

14 anos, Femin., Piscina longa (50m)

01-07-2019-16-05-2021

50 Livres

1.	FRANCO Catarina Andrade	07	GESL	28.36	50m	28-03-21	Coimbra	581
2.	RODEIA Mariana Figueira	07	CNFA	30.00	50m	13-07-19	Loulé	491
3.	DUARTE Cristiana Sofia	07	GRVM	33.20	50m	11-01-20	Coimbra	362
4.	FIGUEIRA Madalena Leonor	07	CNF	33.90	50m	23-02-20	Funchal	340
5.	FREITAS Maria Raquel	07	CNF	35.51	50m	23-02-20	Funchal	296
6.	RASCAO Maria Costeira	07	JFP	36.72	50m	11-01-20	Coimbra	267
7.	OLIVEIRA Joana Gomes	07	GCF	37.04	50m	11-01-20	Coimbra	260
8.	RODRIGUES Luna Almeida	07	SCC	37.68	50m	11-01-20	Coimbra	247
9.	ARTIGAS Valeria Aguiar	07	CNF	41.08	50m	23-02-20	Funchal	191
10.	ALVES Beatriz Abreu	07	CNF	41.32	50m	23-02-20	Funchal	187
11.	RODRIGUES Ines Costa	07	CDN	44.06	50m	23-02-20	Funchal	155

100 Livres

1.	FRANCO Catarina Andrade	07	GESL	1:01.03	50m	27-03-21	Coimbra	608
2.	VIEIRA Ana Beatriz	07	FOCA	1:03.38	50m	27-03-21	Coimbra	543
3.	ALMEIDA Ines Filipa	07	ADS	1:07.85	50m	27-07-19	Loulé	442
4.	SIMOES Ana Madalena	07	GESL	1:08.29	50m	06-07-19	Setúbal	434
5.	MESQUITA Mafalda Martins	07	GDNFAMA	1:08.34	50m	06-07-19	Famalicao	433
6.	ALVES Sara Sofia	07	CNS	1:08.51	50m	07-07-19	Setúbal	429
7.	ALMEIDA Maria Emilia	07	CGA	1:08.94	50m	06-07-19	Coimbra	421
8.	GARCELL Maria Teresa	07	AEFDTV	1:09.15	50m	06-07-19	Setúbal	418
9.	FERRARI Maria Carlotta	07	GESL	1:09.45	50m	07-07-19	Setúbal	412
10.	NETO Leonor Rodrigues	07	CNF	1:09.66	50m	27-07-19	Loulé	409
11.	SILVA Carolina Martins	07	CDE	1:09.91	50m	06-07-19	Coimbra	404
12.	MARQUES Gabriela Silva	07	SCB	1:10.05	50m	27-07-19	Loulé	402
13.	ALMEIDA Bianca Filipa	07	CSAAXXI	1:10.15	50m	06-07-19	Coimbra	400
14.	GOMES Barbara Sofia	07	LSC	1:10.63	50m	06-07-19	Famalicao	392
15.	PINA Laura Almeida	07	CRASTO	1:10.74	50m	27-07-19	Loulé	390
16.	LEAL Matilde Barros	07	CAP	1:10.77	50m	06-07-19	Famalicao	390
17.	RODRIGUES Laura Sofia	07	JACL	1:10.80	50m	22-02-20	Funchal	389
18.	VIDAL Bianca Antunes	07	IDV	1:11.04	50m	27-07-19	Loulé	385
19.	MACEDO Laura Pinheiro	07	ANAR	1:11.24	50m	07-07-19	Reguengos de Monsaraz	382
20.	SILVA Nuria Soares	07	CDF	1:11.38	50m	06-07-19	Coimbra	380
21.	ROCHA Catarina Mendes	07	GESL	1:11.49	50m	06-07-19	Setúbal	378
22.	MOREIRA Maria Leonor	07	CFP	1:11.70	50m	27-07-19	Loulé	375
23.	MAGALHAES Leticia Rodrigues	07	PDEM	1:11.75	50m	06-07-19	Setúbal	374
24.	BERGAMO Emma Aguiar	07	SAD	1:11.88	50m	27-07-19	Loulé	372
25.	NUNES Noa Pinho	07	SCA	1:11.89	50m	27-07-19	Loulé	372
26.	LOURO Beatriz Silva	07	LDC	1:11.96	50m	07-07-19	Loulé	371
27.	SANTOS Rita Machita	07	CNS	1:12.00	50m	06-07-19	Setúbal	370
28.	VIEIRA Matilde Lebre	07	CGA	1:12.01	50m	27-07-19	Loulé	370
29.	VALE Teresa Pinto	07	SCB	1:12.04	50m	27-07-19	Loulé	369
30.	SILVA Ines Santos	07	ADRCIMM	1:12.07	50m	27-07-19	Loulé	369
31.	BERNAT Elena Del Rio	07	SAD	1:12.09	50m	07-07-19	Setúbal	369
32.	MATOS Maria Bandarra	07	SCP	1:12.29	50m	06-07-19	Setúbal	366
33.	TEIXEIRA Joana Navega	07	ATG	1:12.35	50m	27-07-19	Loulé	365
34.	PEREIRA Beatriz Azevedo	07	CCLAMAS	1:12.36	50m	06-07-19	Famalicao	364
35.	ROCHA Bruna Fantasia	07	NSIT	1:12.39	50m	27-07-19	Loulé	364
36.	MALFEITO Maria Francisca	07	SCP	1:12.40	50m	06-07-19	Setúbal	364
37.	OLIVEIRA Margarida Gomes	07	CRASTO	1:12.42	50m	06-07-19	Coimbra	364
37.	CABRAL Carolina Vizinho	07	CNVA	1:12.42	50m	27-07-19	Loulé	364
39.	CUNHA Beatriz Teixeira	07	LSC	1:12.44	50m	27-07-19	Loulé	363

