:39.38 34.51	250m: 2:48.98 34.75	350m: 3:58.71 34.49		
100m: 1:04.87 33.87	200m: 2:14.23 34.85	300m: 3:24.22 35.24	400m: 4:32.46 33.75		
12. CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	4:32.67	+0,81	636
50m: 31.65 31.65	150m: 1:39.83 34.39	250m: 2:49.68 35.10	350m: 3:59.19 34.65		
100m: 1:05.44 33.79	200m: 2:14.58 34.75	300m: 3:24.54 34.86	400m: 4:32.67 33.48		
13. SOARES Carolina Silva	03	Natacao de Valongo	4:34.09	+0,84	626
50m: 31.25 31.25	150m: 1:39.32 34.27	250m: 2:49.15 34.72	350m: 4:00.03 35.66		
100m: 1:05.05 33.80	200m: 2:14.43 35.11	300m: 3:24.37 35.22	400m: 4:34.09 34.06		
14. MONTEIRO Margarida Cabral	02	Galitos / Bresimar	4:34.72	+0,80	622
50m: 31.49 31.49	150m: 1:39.81 34.58	250m: 2:49.49 34.91	350m: 3:59.38 35.07		
100m: 1:05.23 33.74	200m: 2:14.58 34.77	300m: 3:24.31 34.82	400m: 4:34.72 35.34		
15. MARTINS Joana Ribeiro	03	Benfica	4:36.66	+0,85	609
50m: 31.69 31.69	150m: 1:39.96 34.47	250m: 2:50.33 35.45	350m: 4:01.15 35.38		
100m: 1:05.49 33.80	200m: 2:14.88 34.92	300m: 3:25.77 35.44	400m: 4:36.66 35.51		

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PARCEIROS



Prova 18, Femin., 400m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
16.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	4:40.85	+0,86	582
	50m: 32.12 32.12	150m: 1:39.55 34.15	250m: 2:51.45 36.85	350m: 4:04.96 36.53		
	100m: 1:05.40 33.28	200m: 2:14.60 35.05	300m: 3:28.43 36.98	400m: 4:40.85 35.89		
17.	VARANDAS Joana Filipa	02	Laranjeiro	4:47.50	+0,78	542
	50m: 31.78 31.78	150m: 1:43.06 36.39	250m: 2:56.75 36.75	350m: 4:11.06 37.21		
	100m: 1:06.67 34.89	200m: 2:20.00 36.94	300m: 3:33.85 37.10	400m: 4:47.50 36.44		
18.	SOUSA Ines Matos	03	Uniao Coimbra	4:49.67	+0,81	530
	50m: 32.66 32.66	150m: 1:44.91 36.66	250m: 2:58.78 36.87	350m: 4:12.85 37.12		
	100m: 1:08.25 35.59	200m: 2:21.91 37.00	300m: 3:35.73 36.95	400m: 4:49.67 36.82		
EXH	CHEROUATI Souad Nefissa	89	Benfica	4:26.50	+0,80	681
	50m: 31.35 31.35	150m: 1:38.43 33.85	250m: 2:45.82 33.85	350m: 3:53.54 33.65		
	100m: 1:04.58 33.23	200m: 2:11.97 33.54	300m: 3:19.89 34.07	400m: 4:26.50 32.96		

Prova 19

Masc., 50m Costas

Absolutos
Resultados Elimin

RN25 Absoluto	23.75	LOPES Gabriel Jose	POR	Hangzhou (CHN)	13-12-2018
RN25 Sen	23.75	LOPES Gabriel Jose	POR	Hangzhou (CHN)	13-12-2018
RN25 Jun18	25.01	SANTOS Alexis Manacas	SCP	Leiria	04-12-2009
RN25 Jun17	25.37	LOPES Gabriel Jose	CDL	Coimbra	11-05-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	SANTOS Alexis Manacas	92	Sporting	24.90	+0,63 Q	710
2.	SANTOS Francisco Rogerio	98	Sporting	25.85	+0,65 Q	635
3.	KOT Viktor	98	Nautico Marinha Grande	26.17	+0,54 Q	612
4.	ROSA Rodrigo Antonio	96	Benfica	26.46	+0,57 Q	592
5.	LEIRIA David Miguel	93	Benfica	26.49	+0,59 Q	590
6.	DANTAS Diogo Leal	00	Sporting	26.56	+0,50 Q	585
7.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	26.58	+0,58 Q	584
8.	WEUSTINK Koen	00	Ginasio de Vila Real	26.86	+0,52 Q	566
9.	FERNANDES Joao Diogo	98	Belenenses	26.94	+0,55 R	561
10.	TINOCO Joao Pereira	00	Famalicao	26.99	+0,61 R	557
11.	ALMEIDA Carlos Afonso	98	Alges	27.06	+0,62	553
12.	COXIXO Tomas Silva	99	Palmela Desporto	27.08	+0,61	552
13.	CORREIA Joao Mota	97	Benfica	27.10	+0,64	551
14.	SANTANA Joao Miguel	00	Benfica	27.34	+1,82	536

Prova 19, Masc., 50m Costas, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
15.	PIRES Ricardo Saraiva	98	Laranjeiro	27.41	+0,63	532
16.	RIBEIRO Ivo Pinto	97	Foca	27.42	+0,63	532
17.	PASSOS Miguel Angelo	96	Desportiva de Viana	27.87	+0,59	506

Juniores

1.	COSTA Diogo Santos	02	Colegio Monte Maior	26.00	+0,56 Q	624
2.	COSTA Joao Nogueira	01	Vitoria Guimaraes	26.38	+0,60 Q	597
3.	ZENZA Francisco Manuel	01	Natacao da Maia	26.54	Q	586
4.	ALFAMA Martim Primavera	02	Geslours	26.83	+0,59 Q	568
5.	ARZILEIRO Bernardo Vinagre	01	Uniao Coimbra	27.03	Q	555
6.	FIDALGO Mateus Valente	01	Estarreja	27.10	+0,61 Q	551
7.	FREIRE Carlos Marques	01	Belenenses	27.58	+0,58 Q	522
8.	BARATA Tomas Santos	01	Natacao de Lagos	27.62	Q	520
9.	CUNHA Afonso Passos	01	Famalicao	27.73	+0,60 R	514
10.	MACHADO Bruno Rafael	01	Fluvial Portuense	27.87	+0,73 R	506
11.	DIAS Joao Pedro	02	Fundacao Beatriz Santos	27.90	+0,66	505
12.	PINTO Rodrigo Melo	01	Colegio Vasco da Gama	28.27	+0,79	485
EXH	CANCELA Diogo Luis	02	Miranda do Corvo	32.99	+0,70	305

Prova 20

Femin., 50m Costas

Absolutos

22-12-2018 - 9:50

Resultados Elimin

RN25 Absoluto	28.07	LEITE Ana Sofia	GCVR	Algés	06-06-2015
RN25 Sen	28.07	LEITE Ana Sofia	GCVR	Algés	06-06-2015
RN25 Jun17	28.53	FERNANDES Ines Camacho	SCP	Felgueiras	21-12-2013
RN25 Jun16	28.42	FERNANDES Ines Camacho	SCP	Porto	08-12-2012

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	FERNANDES Ines Camacho	97	Sporting	29.06	+0,60 Q	689
2.	MESTRE Catarina Martins	00	Natacao de Lisboa	29.46	+0,63 Q	661
3.	LEITE Ana Sofia	93	Ginasio de Vila Real	29.65	+0,63 Q	648
4.	LOPES Carolina Sofia	96	Natacao de Faro	29.81	+1,94 Q	638
5.	TIAGO Filipa Vilas	94	Benfica	29.96	+0,60 Q	629
6.	NEVES Ana Carolina	00	Academica de Coimbra	30.15	+0,60 Q	617
	FREIXO Juliana Lima	97	Braga	30.15	+0,64 Q	617
8.	CABRAL Maria Francisca	00	Porto	30.24	+0,66 Q	611
9.	PEREIRA Beatriz Elisabete	97	Cova da Piedade	30.49	+0,58 R	596
10.	FERREIRA Catarina Maria	98	Porto	30.58	+0,68 R	591
11.	REIS Ana Miguel	00	Nautico Academico	30.91	+0,59	572

Prova 20, Femin., 50m Costas, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
12.	ROLAO Sofia Alexandra	98	Benfica	30.93	+0,61	571
13.	SANTOS Alexandra Jesus	00	Leixoes	30.94	+0,62	571
14.	VIEIRA Jessica Teixeira	91	Belenenses	31.08	+0,70	563
15.	AGUILAR Vera Ines	00	Desportivo Nacional	31.36	+0,61	548
16.	FERREIRA Ana Raquel	98	Benfica	31.46	+0,66	543
17.	NUNES Sofia Alexandra	00	Laranjeiro	31.81	+0,70	525
DNS	SANTOS Tatiana Filipa	95	Academica de Coimbra			
DNS	MARTINS Matilde Pereira	99	Natacao de Sao Bras			

Juniores

1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	28.87	+0,56 Q	702
2.	AZEVEDO Rafaela Gomes	02	Alges	28.93	+0,69 Q	698
3.	MADEIRA Claudia Isabel	02	Clube de Vouzela	30.59	+0,63 Q	590
	PEIXEIRA Filipa Ramos	03	Sporting	30.59	+0,69 Q	590
5.	ESTEVES Maria Mousinho	02	Laranjeiro	30.87	+1,85 Q	574
6.	LASCU Nicoleta	02	Litoral Alentejano	31.04	+0,74 Q	565
7.	SEVERINO Isis Sousa	02	Louletano / Loule Concelho	31.20	+0,57 Q	556
8.	CARVALHO Maria Joao	02	Portinado	31.29	+0,65 Q	552
9.	MARQUES Mariana Nunes	03	Estarreja	31.37	+0,65 R	547
10.	RAMOS Ines Asseiceira	03	Torres Novas	31.38	+1,49 R	547
11.	MENDES Lea Alexandra	03	Gualdim Pais	31.45	+0,57	543
12.	MELO Barbara Azambujo	02	Academica de Coimbra	31.47	+0,85	542
	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	31.47	+0,72	542
14.	CUNHA Mafalda Pacheco	02	Fluvial Portuense	31.76	+0,92	528
15.	JUNQUEIRA Sofia Ribeiro	02	Bairro dos Anjos/ Leiria	32.07	+0,72	512
16.	TEJO Sara Sofia	03	Condeixa Clube	32.83	+0,60	478

Prova 21

Masc., 200m Bruços

Absolutos

22-12-2018 - 10:00

Resultados Elimin

RN25 Absoluto	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
RN25 Sen	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
RN25 Jun18	2:13.22	SANTOS Andre Goncalo	LSC	Porto	19-12-2014
RN25 Jun17	2:16.24	SILVA Jorge Jesus	SCB	Funchal	10-12-2016

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	2:09.73	+0,66 Q	800
	50m: 29.58 29.58 100m: 1:02.58 33.00 150m: 1:35.90 33.32 200m: 2:09.73 33.83					
2.	VELOSO Tomas Miguel	96	Nautico Academico	2:15.35	+0,67 Q	704
	50m: 30.81 30.81 100m: 1:05.22 34.41 150m: 1:39.49 34.27 200m: 2:15.35 35.86					
3.	MENDES Antonio Manuel	99	Sporting	2:15.46	+0,69 Q	702
	50m: 31.51 31.51 100m: 1:05.94 34.43 150m: 1:41.18 35.24 200m: 2:15.46 34.28					

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 21, Masc., 200m Bruços, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
4.	PON Hugo	98	Alges	2:15.77	+0,68 Q	698
	50m: 30.93 30.93 100m: 1:04.88 33.95 150m: 1:39.89 35.01 200m: 2:15.77 35.88					
5.	VITAL Joao Alexandre	98	Sporting	2:16.06	+0,73 Q	693
	50m: 31.09 31.09 100m: 1:05.56 34.47 150m: 1:40.30 34.74 200m: 2:16.06 35.76					
6.	SIMÕES Rafael Gomes	00	Braga	2:16.13	+0,81 Q	692
	50m: 30.99 30.99 100m: 1:05.73 34.74 150m: 1:40.84 35.11 200m: 2:16.13 35.29					
7.	CRUCHINHO Miguel Monteiro	97	Sporting	2:16.34	+0,72 Q	689
	50m: 31.14 31.14 100m: 1:06.12 34.98 150m: 1:41.23 35.11 200m: 2:16.34 35.11					
8.	AMORIM Alexandre Ferreira	99	Porto	2:16.39	+0,72 Q	688
	50m: 30.98 30.98 100m: 1:05.57 34.59 150m: 1:40.68 35.11 200m: 2:16.39 35.71					
9.	PINOTES Pedro Miguel	89	Sporting	2:17.12	+0,73 R	677
	50m: 31.14 31.14 100m: 1:06.11 34.97 150m: 1:41.45 35.34 200m: 2:17.12 35.67					
10.	RAMOS Filipe Carmo	97	Vilacondense	2:19.10	+0,77 R	649
	50m: 31.21 31.21 100m: 1:06.51 35.30 150m: 1:43.07 36.56 200m: 2:19.10 36.03					
11.	SILVA Pedro Miguel	94	Colegio Monte Maior	2:19.25	+0,74	647
	50m: 32.00 32.00 100m: 1:07.43 35.43 150m: 1:43.14 35.71 200m: 2:19.25 36.11					
12.	TEODORO Diogo Filipe	99	Natacao de Valongo	2:20.12	+0,69	635
	50m: 31.59 31.59 100m: 1:07.22 35.63 150m: 1:43.57 36.35 200m: 2:20.12 36.55					
13.	CATALAO Daniel Nogueira	00	Benfica	2:20.66	+0,63	627
	50m: 32.69 32.69 100m: 1:08.62 35.93 150m: 1:44.29 35.67 200m: 2:20.66 36.37					
14.	GASPAR Miguel Caridade	99	Academica de Coimbra	2:21.41	+0,75	617
	50m: 32.34 32.34 100m: 1:08.26 35.92 150m: 1:44.81 36.55 200m: 2:21.41 36.60					
15.	VARGAS Joao Manuel	00	Alges	2:21.45	+0,68	617
	50m: 32.45 32.45 100m: 1:08.43 35.98 150m: 1:44.79 36.36 200m: 2:21.45 36.66					
16.	ALVES Nuno Rafael	90	Aquatico Pacense	2:23.75	+0,79	588
	50m: 31.74 31.74 100m: 1:07.84 36.10 150m: 1:45.36 37.52 200m: 2:23.75 38.39					
17.	PINTO Antonio Fernando	99	Benfica	2:24.18	+0,85	582
	50m: 32.84 32.84 100m: 1:09.44 36.60 150m: 1:46.81 37.37 200m: 2:24.18 37.37					
18.	DINIS Tiago Moises	98	Nautico Academico	2:25.31	+0,73	569
	50m: 31.59 31.59 100m: 1:08.04 36.45 150m: 1:46.00 37.96 200m: 2:25.31 39.31					
19.	MARTINS Bruno Miguel	93	Geslours	2:25.42	+0,75	568
	50m: 33.09 33.09 100m: 1:10.89 37.80 150m: 1:48.34 37.45 200m: 2:25.42 37.08					
20.	MIRKA Artem Vos	00	Galitos / Bresimar	2:26.17	+0,73	559
	50m: 31.75 31.75 100m: 1:08.27 36.52 150m: 1:46.56 38.29 200m: 2:26.17 39.61					
21.	SILVA Luis Pedro	98	Desportivo Nacional	2:26.45	+0,81	556
	50m: 31.54 31.54 100m: 1:08.19 36.65 150m: 1:46.65 38.46 200m: 2:26.45 39.80					

Prova 21, Masc., 200m Bruços, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
22.	GRENHO Andre Tavares	99	Sporting	2:28.21	+0,80	536
	50m: 33.24 33.24	100m: 1:10.57 37.33	150m: 1:49.29 38.72	200m: 2:28.21 38.92		
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			

Juniores

1.	CABRITO Rodrigo Almeida	01	Belenenses	2:20.68	+0,69 Q	627
	50m: 31.32 31.32	100m: 1:06.82 35.50	150m: 1:43.32 36.50	200m: 2:20.68 37.36		
2.	CALDEIRA Goncalo Silveirinha	01	Sporting	2:21.76	+0,82 Q	613
	50m: 32.78 32.78	100m: 1:08.70 35.92	150m: 1:45.20 36.50	200m: 2:21.76 36.56		
3.	SILVA Tomas Antonio	01	Naval do Funchal	2:22.11	+0,67 Q	608
	50m: 32.01 32.01	100m: 1:07.77 35.76	150m: 1:44.08 36.31	200m: 2:22.11 38.03		
4.	FRISCHKNECHT Renato Barros	01	Alges	2:22.35	+0,61 Q	605
	50m: 32.51 32.51	100m: 1:08.32 35.81	150m: 1:44.91 36.59	200m: 2:22.35 37.44		
5.	NUNES Francisco Costa	02	Salvaterra de Magos	2:23.68	+0,77 Q	589
	50m: 32.34 32.34	100m: 1:08.27 35.93	150m: 1:45.85 37.58	200m: 2:23.68 37.83		
6.	MERUJE Joaquim Agra	01	Elvense	2:25.89	+0,83 Q	562
	50m: 31.78 31.78	100m: 1:08.26 36.48	150m: 1:46.63 38.37	200m: 2:25.89 39.26		
7.	MARQUES Goncalo Silva	01	Condeixa Clube	2:25.92	+0,67 Q	562
	50m: 32.27 32.27	100m: 1:08.44 36.17	150m: 1:46.31 37.87	200m: 2:25.92 39.61		
8.	BRAS Ricardo Martins	01	Belenenses	2:26.20	+0,69 Q	559
	50m: 32.84 32.84	100m: 1:10.43 37.59	150m: 1:48.09 37.66	200m: 2:26.20 38.11		
9.	PAIS Joao Ventura	02	Fundacao Beatriz Santos	2:26.31	+0,72 R	557
	50m: 33.65 33.65	100m: 1:11.56 37.91	150m: 1:49.00 37.44	200m: 2:26.31 37.31		
10.	KLIER Afonso Miguel	01	Galitos / Bresimar	2:26.61	+0,73 R	554
	50m: 32.85 32.85	100m: 1:10.28 37.43	150m: 1:48.74 38.46	200m: 2:26.61 37.87		
11.	RODRIGUES Pedro Simoes	01	Uniao Coimbra	2:26.76	+0,78	552
	50m: 33.09 33.09	100m: 1:10.02 36.93	150m: 1:47.52 37.50	200m: 2:26.76 39.24		
12.	SOUSA Duarte Anastacio	02	Uniao Coimbra	2:26.92	+0,63	550
	50m: 33.40 33.40	100m: 1:10.70 37.30	150m: 1:48.64 37.94	200m: 2:26.92 38.28		
13.	PINTO Pedro Miguel	02	Sporting	2:27.67	+0,75	542
	50m: 33.80 33.80	100m: 1:12.02 38.22	150m: 1:49.70 37.68	200m: 2:27.67 37.97		
14.	MALFEITO Martim Rebelo	02	Sporting	2:28.74	+0,72	530
	50m: 34.81 34.81	100m: 1:13.92 39.11	150m: 1:51.56 37.64	200m: 2:28.74 37.18		
15.	VIEIRA Hugo Azurara	01	Naval Povoense	2:29.28	+0,76	525
	50m: 34.02 34.02	100m: 1:11.72 37.70	150m: 1:50.40 38.68	200m: 2:29.28 38.88		
16.	SANTOS Afonso Amaro	02	Geslours	2:29.50	+0,67	522
	50m: 34.10 34.10	100m: 1:12.22 38.12	150m: 1:50.95 38.73	200m: 2:29.50 38.55		
17.	MENDES Diogo Santos	02	Leixoes	2:30.69	+0,67	510
	50m: 33.41 33.41	100m: 1:11.31 37.90	150m: 1:50.67 39.36	200m: 2:30.69 40.02		

Prova 21, Masc., 200m Bruços, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
18.	PEREIRA Bernardo Sousa	01	Pimpoes/Cimai	2:32.12	+0,83	496
	50m: 33.62 33.62 100m: 1:11.79 38.17 150m: 1:51.56 39.77 200m: 2:32.12 40.56					

DSQ FERNANDES Pedro Pestana 01 Naval do Funchal
704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 125 m - SW 7.1

Prova 22
22-12-2018 - 10:20

Femin., 200m Bruços

Absolutos
Resultados Elimin

RN25 Absoluto	2:23.46	PEREIRA Raquel Gomes	SAD	Porto	09-12-2017
RN25 Sen	2:23.46	PEREIRA Raquel Gomes	SAD	Porto	09-12-2017
RN25 Jun17	2:26.47	PEREIRA Raquel Gomes	SAD	Funchal	10-12-2016
RN25 Jun16	2:26.87	PEREIRA Raquel Gomes	SAD	Porto	11-12-2015

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	KAMINSKAYA Victoria	95	Benfica	2:32.46	+0,68 Q	687
	50m: 34.82 34.82 100m: 1:13.08 38.26 150m: 1:52.49 39.41 200m: 2:32.46 39.97					
2.	PEREIRA Raquel Gomes	00	Alges	2:33.72	+0,76 Q	670
	50m: 34.95 34.95 100m: 1:13.83 38.88 150m: 1:53.73 39.90 200m: 2:33.72 39.99					
3.	ANDRE Angelica Maria	94	Fluvial Portuense	2:35.12	+0,75 Q	652
	50m: 35.66 35.66 100m: 1:15.31 39.65 150m: 1:55.02 39.71 200m: 2:35.12 40.10					
4.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	2:35.98	+0,80 Q	642
	50m: 35.42 35.42 100m: 1:14.55 39.13 150m: 1:55.00 40.45 200m: 2:35.98 40.98					
5.	MACHADO Luisa Maria	01	Uniao Piedense	2:36.97	+0,87 Q	630
	50m: 36.20 36.20 100m: 1:16.39 40.19 150m: 1:56.43 40.04 200m: 2:36.97 40.54					
6.	BORGES Claudia Ferreira	99	Benfica	2:37.34	+0,72 Q	625
	50m: 36.33 36.33 100m: 1:16.22 39.89 150m: 1:57.06 40.84 200m: 2:37.34 40.28					
7.	MAIA Joana Marques	91	Ginasio Santo Tirso	2:40.65	+0,83 Q	587
	50m: 36.32 36.32 100m: 1:17.31 40.99 150m: 1:58.74 41.43 200m: 2:40.65 41.91					
8.	RODRIGUES Luana Correia	01	Belenenses	2:40.74	+0,72 Q	586
	50m: 36.09 36.09 100m: 1:16.67 40.58 150m: 1:58.31 41.64 200m: 2:40.74 42.43					
9.	BERNARDO Ines Silva	00	Benfica	2:42.10	+0,75 R	572
	50m: 36.55 36.55 100m: 1:17.61 41.06 150m: 1:59.98 42.37 200m: 2:42.10 42.12					
10.	CARVALHO Beatriz Antunes	99	Sporting	2:43.68	+0,79 R	555
	50m: 37.10 37.10 100m: 1:18.32 41.22 150m: 2:01.06 42.74 200m: 2:43.68 42.62					
11.	DIAS Beatriz Castanheira	99	Academica de Coimbra	2:52.47	+0,72	475
	50m: 39.13 39.13 100m: 1:22.98 43.85 150m: 2:08.72 45.74 200m: 2:52.47 43.75					

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PARCEIROS INSTITUCIONAIS



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Prova 22, Femin., 200m Bruços, Elimin

Juniores

1. PEREIRA Clara Gomes	02 Alges	2:36.91	+0,73 Q	630
50m: 35.76 35.76	100m: 1:16.24 40.48	150m: 1:56.60 40.36	200m: 2:36.91 40.31	
2. REBELO Maria Carlota	03 Louzan Natacao/EFAPEL	2:37.22	+0,86 Q	627
50m: 36.04 36.04	100m: 1:15.88 39.84	150m: 1:56.33 40.45	200m: 2:37.22 40.89	
3. CASTRO Maria Freitas	03 Fafe	2:37.78	+0,75 Q	620
50m: 36.26 36.26	100m: 1:17.07 40.81	150m: 1:57.76 40.69	200m: 2:37.78 40.02	
4. MESQUITA Francisca Salvador	02 Colegio Monte Maior	2:38.96	+0,86 Q	606
50m: 36.29 36.29	100m: 1:16.23 39.94	150m: 1:57.08 40.85	200m: 2:38.96 41.88	
5. SILVA Natacha Sofia	02 Benfica	2:39.77	+0,83 Q	597
50m: 36.18 36.18	100m: 1:16.62 40.44	150m: 1:57.86 41.24	200m: 2:39.77 41.91	
6. CERDEIRA Madalena Reis	03 Sporting	2:42.28	+0,82 Q	570
50m: 35.71 35.71	100m: 1:17.34 41.63	150m: 1:59.02 41.68	200m: 2:42.28 43.26	
7. TOMAS Beatriz Monteiro	03 Fundacao Beatriz Santos	2:43.19	+0,73 Q	560
50m: 36.27 36.27	100m: 1:17.66 41.39	150m: 2:00.19 42.53	200m: 2:43.19 43.00	
8. OLIVEIRA Mafalda Joana	02 Aquatico Pacense	2:44.22	+0,84 Q	550
50m: 37.30 37.30	100m: 1:18.19 40.89	150m: 2:00.50 42.31	200m: 2:44.22 43.72	
9. DOMINGUES Luana Pinto	03 Bairro dos Anjos/ Leiria	2:45.33	+0,65 R	539
50m: 37.52 37.52	100m: 1:19.38 41.86	150m: 2:02.34 42.96	200m: 2:45.33 42.99	
10. FIAL Sofia Nunes	03 Estamos Juntos	2:45.65	+0,81 R	536
50m: 37.19 37.19	100m: 1:20.03 42.84	150m: 2:03.36 43.33	200m: 2:45.65 42.29	
11. TEIXEIRA Ines Oliveira	02 Estarreja	2:45.72	+0,76	535
50m: 35.82 35.82	100m: 1:18.35 42.53	150m: 2:01.41 43.06	200m: 2:45.72 44.31	
12. NEVES Sara Dias	03 Miranda do Corvo	2:46.38	+0,90	529
50m: 37.58 37.58	100m: 1:20.00 42.42	150m: 2:03.03 43.03	200m: 2:46.38 43.35	
13. PELAIO Maria Joao	03 Ginasio Figueirense	2:46.94	+0,84	523
50m: 37.28 37.28	100m: 1:19.58 42.30	150m: 2:03.41 43.83	200m: 2:46.94 43.53	
14. DIAS Ana Amarante	03 Naval de Ponta Delgada	2:47.72	+0,77	516
50m: 37.11 37.11	100m: 1:19.05 41.94	150m: 2:02.81 43.76	200m: 2:47.72 44.91	
15. VIEIRA Valeria Goncalves	02 Vitoria Guimaraes	2:48.67	+0,84	507
50m: 37.50 37.50	100m: 1:19.83 42.33	150m: 2:04.01 44.18	200m: 2:48.67 44.66	
16. OLIVEIRA Claudia Sofia	02 Sanjoanense/FEPSA	2:50.41	+0,74	492
50m: 36.55 36.55	100m: 1:18.71 42.16	150m: 2:03.61 44.90	200m: 2:50.41 46.80	
17. FERNANDES Ana Catarina	03 Naval do Funchal	2:54.73	+0,69	456
50m: 38.60 38.60	100m: 1:22.05 43.45	150m: 2:07.58 45.53	200m: 2:54.73 47.15	

Prova 23
22-12-2018 - 10:40

Masc., 100m Mariposa

Absolutos
Resultados Elimin

RN25 Absoluto	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
RN25 Sen	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
RN25 Jun18	53.87	VENANCIO Tiago Andre	CNS	Cantanhede	19-12-2004
RN25 Jun17	53.97	VENANCIO Tiago Andre	CNS	Alapraia	15-02-2004
RN S8	1:07.24	CARREIRA David Pedro	ADBA	Viseu	22-11-2015

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	PEREIRA Luiz Pedro	91	Benfica	52.84	+0,75 Q	753
	50m: 24.39 24.39	100m: 52.84 28.45				
2.	LINO Rafael	99	Porto	54.85	+0,68 Q	673
	50m: 25.43 25.43	100m: 54.85 29.42				
3.	QUINTANILHA Nuno Goncalo	87	Belenenses	54.97	+0,69 Q	669
	50m: 25.51 25.51	100m: 54.97 29.46				
4.	CARVALHO Andre Antunes	96	Sporting	55.06	+0,73 Q	665
	50m: 26.15 26.15	100m: 55.06 28.91				
5.	MOGNE Igor Araujo	96	Sporting	55.15	+0,76 Q	662
	50m: 25.94 25.94	100m: 55.15 29.21				
6.	SILVA Joao Carlos	98	Famalicao	55.95	+0,70 Q	634
	50m: 26.09 26.09	100m: 55.95 29.86				
7.	GOUVEIA Pedro Galvao	99	Desportivo Nacional	56.64	+0,71 Q	611
	50m: 26.58 26.58	100m: 56.64 30.06				
8.	SAMPAIO Jose Pedro	98	Fluvial Portuense	56.73	+0,70 Q	608
	50m: 26.77 26.77	100m: 56.73 29.96				
9.	SEQUEIRA Afonso Meneses	99	Naval do Funchal	56.90	+0,73 R	603
	50m: 26.20 26.20	100m: 56.90 30.70				
10.	SANTANA Joao Miguel	00	Benfica	57.53	+0,73 R	583
	50m: 26.76 26.76	100m: 57.53 30.77				
11.	CARVALHO Mateus Ribeiro	99	Famalicao	57.60	+0,78	581
	50m: 26.43 26.43	100m: 57.60 31.17				
12.	SILVA Martim Moniz	99	Naval do Funchal	57.63	+0,67	580
	50m: 27.00 27.00	100m: 57.63 30.63				
13.	MESTRE Afonso Godinho	95	Natacao de Lisboa	58.11	+0,75	566
	50m: 26.94 26.94	100m: 58.11 31.17				
14.	ALBUQUERQUE Rodrigo Carlos	97	Braga	58.20	+0,69	563
	50m: 26.31 26.31	100m: 58.20 31.89				

Prova 23, Masc., 100m Mariposa, Elimin

Juniores

1.	LOPES Carlos Filipe	01	Uniao Piedense	56.87	+0,72 Q	604
	50m: 26.28 26.28	100m:	56.87 30.59			
2.	DOMINGOS Ruy Manuel	02	Sporting	57.15	+0,82 Q	595
	50m: 26.75 26.75	100m:	57.15 30.40			
3.	GOMES Vicente Oliveira	02	Sporting	57.16	+0,74 Q	595
	50m: 26.63 26.63	100m:	57.16 30.53			
4.	AGUIAR Gabriel Silva	01	Porto	57.20	+0,63 Q	593
	50m: 26.94 26.94	100m:	57.20 30.26			
5.	SOUSA Joao Ribeiro	01	Porto	57.32	+0,65 Q	590
	50m: 26.52 26.52	100m:	57.32 30.80			
6.	LOPES Tomas Teixeira	02	Foca	57.41	+0,64 Q	587
	50m: 26.72 26.72	100m:	57.41 30.69			
7.	COSTA Diogo Santos	02	Colegio Monte Maior	57.51	+0,75 Q	584
	50m: 26.90 26.90	100m:	57.51 30.61			
8.	LOURENCO Tiago Campos	02	Natacao de Valongo	57.86	+0,75 Q	573
	50m: 26.75 26.75	100m:	57.86 31.11			
9.	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos	57.87	+0,71 R	573
	50m: 27.20 27.20	100m:	57.87 30.67			
10.	FERREIRA Ricardo Pinela	01	Benfica	57.97	+0,66 R	570
	50m: 26.81 26.81	100m:	57.97 31.16			
11.	CAMOES Tiago Maria	01	Uniao Piedense	58.69	+0,74	549
	50m: 27.44 27.44	100m:	58.69 31.25			
12.	SIMOES Bernardo Jorge	02	Torres Novas	59.04	+0,69	540
	50m: 27.88 27.88	100m:	59.04 31.16			
13.	PELAIO Jose Pedro	01	Galitos / Bresimar	59.42	+0,65	529
	50m: 27.58 27.58	100m:	59.42 31.84			
EXH	SILVA Glauber	86	Foca	52.65	+0,74	761
	50m: 24.11 24.11	100m:	52.65 28.54			
EXH	SILVA Fernando Souza	86	Uniao Piedense	53.85	+0,71	711
	50m: 25.02 25.02	100m:	53.85 28.83			
EXH	CANCELA Diogo Luis	02	Miranda do Corvo	1:06.75	+0,75	373
	Rec Nacional S 8					
	50m: 31.46 31.46	100m:	1:06.75 35.29			

Prova 24
22-12-2018 - 10:45

Femin., 100m Mariposa

Absolutos
Resultados Elimin

RN25 Absoluto	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
RN25 Sen	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
RN25 Jun17	59.65	CRUZ Sara Francisco	ADBA	Leiria	05-12-2009
RN25 Jun16	1:01.56	TIAGO Filipa Vilas	SCP	S. António Cavaleiros	20-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	MONTEIRO Ana Catarina	93	Vilacondense	1:00.67	+0,70 Q	729
	50m: 28.85 28.85	100m: 1:00.67	31.82			
2.	GUEDES Ana Margarida	01	Ginasio de Vila Real	1:02.19	+0,67 Q	677
	50m: 28.27 28.27	100m: 1:02.19	33.92			
3.	HENRIQUES Ines Jacinto	00	Sporting	1:02.94	+0,74 Q	653
	50m: 29.77 29.77	100m: 1:02.94	33.17			
4.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	1:03.12	+0,83 Q	647
	50m: 29.75 29.75	100m: 1:03.12	33.37			
5.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	1:03.82	+0,81 Q	626
	50m: 30.11 30.11	100m: 1:03.82	33.71			
6.	MARTINS Ana Beatriz	99	Famalicao	1:03.83	+0,77 Q	626
	50m: 29.67 29.67	100m: 1:03.83	34.16			
7.	CRAVEIRO Beatriz Neves	97	Academica de Coimbra	1:03.93	+0,76 Q	623
	50m: 30.01 30.01	100m: 1:03.93	33.92			
8.	TIAGO Filipa Vilas	94	Benfica	1:04.76	+0,69 Q	599
	50m: 29.89 29.89	100m: 1:04.76	34.87			
9.	BARATA Barbara Sofia	97	Alges	1:04.83	+0,70 R	597
	50m: 30.15 30.15	100m: 1:04.83	34.68			
10.	SIMÕES Bruna Andreia	01	Nautico Marinha Grande	1:05.24	+0,73 R	586
	50m: 30.60 30.60	100m: 1:05.24	34.64			
11.	NOBREGA Ana Sofia	90	Ginasio de Vila Real	1:05.85	+0,79	570
	50m: 30.37 30.37	100m: 1:05.85	35.48			
12.	MENDES Mariana Sebastiao	01	Portinado	1:06.80	+0,73	546
	50m: 30.74 30.74	100m: 1:06.80	36.06			

Juniores

1.	GRAVETO Ana Raquel	02	Benfica	1:03.81	+0,81 Q	626
	50m: 30.22 30.22	100m: 1:03.81	33.59			
2.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	1:03.87	+0,71 Q	625
	50m: 30.11 30.11	100m: 1:03.87	33.76			
3.	TEJO Beatriz Costa	02	Academica de Coimbra	1:04.51	+0,67 Q	606
	50m: 30.13 30.13	100m: 1:04.51	34.38			
4.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	1:04.85	+0,77 Q	597
	50m: 30.45 30.45	100m: 1:04.85	34.40			

Splash Meet Manager, 11.57821

Registered to Federacao Portuguesa de Natacao

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ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 24, Femin., 100m Mariposa, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	BARBOSA Mariana Fernandes	02	Porto	1:05.27	+0,75 Q	585
	50m: 30.68 30.68 100m: 1:05.27 34.59					
6.	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	1:05.49	+0,86 Q	579
	50m: 30.34 30.34 100m: 1:05.49 35.15					
7.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	1:05.75	+0,78 Q	572
	50m: 30.91 30.91 100m: 1:05.75 34.84					
8.	SILVA Eduarda Reis	03	Famalicao	1:06.30	+0,69 Q	558
	50m: 31.25 31.25 100m: 1:06.30 35.05					
9.	MARTINS Joana Ribeiro	03	Benfica	1:06.67	+0,83 R	549
	50m: 31.17 31.17 100m: 1:06.67 35.50					
10.	CARVALHO Maria Joao	02	Portinado	1:07.63	+0,78 R	526
	50m: 31.33 31.33 100m: 1:07.63 36.30					
11.	LOPES Sara Santos	03	Bairro dos Anjos/ Leiria	1:07.64	+0,96	526
	50m: 31.33 31.33 100m: 1:07.64 36.31					
12.	MADEIRA Claudia Isabel	02	Clube de Vouzela	1:07.81	+0,90	522
	50m: 30.69 30.69 100m: 1:07.81 37.12					
13.	CORREIA Rute Ferreira	03	Clube de Vouzela	1:07.92	+0,86	519
	50m: 31.03 31.03 100m: 1:07.92 36.89					
14.	RODRIGUES Daniela Oliveira	02	Natacao de Valongo	1:08.84	+0,71	499
	50m: 31.59 31.59 100m: 1:08.84 37.25					
15.	CAZEIRO Filipa Inacio	02	AONDA-Azeitao	1:09.28	+0,77	489
	50m: 31.74 31.74 100m: 1:09.28 37.54					
16.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	1:09.58	+0,87	483
	50m: 31.45 31.45 100m: 1:09.58 38.13					

Prova 25	Masc., 50m Livres				Absolutos
22-12-2018 - 11:05					Resultados Elimin
RN25 Absoluto	21.64	AGOSTINHO Alexandre Escudier	PORTIN	S. António Cavaleiros	20-12-2009
RN25 Sen	21.64	AGOSTINHO Alexandre Escudier	PORTIN	S. António Cavaleiros	20-12-2009
RN25 Jun18	22.24	NASCIMENTO Miguel Duarte	PORTIN	Porto	08-12-2012
RN25 Jun17	23.14	VENANCIO Tiago Andre	CNS	Reboleira	26-06-2004
RN S8	29.81	LINHARES Ruben Daniel	FVCD	Vila Franca de Xira	03-02-2018
RN S9	26.37	GRACHAT David Realista	GESL	Vila Franca de Xira	03-02-2018
RN S15	25.79	CRUZ Miguel Duarte	CFB	Vila Franca de Xira	03-02-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	NASCIMENTO Miguel Duarte	95	Benfica	22.13	+0,65 Q	767
2.	DIAS Guilherme Pereira	97	Benfica	22.72	+0,66 Q	709
3.	RIBAS Alexandre Lages	97	Ginasio de Vila Real	23.05	+0,68 Q	679
4.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	23.07	+0,66 Q	677
5.	MACHADO Francisco Carvalho	98	Alges	23.13	+0,62 Q	672
6.	SANTOS Joao Duarte	95	Natacao Olhao	23.27	+0,63 Q	659
7.	SANTOS Francisco Rogerio	98	Sporting	23.40	+0,70 Q	649
8.	MOGNE Igor Araujo	96	Sporting	23.41	+0,73 Q	648
9.	FERNANDES Pedro Miguel	99	Famalicao	23.48	+0,71 R	642
10.	PADRELA Joao Esteves	99	Belenenses	23.50	+0,63 R	640
11.	MARQUES Miguel Henriques	00	Benfica	23.57	+0,72	635
12.	PEDRO Daniel Rochinha	98	Bombeiros Estoris	23.69	+0,66	625
13.	LEIRIA David Miguel	93	Benfica	23.72	+0,71	623
14.	SOARES Tiago Silva	99	Porto	23.74	+0,75	621
15.	TEIXEIRA Guilherme Miguel	97	Belenenses	23.75	+0,70	620
	BATE Afonso Ribeiro	98	Alges	23.75	+0,72	620
17.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	23.93	+0,71	606
18.	CARVALHO Ruben Paiva	94	Academica de Coimbra	24.01	+0,70	600
19.	WEUSTINK Koen	00	Ginasio de Vila Real	24.07	+0,70	596
20.	LOPES David Granja	90	AONDA-Azeitao	24.09	+0,69	594
21.	TINOCO Joao Pereira	00	Famalicao	24.20	+0,72	586
22.	GRACA Nuno Miguel	98	Desportiva de Viana	24.22	+0,75	585
23.	GOMES Rodrigo Ribeiro	00	Fundacao Beatriz Santos	24.42	+0,72	571
24.	CORREIA Jaime Daniel	99	Belenenses	24.51	+0,66	564
	ALBUQUERQUE Rodrigo Carlos	97	Braga	24.51	+0,70	564
26.	MARQUES Miguel Freitas	96	Escola O Liceu	24.66	+0,65	554

Prova 25, Masc., 50m Livres, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			
EXH	SILVA Fernando Souza	86	Uniao Piedense	23.13	+0,69	672
EXH	CRUZ Miguel Duarte <i>Rec Nacional S 15,</i>	99	Belenenses	25.20	+0,70	519
EXH	CAETANO Gino Santos <i>Rec Nacional S 9,</i>	94	Galitos / Bresimar	26.32	+0,82	456
EXH	GRACHAT David Realista	87	Geslours	26.66	+0,75	438
EXH	SOARES Ricardo Aderneira	99	Geslours	32.93	+0,78	232

Prova 26

Femin., 50m Livres

Absolutos

22-12-2018 - 11:10

Resultados Elimin

RN25 Absoluto	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun17	25.95	VIEGAS Beatriz Mendes	TNC	Vila Real Stº Antonio	12-11-2016
RN25 Jun16	26.14	ROSA Maria Carolina	SCP	S. António Cavaleiros	20-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	26.02	+0,68 Q	684
2.	GUEDES Ana Margarida	01	Ginasio de Vila Real	26.05	+0,57 Q	682
3.	VIEIRA Jessica Teixeira	91	Belenenses	26.40	+0,66 Q	655
4.	FRISCHKNECHT Rita Barros	98	Alges	26.57	+0,73 Q	642
5.	VIEGAS Beatriz Mendes	00	Sporting	26.62	+0,57 Q	639
6.	OLIVEIRA Rosa Maria	96	Porto	26.70	+0,76 Q	633
7.	FARIA Ana Rita	00	Porto	26.73	+0,75 Q	631
8.	MOREIRA Matilde Freitas	01	Academica de Coimbra	26.97	+0,74 Q	614
9.	CASTRO Adriana Daniela	97	Leixoes	27.01	+0,67 R	611
10.	FERREIRA Catarina Maria	98	Porto	27.16	+0,72 R	601
11.	AMADOR Joana Costa	01	Galitos / Bresimar	27.25	+0,68	595
12.	BELEZA Mafalda Gomes	94	Sporting	27.45	+0,64	582
13.	NEVES Carolina Marques	01	Torres Novas	27.51	+0,81	579
14.	ROSA Maria Carolina	94	Sporting	27.53	+0,74	577
15.	NUNES Sofia Alexandra	00	Laranjeiro	27.64	+0,75	570
16.	MATOS Carolina Lourenco	98	Cova da Piedade	27.73	+0,72	565
17.	TIAGO Filipa Vilas	94	Benfica	27.89	+0,71	555
18.	COENTRAO Bruna Fanguero	93	Vilacondense	28.00	+0,87	549

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



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Prova 26, Femin., 50m Livres, Elimin

