

Prova 1	Femin., 800m Livres				Absolutos
26-10-2019 - 9:00					Resultados
Rec Nac Absoluto	8:23.23	DURAES Diana Margarida	SLB	Felgueiras	23-12-2018
Rec Nac Sen	8:23.23	DURAES Diana Margarida	SLB	Felgueiras	23-12-2018
Rec Nac Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13-12-2015
Rec Nac Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21-12-2014
Rec Nac Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19-12-2004
Rec Nac Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibbes (FRA)	20-12-1980
Rec Nac Inf A	9:03.90	SILVA Alexandra Maria	FCP	Porto	13-07-1980
Rec Nac Inf B	9:33.95	RUIVO Filipa Vilas	DNMG	Nazaré	16-05-2009

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANTOS Leonor Esteves	04	130603	Avancado EUL	9:29.10	+0,79	597	-
	50m: 32.67 32.67		250m: 2:54.41 35.49	450m: 5:18.46 35.52	650m: 7:42.12 36.01			
	100m: 1:07.46 34.79		300m: 3:30.50 36.09	500m: 5:54.46 36.00	700m: 8:18.08 35.96			
	150m: 1:42.98 35.52		350m: 4:06.59 36.09	550m: 6:30.26 35.80	750m: 8:53.95 35.87			
	200m: 2:18.92 35.94		400m: 4:42.94 36.35	600m: 7:06.11 35.85	800m: 9:29.10 35.15			
2.	CARLOTA Catarina Isabel	05	132493	BUZIOS-Coruche	9:37.08	+0,83	573	-
	50m: 32.91 32.91		250m: 2:57.17 36.42	450m: 5:23.52 36.65	650m: 7:50.75 36.65			
	100m: 1:08.67 35.76		300m: 3:33.91 36.74	500m: 6:00.40 36.88	700m: 8:26.86 36.11			
	150m: 1:44.52 35.85		350m: 4:10.29 36.38	550m: 6:37.24 36.84	750m: 9:02.55 35.69			
	200m: 2:20.75 36.23		400m: 4:46.87 36.58	600m: 7:14.10 36.86	800m: 9:37.08 34.53			
3.	FARIA Leonor Verissimo	06	143779	Nucleo de Pombal	9:50.79	+0,99	534	-
	50m: 33.24 33.24		250m: 3:01.38 37.35	450m: 5:31.95 37.62	650m: 8:00.63 37.30			
	100m: 1:09.46 36.22		300m: 3:39.09 37.71	500m: 6:09.45 37.50	700m: 8:37.83 37.20			
	150m: 1:46.66 37.20		350m: 4:16.58 37.49	550m: 6:46.43 36.98	750m: 9:15.05 37.22			
	200m: 2:24.03 37.37		400m: 4:54.33 37.75	600m: 7:23.33 36.90	800m: 9:50.79 35.74			
4.	PIRES Laura Joao	05	148663	Natacao do Fundao	9:54.94	+0,95	523	-
	50m: 34.03 34.03		250m: 3:00.20 37.06	450m: 5:29.91 37.74	650m: 8:01.65 37.76			
	100m: 1:09.78 35.75		300m: 3:37.49 37.29	500m: 6:07.76 37.85	700m: 8:39.46 37.81			
	150m: 1:46.24 36.46		350m: 4:14.66 37.17	550m: 6:45.90 38.14	750m: 9:17.67 38.21			
	200m: 2:23.14 36.90		400m: 4:52.17 37.51	600m: 7:23.89 37.99	800m: 9:54.94 37.27			
5.	MONTEIRO Ines Maria	04	126588	Naval Praia da Vitoria	9:56.24		519	-
	50m: 34.03 34.03		250m: 3:00.20 37.06	450m: 5:29.91 37.74	650m: 8:01.65 37.76			
	100m: 1:09.78 35.75		300m: 3:37.49 37.29	500m: 6:07.76 37.85	700m: 8:39.46 37.81			
	150m: 1:46.24 36.46		350m: 4:14.66 37.17	550m: 6:45.90 38.14	750m: 9:17.67 38.21			
	200m: 2:23.14 36.90		400m: 4:52.17 37.51	600m: 7:23.89 37.99	800m: 9:54.94 37.27			
6.	NUNES Rita Sofia	05	129103	Colegio Efanor	10:03.73	+0,96	500	-
	50m: 32.88 32.88		250m: 3:02.48 37.59	450m: 5:36.97 38.48	650m: 8:11.58 38.62			
	100m: 1:09.51 36.63		300m: 3:40.80 38.32	500m: 6:15.51 38.54	700m: 8:49.87 38.29			
	150m: 1:46.76 37.25		350m: 4:19.68 38.88	550m: 6:54.38 38.87	750m: 9:27.44 37.57			
	200m: 2:24.89 38.13		400m: 4:58.49 38.81	600m: 7:32.96 38.58	800m: 10:03.73 36.29			
7.	FERREIRA Leonor Marques	03	126252	Campinho	10:12.08	+0,66	480	-
	50m: 32.49 32.49		250m: 3:01.94 38.12	450m: 5:36.41 38.87	650m: 8:15.76 39.88			
	100m: 1:08.85 36.36		300m: 3:40.16 38.22	500m: 6:16.13 39.72	700m: 8:55.31 39.55			
	150m: 1:45.98 37.13		350m: 4:18.47 38.31	550m: 6:55.88 39.75	750m: 9:34.38 39.07			
	200m: 2:23.82 37.84		400m: 4:57.54 39.07	600m: 7:35.88 40.00	800m: 10:12.08 37.70			
8.	MERCEDES Mariana Marques	03	129961	Olivais e Moscavide	10:12.38	+0,94	479	-
	50m: 34.25 34.25		250m: 3:09.57 39.49	450m: 5:45.76 38.58	650m: 8:19.15 38.84			
	100m: 1:12.23 37.98		300m: 3:48.78 39.21	500m: 6:24.06 38.30	700m: 8:58.06 38.91			
	150m: 1:51.08 38.85		350m: 4:28.26 39.48	550m: 7:01.89 37.83	750m: 9:36.11 38.05			
	200m: 2:30.08 39.00		400m: 5:07.18 38.92	600m: 7:40.31 38.42	800m: 10:12.38 36.27			
9.	LUIS Jessica Santos	00	111887	Sao Roque	10:19.28		463	-
	50m: 34.19 34.19		250m: 3:08.53 38.93	450m: 5:46.41 39.90	650m: 8:24.48 39.18			
	100m: 1:12.18 37.99		300m: 3:47.61 39.08	500m: 6:25.93 39.52	700m: 9:03.62 39.14			
	150m: 1:51.03 38.85		350m: 4:26.78 39.17	550m: 7:05.57 39.64	750m: 9:42.30 38.68			
	200m: 2:29.60 38.57		400m: 5:06.51 39.73	600m: 7:45.30 39.73	800m: 10:19.28 36.98			

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	NEVES Diana Patricia	06	130031	Naval da Horta	10:23.28		454	-
	50m:		250m:	450m:		650m:		
	100m: 1:13.62		300m: 3:50.17	500m: 6:26.82		700m: 9:05.64		
	150m:		350m:	550m:		750m:		
	200m: 2:31.82		400m: 5:08.01	600m: 7:46.30		800m: 10:23.28		
11.	BALL Marianna Thais	05	205698	Natacao de Lagos	10:24.69		451	-
	50m: 31.76 31.76		250m: 3:10.48 39.58	450m: 5:47.87 39.19		650m: 8:26.28 39.80		
	100m: 1:10.98 39.22		300m: 3:49.87 39.39	500m: 6:27.58 39.71		700m: 9:06.65 40.37		
	150m: 1:50.68 39.70		350m: 4:29.35 39.48	550m: 7:07.52 39.94		750m: 9:44.99 38.34		
	200m: 2:30.90 40.22		400m: 5:08.68 39.33	600m: 7:46.48 38.96		800m: 10:24.69 39.70		
12.	JUNQUEIRA Manuela Paccola	05	204477	Naval de Peniche	10:25.37	+0,94	450	-
	50m: 32.84 32.84		250m: 3:04.06 39.00	450m: 5:43.88 40.07		650m: 8:25.77 40.70		
	100m: 1:09.17 36.33		300m: 3:43.89 39.83	500m: 6:24.23 40.35		700m: 9:06.57 40.80		
	150m: 1:46.79 37.62		350m: 4:23.81 39.92	550m: 7:04.63 40.40		750m: 9:47.17 40.60		
	200m: 2:25.06 38.27		400m: 5:03.81 40.00	600m: 7:45.07 40.44		800m: 10:25.37 38.20		
13.	OLIVEIRA Margarida Gomes	07	200856	O Crasto	10:26.32	+0,98	448	-
	50m: 34.26 34.26		250m: 3:10.54 39.47	450m: 5:49.66 40.23		650m: 8:30.06 39.81		
	100m: 1:12.36 38.10		300m: 3:50.59 40.05	500m: 6:30.11 40.45		700m: 9:10.26 40.20		
	150m: 1:51.30 38.94		350m: 4:29.95 39.36	550m: 7:10.21 40.10		750m: 9:49.51 39.25		
	200m: 2:31.07 39.77		400m: 5:09.43 39.48	600m: 7:50.25 40.04		800m: 10:26.32 36.81		
14.	SEONG Patricia Abreu	03	123751	FC Ferreiras/AlgarExperien	10:28.96	+0,73	442	-
	50m: 34.03 34.03		250m: 3:08.40 37.66	450m: 5:48.31 40.01		650m: 8:30.29 39.72		
	100m: 1:12.27 38.24		300m: 3:47.94 39.54	500m: 6:28.91 40.60		700m: 9:10.88 40.59		
	150m: 1:51.17 38.90		350m: 4:27.69 39.75	550m: 7:09.53 40.62		750m: 9:51.08 40.20		
	200m: 2:30.74 39.57		400m: 5:08.30 40.61	600m: 7:50.57 41.04		800m: 10:28.96 37.88		
15.	FERRAZ Maria Antonia	05	128378	Bombeiros Estoris	10:30.89		438	-
	50m: 31.66 31.66		250m: 3:11.96 40.53	450m: 5:52.68 39.49		650m: 8:33.56 40.40		
	100m: 1:11.18 39.52		300m: 3:52.23 40.27	500m: 6:32.82 40.14		700m: 9:13.25 39.69		
	150m: 1:51.08 39.90		350m: 4:32.81 40.58	550m: 7:12.92 40.10		750m: 9:51.91 38.66		
	200m: 2:31.43 40.35		400m: 5:13.19 40.38	600m: 7:53.16 40.24		800m: 10:30.89 38.98		
16.	JESUS Beatriz Alexandra	03	123290	Peso da Regua	10:38.73	+1,51	422	-
	50m: 36.32 36.32		250m: 3:15.89 40.11	450m: 5:57.32 40.68		650m: 8:39.44 40.26		
	100m: 1:14.85 38.53		300m: 3:55.92 40.03	500m: 6:37.93 40.61		700m: 9:20.66 41.22		
	150m: 1:55.17 40.32		350m: 4:36.09 40.17	550m: 7:18.77 40.84		750m: 10:00.59 39.93		
	200m: 2:35.78 40.61		400m: 5:16.64 40.55	600m: 7:59.18 40.41		800m: 10:38.73 38.14		
17.	WATSON Leila Rosa	03	128103	Lagoa AC	10:42.24	+0,87	415	-
	50m: 34.52 34.52		250m: 3:15.10 41.41	450m: 5:58.52 40.83		650m: 8:42.19 41.51		
	100m: 1:12.68 38.16		300m: 3:55.91 40.81	500m: 6:39.44 40.92		700m: 9:22.55 40.36		
	150m: 1:52.54 39.86		350m: 4:36.74 40.83	550m: 7:19.92 40.48		750m: 10:02.89 40.34		
	200m: 2:33.69 41.15		400m: 5:17.69 40.95	600m: 8:00.68 40.76		800m: 10:42.24 39.35		
18.	DELGADO ASENCIO Laura	02	211024	Nautico do Guadiana	10:44.78		410	-
	50m: 31.03 31.03		250m: 3:12.03 40.75	450m: 5:55.29 40.92		650m: 8:42.49 42.15		
	100m: 1:10.37 39.34		300m: 3:52.79 40.76	500m: 6:36.95 41.66		700m: 9:24.39 41.90		
	150m: 1:50.53 40.16		350m: 4:33.70 40.91	550m: 7:18.73 41.78		750m: 10:04.56 40.17		
	200m: 2:31.28 40.75		400m: 5:14.37 40.67	600m: 8:00.34 41.61		800m: 10:44.78 40.22		
19.	VIEIRA Daniela Sofia	01	124007	Feirense	10:54.73	+1,04	392	-
	50m: 36.02 36.02		250m: 3:18.37 40.82	450m: 6:04.92 41.71		650m: 8:51.86 42.08		
	100m: 1:15.20 39.18		300m: 4:00.03 41.66	500m: 6:46.56 41.64		700m: 9:33.59 41.73		
	150m: 1:56.31 41.11		350m: 4:41.71 41.68	550m: 7:28.59 42.03		750m: 10:15.09 41.50		
	200m: 2:37.55 41.24		400m: 5:23.21 41.50	600m: 8:09.78 41.19		800m: 10:54.73 39.64		
20.	SILVA Francisca Gomes	06	129777	Sporting de Espinho	10:58.62	+1,07	385	-
	50m: 35.53 35.53		250m: 3:20.06 41.84	450m: 6:07.95 41.60		650m: 8:55.68 41.87		
	100m: 1:15.42 39.89		300m: 4:02.34 42.28	500m: 6:50.08 42.13		700m: 9:37.64 41.96		
	150m: 1:56.54 41.12		350m: 4:44.56 42.22	550m: 7:31.57 41.49		750m: 10:18.94 41.30		
	200m: 2:38.22 41.68		400m: 5:26.35 41.79	600m: 8:13.81 42.24		800m: 10:58.62 39.68		

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	ANDRADE Margarida Fernandez	04	200962	Juventude Atlantico	11:11.63		363	-
	50m: 36.61 36.61		250m: 3:26.20	42.67	450m: 6:17.34	43.48	650m: 9:09.85	42.76
	100m: 1:17.78 41.17		300m: 4:09.23	43.03	500m: 7:00.72	43.38	700m: 9:51.71	41.86
	150m: 2:00.83 43.05		350m: 4:51.80	42.57	550m: 7:43.88	43.16	750m: 10:33.06	41.35
	200m: 2:43.53 42.70		400m: 5:33.86	42.06	600m: 8:27.09	43.21	800m: 11:11.63	38.57
22.	TAVARES Ana Burquete	00	119951	Salesianos	11:12.96	+0,82	361	-
	50m: 36.01 36.01		250m: 3:22.69	41.86	450m: 6:13.46	42.91	650m: 9:06.71	43.49
	100m: 1:17.26 41.25		300m: 4:05.30	42.61	500m: 6:56.28	42.82	700m: 9:49.86	43.15
	150m: 1:58.81 41.55		350m: 4:47.58	42.28	550m: 7:39.72	43.44	750m: 10:32.90	43.04
	200m: 2:40.83 42.02		400m: 5:30.55	42.97	600m: 8:23.22	43.50	800m: 11:12.96	40.06
23.	GOMES Carolina Silva	04	208777	Aquatico Silves	12:16.30		275	-
	50m: 35.43 35.43		250m: 3:41.63	48.31	450m: 6:54.81	48.44	650m: 10:05.17	47.04
	100m: 1:19.85 44.42		300m: 4:30.21	48.58	500m: 7:42.58	47.77	700m: 10:51.35	46.18
	150m: 2:06.22 46.37		350m: 5:18.33	48.12	550m: 8:30.49	47.91	750m: 11:35.71	44.36
	200m: 2:53.32 47.10		400m: 6:06.37	48.04	600m: 9:18.13	47.64	800m: 12:16.30	40.59
24.	MONRAIA Matilde Nabeiro	06	206511	CLAC-Entroncamento	13:00.90	+1,00	231	-
	50m: 39.95 39.95		250m: 3:54.43	49.71	450m: 7:15.07	50.66	650m: 10:36.63	49.81
	100m: 1:26.54 46.59		300m: 4:44.36	49.93	500m: 8:05.75	50.68	700m: 11:25.65	49.02
	150m: 2:15.43 48.89		350m: 5:34.10	49.74	550m: 8:56.85	51.10	750m: 12:14.10	48.45
	200m: 3:04.72 49.29		400m: 6:24.41	50.31	600m: 9:46.82	49.97	800m: 13:00.90	46.80
25.	NARCISO Leticia Cabral	05	200327	Agua de Pau	13:11.59		222	-
	50m:		250m:		450m:		650m:	
	100m: 1:29.71		300m: 4:48.93		500m: 8:11.46		700m: 11:34.43	
	150m:		350m:		550m:		750m:	
	200m: 3:08.83		400m: 6:31.21		600m: 9:53.02		800m: 13:11.59	

Prova 2

Masc., 100m Mariposa

Absolutos

26-10-2019 - 9:40

Resultados

Rec Nac Absoluto	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
Rec Nac Sen	51.45	CARVALHO Diogo Filipe	POR	Estocolmo (SWE)	11-11-2009
Rec Nac Jun18	53.87	VENANCIO Tiago Andre	CNS	Cantanhede	19-12-2004
Rec Nac Jun17	53.97	VENANCIO Tiago Andre	CNS	Alapraia	15-02-2004
Rec Nac Juv A	55.60	SOUSA Diogo Gomes	CNCVCG	Porto	05-12-2010
Rec Nac Juv B	56.68	RIBEIRO Diogo Matos	CUC	Lousã	23-06-2019
Rec Nac Inf A	59.56	SILVA Fabio Parrilha da	CNAL	Leiria	07-04-2001
Rec Nac Inf B	1:01.78	SILVA Fabio Parrilha da	CNAL	Penafiel	01-04-2000

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SILVA Henrique Gomes	02	120860	Estamos Juntos	57.79	+0,68	575	27,00
	50m: 26.91 26.91		100m: 57.79	30.88				
2.	YELISTRATKIN Ilyya	96	109940	Natacao de Vagos	58.13	+0,81	565	25,00
	50m: 27.11 27.11		100m: 58.13	31.02				
3.	DUARTE Joao Silverio	99	111461	Electrico Clube	58.21	+0,75	563	24,00
	50m: 27.20 27.20		100m: 58.21	31.01				
4.	SANTANA Joao Miguel	00	112719	Vikings	58.24	+0,70	562	23,00
	50m: 27.54 27.54		100m: 58.24	30.70				
5.	MELO Filipe Ferrao	01	200171	Naval Setubalense	58.83	+0,74	545	22,00
	50m: 27.51 27.51		100m: 58.83	31.32				
6.	SEQUEIRA Duarte Nunes	02	117845	Natacao de Lagos	59.62	+0,71	524	21,00
	50m: 27.19 27.19		100m: 59.62	32.43				
7.	FERNANDES Joao Vitor	00	117339	Escola O Liceu	1:00.14		510	20,00
	50m: 28.59 28.59		100m: 1:00.14	31.55				

Prova 2, Masc., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	FRANCISCO Sandro Emanuel	99	117818	Vieirense	1:00.16	+0,69	510	19,00
	50m: 28.07 28.07		100m: 1:00.16 32.09					
9.	PAQUETE Goncalo Manuel	99	127101	Colegio Efanor	1:00.64	+0,76	498	18,00
	50m: 27.83 27.83		100m: 1:00.64 32.81					
10.	MARIN Daniel	02	200130	FC Ferreiras/AlgarExperienç	1:01.15	+0,73	486	17,00
	50m: 28.79 28.79		100m: 1:01.15 32.36					
11.	NUNES Guilherme Oliveira	98	101832	Naval da Horta	1:02.89		446	16,00
	50m: 29.68 29.68		100m: 1:02.89 33.21					
12.	ROCHA Joao Pedro	02	121839	Viana Natacao	1:02.95	+0,69	445	15,00
	50m: 29.42 29.42		100m: 1:02.95 33.53					
13.	CORREIA Francisco Alves	04	131389	Litoral Alentejano	1:03.04	+0,79	443	14,00
	50m: 29.55 29.55		100m: 1:03.04 33.49					
14.	GONCALVES Hugo Fonseca	03	208561	Peso da Regua	1:04.04	+0,73	423	13,00
	50m: 29.40 29.40		100m: 1:04.04 34.64					
15.	MORALES ALVAREZ David	98	211058	Nautico do Guadiana	1:04.44	+0,79	415	12,00
	50m: 29.51 29.51		100m: 1:04.44 34.93					
16.	PACHECO Francisco Silva	04	125117	Nucleo Sporting da Terceira	1:04.62		411	11,00
	50m: 29.85 29.85		100m: 1:04.62 34.77					
17.	PROENCA Tiago Barroso	04	129698	Avancado EUL	1:05.29	+0,69	399	10,00
	50m: 29.98 29.98		100m: 1:05.29 35.31					
18.	SARAMAGO Artur Rafael	97	111949	BUZIOS-Coruche	1:05.35	+0,75	398	9,00
	50m: 29.49 29.49		100m: 1:05.35 35.86					
19.	SILVA Guilherme Antonio	04	205156	Aquatico Silves	1:05.48	+0,76	395	8,00
	50m: 30.04 30.04		100m: 1:05.48 35.44					
20.	CONCEICAO Filipe Jorge	81	12709	Olivais e Moscavide	1:05.68	+0,73	392	7,00
	50m: 30.08 30.08		100m: 1:05.68 35.60					
21.	GLORIA Afonso Marreiros	04	130828	Lagoa AC	1:08.02	+0,74	353	6,00
	50m: 31.07 31.07		100m: 1:08.02 36.95					
22.	MELIM Bruno Pontes	03	201593	Juventude Atlantico	1:08.82		340	5,00
	50m: 31.50 31.50		100m: 1:08.82 37.32					
23.	RELVA Tiago Alexandre	96	125640	O Crasto	1:09.94	+0,81	324	4,00
	50m: 33.93 33.93		100m: 1:09.94 36.01					
24.	COSTA Rafael Resendes	01	132982	Agua de Pau	1:13.77		276	3,00
	50m: 32.69 32.69		100m: 1:13.77 41.08					
25.	GONCALVES Pedro Marques	05	201564	Beja	1:18.11	+0,86	233	2,00
	50m: 35.09 35.09		100m: 1:18.11 43.02					
DSQ	FIGUEIREDO Filipe Fonseca	98	119645	Salesianos				-
	<i>SW 8.3 - O (a) atleta efectuou pernada de braços durante o percurso</i>							

Prova 3 Femin., 200m Mariposa Absolutos
26-10-2019 - 9:45 Resultados

Rec Nac Absoluto	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
Rec Nac Sen	2:05.74	MONTEIRO Ana Catarina	POR	Hangzhou (CHN)	12-12-2018
Rec Nac Jun17	2:10.12	CRUZ Sara Francisco	ADBA	Leiria	04-12-2009
Rec Nac Jun16	2:13.60	FRANCISCO Ana Rita	POR	Gelsenkirchen (GER)	11-02-1996
Rec Nac Juv A	2:17.51	FELGUEIRAS Raquel Maria	SCB	Algés	05-03-1995
Rec Nac Juv B	2:18.29	CUNHA Mariana Pacheco	CFP	Felgueiras	15-04-2018
Rec Nac Inf A	2:20.28	FERNANDES Carolina Miranda	CGA	Condeixa	12-05-2018
Rec Nac Inf B	2:31.64	FELGUEIRAS Raquel Maria	SCB	Algés	09-05-1992