100 Livres (desde 40)

40.	RIBEIRO Matilde Nunes	07	DRCN	1:12.49	50m	06-07-19	Setúbal	362
41.	ALMEIDA Rita Sacadura	07	SAD	1:13.09	50m	06-07-19	Setúbal	354
41.	ALMEIDA Vanessa Liliana	07	ADBA	1:13.09	50m	06-07-19	Coimbra	354
43.	DIONISIO Ines Trindade	07	CNN	1:13.14	50m	06-07-19	Setúbal	353
43.	IACHIMOVSKI Ines	07	CNA	1:13.14	50m	06-07-19	Setúbal	353
43.	RODRIGUES Leonor Carreiro	07	SLB	1:13.14	50m	27-07-19	Loulé	353
46.	MIDOES Madalena Maria	07	AVQA	1:13.16	50m	27-07-19	Loulé	353
47.	SANTOS Leonor Costa	07	CGA	1:13.21	50m	27-07-19	Loulé	352
47.	RODRIGUEZ Daniela Dias	07	EDV	1:13.21	50m	27-07-19	Loulé	352
49.	MARQUES Beatriz Martins	07	CDE	1:13.22	50m	27-07-19	Loulé	352
50.	DAVO Filipa Neves	07	ANAM	1:13.25	50m	06-07-19	Setúbal	351

