

1 - 1ª Jornada

20/05/2023 - 15:30

Prova 1 Open
20/05/2023 Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S6-S14-Absolutos								
1.	SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	6:50.03	310	
	100m: 1:35.97 1:35.97	200m: 3:19.82 1:43.85	400m: 6:50.03 3:30.21					
2.	SOARES Maria Mafalda	02	S14		ADADA Porto	7:03.32	282	
	100m: 1:40.88 1:40.88	200m: 3:28.81 1:47.93	400m: 7:03.32 3:34.51					
3.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	7:23.34	245	
	100m: 1:43.70 1:43.70	200m: 3:36.08 1:52.38	400m: 7:23.34 3:47.26					
4.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	8:41.69	151	
	100m: 2:02.20 2:02.20	200m: 4:14.64 2:12.44	400m: 8:41.69 4:27.05					
5.	MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	10:18.35	131	
	100m: 2:30.00 2:30.00	200m: 5:08.65 2:38.65	400m: 10:18.35 5:09.70					

Classe S21 (SDown)-Absolutos

1.	REIS Filipa Sa	00	S21		Feira Viva	7:19.50		
	<i>Rec Nac Classe S21</i>							
	100m: 1:41.60 1:41.60	200m: 3:33.65 1:52.05	400m: 7:19.50 3:45.85					

Classe S7-Seniores

1.	MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	10:18.35	131	
	100m: 2:30.00 2:30.00	200m: 5:08.65 2:38.65	400m: 10:18.35 5:09.70					

Classe S14-Seniores

1.	SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	6:50.03	310	
	100m: 1:35.97 1:35.97	200m: 3:19.82 1:43.85	400m: 6:50.03 3:30.21					
2.	SOARES Maria Mafalda	02	S14		ADADA Porto	7:03.32	282	
	100m: 1:40.88 1:40.88	200m: 3:28.81 1:47.93	400m: 7:03.32 3:34.51					
3.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	7:23.34	245	
	100m: 1:43.70 1:43.70	200m: 3:36.08 1:52.38	400m: 7:23.34 3:47.26					
4.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	8:41.69	151	
	100m: 2:02.20 2:02.20	200m: 4:14.64 2:12.44	400m: 8:41.69 4:27.05					

Prova 1, Femin., 400m Livres

Classe S21 (SDown)-Seniores

1. REIS Filipa Sa	00	S21	Feira Viva	7:19.50
<i>Rec Nac Classe S21</i>				
100m:	1:41.60	1:41.60	200m:	3:33.65 1:52.05
400m:	7:19.50 3:45.85			

Prova 2

Masc., 400m Livres

Open
Resultados

20/05/2023

Pontos: KNZB NED WPS 2021

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final IPC Pts

Classe S6-S14-Absolutos

1. CANCELA Diogo Luis	02	S8	1,2,4	Louzan Natacao/EFAPEL	4:38.59	920
50m:	31.50	31.50	150m:	1:41.42 35.31	250m:	2:52.43 35.45
100m:	1:06.11	34.61	200m:	2:16.98 35.56	300m:	3:28.16 35.73
350m:	4:03.47 35.31		400m:	4:38.59 35.12		
2. MENESES Marco Ribeiro	01	S11	T	O Crasto	4:56.33	776
50m:	33.17	33.17	150m:	1:49.70 38.77	250m:	3:06.11 37.43
100m:	1:10.93	37.76	200m:	2:28.68 38.98	300m:	3:43.68 37.57
350m:	4:20.71 37.03		400m:	4:56.33 35.62		
3. REIS Bruno Ferreira	00	S8	12+	Porto	5:08.19	680
50m:	35.06	35.06	150m:	1:52.05 39.00	250m:	3:09.46 38.87
100m:	1:13.05	37.99	200m:	2:30.59 38.54	300m:	3:48.79 39.33
350m:	4:28.61 39.82		400m:	5:08.19 39.58		
4. SILVA Renato Filipe	98	S9	9	Porto	5:04.76	597
50m:	33.18	33.18	150m:	1:48.99 38.29	250m:	3:07.17 39.06
100m:	1:10.70	37.52	200m:	2:28.11 39.12	300m:	3:46.36 39.19
350m:	4:25.66 39.30		400m:	5:04.76 39.10		
5. SOARES Ricardo Aderneira	99	S8	3,5,12+	Geslours	5:24.38	583
50m:	37.93	37.93	150m:	1:58.87 40.90	250m:	3:20.28 40.39
100m:	1:17.97	40.04	200m:	2:39.89 41.02	300m:	4:01.26 40.98
350m:	4:43.50 42.24		400m:	5:24.38 40.88		
6. CASTANHEIRA Rodolfo Francisco	01	S8	9	Geslours	5:34.73	531
50m:	36.57	36.57	150m:	2:00.52 42.61	250m:	3:26.59 43.50
100m:	1:17.91	41.34	200m:	2:43.09 42.57	300m:	4:08.78 42.19
350m:	4:52.90 44.12		400m:	5:34.73 41.83		
7. ROCHA Simao Pedro	06	S14		Aquatico Pacense	5:43.69	395
50m:	37.04	37.04	150m:	2:04.89 45.33	250m:	3:34.54 44.40
100m:	1:19.56	42.52	200m:	2:50.14 45.25	300m:	4:18.70 44.16
350m:	5:02.32 43.62		400m:	5:43.69 41.37		
8. NASCIMENTO Levi Daniel	99	S14		O2-Portimao	6:02.45	337
50m:	37.52	37.52	150m:	2:06.74 46.51	250m:	3:40.67 46.58
100m:	1:20.23	42.71	200m:	2:54.09 47.35	300m:	4:28.41 47.74
350m:	5:15.68 47.27		400m:	6:02.45 46.77		
9. COUTO Alexandre Costa	01	S9	W 12+	Sporting	6:24.65	297
50m:	40.92	40.92	150m:	2:11.82 46.76	250m:	3:50.69 50.50
100m:	1:25.06	44.14	200m:	3:00.19 48.37	300m:	4:41.62 50.93
350m:	5:33.94 52.32		400m:	6:24.65 50.71		

Prova 2, Masc., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
10.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	6:25.16	296	
	50m: 41.71 41.71	150m: 2:18.59	49.95	250m: 3:59.20	50.38	350m: 5:40.18	50.79	
	100m: 1:28.64 46.93	200m: 3:08.82	50.23	300m: 4:49.39	50.19	400m: 6:25.16	44.98	
11.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	7:44.74	286	
	50m: 48.66 48.66	150m: 2:41.47	58.11	250m: 4:46.14	1:03.36	350m: 6:49.94	1:02.76	
	100m: 1:43.36 54.70	200m: 3:42.78	1:01.31	300m: 5:47.18	1:01.04	400m: 7:44.74	54.80	
12.	RIBEIRO Jose Carneirinho	90	S14		Sporting	6:24.83	282	
	50m: 38.61 38.61	150m: 2:17.47	49.96	250m: 3:58.93	50.55	350m: 5:39.23	49.84	
	100m: 1:27.51 48.90	200m: 3:08.38	50.91	300m: 4:49.39	50.46	400m: 6:24.83	45.60	
13.	RIBEIRO Pedro Miguel	91	S14		Gondomar	6:26.75	277	
	50m: 38.09 38.09	150m: 2:12.60	49.91	250m: 3:55.10	52.50	350m: 5:37.52	52.04	
	100m: 1:22.69 44.60	200m: 3:02.60	50.00	300m: 4:45.48	50.38	400m: 6:26.75	49.23	
14.	SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	7:16.45	239	
	50m: 50.47 50.47	150m: 2:42.30	55.59	250m: 4:34.31	55.89	350m: 6:26.27	55.21	
	100m: 1:46.71 56.24	200m: 3:38.42	56.12	300m: 5:31.06	56.75	400m: 7:16.45	50.18	
15.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	6:47.12	238	
	50m: 41.27 41.27	150m: 2:21.91	51.90	250m: 4:10.18	54.74	350m: 5:56.73	53.53	
	100m: 1:30.01 48.74	200m: 3:15.44	53.53	300m: 5:03.20	53.02	400m: 6:47.12	50.39	
16.	ALVES Nuno Diogo	88	S7	*A 12	Gondomar	7:51.73	207	
	<i>Rec Nac Classe S7, (parcial 200m)</i>							
	50m: 53.81 53.81	150m: 2:49.81	58.81	250m: 4:47.78	58.85	350m: 6:49.86	1:00.39	
	100m: 1:51.00 57.19	200m: 3:48.93	59.12	300m: 5:49.47	1:01.69	400m: 7:51.73	1:01.87	
DSQ	LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior			
	<i>3.8.2 - O(A) atleta não completou o percurso - IPC 3.8.2</i>							
DNS	VIDEIRA Daniel Carlos	92	S6	3,5,12+	Geslours			

Classe S15 (Auditiva)-Absolutos

1.	CRUZ Miguel Duarte	99	S15	H	Belenenses	4:37.87		
	50m: 31.27 31.27	150m: 1:41.50	35.48	250m: 2:52.60	35.58	350m: 4:04.34	35.94	
	100m: 1:06.02 34.75	200m: 2:17.02	35.52	300m: 3:28.40	35.80	400m: 4:37.87	33.53	

Classe S17-Absolutos

1.	CARVALHO Joaquim Eduardo	07	S17		Naval do Funchal	5:21.75		
	<i>Rec Nac Classe S17</i>							
	50m: 35.29 35.29	150m: 1:54.93	40.40	250m: 3:18.52	42.06	350m: 4:41.96	41.98	
	100m: 1:14.53 39.24	200m: 2:36.46	41.53	300m: 3:59.98	41.46	400m: 5:21.75	39.79	
2.	BRANCO Miguel Paiva	97	S17	A	APPDAlcoimbra	6:11.69		
	50m: 37.99 37.99	150m: 2:07.14	45.91	250m: 3:43.41	49.17	350m: 5:24.17	51.45	
	100m: 1:21.23 43.24	200m: 2:54.24	47.10	300m: 4:32.72	49.31	400m: 6:11.69	47.52	

Prova 2, Masc., 400m Livres, Classe S17-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	SILVA Bruno Miguel	93	S17		Porto	6:17.94		
	50m: 39.71 39.71	150m: 2:13.24	48.57	250m: 3:51.34	48.72	350m: 5:30.11	49.27	
	100m: 1:24.67 44.96	200m: 3:02.62	49.38	300m: 4:40.84	49.50	400m: 6:17.94	47.83	
4.	MANITO Pedro Fernandes	02	S17	A	Palmela	6:33.05		
	50m: 42.95 42.95	150m: 2:19.15	48.13	250m: 3:59.70	50.91	350m: 5:42.70	51.61	
	100m: 1:31.02 48.07	200m: 3:08.79	49.64	300m: 4:51.09	51.39	400m: 6:33.05	50.35	

Classe S21 (SDown)-Absolutos

1.	ALMEIDA Andre Reis	00	S21		Sporting	6:00.95		
	50m: 35.19 35.19	150m: 2:02.38	46.32	250m: 3:37.81	47.17	350m: 5:14.20	46.84	
	100m: 1:16.06 40.87	200m: 2:50.64	48.26	300m: 4:27.36	49.55	400m: 6:00.95	46.75	
2.	MONTES Francisco Pessanha	02	S21		ADADA Porto	6:15.64		
	50m: 40.04 40.04	150m: 2:14.30	47.14	250m: 3:51.33	46.75	350m: 5:27.19	45.94	
	100m: 1:27.16 47.12	200m: 3:04.58	50.28	300m: 4:41.25	49.92	400m: 6:15.64	48.45	
3.	VICENTE Francisco Jose	99	S21		Sporting	7:00.65		
	50m: 41.19 41.19	150m: 2:22.49	52.35	250m: 4:12.07	54.75	350m: 6:04.92	55.37	
	100m: 1:30.14 48.95	200m: 3:17.32	54.83	300m: 5:09.55	57.48	400m: 7:00.65	55.73	
4.	PEREIRA Joel Alexandre	92	S21		APC Coimbra	8:05.77		
	50m: 53.81 53.81	150m: 2:59.07	1:03.62	250m: 5:04.77	1:02.77	350m: 7:08.10	1:00.98	
	100m: 1:55.45 1:01.64	200m: 4:02.00	1:02.93	300m: 6:07.12	1:02.35	400m: 8:05.77	57.67	

Classe S6-Seniores

1.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	7:44.74	286	
	50m: 48.66 48.66	150m: 2:41.47	58.11	250m: 4:46.14	1:03.36	350m: 6:49.94	1:02.76	
	100m: 1:43.36 54.70	200m: 3:42.78	1:01.31	300m: 5:47.18	1:01.04	400m: 7:44.74	54.80	
DNS	VIDEIRA Daniel Carlos	92	S6	3,5,12+	Gesloures			

Classe S7-Seniores

1.	ALVES Nuno Diogo	88	S7	*A 12	Gondomar	7:51.73	207	
	<i>Rec Nac Classe S7, (parcial 200m)</i>							
	50m: 53.81 53.81	150m: 2:49.81	58.81	250m: 4:47.78	58.85	350m: 6:49.86	1:00.39	
	100m: 1:51.00 57.19	200m: 3:48.93	59.12	300m: 5:49.47	1:01.69	400m: 7:51.73	1:01.87	

Classe S8-Esperanças

1.	SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	7:16.45	239	
	50m: 50.47 50.47	150m: 2:42.30	55.59	250m: 4:34.31	55.89	350m: 6:26.27	55.21	
	100m: 1:46.71 56.24	200m: 3:38.42	56.12	300m: 5:31.06	56.75	400m: 7:16.45	50.18	

Prova 2, Masc., 400m Livres

Classe S8-Seniores

1. CANCELA Diogo Luis	02	S8	1,2,4	Louzan Natacao/EFAPEL	4:38.59	920	
50m: 31.50	31.50	150m: 1:41.42	35.31	250m: 2:52.43	35.45	350m: 4:03.47	35.31
100m: 1:06.11	34.61	200m: 2:16.98	35.56	300m: 3:28.16	35.73	400m: 4:38.59	35.12
2. REIS Bruno Ferreira	00	S8	12+	Porto	5:08.19	680	
50m: 35.06	35.06	150m: 1:52.05	39.00	250m: 3:09.46	38.87	350m: 4:28.61	39.82
100m: 1:13.05	37.99	200m: 2:30.59	38.54	300m: 3:48.79	39.33	400m: 5:08.19	39.58
3. SOARES Ricardo Aderneira	99	S8	3,5,12+	Gesloures	5:24.38	583	
50m: 37.93	37.93	150m: 1:58.87	40.90	250m: 3:20.28	40.39	350m: 4:43.50	42.24
100m: 1:17.97	40.04	200m: 2:39.89	41.02	300m: 4:01.26	40.98	400m: 5:24.38	40.88
4. CASTANHEIRA Rodolfo Francisco	01	S8	9	Gesloures	5:34.73	531	
50m: 36.57	36.57	150m: 2:00.52	42.61	250m: 3:26.59	43.50	350m: 4:52.90	44.12
100m: 1:17.91	41.34	200m: 2:43.09	42.57	300m: 4:08.78	42.19	400m: 5:34.73	41.83
DSQ LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior			
3.8.2 - O(A) atleta não completou o percurso - IPC 3.8.2							

Classe S9-Esperanças

1. REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	6:25.16	296	
50m: 41.71	41.71	150m: 2:18.59	49.95	250m: 3:59.20	50.38	350m: 5:40.18	50.79
100m: 1:28.64	46.93	200m: 3:08.82	50.23	300m: 4:49.39	50.19	400m: 6:25.16	44.98

Classe S9-Seniores

1. SILVA Renato Filipe	98	S9	9	Porto	5:04.76	597	
50m: 33.18	33.18	150m: 1:48.99	38.29	250m: 3:07.17	39.06	350m: 4:25.66	39.30
100m: 1:10.70	37.52	200m: 2:28.11	39.12	300m: 3:46.36	39.19	400m: 5:04.76	39.10
2. COUTO Alexandre Costa	01	S9	W 12+	Sporting	6:24.65	297	
50m: 40.92	40.92	150m: 2:11.82	46.76	250m: 3:50.69	50.50	350m: 5:33.94	52.32
100m: 1:25.06	44.14	200m: 3:00.19	48.37	300m: 4:41.62	50.93	400m: 6:24.65	50.71

Classe S11-Seniores

1. MENESES Marco Ribeiro	01	S11	T	O Crasto	4:56.33	776	
50m: 33.17	33.17	150m: 1:49.70	38.77	250m: 3:06.11	37.43	350m: 4:20.71	37.03
100m: 1:10.93	37.76	200m: 2:28.68	38.98	300m: 3:43.68	37.57	400m: 4:56.33	35.62

Prova 2, Masc., 400m Livres

Classe S14-Seniores

1. ROCHA Simao Pedro	06	S14	Aquatico Pacense	5:43.69	395
50m: 37.04	37.04	150m: 2:04.89	45.33	250m: 3:34.54	44.40
100m: 1:19.56	42.52	200m: 2:50.14	45.25	300m: 4:18.70	44.16
				350m: 5:02.32	43.62
				400m: 5:43.69	41.37
2. NASCIMENTO Levi Daniel	99	S14	O2-Portimao	6:02.45	337
50m: 37.52	37.52	150m: 2:06.74	46.51	250m: 3:40.67	46.58
100m: 1:20.23	42.71	200m: 2:54.09	47.35	300m: 4:28.41	47.74
				350m: 5:15.68	47.27
				400m: 6:02.45	46.77
3. RIBEIRO Jose Carneirinho	90	S14	Sporting	6:24.83	282
50m: 38.61	38.61	150m: 2:17.47	49.96	250m: 3:58.93	50.55
100m: 1:27.51	48.90	200m: 3:08.38	50.91	300m: 4:49.39	50.46
				350m: 5:39.23	49.84
				400m: 6:24.83	45.60
4. RIBEIRO Pedro Miguel	91	S14	Gondomar	6:26.75	277
50m: 38.09	38.09	150m: 2:12.60	49.91	250m: 3:55.10	52.50
100m: 1:22.69	44.60	200m: 3:02.60	50.00	300m: 4:45.48	50.38
				350m: 5:37.52	52.04
				400m: 6:26.75	49.23
5. DUARTE Orlando Constancio	89	S14	Sporting de Aveiro	6:47.12	238
50m: 41.27	41.27	150m: 2:21.91	51.90	250m: 4:10.18	54.74
100m: 1:30.01	48.74	200m: 3:15.44	53.53	300m: 5:03.20	53.02
				350m: 5:56.73	53.53
				400m: 6:47.12	50.39

Classe S15 (Auditiva)-Seniores

1. CRUZ Miguel Duarte	99	S15	H	Belenenses	4:37.87
50m: 31.27	31.27	150m: 1:41.50	35.48	250m: 2:52.60	35.58
100m: 1:06.02	34.75	200m: 2:17.02	35.52	300m: 3:28.40	35.80
				350m: 4:04.34	35.94
				400m: 4:37.87	33.53

Classe S17-Esperanças

1. CARVALHO Joaquim Eduardo	07	S17		Naval do Funchal	5:21.75
<i>Rec Nac Classe S17</i>					
50m: 35.29	35.29	150m: 1:54.93	40.40	250m: 3:18.52	42.06
100m: 1:14.53	39.24	200m: 2:36.46	41.53	300m: 3:59.98	41.46
				350m: 4:41.96	41.98
				400m: 5:21.75	39.79

Classe S17-Seniores

1. BRANCO Miguel Paiva	97	S17	A	APPDACOimbra	6:11.69
50m: 37.99	37.99	150m: 2:07.14	45.91	250m: 3:43.41	49.17
100m: 1:21.23	43.24	200m: 2:54.24	47.10	300m: 4:32.72	49.31
				350m: 5:24.17	51.45
				400m: 6:11.69	47.52
2. SILVA Bruno Miguel	93	S17		Porto	6:17.94
50m: 39.71	39.71	150m: 2:13.24	48.57	250m: 3:51.34	48.72
100m: 1:24.67	44.96	200m: 3:02.62	49.38	300m: 4:40.84	49.50
				350m: 5:30.11	49.27
				400m: 6:17.94	47.83
3. MANITO Pedro Fernandes	02	S17	A	Palmela	6:33.05
50m: 42.95	42.95	150m: 2:19.15	48.13	250m: 3:59.70	50.91
100m: 1:31.02	48.07	200m: 3:08.79	49.64	300m: 4:51.09	51.39
				350m: 5:42.70	51.61
				400m: 6:33.05	50.35

Prova 2, Masc., 400m Livres

Classe S21 (SDown)-Seniores

1. ALMEIDA Andre Reis	00	S21	Sporting	6:00.95
50m: 35.19 35.19	150m: 2:02.38 46.32	250m: 3:37.81 47.17	350m: 5:14.20 46.84	
100m: 1:16.06 40.87	200m: 2:50.64 48.26	300m: 4:27.36 49.55	400m: 6:00.95 46.75	
2. MONTES Francisco Pessanha	02	S21	ADADA Porto	6:15.64
50m: 40.04 40.04	150m: 2:14.30 47.14	250m: 3:51.33 46.75	350m: 5:27.19 45.94	
100m: 1:27.16 47.12	200m: 3:04.58 50.28	300m: 4:41.25 49.92	400m: 6:15.64 48.45	
3. VICENTE Francisco Jose	99	S21	Sporting	7:00.65
50m: 41.19 41.19	150m: 2:22.49 52.35	250m: 4:12.07 54.75	350m: 6:04.92 55.37	
100m: 1:30.14 48.95	200m: 3:17.32 54.83	300m: 5:09.55 57.48	400m: 7:00.65 55.73	
4. PEREIRA Joel Alexandre	92	S21	APC Coimbra	8:05.77
50m: 53.81 53.81	150m: 2:59.07 1:03.62	250m: 5:04.77 1:02.77	350m: 7:08.10 1:00.98	
100m: 1:55.45 1:01.64	200m: 4:02.00 1:02.93	300m: 6:07.12 1:02.35	400m: 8:05.77 57.67	

Prova 3

Femin., 200m Livres

Open

20/05/2023

Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	3:41.47	178	
	50m: 50.42 50.42	100m: 1:46.65 56.23	150m: 2:45.01 58.36	200m: 3:41.47 56.46				
2.	REGO Joana Candeias	04	S14		ADADA Porto	4:01.78	137	
	50m: 50.04 50.04	100m: 1:51.42 1:01.38	150m: 2:56.75 1:05.33	200m: 4:01.78 1:05.03				
DSQ	GUEDES Gabriela Maria	02	S4	A 3,5,12	Feira Viva			
	, 2.13.5 - O(A) atleta utilizou mais que um fato de banho - IPC 2.13.5							

Classe S21 (SDown)-Absolutos

1. REIS Adriana Godinho	95	S21	Feira Viva	3:56.49
50m: 57.51 57.51	100m: 1:57.90 1:00.39	150m: 2:58.66 1:00.76	200m: 3:56.49 57.83	
2. CASTRO Ana Alexandra	92	S21	Porto	4:10.07
50m: 59.65 59.65	100m: 2:03.24 1:03.59	150m: 3:07.94 1:04.70	200m: 4:10.07 1:02.13	
3. LOURENCO Carolina Caetano	94	S21	APC Coimbra	4:21.35
50m: 58.24 58.24	100m: 2:06.15 1:07.91	150m: 3:16.60 1:10.45	200m: 4:21.35 1:04.75	
4. DUARTE Sara Isabel	91	S21	Vila DEste/Gaia	4:22.50
50m: 57.29 57.29	100m: 2:03.81 1:06.52	150m: 3:13.89 1:10.08	200m: 4:22.50 1:08.61	
5. CASTRO Bruna Gomes	04	S21	Feira Viva	4:56.30
50m: 1:10.57 1:10.57	100m: 2:24.29 1:13.72	150m: 3:41.90 1:17.61	200m: 4:56.30 1:14.40	

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Prova 3, Femin., 200m Livres

Classe S4-Seniores

DSQ GUEDES Gabriela Maria 02 S4 A 3,5,12 Feira Viva
, 2.13.5 - O(A) atleta utilizou mais que um fato de banho - IPC 2.13.5