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CUNHA Mariana Pacheco	04	124577	Colegio Efanor	2:18.48	+0,70	644	-
	50m: 30.51 30.51		100m: 1:05.08 34.57	150m: 1:41.63 36.55	200m: 2:18.48 36.85			
2.	MENDES Mariana Sebastiao	01	126564	Natacao de Lagos	2:26.12	+0,76	548	-
	50m: 33.02 33.02		100m: 1:10.27 37.25	150m: 1:46.99 36.72	200m: 2:26.12 39.13			
3.	BENTO Maria Madalena	05	127217	BUZIOS-Coruche	2:30.04	+0,73	506	-
	50m: 32.05 32.05		100m: 1:09.80 37.75	150m: 1:50.07 40.27	200m: 2:30.04 39.97			
4.	SANTOS Beatriz Rocha	02	129667	Campinho	2:30.19	+0,90	505	-
	50m: 33.40 33.40		100m: 1:10.75 37.35	150m: 1:49.92 39.17	200m: 2:30.19 40.27			
5.	RINO Maria Pedro	05	148594	Naval Praia da Vitoria	2:31.96		487	-
	50m: 33.12 33.12		100m: 1:09.80 37.75	150m: 1:50.07 40.27	200m: 2:31.96			
6.	SOUSA Joana Francisca	04	130520	Sao Roque	2:33.12		476	-
	50m: 33.71 33.71		100m: 1:12.10 38.39	150m: 1:51.83 39.73	200m: 2:33.12 41.29			
7.	PEDRAZA LOPEZ Valeria	03	211053	Nautico do Guadiana	2:34.62	+0,89	462	-
	50m: 33.95 33.95		100m: 1:12.37 38.42	150m: 1:53.12 40.75	200m: 2:34.62 41.50			
8.	VIEIRA Carmo Dias	05	201319	Avancado EUL	2:37.38	+0,69	438	-
	50m: 34.65 34.65		100m: 1:15.27 40.62	150m: 1:56.80 41.53	200m: 2:37.38 40.58			
	TOME Madalena Rodrigues	03	126829	Bombeiros Estoris	2:37.38	+0,86	438	-
	50m: 32.84 32.84		100m: 1:11.39 38.55	150m: 1:52.55 41.16	200m: 2:37.38 44.83			
10.	VILARINHO Melissa Sousa	03	124377	FC Ferreiras/AlgarExperie	2:38.41	+0,88	430	-
	50m: 33.43 33.43		100m: 1:12.28 38.85	150m: 1:54.44 42.16	200m: 2:38.41 43.97			
11.	CANINHAS Maria Pinto	05	201666	Natacao do Fundao	2:39.22	+0,84	423	-
	50m: 34.51 34.51		100m: 1:15.51 41.00	150m: 1:57.81 42.30	200m: 2:39.22 41.41			
12.	MELO Ines Pinheiro	01	121153	Sporting de Espinho	2:42.51	+0,95	398	-
	50m: 37.58 37.58		100m: 1:18.53 40.95	150m: 2:00.44 41.91	200m: 2:42.51 42.07			
13.	GOMES Carolina Fonseca	05	202528	Olivais e Moscavide	2:42.76	+0,77	396	-
	50m: 35.80 35.80		100m: 1:17.14 41.34	150m: 2:00.32 43.18	200m: 2:42.76 42.44			
14.	BERNARDINO Dalila Leal	06	204859	Nucleo de Pombal	2:47.49	+1,06	364	-
	50m: 35.56 35.56		100m: 1:17.02 41.46	150m: 2:01.85 44.83	200m: 2:47.49 45.64			
15.	FILIPE Ana Sofia	05	202068	Aquatico Silves	2:48.80	+0,77	355	-
	50m: 36.37 36.37		100m: 1:19.56 43.19	150m: 2:04.22 44.66	200m: 2:48.80 44.58			
16.	PINTO Mara Ribeiro	01	121887	Feirense	2:55.49	+1,01	316	-
	50m: 35.90 35.90		100m: 1:19.30 43.40	150m: 2:07.42 48.12	200m: 2:55.49 48.07			
17.	DUARTE Mariana Conceicao	03	129507	Salesianos	2:55.90	+0,86	314	-
	50m: 37.20 37.20		100m: 1:21.55 44.35	150m: 2:08.97 47.42	200m: 2:55.90 46.93			
18.	ROCHA Maria Cleto	04	125491	Naval da Horta	3:00.91		289	-
	50m: 36.36 36.36		100m: 1:19.30 43.40	150m: 2:07.42 48.12	200m: 3:00.91			
19.	RAMOS Barbara Emerick	04	148421	Juventude Atlantico	3:01.38		286	-
	50m: 37.66 37.66		100m: 1:22.09 44.43	150m: 2:11.25 49.16	200m: 3:01.38 50.13			

Prova 3, Femin., 200m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	FRANCIS Rebeca Correia	03	128106	Lagoa AC	3:06.69	+0,87	262	-
	50m: 41.07 41.07		100m: 1:30.16 49.09	150m: 2:17.39 47.23	200m: 3:06.69 49.30			
21.	SILVA Catarina Rodrigues	04	129228	Naval de Peniche	3:08.41	+0,95	255	-
	50m: 39.67 39.67		100m: 1:28.21 48.54	150m: 2:18.45 50.24	200m: 3:08.41 49.96			
22.	RODRIGUES Nancy Almeida	07	203799	O Crasto	3:09.10	+1,18	253	-
	50m: 39.76 39.76		100m: 1:27.17 47.41	150m: 2:19.19 52.02	200m: 3:09.10 49.91			
23.	FREITAS Barbara Maia	06	147081	CLAC-Entroncamento	3:11.24	+0,88	244	-
	50m: 38.99 38.99		100m: 1:26.83 47.84	150m: 2:18.84 52.01	200m: 3:11.24 52.40			
24.	LOPES Ariana Lage	02	208639	Peso da Regua	3:17.86	+0,94	220	-
	50m: 43.20 43.20		100m: 1:32.52 49.32	150m: 2:24.99 52.47	200m: 3:17.86 52.87			
25.	SOUSA Matilde Almeida	04	207777	Agua de Pau	4:07.10		113	-
	50m: 45.96 45.96		100m: 1:30.00 45.00	150m: 2:20.00 50.00	200m: 4:07.10 47.10			

Prova 4

Masc., 100m Bruços

Absolutos
Resultados

26-10-2019 - 10:00

Rec Nac Absoluto	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
Rec Nac Sen	58.19	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	22-11-2012
Rec Nac Jun18	1:01.25	AGOSTINHO Pedro Miguel	SCP	S. António Cavaleiros	19-12-2009
Rec Nac Jun17	1:02.99	SANTOS Andre Goncalo	LSC	Felgueiras	21-12-2013
Rec Nac Juv A	1:03.25	PEREIRA Ricardo Samuel	SLB	Algés	13-07-2019
Rec Nac Juv B	1:04.22	SANTOS Andre Goncalo	LSC	Braga	04-03-2012
Rec Nac Inf A	1:07.92	SANTOS Andre Goncalo	LSC	Viseu	12-03-2011
Rec Nac Inf B	1:09.54	SANTOS Andre Goncalo	LSC	Lousada	15-05-2010

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	DIAS Guilherme Pereira	97	110443	Vikings	1:07.70	+0,73	554	27,00
	50m: 31.29 31.29		100m: 1:07.70 36.41					
2.	MATIAS Rafael Candeias	03	131499	Natacao de Lagos	1:08.41	+0,79	537	25,00
	50m: 31.60 31.60		100m: 1:08.41 36.81					
3.	GIL Joao Pedro	98	111460	Electrico Clube	1:08.44	+0,63	536	24,00
	50m: 31.86 31.86		100m: 1:08.44 36.58					
4.	VENTOSO Vicente Morgado	00	126466	Avancado EUL	1:08.55	+0,69	533	23,00
	50m: 31.32 31.32		100m: 1:08.55 37.23					
5.	MARTINS Tiago Rafael	97	111267	Olivais e Moscavide	1:09.57	+0,64	510	22,00
	50m: 32.66 32.66		100m: 1:09.57 36.91					
6.	COSTA Rodrigo Marques	76	11306	Litoral Alentejano	1:10.05	+0,88	500	21,00
	50m: 32.52 32.52		100m: 1:10.05 37.53					
7.	MOREIRA Joao Pedro	04	200349	Colegio Efanor	1:10.66	+0,70	487	20,00
	50m: 33.09 33.09		100m: 1:10.66 37.57					
8.	MAXIMO Joao Luis	98	125641	O Crasto	1:11.37	+0,71	473	19,00
	50m: 32.60 32.60		100m: 1:11.37 38.77					
9.	SARAMAGO Artur Rafael	97	111949	BUZIOS-Coruche	1:11.56	+0,69	469	18,00
	50m: 33.79 33.79		100m: 1:11.56 37.77					
10.	OLIVEIRA Simao Lopes	05	200178	Naval Setubalense	1:11.59	+0,75	468	17,00
	50m: 34.45 34.45		100m: 1:11.59 37.14					
11.	JORGE Andre Camara	90	11222	Escola O Liceu	1:11.62		468	16,00
	50m: 33.04 33.04		100m: 1:11.62 38.58					

Prova 4, Masc., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	SANTOS Roberto Pinho 50m: 33.64 33.64	03	122871	Estamos Juntos 100m: 1:12.57 38.93	1:12.57	+0,82	449	15,00
13.	FARINHA Joao Fernandes 50m: 33.96 33.96	02	128102	Lagoa AC 100m: 1:12.98 39.02	1:12.98	+0,67	442	14,00
14.	FREITAS Joao Tomas 50m: 35.19 35.19	02	131520	Juventude Atlantico 100m: 1:14.99 39.80	1:14.99		407	13,00
15.	AGAPITO Bernardo Gameiro 50m: 35.96 35.96	98	117573	FC Ferreiras/AlgarExperienci 100m: 1:16.20 40.24	1:16.20	+0,78	388	12,00
16.	LAMANDE Jose Antonio 50m: 35.08 35.08	96	105808	Vieirense 100m: 1:16.88 41.80	1:16.88	+0,84	378	11,00
17.	SA Rafael Domingues 50m: 35.89 35.89	03	128120	Natacao de Vagos 100m: 1:18.02 42.13	1:18.02	+0,68	362	10,00
18.	SILVA Guilherme Antonio 50m: 36.49 36.49	04	205156	Aquatico Silves 100m: 1:18.44 41.95	1:18.44	+0,72	356	9,00
19.	OLIVEIRA Rodrigo Alexandre 50m: 37.09 37.09	04	128053	Viana Natacao 100m: 1:19.25 42.16	1:19.25	+0,81	345	8,00
20.	RENDEIRO Miguel Vargas 50m: 36.22 36.22	03	125106	Nucleo Sporting da Terceira 100m: 1:19.70 43.48	1:19.70		339	7,00
21.	LEONARDO Diogo Peixoto 50m: 37.45 37.45	02	131398	Naval da Horta 100m: 1:20.52 43.07	1:20.52		329	6,00
22.	CASQUINHA Pedro Dinis 50m: 37.92 37.92	05	208656	Salesianos 100m: 1:21.09 43.17	1:21.09	+0,80	322	5,00
23.	BRAZ Rodrigo Joao 50m: 37.75 37.75	00	208640	Peso da Regua 100m: 1:21.52 43.77	1:21.52	+0,87	317	4,00
24.	LAPSHYN Volodymyr 50m: 37.85 37.85	03	202936	Nautico do Guadiana 100m: 1:23.76 45.91	1:23.76	+0,73	292	3,00
25.	CAIXINHA Miguel Vaz 50m: 38.90 38.90	05	153572	Beja 100m: 1:23.97 45.07	1:23.97	+0,78	290	2,00
26.	VALENTE Nicolau Augusto 50m: 39.02 39.02	01	132969	Agua de Pau 100m: 1:24.55 45.53	1:24.55		284	1,00

Prova 5	Femin., 200m Bruços				Absolutos
26-10-2019 - 10:05					Resultados
Rec Nac Absoluto	2:22.12	PEREIRA Raquel Gomes	SAD	Algés	29-06-2019
Rec Nac Sen	2:22.12	PEREIRA Raquel Gomes	SAD	Algés	29-06-2019
Rec Nac Jun17	2:26.47	PEREIRA Raquel Gomes	SAD	Funchal	10-12-2016
Rec Nac Jun16	2:26.87	PEREIRA Raquel Gomes	SAD	Porto	11-12-2015
Rec Nac Juv A	2:32.36	GOMES Diana Duarte	ABVE	Alcobaça	07-02-2004
Rec Nac Juv B	2:34.51	GOMES Diana Duarte	ABVE	Reboleira	28-06-2003
Rec Nac Inf A	2:36.86	PEREIRA Clara Gomes	SAD	Algés	06-06-2015
Rec Nac Inf B	2:45.30	PEREIRA Clara Gomes	SAD	Algés	14-06-2014

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	NUNES Margarida Domingues	05	201398	Avancado EUL	2:40.99	+0,75	584	-
	50m: 36.37 36.37		100m: 1:16.24 39.87	150m: 1:57.56 41.32	200m: 2:40.99 43.43			
2.	OLIVEIRA Ana Rita	04	124995	Colegio Efanor	2:50.19	+0,76	494	-
	50m: 37.27 37.27		100m: 1:20.41 43.14	150m: 2:05.39 44.98	200m: 2:50.19 44.80			
3.	SILVA Ana Carolina	05	124090	Naval Praia da Vitoria	2:51.64		481	-
	50m: 38.35 38.35		100m: 1:26.47 45.22	150m: 2:12.56 46.09	200m: 2:51.64			
4.	FERREIRA Joana Rosa	05	130757	Naval de Peniche	2:53.94	+0,97	463	-
	50m: 38.21 38.21		100m: 1:22.89 44.68	150m: 2:08.70 45.81	200m: 2:53.94 45.24			
5.	RODRIGUES Laura Sofia	07	148425	Juventude Atlantico	2:55.04		454	-
	50m: 39.55 39.55		100m: 1:23.95 44.40	150m: 2:09.38 45.43	200m: 2:55.04 45.66			
6.	ALMEIDA Beatriz Matias	06	200222	Natacao de Lagos	2:55.11	+0,80	453	-
	50m: 39.19 39.19		100m: 1:24.45 45.26	150m: 2:10.07 45.62	200m: 2:55.11 45.04			
7.	BARREIRA Andreia Monteiro	06	204638	Peso da Regua	2:56.55	+0,87	442	-
	50m: 39.83 39.83		100m: 1:24.89 45.06	150m: 2:10.64 45.75	200m: 2:56.55 45.91			
8.	PIRES Laura Joao	05	148663	Natacao do Fundao	2:57.33	+0,96	437	-
	50m: 41.25 41.25		100m: 1:26.47 45.22	150m: 2:12.56 46.09	200m: 2:57.33 44.77			
9.	GUERREIRO Gloria Regina	04	202132	FC Ferreiras/AlgarExperie	2:58.59	+0,77	427	-
	50m: 40.84 40.84		100m: 1:26.44 45.60	150m: 2:12.19 45.75	200m: 2:58.59 46.40			
10.	ALMEIDA Ana Rita	05	201629	Campinho	2:58.60	+0,81	427	-
	50m: 40.86 40.86		100m: 1:26.92 46.06	150m: 2:13.25 46.33	200m: 2:58.60 45.35			
11.	PEDRAZA LOPEZ Valeria	03	211053	Nautico do Guadiana	2:58.81	+0,88	426	-
	50m: 42.09 42.09		100m: 1:27.59 45.50	150m: 2:13.45 45.86	200m: 2:58.81 45.36			
12.	PINA Laura Almeida	07	200859	O Crasto	3:01.21	+0,96	409	-
	50m: 39.94 39.94		100m: 1:26.79 46.85	150m: 2:14.55 47.76	200m: 3:01.21 46.66			
13.	SANTOS Mariana Coelho	04	130838	Lagoa AC	3:03.17	+0,93	396	-
	50m: 40.50 40.50		100m: 1:26.59 46.09	150m: 2:14.73 48.14	200m: 3:03.17 48.44			
14.	MELO Beatriz Coelho	05	128599	Feirense	3:04.63	+0,86	387	-
	50m: 40.38 40.38		100m: 1:26.87 46.49	150m: 2:16.00 49.13	200m: 3:04.63 48.63			
15.	MIRA Leonor Maria	04	130557	BUZIOS-Coruche	3:04.79	+0,91	386	-
	50m: 41.64 41.64		100m: 1:28.54 46.90	150m: 2:17.58 49.04	200m: 3:04.79 47.21			
16.	SILVA Silvana Suamade	06	131322	Sao Roque	3:05.08		384	-
	50m: 41.78 41.78		100m: 1:28.95 47.17	150m: 2:16.72 47.77	200m: 3:05.08 48.36			
17.	POINHO Maria Ines	01	112142	Sporting de Espinho	3:07.30	+0,98	370	-
	50m: 41.61 41.61		100m: 1:28.18 46.57	150m: 2:17.06 48.88	200m: 3:07.30 50.24			
18.	RIBEIRO Carolina Janardo	93	14581	Olivais e Moscavide	3:07.34	+0,78	370	-
	50m: 41.74 41.74		100m: 1:28.60 46.86	150m: 2:17.58 48.98	200m: 3:07.34 49.76			
19.	DUARTE Catarina Danae	06	201687	Bombeiros Estoris	3:08.91	+0,75	361	-
	50m: 41.51 41.51		100m: 1:29.64 48.13	150m: 2:19.61 49.97	200m: 3:08.91 49.30			

Prova 5, Femin., 200m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	CABRAL Nuria Costa	06	153420	Agua de Pau	3:10.53		352	-
	50m: 41.86 41.86		100m:	150m:		200m:	3:10.53	
21.	ANTUNES Joana Patricia	06	133117	CLAC-Entroncamento	3:11.45	+0,95	347	-
	50m: 42.20 42.20		100m: 1:30.82 48.62	150m: 2:20.62 49.80		200m:	3:11.45	50.83
22.	AMOR Luna Rafaela	02	118712	Naval da Horta	3:19.33		307	-
	50m: 44.35 44.35		100m:	150m:		200m:	3:19.33	
23.	DOMINGUES Flavia Mendes	06	200094	Nucleo de Pombal	3:26.33	+0,89	277	-
	50m: 47.36 47.36		100m: 1:39.74 52.38	150m: 2:33.41 53.67		200m:	3:26.33	52.92
24.	SOARES Maria Barros	01	211074	Salesianos	3:31.48	+0,92	257	-
	50m: 45.08 45.08		100m: 1:37.95 52.87	150m: 2:35.31 57.36		200m:	3:31.48	56.17
25.	SILVA Isis Filipa	07	208781	Aquatico Silves	3:37.77	+1,02	235	-
	50m: 47.24 47.24		100m: 1:43.44 56.20	150m: 2:40.97 57.53		200m:	3:37.77	56.80

Prova 6

Masc., 50m Livres

Absolutos
Resultados

26-10-2019 - 10:20

Rec Nac Absoluto	21.60	NASCIMENTO Miguel Duarte	SLB	Felgueiras	22-12-2018
Rec Nac Sen	21.60	NASCIMENTO Miguel Duarte	SLB	Felgueiras	22-12-2018
Rec Nac Jun18	22.24	NASCIMENTO Miguel Duarte	PORTIN	Porto	08-12-2012
Rec Nac Jun17	23.12	MACHADO Tiago Andrade	SCA	Felgueiras	22-12-2018
Rec Nac Juv A	23.88	RODRIGUES Tiago Moura	SANNP	Abrantes	26-01-2019
Rec Nac Juv B	23.96	SOUSA Diogo Gomes	CNCVG	Ponte de Sôr	13-12-2009
Rec Nac Inf A	25.30	CASTRO Joao Cruz	CSM	Funchal	12-04-2014
Rec Nac Inf B	26.65	LOPES Gabriel Jose	CDL	Lousã	19-06-2010

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	DIAS Guilherme Pereira	97	110443	Vikings	23.68	+0,68	626	27,00
2.	GRACA Bernardo Leitao	93	14838	Colegio Efanor	24.35	+0,70	575	25,00
3.	MARQUES Miguel Freitas	96	24979	Escola O Liceu	24.58		559	24,00
4.	YELISTRATKIN Ilyia	96	109940	Natacao de Vagos	24.93	+0,76	536	23,00
5.	CORREIA Jaime Daniel	99	111346	Olivais e Moscavide	25.22	+0,65	518	22,00
6.	MARIN Daniel	02	200130	FC Ferreiras/AlgarExperience	25.37	+0,72	509	21,00
7.	VENTOSO Vicente Morgado	00	126466	Avancado EUL	25.58	+0,68	496	20,00
8.	PEDROSA Francisco Pereira	99	117816	Vieirense	25.60	+0,63	495	19,00
9.	MELO Filipe Ferrao	01	200171	Naval Setubalense	25.76	+0,69	486	18,00
10.	HENRIQUES Diogo Miguel	98	120246	Electrico Clube	26.03	+0,68	471	17,00
11.	BOTO Pedro Alexandre	02	119966	Litoral Alentejano	26.10	+0,68	467	16,00
12.	BABANIN Daniel	03	124251	Viana Natacao	26.15	+0,86	465	15,00
13.	MOREIRA Jose Tiago	89	16015	Nucleo Sporting da Terceira	26.42		450	14,00
14.	MAXIMO Joao Luis	98	125641	O Crasto	26.86	+0,69	429	13,00
15.	MATIAS Rafael Candeias	03	131499	Natacao de Lagos	26.97	+0,78	423	12,00
16.	RODRIGUES Renato Correia	03	204444	Juventude Atlantico	27.11		417	11,00
17.	MARTINS David Almeida	01	205427	Estamos Juntos	27.17	+0,71	414	10,00
18.	RICARDO Joao Daniel	05	137852	Beja	27.23	+0,78	411	9,00
19.	VIEIRA Diogo Silveira	01	117666	Naval da Horta	27.42		403	8,00
20.	GONCALVES Hugo Fonseca	03	208561	Peso da Regua	27.44	+0,73	402	7,00
21.	CARREGADO Pedro Marques	02	125412	BUZIOS-Coruche	27.58	+0,80	396	6,00
22.	LOBO Pedro Cerqueira	01	211075	Salesianos	27.62	+0,89	394	5,00
23.	MARTINS Ricardo Morais	85	126451	Aquatico Silves	28.58	+0,79	356	4,00
24.	BUNKOVSKIS Rihards	05	204089	Agua de Pau	29.31		330	3,00

Prova 6, Masc., 50m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	CONCEICAO Hugo Pacheco	03	144716	Lagoa AC	29.35	+0,88	328	2,00
26.	HORTA Bruno Goncalves	05	132263	Nautico do Guadiana	29.64	+0,83	319	1,00

Prova 7

Femin., 100m Livres

Absolutos

26-10-2019 - 10:25

Resultados

Rec Nac Absoluto	55.12	RODRIGUES Ana Pinho	ADS	Felgueiras	21-12-2018
Rec Nac Sen	55.12	RODRIGUES Ana Pinho	ADS	Felgueiras	21-12-2018
Rec Nac Jun17	56.07	SOUSA Ana Reis	SAD	Felgueiras	21-12-2018
Rec Nac Jun16	56.72	SOUSA Ana Reis	CNLA	Porto	08-12-2017
Rec Nac Juv A	57.49	CUNHA Mariana Pacheco	CFP	Felgueiras	28-04-2019
Rec Nac Juv B	57.65	FERNANDES Carolina Miranda	CGA	Estarreja	10-06-2019
Rec Nac Inf A	58.55	FERNANDES Carolina Miranda	CGA	Felgueiras	11-03-2018
Rec Nac Inf B	1:00.13	FERNANDES Carolina Miranda	CGA	Mealhada	08-04-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANCHEZ FERNANDEZ Laura	03	211052	Nautico do Guadiana	59.82	+0,71	592	-
	50m: 28.16 28.16		100m: 59.82 31.66					
2.	SANTOS Leonor Esteves	04	130603	Avancado EUL	1:01.58	+0,79	543	-
	50m: 29.67 29.67		100m: 1:01.58 31.91					
3.	BENTO Maria Madalena	05	127217	BUZIOS-Coruche	1:02.69	+0,77	515	-
	50m: 30.59 30.59		100m: 1:02.69 32.10					
4.	MENDES Ana Sebastiao	04	129455	Natacao de Lagos	1:02.79	+0,73	512	-
	50m: 30.18 30.18		100m: 1:02.79 32.61					
5.	SOARES Ana Beatriz	03	205678	Feirense	1:03.22	+0,78	502	-
	50m: 29.43 29.43		100m: 1:03.22 33.79					
6.	PEREIRA Isabel dos Santos	05	126788	Colegio Efanor	1:03.37	+0,81	498	-
	50m: 30.58 30.58		100m: 1:03.37 32.79					
7.	OLIVEIRA Sara Fernandes	04	202386	Juventude Atlantico	1:04.25		478	-
	50m: 30.38 30.38		100m: 1:04.25 33.87					
8.	FILIPPE Ana Sofia	05	202068	Aquatico Silves	1:05.32	+0,80	455	-
	50m: 31.35 31.35		100m: 1:05.32 33.97					
9.	ABREU Sofia Viola	04	129910	Naval de Peniche	1:05.44	+0,95	452	-
	50m: 31.24 31.24		100m: 1:05.44 34.20					
10.	CRAVO Isabel Catarino	98	107288	Nucleo de Pombal	1:05.64	+0,76	448	-
	50m: 31.61 31.61		100m: 1:05.64 34.03					
11.	MELO Ines Pinheiro	01	121153	Sporting de Espinho	1:05.85	+0,89	444	-
	50m: 31.63 31.63		100m: 1:05.85 34.22					
12.	GONCALVES Maria Albuquerque	04	130044	Natacao do Fundao	1:05.99	+0,83	441	-
	50m: 31.84 31.84		100m: 1:05.99 34.15					
13.	TORGAL Madalena Sampaio	05	132521	Bombeiros Estoris	1:06.36	+0,84	434	-
	50m: 31.63 31.63		100m: 1:06.36 34.73					
14.	VELHO Ana Luisa	05	208555	Peso da Regua	1:06.74	+0,80	426	-
	50m: 31.69 31.69		100m: 1:06.74 35.05					
15.	VILARINHO Melissa Sousa	03	124377	FC Ferreiras/AlgarExperie	1:06.97	+0,89	422	-
	50m: 31.82 31.82		100m: 1:06.97 35.15					
16.	PEREIRA Marta Monteiro	04	126460	O Crasto	1:07.44	+0,97	413	-
	50m: 32.07 32.07		100m: 1:07.44 35.37					