Juniores

1. SOUSA Ana Reis	02	Alges	25.99	+0,70 Q	686
2. ANDRE Leticia Maia	02	Benfica	26.38	+0,68 Q	656
3. SOARES Catarina Silva	03	Porto	26.80	+0,73 Q	626
4. MARTINS Francisca Soares	03	Foca	27.05	+0,69 Q	609
5. PINTO Mafalda Marques	02	Sporting	27.08	+0,70 Q	607
6. COSTA Mafalda Magalhaes	03	Gualdim Pais	27.38	+0,74 Q	587
7. CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	27.42	+0,76 Q	584
8. TEJO Beatriz Costa	02	Academica de Coimbra	27.65	+0,65 Q	570
9. FOMINA Anna	02	Louletano / Loule Concelho	27.76	+0,77 R	563
10. CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	27.77	+0,76 R	562
11. JESUS Maria Crista	03	Louletano / Loule Concelho	27.82	+0,67	559
12. MACHADO Joana Sofia	02	Natacao de Valongo	28.00	+0,78	549
13. PEIXEIRA Filipa Ramos	03	Sporting	28.07	+0,82	545
14. JUNQUEIRA Sofia Ribeiro	02	Bairro dos Anjos/ Leiria	28.10	+0,72	543
15. MACHADO Carolina Alexandra	03	Natacao de Beja	28.15	+0,71	540
16. SANTOS Matilde Guimaraes	02	Leixoes	28.22	+0,66	536
17. SANTOS Ana Pedro	02	Galitos / Bresimar	28.25	+0,72	534
18. REBELO Beatriz Vaz	03	Geslours	28.32	+0,77	530
19. RAMOS Ines Asseiceira	03	Torres Novas	28.37	+0,79	528

Prova 27

Masc., 200m Estilos

Absolutos

22-12-2018 - 11:20

Resultados Elimin

RN25 Absoluto	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
RN25 Sen	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
RN25 Jun18	2:00.59	LOPES Gabriel Jose	ALN	Coimbra	10-05-2015
RN25 Jun17	2:02.96	CARVALHO Diogo Filipe	CGA	Mealhada	06-03-2005
RN S15	2:17.63	NEVES Tiago Correia	CFB	Vila Real St. Antonio	03-11-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. RAMOS Bruno Miguel	97	Belenenses	2:01.42	+0,66 Q	736
50m: 26.03 26.03	100m: 56.67 30.64	150m: 1:32.42 35.75	200m: 2:01.42 29.00		
2. LOPES Jose Paulo	00	Braga	2:01.47	+0,67 Q	735
50m: 26.75 26.75	100m: 56.74 29.99	150m: 1:31.14 34.40	200m: 2:01.47 30.33		
3. LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	2:02.55	+0,64 Q	715
50m: 26.57 26.57	100m: 56.79 30.22	150m: 1:32.19 35.40	200m: 2:02.55 30.36		
4. VITAL Joao Alexandre	98	Sporting	2:02.97	+0,68 Q	708
50m: 26.58 26.58	100m: 57.44 30.86	150m: 1:33.55 36.11	200m: 2:02.97 29.42		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



WATER INSTINCT

PARCEIROS



Prova 27, Masc., 200m Estilos, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	PINOTES Pedro Miguel	89	Sporting	2:03.12	+0,70 Q	705
	50m: 27.06 27.06	100m: 59.38 32.32	150m: 1:34.06	34.68	200m: 2:03.12	29.06
6.	DANTAS Diogo Leal	00	Sporting	2:03.55	+0,65 Q	698
	50m: 26.66 26.66	100m: 57.80 31.14	150m: 1:33.19	35.39	200m: 2:03.55	30.36
7.	SANTOS Pedro Andre	94	Alges	2:03.74	+0,72 Q	695
	50m: 26.49 26.49	100m: 58.01 31.52	150m: 1:33.29	35.28	200m: 2:03.74	30.45
8.	NUNES Porfirio Braga	00	Porto	2:04.07	+0,71 Q	689
	50m: 26.63 26.63	100m: 57.93 31.30	150m: 1:34.23	36.30	200m: 2:04.07	29.84
9.	SAMPAIO Jose Pedro	98	Fluvial Portuense	2:05.03	+0,87 R	674
	50m: 27.53 27.53	100m: 59.72 32.19	150m: 1:36.25	36.53	200m: 2:05.03	28.78
10.	BASTOS Lucas Pereira	00	Nautico Academico	2:05.54	+0,69 R	665
	50m: 27.41 27.41	100m: 59.63 32.22	150m: 1:35.62	35.99	200m: 2:05.54	29.92
11.	CATALAO Daniel Nogueira	00	Benfica	2:05.86	+0,64	660
	50m: 27.22 27.22	100m: 58.78 31.56	150m: 1:35.33	36.55	200m: 2:05.86	30.53
12.	CORREIA Joao Mota	97	Benfica	2:05.90	+0,80	660
	50m: 26.77 26.77	100m: 58.07 31.30	150m: 1:35.67	37.60	200m: 2:05.90	30.23
13.	COSTA Tiago Cunha	99	Sporting	2:06.92	+0,68	644
	50m: 26.92 26.92	100m: 58.30 31.38	150m: 1:36.53	38.23	200m: 2:06.92	30.39
14.	PINTO Antonio Fernando	99	Benfica	2:07.57	+0,76	634
	50m: 27.35 27.35	100m: 1:00.65 33.30	150m: 1:37.93	37.28	200m: 2:07.57	29.64
15.	JOAQUIM Andre Serro	00	Portinado	2:09.10	+0,79	612
	50m: 27.89 27.89	100m: 59.90 32.01	150m: 1:38.74	38.84	200m: 2:09.10	30.36
16.	DINIS Tiago Moises	98	Nautico Academico	2:13.62	+0,73	552
	50m: 28.61 28.61	100m: 1:03.16 34.55	150m: 1:42.07	38.91	200m: 2:13.62	31.55
17.	TEODORO Diogo Filipe	99	Natacao de Valongo	2:13.88	+0,68	549
	50m: 28.32 28.32	100m: 1:01.70 33.38	150m: 1:41.35	39.65	200m: 2:13.88	32.53

Juniores

1.	SILVA Tomas Antonio	01	Naval do Funchal	2:07.71	+0,66 Q	632
	50m: 27.71 27.71	100m: 1:00.78 33.07	150m: 1:37.06	36.28	200m: 2:07.71	30.65
2.	VILHENA Tiago Miguel	01	Natacao de Faro	2:07.79	+0,72 Q	631
	50m: 28.21 28.21	100m: 1:00.39 32.18	150m: 1:37.39	37.00	200m: 2:07.79	30.40
3.	CRISTINO David Matias	01	Uniao Piedense	2:08.52	+0,77 Q	620
	50m: 27.65 27.65	100m: 1:00.06 32.41	150m: 1:39.04	38.98	200m: 2:08.52	29.48
4.	ROCHA Ricardo Filipe	02	Aquatico Pacense	2:08.70	+0,83 Q	618
	50m: 27.24 27.24	100m: 58.77 31.53	150m: 1:38.05	39.28	200m: 2:08.70	30.65
5.	GOMES Vicente Oliveira	02	Sporting	2:09.25	+0,75 Q	610
	50m: 27.94 27.94	100m: 1:01.09 33.15	150m: 1:39.81	38.72	200m: 2:09.25	29.44

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 27, Masc., 200m Estilos, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	FERNANDES Eduardo Gomes	02	Sporting	2:09.82	+0,79 Q	602
	50m: 28.42 28.42 100m: 1:01.53 33.11 150m: 1:39.94 38.41 200m: 2:09.82 29.88					
7.	PINTO Pedro Miguel	02	Sporting	2:11.48	+0,77 Q	579
	50m: 28.67 28.67 100m: 1:03.74 35.07 150m: 1:41.55 37.81 200m: 2:11.48 29.93					
8.	DOMINGOS Ruy Manuel	02	Sporting	2:11.59	+0,77 Q	578
	50m: 27.76 27.76 100m: 1:01.17 33.41 150m: 1:40.74 39.57 200m: 2:11.59 30.85					
9.	CARDOSO Diogo Santos	01	Colegio Monte Maior	2:11.74	+0,74 R	576
	50m: 29.09 29.09 100m: 1:03.70 34.61 150m: 1:42.51 38.81 200m: 2:11.74 29.23					
10.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	2:12.42	+0,78 R	567
	50m: 27.99 27.99 100m: 1:01.13 33.14 150m: 1:41.99 40.86 200m: 2:12.42 30.43					
11.	COSTA Marco Antonio	02	Natacao Guarda	2:14.79	+0,84	538
	50m: 28.41 28.41 100m: 1:03.35 34.94 150m: 1:44.15 40.80 200m: 2:14.79 30.64					
12.	MARQUES Goncalo Silva	01	Condeixa Clube	2:20.93	+0,67	470
	50m: 28.32 28.32 100m: 1:05.99 37.67 150m: 1:46.91 40.92 200m: 2:20.93 34.02					
EXH	NEVES Tiago Correia	97	Belenenses	2:14.80	+0,82	537
	Rec Nacional SM 15,					
	50m: 28.63 28.63 100m: 1:03.86 35.23 150m: 1:44.03 40.17 200m: 2:14.80 30.77					

Prova 28

Femin., 200m Estilos

Absolutos

22-12-2018 - 11:35

Resultados Elimin

RN25 Absoluto	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN25 Sen	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN25 Jun17	2:16.22	PEREIRA Raquel Gomes	SAD	Algés	19-11-2016
RN25 Jun16	2:14.94	ROSA Maria Carolina	SCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	MONTEIRO Ana Catarina	93	Vilacondense	2:18.82	+0,70 Q	676
	50m: 29.08 29.08 100m: 1:04.32 35.24 150m: 1:45.70 41.38 200m: 2:18.82 33.12					
2.	KAMINSKAYA Victoria	95	Benfica	2:19.73	+0,72 Q	663
	50m: 30.29 30.29 100m: 1:05.07 34.78 150m: 1:45.17 40.10 200m: 2:19.73 34.56					
3.	MACHADO Luisa Maria	01	Uniao Piedense	2:20.21	+0,85 Q	656
	50m: 30.54 30.54 100m: 1:07.49 36.95 150m: 1:47.27 39.78 200m: 2:20.21 32.94					
4.	FERNANDES Ines Camacho	97	Sporting	2:20.64	+0,72 Q	650
	50m: 30.09 30.09 100m: 1:06.41 36.32 150m: 1:46.70 40.29 200m: 2:20.64 33.94					
5.	CABRAL Maria Francisca	00	Porto	2:21.59	+0,78 Q	637
	50m: 30.63 30.63 100m: 1:06.10 35.47 150m: 1:48.53 42.43 200m: 2:21.59 33.06					
6.	MARTINS Ana Beatriz	99	Famalicao	2:21.97	+0,79 Q	632
	50m: 30.20 30.20 100m: 1:07.65 37.45 150m: 1:49.02 41.37 200m: 2:21.97 32.95					

Prova 28, Femin., 200m Estilos, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	RIESENBERGER Bruna Martins	97	Laranjeiro	2:24.16	+0,69 Q	604
	50m: 30.90 30.90 100m: 1:08.10 37.20 150m: 1:50.14 42.04 200m: 2:24.16 34.02					
8.	RIBEIRO Margarida Messias	98	Geslours	2:24.72	+0,74 Q	597
	50m: 32.51 32.51 100m: 1:10.32 37.81 150m: 1:51.41 41.09 200m: 2:24.72 33.31					
9.	SILVA Beatriz Santos	01	Porto	2:25.07	+0,84 R	592
	50m: 31.62 31.62 100m: 1:09.71 38.09 150m: 1:50.65 40.94 200m: 2:25.07 34.42					
10.	MESTRE Catarina Martins	00	Natacao de Lisboa	2:25.69	+0,82 R	585
	50m: 30.94 30.94 100m: 1:06.91 35.97 150m: 1:50.96 44.05 200m: 2:25.69 34.73					
11.	VELOSO Teresa Miguel	00	Nautico Academico	2:25.86	+0,73	583
	50m: 31.97 31.97 100m: 1:09.00 37.03 150m: 1:51.12 42.12 200m: 2:25.86 34.74					
12.	BERNARDO Ines Silva	00	Benfica	2:27.15	+0,78	567
	50m: 31.53 31.53 100m: 1:10.03 38.50 150m: 1:52.92 42.89 200m: 2:27.15 34.23					
DNS	RODRIGUES Filipa Serrano	01	Benfica			

Juniores

1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPL	2:19.89	+0,76 Q	661
	50m: 30.81 30.81 100m: 1:05.45 34.64 150m: 1:47.62 42.17 200m: 2:19.89 32.27					
2.	PINA Ana Sofia	02	O Crasto	2:20.07	+0,77 Q	658
	50m: 30.16 30.16 100m: 1:06.31 36.15 150m: 1:47.81 41.50 200m: 2:20.07 32.26					
3.	REBELO Maria Carlota	03	Louzan Natacao/EFAPL	2:22.28	+0,78 Q	628
	50m: 31.08 31.08 100m: 1:07.45 36.37 150m: 1:48.87 41.42 200m: 2:22.28 33.41					
4.	CARDEAL Joana Nunes	02	Academico Viseu	2:22.45	+0,86 Q	626
	50m: 30.62 30.62 100m: 1:07.69 37.07 150m: 1:49.62 41.93 200m: 2:22.45 32.83					
5.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:22.52	+0,80 Q	625
	50m: 30.50 30.50 100m: 1:06.92 36.42 150m: 1:48.35 41.43 200m: 2:22.52 34.17					
6.	QUEIROZ Ana Rita	02	Condeixa Clube	2:24.15	+0,74 Q	604
	50m: 30.82 30.82 100m: 1:08.18 37.36 150m: 1:50.54 42.36 200m: 2:24.15 33.61					
7.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	2:24.52	+0,78 Q	599
	50m: 30.75 30.75 100m: 1:06.72 35.97 150m: 1:51.20 44.48 200m: 2:24.52 33.32					
8.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:25.23	+0,79 Q	590
	50m: 31.83 31.83 100m: 1:09.67 37.84 150m: 1:51.79 42.12 200m: 2:25.23 33.44					
9.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	2:25.93	+0,72 R	582
	50m: 31.76 31.76 100m: 1:09.55 37.79 150m: 1:52.42 42.87 200m: 2:25.93 33.51					
10.	CRUZ Sara Moura	03	Alges	2:27.54	+0,70 R	563
	50m: 31.55 31.55 100m: 1:08.80 37.25 150m: 1:53.59 44.79 200m: 2:27.54 33.95					
11.	AMORIM Maria Leonor	03	Porto	2:27.56	+0,74	563
	50m: 31.85 31.85 100m: 1:09.47 37.62 150m: 1:53.29 43.82 200m: 2:27.56 34.27					
12.	LASCU Nicoleta	02	Litoral Alentejano	2:27.66	+0,92	562
	50m: 32.20 32.20 100m: 1:08.87 36.67 150m: 1:54.04 45.17 200m: 2:27.66 33.62					
13.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	2:28.84	+0,60	548
	50m: 31.59 31.59 100m: 1:09.82 38.23 150m: 1:52.95 43.13 200m: 2:28.84 35.89					

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 28, Femin., 200m Estilos, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
14.	CASTRO Maria Freitas	03	Fafe	2:30.23	+0,74	533
	50m: 32.49 32.49	100m: 1:13.04 40.55	150m: 1:54.38 41.34	200m: 2:30.23 35.85		
15.	FIAL Sofia Nunes	03	Estamos Juntos	2:30.96	+0,90	526
	50m: 33.18 33.18	100m: 1:13.68 40.50	150m: 1:56.05 42.37	200m: 2:30.96 34.91		
16.	SILVA Natacha Sofia	02	Benfica	2:31.07	+0,83	524
	50m: 32.67 32.67	100m: 1:12.43 39.76	150m: 1:55.51 43.08	200m: 2:31.07 35.56		

Prova 31

Masc., 4 x 200m Livres

Absolutos

22-12-2018 - 11:50

Resultados

RN25 Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun	7:35.58	Associacao Naval Amorense	ANAM	Felgueiras	22-12-2013

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
1.	Sporting-SEN <i>Rec Nacional, Abs e Sen</i>	7:10.67	+0,64	856
	COSTA Tiago Cunha	99	+0,64	25.34
	MOGNE Igor Araujo	96	+0,51	25.33
	SANTOS Francisco Rogerio	98	+0,27	24.56
	SANTOS Alexis Manacas	92	+0,39	23.96
2.	Benfica-SEN	7:14.00	+0,72	837
	CARVALHO Jose Paula	98	+0,72	25.66
	DIAS Guilherme Pereira	97	+0,58	25.19
	PEREIRA Luiz Pedro	91	+0,22	24.79
	NASCIMENTO Miguel Duarte	95	+0,27	23.60
3.	Porto-SEN	7:27.35	+0,74	764
	NUNES Diogo Barbosa	00	+0,74	26.01
	NUNES Porfirio Braga	00	+0,49	25.85
	LINO Rafael	99	+0,35	25.60
	SOARES Tiago Silva	99	+0,48	24.53
4.	Belenenses-SEN	7:32.70	+0,66	737
	RAMOS Bruno Miguel	97	+0,66	25.54
	QUINTANILHA Nuno Goncalo	87	+0,34	25.31
	PADRELA Joao Esteves	99	+0,18	25.36
	CORREIA Diogo Carrasco	95	+0,27	25.31
5.	Alges-SEN	7:32.81	+0,71	737
	BATE Afonso Ribeiro	98	+0,71	25.79
	BATE Miguel Ribeiro	99	+0,57	24.86
	PON Hugo	98	+0,33	25.76
	SANTOS Pedro Andre	94	+0,54	25.51

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Prova 31, Masc., 4 x 200m Livres

Juniores

1.	Benfica-JUN		Benfica			7:43.49	+0,75	687
	LEBRE Diogo Ramos	01	+0,75	26.30	54.12	1:22.71	1:51.25	1:51.25
	AIRES Rafael Alcantara	01	+0,42	24.99	52.70	1:22.03	1:52.42	1:52.42
	FERREIRA Ricardo Pinela	01	+0,37	26.41	56.19	1:27.43	1:59.88	1:59.88
	BERNARDO Joao Silva	02	+0,38	26.45	56.67	1:28.06	1:59.94	1:59.94
2.	Uniao Piedense-JUN		Uniao Piedense			7:50.29	+0,64	657
	BRITO Bernardo Geadá	02	+0,64	26.73	56.60	1:27.39	1:57.96	1:57.96
	LOPES Carlos Filipe	01	+0,29	26.93	57.21	1:28.16	1:59.59	1:59.59
	CAMOES Tiago Maria	01	+0,46	27.09	57.98	1:29.19	1:59.72	1:59.72
	CRISTINO David Matias	01	+0,26	26.18	55.40	1:24.77	1:53.02	1:53.02
3.	Sporting-JUN		Sporting			7:50.78	+0,74	655
	MALFEITO Martim Rebelo	02	+0,74	27.95	58.12	1:29.05	1:59.80	1:59.80
	FERNANDES Eduardo Gomes	02	+0,61	26.35	55.48	1:25.17	1:54.47	1:54.47
	PINTO Pedro Miguel	02	+0,62	27.74	57.83	1:28.80	1:59.52	1:59.52
	GOMES Vicente Oliveira	02	+0,30	26.06	55.54	1:26.34	1:56.99	1:56.99
4.	Fundacao Beatriz Santos-JUN		Fundacao Beatriz Santos			7:55.07	+0,68	638
	PEREIRA Joao Neto	02	+0,68	27.17	56.70	1:26.89	1:57.38	1:57.38
	DOMINGUES Ricardo Jorge	02	+0,45	26.57	56.78	1:27.19	1:57.23	1:57.23
	DIAS Joao Pedro	02	+0,44	27.05	57.59	1:28.48	1:58.51	1:58.51
	CUNHA Jose Miguel	01	+0,41	27.97	58.67	1:29.93	2:01.95	2:01.95
5.	Condeixa Clube-JUN		Condeixa Clube			8:03.24	+0,69	606
	MARQUES Goncalo Silva	01	+0,69	27.33	57.89	1:30.36	2:03.16	2:03.16
	MIGUEL Tomas Pedrosa	02	+0,09	26.36	57.33	1:30.72	2:03.17	2:03.17
	FROTA Paulo Andre	02	+0,24	27.93	58.02	1:28.96	1:59.52	1:59.52
	TRAVASSOS Rodriao Alexandre	02	+0,13	26.28	56.29	1:27.06	1:57.39	1:57.39

Prova 32

22-12-2018 - 11:55

Femin., 4 x 200m Livres

Absolutos
Resultados

RN25 Absoluto	8:08.99	Sport Alges e Dafundo	SAD	Algés	24-11-2018
RN25 Sen	8:09.45	Sport Alges e Dafundo	SAD	Porto	09-12-2017
RN25 Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria	05-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1. Sporting-SEN		Sporting			8:18.34	+0,61	750
VIEGAS Beatriz Mendes	00	+0,61	29.06	1:00.77	1:34.04	2:07.95	2:07.95
BELEZA Mafalda Gomes	94	+0,43	28.63	59.75	1:31.75	2:04.16	2:04.16
HENRIQUES Ines Jacinto	00	+0,31	27.98	58.92	1:30.72	2:02.63	2:02.63
FERNANDES Ines Camacho	97	+0,54	28.57	1:00.48	1:32.14	2:03.60	2:03.60
2. Benfica-SEN		Benfica			8:20.31	+0,75	741
DURAES Diana Margarida	96	+0,75	28.21	58.10	1:28.88	1:59.46	1:59.46
RODRIGUES Filipa Serrano	01	+0,73	29.24	1:00.92	1:33.87	2:06.78	2:06.78
KAMINSKAYA Victoria	95	+0,35	27.84	59.01	1:32.08	2:04.28	2:04.28
ROLAO Sofia Alexandra	98	+0,56	29.46	1:01.81	1:35.22	2:09.79	2:09.79

Prova 32, Femin., 4 x 200m Livres, Seniores

Lugar	Clube	Tempo Final	TReac	FINA
3.	Porto-SEN	8:32.49	+0,75	689
	CABRAL Maria Francisca	00 +0,75 29.40 1:00.90 1:33.19 2:05.81 2:05.81		
	OLIVEIRA Rosa Maria	96 +0,52 30.05 1:03.11 1:37.61 2:11.82 2:11.82		
	MARTINS Ines Alves	01 +0,38 29.04 1:01.67 1:35.29 2:08.72 2:08.72		
	FARIA Ana Rita	00 +0,57 28.82 1:00.90 1:33.26 2:06.14 2:06.14		

Juniores

1.	Porto-JUN	Porto	8:24.59	+0,77	722
	<i>Rec Nacional</i>				
	RAMOS Ana Rita	02 +0,77 29.04 1:00.03 1:31.44 2:03.24 2:03.24			
	SOARES Catarina Silva	03 +0,45 28.14 59.95 1:32.91 2:05.69 2:05.69			
	AMORIM Maria Leonor	03 +0,41 29.07 1:02.15 1:36.53 2:10.41 2:10.41			
	BARBOSA Mariana Fernandes	02 +0,37 28.44 59.79 1:32.65 2:05.25 2:05.25			
2.	Alges-JUN	Alges	8:26.71	+0,87	713
	AZEVEDO Rafaela Gomes	02 +0,87 29.44 1:01.36 1:34.58 2:06.60 2:06.60			
	SOUZA Ana Reis	02 +0,34 28.42 59.06 1:29.96 2:00.63 2:00.63			
	CRUZ Sara Moura	03 +0,29 28.47 1:00.88 1:34.97 2:08.69 2:08.69			
	PEREIRA Clara Gomes	02 +0,34 29.99 1:02.93 1:36.92 2:10.79 2:10.79			
3.	Benfica-JUN	Benfica	8:38.07	+0,69	667
	ANDRE Leticia Maia	02 +0,69 28.24 58.44 1:31.03 2:03.20 2:03.20			
	GRAVETO Ana Raquel	02 +0,64 29.55 1:02.18 1:36.05 2:10.45 2:10.45			
	MARTINS Joana Ribeiro	03 +0,47 29.64 1:02.61 1:36.31 2:09.59 2:09.59			
	SILVA Natacha Sofia	02 +0,54 30.00 1:03.68 1:39.33 2:14.83 2:14.83			
4.	Geslours-JUN	Geslours	8:57.74	+0,71	597
	NEVES Leonor Maria	03 +0,71 31.03 1:04.82 1:39.38 2:12.42 2:12.42			
	MARTINS Claudia Beatriz	03 +0,50 31.08 1:05.35 1:40.31 2:15.12 2:15.12			
	FERRO Carolina Ganhao	02 +0,35 30.99 1:05.85 1:41.39 2:16.38 2:16.38			
	REBELO Beatriz Vaz	03 +0,52 29.48 1:02.83 1:38.13 2:13.82 2:13.82			
DNS	Condeixa Clube-JUN	Condeixa Clube			

4 - 2ª Jornada - 2ª Sessão (finais)

22-12-2018 - 17:00

Prova 29	Masc., 4 x 50m Estilos					Absolutos
22-12-2018 - 17:00						Resultados
RN25 Absoluto	1:38.95	CCD Estrelas S. Joao de Brito	ESJB	Porto		20-12-2014
RN25 Sen	1:38.95	CCD Estrelas S. Joao de Brito	ESJB	Porto		20-12-2014
RN25 Jun	1:44.80	Futebol Clube do Porto	FCP	Felgueiras		21-12-2013

Pontos: FINA 2018

Lugar	Clube				Tempo Final		TReac	FINA
Seniores								
1.	Sporting-SEN <i>Rec Nacional, Abs e Sen</i>			Sporting	1:38.33		+0,64	778
	SANTOS Francisco Rogerio	98	+0,64	24.93	MOGNE Igor Araujo	96	+0,53	23.76
	SANTOS Alexis Manacas	92	+0,20	26.82	DANTAS Diogo Leal	00	+0,15	22.82
2.	Benfica-SEN			Benfica	1:38.60		+0,58	771
	ROSA Rodrigo Antonio	96	+0,58	25.62	PEREIRA Luiz Pedro	91	+0,13	23.60
	NASCIMENTO Miguel Duarte	95	+0,17	27.56	DIAS Guilherme Pereira	97	+0,39	21.82
3.	Porto-SEN			Porto	1:41.34		+1,39	710
	NUNES Porfirio Braga	00	+1,39	26.60	LINO Rafael	99	+0,42	24.63
	AMORIM Alexandre Ferreira	99	+0,11	27.52	SOARES Tiago Silva	99	+0,21	22.59
4.	Belenenses-SEN			Belenenses	1:41.56		+0,58	706
	FERNANDES Joao Diogo	98	+0,58	26.90	QUINTANILHA Nuno Goncalo	87	+0,26	24.49
	TEIXEIRA Guilherme Miguel	97	+0,34	27.73	RAMOS Bruno Miguel	97	+0,11	22.44
5.	Alges-SEN			Alges	1:42.01		+0,58	696
	BATE Miguel Ribeiro	99	+0,58	26.43	SANTOS Pedro Andre	94	+0,28	24.25
	PON Hugo	98	+0,12	28.30	MACHADO Francisco Carvalho	98	+0,35	23.03
6.	Academica de Coimbra-SEN			Academica de Coimbra	1:43.10		+0,61	675
	LUCAS Joao Filipe	94	+0,61	27.33	YELISTRATKIN Ilya	96	+0,45	25.35
	CARVALHO Ruben Paiva	94	+0,09	28.01	MADUREIRA Gustavo Almeida	94	+0,33	22.41
7.	Famalicao-SEN			Famalicao	1:46.18			617
	TINOCO Joao Pereira	00		26.90	FERNANDES Pedro Miguel	99	+0,54	24.44
	FARIA Rui Pedro	94	+0,28	30.36	CARVALHO Mateus Ribeiro	99		24.48
8.	Braga-SEN			Braga	1:46.23		+0,50	617
	LOPES Joao Francisco	98	+0,50	27.60	ALBUQUERQUE Rodrigo Carlos	97	+0,08	25.42
	SIMOES Rafael Gomes	00	+0,23	29.14	FERNANDES Jose Pedro	99	+0,26	24.07
9.	Desportiva de Viana-SEN			Desportiva de Viana	1:50.98			541
	PASSOS Miguel Angelo	96		27.57	GRACA Nuno Miguel	98	+0,39	25.26
	NOVAIS Tiago Miguel	00	+0,54	32.88	BRANCO Andre Castro	00		25.27

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Prova 29, Masc., 4 x 50m Estilos

Juniores

1. Sporting-JUN				Sporting	1:47.11		601
DOMINGOS Ruy Manuel	02		27.60	GOMES Vicente Oliveira	02	+0,27	25.58
CALDEIRA Goncalo Silveirinha	01	+1,43	30.32	FERNANDES Eduardo Gomes	02		23.61
2. Benfica-JUN				Benfica	1:47.29	+0,53	598
AIRES Rafael Alcantara	01	+0,53	26.37	FERREIRA Ricardo Pinela	01	+0,50	25.49
BERNARDO Joao Silva	02	+0,17	31.69	LEBRE Diogo Ramos	01	+0,34	23.74
3. Uniao Piedense-JUN				Uniao Piedense	1:48.40		580
SANTOS Edgar Filipe	01		28.50	LOPES Carlos Filipe	01	+0,42	25.17
BRITO Bernardo Geadá	02	+0,48	30.53	CAMOES Tiago Maria	01		24.20
4. Alges-JUN				Alges	1:48.58		577
MAGALHAES Hugo Nunes	02		28.25	BRANCO Alexandre Miguel	01	+0,37	26.32
FRISCHKNECHT Renato Barros	01	+0,22	28.85	MONTEIRO Tomas Penha	02		25.16
5. Fundacao Beatriz Santos-JUN				Fundacao Beatriz Santos	1:49.64		561
DIAS Joao Pedro	02		27.51	DOMINGUES Ricardo Jorge	02	+0,32	26.35
PAIS Joao Ventura	02	+0,44	31.21	CUNHA Jose Miguel	01		24.57
6. Estarreja-JUN				Estarreja	1:50.14		553
FIDALGO Mateus Valente	01		27.34	SILVA Luis Afonso	02	+0,31	26.69
FERREIRA Joao Renato	01	+0,44	31.08	OLIVEIRA David Miguel	01		25.03
7. Porto-JUN				Porto	1:52.21		523
SOUSA Joao Ribeiro	01		28.20	AGUIAR Gabriel Silva	01	+0,33	26.38
GONCALVES Rodrigo Oliveira	02	+0,37	32.53	RIBEIRO Luis Manuel	02		25.10

Prova 30

22-12-2018 - 17:05

Femin., 4 x 50m Estilos

Absolutos
Resultados

RN25 Absoluto	1:53.38	Futebol Clube do Porto	FCP	Porto	08-12-2012
RN25 Sen	1:53.38	Futebol Clube do Porto	FCP	Porto	08-12-2012
RN25 Jun	1:58.01	Sport Alges e Dafundo	SAD	Felgueiras	21-12-2013

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1. Alges-SEN				Alges	1:55.38	+0,63	717
FRISCHKNECHT Rita Barros	98	+0,63	28.74	BARATA Barbara Sofia	97	+0,10	28.26
PEREIRA Raquel Gomes	00	+0,30	31.80	AZEVEDO Madalena Gomes	99	+0,39	26.58
2. Sporting-SEN				Sporting	1:56.39	+0,63	698
FERNANDES Ines Camacho	97	+0,63	29.03	HENRIQUES Ines Jacinto	00	+0,31	28.33
ROSA Maria Carolina	94	+0,29	32.93	VIEGAS Beatriz Mendes	00	+0,37	26.10
3. Porto-SEN				Porto	1:57.91	+0,68	671
FERREIRA Catarina Maria	98	+0,68	30.34	CABRAL Maria Francisca	00	+0,48	28.46
SILVA Beatriz Santos	01	+0,46	33.03	OLIVEIRA Rosa Maria	96	+0,37	26.08
4. Benfica-SEN				Benfica	1:59.88	+0,63	639
FERREIRA Ana Raquel	98	+0,63	31.24	TIAGO Filipa Vilas	94	+0,50	28.04
BORGES Claudia Ferreira	99	+0,30	33.21	ROLAO Sofia Alexandra	98	+0,47	27.39

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Prova 30, Femin., 4 x 50m Estilos, Seniores

Lugar					Clube	Tempo Final	TReac	FINA
5.	Academica de Coimbra-SEN				Academica de Coimbra	2:00.08	+0,70	636
	NEVES Ana Carolina	00	+0,70	30.22	CRAVEIRO Beatriz Neves	97	+0,37	28.68
	ROSARIO Ema Filipa	00	+0,52	34.62	MOREIRA Matilde Freitas	01	+0,15	26.56
6.	Braga-SEN				Braga	2:02.82	+0,76	594
	FREIXO Juliana Lima	97	+0,76	30.04	SILVA Maria Madalena	98	+0,49	30.09
	FERNANDES Ana Sofia	93	+0,15	36.11	HOLUB Tamila Hryhorivna	99	+0,03	26.58
7.	Laranjeiro-SEN				Laranjeiro	2:05.36	+0,65	559
	ROLIM Soraia Guerra	95	+0,65	33.36	NUNES Sofia Alexandra	00	+0,35	29.76
	RIESENBERGER Bruna Martins	97	+0,32	34.14	PIRES Carolina Saraiva	96	+0,37	28.10

Juniores

1.	Alges-JUN	Alges	1:56.40	+0,66	698
	<i>Rec Nacional, Recorde Nacional 50 Costas (primeiro percurso)</i>				
	AZEVEDO Rafaela Gomes 02 +0,66 28.50	CRUZ Sara Moura 03 +0,17 28.91			
	PEREIRA Clara Gomes 02 +0,20 33.51	SOUSA Ana Reis 02 +0,30 25.48			
2.	Benfica-JUN	Benfica	1:59.84	+1,31	639
	MARTINS Joana Ribeiro 03 +1,31 31.42	GRAVETO Ana Raquel 02 +0,36 28.81			
	SILVA Natacha Sofia 02 +0,26 34.14	ANDRE Leticia Maia 02 +0,17 25.47			
3.	Porto-JUN	Porto	2:00.32	+0,65	632
	RAMOS Ana Rita 02 +0,65 30.41	BARBOSA Mariana Fernandes 02 +0,36 29.15			
	AMORIM Maria Leonor 03 +0,36 34.78	SOARES Catarina Silva 03 +0,34 25.98			
4.	Vitoria Guimaraes-JUN	Vitoria Guimaraes	2:06.08	+0,69	549
	ALMEIDA Catarina Isabel 02 +0,69 32.27	FERNANDES Filipa Viamonte 02 +0,19 28.63			
	VIEIRA Valeria Goncalves 02 +0,58 36.38	MACEDO Beatriz Daniela 02 +0,50 28.80			

Prova 17

22-12-2018 - 17:05

Masc., 400m Livres

Absolutos
Resultados

RN25 Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
RN25 Sen	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
RN25 Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26-06-2004
RN25 Jun17	3:56.54	COSTA Rui Filipe	VSC	Felgueiras	24-11-2007

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	VELOSO Tomas Miguel	96	Nautico Academico	3:46.45	+0,69	823
	50m: 26.81 26.81	150m: 1:24.47 29.06	250m: 2:22.08 28.43	350m: 3:18.73 28.06		
	100m: 55.41 28.60	200m: 1:53.65 29.18	300m: 2:50.67 28.59	400m: 3:46.45 27.72		
2.	LOPES Jose Paulo	00	Braga	3:46.52	+0,64	822
	50m: 26.56 26.56	150m: 1:24.32 28.97	250m: 2:21.95 28.33	350m: 3:19.01 28.51		
	100m: 55.35 28.79	200m: 1:53.62 29.30	300m: 2:50.50 28.55	400m: 3:46.52 27.51		
3.	COSTA Tiago Cunha	99	Sporting	3:46.94	+0,68	818
	50m: 26.42 26.42	150m: 1:23.90 28.91	250m: 2:21.14 28.37	350m: 3:19.53 29.38		
	100m: 54.99 28.57	200m: 1:52.77 28.87	300m: 2:50.15 29.01	400m: 3:46.94 27.41		

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Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 17, Masc., 400m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
4.	GIL Rafael Lourenco	96	Sporting	3:49.87	+0,68	787
	50m: 26.83 26.83	150m: 1:24.72 29.19	250m: 2:22.90 28.77	350m: 3:21.12 28.99		
	100m: 55.53 28.70	200m: 1:54.13 29.41	300m: 2:52.13 29.23	400m: 3:49.87 28.75		
5.	PINA Guilherme Filipe	98	Sporting	3:51.89	+0,78	766
	50m: 27.24 27.24	150m: 1:25.46 29.17	250m: 2:24.16 29.22	350m: 3:23.09 29.55		
	100m: 56.29 29.05	200m: 1:54.94 29.48	300m: 2:53.54 29.38	400m: 3:51.89 28.80		
6.	CARVALHO Jose Paula	98	Benfica	3:53.52	+0,73	750
	50m: 27.07 27.07	150m: 1:25.16 29.25	250m: 2:23.69 29.28	350m: 3:23.91 30.48		
	100m: 55.91 28.84	200m: 1:54.41 29.25	300m: 2:53.43 29.74	400m: 3:53.52 29.61		
7.	NUNES Diogo Barbosa	00	Porto	3:54.82	+0,76	738
	50m: 27.19 27.19	150m: 1:25.67 29.49	250m: 2:24.48 29.69	350m: 3:24.81 30.35		
	100m: 56.18 28.99	200m: 1:54.79 29.12	300m: 2:54.46 29.98	400m: 3:54.82 30.01		
8.	BATE Afonso Ribeiro	98	Alges	3:58.37	+0,70	705
	50m: 27.18 27.18	150m: 1:27.53 30.17	250m: 2:28.02 30.30	350m: 3:30.25 31.06		
	100m: 57.36 30.18	200m: 1:57.72 30.19	300m: 2:59.19 31.17	400m: 3:58.37 28.12		
9.	BASTOS Lucas Pereira	00	Nautico Academico	3:58.87	+0,71	701
	50m: 27.08 27.08	150m: 1:26.67 29.85	250m: 2:26.67 29.53	350m: 3:27.79 30.90		
	100m: 56.82 29.74	200m: 1:57.14 30.47	300m: 2:56.89 30.22	400m: 3:58.87 31.08		
10.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	4:01.45	+0,74	679
	50m: 27.39 27.39	150m: 1:27.85 30.53	250m: 2:29.64 30.79	350m: 3:31.06 30.45		
	100m: 57.32 29.93	200m: 1:58.85 31.00	300m: 3:00.61 30.97	400m: 4:01.45 30.39		
11.	SANTO Filipe Miguel	00	Benfica	4:01.65	+0,81	677
	50m: 26.28 26.28	150m: 1:24.89 29.85	250m: 2:26.25 30.84	350m: 3:30.01 32.14		
	100m: 55.04 28.76	200m: 1:55.41 30.52	300m: 2:57.87 31.62	400m: 4:01.65 31.64		
12.	TRAVANCA Sergio Filipe	00	Leixoes	4:01.72	+0,68	677
	50m: 27.71 27.71	150m: 1:28.61 30.95	250m: 2:30.17 30.44	350m: 3:31.34 30.61		
	100m: 57.66 29.95	200m: 1:59.73 31.12	300m: 3:00.73 30.56	400m: 4:01.72 30.38		
13.	PINTO Antonio Fernando	99	Benfica	4:04.48	+0,75	654
	50m: 27.92 27.92	150m: 1:29.01 30.76	250m: 2:30.64 30.49	350m: 3:33.18 31.23		
	100m: 58.25 30.33	200m: 2:00.15 31.14	300m: 3:01.95 31.31	400m: 4:04.48 31.30		
14.	FARIA Rui Pedro	94	Famalicao	4:05.15	+0,84	649
	50m: 27.74 27.74	150m: 1:28.51 30.92	250m: 2:30.37 30.96	350m: 3:33.79 31.95		
	100m: 57.59 29.85	200m: 1:59.41 30.90	300m: 3:01.84 31.47	400m: 4:05.15 31.36		
15.	MORIM Ruben Jose	97	Vilacondense	4:05.55	+0,77	645
	50m: 27.60 27.60	150m: 1:28.18 30.62	250m: 2:31.13 31.45	350m: 3:34.45 31.61		
	100m: 57.56 29.96	200m: 1:59.68 31.50	300m: 3:02.84 31.71	400m: 4:05.55 31.10		
16.	BATE Miguel Ribeiro	99	Alges	4:09.94	+0,74	612
	50m: 27.33 27.33	150m: 1:28.91 31.10	250m: 2:32.52 31.82	350m: 3:37.93 32.87		
	100m: 57.81 30.48	200m: 2:00.70 31.79	300m: 3:05.06 32.54	400m: 4:09.94 32.01		

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PARCEIROS



Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 17, Masc., 400m Livres

Juniores

1. SANTOS Pedro Miguel	01 Porto	3:56.20	+0,70	725
50m: 27.06 27.06	150m: 1:25.69 28.76	250m: 2:25.00 29.85	350m: 3:26.34 30.78	
100m: 56.93 29.87	200m: 1:55.15 29.46	300m: 2:55.56 30.56	400m: 3:56.20 29.86	
2. CRISTINO David Matias	01 Uniao Piedense	3:57.45	+0,74	714
50m: 28.04 28.04	150m: 1:28.54 30.34	250m: 2:29.24 30.12	350m: 3:28.86 29.53	
100m: 58.20 30.16	200m: 1:59.12 30.58	300m: 2:59.33 30.09	400m: 3:57.45 28.59	
3. LEBRE Diogo Ramos	01 Benfica	3:58.27	+0,80	706
50m: 28.08 28.08	150m: 1:28.31 30.43	250m: 2:29.26 30.16	350m: 3:29.33 29.58	
100m: 57.88 29.80	200m: 1:59.10 30.79	300m: 2:59.75 30.49	400m: 3:58.27 28.94	
4. JOSE Diogo Coelho	01 Columbofila Cantanhedense	3:58.57	+0,73	704
50m: 28.30 28.30	150m: 1:28.51 30.18	250m: 2:28.93 30.13	350m: 3:29.67 30.42	
100m: 58.33 30.03	200m: 1:58.80 30.29	300m: 2:59.25 30.32	400m: 3:58.57 28.90	
5. JORGE Duarte Miguel	01 Galitos / Bresimar	3:59.88	+0,80	692
50m: 27.55 27.55	150m: 1:27.78 30.44	250m: 2:28.54 30.19	350m: 3:30.05 30.82	
100m: 57.34 29.79	200m: 1:58.35 30.57	300m: 2:59.23 30.69	400m: 3:59.88 29.83	
6. LOPES Tomas Teixeira	02 Foca	4:03.84	+0,71	659
50m: 27.86 27.86	150m: 1:28.83 30.72	250m: 2:31.10 31.08	350m: 3:33.35 31.00	
100m: 58.11 30.25	200m: 2:00.02 31.19	300m: 3:02.35 31.25	400m: 4:03.84 30.49	
7. AMARAL Francisco Rodriguez	02 Campinho	4:04.43	+0,71	654
50m: 27.44 27.44	150m: 1:28.03 30.60	250m: 2:29.95 31.17	350m: 3:33.36 31.77	
100m: 57.43 29.99	200m: 1:58.78 30.75	300m: 3:01.59 31.64	400m: 4:04.43 31.07	
8. NUNES Francisco Costa	02 Salvaterra de Magos	4:05.77	+0,79	644
50m: 28.36 28.36	150m: 1:29.38 30.76	250m: 2:31.63 31.24	350m: 3:34.59 31.42	
100m: 58.62 30.26	200m: 2:00.39 31.01	300m: 3:03.17 31.54	400m: 4:05.77 31.18	
9. TRAVASSOS Rodrigo Alexandre	02 Condeixa Clube	4:07.06	+0,74	634
50m: 28.61 28.61	150m: 1:31.37 31.34	250m: 2:35.01 31.61	350m: 3:37.61 30.98	
100m: 1:00.03 31.42	200m: 2:03.40 32.03	300m: 3:06.63 31.62	400m: 4:07.06 29.45	
10. PEREIRA Joao Peixoto	01 Braga	4:07.31	+0,73	632
50m: 28.18 28.18	150m: 1:31.46 31.61	250m: 2:34.53 31.33	350m: 3:37.61 31.22	
100m: 59.85 31.67	200m: 2:03.20 31.74	300m: 3:06.39 31.86	400m: 4:07.31 29.70	
11. DEUS Andre Portugal	02 Naval do Funchal	4:07.33	+0,73	631
50m: 28.36 28.36	150m: 1:31.06 31.45	250m: 2:34.39 31.54	350m: 3:37.15 31.01	
100m: 59.61 31.25	200m: 2:02.85 31.79	300m: 3:06.14 31.75	400m: 4:07.33 30.18	
12. CARDOSO Diogo Santos	01 Colegio Monte Maior	4:07.83	+0,77	628
50m: 28.89 28.89	150m: 1:31.32 31.42	250m: 2:35.06 31.69	350m: 3:38.31 31.42	
100m: 59.90 31.01	200m: 2:03.37 32.05	300m: 3:06.89 31.83	400m: 4:07.83 29.52	
13. VILHENA Tiago Miguel	01 Natacao de Faro	4:08.31	+0,73	624
50m: 28.62 28.62	150m: 1:30.78 31.39	250m: 2:34.56 32.05	350m: 3:37.56 30.99	
100m: 59.39 30.77	200m: 2:02.51 31.73	300m: 3:06.57 32.01	400m: 4:08.31 30.75	
14. FROTA Paulo Andre	02 Condeixa Clube	4:08.48	+0,67	623
50m: 29.36 29.36	150m: 1:31.95 31.59	250m: 2:35.50 31.43	350m: 3:38.53 31.42	
100m: 1:00.36 31.00	200m: 2:04.07 32.12	300m: 3:07.11 31.61	400m: 4:08.48 29.95	
15. FERNANDES Eduardo Gomes	02 Sporting	4:09.78	+0,79	613
50m: 28.03 28.03	150m: 1:29.59 31.29	250m: 2:34.19 32.37	350m: 3:38.65 32.08	
100m: 58.30 30.27	200m: 2:01.82 32.23	300m: 3:06.57 32.38	400m: 4:09.78 31.13	