Classe S110-Seniores

1. LIMA Helen Ticiane 84 S110 Gesloures **4:18.78**
50m: 58.75 58.75 100m: 2:03.40 1:04.65 150m: 3:11.22 1:07.82 200m: 4:18.78 1:07.56

Classe S14-Seniores

1. GOUVEIA Susana Raquel 89 S14 ADADA Porto **3:41.47** 178
50m: 50.42 50.42 100m: 1:46.65 56.23 150m: 2:45.01 58.36 200m: 3:41.47 56.46

2. REGO Joana Candeias 04 S14 ADADA Porto **4:01.78** 137
50m: 50.04 50.04 100m: 1:51.42 1:01.38 150m: 2:56.75 1:05.33 200m: 4:01.78 1:05.03

Classe S21 (SDown)-Seniores

1. REIS Adriana Godinho 95 S21 Feira Viva **3:56.49**
50m: 57.51 57.51 100m: 1:57.90 1:00.39 150m: 2:58.66 1:00.76 200m: 3:56.49 57.83

2. CASTRO Ana Alexandra 92 S21 Porto **4:10.07**
50m: 59.65 59.65 100m: 2:03.24 1:03.59 150m: 3:07.94 1:04.70 200m: 4:10.07 1:02.13

3. LOURENCO Carolina Caetano 94 S21 APC Coimbra **4:21.35**
50m: 58.24 58.24 100m: 2:06.15 1:07.91 150m: 3:16.60 1:10.45 200m: 4:21.35 1:04.75

4. DUARTE Sara Isabel 91 S21 Vila DEste/Gaia **4:22.50**
50m: 57.29 57.29 100m: 2:03.81 1:06.52 150m: 3:13.89 1:10.08 200m: 4:22.50 1:08.61

5. CASTRO Bruna Gomes 04 S21 Feira Viva **4:56.30**
50m: 1:10.57 1:10.57 100m: 2:24.29 1:13.72 150m: 3:41.90 1:17.61 200m: 4:56.30 1:14.40

EXH PERALES Teresa 75 S2 A 1,2,4,12 Spain **5:10.59** 1159
50m: 1:03.53 1:03.53 100m: 2:20.95 1:17.42 150m: 3:44.75 1:23.80 200m: 5:10.59 1:25.84

Prova 4
20/05/2023

Masc., 200m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	DUARTE Samuel Lima <i>Rec Nac Classe S14</i>	04	S14		Feira Viva	2:14.19	618	
	50m: 30.77 30.77	100m: 1:04.23	33.46	150m: 1:39.64	35.41	200m: 2:14.19	34.55	
2.	MESSENCE Enzo Dylan	05	S14		FC Ferreiras/AlgarExperience	2:16.16	592	
	50m: 31.52 31.52	100m: 1:05.74	34.22	150m: 1:40.46	34.72	200m: 2:16.16	35.70	
3.	VALENTIM Alberto Guedes	07	S14		Porto	2:37.06	386	
	50m: 32.51 32.51	100m: 1:12.68	40.17	150m: 1:55.66	42.98	200m: 2:37.06	41.40	
4.	ALVES Antonio Joaquin	97	S14		Porto	2:39.88	365	
	50m: 32.91 32.91	100m: 1:10.47	37.56	150m: 1:52.55	42.08	200m: 2:39.88	47.33	
5.	NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	3:29.25	351	
	50m: 48.57 48.57	100m: 1:41.75	53.18	150m: 2:36.47	54.72	200m: 3:29.25	52.78	
6.	MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	3:39.58	304	
	50m: 46.21 46.21	100m: 1:42.33	56.12	150m: 2:41.12	58.79	200m: 3:39.58	58.46	
7.	SA Luis Bernardo	96	S5	A12	Feira Viva	3:50.59	262	
	50m: 46.73 46.73	100m: 1:43.04	56.31	150m: 2:46.76	1:03.72	200m: 3:50.59	1:03.83	
8.	TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	3:13.61	206	
	50m: 43.07 43.07	100m: 1:32.00	48.93	150m: 2:23.85	51.85	200m: 3:13.61	49.76	
9.	MONTEIRO Luis Miguel	96	S14		ADADA Porto	3:16.79	196	
	50m: 37.98 37.98	100m: 1:27.86	49.88	150m: 2:24.64	56.78	200m: 3:16.79	52.15	
10.	SILVA Tiago Manuel	05	S3	A 1,3,5,12+	CLAC-Entroncamento	6:02.06	176	
	50m: 1:18.05 1:18.05	100m: 2:49.77	1:31.72	150m: 4:25.12	1:35.35	200m: 6:02.06	1:36.94	
11.	CRUZ Diogo Rafael	03	S14		Sporting de Espinho	3:33.43	154	
	50m: 43.84 43.84	100m: 1:35.33	51.49	150m: 2:32.98	57.65	200m: 3:33.43	1:00.45	
12.	VIEIRA Micael Alexandre	07	S14		Alhandra	4:22.27	83	
	50m: 45.71 45.71	100m: 1:54.07	1:08.36	150m: 3:10.07	1:16.00	200m: 4:22.27	1:12.20	

Classe S15 (Auditiva)-Absolutos

1.	NEVES Tiago Correia	97	S15	H	Belenenses	2:08.43		
	50m: 28.72 28.72	100m: 1:01.53	32.81	150m: 1:35.29	33.76	200m: 2:08.43	33.14	
2.	NEVES Diogo Correia	94	S15	H	Colegio Vasco da Gama	2:23.72		
	50m: 31.00 31.00	100m: 1:06.61	35.61	150m: 1:45.05	38.44	200m: 2:23.72	38.67	

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DESPORTO PARATODOS
PROGRAMA NACIONAL

PARCEIROS



Prova 4, Masc., 200m Livres

Classe S17-Absolutos

1. PAIVA David Silva	04	S17	Porto	3:01.61
50m: 40.63 40.63	100m: 1:25.16 44.53	150m: 2:13.66 48.50	200m: 3:01.61 47.95	
2. MANITO Pedro Fernandes	02	S17 A	Palmela	3:03.52
50m: 42.52 42.52	100m: 1:28.31 45.79	150m: 2:15.90 47.59	200m: 3:03.52 47.62	
3. REBOCHO Pedro Xavier	02	S17 A, W	Sporting de Aveiro	3:10.84
50m: 41.54 41.54	100m: 1:31.36 49.82	150m: 2:24.14 52.78	200m: 3:10.84 46.70	
4. VIEIRA Jose Viscaya	07	S17 A, W	Sporting de Aveiro	3:11.98
50m: 39.55 39.55	100m: 1:30.06 50.51	150m: 2:24.85 54.79	200m: 3:11.98 47.13	
5. MENDES Humberto Julio	90	S17	ADADA Porto	3:24.38
50m: 41.79 41.79	100m: 1:32.98 51.19	150m: 2:29.79 56.81	200m: 3:24.38 54.59	
6. GUIMARAES Bruno Ricardo	94	S17	Individual ANNP	3:31.56
50m: 44.63 44.63	100m: 1:39.41 54.78	150m: 2:35.99 56.58	200m: 3:31.56 55.57	
7. VIEGAS Tomas Filipe	04	S17	FC Ferreiras/AlgarExperience	3:39.72
50m: 44.30 44.30	100m: 1:39.66 55.36	150m: 2:39.11 59.45	200m: 3:39.72 1:00.61	
8. MADEIRA Joao Maria	01	S17	AAMA	3:51.98
50m: 49.06 49.06	100m: 1:45.69 56.63	150m: 2:50.93 1:05.24	200m: 3:51.98 1:01.05	
9. SOARES Vasco Feliciano	09	S17	Feira Viva	4:15.17
50m: 59.93 59.93	100m: 2:04.19 1:04.26	150m: 3:10.02 1:05.83	200m: 4:15.17 1:05.15	
10. OLIVEIRA Luis Pires	00	S17	Vilacondense	4:17.73
50m: 52.87 52.87	100m: 1:57.07 1:04.20	150m: 3:08.22 1:11.15	200m: 4:17.73 1:09.51	
11. GUIMARAES Nuno Rafael	09	S17	ADADA Porto	4:54.96
50m: 59.68 59.68	100m: 2:15.66 1:15.98	150m: 3:36.19 1:20.53	200m: 4:54.96 1:18.77	
DSQ BARBOSA Santiago Batista	08	S17	ADADA Porto	
, 3.8.5 - O(A) atleta puxou pela pista separadora ao longo do percurso - IPC 3.8.5				

Classe S21 (SDown)-Absolutos

1. MATOS Diogo Alexandre	99	S21	Sporting	3:06.27
50m: 36.57 36.57	100m: 1:21.56 44.99	150m: 2:13.76 52.20	200m: 3:06.27 52.51	
2. VICENTE Francisco Jose	99	S21	Sporting	3:14.67
50m: 40.75 40.75	100m: 1:30.14 49.39	150m: 2:22.75 52.61	200m: 3:14.67 51.92	
3. MOREIRA Daniel Filipe	97	S21	Vila DEste/Gaia	3:26.19
50m: 44.69 44.69	100m: 1:34.33 49.64	150m: 2:31.07 56.74	200m: 3:26.19 55.12	
4. EUSEBIO Marcelo Esteves	02	S21	ADADA Porto	3:29.92
50m: 42.41 42.41	100m: 1:36.59 54.18	150m: 2:36.84 1:00.25	200m: 3:29.92 53.08	
5. GONCALVES Hugo Bernardo	96	S21	Porto	3:42.23
50m: 47.75 47.75	100m: 1:44.93 57.18	150m: 2:43.34 58.41	200m: 3:42.23 58.89	

Prova 4, Masc., 200m Livres, Classe S21 (SDown)-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
6.	ANTUNES Joao Pedro	87	S21		Lagoa AC	4:01.72		
	50m: 58.00 58.00	100m: 2:02.02 1:04.02	150m: 3:01.99 59.97	200m: 4:01.72 59.73				
7.	SANTOS Ruben Jose	80	S21		APC Coimbra	4:01.78		
	50m: 53.31 53.31	100m: 1:57.05 1:03.74	150m: 3:00.32 1:03.27	200m: 4:01.78 1:01.46				
8.	CORREIA Diogo Miguel	08	S21		Feira Viva	4:24.79		
	50m: 50.52 50.52	100m: 1:59.85 1:09.33	150m: 3:13.88 1:14.03	200m: 4:24.79 1:10.91				

Classe S3-Seniores

1.	SILVA Tiago Manuel	05	S3	A 1,3,5,12+	CLAC-Entroncamento	6:02.06	176	
	50m: 1:18.05 1:18.05	100m: 2:49.77 1:31.72	150m: 4:25.12 1:35.35	200m: 6:02.06 1:36.94				

Classe S5-Seniores

1.	NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	3:29.25	351	
	50m: 48.57 48.57	100m: 1:41.75 53.18	150m: 2:36.47 54.72	200m: 3:29.25 52.78				
2.	MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	3:39.58	304	
	50m: 46.21 46.21	100m: 1:42.33 56.12	150m: 2:41.12 58.79	200m: 3:39.58 58.46				
3.	SA Luis Bernardo	96	S5	A12	Feira Viva	3:50.59	262	
	50m: 46.73 46.73	100m: 1:43.04 56.31	150m: 2:46.76 1:03.72	200m: 3:50.59 1:03.83				

Classe S14-Esperanças

1.	VALENTIM Alberto Guedes	07	S14		Porto	2:37.06	386	
	50m: 32.51 32.51	100m: 1:12.68 40.17	150m: 1:55.66 42.98	200m: 2:37.06 41.40				
2.	VIEIRA Micael Alexandre	07	S14		Alhandra	4:22.27	83	
	50m: 45.71 45.71	100m: 1:54.07 1:08.36	150m: 3:10.07 1:16.00	200m: 4:22.27 1:12.20				

Classe S14-Seniores

1.	DUARTE Samuel Lima <i>Rec Nac Classe S14</i>	04	S14		Feira Viva	2:14.19	618	
	50m: 30.77 30.77	100m: 1:04.23 33.46	150m: 1:39.64 35.41	200m: 2:14.19 34.55				
2.	MESSENCE Enzo Dylan	05	S14		FC Ferreiras/AlgarExperience	2:16.16	592	
	50m: 31.52 31.52	100m: 1:05.74 34.22	150m: 1:40.46 34.72	200m: 2:16.16 35.70				
3.	ALVES Antonio Joaquin	97	S14		Porto	2:39.88	365	
	50m: 32.91 32.91	100m: 1:10.47 37.56	150m: 1:52.55 42.08	200m: 2:39.88 47.33				

Prova 4, Masc., 200m Livres, Classe S14-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
4.	TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	3:13.61	206	
	50m: 43.07 43.07	100m: 1:32.00	48.93	150m: 2:23.85	51.85	200m: 3:13.61	49.76	
5.	MONTEIRO Luis Miguel	96	S14		ADADA Porto	3:16.79	196	
	50m: 37.98 37.98	100m: 1:27.86	49.88	150m: 2:24.64	56.78	200m: 3:16.79	52.15	
6.	CRUZ Diogo Rafael	03	S14		Sporting de Espinho	3:33.43	154	
	50m: 43.84 43.84	100m: 1:35.33	51.49	150m: 2:32.98	57.65	200m: 3:33.43	1:00.45	

Classe S15 (Auditiva)-Seniores

1.	NEVES Tiago Correia	97	S15	H	Belenenses	2:08.43		
	50m: 28.72 28.72	100m: 1:01.53	32.81	150m: 1:35.29	33.76	200m: 2:08.43	33.14	
2.	NEVES Diogo Correia	94	S15	H	Colegio Vasco da Gama	2:23.72		
	50m: 31.00 31.00	100m: 1:06.61	35.61	150m: 1:45.05	38.44	200m: 2:23.72	38.67	

Classe S17-Esperanças

1.	VIEIRA Jose Viscaya	07	S17	A,W	Sporting de Aveiro	3:11.98		
	50m: 39.55 39.55	100m: 1:30.06	50.51	150m: 2:24.85	54.79	200m: 3:11.98	47.13	
2.	SOARES Vasco Feliciano	09	S17		Feira Viva	4:15.17		
	50m: 59.93 59.93	100m: 2:04.19	1:04.26	150m: 3:10.02	1:05.83	200m: 4:15.17	1:05.15	
3.	GUIMARAES Nuno Rafael	09	S17		ADADA Porto	4:54.96		
	50m: 59.68 59.68	100m: 2:15.66	1:15.98	150m: 3:36.19	1:20.53	200m: 4:54.96	1:18.77	

DSQ BARBOSA Santiago Batista 08 S17 ADADA Porto
, 3.8.5 - O(A) atleta puxou pela pista separadora ao longo do percurso - IPC 3.8.5

Classe S17-Seniores

1.	PAIVA David Silva	04	S17		Porto	3:01.61		
	50m: 40.63 40.63	100m: 1:25.16	44.53	150m: 2:13.66	48.50	200m: 3:01.61	47.95	
2.	MANITO Pedro Fernandes	02	S17	A	Palmela	3:03.52		
	50m: 42.52 42.52	100m: 1:28.31	45.79	150m: 2:15.90	47.59	200m: 3:03.52	47.62	
3.	REBOCHO Pedro Xavier	02	S17	A, W	Sporting de Aveiro	3:10.84		
	50m: 41.54 41.54	100m: 1:31.36	49.82	150m: 2:24.14	52.78	200m: 3:10.84	46.70	
4.	MENDES Humberto Julio	90	S17		ADADA Porto	3:24.38		
	50m: 41.79 41.79	100m: 1:32.98	51.19	150m: 2:29.79	56.81	200m: 3:24.38	54.59	
5.	GUIMARAES Bruno Ricardo	94	S17		Individual ANNP	3:31.56		
	50m: 44.63 44.63	100m: 1:39.41	54.78	150m: 2:35.99	56.58	200m: 3:31.56	55.57	
6.	VIEGAS Tomas Filipe	04	S17		FC Ferreiras/AlgarExperience	3:39.72		
	50m: 44.30 44.30	100m: 1:39.66	55.36	150m: 2:39.11	59.45	200m: 3:39.72	1:00.61	

Prova 4, Masc., 200m Livres, Classe S17-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
7.	MADEIRA Joao Maria	01	S17		AAMA	3:51.98		
	50m: 49.06 49.06	100m: 1:45.69 56.63	150m: 2:50.93 1:05.24	200m: 3:51.98 1:01.05				
8.	OLIVEIRA Luis Pires	00	S17		Vilacondense	4:17.73		
	50m: 52.87 52.87	100m: 1:57.07 1:04.20	150m: 3:08.22 1:11.15	200m: 4:17.73 1:09.51				

Classe S21 (SDown)-Esperanças

1.	CORREIA Diogo Miguel	08	S21		Feira Viva	4:24.79		
	50m: 50.52 50.52	100m: 1:59.85 1:09.33	150m: 3:13.88 1:14.03	200m: 4:24.79 1:10.91				

Classe S21 (SDown)-Seniores

1.	MATOS Diogo Alexandre	99	S21		Sporting	3:06.27		
	50m: 36.57 36.57	100m: 1:21.56 44.99	150m: 2:13.76 52.20	200m: 3:06.27 52.51				
2.	VICENTE Francisco Jose	99	S21		Sporting	3:14.67		
	50m: 40.75 40.75	100m: 1:30.14 49.39	150m: 2:22.75 52.61	200m: 3:14.67 51.92				
3.	MOREIRA Daniel Filipe	97	S21		Vila DEste/Gaia	3:26.19		
	50m: 44.69 44.69	100m: 1:34.33 49.64	150m: 2:31.07 56.74	200m: 3:26.19 55.12				
4.	EUSEBIO Marcelo Esteves	02	S21		ADADA Porto	3:29.92		
	50m: 42.41 42.41	100m: 1:36.59 54.18	150m: 2:36.84 1:00.25	200m: 3:29.92 53.08				
5.	GONCALVES Hugo Bernardo	96	S21		Porto	3:42.23		
	50m: 47.75 47.75	100m: 1:44.93 57.18	150m: 2:43.34 58.41	200m: 3:42.23 58.89				
6.	ANTUNES Joao Pedro	87	S21		Lagoa AC	4:01.72		
	50m: 58.00 58.00	100m: 2:02.02 1:04.02	150m: 3:01.99 59.97	200m: 4:01.72 59.73				
7.	SANTOS Ruben Jose	80	S21		APC Coimbra	4:01.78		
	50m: 53.31 53.31	100m: 1:57.05 1:03.74	150m: 3:00.32 1:03.27	200m: 4:01.78 1:01.46				

Prova 5
20/05/2023

Femin., 200m Costas

10 anos e mais velhos
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S14-Absoluto								
1.	SOARES Maria Mafalda	02	S14		ADADA Porto	3:47.37		290
	50m: 54.40 54.40	100m: 1:52.58 58.18	150m: 2:51.28 58.70	200m: 3:47.37 56.09				
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	3:50.45		278
	50m: 54.50 54.50	100m: 1:54.96 1:00.46	150m: 2:53.32 58.36	200m: 3:50.45 57.13				

Prova 5, Femin., 200m Costas, Classe S14-Absoluto

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	SOUSA Patricia Alexandra	01	S14		Alhandra	5:20.16	104	
	50m: 1:08.98 1:08.98	100m: 2:28.26 1:19.28	150m: 3:55.51 1:27.25	200m: 5:20.16 1:24.65				
	MATOS Gabriela Chambel	05	S14		Alhandra	5:20.36	104	
	50m: 1:12.41 1:12.41	100m: 2:35.83 1:23.42	150m: 3:58.40 1:22.57	200m: 5:20.36 1:21.96				

Classe S17-Absoluto

1.	SA Mariana Magalhaes <i>Rec Nac Classe S17</i>	99	S17		AAMA	4:57.32		
	50m: 59.68 59.68	100m: 2:14.08 1:14.40	150m: 3:34.26 1:20.18	200m: 4:57.32 1:23.06				

Classe S21 (SDown)-Absoluto

1.	TORRES Diana Ines	99	S21		Porto	3:42.12		
	50m: 50.98 50.98	100m: 1:47.36 56.38	150m: 2:46.42 59.06	200m: 3:42.12 55.70				
2.	GOMES Barbara Ines	91	S21		APC Coimbra	4:56.74		
	50m: 1:13.31 1:13.31	100m: 2:30.86 1:17.55	150m: 3:45.27 1:14.41	200m: 4:56.74 1:11.47				
3.	CASTRO Bruna Gomes	04	S21		Feira Viva	4:59.73		
	50m: 1:09.97 1:09.97	100m: 2:28.90 1:18.93	150m: 3:45.05 1:16.15	200m: 4:59.73 1:14.68				
DNS	MACHADO Ana Catarina	94	S21		ADADA Porto			

Classe S14-Seniores

1.	SOARES Maria Mafalda	02	S14		ADADA Porto	3:47.37	290	
	50m: 54.40 54.40	100m: 1:52.58 58.18	150m: 2:51.28 58.70	200m: 3:47.37 56.09				
2.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	3:50.45	278	
	50m: 54.50 54.50	100m: 1:54.96 1:00.46	150m: 2:53.32 58.36	200m: 3:50.45 57.13				
3.	SOUSA Patricia Alexandra	01	S14		Alhandra	5:20.16	104	
	50m: 1:08.98 1:08.98	100m: 2:28.26 1:19.28	150m: 3:55.51 1:27.25	200m: 5:20.16 1:24.65				
	MATOS Gabriela Chambel	05	S14		Alhandra	5:20.36	104	
	50m: 1:12.41 1:12.41	100m: 2:35.83 1:23.42	150m: 3:58.40 1:22.57	200m: 5:20.36 1:21.96				

Prova 5, Femin., 200m Costas

Classe S17-Senior

1. SA Mariana Magalhaes	99	S17	AAMA	4:57.32
<i>Rec Nac Classe S17</i>				
50m:	59.68	59.68	100m:	2:14.08 1:14.40
150m:	3:34.26	1:20.18	200m:	4:57.32 1:23.06

Classe S21 (SDown)-Seniores

1. TORRES Diana Ines	99	S21	Porto	3:42.12
50m:	50.98	50.98	100m:	1:47.36 56.38
150m:	2:46.42	59.06	200m:	3:42.12 55.70
2. GOMES Barbara Ines	91	S21	APC Coimbra	4:56.74
50m:	1:13.31	1:13.31	100m:	2:30.86 1:17.55
150m:	3:45.27	1:14.41	200m:	4:56.74 1:11.47
3. CASTRO Bruna Gomes	04	S21	Feira Viva	4:59.73
50m:	1:09.97	1:09.97	100m:	2:28.90 1:18.93
150m:	3:45.05	1:16.15	200m:	4:59.73 1:14.68

DNS MACHADO Ana Catarina 94 S21 ADADA Porto

Prova 6
20/05/2023

Masc., 200m Costas

10 anos e mais velhos
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts	
Classe S14-Absoluto									
1.	PONTE Andre Carreiro	92	S14		Naval de Ponta Delgada	2:47.47	568		
	50m:	38.18	38.18	100m:	1:20.79 42.61	150m:	2:05.11 44.32	200m:	2:47.47 42.36
2.	PATRICIO Rodrigo Oliveira	05	S14		Feira Viva	2:50.51	538		
	50m:	39.59	39.59	100m:	1:23.68 44.09	150m:	2:08.03 44.35	200m:	2:50.51 42.48
3.	ROCHA Simao Pedro	06	S14		Aquatico Pacense	3:04.26	426		
	50m:	42.89	42.89	100m:	1:30.45 47.56	150m:	2:17.76 47.31	200m:	3:04.26 46.50
4.	TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	3:56.67	201		
	50m:	55.43	55.43	100m:	1:56.23 1:00.80	150m:	2:57.71 1:01.48	200m:	3:56.67 58.96

Classe S17-Absoluto

1. SILVA Andre Guimaraes	96	S17	Porto	3:08.15
50m:	42.21	42.21	100m:	1:30.72 48.51
150m:	2:20.20	49.48	200m:	3:08.15 47.95
2. SILVA Bruno Miguel	93	S17	Porto	3:19.46
50m:	43.30	43.30	100m:	1:34.65 51.35
150m:	2:29.14	54.49	200m:	3:19.46 50.32
3. SANTOS Carlos Manuel	87	S17 A	APPDAlcoimbra	4:08.89
50m:	54.87	54.87	100m:	1:59.00 1:04.13
150m:	3:06.14	1:07.14	200m:	4:08.89 1:02.75