200 Livres

1.	FRANCO Catarina Andrade	07	GESL	2:14.57	50m	28-03-21	Coimbra	591
2.	VIEIRA Ana Beatriz	07	FOCA	2:16.53	50m	28-03-21	Coimbra	566
3.	ALMEIDA Maria Emilia	07	CGA	2:17.73	50m	28-03-21	Coimbra	551
4.	RODEIA Mariana Figueira	07	CNFA	2:22.68	50m	27-07-19	Loulé	496
5.	AGUILAR Marta Andre	07	FBSC	2:24.32	50m	07-07-19	Coimbra	479
6.	MESQUITA Mafalda Martins	07	GDNFAMA	2:24.51	50m	27-07-19	Loulé	477
7.	CABRAL Carolina Vizinho	07	CNVA	2:25.95	50m	22-02-20	Coimbra	463
8.	REBELO Angela Rodrigues	07	ALN	2:26.47	50m	27-07-19	Loulé	458
9.	ALMEIDA Bianca Filipa	07	CSAAXXI	2:26.74	50m	27-07-19	Loulé	456
10.	GARCELL Maria Teresa	07	AEFDTV	2:27.71	50m	27-07-19	Loulé	447
11.	GOMES Barbara Sofia	07	LSC	2:28.01	50m	27-07-19	Loulé	444
12.	MANO Leonor Mil	07	FBSC	2:28.50	50m	27-07-19	Loulé	440
13.	SILVA Carolina Martins	07	CDE	2:29.07	50m	07-07-19	Coimbra	435
14.	ALMEIDA Ines Filipa	07	ADS	2:29.51	50m	07-07-19	Coimbra	431
15.	FERRARI Maria Carlotta	07	GESL	2:30.05	50m	27-07-19	Loulé	426
16.	SIMOES Ana Madalena	07	GESL	2:30.80	50m	07-07-19	Setúbal	420
17.	SIMOES Dania Rodrigues	07	ALN	2:30.99	50m	27-07-19	Loulé	418
18.	ALVES Sara Sofia	07	CNS	2:31.22	50m	07-07-19	Setúbal	417
19.	PINTO Mariana Alexandra	07	SCB	2:31.87	50m	27-07-19	Loulé	411
20.	JORGE Luisa Ponte	07	SFUAP	2:31.93	50m	27-07-19	Loulé	411
21.	SOUSA Maria Rita	07	EDV	2:31.94	50m	27-07-19	Loulé	411
22.	NUNES Marta Filipa	07	CNCA	2:32.01	50m	27-07-19	Loulé	410
23.	PIRES Teresa Joao	07	SAD	2:32.13	50m	27-07-19	Loulé	409
24.	OLIVEIRA Margarida Gomes	07	CRASTO	2:33.14	50m	27-07-19	Loulé	401
25.	MACEDO Laura Pinheiro	07	ANAR	2:33.79	50m	27-07-19	Loulé	396
26.	SANTOS Juliana Soromenho	07	SLB	2:34.22	50m	07-07-19	Setúbal	393
27.	VALE Teresa Pinto	07	SCB	2:34.34	50m	27-07-19	Loulé	392
28.	BERNAT Elena Del Rio	07	SAD	2:34.64	50m	27-07-19	Loulé	389
29.	RODRIGUES Nancy Almeida	07	CRASTO	2:34.80	50m	07-07-19	Coimbra	388
30.	TSHEKNOVSKA Anastacia	07	SCP	2:35.10	50m	27-07-19	Loulé	386
31.	GOMES Rita Cunha	07	VNC	2:35.19	50m	27-07-19	Loulé	385
32.	MALFEITO Maria Francisca	07	SCP	2:35.31	50m	27-07-19	Loulé	384
33.	ROCHA Catarina Mendes	07	GESL	2:35.41	50m	27-07-19	Loulé	384
34.	FIGUEIRA Madalena Almeida	07	AVFC	2:35.63	50m	07-07-19	Coimbra	382
35.	MIDOES Madalena Maria	07	AVQA	2:36.39	50m	14-07-19	Rio Maior	377
36.	ANTONIO Rafaela Mariano	07	PORTIN	2:36.61	50m	14-07-19	Loulé	375
37.	ESCALA Cristiana Sofia	07	AAC	2:36.62	50m	07-07-19	Coimbra	375
38.	TEIXEIRA Joana Navega	07	ATG	2:37.49	50m	27-07-19	Loulé	369
39.	SANTOS Leonor Castanho	07	SCP	2:37.91	50m	07-07-19	Setúbal	366
40.	VIEIRA Matilde Lebre	07	CGA	2:38.70	50m	07-07-19	Coimbra	360