Prova 7, Femin., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	AMARAL Maria Teresa 50m: 32.35 32.35	06	208170	Campinho 100m: 1:07.92 35.57	1:07.92	+0,79	404	-
	LUIS Catarina Fernandes 50m: 32.06 32.06	97	109602	Sao Roque 100m: 1:07.92 35.86	1:07.92		404	-
19.	MADEIRA Carolina Costa 50m: 32.48 32.48	00	108248	Salesianos 100m: 1:08.13 35.65	1:08.13	+0,75	401	-
20.	GONCALVES Alexandra Rego 50m: 32.32 32.32	94	24714	Naval da Horta 100m: 1:08.62 36.30	1:08.62		392	-
21.	FONSECA Ines Carvalho 50m: 32.81 32.81	05	140819	Lagoa AC 100m: 1:10.10 37.29	1:10.10	+0,80	368	-
22.	COSTA Claudia Almeida 50m: 33.76 33.76	95	14919	Olivais e Moscavide 100m: 1:10.56 36.80	1:10.56	+0,85	361	-
23.	SABANOVIC Erna 50m: 34.09 34.09	04	207042	CLAC-Entroncamento 100m: 1:11.69 37.60	1:11.69	+0,89	344	-
24.	AVILA Leonor Espinola 50m: 34.33 34.33	06	206250	Naval Praia da Vitoria 100m: 1:13.38 39.05	1:13.38		321	-
25.	COUTO Matilde Rodrigues 50m: 34.52 34.52	06	132968	Agua de Pau 100m: 1:13.59 39.07	1:13.59		318	-

Prova 8
26-10-2019 - 10:30

Masc., 100m Costas

Absolutos
Resultados

Rec Nac Absoluto	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)	11-12-2018
Rec Nac Sen	51.48	LOPES Gabriel Jose	POR	Hangzhou (CHN)	11-12-2018
Rec Nac Jun18	53.88	SANTOS Alexis Manacas	SCP	Leiria	05-12-2009
Rec Nac Jun17	54.97	LOPES Gabriel Jose	CDL	Coimbra	11-05-2014
Rec Nac Juv A	56.45	SOUSA Diogo Gomes	CNCVG	Porto	04-12-2010
Rec Nac Juv B	57.36	SILVA Gustavo Carvalho	ADA	Praia da Vitória	20-07-2019
Rec Nac Inf A	59.50	SILVA Ricardo Lopes	DNMG	Caldas da Rainha	10-06-2017
Rec Nac Inf B	1:04.62	DIAS Jose Diogo	FBSC	Coimbra	07-05-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FERREIRA Bernardo Felgueira 50m: 29.46 29.46	03	127126	Colegio Efanor 100m: 1:00.86 31.40	1:00.86	+0,60	518	27,00
2.	GOMES Guilherme Sousa 50m: 29.67 29.67	04	153562	Aquatico Silves 100m: 1:01.27 31.60	1:01.27	+0,62	507	25,00
3.	ARAUJO Diogo Alexandre 50m: 29.37 29.37	01	122109	Olivais e Moscavide 100m: 1:01.37 32.00	1:01.37	+0,67	505	24,00
4.	SILVA Joao Jesus 50m: 29.62 29.62	02	118177	Juventude Atlantico 100m: 1:01.83 32.21	1:01.83		494	23,00
5.	PIMENTEL Alfredo Eugenio 50m: 30.04 30.04	00	203144	Litoral Alentejano 100m: 1:02.13 32.09	1:02.13	+0,62	486	22,00
6.	BELO Joao Pedro 50m: 30.81 30.81	97	110444	Vikings 100m: 1:02.94 32.13	1:02.94	+0,70	468	21,00
7.	MOURA Ricardo Goncalves 50m: 30.20 30.20	98	107577	Electrico Clube 100m: 1:03.68 33.48	1:03.68	+0,61	452	20,00
8.	LOPES Ivo Andre 50m: 30.33 30.33	94	11728	Avancado EUL 100m: 1:03.77 33.44	1:03.77	+0,72	450	19,00

Prova 8, Masc., 100m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	OLIVEIRA Cesar Goncalves 50m: 30.60 30.60	00	123762	FC Ferreiras/AlgarExperienç	1:04.10 100m: 1:04.10 33.50	+0,60	443	18,00
10.	MARCOS Joao Freitas 50m: 30.76 30.76	01	123161	Escola O Liceu	1:04.80 100m: 1:04.80 34.04		429	17,00
11.	FERNANDES Miguel Alves 50m: 31.40 31.40	05	131479	Viana Natacao	1:04.82 100m: 1:04.82 33.42	+0,61	428	16,00
12.	PINHO Duarte Sa 50m: 31.33 31.33	02	124748	Estamos Juntos	1:04.94 100m: 1:04.94 33.61	+0,83	426	15,00
13.	FONSECA Leandro Dinis 50m: 31.48 31.48	02	123995	Natacao de Lagos	1:05.12 100m: 1:05.12 33.64	+0,79	422	14,00
14.	OLIVEIRA Jose Miguel 50m: 31.84 31.84	03	129493	Naval Setubalense	1:05.67 100m: 1:05.67 33.83	+0,78	412	13,00
15.	COELHO Joao Salvador 50m: 31.23 31.23	03	126355	O Crasto	1:05.96 100m: 1:05.96 34.73	+0,62	406	12,00
16.	BURECAS Jose Carlos 50m: 31.47 31.47	00	121519	BUZIOS-Coruche	1:06.04 100m: 1:06.04 34.57	+0,59	405	11,00
17.	SOARES Ricardo Pedrosa 50m: 33.07 33.07	04	200051	Vieirense	1:07.99 100m: 1:07.99 34.92	+0,61	371	10,00
18.	SOLODYUK Micael Kovalchuk 50m: 32.54 32.54	03	139552	Natacao de Vagos	1:08.02 100m: 1:08.02 35.48	+0,61	371	9,00
19.	FAIAL Diogo Lima 50m: 33.84 33.84	02	132973	Agua de Pau	1:09.71 100m: 1:09.71 35.87		344	8,00
20.	CAEIRO Miguel Cano 50m: 33.88 33.88	05	137853	Beja	1:10.30 100m: 1:10.30 36.42	+0,61	336	7,00
21.	TEIXEIRA Tomas Borges 50m: 35.28 35.28	05	148451	Nucleo Sporting da Terceira	1:12.06 100m: 1:12.06 36.78		312	6,00
22.	LEAL Antonio Marinho 50m: 35.51 35.51	05	129660	Naval da Horta	1:13.22 100m: 1:13.22 37.71		297	5,00
23.	FERRAMACHO Goncalo Santo 50m: 35.33 35.33	98	128380	Nautico do Guadiana	1:14.98 100m: 1:14.98 39.65	+0,71	277	4,00
24.	FONSECA Goncalo Monteiro 50m: 37.40 37.40	05	208560	Peso da Regua	1:15.21 100m: 1:15.21 37.81	+0,75	274	3,00
25.	CARVALHO Nuno Alexandre 50m: 36.60 36.60	03	210162	Lagoa AC	1:15.97 100m: 1:15.97 39.37	+0,71	266	2,00
26.	MIRA Simao Matos 50m: 38.97 38.97	05	202211	Salesianos	1:20.36 100m: 1:20.36 41.39	+0,78	225	1,00

Prova 9 26-10-2019 - 10:40	Femin., 200m Costas				Absolutos Resultados
Rec Nac Absoluto	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017
Rec Nac Sen	2:09.12	FRISCHKNECHT Rita Barros	SAD	Porto	08-12-2017
Rec Nac Jun17	2:11.46	AZEVEDO Rafaela Gomes	SAD	Felgueiras	21-12-2018
Rec Nac Jun16	2:11.74	REBELO Camila Rodrigues	ALN	Felgueiras	21-12-2018
Rec Nac Juv A	2:14.11	REBELO Camila Rodrigues	ALN	Condeixa	12-05-2018
Rec Nac Juv B	2:17.86	MARTINHEIRA Catia Raquel	LDC	Sines	21-12-2008
Rec Nac Inf A	2:21.33	AZEVEDO Rafaela Gomes	SAD	Algés	06-06-2015
Rec Nac Inf B	2:27.90	FERNANDES Carolina Miranda	CGA	Mealhada	26-03-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	OLIVEIRA Ana Rita	04	124995	Colegio Efanor	2:26.75	+0,69	536	-
	50m: 33.56 33.56			100m: 1:10.60 37.04	150m: 1:49.30 38.70	200m: 2:26.75	37.45	
2.	MAGALHAES Luana Cardoso	06	201688	Bombeiros Estoris	2:28.96	+0,68	512	-
	50m: 35.09 35.09			100m: 1:13.05 37.96	150m: 1:51.71 38.66	200m: 2:28.96	37.25	
3.	ARMAS Maria Ornelas	98	106961	Avancado EUL	2:30.56	+0,83	496	-
	50m: 37.20 37.20			100m: 1:14.16 36.96	150m: 1:52.52 38.36	200m: 2:30.56	38.04	
4.	CANINHAS Maria Pinto	05	201666	Natacao do Fundao	2:32.36	+0,87	479	-
	50m: 36.13 36.13			100m: 1:14.75 38.62	150m: 1:54.02 39.27	200m: 2:32.36	38.34	
5.	SANCHEZ FERNANDEZ Irene	06	211028	Nautico do Guadiana	2:32.55	+0,63	477	-
	50m: 35.26 35.26			100m: 1:13.58 38.32	150m: 1:53.65 40.07	200m: 2:32.55	38.90	
6.	MENDES Mariana Sebastiao	01	126564	Natacao de Lagos	2:33.01	+0,70	473	-
	50m: 36.10 36.10			100m: 1:14.57 38.47	150m: 1:53.23 38.66	200m: 2:33.01	39.78	
7.	FERREIRA Leonor Marques	03	126252	Campinho	2:35.17	+0,63	453	-
	50m: 35.01 35.01			100m: 1:14.39 39.38	150m: 1:55.26 40.87	200m: 2:35.17	39.91	
8.	COSTA Joana Ferreira	05	203249	Feirense	2:36.26	+0,86	444	-
	50m: 35.74 35.74			100m: 1:15.90 40.16	150m: 1:57.07 41.17	200m: 2:36.26	39.19	
9.	RINO Maria Pedro	05	148594	Naval Praia da Vitoria	2:36.67		440	-
	50m: 36.99 36.99			100m: 1:16.00 39.00	150m: 1:56.00 40.00	200m: 2:36.67		
10.	DIAS Iara Filipa	05	130387	Naval de Peniche	2:37.41	+0,77	434	-
	50m: 36.47 36.47			100m: 1:17.07 40.60	150m: 1:58.33 41.26	200m: 2:37.41	39.08	
11.	CANTIRU Dana Alexia	03	133500	FC Ferreiras/AlgarExperie	2:38.59	+0,77	424	-
	50m: 36.40 36.40			100m: 1:16.05 39.65	150m: 1:57.51 41.46	200m: 2:38.59	41.08	
12.	MERCEDES Mariana Marques	03	129961	Olivais e Moscavide	2:39.93	+0,69	414	-
	50m: 35.57 35.57			100m: 1:15.29 39.72	150m: 1:57.54 42.25	200m: 2:39.93	42.39	
13.	SANTOS Mariana Coelho	04	130838	Lagoa AC	2:40.25	+0,63	411	-
	50m: 38.07 38.07			100m: 1:17.93 39.86	150m: 1:59.11 41.18	200m: 2:40.25	41.14	
14.	MACHARREU Matilde Isabel	04	127289	BUZIOS-Coruche	2:40.45	+0,87	410	-
	50m: 37.37 37.37			100m: 1:18.12 40.75	150m: 1:59.60 41.48	200m: 2:40.45	40.85	
15.	LUIS Jessica Santos	00	111887	Sao Roque	2:40.97		406	-
	50m: 36.07 36.07			100m: 1:16.65 40.58	150m: 1:59.07 42.42	200m: 2:40.97	41.90	
16.	DUARTE Mariana Conceicao	03	129507	Salesianos	2:42.40	+0,65	395	-
	50m: 37.06 37.06			100m: 1:18.03 40.97	150m: 2:01.40 43.37	200m: 2:42.40	41.00	
17.	FARIA Leonor Verissimo	06	143779	Nucleo de Pombal	2:42.61	+0,99	394	-
	50m: 39.86 39.86			100m: 1:21.13 41.27	150m: 2:02.38 41.25	200m: 2:42.61	40.23	
18.	CARICHAS Joana Medeiros	06	200965	Juventude Atlantico	2:44.42		381	-
	50m: 38.18 38.18			100m: 1:20.58 42.40	150m: 2:03.40 42.82	200m: 2:44.42	41.02	
19.	CARVALHO Neuza Cardoso	05	201737	Peso da Regua	2:47.25	+0,88	362	-
	50m: 37.74 37.74			100m: 1:19.82 42.08	150m: 2:03.97 44.15	200m: 2:47.25	43.28	

Prova 9, Femin., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	MONTEIRO Ana Rita	01	124464	Sporting de Espinho	2:48.40	+1,05	354	-
	50m: 39.96 39.96		100m: 1:22.47 42.51	150m: 2:06.14 43.67	200m: 2:48.40 42.26			
21.	FERNANDES Leonor Garcia	07	200857	O Crasto	2:51.89	+0,74	333	-
	50m: 40.22 40.22		100m: 1:23.90 43.68	150m: 2:08.23 44.33	200m: 2:51.89 43.66			
22.	SABANOVIC Erna	04	207042	CLAC-Entroncamento	2:52.11	+0,82	332	-
	50m: 39.44 39.44		100m: 1:23.23 43.79	150m: 2:09.43 46.20	200m: 2:52.11 42.68			
23.	AMOR Luna Rafaela	02	118712	Naval da Horta	2:55.98		311	-
	50m: 41.09 41.09		100m: 150m:	200m: 2:55.98				
24.	REIS Mariana Tavares	05	132979	Agua de Pau	3:01.08		285	-
	50m: 41.92 41.92		100m: 150m:	200m: 3:01.08				
DSQ	MOREIRA Laura Figueiredo	07	209916	Aquatico Silves				-
	<i>SW 6.4 - O (a) atleta interrompe o movimento contínuo dos braços , antes da viragem aos 100 metros</i>							

Prova 10

Masc., 400m Livres

Absolutos
Resultados

26-10-2019 - 10:50

Rec Nac Absoluto	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Sen	3:42.91	NASCIMENTO Miguel Duarte	SLB	Porto	09-12-2017
Rec Nac Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26-06-2004
Rec Nac Jun17	3:56.54	COSTA Rui Filipe	VSC	Feigueiras	24-11-2007
Rec Nac Juv A	3:59.31	SANTOS Joao Carlos	ANAM	Algés	08-07-2012
Rec Nac Juv B	4:02.41	RIBEIRO Diogo Matos	CUC	Lousã	23-06-2019
Rec Nac Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29-03-2014
Rec Nac Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04-04-2003

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	FIGUEROA PEREZ-MARIN Ser	03	211026	Nautico do Guadiana	4:16.92	+0,85	563	27,00
	50m: 29.33 29.33		150m: 1:33.14 32.28	250m: 2:38.86 32.78	350m: 3:45.16 33.11			
	100m: 1:00.86 31.53		200m: 2:06.08 32.94	300m: 3:12.05 33.19	400m: 4:16.92 31.76			
2.	DIAS Guilherme Pereira	97	110443	Vikings	4:18.78	+0,73	551	25,00
	50m: 29.39 29.39		150m: 1:34.53 32.81	250m: 2:40.95 33.31	350m: 3:46.97 32.77			
	100m: 1:01.72 32.33		200m: 2:07.64 33.11	300m: 3:14.20 33.25	400m: 4:18.78 31.81			
3.	COSTA Samson Silva	02	120847	Colegio Efanor	4:20.33	+0,72	541	24,00
	50m: 28.57 28.57		150m: 1:34.14 33.12	250m: 2:41.29 33.29	350m: 3:48.36 33.21			
	100m: 1:01.02 32.45		200m: 2:08.00 33.86	300m: 3:15.15 33.86	400m: 4:20.33 31.97			
4.	CASCALHEIRA Joao Miguel	03	201621	Naval Setubalense	4:24.23	+0,81	518	23,00
	50m: 30.01 30.01		150m: 1:37.13 33.86	250m: 2:44.35 33.44	350m: 3:52.30 33.96			
	100m: 1:03.27 33.26		200m: 2:10.91 33.78	300m: 3:18.34 33.99	400m: 4:24.23 31.93			
5.	SILVA Duarte Filipe	03	127287	BUZIOS-Coruche	4:24.40	+0,87	517	22,00
	50m: 30.02 30.02		150m: 1:37.22 33.77	250m: 2:45.22 34.01	350m: 3:52.99 33.43			
	100m: 1:03.45 33.43		200m: 2:11.21 33.99	300m: 3:19.56 34.34	400m: 4:24.40 31.41			
6.	SANTOS Guilherme Clara	02	127325	Estamos Juntos	4:24.46	+0,75	516	21,00
	50m: 29.93 29.93		150m: 1:35.88 33.20	250m: 2:43.87 34.02	350m: 3:53.11 34.73			
	100m: 1:02.68 32.75		200m: 2:09.85 33.97	300m: 3:18.38 34.51	400m: 4:24.46 31.35			
7.	CHOCAS Afonso Alves	04	126756	Electrico Clube	4:27.12	+0,71	501	20,00
	50m: 29.79 29.79		150m: 1:35.01 33.30	250m: 2:43.95 34.66	350m: 3:53.69 35.04			
	100m: 1:01.71 31.92		200m: 2:09.29 34.28	300m: 3:18.65 34.70	400m: 4:27.12 33.43			
8.	SANTOS Vasco Malia	04	153124	Natacao de Lagos	4:28.01	+0,71	496	19,00
	50m: 29.69 29.69		150m: 1:37.63 34.91	250m: 2:46.73 33.98	350m: 3:55.31 33.93			
	100m: 1:02.72 33.03		200m: 2:12.75 35.12	300m: 3:21.38 34.65	400m: 4:28.01 32.70			

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	MARIANO Samuel Andre	02	132931	Litoral Alentejano	4:32.21	+0,85	474	18,00
	50m: 30.80 30.80		150m: 1:38.15 33.91	250m: 2:47.59 35.19	350m: 3:57.96 35.16			
	100m: 1:04.24 33.44		200m: 2:12.40 34.25	300m: 3:22.80 35.21	400m: 4:32.21 34.25			
10.	CASTRO Martim Pereira	02	124907	Escola O Liceu	4:33.94		465	17,00
	50m: 29.62 29.62		150m: 1:36.88 34.19	250m: 2:47.65 35.71	350m: 3:59.16 35.86			
	100m: 1:02.69 33.07		200m: 2:11.94 35.06	300m: 3:23.30 35.65	400m: 4:33.94 34.78			
11.	AFONSO Martim Rodrigues	04	205149	Aquatico Silves	4:34.50	+0,82	462	16,00
	50m: 29.01 29.01		150m: 1:37.71 34.85	250m: 2:48.26 35.02	350m: 3:59.90 35.75			
	100m: 1:02.86 33.85		200m: 2:13.24 35.53	300m: 3:24.15 35.89	400m: 4:34.50 34.60			
12.	QUEIROS Luis Pedro	04	124051	Viana Natacao	4:34.53	+0,97	462	15,00
	50m: 29.96 29.96		150m: 1:38.13 34.81	250m: 2:48.70 34.91	350m: 4:00.00 35.24			
	100m: 1:03.32 33.36		200m: 2:13.79 35.66	300m: 3:24.76 36.06	400m: 4:34.53 34.53			
13.	FIGUEIREDO Gustavo Pinto	02	126459	O Crasto	4:35.44	+0,74	457	14,00
	50m: 30.54 30.54		150m: 1:40.31 35.44	250m: 2:51.74 35.67	350m: 4:02.46 34.88			
	100m: 1:04.87 34.33		200m: 2:16.07 35.76	300m: 3:27.58 35.84	400m: 4:35.44 32.98			
14.	SOUSA Afonso Coelho	05	127647	Nucleo Sporting da Terceira	4:36.19		453	13,00
	50m: 30.10 30.10		150m: 1:37.27 34.30	250m: 2:48.67 35.88	350m: 4:00.64 36.19			
	100m: 1:02.97 32.87		200m: 2:12.79 35.52	300m: 3:24.45 35.78	400m: 4:36.19 35.55			
15.	TELES Artur Corte	04	127508	Juventude Atlantico	4:36.21		453	12,00
	50m: 30.47 30.47		150m: 1:39.12 34.24	250m: 2:50.20 35.90	350m: 4:01.77 35.50			
	100m: 1:04.88 34.41		200m: 2:14.30 35.18	300m: 3:26.27 36.07	400m: 4:36.21 34.44			
16.	MENDES Diogo Alexandre	05	131571	Natacao de Vagos	4:36.31	+0,74	453	11,00
	50m: 32.09 32.09		150m: 1:40.89 34.77	250m: 2:52.35 36.09	350m: 4:03.69 35.77			
	100m: 1:06.12 34.03		200m: 2:16.26 35.37	300m: 3:27.92 35.57	400m: 4:36.31 32.62			
17.	VIDAL Joao Pedro	03	132105	Vieirense	4:36.85	+0,93	450	10,00
	50m: 29.69 29.69		150m: 1:37.57 34.64	250m: 2:49.09 36.07	350m: 4:01.51 36.05			
	100m: 1:02.93 33.24		200m: 2:13.02 35.45	300m: 3:25.46 36.37	400m: 4:36.85 35.34			
18.	ROCHA Jose Pedro	04	201748	Peso da Regua	4:37.22	+0,83	448	9,00
	50m: 30.49 30.49		150m: 1:39.10 34.87	250m: 2:50.08 35.35	350m: 4:02.06 36.12			
	100m: 1:04.23 33.74		200m: 2:14.73 35.63	300m: 3:25.94 35.86	400m: 4:37.22 35.16			
19.	VIEIRA Diogo Silveira	01	117666	Naval da Horta	4:38.57		442	8,00
	50m: 31.01 31.01		150m: 1:39.41 34.60	250m: 2:50.61 35.60	350m: 4:02.98 36.28			
	100m: 1:04.81 33.80		200m: 2:15.01 35.60	300m: 3:26.70 36.09	400m: 4:38.57 35.59			
20.	GROSHEV Vladislav	04	132754	FC Ferreiras/AlgarExperiencia	4:40.91	+0,91	431	7,00
	50m: 30.15 30.15		150m: 1:39.67 35.39	250m: 2:52.60 36.60	350m: 4:05.85 36.76			
	100m: 1:04.28 34.13		200m: 2:16.00 36.33	300m: 3:29.09 36.49	400m: 4:40.91 35.06			
21.	RAMOS Ruy Alexandre	74	210996	Olivais e Moscavide	4:52.19	+0,97	383	6,00
	50m: 31.65 31.65		150m: 1:44.42 37.01	250m: 2:59.31 37.65	350m: 4:15.54 38.12			
	100m: 1:07.41 35.76		200m: 2:21.66 37.24	300m: 3:37.42 38.11	400m: 4:52.19 36.65			
22.	COSTA Pedro Santos	02	129458	Lagoa AC	4:54.73	+0,84	373	5,00
	50m: 31.43 31.43		150m: 1:44.61 37.32	250m: 3:01.20 38.32	350m: 4:19.18 38.90			
	100m: 1:07.29 35.86		200m: 2:22.88 38.27	300m: 3:40.28 39.08	400m: 4:54.73 35.55			
23.	LOBO Pedro Cerqueira	01	211075	Salesianos	5:00.31	+0,96	353	4,00
	50m: 31.38 31.38		150m: 1:44.93 38.00	250m: 3:04.33 40.14	350m: 4:23.10 39.06			
	100m: 1:06.93 35.55		200m: 2:24.19 39.26	300m: 3:44.04 39.71	400m: 5:00.31 37.21			
24.	FERNANDES Eduardo Figueira	04	137850	Beja	5:01.98	+0,89	347	3,00
	50m: 33.76 33.76		150m: 1:49.30 37.98	250m: 3:06.01 38.70	350m: 4:23.40 38.76			
	100m: 1:11.32 37.56		200m: 2:27.31 38.01	300m: 3:44.64 38.63	400m: 5:01.98 38.58			
25.	COSTA Rafael Resendes	01	132982	Agua de Pau	5:11.79		315	2,00
	50m: 33.54 33.54		150m: 1:50.53 39.05	250m: 3:11.21 40.45	350m: 4:33.19 41.18			
	100m: 1:11.48 37.94		200m: 2:30.76 40.23	300m: 3:52.01 40.80	400m: 5:11.79 38.60			