Prova 6, Masc., 200m Costas, Classe S17-Absoluto

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
4.	SOARES Vasco Feliciano	09	S17		Feira Viva	4:28.67		
	50m: 1:02.55 1:02.55	100m: 2:10.36 1:07.81	150m: 3:19.65 1:09.29	200m: 4:28.67 1:09.02				

Classe S21 (SDown)-Absoluto

1.	ALMEIDA Andre Reis	00	S21		Sporting	3:13.96		
	50m: 43.97 43.97	100m: 1:31.92 47.95	150m: 2:22.69 50.77	200m: 3:13.96 51.27				
2.	MONTES Francisco Pessanha	02	S21		ADADA Porto	3:40.12		
	50m: 52.82 52.82	100m: 1:48.12 55.30	150m: 2:45.85 57.73	200m: 3:40.12 54.27				
3.	PEREIRA Joel Alexandre	92	S21		APC Coimbra	4:08.86		
	50m: 1:00.10 1:00.10	100m: 2:04.82 1:04.72	150m: 3:07.81 1:02.99	200m: 4:08.86 1:01.05				
4.	ANDRADE Joao Barge	06	S21		Feira Viva	4:16.11		
	50m: 57.59 57.59	100m: 2:01.36 1:03.77	150m: 3:07.83 1:06.47	200m: 4:16.11 1:08.28				
5.	GONCALVES Hugo Bernardo	96	S21		Porto	4:28.90		
	50m: 1:06.90 1:06.90	100m: 2:14.60 1:07.70	150m: 3:22.26 1:07.66	200m: 4:28.90 1:06.64				
6.	CORREIA Diogo Miguel	08	S21		Feira Viva	5:00.34		
	50m: 1:03.55 1:03.55	100m: 2:16.64 1:13.09	150m: 3:36.39 1:19.75	200m: 5:00.34 1:23.95				

Classe S14-Seniores

1.	PONTE Andre Carreiro	92	S14		Naval de Ponta Delgada	2:47.47	568	
	50m: 38.18 38.18	100m: 1:20.79 42.61	150m: 2:05.11 44.32	200m: 2:47.47 42.36				
2.	PATRICIO Rodrigo Oliveira	05	S14		Feira Viva	2:50.51	538	
	50m: 39.59 39.59	100m: 1:23.68 44.09	150m: 2:08.03 44.35	200m: 2:50.51 42.48				
3.	ROCHA Simao Pedro	06	S14		Aquatico Pacense	3:04.26	426	
	50m: 42.89 42.89	100m: 1:30.45 47.56	150m: 2:17.76 47.31	200m: 3:04.26 46.50				
4.	TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	3:56.67	201	
	50m: 55.43 55.43	100m: 1:56.23 1:00.80	150m: 2:57.71 1:01.48	200m: 3:56.67 58.96				

Classe S17-Esperanças

1.	SOARES Vasco Feliciano	09	S17		Feira Viva	4:28.67		
	50m: 1:02.55 1:02.55	100m: 2:10.36 1:07.81	150m: 3:19.65 1:09.29	200m: 4:28.67 1:09.02				

Classe S17-Senior

1.	SILVA Andre Guimaraes	96	S17		Porto	3:08.15		
	50m: 42.21 42.21	100m: 1:30.72 48.51	150m: 2:20.20 49.48	200m: 3:08.15 47.95				

Prova 6, Masc., 200m Costas, Classe S17-Senior

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
2.	SILVA Bruno Miguel	93	S17		Porto	3:19.46		
	50m: 43.30 43.30	100m: 1:34.65 51.35	150m: 2:29.14 54.49	200m: 3:19.46 50.32				
3.	SANTOS Carlos Manuel	87	S17	A	APPDAlcoimbra	4:08.89		
	50m: 54.87 54.87	100m: 1:59.00 1:04.13	150m: 3:06.14 1:07.14	200m: 4:08.89 1:02.75				

Classe S21 (SDown)-Esperanças

1.	CORREIA Diogo Miguel	08	S21		Feira Viva	5:00.34		
	50m: 1:03.55 1:03.55	100m: 2:16.64 1:13.09	150m: 3:36.39 1:19.75	200m: 5:00.34 1:23.95				

Classe S21 (SDown)-Seniores

1.	ALMEIDA Andre Reis	00	S21		Sporting	3:13.96		
	50m: 43.97 43.97	100m: 1:31.92 47.95	150m: 2:22.69 50.77	200m: 3:13.96 51.27				
2.	MONTES Francisco Pessanha	02	S21		ADADA Porto	3:40.12		
	50m: 52.82 52.82	100m: 1:48.12 55.30	150m: 2:45.85 57.73	200m: 3:40.12 54.27				
3.	PEREIRA Joel Alexandre	92	S21		APC Coimbra	4:08.86		
	50m: 1:00.10 1:00.10	100m: 2:04.82 1:04.72	150m: 3:07.81 1:02.99	200m: 4:08.86 1:01.05				
4.	ANDRADE Joao Barge	06	S21		Feira Viva	4:16.11		
	50m: 57.59 57.59	100m: 2:01.36 1:03.77	150m: 3:07.83 1:06.47	200m: 4:16.11 1:08.28				
5.	GONCALVES Hugo Bernardo	96	S21		Porto	4:28.90		
	50m: 1:06.90 1:06.90	100m: 2:14.60 1:07.70	150m: 3:22.26 1:07.66	200m: 4:28.90 1:06.64				

Prova 7
20/05/2023

Femin., 100m Bruços

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe SB4-SB14-Absolutos								
1.	PINTO Renata Vaz	99	SB9	1,3,5	ADADA Porto	1:25.28	680	
	50m: 40.13 40.13	100m: 1:25.28 45.15						
2.	HROBOVETS Alisa	09	SB4	A, 3, 5, 1	FC Ferreiras/AlgarExperience	3:02.07	223	
	50m: 1:29.87 1:29.87	100m: 3:02.07 1:32.20						
3.	PINHO Joana Filipa	02	SB14		Sporting de Aveiro	2:04.56	212	
	50m: 58.67 58.67	100m: 2:04.56 1:05.89						
4.	FERREIRA Carlota Girao Rec Nac Classe S7	06	SB7	A,3,5,12+	ADADA Porto	2:33.71	204	

Prova 7, Femin., 100m Bruços, Classe SB4-SB14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
	50m: 1:14.43 1:14.43							
	100m: 2:33.71 1:19.28							
5.	SANTOS Rita Manuela	96	SB7	A,3,5,12,+	ADADA Porto	3:31.09	79	
	50m: 1:38.73 1:38.73							
	100m: 3:31.09 1:52.36							
DSQ	PENETRO Claudia Filipa	00	SB4	A 1,3,12+	Alhandra			
	<i>, 3.4.5 - O(a) atleta efetuou movimento alternado de pernas durante o percurso - IPC3.4.5</i>							

Classe SB21 (SDown)-Absolutos

1.	GASPAR Matilde Lucia	06	SB21		APC Coimbra	1:54.87		
	<i>Rec Nac Classe S21</i>							
	50m: 55.18 55.18							
	100m: 1:54.87 59.69							

Classe SB4-Esperanças

1.	HROBOVETS Alisa	09	SB4	A, 3, 5, 1	FC Ferreiras/AlgarExperience	3:02.07	223	
	50m: 1:29.87 1:29.87							
	100m: 3:02.07 1:32.20							

Classe SB4-Seniores

DSQ	PENETRO Claudia Filipa	00	SB4	A 1,3,12+	Alhandra			
	<i>, 3.4.5 - O(a) atleta efetuou movimento alternado de pernas durante o percurso - IPC3.4.5</i>							

Classe SB7-Seniores

1.	FERREIRA Carlota Girao	06	SB7	A,3,5,12+	ADADA Porto	2:33.71	204	
	<i>Rec Nac Classe S7</i>							
	50m: 1:14.43 1:14.43							
	100m: 2:33.71 1:19.28							
2.	SANTOS Rita Manuela	96	SB7	A,3,5,12,+	ADADA Porto	3:31.09	79	
	50m: 1:38.73 1:38.73							
	100m: 3:31.09 1:52.36							

Classe SB9-Seniores

1.	PINTO Renata Vaz	99	SB9	1,3,5	ADADA Porto	1:25.28	680	
	50m: 40.13 40.13							
	100m: 1:25.28 45.15							

Classe SB14-Seniores

1.	PINHO Joana Filipa	02	SB14		Sporting de Aveiro	2:04.56	212	
	50m: 58.67 58.67							
	100m: 2:04.56 1:05.89							

Prova 7, Femin., 100m Bruços

Classe SB21 (SDown)-Seniores

1.	GASPAR Matilde Lucia	06	SB21	APC Coimbra	1:54.87
	<i>Rec Nac Classe S21</i>				
	50m: 55.18 55.18	100m: 1:54.87	59.69		

Prova 8

20/05/2023

Masc., 100m Bruços

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe SB4-SB14-Absolutos								
1.	CORDEIRO Tomas Coelho	04	SB9	3,5,12+	Colegio Efanor	1:15.55	697	
	50m: 35.22 35.22	100m: 1:15.55	40.33					
2.	ROCHA Ivo Filipe	90	SB5	A 12	Feira Viva	1:44.80	576	
	50m: 50.18 50.18	100m: 1:44.80	54.62					
3.	CAMPOS Joao Miguel	79	SB7	6.12,+	ADADA Porto	1:32.20	545	
	<i>Rec Nac Classe S7, (parcial aos 50m)</i>							
	50m: 43.22 43.22	100m: 1:32.20	48.98					
4.	FRASCO Pedro Molim	01	SB13		Braga	1:28.73	400	
	<i>Rec Nac Classe S13</i>							
	50m: 40.06 40.06	100m: 1:28.73	48.67					
5.	ZAPOROZHETS Bohdan	05	SB9	3,5	Columbofila Cantanhedense	1:32.75	377	
	50m: 42.92 42.92	100m: 1:32.75	49.83					
6.	MENDES Gil Mota	09	SB9	3,5	Escola Carregal do Sal	1:35.16	349	
	50m: 44.10 44.10	100m: 1:35.16	51.06					
7.	VALENTIM Alberto Guedes	07	SB14		Porto	1:34.71	328	
	50m: 42.94 42.94	100m: 1:34.71	51.77					
8.	SILVA Nuno Alexandre	92	SB14		Sporting	1:38.42	292	
	50m: 45.44 45.44	100m: 1:38.42	52.98					
9.	SA Luis Bernardo	96	SB4	A12	Feira Viva	2:32.43	271	
	<i>Rec Nac Classe S4, (parcial aos 50m)</i>							
	50m: 1:06.53 1:06.53	100m: 2:32.43	1:25.90					
10.	ALVES Antonio Joaquin	97	SB14		Porto	1:42.84	256	
	50m: 45.97 45.97	100m: 1:42.84	56.87					
11.	MAGALHAES Luis Gabriel	07	SB9		Lousada SXXI	1:47.96	239	
	50m: 48.77 48.77	100m: 1:47.96	59.19					

Prova 8, Masc., 100m Bruços, Classe SB4-SB14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
12.	SILVA Luis Miguel	97	SB9	1,3,5	Naval de Ponta Delgada	1:48.72	234	
	50m: 51.40 51.40			100m: 1:48.72 57.32				
13.	OLIVEIRA Renato Alexandre	82	SB6	A,1,2,4,8	ADADA Porto	2:14.50	212	
	50m: 1:03.36 1:03.36			100m: 2:14.50 1:11.14				
14.	CAIRES Bruno Miguel <i>Rec Nac Classe S6, (parcial aos 50m)</i>	96	SB6	A12+	FC Ferreiras/AlgarExperience	2:19.42	191	
	50m: 1:01.25 1:01.25			100m: 2:19.42 1:18.17				
15.	FARIA Miguel Domingos	02	SB14		FC Ferreiras/AlgarExperience	1:57.79	170	
	50m: 52.54 52.54			100m: 1:57.79 1:05.25				
16.	ALVES Nuno Diogo	88	SB6	*A 12	Gondomar	2:25.09	169	
	50m: 1:09.00 1:09.00			100m: 2:25.09 1:16.09				
17.	CRUZ Henrique Benevides	83	SB14		Bombeiros de Ponta Delgada	2:02.28	152	
	50m: 57.76 57.76			100m: 2:02.28 1:04.52				
18.	AMARAL Joao Costa	95	SB14		Sporting de Espinho	2:04.25	145	
	50m: 55.38 55.38			100m: 2:04.25 1:08.87				
19.	ALBERGARIA Jose Antonio	98	SB4	A,3,5,12+	Feira Viva	3:35.81	96	
	50m: 1:41.30 1:41.30			100m: 3:35.81 1:54.51				
20.	CRISTINA Rafael Alexandre	07	SB4	A 3,5,12	Palmela	3:58.43	71	
	50m: 1:55.54 1:55.54			100m: 3:58.43 2:02.89				
21.	SILVA Rodrigo Oliveira	08	SB7	A,3,5,12+	Feira Viva	3:07.40	65	
	50m: 1:29.70 1:29.70			100m: 3:07.40 1:37.70				
DSQ	PICOTO Rafael Ramirez	05	SB7	A H,3,5,12+	Rio Maior			
	<i>, 3.4.5 - O(a) atleta não rodou os pés para fora durante a parte propulsiva da pernada - IPC3.4.5</i>							
DSQ	SOUSA Helder Ferreira	75	SB6	12+	Porto			
	<i>3.4.5 - O(a) atleta efetuou movimento vertical de pernas durante o percurso - IPC3.4.5</i>							
DNS	PAULO Marcelo Santos	00	SB6	A 1,2,4,12+	Olhar 21			

Classe SB15 (Auditiva)-Absolutos

1.	FERREIRA Josemar Joel	95	SB15	H	Sporting	1:36.05		
	50m: 42.60 42.60			100m: 1:36.05 53.45				

Prova 8, Masc., 100m Bruços

Classe SB17-Absolutos

1.	OLIVEIRA Americo Manuel	08	SB17	Gondomar	1:33.46
	<i>Rec Nac Classe S17</i>				
	50m: 42.18 42.18	100m: 1:33.46	51.28		
2.	OLIVEIRA Daniel Mendo	05	SB17	Olhar 21	1:34.98
	50m: 43.27 43.27	100m: 1:34.98	51.71		
3.	CARVALHO Joaquim Eduardo	07	SB17	Naval do Funchal	1:38.97
	50m: 46.04 46.04	100m: 1:38.97	52.93		
4.	RODRIGUES Francisco Simoes	06	SB17 A	Olhar 21	1:43.99
	50m: 46.63 46.63	100m: 1:43.99	57.36		
5.	VARGAS Fabio Raddatz	08	SB17	Rio Maior	1:58.44
	50m: 52.77 52.77	100m: 1:58.44	1:05.67		

Classe SB21 (SDown)-Absolutos

1.	VAZ Joao Francisco	92	SB21	Sporting	1:32.41
	50m: 43.30 43.30	100m: 1:32.41	49.11		
2.	MATOS Diogo Alexandre	99	SB21	Sporting	1:33.12
	50m: 43.40 43.40	100m: 1:33.12	49.72		
3.	REGO Diogo Almeida	97	SB21	Sporting de Aveiro	1:42.28
	50m: 45.96 45.96	100m: 1:42.28	56.32		
4.	VIEIRA Jose Gabriel	83	SB21	FC Ferreiras/AlgarExperience	1:46.16
	50m: 49.47 49.47	100m: 1:46.16	56.69		
5.	GOMES Diogo Lopes	96	SB21	Feira Viva	1:48.09
	50m: 49.49 49.49	100m: 1:48.09	58.60		
6.	RIBEIRO David Saraiva	96	SB21	Sporting de Aveiro	2:04.60
	50m: 58.41 58.41	100m: 2:04.60	1:06.19		
7.	NETO Claudio Fabiano	08	SB21	Sporting	2:05.61
	50m: 55.51 55.51	100m: 2:05.61	1:10.10		

Classe SB4-Esperanças

1.	CRISTINA Rafael Alexandre	07	SB4 A 3,5,12	Palmela	3:58.43	71
	50m: 1:55.54 1:55.54	100m: 3:58.43	2:02.89			

Prova 8, Masc., 100m Bruços

Classe SB4-Seniores

1.	SA Luis Bernardo	96	SB4	A12	Feira Viva	2:32.43	271
	<i>Rec Nac Classe S4, (parcial aos 50m)</i>						
	50m:	1:06.53	1:06.53	100m:	2:32.43	1:25.90	
2.	ALBERGARIA Jose Antonio	98	SB4	A,3,5,12+	Feira Viva	3:35.81	96
	50m:	1:41.30	1:41.30	100m:	3:35.81	1:54.51	

Classe SB5-Seniores

1.	ROCHA Ivo Filipe	90	SB5	A 12	Feira Viva	1:44.80	576
	50m:	50.18	50.18	100m:	1:44.80	54.62	

Classe SB6-Seniores

1.	OLIVEIRA Renato Alexandre	82	SB6	A,1,2,4,8	ADADA Porto	2:14.50	212
	50m:	1:03.36	1:03.36	100m:	2:14.50	1:11.14	
2.	CAIRES Bruno Miguel	96	SB6	A12+	FC Ferreiras/AlgarExperience	2:19.42	191
	<i>Rec Nac Classe S6, (parcial aos 50m)</i>						
	50m:	1:01.25	1:01.25	100m:	2:19.42	1:18.17	
3.	ALVES Nuno Diogo	88	SB6	*A 12	Gondomar	2:25.09	169
	50m:	1:09.00	1:09.00	100m:	2:25.09	1:16.09	
DSQ	SOUSA Helder Ferreira	75	SB6	12+	Porto		
	<i>3.4.5 - O(a) atleta efetuou movimento vertical de pernas durante o percurso - IPC3.4.5</i>						
DNS	PAULO Marcelo Santos	00	SB6	A 1,2,4,12+	Olhar 21		

Classe SB7-Esperanças

1.	SILVA Rodrigo Oliveira	08	SB7	A,3,5,12+	Feira Viva	3:07.40	65
	<i>Rec Nac Classe S7,</i>						
	50m:	1:29.70	1:29.70	100m:	3:07.40	1:37.70	

Classe SB7-Seniores

1.	CAMPOS Joao Miguel	79	SB7	6.12,+	ADADA Porto	1:32.20	545
	<i>Rec Nac Classe S7, (parcial aos 50m)</i>						
	50m:	43.22	43.22	100m:	1:32.20	48.98	
DSQ	PICOTO Rafael Ramirez	05	SB7	A H,3,5,12+	Rio Maior		
	<i>, 3.4.5 - O(a) atleta não rodou os pés para fora durante a parte propulsiva da pernada - IPC3.4.5</i>						

Prova 8, Masc., 100m Bruços

Classe SB9-Esperanças

1. MENDES Gil Mota	09	SB9	3,5	Escola Carregal do Sal	1:35.16	349
50m: 44.10 44.10	100m: 1:35.16	51.06				
2. MAGALHAES Luis Gabriel	07	SB9		Lousada SXXI	1:47.96	239
50m: 48.77 48.77	100m: 1:47.96	59.19				

Classe SB9-Seniores

1. CORDEIRO Tomas Coelho	04	SB9	3,5,12+	Colegio Efanor	1:15.55	697
50m: 35.22 35.22	100m: 1:15.55	40.33				
2. ZAPOROZHETS Bohdan	05	SB9	3,5	Columbofila Cantanhedense	1:32.75	377
50m: 42.92 42.92	100m: 1:32.75	49.83				
3. SILVA Luis Miguel	97	SB9	1,3,5	Naval de Ponta Delgada	1:48.72	234
50m: 51.40 51.40	100m: 1:48.72	57.32				

Classe SB13-Seniores

1. FRASCO Pedro Molim <i>Rec Nac Classe S13</i>	01	SB13		Braga	1:28.73	400
50m: 40.06 40.06	100m: 1:28.73	48.67				

Classe SB14-Esperanças

1. VALENTIM Alberto Guedes	07	SB14		Porto	1:34.71	328
50m: 42.94 42.94	100m: 1:34.71	51.77				

Classe SB14-Seniores

1. SILVA Nuno Alexandre	92	SB14		Sporting	1:38.42	292
50m: 45.44 45.44	100m: 1:38.42	52.98				
2. ALVES Antonio Joaquin	97	SB14		Porto	1:42.84	256
50m: 45.97 45.97	100m: 1:42.84	56.87				
3. FARIA Miguel Domingos	02	SB14		FC Ferreiras/AlgarExperience	1:57.79	170
50m: 52.54 52.54	100m: 1:57.79	1:05.25				
4. CRUZ Henrique Benevides	83	SB14		Bombeiros de Ponta Delgada	2:02.28	152
50m: 57.76 57.76	100m: 2:02.28	1:04.52				
5. AMARAL Joao Costa	95	SB14		Sporting de Espinho	2:04.25	145
50m: 55.38 55.38	100m: 2:04.25	1:08.87				

Prova 8, Masc., 100m Bruços

Classe SB15 (Auditiva)-Seniores

1. FERREIRA Josemar Joel	95	SB15	H	Sporting	1:36.05
50m: 42.60 42.60	100m: 1:36.05	53.45			

Classe SB17-Esperanças

1. OLIVEIRA Americo Manuel	08	SB17		Gondomar	1:33.46
<i>Rec Nac Classe S17</i>					
50m: 42.18 42.18	100m: 1:33.46	51.28			
2. CARVALHO Joaquim Eduardo	07	SB17		Naval do Funchal	1:38.97
50m: 46.04 46.04	100m: 1:38.97	52.93			
3. VARGAS Fabio Raddatz	08	SB17		Rio Maior	1:58.44
50m: 52.77 52.77	100m: 1:58.44	1:05.67			

Classe SB17-Seniores

1. OLIVEIRA Daniel Mendo	05	SB17		Olhar 21	1:34.98
50m: 43.27 43.27	100m: 1:34.98	51.71			
2. RODRIGUES Francisco Simoes	06	SB17	A	Olhar 21	1:43.99
50m: 46.63 46.63	100m: 1:43.99	57.36			

Classe SB21 (SDown)-Esperanças

1. NETO Claudio Fabiano	08	SB21		Sporting	2:05.61
50m: 55.51 55.51	100m: 2:05.61	1:10.10			

Classe SB21 (SDown)-Seniores

1. VAZ Joao Francisco	92	SB21		Sporting	1:32.41
50m: 43.30 43.30	100m: 1:32.41	49.11			
2. MATOS Diogo Alexandre	99	SB21		Sporting	1:33.12
50m: 43.40 43.40	100m: 1:33.12	49.72			
3. REGO Diogo Almeida	97	SB21		Sporting de Aveiro	1:42.28
50m: 45.96 45.96	100m: 1:42.28	56.32			
4. VIEIRA Jose Gabriel	83	SB21		FC Ferreiras/AlgarExperience	1:46.16
50m: 49.47 49.47	100m: 1:46.16	56.69			
5. GOMES Diogo Lopes	96	SB21		Feira Viva	1:48.09
50m: 49.49 49.49	100m: 1:48.09	58.60			
6. RIBEIRO David Saraiva	96	SB21		Sporting de Aveiro	2:04.60
50m: 58.41 58.41	100m: 2:04.60	1:06.19			

Prova 9
20/05/2023

Femin., 100m Mariposa

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S8-S14-Absolutos								
1.	CASTRO Ana Filipa	97	S8	12	Feira Viva	1:29.70	482	
	50m: 41.97 41.97	100m: 1:29.70	47.73					
Classe S21 (SDown)-Absolutos								
1.	TORRES Diana Ines	99	S21		Porto	1:49.18		
	50m: 48.20 48.20	100m: 1:49.18	1:00.98					
2.	REIS Adriana Godinho	95	S21		Feira Viva	2:03.93		
	50m: 58.53 58.53	100m: 2:03.93	1:05.40					
3.	MOREIRA Carina Barbosa	81	S21		Gondomar	2:13.22		
	50m: 1:01.04 1:01.04	100m: 2:13.22	1:12.18					
Classe S8-Seniores								
1.	CASTRO Ana Filipa	97	S8	12	Feira Viva	1:29.70	482	
	50m: 41.97 41.97	100m: 1:29.70	47.73					
Classe S21 (SDown)-Senior								
1.	TORRES Diana Ines	99	S21		Porto	1:49.18		
	50m: 48.20 48.20	100m: 1:49.18	1:00.98					
2.	REIS Adriana Godinho	95	S21		Feira Viva	2:03.93		
	50m: 58.53 58.53	100m: 2:03.93	1:05.40					
3.	MOREIRA Carina Barbosa	81	S21		Gondomar	2:13.22		
	50m: 1:01.04 1:01.04	100m: 2:13.22	1:12.18					