200 Livres (desde 41)

41.	ROCHA Bruna Fantasia	07	NSIT	2:38.80	50m	27-07-19	Loulé	360
42.	ALMEIDA Rita Sacadura	07	SAD	2:38.96	50m	07-07-19	Setúbal	359
43.	DIOGO Ines Miranda	07	FBSC	2:39.53	50m	22-02-20	Coimbra	355
44.	ALMEIDA Vanessa Liliana	07	ADBA	2:39.70	50m	07-07-19	Coimbra	354
45.	CARVALHO Sofia Alexandra	07	ATG	2:39.90	50m	27-07-19	Loulé	352
46.	SANTOS Leonor Costa	07	CGA	2:40.05	50m	07-07-19	Coimbra	351
47.	SANTOS Lara Carvalho	07	CNAC	2:40.06	50m	22-02-20	Coimbra	351
48.	NETO Leonor Rodrigues	07	CNF	2:40.22	50m	01-03-20	Funchal	350
49.	GONCALVES Valentina Jose	07	CDN	2:40.33	50m	01-03-20	Funchal	349
50.	SIMAO Laura Roque	07	DNMG	2:40.79	50m	07-07-19	Coimbra	346

400 Livres

1.	VIEIRA Ana Beatriz	07	FOCA	4:56.34	50m	27-03-21	Coimbra	508
2.	AGUILAR Marta Andre	07	FBSC	4:57.65	50m	11-01-20	Coimbra	501
3.	ALMEIDA Maria Emilia	07	CGA	5:00.29	50m	07-07-19	Coimbra	488
4.	MANO Leonor Mil	07	FBSC	5:03.87	50m	11-01-20	Coimbra	471
5.	MESQUITA Mafalda Martins	07	GDNFAMA	5:05.25	50m	26-07-19	Loulé	464
6.	PINA Laura Almeida	07	CRASTO	5:05.45	50m	11-01-20	Coimbra	463
7.	RODEIA Mariana Figueira	07	CNFA	5:07.66	50m	26-07-19	Loulé	454
8.	ALMEIDA Bianca Filipa	07	CSAAXXI	5:07.71	50m	01-02-20	Povoa de Varzim	453
9.	GOMES Barbara Sofia	07	LSC	5:09.26	50m	26-07-19	Loulé	446
10.	REBELO Angela Rodrigues	07	ALN	5:10.69	50m	26-07-19	Loulé	440
11.	ALMEIDA Ines Filipa	07	ADS	5:12.16	50m	26-07-19	Loulé	434
12.	ALVES Sara Sofia	07	CNS	5:12.54	50m	26-07-19	Loulé	433
13.	FERRARI Maria Carlotta	07	GESL	5:13.09	50m	06-07-19	Setúbal	430
14.	SIMÕES Dania Rodrigues	07	ALN	5:13.21	50m	11-01-20	Coimbra	430
15.	GARCELL Maria Teresa	07	AEFDTV	5:14.03	50m	26-07-19	Loulé	426
16.	SANTOS Juliana Soromenho	07	SLB	5:15.18	50m	26-07-19	Loulé	422
17.	SOUSA Maria Rita	07	EDV	5:16.10	50m	26-07-19	Loulé	418
18.	RODRIGUES Laura Sofia	07	JACL	5:17.79	50m	22-02-20	Funchal	411
19.	VALE Teresa Pinto	07	SCB	5:18.18	50m	26-07-19	Loulé	410
20.	MALFEITO Maria Francisca	07	SCP	5:18.32	50m	06-07-19	Setúbal	409
21.	CAMARA Ines Cruz	07	CDN	5:19.15	50m	05-07-19	Funchal	406
22.	BERNAT Elena Del Rio	07	SAD	5:19.38	50m	26-07-19	Loulé	405
23.	OLIVEIRA Margarida Gomes	07	CRASTO	5:19.57	50m	07-07-19	Coimbra	405
24.	SIMÕES Ana Madalena	07	GESL	5:22.14	50m	06-07-19	Setúbal	395
25.	RODRIGUES Nancy Almeida	07	CRASTO	5:22.57	50m	07-07-19	Coimbra	393
26.	PINTO Mariana Alexandra	07	SCB	5:23.45	50m	26-07-19	Loulé	390
27.	MAGALHAES Leticia Rodrigues	07	PDEM	5:23.71	50m	26-07-19	Loulé	389
28.	ESTEVES Maria Leonor	07	DNMG	5:24.31	50m	07-07-19	Coimbra	387
29.	CARVALHO Sofia Alexandra	07	ATG	5:26.95	50m	06-07-19	Famalicao	378
30.	MIDOES Madalena Maria	07	AVQA	5:27.36	50m	14-07-19	Rio Maior	376
31.	TEIXEIRA Mafalda Gomes	07	FCP	5:27.38	50m	06-07-19	Famalicao	376
32.	NUNES Marta Filipa	07	CNCA	5:27.59	50m	14-07-19	Rio Maior	376
33.	MARQUES Beatriz Martins	07	CDE	5:28.25	50m	07-07-19	Coimbra	373
34.	JORGE Luisa Ponte	07	SFUAP	5:30.22	50m	06-07-19	Setúbal	367
35.	DIOGO Ines Miranda	07	FBSC	5:32.42	50m	07-07-19	Coimbra	359
36.	VIDAL Bianca Antunes	07	IDV	5:32.51	50m	07-07-19	Coimbra	359
37.	SILVA Nuria Soares	07	CDF	5:32.69	50m	07-07-19	Coimbra	359
38.	GONCALVES Valentina Jose	07	CDN	5:33.08	50m	05-07-19	Funchal	357
39.	PIRES Teresa Joao	07	SAD	5:33.51	50m	06-07-19	Setúbal	356
40.	SANTOS Rita Machita	07	CNS	5:33.76	50m	06-07-19	Setúbal	355
41.	VICENCIO Sara Viana	07	SCP	5:34.77	50m	06-07-19	Setúbal	352