Prova 10, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	FOCK Yann Chetelat <i>SW 4.4 - Falsa partida</i>	04	129699	Avancado EUL				-

Prova 11

Femin., 200m Estilos

Absolutos

26-10-2019 - 11:10

Resultados

Rec Nac Absoluto	2:12.08	KAMINSKAYA Victoria	POR	Copenhague (DEN)	16-12-2017
Rec Nac Sen	2:12.08	KAMINSKAYA Victoria	POR	Copenhague (DEN)	16-12-2017
Rec Nac Jun17	2:16.22	PEREIRA Raquel Gomes	SAD	Algés	19-11-2016
Rec Nac Jun16	2:14.94	ROSA Maria Carolina	SCP	S. António Cavaleiros	19-12-2009
Rec Nac Juv A	2:18.13	CUNHA Mariana Pacheco	CFP	Felgueiras	27-04-2019
Rec Nac Juv B	2:19.79	CUNHA Mariana Pacheco	CFP	Felgueiras	14-04-2018
Rec Nac Inf A	2:21.36	FERNANDES Carolina Miranda	CGA	Felgueiras	10-03-2018
Rec Nac Inf B	2:28.04	FERNANDES Carolina Miranda	CGA	Mealhada	08-04-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CUNHA Mariana Pacheco	04	124577	Colegio Efanor	2:22.33	+0,72	627	-
	50m: 29.54 29.54		100m: 1:05.89 36.35	150m: 1:48.46 42.57	200m: 2:22.33 33.87			
2.	NUNES Margarida Domingues	05	201398	Avancado EUL	2:31.46	+0,74	520	-
	50m: 32.88 32.88		100m: 1:12.90 40.02	150m: 1:54.47 41.57	200m: 2:31.46 36.99			
3.	SOUSA Joana Francisca	04	130520	Sao Roque	2:34.18		493	-
	50m: 32.45 32.45		100m: 1:10.72 38.27	150m: 1:57.31 46.59	200m: 2:34.18 36.87			
4.	MENDES Ana Sebastiao	04	129455	Natacao de Lagos	2:35.40	+0,74	482	-
	50m: 34.56 34.56		100m: 1:13.84 39.28	150m: 2:00.05 46.21	200m: 2:35.40 35.35			
5.	CARLOTA Catarina Isabel	05	132493	BUZIOS-Coruche	2:36.46	+0,88	472	-
	50m: 34.34 34.34		100m: 1:16.38 42.04	150m: 2:01.72 45.34	200m: 2:36.46 34.74			
6.	RIBEIRO Carolina Goncalves	04	204637	O Crasto	2:37.91	+0,86	459	-
	50m: 34.04 34.04		100m: 1:12.85 38.81	150m: 2:01.41 48.56	200m: 2:37.91 36.50			
7.	MONTEIRO Ines Maria	04	126588	Naval Praia da Vitoria	2:40.68		436	-
	50m: 34.54 34.54		100m: 1:16.38 42.04	150m: 2:01.72 45.34	200m: 2:40.68 34.74			
8.	FERREIRA Joana Rosa	05	130757	Naval de Peniche	2:40.73	+0,94	435	-
	50m: 35.68 35.68		100m: 1:17.91 42.23	150m: 2:03.27 45.36	200m: 2:40.73 37.46			
9.	BARREIRA Andreia Monteiro	06	204638	Peso da Regua	2:40.85	+0,85	434	-
	50m: 35.10 35.10		100m: 1:17.44 42.34	150m: 2:02.62 45.18	200m: 2:40.85 38.23			
10.	OLIVEIRA Sara Fernandes	04	202386	Juventude Atlantico	2:42.26		423	-
	50m: 33.39 33.39		100m: 1:16.46 43.07	150m: 2:03.88 47.42	200m: 2:42.26 38.38			
11.	ALVES Maria Freire	04	132522	Bombeiros Estoris	2:43.19	+0,87	416	-
	50m: 34.23 34.23		100m: 1:15.53 41.30	150m: 2:03.95 48.42	200m: 2:43.19 39.24			
12.	SEONG Patricia Abreu	03	123751	FC Ferreiras/AlgarExperienç	2:43.94	+0,79	410	-
	50m: 35.17 35.17		100m: 1:18.63 43.46	150m: 2:04.84 46.21	200m: 2:43.94 39.10			
13.	MELO Beatriz Coelho	05	128599	Feirense	2:44.24	+0,94	408	-
	50m: 33.99 33.99		100m: 1:17.46 43.47	150m: 2:05.41 47.95	200m: 2:44.24 38.83			
14.	DOMINGUEZ ZANOLETTY M.	03	211091	Nautico do Guadiana	2:45.67	+0,71	397	-
	50m: 34.14 34.14		100m: 1:18.99 44.85	150m: 2:08.91 49.92	200m: 2:45.67 36.76			
15.	MALHEIRO Maria Vieira	05	200590	Campinho	2:45.80	+0,75	397	-
	50m: 35.08 35.08		100m: 1:17.13 42.05	150m: 2:07.05 49.92	200m: 2:45.80 38.75			
16.	FRANCIS Rebeca Correia	03	128106	Lagoa AC	2:49.31	+0,89	372	-
	50m: 37.92 37.92		100m: 1:19.56 41.64	150m: 2:10.51 50.95	200m: 2:49.31 38.80			

Prova 11, Femin., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	ROCHA Maria Cleto 50m: 37.21 37.21	04	125491	Naval da Horta	2:49.66		370	-
				100m: 150m:		200m: 2:49.66		
18.	BERNARDO Eva Pinheiro 50m: 37.26 37.26	01	127623	Natacao do Fundao	2:52.90	+0,88	350	-
				100m: 1:23.22 45.96 150m: 2:12.95 49.73		200m: 2:52.90	39.95	
19.	BERNARDINO Dalila Leal 50m: 34.78 34.78	06	204859	Nucleo de Pombal	2:54.47	+1,01	340	-
				100m: 1:20.42 45.64 150m: 2:14.46 54.04		200m: 2:54.47	40.01	
20.	MADEIRA Carolina Costa 50m: 36.95 36.95	00	108248	Salesianos	2:55.18	+0,78	336	-
				100m: 1:22.18 45.23 150m: 2:12.97 50.79		200m: 2:55.18	42.21	
21.	CABRAL Nuria Costa 50m: 38.51 38.51	06	153420	Agua de Pau	2:58.26		319	-
				100m: 150m:		200m: 2:58.26		
22.	ANTUNES Joana Patricia 50m: 40.32 40.32	06	133117	CLAC-Entroncamento	2:58.30	+0,95	319	-
				100m: 1:27.70 47.38 150m: 2:17.36 49.66		200m: 2:58.30	40.94	
23.	SILVA Isis Filipa 50m: 47.92 47.92	07	208781	Aquatico Silves	3:28.89	+0,99	198	-
				100m: 1:42.12 54.20 150m: 2:39.71 57.59		200m: 3:28.89	49.18	
DSQ	GOMES Carolina Fonseca <i>SW 6.2 - O (a) atleta após viragem saiu em posição ventral aos 50 metros</i>	05	202528	Olivais e Moscavide				-
DNF	CASTELO Sara Ramos	99	111156	Sporting de Espinho				-

Prova 12
26-10-2019 - 11:20

Masc., 4 x 100m Livres

Absolutos
Resultados

Rec Nac Absoluto	3:15.63	Sport Lisboa e Benfica	SLB	Felgueiras	23-12-2018
Rec Nac Sen	3:15.63	Sport Lisboa e Benfica	SLB	Felgueiras	23-12-2018
Rec Nac Jun	3:28.98	Sport Lisboa e Benfica	SLB	Felgueiras	23-12-2018
Rec Nac Juv A	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Rec Nac Juv	3:34.94	Clube Naval do Funchal	CNF	Funchal	11-07-2014
Rec Nac Juv B	3:42.92	Grupo Desp. Natacao V. N. FamalicGDNVNF		Estarreja	13-12-2014
Rec Nac Inf A	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29-03-2014
Rec Nac Inf	3:48.35	Grupo Desp. Natacao V. N. FamalicGDNVNF		Cantanhede	29-03-2014
Rec Nac Inf B	4:05.06	Grupo Desp. Natacao V. N. FamalicGDNVNF		Vila Praia Ancora	28-06-2013

Pontos: FINA 2019

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
1. Colegio Efanor		Colegio Efanor	3:37.37	+0,74	596	27,00			
		FERREIRA Bernardo Felgueiras	+0,74	25.11	53.78	MOREIRA Joao Pedro	+0,50	27.00	56.54
		PAQUETE Goncalo Manuel	+0,24	25.24	53.86	GRACA Bernardo Leitao	+0,53	25.23	53.19
2. Vikings		Vikings	3:38.91	+0,71	584	25,00			
		SANTANA Joao Miguel	+0,71	27.15	56.28	LEIRIA David Miguel	+0,15	25.09	53.24
		REIS Leonardo Peralta	+0,53	26.38	55.13	DIAS Guilherme Pereira	+0,54	25.81	54.26
3. Electrico Clube		Electrico Clube	3:44.54	+0,76	541	24,00			
		DUARTE Joao Silverio	+0,76	25.94	54.37	CHOCAS Afonso Alves	+0,47	27.27	57.54
		GIL Joao Pedro	+0,46	26.79	56.77	MOURA Ricardo Goncalves	+0,65	26.51	55.86
4. Vieirense		Vieirense	3:46.65	+0,69	526	23,00			
		FRANCISCO Sandro Emanuel	+0,69	26.39	54.40	PEDROSA Francisco Pereira	+0,38	26.74	56.72
		LAMANDE Jose Antonio	+0,34	27.16	58.17	VIDAL Joao Pedro	+0,49	27.11	57.36
5. FC Ferreiras/AlgarExperience		FC Ferreiras/AlgarExperience	3:46.82	+0,80	525	22,00			
		MARIN Daniel	+0,80	27.15	56.22	CARDOSO Guilherme Dias	+0,45	27.33	58.67
		OLIVEIRA Cesar Goncalves	+0,19	26.53	55.90	AGAPITO Bernardo Gameiro	+0,66	26.53	56.03
6. Escola O Liceu		Escola O Liceu	3:47.27		522	21,00			
		FERNANDES Joao Vitor	00	26.73	54.75	CAMARA Joao Vieira	97		
		JORGE Andre Camara	90			MARQUES Miguel Freitas	96		

Prova 12, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.		Estamos Juntos	3:48.43	+0,73	514	20,00
		SILVA Henrique Gomes	+0,73 27.03 55.87	+0,67	27.37	57.26
		SANTOS Roberto Pinho	+0,41 27.46 57.80	+0,42	27.92	57.50
8.		Litoral Alentejano	3:48.66	+0,81	512	19,00
		PIMENTEL Alfredo Eugenio	+0,81 27.33 58.07	+0,54	26.96	56.66
		BOTO Pedro Alexandre	+0,28 26.67 56.17	+0,58	27.77	57.76
9.		Olivais e Moscavide	3:50.95	+0,69	497	18,00
		CORREIA Jaime Daniel	+0,69 26.85 56.21	+0,57	29.49	1:03.33
		MARTINS Tiago Rafael	+0,35 27.49 57.33	+0,64	25.80	54.08
10.		Naval Setubalense	3:51.21	+0,91	496	17,00
		CASCALHEIRA Joao Miguel	+0,91 27.36 56.87	+0,37	26.92	58.44
		OLIVEIRA Jose Miguel	+0,48 28.48 1:00.34	+0,31	26.08	55.56
11.		Avancado EUL	3:51.51	+0,76	494	16,00
		PROENCA Tiago Barroso	+0,76 28.90 1:00.29	+0,27	26.41	56.09
		FOCK Yann Chetelat	+0,17 28.33 1:00.07	+0,57	26.42	55.06
12.		Natacao de Lagos	3:52.56	+0,77	487	15,00
		SANTOS Vasco Malia	+0,77 28.84 1:00.05	+0,45	27.54	58.10
		FONSECA Leandro Dinis	+0,45 28.52 1:01.23	+0,34	25.04	53.18
13.		BUZIOS - Coruche	3:53.41	+0,84	482	14,00
		SARAMAGO Artur Rafael	+0,84 26.86 56.69	+0,60	27.95	58.03
		CARREGADO Pedro Marques	+0,91 28.96 1:01.34	+0,41	27.40	57.35
14.		Natacao de Vagos	3:54.26	+0,84	476	13,00
		YELISTRATKIN Illya	+0,84 26.74 55.67	+0,14	27.67	59.36
		SOLODYUK Micael Kovalchuk	+0,52 28.30 59.03	+0,37	29.14	1:00.20
15.		Juventude Atlantico	3:56.69		462	12,00
	01	NUNES Goncalo Almada	29.23 1:00.78	02		
	03	RODRIGUES Renato Correia		02		
16.		Nucleo Sporting da Terceira	3:58.31		453	11,00
	89	MOREIRA Jose Tiago	28.76 59.88	05		
	04	PACHECO Francisco Silva		05		
17.		O Crasto	3:59.20	+0,73	448	10,00
		FIGUEIREDO Gustavo Pinto	+0,73 28.87 59.23	+0,63	29.00	1:00.00
		MAXIMO Joao Luis	+0,60 28.21 58.22	+0,50	28.76	1:01.75
18.		Viana Natacao	3:59.24	+0,90	447	9,00
		OLIVEIRA Afonso Torre	+0,90 28.84 59.18	+0,28	29.07	1:01.04
		ROCHA Joao Pedro	+0,39 28.37 59.49	+0,45	28.24	59.53
19.		Aquatico Silves	4:01.43	+0,81	435	8,00
		SILVA Guilherme Antonio	+0,81 28.99 1:01.34	+0,48	28.28	59.85
		MARTINS Ricardo Morais	+0,14 29.41 1:04.19	+0,66	26.78	56.05
20.		Naval da Horta	4:06.19		410	7,00
	01	VIEIRA Diogo Silveira	29.51 1:00.18	05		
	03	PEREIRA Rodrigo Sousa		98		
21.		Peso da Regua	4:08.63	+0,90	398	6,00
		ROCHA Jose Pedro	+0,90 29.14 1:00.41	+0,51	30.43	1:04.17
		BRAZ Rodrigo Joao	+0,60 31.44 1:04.87	+0,67	28.22	59.18
22.		Beja	4:15.71	+0,84	366	5,00
		RICARDO Joao Daniel	+0,84 29.29 1:00.80	+0,22	31.00	1:05.22
		FERNANDES Eduardo Figueira	+0,55 31.46 1:06.04	+0,39	30.04	1:03.65
23.		Lagoa AC	4:17.81	+0,66	357	4,00
		FARINHA Joao Fernandes	+0,66 28.47 1:00.13	+0,76	32.89	1:09.62
		GLORIA Afonso Marreiros	+0,80 29.92 1:01.48	+0,58	30.75	1:06.58

Prova 12, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
24. Salesianos		Salesianos	4:18.24	+0,88	356	3,00			
		SALGUEIRO Bernardo Joao	+0,88	30.56	1:05.20	MOTA Alexandre Miguel	+0,64	32.17	1:09.85
		CASQUINHA Pedro Dinis	+0,12	30.99	1:03.81	LOBO Pedro Cerqueira	+0,24	27.76	59.38
25. Agua de Pau		Agua de Pau	4:19.29		351	2,00			
		COSTA Rafael Resendes	01	30.76	1:05.08	VALENTE Nicolau Augusto	01		
		BUNKOVSKIS Rihards	05			FAIAL Diogo Lima	02		
DSQ Nautico do Guadiana		Nautico do Guadiana				-			
<i>SW 10.11 - Rendição antecipada do(a) 4 nadador(a)</i>									
		RIVERO GALLARDO Alejandro	+0,78	27.19	56.62	MARQUEZ MARTIN Alvaro	+0,39	26.79	56.66
		VAZQUEZ CIVILA Juan Pedro	+0,39	26.16	55.54	ROLLA Andre Dias	-0,09		

Prova 13

Femin., 4 x 100m Estilos

Absolutos
Resultados

26-10-2019 - 11:40

Rec Nac Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Rec Nac Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Rec Nac Jun	4:15.24	Sport Alges e Dafundo	SAD	Felgueiras	21-12-2018
Rec Nac Juv	4:15.24	Sport Alges e Dafundo	SAD	Felgueiras	21-12-2018
Rec Nac Juv A	4:29.46	Sporting Clube de Portugal	SCP	Algés	14-07-2019
Rec Nac Juv	4:29.46	Sporting Clube de Portugal	SCP	Algés	14-07-2019
Rec Nac Juv B	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	15-06-2006
Rec Nac Inf A	4:40.29	Grupo Desp. Natacao V. N. FamalicGDVNF		Viseu	12-03-2011
Rec Nac Inf	4:40.29	Grupo Desp. Natacao V. N. FamalicGDVNF		Viseu	12-03-2011
Rec Nac Inf B	4:57.35	Grupo Desp. Natacao V. N. FamalicGDVNF		Ponte da Barca	06-03-2010

Pontos: FINA 2019

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
1. Colegio Efanor		Colegio Efanor	4:33.85	+0,62	556	-			
		CUNHA Mafalda Pacheco	+0,62	33.24	1:10.26	CUNHA Mariana Pacheco	+0,49	29.01	1:02.90
		OLIVEIRA Ana Rita	+0,21	36.15	1:18.47	PEREIRA Isabel dos Santos	+0,23	29.33	1:02.22
2. Avancado EUL		Avancado EUL	4:37.18	+0,78	536	-			
		ARMAS Maria Ornelas	+0,78	33.99	1:09.84	VIEIRA Carmo Dias	+0,29	32.70	1:10.18
		NUNES Margarida Domingues	+0,59	34.95	1:16.42	SANTOS Leonor Esteves	+0,54	29.20	1:00.74
3. Nautico do Guadiana		Nautico do Guadiana	4:45.43	+0,65	491	-			
		MESQUITA Carolina Mestre	+0,65	34.80	1:13.09	PEDRAZA LOPEZ Valeria	+0,47	32.87	1:10.14
		SANCHEZ FERNANDEZ Laura	+0,43	34.38	1:13.93	SANCHEZ FERNANDEZ Irene	+0,59	32.67	1:08.27
4. Natacao de Lagos		Natacao de Lagos	4:46.11	+0,72	487	-			
		MENDES Mariana Sebastiao	+0,72	33.92	1:10.71	MENDES Ana Sebastiao	+0,05	32.20	1:10.50
		ALMEIDA Beatriz Matias		37.00	1:20.44	BALL Marianna Thais		30.66	1:04.46
5. Feirense		Feirense	4:47.97	+0,77	478	-			
		COSTA Joana Ferreira	+0,77	35.31	1:12.72	MARTINS Mariana Sousa	+0,26	30.42	1:07.96
		MELO Beatriz Coelho	+0,62	39.39	1:24.05	SOARES Ana Beatriz		29.92	1:03.24
6. Bombeiros Estoris		Bombeiros Estoris	4:48.63	+0,70	474	-			
		MAGALHAES Luana Cardoso	+0,70	34.32	1:10.74	TOME Madalena Rodrigues	+0,45	30.11	1:06.07
		DUARTE Catarina Danae	+0,44	39.48	1:26.14	TORGAL Madalena Sampaio	+0,24	30.95	1:05.68
7. Naval de Peniche		Naval de Peniche	4:54.80	+0,68	445	-			
		DIAS Iara Filipa	+0,68	35.43	1:13.96	ABREU Sofia Viola	+0,60	32.63	1:12.29
		FERREIRA Joana Rosa		38.63	1:23.67	JUNQUEIRA Manuela Paccola	+0,29	30.60	1:04.88
8. Naval Praia da Vitoria		Naval Praia da Vitoria	4:55.15		444	-			
		CUNHA Victoria Elisabete	06	39.12	1:20.93	RINO Maria Pedro	05		
		SILVA Ana Carolina	05			MONTEIRO Ines Maria	04		

Prova 13, Femin., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.		FC Ferreiras/AlgarExperience	4:57.75	+0,73	432	-
		CANTIRU Dana Alexia	+0,73 35.38 1:13.52	+0,32	31.38	1:08.63
		GUERREIRO Gloria Regina	+0,11 39.76 1:25.46	+0,26	33.38	1:10.14
10.		Olivais e Moscavide	5:01.38	+0,73	417	-
		MERCEDES Mariana Marques	+0,73 35.53 1:14.25	+0,28	33.44	1:12.31
		RIBEIRO Carolina Janardo	+0,08 40.09 1:25.07	+0,29	32.91	1:09.75
11.		Natacao do Fundao	5:02.44	+1,16	412	-
		CANINHAS Maria Pinto	+1,16 35.77 1:13.43	+0,62	37.37	1:16.18
		PIRES Laura Joao	+0,66 39.54 1:22.90		4.69	1:09.93
12.		Sao Roque	5:03.19		409	-
		LUIS Jessica Santos	00 35.92 1:15.78	04		
		LUIS Catarina Fernandes	97 35.92 1:15.78	03		
13.		Juventude Atlantico	5:09.01		387	-
		CARICHAS Joana Medeiros	06 39.01 1:20.15	04		
		RODRIGUES Laura Sofia	07 39.01 1:20.15	04		
14.		BUZIOS - Coruche	5:09.60	+1,13	384	-
		MACHARREU Matilde Isabel	+1,13 36.32 1:16.13	+0,70	31.83	1:08.26
		CARLOTA Catarina Isabel	40.64 1:26.39	+0,68	36.82	1:18.82
15.		Sporting de Espinho	5:10.40	+1,06	381	-
		MONTEIRO Ana Rita	+1,06 40.67 1:22.76	+0,66	34.38	1:13.21
		POINHO Maria Ines	+0,78 40.16 1:26.63	+0,07	31.33	1:07.80
16.		O Crasto	5:10.83	+0,67	380	-
		RIBEIRO Carolina Goncalves	+0,67 36.87 1:15.52	+0,75	35.85	1:18.20
		PINA Laura Almeida	+0,74 40.40 1:28.39	+0,46	32.22	1:08.72
17.		Aquatico Silves	5:12.15	+0,72	375	-
		FILIFE Ana Sofia	+0,72 36.90 1:15.84		34.10	1:20.92
		VIANA Carolina Pereira	+0,56 36.37 1:18.36	+0,68	36.50	1:17.03
18.		Nucleo de Pombal	5:13.24	+0,86	371	-
		GOUVEIA Joana Rita	+0,86 39.26 1:23.71	+0,87	35.71	1:17.21
		CRAVO Isabel Catarino	+0,43 40.12 1:26.45		32.05	1:05.87
19.		Naval da Horta	5:14.16		368	-
		NEVES Diana Patricia	06 34.45 1:10.26	04		
		AMOR Luna Rafaela	02 34.45 1:10.26	94		
20.		Peso da Regua	5:16.23	+1,12	361	-
		JESUS Beatriz Alexandra	+1,12 40.04 1:21.41	+0,44	37.72	1:24.48
		BARREIRA Andreia Monteiro	+0,51 38.73 1:23.77	+0,15	31.44	1:06.57
21.		Salesianos	5:18.09	+0,65	354	-
		DUARTE Mariana Conceicao	+0,65 36.51 1:16.00	+0,19	35.12	1:17.88
		SOARES Maria Barros	+0,69 44.16 1:36.16	+0,18	31.89	1:08.05
22.		CLAC-Entroncamento	5:33.36	+0,78	308	-
		ANTUNES Joana Silva	+0,78 43.31 1:30.70	+0,58	36.81	1:21.34
		ANTUNES Joana Patricia	+0,49 41.32 1:29.98	+0,61	33.68	1:11.34
23.		Lagoa AC	5:35.74	+0,86	301	-
		COELHO Nicole Nezhurko	+0,86 38.92 1:20.17	+0,62	39.06	1:28.33
		LIMA Mariana Correia	+0,45 44.37 1:35.85	+0,25	33.72	1:11.39
24.		Agua de Pau	5:45.15		277	-
		ALMEIDA Ines Garcia	03 42.74 1:27.93	05		
		CABRAL Nuria Costa	06 42.74 1:27.93	06		
DSQ		Campinho	Campinho			-
		<i>SW 4.4 - Falsa partida</i>				
		FERREIRA Leonor Marques, ALMEIDA Ana Rita, SANTOS Beatriz Rocha, ABREU Daniela Filipa				