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Prova 17, Masc., 400m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
16.	DIZ Joao Carvalho	01	Columbofila Cantanhedense	4:13.67	+0,81	585
	50m: 29.18 29.18	150m: 1:32.07 31.60	250m: 2:36.32 31.72	350m: 3:41.45 32.92		
	100m: 1:00.47 31.29	200m: 2:04.60 32.53	300m: 3:08.53 32.21	400m: 4:13.67 32.22		
EXH	GRACHAT David Realista	87	Geslours	4:23.51	+0,82	522
	50m: 29.54 29.54	150m: 1:35.06 33.14	250m: 2:41.92 33.33	350m: 3:49.81 34.26		
	100m: 1:01.92 32.38	200m: 2:08.59 33.53	300m: 3:15.55 33.63	400m: 4:23.51 33.70		
EXH	SOARES Ricardo Aderneira <i>Rec Nacional S 8,</i>	99	Geslours	5:04.93	+0,80	337
	50m: 35.24 35.24	150m: 1:52.14 38.76	250m: 3:09.22 38.22	350m: 4:26.90 38.44		
	100m: 1:13.38 38.14	200m: 2:31.00 38.86	300m: 3:48.46 39.24	400m: 5:04.93 38.03		

Prova 18
22-12-2018 - 17:10

Femin., 400m Livres

Absolutos Resultados

RN25 Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
RN25 Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
RN25 Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12-12-2015
RN25 Jun16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	DURAES Diana Margarida <i>Minimos CEuropa PC</i>	96	Benfica	4:06.34	+0,76	862
	50m: 29.10 29.10	150m: 1:30.74 30.94	250m: 2:32.99 31.01	350m: 3:35.50 31.27		
	100m: 59.80 30.70	200m: 2:01.98 31.24	300m: 3:04.23 31.24	400m: 4:06.34 30.84		
2.	HOLUB Tamila Hryhorivna <i>Minimos CEuropa PC</i>	99	Braga	4:08.53	+0,77	840
	50m: 29.16 29.16	150m: 1:31.43 31.29	250m: 2:34.05 31.33	350m: 3:37.47 31.81		
	100m: 1:00.14 30.98	200m: 2:02.72 31.29	300m: 3:05.66 31.61	400m: 4:08.53 31.06		
3.	ANDRE Angelica Maria	94	Fluvial Portuense	4:19.31	+0,73	739
	50m: 30.29 30.29	150m: 1:35.69 32.88	250m: 2:41.73 33.18	350m: 3:47.40 32.72		
	100m: 1:02.81 32.52	200m: 2:08.55 32.86	300m: 3:14.68 32.95	400m: 4:19.31 31.91		
4.	HENRIQUES Ines Jacinto	00	Sporting	4:19.33	+0,76	739
	50m: 30.33 30.33	150m: 1:36.12 32.93	250m: 2:41.34 32.38	350m: 3:46.99 32.79		
	100m: 1:03.19 32.86	200m: 2:08.96 32.84	300m: 3:14.20 32.86	400m: 4:19.33 32.34		
5.	FARIA Ana Rita	00	Porto	4:22.09	+0,75	716
	50m: 30.33 30.33	150m: 1:36.54 33.28	250m: 2:42.69 32.81	350m: 3:49.45 33.35		
	100m: 1:03.26 32.93	200m: 2:09.88 33.34	300m: 3:16.10 33.41	400m: 4:22.09 32.64		
6.	AMADOR Joana Costa	01	Galitos / Bresimar	4:22.43	+0,74	713
	50m: 30.10 30.10	150m: 1:35.02 32.79	250m: 2:40.89 33.02	350m: 3:48.30 33.88		
	100m: 1:02.23 32.13	200m: 2:07.87 32.85	300m: 3:14.42 33.53	400m: 4:22.43 34.13		

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 18, Femin., 400m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	ALVES Sara Sofia	01	Columbofila Cantanhedense	4:25.23	+0,75	691
	50m: 31.14 31.14 150m: 1:37.28 33.26 250m: 2:45.01 33.95 350m: 3:52.90 33.82					
	100m: 1:04.02 32.88 200m: 2:11.06 33.78 300m: 3:19.08 34.07 400m: 4:25.23 32.33					
8.	RODRIGUES Filipa Serrano	01	Benfica	4:27.59	+0,76	673
	50m: 30.45 30.45 150m: 1:36.96 33.50 250m: 2:44.74 33.96 350m: 3:53.54 34.77					
	100m: 1:03.46 33.01 200m: 2:10.78 33.82 300m: 3:18.77 34.03 400m: 4:27.59 34.05					
9.	AZEVEDO Madalena Gomes	99	Alges	4:31.16	+0,76	646
	50m: 30.13 30.13 150m: 1:37.80 34.54 250m: 2:47.34 34.53 350m: 3:56.88 34.59					
	100m: 1:03.26 33.13 200m: 2:12.81 35.01 300m: 3:22.29 34.95 400m: 4:31.16 34.28					
10.	NEVES Carolina Marques	01	Torres Novas	4:32.93	+0,86	634
	50m: 30.99 30.99 150m: 1:39.77 34.60 250m: 2:49.65 34.99 350m: 3:59.85 35.04					
	100m: 1:05.17 34.18 200m: 2:14.66 34.89 300m: 3:24.81 35.16 400m: 4:32.93 33.08					
11.	CARVALHO Eva Guerreiro	99	Benfica	4:34.12	+0,81	626
	50m: 31.51 31.51 150m: 1:39.59 34.25 250m: 2:48.99 34.63 350m: 3:59.49 35.42					
	100m: 1:05.34 33.83 200m: 2:14.36 34.77 300m: 3:24.07 35.08 400m: 4:34.12 34.63					
DNS	BELEZA Mafalda Gomes	94	Sporting			

Juniores

1.	SOUSA Ana Reis	02	Alges	4:17.00	+0,74	759
	50m: 29.45 29.45 150m: 1:32.89 32.12 250m: 2:37.84 32.65 350m: 3:44.35 33.44					
	100m: 1:00.77 31.32 200m: 2:05.19 32.30 300m: 3:10.91 33.07 400m: 4:17.00 32.65					
2.	ANDRE Leticia Maia	02	Benfica	4:19.38	+0,75	739
	50m: 30.01 30.01 150m: 1:34.29 32.48 250m: 2:39.93 33.09 350m: 3:46.54 33.33					
	100m: 1:01.81 31.80 200m: 2:06.84 32.55 300m: 3:13.21 33.28 400m: 4:19.38 32.84					
3.	FRAZAO Alexandra Couto	02	Condeixa Clube	4:19.46	+0,79	738
	50m: 31.02 31.02 150m: 1:36.29 32.73 250m: 2:41.75 32.69 350m: 3:47.33 32.63					
	100m: 1:03.56 32.54 200m: 2:09.06 32.77 300m: 3:14.70 32.95 400m: 4:19.46 32.13					
4.	PINA Ana Sofia	02	O Crasto	4:20.54	+0,79	729
	50m: 30.29 30.29 150m: 1:36.47 33.30 250m: 2:42.62 32.88 350m: 3:48.64 33.03					
	100m: 1:03.17 32.88 200m: 2:09.74 33.27 300m: 3:15.61 32.99 400m: 4:20.54 31.90					
5.	CARDEAL Joana Nunes	02	Academico Viseu	4:20.68	+0,87	728
	50m: 30.39 30.39 150m: 1:36.61 33.05 250m: 2:42.81 33.11 350m: 3:48.92 32.92					
	100m: 1:03.56 33.17 200m: 2:09.70 33.09 300m: 3:16.00 33.19 400m: 4:20.68 31.76					
6.	QUEIROZ Ana Rita	02	Condeixa Clube	4:21.54	+0,72	720
	50m: 30.61 30.61 150m: 1:36.43 33.00 250m: 2:41.97 32.34 350m: 3:48.29 33.16					
	100m: 1:03.43 32.82 200m: 2:09.63 33.20 300m: 3:15.13 33.16 400m: 4:21.54 33.25					
7.	RAMOS Ana Rita	02	Porto	4:24.17	+0,79	699
	50m: 30.51 30.51 150m: 1:36.95 33.49 250m: 2:44.04 33.73 350m: 3:51.36 33.73					
	100m: 1:03.46 32.95 200m: 2:10.31 33.36 300m: 3:17.63 33.59 400m: 4:24.17 32.81					
8.	MENDES Mariana Amaral	02	Colegio Monte Maior	4:24.91	+0,80	693
	50m: 31.35 31.35 150m: 1:37.68 33.19 250m: 2:44.70 33.51 350m: 3:51.97 33.58					
	100m: 1:04.49 33.14 200m: 2:11.19 33.51 300m: 3:18.39 33.69 400m: 4:24.91 32.94					
9.	BARBOSA Mariana Fernandes	02	Porto	4:26.33	+0,80	682
	50m: 31.10 31.10 150m: 1:37.73 33.35 250m: 2:44.65 33.39 350m: 3:53.15 34.37					
	100m: 1:04.38 33.28 200m: 2:11.26 33.53 300m: 3:18.78 34.13 400m: 4:26.33 33.18					

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Prova 18, Femin., 400m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
10.	MARTINS Francisca Soares	03	Foca	4:28.23	+0,74	668
	50m: 30.60 30.60 150m: 1:36.58 33.08 250m: 2:44.74 34.55 350m: 3:54.48 34.87					
	100m: 1:03.50 32.90 200m: 2:10.19 33.61 300m: 3:19.61 34.87 400m: 4:28.23 33.75					
11.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	4:32.46	+0,78	637
	50m: 31.00 31.00 150m: 1:39.38 34.51 250m: 2:48.98 34.75 350m: 3:58.71 34.49					
	100m: 1:04.87 33.87 200m: 2:14.23 34.85 300m: 3:24.22 35.24 400m: 4:32.46 33.75					
12.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	4:32.67	+0,81	636
	50m: 31.65 31.65 150m: 1:39.83 34.39 250m: 2:49.68 35.10 350m: 3:59.19 34.65					
	100m: 1:05.44 33.79 200m: 2:14.58 34.75 300m: 3:24.54 34.86 400m: 4:32.67 33.48					
13.	SOARES Carolina Silva	03	Natacao de Valongo	4:34.09	+0,84	626
	50m: 31.25 31.25 150m: 1:39.32 34.27 250m: 2:49.15 34.72 350m: 4:00.03 35.66					
	100m: 1:05.05 33.80 200m: 2:14.43 35.11 300m: 3:24.37 35.22 400m: 4:34.09 34.06					
14.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	4:34.72	+0,80	622
	50m: 31.49 31.49 150m: 1:39.81 34.58 250m: 2:49.49 34.91 350m: 3:59.38 35.07					
	100m: 1:05.23 33.74 200m: 2:14.58 34.77 300m: 3:24.31 34.82 400m: 4:34.72 35.34					
15.	MARTINS Joana Ribeiro	03	Benfica	4:36.66	+0,85	609
	50m: 31.69 31.69 150m: 1:39.96 34.47 250m: 2:50.33 35.45 350m: 4:01.15 35.38					
	100m: 1:05.49 33.80 200m: 2:14.88 34.92 300m: 3:25.77 35.44 400m: 4:36.66 35.51					
16.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	4:40.85	+0,86	582
	50m: 32.12 32.12 150m: 1:39.55 34.15 250m: 2:51.45 36.85 350m: 4:04.96 36.53					
	100m: 1:05.40 33.28 200m: 2:14.60 35.05 300m: 3:28.43 36.98 400m: 4:40.85 35.89					
17.	VARANDAS Joana Filipa	02	Laranjeiro	4:47.50	+0,78	542
	50m: 31.78 31.78 150m: 1:43.06 36.39 250m: 2:56.75 36.75 350m: 4:11.06 37.21					
	100m: 1:06.67 34.89 200m: 2:20.00 36.94 300m: 3:33.85 37.10 400m: 4:47.50 36.44					
18.	SOUZA Ines Matos	03	Uniao Coimbra	4:49.67	+0,81	530
	50m: 32.66 32.66 150m: 1:44.91 36.66 250m: 2:58.78 36.87 350m: 4:12.85 37.12					
	100m: 1:08.25 35.59 200m: 2:21.91 37.00 300m: 3:35.73 36.95 400m: 4:49.67 36.82					
EXH	CHEROUATI Souad Nefissa	89	Benfica	4:26.50	+0,80	681
	50m: 31.35 31.35 150m: 1:38.43 33.85 250m: 2:45.82 33.85 350m: 3:53.54 33.65					
	100m: 1:04.58 33.23 200m: 2:11.97 33.54 300m: 3:19.89 34.07 400m: 4:26.50 32.96					

Prova 19	Masc., 50m Costas					Absolutos
22-12-2018 - 17:30						Resultados Final
RN25 Absoluto	23.75	LOPES Gabriel Jose	POR	Hangzhou (CHN)		13-12-2018
RN25 Sen	23.75	LOPES Gabriel Jose	POR	Hangzhou (CHN)		13-12-2018
RN25 Jun18	25.01	SANTOS Alexis Manacas	SCP	Leiria		04-12-2009
RN25 Jun17	25.37	LOPES Gabriel Jose	CDL	Coimbra		11-05-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	COSTA Diogo Santos	02	Colegio Monte Maior	25.85	+0,54	635
2.	COSTA Joao Nogueira	01	Vitoria Guimaraes	26.16	+0,58	612
3.	ALFAMA Martim Primavera	02	Geslours	26.45	+0,56	592
4.	ZENZA Francisco Manuel	01	Natacao da Maia	26.51	+0,62	588
5.	ARZILEIRO Bernardo Vinagre	01	Uniao Coimbra	26.81	+1,56	569
6.	FIDALGO Mateus Valente	01	Estarreja	26.96	+0,61	559
7.	FREIRE Carlos Marques	01	Belenenses	27.20	+0,54	545
8.	BARATA Tomas Santos	01	Natacao de Lagos	27.53	+0,65	525

Seniores

1.	SANTOS Alexis Manacas	92	Sporting	23.80	+0,59	813
2.	SANTOS Francisco Rogerio	98	Sporting	24.70	+0,64	728
3.	ROSA Rodrigo Antonio	96	Benfica	25.83	+0,57	636
4.	KOT Viktor	98	Nautico Marinha Grande	26.12	+0,54	615
5.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	26.41	+0,57	595
6.	LEIRIA David Miguel	93	Benfica	26.49	+1,91	590
7.	DANTAS Diogo Leal	00	Sporting	26.52	+0,48	588
8.	WEUSTINK Koen	00	Ginasio de Vila Real	26.79	+0,57	570

Prova 20	Femin., 50m Costas					Absolutos
22-12-2018 - 17:30						Resultados Final
RN25 Absoluto	28.07	LEITE Ana Sofia	GCVR	Algés		06-06-2015
RN25 Sen	28.07	LEITE Ana Sofia	GCVR	Algés		06-06-2015
RN25 Jun17	28.50	AZEVEDO Rafaela Gomes	SAD	Felgueiras		22-12-2018
RN25 Jun17	28.53	FERNANDES Ines Camacho	SCP	Felgueiras		21-12-2013
RN25 Jun16	28.42	FERNANDES Ines Camacho	SCP	Porto		08-12-2012

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	AZEVEDO Rafaela Gomes	02	Alges	28.53	+0,68	728
2.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	28.96	+0,55	696
3.	PEIXEIRA Filipa Ramos	03	Sporting	29.88	+0,70	634
4.	SEVERINO Isis Sousa	02	Louletano / Loule Concelho	30.56	+0,58	592
5.	MADEIRA Claudia Isabel	02	Clube de Vouzela	30.58	+0,62	591
6.	ESTEVES Maria Mousinho	02	Laranjeiro	30.84		576
7.	CARVALHO Maria Joao	02	Portinado	30.95	+0,70	570

Prova 20, Femin., 50m Costas, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	LASCU Nicoleta	02	Litoral Alentejano	31.26	+0,65	553

Seniores

1.	FERNANDES Ines Camacho	97	Sporting	28.81	+0,59	707
2.	MESTRE Catarina Martins	00	Natacao de Lisboa	29.46	+0,64	661
3.	LEITE Ana Sofia	93	Ginasio de Vila Real	29.55	+0,65	655
4.	LOPES Carolina Sofia	96	Natacao de Faro	29.73	+0,59	643
5.	FREIXO Juliana Lima	97	Braga	30.08	+0,63	621
6.	CABRAL Maria Francisca	00	Porto	30.09	+0,62	620
7.	NEVES Ana Carolina	00	Academica de Coimbra	30.34	+0,71	605
8.	TIAGO Filipa Vilas	94	Benfica	30.70		584

Prova 21

Masc., 200m Bruços

Absolutos

22-12-2018 - 17:35

Resultados Final

RN25 Absoluto	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
RN25 Sen	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
RN25 Jun18	2:13.22	SANTOS Andre Goncalo	LSC	Porto	19-12-2014
RN25 Jun17	2:16.24	SILVA Jorge Jesus	SCB	Funchal	10-12-2016

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	SILVA Tomas Antonio	01	Naval do Funchal	2:17.57	+0,66	671
	50m: 31.52 31.52	100m: 1:06.91 35.39	150m: 1:41.91 35.00	200m: 2:17.57 35.66		
2.	CABRITO Rodrigo Almeida	01	Belenenses	2:18.04	+0,68	664
	50m: 31.24 31.24	100m: 1:06.51 35.27	150m: 1:42.42 35.91	200m: 2:18.04 35.62		
3.	CALDEIRA Goncalo Silveirinha	01	Sporting	2:18.83	+0,76	652
	50m: 31.75 31.75	100m: 1:06.38 34.63	150m: 1:42.19 35.81	200m: 2:18.83 36.64		
4.	FRISCHKNECHT Renato Barros	01	Alges	2:20.93	+0,62	624
	50m: 31.83 31.83	100m: 1:08.37 36.54	150m: 1:43.74 35.37	200m: 2:20.93 37.19		
5.	NUNES Francisco Costa	02	Salvaterra de Magos	2:21.08	+0,71	622
	50m: 32.11 32.11	100m: 1:07.51 35.40	150m: 1:43.66 36.15	200m: 2:21.08 37.42		
6.	MARQUES Goncalo Silva	01	Condeixa Clube	2:25.26	+0,66	569
	50m: 32.09 32.09	100m: 1:07.97 35.88	150m: 1:45.47 37.50	200m: 2:25.26 39.79		
7.	MERUJE Joaquim Agra	01	Elvense	2:26.96	+0,87	550
	50m: 32.25 32.25	100m: 1:08.76 36.51	150m: 1:47.19 38.43	200m: 2:26.96 39.77		
8.	BRAS Ricardo Martins	01	Belenenses	2:30.70	+0,76	510
	50m: 32.94 32.94	100m: 1:10.55 37.61	150m: 1:50.05 39.50	200m: 2:30.70 40.65		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



WATER INSTINCT

PARCEIROS



Prova 21, Masc., 200m Bruços, Final

Seniores

1.	VELOSO Tomas Miguel	96	Nautico Academico	2:09.93	+0,68	796
	50m: 30.16 30.16	100m: 1:02.86 32.70	150m: 1:36.36 33.50	200m: 2:09.93 33.57		
2.	VITAL Joao Alexandre	98	Sporting	2:13.53	+0,75	733
	50m: 30.82 30.82	100m: 1:04.60 33.78	150m: 1:38.80 34.20	200m: 2:13.53 34.73		
3.	MENDES Antonio Manuel	99	Sporting	2:14.13	+0,69	723
	50m: 31.00 31.00	100m: 1:05.10 34.10	150m: 1:39.60 34.50	200m: 2:14.13 34.53		
4.	PINOTES Pedro Miguel	89	Sporting	2:14.39	+0,71	719
	50m: 30.88 30.88	100m: 1:05.19 34.31	150m: 1:39.76 34.57	200m: 2:14.39 34.63		
5.	CRUCHINHO Miguel Monteiro	97	Sporting	2:15.26	+0,70	705
	50m: 31.01 31.01	100m: 1:05.56 34.55	150m: 1:40.46 34.90	200m: 2:15.26 34.80		
6.	SIMÕES Rafael Gomes	00	Braga	2:16.76	+0,83	683
	50m: 31.07 31.07	100m: 1:05.44 34.37	150m: 1:40.51 35.07	200m: 2:16.76 36.25		
7.	RAMOS Filipe Carmo	97	Vilacondense	2:19.13	+0,77	648
	50m: 31.29 31.29	100m: 1:06.40 35.11	150m: 1:42.69 36.29	200m: 2:19.13 36.44		

DSQ PON Hugo

98 Alges

724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 175 m - SW 7.6

Prova 22
22-12-2018 - 17:45

Femin., 200m Bruços

Absolutos
Resultados Final

RN25 Absoluto	2:23.46	PEREIRA Raquel Gomes	SAD	Porto	09-12-2017
RN25 Sen	2:23.46	PEREIRA Raquel Gomes	SAD	Porto	09-12-2017
RN25 Jun17	2:26.47	PEREIRA Raquel Gomes	SAD	Funchal	10-12-2016
RN25 Jun16	2:26.87	PEREIRA Raquel Gomes	SAD	Porto	11-12-2015

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	2:35.11	+0,81	653
	50m: 36.11 36.11	100m: 1:15.65 39.54	150m: 1:55.59 39.94	200m: 2:35.11 39.52		
2.	CASTRO Maria Freitas	03	Fafe	2:36.02	+0,75	641
	50m: 35.55 35.55	100m: 1:15.59 40.04	150m: 1:56.07 40.48	200m: 2:36.02 39.95		
3.	CERDEIRA Madalena Reis	03	Sporting	2:37.03	+0,81	629
	50m: 35.71 35.71	100m: 1:15.77 40.06	150m: 1:57.04 41.27	200m: 2:37.03 39.99		
4.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:37.68	+0,77	621
	50m: 36.27 36.27	100m: 1:15.86 39.59	150m: 1:56.44 40.58	200m: 2:37.68 41.24		
5.	PEREIRA Clara Gomes	02	Alges	2:38.20	+0,70	615
	50m: 35.89 35.89	100m: 1:16.18 40.29	150m: 1:57.25 41.07	200m: 2:38.20 40.95		
6.	SILVA Natacha Sofia	02	Benfica	2:38.58	+0,76	611
	50m: 35.98 35.98	100m: 1:16.21 40.23	150m: 1:57.13 40.92	200m: 2:38.58 41.45		
7.	TOMAS Beatriz Monteiro	03	Fundacao Beatriz Santos	2:42.80	+0,72	564
	50m: 36.65 36.65	100m: 1:17.89 41.24	150m: 2:00.10 42.21	200m: 2:42.80 42.70		

Prova 22, Femin., 200m Bruços, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	2:44.25	+0,90	549
	50m: 37.72 37.72	100m: 1:18.56 40.84	150m: 2:00.80 42.24	200m: 2:44.25		43.45

Seniores

1.	PEREIRA Raquel Gomes	00	Alges	2:25.97	+0,76	783
	50m: 33.74 33.74	100m: 1:10.55 36.81	150m: 1:48.23 37.68	200m: 2:25.97		37.74
2.	KAMINSKAYA Victoria	95	Benfica	2:26.25	+0,73	779
	50m: 34.06 34.06	100m: 1:11.01 36.95	150m: 1:48.78 37.77	200m: 2:26.25		37.47
3.	ANDRE Angelica Maria	94	Fluvial Portuense	2:33.05	+0,77	679
	50m: 35.78 35.78	100m: 1:15.14 39.36	150m: 1:54.38 39.24	200m: 2:33.05		38.67
4.	BORGES Claudia Ferreira	99	Benfica	2:33.29	+0,71	676
	50m: 35.31 35.31	100m: 1:14.42 39.11	150m: 1:54.14 39.72	200m: 2:33.29		39.15
5.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	2:34.52	+0,77	660
	50m: 35.27 35.27	100m: 1:14.07 38.80	150m: 1:53.64 39.57	200m: 2:34.52		40.88
6.	MACHADO Luisa Maria	01	Uniao Piedense	2:34.69	+0,93	658
	50m: 35.45 35.45	100m: 1:14.65 39.20	150m: 1:54.73 40.08	200m: 2:34.69		39.96
7.	MAIA Joana Marques	91	Ginasio Santo Tirso	2:40.82	+0,80	585
	50m: 36.02 36.02	100m: 1:16.70 40.68	150m: 1:58.55 41.85	200m: 2:40.82		42.27
8.	RODRIGUES Luana Correia	01	Belenenses	2:43.77	+0,73	554
	50m: 36.24 36.24	100m: 1:17.24 41.00	150m: 2:00.08 42.84	200m: 2:43.77		43.69

Prova 23
22-12-2018 - 17:50

Masc., 100m Mariposa

Absolutos
Resultados Final

RN25 Absoluto	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
RN25 Sen	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
RN25 Jun18	53.87	VENANCIO Tiago Andre	CNS	Cantanhede	19-12-2004
RN25 Jun17	53.97	VENANCIO Tiago Andre	CNS	Alapraia	15-02-2004

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	SOUSA Joao Ribeiro	01	Porto	56.36	+0,65	620
	50m: 26.31 26.31	100m: 56.36 30.05				
2.	DOMINGOS Ruy Manuel	02	Sporting	56.60	+0,71	612
	50m: 26.18 26.18	100m: 56.60 30.42				
3.	GOMES Vicente Oliveira	02	Sporting	56.64	+0,76	611
	50m: 26.44 26.44	100m: 56.64 30.20				
4.	AGUIAR Gabriel Silva	01	Porto	56.73	+0,67	608
	50m: 27.09 27.09	100m: 56.73 29.64				
5.	LOPES Carlos Filipe	01	Uniao Piedense	57.01	+0,69	599
	50m: 26.19 26.19	100m: 57.01 30.82				

Prova 23, Masc., 100m Mariposa, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	LOPES Tomas Teixeira	02	Foca	57.06	+0,68	598
	50m: 26.49 26.49	100m: 57.06 30.57				
7.	COSTA Diogo Santos	02	Colegio Monte Maior	57.82	+0,65	574
	50m: 26.53 26.53	100m: 57.82 31.29				
8.	LOURENCO Tiago Campos	02	Natacao de Valongo	58.26	+0,76	562
	50m: 26.99 26.99	100m: 58.26 31.27				

Seniores

1.	MOGNE Igor Araujo	96	Sporting	52.73	+0,76	758
	50m: 24.86 24.86	100m: 52.73 27.87				
2.	PEREIRA Luiz Pedro	91	Benfica	53.23	+0,70	736
	50m: 24.49 24.49	100m: 53.23 28.74				
3.	LINO Rafael	99	Porto	54.94	+0,64	670
	50m: 25.23 25.23	100m: 54.94 29.71				
4.	CARVALHO Andre Antunes	96	Sporting	55.06	+0,80	665
	50m: 25.86 25.86	100m: 55.06 29.20				
5.	QUINTANILHA Nuno Goncalo	87	Belenenses	55.30	+0,73	657
	50m: 25.63 25.63	100m: 55.30 29.67				
6.	SILVA Joao Carlos	98	Famalicao	56.13	+0,59	628
	50m: 26.18 26.18	100m: 56.13 29.95				
7.	GOUVEIA Pedro Galvao	99	Desportivo Nacional	56.61	+0,71	612
	50m: 26.09 26.09	100m: 56.61 30.52				
8.	SAMPAIO Jose Pedro	98	Fluvial Portuense	56.99	+0,73	600
	50m: 26.69 26.69	100m: 56.99 30.30				

Prova 24

Femin., 100m Mariposa

Absolutos

22-12-2018 - 17:55

Resultados Final

RN25 Absoluto	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
RN25 Sen	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
RN25 Jun17	59.65	CRUZ Sara Francisco	ADBA	Leiria	05-12-2009
RN25 Jun16	1:01.56	TIAGO Filipa Vilas	SCP	S. António Cavaleiros	20-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Prova 24, Femin., 100m Mariposa, Final

Juniores

1.	BARBOSA Mariana Fernandes	02	Porto	1:03.29	+0,72	642
	50m: 29.55 29.55	100m: 1:03.29	33.74			
2.	TEJO Beatriz Costa	02	Academica de Coimbra	1:03.31	+0,65	641
	50m: 29.86 29.86	100m: 1:03.31	33.45			
3.	GRAVETO Ana Raquel	02	Benfica	1:03.41	+0,75	638
	50m: 30.04 30.04	100m: 1:03.41	33.37			
4.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	1:03.55	+0,71	634
	50m: 30.00 30.00	100m: 1:03.55	33.55			
5.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	1:04.71	+0,75	601
	50m: 30.14 30.14	100m: 1:04.71	34.57			
6.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	1:05.55	+0,79	578
	50m: 30.27 30.27	100m: 1:05.55	35.28			
7.	SILVA Eduarda Reis	03	Famalicao	1:06.43	+0,67	555
	50m: 31.54 31.54	100m: 1:06.43	34.89			
8.	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	1:06.52	+0,82	553
	50m: 30.48 30.48	100m: 1:06.52	36.04			

Seniores

1.	MONTEIRO Ana Catarina	93	Vilacondense	59.58	+0,70	770
	50m: 28.33 28.33	100m: 59.58	31.25			
2.	GUEDES Ana Margarida	01	Ginasio de Vila Real	1:01.23	+0,63	709
	50m: 28.41 28.41	100m: 1:01.23	32.82			
3.	HENRIQUES Ines Jacinto	00	Sporting	1:02.19	+0,72	677
	50m: 29.17 29.17	100m: 1:02.19	33.02			
4.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	1:02.89	+0,82	654
	50m: 29.70 29.70	100m: 1:02.89	33.19			
5.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	1:03.30	+0,78	642
	50m: 29.92 29.92	100m: 1:03.30	33.38			
6.	CRAVEIRO Beatriz Neves	97	Academica de Coimbra	1:03.67	+0,76	630
	50m: 30.20 30.20	100m: 1:03.67	33.47			
7.	MARTINS Ana Beatriz	99	Famalicao	1:04.30	+0,77	612
	50m: 29.70 29.70	100m: 1:04.30	34.60			
8.	TIAGO Filipa Vilas	94	Benfica	1:05.78	+0,73	572
	50m: 30.58 30.58	100m: 1:05.78	35.20			

Prova 25	Masc., 50m Livres				Absolutos
22-12-2018 - 18:00					Resultados Final
RN25 Absoluto	21.64	AGOSTINHO Alexandre Escudier	PORTIN	S. António Cavaleiros	20-12-2009
RN25 Sen	21.64	AGOSTINHO Alexandre Escudier	PORTIN	S. António Cavaleiros	20-12-2009
RN25 Jun18	22.24	NASCIMENTO Miguel Duarte	PORTIN	Porto	08-12-2012
RN25 Jun17	23.14	VENANCIO Tiago Andre	CNS	Reboleira	26-06-2004

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	MACHADO Tiago Andrade <i>Rec Nacional, Jun 17</i>	02	Sporting de Aveiro	23.12	+0,61	672
2.	AIRES Rafael Alcantara	01	Benfica	23.16	+0,65	669
3.	MACHADO Bruno Rafael	01	Fluvial Portuense	24.01	+0,79	600
4.	SIMOES Bernardo Jorge	02	Torres Novas	24.24	+0,72	583
	LOURENCO Tiago Campos	02	Natacao de Valongo	24.24	+0,71	583

Seniores

1.	NASCIMENTO Miguel Duarte <i>Rec Nacional, Abs e Sen</i>	95	Benfica	21.60	+0,60	825
2.	DIAS Guilherme Pereira	97	Benfica	22.48	+0,65	732
3.	MADUREIRA Gustavo Almeida	94	Academica de Coimbra	22.56	+0,65	724
4.	RIBAS Alexandre Lages	97	Ginasio de Vila Real	23.06	+0,68	678
5.	SANTOS Joao Duarte	95	Natacao Olhao	23.21	+0,65	665
6.	MACHADO Francisco Carvalho	98	Alges	23.27	+0,61	659
7.	FERNANDES Pedro Miguel	99	Famalicao	23.43	+0,70	646
8.	PADRELA Joao Esteves	99	Belenenses	23.72	+0,69	623

Prova 26	Femin., 50m Livres				Absolutos
22-12-2018 - 18:00					Resultados Final
RN25 Absoluto	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun17	25.95	VIEGAS Beatriz Mendes	TNC	Vila Real Stº Antonio	12-11-2016
RN25 Jun16	26.14	ROSA Maria Carolina	SCP	S. António Cavaleiros	20-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	SOUSA Ana Reis	02	Alges	26.38	+0,69	656
2.	ANDRE Leticia Maia	02	Benfica	26.59	+0,68	641
	SOARES Catarina Silva	03	Porto	26.59	+0,72	641
4.	MARTINS Francisca Soares	03	Foca	26.61	+0,71	639
5.	PINTO Mafalda Marques	02	Sporting	26.87	+0,69	621
6.	COSTA Mafalda Magalhaes	03	Gualdim Pais	27.42	+0,75	584
7.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	27.63	+0,81	571
8.	TEJO Beatriz Costa	02	Academica de Coimbra	27.92	+0,67	553

Prova 26, Femin., 50m Livres, Final

Seniores

1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	25.18	+0,66	755
2.	VIEIRA Jessica Teixeira	91	Belenenses	26.23	+0,70	668
3.	VIEGAS Beatriz Mendes	00	Sporting	26.36	+0,57	658
4.	GUEDES Ana Margarida	01	Ginasio de Vila Real	26.53	+0,60	645
5.	FRISCHKNECHT Rita Barros	98	Alges	26.60	+0,70	640
6.	FARIA Ana Rita	00	Porto	26.65	+0,74	636
7.	OLIVEIRA Rosa Maria	96	Porto	26.75	+0,76	629
8.	MOREIRA Matilde Freitas	01	Academica de Coimbra	27.08	+0,69	607

Prova 27

22-12-2018 - 18:05

Masc., 200m Estilos

Absolutos
Resultados Final

RN25 Absoluto	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
RN25 Sen	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
RN25 Jun18	2:00.59	LOPES Gabriel Jose	ALN	Coimbra	10-05-2015
RN25 Jun17	2:02.96	CARVALHO Diogo Filipe	CGA	Mealhada	06-03-2005

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	SILVA Tomas Antonio	01	Naval do Funchal	2:05.78	+0,67	662
	50m: 27.73 27.73	100m: 1:00.42 32.69	150m: 1:35.87 35.45	200m: 2:05.78 29.91		
2.	CRISTINO David Matias	01	Uniao Piedense	2:06.03	+0,77	658
	50m: 27.81 27.81	100m: 59.31 31.50	150m: 1:37.17 37.86	200m: 2:06.03 28.86		
3.	VILHENA Tiago Miguel	01	Natacao de Faro	2:06.64	+0,66	648
	50m: 27.72 27.72	100m: 59.07 31.35	150m: 1:36.65 37.58	200m: 2:06.64 29.99		
4.	ROCHA Ricardo Filipe	02	Aquatico Pacense	2:07.28	+0,81	639
	50m: 27.44 27.44	100m: 58.87 31.43	150m: 1:37.70 38.83	200m: 2:07.28 29.58		
5.	FERNANDES Eduardo Gomes	02	Sporting	2:08.09	+0,75	626
	50m: 28.07 28.07	100m: 1:00.59 32.52	150m: 1:38.55 37.96	200m: 2:08.09 29.54		
6.	GOMES Vicente Oliveira	02	Sporting	2:10.66	+0,73	590
	50m: 28.16 28.16	100m: 1:01.48 33.32	150m: 1:40.73 39.25	200m: 2:10.66 29.93		
7.	PINTO Pedro Miguel	02	Sporting	2:11.34	+0,78	581
	50m: 28.53 28.53	100m: 1:03.02 34.49	150m: 1:40.98 37.96	200m: 2:11.34 30.36		
8.	DOMINGOS Ruy Manuel	02	Sporting	2:13.10	+0,78	558
	50m: 27.76 27.76	100m: 1:01.30 33.54	150m: 1:42.17 40.87	200m: 2:13.10 30.93		

ORGANIZAÇÃO



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Prova 27, Masc., 200m Estilos, Final

Seniores

1.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	1:55.08	+0,72	864
	<i>Minimos CEuropa PC</i>					
	50m: 24.97 24.97	100m: 52.73 27.76	150m: 1:26.58 33.85	200m: 1:55.08 28.50		
2.	LOPES Jose Paulo	00	Braga	1:58.98	+0,68	782
	50m: 26.46 26.46	100m: 56.26 29.80	150m: 1:30.79 34.53	200m: 1:58.98 28.19		
3.	RAMOS Bruno Miguel	97	Belenenses	1:59.35	+0,65	775
	50m: 25.74 25.74	100m: 55.96 30.22	150m: 1:31.26 35.30	200m: 1:59.35 28.09		
4.	VITAL Joao Alexandre	98	Sporting	1:59.72	+0,79	767
	50m: 26.65 26.65	100m: 56.15 29.50	150m: 1:31.37 35.22	200m: 1:59.72 28.35		
5.	SANTOS Pedro Andre	94	Alges	2:01.22	+0,73	739
	50m: 26.01 26.01	100m: 57.64 31.63	150m: 1:32.06 34.42	200m: 2:01.22 29.16		
6.	DANTAS Diogo Leal	00	Sporting	2:03.31	+0,59	702
	50m: 26.46 26.46	100m: 56.96 30.50	150m: 1:32.69 35.73	200m: 2:03.31 30.62		
7.	SAMPAIO Jose Pedro	98	Fluvial Portuense	2:06.95	+0,72	644
	50m: 27.48 27.48	100m: 59.17 31.69	150m: 1:36.20 37.03	200m: 2:06.95 30.75		
8.	NUNES Porfirio Braga	00	Porto	2:07.67	+0,71	633
	50m: 26.92 26.92	100m: 59.14 32.22	150m: 1:37.33 38.19	200m: 2:07.67 30.34		

Prova 28
22-12-2018 - 18:10

Femin., 200m Estilos

Absolutos
Resultados Final

RN25 Absoluto	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN25 Sen	2:12.08	KAMINSKAYA Victoria	POR	Copenhagen (DEN)	16-12-2017
RN25 Jun17	2:16.22	PEREIRA Raquel Gomes	SAD	Algés	19-11-2016
RN25 Jun16	2:14.94	ROSA Maria Carolina	SCP	S. António Cavaleiros	19-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	CARDEAL Joana Nunes	02	Academico Viseu	2:18.68	+0,86	678
	50m: 30.06 30.06	100m: 1:05.93 35.87	150m: 1:46.66 40.73	200m: 2:18.68 32.02		
2.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:18.92	+0,79	674
	50m: 30.53 30.53	100m: 1:05.81 35.28	150m: 1:46.97 41.16	200m: 2:18.92 31.95		
3.	PINA Ana Sofia	02	O Crasto	2:19.20	+0,78	670
	50m: 30.44 30.44	100m: 1:06.77 36.33	150m: 1:47.46 40.69	200m: 2:19.20 31.74		
4.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	2:20.61	+0,75	650
	50m: 31.07 31.07	100m: 1:05.52 34.45	150m: 1:48.76 43.24	200m: 2:20.61 31.85		
5.	QUEIROZ Ana Rita	02	Condeixa Clube	2:21.88	+0,72	633
	50m: 30.53 30.53	100m: 1:07.22 36.69	150m: 1:49.24 42.02	200m: 2:21.88 32.64		
6.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	2:22.33	+0,80	627
	50m: 31.09 31.09	100m: 1:07.39 36.30	150m: 1:49.36 41.97	200m: 2:22.33 32.97		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



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PARCEIROS



Prova 28, Femin., 200m Estilos, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	MENDES Mariana Amaral	02	Colegio Monte Maior	2:24.88	+0,83	595
	50m: 32.12 32.12 100m: 1:10.07 37.95 150m: 1:51.98 41.91 200m: 2:24.88 32.90					
8.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	2:29.21	+0,75	544
	50m: 30.87 30.87 100m: 1:08.45 37.58 150m: 1:54.26 45.81 200m: 2:29.21 34.95					

Seniores

1.	KAMINSKAYA Victoria	95	Benfica	2:13.42	+0,72	761
	50m: 29.18 29.18 100m: 1:03.58 34.40 150m: 1:41.73 38.15 200m: 2:13.42 31.69					
2.	MONTEIRO Ana Catarina	93	Vilacondense	2:13.60	+0,70	758
	50m: 28.95 28.95 100m: 1:03.33 34.38 150m: 1:42.27 38.94 200m: 2:13.60 31.33					
3.	FERNANDES Ines Camacho	97	Sporting	2:17.00	+0,79	703
	50m: 29.63 29.63 100m: 1:04.78 35.15 150m: 1:44.23 39.45 200m: 2:17.00 32.77					
4.	CABRAL Maria Francisca	00	Porto	2:18.75	+0,76	677
	50m: 30.28 30.28 100m: 1:04.73 34.45 150m: 1:45.77 41.04 200m: 2:18.75 32.98					
5.	MACHADO Luisa Maria	01	Uniao Piedense	2:20.17	+0,88	657
	50m: 30.35 30.35 100m: 1:06.94 36.59 150m: 1:47.02 40.08 200m: 2:20.17 33.15					
6.	MARTINS Ana Beatriz	99	Famalicao	2:21.18	+0,77	643
	50m: 30.04 30.04 100m: 1:07.58 37.54 150m: 1:48.57 40.99 200m: 2:21.18 32.61					
7.	RIESENBERGER Bruna Martins	97	Laranjeiro	2:25.76	+0,74	584
	50m: 30.27 30.27 100m: 1:07.05 36.78 150m: 1:50.85 43.80 200m: 2:25.76 34.91					
8.	RIBEIRO Margarida Messias	98	Geslours	2:25.87	+0,77	583
	50m: 31.82 31.82 100m: 1:09.84 38.02 150m: 1:51.91 42.07 200m: 2:25.87 33.96					

Prova 31

Masc., 4 x 200m Livres

Absolutos

22-12-2018 - 18:50

Resultados

RN25 Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
RN25 Sen	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009
RN25 Jun	7:35.58	Associacao Naval Amorense	ANAM	Felgueiras	22-12-2013

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Prova 31, Masc., 4 x 200m Livres