400 Livres (desde 42)

42.	NETO Leonor Rodrigues	07	CNF	5:35.17	50m	22-02-20	Funchal	351
43.	ROMAO Rita Violante	07	CNAL	5:35.33	50m	07-07-19	Coimbra	350
44.	RIBEIRO Matilde Nunes	07	DRCN	5:35.81	50m	06-07-19	Setúbal	349
45.	TSHESNOVSKA Anastacia	07	SCP	5:36.28	50m	06-07-19	Setúbal	347
46.	CACHACO Beatriz Heitor	07	MODV	5:36.53	50m	06-07-19	Setúbal	346
47.	ESCADA Cristiana Sofia	07	AAC	5:37.03	50m	07-07-19	Coimbra	345
48.	ROCHA Catarina Mendes	07	GESL	5:37.06	50m	06-07-19	Setúbal	345
49.	LEAL Matilde Barros	07	CAP	5:37.12	50m	06-07-19	Famalicao	345
50.	MOREIRA Maria Leonor	07	CFP	5:37.64	50m	06-07-19	Famalicao	343

800 Livres

1.	ALMEIDA Maria Emilia	07	CGA	10:06.91	50m	28-03-21	Coimbra	509
2.	AGUILAR Marta Andre	07	FBSC	10:17.11	50m	26-07-19	Loulé	484
3.	MANO Leonor Mil	07	FBSC	10:21.34	50m	22-02-20	Coimbra	474
4.	ALMEIDA Bianca Filipa	07	CSAAXXI	10:31.95	50m	26-07-19	Loulé	451
5.	VIEIRA Ana Beatriz	07	FOCA	10:32.08	50m	26-07-19	Loulé	451
6.	SIMOES Dania Rodrigues	07	ALN	10:41.77	50m	22-02-20	Coimbra	431
7.	FRANCO Catarina Andrade	07	GESL	10:44.21	50m	06-07-19	Setúbal	426
8.	CABRAL Carolina Vizinho	07	CNVA	10:48.49	50m	06-07-19	Coimbra	417
9.	MACEDO Laura Pinheiro	07	ANAR	10:52.68	50m	05-07-19	Reguengos de Monsaraz	409
10.	OLIVEIRA Margarida Gomes	07	CRASTO	10:53.04	50m	26-07-19	Loulé	409
11.	CAMARA Ines Cruz	07	CDN	10:53.63	50m	29-02-20	Funchal	408
12.	REBELO Angela Rodrigues	07	ALN	10:56.81	50m	06-07-19	Coimbra	402
13.	RODRIGUES Laura Sofia	07	JACL	11:01.00	50m	29-02-20	Funchal	394
14.	MATOS Maria Bandarra	07	SCP	11:04.88	50m	06-07-19	Setúbal	387
15.	TEIXEIRA Joana Navega	07	ATG	11:05.48	50m	07-07-19	Famalicao	386
16.	RODRIGUES Nancy Almeida	07	CRASTO	11:09.65	50m	06-07-19	Coimbra	379