Prova 14
26-10-2019 - 16:30

Masc., 800m Livres

Absolutos
Resultados

Rec Nac Absoluto	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
Rec Nac Sen	7:46.18	NASCIMENTO Miguel Duarte	SLB	Porto	08-12-2017
Rec Nac Jun18	7:56.76	PINA Guilherme Filipe	BSCN	Porto	11-12-2015
Rec Nac Jun17	8:00.80	SANTA Gustavo Manuel	CNLA	Leiria	06-12-2009
Rec Nac Juv A	8:09.43	COSTA Rui Filipe	VSC	Senhora da Hora	12-05-2007
Rec Nac Juv B	8:27.18	COSTA Rui Filipe	VSC	Senhora da Hora	13-05-2006
Rec Nac Inf A	8:36.36	RUIVO Andre Vilas	DNMG	Nazaré	25-05-2014
Rec Nac Inf B	9:07.20	RUIVO Andre Vilas	DNMG	Leiria	03-03-2013

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	RIVERO GALLARDO Alejandro	00	211027	Nautico do Guadiana	8:58.21	+0,83	559	27,00
	50m: 31.10 31.10		250m: 2:46.84 33.86	450m: 5:01.99 33.90	650m: 7:17.34 33.74			
	100m: 1:04.77 33.67		300m: 3:21.08 34.24	500m: 5:35.68 33.69	700m: 7:51.48 34.14			
	150m: 1:38.61 33.84		350m: 3:54.60 33.52	550m: 6:09.63 33.95	750m: 8:25.27 33.79			
	200m: 2:12.98 34.37		400m: 4:28.09 33.49	600m: 6:43.60 33.97	800m: 8:58.21 32.94			
2.	COSTA Samson Silva	02	120847	Colegio Efanor	9:02.52	+0,74	546	25,00
	50m: 28.78 28.78		250m: 2:41.23 33.67	450m: 5:00.62 35.22	650m: 7:20.86 35.26			
	100m: 1:01.30 32.52		300m: 3:15.71 34.48	500m: 5:35.51 34.89	700m: 7:55.27 34.41			
	150m: 1:34.34 33.04		350m: 3:50.58 34.87	550m: 6:10.57 35.06	750m: 8:29.48 34.21			
	200m: 2:07.56 33.22		400m: 4:25.40 34.82	600m: 6:45.60 35.03	800m: 9:02.52 33.04			
3.	SANTOS Guilherme Clara	02	127325	Estamos Juntos	9:03.68	+0,77	542	24,00
	50m: 31.13 31.13		250m: 2:48.74 33.99	450m: 5:04.62 33.78	650m: 7:22.11 34.38			
	100m: 1:05.44 34.31		300m: 3:23.07 34.33	500m: 5:38.80 34.18	700m: 7:56.73 34.62			
	150m: 1:39.87 34.43		350m: 3:57.12 34.05	550m: 6:13.00 34.20	750m: 8:31.03 34.30			
	200m: 2:14.75 34.88		400m: 4:30.84 33.72	600m: 6:47.73 34.73	800m: 9:03.68 32.65			
4.	SANTOS Vasco Malia	04	153124	Natacao de Lagos	9:17.13	+0,72	504	23,00
	50m: 31.30 31.30		250m: 2:51.47 35.61	450m: 5:13.89 35.36	650m: 7:35.38 34.45			
	100m: 1:06.39 35.09		300m: 3:26.04 34.57	500m: 5:48.80 34.91	700m: 8:11.04 35.66			
	150m: 1:41.37 34.98		350m: 4:02.10 36.06	550m: 6:24.36 35.56	750m: 8:46.54 35.50			
	200m: 2:15.86 34.49		400m: 4:38.53 36.43	600m: 7:00.93 36.57	800m: 9:17.13 30.59			
5.	REIS Leonardo Peralta	96	25450	Vikings	9:17.64	+0,79	502	22,00
	50m: 29.67 29.67		250m: 2:45.40 34.97	450m: 5:09.15 36.32	650m: 7:33.55 36.32			
	100m: 1:02.22 32.55		300m: 3:20.87 35.47	500m: 5:45.22 36.07	700m: 8:09.07 35.52			
	150m: 1:36.08 33.86		350m: 3:56.58 35.71	550m: 6:21.24 36.02	750m: 8:44.76 35.69			
	200m: 2:10.43 34.35		400m: 4:32.83 36.25	600m: 6:57.23 35.99	800m: 9:17.64 32.88			
6.	CASTRO Martim Pereira	02	124907	Escola O Liceu	9:20.46		495	21,00
	50m: 31.28 31.28		250m: 2:50.60 35.14	450m: 5:13.39 35.91	650m: 7:35.89 35.69			
	100m: 1:05.35 34.07		300m: 3:26.21 35.61	500m: 5:49.02 35.63	700m: 8:11.65 35.76			
	150m: 1:40.18 34.83		350m: 4:01.83 35.62	550m: 6:24.72 35.70	750m: 8:47.13 35.48			
	200m: 2:15.46 35.28		400m: 4:37.48 35.65	600m: 7:00.20 35.48	800m: 9:20.46 33.33			
7.	AFONSO Martim Rodrigues	04	205149	Aquatico Silves	9:22.35	+0,87	490	20,00
	50m: 30.60 30.60		250m: 2:52.25 35.73	450m: 5:15.19 35.54	650m: 7:37.72 35.03			
	100m: 1:05.72 35.12		300m: 3:28.13 35.88	500m: 5:50.93 35.74	700m: 8:13.40 35.68			
	150m: 1:40.99 35.27		350m: 4:03.71 35.58	550m: 6:26.72 35.79	750m: 8:48.52 35.12			
	200m: 2:16.52 35.53		400m: 4:39.65 35.94	600m: 7:02.69 35.97	800m: 9:22.35 33.83			
8.	FOCK Yann Chetelat	04	129699	Avancado EUL	9:22.54	+0,73	489	19,00
	50m: 32.12 32.12		250m: 2:55.51 35.93	450m: 5:18.92 35.90	650m: 7:41.17 35.61			
	100m: 1:07.69 35.57		300m: 3:31.21 35.70	500m: 5:54.50 35.58	700m: 8:16.52 35.35			
	150m: 1:43.32 35.63		350m: 4:07.17 35.96	550m: 6:29.97 35.47	750m: 8:50.86 34.34			
	200m: 2:19.58 36.26		400m: 4:43.02 35.85	600m: 7:05.56 35.59	800m: 9:22.54 31.68			
9.	CHOCAS Afonso Alves	04	126756	Electrico Clube	9:23.25	+0,83	487	18,00
	50m: 31.41 31.41		250m: 2:50.56 34.75	450m: 5:14.06 35.94	650m: 7:37.79 35.07			
	100m: 1:05.28 33.87		300m: 3:26.17 35.61	500m: 5:50.23 36.17	700m: 8:12.97 35.18			
	150m: 1:40.37 35.09		350m: 4:02.11 35.94	550m: 6:26.44 36.21	750m: 8:48.73 35.76			
	200m: 2:15.81 35.44		400m: 4:38.12 36.01	600m: 7:02.72 36.28	800m: 9:23.25 34.52			

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	SOLODYUK Micael Kovalchuk	03	139552	Natacao de Vagos	9:27.19	+0,80	477	17,00
	50m: 31.12 31.12		250m: 2:51.21 35.91	450m: 5:16.48 35.91	650m: 7:41.45 36.41			
	100m: 1:05.39 34.27		300m: 3:27.41 36.20	500m: 5:52.84 36.36	700m: 8:17.49 36.04			
	150m: 1:39.96 34.57		350m: 4:03.61 36.20	550m: 6:28.91 36.07	750m: 8:53.29 35.80			
	200m: 2:15.30 35.34		400m: 4:40.57 36.96	600m: 7:05.04 36.13	800m: 9:27.19 33.90			
11.	MIRA Tomas Martins	04	132215	Naval Setubalense	9:31.62	+0,81	466	16,00
	50m: 31.37 31.37		250m: 2:55.52 36.12	450m: 5:20.66 36.14	650m: 7:45.70 36.35			
	100m: 1:07.15 35.78		300m: 3:32.01 36.49	500m: 5:56.77 36.11	700m: 8:21.61 35.91			
	150m: 1:43.52 36.37		350m: 4:08.59 36.58	550m: 6:32.80 36.03	750m: 8:58.07 36.46			
	200m: 2:19.40 35.88		400m: 4:44.52 35.93	600m: 7:09.35 36.55	800m: 9:31.62 33.55			
12.	QUEIROS Luis Pedro	04	124051	Viana Natacao	9:31.77	+1,04	466	15,00
	50m: 31.33 31.33		250m: 2:54.07 35.61	450m: 5:20.94 36.72	650m: 7:46.86 36.09			
	100m: 1:06.04 34.71		300m: 3:30.60 36.53	500m: 5:57.46 36.52	700m: 8:23.34 36.48			
	150m: 1:41.76 35.72		350m: 4:07.61 37.01	550m: 6:34.18 36.72	750m: 8:58.86 35.52			
	200m: 2:18.46 36.70		400m: 4:44.22 36.61	600m: 7:10.77 36.59	800m: 9:31.77 32.91			
13.	TELES Artur Corte	04	127508	Juventude Atlantico	9:33.83		461	14,00
	50m: 31.50 31.50		250m: 2:53.65 35.96	450m: 5:18.14 36.66	650m: 7:45.16 36.47			
	100m: 1:06.30 34.80		300m: 3:29.35 35.70	500m: 5:54.51 36.37	700m: 8:21.85 36.69			
	150m: 1:42.09 35.79		350m: 4:05.60 36.25	550m: 6:31.70 37.19	750m: 8:58.38 36.53			
	200m: 2:17.69 35.60		400m: 4:41.48 35.88	600m: 7:08.69 36.99	800m: 9:33.83 35.45			
14.	MARIANO Samuel Andre	02	132931	Litoral Alentejano	9:35.23	+0,90	458	13,00
	50m: 31.93 31.93		250m: 2:55.57 36.34	450m: 5:20.82 35.92	650m: 7:46.37 36.65			
	100m: 1:06.90 34.97		300m: 3:31.82 36.25	500m: 5:56.75 35.93	700m: 8:23.24 36.87			
	150m: 1:42.78 35.88		350m: 4:08.15 36.33	550m: 6:33.07 36.32	750m: 8:59.74 36.50			
	200m: 2:19.23 36.45		400m: 4:44.90 36.75	600m: 7:09.72 36.65	800m: 9:35.23 35.49			
15.	VIEIRA Diogo Silveira	01	117666	Naval da Horta	9:36.67		454	12,00
	50m: 32.30 32.30		250m: 2:59.61 37.60	450m: 5:29.78 37.39	650m: 8:00.60 37.23			
	100m: 1:08.69 36.39		300m: 3:37.07 37.46	500m: 6:07.35 37.57	700m: 8:37.61 37.01			
	150m: 1:45.44 36.75		350m: 4:14.83 37.76	550m: 6:45.26 37.91	750m: 9:14.02 36.41			
	200m: 2:22.01 36.57		400m: 4:52.39 37.56	600m: 7:23.37 38.11	800m: 9:49.44 35.42			
16.	MENDES Tomas Marques	04	124652	Nucleo Sporting da Terceira	9:38.73		449	11,00
	50m: 31.42 31.42		250m: 2:56.83 36.61	450m: 5:23.23 36.48	650m: 7:51.52 37.17			
	100m: 1:07.35 35.93		300m: 3:33.44 36.61	500m: 6:00.24 37.01	700m: 8:28.53 37.01			
	150m: 1:43.62 36.27		350m: 4:09.91 36.47	550m: 6:37.43 37.19	750m: 9:04.76 36.23			
	200m: 2:20.22 36.60		400m: 4:46.75 36.84	600m: 7:14.35 36.92	800m: 9:38.78 34.02			
17.	FIGUEIREDO Gustavo Pinto	02	126459	O Crasto	9:38.78	+0,72	449	10,00
	50m: 31.42 31.42		250m: 2:56.83 36.61	450m: 5:23.23 36.48	650m: 7:51.52 37.17			
	100m: 1:07.35 35.93		300m: 3:33.44 36.61	500m: 6:00.24 37.01	700m: 8:28.53 37.01			
	150m: 1:43.62 36.27		350m: 4:09.91 36.47	550m: 6:37.43 37.19	750m: 9:04.76 36.23			
	200m: 2:20.22 36.60		400m: 4:46.75 36.84	600m: 7:14.35 36.92	800m: 9:38.78 34.02			
18.	GROSHEV Vladislav	04	132754	FC Ferreiras/AlgarExperienç	9:49.44	+0,95	425	9,00
	50m: 32.30 32.30		250m: 2:59.61 37.60	450m: 5:29.78 37.39	650m: 8:00.60 37.23			
	100m: 1:08.69 36.39		300m: 3:37.07 37.46	500m: 6:07.35 37.57	700m: 8:37.61 37.01			
	150m: 1:45.44 36.75		350m: 4:14.83 37.76	550m: 6:45.26 37.91	750m: 9:14.02 36.41			
	200m: 2:22.01 36.57		400m: 4:52.39 37.56	600m: 7:23.37 38.11	800m: 9:49.44 35.42			
19.	VIDAL Joao Pedro	03	132105	Vieirense	9:50.08	+1,00	424	8,00
	50m: 31.66 31.66		250m: 3:00.10 37.56	450m: 5:30.46 37.89	650m: 8:00.89 37.29			
	100m: 1:07.57 35.91		300m: 3:37.21 37.11	500m: 6:08.19 37.73	700m: 8:38.10 37.21			
	150m: 1:44.82 37.25		350m: 4:14.70 37.49	550m: 6:46.00 37.81	750m: 9:14.81 36.71			
	200m: 2:22.54 37.72		400m: 4:52.57 37.87	600m: 7:23.60 37.60	800m: 9:50.08 35.27			
20.	CARREGADO Pedro Marques	02	125412	BUZIOS-Coruche	10:01.05	+0,80	401	7,00
	50m: 31.64 31.64		250m: 2:58.38 37.31	450m: 5:32.42 39.37	650m: 8:06.26 38.33			
	100m: 1:07.36 35.72		300m: 3:35.91 37.53	500m: 6:11.25 38.83	700m: 8:44.89 38.63			
	150m: 1:44.48 37.12		350m: 4:13.83 37.92	550m: 6:49.12 37.87	750m: 9:22.92 38.03			
	200m: 2:21.07 36.59		400m: 4:53.05 39.22	600m: 7:27.93 38.81	800m: 10:01.05 38.13			

Prova 14, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
21.	SANTOS Andre Ferreira	95	210997	Olivais e Moscardes	10:08.72	+0,75	386	6,00
	50m: 31.20 31.20		250m: 2:57.69 38.10	450m: 5:34.21 39.41	650m: 8:12.28 39.45			
	100m: 1:06.06 34.86		300m: 3:36.58 38.89	500m: 6:13.69 39.48	700m: 8:52.04 39.76			
	150m: 1:42.15 36.09		350m: 4:15.57 38.99	550m: 6:53.34 39.65	750m: 9:31.60 39.56			
	200m: 2:19.59 37.44		400m: 4:54.80 39.23	600m: 7:32.83 39.49	800m: 10:08.72 37.12			
22.	COSTA Pedro Santos	02	129458	Lagoa AC	10:27.42	+0,80	352	5,00
	50m: 33.43 33.43		250m: 3:09.89 39.89	450m: 5:52.63 41.50	650m: 8:30.58 39.40			
	100m: 1:11.81 38.38		300m: 3:49.86 39.97	500m: 6:32.20 39.57	700m: 9:10.65 40.07			
	150m: 1:51.09 39.28		350m: 4:30.83 40.97	550m: 7:11.34 39.14	750m: 9:49.82 39.17			
	200m: 2:30.00 38.91		400m: 5:11.13 40.30	600m: 7:51.18 39.84	800m: 10:27.42 37.60			
23.	INACIO Hugo Miguel	05	137851	Beja	10:30.80	+0,88	347	4,00
	50m: 34.26 34.26		250m: 3:09.35 39.65	450m: 5:50.89 41.53	650m: 8:33.07 41.25			
	100m: 1:12.12 37.86		300m: 3:49.21 39.86	500m: 6:31.45 40.56	700m: 9:13.71 40.64			
	150m: 1:50.76 38.64		350m: 4:28.87 39.66	550m: 7:11.83 40.38	750m: 9:54.48 40.77			
	200m: 2:29.70 38.94		400m: 5:09.36 40.49	600m: 7:51.82 39.99	800m: 10:30.80 36.32			
24.	LOBO Pedro Cerqueira	01	211075	Salesianos	10:38.79	+0,96	334	3,00
	50m: 34.75 34.75		250m: 3:14.80 40.92	450m: 6:00.24 41.70	650m: 8:44.85 40.74			
	100m: 1:13.26 38.51		300m: 3:56.55 41.75	500m: 6:41.86 41.62	700m: 9:24.09 39.24			
	150m: 1:52.88 39.62		350m: 4:37.64 41.09	550m: 7:23.58 41.72	750m: 10:02.58 38.49			
	200m: 2:33.88 41.00		400m: 5:18.54 40.90	600m: 8:04.11 40.53	800m: 10:38.79 36.21			
25.	SANTOS Pedro Miguel	05	204635	Peso da Regua	11:14.34	+0,87	284	2,00
	50m: 34.84 34.84		250m: 3:18.46 42.61	450m: 6:13.79 44.46	650m: 9:09.54 43.73			
	100m: 1:12.84 38.00		300m: 4:02.34 43.88	500m: 6:57.50 43.71	700m: 9:52.90 43.36			
	150m: 1:53.49 40.65		350m: 4:46.46 44.12	550m: 7:41.70 44.20	750m: 10:35.09 42.19			
	200m: 2:35.85 42.36		400m: 5:29.33 42.87	600m: 8:25.81 44.11	800m: 11:14.34 39.25			
26.	MEDEIROS Tomas Araujo	06	132980	Agua de Pau	11:38.72		255	1,00
	50m: 1:19.04		250m: 4:16.75	450m: 7:17.12	650m: 10:15.11			
	100m: 1:19.04		300m: 4:16.75	500m: 7:17.12	700m: 10:15.11			
	150m: 2:46.89		350m: 5:47.45	550m: 8:46.91	750m: 11:38.72			
	200m: 2:46.89		400m: 5:47.45	600m: 8:46.91	800m: 11:38.72			

Prova 15 Femin., 100m Mariposa Absolutos
26-10-2019 - 17:05 Resultados

Rec Nac Absoluto	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
Rec Nac Sen	58.31	OLIVEIRA Sara Freitas	POR	Dubai (UAE)	18-12-2010
Rec Nac Jun17	59.65	CRUZ Sara Francisco	ADBA	Leiria	05-12-2009
Rec Nac Jun16	1:01.56	TIAGO Filipa Vilas	SCP	S. António Cavaleiros	20-12-2009
Rec Nac Juv A	1:01.00	CUNHA Mariana Pacheco	CFP	Felgueiras	27-04-2019
Rec Nac Juv B	1:02.36	CUNHA Mariana Pacheco	CFP	Felgueiras	14-04-2018
Rec Nac Inf A	1:02.30	FERNANDES Carolina Miranda	CGA	Felgueiras	11-03-2018
Rec Nac Inf B	1:05.51	FERNANDES Carolina Miranda	CGA	Gafanha Nazaré	06-05-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANTOS Beatriz Rocha	02	129667	Campinho	1:05.35	+0,75	583	-
	50m: 30.93 30.93		100m: 1:05.35 34.42					
2.	BENTO Maria Madalena	05	127217	BUZIOS-Coruche	1:05.91	+0,78	568	-
	50m: 31.32 31.32		100m: 1:05.91 34.59					
3.	MENDES Mariana Sebastiao	01	126564	Natacao de Lagos	1:06.06	+0,72	564	-
	50m: 30.78 30.78		100m: 1:06.06 35.28					
4.	TOME Madalena Rodrigues	03	126829	Bombeiros Estoris	1:06.09	+0,82	564	-
	50m: 30.95 30.95		100m: 1:06.09 35.14					
5.	RINO Maria Pedro	05	148594	Naval Praia da Vitoria	1:08.33		510	-
	50m: 32.87 32.87		100m: 1:08.33 35.46					

Prova 15, Femin., 100m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	MARTINS Mariana Sousa 50m: 32.11 32.11	95	103743	Feirense 100m: 1:09.07 36.96	1:09.07	+0,87	494	-
7.	VILARINHO Melissa Sousa 50m: 31.84 31.84	03	124377	FC Ferreiras/AlgarExperienç 100m: 1:09.94 38.10	1:09.94	+0,85	476	-
8.	VIEIRA Carmo Dias 50m: 33.24 33.24	05	201319	Avancado EUL 100m: 1:10.04 36.80	1:10.04	+0,78	473	-
9.	CUNHA Mafalda Pacheco 50m: 32.12 32.12	02	121589	Colegio Efanor 100m: 1:11.36 39.24	1:11.36	+0,83	448	-
10.	GOMES Carolina Fonseca 50m: 33.85 33.85	05	202528	Olivais e Moscavide 100m: 1:11.48 37.63	1:11.48	+0,77	445	-
11.	ABREU Sofia Viola 50m: 32.86 32.86	04	129910	Naval de Peniche 100m: 1:11.70 38.84	1:11.70	+0,86	441	-
12.	SILVA Silvana Suamade 50m: 34.32 34.32	06	131322	Sao Roque 100m: 1:13.51 39.19	1:13.51		409	-
13.	MELO Ines Pinheiro 50m: 35.14 35.14	01	121153	Sporting de Espinho 100m: 1:13.90 38.76	1:13.90	+0,94	403	-
14.	BERNARDINO Dalila Leal 50m: 35.06 35.06	06	204859	Nucleo de Pombal 100m: 1:16.33 41.27	1:16.33	+0,98	366	-
15.	DUARTE Mariana Conceicao 50m: 34.21 34.21	03	129507	Salesianos 100m: 1:17.29 43.08	1:17.29	+0,87	352	-
16.	MESQUITA Carolina Mestre 50m: 35.59 35.59	06	132264	Nautico do Guadiana 100m: 1:17.45 41.86	1:17.45	+0,89	350	-
17.	SILVA Carolina Sofia 50m: 34.46 34.46	02	153552	Aquatico Silves 100m: 1:19.34 44.88	1:19.34	+0,95	326	-
18.	ROCHA Maria Cleto 50m: 36.27 36.27	04	125491	Naval da Horta 100m: 1:19.80 43.53	1:19.80		320	-
19.	VICTOR Joana Isabel 50m: 36.20 36.20	91	10404	Juventude Atlantico 100m: 1:19.90 43.70	1:19.90		319	-
20.	BERNARDO Eva Pinheiro 50m: 37.63 37.63	01	127623	Natacao do Fundao 100m: 1:20.64 43.01	1:20.64	+0,90	310	-
21.	CARVALHO Neuza Cardoso 50m: 37.69 37.69	05	201737	Peso da Regua 100m: 1:22.13 44.44	1:22.13	+0,88	293	-
22.	FREITAS Barbara Maia 50m: 37.80 37.80	06	147081	CLAC-Entroncamento 100m: 1:22.69 44.89	1:22.69	+0,96	288	-
23.	RODRIGUES Nancy Almeida 50m: 38.18 38.18	07	203799	O Crasto 100m: 1:24.30 46.12	1:24.30	+1,06	271	-
24.	LIMA Mariana Correia 50m: 38.55 38.55	06	206857	Lagoa AC 100m: 1:26.81 48.26	1:26.81	+0,87	248	-
25.	REIS Mariana Tavares 50m: 43.11 43.11	05	132979	Agua de Pau 100m: 1:33.63 50.52	1:33.63		198	-

Prova 16
26-10-2019 - 17:15

Masc., 200m Mariposa

Absolutos
Resultados

Rec Nac Absoluto	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
Rec Nac Sen	1:53.39	CARVALHO Diogo Filipe	POR	Istambul (TUR)	12-12-2009
Rec Nac Jun18	1:58.64	CARVALHO Diogo Filipe	CGA	Tomar	09-12-2005
Rec Nac Jun17	1:59.93	CARVALHO Diogo Filipe	CGA	Mealhada	05-03-2005
Rec Nac Juv A	2:03.38	SILVA Diogo Parrilha da	CNAL	Alcobaça	13-06-2009
Rec Nac Juv B	2:06.17	RIBEIRO Diogo Matos	CUC	Felgueiras	27-04-2019
Rec Nac Inf A	2:12.42	FREITAS Tomas Miguel	CDN	Funchal	11-07-2004
Rec Nac Inf B	2:19.18	RUIVO Andre Vilas	DNMG	Nazaré	01-06-2013