Prova 10
20/05/2023

Masc., 100m Mariposa

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S8-S14-Absolutos								
1.	CANCELA Diogo Luis	02	S8	1,2,4	Louzan Natacao/EFAPEL	1:07.24	822	
	50m: 31.74 31.74	100m: 1:07.24		35.50				
2.	SILVA Renato Filipe	98	S9	9	Porto	1:12.48	581	
	<i>Rec Nac Classe S9, (parcial aos 50m)</i>							
	50m: 32.00 32.00	100m: 1:12.48		40.48				
3.	MESSENCE Enzo Dylan	05	S14		FC Ferreiras/AlgarExperience	1:08.18	546	
	<i>Rec Nac Classe S14</i>							
	50m: 31.61 31.61	100m: 1:08.18		36.57				
4.	DUARTE Samuel Lima	04	S14		Feira Viva	1:14.93	411	
	50m: 35.08 35.08	100m: 1:14.93		39.85				
5.	CASTANHEIRA Rodolfo Francisco	01	S8	9	Gesloures	1:35.25	289	
	50m: 40.05 40.05	100m: 1:35.25		55.20				
6.	RIBEIRO Pedro Miguel	91	S14		Gondomar	1:40.97	168	
	50m: 43.53 43.53	100m: 1:40.97		57.44				
7.	RIBEIRO Jose Carneirinho	90	S14		Sporting	1:53.96	117	
	50m: 44.85 44.85	100m: 1:53.96		1:09.11				
8.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	1:54.86	114	
	50m: 50.72 50.72	100m: 1:54.86		1:04.14				
Classe S15 (Auditiva)-Absolutos								
1.	CRUZ Miguel Duarte	99	S15	H	Belenenses	1:05.10		
	50m: 30.35 30.35	100m: 1:05.10		34.75				
2.	BELEZAS Ricardo Andrade	91	S15	H	Sporting	1:09.24		
	50m: 30.40 30.40	100m: 1:09.24		38.84				
Classe S21 (SDown)-Absolutos								
1.	PEREIRA Vicente Barros	05	S21		Sporting	1:17.46		
	50m: 34.91 34.91	100m: 1:17.46		42.55				
2.	SANTOS Filipe Bjorcke	88	S21		Lagoa AC	1:25.25		
	<i>World Master DSISO Record</i>							
	50m: 37.86 37.86	100m: 1:25.25		47.39				

Prova 10, Masc., 100m Mariposa, Classe S21 (SDown)-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	SILVA Alexandre Martins 50m: 47.38 47.38	99	S21	100m: 1:41.56 54.18	Lagoa AC	1:41.56		
4.	PESTANA Rui Miguel 50m: 43.08 43.08	00	S21	100m: 1:44.25 1:01.17	Sporting	1:44.25		
5.	SANTOS Tomas Aniceto 50m: 50.36 50.36	99	S21	100m: 1:52.28 1:01.92	Feira Viva	1:52.28		
6.	MOREIRA Daniel Filipe 50m: 51.50 51.50	97	S21	100m: 1:56.46 1:04.96	Vila DEste/Gaia	1:56.46		

Classe S8-Seniores

1.	CANCELA Diogo Luis 50m: 31.74 31.74	02	S8	1,2,4 100m: 1:07.24 35.50	Louzan Natacao/EFAPEL	1:07.24	822	
2.	CASTANHEIRA Rodolfo Francisco 50m: 40.05 40.05	01	S8	9 100m: 1:35.25 55.20	Gesloures	1:35.25	289	

Classe S9-Seniores

1.	SILVA Renato Filipe <i>Rec Nac Classe S9, (parcial aos 50m)</i> 50m: 32.00 32.00	98	S9	9 100m: 1:12.48 40.48	Porto	1:12.48	581	
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Classe S110-Seniores

1.	FIDALGO Joao Matos 50m: 31.03 31.03	03	S110	3,4 100m: 1:07.47 36.44	Gesloures	1:07.47		
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Classe S14-Seniores

1.	MESSENCE Enzo Dylan <i>Rec Nac Classe S14</i> 50m: 31.61 31.61	05	S14	100m: 1:08.18 36.57	FC Ferreiras/AlgarExperience	1:08.18	546	
2.	DUARTE Samuel Lima 50m: 35.08 35.08	04	S14	100m: 1:14.93 39.85	Feira Viva	1:14.93	411	
3.	RIBEIRO Pedro Miguel 50m: 43.53 43.53	91	S14	100m: 1:40.97 57.44	Gondomar	1:40.97	168	
4.	RIBEIRO Jose Carneirinho 50m: 44.85 44.85	90	S14	100m: 1:53.96 1:09.11	Sporting	1:53.96	117	

Prova 10, Masc., 100m Mariposa, Classe S14-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
5.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	1:54.86	114	
	50m: 50.72 50.72	100m: 1:54.86	1:04.14					

Classe S15 (Auditiva)-Seniores

1.	CRUZ Miguel Duarte	99	S15	H	Belenenses	1:05.10		
	50m: 30.35 30.35	100m: 1:05.10	34.75					
2.	BELEZAS Ricardo Andrade	91	S15	H	Sporting	1:09.24		
	50m: 30.40 30.40	100m: 1:09.24	38.84					

Classe S21 (SDown)-Senior

1.	PEREIRA Vicente Barros	05	S21		Sporting	1:17.46		
	50m: 34.91 34.91	100m: 1:17.46	42.55					
2.	SANTOS Filipe Bjorcke <i>World Master DSISO Record</i>	88	S21		Lagoa AC	1:25.25		
	50m: 37.86 37.86	100m: 1:25.25	47.39					
3.	SILVA Alexandre Martins	99	S21		Lagoa AC	1:41.56		
	50m: 47.38 47.38	100m: 1:41.56	54.18					
4.	PESTANA Rui Miguel	00	S21		Sporting	1:44.25		
	50m: 43.08 43.08	100m: 1:44.25	1:01.17					
5.	SANTOS Tomas Aniceto	99	S21		Feira Viva	1:52.28		
	50m: 50.36 50.36	100m: 1:52.28	1:01.92					
6.	MOREIRA Daniel Filipe	97	S21		Vila DEste/Gaia	1:56.46		
	50m: 51.50 51.50	100m: 1:56.46	1:04.96					

Prova 11
20/05/2023

Femin., 200m Bruços

10 anos e mais velhos
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
1.	PINHO Joana Filipa	02	SB14		Sporting de Aveiro	4:29.80	242	
	50m: 1:02.81 1:02.81	100m: 2:14.14	1:11.33		150m: 3:25.31	1:11.17	200m: 4:29.80	1:04.49

Prova 11, Femin., 200m Bruços

Classe SB21 (SDown)-Absoluto

1.	GASPAR Matilde Lucia	06	SB21	APC Coimbra	4:04.32
	<i>Rec Nac Classe S21</i>				
	50m: 56.54 56.54	100m: 1:58.52 1:01.98	150m: 3:01.84 1:03.32	200m: 4:04.32 1:02.48	
2.	GOMES Barbara Ines	91	SB21	APC Coimbra	4:50.06
	50m: 1:06.86 1:06.86	100m: 2:20.18 1:13.32	150m: 3:35.36 1:15.18	200m: 4:50.06 1:14.70	
DSQ	DUARTE Sara Isabel	91	SB21	Vila DEste/Gaia	
	3.4.6 - O(A) atleta tocou com uma mão na parede aos 50 metros- IPC 3.4.6				

Classe SB14-Seniores

1.	PINHO Joana Filipa	02	SB14	Sporting de Aveiro	4:29.80 242
	50m: 1:02.81 1:02.81	100m: 2:14.14 1:11.33	150m: 3:25.31 1:11.17	200m: 4:29.80 1:04.49	

Classe SB21 (SDown)-Seniores

1.	GASPAR Matilde Lucia	06	SB21	APC Coimbra	4:04.32
	<i>Rec Nac Classe S21</i>				
	50m: 56.54 56.54	100m: 1:58.52 1:01.98	150m: 3:01.84 1:03.32	200m: 4:04.32 1:02.48	
2.	GOMES Barbara Ines	91	SB21	APC Coimbra	4:50.06
	50m: 1:06.86 1:06.86	100m: 2:20.18 1:13.32	150m: 3:35.36 1:15.18	200m: 4:50.06 1:14.70	
DSQ	DUARTE Sara Isabel	91	SB21	Vila DEste/Gaia	
	3.4.6 - O(A) atleta tocou com uma mão na parede aos 50 metros- IPC 3.4.6				

Prova 12
20/05/2023

Masc., 200m Bruços

10 anos e mais velhos
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe SB14-Absoluto								
1.	PATRICIO Rodrigo Oliveira	05	SB14		Feira Viva	3:24.36	370	
	<i>Rec Nac Classe S14</i>							
	50m: 46.80 46.80	100m: 1:39.72 52.92	150m: 2:34.17 54.45	200m: 3:24.36 50.19				
2.	NASCIMENTO Levi Daniel	99	SB14		O2-Portimao	3:34.72	319	
	50m: 47.78 47.78	100m: 1:42.78 55.00	150m: 2:38.57 55.79	200m: 3:34.72 56.15				
3.	CRUZ Henrique Benevides	83	SB14		Bombeiros de Ponta Delgada	4:38.66	146	
	50m: 1:04.12 1:04.12	100m: 2:15.31 1:11.19	150m: 3:28.05 1:12.74	200m: 4:38.66 1:10.61				

Prova 12, Masc., 200m Bruços, Classe SB14-Absoluto

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
DSQ	FARIA Miguel Domingos <i>3.4.5 - O(a) atleta efetuou movimento alternado de pernas durante o percurso - IPC3.4.5</i>	02	SB14		FC Ferreiras/AlgarExperience			

Classe SB17-Absoluto

1.	SILVA Andre Guimaraes	96	SB17		Porto			3:37.25
	50m: 46.33 46.33	100m: 1:43.10	56.77	150m: 2:40.01	56.91	200m: 3:37.25	57.24	

Classe SB21 (SDown)-Absoluto

1.	VAZ Joao Francisco	92	SB21		Sporting			3:17.72
	50m: 44.76 44.76	100m: 1:35.00	50.24	150m: 2:26.46	51.46	200m: 3:17.72	51.26	
2.	VIEIRA Jose Gabriel	83	SB21		FC Ferreiras/AlgarExperience			3:45.53
	50m: 50.02 50.02	100m: 1:48.76	58.74	150m: 2:49.11	1:00.35	200m: 3:45.53	56.42	
3.	GOMES Diogo Lopes	96	SB21		Feira Viva			3:54.02
	50m: 52.60 52.60	100m: 1:51.85	59.25	150m: 2:53.54	1:01.69	200m: 3:54.02	1:00.48	

Classe SB14-Seniores

1.	PATRICIO Rodrigo Oliveira <i>Rec Nac Classe S14</i>	05	SB14		Feira Viva			3:24.36	370
	50m: 46.80 46.80	100m: 1:39.72	52.92	150m: 2:34.17	54.45	200m: 3:24.36	50.19		
2.	NASCIMENTO Levi Daniel	99	SB14		O2-Portimao			3:34.72	319
	50m: 47.78 47.78	100m: 1:42.78	55.00	150m: 2:38.57	55.79	200m: 3:34.72	56.15		
3.	CRUZ Henrique Benevides	83	SB14		Bombeiros de Ponta Delgada			4:38.66	146
	50m: 1:04.12 1:04.12	100m: 2:15.31	1:11.19	150m: 3:28.05	1:12.74	200m: 4:38.66	1:10.61		

DSQ	FARIA Miguel Domingos <i>3.4.5 - O(a) atleta efetuou movimento alternado de pernas durante o percurso - IPC3.4.5</i>	02	SB14		FC Ferreiras/AlgarExperience				
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Classe SB17-Senior

1.	SILVA Andre Guimaraes	96	SB17		Porto			3:37.25
	50m: 46.33 46.33	100m: 1:43.10	56.77	150m: 2:40.01	56.91	200m: 3:37.25	57.24	

Classe SB21 (SDown)-Seniores

1.	VAZ Joao Francisco	92	SB21		Sporting			3:17.72
	50m: 44.76 44.76	100m: 1:35.00	50.24	150m: 2:26.46	51.46	200m: 3:17.72	51.26	
2.	VIEIRA Jose Gabriel	83	SB21		FC Ferreiras/AlgarExperience			3:45.53
	50m: 50.02 50.02	100m: 1:48.76	58.74	150m: 2:49.11	1:00.35	200m: 3:45.53	56.42	

Prova 12, Masc., 200m Bruços, Classe SB21 (SDown)-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	GOMES Diogo Lopes	96	SB21		Feira Viva	3:54.02		
	50m: 52.60 52.60	100m: 1:51.85	59.25	150m: 2:53.54	1:01.69	200m: 3:54.02	1:00.48	

Prova 13
20/05/2023

Femin., 50m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	33.03	642	
2.	CASTRO Ana Filipa <i>Rec Nac Classe S8</i>	97	S8	12	Feira Viva	36.40	551	
3.	SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	41.47	283	
4.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	42.92	256	
5.	FERREIRA Carlota Girao	06	S8	A,3,5,12+	ADADA Porto	47.12	254	
6.	REGO Joana Candeias	04	S14		ADADA Porto	47.59	188	
7.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	51.40	149	
8.	SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	1:09.38	103	
9.	MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	1:14.32	84	
10.	GUEDES Gabriela Maria	02	S4	A 3,5,12	Feira Viva	2:09.78	29	
11.	PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	2:38.65	13	

Classe S17-Absolutos

DSQ	SA Mariana Magalhaes <i>3.1.5 - Falsa Partida - IPC 3.1.5</i>	99	S17		AAMA			
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Classe S21 (SDown)-Absolutos

1.	REIS Filipa Sa	00	S21		Feira Viva	44.62		
2.	CASTRO Ana Alexandra	92	S21		Porto	53.22		
3.	LOURENCO Carolina Caetano	94	S21		APC Coimbra	54.57		
4.	MOREIRA Carina Barbosa	81	S21		Gondomar	59.67		
DNS	MACHADO Ana Catarina	94	S21		ADADA Porto			

Prova 13, Femin., 50m Livres

Classe S4-Seniores

1. GUEDES Gabriela Maria	02	S4	A 3,5,12	Feira Viva	2:09.78	29
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Classe S5-Seniores

1. PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	2:38.65	13
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Classe S7-Seniores

1. SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	1:09.38	103
2. MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	1:14.32	84

Classe S8-Seniores

1. CASTRO Ana Filipa <i>Rec Nac Classe S8</i>	97	S8	12	Feira Viva	36.40	551
2. FERREIRA Carlota Girao	06	S8	A,3,5,12+	ADADA Porto	47.12	254

Classe S9-Seniores

1. PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	33.03	642
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Classe S110-Seniores

1. LIMA Helen Ticiane	84	S110		Gesloures	59.21	
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Classe S113-Seniores

1. SANTOS Debora Filipa	92	S113		Individual ANNP	58.93	
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Classe S14-Seniores

1. SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	41.47	283
2. GOUVEIA Susana Raquel	89	S14		ADADA Porto	42.92	256
3. REGO Joana Candeias	04	S14		ADADA Porto	47.59	188
4. ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	51.40	149

Prova 13, Femin., 50m Livres

Classe S17-Seniores

DSQ SA Mariana Magalhaes 99 S17 AAMA
3.1.5 - Falsa Partida - IPC 3.1.5

Classe S21 (SDown)-Seniores

1. REIS Filipa Sa	00	S21	Feira Viva	44.62
2. CASTRO Ana Alexandra	92	S21	Porto	53.22
3. LOURENCO Carolina Caetano	94	S21	APC Coimbra	54.57
4. MOREIRA Carina Barbosa	81	S21	Gondomar	59.67
DNS MACHADO Ana Catarina	94	S21	ADADA Porto	

Prova 14
20/05/2023

Masc., 50m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	MENESES Marco Ribeiro	01	S11	T	O Crasto	27.93	822	
2.	LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior	30.20	687	
3.	CORDEIRO Tomas Coelho	04	S10	3,5,12+	Colegio Efanor	27.95	591	
4.	PICOTO Rafael Ramirez	05	S8	A H,3,5,12+	Rio Maior	33.75	492	
5.	FRASCO Pedro Molim	01	S13		Braga	29.85	486	
6.	REIS Bruno Ferreira	00	S8	12+	Porto	33.93	485	
7.	MARTINS Samuel Vila	05	S10	8	Palmela	30.19	469	
8.	OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	38.31	465	
9.	MENDES Gil Mota	09	S9	3,5	Escola Carregal do Sal	32.27	459	
10.	GASPAR Carlos Emanuel	86	S8		Litoral Alentejano	34.68	454	
	CAMPOS Joao Miguel	79	S7	6.12,+	ADADA Porto	35.80	454	
12.	ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	41.58	445	
13.	MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	42.91	405	
14.	AZEVEDO Daniel Torres	01	S9	12+	Desportiva Limiana	33.70	403	
15.	CRUZ Joao Tanica	92	S12	T A	Palmela	32.69	379	
16.	COUTO Alexandre Costa	01	S9	W 12+	Sporting	34.89	363	
17.	PONTE Andre Carreiro	92	S14		Naval de Ponta Delgada	30.13	356	
18.	ZAPOROZHETS Bohdan	05	S10	3,5	Columbofila Cantanhedense	33.28	350	
19.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	43.45	319	
20.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	36.69	312	
21.	MAGALHAES Luis Gabriel	07	S10		Lousada SXXI	34.86	305	
22.	GASPAR Duarte Miguel	84	S8	1,2,4	Palmela	39.78	301	

Prova 14, Masc., 50m Livres, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
23.	NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	47.60	296	
24.	SILVA Nuno Alexandre	92	S14		Sporting	32.15	293	
25.	SILVA Luis Miguel	97	S9	1,3,5	Naval de Ponta Delgada	38.49	270	
26.	CAIRES Bruno Miguel	96	S7	A12+	FC Ferreiras/AlgarExperience	43.38	255	
27.	MONTEIRO Luis Miguel	96	S14		ADADA Porto	35.94	210	
28.	PAULO Marcelo Santos	00	S6	A 1,2,4,12+	Olhar 21	54.36	163	
29.	SILVA Tiago Manuel	05	S3	A 1,3,5,12+	CLAC-Entroncamento	1:21.50	142	
30.	CRUZ Diogo Rafael	03	S14		Sporting de Espinho	41.21	139	
	AMARAL Joao Costa	95	S14		Sporting de Espinho	41.26	139	
32.	SILVA Welisson Goncalo	05	S14		Alhandra	42.33	128	
33.	SOUSA Helder Ferreira	75	S7	12+	Porto	54.76	127	
34.	VIEIRA Micael Alexandre	07	S14		Alhandra	47.53	91	
35.	MOSKOVITSEV Iliia	08	S5	A 3,5,12	ADADA Porto	1:22.06	58	
36.	CRISTINA Rafael Alexandre	07	S5	A 3,5,12	Palmela	1:34.79	38	
37.	MOSKOVITSEV Semen	08	S5	A 3,5,12+	ADADA Porto	1:58.82	19	
38.	AMORIM Manuel Maria	09	S7	A 3,5,12+	ADADA Porto	2:03.74	11	

Classe S15 (Auditiva)-Absolutos

1.	NEVES Tiago Correia	97	S15	H	Belenenses	26.16		
2.	BELEZAS Ricardo Andrade	91	S15	H	Sporting	27.20		
3.	NEVES Diogo Correia	94	S15	H	Colegio Vasco da Gama	28.56		
4.	FERREIRA Josemar Joel	95	S15	H	Sporting	29.77		

Classe S17-Absolutos

1.	OLIVEIRA Daniel Mendo <i>Rec Nac Classe S17</i>	05	S17		Olhar 21	32.99		
2.	RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	33.69		
3.	VARGAS Fabio Raddatz	08	S17		Rio Maior	35.17		
4.	REBOCHO Pedro Xavier	02	S17	A, W	Sporting de Aveiro	35.18		
5.	OLIVEIRA Americo Manuel	08	S17		Gondomar	35.35		

Prova 14, Masc., 50m Livres, Classe S17-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
6.	BRANCO Miguel Paiva	97	S17	A	APPDAlCoimbra	35.67		
7.	DIAS Miguel Duarte	07	S17		AAMA	36.64		
8.	VIEIRA Jose Viscaya	07	S17	A,W	Sporting de Aveiro	37.68		
9.	MENDES Humberto Julio	90	S17		ADADA Porto	38.63		
10.	PAIVA David Silva	04	S17		Porto	38.95		
11.	SANTOS Carlos Manuel	87	S17	A	APPDAlCoimbra	38.99		
12.	GUIMARAES Bruno Ricardo	94	S17		Individual ANNP	41.72		
13.	VIEGAS Tomas Filipe	04	S17		FC Ferreiras/AlgarExperience	45.40		
14.	MADEIRA Joao Maria	01	S17		AAMA	45.49		
15.	SANTOS Vitor Manuel	97	S17		APPDAlCoimbra	45.63		
16.	VENTURA Tiago Miguel	99	S17		APPDAlCoimbra	48.60		
17.	BARBOSA Santiago Batista	08	S17		ADADA Porto	49.16		
18.	OLIVEIRA Luis Pires	00	S17		Vilacondense	53.09		
19.	SOUSA Noe Martins	82	S17		APPDAlCoimbra	54.21		
20.	GUIMARAES Nuno Rafael	09	S17		ADADA Porto	1:02.31		

Classe S21 (SDown)-Absolutos

1.	PEREIRA Vicente Barros <i>World DSISO Record</i>	05	S21		Sporting	30.04		
2.	SANTOS Filipe Bjorcke <i>European Master DSISO Record</i>	88	S21		Lagoa AC	33.39		
3.	PESTANA Rui Miguel	00	S21		Sporting	34.49		
4.	REGO Diogo Almeida	97	S21		Sporting de Aveiro	34.75		
5.	EUSEBIO Marcelo Esteves	02	S21		ADADA Porto	38.98		
6.	SANTOS Tomas Aniceto	99	S21		Feira Viva	40.20		
7.	NETO Claudio Fabiano	08	S21		Sporting	41.01		
8.	SILVA Alexandre Martins	99	S21		Lagoa AC	41.07		
9.	ANTUNES Joao Pedro	87	S21		Lagoa AC	45.99		
10.	SA Bernardo Maximo	99	S21		APPACDM Albergaria	49.68		
11.	ANDRADE Joao Barge	06	S21		Feira Viva	54.66		
DNS	CALADO Manuel Carrola	00	S21	W	FC Ferreiras/AlgarExperience			

Classe S3-Seniores

1.	SILVA Tiago Manuel	05	S3	A 1,3,5,12+	CLAC-Entroncamento	1:21.50	142	
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Prova 14, Masc., 50m Livres

Classe S5-Esperanças

1. MOSKOVTSEV Iliia	08	S5	A 3,5,12	ADADA Porto	1:22.06	58
2. CRISTINA Rafael Alexandre	07	S5	A 3,5,12	Palmela	1:34.79	38
3. MOSKOVTSEV Semen	08	S5	A 3,5,12+	ADADA Porto	1:58.82	19

Classe S5-Seniores

1. ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	41.58	445
2. MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	42.91	405
3. NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	47.60	296

Classe S6-Seniores

1. OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	38.31	465
2. PINTO Jose Manuel	00	S6	A,12	ADADA Porto	43.45	319
3. PAULO Marcelo Santos	00	S6	A 1,2,4,12+	Olhar 21	54.36	163

Classe S7-Esperanças

1. AMORIM Manuel Maria	09	S7	A 3,5,12+	ADADA Porto	2:03.74	11
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Classe S7-Seniores