17.	ALMEIDA Ines Filipa	07	ADS	11:09.82	50m	06-07-19	Coimbra	379
18.	VIDAL Bianca Antunes	07	IDV	11:10.03	50m	06-07-19	Coimbra	378
19.	RODRIGUES Catarina Ferreira	07	CNA	11:10.09	50m	06-07-19	Setúbal	378
20.	NETO Leonor Rodrigues	07	CNF	11:11.23	50m	26-07-19	Loulé	376
21.	SOUSA Matilde Filipe	07	NSIT	11:13.44	50m	26-07-19	Loulé	373
22.	MIDOES Madalena Maria	07	AVQA	11:15.60	50m	13-07-19	Rio Maior	369
23.	TEIXEIRA Mafalda Gomes	07	FCP	11:20.76	50m	07-07-19	Famalicao	361
24.	GOMES Rita Cunha	07	VNC	11:28.60	50m	26-07-19	Loulé	348
25.	SANTOS Leonor Castanho	07	SCP	11:30.75	50m	06-07-19	Setúbal	345
26.	PEREIRA Beatriz Azevedo	07	CCLAMAS	11:31.01	50m	07-07-19	Famalicao	345
27.	ESCADA Cristiana Sofia	07	AAC	11:37.08	50m	06-07-19	Coimbra	336
28.	MATEUS Clarisse Vieira	07	CDN	11:51.43	50m	29-02-20	Funchal	316
29.	BARAONA Ines Azevedo	07	CNMJ	11:52.44	50m	06-07-19	Setúbal	315
30.	COELHO Mariana Mauricio	07	BUZIOS	11:54.40	50m	13-07-19	Rio Maior	312
31.	MOREIRA Maria Leonor	07	CFP	11:55.41	50m	07-07-19	Famalicao	311
32.	BOTAS Beatriz Alexandra	07	AVQA	11:56.53	50m	13-07-19	Rio Maior	309
33.	OLIVEIRA Diana Goncalves	07	AVQA	11:56.66	50m	13-07-19	Rio Maior	309
34.	RODRIGUES Luna Almeida	07	SCC	11:59.19	50m	22-02-20	Coimbra	306
35.	MENDES Laura Jesus	07	CFP	11:59.56	50m	07-07-19	Famalicao	305
36.	PEREIRA Magda Silva	07	GESL	12:01.61	50m	06-07-19	Setúbal	303
37.	GONCALVES Valentina Jose	07	CDN	12:07.17	50m	29-02-20	Funchal	296
38.	ASCENSO Eva Sofia	07	GESL	12:07.81	50m	06-07-19	Setúbal	295
39.	MATOS Maria Poeira	07	NDCO	12:14.60	50m	05-07-19	Reguengos de Monsaraz	287
40.	BILETSKA Carolina Diana	07	FCF	12:19.75	50m	06-07-19	Loulé	281
41.	TEMTEM Sara Maria	07	CDN	12:23.80	50m	29-02-20	Funchal	276
42.	VIEIRA Beatriz Carlos	07	CNFA	12:33.00	50m	06-07-19	Loulé	266