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SILVA Henrique Gomes 50m: 28.77 28.77	02	120860	Estamos Juntos	2:06.47 100m: 1:01.22 32.45 150m: 1:33.87 32.65	+0,72	626	27,00
2.	DUARTE Joao Silverio 50m: 28.96 28.96	99	111461	Electrico Clube	2:11.06 100m: 1:01.99 33.03 150m: 1:35.54 33.55	+0,74	563	25,00
3.	FIGUEROA PEREZ-MARIN Sen 50m: 30.41 30.41	03	211026	Nautico do Guadiana	2:13.03 100m: 1:03.99 33.58 150m: 1:38.72 34.73	+0,87	538	24,00
4.	SEQUEIRA Duarte Nunes 50m: 29.58 29.58	02	117845	Natacao de Lagos	2:13.47 100m: 1:04.10 34.52 150m: 1:38.02 33.92	+0,72	533	23,00
5.	SANTOS Goncalo Duarte 50m: 29.50 29.50	00	111095	Vikings	2:15.16 100m: 1:04.05 34.55 150m: 1:39.36 35.31	+0,72	513	22,00
6.	CASCALHEIRA Joao Miguel 50m: 30.25 30.25	03	201621	Naval Setubalense	2:17.66 100m: 1:04.82 34.57 150m: 1:41.04 36.22	+0,87	486	21,00
7.	ROCHA Joao Pedro 50m: 30.45 30.45	02	121839	Viana Natacao	2:18.56 100m: 1:05.02 34.57 150m: 1:41.95 36.93	+0,76	476	20,00
8.	MARIN Daniel 50m: 30.87 30.87	02	200130	FC Ferreiras/AlgarExperie	2:19.21 100m: 1:07.19 36.32 150m: 1:43.83 36.64	+0,70	470	19,00
9.	CORREIA Francisco Alves 50m: 29.73 29.73	04	131389	Litoral Alentejano	2:22.83 100m: 1:05.02 35.29 150m: 1:43.25 38.23	+0,81	435	18,00
10.	GRACA Bernardo Leitao 50m: 29.30 29.30	93	14838	Colegio Efanor	2:22.86 100m: 1:04.75 35.45 150m: 1:42.38 37.63	+0,74	434	17,00
11.	PACHECO Francisco Silva 50m: 31.68 31.68	04	125117	Nucleo Sporting da Terceira	2:24.13 100m: 1:05.00 35.00 150m: 1:40.00 35.00		423	16,00
12.	PROENCA Tiago Barroso 50m: 31.90 31.90	04	129698	Avancado EUL	2:25.33 100m: 1:09.13 37.23 150m: 1:46.89 37.76	+0,72	413	15,00
13.	SILVA Duarte Filipe 50m: 32.40 32.40	03	127287	BUZIOS-Coruche	2:25.42 100m: 1:09.62 37.22 150m: 1:48.20 38.58	+0,84	412	14,00
14.	MARCOS Joao Freitas 50m: 30.18 30.18	01	123161	Escola O Liceu	2:25.75 100m: 1:05.95 35.77 150m: 1:44.69 38.74		409	13,00
15.	SA Rafael Domingues 50m: 31.70 31.70	03	128120	Natacao de Vagos	2:27.02 100m: 1:09.28 37.58 150m: 1:47.53 38.25	+0,70	399	12,00
16.	SILVA Guilherme Antonio 50m: 31.79 31.79	04	205156	Aquatico Silves	2:29.34 100m: 1:09.10 37.31 150m: 1:48.50 39.40	+0,76	380	11,00
17.	ROCHA Jose Pedro 50m: 32.23 32.23	04	201748	Peso da Regua	2:29.56 100m: 1:09.81 37.58 150m: 1:49.70 39.89	+0,86	379	10,00
18.	MELIM Bruno Pontes 50m: 32.99 32.99	03	201593	Juventude Atlantico	2:31.22 100m: 1:10.63 37.64 150m: 1:50.33 39.70		366	9,00
19.	COELHO Joao Salvador 50m: 32.10 32.10	03	126355	O Crasto	2:38.35 100m: 1:09.66 37.56 150m: 1:54.05 44.39	+0,77	319	8,00

Prova 16, Masc., 200m Mariposa, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	RICARDO Joao Daniel	05	137852	Beja	2:41.69	+0,85	299	7,00
	50m: 32.89 32.89		100m: 1:12.89 40.00		150m: 1:56.40 43.51	200m: 2:41.69 45.29		
21.	RAMOS Ruy Alexandre	74	210996	Olivais e Moscavide	2:44.77	+1,00	283	6,00
	50m: 34.65 34.65		100m: 1:16.82 42.17		150m: 2:01.39 44.57	200m: 2:44.77 43.38		
22.	SOARES Ricardo Pedrosa	04	200051	Vieirense	2:44.93	+0,82	282	5,00
	50m: 34.74 34.74		100m: 1:16.99 42.25		150m: 2:00.77 43.78	200m: 2:44.93 44.16		
23.	PEREIRA Rodrigo Sousa	03	204979	Naval da Horta	2:52.23		248	4,00
	50m: 37.13 37.13		100m: 1:16.99 42.25		150m: 2:00.77 43.78	200m: 2:52.23 44.16		
24.	BENTO Joao Silva	05	132965	Agua de Pau	3:21.46		155	3,00
	50m: 44.46 44.46		100m: 1:16.99 42.25		150m: 2:00.77 43.78	200m: 3:21.46 44.16		
DSQ	GLORIA Afonso Marreiros	04	130828	Lagoa AC				-
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>							
DSQ	FIGUEIREDO Filipe Fonseca	98	119645	Salesianos				-
	<i>SW 8.3 - O (a) atleta efectuou movimento alternado de pernas durante o percurso</i>							

Prova 17

Femin., 100m Bruços

Absolutos

26-10-2019 - 17:25

Resultados

Rec Nac Absoluto	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
Rec Nac Sen	1:07.17	GOMES Diana Duarte	CNA	S. António Cavaleiros	19-12-2009
Rec Nac Jun17	1:08.02	PEREIRA Raquel Gomes	SAD	Funchal	09-12-2016
Rec Nac Jun16	1:08.85	RODRIGUES Ana Pinho	AEJ	Ponte de Sôr	13-12-2009
Rec Nac Juv A	1:09.59	GOMES Diana Duarte	ABVE	Tomar	13-03-2004
Rec Nac Juv B	1:11.76	GOMES Diana Duarte	ABVE	Reboleira	28-06-2003
Rec Nac Inf A	1:13.43	PEREIRA Raquel Gomes	SANL	Abrantes	13-04-2013
Rec Nac Inf B	1:17.79	CUNHA Mariana Ferrinha	AAC	Coimbra	19-03-1995

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	CUNHA Mariana Pacheco	04	124577	Colegio Efanor	1:13.33	+0,73	614	-
	50m: 34.86 34.86		100m: 1:13.33 38.47					
2.	SANCHEZ FERNANDEZ Laura	03	211052	Nautico do Guadiana	1:14.30	+0,71	591	-
	50m: 34.65 34.65		100m: 1:14.30 39.65					
3.	NUNES Margarida Domingues	05	201398	Avancado EUL	1:15.09	+0,79	572	-
	50m: 35.73 35.73		100m: 1:15.09 39.36					
4.	VIANA Carolina Pereira	04	129199	Aquatico Silves	1:18.12	+0,75	508	-
	50m: 36.30 36.30		100m: 1:18.12 41.82					
5.	SILVA Ana Carolina	05	124090	Naval Praia da Vitoria	1:20.02		473	-
	50m: 37.34 37.34		100m: 1:20.02 42.68					
6.	ALMEIDA Beatriz Matias	06	200222	Natacao de Lagos	1:20.20	+0,81	470	-
	50m: 37.64 37.64		100m: 1:20.20 42.56					
7.	ALMEIDA Ana Rita	05	201629	Campinho	1:20.89	+0,84	458	-
	50m: 37.22 37.22		100m: 1:20.89 43.67					
8.	BARREIRA Andreia Monteiro	06	204638	Peso da Regua	1:21.43	+0,88	449	-
	50m: 38.25 38.25		100m: 1:21.43 43.18					
9.	FERREIRA Joana Rosa	05	130757	Naval de Peniche	1:21.45	+0,91	448	-
	50m: 38.20 38.20		100m: 1:21.45 43.25					
10.	PIRES Laura Joao	05	148663	Natacao do Fundao	1:22.05	+0,97	439	-
	50m: 39.00 39.00		100m: 1:22.05 43.05					

Prova 17, Femin., 100m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	RODRIGUES Laura Sofia 50m: 38.56 38.56	07	148425	Juventude Atlantico 100m: 1:23.21 44.65	1:23.21		420	-
12.	MELO Beatriz Coelho 50m: 39.86 39.86	05	128599	Feirense 100m: 1:25.21 45.35	1:25.21	+0,88	391	-
13.	SANTOS Mariana Coelho 50m: 39.80 39.80	04	130838	Lagoa AC 100m: 1:25.55 45.75	1:25.55	+0,74	387	-
14.	SEONG Patricia Abreu 50m: 40.20 40.20	03	123751	FC Ferreiras/AlgarExperenci 100m: 1:25.94 45.74	1:25.94	+0,81	382	-
15.	RIBEIRO Carolina Janardo 50m: 40.29 40.29	93	14581	Olivais e Moscavide 100m: 1:26.21 45.92	1:26.21	+0,75	378	-
16.	DUARTE Catarina Danae 50m: 40.17 40.17	06	201687	Bombeiros Estoris 100m: 1:26.35 46.18	1:26.35	+0,76	376	-
17.	MIRA Leonor Maria 50m: 40.35 40.35	04	130557	BUZIOS-Coruche 100m: 1:26.83 46.48	1:26.83	+0,83	370	-
18.	POINHO Maria Ines 50m: 40.51 40.51	01	112142	Sporting de Espinho 100m: 1:27.77 47.26	1:27.77	+0,98	358	-
19.	PINA Laura Almeida 50m: 40.82 40.82	07	200859	O Crasto 100m: 1:28.45 47.63	1:28.45	+1,04	350	-
20.	LUIS Catarina Fernandes 50m: 41.41 41.41	97	109602	Sao Roque 100m: 1:28.58 47.17	1:28.58		348	-
21.	ANTUNES Joana Patricia 50m: 41.22 41.22	06	133117	CLAC-Entroncamento 100m: 1:29.37 48.15	1:29.37	+0,98	339	-
22.	AMOR Luna Rafaela 50m: 44.04 44.04	02	118712	Naval da Horta 100m: 1:31.75 47.71	1:31.75		313	-
23.	CABRAL Nuria Costa 50m: 44.08 44.08	06	153420	Agua de Pau 100m: 1:31.78 47.70	1:31.78		313	-
24.	RENDEIRO Ana Luisa 50m: 46.03 46.03	06	200102	Nucleo de Pombal 100m: 1:37.27 51.24	1:37.27	+0,90	263	-
25.	GONCALVES Adriana Figueire 50m: 45.01 45.01	02	211097	Salesianos 100m: 1:38.42 53.41	1:38.42	+0,81	254	-

Prova 18
26-10-2019 - 17:30

Masc., 200m Bruços

Absolutos
Resultados

Rec Nac Absoluto	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
Rec Nac Sen	2:05.59	ALMEIDA Carlos Esteves	POR	Chartres (FRA)	25-11-2012
Rec Nac Jun18	2:13.22	SANTOS Andre Goncalo	LSC	Porto	19-12-2014
Rec Nac Jun17	2:16.24	SILVA Jorge Jesus	SCB	Funchal	10-12-2016
Rec Nac Juv A	2:18.22	SANTOS Andre Goncalo	LSC	Felgueiras	08-03-2013
Rec Nac Juv B	2:20.22	SANTOS Andre Goncalo	LSC	Braga	03-03-2012
Rec Nac Inf A	2:29.20	ALVES Paulo Rodrigues	CDN	Funchal	01-08-2018
Rec Nac Inf B	2:37.57	FREITAS Tomas Miguel	CDN	Funchal	13-07-2003

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	JESUS Afonso Guilherme	00	117174	Vikings	2:28.96	+0,65	524	27,00
	50m: 34.25 34.25	100m: 1:12.24	37.99	150m: 1:50.66	38.42	200m: 2:28.96	38.30	
2.	MARTINS Tiago Rafael	97	111267	Olivais e Moscavide	2:30.93	+0,68	504	25,00
	50m: 33.79 33.79	100m: 1:12.19	38.40	150m: 1:50.99	38.80	200m: 2:30.93	39.94	
3.	OLIVEIRA Simao Lopes	05	200178	Naval Setubalense	2:32.45	+0,75	489	24,00
	50m: 35.33 35.33	100m: 1:14.77	39.44	150m: 1:53.15	38.38	200m: 2:32.45	39.30	
4.	MOREIRA Joao Pedro	04	200349	Colegio Efanor	2:33.11	+0,72	483	23,00
	50m: 34.65 34.65	100m: 1:13.29	38.64	150m: 1:53.02	39.73	200m: 2:33.11	40.09	
5.	COSTA Rodrigo Marques	76	11306	Litoral Alentejano	2:33.66	+0,88	478	22,00
	50m: 34.81 34.81	100m: 1:12.80	37.99	150m: 1:52.47	39.67	200m: 2:33.66	41.19	
6.	MATIAS Rafael Candeias	03	131499	Natacao de Lagos	2:34.19	+0,85	473	21,00
	50m: 34.31 34.31	100m: 1:13.96	39.65	150m: 1:54.23	40.27	200m: 2:34.19	39.96	
7.	SANTOS Roberto Pinho	03	122871	Estamos Juntos	2:34.56	+0,84	469	20,00
	50m: 34.84 34.84	100m: 1:14.46	39.62	150m: 1:55.21	40.75	200m: 2:34.56	39.35	
8.	GIL Joao Pedro	98	111460	Electrico Clube	2:35.05	+0,65	465	19,00
	50m: 34.63 34.63	100m: 1:13.19	38.56	150m: 1:53.61	40.42	200m: 2:35.05	41.44	
9.	VAZQUEZ CIVILA Juan Pedro	94	211032	Nautico do Guadiana	2:39.66	+0,74	426	18,00
	50m: 36.06 36.06	100m: 1:17.49	41.43	150m: 1:58.94	41.45	200m: 2:39.66	40.72	
10.	FARINHA Joao Fernandes	02	128102	Lagoa AC	2:41.43	+0,66	412	17,00
	50m: 35.89 35.89	100m: 1:16.26	40.37	150m: 1:58.51	42.25	200m: 2:41.43	42.92	
11.	FREITAS Joao Tomas	02	131520	Juventude Atlantico	2:42.85		401	16,00
	50m: 35.94 35.94	100m: 1:17.68	41.74	150m: 2:01.19	43.51	200m: 2:42.85	41.66	
12.	FERREIRA Luis Duarte	89	25800	Escola O Liceu	2:45.22		384	15,00
	50m: 35.82 35.82	100m: 1:17.66	41.84	150m: 2:01.37	43.71	200m: 2:45.22	43.85	
13.	FOCK Yann Chetelat	04	129699	Avancado EUL	2:45.24	+0,74	384	14,00
	50m: 37.62 37.62	100m: 1:20.21	42.59	150m: 2:03.71	43.50	200m: 2:45.24	41.53	
14.	AGAPITO Bernardo Gameiro	98	117573	FC Ferreiras/AlgarExperie	2:47.02	+0,76	372	13,00
	50m: 37.51 37.51	100m: 1:20.40	42.89	150m: 2:03.68	43.28	200m: 2:47.02	43.34	
15.	RENDEIRO Miguel Vargas	03	125106	Nucleo Sporting da Terceira	2:50.05		352	12,00
	50m: 36.73 36.73	100m:		150m:		200m: 2:50.05		
16.	OLIVEIRA Rodrigo Alexandre	04	128053	Viana Natacao	2:50.52	+0,87	349	11,00
	50m: 38.76 38.76	100m: 1:22.81	44.05	150m: 2:07.56	44.75	200m: 2:50.52	42.96	
17.	LAMANDE Jose Antonio	96	105808	Vieirense	2:51.08	+0,82	346	10,00
	50m: 38.05 38.05	100m: 1:21.85	43.80	150m: 2:06.84	44.99	200m: 2:51.08	44.24	
18.	CONRADO Joao Miguel	05	205811	BUZIOS-Coruche	2:55.56	+0,66	320	9,00
	50m: 38.58 38.58	100m: 1:22.42	43.84	150m: 2:08.53	46.11	200m: 2:55.56	47.03	
19.	BUNKOVSKIS Rihards	05	204089	Agua de Pau	2:56.64		314	8,00
	50m: 39.58 39.58	100m:		150m:		200m: 2:56.64		

Prova 18, Masc., 200m Bruços, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	GONCALVES Andre Marques	05	201562	Beja	2:56.74	+0,82	314	7,00
	50m: 40.00 40.00		100m: 1:26.37 46.37	150m: 2:13.35 46.98	200m: 2:56.74 43.39			
21.	BRAZ Rodrigo Joao	00	208640	Peso da Regua	2:56.88	+0,84	313	6,00
	50m: 40.40 40.40		100m: 1:25.91 45.51	150m: 2:11.77 45.86	200m: 2:56.88 45.11			
22.	CASQUINHA Pedro Dinis	05	208656	Salesianos	2:59.00	+0,87	302	5,00
	50m: 39.72 39.72		100m: 1:24.54 44.82	150m: 2:11.50 46.96	200m: 2:59.00 47.50			
23.	RODRIGUES Francisco Manue	06	129657	Naval da Horta	3:00.78		293	4,00
	50m: 40.94 40.94		100m: 1:24.54 44.82	150m: 2:11.50 46.96	200m: 3:00.78 47.50			
24.	MARTINS Ricardo Morais	85	126451	Aquatico Silves	3:02.57	+1,01	285	3,00
	50m: 39.79 39.79		100m: 1:25.53 45.74	150m: 2:13.84 48.31	200m: 3:02.57 48.73			
25.	JORGE Jose Pedro	05	128062	Natacao de Vagos	3:10.24	+0,92	251	2,00
	50m: 42.28 42.28		100m: 1:30.50 48.22	150m: 2:20.49 49.99	200m: 3:10.24 49.75			
DSQ	PEREIRA Igor Branco	03	202602	O Crasto				-
	<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultaneamente na viragem aos 50 metros</i>							

Prova 19

Femin., 50m Livres

Absolutos

26-10-2019 - 17:45

Resultados

Rec Nac Absoluto	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
Rec Nac Sen	24.94	CONCEICAO Patricia Vilas	CNA	S. António Cavaleiros	20-12-2009
Rec Nac Jun17	25.95	VIEGAS Beatriz Mendes	TNC	Vila Real Stº Antonio	12-11-2016
Rec Nac Jun16	26.14	ROSA Maria Carolina	SCP	S. António Cavaleiros	20-12-2009
Rec Nac Juv A	26.60	SOARES Catarina Silva	SANNP	Abrantes	27-01-2018
Rec Nac Juv B	26.85	GUEDES Ana Margarida	GCVR	Bragança	05-07-2015
Rec Nac Inf A	27.43	Brites Marta Lopes	CNPDL	Ponta Delgada	12-07-2019
Rec Nac Inf B	28.82	FERNANDES Carolina Miranda	SANCNP	Abrantes	04-03-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SOARES Ana Beatriz	03	205678	Feirense	28.57	+0,72	516	-
2.	PEREIRA Isabel dos Santos	05	126788	Colegio Efanor	28.79	+0,83	505	-
3.	TOME Madalena Rodrigues	03	126829	Bombeiros Estoris	29.16	+0,90	486	-
4.	OLIVEIRA Sara Fernandes	04	202386	Juventude Atlantico	29.27		480	-
5.	BALL Marianna Thais	05	205698	Natacao de Lagos	29.35	+0,70	476	-
6.	ARMAS Maria Ornelas	98	106961	Avancado EUL	29.39	+0,90	474	-
7.	SANTOS Beatriz Rocha	02	129667	Campinho	29.49	+0,71	470	-
8.	MIRA Leonor Maria	04	130557	BUZIOS-Coruche	29.54	+0,84	467	-
9.	VIANA Carolina Pereira	04	129199	Aquatico Silves	29.80	+0,74	455	-
10.	SILVA Ana Carolina	05	124090	Naval Praia da Vitoria	29.87		452	-
11.	NOIVO Adriana Martins	03	205319	Naval de Peniche	30.38	+0,77	429	-
12.	VELHO Ana Luisa	05	208555	Peso da Regua	30.49	+0,78	425	-
13.	GONCALVES Alexandra Rego	94	24714	Naval da Horta	30.59		421	-
14.	GONCALVES Maria Albuquerque	04	130044	Natacao do Fundao	30.66	+0,76	418	-
15.	MADEIRA Carolina Costa	00	108248	Salesianos	30.71	+0,76	416	-
16.	PEREIRA Marta Monteiro	04	126460	O Crasto	30.81	+0,99	412	-
17.	SILVA Ana Cabral	03	129461	FC Ferreiras/AlgarExperience	31.11	+0,82	400	-
18.	LIMA Ana Cristina	05	205431	Sporting de Espinho	31.19	+0,82	397	-
19.	JESUS Filipa Mafalda	03	148582	Sao Roque	31.26		394	-
20.	COSTA Claudia Almeida	95	14919	Olivais e Moscavide	31.62	+0,84	381	-
21.	GOUVEIA Joana Rita	87	10362	Nucleo de Pombal	31.74	+0,94	377	-

Prova 19, Femin., 50m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
22.	SABANOVIC Erna	04	207042	CLAC-Entroncamento	31.84	+0,97	373	-
23.	MARTINS Matilde Ramos	06	205470	Nautico do Guadiana	34.25	+0,67	300	-
24.	COELHO Nicole Nezhurko	06	201283	Lagoa AC	35.22	+0,98	275	-
25.	REIS Mariana Tavares	05	132979	Agua de Pau	35.38		272	-

Prova 20

Masc., 100m Livres

Absolutos

26-10-2019 - 17:50

Resultados

Rec Nac Absoluto	47.61	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	11-12-2018
Rec Nac Sen	47.61	NASCIMENTO Miguel Duarte	POR	Hangzhou (CHN)	11-12-2018
Rec Nac Jun18	48.38	VENANCIO Tiago Andre	CNS	Cantanhede	20-12-2004
Rec Nac Jun17	49.87	VENANCIO Tiago Andre	CNS	Estoril	14-02-2004
Rec Nac Juv A	50.82	VENANCIO Tiago Andre	CNS	Braga	23-03-2003
Rec Nac Juv B	52.29	RIBEIRO Diogo Matos	CUC	Coimbra	11-05-2019
Rec Nac Inf A	54.35	RIBEIRO Diogo Matos	CUC	S. António Cavaleiros	01-07-2018
Rec Nac Inf B	57.40	PEREIRA Tiago Filipe	DNMG	Caldas da Rainha	11-07-2004

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	PAQUETE Goncalo Manuel 50m: 25.41 25.41	99	127101	Colegio Efanor 100m: 53.33 27.92	53.33	+0,73	598	27,00
2.	FERNANDES Joao Vitor 50m: 25.92 25.92	00	117339	Escola O Liceu 100m: 53.63 27.71	53.63		588	25,00
3.	FRANCISCO Sandro Emanuel 50m: 26.14 26.14	99	117818	Vieirense 100m: 54.25 28.11	54.25	+0,65	568	24,00
4.	SEQUEIRA Duarte Nunes 50m: 25.81 25.81	02	117845	Natacao de Lagos 100m: 54.43 28.62	54.43	+0,75	562	23,00
5.	VENTOSO Vicente Morgado 50m: 26.36 26.36	00	126466	Avancado EUL 100m: 55.07 28.71	55.07	+0,68	543	22,00
6.	YELISTRATKIN Ilyia 50m: 26.58 26.58	96	109940	Natacao de Vagos 100m: 55.35 28.77	55.35	+0,77	535	21,00
7.	MOURA Ricardo Goncalves 50m: 26.30 26.30	98	107577	Electrico Clube 100m: 55.95 29.65	55.95	+0,80	518	20,00
8.	SANTANA Joao Miguel 50m: 26.99 26.99	00	112719	Vikings 100m: 55.97 28.98	55.97	+0,73	517	19,00
9.	SARAMAGO Artur Rafael 50m: 26.38 26.38	97	111949	BUZIOS-Coruche 100m: 56.07 29.69	56.07	+0,71	514	18,00
10.	MELO Filipe Ferrao 50m: 26.67 26.67	01	200171	Naval Setubalense 100m: 56.17 29.50	56.17	+0,71	512	17,00
11.	GOMES Guilherme Sousa 50m: 27.09 27.09	04	153562	Aquatico Silves 100m: 56.31 29.22	56.31	+0,78	508	16,00
12.	BOTO Pedro Alexandre 50m: 27.18 27.18	02	119966	Litoral Alentejano 100m: 56.82 29.64	56.82	+0,73	494	15,00
13.	CORREIA Jaime Daniel 50m: 26.79 26.79	99	111346	Olivais e Moscavide 100m: 57.07 30.28	57.07	+0,64	488	14,00
14.	VAZQUEZ CIVILA Juan Pedro 50m: 27.45 27.45	94	211032	Nautico do Guadiana 100m: 57.34 29.89	57.34	+0,72	481	13,00
15.	MAXIMO Joao Luis 50m: 27.47 27.47	98	125641	O Crasto 100m: 57.37 29.90	57.37	+0,70	480	12,00