1. CAMPOS Joao Miguel	79	S7	6.12,+	ADADA Porto	35.80	454
2. CAIRES Bruno Miguel	96	S7	A12+	FC Ferreiras/AlgarExperience	43.38	255
3. SOUSA Helder Ferreira	75	S7	12+	Porto	54.76	127

Classe S8-Seniores

1. LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior	30.20	687
2. PICOTO Rafael Ramirez	05	S8	A H,3,5,12+	Rio Maior	33.75	492
3. REIS Bruno Ferreira	00	S8	12+	Porto	33.93	485
4. GASPAS Carlos Emanuel	86	S8		Litoral Alentejano	34.68	454
5. GASPAS Duarte Miguel	84	S8	1,2,4	Palmela	39.78	301

Prova 14, Masc., 50m Livres

Classe S9-Esperanças

1. MENDES Gil Mota	09	S9	3,5	Escola Carregal do Sal	32.27	459
2. REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	36.69	312

Classe S9-Seniores

1. AZEVEDO Daniel Torres	01	S9	12+	Desportiva Limiana	33.70	403
2. COUTO Alexandre Costa	01	S9	W 12+	Sporting	34.89	363
3. SILVA Luis Miguel	97	S9	1,3,5	Naval de Ponta Delgada	38.49	270

Classe S10-Esperanças

1. MAGALHAES Luis Gabriel	07	S10		Lousada SXXI	34.86	305
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Classe S10-Seniores

1. CORDEIRO Tomas Coelho	04	S10	3,5,12+	Colegio Efanor	27.95	591
2. MARTINS Samuel Vila	05	S10	8	Palmela	30.19	469
3. ZAPOROZHETS Bohdan	05	S10	3,5	Columbofila Cantanhedense	33.28	350

Classe S110-Seniores

1. FIDALGO Joao Matos	03	S110	3,4	Gesloures	27.78	
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Classe S11-Seniores

1. MENESES Marco Ribeiro	01	S11	T	O Crasto	27.93	822
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Classe S12-Seniores

1. CRUZ Joao Tanica	92	S12	T A	Palmela	32.69	379
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Classe S13-Seniores

1. FRASCO Pedro Molim	01	S13		Braga	29.85	486
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Classe S14-Esperanças

1. VIEIRA Micael Alexandre	07	S14		Alhandra	47.53	91
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Prova 14, Masc., 50m Livres

Classe S14-Seniores

1.	PONTE Andre Carreiro	92	S14		Naval de Ponta Delgada	30.13	356
2.	SILVA Nuno Alexandre	92	S14		Sporting	32.15	293
3.	MONTEIRO Luis Miguel	96	S14		ADADA Porto	35.94	210
4.	CRUZ Diogo Rafael	03	S14		Sporting de Espinho	41.21	139
	AMARAL Joao Costa	95	S14		Sporting de Espinho	41.26	139
6.	SILVA Welisson Goncalo	05	S14		Alhandra	42.33	128

Classe S15 (Auditiva)-Seniores

1.	NEVES Tiago Correia	97	S15	H	Belenenses	26.16	
2.	BELEZAS Ricardo Andrade	91	S15	H	Sporting	27.20	
3.	NEVES Diogo Correia	94	S15	H	Colegio Vasco da Gama	28.56	
4.	FERREIRA Josemar Joel	95	S15	H	Sporting	29.77	

Classe S17-Esperanças

1.	VARGAS Fabio Raddatz	08	S17		Rio Maior	35.17	
2.	OLIVEIRA Americo Manuel	08	S17		Gondomar	35.35	
3.	DIAS Miguel Duarte	07	S17		AAMA	36.64	
4.	VIEIRA Jose Viscaya	07	S17	A,W	Sporting de Aveiro	37.68	
5.	BARBOSA Santiago Batista	08	S17		ADADA Porto	49.16	
6.	GUIMARAES Nuno Rafael	09	S17		ADADA Porto	1:02.31	

Classe S17-Seniores

1.	OLIVEIRA Daniel Mendo	05	S17		Olhar 21	32.99	
	<i>Rec Nac Classe S17</i>						
2.	RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	33.69	
3.	REBOCHO Pedro Xavier	02	S17	A, W	Sporting de Aveiro	35.18	
4.	BRANCO Miguel Paiva	97	S17	A	APPDACOimbra	35.67	
5.	MENDES Humberto Julio	90	S17		ADADA Porto	38.63	
6.	PAIVA David Silva	04	S17		Porto	38.95	
7.	SANTOS Carlos Manuel	87	S17	A	APPDACOimbra	38.99	
8.	GUIMARAES Bruno Ricardo	94	S17		Individual ANNP	41.72	
9.	VIEGAS Tomas Filipe	04	S17		FC Ferreiras/AlgarExperience	45.40	
10.	MADEIRA Joao Maria	01	S17		AAMA	45.49	
11.	SANTOS Vitor Manuel	97	S17		APPDACOimbra	45.63	
12.	VENTURA Tiago Miguel	99	S17		APPDACOimbra	48.60	
13.	OLIVEIRA Luis Pires	00	S17		Vilacondense	53.09	
14.	SOUSA Noe Martins	82	S17		APPDACOimbra	54.21	

Prova 14, Masc., 50m Livres

Classe S21 (SDown)-Esperanças

1. NETO Claudio Fabiano	08	S21	Sporting	41.01
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Classe S21 (SDown)-Seniores

1. PEREIRA Vicente Barros <i>World DSISO Record</i>	05	S21	Sporting	30.04
2. SANTOS Filipe Bjorcke <i>European Master DSISO Record</i>	88	S21	Lagoa AC	33.39
3. PESTANA Rui Miguel	00	S21	Sporting	34.49
4. REGO Diogo Almeida	97	S21	Sporting de Aveiro	34.75
5. EUSEBIO Marcelo Esteves	02	S21	ADADA Porto	38.98
6. SANTOS Tomas Aniceto	99	S21	Feira Viva	40.20
7. SILVA Alexandre Martins	99	S21	Lagoa AC	41.07
8. ANTUNES Joao Pedro	87	S21	Lagoa AC	45.99
9. SA Bernardo Maximo	99	S21	APPACDM Albergaria	49.68
10. ANDRADE Joao Barge	06	S21	Feira Viva	54.66
DNS CALADO Manuel Carrola	00	S21	W FC Ferreiras/AlgarExperience	

Prova 15
20/05/2023

4 x 100m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S14, Masc.						
1. Feira Viva-S14			Feira Viva	5:09.16		
DUARTE Samuel Lima S14	+0,75	29.60	1:02.51	PATRICIO Rodrigo Oliveira S14	+0,78	34.15 1:11.44
GOMES Diogo Lopes S21	+0,63	38.30	1:24.27	SANTOS Tomas Aniceto S21	+0,77	42.21 1:30.94
Sporting-S14						
SILVA Nuno Alexandre S14	+0,80	34.25	1:14.52	VAZ Joao Francisco S21		41.18 1:27.89
NETO Claudio Fabiano S21		50.69	1:50.17	RIBEIRO Jose Carneirinho S14	+0,47	36.19 1:20.26
Sporting de Aveiro-S14						
REGO Diogo Almeida S21	+0,85	36.53	1:22.31	TEIXEIRA Joao Meirinhos S14	+0,82	41.42 1:25.71
RIBEIRO David Saraiva S21	+0,76	49.90	1:49.50	DUARTE Orlando Constancio S14	+0,86	40.18 1:27.79

Prova 15, 4 x 100m Livres

Classe S14, Femin.

1. ADADA Porto-S14				ADADA Porto		6:56.17	
ALMEIDA Beatriz Moreira S14	55.23	1:54.67	REGO Joana Candeias S14	+0,90	48.91	1:51.23	
GOUVEIA Susana Raquel S14	44.21	1:36.79	SOARES Maria Mafalda S14		44.63	1:33.48	
Feira Viva-S14				Feira Viva		7:45.59	
REIS Filipa Sa S21	46.41	1:39.04	REIS Adriana Godinho S21		53.17	1:47.83	
MONTEIRO Raquel Rocilio S14	+0,82	49.06	CASTRO Bruna Gomes S21	+0,61	1:12.74	2:35.49	

Classe S17, Masc.

1. APPDAlCoimbra-S17				APPDAlCoimbra		6:47.07	
<i>Rec Nac Classe S17</i>							
SANTOS Vitor Manuel S17	45.83	1:45.36	SANTOS Carlos Manuel S17	+0,66	45.69	1:31.83	
SOUSA Noe Martins S17	+0,94	59.87	BRANCO Miguel Paiva S17	+0,50	39.07	1:21.74	

Classe S21 (SDown), Masc.

1. Sporting-S21				Sporting		5:14.01	
<i>Rec Nac Classe S21</i>							
PESTANA Rui Miguel S21	+0,91	37.54	1:26.36	MATOS Diogo Alexandre S21	+0,53	36.83	1:20.34
ALMEIDA Andre Reis S21	+0,15	34.15	1:15.70	PEREIRA Vicente Barros S21	+0,67	32.45	1:11.61

34 Pontos, Masc.

1. Porto-34P				Porto		5:34.51	
SILVA Renato Filipe S9	+0,94	30.45	1:04.21	MOREIRA Ricardo Jorge S5	+0,30	45.01	1:36.40
REIS Bruno Ferreira S8	+0,87	34.80	1:12.16	NASCIMENTO Luis Carlos S5		49.61	1:41.74
ADADA Porto-34P				ADADA Porto		5:46.94	
PINTO Jose Manuel S6		47.47	1:39.94	OLIVEIRA Renato Alexandre S6	+0,73	39.00	1:22.51
CAMPOS Joao Miguel S7	+0,71	38.33	1:21.74	REIS Ricardo Silva S9		39.26	1:22.75

2 - 2ª Jornada

21/05/2023 - 9:00

Prova 16 Open
21/05/2023 Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	VEIGA Susana Pereira <i>Rec Nac Classe S9, (parcial 50m)</i>	00	S9	9	Colegio Vasco da Gama	1:20.59	620	
	50m: 39.38 39.38	100m: 1:20.59	41.21					
2.	PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	1:25.99	510	
	50m: 41.67 41.67	100m: 1:25.99	44.32					
3.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	1:50.43	216	
	50m: 53.50 53.50	100m: 1:50.43	56.93					
4.	SIMÕES Diana Vieira	98	S14	W	Sporting de Aveiro	1:54.82	192	
	50m: 55.98 55.98	100m: 1:54.82	58.84					
5.	FERREIRA Carlota Girao <i>Rec Nac Classe S8, (parcial 50m)</i>	06	S8	A,3,5,12+	ADADA Porto	2:13.27	168	
	50m: 1:02.20 1:02.20	100m: 2:13.27	1:11.07					
6.	MENDES Diana Goncalves <i>Rec Nac Classe S7, (parcial 50m)</i>	99	S7	A 12	Natacao Guarda	2:45.39	113	
	50m: 1:17.77 1:17.77	100m: 2:45.39	1:27.62					
7.	SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	2:56.42	93	
	50m: 1:20.38 1:20.38	100m: 2:56.42	1:36.04					

Classe S17-Absolutos

1.	SA Mariana Magalhaes	99	S17		AAMA	2:14.78		
	50m: 1:00.91 1:00.91	100m: 2:14.78	1:13.87					

Classe S21 (SDown)-Absolutos

1.	CASTRO Ana Alexandra	92	S21		Porto	1:59.67		
	50m: 59.04 59.04	100m: 1:59.67	1:00.63					
2.	CASTRO Bruna Gomes	04	S21		Feira Viva	2:20.71		
	50m: 1:07.65 1:07.65	100m: 2:20.71	1:13.06					
3.	GOMES Barbara Ines	91	S21		APC Coimbra	2:21.10		
	50m: 1:11.58 1:11.58	100m: 2:21.10	1:09.52					

Prova 16, Femin., 100m Costas

Classe S7-Seniores

1. MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	2:45.39	113
<i>Rec Nac Classe S7, (parcial 50m)</i>						
50m:	1:17.77	1:17.77	100m:	2:45.39	1:27.62	
2. SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	2:56.42	93
50m:	1:20.38	1:20.38	100m:	2:56.42	1:36.04	

Classe S8-Seniores

1. FERREIRA Carlota Girao	06	S8	A,3,5,12+	ADADA Porto	2:13.27	168
<i>Rec Nac Classe S8, (parcial 50m)</i>						
50m:	1:02.20	1:02.20	100m:	2:13.27	1:11.07	

Classe S9-Seniores

1. VEIGA Susana Pereira	00	S9	9	Colegio Vasco da Gama	1:20.59	620
<i>Rec Nac Classe S9, (parcial 50m)</i>						
50m:	39.38	39.38	100m:	1:20.59	41.21	
2. PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	1:25.99	510
50m:	41.67	41.67	100m:	1:25.99	44.32	

Classe S113-Seniores

1. NEVES Camila Anjos	01	S113		Alhandra	1:45.02	
50m:	50.07	50.07	100m:	1:45.02	54.95	
SANTOS Debora Filipa	92	S113		Individual ANNP	2:27.69	
50m:	1:07.70	1:07.70	100m:	2:27.69	1:19.99	

Classe S14-Seniores

1. MONTEIRO Raquel Rocilio	98	S14		Feira Viva	1:50.43	216
50m:	53.50	53.50	100m:	1:50.43	56.93	
2. SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	1:54.82	192
50m:	55.98	55.98	100m:	1:54.82	58.84	

Classe S17-Seniores

1. SA Mariana Magalhaes	99	S17		AAMA	2:14.78	
50m:	1:00.91	1:00.91	100m:	2:14.78	1:13.87	

Prova 16, Femin., 100m Costas

Classe S21 (SDown)-Seniores

1. CASTRO Ana Alexandra	92	S21	Porto	1:59.67
50m: 59.04 59.04	100m: 1:59.67 1:00.63			
2. CASTRO Bruna Gomes	04	S21	Feira Viva	2:20.71
50m: 1:07.65 1:07.65	100m: 2:20.71 1:13.06			
3. GOMES Barbara Ines	91	S21	APC Coimbra	2:21.10
50m: 1:11.58 1:11.58	100m: 2:21.10 1:09.52			
EXH PERALES Teresa	75	S2	A 1,2,4,12 Spain	2:59.53 513
50m: 1:22.02 1:22.02	100m: 2:59.53 1:37.51			

Prova 17
21/05/2023

Masc., 100m Costas

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	VIDEIRA Daniel Carlos	92	S6	3,5,12+	Gesloures	1:28.27	625	
	50m: 43.27 43.27	100m: 1:28.27 45.00						
2.	SILVA Renato Filipe	98	S9	9	Porto	1:15.06	557	
	50m: 36.06 36.06	100m: 1:15.06 39.00						
3.	PONTE Andre Carreiro	92	S14		Naval de Ponta Delgada	1:17.71	463	
	<i>Rec Nac Classe S14</i>							
	50m: 37.68 37.68	100m: 1:17.71 40.03						
4.	REIS Bruno Ferreira	00	S8	12+	Porto	1:27.11	450	
	50m: 40.93 40.93	100m: 1:27.11 46.18						
5.	PATRICIO Rodrigo Oliveira	05	S14		Feira Viva	1:20.01	424	
	50m: 38.77 38.77	100m: 1:20.01 41.24						
6.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	1:41.03	417	
	50m: 47.61 47.61	100m: 1:41.03 53.42						
7.	CASTANHEIRA Rodolfo Francisco	01	S8	9	Gesloures	1:34.75	350	
	50m: 45.42 45.42	100m: 1:34.75 49.33						
8.	GASPAR Carlos Emanuel	86	S8		Litoral Alentejano	1:34.99	347	
	50m: 45.07 45.07	100m: 1:34.99 49.92						
9.	OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	1:48.93	333	
	50m: 52.81 52.81	100m: 1:48.93 56.12						

Prova 17, Masc., 100m Costas, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
10.	ROCHA Simao Pedro 50m: 43.14 43.14	06	S14	100m: 1:27.45 44.31	Aquatico Pacense	1:27.45	325	
11.	MARTINS Samuel Vila 50m: 41.51 41.51	05	S10	8 100m: 1:25.86 44.35	Palmela	1:25.86	320	
12.	PICOTO Rafael Ramirez 50m: 46.58 46.58	05	S8	A H,3,5,12+ 100m: 1:37.92 51.34	Rio Maior	1:37.92	317	
13.	CRUZ Joao Tanica <i>Rec Nac Classe S12</i> 50m: 44.69 44.69	92	S12	T A 100m: 1:31.53 46.84	Palmela	1:31.53	283	
14.	COUTO Alexandre Costa 50m: 46.83 46.83	01	S9	W 12+ 100m: 1:37.53 50.70	Sporting	1:37.53	254	
15.	MONTEIRO Joao Pedro 50m: 1:01.96 1:01.96	04	S6	A, 3, 5, 1 100m: 2:08.01 1:06.05	Porto	2:08.01	205	
16.	CAIRES Bruno Miguel <i>Rec Nac Classe S7</i> 50m: 56.61 56.61	96	S7	A12+ 100m: 1:59.61 1:03.00	FC Ferreiras/AlgarExperience	1:59.61	194	
17.	TEIXEIRA Joao Meirinhos 50m: 50.92 50.92	96	S14	100m: 1:44.06 53.14	Sporting de Aveiro	1:44.06	193	
18.	SILVA Rodrigo Oliveira 50m: 58.05 58.05	08	S8	A,3,5,12+ 100m: 1:57.76 59.71	Feira Viva	1:57.76	182	
19.	CRUZ Diogo Rafael 50m: 51.35 51.35	03	S14	100m: 1:49.33 57.98	Sporting de Espinho	1:49.33	166	
20.	ALVES Nuno Diogo 50m: 1:03.40 1:03.40	88	S7	*A 12 100m: 2:09.23 1:05.83	Gondomar	2:09.23	154	
21.	REIS Ricardo Silva 50m: 56.98 56.98	09	S9	A,3,5,12+ 100m: 2:00.01 1:03.03	ADADA Porto	2:00.01	136	
22.	COSTA Luis Espinho 50m: 1:11.76 1:11.76	90	S6	A 2,4,12+ 100m: 2:32.28 1:20.52	Alhandra	2:32.28	122	
23.	PAULO Marcelo Santos 50m: 1:27.06 1:27.06	00	S6	A 1,2,4,12+ 100m: 3:12.33 1:45.27	Olhar 21	3:12.33	60	

Prova 17, Masc., 100m Costas, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
DNS	AMORIM Manuel Maria	09	S7	A 3,5,12+	ADADA Porto			

Classe S17-Absolutos

1.	OLIVEIRA Daniel Mendo <i>Rec Nac Classe S17</i>	05	S17		Olhar 21	1:24.76		
	50m: 39.52 39.52	100m: 1:24.76	45.24					
2.	PAIVA David Silva	04	S17		Porto	1:36.74		
	50m: 47.07 47.07	100m: 1:36.74	49.67					
3.	VARGAS Fabio Raddatz	08	S17		Rio Maior	1:45.97		
	50m: 55.16 55.16	100m: 1:45.97	50.81					
4.	SANTOS Carlos Manuel	87	S17	A	APPDAlCoimbra	1:50.72		
	50m: 50.87 50.87	100m: 1:50.72	59.85					
5.	VIEGAS Tomas Filipe	04	S17		FC Ferreiras/AlgarExperience	2:05.62		
	50m: 1:01.07 1:01.07	100m: 2:05.62	1:04.55					
DSQ	SOARES Vasco Feliciano <i>3.3.6 - O(A) atleta não chegou na posição dorsal - IPC 3.3.6</i>	09	S17		Feira Viva			

Classe S21 (SDown)-Absolutos

1.	ALMEIDA Andre Reis	00	S21		Sporting	1:32.30		
	50m: 43.83 43.83	100m: 1:32.30	48.47					
2.	SA Bernardo Maximo	99	S21		APPACDM Albergaria	1:54.05		
	50m: 53.63 53.63	100m: 1:54.05	1:00.42					
3.	RIBEIRO David Saraiva	96	S21		Sporting de Aveiro	1:58.73		
	50m: 57.54 57.54	100m: 1:58.73	1:01.19					
4.	PEREIRA Joel Alexandre	92	S21		APC Coimbra	2:00.71		
	50m: 58.68 58.68	100m: 2:00.71	1:02.03					
5.	ANDRADE Joao Barge	06	S21		Feira Viva	2:11.79		
	50m: 58.51 58.51	100m: 2:11.79	1:13.28					
6.	GONCALVES Hugo Bernardo	96	S21		Porto	2:12.13		
	50m: 1:05.62 1:05.62	100m: 2:12.13	1:06.51					
7.	CORREIA Diogo Miguel	08	S21		Feira Viva	2:30.26		
	50m: 1:07.89 1:07.89	100m: 2:30.26	1:22.37					
DNS	CALADO Manuel Carrola	00	S21	W	FC Ferreiras/AlgarExperience			

Prova 17, Masc., 100m Costas

Classe S6-Seniores

1. VIDEIRA Daniel Carlos	92	S6	3,5,12+	Geslours	1:28.27	625
50m: 43.27 43.27	100m: 1:28.27	45.00				
2. PINTO Jose Manuel	00	S6	A,12	ADADA Porto	1:41.03	417
50m: 47.61 47.61	100m: 1:41.03	53.42				
3. OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	1:48.93	333
50m: 52.81 52.81	100m: 1:48.93	56.12				
4. MONTEIRO Joao Pedro	04	S6	A, 3, 5, 1	Porto	2:08.01	205
50m: 1:01.96 1:01.96	100m: 2:08.01	1:06.05				
5. COSTA Luis Espinho	90	S6	A 2,4,12+	Alhandra	2:32.28	122
50m: 1:11.76 1:11.76	100m: 2:32.28	1:20.52				
6. PAULO Marcelo Santos	00	S6	A 1,2,4,12+	Olhar 21	3:12.33	60
50m: 1:27.06 1:27.06	100m: 3:12.33	1:45.27				

Classe S7-Esperanças

DNS AMORIM Manuel Maria 09 S7 A 3,5,12+ ADADA Porto

Classe S8-Esperanças

1. SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	1:57.76	182
50m: 58.05 58.05	100m: 1:57.76	59.71				

Classe S7-Seniores

1. CAIRES Bruno Miguel <i>Rec Nac Classe S7</i>	96	S7	A12+	FC Ferreiras/AlgarExperience	1:59.61	194
50m: 56.61 56.61	100m: 1:59.61	1:03.00				
2. ALVES Nuno Diogo	88	S7	*A 12	Gondomar	2:09.23	154
50m: 1:03.40 1:03.40	100m: 2:09.23	1:05.83				

Prova 17, Masc., 100m Costas

Classe S8-Seniores

1.	REIS Bruno Ferreira	00	S8	12+	Porto	1:27.11	450
	50m: 40.93 40.93			100m: 1:27.11 46.18			
2.	CASTANHEIRA Rodolfo Francisco	01	S8	9	Geslours	1:34.75	350
	50m: 45.42 45.42			100m: 1:34.75 49.33			
3.	GASPAR Carlos Emanuel	86	S8		Litoral Alentejano	1:34.99	347
	50m: 45.07 45.07			100m: 1:34.99 49.92			
4.	PICOTO Rafael Ramirez	05	S8	A H,3,5,12+	Rio Maior	1:37.92	317
	50m: 46.58 46.58			100m: 1:37.92 51.34			

Classe S9-Esperanças

1.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	2:00.01	136
	50m: 56.98 56.98			100m: 2:00.01 1:03.03			

Classe S9-Seniores

1.	SILVA Renato Filipe	98	S9	9	Porto	1:15.06	557
	50m: 36.06 36.06			100m: 1:15.06 39.00			
2.	COUTO Alexandre Costa	01	S9	W 12+	Sporting	1:37.53	254
	50m: 46.83 46.83			100m: 1:37.53 50.70			

Classe S10-Seniores

1.	MARTINS Samuel Vila	05	S10	8	Palmela	1:25.86	320
	50m: 41.51 41.51			100m: 1:25.86 44.35			

Classe S110-Seniores

1.	FIDALGO Joao Matos	03	S110	3,4	Geslours	1:06.47	
	50m: 32.82 32.82			100m: 1:06.47 33.65			

Classe S12-Seniores

1.	CRUZ Joao Tanica <i>Rec Nac Classe S12</i>	92	S12	T A	Palmela	1:31.53	283
	50m: 44.69 44.69			100m: 1:31.53 46.84			

Prova 17, Masc., 100m Costas

Classe S14-Seniores

1. PONTE Andre Carreiro	92	S14	Naval de Ponta Delgada	1:17.71	463
<i>Rec Nac Classe S14</i>					
50m:	37.68	37.68	100m:	1:17.71	40.03
2. PATRICIO Rodrigo Oliveira	05	S14	Feira Viva	1:20.01	424
50m:	38.77	38.77	100m:	1:20.01	41.24
3. ROCHA Simao Pedro	06	S14	Aquatico Pacense	1:27.45	325
50m:	43.14	43.14	100m:	1:27.45	44.31
4. TEIXEIRA Joao Meirinhos	96	S14	Sporting de Aveiro	1:44.06	193
50m:	50.92	50.92	100m:	1:44.06	53.14
5. CRUZ Diogo Rafael	03	S14	Sporting de Espinho	1:49.33	166
50m:	51.35	51.35	100m:	1:49.33	57.98

Classe S17-Esperanças

1. VARGAS Fabio Raddatz	08	S17	Rio Maior	1:45.97	
50m:	55.16	55.16	100m:	1:45.97	50.81
DSQ SOARES Vasco Feliciano	09	S17	Feira Viva		
<i>3.3.6 - O(A) atleta não chegou na posição dorsal - IPC 3.3.6</i>					

Classe S17-Seniores

1. OLIVEIRA Daniel Mendo	05	S17	Olhar 21	1:24.76	
<i>Rec Nac Classe S17</i>					
50m:	39.52	39.52	100m:	1:24.76	45.24
2. PAIVA David Silva	04	S17	Porto	1:36.74	
50m:	47.07	47.07	100m:	1:36.74	49.67
3. SANTOS Carlos Manuel	87	S17 A	APPDAlCoimbra	1:50.72	
50m:	50.87	50.87	100m:	1:50.72	59.85
4. VIEGAS Tomas Filipe	04	S17	FC Ferreiras/AlgarExperience	2:05.62	
50m:	1:01.07	1:01.07	100m:	2:05.62	1:04.55

Classe S21 (SDown)-Esperanças

1. CORREIA Diogo Miguel	08	S21	Feira Viva	2:30.26	
50m:	1:07.89	1:07.89	100m:	2:30.26	1:22.37

Prova 17, Masc., 100m Costas

Classe S21 (SDown)-Seniores

1.	ALMEIDA Andre Reis	00	S21	Sporting	1:32.30
	50m: 43.83 43.83	100m: 1:32.30 48.47			
2.	SA Bernardo Maximo	99	S21	APPACDM Albergaria	1:54.05
	50m: 53.63 53.63	100m: 1:54.05 1:00.42			
3.	RIBEIRO David Saraiva	96	S21	Sporting de Aveiro	1:58.73
	50m: 57.54 57.54	100m: 1:58.73 1:01.19			
4.	PEREIRA Joel Alexandre	92	S21	APC Coimbra	2:00.71
	50m: 58.68 58.68	100m: 2:00.71 1:02.03			
5.	ANDRADE Joao Barge	06	S21	Feira Viva	2:11.79
	50m: 58.51 58.51	100m: 2:11.79 1:13.28			
6.	GONCALVES Hugo Bernardo	96	S21	Porto	2:12.13
	50m: 1:05.62 1:05.62	100m: 2:12.13 1:06.51			
DNS	CALADO Manuel Carrola	00	S21 W	FC Ferreiras/AlgarExperience	

Prova 18

Femin., 200m Mariposa

10 anos e mais velhos

21/05/2023

Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Prova 19						10 anos e mais velhos		
21/05/2023						Resultados		

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S14-Absoluto, Masc.								