800 Livres (desde 43)

43.	FONSECA Carolina Sofia	07	CFE	12:39.31	50m	05-07-19	Reguengos de Monsaraz	260
44.	TARECO Mariana Martins	07	CNGUA	12:52.76	50m	06-07-19	Loulé	246
45.	FRAZAO Laura Calheiros	07	CNRM	12:56.06	50m	13-07-19	Rio Maior	243
46.	SALES Regina Correia	07	ACRZA	12:58.69	50m	05-07-19	Reguengos de Monsaraz	241
47.	ALVES Leonor Peixoto	07	NDCO	13:19.49	50m	05-07-19	Reguengos de Monsaraz	222

1500 Livres

50 Costas

1.	NETO Leonor Rodrigues	07	CNF	36.31	50m	23-02-20	Funchal	410
2.	RODEIA Mariana Figueira	07	CNFA	37.21	50m	12-07-19	Loulé	381
3.	GONCALVES Valentina Jose	07	CDN	38.71	50m	23-02-20	Funchal	338
4.	ESCADA Cristiana Sofia	07	AAC	39.49	50m	11-01-20	Coimbra	318
5.	MATEUS Clarisse Vieira	07	CDN	41.14	50m	23-02-20	Funchal	282
6.	TEMTEM Sara Maria	07	CDN	43.24	50m	23-02-20	Funchal	242
7.	ERRA Clara Patricia	07	JACL	44.24	50m	23-02-20	Funchal	226
8.	RODRIGUES Ines Costa	07	CDN	46.00	50m	23-02-20	Funchal	201
9.	MATOS Beatriz Costa	07	FBSC	48.47	50m	11-01-20	Coimbra	172
10.	ARTIGAS Valeria Aguiar	07	CNF	50.49	50m	23-02-20	Funchal	152
11.	ALVES Beatriz Abreu	07	CNF	51.86	50m	23-02-20	Funchal	140

100 Costas

1.	SIMOES Dania Rodrigues	07	ALN	1:12.85	50m	28-03-21	Coimbra	493
2.	TSHESNOVSKA Anastacia	07	SCP	1:18.40	50m	27-07-19	Loulé	395
3.	MESQUITA Mafalda Martins	07	GDNFAMA	1:18.44	50m	27-07-19	Loulé	395
4.	SOARES Rita Marques	07	GDNFAMA	1:18.72	50m	27-07-19	Loulé	391
5.	RODEIA Mariana Figueira	07	CNFA	1:19.07	50m	27-07-19	Loulé	385
6.	ALVES Sara Sofia	07	CNS	1:19.57	50m	06-07-19	Setúbal	378
7.	FRISCHKNECHT Matilde Anjo	07	CNS	1:19.72	50m	27-07-19	Loulé	376
8.	ANTONIO Rafaela Mariano	07	PORTIN	1:19.74	50m	13-07-19	Loulé	376
9.	NETO Leonor Rodrigues	07	CNF	1:20.09	50m	29-02-20	Funchal	371
10.	RIBEIRO Matilde Nunes	07	DRCN	1:20.24	50m	06-07-19	Setúbal	369
11.	SILVA Ines Santos	07	ADRCIMM	1:20.90	50m	06-07-19	Setúbal	360
12.	PIRES Teresa Joao	07	SAD	1:21.25	50m	27-07-19	Loulé	355
13.	VICENCIO Sara Viana	07	SCP	1:21.30	50m	27-07-19	Loulé	355
14.	GOMES Barbara Sofia	07	LSC	1:21.51	50m	06-07-19	Famalicao	352
15.	MAGALHAES Leticia Rodrigues	07	PDEM	1:21.75	50m	06-07-19	Setúbal	349
15.	PINTO Mariana Alexandra	07	SCB	1:21.75	50m	27-07-19	Loulé	349
17.	DIOGO Ines Miranda	07	FBSC	1:21.89	50m	22-02-20	Coimbra	347
18.	RODRIGUES Laura Sofia	07	JACL	1:21.94	50m	06-07-19	Funchal	346
19.	CONCEICAO Sara Oliveira	07	CDF	1:21.98	50m	06-07-19	Coimbra	346
20.	LOURO Beatriz Silva	07	LDC	1:22.01	50m	27-07-19	Loulé	345
21.	AGUILAR Marta Andre	07	FBSC	1:22.27	50m	22-02-20	Coimbra	342
22.	CABRAL Carolina Vizinho	07	CNVA	1:22.48	50m	22-02-20	Coimbra	340
23.	GARCELL Maria Teresa	07	AEFDTV	1:22.50	50m	06-07-19	Setúbal	339
23.	JORGE Luisa Ponte	07	SFUAP	1:22.50	50m	27-07-19	Loulé	339
25.	SILVA Carolina Martins	07	CDE	1:22.77	50m	06-07-19	Coimbra	336
26.	SANTOS Juliana Soromenho	07	SLB	1:22.83	50m	27-07-19	Loulé	335
27.	RODRIGUES Maria Leonor	07	AHBE	1:23.28	50m	06-07-19	Setúbal	330
28.	RODRIGUES Filipa Silva	07	CNPO	1:23.89	50m	19-12-20	Povoa do Varzim	323
29.	GONCALVES Valentina Jose	07	CDN	1:23.99	50m	06-07-19	Funchal	322
30.	SANTOS Sara Margarida	07	CDE	1:24.08	50m	27-07-19	Loulé	321