Prova 20, Masc., 100m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	BABANIN Daniel 50m: 27.31 27.31	03	124251	Viana Natacao 100m: 58.11 30.80	58.11	+0,77	462	11,00
17.	CARDOSO Guilherme Dias 50m: 28.05 28.05	03	205059	FC Ferreiras/AlgarExperience 100m: 58.36 30.31	58.36	+0,69	456	10,00
18.	MARTINS David Almeida 50m: 28.23 28.23	01	205427	Estamos Juntos 100m: 58.93 30.70	58.93	+0,71	443	9,00
19.	MOREIRA Jose Tiago 50m: 59.28 59.28	89	16015	Nucleo Sporting da Terceira 100m: 59.28	59.28		435	8,00
20.	GONCALVES Hugo Fonseca 50m: 28.25 28.25	03	208561	Peso da Regua 100m: 59.43 31.18	59.43	+0,73	432	7,00
21.	RODRIGUES Renato Correia 50m: 28.73 28.73	03	204444	Juventude Atlantico 100m: 59.98 31.25	59.98		420	6,00
22.	VALENTE Nicolau Augusto 50m: 31.41 31.41	01	132969	Agua de Pau 100m: 1:04.81 33.40	1:04.81		333	5,00
23.	SALGUEIRO Bernardo Joao 50m: 30.70 30.70	98	211071	Salesianos 100m: 1:05.02 34.32	1:05.02	+0,83	330	4,00
24.	CONCEICAO Hugo Pacheco 50m: 31.37 31.37	03	144716	Lagoa AC 100m: 1:07.49 36.12	1:07.49	+1,03	295	3,00
DSQ	ALEXANDRINO Vasco Garcia <i>SW 4.4 - Falsa partida</i>	07	203793	Naval da Horta				-
DNS	GUERREIRO Pedro Henrique	04	137855	Beja				-

Prova 21

Femin., 100m Costas

Absolutos
Resultados

26-10-2019 - 17:55

Rec Nac Absoluto	59.61	AZEVEDO Rafaela Gomes	SAD	Algés	29-06-2019
Rec Nac Sen	1:00.64	LEITE Ana Sofia	GCVR	Porto	12-12-2015
Rec Nac Jun17	59.61	AZEVEDO Rafaela Gomes	SAD	Algés	29-06-2019
Rec Nac Jun16	1:01.55	FERNANDES Ines Camacho	SCP	Porto	08-12-2013
Rec Nac Juv A	1:01.43	FERNANDES Ines Camacho	SCP	Mealhada	17-12-2011
Rec Nac Juv B	1:02.96	FERNANDES Ines Camacho	SCP	Alapraia	12-02-2011
Rec Nac Inf A	1:04.85	PEIXEIRA Filipa Ramos	SCP	Tomar	18-03-2016
Rec Nac Inf B	1:06.85	FERNANDES Carolina Miranda	CGA	Mealhada	07-04-2017

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	OLIVEIRA Ana Rita 50m: 31.58 31.58	04	124995	Colegio Efanor 100m: 1:05.60 34.02	1:05.60	+0,67	590	-
2.	ARMAS Maria Ornelas 50m: 34.04 34.04	98	106961	Avancado EUL 100m: 1:09.15 35.11	1:09.15	+0,76	503	-
3.	FERREIRA Leonor Marques 50m: 33.53 33.53	03	126252	Campinho 100m: 1:10.08 36.55	1:10.08	+0,66	484	-
4.	MAGALHAES Luana Cardoso 50m: 33.98 33.98	06	201688	Bombeiros Estoris 100m: 1:10.11 36.13	1:10.11	+0,66	483	-
5.	NEVES Diana Patricia 50m: 34.48 34.48	06	130031	Naval da Horta 100m: 1:10.37 35.89	1:10.37		478	-
6.	SANCHEZ FERNANDEZ Irene 50m: 34.40 34.40	06	211028	Nautico do Guadiana 100m: 1:11.60 37.20	1:11.60	+0,66	454	-

Prova 21, Femin., 100m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	CANINHAS Maria Pinto 50m: 34.73 34.73	05	201666	Natacao do Fundao 100m: 1:11.64 36.91	1:11.64	+0,76	453	-
8.	FILIFE Ana Sofia 50m: 34.81 34.81	05	202068	Aquatico Silves 100m: 1:12.91 38.10	1:12.91	+0,72	429	-
9.	MENDES Ana Sebastiao 50m: 35.41 35.41	04	129455	Natacao de Lagos 100m: 1:13.06 37.65	1:13.06	+0,59	427	-
	CANTIRU Dana Alexia 50m: 35.89 35.89	03	133500	FC Ferreiras/AlgarExperenci 100m: 1:13.06 37.17	1:13.06	+0,69	427	-
11.	COSTA Joana Ferreira 50m: 35.04 35.04	05	203249	Feirense 100m: 1:13.18 38.14	1:13.18	+0,78	425	-
12.	RIBEIRO Carolina Goncalves 50m: 36.19 36.19	04	204637	O Crasto 100m: 1:14.98 38.79	1:14.98	+0,65	395	-
13.	LUIS Jessica Santos 50m: 35.71 35.71	00	111887	Sao Roque 100m: 1:15.04 39.33	1:15.04		394	-
14.	MACHARREU Matilde Isabel 50m: 36.36 36.36	04	127289	BUZIOS-Coruche 100m: 1:15.35 38.99	1:15.35	+0,76	389	-
15.	FRANCIS Rebeca Correia 50m: 37.48 37.48	03	128106	Lagoa AC 100m: 1:15.98 38.50	1:15.98	+0,68	379	-
16.	CARICHAS Joana Medeiros 50m: 37.08 37.08	06	200965	Juventude Atlantico 100m: 1:16.15 39.07	1:16.15		377	-
17.	CRAVO Isabel Catarino 50m: 37.31 37.31	98	107288	Nucleo de Pombal 100m: 1:17.39 40.08	1:17.39	+0,68	359	-
18.	CARVALHO Neuza Cardoso 50m: 37.28 37.28	05	201737	Peso da Regua 100m: 1:18.09 40.81	1:18.09	+0,88	349	-
19.	CUNHA Victoria Elisabete 50m: 39.06 39.06	06	203081	Naval Praia da Vitoria 100m: 1:19.64 40.58	1:19.64		329	-
20.	FREITAS Barbara Maia 50m: 40.34 40.34	06	147081	CLAC-Entroncamento 100m: 1:21.64 41.30	1:21.64	+0,80	306	-
21.	CALDAS Sara Lagorsse 50m: 40.09 40.09	06	153255	Salesianos 100m: 1:22.30 42.21	1:22.30	+0,78	298	-
22.	MONTEIRO Ana Rita 50m: 40.21 40.21	01	124464	Sporting de Espinho 100m: 1:22.31 42.10	1:22.31	+1,05	298	-
23.	SERRAO Sara Andreia 50m: 40.79 40.79	05	129229	Naval de Peniche 100m: 1:23.69 42.90	1:23.69	+0,74	284	-
24.	REIS Catarina Pinto 50m: 41.84 41.84	06	200876	Olivais e Moscavide 100m: 1:27.28 45.44	1:27.28	+0,81	250	-
25.	ALMEIDA Ines Garcia 50m: 42.50 42.50	03	130948	Agua de Pau 100m: 1:28.57 46.07	1:28.57		239	-

Prova 22
26-10-2019 - 18:05

Masc., 200m Costas

Absolutos
Resultados

Rec Nac Absoluto	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (CHN)	16-12-2018
Rec Nac Sen	1:52.66	LOPES Gabriel Jose	POR	Hangzhou (FRA)	16-12-2018
Rec Nac Jun18	1:58.37	NIZ Adriano Miguel	CFV	Figueira da Foz	03-07-2004
Rec Nac Jun17	1:59.34	NIZ Adriano Miguel	CFV	Alges	16-05-2003
Rec Nac Juv A	2:01.43	SOUSA Diogo Gomes	CNCVG	Algés	04-06-2011
Rec Nac Juv B	2:04.99	VITAL Joao Alexandre	ADRCIMM	Alapraia	09-03-2013
Rec Nac Inf A	2:09.17	VITAL Joao Alexandre	ADRCIMM	Algés	29-06-2012
Rec Nac Inf B	2:15.27	RUIVO Andre Vilas	DNMG	S. António Cavaleiros	16-03-2013

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	LEIRIA David Miguel	93	14530	Vikings	2:11.85	+0,71	514	27,00
	50m: 30.76 30.76	100m: 1:03.15 32.39	150m: 1:36.38 33.23	200m: 2:11.85 35.47				
2.	FERREIRA Bernardo Felgueira	03	127126	Colegio Efanor	2:14.18	+0,64	487	25,00
	50m: 30.19 30.19	100m: 1:04.85 34.66	150m: 1:40.71 35.86	200m: 2:14.18 33.47				
3.	ARAUJO Diogo Alexandre	01	122109	Olivais e Moscavide	2:14.60		483	24,00
	50m: 31.97 31.97	100m: 1:05.81 33.84	150m: 1:40.54 34.73	200m: 2:14.60 34.06				
4.	SILVA Joao Jesus	02	118177	Juventude Atlantico	2:16.19		466	23,00
	50m: 31.19 31.19	100m: 1:05.25 34.06	150m: 1:40.73 35.48	200m: 2:16.19 35.46				
5.	GOMES Guilherme Sousa	04	153562	Aquatico Silves	2:16.38	+0,69	464	22,00
	50m: 31.22 31.22	100m: 1:05.56 34.34	150m: 1:41.27 35.71	200m: 2:16.38 35.11				
6.	FERNANDES Miguel Alves	05	131479	Viana Natacao	2:16.98	+0,62	458	21,00
	50m: 31.71 31.71	100m: 1:05.70 33.99	150m: 1:41.20 35.50	200m: 2:16.98 35.78				
7.	PEREZ BARROSO Eduardo	02	211057	Nautico do Guadiana	2:18.71	+0,69	441	20,00
	50m: 31.56 31.56	100m: 1:06.41 34.85	150m: 1:42.62 36.21	200m: 2:18.71 36.09				
8.	PINHO Duarte Sa	02	124748	Estamos Juntos	2:19.45	+0,84	434	19,00
	50m: 31.58 31.58	100m: 1:05.89 34.31	150m: 1:42.47 36.58	200m: 2:19.45 36.98				
9.	PIMENTEL Alfredo Eugenio	00	203144	Litoral Alentejano	2:21.07	+0,64	419	18,00
	50m: 32.80 32.80	100m: 1:08.78 35.98	150m: 1:45.09 36.31	200m: 2:21.07 35.98				
10.	CHOCAS Afonso Alves	04	126756	Electrico Clube	2:21.46	+0,62	416	17,00
	50m: 33.72 33.72	100m: 1:10.33 36.61	150m: 1:46.50 36.17	200m: 2:21.46 34.96				
11.	OLIVEIRA Cesar Goncalves	00	123762	FC Ferreiras/AlgarExperie	2:21.66	+0,62	414	16,00
	50m: 32.67 32.67	100m: 1:08.36 35.69	150m: 1:45.38 37.02	200m: 2:21.66 36.28				
12.	LOPES Ivo Andre	94	11728	Avancado EUL	2:22.41	+0,71	408	15,00
	50m: 32.93 32.93	100m: 1:07.82 34.89	150m: 1:44.51 36.69	200m: 2:22.41 37.90				
13.	OLIVEIRA Jose Miguel	03	129493	Naval Setubalense	2:22.95	+0,80	403	14,00
	50m: 33.27 33.27	100m: 1:09.35 36.08	150m: 1:46.17 36.82	200m: 2:22.95 36.78				
14.	COELHO Joao Salvador	03	126355	O Crasto	2:24.09	+0,72	393	13,00
	50m: 34.26 34.26	100m: 1:11.40 37.14	150m: 1:48.36 36.96	200m: 2:24.09 35.73				
15.	SILVA Duarte Filipe	03	127287	BUZIOS-Coruche	2:24.23	+0,69	392	12,00
	50m: 34.27 34.27	100m: 1:11.13 36.86	150m: 1:48.66 37.53	200m: 2:24.23 35.57				
16.	FONSECA Leandro Dinis	02	123995	Natacao de Lagos	2:24.54	+0,77	390	11,00
	50m: 32.51 32.51	100m: 1:08.84 36.33	150m: 1:47.30 38.46	200m: 2:24.54 37.24				
17.	SOUSA Afonso Coelho	05	127647	Nucleo Sporting da Terceira	2:26.29		376	10,00
	50m: 34.49 34.49	100m: 1:10.00 36.51	150m: 1:47.00 36.51	200m: 2:26.29 36.78				
18.	CASTRO Martim Pereira	02	124907	Escola O Liceu	2:27.71		365	9,00
	50m: 34.71 34.71	100m: 1:12.16 37.45	150m: 1:50.14 37.98	200m: 2:27.71 37.57				
19.	VIDAL Joao Pedro	03	132105	Vieirense	2:31.76	+0,66	337	8,00
	50m: 35.92 35.92	100m: 1:15.07 39.15	150m: 1:53.76 38.69	200m: 2:31.76 38.00				

Prova 22, Masc., 200m Costas, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	SOLODYUK Micael Kovalchuk	03	139552	Natacao de Vagos	2:32.13	+0,70	334	7,00
	50m: 34.71 34.71		100m: 1:12.71 38.00	150m: 1:52.77 40.06	200m: 2:32.13 39.36			
21.	BAIOA Joao Pedro	05	201455	Beja	2:33.31	+0,97	327	6,00
	50m: 36.51 36.51		100m: 1:15.85 39.34	150m: 1:55.09 39.24	200m: 2:33.31 38.22			
22.	SANTIMANO Afonso Martim	01	122337	Naval da Horta	2:33.83		323	5,00
	50m: 35.59 35.59		100m: 1:15.85 39.34	150m: 1:55.09 39.24	200m: 2:33.83 38.22			
23.	FAIAL Diogo Lima	02	132973	Agua de Pau	2:34.04		322	4,00
	50m: 35.41 35.41		100m: 1:15.85 39.34	150m: 1:55.09 39.24	200m: 2:34.04 38.22			
24.	CARVALHO Nuno Alexandre	03	210162	Lagoa AC	2:45.50	+0,77	259	3,00
	50m: 39.43 39.43		100m: 1:21.26 41.83	150m: 2:03.73 42.47	200m: 2:45.50 41.77			
25.	ALMEIDA Dinis Santos	05	208651	Salesianos	2:55.07	+0,78	219	2,00
	50m: 41.06 41.06		100m: 1:25.28 44.22	150m: 2:10.85 45.57	200m: 2:55.07 44.22			
DNF	FONSECA Goncalo Monteiro	05	208560	Peso da Regua				-

Prova 23

Femin., 400m Livres

Absolutos

26-10-2019 - 18:15

Resultados

Rec Nac Absoluto	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Sen	4:04.61	DURAES Diana Margarida	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Jun17	4:10.52	HOLUB Tamila Hryhorivna	SCB	Porto	12-12-2015
Rec Nac Jun16	4:13.53	SOUSA Ana Reis	CNLA	Porto	09-12-2017
Rec Nac Juv A	4:18.39	SANTOS Ana Claudia	SFUAP	Cantanhede	20-12-2004
Rec Nac Juv B	4:23.08	MIGUEL Susana Patricia	SFUAP	Alhandra	15-05-2004
Rec Nac Inf A	4:25.30	SILVA Alexandra Maria	FCP	Porto	19-07-1980
Rec Nac Inf B	4:38.40	RUIVO Filipa Vilas	DNMG	Alcobaça	13-06-2009

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SANTOS Leonor Esteves	04	130603	Avancado EUL	4:34.66	+0,87	617	-
	50m: 31.97 31.97		150m: 1:40.65 34.61	250m: 2:50.18 34.85	350m: 4:00.09 34.94			
	100m: 1:06.04 34.07		200m: 2:15.33 34.68	300m: 3:25.15 34.97	400m: 4:34.66 34.57			
2.	CARLOTA Catarina Isabel	05	132493	BUZIOS-Coruche	4:42.23	+0,85	569	-
	50m: 32.78 32.78		150m: 1:43.49 35.66	250m: 2:55.20 35.94	350m: 4:07.28 36.10			
	100m: 1:07.83 35.05		200m: 2:19.26 35.77	300m: 3:31.18 35.98	400m: 4:42.23 34.95			
3.	MONTEIRO Ines Maria	04	126588	Naval Praia da Vitoria	4:45.32		551	-
	50m: 32.87 32.87		150m: 1:43.92 35.62	250m: 2:56.34 36.33	350m: 4:09.47 36.58			
	100m: 1:08.30 35.43		200m: 2:20.01 36.09	300m: 3:32.89 36.55	400m: 4:45.32 35.85			
4.	FARIA Leonor Verissimo	06	143779	Nucleo de Pombal	4:48.48	+0,93	533	-
	50m: 33.11 33.11		150m: 1:45.09 36.29	250m: 2:58.58 36.83	350m: 4:12.56 36.93			
	100m: 1:08.80 35.69		200m: 2:21.75 36.66	300m: 3:35.63 37.05	400m: 4:48.48 35.92			
5.	SOUSA Joana Francisca	04	130520	Sao Roque	4:52.94		509	-
	50m: 32.68 32.68		150m: 1:45.83 37.02	250m: 3:01.32 37.93	350m: 4:16.61 37.52			
	100m: 1:08.81 36.13		200m: 2:23.39 37.56	300m: 3:39.09 37.77	400m: 4:52.94 36.33			
6.	JUNQUEIRA Manuela Paccola	05	204477	Naval de Peniche	4:54.79	+1,00	499	-
	50m: 32.99 32.99		150m: 1:45.66 36.72	250m: 3:00.53 37.91	350m: 4:17.82 38.65			
	100m: 1:08.94 35.95		200m: 2:22.62 36.96	300m: 3:39.17 38.64	400m: 4:54.79 36.97			
7.	NUNES Rita Sofia	05	129103	Colegio Efanor	4:56.40	+0,93	491	-
	50m: 32.24 32.24		150m: 1:46.34 37.86	250m: 3:02.87 38.18	350m: 4:19.19 38.01			
	100m: 1:08.48 36.24		200m: 2:24.69 38.35	300m: 3:41.18 38.31	400m: 4:56.40 37.21			
8.	DOMINGUEZ ZANOLETTY M.	03	211091	Nautico do Guadiana	4:57.91	+0,73	484	-
	50m: 32.88 32.88		150m: 1:46.97 37.82	250m: 3:03.36 38.26	350m: 4:20.34 38.64			
	100m: 1:09.15 36.27		200m: 2:25.10 38.13	300m: 3:41.70 38.34	400m: 4:57.91 37.57			

Prova 23, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	BALL Marianna Thais	05	205698	Natacao de Lagos	5:00.71	+0,83	470	-
	50m: 33.87 33.87		150m: 1:49.54 37.94	250m: 3:07.18 38.94		350m: 4:24.27 38.32		
	100m: 1:11.60 37.73		200m: 2:28.24 38.70	300m: 3:45.95 38.77		400m: 5:00.71 36.44		
10.	RAMOS Barbara Emerick	04	148421	Juventude Atlantico	5:01.42		467	-
	50m: 34.03 34.03		150m: 1:49.51 38.19	250m: 3:06.41 38.65		350m: 4:24.28 38.86		
	100m: 1:11.32 37.29		200m: 2:27.76 38.25	300m: 3:45.42 39.01		400m: 5:01.42 37.14		
11.	NEVES Diana Patricia	06	130031	Naval da Horta	5:02.50		462	-
	50m: 35.05 35.05		150m: 1:51.69 38.57	250m: 3:08.07 37.64		350m: 4:25.60 38.57		
	100m: 1:13.12 38.07		200m: 2:30.43 38.74	300m: 3:47.03 38.96		400m: 5:02.50 36.90		
12.	MERCEDES Mariana Marques	03	129961	Olivais e Moscavide	5:04.25	+0,93	454	-
	50m: 33.12 33.12		150m: 1:47.52 38.09	250m: 3:05.73 39.47		350m: 4:25.24 39.58		
	100m: 1:09.43 36.31		200m: 2:26.26 38.74	300m: 3:45.66 39.93		400m: 5:04.25 39.01		
13.	GONCALVES Maria Albuquerque	04	130044	Natacao do Fundao	5:06.10	+0,82	446	-
	50m: 33.68 33.68		150m: 1:49.38 38.78	250m: 3:07.51 39.32		350m: 4:26.86 39.80		
	100m: 1:10.60 36.92		200m: 2:28.19 38.81	300m: 3:47.06 39.55		400m: 5:06.10 39.24		
14.	SOARES Ana Beatriz	03	205678	Feirense	5:07.54	+0,78	440	-
	50m: 31.80 31.80		150m: 1:48.20 39.28	250m: 3:08.78 40.30		350m: 4:29.25 39.57		
	100m: 1:08.92 37.12		200m: 2:28.48 40.28	300m: 3:49.68 40.90		400m: 5:07.54 38.29		
15.	GUERREIRO Gloria Regina	04	202132	FC Ferreiras/AlgarExperie	5:07.97	+0,78	438	-
	50m: 35.29 35.29		150m: 1:53.61 39.65	250m: 3:12.75 39.43		350m: 4:31.42 39.08		
	100m: 1:13.96 38.67		200m: 2:33.32 39.71	300m: 3:52.34 39.59		400m: 5:07.97 36.55		
16.	SILVA Francisca Gomes	06	129777	Sporting de Espinho	5:08.64	+0,97	435	-
	50m: 34.45 34.45		150m: 1:53.25 39.71	250m: 3:12.49 39.21		350m: 4:31.58 39.11		
	100m: 1:13.54 39.09		200m: 2:33.28 40.03	300m: 3:52.47 39.98		400m: 5:08.64 37.06		
17.	JESUS Beatriz Alexandra	03	123290	Peso da Regua	5:09.99	+0,89	429	-
	50m: 34.40 34.40		150m: 1:49.79 38.34	250m: 3:10.53 40.64		350m: 4:30.79 39.63		
	100m: 1:11.45 37.05		200m: 2:29.89 40.10	300m: 3:51.16 40.63		400m: 5:09.99 39.20		
18.	OLIVEIRA Margarida Gomes	07	200856	O Crasto	5:10.36	+0,91	428	-
	50m: 34.00 34.00		150m: 1:51.83 39.47	250m: 3:11.60 39.84		350m: 4:32.68 39.93		
	100m: 1:12.36 38.36		200m: 2:31.76 39.93	300m: 3:52.75 41.15		400m: 5:10.36 37.68		
19.	ABREU Daniela Filipa	04	130906	Campinho	5:14.93	+0,79	409	-
	50m: 35.67 35.67		150m: 1:54.44 39.72	250m: 3:15.40 40.70		350m: 4:36.13 39.97		
	100m: 1:14.72 39.05		200m: 2:34.70 40.26	300m: 3:56.16 40.76		400m: 5:14.93 38.80		
20.	FERRAZ Maria Antonia	05	128378	Bombeiros Estoris	5:15.04	+0,79	409	-
	50m: 34.82 34.82		150m: 1:54.24 40.43	250m: 3:15.41 40.52		350m: 4:36.20 40.08		
	100m: 1:13.81 38.99		200m: 2:34.89 40.65	300m: 3:56.12 40.71		400m: 5:15.04 38.84		
21.	WATSON Leila Rosa	03	128103	Lagoa AC	5:18.37	+0,85	396	-
	50m: 34.83 34.83		150m: 1:53.80 40.47	250m: 3:16.08 41.23		350m: 4:39.34 41.76		
	100m: 1:13.33 38.50		200m: 2:34.85 41.05	300m: 3:57.58 41.50		400m: 5:18.37 39.03		
22.	TAVARES Ana Burguete	00	119951	Salesianos	5:23.79	+0,75	377	-
	50m: 34.72 34.72		150m: 1:55.88 41.40	250m: 3:19.83 42.29		350m: 4:44.33 42.04		
	100m: 1:14.48 39.76		200m: 2:37.54 41.66	300m: 4:02.29 42.46		400m: 5:23.79 39.46		
23.	COUTO Matilde Rodrigues	06	132968	Agua de Pau	5:47.79		304	-
	50m: 37.56 37.56		150m: 2:04.65 44.20	250m: 3:34.22 44.34		350m: 5:05.42 45.94		
	100m: 1:20.45 42.89		200m: 2:49.88 45.23	300m: 4:19.48 45.26		400m: 5:47.79 42.37		
24.	MONRAIA Matilde Nabeiro	06	206511	CLAC-Entroncamento	6:23.69	+0,91	226	-
	50m: 39.77 39.77		150m: 2:15.97 49.19	250m: 3:55.51 50.37		350m: 5:36.38 50.30		
	100m: 1:26.78 47.01		200m: 3:05.14 49.17	300m: 4:46.08 50.57		400m: 6:23.69 47.31		
DNS	FRANCA Maria Carolina	06	209919	Aquatico Silves		+0,72		-

