



**ARTISTIC SWIMMING
SUMMER CHAMPIONSHIP
PORTUGAL OPEN**

BULLETIN



NATAÇÃO **ARTÍSTICA**

V.18APRIL22

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ARTISTIC SUMMER NATIONAL CHAMPIONSHIPS PORTUGAL OPEN

1. GENERAL INFORMATION

- Competition Venue: Tomar (nearest airport - Lisbon)
- Competition Pool: Sports Center Swimming Pool Tomar
- Competition Date: 15th to 17th July 2022



2. PARTICIPANTS AND AGE GROUPS

The Portuguese Swimming Federation kindly invites all Clubs and National Federations to participate at the Open AS Portuguese Summer Championship:

Female Athletes

- 12 AND UNDER: 12 years of age and under
- 13-15: 13 – 15 years of age
- JUNIOR: 15-18 years of age
- SENIOR: 15 years of age or more
- MASTER

Male Athletes

- 12 AND UNDER: 12 years of age and under
- 13-16: 13 – 16 years of age
- JUNIOR: 16 - 19 years of age
- SENIOR: 16 years of age or more
- MASTER

EVENTS:

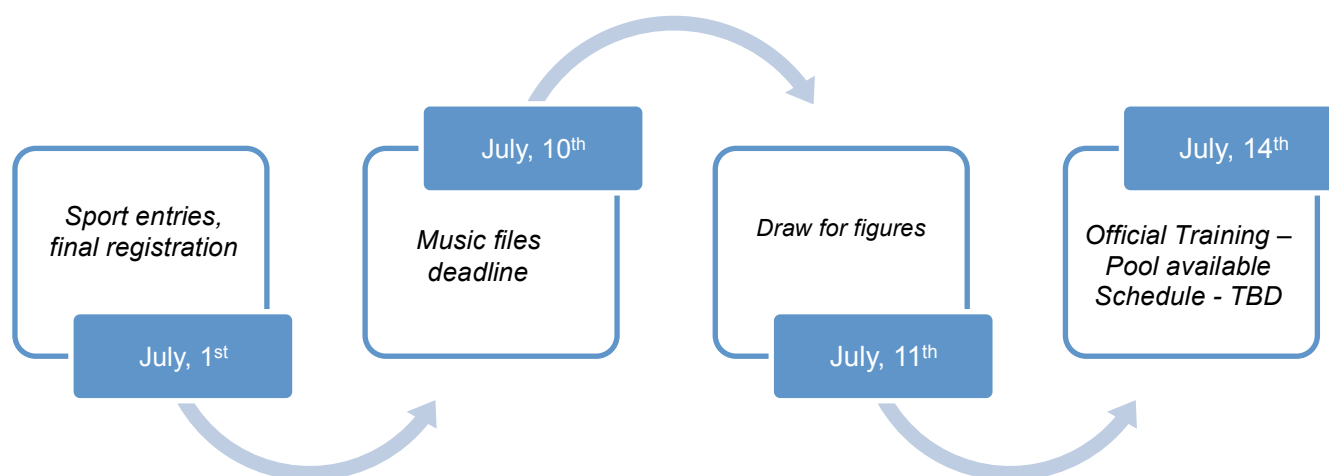
AGE GROUPS	FIGURES	FREE SOLO	TECHINICAL DUET	FREE DUET	MIXED FREE DUET	FREE TEAM	FREE COMBINATION
12 and under	X	X	-	X	X	-	X
13-15 (F); 13-16 (M)	X	X	-	X	X	X	X
Junior	-	X	X	X	X	X	-
Senior	-	X	X	X	X	X	X
Master	-	X	-	X	X	X	-

Clubs and National Federations may submit, per event in each category:

- a) two (2) Solo with one (1) reserve each
- b) two (2) Duet with maximum one (1) reserve each
- c) two (2) Mixed Duet
- d) two (2) Team of four (4) to eight (8) members with maximum two (2) reserves
- e) two (2) Free Combination of six (6) to ten (10) members with maximum two (2) reserves

During the event, swimmers' substitutions must be indicated on a specific form available at local sport info desk, delivered to the referee 2 hours prior to the competition.

3. EVENT KEY DATES



July 1, 2022 Sport entries, final registration

July 10, 2022 Music Files deadline

July 11, 2022 Draw for figures and Startlist

July 14, 2022 Team Leaders' Meeting (Conference call TBD)