Seniores

1. Sporting-SEN	Sporting					7:10.67	+0,64	856
<i>Rec Nacional, Abs e Sen</i>								
COSTA Tiago Cunha	99	+0,64	25.34	52.78	1:20.29	1:48.42	1:48.42	
MOGNE Igor Araujo	96	+0,51	25.33	52.67	1:20.55	1:48.34	1:48.34	
SANTOS Francisco Rogerio	98	+0,27	24.56	53.12	1:21.61	1:49.74	1:49.74	
SANTOS Alexis Manacas	92	+0,39	23.96	50.65	1:17.39	1:44.17	1:44.17	
2. Benfica-SEN	Benfica					7:14.00	+0,72	837
CARVALHO Jose Paula	98	+0,72	25.66	53.25	1:21.63	1:49.84	1:49.84	
DIAS Guilherme Pereira	97	+0,58	25.19	52.79	1:21.31	1:50.36	1:50.36	
PEREIRA Luiz Pedro	91	+0,22	24.79	52.41	1:20.66	1:49.85	1:49.85	
NASCIMENTO Miguel Duarte	95	+0,27	23.60	49.55	1:16.61	1:43.95	1:43.95	
3. Porto-SEN	Porto					7:27.35	+0,74	764
NUNES Diogo Barbosa	00	+0,74	26.01	53.74	1:22.57	1:51.36	1:51.36	
NUNES Porfirio Braga	00	+0,49	25.85	54.02	1:22.54	1:51.01	1:51.01	
LINO Rafael	99	+0,35	25.60	54.33	1:24.07	1:53.49	1:53.49	
SOARES Tiago Silva	99	+0,48	24.53	52.85	1:21.84	1:51.49	1:51.49	
4. Belenenses-SEN	Belenenses					7:32.70	+0,66	737
RAMOS Bruno Miguel	97	+0,66	25.54	52.89	1:20.99	1:48.78	1:48.78	
QUINTANILHA Nuno Goncalo	87	+0,34	25.31	53.64	1:23.31	1:53.27	1:53.27	
PADRELA Joao Esteves	99	+0,18	25.36	53.77	1:23.57	1:54.03	1:54.03	
CORREIA Diogo Carrasco	95	+0,27	25.31	55.15	1:26.12	1:56.62	1:56.62	
5. Alges-SEN	Alges					7:32.81	+0,71	737
BATE Afonso Ribeiro	98	+0,71	25.79	53.95	1:22.89	1:51.74	1:51.74	
BATE Miguel Ribeiro	99	+0,57	24.86	53.98	1:24.95	1:55.31	1:55.31	
PON Hugo	98	+0,33	25.76	54.62	1:24.67	1:55.17	1:55.17	
SANTOS Pedro Andre	94	+0,54	25.51	53.92	1:22.32	1:50.59	1:50.59	

Juniores

1. Benfica-JUN	Benfica					7:43.49	+0,75	687
LEBRE Diogo Ramos	01	+0,75	26.30	54.12	1:22.71	1:51.25	1:51.25	
AIRES Rafael Alcantara	01	+0,42	24.99	52.70	1:22.03	1:52.42	1:52.42	
FERREIRA Ricardo Pinela	01	+0,37	26.41	56.19	1:27.43	1:59.88	1:59.88	
BERNARDO Joao Silva	02	+0,38	26.45	56.67	1:28.06	1:59.94	1:59.94	
2. Uniao Piedense-JUN	Uniao Piedense					7:50.29	+0,64	657
BRITO Bernardo Geadá	02	+0,64	26.73	56.60	1:27.39	1:57.96	1:57.96	
LOPES Carlos Filipe	01	+0,29	26.93	57.21	1:28.16	1:59.59	1:59.59	
CAMÕES Tiago Maria	01	+0,46	27.09	57.98	1:29.19	1:59.72	1:59.72	
CRISTINO David Matias	01	+0,26	26.18	55.40	1:24.77	1:53.02	1:53.02	
3. Sporting-JUN	Sporting					7:50.78	+0,74	655
MALFEITO Martim Rebelo	02	+0,74	27.95	58.12	1:29.05	1:59.80	1:59.80	
FERNANDES Eduardo Gomes	02	+0,61	26.35	55.48	1:25.17	1:54.47	1:54.47	
PINTO Pedro Miguel	02	+0,62	27.74	57.83	1:28.80	1:59.52	1:59.52	
GOMES Vicente Oliveira	02	+0,30	26.06	55.54	1:26.34	1:56.99	1:56.99	
4. Fundacao Beatriz Santos-JUN	Fundacao Beatriz Santos					7:55.07	+0,68	638
PEREIRA Joao Neto	02	+0,68	27.17	56.70	1:26.89	1:57.38	1:57.38	
DOMINGUES Ricardo Jorge	02	+0,45	26.57	56.78	1:27.19	1:57.23	1:57.23	
DIAS Joao Pedro	02	+0,44	27.05	57.59	1:28.48	1:58.51	1:58.51	
CUNHA Jose Miguel	01	+0,41	27.97	58.67	1:29.93	2:01.95	2:01.95	

Prova 31, Masc., 4 x 200m Livres, Juniores

Lugar	Clube	Tempo Final	TReac	FINA
5.	Condeixa Clube-JUN	8:03.24	+0,69	606
	MARQUES Goncalo Silva	01 +0,69 27.33 57.89 1:30.36 2:03.16 2:03.16		
	MIGUEL Tomas Pedrosa	02 +0,09 26.36 57.33 1:30.72 2:03.17 2:03.17		
	FROTA Paulo Andre	02 +0,24 27.93 58.02 1:28.96 1:59.52 1:59.52		
	TRAVASSOS Rodrigo Alexandre	02 +0,13 26.28 56.29 1:27.06 1:57.39 1:57.39		

Prova 32
22-12-2018 - 19:00

					Absolutos Resultados
RN25 Absoluto	8:08.99	Sport Alges e Dafundo	SAD	Algés	24-11-2018
RN25 Sen	8:09.45	Sport Alges e Dafundo	SAD	Porto	09-12-2017
RN25 Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria	05-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
1.	Sporting-SEN	8:18.34	+0,61	750
	VIEGAS Beatriz Mendes	00 +0,61 29.06 1:00.77 1:34.04 2:07.95 2:07.95		
	BELEZA Mafalda Gomes	94 +0,43 28.63 59.75 1:31.75 2:04.16 2:04.16		
	HENRIQUES Ines Jacinto	00 +0,31 27.98 58.92 1:30.72 2:02.63 2:02.63		
	FERNANDES Ines Camacho	97 +0,54 28.57 1:00.48 1:32.14 2:03.60 2:03.60		
2.	Benfica-SEN	8:20.31	+0,75	741
	DURAES Diana Margarida	96 +0,75 28.21 58.10 1:28.88 1:59.46 1:59.46		
	RODRIGUES Filipa Serrano	01 +0,73 29.24 1:00.92 1:33.87 2:06.78 2:06.78		
	KAMINSKAYA Victoria	95 +0,35 27.84 59.01 1:32.08 2:04.28 2:04.28		
	ROLAO Sofia Alexandra	98 +0,56 29.46 1:01.81 1:35.22 2:09.79 2:09.79		
3.	Porto-SEN	8:32.49	+0,75	689
	CABRAL Maria Francisca	00 +0,75 29.40 1:00.90 1:33.19 2:05.81 2:05.81		
	OLIVEIRA Rosa Maria	96 +0,52 30.05 1:03.11 1:37.61 2:11.82 2:11.82		
	MARTINS Ines Alves	01 +0,38 29.04 1:01.67 1:35.29 2:08.72 2:08.72		
	FARIA Ana Rita	00 +0,57 28.82 1:00.90 1:33.26 2:06.14 2:06.14		

Juniores

1.	Porto-JUN	Porto	8:24.59	+0,77	722
	<i>Rec Nacional</i>				
	RAMOS Ana Rita	02 +0,77 29.04 1:00.03 1:31.44 2:03.24 2:03.24			
	SOARES Catarina Silva	03 +0,45 28.14 59.95 1:32.91 2:05.69 2:05.69			
	AMORIM Maria Leonor	03 +0,41 29.07 1:02.15 1:36.53 2:10.41 2:10.41			
	BARBOSA Mariana Fernandes	02 +0,37 28.44 59.79 1:32.65 2:05.25 2:05.25			
2.	Alges-JUN	Alges	8:26.71	+0,87	713
	AZEVEDO Rafaela Gomes	02 +0,87 29.44 1:01.36 1:34.58 2:06.60 2:06.60			
	SOUZA Ana Reis	02 +0,34 28.42 59.06 1:29.96 2:00.63 2:00.63			
	CRUZ Sara Moura	03 +0,29 28.47 1:00.88 1:34.97 2:08.69 2:08.69			
	PEREIRA Clara Gomes	02 +0,34 29.99 1:02.93 1:36.92 2:10.79 2:10.79			

Prova 32, Femin., 4 x 200m Livres, Juniores

Lugar	Clube	Tempo Final	TReac	FINA
3.	Benfica-JUN	8:38.07	+0,69	667
	ANDRE Leticia Maia	02 +0,69 28.24 58.44 1:31.03 2:03.20 2:03.20		
	GRAVETO Ana Raquel	02 +0,64 29.55 1:02.18 1:36.05 2:10.45 2:10.45		
	MARTINS Joana Ribeiro	03 +0,47 29.64 1:02.61 1:36.31 2:09.59 2:09.59		
	SILVA Natacha Sofia	02 +0,54 30.00 1:03.68 1:39.33 2:14.83 2:14.83		
4.	Geslours-JUN	8:57.74	+0,71	597
	NEVES Leonor Maria	03 +0,71 31.03 1:04.82 1:39.38 2:12.42 2:12.42		
	MARTINS Claudia Beatriz	03 +0,50 31.08 1:05.35 1:40.31 2:15.12 2:15.12		
	FERRO Carolina Ganhao	02 +0,35 30.99 1:05.85 1:41.39 2:16.38 2:16.38		
	REBELO Beatriz Vaz	03 +0,52 29.48 1:02.83 1:38.13 2:13.82 2:13.82		
DNS	Condeixa Clube-JUN	Condeixa Clube		

5 - 3ª Jornada - 1ª Sessão (eliminatórias)

23-12-2018 - 9:00

Prova 33	Femin., 800m Livres	Absolutos Resultados
23-12-2018 - 9:00		
RN25 Absoluto	8:24.09 DURAES Diana Margarida	POR Moscow (RUS) 03-08-2017
RN25 Sen	8:24.09 DURAES Diana Margarida	POR Moscow (RUS) 03-08-2017
RN25 Jun17	8:32.83 HOLUB Tamila Hryhorivna	SCB Porto 13-12-2015
RN25 Jun16	8:45.41 HOLUB Tamila Hryhorivna	SCB Porto 21-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	DURAES Diana Margarida	96	Benfica	8:23.23	+0,74	864
	<i>Rec Nacional, Minimos CEuropa PC, Abs e Sen</i>					
	50m: 29.61 29.61	250m: 2:35.96 31.44	450m: 4:42.29 31.59	650m: 6:49.33 31.99		
	100m: 1:01.14 31.53	300m: 3:07.44 31.48	500m: 5:13.95 31.66	700m: 7:21.26 31.93		
	150m: 1:32.89 31.75	350m: 3:39.01 31.57	550m: 5:45.64 31.69	750m: 7:52.75 31.49		
	200m: 2:04.52 31.63	400m: 4:10.70 31.69	600m: 6:17.34 31.70	800m: 8:23.23 30.48		
2.	HOLUB Tamila Hryhorivna	99	Braga	8:33.43	+0,78	813
	<i>Minimos CEuropa PC</i>					
	50m: 29.74 29.74	250m: 2:37.26 32.09	450m: 4:46.28 32.25	650m: 6:56.04 32.42		
	100m: 1:01.34 31.60	300m: 3:09.47 32.21	500m: 5:18.65 32.37	700m: 7:28.85 32.81		
	150m: 1:33.26 31.92	350m: 3:41.67 32.20	550m: 5:51.00 32.35	750m: 8:01.74 32.89		
	200m: 2:05.17 31.91	400m: 4:14.03 32.36	600m: 6:23.62 32.62	800m: 8:33.43 31.69		
3.	ANDRE Angelica Maria	94	Fluvial Portuense	8:44.55	+0,73	763
	50m: 29.90 29.90	250m: 2:39.80 33.23	450m: 4:53.00 33.36	650m: 7:05.90 33.07		
	100m: 1:01.37 31.47	300m: 3:12.94 33.14	500m: 5:26.60 33.60	700m: 7:38.96 33.06		
	150m: 1:33.69 32.32	350m: 3:46.25 33.31	550m: 5:59.73 33.13	750m: 8:11.72 32.76		
	200m: 2:06.57 32.88	400m: 4:19.64 33.39	600m: 6:32.83 33.10	800m: 8:44.55 32.83		
4.	ALVES Sara Sofia	01	Columbofila Cantanhedense	9:05.73	+0,77	677
	50m: 31.51 31.51	250m: 2:46.19 34.10	450m: 5:03.51 34.61	650m: 7:23.02 34.89		
	100m: 1:04.72 33.21	300m: 3:19.98 33.79	500m: 5:38.43 34.92	700m: 7:57.74 34.72		
	150m: 1:38.15 33.43	350m: 3:54.33 34.35	550m: 6:13.30 34.87	750m: 8:32.83 35.09		
	200m: 2:12.09 33.94	400m: 4:28.90 34.57	600m: 6:48.13 34.83	800m: 9:05.73 32.90		

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 33, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	RODRIGUES Filipa Serrano	01	Benfica	9:09.48	+0,76	663
	50m: 30.87 30.87	250m: 2:45.93 34.08	450m: 5:03.58 34.52	650m: 7:24.05 35.27		
	100m: 1:04.27 33.40	300m: 3:20.42 34.49	500m: 5:38.33 34.75	700m: 7:59.66 35.61		
	150m: 1:38.06 33.79	350m: 3:54.68 34.26	550m: 6:13.53 35.20	750m: 8:35.14 35.48		
	200m: 2:11.85 33.79	400m: 4:29.06 34.38	600m: 6:48.78 35.25	800m: 9:09.48 34.34		
6.	AMADOR Joana Costa	01	Galitos / Bresimar	9:12.19	+0,72	654
	50m: 31.28 31.28	250m: 2:47.73 34.44	450m: 5:06.51 34.89	650m: 7:26.19 35.26		
	100m: 1:05.03 33.75	300m: 3:22.35 34.62	500m: 5:41.28 34.77	700m: 8:01.55 35.36		
	150m: 1:39.09 34.06	350m: 3:56.88 34.53	550m: 6:16.19 34.91	750m: 8:37.30 35.75		
	200m: 2:13.29 34.20	400m: 4:31.62 34.74	600m: 6:50.93 34.74	800m: 9:12.19 34.89		
7.	CARVALHO Eva Guerreiro	99	Benfica	9:33.48	+0,76	583
	50m: 32.88 32.88	250m: 2:55.81 35.80	450m: 5:19.85 35.72	650m: 7:46.30 36.86		
	100m: 1:07.90 35.02	300m: 3:31.42 35.61	500m: 5:56.32 36.47	700m: 8:22.68 36.38		
	150m: 1:43.87 35.97	350m: 4:07.77 36.35	550m: 6:32.86 36.54	750m: 8:58.78 36.10		
	200m: 2:20.01 36.14	400m: 4:44.13 36.36	600m: 7:09.44 36.58	800m: 9:33.48 34.70		
DNS	CHEROUATI Souad Nefissa	89	Benfica			

Juniores

1.	FRAZAO Alexandra Couto	02	Condeixa Clube	8:45.84	+0,79	757
	50m: 30.84 30.84	250m: 2:42.06 32.92	450m: 4:53.75 32.82	650m: 7:05.66 33.16		
	100m: 1:03.25 32.41	300m: 3:15.11 33.05	500m: 5:26.52 32.77	700m: 7:39.34 33.68		
	150m: 1:36.17 32.92	350m: 3:47.86 32.75	550m: 5:59.57 33.05	750m: 8:13.05 33.71		
	200m: 2:09.14 32.97	400m: 4:20.93 33.07	600m: 6:32.50 32.93	800m: 8:45.84 32.79		
2.	MENDES Mariana Amaral	02	Colegio Monte Maior	8:49.31	+0,79	742
	50m: 31.47 31.47	250m: 2:44.08 33.21	450m: 4:57.40 33.33	650m: 7:10.64 33.40		
	100m: 1:04.50 33.03	300m: 3:17.43 33.35	500m: 5:30.64 33.24	700m: 7:44.09 33.45		
	150m: 1:37.51 33.01	350m: 3:50.76 33.33	550m: 6:03.91 33.27	750m: 8:17.28 33.19		
	200m: 2:10.87 33.36	400m: 4:24.07 33.31	600m: 6:37.24 33.33	800m: 8:49.31 32.03		
3.	QUEIROZ Ana Rita	02	Condeixa Clube	8:53.56	+0,74	725
	50m: 30.71 30.71	250m: 2:45.72 34.41	450m: 5:01.15 33.27	650m: 7:14.39 33.35		
	100m: 1:03.75 33.04	300m: 3:20.26 34.54	500m: 5:34.78 33.63	700m: 7:47.81 33.42		
	150m: 1:37.20 33.45	350m: 3:54.03 33.77	550m: 6:07.89 33.11	750m: 8:20.90 33.09		
	200m: 2:11.31 34.11	400m: 4:27.88 33.85	600m: 6:41.04 33.15	800m: 8:53.56 32.66		
4.	SOUSA Ana Reis	02	Alges	9:01.26	+0,75	694
	50m: 30.32 30.32	250m: 2:45.61 34.71	450m: 5:01.27 33.71	650m: 7:19.93 35.22		
	100m: 1:03.04 32.72	300m: 3:19.96 34.35	500m: 5:35.65 34.38	700m: 7:53.82 33.89		
	150m: 1:36.56 33.52	350m: 3:53.80 33.84	550m: 6:10.37 34.72	750m: 8:27.55 33.73		
	200m: 2:10.90 34.34	400m: 4:27.56 33.76	600m: 6:44.71 34.34	800m: 9:01.26 33.71		
5.	PINA Ana Sofia	02	O Crasto	9:05.35	+0,79	679
	50m: 31.20 31.20	250m: 2:46.72 33.94	450m: 5:05.65 34.89	650m: 7:24.67 34.60		
	100m: 1:04.86 33.66	300m: 3:21.11 34.39	500m: 5:40.44 34.79	700m: 7:58.93 34.26		
	150m: 1:38.73 33.87	350m: 3:55.84 34.73	550m: 6:15.05 34.61	750m: 8:33.18 34.25		
	200m: 2:12.78 34.05	400m: 4:30.76 34.92	600m: 6:50.07 35.02	800m: 9:05.35 32.17		
6.	RAMOS Ana Rita	02	Porto	9:05.46	+0,80	678
	50m: 31.40 31.40	250m: 2:47.05 34.29	450m: 5:04.58 34.54	650m: 7:22.62 34.58		
	100m: 1:05.05 33.65	300m: 3:21.21 34.16	500m: 5:38.91 34.33	700m: 7:57.33 34.71		
	150m: 1:38.83 33.78	350m: 3:55.47 34.26	550m: 6:13.18 34.27	750m: 8:32.12 34.79		
	200m: 2:12.76 33.93	400m: 4:30.04 34.57	600m: 6:48.04 34.86	800m: 9:05.46 33.34		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	AMORIM Maria Leonor	03	Porto	9:09.84	+0,81	662
	50m: 32.10 32.10	250m: 2:48.86	34.26	450m: 5:06.40	33.55	650m: 7:26.21 35.12
	100m: 1:06.39 34.29	300m: 3:23.62	34.76	500m: 5:40.97	34.57	700m: 8:01.21 35.00
	150m: 1:40.51 34.12	350m: 3:58.01	34.39	550m: 6:15.99	35.02	750m: 8:36.14 34.93
	200m: 2:14.60 34.09	400m: 4:32.85	34.84	600m: 6:51.09	35.10	800m: 9:09.84 33.70
8.	MARTINS Francisca Soares	03	Foca	9:16.31	+0,77	639
	50m: 31.33 31.33	250m: 2:48.07	34.49	450m: 5:08.55	35.28	650m: 7:30.68 35.73
	100m: 1:05.19 33.86	300m: 3:22.94	34.87	500m: 5:43.99	35.44	700m: 8:06.54 35.86
	150m: 1:39.31 34.12	350m: 3:58.05	35.11	550m: 6:19.40	35.41	750m: 8:42.08 35.54
	200m: 2:13.58 34.27	400m: 4:33.27	35.22	600m: 6:54.95	35.55	800m: 9:16.31 34.23
9.	MARTINS Joana Ribeiro	03	Benfica	9:23.90	+0,80	614
	50m: 32.00 32.00	250m: 2:52.64	34.98	450m: 5:15.14	35.70	650m: 7:38.88 35.79
	100m: 1:06.86 34.86	300m: 3:27.89	35.25	500m: 5:51.01	35.87	700m: 8:14.67 35.79
	150m: 1:42.20 35.34	350m: 4:03.66	35.77	550m: 6:27.10	36.09	750m: 8:50.29 35.62
	200m: 2:17.66 35.46	400m: 4:39.44	35.78	600m: 7:03.09	35.99	800m: 9:23.90 33.61
10.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:28.93	+0,82	598
	50m: 31.87 31.87	250m: 2:52.56	35.89	450m: 5:17.19	36.66	650m: 7:43.42 36.47
	100m: 1:06.15 34.28	300m: 3:28.20	35.64	500m: 5:53.65	36.46	700m: 8:19.64 36.22
	150m: 1:41.20 35.05	350m: 4:04.23	36.03	550m: 6:30.18	36.53	750m: 8:55.54 35.90
	200m: 2:16.67 35.47	400m: 4:40.53	36.30	600m: 7:06.95	36.77	800m: 9:28.93 33.39
11.	FOMINA Anna	02	Louletano / Loule Concelho	9:32.06	+0,77	588
	50m: 32.30 32.30	250m: 2:55.50	36.17	450m: 5:19.13	36.14	650m: 7:46.13 37.11
	100m: 1:07.71 35.41	300m: 3:31.51	36.01	500m: 5:55.71	36.58	700m: 8:23.25 37.12
	150m: 1:43.28 35.57	350m: 4:08.00	36.49	550m: 6:32.73	37.02	750m: 8:59.25 36.00
	200m: 2:19.33 36.05	400m: 4:42.99	34.99	600m: 7:09.02	36.29	800m: 9:32.06 32.81
12.	VARANDAS Joana Filipa	02	Laranjeiro	9:33.91	+0,84	582
	50m: 33.05 33.05	250m: 2:56.19	35.88	450m: 5:20.57	36.06	650m: 7:46.60 36.66
	100m: 1:08.49 35.44	300m: 3:32.02	35.83	500m: 5:56.88	36.31	700m: 8:23.14 36.54
	150m: 1:44.10 35.61	350m: 4:08.25	36.23	550m: 6:33.66	36.78	750m: 8:59.05 35.91
	200m: 2:20.31 36.21	400m: 4:44.51	36.26	600m: 7:09.94	36.28	800m: 9:33.91 34.86
13.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	9:37.10	+0,72	573
	50m: 32.50 32.50	250m: 2:55.15	36.06	450m: 5:20.24	36.13	650m: 7:48.07 37.08
	100m: 1:07.44 34.94	300m: 3:31.35	36.20	500m: 5:56.94	36.70	700m: 8:24.78 36.71
	150m: 1:43.29 35.85	350m: 4:07.85	36.50	550m: 6:33.95	37.01	750m: 9:01.60 36.82
	200m: 2:19.09 35.80	400m: 4:44.11	36.26	600m: 7:10.99	37.04	800m: 9:37.10 35.50
14.	AMANTES Beatriz Quintao	03	Uniao Piedense	9:37.15	+0,78	572
	50m: 32.40 32.40	250m: 2:56.95	36.31	450m: 5:21.49	36.27	650m: 7:49.50 37.76
	100m: 1:08.10 35.70	300m: 3:33.09	36.14	500m: 5:57.69	36.20	700m: 8:26.30 36.80
	150m: 1:44.17 36.07	350m: 4:09.20	36.11	550m: 6:35.06	37.37	750m: 9:02.93 36.63
	200m: 2:20.64 36.47	400m: 4:45.22	36.02	600m: 7:11.74	36.68	800m: 9:37.15 34.22
15.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	9:37.97	+0,99	570
	50m: 32.88 32.88	250m: 2:55.10	35.74	450m: 5:19.82	36.86	650m: 7:47.98 37.40
	100m: 1:08.18 35.30	300m: 3:30.97	35.87	500m: 5:56.04	36.22	700m: 8:25.60 37.62
	150m: 1:43.61 35.43	350m: 4:06.52	35.55	550m: 6:33.61	37.57	750m: 9:02.46 36.86
	200m: 2:19.36 35.75	400m: 4:42.96	36.44	600m: 7:10.58	36.97	800m: 9:37.97 35.51
16.	PELAIO Maria Joao	03	Ginasio Figueirense	9:40.23	+0,81	563
	50m: 33.04 33.04	250m: 2:57.44	36.60	450m: 5:23.98	36.91	650m: 7:51.26 37.02
	100m: 1:08.34 35.30	300m: 3:33.68	36.24	500m: 6:01.05	37.07	700m: 8:28.17 36.91
	150m: 1:44.40 36.06	350m: 4:10.30	36.62	550m: 6:37.81	36.76	750m: 9:04.71 36.54
	200m: 2:20.84 36.44	400m: 4:47.07	36.77	600m: 7:14.24	36.43	800m: 9:40.23 35.52

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
17.	PIRES Filipa Almeida	03	Uniao Coimbra	9:41.78	+0,96	559
	50m: 32.68 32.68	250m: 2:57.71 36.78	450m: 5:25.02 37.00	650m: 7:52.61 36.92		
	100m: 1:08.32 35.64	300m: 3:34.25 36.54	500m: 6:01.79 36.77	700m: 8:29.96 37.35		
	150m: 1:44.63 36.31	350m: 4:11.24 36.99	550m: 6:38.87 37.08	750m: 9:06.90 36.94		
	200m: 2:20.93 36.30	400m: 4:48.02 36.78	600m: 7:15.69 36.82	800m: 9:41.78 34.88		
18.	SOUSA Ines Matos	03	Uniao Coimbra	9:46.91	+0,82	544
	50m: 32.93 32.93	250m: 2:58.40 36.82	450m: 5:26.02 37.12	650m: 7:55.58 37.45		
	100m: 1:08.54 35.61	300m: 3:35.12 36.72	500m: 6:03.03 37.01	700m: 8:33.01 37.43		
	150m: 1:44.96 36.42	350m: 4:11.85 36.73	550m: 6:40.63 37.60	750m: 9:10.35 37.34		
	200m: 2:21.58 36.62	400m: 4:48.90 37.05	600m: 7:18.13 37.50	800m: 9:46.91 36.56		
19.	LIMA Jessica Soares	02	Braga	9:52.00	+0,89	530
	50m: 32.55 32.55	250m: 2:56.89 36.47	450m: 5:26.22 37.54	650m: 7:58.64 38.31		
	100m: 1:07.92 35.37	300m: 3:34.05 37.16	500m: 6:04.04 37.82	700m: 8:37.03 38.39		
	150m: 1:44.10 36.18	350m: 4:11.25 37.20	550m: 6:42.09 38.05	750m: 9:14.89 37.86		
	200m: 2:20.42 36.32	400m: 4:48.68 37.43	600m: 7:20.33 38.24	800m: 9:52.00 37.11		
20.	BARBOSA Adriana Freixo	03	Viana Natacao	9:52.32	+0,89	529
	50m: 31.78 31.78	250m: 2:56.33 36.56	450m: 5:26.37 37.81	650m: 7:58.37 38.40		
	100m: 1:07.53 35.75	300m: 3:33.40 37.07	500m: 6:03.98 37.61	700m: 8:36.98 38.61		
	150m: 1:43.50 35.97	350m: 4:10.75 37.35	550m: 6:41.96 37.98	750m: 9:15.44 38.46		
	200m: 2:19.77 36.27	400m: 4:48.56 37.81	600m: 7:19.97 38.01	800m: 9:52.32 36.88		

Prova 34

Masc., 50m Bruços

Absolutos

23-12-2018 - 9:30

Resultados Elimin

RN25 Absoluto	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014
RN25 Sen	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014
RN25 Jun18	28.55	CAPITAO Simao Miguel	CLAMAS	Senhora da Hora	24-05-2015
RN25 Jun17	28.56	AGOSTINHO Pedro Miguel	SLB	S. António Cavaleiros	03-05-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	TEIXEIRA Guilherme Miguel	97	Belenenses	28.33	+0,73 Q	708
2.	AMORIM Alexandre Ferreira	99	Porto	28.38	+0,64 Q	704
3.	VELOSO Tomas Miguel	96	Nautico Academico	28.55	+0,65 Q	691
4.	SANTOS Alexis Manacas	92	Sporting	28.57	+0,68 Q	690
5.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	28.77	+0,62 Q	676
6.	QUINTANILHA Nuno Goncalo	87	Belenenses	28.97	+0,71 Q	662
7.	CARVALHO Ruben Paiva	94	Academica de Coimbra	29.01	+0,67 Q	659
8.	PON Hugo	98	Alges	29.26	+0,66 ?	642
	MENDES Antonio Manuel	99	Sporting	29.26	+0,68 ?	642
10.	SIMÕES Rafael Gomes	00	Braga	29.38	+0,78 R	634

Prova 34, Masc., 50m Bruços, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
11.	CRUCHINHO Miguel Monteiro	97	Sporting	29.40	+0,75	633
12.	RAMOS Filipe Carmo	97	Vilacondense	29.44	+0,73	630
13.	TEODORO Diogo Filipe	99	Natacao de Valongo	29.60	+0,68	620
14.	LEIRIA David Miguel	93	Benfica	29.72	+0,80	613
15.	PINOTES Pedro Miguel	89	Sporting	29.73	+0,73	612
16.	SILVA Pedro Miguel	94	Colegio Monte Maior	30.05	+0,68	593
17.	SOARES Miguel Carlos	92	Naval Povoense	30.11	+0,70	589
18.	SILVA Luis Pedro	98	Desportivo Nacional	30.12	+0,75	589
19.	GRENHO Andre Tavares	99	Sporting	30.13	+0,74	588
20.	PEREIRA Marcelo Goncalo	90	Foca	30.35	+0,75	575
21.	MARQUES Miguel Freitas	96	Escola O Liceu	30.39	+0,70	573
22.	OLIVEIRA Luis Carlos	97	Natacao da Maia	30.57	+0,68	563
23.	MARQUES Miguel Henriques	00	Benfica	30.79	+0,68	551
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			

Juniores

1.	FRISCHKNECHT Renato Barros	01	Alges	29.77	+0,56 Q	610
2.	KLIER Afonso Miguel	01	Galitos / Bresimar	30.28	+0,68 Q	579
3.	NUNES Francisco Costa	02	Salvaterra de Magos	30.35	+0,76 Q	575
4.	CABRITO Rodrigo Almeida	01	Belenenses	30.47	+0,68 Q	569
5.	DUARTE Pedro Domingues	01	Nautico Marinha Grande	30.48	+0,75 Q	568
6.	MERUJE Joaquim Agra	01	Elvense	30.86	+0,77 Q	547
7.	BRITO Bernardo Geada	02	Uniao Piedense	30.99	+0,62 Q	540
8.	SILVA Tomas Antonio	01	Naval do Funchal	31.08	+0,62 Q	536
9.	MARQUES Goncalo Silva	01	Condeixa Clube	31.20	+0,66 R	530
10.	PAIS Joao Ventura	02	Fundacao Beatriz Santos	31.44	+0,71 R	518
EXH	CANCELA Diogo Luis	02	Miranda do Corvo	36.69	+0,76	325

Prova 35	Femin., 50m Bruços				Absolutos
23-12-2018 - 9:40					Resultados Elimin
RN25 Absoluto	30.80	RODRIGUES Ana Pinho	ADS	Porto	10-12-2017
RN25 Sen	30.80	RODRIGUES Ana Pinho	ADS	Porto	10-12-2017
RN25 Jun17	32.09	PEREIRA Raquel Gomes	SAD	Funchal	11-12-2016
RN25 Jun16	31.46	RODRIGUES Ana Pinho	AEJ	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	31.73	+0,66 Q	735
2.	FIGUEIRA Isabel Maria	79	Natacao de Faro	33.28	+0,78 Q	637
3.	ROSA Maria Carolina	94	Sporting	33.32	+0,72 Q	635
4.	PEREIRA Raquel Gomes	00	Alges	33.38	+0,79 Q	631
5.	BORGES Claudia Ferreira	99	Benfica	33.70	+0,69 Q	613
6.	SILVA Beatriz Santos	01	Porto	33.77	+0,81 Q	609
7.	MATOS Carolina Lourenco	98	Cova da Piedade	33.83	+0,74 Q	606
8.	OLIVEIRA Rosa Maria	96	Porto	33.96	+0,77 Q	599
9.	SILVA Maria Madalena	98	Braga	34.15	+0,72 R	589
10.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	34.35	+0,77 R	579
11.	CARVALHO Beatriz Antunes	99	Sporting	34.38	+0,73	578
12.	LEONARDO Rute Isabel	98	Nautico Abrantes	34.76	+0,79	559
13.	GUEDES Ana Carolina	93	Litoral Alentejano	35.21	+0,69	538
14.	DIONISIO Sofia Machado	98	Sporting	35.32	+0,83	533
15.	FERREIRA Diana Patricia	94	Aquatico Pacense	35.38	+0,92	530
	RIESENBERGER Bruna Martins	97	Laranjeiro	35.38	+0,73	530

Juniores

1.	COSTA Ana Ferreira	02	Nautico Marinha Grande	33.98	+0,65 Q	598
2.	PEREIRA Clara Gomes	02	Alges	34.37	+0,75 Q	578
3.	TEIXEIRA Ines Oliveira	02	Estarreja	34.39	+0,72 Q	577
4.	CERDEIRA Madalena Reis	03	Sporting	34.47	+0,81 Q	573
5.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	34.58	+0,69 Q	568
6.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	34.67	+0,77 Q	563
7.	OLIVEIRA Claudia Sofia	02	Sanjoanense/FEPSA	35.03	+0,70 Q	546
8.	CASTRO Maria Freitas	03	Fafe	35.08	+0,73 Q	544
9.	DIAS Ana Leonor	02	Natacao Olhao	35.13	+0,68 R	541
10.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	35.19	+0,60 R	539
11.	SILVA Natacha Sofia	02	Benfica	35.25	+0,82	536
12.	HENRIQUES Daniela Mascarenhas	03	Geslours	35.86	+0,68	509
13.	TOMAS Beatriz Monteiro	03	Fundacao Beatriz Santos	35.89	+0,73	508
14.	MACHADO Joana Sofia	02	Natacao de Valongo	36.06	+0,73	501
15.	DOMINGUES Matilde Mota	03	Colegio SMLamas	36.07	+0,70	500
16.	DIAS Ana Amarante	03	Naval de Ponta Delgada	36.17	+0,72	496
17.	SILVA Margarida Mota	03	Palmela Desporto	36.18	+0,78	496
18.	FERNANDES Ana Catarina	03	Naval do Funchal	36.53	+0,68	481

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 35, Femin., 50m Bruços, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
19.	CARVALHO Bruna Cruz	03	S. Pedro Alva	36.57	+0,82	480
20.	SANTOS Catarina Vitorino	02	Louletano / Loule Concelho	36.65	+0,76	477
21.	VIEIRA Valeria Goncalves	02	Vitoria Guimaraes	36.85	+0,76	469

Prova 36

Masc., 100m Costas

Absolutos

23-12-2018 - 9:50

Resultados Elimin

RN25 Absoluto	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)	11-12-2018
RN25 Sen	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)	11-12-2018
RN25 Jun18	53.88	SANTOS Alexis Manacas	SCP	Leiria	05-12-2009
RN25 Jun17	54.97	LOPES Gabriel Jose	CDL	Coimbra	11-05-2014
RN S8	1:15.79	CARREIRA David Pedro	ADBA	Caldas da Rainha	23-11-2014
RN S9	1:07.14	CAETANO Gino Santos	CGA	Vila Real St. Antonio	03-11-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	DIAS Guilherme Pereira	97	Benfica	56.28	+0,77 Q	655
	50m: 27.02 27.02	100m: 56.28 29.26				
2.	SANTOS Francisco Rogerio	98	Sporting	56.50	+0,67 Q	648
	50m: 27.71 27.71	100m: 56.50 28.79				
3.	ROSA Rodrigo Antonio	96	Benfica	56.68	+0,60 Q	642
	50m: 27.32 27.32	100m: 56.68 29.36				
4.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	56.74	+0,58 Q	640
	50m: 27.61 27.61	100m: 56.74 29.13				
5.	TINOCO Joao Pereira	00	Famalicao	56.78	+0,59 Q	638
	50m: 27.61 27.61	100m: 56.78 29.17				
6.	CORREIA Joao Mota	97	Benfica	57.01	+0,70 Q	631
	50m: 27.40 27.40	100m: 57.01 29.61				
7.	KOT Viktor	98	Nautico Marinha Grande	57.03	+0,56 Q	630
	50m: 28.05 28.05	100m: 57.03 28.98				
8.	FERNANDES Joao Diogo	98	Belenenses	57.32	+0,59 Q	620
	50m: 27.99 27.99	100m: 57.32 29.33				
9.	BATE Miguel Ribeiro	99	Alges	57.64	+1,73 R	610
	50m: 27.60 27.60	100m: 57.64 30.04				
10.	NUNES Porfirio Braga	00	Porto	57.67	+0,56 R	609
	50m: 27.60 27.60	100m: 57.67 30.07				
11.	PIRES Ricardo Saraiva	98	Laranjeiro	57.87	+0,62	603
	50m: 27.98 27.98	100m: 57.87 29.89				

Prova 36, Masc., 100m Costas, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
12.	ALMEIDA Carlos Afonso	98	Alges	58.07	+0,63	597
	50m: 27.96 27.96	100m: 58.07 30.11				
13.	RIBEIRO Ivo Pinto	97	Foca	58.35	+0,59	588
	50m: 27.94 27.94	100m: 58.35 30.41				
14.	PASSOS Miguel Angelo	96	Desportiva de Viana	58.87	+1,03	573
	50m: 28.77 28.77	100m: 58.87 30.10				
15.	WEUSTINK Koen	00	Ginasio de Vila Real	59.31	+0,52	560
	50m: 28.14 28.14	100m: 59.31 31.17				

Juniores

1.	COSTA Joao Nogueira	01	Vitoria Guimaraes	56.07	+0,58 Q	663
	50m: 27.45 27.45	100m: 56.07 28.62				
2.	ROCHA Ricardo Filipe	02	Aquatico Pacense	57.22	+0,59 Q	624
	50m: 28.00 28.00	100m: 57.22 29.22				
3.	ZENZA Francisco Manuel	01	Natacao da Maia	58.08	+0,56 Q	596
	50m: 28.45 28.45	100m: 58.08 29.63				
4.	COSTA Diogo Santos	02	Colegio Monte Maior	58.39	+0,62 Q	587
	50m: 27.64 27.64	100m: 58.39 30.75				
5.	DIAS Joao Pedro	02	Fundacao Beatriz Santos	58.80	+0,67 Q	575
	50m: 28.59 28.59	100m: 58.80 30.21				
6.	ALFAMA Martim Primavera	02	Geslours	59.17	+0,61 Q	564
	50m: 28.31 28.31	100m: 59.17 30.86				
7.	ARZILEIRO Bernardo Vinagre	01	Uniao Coimbra	59.34	+1,89 Q	559
	50m: 28.71 28.71	100m: 59.34 30.63				
8.	VILHENA Tiago Miguel	01	Natacao de Faro	59.80	+0,63 Q	546
	50m: 28.99 28.99	100m: 59.80 30.81				
9.	MACHADO Bruno Rafael	01	Fluvial Portuense	59.83	+0,56 R	545
	50m: 29.00 29.00	100m: 59.83 30.83				
10.	PINTO Rodrigo Melo	01	Colegio Vasco da Gama	1:00.25	+0,84 R	534
	50m: 28.97 28.97	100m: 1:00.25 31.28				
11.	FIDALGO Mateus Valente	01	Estarreja	1:00.44	+0,64	529
	50m: 28.61 28.61	100m: 1:00.44 31.83				
12.	SANTOS Edgar Filipe	01	Uniao Piedense	1:00.90	+0,65	517
	50m: 29.69 29.69	100m: 1:00.90 31.21				
13.	GONCALVES Rodrigo Oliveira	02	Porto	1:01.02	+0,59	514
	50m: 29.85 29.85	100m: 1:01.02 31.17				
14.	COELHO Nuno Tiago	02	Amigos da Montanha/Becri	1:03.46	+1,44	457
	50m: 30.41 30.41	100m: 1:03.46 33.05				

Prova 36, Masc., 100m Costas, Elimin

EXH	CAETANO Gino Santos	94	Galitos / Bresimar	1:05.47	+0,77	416
	<i>Rec Nacional S 9,</i>					
	50m: 31.71 31.71	100m: 1:05.47 33.76				
EXH	CANCELA Diogo Luis	02	Miranda do Corvo	1:13.38	+0,68	295
	<i>Rec Nacional S 8</i>					
	50m: 35.61 35.61	100m: 1:13.38 37.77				

Prova 37

Femin., 100m Costas

23-12-2018 - 9:55

Absolutos
Resultados Elimin

RN25 Absoluto	1:00.64	LEITE Ana Sofia	GCVR	Porto	12-12-2015
RN25 Sen	1:00.64	LEITE Ana Sofia	GCVR	Porto	12-12-2015
RN25 Jun17	1:01.56	FERNANDES Ines Camacho	SCP	Felgueiras	22-12-2013
RN25 Jun16	1:01.55	FERNANDES Ines Camacho	SCP	Porto	08-12-2013

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	MESTRE Catarina Martins	00	Natacao de Lisboa	1:03.49	+0,63 Q	651
	50m: 31.09 31.09	100m: 1:03.49 32.40				
2.	LOPES Carolina Sofia	96	Natacao de Faro	1:04.64	+0,61 Q	617
	50m: 31.21 31.21	100m: 1:04.64 33.43				
3.	GUEDES Ana Margarida	01	Ginasio de Vila Real	1:04.72	+0,52 Q	614
	50m: 30.97 30.97	100m: 1:04.72 33.75				
4.	LEITE Ana Sofia	93	Ginasio de Vila Real	1:04.86	+0,63 Q	610
	50m: 30.68 30.68	100m: 1:04.86 34.18				
5.	FREIXO Juliana Lima	97	Braga	1:04.95	+0,61 Q	608
	50m: 31.48 31.48	100m: 1:04.95 33.47				
6.	CABRAL Maria Francisca	00	Porto	1:04.97	+0,67 Q	607
	50m: 31.96 31.96	100m: 1:04.97 33.01				
7.	NEVES Ana Carolina	00	Academica de Coimbra	1:05.02	+0,61 Q	606
	50m: 31.46 31.46	100m: 1:05.02 33.56				
8.	SANTOS Alexandra Jesus	00	Leixoes	1:06.29	+0,66 Q	572
	50m: 31.88 31.88	100m: 1:06.29 34.41				
9.	COSTA Ana Filipa	98	Natacao de Beja	1:06.32	+1,88 R	571
	50m: 32.11 32.11	100m: 1:06.32 34.21				
10.	FERREIRA Ana Raquel	98	Benfica	1:06.42	+0,64 R	568
	50m: 32.19 32.19	100m: 1:06.42 34.23				
11.	FERREIRA Catarina Maria	98	Porto	1:06.52	+0,64	566
	50m: 32.54 32.54	100m: 1:06.52 33.98				
12.	MARTINS Maria Esteves	01	Galitos / Bresimar	1:06.68	+0,62	562
	50m: 32.16 32.16	100m: 1:06.68 34.52				

Prova 37, Femin., 100m Costas, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
13.	PEREIRA Beatriz Elisabete	97	Cova da Piedade	1:06.70	+0,65	561
	50m: 31.54 31.54	100m: 1:06.70	35.16			
14.	RODRIGUES Luana Correia	01	Belenenses	1:07.32	+0,60	546
	50m: 32.75 32.75	100m: 1:07.32	34.57			
15.	NUNES Sofia Alexandra	00	Laranjeiro	1:07.44	+0,72	543
	50m: 32.85 32.85	100m: 1:07.44	34.59			
16.	REIS Ana Miguel	00	Nautico Academico	1:07.56	+0,62	540
	50m: 32.62 32.62	100m: 1:07.56	34.94			
DNS	SANTOS Tatiana Filipa	95	Academica de Coimbra			

