



## 8<sup>th</sup> European Open Down Syndrome Swimming & Artistic Championships. 25<sup>th</sup> October – 3<sup>rd</sup> November 2025 Albufeira, Portugal



Day 1	Day 2	Day 3		Day 4	Day 5
27/10/2025 Heats - 09h30-12h30	28/10/2025 Heats - 09h30-12h30	29/10/2025 Heats - 09h30-12h30	30th October	31/10/2025 Heats - 09h30-12h30	01/11/2025 Heats - 09h30-12h30
25m Butterfly (M)* TF	25m Breaststroke (M)*TF	25m Freestyle (F)* TF	DAY	25m Backstroke (F)* TF	50m Freestyle (F)
25m Butterfly (F)* TF	25m Breaststroke (F)* TF	25m Freestyle (M)* TF		25m Backstroke (M)* TF	50m Freestyle (M)
100m Freestyle (M)	200m Freestyle (M)	200m Ind Medley (F)		200m Backstroke (F)	200m Butterfly (F)
100m Freestyle (F)	200m Freestyle (F)	200m Ind Medley (M)		200m Backstroke (M)	200m Butterfly (M)
200 Breaststroke (M)	100m Breaststroke (M)	100m Backstroke (F)		100 Butterfly (F)	100m Ind Medley (F)
200 Breaststroke (F)	100m Breaststroke (F)	100m Backstroke (M)		100 Butterfly (M)	100m Ind Medley (M)
50m Backstroke (M)	50m Butterfly (M)	50m Breaststroke (F)		400m Ind Medley (F) TF	1500 Freestyle (F) TF
50m Backstroke (F)	50m Butterfly (F)	50m Breaststroke (M)		400m Ind Medley (M) TF	1500m Freestyle (M) TF
400m Freestyle (M) TF	4x50m Medley Relay (Mixed) TF	800m Freestyle (F) TF		4x50m Freestyle Relay (Mixed) TF	
400m Freestyle (F) TF		800m Freestyle (M) TF			
Day 1	Day 2	Day 3	SOCIAL	Day 4	Day 5
<b>FINALS – 16H00-18H00</b>	<b>FINALS – 16H00-18H00</b>	<b>FINALS – 16H00-18H00</b>		<b>FINALS – 16H00-18H00</b>	<b>FINALS – 16H00-18H00</b>
100m Freestyle (M)	200m Freestyle (M)	200m Ind Medley (F)		200m Backstroke (F)	50m Freestyle (F)
100m Freestyle (F)	200m Freestyle (F)	200m Ind Medley (M)		200m Backstroke (M)	50m Freestyle (M)
200 Breaststroke (M)	100m Breaststroke (M)	100m Backstroke (F)		100 Butterfly (F)	200m Butterfly (F)
200 Breaststroke (F)	100m Breaststroke (F)	100m Backstroke (M)		100 Butterfly (M)	200m Butterfly (M)
50m Backstroke (M)	50m Butterfly (M)	50m Breaststroke (F)		4x50m Medley Relay (M) TF	100m Ind Medley (F)
50m Backstroke (F)	50m Butterfly (F)	50m Breaststroke (M)		4x50m Medley Relay (F) TF	100m Ind Medley (M)
4x100m Medley Relay (F) TF	4x100m Freestyle Relay (M) TF	4x200m Freestyle Relay (F) (TF)			4x50m Freestyle Relay (F) TF
4x100m Medley Relay (M) TF	4x100m Freestyle Relay (F) TF	4x200m Freestyle Relay (M) (TF)			4x50m Freestyle Relay (M) TF

\*Junior Finals will be swum if there are 3 or more swimmers in the event.

Artistic Swimming Programme TBA