1.	NASCIMENTO Levi Daniel	99	S14	O2-Portimao	3:35.48	230
	50m: 42.64 42.64	100m: 1:34.04 51.40	150m: 2:33.24 59.20	200m: 3:35.48 1:02.24		
2.	RIBEIRO Pedro Miguel	91	S14	Gondomar	3:45.53	201
	50m: 48.83 48.83	100m: 1:48.19 59.36	150m: 2:50.98 1:02.79	200m: 3:45.53 54.55		
3.	DUARTE Orlando Constancio	89	S14	Sporting de Aveiro	4:09.69	148
	50m: 54.53 54.53	100m: 1:58.11 1:03.58	150m: 3:03.57 1:05.46	200m: 4:09.69 1:06.12		

Classe S21 (SDown)-Absoluto, Masc.

1.	SANTOS Filipe Bjorcke	88	S21	Lagoa AC	3:24.06
	50m: 39.69 39.69	100m: 1:29.59 49.90	150m: 2:27.96 58.37	200m: 3:24.06 56.10	
2.	VAZ Joao Francisco	92	S21	Sporting	3:25.07
	50m: 40.51 40.51	100m: 1:32.64 52.13	150m: 2:27.86 55.22	200m: 3:25.07 57.21	

Splash Meet Manager, 11.76727

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



DESPORTO PARATODOS
PROGRAMA NACIONAL

PARCEIROS



Prova 19, Masc., 200m Mariposa, Classe S21 (SDown)-Absoluto

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	SANTOS Tomas Aniceto	99	S21		Feira Viva	4:02.09		
	50m: 50.61 50.61	100m: 1:52.19	1:01.58	150m: 2:56.63	1:04.44	200m: 4:02.09	1:05.46	

Classe S21 (SDown)-Absoluto, Femin.

1.	TORRES Diana Ines	99	S21		Porto	4:05.28		
	50m: 48.78 48.78	100m: 1:52.41	1:03.63	150m: 3:00.15	1:07.74	200m: 4:05.28	1:05.13	
2.	REIS Adriana Godinho	95	S21		Feira Viva	4:28.94		
	<i>European Master DSISO Record</i>	50m: 1:00.22	1:00.22	100m: 2:07.93	1:07.71	150m: 3:18.71	1:10.78	200m: 4:28.94 1:10.23

Classe S14-Seniores, Masc.

1.	NASCIMENTO Levi Daniel	99	S14		O2-Portimao	3:35.48	230	
	50m: 42.64 42.64	100m: 1:34.04	51.40	150m: 2:33.24	59.20	200m: 3:35.48	1:02.24	
2.	RIBEIRO Pedro Miguel	91	S14		Gondomar	3:45.53	201	
	50m: 48.83 48.83	100m: 1:48.19	59.36	150m: 2:50.98	1:02.79	200m: 3:45.53	54.55	
3.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	4:09.69	148	
	50m: 54.53 54.53	100m: 1:58.11	1:03.58	150m: 3:03.57	1:05.46	200m: 4:09.69	1:06.12	

Classe S21 (SDown)-Seniores, Masc.

1.	SANTOS Filipe Bjorcke	88	S21		Lagoa AC	3:24.06		
	50m: 39.69 39.69	100m: 1:29.59	49.90	150m: 2:27.96	58.37	200m: 3:24.06	56.10	
2.	VAZ Joao Francisco	92	S21		Sporting	3:25.07		
	50m: 40.51 40.51	100m: 1:32.64	52.13	150m: 2:27.86	55.22	200m: 3:25.07	57.21	
3.	SANTOS Tomas Aniceto	99	S21		Feira Viva	4:02.09		
	50m: 50.61 50.61	100m: 1:52.19	1:01.58	150m: 2:56.63	1:04.44	200m: 4:02.09	1:05.46	

Classe S21 (SDown)-Seniores, Femin.

1.	TORRES Diana Ines	99	S21		Porto	4:05.28		
	50m: 48.78 48.78	100m: 1:52.41	1:03.63	150m: 3:00.15	1:07.74	200m: 4:05.28	1:05.13	
2.	REIS Adriana Godinho	95	S21		Feira Viva	4:28.94		
	<i>European Master DSISO Record</i>	50m: 1:00.22	1:00.22	100m: 2:07.93	1:07.71	150m: 3:18.71	1:10.78	200m: 4:28.94 1:10.23

Prova 20
21/05/2023

Femin., 50m Costas

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	SOARES Maria Mafalda	02	S14		ADADA Porto	50.46	231	
2.	CARVALHO Ana Filipa	88	S14		Sporting	55.73	172	
3.	HROBOVETS Alisa	09	S5	A, 3, 5, 1	FC Ferreiras/AlgarExperience	1:33.75	104	
4.	GUEDES Gabriela Maria	02	S4	A 3,5,12	Feira Viva	2:02.50	80	
5.	PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	1:56.31	55	
Classe S17-Absolutos								
1.	SA Mariana Magalhaes	99	S17		AAMA	1:00.61		
2.	FERREIRA Francisca Araujo	96	S17		ADADA Porto	1:05.47		
Classe S21 (SDown)-Absolutos								
1.	CASTRO Bruna Gomes	04	S21		Feira Viva	1:08.04		
2.	GOMES Barbara Ines	91	S21		APC Coimbra	1:13.51		
DNS	MACHADO Ana Catarina	94	S21		ADADA Porto			
Classe S4-Seniores								
1.	GUEDES Gabriela Maria	02	S4	A 3,5,12	Feira Viva	2:02.50	80	
Classe S5-Esperanças								
1.	HROBOVETS Alisa	09	S5	A, 3, 5, 1	FC Ferreiras/AlgarExperience	1:33.75	104	
Classe S5-Seniores								
1.	PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	1:56.31	55	
Classe S14-Seniores								
1.	SOARES Maria Mafalda	02	S14		ADADA Porto	50.46	231	
2.	CARVALHO Ana Filipa	88	S14		Sporting	55.73	172	

Prova 20, Femin., 50m Costas

Classe S17-Seniores

1. SA Mariana Magalhaes	99	S17	AAMA	1:00.61
2. FERREIRA Francisca Araujo	96	S17	ADADA Porto	1:05.47

Classe S21 (SDown)-Seniores

1. CASTRO Bruna Gomes	04	S21	Feira Viva	1:08.04
2. GOMES Barbara Ines	91	S21	APC Coimbra	1:13.51
DNS MACHADO Ana Catarina	94	S21	ADADA Porto	

Prova 21
21/05/2023

Masc., 50m Costas

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S1-S14-Absolutos

1.	ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	46.25	408	
2.	MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	50.34	316	
3.	NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	54.19	253	
4.	MONTEIRO Luis Miguel	96	S14		ADADA Porto	43.96	250	
5.	LOURENCO Manuel Antonio	04	S14	A	Olhar 21	44.22	246	
6.	VIEIRA Micael Alexandre	07	S14		Alhandra	47.93	193	
7.	CRUZ Diogo Rafael	03	S14		Sporting de Espinho	49.01	181	
8.	TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	49.02	180	
9.	ALBERGARIA Jose Antonio	98	S4	A,3,5,12+	Feira Viva	1:14.71	176	
10.	AMARAL Joao Costa	95	S14		Sporting de Espinho	55.28	126	
11.	MOSKOVITSEV Iliia	08	S5	A 3,5,12	ADADA Porto	1:24.47	67	
12.	CRISTINA Rafael Alexandre	07	S5	A 3,5,12	Palmela	1:52.91	28	
13.	MOSKOVITSEV Semen	08	S5	A 3,5,12+	ADADA Porto	2:02.43	22	

Classe S15 (Auditiva)-Absolutos

1. FERREIRA Josemar Joel	95	S15	H	Sporting	37.53
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Prova 21, Masc., 50m Costas

Classe S17-Absolutos

1.	REBOCHO Pedro Xavier	02	S17	A, W	Sporting de Aveiro	41.03
2.	SILVA Bruno Miguel	93	S17		Porto	41.49
3.	RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	43.08
4.	MENDES Humberto Julio	90	S17		ADADA Porto	43.37
5.	OLIVEIRA Americo Manuel	08	S17		Gondomar	45.94
6.	VIEIRA Jose Viscaya	07	S17	A, W	Sporting de Aveiro	49.90
7.	GUIMARAES Bruno Ricardo	94	S17		Individual ANNP	54.50
8.	VENTURA Tiago Miguel	99	S17		APPDAlcoimbra	54.72
9.	SOARES Vasco Feliciano	09	S17		Feira Viva	56.32
10.	OLIVEIRA Luis Pires	00	S17		Vilacondense	58.31
11.	GUIMARAES Nuno Rafael	09	S17		ADADA Porto	1:06.72
DSQ	BARBOSA Santiago Batista	08	S17		ADADA Porto	
<i>3.3.1 - O(A) atleta não tinha as duas mãos na pega do bloco no momento da partida - IPC 3.3.1</i>						
DNS	AGUIAR David Joao	07	S17	A	Olhar 21	

Classe S21 (SDown)-Absolutos

1.	ALMEIDA Andre Reis	00	S21		Sporting	42.42
2.	REGO Diogo Almeida	97	S21		Sporting de Aveiro	44.37
3.	MATOS Diogo Alexandre	99	S21		Sporting	44.81
4.	NETO Claudio Fabiano	08	S21		Sporting	45.71
5.	EUSEBIO Marcelo Esteves	02	S21		ADADA Porto	48.00
6.	MONTES Francisco Pessanha	02	S21		ADADA Porto	48.64
7.	SA Bernardo Maximo	99	S21		APPACDM Albergaria	50.31
8.	VICENTE Francisco Jose	99	S21		Sporting	50.85
9.	ANTUNES Joao Pedro	87	S21		Lagoa AC	1:00.48
10.	ANDRADE Joao Barge	06	S21		Feira Viva	1:01.42

Classe S4-Seniores

1.	ALBERGARIA Jose Antonio	98	S4	A,3,5,12+	Feira Viva	1:14.71	176
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Classe S5-Esperanças

1.	MOSKOVITSEV Iliia	08	S5	A 3,5,12	ADADA Porto	1:24.47	67
2.	CRISTINA Rafael Alexandre	07	S5	A 3,5,12	Palmela	1:52.91	28
3.	MOSKOVITSEV Semen	08	S5	A 3,5,12+	ADADA Porto	2:02.43	22

Prova 21, Masc., 50m Costas

Classe S5-Seniores

1. ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	46.25	408
2. MOREIRA Ricardo Jorge	01	S5	A 3 5 12+	Porto	50.34	316
3. NASCIMENTO Luis Carlos	06	S5	3 5 12+	Porto	54.19	253

Classe S14-Esperanças

1. VIEIRA Micael Alexandre	07	S14		Alhandra	47.93	193
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Classe S14-Seniores

1. MONTEIRO Luis Miguel	96	S14		ADADA Porto	43.96	250
2. LOURENCO Manuel Antonio	04	S14	A	Olhar 21	44.22	246
3. CRUZ Diogo Rafael	03	S14		Sporting de Espinho	49.01	181
4. TEIXEIRA Joao Meirinhos	96	S14		Sporting de Aveiro	49.02	180
5. AMARAL Joao Costa	95	S14		Sporting de Espinho	55.28	126

Classe S15 (Auditiva)-Seniores

1. FERREIRA Josemar Joel	95	S15	H	Sporting	37.53	
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Classe S17-Esperanças

1. OLIVEIRA Americo Manuel	08	S17		Gondomar	45.94	
2. VIEIRA Jose Viscaya	07	S17	A,W	Sporting de Aveiro	49.90	
3. SOARES Vasco Feliciano	09	S17		Feira Viva	56.32	
4. GUIMARAES Nuno Rafael	09	S17		ADADA Porto	1:06.72	
DSQ BARBOSA Santiago Batista	08	S17		ADADA Porto		

3.3.1 - O(A) atleta não tinha as duas mãos na pega do bloco no momento da partida - IPC 3.3.1

DNS AGUIAR David Joao	07	S17	A	Olhar 21		
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Classe S17-Seniores

1. REBOCHO Pedro Xavier	02	S17	A, W	Sporting de Aveiro	41.03	
2. SILVA Bruno Miguel	93	S17		Porto	41.49	
3. RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	43.08	
4. MENDES Humberto Julio	90	S17		ADADA Porto	43.37	
5. GUIMARAES Bruno Ricardo	94	S17		Individual ANNP	54.50	
6. VENTURA Tiago Miguel	99	S17		APPDAlcoimbra	54.72	
7. OLIVEIRA Luis Pires	00	S17		Vilacondense	58.31	

Prova 21, Masc., 50m Costas

Classe S21 (SDown)-Esperanças

1. NETO Claudio Fabiano	08	S21	Sporting	45.71
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Classe S21 (SDown)-Seniores

1. ALMEIDA Andre Reis	00	S21	Sporting	42.42
2. REGO Diogo Almeida	97	S21	Sporting de Aveiro	44.37
3. MATOS Diogo Alexandre	99	S21	Sporting	44.81
4. EUSEBIO Marcelo Esteves	02	S21	ADADA Porto	48.00
5. MONTES Francisco Pessanha	02	S21	ADADA Porto	48.64
6. SA Bernardo Maximo	99	S21	APPACDM Albergaria	50.31
7. VICENTE Francisco Jose	99	S21	Sporting	50.85
8. ANTUNES Joao Pedro	87	S21	Lagoa AC	1:00.48
9. ANDRADE Joao Barge	06	S21	Feira Viva	1:01.42

Prova 22

21/05/2023

Femin., 150m Estilos

10 anos e mais velhos

Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Prova 23						10 anos e mais velhos		
21/05/2023						Resultados		

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Prova 24						Open		
21/05/2023						Resultados		

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe SM5-SM14-Absolutos

1. CASTRO Ana Filipa	97	SM8	12	Feira Viva	3:24.76	468
50m: 44.49 44.49	100m: 1:37.60 53.11	150m: 2:43.12 1:05.52	200m: 3:24.76 41.64			
2. PINHO Joana Filipa	02	SM14	Sporting de Aveiro	4:15.18	173	
50m: 1:02.43 1:02.43	100m: 2:10.92 1:08.49	150m: 3:21.82 1:10.90	200m: 4:15.18 53.36			

Classe SM21 (SDown)-Absolutos

1. REIS Filipa Sa	00	SM21	Feira Viva	3:57.57
50m: 52.07 52.07	100m: 1:54.73 1:02.66	150m: 3:03.81 1:09.08	200m: 3:57.57 53.76	

Prova 24, Femin., 200m Estilos

Classe SM8-Seniores

1. CASTRO Ana Filipa	97	SM8	12	Feira Viva	3:24.76	468
50m: 44.49 44.49	100m: 1:37.60 53.11	150m: 2:43.12 1:05.52	200m: 3:24.76 41.64			

Classe SM14-Seniores

1. PINHO Joana Filipa	02	SM14		Sporting de Aveiro	4:15.18	173
50m: 1:02.43 1:02.43	100m: 2:10.92 1:08.49	150m: 3:21.82 1:10.90	200m: 4:15.18 53.36			

Classe SM21 (SDown)-Seniores

1. REIS Filipa Sa	00	SM21		Feira Viva	3:57.57	
50m: 52.07 52.07	100m: 1:54.73 1:02.66	150m: 3:03.81 1:09.08	200m: 3:57.57 53.76			

Prova 25
21/05/2023

Masc., 200m Estilos

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe SM5-SM14-Absolutos								
1.	CORDEIRO Tomas Coelho	04	SM10	3,5,12+	Colegio Efanor	2:22.07	708	
	50m: 30.63 30.63	100m: 1:05.91 35.28	150m: 1:48.38 42.47	200m: 2:22.07 33.69				
2.	SILVA Renato Filipe	98	SM9	9	Porto	2:52.87	497	
	50m: 32.61 32.61	100m: 1:15.73 43.12	150m: 2:15.63 59.90	200m: 2:52.87 37.24				
3.	CAMPOS Joao Miguel	79	SM7	6,12,+	ADADA Porto	3:16.48	475	
	50m: 42.87 42.87	100m: 1:37.22 54.35	150m: 2:32.00 54.78	200m: 3:16.48 44.48				
4.	DUARTE Samuel Lima <i>Rec Nac Classe S14</i>	04	SM14		Feira Viva	2:48.56	449	
	50m: 34.22 34.22	100m: 1:17.88 43.66	150m: 2:12.66 54.78	200m: 2:48.56 35.90				
5.	MENDES Gil Mota	09	SM9	3,5	Escola Carregal do Sal	3:02.11	425	
	50m: 36.40 36.40	100m: 1:23.75 47.35	150m: 2:19.38 55.63	200m: 3:02.11 42.73				
6.	SOARES Ricardo Aderneira	99	SM8	3,5,12+	Gesloures	3:17.37	378	
	50m: 48.21 48.21	100m: 1:37.56 49.35	150m: 2:38.85 1:01.29	200m: 3:17.37 38.52				
7.	CASTANHEIRA Rodolfo Francisco	01	SM8	9	Gesloures	3:20.67	360	
	50m: 45.17 45.17	100m: 1:34.42 49.25	150m: 2:40.80 1:06.38	200m: 3:20.67 39.87				
8.	ALVES Antonio Joaquin	97	SM14		Porto	3:12.94	300	
	50m: 36.17 36.17	100m: 1:28.34 52.17	150m: 2:26.43 58.09	200m: 3:12.94 46.51				

Prova 25, Masc., 200m Estilos, Classe SM5-SM14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
9.	ROCHA Simao Pedro	06	SM14		Aquatico Pacense	3:17.81	278	
	50m: 46.30 46.30	100m: 1:35.62 49.32	150m: 2:35.88 1:00.26	200m: 3:17.81 41.93				
10.	AZEVEDO Daniel Torres	01	SM9	12+	Desportiva Limiana	3:34.44	260	
	50m: 44.18 44.18	100m: 1:44.73 1:00.55	150m: 2:49.52 1:04.79	200m: 3:34.44 44.92				
11.	COUTO Alexandre Costa	01	SM9	W 12+	Sporting	3:35.98	255	
	50m: 46.30 46.30	100m: 1:39.33 53.03	150m: 2:49.62 1:10.29	200m: 3:35.98 46.36				
12.	MAGALHAES Luis Gabriel	07	SM10		Lousada SXXI	3:43.03	183	
	50m: 52.03 52.03	100m: 1:53.08 1:01.05	150m: 2:53.27 1:00.19	200m: 3:43.03 49.76				
13.	RIBEIRO Jose Carneirinho	90	SM14		Sporting	3:51.15	174	
	50m: 47.66 47.66	100m: 1:55.86 1:08.20	150m: 3:07.49 1:11.63	200m: 3:51.15 43.66				
DSQ	MESSENCE Enzo Dylan	05	SM14		FC Ferreiras/AlgarExperience			
	<i>3.6.4 - O(A) atleta não conclui o percurso de braços de acordo com as regras do estilo - IPC 3.6.4</i>							
DSQ	SOUSA Helder Ferreira	75	SM7	12+	Porto			
	<i>3.6.4 - O(A) atleta não conclui o percurso de mariposa de acordo com as regras do estilo - IPC 3.6.4</i>							

Classe SM15 (Auditiva)-Absolutos

1.	BELEZAS Ricardo Andrade	91	SM15	H	Sporting	2:37.31		
	50m: 30.77 30.77	100m: 1:14.22 43.45	150m: 2:02.02 47.80	200m: 2:37.31 35.29				

Classe SM17-Absolutos

1.	CARVALHO Joaquim Eduardo <i>Rec Nac Classe S17</i>	07	SM17		Naval do Funchal	3:00.41		
	50m: 40.56 40.56	100m: 1:28.85 48.29	150m: 2:21.32 52.47	200m: 3:00.41 39.09				
2.	OLIVEIRA Daniel Mendo	05	SM17		Olhar 21	3:03.07		
	50m: 39.06 39.06	100m: 1:24.29 45.23	150m: 2:20.06 55.77	200m: 3:03.07 43.01				
3.	SILVA Andre Guimaraes	96	SM17		Porto	3:11.89		
	50m: 41.02 41.02	100m: 1:29.77 48.75	150m: 2:27.46 57.69	200m: 3:11.89 44.43				

Classe SM21 (SDown)-Absolutos

1.	VAZ Joao Francisco	92	SM21		Sporting	3:09.85		
	50m: 41.73 41.73	100m: 1:32.60 50.87	150m: 2:22.52 49.92	200m: 3:09.85 47.33				
2.	GOMES Diogo Lopes	96	SM21		Feira Viva	3:31.52		
	50m: 47.69 47.69	100m: 1:45.07 57.38	150m: 2:45.84 1:00.77	200m: 3:31.52 45.68				
3.	SILVA Jose Miguel	95	SM21		Sporting	3:39.50		
	50m: 46.12 46.12	100m: 1:45.43 59.31	150m: 2:50.34 1:04.91	200m: 3:39.50 49.16				