Juniores

1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	1:02.05	+0,56 Q	697
	50m: 30.19 30.19	100m: 1:02.05	31.86			
2.	AZEVEDO Rafaela Gomes	02	Alges	1:04.75	+0,68 Q	613
	50m: 31.18 31.18	100m: 1:04.75	33.57			
3.	LASCU Nicoleta	02	Litoral Alentejano	1:05.70	+1,39 Q	587
	50m: 31.99 31.99	100m: 1:05.70	33.71			
	PEIXEIRA Filipa Ramos	03	Sporting	1:05.70	+0,68 Q	587
	50m: 31.51 31.51	100m: 1:05.70	34.19			
5.	RAMOS Ana Rita	02	Porto	1:06.17	+0,69 Q	575
	50m: 32.30 32.30	100m: 1:06.17	33.87			
6.	SEVERINO Isis Sousa	02	Louletano / Loule Concelho	1:06.64	+0,62 Q	563
	50m: 31.76 31.76	100m: 1:06.64	34.88			
7.	CRUZ Sara Moura	03	Alges	1:07.22	+0,61 Q	548
	50m: 32.51 32.51	100m: 1:07.22	34.71			
8.	MARQUES Mariana Nunes	03	Estarreja	1:07.36	+0,59 Q	545
	50m: 32.44 32.44	100m: 1:07.36	34.92			
9.	ESTEVES Maria Mousinho	02	Laranjeiro	1:07.40	+1,93 R	544
	50m: 32.94 32.94	100m: 1:07.40	34.46			
10.	RAMOS Ines Asseiceira	03	Torres Novas	1:07.83	+1,71 R	533
	50m: 32.85 32.85	100m: 1:07.83	34.98			
11.	CARVALHO Maria Joao	02	Portinado	1:07.86	+0,79	533
	50m: 32.61 32.61	100m: 1:07.86	35.25			
12.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	1:08.06	+0,61	528
	50m: 33.09 33.09	100m: 1:08.06	34.97			
13.	MENDES Lea Alexandra	03	Gualdim Pais	1:08.12	+0,58	527
	50m: 33.01 33.01	100m: 1:08.12	35.11			
14.	MELO Barbara Azambujo	02	Academica de Coimbra	1:08.65	+0,79	515
	50m: 32.64 32.64	100m: 1:08.65	36.01			

Prova 37, Femin., 100m Costas, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
15.	MADEIRA Claudia Isabel	02	Clube de Vouzela	1:08.98	+0,81	507
	50m: 32.33 32.33	100m: 1:08.98	36.65			
16.	CUNHA Mafalda Pacheco	02	Fluvial Portuense	1:09.89	+0,59	488
	50m: 33.11 33.11	100m: 1:09.89	36.78			

Prova 38

23-12-2018 - 10:10

Masc., 200m Mariposa

Absolutos
Resultados Elimin

RN25 Absoluto	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
RN25 Sen	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
RN25 Jun18	1:58.64	CARVALHO Diogo Filipe	CGA	Tomar	09-12-2005
RN25 Jun17	1:59.93	CARVALHO Diogo Filipe	CGA	Mealhada	05-03-2005

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	PEREIRA Luiz Pedro	91	Benfica	1:58.26	+0,77 Q	773
	50m: 26.72 26.72	100m: 56.33 29.61	150m: 1:26.84 30.51	200m: 1:58.26 31.42		
2.	SILVA Joao Carlos	98	Famalicao	2:01.60	+0,64 Q	711
	50m: 27.05 27.05	100m: 57.61 30.56	150m: 1:28.86 31.25	200m: 2:01.60 32.74		
3.	MENDES Antonio Manuel	99	Sporting	2:03.84	+0,69 Q	673
	50m: 28.37 28.37	100m: 1:00.13 31.76	150m: 1:32.07 31.94	200m: 2:03.84 31.77		
4.	CARVALHO Andre Antunes	96	Sporting	2:04.55	+0,74 Q	662
	50m: 27.03 27.03	100m: 58.12 31.09	150m: 1:30.54 32.42	200m: 2:04.55 34.01		
5.	REBELO Diogo Nogueira	98	Colegio Monte Maior	2:04.57	+0,78 Q	661
	50m: 28.22 28.22	100m: 59.44 31.22	150m: 1:31.73 32.29	200m: 2:04.57 32.84		
6.	SANTOS Pedro Andre	94	Alges	2:04.66	+0,75 Q	660
	50m: 27.78 27.78	100m: 59.98 32.20	150m: 1:31.71 31.73	200m: 2:04.66 32.95		
7.	BESSA Antonio Rafael	94	Aquatico Pacense	2:04.77	+0,69 Q	658
	50m: 28.23 28.23	100m: 59.94 31.71	150m: 1:32.29 32.35	200m: 2:04.77 32.48		
8.	PINOTES Pedro Miguel	89	Sporting	2:05.06	+0,74 Q	654
	50m: 27.92 27.92	100m: 59.83 31.91	150m: 1:32.43 32.60	200m: 2:05.06 32.63		
9.	SEQUEIRA Afonso Meneses	99	Naval do Funchal	2:05.27	+0,76 R	650
	50m: 27.78 27.78	100m: 59.55 31.77	150m: 1:32.11 32.56	200m: 2:05.27 33.16		
10.	GOUVEIA Pedro Galvao	99	Desportivo Nacional	2:05.89	+0,78 R	641
	50m: 28.07 28.07	100m: 59.71 31.64	150m: 1:32.23 32.52	200m: 2:05.89 33.66		
11.	PINTO Antonio Fernando	99	Benfica	2:06.15	+0,73	637
	50m: 28.15 28.15	100m: 1:00.40 32.25	150m: 1:32.91 32.51	200m: 2:06.15 33.24		
12.	LINO Rafael	99	Porto	2:06.52	+0,68	631
	50m: 27.94 27.94	100m: 1:00.11 32.17	150m: 1:33.90 33.79	200m: 2:06.52 32.62		

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



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PARCEIROS



Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 38, Masc., 200m Mariposa, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
13.	TRAVANCA Sergio Filipe	00	Leixoes	2:06.91	+0,67	625
	50m: 27.95 27.95 100m: 59.99 32.04 150m: 1:32.80 32.81 200m: 2:06.91 34.11					
14.	GONCALVES Francisco Xavier	97	Nautico Academico	2:07.47	+0,78	617
	50m: 28.06 28.06 100m: 1:00.02 31.96 150m: 1:33.00 32.98 200m: 2:07.47 34.47					
15.	SAMPAIO Jose Pedro	98	Fluvial Portuense	2:08.12	+0,75	608
	50m: 28.29 28.29 100m: 1:00.19 31.90 150m: 1:32.42 32.23 200m: 2:08.12 35.70					
16.	FERREIRA Miguel Goncalves	93	Desportivo Nacional	2:09.58	+0,85	588
	50m: 28.11 28.11 100m: 1:00.79 32.68 150m: 1:34.97 34.18 200m: 2:09.58 34.61					
17.	SILVA Martim Moniz	99	Naval do Funchal	2:10.24	+0,69	579
	50m: 28.65 28.65 100m: 1:01.49 32.84 150m: 1:35.28 33.79 200m: 2:10.24 34.96					
18.	SILVA Jorge Jesus	00	Braga	2:11.83	+0,75	558
	50m: 29.34 29.34 100m: 1:02.64 33.30 150m: 1:37.07 34.43 200m: 2:11.83 34.76					

Juniores

1.	CRISTINO David Matias	01	Uniao Piedense	2:07.20	+0,74 Q	621
	50m: 29.13 29.13 100m: 1:02.31 33.18 150m: 1:34.29 31.98 200m: 2:07.20 32.91					
2.	AGUIAR Gabriel Silva	01	Porto	2:07.60	+0,63 Q	615
	50m: 28.88 28.88 100m: 1:02.18 33.30 150m: 1:34.69 32.51 200m: 2:07.60 32.91					
3.	CARDOSO Diogo Santos	01	Colegio Monte Maior	2:07.93	+0,75 Q	611
	50m: 29.68 29.68 100m: 1:02.57 32.89 150m: 1:35.08 32.51 200m: 2:07.93 32.85					
4.	GOMES Vicente Oliveira	02	Sporting	2:08.92	+0,73 Q	597
	50m: 28.45 28.45 100m: 1:01.24 32.79 150m: 1:34.53 33.29 200m: 2:08.92 34.39					
5.	BRANCO Alexandre Miguel	01	Alges	2:09.79	+0,74 Q	585
	50m: 28.48 28.48 100m: 1:01.25 32.77 150m: 1:35.18 33.93 200m: 2:09.79 34.61					
6.	PINTO Pedro Miguel	02	Sporting	2:09.88	+0,81 Q	583
	50m: 28.75 28.75 100m: 1:01.60 32.85 150m: 1:35.26 33.66 200m: 2:09.88 34.62					
7.	CAMOES Tiago Maria	01	Uniao Piedense	2:11.05	+0,75 Q	568
	50m: 29.57 29.57 100m: 1:02.90 33.33 150m: 1:36.87 33.97 200m: 2:11.05 34.18					
8.	AMARAL Francisco Rodriguez	02	Campinho	2:11.26	+0,75 Q	565
	50m: 29.54 29.54 100m: 1:02.97 33.43 150m: 1:36.73 33.76 200m: 2:11.26 34.53					
9.	FERNANDES Eduardo Gomes	02	Sporting	2:11.43	+0,75 R	563
	50m: 29.31 29.31 100m: 1:01.68 32.37 150m: 1:37.11 35.43 200m: 2:11.43 34.32					
10.	GORDO Goncalo Morais	02	Colegio Monte Maior	2:12.37	+0,79 R	551
	50m: 29.32 29.32 100m: 1:02.78 33.46 150m: 1:37.23 34.45 200m: 2:12.37 35.14					

Prova 39
23-12-2018 - 10:20

Femin., 200m Mariposa

Absolutos
Resultados Elimin

RN25 Absoluto	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
RN25 Sen	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
RN25 Jun17	2:10.12	CRUZ Sara Francisco	ADBA	Leiria	04-12-2009
RN25 Jun16	2:13.60	FRANCISCO Ana Rita	POR	Gelsenkirchen (GER)	11-02-1996

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	MONTEIRO Ana Catarina	93	Vilacondense	2:13.84	+0,74 Q	713
	50m: 30.24 30.24	100m: 1:03.97 33.73	150m: 1:38.38 34.41	200m: 2:13.84 35.46		
2.	HENRIQUES Ines Jacinto	00	Sporting	2:15.88	+0,74 Q	682
	50m: 30.29 30.29	100m: 1:04.49 34.20	150m: 1:39.53 35.04	200m: 2:15.88 36.35		
3.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	2:17.21	+0,85 Q	662
	50m: 30.99 30.99	100m: 1:05.46 34.47	150m: 1:41.48 36.02	200m: 2:17.21 35.73		
4.	MARTINS Ana Beatriz	99	Famalicao	2:21.16	+0,82 Q	608
	50m: 31.45 31.45	100m: 1:07.51 36.06	150m: 1:43.93 36.42	200m: 2:21.16 37.23		
5.	SIMÕES Bruna Andreia	01	Nautico Marinha Grande	2:21.31	+0,79 Q	606
	50m: 31.16 31.16	100m: 1:06.93 35.77	150m: 1:43.83 36.90	200m: 2:21.31 37.48		
6.	BARATA Barbara Sofia	97	Alges	2:22.67	+0,73 Q	589
	50m: 31.70 31.70	100m: 1:07.61 35.91	150m: 1:44.52 36.91	200m: 2:22.67 38.15		
7.	CRAVEIRO Beatriz Neves	97	Academica de Coimbra	2:23.19	+0,80 Q	582
	50m: 31.66 31.66	100m: 1:07.61 35.95	150m: 1:44.95 37.34	200m: 2:23.19 38.24		
8.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	2:23.30	+0,78 Q	581
	50m: 31.79 31.79	100m: 1:07.70 35.91	150m: 1:44.71 37.01	200m: 2:23.30 38.59		
9.	SILVA Ana Pimenta	01	Desportiva de Viana	2:24.78	+0,84 R	563
	50m: 32.72 32.72	100m: 1:09.03 36.31	150m: 1:46.26 37.23	200m: 2:24.78 38.52		
10.	BERNARDO Ines Silva	00	Benfica	2:26.23	+0,74 R	547
	50m: 32.50 32.50	100m: 1:09.61 37.11	150m: 1:47.18 37.57	200m: 2:26.23 39.05		
11.	GUERRA Sara Costa	99	Natacao de Lisboa	2:26.93	+0,73	539
	50m: 31.52 31.52	100m: 1:08.52 37.00	150m: 1:47.03 38.51	200m: 2:26.93 39.90		
12.	MONTEIRO Ines Rosado	00	Natacao de Vagos	2:27.76	+0,70	530
	50m: 32.04 32.04	100m: 1:08.14 36.10	150m: 1:46.73 38.59	200m: 2:27.76 41.03		

Juniores

1.	GRAVETO Ana Raquel	02	Benfica	2:19.55	+0,80 Q	629
	50m: 31.63 31.63	100m: 1:07.97 36.34	150m: 1:43.51 35.54	200m: 2:19.55 36.04		
2.	BARBOSA Mariana Fernandes	02	Porto	2:21.45	+0,80 Q	604
	50m: 31.27 31.27	100m: 1:06.78 35.51	150m: 1:43.27 36.49	200m: 2:21.45 38.18		
3.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	2:21.97	+0,80 Q	598
	50m: 31.94 31.94	100m: 1:07.57 35.63	150m: 1:44.62 37.05	200m: 2:21.97 37.35		
4.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:22.70	+0,80 Q	588
	50m: 31.52 31.52	100m: 1:07.30 35.78	150m: 1:44.67 37.37	200m: 2:22.70 38.03		

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 39, Femin., 200m Mariposa, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	2:22.79	+0,73 Q	587
	50m: 31.61 31.61	100m: 1:07.27 35.66	150m: 1:44.81 37.54	200m: 2:22.79 37.98		
6.	MARTINS Joana Ribeiro	03	Benfica	2:22.94	+0,85 Q	585
	50m: 32.81 32.81	100m: 1:08.96 36.15	150m: 1:45.98 37.02	200m: 2:22.94 36.96		
7.	PEREIRA Clara Gomes	02	Alges	2:23.69	+0,77 Q	576
	50m: 32.10 32.10	100m: 1:08.62 36.52	150m: 1:45.71 37.09	200m: 2:23.69 37.98		
8.	QUEIROZ Ana Rita	02	Condeixa Clube	2:24.81	+0,74 Q	563
	50m: 31.93 31.93	100m: 1:08.23 36.30	150m: 1:46.03 37.80	200m: 2:24.81 38.78		
9.	SILVA Eduarda Reis	03	Famalicao	2:25.31	+0,64 R	557
	50m: 32.14 32.14	100m: 1:08.58 36.44	150m: 1:46.06 37.48	200m: 2:25.31 39.25		
10.	PINA Ana Sofia	02	O Crasto	2:26.00	+0,79 R	549
	50m: 31.74 31.74	100m: 1:08.25 36.51	150m: 1:46.25 38.00	200m: 2:26.00 39.75		
11.	FERNANDES Filipa Viamonte	02	Vitoria Guimaraes	2:26.05	+0,84	549
	50m: 32.58 32.58	100m: 1:10.29 37.71	150m: 1:48.48 38.19	200m: 2:26.05 37.57		
12.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	2:26.31	+0,64	546
	50m: 32.27 32.27	100m: 1:08.81 36.54	150m: 1:47.27 38.46	200m: 2:26.31 39.04		
13.	TEJO Beatriz Costa	02	Academica de Coimbra	2:26.93	+0,70	539
	50m: 31.72 31.72	100m: 1:09.08 37.36	150m: 1:47.85 38.77	200m: 2:26.93 39.08		
14.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	2:27.85	+0,74	529
	50m: 32.18 32.18	100m: 1:09.32 37.14	150m: 1:47.91 38.59	200m: 2:27.85 39.94		
15.	MATOS Ana Rita	02	Belenenses	2:29.73	+0,78	509
	50m: 32.75 32.75	100m: 1:10.19 37.44	150m: 1:48.93 38.74	200m: 2:29.73 40.80		
16.	HENRIQUES Daniela Mascarenhas	03	Geslours	2:29.96	+0,73	507
	50m: 33.49 33.49	100m: 1:10.91 37.42	150m: 1:50.73 39.82	200m: 2:29.96 39.23		
17.	JUNQUEIRA Sofia Ribeiro	02	Bairro dos Anjos/ Leiria	2:30.46	+0,77	502
	50m: 32.60 32.60	100m: 1:10.59 37.99	150m: 1:50.40 39.81	200m: 2:30.46 40.06		
18.	SILVA Natacha Sofia	02	Benfica	2:31.07	+0,81	496
	50m: 33.72 33.72	100m: 1:11.72 38.00	150m: 1:51.14 39.42	200m: 2:31.07 39.93		
19.	RODRIGUES Daniela Oliveira	02	Natacao de Valongo	2:31.76	+0,76	489
	50m: 33.47 33.47	100m: 1:11.78 38.31	150m: 1:51.41 39.63	200m: 2:31.76 40.35		
20.	MAGALHAES Ines Filipa	02	Aquatico Pacense	2:32.22	+1,00	485
	50m: 33.93 33.93	100m: 1:12.45 38.52	150m: 1:52.28 39.83	200m: 2:32.22 39.94		
21.	BARROS Margarida Cunha	02	Uniao Piedense	2:32.58	+0,68	481
	50m: 33.25 33.25	100m: 1:11.27 38.02	150m: 1:51.58 40.31	200m: 2:32.58 41.00		
22.	LOURENCO Alice Carmo	02	Viana Natacao	2:32.72	+0,93	480
	50m: 33.06 33.06	100m: 1:11.18 38.12	150m: 1:52.06 40.88	200m: 2:32.72 40.66		
23.	NEVES Sara Dias	03	Miranda do Corvo	2:32.76	+0,84	480

Campeonato Nacional Juniores e Seniores de Piscina Curta - UNICEF
Felgueiras, 21 a 23 de Dezembro de 2018

Prova 39, Femin., 200m Mariposa, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
	50m: 33.61 33.61 100m: 1:12.74 39.13 150m: 1:52.76 40.02 200m: 2:32.76 40.00					
24.	CORREIA Rute Ferreira	03	Clube de Vouzela	2:32.84	+0,87	479
	50m: 32.36 32.36 100m: 1:09.79 37.43 150m: 1:50.68 40.89 200m: 2:32.84 42.16					
25.	ROCHA Daniela Filipa	02	Aquatico Pacense	2:32.86	+1,01	479
	50m: 34.06 34.06 100m: 1:12.65 38.59 150m: 1:52.53 39.88 200m: 2:32.86 40.33					
26.	OLIVEIRA Mafalda Joana	02	Aquatico Pacense	2:33.40	+0,86	474
	50m: 32.69 32.69 100m: 1:10.71 38.02 150m: 1:49.89 39.18 200m: 2:33.40 43.51					
27.	CAZEIRO Filipa Inacio	02	AONDA-Azeitao	2:35.11	+0,77	458
	50m: 32.93 32.93 100m: 1:10.95 38.02 150m: 1:51.64 40.69 200m: 2:35.11 43.47					
28.	CARVALHO Maria Leitao	02	Bairro dos Anjos/ Leiria	2:35.75	+0,81	452
	50m: 34.93 34.93 100m: 1:13.78 38.85 150m: 1:54.29 40.51 200m: 2:35.75 41.46					
29.	SOUSA Ines Matos	03	Uniao Coimbra	2:38.89	+0,85	426
	50m: 34.93 34.93 100m: 1:15.24 40.31 150m: 1:57.18 41.94 200m: 2:38.89 41.71					
30.	DOMINGUES Matilde Mota	03	Colegio SMLamas	2:43.43	+0,69	392
	50m: 33.36 33.36 100m: 1:13.63 40.27 150m: 1:55.89 42.26 200m: 2:43.43 47.54					

DSQ RIBEIRO Nina Pinto 02 Foca
, 812 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 150 m - SW 8.4

Prova 40 Masc., 200m Livres Absolutos
23-12-2018 - 10:55 Resultados Elimin

RN25 Absoluto	1:43.16	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	14-12-2018
RN25 Sen	1:43.16	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	14-12-2018
RN25 Jun18	1:47.73	VENANCIO Tiago Andre	POR	Viena (AUT)	12-12-2004
RN25 Jun17	1:50.67	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009
RN S15	2:02.38	NEVES Tiago Correia	CFB	Vila Franca de Xira	04-02-2018

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Prova 40, Masc., 200m Livres, Elimin

Seniores

1.	RAMOS Bruno Miguel	97	Belenenses	1:50.02	+0,65 Q	736
	50m: 25.99 25.99 100m: 53.93 27.94 150m: 1:21.96 28.03 200m: 1:50.02 28.06					
2.	NASCIMENTO Miguel Duarte	95	Benfica	1:50.29	+0,68 Q	731
	50m: 26.13 26.13 100m: 54.93 28.80 150m: 1:22.24 27.31 200m: 1:50.29 28.05					
3.	COSTA Tiago Cunha	99	Sporting	1:50.53	+0,66 Q	726
	50m: 25.24 25.24 100m: 52.67 27.43 150m: 1:21.54 28.87 200m: 1:50.53 28.99					
4.	MOGNE Igor Araujo	96	Sporting	1:51.15	+0,76 Q	714
	50m: 26.41 26.41 100m: 54.56 28.15 150m: 1:22.91 28.35 200m: 1:51.15 28.24					
5.	VELOSO Tomas Miguel	96	Nautico Academico	1:51.17	+0,67 Q	714
	50m: 26.32 26.32 100m: 54.50 28.18 150m: 1:22.51 28.01 200m: 1:51.17 28.66					
6.	SANTOS Francisco Rogerio	98	Sporting	1:51.48	+0,72 Q	708
	50m: 26.22 26.22 100m: 54.88 28.66 150m: 1:23.13 28.25 200m: 1:51.48 28.35					
7.	BATE Afonso Ribeiro	98	Alges	1:51.56	+0,73 Q	706
	50m: 26.44 26.44 100m: 54.86 28.42 150m: 1:23.79 28.93 200m: 1:51.56 27.77					
	DANTAS Diogo Leal	00	Sporting	1:51.56	+0,62 Q	706
	50m: 26.19 26.19 100m: 54.34 28.15 150m: 1:22.90 28.56 200m: 1:51.56 28.66					
9.	SANTOS Joao Duarte	95	Natacao Olhao	1:51.71	+0,66 R	703
	50m: 26.06 26.06 100m: 54.43 28.37 150m: 1:23.12 28.69 200m: 1:51.71 28.59					
10.	BASTOS Lucas Pereira	00	Nautico Academico	1:53.07	+0,67 R	678
	50m: 26.34 26.34 100m: 54.69 28.35 150m: 1:23.37 28.68 200m: 1:53.07 29.70					
11.	MORIM Ruben Jose	97	Vilacondense	1:54.13	+0,76	660
	50m: 26.25 26.25 100m: 54.73 28.48 150m: 1:24.55 29.82 200m: 1:54.13 29.58					
12.	SANTOS Dario Almeida	93	Leixoes	1:54.19	+0,71	658
	50m: 26.57 26.57 100m: 55.10 28.53 150m: 1:24.31 29.21 200m: 1:54.19 29.88					
13.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	1:55.23	+0,80	641
	50m: 26.16 26.16 100m: 54.94 28.78 150m: 1:25.02 30.08 200m: 1:55.23 30.21					
14.	GOMES Rodrigo Ribeiro	00	Fundacao Beatriz Santos	1:55.32	+0,79	639
	50m: 26.75 26.75 100m: 55.11 28.36 150m: 1:24.89 29.78 200m: 1:55.32 30.43					
15.	SOARES Tiago Silva	99	Porto	1:55.49	+0,85	636
	50m: 25.72 25.72 100m: 54.36 28.64 150m: 1:24.41 30.05 200m: 1:55.49 31.08					
16.	GONCALVES Francisco Xavier	97	Nautico Academico	1:56.07	+0,73	627
	50m: 26.90 26.90 100m: 55.81 28.91 150m: 1:25.53 29.72 200m: 1:56.07 30.54					
DNS	NUNES Diogo Barbosa	00	Porto			

Prova 40, Masc., 200m Livres, Elimin

Juniores

1.	LEBRE Diogo Ramos	01	Benfica	1:54.52	+0,76 Q	653
	50m: 27.18 27.18	100m: 56.94 29.76	150m: 1:25.89 28.95	200m: 1:54.52 28.63		
2.	LOPES Tomas Teixeira	02	Foca	1:54.84	+0,67 Q	647
	50m: 26.59 26.59	100m: 55.38 28.79	150m: 1:25.10 29.72	200m: 1:54.84 29.74		
3.	SANTOS Pedro Miguel	01	Porto	1:54.85	+0,71 Q	647
	50m: 27.40 27.40	100m: 56.81 29.41	150m: 1:26.12 29.31	200m: 1:54.85 28.73		
4.	JOSE Diogo Coelho	01	Cumbobila Cantanhedense	1:55.21	+0,69 Q	641
	50m: 26.54 26.54	100m: 55.17 28.63	150m: 1:24.99 29.82	200m: 1:55.21 30.22		
5.	FERRAO Goncalo Carvalho	01	Cova da Piedade	1:55.34	+0,64 Q	639
	50m: 26.24 26.24	100m: 55.04 28.80	150m: 1:24.71 29.67	200m: 1:55.34 30.63		
6.	JORGE Duarte Miguel	01	Galitos / Bresimar	1:55.49	+0,86 Q	636
	50m: 27.13 27.13	100m: 56.45 29.32	150m: 1:26.09 29.64	200m: 1:55.49 29.40		
7.	DEUS Andre Portugal	02	Naval do Funchal	1:55.57	+0,69 Q	635
	50m: 26.95 26.95	100m: 56.19 29.24	150m: 1:26.25 30.06	200m: 1:55.57 29.32		
8.	AIRES Rafael Alcantara	01	Benfica	1:55.84	+0,70 Q	631
	50m: 27.25 27.25	100m: 56.50 29.25	150m: 1:26.09 29.59	200m: 1:55.84 29.75		
9.	TRAVASSOS Rodrigo Alexandre	02	Condeixa Clube	1:56.31	+0,74 R	623
	50m: 27.31 27.31	100m: 56.74 29.43	150m: 1:26.56 29.82	200m: 1:56.31 29.75		
10.	MACHADO Tiago Andrade	02	Sporting de Aveiro	1:56.47	+0,61 R	621
	50m: 27.20 27.20	100m: 56.60 29.40	150m: 1:26.67 30.07	200m: 1:56.47 29.80		
11.	SIMÕES Bernardo Jorge	02	Torres Novas	1:56.69	+0,71	617
	50m: 27.34 27.34	100m: 57.07 29.73	150m: 1:27.36 30.29	200m: 1:56.69 29.33		
12.	JACINTO Rafael Rodrigues	02	Belenenses	1:56.81	+0,76	615
	50m: 26.78 26.78	100m: 55.73 28.95	150m: 1:25.38 29.65	200m: 1:56.81 31.43		
EXH	SILVA Fernando Souza	86	Uniao Piedense	1:50.77	+0,75	721
	50m: 25.43 25.43	100m: 53.53 28.10	150m: 1:21.92 28.39	200m: 1:50.77 28.85		
EXH	NEVES Tiago Correia Rec Nacional S 15,	97	Belenenses	1:59.52	+0,65	574
	50m: 27.67 27.67	100m: 58.37 30.70	150m: 1:29.21 30.84	200m: 1:59.52 30.31		
EXH	GRACHAT David Realista	87	Geslours	2:03.32	+0,80	523
	50m: 29.23 29.23	100m: 1:00.65 31.42	150m: 1:32.19 31.54	200m: 2:03.32 31.13		
EXH	CAETANO Gino Santos	94	Galitos / Bresimar	2:05.37	+0,90	497
	50m: 29.20 29.20	100m: 1:00.51 31.31	150m: 1:32.47 31.96	200m: 2:05.37 32.90		

Prova 41
23-12-2018 - 11:10

Femin., 200m Livres

Absolutos
Resultados Elimin

RN25 Absoluto	1:58.62	DURAES Diana Margarida	POR	Copenhagen (DEN)	16-12-2017
RN25 Sen	1:58.62	DURAES Diana Margarida	POR	Copenhagen (DEN)	16-12-2017
RN25 Jun17	2:00.35	SOUZA Ana Reis	SAD	Vila Real St. Antonio	03-11-2018
RN25 Jun16	2:01.17	SOUZA Ana Reis	CNLA	Leiria	03-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	FRISCHKNECHT Rita Barros	98	Alges	2:03.08	+0,77 Q	722
	50m: 28.37 28.37 100m: 59.20 30.83 150m: 1:30.86 31.66 200m: 2:03.08 32.22					
2.	HOLUB Tamila Hryhorivna	99	Braga	2:03.44	+0,76 Q	715
	50m: 29.01 29.01 100m: 1:00.21 31.20 150m: 1:31.86 31.65 200m: 2:03.44 31.58					
3.	AZEVEDO Madalena Gomes	99	Alges	2:04.91	+0,83 Q	690
	50m: 29.07 29.07 100m: 1:00.46 31.39 150m: 1:32.76 32.30 200m: 2:04.91 32.15					
4.	BELEZA Mafalda Gomes	94	Sporting	2:05.11	+0,71 Q	687
	50m: 29.49 29.49 100m: 1:01.07 31.58 150m: 1:33.34 32.27 200m: 2:05.11 31.77					
5.	VIEGAS Beatriz Mendes	00	Sporting	2:05.38	+0,58 Q	683
	50m: 28.99 28.99 100m: 1:00.65 31.66 150m: 1:32.99 32.34 200m: 2:05.38 32.39					
6.	AMADOR Joana Costa	01	Galitos / Bresimar	2:06.33	+0,72 Q	667
	50m: 29.86 29.86 100m: 1:01.48 31.62 150m: 1:33.58 32.10 200m: 2:06.33 32.75					
7.	MACHADO Luisa Maria	01	Uniao Piedense	2:06.40	+0,93 Q	666
	50m: 29.54 29.54 100m: 1:01.47 31.93 150m: 1:33.74 32.27 200m: 2:06.40 32.66					
8.	NEVES Carolina Marques	01	Torres Novas	2:06.93	+0,79 Q	658
	50m: 29.61 29.61 100m: 1:02.42 32.81 150m: 1:35.07 32.65 200m: 2:06.93 31.86					
9.	FARIA Ana Rita	00	Porto	2:06.95	+0,77 R	658
	50m: 29.38 29.38 100m: 1:01.51 32.13 150m: 1:34.55 33.04 200m: 2:06.95 32.40					
10.	RODRIGUES Filipa Serrano	01	Benfica	2:07.01	+0,76 R	657
	50m: 29.69 29.69 100m: 1:01.67 31.98 150m: 1:34.10 32.43 200m: 2:07.01 32.91					
11.	ALVES Sara Sofia	01	Columbofila Cantanhedense	2:08.33	+0,74	637
	50m: 30.31 30.31 100m: 1:02.29 31.98 150m: 1:35.23 32.94 200m: 2:08.33 33.10					
12.	VELOSO Teresa Miguel	00	Nautico Academico	2:11.31	+0,72	594
	50m: 30.14 30.14 100m: 1:03.41 33.27 150m: 1:37.23 33.82 200m: 2:11.31 34.08					
13.	CARVALHO Eva Guerreiro	99	Benfica	2:12.25	+0,76	582
	50m: 30.51 30.51 100m: 1:03.36 32.85 150m: 1:37.37 34.01 200m: 2:12.25 34.88					
14.	NUNES Sofia Alexandra	00	Laranjeiro	2:19.30	+0,78	498
	50m: 31.46 31.46 100m: 1:06.18 34.72 150m: 1:42.57 36.39 200m: 2:19.30 36.73					
DNS	CHEROUATI Souad Nefissa	89	Benfica			

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 41, Femin., 200m Livres, Elimin

Juniores

1. SOUSA Ana Reis	02 Alges	2:01.27	+0,71 Q	755
50m: 28.39 28.39	100m: 59.32 30.93	150m: 1:30.24 30.92	200m: 2:01.27 31.03	
2. MARTINS Francisca Soares	03 Foca	2:03.62	+0,72 Q	712
50m: 28.72 28.72	100m: 59.93 31.21	150m: 1:32.01 32.08	200m: 2:03.62 31.61	
3. ANDRE Leticia Maia	02 Benfica	2:03.88	+0,72 Q	708
50m: 29.14 29.14	100m: 1:00.30 31.16	150m: 1:32.02 31.72	200m: 2:03.88 31.86	
4. PINA Ana Sofia	02 O Crasto	2:07.14	+0,77 Q	655
50m: 29.29 29.29	100m: 1:01.10 31.81	150m: 1:33.99 32.89	200m: 2:07.14 33.15	
5. FRAZAO Alexandra Couto	02 Condeixa Clube	2:07.80	+0,77 Q	645
50m: 29.84 29.84	100m: 1:01.90 32.06	150m: 1:34.63 32.73	200m: 2:07.80 33.17	
6. SOARES Catarina Silva	03 Porto	2:07.88	+0,74 Q	643
50m: 29.55 29.55	100m: 1:02.11 32.56	150m: 1:35.07 32.96	200m: 2:07.88 32.81	
7. CONCEICAO Ema Jeronimo	03 Fisica Torres Vedras	2:08.99	+0,82 Q	627
50m: 29.72 29.72	100m: 1:02.19 32.47	150m: 1:35.65 33.46	200m: 2:08.99 33.34	
8. PINTO Mafalda Marques	02 Sporting	2:09.01	+0,69 Q	627
50m: 29.90 29.90	100m: 1:02.97 33.07	150m: 1:36.70 33.73	200m: 2:09.01 32.31	
9. SOARES Carolina Silva	03 Natacao de Valongo	2:09.29	+0,83 R	623
50m: 30.05 30.05	100m: 1:02.84 32.79	150m: 1:36.23 33.39	200m: 2:09.29 33.06	
10. PEIXEIRA Filipa Ramos	03 Sporting	2:10.68	+0,86 R	603
50m: 29.73 29.73	100m: 1:02.47 32.74	150m: 1:36.55 34.08	200m: 2:10.68 34.13	

Prova 42
23-12-2018 - 11:20

Masc., 100m Estilos

Absolutos
Resultados Elimin

RN25 Absoluto	52.91	SANTOS Alexis Manacas	POR	Hangzhou (CHN)	13-12-2018
RN25 Sen	52.91	SANTOS Alexis Manacas	POR	Hangzhou (CHN)	13-12-2018
RN25 Jun18	56.47	SANTOS Alexis Manacas	SCP	Leiria	06-12-2009
RN25 Jun17	57.40	CARVALHO Diogo Filipe	CGA	Aveiro	14-05-2005

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. LOPES Gabriel Jose	97 Louzan Natacao/EFAPEL	55.47	+0,64 Q	745
50m: 24.94 24.94	100m: 55.47 30.53			
2. DANTAS Diogo Leal	00 Sporting	57.03	+0,62 Q	686
50m: 26.06 26.06	100m: 57.03 30.97			
3. SANTOS Alexis Manacas	92 Sporting	57.33	+0,69 Q	675
50m: 25.24 25.24	100m: 57.33 32.09			
4. RAMOS Bruno Miguel	97 Belenenses	57.34	+0,68 Q	675
50m: 27.38 27.38	100m: 57.34 29.96			
5. AMORIM Alexandre Ferreira	99 Porto	57.41	+0,64 Q	672
50m: 26.69 26.69	100m: 57.41 30.72			

Prova 42, Masc., 100m Estilos, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	SANTOS Pedro Andre	94	Alges	57.42	+0,71 Q	672
	50m: 25.57 25.57	100m: 57.42 31.85				
7.	NUNES Porfirio Braga	00	Porto	57.61	+0,73 Q	665
	50m: 26.27 26.27	100m: 57.61 31.34				
8.	QUINTANILHA Nuno Goncalo	87	Belenenses	57.67	+0,72 Q	663
	50m: 26.72 26.72	100m: 57.67 30.95				
9.	TEIXEIRA Guilherme Miguel	97	Belenenses	58.46	+0,73 R	636
	50m: 27.70 27.70	100m: 58.46 30.76				
10.	CORREIA Joao Mota	97	Benfica	58.54	+0,78 R	634
	50m: 26.22 26.22	100m: 58.54 32.32				
11.	OLIVEIRA Luis Carlos	97	Natacao da Maia	58.64	+0,72	631
	50m: 27.06 27.06	100m: 58.64 31.58				
12.	PON Hugo	98	Alges	58.76	+0,68	627
	50m: 28.15 28.15	100m: 58.76 30.61				
13.	SIMÕES Rafael Gomes	00	Braga	59.40	+0,80	607
	50m: 27.75 27.75	100m: 59.40 31.65				
14.	SILVA Jorge Jesus	00	Braga	1:00.11	+0,76	585
	50m: 28.18 28.18	100m: 1:00.11 31.93				
15.	SANTANA Joao Miguel	00	Benfica	1:00.43	+0,72	576
	50m: 26.76 26.76	100m: 1:00.43 33.67				
DNS	GOMES Filipe Miguel	97	Bairro dos Anjos/ Leiria			

Juniores

1.	COSTA Diogo Santos	02	Colegio Monte Maior	58.97	+0,69 Q	620
	50m: 26.29 26.29	100m: 58.97 32.68				
2.	ROCHA Ricardo Filipe	02	Aquatico Pacense	59.28	+0,80 Q	610
	50m: 26.90 26.90	100m: 59.28 32.38				
3.	SILVA Tomas Antonio	01	Naval do Funchal	59.36	+0,65 Q	608
	50m: 27.28 27.28	100m: 59.36 32.08				
4.	FERNANDES Eduardo Gomes	02	Sporting	59.58	+0,71 Q	601
	50m: 27.90 27.90	100m: 59.58 31.68				
5.	ZENZA Francisco Manuel	01	Natacao da Maia	59.61	+0,73 Q	600
	50m: 27.46 27.46	100m: 59.61 32.15				
6.	VILHENA Tiago Miguel	01	Natacao de Faro	59.80	+0,65 Q	595
	50m: 27.67 27.67	100m: 59.80 32.13				
7.	MACHADO Bruno Rafael	01	Fluvial Portuense	1:00.10	+0,78 Q	586
	50m: 27.44 27.44	100m: 1:00.10 32.66				

Prova 42, Masc., 100m Estilos, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	FRISCHKNECHT Renato Barros	01	Alges	1:00.19	+0,62 Q	583
	50m: 28.14 28.14 100m: 1:00.19 32.05					
9.	FERREIRA Ricardo Pinela	01	Benfica	1:00.53	+0,63 R	573
	50m: 27.07 27.07 100m: 1:00.53 33.46					
10.	COSTA Marco Antonio	02	Natacao Guarda	1:01.04	+0,72 R	559
	50m: 27.99 27.99 100m: 1:01.04 33.05					
11.	MERUJE Joaquim Agra	01	Elvense	1:01.08	+0,82	558
	50m: 28.65 28.65 100m: 1:01.08 32.43					

Prova 43
23-12-2018 - 11:30

Femin., 100m Estilos

Absolutos
Resultados Elimin

RN25 Absoluto	1:02.07	PEREIRA Raquel Gomes	POR	Hangzhou (CHN)	13-12-2018
RN25 Sen	1:02.07	PEREIRA Raquel Gomes	POR	Hangzhou (CHN)	13-12-2018
RN25 Jun17	1:02.34	PEREIRA Raquel Gomes	SAD	Funchal	11-12-2016
RN25 Jun16	1:04.11	ROSA Maria Carolina	SCP	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Seniores						
1.	FERNANDES Ines Camacho	97	Sporting	1:04.11	+0,72 Q	684
	50m: 29.11 29.11 100m: 1:04.11 35.00					
2.	GUEDES Ana Margarida	01	Ginasio de Vila Real	1:04.29	+0,64 Q	679
	50m: 28.88 28.88 100m: 1:04.29 35.41					
3.	KAMINSKAYA Victoria	95	Benfica	1:05.23	+0,71 Q	650
	50m: 29.97 29.97 100m: 1:05.23 35.26					
4.	PEREIRA Raquel Gomes	00	Alges	1:05.54	+0,78 Q	640
	50m: 30.54 30.54 100m: 1:05.54 35.00					
5.	ANDRE Angelica Maria	94	Fluvial Portuense	1:05.96	+0,68 Q	628
	50m: 30.73 30.73 100m: 1:05.96 35.23					
6.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	1:06.25	+0,66 Q	620
	50m: 31.01 31.01 100m: 1:06.25 35.24					
7.	MOREIRA Matilde Freitas	01	Academica de Coimbra	1:06.81	+0,73 Q	605
	50m: 31.19 31.19 100m: 1:06.81 35.62					
8.	RIBEIRO Margarida Messias	98	Geslours	1:07.17	+0,69 Q	595
	50m: 31.80 31.80 100m: 1:07.17 35.37					
9.	MARTINS Ana Beatriz	99	Famalicao	1:07.18	+0,82 R	595
	50m: 30.78 30.78 100m: 1:07.18 36.40					
10.	SILVA Beatriz Santos	01	Porto	1:07.47	+0,78 R	587
	50m: 32.55 32.55 100m: 1:07.47 34.92					
11.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	1:07.49	+0,76	587
	50m: 27.17 27.17 100m: 1:07.49 40.32					

Prova 43, Femin., 100m Estilos, Elimin, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
12.	VEIGA Ana Filipa	01	Gafanha da Encarnacao	1:08.12	+0,80	570
	50m: 33.07 33.07	100m: 1:08.12	35.05			
13.	SILVA Maria Madalena	98	Braga	1:08.20	+0,73	568
	50m: 31.20 31.20	100m: 1:08.20	37.00			
DSQ	RIESENBERGER Bruna Martins	97	Laranjeiro			
	102 - Não completou a prova - SW 10.2					

Juniores

1.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	1:06.33	+0,74 Q	618
	50m: 30.12 30.12	100m: 1:06.33	36.21			
2.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	1:06.55	+0,77 Q	612
	50m: 30.24 30.24	100m: 1:06.55	36.31			
3.	CARDEAL Joana Nunes	02	Academico Viseu	1:07.24	+0,80 Q	593
	50m: 30.83 30.83	100m: 1:07.24	36.41			
4.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	1:07.49	+0,80 Q	587
	50m: 31.43 31.43	100m: 1:07.49	36.06			
5.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	1:07.78	+0,71 Q	579
	50m: 32.14 32.14	100m: 1:07.78	35.64			
6.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	1:08.15	+0,78 Q	570
	50m: 30.77 30.77	100m: 1:08.15	37.38			
	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	1:08.15	+0,71 Q	570
	50m: 31.16 31.16	100m: 1:08.15	36.99			
8.	MENDES Mariana Amaral	02	Colegio Monte Maior	1:08.20	+0,78 Q	568
	50m: 32.10 32.10	100m: 1:08.20	36.10			
9.	CRUZ Sara Moura	03	Alges	1:08.89	+0,69 R	551
	50m: 31.51 31.51	100m: 1:08.89	37.38			
10.	CASTRO Maria Freitas	03	Fafe	1:09.00	+0,74 R	549
	50m: 32.72 32.72	100m: 1:09.00	36.28			
11.	DOMINGUES Luana Pinto	03	Bairro dos Anjos/ Leiria	1:09.08	+0,62	547
	50m: 31.97 31.97	100m: 1:09.08	37.11			
12.	DIAS Ana Leonor	02	Natacao Olhao	1:09.12	+0,70	546
	50m: 33.15 33.15	100m: 1:09.12	35.97			
13.	RAMOS Ines Asseiceira	03	Torres Novas	1:09.18	+0,82	545
	50m: 31.79 31.79	100m: 1:09.18	37.39			
14.	MADEIRA Claudia Isabel	02	Clube de Vouzela	1:09.53	+0,81	536
	50m: 30.55 30.55	100m: 1:09.53	38.98			
15.	TEIXEIRA Ines Oliveira	02	Estarreja	1:09.76	+0,74	531
	50m: 32.13 32.13	100m: 1:09.76	37.63			
16.	LASCU Nicoleta	02	Litoral Alentejano	1:09.95	+0,89	527
	50m: 31.47 31.47	100m: 1:09.95	38.48			