July 14, 2022 Official Training – pool available schedule - TBD

4. EVENT WEBSITE

<https://fpnatacao.pt/evento.php?codigo=607>

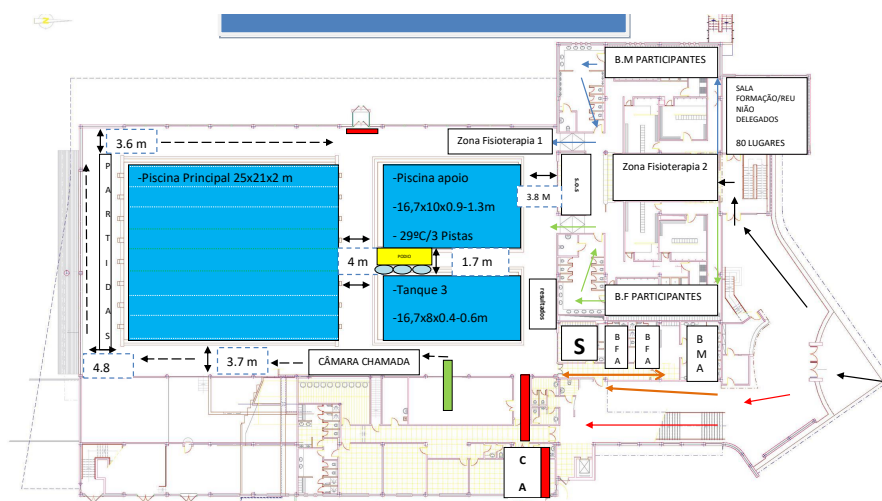
Please note that all the information regarding this competition (Final Program, Figures Draw, Startlist, Results) is presented in this website.

5. ENTRIES

Entries shall be submitted to the organising Federation, no later than the 1st of July, to the email inscricoes.sincronizada@fpnatacao.pt.

Entry form available at <https://fpnatacao.pt/evento.php?codigo=607>

6. SWIMMING POOL



7. RULES

According to FINA

Deviation from FINA:

- Direct finals for every event. No preliminaries are held even if there are more than 13 entries in a session.
- In Free Combination 6-10 competitors were allowed. For entering less than 8 competitors 0,5 points penalty shall be deducted from the total score for each member less than eight.
- In Masters, age groups and gender are divided after the entries if necessary.
- All awards will be given for Technical and Free Routines.

8. SUBMISSION OF THE MUSIC

In accordance with FINA Rules and Regulations Artistic Swimming (AS), section 15.3 (Music Accompaniments).

Method 2, please submit the music via email to the contact address natacao.artistica@fpnatacao.pt.

Each file (MP3 or MP4) should be clearly labelled as below.

Ex) POR_Team Technical Routine or POR_Team Free Routine

All coaches are highly recommended to have another copy of the music as backup.

9. DRAW

The draw of optional group of figures is due on Monday previous to the competition. Results will be published on the website.

The Startlist draw will be done by the organization at zoom meeting on the 11th of July. The link for this meeting will be send to the teams by email.

10. INSURANCE

The Insurance of the participants is at the responsibility of respective Federations or Clubs.

11. SANITARY PROTOCOL

In order to minimize the risk to competitions from COVID-19, please keep social distance and wear a mask.

12. AWARDS

There will be separate awards for National Championship participants and Open participants.

Medals shall be awarded for the competitors placed first, second and third in each event (including figures) and age group.

13. CONTACT INFORMATION

Isabel Lavinha

Federação Portuguesa de Natação

Moradia do Complexo do Jamor, Estrada da Costa

1495-688 Cruz Quebrada – Dafundo

PORTUGAL

Email: natacao.artistica@fpnatacao.pt

Phone: +351 917072674

14. FEES

Event		�
Figures (per athlete)		3,20�
Technical Routine	Solo	3,20�
	Duet	6,40�
	Team	10,20�
Free Routine	Solo	5,10�
	Duet	10,20�
	Team	15,20�
Free Combi		15,20�

Payment details

Bank name: Santander Totta

Bank address: Rua Alves Redol, 17-21, 2600-099 Vila Franca de Xira

Reason for transfer: Open Artistic Swimming Portuguese Winter Championship.

IBAN: PT50 0018 0003 1333 0170020 88

SWIFT: TOTAPTL

15. OVERALL COMPETITION SCHEDULE

Subject to change after entries

DAY	Schedule		Events
	Warm Up	Competition	
14 th July	TBD		Training with music
	19h00		Delegates Meeting
15 th July	7h45 – 8h45	9h00	Warm UP Event #1 and #2 (Figures) 1. Figures 13-15(F) / 13-16(M) 2. Figures U12 Warm Up 40' for event #3 3. Technical Duet SENIOR
	14h45 – 15h45	16h00	4. Free Solo 13-15(F) 5. Free Solo 13-16(M) 6. Free Solo Master Warm Up 40' for events #7 and #8 7. Technical Duet JUN 8. Combination U12 Medals ceremony
16 th July	7h45 – 8h45	9h00	9. Free Duet 13-15(F) / 13-16(M) 10. Free Solo U12 11. Free Solo U12 MASC Break 20' 12. Team Free JUN/SEN
	14h45 – 15h45	16h00	13. Free Solo JUN/SENIOR 14. Free Duet Master Break 20' 15. Free Team 13-15(F) / 13-16(M) Medals ceremony
17 th July	8h45 – 9h45	10h00	16. Free Duet MIX JUN/SENIOR 17. Free Duet MIX U12 18. Free Duet MIX 13-15(F) / 13-16(M) 19. Free Duet MIX Master 20. Free Duet JUN /SENIOR

	13h45 – 14h45	15h00	21. Combination 13-15(F) / 13-16(M) 22. Free Team Master <i>Break 20'</i> 23. Free Duet U12 24. Combination SENIOR <i>Medals ceremony</i>
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