Prova 25, Masc., 200m Estilos, Classe SM21 (SDown)-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
4.	MOREIRA Daniel Filipe	97	SM21		Vila DEste/Gaia	4:03.13		
	50m: 49.39 49.39	100m: 1:48.42 59.03	150m: 3:03.59 1:15.17	200m: 4:03.13 59.54				
5.	RIBEIRO David Saraiva	96	SM21		Sporting de Aveiro	4:14.75		
	50m: 54.40 54.40	100m: 2:01.01 1:06.61	150m: 3:12.26 1:11.25	200m: 4:14.75 1:02.49				

Classe SM7-Seniores

1.	CAMPOS Joao Miguel	79	SM7	6.12,+	ADADA Porto	3:16.48	475	
	50m: 42.87 42.87	100m: 1:37.22 54.35	150m: 2:32.00 54.78	200m: 3:16.48 44.48				
DSQ	SOUSA Helder Ferreira	75	SM7	12+	Porto			
<i>3.6.4 - O(A) atleta não conclui o percurso de mariposa de acordo com as regras do estilo - IPC 3.6.4</i>								

Classe SM8-Seniores

1.	SOARES Ricardo Aderneira	99	SM8	3,5,12+	Geslours	3:17.37	378	
	50m: 48.21 48.21	100m: 1:37.56 49.35	150m: 2:38.85 1:01.29	200m: 3:17.37 38.52				
2.	CASTANHEIRA Rodolfo Francisco	01	SM8	9	Geslours	3:20.67	360	
	50m: 45.17 45.17	100m: 1:34.42 49.25	150m: 2:40.80 1:06.38	200m: 3:20.67 39.87				

Classe SM9-Esperanças

1.	MENDES Gil Mota	09	SM9	3,5	Escola Carregal do Sal	3:02.11	425	
	50m: 36.40 36.40	100m: 1:23.75 47.35	150m: 2:19.38 55.63	200m: 3:02.11 42.73				

Classe SM9-Seniores

1.	SILVA Renato Filipe	98	SM9	9	Porto	2:52.87	497	
	50m: 32.61 32.61	100m: 1:15.73 43.12	150m: 2:15.63 59.90	200m: 2:52.87 37.24				
2.	AZEVEDO Daniel Torres	01	SM9	12+	Desportiva Limiana	3:34.44	260	
	50m: 44.18 44.18	100m: 1:44.73 1:00.55	150m: 2:49.52 1:04.79	200m: 3:34.44 44.92				
3.	COUTO Alexandre Costa	01	SM9	W 12+	Sporting	3:35.98	255	
	50m: 46.30 46.30	100m: 1:39.33 53.03	150m: 2:49.62 1:10.29	200m: 3:35.98 46.36				

Classe SM10-Esperanças

1.	MAGALHAES Luis Gabriel	07	SM10		Lousada SXXI	3:43.03	183	
	50m: 52.03 52.03	100m: 1:53.08 1:01.05	150m: 2:53.27 1:00.19	200m: 3:43.03 49.76				

Prova 25, Masc., 200m Estilos

Classe SM10-Seniores

1. CORDEIRO Tomas Coelho	04	SM10	3,5,12+	Colegio Efanor	2:22.07	708
50m: 30.63 30.63	100m: 1:05.91	35.28	150m: 1:48.38	42.47	200m: 2:22.07	33.69

Classe SM14-Seniores

1. DUARTE Samuel Lima	04	SM14		Feira Viva	2:48.56	449
<i>Rec Nac Classe S14</i>						
50m: 34.22 34.22	100m: 1:17.88	43.66	150m: 2:12.66	54.78	200m: 2:48.56	35.90
2. ALVES Antonio Joaquin	97	SM14		Porto	3:12.94	300
50m: 36.17 36.17	100m: 1:28.34	52.17	150m: 2:26.43	58.09	200m: 3:12.94	46.51
3. ROCHA Simao Pedro	06	SM14		Aquatico Pacense	3:17.81	278
50m: 46.30 46.30	100m: 1:35.62	49.32	150m: 2:35.88	1:00.26	200m: 3:17.81	41.93
4. RIBEIRO Jose Carneirinho	90	SM14		Sporting	3:51.15	174
50m: 47.66 47.66	100m: 1:55.86	1:08.20	150m: 3:07.49	1:11.63	200m: 3:51.15	43.66

DSQ MESSENCE Enzo Dylan 05 SM14 FC Ferreiras/AlgarExperience
3.6.4 - O(A) atleta não conclui o percurso de braços de acordo com as regras do estilo - IPC 3.6.4

Classe SM15 (Auditiva)-Seniores

1. BELEZAS Ricardo Andrade	91	SM15 H		Sporting	2:37.31	
50m: 30.77 30.77	100m: 1:14.22	43.45	150m: 2:02.02	47.80	200m: 2:37.31	35.29

Classe SM17-Esperanças

1. CARVALHO Joaquim Eduardo	07	SM17		Naval do Funchal	3:00.41	
<i>Rec Nac Classe S17</i>						
50m: 40.56 40.56	100m: 1:28.85	48.29	150m: 2:21.32	52.47	200m: 3:00.41	39.09

Classe SM17-Seniores

1. OLIVEIRA Daniel Mendo	05	SM17		Olhar 21	3:03.07	
50m: 39.06 39.06	100m: 1:24.29	45.23	150m: 2:20.06	55.77	200m: 3:03.07	43.01
2. SILVA Andre Guimaraes	96	SM17		Porto	3:11.89	
50m: 41.02 41.02	100m: 1:29.77	48.75	150m: 2:27.46	57.69	200m: 3:11.89	44.43

Prova 25, Masc., 200m Estilos

Classe SM21 (SDown)-Seniores

1. VAZ Joao Francisco	92	SM21	Sporting	3:09.85
50m: 41.73 41.73	100m: 1:32.60 50.87	150m: 2:22.52 49.92	200m: 3:09.85 47.33	
2. GOMES Diogo Lopes	96	SM21	Feira Viva	3:31.52
50m: 47.69 47.69	100m: 1:45.07 57.38	150m: 2:45.84 1:00.77	200m: 3:31.52 45.68	
3. SILVA Jose Miguel	95	SM21	Sporting	3:39.50
50m: 46.12 46.12	100m: 1:45.43 59.31	150m: 2:50.34 1:04.91	200m: 3:39.50 49.16	
4. MOREIRA Daniel Filipe	97	SM21	Vila DEste/Gaia	4:03.13
50m: 49.39 49.39	100m: 1:48.42 59.03	150m: 3:03.59 1:15.17	200m: 4:03.13 59.54	
5. RIBEIRO David Saraiva	96	SM21	Sporting de Aveiro	4:14.75
50m: 54.40 54.40	100m: 2:01.01 1:06.61	150m: 3:12.26 1:11.25	200m: 4:14.75 1:02.49	

Prova 26
21/05/2023

Femin., 50m Bruços

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	GUEDES Gabriela Maria	02	SB3	A 3,5,12	Feira Viva	3:33.83	22	

Classe S21 (SDown)-Absolutos

1. GASPAS Matilde Lucia	06	SB21	APC Coimbra	55.51
2. LOURENCO Carolina Caetano	94	SB21	APC Coimbra	1:04.94
3. DUARTE Sara Isabel	91	SB21	Vila DEste/Gaia	1:07.56

Classe S3-Seniores

1. GUEDES Gabriela Maria	02	SB3	A 3,5,12	Feira Viva	3:33.83	22
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Classe S21 (SDown)-Seniores

1. GASPAS Matilde Lucia	06	SB21	APC Coimbra	55.51
2. LOURENCO Carolina Caetano	94	SB21	APC Coimbra	1:04.94
3. DUARTE Sara Isabel	91	SB21	Vila DEste/Gaia	1:07.56

Prova 27
21/05/2023

Masc., 50m Bruços

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	VALENTIM Alberto Guedes <i>Rec Nac Classe S14</i>	07	SB14		Porto	40.28	406	
2.	SILVA Nuno Alexandre	92	SB14		Sporting	45.42	283	
3.	NASCIMENTO Levi Daniel	99	SB14		O2-Portimao	48.33	235	
4.	CRUZ Henrique Benevides	83	SB14		Bombeiros de Ponta Delgada	51.01	200	
5.	AMARAL Joao Costa	95	SB14		Sporting de Espinho	52.63	182	
6.	SILVA Welisson Goncalo	05	SB14		Alhandra	55.19	158	
7.	FARIA Miguel Domingos	02	SB14		FC Ferreiras/AlgarExperience	55.63	154	
8.	MONTEIRO Luis Miguel	96	SB14		ADADA Porto	55.74	153	
9.	MOSKOVITSEV Semen	08	SB4	A 3,5,12+	ADADA Porto	3:28.62	13	
DSQ	MOSKOVITSEV Iliia <i>3.4.6 - O(A) atleta chegou com as mãos alternadas na parede - IPC 3.4.6</i>	08	SB5	A 3,5,12	ADADA Porto			

Classe S15 (Auditiva)-Absolutos

1.	FERREIRA Josemar Joel	95	SB15	H	Sporting	41.19		
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Classe S17-Absolutos

1.	BRANCO Miguel Paiva	97	SB17	A	APPDAlcoimbra	53.24		
2.	MENDES Humberto Julio	90	SB17		ADADA Porto	1:03.92		

Classe S21 (SDown)-Absolutos

1.	MATOS Diogo Alexandre	99	SB21		Sporting	43.22		
2.	VIEIRA Jose Gabriel	83	SB21		FC Ferreiras/AlgarExperience	46.90		
3.	REGO Diogo Almeida	97	SB21		Sporting de Aveiro	47.98		
4.	NETO Claudio Fabiano	08	SB21		Sporting	48.39		
5.	PESTANA Rui Miguel	00	SB21		Sporting	49.56		

Classe S4-Esperanças

1.	MOSKOVITSEV Semen	08	SB4	A 3,5,12+	ADADA Porto	3:28.62	13	
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Classe S5-Esperanças

DSQ	MOSKOVITSEV Iliia <i>3.4.6 - O(A) atleta chegou com as mãos alternadas na parede - IPC 3.4.6</i>	08	SB5	A 3,5,12	ADADA Porto			
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Prova 27, Masc., 50m Bruços

Classe S13-Seniores

1. FRASCO Pedro Molim 01 SB13 Braga **39.22** 453

Classe S14-Esperanças

1. VALENTIM Alberto Guedes 07 SB14 Porto **40.28** 406
Rec Nac Classe S14

Classe S14-Seniores

1. SILVA Nuno Alexandre 92 SB14 Sporting **45.42** 283
2. NASCIMENTO Levi Daniel 99 SB14 O2-Portimao **48.33** 235
3. CRUZ Henrique Benevides 83 SB14 Bombeiros de Ponta Delgada **51.01** 200
4. AMARAL Joao Costa 95 SB14 Sporting de Espinho **52.63** 182
5. SILVA Welisson Goncalo 05 SB14 Alhandra **55.19** 158
6. FARIA Miguel Domingos 02 SB14 FC Ferreiras/AlgarExperience **55.63** 154
7. MONTEIRO Luis Miguel 96 SB14 ADADA Porto **55.74** 153

Classe S15 (Auditiva)-Seniores

1. FERREIRA Josemar Joel 95 SB15 H Sporting **41.19**

Classe S17-Seniores

1. BRANCO Miguel Paiva 97 SB17 A APPDAlCoimbra **53.24**
2. MENDES Humberto Julio 90 SB17 ADADA Porto **1:03.92**

Classe S21 (SDown)-Esperanças

1. NETO Claudio Fabiano 08 SB21 Sporting **48.39**

Classe S21 (SDown)-Seniores

1. MATOS Diogo Alexandre 99 SB21 Sporting **43.22**
2. VIEIRA Jose Gabriel 83 SB21 FC Ferreiras/AlgarExperience **46.90**
3. REGO Diogo Almeida 97 SB21 Sporting de Aveiro **47.98**
4. PESTANA Rui Miguel 00 SB21 Sporting **49.56**

EXH SILVA Luis Miguel 97 SB9 1,3,5 Naval de Ponta Delgada **46.23** 309

Prova 28
21/05/2023

Femin., 50m Mariposa

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	56.28	132	
2.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	57.39	125	
3.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	59.74	111	
4.	REGO Joana Candeias	04	S14		ADADA Porto	1:13.59	59	

Classe S21 (SDown)-Absolutos

1.	TORRES Diana Ines	99	S21		Porto	47.38		
2.	REIS Adriana Godinho	95	S21		Feira Viva	54.71		
3.	MOREIRA Carina Barbosa	81	S21		Gondomar	1:00.12		

Classe S14-Seniores

1.	SIMOES Diana Vieira	98	S14	W	Sporting de Aveiro	56.28	132	
2.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	57.39	125	
3.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	59.74	111	
4.	REGO Joana Candeias	04	S14		ADADA Porto	1:13.59	59	

Classe S21 (SDown)-Seniores

1.	TORRES Diana Ines	99	S21		Porto	47.38		
2.	REIS Adriana Godinho	95	S21		Feira Viva	54.71		
3.	MOREIRA Carina Barbosa	81	S21		Gondomar	1:00.12		

Prova 29
21/05/2023

Masc., 50m Mariposa

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Prova 29, Masc., 50m Mariposa

Classe S1-S14-Absolutos

1.	OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	37.76	559
2.	VIDEIRA Daniel Carlos	92	S6	3,5,12+	Gesloures	40.33	459
3.	CAMPOS Joao Miguel	79	S7	6.12,+	ADADA Porto	38.82	430
4.	ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	45.71	377
5.	PATRICIO Rodrigo Oliveira	05	S14		Feira Viva	34.82	374
6.	RIBEIRO Pedro Miguel	91	S14		Gondomar	39.75	251
7.	COSTA Luis Espinho	90	S6	A 2,4,12+	Alhandra	53.91	192
8.	SA Luis Bernardo	96	S5	A12	Feira Viva	1:02.92	144
9.	SILVA Welisson Goncalo	05	S14		Alhandra	50.57	122
10.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	56.61	87

Classe S15 (Auditiva)-Absolutos

1.	BELEZAS Ricardo Andrade	91	S15	H	Sporting	30.10	
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Classe S17-Absolutos

1.	RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	39.50	
2.	OLIVEIRA Americo Manuel	08	S17		Gondomar	39.51	
3.	SILVA Andre Guimaraes	96	S17		Porto	40.18	

Classe S21 (SDown)-Absolutos

1.	PEREIRA Vicente Barros	05	S21		Sporting	31.48	
2.	SANTOS Filipe Bjorcke <i>World Master DSISO Record</i>	88	S21		Lagoa AC	35.06	
3.	MONTES Francisco Pessanha	02	S21		ADADA Porto	42.02	
4.	VICENTE Francisco Jose	99	S21		Sporting	46.45	
5.	SILVA Alexandre Martins	99	S21		Lagoa AC	47.02	
6.	SANTOS Tomas Aniceto	99	S21		Feira Viva	49.51	
7.	SILVA Jose Miguel	95	S21		Sporting	50.49	

Classe S5-Seniores

1.	ROCHA Ivo Filipe	90	S5	A 12	Feira Viva	45.71	377
2.	SA Luis Bernardo	96	S5	A12	Feira Viva	1:02.92	144

Prova 29, Masc., 50m Mariposa

Classe S6-Seniores

1. OLIVEIRA Renato Alexandre	82	S6	A,1,2,4,8	ADADA Porto	37.76	559
2. VIDEIRA Daniel Carlos	92	S6	3,5,12+	Geslours	40.33	459
3. COSTA Luis Espinho	90	S6	A 2,4,12+	Alhandra	53.91	192

Classe S7-Seniores

1. CAMPOS Joao Miguel	79	S7	6.12,+	ADADA Porto	38.82	430
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Classe S14-Seniores

1. PATRICIO Rodrigo Oliveira	05	S14		Feira Viva	34.82	374
2. RIBEIRO Pedro Miguel	91	S14		Gondomar	39.75	251
3. SILVA Welisson Goncalo	05	S14		Alhandra	50.57	122
4. DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	56.61	87

Classe S15 (Auditiva)-Seniores

1. BELEZAS Ricardo Andrade	91	S15	H	Sporting	30.10	
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Classe S17-Esperanças

1. OLIVEIRA Americo Manuel	08	S17		Gondomar	39.51	
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Classe S17-Seniores

1. RODRIGUES Francisco Simoes	06	S17	A	Olhar 21	39.50	
2. SILVA Andre Guimaraes	96	S17		Porto	40.18	

Classe S21 (SDown)-Seniores

1. PEREIRA Vicente Barros	05	S21		Sporting	31.48	
2. SANTOS Filipe Bjorcke	88	S21		Lagoa AC	35.06	
<i>World Master DSISO Record</i>						
3. MONTES Francisco Pessanha	02	S21		ADADA Porto	42.02	
4. VICENTE Francisco Jose	99	S21		Sporting	46.45	
5. SILVA Alexandre Martins	99	S21		Lagoa AC	47.02	
6. SANTOS Tomas Aniceto	99	S21		Feira Viva	49.51	
7. SILVA Jose Miguel	95	S21		Sporting	50.49	

Prova 30
21/05/2023

Femin., 100m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	1:13.45	598	
	50m: 34.40 34.40	100m: 1:13.45		39.05				
2.	CASTRO Ana Filipa	97	S8	12	Feira Viva	1:20.46	507	
	50m: 39.28 39.28	100m: 1:20.46		41.18				
3.	SOARES Maria Mafalda	02	S14		ADADA Porto	1:34.64	251	
	50m: 45.04 45.04	100m: 1:34.64		49.60				
4.	PINHO Joana Filipa	02	S14		Sporting de Aveiro	1:36.96	233	
	50m: 46.29 46.29	100m: 1:36.96		50.67				
5.	GOUVEIA Susana Raquel	89	S14		ADADA Porto	1:38.11	225	
	50m: 47.08 47.08	100m: 1:38.11		51.03				
6.	FERREIRA Carlota Girao	06	S8	A,3,5,12+	ADADA Porto	1:48.65	206	
	50m: 51.29 51.29	100m: 1:48.65		57.36				
7.	MONTEIRO Raquel Rocilio	98	S14		Feira Viva	1:42.31	198	
	50m: 49.16 49.16	100m: 1:42.31		53.15				
8.	REGO Joana Candeias	04	S14		ADADA Porto	1:50.82	156	
	50m: 52.90 52.90	100m: 1:50.82		57.92				
9.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	1:53.42	146	
	50m: 54.17 54.17	100m: 1:53.42		59.25				
10.	MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	2:32.63	99	
	50m: 1:12.19 1:12.19	100m: 2:32.63		1:20.44				
11.	SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	2:57.22	63	
	50m: 1:13.50 1:13.50	100m: 2:57.22		1:43.72				
12.	PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	5:51.40	11	
	50m: 2:53.65 2:53.65	100m: 5:51.40		2:57.75				

Classe S17-Absolutos

1.	FERREIRA Francisca Araujo	96	S17		ADADA Porto	2:26.78		
	50m: 1:10.75 1:10.75	100m: 2:26.78		1:16.03				

Prova 30, Femin., 100m Livres

Classe S21 (SDown)-Absolutos

1. REIS Filipa Sa	00	S21	Feira Viva	1:38.89
50m: 46.27 46.27	100m: 1:38.89 52.62			
2. GASPAS Matilde Lucia	06	S21	APC Coimbra	1:41.73
50m: 48.38 48.38	100m: 1:41.73 53.35			
3. DUARTE Sara Isabel	91	S21	Vila DEste/Gaia	1:55.71
50m: 51.51 51.51	100m: 1:55.71 1:04.20			
4. CASTRO Ana Alexandra	92	S21	Porto	1:58.16
50m: 55.58 55.58	100m: 1:58.16 1:02.58			
5. LOURENCO Carolina Caetano	94	S21	APC Coimbra	2:06.28
50m: 59.95 59.95	100m: 2:06.28 1:06.33			
6. MOREIRA Carina Barbosa	81	S21	Gondomar	2:15.47
50m: 1:03.22 1:03.22	100m: 2:15.47 1:12.25			
DNS MACHADO Ana Catarina	94	S21	ADADA Porto	

Classe S5-Seniores

1. PENETRO Claudia Filipa	00	S5	A 1,3,12+	Alhandra	5:51.40	11
50m: 2:53.65 2:53.65	100m: 5:51.40 2:57.75					

Classe S7-Seniores

1. MENDES Diana Goncalves	99	S7	A 12	Natacao Guarda	2:32.63	99
50m: 1:12.19 1:12.19	100m: 2:32.63 1:20.44					
2. SANTOS Rita Manuela	96	S7	A,3,5,12,+	ADADA Porto	2:57.22	63
50m: 1:13.50 1:13.50	100m: 2:57.22 1:43.72					

Classe S8-Seniores

1. CASTRO Ana Filipa	97	S8	12	Feira Viva	1:20.46	507
50m: 39.28 39.28	100m: 1:20.46 41.18					
2. FERREIRA Carlota Girao	06	S8	A,3,5,12+	ADADA Porto	1:48.65	206
50m: 51.29 51.29	100m: 1:48.65 57.36					

Classe S9-Seniores

1. PINTO Renata Vaz	99	S9	1,3,5	ADADA Porto	1:13.45	598
50m: 34.40 34.40	100m: 1:13.45 39.05					

Prova 30, Femin., 100m Livres

Classe S110-Seniores

1. LIMA Helen Ticiane	84	S110	Gesloures	2:04.95
50m: 59.54 59.54	100m: 2:04.95 1:05.41			

Classe S113-Seniores

1. NEVES Camila Anjos	01	S113	Alhandra	1:30.93
50m: 43.74 43.74	100m: 1:30.93 47.19			
SANTOS Debora Filipa	92	S113	Individual ANNP	2:07.90
50m: 1:00.51 1:00.51	100m: 2:07.90 1:07.39			

Classe S14-Seniores

1. SOARES Maria Mafalda	02	S14	ADADA Porto	1:34.64	251
50m: 45.04 45.04	100m: 1:34.64 49.60				
2. PINHO Joana Filipa	02	S14	Sporting de Aveiro	1:36.96	233
50m: 46.29 46.29	100m: 1:36.96 50.67				
3. GOUVEIA Susana Raquel	89	S14	ADADA Porto	1:38.11	225
50m: 47.08 47.08	100m: 1:38.11 51.03				
4. MONTEIRO Raquel Rocilio	98	S14	Feira Viva	1:42.31	198
50m: 49.16 49.16	100m: 1:42.31 53.15				
5. REGO Joana Candeias	04	S14	ADADA Porto	1:50.82	156
50m: 52.90 52.90	100m: 1:50.82 57.92				
6. ALMEIDA Beatriz Moreira	04	S14	ADADA Porto	1:53.42	146
50m: 54.17 54.17	100m: 1:53.42 59.25				

Classe S17-Seniores

1. FERREIRA Francisca Araujo	96	S17	ADADA Porto	2:26.78
50m: 1:10.75 1:10.75	100m: 2:26.78 1:16.03			

Classe S21 (SDown)-Seniores

1. REIS Filipa Sa	00	S21	Feira Viva	1:38.89
50m: 46.27 46.27	100m: 1:38.89 52.62			
2. GASPAR Matilde Lucia	06	S21	APC Coimbra	1:41.73
50m: 48.38 48.38	100m: 1:41.73 53.35			
3. DUARTE Sara Isabel	91	S21	Vila DEste/Gaia	1:55.71
50m: 51.51 51.51	100m: 1:55.71 1:04.20			

Prova 30, Femin., 100m Livres, Classe S21 (SDown)-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
4.	CASTRO Ana Alexandra 50m: 55.58 55.58	92	S21	100m: 1:58.16 1:02.58	Porto	1:58.16		
5.	LOURENCO Carolina Caetano 50m: 59.95 59.95	94	S21	100m: 2:06.28 1:06.33	APC Coimbra	2:06.28		
6.	MOREIRA Carina Barbosa 50m: 1:03.22 1:03.22	81	S21	100m: 2:15.47 1:12.25	Gondomar	2:15.47		
DNS	MACHADO Ana Catarina	94	S21		ADADA Porto			