Prova 43, Femin., 100m Estilos, Elimin, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
17.	CERDEIRA Madalena Reis	03	Sporting	1:10.61	+0,79	512
	50m: 33.57 33.57	100m: 1:10.61	37.04			
18.	CARVALHO Maria Joao	02	Portinado	1:10.78	+0,81	508
	50m: 31.62 31.62	100m: 1:10.78	39.16			

Prova 44 Masc., 1500m Livres Absolutos
23-12-2018 - 11:40 Resultados

RN25 Absoluto	15:00.35	SANTO Filipe Miguel	SLB	Algés	24-11-2018
RN25 Sen	15:00.35	SANTO Filipe Miguel	SLB	Algés	24-11-2018
RN25 Jun18	15:06.77	SANTO Filipe Miguel	SLB	Funchal	26-03-2018
RN25 Jun17	15:05.57	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1.	LOPES Jose Paulo	00	Braga	14:58.18	+0,67	841
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Rec Nacional, Abs e Sen

50m:	27.54	27.54	450m:	4:30.30	30.37	850m:	8:31.40	30.25	1250m:	12:30.15	29.93
100m:	57.64	30.10	500m:	5:00.51	30.21	900m:	9:01.55	30.15	1300m:	13:00.35	30.20
150m:	1:28.03	30.39	550m:	5:30.19	29.68	950m:	9:31.69	30.14	1350m:	13:30.33	29.98
200m:	1:58.52	30.49	600m:	5:59.80	29.61	1000m:	10:01.99	30.30	1400m:	14:00.39	30.06
250m:	2:28.79	30.27	650m:	6:29.84	30.04	1050m:	10:31.20	29.21	1450m:	14:29.98	29.59
300m:	2:59.35	30.56	700m:	7:00.17	30.33	1100m:	11:00.84	29.64	1500m:	14:58.18	28.20
350m:	3:29.57	30.22	750m:	7:30.68	30.51	1150m:	11:30.54	29.70			
400m:	3:59.93	30.36	800m:	8:01.15	30.47	1200m:	12:00.22	29.68			

2.	PINA Guilherme Filipe	98	Sporting	15:08.14	+0,72	814
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50m:	27.93	27.93	450m:	4:30.89	30.40	850m:	8:32.55	30.28	1250m:	12:36.10	30.55
100m:	58.22	30.29	500m:	5:00.93	30.04	900m:	9:03.15	30.60	1300m:	13:06.50	30.40
150m:	1:28.51	30.29	550m:	5:30.94	30.01	950m:	9:33.52	30.37	1350m:	13:37.05	30.55
200m:	1:58.94	30.43	600m:	6:01.04	30.10	1000m:	10:04.00	30.48	1400m:	14:07.77	30.72
250m:	2:29.40	30.46	650m:	6:31.17	30.13	1050m:	10:34.46	30.46	1450m:	14:38.55	30.78
300m:	2:59.82	30.42	700m:	7:01.44	30.27	1100m:	11:04.91	30.45	1500m:	15:08.14	29.59
350m:	3:30.28	30.46	750m:	7:31.75	30.31	1150m:	11:35.25	30.34			
400m:	4:00.49	30.21	800m:	8:02.27	30.52	1200m:	12:05.55	30.30			

3.	CARVALHO Jose Paula	98	Benfica	15:11.85	+0,76	804
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50m:	28.03	28.03	450m:	4:31.03	30.19	850m:	8:33.78	30.49	1250m:	12:37.86	30.34
100m:	58.38	30.35	500m:	5:01.55	30.52	900m:	9:04.31	30.53	1300m:	13:08.93	31.07
150m:	1:28.98	30.60	550m:	5:31.44	29.89	950m:	9:34.95	30.64	1350m:	13:40.29	31.36
200m:	1:59.46	30.48	600m:	6:01.75	30.31	1000m:	10:05.61	30.66	1400m:	14:11.49	31.20
250m:	2:29.91	30.45	650m:	6:32.13	30.38	1050m:	10:36.24	30.63	1450m:	14:42.39	30.90
300m:	3:00.28	30.37	700m:	7:02.35	30.22	1100m:	11:06.66	30.42	1500m:	15:11.85	29.46
350m:	3:30.58	30.30	750m:	7:32.84	30.49	1150m:	11:37.22	30.56			
400m:	4:00.84	30.26	800m:	8:03.29	30.45	1200m:	12:07.52	30.30			

Prova 44, Masc., 1500m Livres, Seniores

Lugar	Nome			Ano	Clube		Tempo Final		TReac	FINA		
4.	GIL Rafael Lourenco			96	Sporting		15:14.16		+0,74	798		
	50m:	28.17	28.17	450m:	4:30.68	30.42	850m:	8:33.90	30.54	1250m:	12:39.99	30.96
	100m:	58.55	30.38	500m:	5:00.93	30.25	900m:	9:04.28	30.38	1300m:	13:11.17	31.18
	150m:	1:29.01	30.46	550m:	5:31.33	30.40	950m:	9:34.91	30.63	1350m:	13:42.03	30.86
	200m:	1:59.40	30.39	600m:	6:01.66	30.33	1000m:	10:05.51	30.60	1400m:	14:13.13	31.10
	250m:	2:29.43	30.03	650m:	6:32.05	30.39	1050m:	10:36.34	30.83	1450m:	14:45.98	32.85
	300m:	2:59.72	30.29	700m:	7:02.40	30.35	1100m:	11:07.15	30.81	1500m:	15:14.16	28.18
	350m:	3:30.03	30.31	750m:	7:32.77	30.37	1150m:	11:37.95	30.80			
	400m:	4:00.26	30.23	800m:	8:03.36	30.59	1200m:	12:09.03	31.08			
5.	VITAL Joao Alexandre			98	Sporting		15:16.74		+0,70	791		
	50m:	27.46	27.46	450m:	4:30.26	30.33	850m:	8:33.22	31.10	1250m:	12:43.68	31.04
	100m:	57.56	30.10	500m:	5:00.48	30.22	900m:	9:04.54	31.32	1300m:	13:15.14	31.46
	150m:	1:28.03	30.47	550m:	5:29.67	29.19	950m:	9:35.96	31.42	1350m:	13:46.77	31.63
	200m:	1:58.53	30.50	600m:	5:59.41	29.74	1000m:	10:07.19	31.23	1400m:	14:17.65	30.88
	250m:	2:28.86	30.33	650m:	6:29.98	30.57	1050m:	10:38.61	31.42	1450m:	14:48.19	30.54
	300m:	2:59.17	30.31	700m:	7:00.62	30.64	1100m:	11:10.12	31.51	1500m:	15:16.74	28.55
	350m:	3:29.57	30.40	750m:	7:31.21	30.59	1150m:	11:41.39	31.27			
	400m:	3:59.93	30.36	800m:	8:02.12	30.91	1200m:	12:12.64	31.25			
6.	SANTO Filipe Miguel			00	Benfica		15:17.32		+0,83	790		
	50m:	28.17	28.17	450m:	4:33.36	30.01	850m:	8:33.22	30.12	1250m:	12:37.44	31.55
	100m:	58.92	30.75	500m:	5:03.44	30.08	900m:	9:03.16	29.94	1300m:	13:09.05	31.61
	150m:	1:29.85	30.93	550m:	5:33.52	30.08	950m:	9:33.33	30.17	1350m:	13:40.95	31.90
	200m:	2:00.86	31.01	600m:	6:03.65	30.13	1000m:	10:03.58	30.25	1400m:	14:13.37	32.42
	250m:	2:31.40	30.54	650m:	6:33.49	29.84	1050m:	10:33.95	30.37	1450m:	14:45.70	32.33
	300m:	3:02.07	30.67	700m:	7:03.22	29.73	1100m:	11:04.13	30.18	1500m:	15:17.32	31.62
	350m:	3:32.85	30.78	750m:	7:33.23	30.01	1150m:	11:34.80	30.67			
	400m:	4:03.35	30.50	800m:	8:03.10	29.87	1200m:	12:05.89	31.09			
7.	NUNES Diogo Barbosa			00	Porto		16:06.20		+0,75	676		
	50m:	28.76	28.76	450m:	4:37.36	30.79	850m:	8:53.64	32.66	1250m:	13:20.77	33.36
	100m:	1:00.26	31.50	500m:	5:08.62	31.26	900m:	9:26.87	33.23	1300m:	13:54.44	33.67
	150m:	1:31.50	31.24	550m:	5:40.10	31.48	950m:	10:00.18	33.31	1350m:	14:28.02	33.58
	200m:	2:02.55	31.05	600m:	6:11.74	31.64	1000m:	10:33.51	33.33	1400m:	15:01.01	32.99
	250m:	2:33.34	30.79	650m:	6:43.55	31.81	1050m:	11:06.71	33.20	1450m:	15:34.12	33.11
	300m:	3:04.20	30.86	700m:	7:15.89	32.34	1100m:	11:40.35	33.64	1500m:	16:06.20	32.08
	350m:	3:35.23	31.03	750m:	7:48.29	32.40	1150m:	12:14.06	33.71			
	400m:	4:06.57	31.34	800m:	8:20.98	32.69	1200m:	12:47.41	33.35			
8.	GOMES Sebastiao Mendes			00	Pimpoes/Cimai		16:23.24		+0,79	641		
	50m:	29.18	29.18	450m:	4:47.00	33.41	850m:	9:10.43	33.38	1250m:	13:38.91	33.58
	100m:	1:00.74	31.56	500m:	5:19.63	32.63	900m:	9:43.75	33.32	1300m:	14:12.58	33.67
	150m:	1:32.60	31.86	550m:	5:52.29	32.66	950m:	10:17.53	33.78	1350m:	14:46.17	33.59
	200m:	2:04.37	31.77	600m:	6:25.03	32.74	1000m:	10:51.03	33.50	1400m:	15:19.56	33.39
	250m:	2:36.34	31.97	650m:	6:58.03	33.00	1050m:	11:24.54	33.51	1450m:	15:51.74	32.18
	300m:	3:08.95	32.61	700m:	7:30.65	32.62	1100m:	11:58.24	33.70	1500m:	16:23.24	31.50
	350m:	3:41.13	32.18	750m:	8:03.85	33.20	1150m:	12:31.67	33.43			
	400m:	4:13.59	32.46	800m:	8:37.05	33.20	1200m:	13:05.33	33.66			

Prova 44, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
9.	FARIA Rui Pedro	94	Famalicao	16:27.27	+0,88	633
	50m: 28.86 28.86	450m: 4:46.07 32.86	850m: 9:10.79 33.31	1250m: 13:39.62 33.62		
	100m: 1:00.08 31.22	500m: 5:19.00 32.93	900m: 9:44.14 33.35	1300m: 14:13.29 33.67		
	150m: 1:31.78 31.70	550m: 5:52.13 33.13	950m: 10:17.64 33.50	1350m: 14:47.01 33.72		
	200m: 2:03.55 31.77	600m: 6:25.13 33.00	1000m: 10:51.27 33.63	1400m: 15:20.72 33.71		
	250m: 2:35.44 31.89	650m: 6:58.20 33.07	1050m: 11:24.75 33.48	1450m: 15:54.31 33.59		
	300m: 3:07.94 32.50	700m: 7:31.30 33.10	1100m: 11:58.35 33.60	1500m: 16:27.27 32.96		
	350m: 3:40.36 32.42	750m: 8:04.24 32.94	1150m: 12:32.12 33.77			
	400m: 4:13.21 32.85	800m: 8:37.48 33.24	1200m: 13:06.00 33.88			

Juniores

1.	CARDOSO Diogo Santos	01	Colegio Monte Maior	15:27.16	+0,76	765
	50m: 28.82 28.82	450m: 4:39.50 31.52	850m: 8:48.78 31.02	1250m: 12:55.74 30.95		
	100m: 59.74 30.92	500m: 5:10.67 31.17	900m: 9:19.68 30.90	1300m: 13:26.68 30.94		
	150m: 1:31.06 31.32	550m: 5:42.00 31.33	950m: 9:50.53 30.85	1350m: 13:57.75 31.07		
	200m: 2:02.48 31.42	600m: 6:13.42 31.42	1000m: 10:21.57 31.04	1400m: 14:28.50 30.75		
	250m: 2:33.71 31.23	650m: 6:44.46 31.04	1050m: 10:52.30 30.73	1450m: 14:58.70 30.20		
	300m: 3:05.17 31.46	700m: 7:15.57 31.11	1100m: 11:23.11 30.81	1500m: 15:27.16 28.46		
	350m: 3:36.50 31.33	750m: 7:46.68 31.11	1150m: 11:54.03 30.92			
	400m: 4:07.98 31.48	800m: 8:17.76 31.08	1200m: 12:24.79 30.76			
2.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	15:40.07	+0,82	734
	50m: 29.01 29.01	450m: 4:35.21 30.84	850m: 8:46.78 31.75	1250m: 13:01.81 31.76		
	100m: 59.86 30.85	500m: 5:06.24 31.03	900m: 9:18.53 31.75	1300m: 13:34.30 32.49		
	150m: 1:30.64 30.78	550m: 5:37.36 31.12	950m: 9:50.27 31.74	1350m: 14:06.51 32.21		
	200m: 2:01.45 30.81	600m: 6:08.88 31.52	1000m: 10:22.11 31.84	1400m: 14:38.76 32.25		
	250m: 2:32.23 30.78	650m: 6:40.32 31.44	1050m: 10:53.95 31.84	1450m: 15:10.12 31.36		
	300m: 3:02.93 30.70	700m: 7:11.79 31.47	1100m: 11:25.62 31.67	1500m: 15:40.07 29.95		
	350m: 3:33.66 30.73	750m: 7:43.35 31.56	1150m: 11:58.00 32.38			
	400m: 4:04.37 30.71	800m: 8:15.03 31.68	1200m: 12:30.05 32.05			
3.	SANTOS Pedro Miguel	01	Porto	15:40.30	+0,71	733
	50m: 28.80 28.80	450m: 4:36.04 30.76	850m: 8:46.41 31.49	1250m: 13:02.76 32.25		
	100m: 1:00.22 31.42	500m: 5:06.80 30.76	900m: 9:18.13 31.72	1300m: 13:35.27 32.51		
	150m: 1:31.05 30.83	550m: 5:37.71 30.91	950m: 9:50.26 32.13	1350m: 14:07.60 32.33		
	200m: 2:01.97 30.92	600m: 6:08.94 31.23	1000m: 10:22.40 32.14	1400m: 14:39.71 32.11		
	250m: 2:32.82 30.85	650m: 6:40.24 31.30	1050m: 10:54.22 31.82	1450m: 15:10.88 31.17		
	300m: 3:03.48 30.66	700m: 7:11.47 31.23	1100m: 11:26.20 31.98	1500m: 15:40.30 29.42		
	350m: 3:34.45 30.97	750m: 7:43.17 31.70	1150m: 11:58.41 32.21			
	400m: 4:05.28 30.83	800m: 8:14.92 31.75	1200m: 12:30.51 32.10			
4.	JORGE Duarte Miguel	01	Galitos / Bresimar	15:50.47	+0,85	710
	50m: 28.79 28.79	450m: 4:37.25 31.12	850m: 8:50.19 31.68	1250m: 13:09.02 33.12		
	100m: 1:00.08 31.29	500m: 5:08.48 31.23	900m: 9:21.95 31.76	1300m: 13:41.47 32.45		
	150m: 1:31.24 31.16	550m: 5:40.00 31.52	950m: 9:53.97 32.02	1350m: 14:14.20 32.73		
	200m: 2:02.28 31.04	600m: 6:11.77 31.77	1000m: 10:26.03 32.06	1400m: 14:47.57 33.37		
	250m: 2:33.41 31.13	650m: 6:43.08 31.31	1050m: 10:58.43 32.40	1450m: 15:20.83 33.26		
	300m: 3:04.31 30.90	700m: 7:14.90 31.82	1100m: 11:30.81 32.38	1500m: 15:50.47 29.64		
	350m: 3:35.27 30.96	750m: 7:46.96 32.06	1150m: 12:03.12 32.31			
	400m: 4:06.13 30.86	800m: 8:18.51 31.55	1200m: 12:35.90 32.78			

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	FROTA Paulo Andre	02	Condeixa Clube	16:22.39	+0,69	643
	50m: 29.70 29.70	450m: 4:48.61 32.78	850m: 9:08.16 33.12	1250m: 13:36.66 33.18		
	100m: 1:01.24 31.54	500m: 5:21.38 32.77	900m: 9:41.94 33.78	1300m: 14:10.12 33.46		
	150m: 1:33.25 32.01	550m: 5:54.08 32.70	950m: 10:15.62 33.68	1350m: 14:43.46 33.34		
	200m: 2:05.65 32.40	600m: 6:25.63 31.55	1000m: 10:49.40 33.78	1400m: 15:16.89 33.43		
	250m: 2:38.02 32.37	650m: 6:57.68 32.05	1050m: 11:23.18 33.78	1450m: 15:50.06 33.17		
	300m: 3:10.35 32.33	700m: 7:29.84 32.16	1100m: 11:56.92 33.74	1500m: 16:22.39 32.33		
	350m: 3:42.98 32.63	750m: 8:02.23 32.39	1150m: 12:30.52 33.60			
	400m: 4:15.83 32.85	800m: 8:35.04 32.81	1200m: 13:03.48 32.96			
6.	PEREIRA Jose Maria	01	Sporting	16:22.61	+0,74	642
	50m: 28.94 28.94	450m: 4:48.64 32.72	850m: 9:11.18 32.96	1250m: 13:37.40 33.37		
	100m: 1:00.43 31.49	500m: 5:21.17 32.53	900m: 9:44.24 33.06	1300m: 14:11.29 33.89		
	150m: 1:32.58 32.15	550m: 5:53.87 32.70	950m: 10:17.56 33.32	1350m: 14:44.71 33.42		
	200m: 2:05.04 32.46	600m: 6:26.75 32.88	1000m: 10:50.64 33.08	1400m: 15:18.28 33.57		
	250m: 2:37.69 32.65	650m: 6:59.53 32.78	1050m: 11:24.12 33.48	1450m: 15:51.01 32.73		
	300m: 3:10.20 32.51	700m: 7:32.24 32.71	1100m: 11:57.44 33.32	1500m: 16:22.61 31.60		
	350m: 3:43.11 32.91	750m: 8:05.08 32.84	1150m: 12:30.69 33.25			
	400m: 4:15.92 32.81	800m: 8:38.22 33.14	1200m: 13:04.03 33.34			
7.	RIBEIRO Luis Manuel	02	Porto	16:34.61	+0,73	619
	50m: 30.46 30.46	450m: 4:56.08 32.94	850m: 9:22.67 32.91	1250m: 13:50.40 33.34		
	100m: 1:03.88 33.42	500m: 5:29.30 33.22	900m: 9:56.34 33.67	1300m: 14:23.86 33.46		
	150m: 1:36.76 32.88	550m: 6:02.61 33.31	950m: 10:29.54 33.20	1350m: 14:57.10 33.24		
	200m: 2:09.86 33.10	600m: 6:35.88 33.27	1000m: 11:03.05 33.51	1400m: 15:30.34 33.24		
	250m: 2:43.03 33.17	650m: 7:09.32 33.44	1050m: 11:36.48 33.43	1450m: 16:02.51 32.17		
	300m: 3:16.39 33.36	700m: 7:42.82 33.50	1100m: 12:10.03 33.55	1500m: 16:34.61 32.10		
	350m: 3:49.67 33.28	750m: 8:16.28 33.46	1150m: 12:43.32 33.29			
	400m: 4:23.14 33.47	800m: 8:49.76 33.48	1200m: 13:17.06 33.74			
8.	TRAVASSOS Rodrigo Alexandre	02	Condeixa Clube	16:40.43	+0,75	609
	50m: 29.20 29.20	450m: 4:48.03 32.60	850m: 9:14.29 33.51	1250m: 13:47.16 35.16		
	100m: 1:01.07 31.87	500m: 5:20.89 32.86	900m: 9:47.75 33.46	1300m: 14:22.04 34.88		
	150m: 1:33.11 32.04	550m: 5:53.83 32.94	950m: 10:20.94 33.19	1350m: 14:56.95 34.91		
	200m: 2:05.91 32.80	600m: 6:26.72 32.89	1000m: 10:54.28 33.34	1400m: 15:31.91 34.96		
	250m: 2:37.90 31.99	650m: 6:59.94 33.22	1050m: 11:28.40 34.12	1450m: 16:06.65 34.74		
	300m: 3:10.20 32.30	700m: 7:33.45 33.51	1100m: 12:02.36 33.96	1500m: 16:40.43 33.78		
	350m: 3:42.77 32.57	750m: 8:07.05 33.60	1150m: 12:37.12 34.76			
	400m: 4:15.43 32.66	800m: 8:40.78 33.73	1200m: 13:12.00 34.88			
9.	DOMINGUES Ricardo Jorge	02	Fundacao Beatriz Santos	16:41.24	+0,66	607
	50m: 27.53 27.53	450m: 4:48.50 32.89	850m: 9:15.84 34.40	1250m: 13:51.44 34.34		
	100m: 59.36 31.83	500m: 5:21.47 32.97	900m: 9:50.60 34.76	1300m: 14:25.62 34.18		
	150m: 1:32.00 32.64	550m: 5:53.51 32.04	950m: 10:25.28 34.68	1350m: 14:59.99 34.37		
	200m: 2:05.00 33.00	600m: 6:26.80 33.29	1000m: 11:00.04 34.76	1400m: 15:34.51 34.52		
	250m: 2:37.53 32.53	650m: 6:59.87 33.07	1050m: 11:34.38 34.34	1450m: 16:08.95 34.44		
	300m: 3:09.85 32.32	700m: 7:33.21 33.34	1100m: 12:08.71 34.33	1500m: 16:41.24 32.29		
	350m: 3:42.56 32.71	750m: 8:07.04 33.83	1150m: 12:42.62 33.91			
	400m: 4:15.61 33.05	800m: 8:41.44 34.40	1200m: 13:17.10 34.48			

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome			Ano	Clube			Tempo Final	TReac	FINA		
10.	VIEGAS Hugo Miguel			02	Natacao Olhao			16:41.43	+0,75	607		
	50m:	29.63	29.63	450m:	4:53.24	32.79	850m:	9:21.85	33.40	1250m:	13:54.93	51.14
	100m:	1:01.31	31.68	500m:	5:26.73	33.49	900m:	9:55.83	33.98	1300m:	14:29.30	34.37
	150m:	1:33.95	32.64	550m:	6:00.60	33.87	950m:	10:29.94	34.11	1350m:	15:03.36	34.06
	200m:	2:06.85	32.90	600m:	6:33.75	33.15	1000m:	11:03.89	33.95	1400m:	15:24.79	21.43
	250m:	2:39.76	32.91	650m:	7:07.36	33.61	1050m:	11:37.92	34.03	1450m:	16:11.48	46.69
	300m:	3:12.91	33.15	700m:	7:41.20	33.84	1100m:	12:12.18	34.26	1500m:	16:41.43	29.95
	350m:	3:46.37	33.46	750m:	8:14.93	33.73	1150m:	12:39.93	27.75			
	400m:	4:20.45	34.08	800m:	8:48.45	33.52	1200m:	13:03.79	23.86			
11.	CARVALHO Daniel Luis			02	Braga			16:42.58	+0,82	605		
	50m:	29.17	29.17	450m:	4:50.48	33.05	850m:	9:21.86	34.57	1250m:	13:54.88	34.14
	100m:	1:01.10	31.93	500m:	5:24.03	33.55	900m:	9:56.08	34.22	1300m:	14:29.11	34.23
	150m:	1:33.55	32.45	550m:	5:57.48	33.45	950m:	10:30.38	34.30	1350m:	15:02.92	33.81
	200m:	2:06.18	32.63	600m:	6:31.18	33.70	1000m:	11:04.08	33.70	1400m:	15:37.11	34.19
	250m:	2:38.77	32.59	650m:	7:05.29	34.11	1050m:	11:38.20	34.12	1450m:	16:11.06	33.95
	300m:	3:11.46	32.69	700m:	7:39.22	33.93	1100m:	12:12.30	34.10	1500m:	16:42.58	31.52
	350m:	3:44.32	32.86	750m:	8:13.44	34.22	1150m:	12:46.53	34.23			
	400m:	4:17.43	33.11	800m:	8:47.29	33.85	1200m:	13:20.74	34.21			
12.	DOMINGOS Ruy Manuel			02	Sporting			16:49.32	+0,77	593		
	50m:	29.10	29.10	450m:	4:53.25	33.69	850m:	9:24.73	34.08	1250m:	13:59.33	34.30
	100m:	1:00.93	31.83	500m:	5:27.03	33.78	900m:	9:59.01	34.28	1300m:	14:33.67	34.34
	150m:	1:33.39	32.46	550m:	6:00.90	33.87	950m:	10:33.21	34.20	1350m:	15:08.07	34.40
	200m:	2:06.15	32.76	600m:	6:34.81	33.91	1000m:	11:07.69	34.48	1400m:	15:42.31	34.24
	250m:	2:39.22	33.07	650m:	7:08.71	33.90	1050m:	11:41.88	34.19	1450m:	16:16.46	34.15
	300m:	3:12.61	33.39	700m:	7:42.38	33.67	1100m:	12:16.14	34.26	1500m:	16:49.32	32.86
	350m:	3:46.10	33.49	750m:	8:16.65	34.27	1150m:	12:50.72	34.58			
	400m:	4:19.56	33.46	800m:	8:50.65	34.00	1200m:	13:25.03	34.31			
13.	SALGADO Goncalo Sampaio			02	Famalicao			16:59.26	+0,80	576		
	50m:	29.05	29.05	450m:	4:55.89	33.67	850m:	9:28.80	33.89	1250m:	14:06.72	35.04
	100m:	1:01.13	32.08	500m:	5:29.50	33.61	900m:	10:03.18	34.38	1300m:	14:41.85	35.13
	150m:	1:34.38	33.25	550m:	6:03.58	34.08	950m:	10:37.93	34.75	1350m:	15:16.91	35.06
	200m:	2:08.26	33.88	600m:	6:37.71	34.13	1000m:	11:12.58	34.65	1400m:	15:51.84	34.93
	250m:	2:41.73	33.47	650m:	7:11.96	34.25	1050m:	11:47.31	34.73	1450m:	16:26.20	34.36
	300m:	3:15.18	33.45	700m:	7:46.19	34.23	1100m:	12:22.08	34.77	1500m:	16:59.26	33.06
	350m:	3:48.77	33.59	750m:	8:20.67	34.48	1150m:	12:56.90	34.82			
	400m:	4:22.22	33.45	800m:	8:54.91	34.24	1200m:	13:31.68	34.78			
14.	RODRIGUES Pedro Reis			02	Sao Roque			17:04.33	+0,78	567		
	50m:	28.54	28.54	450m:	4:56.12	35.02	850m:	9:35.63	34.85	1250m:	14:14.62	34.71
	100m:	1:00.08	31.54	500m:	5:31.27	35.15	900m:	10:10.61	34.98	1300m:	14:48.96	34.34
	150m:	1:32.32	32.24	550m:	6:05.90	34.63	950m:	10:45.51	34.90	1350m:	15:23.82	34.86
	200m:	2:05.26	32.94	600m:	6:40.99	35.09	1000m:	11:20.55	35.04	1400m:	15:58.49	34.67
	250m:	2:38.67	33.41	650m:	7:15.83	34.84	1050m:	11:55.58	35.03	1450m:	16:32.26	33.77
	300m:	3:12.53	33.86	700m:	7:50.90	35.07	1100m:	12:30.19	34.61	1500m:	17:04.33	32.07
	350m:	3:46.74	34.21	750m:	8:25.85	34.95	1150m:	13:05.16	34.97			
	400m:	4:21.10	34.36	800m:	9:00.78	34.93	1200m:	13:39.91	34.75			

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome			Ano	Clube		Tempo Final		TReac	FINA		
15.	MONTEIRO Tomas Penha			02	Alges		17:16.90		+0,72	547		
	50m:	29.33	29.33	450m:	4:54.61	33.65	850m:	9:27.81	34.58	1250m:	14:14.93	36.71
	100m:	1:01.73	32.40	500m:	5:28.50	33.89	900m:	10:02.41	34.60	1300m:	14:51.46	36.53
	150m:	1:34.40	32.67	550m:	6:02.28	33.78	950m:	10:37.35	34.94	1350m:	15:27.91	36.45
	200m:	2:07.31	32.91	600m:	6:36.13	33.85	1000m:	11:13.15	35.80	1400m:	16:04.46	36.55
	250m:	2:40.48	33.17	650m:	7:10.53	34.40	1050m:	11:48.89	35.74	1450m:	16:40.65	36.19
	300m:	3:13.77	33.29	700m:	7:44.47	33.94	1100m:	12:24.82	35.93	1500m:	17:16.90	36.25
	350m:	3:47.27	33.50	750m:	8:18.68	34.21	1150m:	13:01.21	36.39			
	400m:	4:20.96	33.69	800m:	8:53.23	34.55	1200m:	13:38.22	37.01			
16.	LOURENCO Tomas Galvao			02	Natacao Olhao		17:19.00		+0,84	543		
	50m:	30.73	30.73	450m:	4:59.96	34.31	850m:	9:38.73	35.07	1250m:	14:23.56	35.84
	100m:	1:04.13	33.40	500m:	5:34.21	34.25	900m:	10:14.25	35.52	1300m:	14:58.65	35.09
	150m:	1:37.52	33.39	550m:	6:08.50	34.29	950m:	10:49.90	35.65	1350m:	15:34.03	35.38
	200m:	2:10.95	33.43	600m:	6:42.85	34.35	1000m:	11:25.02	35.12	1400m:	16:09.54	35.51
	250m:	2:44.14	33.19	650m:	7:17.98	35.13	1050m:	12:00.49	35.47	1450m:	16:45.17	35.63
	300m:	3:17.69	33.55	700m:	7:52.98	35.00	1100m:	12:36.18	35.69	1500m:	17:19.00	33.83
	350m:	3:51.67	33.98	750m:	8:28.31	35.33	1150m:	13:11.82	35.64			
	400m:	4:25.65	33.98	800m:	9:03.66	35.35	1200m:	13:47.72	35.90			
17.	MARQUES Rui Joao			02	Nautico Academico		17:33.57		+0,74	521		
	50m:	30.59	30.59	450m:	4:58.62	34.64	850m:	9:42.18	35.81	1250m:	14:31.95	36.16
	100m:	1:03.88	33.29	500m:	5:33.06	34.44	900m:	10:19.19	37.01	1300m:	15:08.71	36.76
	150m:	1:36.15	32.27	550m:	6:08.06	35.00	950m:	10:55.31	36.12	1350m:	15:45.61	36.90
	200m:	2:09.56	33.41	600m:	6:43.09	35.03	1000m:	11:31.51	36.20	1400m:	16:22.07	36.46
	250m:	2:42.80	33.24	650m:	7:18.51	35.42	1050m:	12:07.47	35.96	1450m:	16:58.19	36.12
	300m:	3:16.39	33.59	700m:	7:54.64	36.13	1100m:	12:43.83	36.36	1500m:	17:33.57	35.38
	350m:	3:50.09	33.70	750m:	8:30.29	35.65	1150m:	13:20.19	36.36			
	400m:	4:23.98	33.89	800m:	9:06.37	36.08	1200m:	13:55.79	35.60			

DNS AMARAL Francisco Rodriguez 02 Campinho

Prova 34 Masc., 50m Bruços Seniores
23-12-2018 Resultados Swim Off Elimin

RN25 Absoluto	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014
RN25 Sen	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	MENDES Antonio Manuel	99	Sporting	28.82	+0,67	672
2.	PON Hugo	98	Alges	29.03	+0,66	658

Prova 45
23-12-2018 - 12:35

Femin., 4 x 100m Livres

Absolutos
Resultados

RN25 Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
RN25 Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
RN25 Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
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Seniores

1.	Sporting-SEN			Sporting	3:49.95	+0,62	724	
	VIEGAS Beatriz Mendes	+0,62	27.48	57.48	HENRIQUES Ines Jacinto	+0,24	27.30	57.20
	BELEZA Mafalda Gomes	+0,52	28.26	58.44	FERNANDES Ines Camacho	+0,46	27.19	56.83
2.	Alges-SEN			Alges	3:50.66	+0,73	717	
	FRISCHKNECHT Rita Barros	+0,73	27.55	57.03	BARATA Barbara Sofia	+0,35	28.83	1:00.29
	PEREIRA Raquel Gomes	+0,40	26.98	56.24	AZEVEDO Madalena Gomes	+0,34	28.23	57.10
3.	Porto-SEN			Porto	3:52.27	+0,73	703	
	CABRAL Maria Francisca	+0,73	28.11	57.96	OLIVEIRA Rosa Maria	+0,50	28.43	58.69
	FERREIRA Catarina Maria	+0,26	27.44	58.13	FARIA Ana Rita	+0,59	27.41	57.49
4.	Benfica-SEN			Benfica	3:54.18	+0,75	685	
	ROLAO Sofia Alexandra	+0,75	28.34	1:00.04	KAMINSKAYA Victoria	+0,41	27.35	57.46
	DURAES Diana Margarida	+0,39	27.81	57.07	RODRIGUES Filipa Serrano	+0,47	28.76	59.61
5.	Ginasio de Vila Real-SEN			Ginasio de Vila Real	4:01.39	+0,81	626	
	NOBREGA Ana Sofia	+0,81	28.63	1:00.26	FERNANDES Maria Margarida	+0,58	29.64	1:02.97
	LEITE Ana Sofia	+0,66	28.51	59.74	GUEDES Ana Margarida	+0,31	27.09	58.42
6.	Braga-SEN			Braga	4:02.09	+0,88	620	
	FERNANDES Ana Sofia	+0,88	29.72	1:01.29	SILVA Maria Madalena	+0,44	29.54	1:01.24
	FREIXO Juliana Lima	+0,28	29.74	1:01.68	HOLUB Tamila Hryhorivna	-0,01	27.46	57.88
7.	Laranjeiro-SEN			Laranjeiro	4:03.42	+0,75	610	
	ROLIM Soraia Guerra	+0,75	30.17	1:03.13	RIESENBERGER Bruna Martins	+0,43	28.58	59.76
	NUNES Sofia Alexandra	+0,46	28.11	59.10	PIRES Carolina Saraiva	+0,43	29.49	1:01.43

DNS Academica de Coimbra-SEN

Academica de Coimbra

Juniores

1.	Porto-JUN			Porto		3:54.55	+0,77	682
	Rec Nacional							
	RAMOS Ana Rita	+0,77	28.20	57.73	AMORIM Maria Leonor	+0,42	28.93	1:01.61
	BARBOSA Mariana Fernandes	+1,37	28.31	58.82	SOARES Catarina Silva	+0,32	27.14	56.39
2.	Alges-JUN			Alges		3:55.94	+0,73	670
	SOUZA Ana Reis	+0,73	27.49	56.66	PEREIRA Clara Gomes	+0,23	29.42	1:01.42
	AZEVEDO Rafaela Gomes	+0,31	28.11	58.24	CRUZ Sara Moura	+0,20	28.02	59.62
3.	Benfica-JUN			Benfica		3:57.74	+0,69	655
	ANDRE Leticia Maia	+0,69	27.32	56.09	MARTINS Joana Ribeiro	+0,41	29.16	1:00.83
	GRAVETO Ana Raquel	+0,67	28.55	59.21	SILVA Natacha Sofia	+0,54	29.28	1:01.61
4.	Natacao de Valongo-JUN			Natacao de Valongo		4:05.02	+0,76	598
	MACHADO Joana Sofia	+0,76	28.82	59.65	RODRIGUES Daniela Oliveira	+0,36	29.83	1:02.96
	MOREIRA Mariana Filipa	+0,17	29.49	1:02.57	SOARES Carolina Silva	+0,63	29.02	59.84

ORGANIZAÇÃO



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PARCEIROS



Prova 45, Femin., 4 x 100m Livres, Juniores

Lugar	Clube	Tempo Final	TReac	FINA
5.	Louletano / Loule Concelho-JUN	4:05.14	+0,64	598
	JESUS Maria Crista +0,64 28.39	59.94	SEVERINO Isis Sousa +0,38 28.63	1:00.75
	FOMINA Anna +0,20 27.83	59.15	SANTOS Catarina Vitorino +0,48 30.90	1:05.30
6.	Geslours-JUN	4:06.26	+0,69	589
	NEVES Leonor Maria +0,69 29.07	1:00.73	FERRO Carolina Ganhao +0,51 29.68	1:02.42
	MARTINS Claudia Beatriz +0,46 30.23	1:02.35	REBELO Beatriz Vaz +0,45 29.27	1:00.76

Prova 46
23-12-2018 - 12:40

Masc., 4 x 100m Livres

Absolutos Resultados

RN25 Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
RN25 Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
RN25 Jun	3:29.40	Sport Lisboa e Benfica	SLB	Porto	10-12-2017

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
Seniores				
1.	Benfica-SEN	3:15.63	+0,69	822
	<i>Rec Nacional, Abs e Sen</i>			
	PEREIRA Luiz Pedro +0,69 24.08	49.29	NASCIMENTO Miguel Duarte +0,36 22.14	47.02
	DIAS Guilherme Pereira +0,43 22.73	48.61	CARVALHO Jose Paula +0,40 24.82	50.71
2.	Sporting-SEN	3:15.98	+0,76	818
	MOGNE Igor Araujo +0,76 23.55	48.98	SANTOS Francisco Rogerio +0,29 23.43	49.96
	COSTA Tiago Cunha +0,30 24.09	50.09	SANTOS Alexis Manacas +0,20 22.43	46.95
3.	Porto-SEN	3:23.45	+0,76	731
	SOARES Tiago Silva +0,76 24.45	51.10	NUNES Diogo Barbosa +0,21 24.27	51.32
	NUNES Porfírio Braga +0,34 24.29	51.04	LINO Rafael +0,28 23.77	49.99
4.	Alges-SEN	3:23.90	+0,67	726
	MACHADO Francisco Carvalho +0,67 24.44	51.61	PON Hugo +0,17 24.72	51.23
	BATE Afonso Ribeiro +0,17 23.95	50.75	SANTOS Pedro Andre +0,36 23.98	50.31
5.	Belenenses-SEN	3:24.91	+0,65	715
	RAMOS Bruno Miguel +0,65 24.35	49.88	QUINTANILHA Nuno Goncalo +0,33 24.59	51.63
	PADRELA Joao Esteves +0,37 24.19	51.73	TEIXEIRA Guilherme Miguel +0,56 24.07	51.67
6.	Academica de Coimbra-SEN	3:34.12	+0,67	627
	MADUREIRA Gustavo Almeida +0,67 24.05	50.78	GASPAR Miguel Caridade +0,22 26.22	54.90
	CARVALHO Ruben Paiva +0,29 25.25	53.65	ADAIXO Pedro Salzedas +0,39 26.03	54.79

Prova 46, Masc., 4 x 100m Livres

Juniores

1.	Benfica-JUN <i>Rec Nacional</i>			Benfica		3:28.98	+0,74	674
	LEBRE Diogo Ramos	+0,74	24.87	51.07	FERREIRA Ricardo Pinela	+0,23	25.19	53.34
	AIRES Rafael Alcantara	+0,24	24.12	50.25	BERNARDO Joao Silva	+0,39	25.90	54.32
2.	Uniao Piedense-JUN			Uniao Piedense		3:33.64	+0,71	631
	CRISTINO David Matias	+0,71	25.82	53.84	LOPES Carlos Filipe	+0,38	25.61	53.82
	BRITO Bernardo Geada	+0,30	24.61	51.94	CAMOES Tiago Maria	+0,35	25.48	54.04
3.	Sporting-JUN			Sporting		3:34.26	+0,74	626
	DOMINGOS Ruy Manuel	+0,74	25.64	54.01	PINTO Pedro Miguel	+1,26	26.02	54.36
	GOMES Vicente Oliveira	+0,37	25.31	53.58	FERNANDES Eduardo Gomes	+0,51	25.13	52.31
4.	Fundacao Beatriz Santos-JUN			Fundacao Beatriz Santos		3:37.49	+0,72	598
	PEREIRA Joao Neto	+0,72	26.01	54.15	DOMINGUES Ricardo Jorge	+0,32	26.15	54.42
	DIAS Joao Pedro	+0,41	26.37	55.56	CUNHA Jose Miguel	+0,47	25.60	53.36
5.	Naval do Funchal-JUN			Naval do Funchal		3:40.41	+0,62	575
	SILVA Tomas Antonio	+0,62	25.81	54.10	DEUS Andre Portugal	+0,21	25.91	53.26
	PITA Diogo Henrique	+0,17	26.43	55.87	ALVES Afonso Pinto	+0,31	26.71	57.18

6 - 3ª Jornada - 2ª Sessão (finais)

23-12-2018 - 16:00

Prova 44	Masc., 1500m Livres					Absolutos
23-12-2018 - 16:00						Resultados
RN25 Absoluto	15:00.35	SANTO Filipe Miguel	SLB	Algés		24-11-2018
RN25 Sen	15:00.35	SANTO Filipe Miguel	SLB	Algés		24-11-2018
RN25 Jun18	15:06.77	SANTO Filipe Miguel	SLB	Funchal		26-03-2018
RN25 Jun17	15:05.57	SANTA Gustavo Manuel	CNLA	Leiria		06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. LOPES Jose Paulo				00	Braga				14:58.18		+0,67	841
Rec Nacional, Abs e Sen												
50m:	27.54	27.54	450m:	4:30.30	30.37	850m:	8:31.40	30.25	1250m:	12:30.15	29.93	
100m:	57.64	30.10	500m:	5:00.51	30.21	900m:	9:01.55	30.15	1300m:	13:00.35	30.20	
150m:	1:28.03	30.39	550m:	5:30.19	29.68	950m:	9:31.69	30.14	1350m:	13:30.33	29.98	
200m:	1:58.52	30.49	600m:	5:59.80	29.61	1000m:	10:01.99	30.30	1400m:	14:00.39	30.06	
250m:	2:28.79	30.27	650m:	6:29.84	30.04	1050m:	10:31.20	29.21	1450m:	14:29.98	29.59	
300m:	2:59.35	30.56	700m:	7:00.17	30.33	1100m:	11:00.84	29.64	1500m:	14:58.18	28.20	
350m:	3:29.57	30.22	750m:	7:30.68	30.51	1150m:	11:30.54	29.70				
400m:	3:59.93	30.36	800m:	8:01.15	30.47	1200m:	12:00.22	29.68				