Prova 24
26-10-2019 - 18:40

Masc., 200m Estilos

Absolutos
Resultados

Rec Nac Absoluto	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
Rec Nac Sen	1:53.45	CARVALHO Diogo Filipe	POR	Netanya (ISR)	04-12-2015
Rec Nac Jun18	2:00.59	LOPES Gabriel Jose	ALN	Coimbra	10-05-2015
Rec Nac Jun17	2:02.96	CARVALHO Diogo Filipe	CGA	Mealhada	06-03-2005
Rec Nac Juv A	2:05.34	CARVALHO Diogo Filipe	CGA	Aveiro	15-05-2004
Rec Nac Juv B	2:08.27	CARVALHO Diogo Filipe	CGA	Fafe	10-05-2003
Rec Nac Inf A	2:13.38	FREITAS Tomas Miguel	CDN	Funchal	17-07-2004
Rec Nac Inf B	2:17.96	RUIVO Andre Vilas	DNMG	Nazaré	02-06-2013

Pontos: FINA 2019

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SILVA Henrique Gomes	02	120860	Estamos Juntos	2:08.33	+0,73	623	27,00
	50m: 28.76 28.76	100m: 1:02.11 33.35	150m: 1:39.15 37.04	200m: 2:08.33 29.18				
2.	JESUS Afonso Guilherme	00	117174	Vikings	2:14.30	+0,65	543	25,00
	50m: 29.04 29.04	100m: 1:05.56 36.52	150m: 1:44.15 38.59	200m: 2:14.30 30.15				
3.	RIVERO GALLARDO Alejandro	00	211027	Nautico do Guadiana	2:15.72	+0,79	527	24,00
	50m: 28.91 28.91	100m: 1:03.26 34.35	150m: 1:43.86 40.60	200m: 2:15.72 31.86				
4.	DUARTE Joao Silverio	99	111461	Electrico Clube	2:17.02	+0,80	512	23,00
	50m: 28.31 28.31	100m: 1:04.15 35.84	150m: 1:44.87 40.72	200m: 2:17.02 32.15				
5.	FRANCISCO Sandro Emanuel	99	117818	Vieirense	2:17.72	+0,69	504	22,00
	50m: 29.11 29.11	100m: 1:03.24 34.13	150m: 1:44.74 41.50	200m: 2:17.72 32.98				
6.	CASCALHEIRA Joao Miguel	03	201621	Naval Setubalense	2:18.76	+0,81	493	21,00
	50m: 29.50 29.50	100m: 1:05.35 35.85	150m: 1:46.16 40.81	200m: 2:18.76 32.60				
7.	MARTINS Tiago Rafael	97	111267	Olivais e Moscavide	2:18.90	+0,65	491	20,00
	50m: 29.84 29.84	100m: 1:07.53 37.69	150m: 1:46.37 38.84	200m: 2:18.90 32.53				
8.	MOREIRA Joao Pedro	04	200349	Colegio Efanor	2:20.35	+0,73	476	19,00
	50m: 30.25 30.25	100m: 1:07.47 37.22	150m: 1:47.84 40.37	200m: 2:20.35 32.51				
9.	CORREIA Francisco Alves	04	131389	Litoral Alentejano	2:20.65	+0,72	473	18,00
	50m: 29.43 29.43	100m: 1:05.60 36.17	150m: 1:47.69 42.09	200m: 2:20.65 32.96				
10.	LOPES Ivo Andre	94	11728	Avancado EUL	2:21.06	+0,81	469	17,00
	50m: 28.65 28.65	100m: 1:05.77 37.12	150m: 1:48.58 42.81	200m: 2:21.06 32.48				
11.	CAMARA Joao Vieira	97	101035	Escola O Liceu	2:21.17		468	16,00
	50m: 28.26 28.26	100m: 1:04.73 36.47	150m: 1:46.80 42.07	200m: 2:21.17 34.37				
12.	OLIVEIRA Cesar Goncalves	00	123762	FC Ferreiras/AlgarExperie	2:21.42	+0,80	465	15,00
	50m: 30.02 30.02	100m: 1:06.81 36.79	150m: 1:48.42 41.61	200m: 2:21.42 33.00				
13.	SANTOS Vasco Malia	04	153124	Natacao de Lagos	2:25.45	+0,74	428	14,00
	50m: 31.68 31.68	100m: 1:09.32 37.64	150m: 1:50.94 41.62	200m: 2:25.45 34.51				
14.	SA Rafael Domingues	03	128120	Natacao de Vagos	2:25.94	+0,71	423	13,00
	50m: 31.12 31.12	100m: 1:09.87 38.75	150m: 1:52.28 42.41	200m: 2:25.94 33.66				
15.	FARINHA Joao Fernandes	02	128102	Lagoa AC	2:26.56	+0,67	418	12,00
	50m: 30.88 30.88	100m: 1:10.02 39.14	150m: 1:50.84 40.82	200m: 2:26.56 35.72				
16.	BURECAS Jose Carlos	00	121519	BUZIOS-Coruche	2:26.87	+0,72	415	11,00
	50m: 31.40 31.40	100m: 1:06.90 35.50	150m: 1:51.83 44.93	200m: 2:26.87 35.04				
17.	ROCHA Jose Pedro	04	201748	Peso da Regua	2:28.07	+0,84	405	10,00
	50m: 31.27 31.27	100m: 1:11.94 40.67	150m: 1:54.96 43.02	200m: 2:28.07 33.11				
18.	AFONSO Martim Rodrigues	04	205149	Aquatico Silves	2:28.93	+0,75	398	9,00
	50m: 32.75 32.75	100m: 1:11.87 39.12	150m: 1:54.71 42.84	200m: 2:28.93 34.22				
19.	NUNES Afonso Miguel	04	148356	Juventude Atlantico	2:30.76		384	8,00
	50m: 31.20 31.20	100m: 1:09.31 38.11	150m: 1:54.88 45.57	200m: 2:30.76 35.88				

Prova 24, Masc., 200m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	PEREIRA Igor Branco	03	202602	O Crasto	2:32.39	+0,82	372	7,00
	50m: 31.67 31.67			100m: 1:12.90 41.23	150m: 1:58.57 45.67	200m: 2:32.39	33.82	
21.	TEIXEIRA Tomas Borges	05	148451	Nucleo Sporting da Terceira	2:33.51		364	6,00
	50m: 32.11 32.11			100m: 1:11.42 38.89	150m: 2:00.06 48.64	200m: 2:33.51	33.49	
22.	QUEIROS Luis Pedro	04	124051	Viana Natacao	2:33.55	+0,87	363	5,00
	50m: 32.53 32.53			100m: 1:11.42 38.89	150m: 2:00.06 48.64	200m: 2:33.55	33.49	
23.	COSTA Rafael Resendes	01	132982	Agua de Pau	2:42.04		309	4,00
	50m: 33.22 33.22			100m: 1:11.42 38.89	150m: 2:00.06 48.64	200m: 2:42.04		
24.	GONCALVES Andre Marques	05	201562	Beja	2:42.35	+0,88	307	3,00
	50m: 35.59 35.59			100m: 1:20.07 44.48	150m: 2:05.49 45.42	200m: 2:42.35	36.86	
DSQ	NUNES Guilherme Oliveira	98	101832	Naval da Horta				-
	<i>SW 8.4 - O (a) atleta tocou com uma mão na parede na viragem aos 75 metros</i>							
DSQ	MOTA Alexandre Miguel	99	203374	Salesianos				-
	<i>SW 6.4 - O (a) atleta não efectua a viragem dos 75 metros após terminar o movimento contínuo de braços</i>							

Prova 25
26-10-2019 - 18:50

Femin., 4 x 100m Livres

Absolutos
Resultados

Rec Nac Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Rec Nac Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto	04-12-2010
Rec Nac Jun	3:54.55	Futebol Clube do Porto	FCP	Felgueiras	23-12-2018
Rec Nac Juv A	4:01.73	Sporting Clube de Portugal	SCP	Algés	13-07-2019
Rec Nac Juv	4:01.73	Sporting Clube de Portugal	SCP	Algés	13-07-2019
Rec Nac Juv B	4:05.21	Clube dos Galitos / Bresimar	CGA	Estarreja	10-06-2019
Rec Nac Inf A	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11-03-2018
Rec Nac Inf	4:13.11	Clube dos Galitos / Bresimar	CGA	Felgueiras	11-03-2018
Rec Nac Inf B	4:23.50	Clube Galitos de Aveiro	CGA	Mealhada	21-05-2017

Pontos: FINA 2019

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1.		Colegio Efanor	4:08.27	+0,73	575	-	
	+0,73	28.53	59.77	PEREIRA Isabel dos Santos	+0,52	30.29	1:03.49
	+0,45	28.63	1:00.30	NUNES Rita Sofia	+0,25	30.71	1:04.71
2.		Avancado EUL	4:12.40	+0,88	547	-	
	+0,88	30.51	1:02.63	ARMAS Maria Ornelas	+0,67	30.46	1:03.48
	+0,35	30.44	1:03.44	NUNES Margarida Domingues	+0,56	29.64	1:02.85
3.		Nautico do Guadiana	4:13.62	+0,70	540	-	
	+0,70	28.44	1:00.03	DOMINGUEZ ZANOLETTY Maria Arara	+0,42	31.42	1:05.35
	+0,36	30.14	1:04.55	PEDRAZA LOPEZ Valeria	+0,55	30.18	1:03.69
4.		BUZIOS - Coruche	4:17.29	+0,85	517	-	
	+0,85	31.39	1:04.33	MIRA Leonor Maria	+0,57	30.20	1:03.27
	+0,88	32.15	1:06.49	BENTO Maria Madalena	+0,71	30.67	1:03.20
5.		Natacao de Lagos	4:18.11	+0,75	512	-	
	+0,75	31.23	1:05.31	MENDES Mariana Sebastiao	+0,27	28.97	1:00.53
	+0,26	32.47	1:08.95	BALL Marianna Thais	+0,53	30.97	1:03.32
6.		Feirense	4:24.46	+0,90	476	-	
	+0,90	32.11	1:06.76	COELHO Maria Ines	+0,64	31.94	1:08.22
	+0,54	31.59	1:07.18	SOARES Ana Beatriz	+0,47	29.51	1:02.30
7.		Bombeiros Estoris	4:24.90	+0,87	473	-	
	+0,87	30.26	1:03.49	FERRAZ Maria Antonia	+0,26	31.79	1:07.00
	+0,35	31.66	1:06.72	MAGALHAES Luana Cardoso	+0,32	31.78	1:07.69

Prova 25, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.		Naval de Peniche	4:24.97	+0,94	473	-
		ABREU Sofia Viola	+0,94 31.88 1:06.00	+0,09	31.87	1:07.32
		FERREIRA Joana Rosa	+0,41 31.42 1:06.48	+0,47	31.03	1:05.17
9.		Natacao do Fundao	4:25.68	+0,91	469	-
		BERNARDO Eva Pinheiro	+0,91 33.26 1:08.66	+0,53	31.33	1:06.01
		PIRES Laura Joao	+0,71 32.21 1:07.06	+0,51	30.05	1:03.95
10.		FC Ferreiras/AlgarExperience	4:26.34	+0,83	466	-
		VILARINHO Melissa Sousa	+0,83 31.53 1:06.36	+0,44	32.02	1:07.11
		SEONG Patricia Abreu	+0,37 31.77 1:07.26	+0,41	31.28	1:05.61
11.		Campinho	4:26.98	+0,64	462	-
		FERREIRA Leonor Marques	+0,64 30.63 1:04.62	+0,45	32.97	1:09.68
		AMARAL Maria Teresa	+0,52 33.26 1:09.06	+0,30	30.21	1:03.62
12.		Sao Roque	4:28.46		455	-
		SOUZA Joana Francisca	04 31.96 1:06.22	97		
		LUIS Jessica Santos	00 31.96 1:06.22	03		
13.		Peso da Regua	4:29.01	+0,87	452	-
		CARVALHO Neuza Cardoso	+0,87 32.12 1:07.37	+0,68	31.02	1:06.53
		JESUS Beatriz Alexandra	+0,64 32.52 1:08.72	+0,70	31.59	1:06.39
14.		Naval da Horta	4:30.08		447	-
		ROCHA Maria Cleto	04 32.25 1:07.65	94		
		AMOR Luna Rafaela	02 32.25 1:07.65	06		
15.		Naval Praia da Vitoria	4:30.42		445	-
		SILVA Ana Carolina	05 31.80 1:06.92	05		
		AVILA Leonor Espinola	06 31.80 1:06.92	04		
16.		O Crasto	4:31.58	+0,91	439	-
		FERREIRA Carla Sandrina	+0,91 32.78 1:08.45	+0,59	31.72	1:07.16
		RIBEIRO Carolina Goncalves	+0,44 31.69 1:06.88	+0,73	32.58	1:09.09
17.		Sporting de Espinho	4:32.73	+0,93	434	-
		MELO Ines Pinheiro	+0,93 32.22 1:06.48	+0,65	33.66	1:10.11
		LIMA Ana Cristina	+0,21 32.33 1:07.71	+0,51	32.48	1:08.43
18.		Juventude Atlantico	4:33.24		431	-
		JESUS Mariana Caires	04 33.40 1:09.11	04		
		ANDRADE Margarida Fernandes	04 33.40 1:09.11	04		
19.		Olivais e Moscavide	4:34.78	+0,77	424	-
		GOMES Carolina Fonseca	+0,77 31.66 1:04.78	+0,42	33.72	1:11.25
		RIBEIRO Carolina Janardo	+0,36 34.45 1:13.73	+0,55	31.05	1:05.02
20.		Nucleo de Pombal	4:38.02	+1,01	409	-
		FARIA Leonor Verissimo	+1,01 32.74 1:07.39	+0,92	32.67	1:09.83
		CRAVO Isabel Catarino	+0,43 31.06 1:05.45	+0,70	35.38	1:15.35
21.		Salesianos	4:40.31	+0,76	399	-
		MADEIRA Carolina Costa	+0,76 32.91 1:08.76	+0,33	33.54	1:10.57
		DUARTE Mariana Conceicao	+0,68 34.01 1:12.17	+0,48	32.36	1:08.81
22.		CLAC-Entroncamento	4:51.81	+0,91	354	-
		ANTUNES Joana Silva	+0,91 36.37 1:17.70	+0,65	33.04	1:10.76
		FREITAS Barbara Maia	+0,55 35.11 1:12.83		33.67	1:10.52
23.		Aquatico Silves	4:54.09	+0,77	346	-
		VIANA Carolina Pereira	+0,77 31.40 1:05.65	+0,47	31.59	1:06.04
		DUARTE Beatriz Reis	+0,43 37.40 1:21.87	+0,30	36.64	1:20.53
24.		Lagoa AC	4:56.80	+0,88	336	-
		FRANCIS Rebeca Correia	+0,88 34.94 1:12.71	+0,56	36.44	1:17.74
		SANTOS Mariana Coelho	+0,21 31.90 1:07.51		36.95	1:18.84

Prova 25, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
25. Agua de Pau		Agua de Pau	5:17.48		275	-
	06	35.93	1:14.54	COUTO Matilde Rodrigues	06	
	05			REIS Mariana Tavares	05	

Prova 26 Masc., 4 x 100m Estilos Absolutos
26-10-2019 - 19:05 Resultados

Rec Nac Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto		19-12-2014
Rec Nac Sen	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto		19-12-2014
Rec Nac Jun	3:50.30	Sporting Clube de Braga	SCB	Porto		08-12-2017
Rec Nac Juv A	3:59.39	Clube Futebol Os Belenenses	CFB	Algés		14-07-2019
Rec Nac Juv	3:59.39	Clube Futebol Os Belenenses	CFB	Algés		14-07-2019
Rec Nac Juv B	4:04.46	Grupo Desp. Natacao V. N. FamalicGDNVNF		Estarreja		14-12-2014
Rec Nac Inf A	4:12.48	Sporting Clube de Portugal	SCP	Tomar		20-03-2016
Rec Nac Inf	4:12.48	Sporting Clube de Portugal	SCP	Tomar		20-03-2016
Rec Nac Inf B	4:35.54	Grupo Desp. Natacao V. N. FamalicGDNVNF		Porto		17-03-2013

Pontos: FINA 2019

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Vikings		Vikings	4:00.97	+0,65	564	27,00	
	+0,65	27.70	58.53	SANTANA Joao Miguel	+0,62	27.53	59.24
	+0,37	31.60	1:07.18	SANTOS Goncalo Duarte	+0,60	27.07	56.02
2. Colegio Efanor		Colegio Efanor	4:05.62	+0,70	533	25,00	
	+0,70	28.79	1:00.58	PAQUETE Goncalo Manuel	+0,41	27.57	1:00.26
	+0,38	32.72	1:10.64	FERREIRA Bernardo Felgueiras	+0,46	25.55	54.14
3. Olivais e Moscavide		Olivais e Moscavide	4:11.48	+0,66	496	24,00	
	+0,66	30.03	1:01.68	CONCEICAO Filipe Jorge	+1,60	29.25	1:04.53
	+0,47	32.31	1:09.17	CORREIA Jaime Daniel	+0,05	26.19	56.10
4. Nautico do Guadiana		Nautico do Guadiana	4:11.64	+0,72	495	23,00	
	+0,72	30.97	1:02.85	FIGUEROA PEREZ-MARIN Sergio	+0,41	28.84	1:01.13
	+0,26	32.38	1:10.63	RIVERO GALLARDO Alejandro	+0,46	27.19	57.03
5. Electrico Clube		Electrico Clube	4:12.18	+0,61	492	22,00	
	+0,61	31.34	1:04.79	DUARTE Joao Silverio	+0,50	26.66	57.66
	+0,28	32.46	1:09.28	LOPES Andre Prates	+0,45	28.63	1:00.45
6. Estamos Juntos		Estamos Juntos	4:13.14	+0,80	486	21,00	
	+0,80	31.59	1:05.14	SILVA Henrique Gomes	+0,31	27.17	58.19
	+0,32	33.21	1:12.50	SANTOS Guilherme Clara	+0,42	27.80	57.31
7. Litoral Alentejano		Litoral Alentejano	4:13.25	+0,64	486	20,00	
	+0,64	30.66	1:03.16	BOTO Pedro Alexandre	+0,35	28.59	1:02.40
	+0,29	31.94	1:09.23	MARIANO Samuel Andre	+0,46	27.68	58.46
8. Natacao de Lagos		Natacao de Lagos	4:13.66	+0,74	484	19,00	
	+0,74	31.95	1:05.38	SEQUEIRA Duarte Nunes	+0,36	26.83	59.34
	+0,40	32.14	1:09.97	SANTOS Vasco Malia	+0,16	28.31	58.97
9. Naval Setubalense		Naval Setubalense	4:14.75	+1,11	477	18,00	
	+1,11	31.53	1:04.89	MELO Filipe Ferrao	+0,37	27.54	59.36
	+0,52	34.35	1:12.32	MIRA Tomas Martins	+0,28	26.74	58.18
10. Escola O Liceu		Escola O Liceu	4:15.70		472	17,00	
	01	31.37	1:04.97	FERNANDES Joao Vitor	00		
	89			MARQUES Miguel Freitas	96		
11. Viegrense		Viegrense	4:18.10	+0,59	459	16,00	
	+0,59	31.00	1:03.75	FRANCISCO Sandro Emanuel	+0,23	28.43	1:00.83
	+0,20	35.33	1:16.16	VIDAL Joao Pedro	+0,28	26.86	57.36

Prova 26, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
12.		Avancado EUL	4:20.42	+0,66	447	15,00			
		LOPES Ivo Andre	+0,66	31.50	1:04.80	PROENCA Tiago Barroso	+0,55	29.91	1:05.13
		VENTOSO Vicente Morgado	+0,46	32.57	1:10.19	FOCK Yann Chetelat	+0,20	28.67	1:00.30
13.		Viana Natacao	4:22.49	+0,59	436	14,00			
		FERNANDES Miguel Alves	+0,59	31.24	1:04.32	ROCHA Joao Pedro	+0,51	29.05	1:02.38
		OLIVEIRA Afonso Torre	+0,30	36.53	1:18.19	BABANIN Daniel	+0,47	27.10	57.60
14.		Natacao de Vagos	4:25.20	+0,62	423	13,00			
		SOLODYUK Micael Kovalchuk	+0,62	33.24	1:09.10	YELISTRATKIN Illya	+0,29	26.66	58.55
		SA Rafael Domingues	+0,22	35.90	1:17.32	MENDES Diogo Alexandre	+0,26	28.85	1:00.23
15.		Juventude Atlantico	4:27.93		410	12,00			
	02	SILVA Joao Jesus		30.20	1:02.24	MELIM Bruno Pontes		03	
	02	FREITAS Joao Tomas				RODRIGUES Renato Correia		03	
16.		Aquatico Silves	4:28.06	+0,62	410	11,00			
		GOMES Guilherme Sousa	+0,62	30.80	1:02.42	SILVA Guilherme Antonio	+0,43	30.66	1:06.11
		MARTINS Ricardo Morais	+0,28	36.10	1:19.08	AFONSO Martim Rodrigues	+0,65	28.31	1:00.45
17.		Nucleo Sporting da Terceira	4:31.27		395	10,00			
	05	SOUSA Afonso Coelho		33.24	1:08.48	PACHECO Francisco Silva		04	
	03	RENDEIRO Miguel Vargas				MOREIRA Jose Tiago		89	
18.		Naval da Horta	4:34.16		383	9,00			
	01	SANTIMANO Afonso Martim		34.05	1:10.27	NUNES Guilherme Oliveira		98	
	02	LEONARDO Diogo Peixoto				VIEIRA Diogo Silveira		01	
19.		Peso da Regua	4:41.18	+0,81	355	8,00			
		FONSECA Goncalo Monteiro	+0,81	37.38	1:15.31	GONCALVES Hugo Fonseca	+0,54	29.71	1:04.42
		BRAZ Rodrigo Joao	+0,15	37.64	1:21.13	ROCHA Jose Pedro	+0,61	28.47	1:00.32
20.		Lagoa AC	4:47.23	+0,66	333	7,00			
		CARVALHO Nuno Alexandre	+0,66	37.83	1:17.51	GLORIA Afonso Marreiros	+0,57	31.65	1:09.54
		FARINHA Joao Fernandes	+0,45	34.95	1:15.47	COSTA Pedro Santos	+0,20	30.26	1:04.71
21.		Agua de Pau	4:52.75		314	6,00			
	02	FAIAL Diogo Lima		34.98	1:11.50	COSTA Rafael Resendes		01	
	05	BUNKOVSKIS Rihards				VALENTE Nicolau Augusto		01	
22.		Beja	4:55.40	+0,69	306	5,00			
		FERNANDES Eduardo Figueira	+0,69	36.25	1:13.83	RICARDO Joao Daniel	+0,58	31.94	1:09.07
		RAPOSO Luis Pedro	-0,03	41.42	1:29.85	CAEIRO Miguel Cano	+0,40	29.89	1:02.65
23.		O Crasto	5:09.84	+0,70	265	4,00			
		RODRIGUES Rodrigo Ferreira	+0,70	36.46	1:14.85	FIGUEIREDO Joao Pinto		33.93	1:20.09
		MENESES Martim Ribeiro		43.91	1:34.31	RODRIGUES Filipe Almeida		28.50	1:00.59
DSQ		FC Ferreiras/AlgarExperience							
		<i>SW 10.11 - Rendição antecipada do(a) 4 nadador(a)</i>							
		OLIVEIRA Cesar Goncalves	+0,65	31.86	1:06.40	MARIN Daniel	+0,83	29.46	1:03.17
		AGAPITO Bernardo Gameiro	+0,69	35.45	1:16.15	CARDOSO Guilherme Dias	-0,08		
DSQ		BUZIOS - Coruche							
		<i>SW 7.1 - O (a) atleta efectuou mais que uma pernada de golfinho durante a braçada submarina na viragem aos 150 m</i>							
		BURECAS Jose Carlos	+0,60	33.63	1:08.94	SILVA Duarte Filipe	+0,50		
		SARAMAGO Artur Rafael	+0,69			CARREGADO Pedro Marques	+0,77		
DSQ		Salesianos							
		<i>SW 10.11 - Rendição antecipada do(a) 4 nadador(a)</i>							
		SALGUEIRO Bernardo Joao	+0,83	36.84	1:15.92	FIGUEIREDO Filipe Fonseca	+0,45	34.37	1:13.23
		CASQUINHA Pedro Dinis	+0,75	39.58	1:24.37	LOBO Pedro Cerqueira	-0,16		