Prova 31
21/05/2023

Masc., 100m Livres

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	CORDEIRO Tomas Coelho 50m: 29.38 29.38	04	S10	3,5,12+ 100m: 1:00.30 30.92	Colegio Efanor	1:00.30	609	
2.	LINHARES Ruben Daniel 50m: 30.32 30.32	97	S8	3,5,12+ 100m: 1:11.55 41.23	Rio Maior	1:11.55	537	
3.	REIS Bruno Ferreira 50m: 34.49 34.49	00	S8	12+ 100m: 1:11.82 37.33	Porto	1:11.82	531	
4.	MESSENCE Enzo Dylan <i>Rec Nac Classe S14</i> 50m: 28.92 28.92	05	S14	100m: 1:01.58 32.66	FC Ferreiras/AlgarExperience	1:01.58	450	
5.	SOARES Ricardo Aderneira 50m: 36.76 36.76	99	S8	3,5,12+ 100m: 1:16.19 39.43	Gesloures	1:16.19	445	
6.	DUARTE Samuel Lima 50m: 30.03 30.03	04	S14	100m: 1:02.29 32.26	Feira Viva	1:02.29	435	
7.	GASPAR Carlos Emanuel 50m: 36.55 36.55	86	S8	100m: 1:17.11 40.56	Litoral Alentejano	1:17.11	429	
8.	PICOTO Rafael Ramirez 50m: 35.47 35.47	05	S8	A H,3,5,12+ 100m: 1:18.19 42.72	Rio Maior	1:18.19	412	
9.	MENDES Gil Mota 50m: 34.89 34.89	09	S9	3,5 100m: 1:14.76 39.87	Escola Carregal do Sal	1:14.76	405	
10.	FRASCO Pedro Molim 50m: 32.96 32.96	01	S13	100m: 1:09.93 36.97	Braga	1:09.93	400	

Prova 31, Masc., 100m Livres, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
11.	PONTE Andre Carreiro 50m: 30.88 30.88	92	S14	100m: 1:04.14 33.26	Naval de Ponta Delgada	1:04.14	398	
12.	MARTINS Samuel Vila 50m: 32.70 32.70	05	S10	100m: 1:10.98 38.28	Palmela	1:10.98	373	
13.	CRUZ Joao Tanica <i>Rec Nac Classe S12</i> 50m: 34.03 34.03	92	S12	100m: 1:13.51 39.48	Palmela	1:13.51	363	
14.	AZEVEDO Daniel Torres 50m: 36.07 36.07	01	S9	100m: 1:18.14 42.07	Desportiva Limiana	1:18.14	355	
15.	REIS Ricardo Silva 50m: 38.73 38.73	09	S9	100m: 1:20.85 42.12	ADADA Porto	1:20.85	320	
16.	ZAPOROZHETS Bohdan 50m: 34.47 34.47	05	S10	100m: 1:14.77 40.30	Columbofila Cantanhedense	1:14.77	319	
17.	MOREIRA Ricardo Jorge 50m: 45.62 45.62	01	S5	100m: 1:40.13 54.51	Porto	1:40.13	316	
18.	NASCIMENTO Luis Carlos 50m: 49.49 49.49	06	S5	100m: 1:41.21 51.72	Porto	1:41.21	306	
19.	SA Luis Bernardo 50m: 46.66 46.66	96	S5	100m: 1:41.58 54.92	Feira Viva	1:41.58	302	
20.	VALENTIM Alberto Guedes 50m: 33.37 33.37	07	S14	100m: 1:10.58 37.21	Porto	1:10.58	299	
21.	ALVES Antonio Joaquin 50m: 33.11 33.11	97	S14	100m: 1:10.86 37.75	Porto	1:10.86	295	
22.	PINTO Jose Manuel 50m: 46.21 46.21	00	S6	100m: 1:40.20 53.99	ADADA Porto	1:40.20	279	
23.	GASPAR Duarte Miguel 50m: 40.76 40.76	84	S8	100m: 1:29.80 49.04	Palmela	1:29.80	272	
24.	CAIRES Bruno Miguel 50m: 45.95 45.95	96	S7	100m: 1:38.03 52.08	FC Ferreiras/AlgarExperience	1:38.03	248	
25.	SILVA Nuno Alexandre 50m: 35.96 35.96	92	S14	100m: 1:15.72 39.76	Sporting	1:15.72	242	
26.	SILVA Rodrigo Oliveira 50m: 47.29 47.29	08	S8	100m: 1:38.32 51.03	Feira Viva	1:38.32	207	
27.	MAGALHAES Luis Gabriel 50m: 39.22 39.22	07	S10	100m: 1:28.22 49.00	Lousada SXXI	1:28.22	194	

Prova 31, Masc., 100m Livres, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
28.	RIBEIRO Jose Carneirinho 50m: 37.48 37.48	90	S14	100m: 1:21.92 44.44	Sporting	1:21.92	191	
29.	ALVES Nuno Diogo 50m: 52.34 52.34	88	S7	*A 12 100m: 1:47.43 55.09	Gondomar	1:47.43	189	
30.	SILVA Luis Miguel 50m: 46.97 46.97	97	S9	1,3,5 100m: 1:40.60 53.63	Naval de Ponta Delgada	1:40.60	166	
31.	SILVA Tiago Manuel 50m: 1:21.19 1:21.19	05	S3	A 1,3,5,12+ 100m: 2:58.75 1:37.56	CLAC-Entroncamento	2:58.75	150	
32.	VIEIRA Micael Alexandre 50m: 47.52 47.52	07	S14	100m: 1:53.12 1:05.60	Alhandra	1:53.12	73	
33.	AMORIM Manuel Maria 50m: 1:19.81 1:19.81	09	S7	A 3,5,12+ 100m: 2:49.22 1:29.41	ADADA Porto	2:49.22	48	
34.	CRISTINA Rafael Alexandre 50m: 1:31.86 1:31.86	07	S5	A 3,5,12 100m: 3:23.84 1:51.98	Palmela	3:23.84	37	

Classe S15 (Auditiva)-Absolutos

1.	NEVES Diogo Correia 50m: 29.69 29.69	94	S15	H 100m: 1:04.40 34.71	Colegio Vasco da Gama	1:04.40		
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Classe S17-Absolutos

1.	CARVALHO Joaquim Eduardo <i>Rec Nac Classe S17</i> 50m: 35.15 35.15	07	S17	100m: 1:12.62 37.47	Naval do Funchal	1:12.62		
2.	BRANCO Miguel Paiva 50m: 37.18 37.18	97	S17	A 100m: 1:18.88 41.70	APPDAlcoimbra	1:18.88		
3.	VARGAS Fabio Raddatz 50m: 38.07 38.07	08	S17	100m: 1:19.46 41.39	Rio Maior	1:19.46		
4.	PAIVA David Silva 50m: 39.94 39.94	04	S17	100m: 1:22.56 42.62	Porto	1:22.56		
5.	REBOCHO Pedro Xavier 50m: 38.84 38.84	02	S17	A, W 100m: 1:22.98 44.14	Sporting de Aveiro	1:22.98		

Prova 31, Masc., 100m Livres, Classe S17-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
6.	VIEIRA Jose Viscaya 50m: 38.74 38.74	07	S17	A,W	Sporting de Aveiro	1:23.19		
7.	SILVA Bruno Miguel 50m: 39.33 39.33	93	S17		Porto	1:25.40		
8.	MANITO Pedro Fernandes 50m: 40.57 40.57	02	S17	A	Palmela	1:27.79		
9.	SANTOS Carlos Manuel 50m: 41.44 41.44	87	S17	A	APPDAlCoimbra	1:30.38		
10.	GUIMARAES Bruno Ricardo 50m: 44.42 44.42	94	S17		Individual ANNP	1:35.63		
11.	VIEGAS Tomas Filipe 50m: 43.13 43.13	04	S17		FC Ferreiras/AlgarExperience	1:36.81		
12.	MADEIRA Joao Maria 50m: 46.79 46.79	01	S17		AAMA	1:39.69		
13.	SANTOS Vitor Manuel 50m: 46.43 46.43	97	S17		APPDAlCoimbra	1:43.20		
14.	BARBOSA Santiago Batista 50m: 48.66 48.66	08	S17		ADADA Porto	1:46.90		
15.	VENTURA Tiago Miguel 50m: 53.32 53.32	99	S17		APPDAlCoimbra	1:52.44		
16.	OLIVEIRA Luis Pires 50m: 51.85 51.85	00	S17		Vilacondense	1:54.80		
17.	GUIMARAES Nuno Rafael 50m: 1:05.10 1:05.10	09	S17		ADADA Porto	2:21.39		
								100m: 2:21.39 1:16.29

Classe S21 (SDown)-Absolutos

1.	PEREIRA Vicente Barros 50m: 32.39 32.39	05	S21		Sporting	1:11.11		
2.	GOMES Diogo Lopes 50m: 38.78 38.78	96	S21		Feira Viva	1:23.91		
3.	PESTANA Rui Miguel 50m: 37.47 37.47	00	S21		Sporting	1:26.41		
4.	SILVA Alexandre Martins 50m: 43.60 43.60	99	S21		Lagoa AC	1:33.77		

Prova 31, Masc., 100m Livres, Classe S21 (SDown)-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
5.	EUSEBIO Marcelo Esteves 50m: 40.36 40.36	02	S21	100m: 1:35.85 55.49	ADADA Porto	1:35.85		
6.	MOREIRA Daniel Filipe 50m: 44.58 44.58	97	S21	100m: 1:36.58 52.00	Vila DEste/Gaia	1:36.58		
7.	GONCALVES Hugo Bernardo 50m: 47.85 47.85	96	S21	100m: 1:43.81 55.96	Porto	1:43.81		
8.	PEREIRA Joel Alexandre 50m: 48.92 48.92	92	S21	100m: 1:45.65 56.73	APC Coimbra	1:45.65		
9.	ANTUNES Joao Pedro 50m: 50.82 50.82	87	S21	100m: 1:47.59 56.77	Lagoa AC	1:47.59		
10.	VIEIRA Jose Gabriel 50m: 50.64 50.64	83	S21	100m: 1:50.58 59.94	FC Ferreiras/AlgarExperience	1:50.58		
11.	CORREIA Diogo Miguel 50m: 49.90 49.90	08	S21	100m: 2:01.79 1:11.89	Feira Viva	2:01.79		
DNS	CALADO Manuel Carrola	00	S21	W	FC Ferreiras/AlgarExperience			

Classe S3-Seniores

1.	SILVA Tiago Manuel 50m: 1:21.19 1:21.19	05	S3	A 1,3,5,12+	CLAC-Entroncamento	2:58.75	150	
				100m: 2:58.75 1:37.56				

Classe S5-Esperanças

1.	CRISTINA Rafael Alexandre 50m: 1:31.86 1:31.86	07	S5	A 3,5,12	Palmela	3:23.84	37	
				100m: 3:23.84 1:51.98				

Classe S5-Seniores

1.	MOREIRA Ricardo Jorge 50m: 45.62 45.62	01	S5	A 3 5 12+	Porto	1:40.13	316	
				100m: 1:40.13 54.51				
2.	NASCIMENTO Luis Carlos 50m: 49.49 49.49	06	S5	3 5 12+	Porto	1:41.21	306	
				100m: 1:41.21 51.72				
3.	SA Luis Bernardo 50m: 46.66 46.66	96	S5	A12	Feira Viva	1:41.58	302	
				100m: 1:41.58 54.92				

Prova 31, Masc., 100m Livres

Classe S6-Seniores

1. PINTO Jose Manuel 00 S6 A,12 ADADA Porto **1:40.20** 279
50m: 46.21 46.21 100m: 1:40.20 53.99

Classe S7-Esperanças

1. AMORIM Manuel Maria 09 S7 A 3,5,12+ ADADA Porto **2:49.22** 48
50m: 1:19.81 1:19.81 100m: 2:49.22 1:29.41

Classe S7-Seniores

1. CAIRES Bruno Miguel 96 S7 A12+ FC Ferreiras/AlgarExperience **1:38.03** 248
50m: 45.95 45.95 100m: 1:38.03 52.08
2. ALVES Nuno Diogo 88 S7 *A 12 Gondomar **1:47.43** 189
50m: 52.34 52.34 100m: 1:47.43 55.09

Classe S8-Esperanças

1. SILVA Rodrigo Oliveira 08 S8 A,3,5,12+ Feira Viva **1:38.32** 207
50m: 47.29 47.29 100m: 1:38.32 51.03

Classe S8-Seniores

1. LINHARES Ruben Daniel 97 S8 3,5,12+ Rio Maior **1:11.55** 537
50m: 30.32 30.32 100m: 1:11.55 41.23
2. REIS Bruno Ferreira 00 S8 12+ Porto **1:11.82** 531
50m: 34.49 34.49 100m: 1:11.82 37.33
3. SOARES Ricardo Aderneira 99 S8 3,5,12+ Gesloures **1:16.19** 445
50m: 36.76 36.76 100m: 1:16.19 39.43
4. GASPAS Carlos Emanuel 86 S8 Litoral Alentejano **1:17.11** 429
50m: 36.55 36.55 100m: 1:17.11 40.56
5. PICOTO Rafael Ramirez 05 S8 A H,3,5,12+ Rio Maior **1:18.19** 412
50m: 35.47 35.47 100m: 1:18.19 42.72
6. GASPAS Duarte Miguel 84 S8 1,2,4 Palmela **1:29.80** 272
50m: 40.76 40.76 100m: 1:29.80 49.04

Prova 31, Masc., 100m Livres

Classe S9-Esperanças

1. MENDES Gil Mota	09	S9	3,5	Escola Carregal do Sal	1:14.76	405
50m: 34.89 34.89	100m: 1:14.76	39.87				
2. REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	1:20.85	320
50m: 38.73 38.73	100m: 1:20.85	42.12				

Classe S9-Seniores

1. AZEVEDO Daniel Torres	01	S9	12+	Desportiva Limiana	1:18.14	355
50m: 36.07 36.07	100m: 1:18.14	42.07				
2. SILVA Luis Miguel	97	S9	1,3,5	Naval de Ponta Delgada	1:40.60	166
50m: 46.97 46.97	100m: 1:40.60	53.63				

Classe S10-Esperanças

1. MAGALHAES Luis Gabriel	07	S10		Lousada SXXI	1:28.22	194
50m: 39.22 39.22	100m: 1:28.22	49.00				

Classe S10-Seniores

1. CORDEIRO Tomas Coelho	04	S10	3,5,12+	Colegio Efanor	1:00.30	609
50m: 29.38 29.38	100m: 1:00.30	30.92				
2. MARTINS Samuel Vila	05	S10	8	Palmela	1:10.98	373
50m: 32.70 32.70	100m: 1:10.98	38.28				
3. ZAPOROZHETS Bohdan	05	S10	3,5	Columbofila Cantanhedense	1:14.77	319
50m: 34.47 34.47	100m: 1:14.77	40.30				

Classe S110-Seniores

1. FIDALGO Joao Matos	03	S110	3,4	Gesloures	59.64	
50m: 28.91 28.91	100m: 59.64	30.73				

Classe S12-Seniores

1. CRUZ Joao Tanica	92	S12	T A	Palmela	1:13.51	363
<i>Rec Nac Classe S12</i>						
50m: 34.03 34.03	100m: 1:13.51	39.48				

Prova 31, Masc., 100m Livres

Classe S13-Seniores

1. FRASCO Pedro Molim 01 S13 Braga **1:09.93** 400
50m: 32.96 32.96 100m: 1:09.93 36.97

Classe S14-Esperanças

1. VALENTIM Alberto Guedes 07 S14 Porto **1:10.58** 299
50m: 33.37 33.37 100m: 1:10.58 37.21

2. VIEIRA Micael Alexandre 07 S14 Alhandra **1:53.12** 73
50m: 47.52 47.52 100m: 1:53.12 1:05.60

Classe S14-Seniores

1. MESSENCE Enzo Dylan 05 S14 FC Ferreiras/AlgarExperience **1:01.58** 450
Rec Nac Classe S14
50m: 28.92 28.92 100m: 1:01.58 32.66

2. DUARTE Samuel Lima 04 S14 Feira Viva **1:02.29** 435
50m: 30.03 30.03 100m: 1:02.29 32.26

3. PONTE Andre Carreiro 92 S14 Naval de Ponta Delgada **1:04.14** 398
50m: 30.88 30.88 100m: 1:04.14 33.26

4. ALVES Antonio Joaquin 97 S14 Porto **1:10.86** 295
50m: 33.11 33.11 100m: 1:10.86 37.75

5. SILVA Nuno Alexandre 92 S14 Sporting **1:15.72** 242
50m: 35.96 35.96 100m: 1:15.72 39.76

6. RIBEIRO Jose Carneirinho 90 S14 Sporting **1:21.92** 191
50m: 37.48 37.48 100m: 1:21.92 44.44

Classe S15 (Auditiva)-Seniores

1. NEVES Diogo Correia 94 S15 H Colegio Vasco da Gama **1:04.40**
50m: 29.69 29.69 100m: 1:04.40 34.71

Classe S17-Esperanças

1. CARVALHO Joaquim Eduardo 07 S17 Naval do Funchal **1:12.62**
Rec Nac Classe S17
50m: 35.15 35.15 100m: 1:12.62 37.47

2. VARGAS Fabio Raddatz 08 S17 Rio Maior **1:19.46**
50m: 38.07 38.07 100m: 1:19.46 41.39

Prova 31, Masc., 100m Livres, Classe S17-Esperanças

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
3.	VIEIRA Jose Viscaya 50m: 38.74 38.74	07	S17	A, W	Sporting de Aveiro	1:23.19		
4.	BARBOSA Santiago Batista 50m: 48.66 48.66	08	S17		ADADA Porto	1:46.90		
5.	GUIMARAES Nuno Rafael 50m: 1:05.10 1:05.10	09	S17		ADADA Porto	2:21.39		
								100m: 2:21.39 1:16.29

Classe S17-Seniores

1.	BRANCO Miguel Paiva 50m: 37.18 37.18	97	S17	A	APPDAlcoimbra	1:18.88		
2.	PAIVA David Silva 50m: 39.94 39.94	04	S17		Porto	1:22.56		
3.	REBOCHO Pedro Xavier 50m: 38.84 38.84	02	S17	A, W	Sporting de Aveiro	1:22.98		
4.	SILVA Bruno Miguel 50m: 39.33 39.33	93	S17		Porto	1:25.40		
5.	MANITO Pedro Fernandes 50m: 40.57 40.57	02	S17	A	Palmela	1:27.79		
6.	SANTOS Carlos Manuel 50m: 41.44 41.44	87	S17	A	APPDAlcoimbra	1:30.38		
7.	GUIMARAES Bruno Ricardo 50m: 44.42 44.42	94	S17		Individual ANNP	1:35.63		
8.	VIEGAS Tomas Filipe 50m: 43.13 43.13	04	S17		FC Ferreiras/AlgarExperience	1:36.81		
9.	MADEIRA Joao Maria 50m: 46.79 46.79	01	S17		AAMA	1:39.69		
10.	SANTOS Vitor Manuel 50m: 46.43 46.43	97	S17		APPDAlcoimbra	1:43.20		
11.	VENTURA Tiago Miguel 50m: 53.32 53.32	99	S17		APPDAlcoimbra	1:52.44		
12.	OLIVEIRA Luis Pires 50m: 51.85 51.85	00	S17		Vilacondense	1:54.80		
								100m: 1:54.80 1:02.95

Prova 31, Masc., 100m Livres

Classe S21 (SDown)-Esperanças

1. CORREIA Diogo Miguel	08	S21	Feira Viva	2:01.79
50m: 49.90 49.90	100m: 2:01.79	1:11.89		

Classe S21 (SDown)-Seniores

1. PEREIRA Vicente Barros	05	S21	Sporting	1:11.11
50m: 32.39 32.39	100m: 1:11.11	38.72		
2. GOMES Diogo Lopes	96	S21	Feira Viva	1:23.91
50m: 38.78 38.78	100m: 1:23.91	45.13		
3. PESTANA Rui Miguel	00	S21	Sporting	1:26.41
50m: 37.47 37.47	100m: 1:26.41	48.94		
4. SILVA Alexandre Martins	99	S21	Lagoa AC	1:33.77
50m: 43.60 43.60	100m: 1:33.77	50.17		
5. EUSEBIO Marcelo Esteves	02	S21	ADADA Porto	1:35.85
50m: 40.36 40.36	100m: 1:35.85	55.49		
6. MOREIRA Daniel Filipe	97	S21	Vila DEste/Gaia	1:36.58
50m: 44.58 44.58	100m: 1:36.58	52.00		
7. GONCALVES Hugo Bernardo	96	S21	Porto	1:43.81
50m: 47.85 47.85	100m: 1:43.81	55.96		
8. PEREIRA Joel Alexandre	92	S21	APC Coimbra	1:45.65
50m: 48.92 48.92	100m: 1:45.65	56.73		
9. ANTUNES Joao Pedro	87	S21	Lagoa AC	1:47.59
50m: 50.82 50.82	100m: 1:47.59	56.77		
10. VIEIRA Jose Gabriel	83	S21	FC Ferreiras/AlgarExperience	1:50.58
50m: 50.64 50.64	100m: 1:50.58	59.94		
DNS CALADO Manuel Carrola	00	S21	W	FC Ferreiras/AlgarExperience

Prova 32
21/05/2023

4 x 100m Estilos

Open
Resultados

Pontos: KNZB NED WPS 2021

Lugar	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S14, Masc.						
1.	Feira Viva-S14		Feira Viva	6:01.29		
	PATRICIO Rodrigo Oliveira S14 +0,81	39.89	1:21.78	DUARTE Samuel Lima S14 +0,65	33.93	1:17.81
	GOMES Diogo Lopes SB21	49.99	1:47.88	SANTOS Tomas Aniceto S21 +0,67	43.08	1:33.82
	Sporting de Aveiro-S14		Sporting de Aveiro	7:07.43		
	TEIXEIRA Joao Meirinhos S14 +0,88	50.61	1:43.32	RIBEIRO David Saraiva S21 +0,96	54.21	2:03.37
	REGO Diogo Almeida SB21 +0,41	49.97	1:50.78	DUARTE Orlando Constancio S14+0,97	41.55	1:29.96
DSQ Sporting-S14						
<i>11.7.9 - Rendição antecipada do 4 nadador - WPS 11.7.9</i>						
	VICENTE Francisco Jose S21 +0,90	49.41	1:46.57	RIBEIRO Jose Carneirinho S14 +0,33	48.02	1:52.30
	SILVA Nuno Alexandre SB14 +0,65	47.62	1:41.88	PESTANA Rui Miguel S21 -0,33		
Classe S14, Femin.						
1.	Feira Viva-S14		Feira Viva	8:26.83		
	CASTRO Bruna Gomes S21 +0,90	1:10.35	2:27.74	REIS Adriana Godinho S21	57.24	2:03.82
	REIS Filipa Sa SB21 +0,22	1:01.66	2:09.58	MONTEIRO Raquel Rocilio S14 +0,56	49.41	1:45.69
Classe S21 (SDown), Masc.						
1.	Sporting-S21		Sporting	5:43.61		
	ALMEIDA Andre Reis S21 +0,64	43.91	1:31.87	PEREIRA Vicente Barros S21 +0,68	34.14	1:16.77
	VAZ Joao Francisco SB21 +0,61	44.53	1:35.28	MATOS Diogo Alexandre S21	36.13	1:19.69
34 Pontos, Masc.						
1.	ADADA Porto-34P		ADADA Porto	6:05.60		
	PINTO Jose Manuel S6	51.10	1:44.69	OLIVEIRA Renato Alexandre S6 +0,91	39.05	1:23.43
	CAMPOS Joao Miguel SB7 +0,74	43.99	1:34.31	REIS Ricardo Silva S9	39.84	1:23.17
	Porto-34P		Porto	6:43.13		
	NASCIMENTO Luis Carlos S5 +0,70	55.29	1:51.13	SILVA Renato Filipe S9 +0,69	33.29	1:14.67
	REIS Bruno Ferreira SB7 +0,70	52.79	1:56.90	MOREIRA Ricardo Jorge S5	47.76	1:40.43