Prova 44, Masc., 1500m Livres, Seniores

Lugar	Nome			Ano	Clube			Tempo Final	TReac	FINA		
2.	PINA Guilherme Filipe			98	Sporting			15:08.14	+0,72	814		
	50m:	27.93	27.93	450m:	4:30.89	30.40	850m:	8:32.55	30.28	1250m:	12:36.10	30.55
	100m:	58.22	30.29	500m:	5:00.93	30.04	900m:	9:03.15	30.60	1300m:	13:06.50	30.40
	150m:	1:28.51	30.29	550m:	5:30.94	30.01	950m:	9:33.52	30.37	1350m:	13:37.05	30.55
	200m:	1:58.94	30.43	600m:	6:01.04	30.10	1000m:	10:04.00	30.48	1400m:	14:07.77	30.72
	250m:	2:29.40	30.46	650m:	6:31.17	30.13	1050m:	10:34.46	30.46	1450m:	14:38.55	30.78
	300m:	2:59.82	30.42	700m:	7:01.44	30.27	1100m:	11:04.91	30.45	1500m:	15:08.14	29.59
	350m:	3:30.28	30.46	750m:	7:31.75	30.31	1150m:	11:35.25	30.34			
	400m:	4:00.49	30.21	800m:	8:02.27	30.52	1200m:	12:05.55	30.30			
3.	CARVALHO Jose Paula			98	Benfica			15:11.85	+0,76	804		
	50m:	28.03	28.03	450m:	4:31.03	30.19	850m:	8:33.78	30.49	1250m:	12:37.86	30.34
	100m:	58.38	30.35	500m:	5:01.55	30.52	900m:	9:04.31	30.53	1300m:	13:08.93	31.07
	150m:	1:28.98	30.60	550m:	5:31.44	29.89	950m:	9:34.95	30.64	1350m:	13:40.29	31.36
	200m:	1:59.46	30.48	600m:	6:01.75	30.31	1000m:	10:05.61	30.66	1400m:	14:11.49	31.20
	250m:	2:29.91	30.45	650m:	6:32.13	30.38	1050m:	10:36.24	30.63	1450m:	14:42.39	30.90
	300m:	3:00.28	30.37	700m:	7:02.35	30.22	1100m:	11:06.66	30.42	1500m:	15:11.85	29.46
	350m:	3:30.58	30.30	750m:	7:32.84	30.49	1150m:	11:37.22	30.56			
	400m:	4:00.84	30.26	800m:	8:03.29	30.45	1200m:	12:07.52	30.30			
4.	GIL Rafael Lourenco			96	Sporting			15:14.16	+0,74	798		
	50m:	28.17	28.17	450m:	4:30.68	30.42	850m:	8:33.90	30.54	1250m:	12:39.99	30.96
	100m:	58.55	30.38	500m:	5:00.93	30.25	900m:	9:04.28	30.38	1300m:	13:11.17	31.18
	150m:	1:29.01	30.46	550m:	5:31.33	30.40	950m:	9:34.91	30.63	1350m:	13:42.03	30.86
	200m:	1:59.40	30.39	600m:	6:01.66	30.33	1000m:	10:05.51	30.60	1400m:	14:13.13	31.10
	250m:	2:29.43	30.03	650m:	6:32.05	30.39	1050m:	10:36.34	30.83	1450m:	14:45.98	32.85
	300m:	2:59.72	30.29	700m:	7:02.40	30.35	1100m:	11:07.15	30.81	1500m:	15:14.16	28.18
	350m:	3:30.03	30.31	750m:	7:32.77	30.37	1150m:	11:37.95	30.80			
	400m:	4:00.26	30.23	800m:	8:03.36	30.59	1200m:	12:09.03	31.08			
5.	VITAL Joao Alexandre			98	Sporting			15:16.74	+0,70	791		
	50m:	27.46	27.46	450m:	4:30.26	30.33	850m:	8:33.22	31.10	1250m:	12:43.68	31.04
	100m:	57.56	30.10	500m:	5:00.48	30.22	900m:	9:04.54	31.32	1300m:	13:15.14	31.46
	150m:	1:28.03	30.47	550m:	5:29.67	29.19	950m:	9:35.96	31.42	1350m:	13:46.77	31.63
	200m:	1:58.53	30.50	600m:	5:59.41	29.74	1000m:	10:07.19	31.23	1400m:	14:17.65	30.88
	250m:	2:28.86	30.33	650m:	6:29.98	30.57	1050m:	10:38.61	31.42	1450m:	14:48.19	30.54
	300m:	2:59.17	30.31	700m:	7:00.62	30.64	1100m:	11:10.12	31.51	1500m:	15:16.74	28.55
	350m:	3:29.57	30.40	750m:	7:31.21	30.59	1150m:	11:41.39	31.27			
	400m:	3:59.93	30.36	800m:	8:02.12	30.91	1200m:	12:12.64	31.25			
6.	SANTO Filipe Miguel			00	Benfica			15:17.32	+0,83	790		
	50m:	28.17	28.17	450m:	4:33.36	30.01	850m:	8:33.22	30.12	1250m:	12:37.44	31.55
	100m:	58.92	30.75	500m:	5:03.44	30.08	900m:	9:03.16	29.94	1300m:	13:09.05	31.61
	150m:	1:29.85	30.93	550m:	5:33.52	30.08	950m:	9:33.33	30.17	1350m:	13:40.95	31.90
	200m:	2:00.86	31.01	600m:	6:03.65	30.13	1000m:	10:03.58	30.25	1400m:	14:13.37	32.42
	250m:	2:31.40	30.54	650m:	6:33.49	29.84	1050m:	10:33.95	30.37	1450m:	14:45.70	32.33
	300m:	3:02.07	30.67	700m:	7:03.22	29.73	1100m:	11:04.13	30.18	1500m:	15:17.32	31.62
	350m:	3:32.85	30.78	750m:	7:33.23	30.01	1150m:	11:34.80	30.67			
	400m:	4:03.35	30.50	800m:	8:03.10	29.87	1200m:	12:05.89	31.09			

Prova 44, Masc., 1500m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	NUNES Diogo Barbosa	00	Porto	16:06.20	+0,75	676
	50m: 28.76 28.76	450m: 4:37.36	30.79	850m: 8:53.64	32.66	1250m: 13:20.77 33.36
	100m: 1:00.26 31.50	500m: 5:08.62	31.26	900m: 9:26.87	33.23	1300m: 13:54.44 33.67
	150m: 1:31.50 31.24	550m: 5:40.10	31.48	950m: 10:00.18	33.31	1350m: 14:28.02 33.58
	200m: 2:02.55 31.05	600m: 6:11.74	31.64	1000m: 10:33.51	33.33	1400m: 15:01.01 32.99
	250m: 2:33.34 30.79	650m: 6:43.55	31.81	1050m: 11:06.71	33.20	1450m: 15:34.12 33.11
	300m: 3:04.20 30.86	700m: 7:15.89	32.34	1100m: 11:40.35	33.64	1500m: 16:06.20 32.08
	350m: 3:35.23 31.03	750m: 7:48.29	32.40	1150m: 12:14.06	33.71	
	400m: 4:06.57 31.34	800m: 8:20.98	32.69	1200m: 12:47.41	33.35	
8.	GOMES Sebastiao Mendes	00	Pimpoes/Cimai	16:23.24	+0,79	641
	50m: 29.18 29.18	450m: 4:47.00	33.41	850m: 9:10.43	33.38	1250m: 13:38.91 33.58
	100m: 1:00.74 31.56	500m: 5:19.63	32.63	900m: 9:43.75	33.32	1300m: 14:12.58 33.67
	150m: 1:32.60 31.86	550m: 5:52.29	32.66	950m: 10:17.53	33.78	1350m: 14:46.17 33.59
	200m: 2:04.37 31.77	600m: 6:25.03	32.74	1000m: 10:51.03	33.50	1400m: 15:19.56 33.39
	250m: 2:36.34 31.97	650m: 6:58.03	33.00	1050m: 11:24.54	33.51	1450m: 15:51.74 32.18
	300m: 3:08.95 32.61	700m: 7:30.65	32.62	1100m: 11:58.24	33.70	1500m: 16:23.24 31.50
	350m: 3:41.13 32.18	750m: 8:03.85	33.20	1150m: 12:31.67	33.43	
	400m: 4:13.59 32.46	800m: 8:37.05	33.20	1200m: 13:05.33	33.66	
9.	FARIA Rui Pedro	94	Famalicao	16:27.27	+0,88	633
	50m: 28.86 28.86	450m: 4:46.07	32.86	850m: 9:10.79	33.31	1250m: 13:39.62 33.62
	100m: 1:00.08 31.22	500m: 5:19.00	32.93	900m: 9:44.14	33.35	1300m: 14:13.29 33.67
	150m: 1:31.78 31.70	550m: 5:52.13	33.13	950m: 10:17.64	33.50	1350m: 14:47.01 33.72
	200m: 2:03.55 31.77	600m: 6:25.13	33.00	1000m: 10:51.27	33.63	1400m: 15:20.72 33.71
	250m: 2:35.44 31.89	650m: 6:58.20	33.07	1050m: 11:24.75	33.48	1450m: 15:54.31 33.59
	300m: 3:07.94 32.50	700m: 7:31.30	33.10	1100m: 11:58.35	33.60	1500m: 16:27.27 32.96
	350m: 3:40.36 32.42	750m: 8:04.24	32.94	1150m: 12:32.12	33.77	
	400m: 4:13.21 32.85	800m: 8:37.48	33.24	1200m: 13:06.00	33.88	

Juniores

1.	CARDOSO Diogo Santos	01	Colegio Monte Maior	15:27.16	+0,76	765
	50m: 28.82 28.82	450m: 4:39.50	31.52	850m: 8:48.78	31.02	1250m: 12:55.74 30.95
	100m: 59.74 30.92	500m: 5:10.67	31.17	900m: 9:19.68	30.90	1300m: 13:26.68 30.94
	150m: 1:31.06 31.32	550m: 5:42.00	31.33	950m: 9:50.53	30.85	1350m: 13:57.75 31.07
	200m: 2:02.48 31.42	600m: 6:13.42	31.42	1000m: 10:21.57	31.04	1400m: 14:28.50 30.75
	250m: 2:33.71 31.23	650m: 6:44.46	31.04	1050m: 10:52.30	30.73	1450m: 14:58.70 30.20
	300m: 3:05.17 31.46	700m: 7:15.57	31.11	1100m: 11:23.11	30.81	1500m: 15:27.16 28.46
	350m: 3:36.50 31.33	750m: 7:46.68	31.11	1150m: 11:54.03	30.92	
	400m: 4:07.98 31.48	800m: 8:17.76	31.08	1200m: 12:24.79	30.76	
2.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	15:40.07	+0,82	734
	50m: 29.01 29.01	450m: 4:35.21	30.84	850m: 8:46.78	31.75	1250m: 13:01.81 31.76
	100m: 59.86 30.85	500m: 5:06.24	31.03	900m: 9:18.53	31.75	1300m: 13:34.30 32.49
	150m: 1:30.64 30.78	550m: 5:37.36	31.12	950m: 9:50.27	31.74	1350m: 14:06.51 32.21
	200m: 2:01.45 30.81	600m: 6:08.88	31.52	1000m: 10:22.11	31.84	1400m: 14:38.76 32.25
	250m: 2:32.23 30.78	650m: 6:40.32	31.44	1050m: 10:53.95	31.84	1450m: 15:10.12 31.36
	300m: 3:02.93 30.70	700m: 7:11.79	31.47	1100m: 11:25.62	31.67	1500m: 15:40.07 29.95
	350m: 3:33.66 30.73	750m: 7:43.35	31.56	1150m: 11:58.00	32.38	
	400m: 4:04.37 30.71	800m: 8:15.03	31.68	1200m: 12:30.05	32.05	

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
3.	SANTOS Pedro Miguel	01	Porto	15:40.30	+0,71	733
	50m: 28.80 28.80	450m: 4:36.04	30.76	850m: 8:46.41	31.49	1250m: 13:02.76 32.25
	100m: 1:00.22 31.42	500m: 5:06.80	30.76	900m: 9:18.13	31.72	1300m: 13:35.27 32.51
	150m: 1:31.05 30.83	550m: 5:37.71	30.91	950m: 9:50.26	32.13	1350m: 14:07.60 32.33
	200m: 2:01.97 30.92	600m: 6:08.94	31.23	1000m: 10:22.40	32.14	1400m: 14:39.71 32.11
	250m: 2:32.82 30.85	650m: 6:40.24	31.30	1050m: 10:54.22	31.82	1450m: 15:10.88 31.17
	300m: 3:03.48 30.66	700m: 7:11.47	31.23	1100m: 11:26.20	31.98	1500m: 15:40.30 29.42
	350m: 3:34.45 30.97	750m: 7:43.17	31.70	1150m: 11:58.41	32.21	
	400m: 4:05.28 30.83	800m: 8:14.92	31.75	1200m: 12:30.51	32.10	
4.	JORGE Duarte Miguel	01	Galitos / Bresimar	15:50.47	+0,85	710
	50m: 28.79 28.79	450m: 4:37.25	31.12	850m: 8:50.19	31.68	1250m: 13:09.02 33.12
	100m: 1:00.08 31.29	500m: 5:08.48	31.23	900m: 9:21.95	31.76	1300m: 13:41.47 32.45
	150m: 1:31.24 31.16	550m: 5:40.00	31.52	950m: 9:53.97	32.02	1350m: 14:14.20 32.73
	200m: 2:02.28 31.04	600m: 6:11.77	31.77	1000m: 10:26.03	32.06	1400m: 14:47.57 33.37
	250m: 2:33.41 31.13	650m: 6:43.08	31.31	1050m: 10:58.43	32.40	1450m: 15:20.83 33.26
	300m: 3:04.31 30.90	700m: 7:14.90	31.82	1100m: 11:30.81	32.38	1500m: 15:50.47 29.64
	350m: 3:35.27 30.96	750m: 7:46.96	32.06	1150m: 12:03.12	32.31	
	400m: 4:06.13 30.86	800m: 8:18.51	31.55	1200m: 12:35.90	32.78	
5.	FROTA Paulo Andre	02	Condeixa Clube	16:22.39	+0,69	643
	50m: 29.70 29.70	450m: 4:48.61	32.78	850m: 9:08.16	33.12	1250m: 13:36.66 33.18
	100m: 1:01.24 31.54	500m: 5:21.38	32.77	900m: 9:41.94	33.78	1300m: 14:10.12 33.46
	150m: 1:33.25 32.01	550m: 5:54.08	32.70	950m: 10:15.62	33.68	1350m: 14:43.46 33.34
	200m: 2:05.65 32.40	600m: 6:25.63	31.55	1000m: 10:49.40	33.78	1400m: 15:16.89 33.43
	250m: 2:38.02 32.37	650m: 6:57.68	32.05	1050m: 11:23.18	33.78	1450m: 15:50.06 33.17
	300m: 3:10.35 32.33	700m: 7:29.84	32.16	1100m: 11:56.92	33.74	1500m: 16:22.39 32.33
	350m: 3:42.98 32.63	750m: 8:02.23	32.39	1150m: 12:30.52	33.60	
	400m: 4:15.83 32.85	800m: 8:35.04	32.81	1200m: 13:03.48	32.96	
6.	PEREIRA Jose Maria	01	Sporting	16:22.61	+0,74	642
	50m: 28.94 28.94	450m: 4:48.64	32.72	850m: 9:11.18	32.96	1250m: 13:37.40 33.37
	100m: 1:00.43 31.49	500m: 5:21.17	32.53	900m: 9:44.24	33.06	1300m: 14:11.29 33.89
	150m: 1:32.58 32.15	550m: 5:53.87	32.70	950m: 10:17.56	33.32	1350m: 14:44.71 33.42
	200m: 2:05.04 32.46	600m: 6:26.75	32.88	1000m: 10:50.64	33.08	1400m: 15:18.28 33.57
	250m: 2:37.69 32.65	650m: 6:59.53	32.78	1050m: 11:24.12	33.48	1450m: 15:51.01 32.73
	300m: 3:10.20 32.51	700m: 7:32.24	32.71	1100m: 11:57.44	33.32	1500m: 16:22.61 31.60
	350m: 3:43.11 32.91	750m: 8:05.08	32.84	1150m: 12:30.69	33.25	
	400m: 4:15.92 32.81	800m: 8:38.22	33.14	1200m: 13:04.03	33.34	
7.	RIBEIRO Luis Manuel	02	Porto	16:34.61	+0,73	619
	50m: 30.46 30.46	450m: 4:56.08	32.94	850m: 9:22.67	32.91	1250m: 13:50.40 33.34
	100m: 1:03.88 33.42	500m: 5:29.30	33.22	900m: 9:56.34	33.67	1300m: 14:23.86 33.46
	150m: 1:36.76 32.88	550m: 6:02.61	33.31	950m: 10:29.54	33.20	1350m: 14:57.10 33.24
	200m: 2:09.86 33.10	600m: 6:35.88	33.27	1000m: 11:03.05	33.51	1400m: 15:30.34 33.24
	250m: 2:43.03 33.17	650m: 7:09.32	33.44	1050m: 11:36.48	33.43	1450m: 16:02.51 32.17
	300m: 3:16.39 33.36	700m: 7:42.82	33.50	1100m: 12:10.03	33.55	1500m: 16:34.61 32.10
	350m: 3:49.67 33.28	750m: 8:16.28	33.46	1150m: 12:43.32	33.29	
	400m: 4:23.14 33.47	800m: 8:49.76	33.48	1200m: 13:17.06	33.74	

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome			Ano	Clube			Tempo Final	TReac	FINA		
8.	TRAVASSOS Rodrigo Alexandre			02	Condeixa Clube			16:40.43	+0,75	609		
	50m:	29.20	29.20	450m:	4:48.03	32.60	850m:	9:14.29	33.51	1250m:	13:47.16	35.16
	100m:	1:01.07	31.87	500m:	5:20.89	32.86	900m:	9:47.75	33.46	1300m:	14:22.04	34.88
	150m:	1:33.11	32.04	550m:	5:53.83	32.94	950m:	10:20.94	33.19	1350m:	14:56.95	34.91
	200m:	2:05.91	32.80	600m:	6:26.72	32.89	1000m:	10:54.28	33.34	1400m:	15:31.91	34.96
	250m:	2:37.90	31.99	650m:	6:59.94	33.22	1050m:	11:28.40	34.12	1450m:	16:06.65	34.74
	300m:	3:10.20	32.30	700m:	7:33.45	33.51	1100m:	12:02.36	33.96	1500m:	16:40.43	33.78
	350m:	3:42.77	32.57	750m:	8:07.05	33.60	1150m:	12:37.12	34.76			
	400m:	4:15.43	32.66	800m:	8:40.78	33.73	1200m:	13:12.00	34.88			
9.	DOMINGUES Ricardo Jorge			02	Fundacao Beatriz Santos			16:41.24	+0,66	607		
	50m:	27.53	27.53	450m:	4:48.50	32.89	850m:	9:15.84	34.40	1250m:	13:51.44	34.34
	100m:	59.36	31.83	500m:	5:21.47	32.97	900m:	9:50.60	34.76	1300m:	14:25.62	34.18
	150m:	1:32.00	32.64	550m:	5:53.51	32.04	950m:	10:25.28	34.68	1350m:	14:59.99	34.37
	200m:	2:05.00	33.00	600m:	6:26.80	33.29	1000m:	11:00.04	34.76	1400m:	15:34.51	34.52
	250m:	2:37.53	32.53	650m:	6:59.87	33.07	1050m:	11:34.38	34.34	1450m:	16:08.95	34.44
	300m:	3:09.85	32.32	700m:	7:33.21	33.34	1100m:	12:08.71	34.33	1500m:	16:41.24	32.29
	350m:	3:42.56	32.71	750m:	8:07.04	33.83	1150m:	12:42.62	33.91			
	400m:	4:15.61	33.05	800m:	8:41.44	34.40	1200m:	13:17.10	34.48			
10.	VIEGAS Hugo Miguel			02	Natacao Olhao			16:41.43	+0,75	607		
	50m:	29.63	29.63	450m:	4:53.24	32.79	850m:	9:21.85	33.40	1250m:	13:54.93	51.14
	100m:	1:01.31	31.68	500m:	5:26.73	33.49	900m:	9:55.83	33.98	1300m:	14:29.30	34.37
	150m:	1:33.95	32.64	550m:	6:00.60	33.87	950m:	10:29.94	34.11	1350m:	15:03.36	34.06
	200m:	2:06.85	32.90	600m:	6:33.75	33.15	1000m:	11:03.89	33.95	1400m:	15:24.79	21.43
	250m:	2:39.76	32.91	650m:	7:07.36	33.61	1050m:	11:37.92	34.03	1450m:	16:11.48	46.69
	300m:	3:12.91	33.15	700m:	7:41.20	33.84	1100m:	12:12.18	34.26	1500m:	16:41.43	29.95
	350m:	3:46.37	33.46	750m:	8:14.93	33.73	1150m:	12:39.93	27.75			
	400m:	4:20.45	34.08	800m:	8:48.45	33.52	1200m:	13:03.79	23.86			
11.	CARVALHO Daniel Luis			02	Braga			16:42.58	+0,82	605		
	50m:	29.17	29.17	450m:	4:50.48	33.05	850m:	9:21.86	34.57	1250m:	13:54.88	34.14
	100m:	1:01.10	31.93	500m:	5:24.03	33.55	900m:	9:56.08	34.22	1300m:	14:29.11	34.23
	150m:	1:33.55	32.45	550m:	5:57.48	33.45	950m:	10:30.38	34.30	1350m:	15:02.92	33.81
	200m:	2:06.18	32.63	600m:	6:31.18	33.70	1000m:	11:04.08	33.70	1400m:	15:37.11	34.19
	250m:	2:38.77	32.59	650m:	7:05.29	34.11	1050m:	11:38.20	34.12	1450m:	16:11.06	33.95
	300m:	3:11.46	32.69	700m:	7:39.22	33.93	1100m:	12:12.30	34.10	1500m:	16:42.58	31.52
	350m:	3:44.32	32.86	750m:	8:13.44	34.22	1150m:	12:46.53	34.23			
	400m:	4:17.43	33.11	800m:	8:47.29	33.85	1200m:	13:20.74	34.21			
12.	DOMINGOS Ruy Manuel			02	Sporting			16:49.32	+0,77	593		
	50m:	29.10	29.10	450m:	4:53.25	33.69	850m:	9:24.73	34.08	1250m:	13:59.33	34.30
	100m:	1:00.93	31.83	500m:	5:27.03	33.78	900m:	9:59.01	34.28	1300m:	14:33.67	34.34
	150m:	1:33.39	32.46	550m:	6:00.90	33.87	950m:	10:33.21	34.20	1350m:	15:08.07	34.40
	200m:	2:06.15	32.76	600m:	6:34.81	33.91	1000m:	11:07.69	34.48	1400m:	15:42.31	34.24
	250m:	2:39.22	33.07	650m:	7:08.71	33.90	1050m:	11:41.88	34.19	1450m:	16:16.46	34.15
	300m:	3:12.61	33.39	700m:	7:42.38	33.67	1100m:	12:16.14	34.26	1500m:	16:49.32	32.86
	350m:	3:46.10	33.49	750m:	8:16.65	34.27	1150m:	12:50.72	34.58			
	400m:	4:19.56	33.46	800m:	8:50.65	34.00	1200m:	13:25.03	34.31			

Prova 44, Masc., 1500m Livres, Juniores

Lugar	Nome			Ano	Clube		Tempo Final		TReac	FINA		
13.	SALGADO Goncalo Sampaio			02	Famalicao		16:59.26		+0,80	576		
	50m:	29.05	29.05	450m:	4:55.89	33.67	850m:	9:28.80	33.89	1250m:	14:06.72	35.04
	100m:	1:01.13	32.08	500m:	5:29.50	33.61	900m:	10:03.18	34.38	1300m:	14:41.85	35.13
	150m:	1:34.38	33.25	550m:	6:03.58	34.08	950m:	10:37.93	34.75	1350m:	15:16.91	35.06
	200m:	2:08.26	33.88	600m:	6:37.71	34.13	1000m:	11:12.58	34.65	1400m:	15:51.84	34.93
	250m:	2:41.73	33.47	650m:	7:11.96	34.25	1050m:	11:47.31	34.73	1450m:	16:26.20	34.36
	300m:	3:15.18	33.45	700m:	7:46.19	34.23	1100m:	12:22.08	34.77	1500m:	16:59.26	33.06
	350m:	3:48.77	33.59	750m:	8:20.67	34.48	1150m:	12:56.90	34.82			
	400m:	4:22.22	33.45	800m:	8:54.91	34.24	1200m:	13:31.68	34.78			
14.	RODRIGUES Pedro Reis			02	Sao Roque		17:04.33		+0,78	567		
	50m:	28.54	28.54	450m:	4:56.12	35.02	850m:	9:35.63	34.85	1250m:	14:14.62	34.71
	100m:	1:00.08	31.54	500m:	5:31.27	35.15	900m:	10:10.61	34.98	1300m:	14:48.96	34.34
	150m:	1:32.32	32.24	550m:	6:05.90	34.63	950m:	10:45.51	34.90	1350m:	15:23.82	34.86
	200m:	2:05.26	32.94	600m:	6:40.99	35.09	1000m:	11:20.55	35.04	1400m:	15:58.49	34.67
	250m:	2:38.67	33.41	650m:	7:15.83	34.84	1050m:	11:55.58	35.03	1450m:	16:32.26	33.77
	300m:	3:12.53	33.86	700m:	7:50.90	35.07	1100m:	12:30.19	34.61	1500m:	17:04.33	32.07
	350m:	3:46.74	34.21	750m:	8:25.85	34.95	1150m:	13:05.16	34.97			
	400m:	4:21.10	34.36	800m:	9:00.78	34.93	1200m:	13:39.91	34.75			
15.	MONTEIRO Tomas Penha			02	Alges		17:16.90		+0,72	547		
	50m:	29.33	29.33	450m:	4:54.61	33.65	850m:	9:27.81	34.58	1250m:	14:14.93	36.71
	100m:	1:01.73	32.40	500m:	5:28.50	33.89	900m:	10:02.41	34.60	1300m:	14:51.46	36.53
	150m:	1:34.40	32.67	550m:	6:02.28	33.78	950m:	10:37.35	34.94	1350m:	15:27.91	36.45
	200m:	2:07.31	32.91	600m:	6:36.13	33.85	1000m:	11:13.15	35.80	1400m:	16:04.46	36.55
	250m:	2:40.48	33.17	650m:	7:10.53	34.40	1050m:	11:48.89	35.74	1450m:	16:40.65	36.19
	300m:	3:13.77	33.29	700m:	7:44.47	33.94	1100m:	12:24.82	35.93	1500m:	17:16.90	36.25
	350m:	3:47.27	33.50	750m:	8:18.68	34.21	1150m:	13:01.21	36.39			
	400m:	4:20.96	33.69	800m:	8:53.23	34.55	1200m:	13:38.22	37.01			
16.	LOURENCO Tomas Galvao			02	Natacao Olhao		17:19.00		+0,84	543		
	50m:	30.73	30.73	450m:	4:59.96	34.31	850m:	9:38.73	35.07	1250m:	14:23.56	35.84
	100m:	1:04.13	33.40	500m:	5:34.21	34.25	900m:	10:14.25	35.52	1300m:	14:58.65	35.09
	150m:	1:37.52	33.39	550m:	6:08.50	34.29	950m:	10:49.90	35.65	1350m:	15:34.03	35.38
	200m:	2:10.95	33.43	600m:	6:42.85	34.35	1000m:	11:25.02	35.12	1400m:	16:09.54	35.51
	250m:	2:44.14	33.19	650m:	7:17.98	35.13	1050m:	12:00.49	35.47	1450m:	16:45.17	35.63
	300m:	3:17.69	33.55	700m:	7:52.98	35.00	1100m:	12:36.18	35.69	1500m:	17:19.00	33.83
	350m:	3:51.67	33.98	750m:	8:28.31	35.33	1150m:	13:11.82	35.64			
	400m:	4:25.65	33.98	800m:	9:03.66	35.35	1200m:	13:47.72	35.90			
17.	MARQUES Rui Joao			02	Nautico Academico		17:33.57		+0,74	521		
	50m:	30.59	30.59	450m:	4:58.62	34.64	850m:	9:42.18	35.81	1250m:	14:31.95	36.16
	100m:	1:03.88	33.29	500m:	5:33.06	34.44	900m:	10:19.19	37.01	1300m:	15:08.71	36.76
	150m:	1:36.15	32.27	550m:	6:08.06	35.00	950m:	10:55.31	36.12	1350m:	15:45.61	36.90
	200m:	2:09.56	33.41	600m:	6:43.09	35.03	1000m:	11:31.51	36.20	1400m:	16:22.07	36.46
	250m:	2:42.80	33.24	650m:	7:18.51	35.42	1050m:	12:07.47	35.96	1450m:	16:58.19	36.12
	300m:	3:16.39	33.59	700m:	7:54.64	36.13	1100m:	12:43.83	36.36	1500m:	17:33.57	35.38
	350m:	3:50.09	33.70	750m:	8:30.29	35.65	1150m:	13:20.19	36.36			
	400m:	4:23.98	33.89	800m:	9:06.37	36.08	1200m:	13:55.79	35.60			
DNS	AMARAL Francisco Rodriguez			02	Campinho							

Prova 33	Femin., 800m Livres					Absolutos
23-12-2018 - 16:15						Resultados
RN25 Absoluto	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)		03-08-2017
RN25 Sen	8:24.09	DURAES Diana Margarida	POR	Moscow (RUS)		03-08-2017
RN25 Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto		13-12-2015
RN25 Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto		21-12-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Seniores

1. DURAES Diana Margarida 96 Benfica **8:23.23** +0,74 864

Rec Nacional, Minimos CEuropa PC, Abs e Sen

50m:	29.61	29.61	250m:	2:35.96	31.44	450m:	4:42.29	31.59	650m:	6:49.33	31.99
100m:	1:01.14	31.53	300m:	3:07.44	31.48	500m:	5:13.95	31.66	700m:	7:21.26	31.93
150m:	1:32.89	31.75	350m:	3:39.01	31.57	550m:	5:45.64	31.69	750m:	7:52.75	31.49
200m:	2:04.52	31.63	400m:	4:10.70	31.69	600m:	6:17.34	31.70	800m:	8:23.23	30.48

2. HOLUB Tamila Hryhorivna 99 Braga **8:33.43** +0,78 813

Minimos CEuropa PC

50m:	29.74	29.74	250m:	2:37.26	32.09	450m:	4:46.28	32.25	650m:	6:56.04	32.42
100m:	1:01.34	31.60	300m:	3:09.47	32.21	500m:	5:18.65	32.37	700m:	7:28.85	32.81
150m:	1:33.26	31.92	350m:	3:41.67	32.20	550m:	5:51.00	32.35	750m:	8:01.74	32.89
200m:	2:05.17	31.91	400m:	4:14.03	32.36	600m:	6:23.62	32.62	800m:	8:33.43	31.69

3. ANDRE Angelica Maria 94 Fluvial Portuense **8:44.55** +0,73 763

50m:	29.90	29.90	250m:	2:39.80	33.23	450m:	4:53.00	33.36	650m:	7:05.90	33.07
100m:	1:01.37	31.47	300m:	3:12.94	33.14	500m:	5:26.60	33.60	700m:	7:38.96	33.06
150m:	1:33.69	32.32	350m:	3:46.25	33.31	550m:	5:59.73	33.13	750m:	8:11.72	32.76
200m:	2:06.57	32.88	400m:	4:19.64	33.39	600m:	6:32.83	33.10	800m:	8:44.55	32.83

4. ALVES Sara Sofia 01 Columbofila Cantanhedense **9:05.73** +0,77 677

50m:	31.51	31.51	250m:	2:46.19	34.10	450m:	5:03.51	34.61	650m:	7:23.02	34.89
100m:	1:04.72	33.21	300m:	3:19.98	33.79	500m:	5:38.43	34.92	700m:	7:57.74	34.72
150m:	1:38.15	33.43	350m:	3:54.33	34.35	550m:	6:13.30	34.87	750m:	8:32.83	35.09
200m:	2:12.09	33.94	400m:	4:28.90	34.57	600m:	6:48.13	34.83	800m:	9:05.73	32.90

5. RODRIGUES Filipa Serrano 01 Benfica **9:09.48** +0,76 663

50m:	30.87	30.87	250m:	2:45.93	34.08	450m:	5:03.58	34.52	650m:	7:24.05	35.27
100m:	1:04.27	33.40	300m:	3:20.42	34.49	500m:	5:38.33	34.75	700m:	7:59.66	35.61
150m:	1:38.06	33.79	350m:	3:54.68	34.26	550m:	6:13.53	35.20	750m:	8:35.14	35.48
200m:	2:11.85	33.79	400m:	4:29.06	34.38	600m:	6:48.78	35.25	800m:	9:09.48	34.34

6. AMADOR Joana Costa 01 Galitos / Bresimar **9:12.19** +0,72 654

50m:	31.28	31.28	250m:	2:47.73	34.44	450m:	5:06.51	34.89	650m:	7:26.19	35.26
100m:	1:05.03	33.75	300m:	3:22.35	34.62	500m:	5:41.28	34.77	700m:	8:01.55	35.36
150m:	1:39.09	34.06	350m:	3:56.88	34.53	550m:	6:16.19	34.91	750m:	8:37.30	35.75
200m:	2:13.29	34.20	400m:	4:31.62	34.74	600m:	6:50.93	34.74	800m:	9:12.19	34.89

7. CARVALHO Eva Guerreiro 99 Benfica **9:33.48** +0,76 583

50m:	32.88	32.88	250m:	2:55.81	35.80	450m:	5:19.85	35.72	650m:	7:46.30	36.86
100m:	1:07.90	35.02	300m:	3:31.42	35.61	500m:	5:56.32	36.47	700m:	8:22.68	36.38
150m:	1:43.87	35.97	350m:	4:07.77	36.35	550m:	6:32.86	36.54	750m:	8:58.78	36.10
200m:	2:20.01	36.14	400m:	4:44.13	36.36	600m:	7:09.44	36.58	800m:	9:33.48	34.70

DNS CHEROUATI Souad Nefissa 89 Benfica

ORGANIZAÇÃO



PARCEIROS INSTITUCIONAIS



FORNECEDOR OFICIAL



PARCEIROS



Prova 33, Femin., 800m Livres

Juniores

1. FRAZAO Alexandra Couto	02	Condeixa Clube	8:45.84	+0,79	757
50m: 30.84 30.84	250m: 2:42.06 32.92	450m: 4:53.75 32.82	650m: 7:05.66 33.16		
100m: 1:03.25 32.41	300m: 3:15.11 33.05	500m: 5:26.52 32.77	700m: 7:39.34 33.68		
150m: 1:36.17 32.92	350m: 3:47.86 32.75	550m: 5:59.57 33.05	750m: 8:13.05 33.71		
200m: 2:09.14 32.97	400m: 4:20.93 33.07	600m: 6:32.50 32.93	800m: 8:45.84 32.79		
2. MENDES Mariana Amaral	02	Colegio Monte Maior	8:49.31	+0,79	742
50m: 31.47 31.47	250m: 2:44.08 33.21	450m: 4:57.40 33.33	650m: 7:10.64 33.40		
100m: 1:04.50 33.03	300m: 3:17.43 33.35	500m: 5:30.64 33.24	700m: 7:44.09 33.45		
150m: 1:37.51 33.01	350m: 3:50.76 33.33	550m: 6:03.91 33.27	750m: 8:17.28 33.19		
200m: 2:10.87 33.36	400m: 4:24.07 33.31	600m: 6:37.24 33.33	800m: 8:49.31 32.03		
3. QUEIROZ Ana Rita	02	Condeixa Clube	8:53.56	+0,74	725
50m: 30.71 30.71	250m: 2:45.72 34.41	450m: 5:01.15 33.27	650m: 7:14.39 33.35		
100m: 1:03.75 33.04	300m: 3:20.26 34.54	500m: 5:34.78 33.63	700m: 7:47.81 33.42		
150m: 1:37.20 33.45	350m: 3:54.03 33.77	550m: 6:07.89 33.11	750m: 8:20.90 33.09		
200m: 2:11.31 34.11	400m: 4:27.88 33.85	600m: 6:41.04 33.15	800m: 8:53.56 32.66		
4. SOUSA Ana Reis	02	Alges	9:01.26	+0,75	694
50m: 30.32 30.32	250m: 2:45.61 34.71	450m: 5:01.27 33.71	650m: 7:19.93 35.22		
100m: 1:03.04 32.72	300m: 3:19.96 34.35	500m: 5:35.65 34.38	700m: 7:53.82 33.89		
150m: 1:36.56 33.52	350m: 3:53.80 33.84	550m: 6:10.37 34.72	750m: 8:27.55 33.73		
200m: 2:10.90 34.34	400m: 4:27.56 33.76	600m: 6:44.71 34.34	800m: 9:01.26 33.71		
5. PINA Ana Sofia	02	O Crasto	9:05.35	+0,79	679
50m: 31.20 31.20	250m: 2:46.72 33.94	450m: 5:05.65 34.89	650m: 7:24.67 34.60		
100m: 1:04.86 33.66	300m: 3:21.11 34.39	500m: 5:40.44 34.79	700m: 7:58.93 34.26		
150m: 1:38.73 33.87	350m: 3:55.84 34.73	550m: 6:15.05 34.61	750m: 8:33.18 34.25		
200m: 2:12.78 34.05	400m: 4:30.76 34.92	600m: 6:50.07 35.02	800m: 9:05.35 32.17		
6. RAMOS Ana Rita	02	Porto	9:05.46	+0,80	678
50m: 31.40 31.40	250m: 2:47.05 34.29	450m: 5:04.58 34.54	650m: 7:22.62 34.58		
100m: 1:05.05 33.65	300m: 3:21.21 34.16	500m: 5:38.91 34.33	700m: 7:57.33 34.71		
150m: 1:38.83 33.78	350m: 3:55.47 34.26	550m: 6:13.18 34.27	750m: 8:32.12 34.79		
200m: 2:12.76 33.93	400m: 4:30.04 34.57	600m: 6:48.04 34.86	800m: 9:05.46 33.34		
7. AMORIM Maria Leonor	03	Porto	9:09.84	+0,81	662
50m: 32.10 32.10	250m: 2:48.86 34.26	450m: 5:06.40 33.55	650m: 7:26.21 35.12		
100m: 1:06.39 34.29	300m: 3:23.62 34.76	500m: 5:40.97 34.57	700m: 8:01.21 35.00		
150m: 1:40.51 34.12	350m: 3:58.01 34.39	550m: 6:15.99 35.02	750m: 8:36.14 34.93		
200m: 2:14.60 34.09	400m: 4:32.85 34.84	600m: 6:51.09 35.10	800m: 9:09.84 33.70		
8. MARTINS Francisca Soares	03	Foca	9:16.31	+0,77	639
50m: 31.33 31.33	250m: 2:48.07 34.49	450m: 5:08.55 35.28	650m: 7:30.68 35.73		
100m: 1:05.19 33.86	300m: 3:22.94 34.87	500m: 5:43.99 35.44	700m: 8:06.54 35.86		
150m: 1:39.31 34.12	350m: 3:58.05 35.11	550m: 6:19.40 35.41	750m: 8:42.08 35.54		
200m: 2:13.58 34.27	400m: 4:33.27 35.22	600m: 6:54.95 35.55	800m: 9:16.31 34.23		
9. MARTINS Joana Ribeiro	03	Benfica	9:23.90	+0,80	614
50m: 32.00 32.00	250m: 2:52.64 34.98	450m: 5:15.14 35.70	650m: 7:38.88 35.79		
100m: 1:06.86 34.86	300m: 3:27.89 35.25	500m: 5:51.01 35.87	700m: 8:14.67 35.79		
150m: 1:42.20 35.34	350m: 4:03.66 35.77	550m: 6:27.10 36.09	750m: 8:50.29 35.62		
200m: 2:17.66 35.46	400m: 4:39.44 35.78	600m: 7:03.09 35.99	800m: 9:23.90 33.61		
10. CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	9:28.93	+0,82	598
50m: 31.87 31.87	250m: 2:52.56 35.89	450m: 5:17.19 36.66	650m: 7:43.42 36.47		
100m: 1:06.15 34.28	300m: 3:28.20 35.64	500m: 5:53.65 36.46	700m: 8:19.64 36.22		
150m: 1:41.20 35.05	350m: 4:04.23 36.03	550m: 6:30.18 36.53	750m: 8:55.54 35.90		
200m: 2:16.67 35.47	400m: 4:40.53 36.30	600m: 7:06.95 36.77	800m: 9:28.93 33.39		

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
11.	FOMINA Anna	02	Louletano / Loule Concelho	9:32.06	+0,77	588
	50m: 32.30 32.30	250m: 2:55.50 36.17	450m: 5:19.13 36.14	650m: 7:46.13 37.11		
	100m: 1:07.71 35.41	300m: 3:31.51 36.01	500m: 5:55.71 36.58	700m: 8:23.25 37.12		
	150m: 1:43.28 35.57	350m: 4:08.00 36.49	550m: 6:32.73 37.02	750m: 8:59.25 36.00		
	200m: 2:19.33 36.05	400m: 4:42.99 34.99	600m: 7:09.02 36.29	800m: 9:32.06 32.81		
12.	VARANDAS Joana Filipa	02	Laranjeiro	9:33.91	+0,84	582
	50m: 33.05 33.05	250m: 2:56.19 35.88	450m: 5:20.57 36.06	650m: 7:46.60 36.66		
	100m: 1:08.49 35.44	300m: 3:32.02 35.83	500m: 5:56.88 36.31	700m: 8:23.14 36.54		
	150m: 1:44.10 35.61	350m: 4:08.25 36.23	550m: 6:33.66 36.78	750m: 8:59.05 35.91		
	200m: 2:20.31 36.21	400m: 4:44.51 36.26	600m: 7:09.94 36.28	800m: 9:33.91 34.86		
13.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	9:37.10	+0,72	573
	50m: 32.50 32.50	250m: 2:55.15 36.06	450m: 5:20.24 36.13	650m: 7:48.07 37.08		
	100m: 1:07.44 34.94	300m: 3:31.35 36.20	500m: 5:56.94 36.70	700m: 8:24.78 36.71		
	150m: 1:43.29 35.85	350m: 4:07.85 36.50	550m: 6:33.95 37.01	750m: 9:01.60 36.82		
	200m: 2:19.09 35.80	400m: 4:44.11 36.26	600m: 7:10.99 37.04	800m: 9:37.10 35.50		
14.	AMANTES Beatriz Quintao	03	Uniao Piedense	9:37.15	+0,78	572
	50m: 32.40 32.40	250m: 2:56.95 36.31	450m: 5:21.49 36.27	650m: 7:49.50 37.76		
	100m: 1:08.10 35.70	300m: 3:33.09 36.14	500m: 5:57.69 36.20	700m: 8:26.30 36.80		
	150m: 1:44.17 36.07	350m: 4:09.20 36.11	550m: 6:35.06 37.37	750m: 9:02.93 36.63		
	200m: 2:20.64 36.47	400m: 4:45.22 36.02	600m: 7:11.74 36.68	800m: 9:37.15 34.22		
15.	SILVA Camila Alexandra	03	Columbofila Cantanhedense	9:37.97	+0,99	570
	50m: 32.88 32.88	250m: 2:55.10 35.74	450m: 5:19.82 36.86	650m: 7:47.98 37.40		
	100m: 1:08.18 35.30	300m: 3:30.97 35.87	500m: 5:56.04 36.22	700m: 8:25.60 37.62		
	150m: 1:43.61 35.43	350m: 4:06.52 35.55	550m: 6:33.61 37.57	750m: 9:02.46 36.86		
	200m: 2:19.36 35.75	400m: 4:42.96 36.44	600m: 7:10.58 36.97	800m: 9:37.97 35.51		
16.	PELAIO Maria Joao	03	Ginasio Figueirense	9:40.23	+0,81	563
	50m: 33.04 33.04	250m: 2:57.44 36.60	450m: 5:23.98 36.91	650m: 7:51.26 37.02		
	100m: 1:08.34 35.30	300m: 3:33.68 36.24	500m: 6:01.05 37.07	700m: 8:28.17 36.91		
	150m: 1:44.40 36.06	350m: 4:10.30 36.62	550m: 6:37.81 36.76	750m: 9:04.71 36.54		
	200m: 2:20.84 36.44	400m: 4:47.07 36.77	600m: 7:14.24 36.43	800m: 9:40.23 35.52		
17.	PIRES Filipa Almeida	03	Uniao Coimbra	9:41.78	+0,96	559
	50m: 32.68 32.68	250m: 2:57.71 36.78	450m: 5:25.02 37.00	650m: 7:52.61 36.92		
	100m: 1:08.32 35.64	300m: 3:34.25 36.54	500m: 6:01.79 36.77	700m: 8:29.96 37.35		
	150m: 1:44.63 36.31	350m: 4:11.24 36.99	550m: 6:38.87 37.08	750m: 9:06.90 36.94		
	200m: 2:20.93 36.30	400m: 4:48.02 36.78	600m: 7:15.69 36.82	800m: 9:41.78 34.88		
18.	SOUSA Ines Matos	03	Uniao Coimbra	9:46.91	+0,82	544
	50m: 32.93 32.93	250m: 2:58.40 36.82	450m: 5:26.02 37.12	650m: 7:55.58 37.45		
	100m: 1:08.54 35.61	300m: 3:35.12 36.72	500m: 6:03.03 37.01	700m: 8:33.01 37.43		
	150m: 1:44.96 36.42	350m: 4:11.85 36.73	550m: 6:40.63 37.60	750m: 9:10.35 37.34		
	200m: 2:21.58 36.62	400m: 4:48.90 37.05	600m: 7:18.13 37.50	800m: 9:46.91 36.56		
19.	LIMA Jessica Soares	02	Braga	9:52.00	+0,89	530
	50m: 32.55 32.55	250m: 2:56.89 36.47	450m: 5:26.22 37.54	650m: 7:58.64 38.31		
	100m: 1:07.92 35.37	300m: 3:34.05 37.16	500m: 6:04.04 37.82	700m: 8:37.03 38.39		
	150m: 1:44.10 36.18	350m: 4:11.25 37.20	550m: 6:42.09 38.05	750m: 9:14.89 37.86		
	200m: 2:20.42 36.32	400m: 4:48.68 37.43	600m: 7:20.33 38.24	800m: 9:52.00 37.11		

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome				Ano	Clube				Tempo Final		TReac	FINA
20.	BARBOSA Adriana Freixo				03	Viana Natacao				9:52.32		+0,89	529
	50m:	31.78	31.78	250m:	2:56.33	36.56	450m:	5:26.37	37.81	650m:	7:58.37	38.40	
	100m:	1:07.53	35.75	300m:	3:33.40	37.07	500m:	6:03.98	37.61	700m:	8:36.98	38.61	
	150m:	1:43.50	35.97	350m:	4:10.75	37.35	550m:	6:41.96	37.98	750m:	9:15.44	38.46	
	200m:	2:19.77	36.27	400m:	4:48.56	37.81	600m:	7:19.97	38.01	800m:	9:52.32	36.88	

Prova 34

Masc., 50m Bruços

Absolutos

23-12-2018 - 16:25

Resultados Final

RN25 Absoluto	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014
RN25 Sen	27.16	ALMEIDA Carlos Esteves	ESJB	Porto	21-12-2014
RN25 Jun18	28.55	CAPITAO Simao Miguel	CLAMAS	Senhora da Hora	24-05-2015
RN25 Jun17	28.56	AGOSTINHO Pedro Miguel	SLB	S. António Cavaleiros	03-05-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	FRISCHKNECHT Renato Barros	01	Alges	29.21	+0,58	645
2.	KLIER Afonso Miguel	01	Galitos / Bresimar	29.94	+0,63	599
3.	NUNES Francisco Costa	02	Salvaterra de Magos	30.03	+0,68	594
4.	SILVA Tomas Antonio	01	Naval do Funchal	30.13	+0,65	588
5.	CABRITO Rodrigo Almeida	01	Belenenses	30.15	+0,73	587
6.	DUARTE Pedro Domingues	01	Nautico Marinha Grande	30.18	+0,75	585
7.	BRITO Bernardo Geada	02	Uniao Piedense	30.89	+0,57	546
8.	MERUJE Joaquim Agra	01	Elvense	30.97	+0,75	541

Seniores

1.	AMORIM Alexandre Ferreira	99	Porto	28.04	+0,64	730
2.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	28.19	+0,65	718
3.	TEIXEIRA Guilherme Miguel	97	Belenenses	28.21	+0,70	717
4.	VELOSO Tomas Miguel	96	Nautico Academico	28.39	+0,66	703
5.	CARVALHO Ruben Paiva	94	Academica de Coimbra	28.44	+0,69	699
6.	QUINTANILHA Nuno Goncalo	87	Belenenses	29.07	+0,72	655
7.	MENDES Antonio Manuel	99	Sporting	29.40	+0,67	633
DSQ	SANTOS Alexis Manacas	92	Sporting			

704 - Mais de uma perna de golfinho na braçada submarina após viragem aos 25 m - SW 7.1

Prova 35	Femin., 50m Bruços					Absolutos
23-12-2018 - 16:30						Resultados Final
RN25 Absoluto	30.80	RODRIGUES Ana Pinho	ADS	Porto		10-12-2017
RN25 Sen	30.80	RODRIGUES Ana Pinho	ADS	Porto		10-12-2017
RN25 Jun17	32.09	PEREIRA Raquel Gomes	SAD	Funchal		11-12-2016
RN25 Jun16	31.46	RODRIGUES Ana Pinho	AEJ	Leiria		06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	COSTA Ana Ferreira	02	Nautico Marinha Grande	33.72	+0,70	612
2.	TEIXEIRA Ines Oliveira	02	Estarreja	34.11	+0,74	591
3.	PEREIRA Clara Gomes	02	Alges	34.20	+0,73	587
4.	CERDEIRA Madalena Reis	03	Sporting	34.44	+0,77	575
	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	34.44	+0,70	575
6.	CASTRO Maria Freitas	03	Fafe	34.83	+0,78	555
7.	OLIVEIRA Claudia Sofia	02	Sanjoanense/FEPSA	34.97	+0,73	549
8.	ALVES Andreia Wongsangnoi	03	Colegio Monte Maior	35.07	+0,66	544

Seniores

1.	RODRIGUES Ana Pinho	94	Sanjoanense/FEPSA	30.97	+0,67	790
2.	PEREIRA Raquel Gomes	00	Alges	32.60	+0,74	678
3.	FIGUEIRA Isabel Maria	79	Natacao de Faro	32.84	+0,79	663
4.	SILVA Beatriz Santos	01	Porto	33.15	+0,78	644
5.	ROSA Maria Carolina	94	Sporting	33.29	+0,74	636
6.	MATOS Carolina Lourenco	98	Cova da Piedade	33.46	+0,71	627
7.	BORGES Claudia Ferreira	99	Benfica	33.47	+0,73	626
8.	OLIVEIRA Rosa Maria	96	Porto	34.03	+0,79	596

Prova 36	Masc., 100m Costas					Absolutos
23-12-2018 - 16:55						Resultados Final
RN25 Absoluto	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)		11-12-2018
RN25 Sen	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)		11-12-2018
RN25 Jun18	53.88	SANTOS Alexis Manacas	SCP	Leiria		05-12-2009
RN25 Jun17	54.97	LOPES Gabriel Jose	CDL	Coimbra		11-05-2014

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	COSTA Joao Nogueira	01	Vitoria Guimaraes	55.29	+0,62	691
	50m: 26.95 26.95	100m: 55.29	28.34			
2.	COSTA Diogo Santos	02	Colegio Monte Maior	55.75	+0,56	674
	50m: 26.86 26.86	100m: 55.75	28.89			
3.	ZENZA Francisco Manuel	01	Natacao da Maia	57.30	+0,59	621
	50m: 27.84 27.84	100m: 57.30	29.46			
4.	ROCHA Ricardo Filipe	02	Aquatico Pacense	57.48	+0,55	615
	50m: 27.96 27.96	100m: 57.48	29.52			

Prova 36, Masc., 100m Costas, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
5.	ALFAMA Martim Primavera	02	Geslours	57.52	+0,58	614
	50m: 28.01 28.01 100m: 57.52 29.51					
6.	ARZILEIRO Bernardo Vinagre	01	Uniao Coimbra	58.32	+0,57	589
	50m: 28.45 28.45 100m: 58.32 29.87					
7.	DIAS Joao Pedro	02	Fundacao Beatriz Santos	58.74	+1,35	576
	50m: 28.85 28.85 100m: 58.74 29.89					
8.	FIDALGO Mateus Valente	01	Estarreja	59.36	+0,65	559
	50m: 28.54 28.54 100m: 59.36 30.82					

Seniores

1.	SANTOS Francisco Rogerio	98	Sporting	53.66	+0,67	756
	50m: 25.53 25.53 100m: 53.66 28.13					
2.	ROSA Rodrigo Antonio	96	Benfica	55.09	+0,61	699
	50m: 26.53 26.53 100m: 55.09 28.56					
3.	KOT Viktor	98	Nautico Marinha Grande	55.12	+0,57	698
	50m: 26.83 26.83 100m: 55.12 28.29					
4.	DIAS Guilherme Pereira	97	Benfica	55.31	+0,61	691
	50m: 26.43 26.43 100m: 55.31 28.88					
5.	TINOCO Joao Pereira	00	Famalicao	56.35	+1,35	653
	50m: 27.08 27.08 100m: 56.35 29.27					
6.	LARANJEIRA Joao Jose	98	Galitos / Bresimar	56.45	+0,58	650
	50m: 27.11 27.11 100m: 56.45 29.34					
7.	CORREIA Joao Mota	97	Benfica	56.96	+0,66	632
	50m: 27.22 27.22 100m: 56.96 29.74					
8.	FERNANDES Joao Diogo	98	Belenenses	57.08	+0,65	628
	50m: 27.57 27.57 100m: 57.08 29.51					

Prova 37
23-12-2018 - 17:00

Femin., 100m Costas

Absolutos
Resultados Final

RN25 Absoluto	1:00.64	LEITE Ana Sofia	GCVR	Porto	12-12-2015
RN25 Sen	1:00.64	LEITE Ana Sofia	GCVR	Porto	12-12-2015
RN25 Jun17	1:01.56	FERNANDES Ines Camacho	SCP	Felgueiras	22-12-2013
RN25 Jun16	1:01.55	FERNANDES Ines Camacho	SCP	Porto	08-12-2013

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	AZEVEDO Rafaela Gomes	02	Alges	1:01.22	+0,66	726
	<i>Rec Nacional, Jun 17</i>					
	50m: 29.51 29.51	100m: 1:01.22	31.71			
2.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	1:02.13	+0,57	694
	50m: 30.15 30.15	100m: 1:02.13	31.98			
3.	RAMOS Ana Rita	02	Porto	1:04.53	+1,67	620
	50m: 31.74 31.74	100m: 1:04.53	32.79			
4.	PEIXEIRA Filipa Ramos	03	Sporting	1:04.73	+0,67	614
	50m: 31.22 31.22	100m: 1:04.73	33.51			
5.	LASCU Nicoleta	02	Litoral Alentejano	1:06.03	+0,63	578
	50m: 31.99 31.99	100m: 1:06.03	34.04			
6.	SEVERINO Isis Sousa	02	Louletano / Loule Concelho	1:06.51	+0,59	566
	50m: 31.70 31.70	100m: 1:06.51	34.81			
7.	MARQUES Mariana Nunes	03	Estarreja	1:06.67	+0,61	562
	50m: 32.11 32.11	100m: 1:06.67	34.56			
8.	CRUZ Sara Moura	03	Alges	1:07.05	+0,60	552
	50m: 32.60 32.60	100m: 1:07.05	34.45			

Seniores

1.	MESTRE Catarina Martins	00	Natacao de Lisboa	1:02.68	+0,61	676
	50m: 30.42 30.42	100m: 1:02.68	32.26			
2.	CABRAL Maria Francisca	00	Porto	1:03.69	+0,66	645
	50m: 31.24 31.24	100m: 1:03.69	32.45			
3.	LEITE Ana Sofia	93	Ginasio de Vila Real	1:04.08	+0,62	633
	50m: 30.67 30.67	100m: 1:04.08	33.41			
4.	LOPES Carolina Sofia	96	Natacao de Faro	1:04.14	+0,61	631
	50m: 30.57 30.57	100m: 1:04.14	33.57			
5.	GUEDES Ana Margarida	01	Ginasio de Vila Real	1:04.43	+0,62	623
	50m: 30.63 30.63	100m: 1:04.43	33.80			
6.	FREIXO Juliana Lima	97	Braga	1:04.60	+1,36	618
	50m: 31.12 31.12	100m: 1:04.60	33.48			
7.	NEVES Ana Carolina	00	Academica de Coimbra	1:05.06	+0,74	605
	50m: 31.13 31.13	100m: 1:05.06	33.93			

Prova 37, Femin., 100m Costas, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
8.	SANTOS Alexandra Jesus	00	Leixoes	1:06.51	+0,68	566
	50m: 31.92 31.92	100m: 1:06.51	34.59			

Prova 38

23-12-2018 - 17:05

Masc., 200m Mariposa

Absolutos
Resultados Final

RN25 Absoluto	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
RN25 Sen	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
RN25 Jun18	1:58.64	CARVALHO Diogo Filipe	CGA	Tomar	09-12-2005
RN25 Jun17	1:59.93	CARVALHO Diogo Filipe	CGA	Mealhada	05-03-2005

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	CRISTINO David Matias	01	Uniao Piedense	2:05.42	+0,74	648
	50m: 28.97 28.97	100m: 1:01.61	32.64	150m: 1:34.16	32.55	200m: 2:05.42 31.26
2.	CARDOSO Diogo Santos	01	Colegio Monte Maior	2:06.49	+0,78	632
	50m: 29.39 29.39	100m: 1:02.52	33.13	150m: 1:35.06	32.54	200m: 2:06.49 31.43
3.	AGUIAR Gabriel Silva	01	Porto	2:06.81	+0,67	627
	50m: 28.94 28.94	100m: 1:01.87	32.93	150m: 1:34.30	32.43	200m: 2:06.81 32.51
4.	GOMES Vicente Oliveira	02	Sporting	2:07.26	+0,69	620
	50m: 28.74 28.74	100m: 1:01.39	32.65	150m: 1:34.29	32.90	200m: 2:07.26 32.97
5.	CAMOES Tiago Maria	01	Uniao Piedense	2:08.32	+0,76	605
	50m: 28.95 28.95	100m: 1:01.58	32.63	150m: 1:35.18	33.60	200m: 2:08.32 33.14
6.	PINTO Pedro Miguel	02	Sporting	2:08.75	+0,77	599
	50m: 28.60 28.60	100m: 1:01.38	32.78	150m: 1:34.93	33.55	200m: 2:08.75 33.82
7.	AMARAL Francisco Rodriguez	02	Campinho	2:09.96	+0,75	582
	50m: 28.52 28.52	100m: 1:01.24	32.72	150m: 1:34.78	33.54	200m: 2:09.96 35.18
8.	BRANCO Alexandre Miguel	01	Alges	2:11.46	+0,76	563
	50m: 29.10 29.10	100m: 1:02.06	32.96	150m: 1:35.90	33.84	200m: 2:11.46 35.56

Seniores

1.	PEREIRA Luiz Pedro	91	Benfica	1:59.13	+0,73	756
	50m: 25.46 25.46	100m: 54.95	29.49	150m: 1:26.01	31.06	200m: 1:59.13 33.12
2.	SANTOS Pedro Andre	94	Alges	2:00.85	+0,72	724
	50m: 27.01 27.01	100m: 57.73	30.72	150m: 1:29.00	31.27	200m: 2:00.85 31.85
3.	CARVALHO Andre Antunes	96	Sporting	2:01.57	+0,78	712
	50m: 27.51 27.51	100m: 58.09	30.58	150m: 1:29.48	31.39	200m: 2:01.57 32.09
4.	MENDES Antonio Manuel	99	Sporting	2:02.82	+0,67	690
	50m: 27.72 27.72	100m: 59.14	31.42	150m: 1:30.96	31.82	200m: 2:02.82 31.86
5.	SILVA Joao Carlos	98	Famalicao	2:02.85	+0,66	690
	50m: 26.47 26.47	100m: 57.05	30.58	150m: 1:29.02	31.97	200m: 2:02.85 33.83

Prova 38, Masc., 200m Mariposa, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
6.	PINOTES Pedro Miguel	89	Sporting	2:03.24	+0,77	683
	50m: 27.43 27.43	100m: 58.55 31.12	150m: 1:30.58	32.03	200m: 2:03.24	32.66
7.	REBELO Diogo Nogueira	98	Colegio Monte Maior	2:04.20	+0,78	667
	50m: 28.02 28.02	100m: 59.48 31.46	150m: 1:31.60	32.12	200m: 2:04.20	32.60
8.	BESSA Antonio Rafael	94	Aquatico Pacense	2:04.72	+0,68	659
	50m: 28.10 28.10	100m: 59.64 31.54	150m: 1:31.96	32.32	200m: 2:04.72	32.76

Prova 39

Femin., 200m Mariposa

Absolutos

23-12-2018 - 17:10

Resultados Final

RN25 Absoluto	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
RN25 Sen	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
RN25 Jun17	2:10.12	CRUZ Sara Francisco	ADBA	Leiria	04-12-2009
RN25 Jun16	2:13.60	FRANCISCO Ana Rita	POR	Gelsenkirchen (GER)	11-02-1996

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	GRAVETO Ana Raquel	02	Benfica	2:17.12	+0,78	663
	50m: 30.65 30.65	100m: 1:05.64 34.99	150m: 1:41.22	35.58	200m: 2:17.12	35.90
2.	BARBOSA Mariana Fernandes	02	Porto	2:17.97	+0,80	651
	50m: 30.54 30.54	100m: 1:05.05 34.51	150m: 1:41.11	36.06	200m: 2:17.97	36.86
3.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	2:18.96	+0,80	637
	50m: 30.86 30.86	100m: 1:06.01 35.15	150m: 1:42.06	36.05	200m: 2:18.96	36.90
4.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	2:20.46	+0,81	617
	50m: 31.14 31.14	100m: 1:06.43 35.29	150m: 1:42.99	36.56	200m: 2:20.46	37.47
5.	MARTINS Joana Ribeiro	03	Benfica	2:21.88	+0,80	599
	50m: 31.55 31.55	100m: 1:07.37 35.82	150m: 1:44.20	36.83	200m: 2:21.88	37.68
6.	SILVA Ines Pereira	02	Fundacao Beatriz Santos	2:21.92	+0,73	598
	50m: 31.19 31.19	100m: 1:06.19 35.00	150m: 1:43.09	36.90	200m: 2:21.92	38.83
7.	PEREIRA Clara Gomes	02	Alges	2:24.47	+0,74	567
	50m: 32.71 32.71	100m: 1:09.02 36.31	150m: 1:46.13	37.11	200m: 2:24.47	38.34
8.	QUEIROZ Ana Rita	02	Condeixa Clube	2:25.98	+0,72	550
	50m: 31.48 31.48	100m: 1:07.51 36.03	150m: 1:46.24	38.73	200m: 2:25.98	39.74

Prova 39, Femin., 200m Mariposa, Final

Seniores

1.	MONTEIRO Ana Catarina	93	Vilacondense	2:08.36	+0,70	809
	<i>Minimos CEuropa PC</i>					
	50m: 28.81 28.81	100m: 1:00.90 32.09	150m: 1:34.09 33.19	200m: 2:08.36 34.27		
2.	HENRIQUES Ines Jacinto	00	Sporting	2:12.01	+0,72	743
	50m: 29.80 29.80	100m: 1:02.68 32.88	150m: 1:36.70 34.02	200m: 2:12.01 35.31		
3.	VARGAS Giovanna Vaz	00	Nautico Marinha Grande	2:13.89	+0,83	712
	50m: 30.21 30.21	100m: 1:03.84 33.63	150m: 1:38.63 34.79	200m: 2:13.89 35.26		
4.	SIMÕES Bruna Andreia	01	Nautico Marinha Grande	2:19.72	+0,76	627
	50m: 31.05 31.05	100m: 1:06.24 35.19	150m: 1:42.74 36.50	200m: 2:19.72 36.98		
5.	MARTINS Ana Beatriz	99	Famalicao	2:20.63	+0,78	615
	50m: 31.01 31.01	100m: 1:06.98 35.97	150m: 1:43.60 36.62	200m: 2:20.63 37.03		
6.	RODRIGUES Ana Margarida	96	Galitos / Bresimar	2:21.45	+0,86	604
	50m: 31.51 31.51	100m: 1:07.29 35.78	150m: 1:44.08 36.79	200m: 2:21.45 37.37		
7.	BARATA Barbara Sofia	97	Alges	2:22.58	+0,71	590
	50m: 31.85 31.85	100m: 1:08.27 36.42	150m: 1:44.90 36.63	200m: 2:22.58 37.68		
8.	CRAVEIRO Beatriz Neves	97	Academica de Coimbra	2:24.62	+0,75	565
	50m: 31.18 31.18	100m: 1:06.09 34.91	150m: 1:43.41 37.32	200m: 2:24.62 41.21		

Prova 40
23-12-2018 - 17:15

Masc., 200m Livres

Absolutos
Resultados Final

RN25 Absoluto	1:43.16	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	14-12-2018
RN25 Sen	1:43.16	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	14-12-2018
RN25 Jun18	1:47.73	VENANCIO Tiago Andre	POR	Viena (AUT)	12-12-2004
RN25 Jun17	1:50.67	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	AIRES Rafael Alcantara	01	Benfica	1:50.30	+0,70	731
	50m: 25.73 25.73	100m: 53.40 27.67	150m: 1:21.44 28.04	200m: 1:50.30 28.86		
2.	LEBRE Diogo Ramos	01	Benfica	1:51.48	+0,80	708
	50m: 26.47 26.47	100m: 55.48 29.01	150m: 1:24.03 28.55	200m: 1:51.48 27.45		
3.	SANTOS Pedro Miguel	01	Porto	1:51.56	+0,70	706
	50m: 26.60 26.60	100m: 55.60 29.00	150m: 1:23.82 28.22	200m: 1:51.56 27.74		
4.	LOPES Tomas Teixeira	02	Foca	1:51.85	+0,69	701
	50m: 26.28 26.28	100m: 54.73 28.45	150m: 1:23.45 28.72	200m: 1:51.85 28.40		
5.	JOSE Diogo Coelho	01	Columbofila Cantanhedense	1:54.11	+0,78	660
	50m: 26.82 26.82	100m: 55.39 28.57	150m: 1:24.86 29.47	200m: 1:54.11 29.25		
6.	JORGE Duarte Miguel	01	Galitos / Bresimar	1:54.95	+0,89	646
	50m: 26.45 26.45	100m: 54.99 28.54	150m: 1:24.46 29.47	200m: 1:54.95 30.49		

Prova 40, Masc., 200m Livres, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
7.	FERRAO Goncalo Carvalho	01	Cova da Piedade	1:55.31	+0,61	639
	50m: 26.16 26.16 100m: 54.85 28.69 150m: 1:24.61 29.76 200m: 1:55.31 30.70					
8.	DEUS Andre Portugal	02	Naval do Funchal	1:55.35	+0,69	639
	50m: 26.99 26.99 100m: 56.32 29.33 150m: 1:26.23 29.91 200m: 1:55.35 29.12					

Seniores

1.	NASCIMENTO Miguel Duarte	95	Benfica	1:43.65	+0,67	881
	<i>Minimos CEuropa PC</i>					
	50m: 24.14 24.14 100m: 50.30 26.16 150m: 1:17.06 26.76 200m: 1:43.65 26.59					
2.	MOGNE Igor Araujo	96	Sporting	1:46.87	+0,76	803
	50m: 24.85 24.85 100m: 51.94 27.09 150m: 1:19.63 27.69 200m: 1:46.87 27.24					
3.	RAMOS Bruno Miguel	97	Belenenses	1:47.00	+0,64	800
	50m: 25.04 25.04 100m: 52.07 27.03 150m: 1:19.46 27.39 200m: 1:47.00 27.54					
4.	VELOSO Tomas Miguel	96	Nautico Academico	1:47.09	+0,68	798
	50m: 25.58 25.58 100m: 52.55 26.97 150m: 1:19.76 27.21 200m: 1:47.09 27.33					
5.	COSTA Tiago Cunha	99	Sporting	1:48.93	+0,67	759
	50m: 25.06 25.06 100m: 51.95 26.89 150m: 1:20.15 28.20 200m: 1:48.93 28.78					
6.	BATE Afonso Ribeiro	98	Alges	1:51.65	+0,73	705
	50m: 26.17 26.17 100m: 54.46 28.29 150m: 1:23.54 29.08 200m: 1:51.65 28.11					
7.	SANTOS Francisco Rogerio	98	Sporting	1:51.79	+0,73	702
	50m: 25.15 25.15 100m: 52.89 27.74 150m: 1:21.90 29.01 200m: 1:51.79 29.89					
8.	DANTAS Diogo Leal	00	Sporting	1:52.25	+0,62	693
	50m: 25.91 25.91 100m: 54.26 28.35 150m: 1:23.11 28.85 200m: 1:52.25 29.14					

Prova 41

Femin., 200m Livres

Absolutos

23-12-2018 - 17:25

Resultados Final

RN25 Absoluto	1:58.62	DURAES Diana Margarida	POR	Copenhagen (DEN)	16-12-2017
RN25 Sen	1:58.62	DURAES Diana Margarida	POR	Copenhagen (DEN)	16-12-2017
RN25 Jun17	2:00.35	SOUZA Ana Reis	SAD	Vila Real St. Antonio	03-11-2018
RN25 Jun16	2:01.17	SOUZA Ana Reis	CNLA	Leiria	03-12-2017

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
1.	ANDRE Leticia Maia	02	Benfica	1:59.62	+0,71	786
	<i>Rec Nacional, Jun 17</i>					
	50m: 29.09 29.09 100m: 59.71 30.62 150m: 1:29.59 29.88 200m: 1:59.62 30.03					
2.	MARTINS Francisca Soares	03	Foca	2:03.07	+0,69	722
	50m: 28.52 28.52 100m: 59.80 31.28 150m: 1:32.08 32.28 200m: 2:03.07 30.99					
3.	SOUZA Ana Reis	02	Alges	2:03.25	+0,69	719
	50m: 28.81 28.81 100m: 59.82 31.01 150m: 1:31.21 31.39 200m: 2:03.25 32.04					

ORGANIZAÇÃO



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PARCEIROS



Prova 41, Femin., 200m Livres, Final, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
4.	FRAZAO Alexandra Couto	02	Condeixa Clube	2:04.23	+0,72	702
	50m: 29.72 29.72	100m: 1:01.20	31.48	150m: 1:32.85	31.65	200m: 2:04.23 31.38
5.	PINA Ana Sofia	02	O Crasto	2:05.01	+0,75	689
	50m: 28.63 28.63	100m: 59.87	31.24	150m: 1:32.43	32.56	200m: 2:05.01 32.58
6.	SOARES Catarina Silva	03	Porto	2:07.26	+0,71	653
	50m: 28.73 28.73	100m: 1:00.70	31.97	150m: 1:34.14	33.44	200m: 2:07.26 33.12
7.	PINTO Mafalda Marques	02	Sporting	2:07.34	+0,72	652
	50m: 29.15 29.15	100m: 1:01.47	32.32	150m: 1:34.76	33.29	200m: 2:07.34 32.58
8.	CONCEICAO Ema Jeronimo	03	Fisica Torres Vedras	2:08.23	+0,81	638
	50m: 29.96 29.96	100m: 1:02.17	32.21	150m: 1:35.61	33.44	200m: 2:08.23 32.62

Seniores

1.	FRISCHKNECHT Rita Barros	98	Alges	2:00.73	+0,73	765
	50m: 28.06 28.06	100m: 58.44	30.38	150m: 1:29.55	31.11	200m: 2:00.73 31.18
2.	AZEVEDO Madalena Gomes	99	Alges	2:02.00	+0,80	741
	50m: 28.68 28.68	100m: 59.77	31.09	150m: 1:31.33	31.56	200m: 2:02.00 30.67
3.	HOLUB Tamila Hryhorivna	99	Braga	2:02.66	+0,78	729
	50m: 28.47 28.47	100m: 59.55	31.08	150m: 1:31.44	31.89	200m: 2:02.66 31.22
4.	AMADOR Joana Costa	01	Galitos / Bresimar	2:03.87	+0,67	708
	50m: 29.41 29.41	100m: 1:00.73	31.32	150m: 1:32.38	31.65	200m: 2:03.87 31.49
5.	BELEZA Mafalda Gomes	94	Sporting	2:03.96	+0,69	706
	50m: 29.08 29.08	100m: 59.96	30.88	150m: 1:31.64	31.68	200m: 2:03.96 32.32
6.	MACHADO Luisa Maria	01	Uniao Piedense	2:04.51	+0,78	697
	50m: 28.17 28.17	100m: 59.53	31.36	150m: 1:31.94	32.41	200m: 2:04.51 32.57
7.	FARIA Ana Rita	00	Porto	2:04.52	+0,77	697
	50m: 29.19 29.19	100m: 1:00.67	31.48	150m: 1:32.95	32.28	200m: 2:04.52 31.57
8.	NEVES Carolina Marques	01	Torres Novas	2:08.80	+0,84	630
	50m: 29.85 29.85	100m: 1:02.22	32.37	150m: 1:35.41	33.19	200m: 2:08.80 33.39

Prova 42
23-12-2018 - 17:30

Masc., 100m Estilos

Absolutos
Resultados Final

RN25 Absoluto	52.91	SANTOS Alexis Manacas	POR	Hangzhou (CHN)	13-12-2018
RN25 Sen	52.91	SANTOS Alexis Manacas	POR	Hangzhou (CHN)	13-12-2018
RN25 Jun18	56.47	SANTOS Alexis Manacas	SCP	Leiria	06-12-2009
RN25 Jun17	57.40	CARVALHO Diogo Filipe	CGA	Aveiro	14-05-2005

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
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Juniores

1.	VILHENA Tiago Miguel	01	Natacao de Faro	58.35	+0,62	640
	50m: 26.98 26.98 100m: 58.35 31.37					
2.	FRISCHKNECHT Renato Barros	01	Alges	58.83	+0,62	625
	50m: 27.58 27.58 100m: 58.83 31.25					
3.	COSTA Diogo Santos	02	Colegio Monte Maior	58.85	+0,67	624
	50m: 26.56 26.56 100m: 58.85 32.29					
4.	SILVA Tomas Antonio	01	Naval do Funchal	58.92	+0,64	622
	50m: 26.86 26.86 100m: 58.92 32.06					
5.	FERNANDES Eduardo Gomes	02	Sporting	59.13	+0,77	615
	50m: 27.66 27.66 100m: 59.13 31.47					
6.	ZENZA Francisco Manuel	01	Natacao da Maia	59.59	+0,74	601
	50m: 27.53 27.53 100m: 59.59 32.06					
7.	MACHADO Bruno Rafael	01	Fluvial Portuense	1:00.01	+0,75	588
	50m: 27.03 27.03 100m: 1:00.01 32.98					

DSQ ROCHA Ricardo Filipe 02 Aquatico Pacense
704 - Mais de uma pernada de golfinho na braçada submarina após viragem aos 50 m - SW 7.1

Seniores

1.	SANTOS Alexis Manacas	92	Sporting	53.12	+0,70	849
	50m: 24.20 24.20 100m: 53.12 28.92					
2.	LOPES Gabriel Jose	97	Louzan Natacao/EFAPEL	53.28	+0,62	841
	50m: 24.59 24.59 100m: 53.28 28.69					
3.	SANTOS Pedro Andre	94	Alges	55.67	+0,69	737
	50m: 25.40 25.40 100m: 55.67 30.27					
4.	AMORIM Alexandre Ferreira	99	Porto	56.47	+0,61	706
	50m: 26.15 26.15 100m: 56.47 30.32					
5.	DANTAS Diogo Leal	00	Sporting	57.23	+0,59	678
	50m: 26.24 26.24 100m: 57.23 30.99					
6.	QUINTANILHA Nuno Goncalo	87	Belenenses	57.44	+0,73	671
	50m: 26.69 26.69 100m: 57.44 30.75					
7.	NUNES Porfirio Braga	00	Porto	58.42	+0,72	638
	50m: 26.41 26.41 100m: 58.42 32.01					
8.	RAMOS Bruno Miguel	97	Belenenses	59.41	+0,67	606
	50m: 27.01 27.01 100m: 59.41 32.40					

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Prova 43
23-12-2018 - 17:35

Femin., 100m Estilos

Absolutos
Resultados Final

RN25 Absoluto	1:02.07	PEREIRA Raquel Gomes	POR	Hangzhou (CHN)	13-12-2018
RN25 Sen	1:02.07	PEREIRA Raquel Gomes	POR	Hangzhou (CHN)	13-12-2018
RN25 Jun17	1:02.34	PEREIRA Raquel Gomes	SAD	Funchal	11-12-2016
RN25 Jun16	1:04.11	ROSA Maria Carolina	SCP	Leiria	06-12-2009

Pontos: FINA 2018

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
Juniores						
1.	CARDEAL Joana Nunes	02	Academico Viseu	1:05.45	+0,81	643
	50m: 30.40 30.40 100m: 1:05.45 35.05					
2.	REBELO Camila Rodrigues	03	Louzan Natacao/EFAPEL	1:05.61	+0,74	638
	50m: 30.08 30.08 100m: 1:05.61 35.53					
3.	MESQUITA Francisca Salvador	02	Colegio Monte Maior	1:05.87	+0,72	631
	50m: 29.98 29.98 100m: 1:05.87 35.89					
4.	REBELO Maria Carlota	03	Louzan Natacao/EFAPEL	1:06.12	+0,77	624
	50m: 30.84 30.84 100m: 1:06.12 35.28					
5.	CARPINTEIRO Carolina Silverio	02	Natacao do Tejo	1:07.73	+0,76	580
	50m: 31.82 31.82 100m: 1:07.73 35.91					
6.	MONTEIRO Margarida Cabral	02	Galitos / Bresimar	1:08.02	+0,71	573
	50m: 31.34 31.34 100m: 1:08.02 36.68					
7.	RODRIGUES Helena Nunes	03	Alges e Agueda XXI	1:08.54	+0,73	560
	50m: 30.58 30.58 100m: 1:08.54 37.96					
8.	MENDES Mariana Amaral	02	Colegio Monte Maior	1:08.97	+0,79	550
	50m: 32.79 32.79 100m: 1:08.97 36.18					

Seniores

1.	RODRIGUES Ana Pinho <i>Rec Nacional, Abs e Sen</i>	94	Sanjoanense/FEPSA	1:01.83	+0,68	763
	50m: 29.41 29.41 100m: 1:01.83 32.42					
2.	FERNANDES Ines Camacho	97	Sporting	1:02.34	+0,71	744
	50m: 28.36 28.36 100m: 1:02.34 33.98					
3.	KAMINSKAYA Victoria	95	Benfica	1:02.35	+0,75	744
	50m: 28.96 28.96 100m: 1:02.35 33.39					
4.	PEREIRA Raquel Gomes	00	Alges	1:02.71	+0,78	731
	50m: 29.58 29.58 100m: 1:02.71 33.13					
5.	ANDRE Angelica Maria	94	Fluvial Portuense	1:05.22	+0,69	650
	50m: 30.40 30.40 100m: 1:05.22 34.82					
6.	MOREIRA Matilde Freitas	01	Academica de Coimbra	1:05.53	+0,73	641
	50m: 30.30 30.30 100m: 1:05.53 35.23					
7.	RIBEIRO Margarida Messias	98	Geslours	1:08.10	+0,73	571
	50m: 32.16 32.16 100m: 1:08.10 35.94					

Prova 43, Femin., 100m Estilos, Final, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA
DSQ	GUEDES Ana Margarida	01	Ginasio de Vila Real			
724 - Não tocou com as mãos na parede separadas ou simultaneamente na viragem aos 75 m - SW 7.6						

Prova 46

23-12-2018 - 18:20

Masc., 4 x 100m Livres

Absolutos
Resultados

RN25 Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
RN25 Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
RN25 Jun	3:29.40	Sport Lisboa e Benfica	SLB	Porto	10-12-2017

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
Seniores				

1.	Benfica-SEN			Benfica	3:15.63		+0,69	822
	Rec Nacional, Abs e Sen							
	PEREIRA Luiz Pedro	+0,69	24.08	49.29	NASCIMENTO Miguel Duarte	+0,36	22.14	47.02
	DIAS Guilherme Pereira	+0,43	22.73	48.61	CARVALHO Jose Paula	+0,40	24.82	50.71
2.	Sporting-SEN			Sporting	3:15.98		+0,76	818
	MOGNE Igor Araujo	+0,76	23.55	48.98	SANTOS Francisco Rogerio	+0,29	23.43	49.96
	COSTA Tiago Cunha	+0,30	24.09	50.09	SANTOS Alexis Manacas	+0,20	22.43	46.95
3.	Porto-SEN			Porto	3:23.45		+0,76	731
	SOARES Tiago Silva	+0,76	24.45	51.10	NUNES Diogo Barbosa	+0,21	24.27	51.32
	NUNES Porfirio Braga	+0,34	24.29	51.04	LINO Rafael	+0,28	23.77	49.99
4.	Alges-SEN			Alges	3:23.90		+0,67	726
	MACHADO Francisco Carvalho	+0,67	24.44	51.61	PON Hugo	+0,17	24.72	51.23
	BATE Afonso Ribeiro	+0,17	23.95	50.75	SANTOS Pedro Andre	+0,36	23.98	50.31
5.	Belenenses-SEN			Belenenses	3:24.91		+0,65	715
	RAMOS Bruno Miguel	+0,65	24.35	49.88	QUINTANILHA Nuno Goncalo	+0,33	24.59	51.63
	PADRELA Joao Esteves	+0,37	24.19	51.73	TEIXEIRA Guilherme Miguel	+0,56	24.07	51.67
6.	Academica de Coimbra-SEN			Academica de Coimbra	3:34.12		+0,67	627
	MADUREIRA Gustavo Almeida	+0,67	24.05	50.78	GASPAR Miguel Caridade	+0,22	26.22	54.90
	CARVALHO Ruben Paiva	+0,29	25.25	53.65	ADAIXO Pedro Salzedas	+0,39	26.03	54.79

Juniores

1.	Benfica-JUN			Benfica		3:28.98	+0,74	674
	<i>Rec Nacional</i>							
	LEBRE Diogo Ramos	+0,74	24.87	51.07	FERREIRA Ricardo Pinela	+0,23	25.19	53.34
	AIRES Rafael Alcantara	+0,24	24.12	50.25	BERNARDO Joao Silva	+0,39	25.90	54.32
2.	Uniao Piedense-JUN			Uniao Piedense		3:33.64	+0,71	631
	CRISTINO David Matias	+0,71	25.82	53.84	LOPES Carlos Filipe	+0,38	25.61	53.82
	BRITO Bernardo Geadá	+0,30	24.61	51.94	CAMOES Tiago Maria	+0,35	25.48	54.04
3.	Sporting-JUN			Sporting		3:34.26	+0,74	626
	DOMINGOS Ruy Manuel	+0,74	25.64	54.01	PINTO Pedro Miguel	+1,26	26.02	54.36
	GOMES Vicente Oliveira	+0,37	25.31	53.58	FERNANDES Eduardo Gomes	+0,51	25.13	52.31

Prova 46, Masc., 4 x 100m Livres, Juniores

Lugar	Clube	Tempo Final	TReac	FINA
4.	Fundacao Beatriz Santos-JUN	3:37.49	+0,72	598
	PEREIRA Joao Neto +0,72 26.01 54.15 DOMINGUES Ricardo Jorge +0,32 26.15 54.42			
	DIAS Joao Pedro +0,41 26.37 55.56 CUNHA Jose Miguel +0,47 25.60 53.36			
5.	Naval do Funchal-JUN	3:40.41	+0,62	575
	SILVA Tomas Antonio +0,62 25.81 54.10 DEUS Andre Portugal +0,21 25.91 53.26			
	PITA Diogo Henrique +0,17 26.43 55.87 ALVES Afonso Pinto +0,31 26.71 57.18			

Prova 45
23-12-2018 - 18:25

Femin., 4 x 100m Livres	Absolutos Resultados
RN25 Absoluto 3:44.99 Futebol Clube do Porto/Dolce Vita FCP Porto 04-12-2010	
RN25 Sen 3:44.99 Futebol Clube do Porto/Dolce Vita FCP Porto 04-12-2010	
RN25 Jun 3:56.01 Sporting Clube de Portugal SCP Leiria 06-12-2009	

Pontos: FINA 2018

Lugar	Clube	Tempo Final	TReac	FINA
Seniores				
1.	Sporting-SEN	3:49.95	+0,62	724
	VIEGAS Beatriz Mendes +0,62 27.48 57.48 HENRIQUES Ines Jacinto +0,24 27.30 57.20			
	BELEZA Mafalda Gomes +0,52 28.26 58.44 FERNANDES Ines Camacho +0,46 27.19 56.83			
2.	Alges-SEN	3:50.66	+0,73	717
	FRISCHKNECHT Rita Barros +0,73 27.55 57.03 BARATA Barbara Sofia +0,35 28.83 1:00.29			
	PEREIRA Raquel Gomes +0,40 26.98 56.24 AZEVEDO Madalena Gomes +0,34 28.23 57.10			
3.	Porto-SEN	3:52.27	+0,73	703
	CABRAL Maria Francisca +0,73 28.11 57.96 OLIVEIRA Rosa Maria +0,50 28.43 58.69			
	FERREIRA Catarina Maria +0,26 27.44 58.13 FARIA Ana Rita +0,59 27.41 57.49			
4.	Benfica-SEN	3:54.18	+0,75	685
	ROLAO Sofia Alexandra +0,75 28.34 1:00.04 KAMINSKAYA Victoria +0,41 27.35 57.46			
	DURAES Diana Margarida +0,39 27.81 57.07 RODRIGUES Filipa Serrano +0,47 28.76 59.61			
5.	Ginasio de Vila Real-SEN	4:01.39	+0,81	626
	NOBREGA Ana Sofia +0,81 28.63 1:00.26 FERNANDES Maria Margarida +0,58 29.64 1:02.97			
	LEITE Ana Sofia +0,66 28.51 59.74 GUEDES Ana Margarida +0,31 27.09 58.42			
6.	Braga-SEN	4:02.09	+0,88	620
	FERNANDES Ana Sofia +0,88 29.72 1:01.29 SILVA Maria Madalena +0,44 29.54 1:01.24			
	FREIXO Juliana Lima +0,28 29.74 1:01.68 HOLUB Tamila Hryhorivna -0,01 27.46 57.88			
7.	Laranjeiro-SEN	4:03.42	+0,75	610
	ROLIM Soraia Guerra +0,75 30.17 1:03.13 RIESENBERGER Bruna Martins +0,43 28.58 59.76			
	NUNES Sofia Alexandra +0,46 28.11 59.10 PIRES Carolina Saraiva +0,43 29.49 1:01.43			
DNS	Academica de Coimbra-SEN	Academica de Coimbra		

Prova 45, Femin., 4 x 100m Livres

Juniores

1.	Porto-JUN			Porto			3:54.55	+0,77	682
	<i>Rec Nacional</i>								
	RAMOS Ana Rita	+0,77	28.20	57.73	AMORIM Maria Leonor	+0,42	28.93	1:01.61	
	BARBOSA Mariana Fernandes	+1,37	28.31	58.82	SOARES Catarina Silva	+0,32	27.14	56.39	
2.	Alges-JUN			Alges			3:55.94	+0,73	670
	SOUZA Ana Reis	+0,73	27.49	56.66	PEREIRA Clara Gomes	+0,23	29.42	1:01.42	
	AZEVEDO Rafaela Gomes	+0,31	28.11	58.24	CRUZ Sara Moura	+0,20	28.02	59.62	
3.	Benfica-JUN			Benfica			3:57.74	+0,69	655
	ANDRE Leticia Maia	+0,69	27.32	56.09	MARTINS Joana Ribeiro	+0,41	29.16	1:00.83	
	GRAVETO Ana Raquel	+0,67	28.55	59.21	SILVA Natacha Sofia	+0,54	29.28	1:01.61	
4.	Natacao de Valongo-JUN			Natacao de Valongo			4:05.02	+0,76	598
	MACHADO Joana Sofia	+0,76	28.82	59.65	RODRIGUES Daniela Oliveira	+0,36	29.83	1:02.96	
	MOREIRA Mariana Filipa	+0,17	29.49	1:02.57	SOARES Carolina Silva	+0,63	29.02	59.84	
5.	Louletano / Loule Concelho-JUN			Louletano / Loule Concelho			4:05.14	+0,64	598
	JESUS Maria Crista	+0,64	28.39	59.94	SEVERINO Isis Sousa	+0,38	28.63	1:00.75	
	FOMINA Anna	+0,20	27.83	59.15	SANTOS Catarina Vitorino	+0,48	30.90	1:05.30	
6.	Geslours-JUN			Geslours			4:06.26	+0,69	589
	NEVES Leonor Maria	+0,69	29.07	1:00.73	FERRO Carolina Ganhao	+0,51	29.68	1:02.42	
	MARTINS Claudia Beatriz	+0,46	30.23	1:02.35	REBELO Beatriz Vaz	+0,45	29.27	1:00.76	

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