100 Costas (desde 31)

30.	RODRIGUES Nancy Almeida	07	CRASTO	1:24.08	50m	27-07-19	Loulé	321
32.	PEREIRA Magda Silva	07	GESL	1:24.38	50m	06-07-19	Setúbal	317
33.	MONIZ Ana Rita	07	NSIT	1:24.48	50m	27-07-19	Loulé	316
34.	SILVA Matilde Vale	07	CNPO	1:24.64	50m	19-12-20	Povoa do Varzim	314
35.	FERNANDES Leonor Garcia	07	CRASTO	1:24.66	50m	06-07-19	Coimbra	314
36.	DUARTE Cristiana Sofia	07	GRVM	1:24.74	50m	22-02-20	Coimbra	313
37.	RIGOR Eva Joao	07	VNC	1:24.88	50m	27-07-19	Loulé	312
38.	FERREIRA Beatriz Anjo	07	DNMG	1:24.94	50m	06-07-19	Coimbra	311
39.	OLIVEIRA Diana Goncalves	07	AVQA	1:24.95	50m	14-07-19	Rio Maior	311
40.	CARVALHO Sofia Alexandra	07	ATG	1:25.22	50m	27-07-19	Loulé	308
41.	SANTOS Daniela Alexandra	07	SCP	1:25.26	50m	27-07-19	Loulé	307
42.	REBELO Mafalda Guimaraes	07	CFP	1:25.43	50m	06-07-19	Famalicao	306
43.	SANTOS Lara Carvalho	07	CNAC	1:25.57	50m	22-02-20	Coimbra	304
44.	VIEIRA Matilde Lebre	07	CGA	1:25.61	50m	06-07-19	Coimbra	304
45.	GOMES Rita Cunha	07	VNC	1:25.88	50m	27-07-19	Loulé	301
46.	SILVA Lara Pinho	07	CDF	1:25.95	50m	06-07-19	Coimbra	300
47.	CARRILHO Luana Alexandra	07	AVFC	1:26.06	50m	27-07-19	Loulé	299
48.	CRUZ Joana Calado	07	FBSC	1:26.32	50m	06-07-19	Coimbra	296
49.	ROCHA Catarina Mendes	07	GESL	1:26.45	50m	06-07-19	Setúbal	295
50.	OLIVEIRA Margarida Gomes	07	CRASTO	1:26.59	50m	27-07-19	Loulé	293

200 Costas

1.	SIMOES Dania Rodrigues	07	ALN	2:39.75	50m	28-03-21	Coimbra	460
2.	AGUILAR Marta Andre	07	FBSC	2:44.74	50m	22-02-20	Coimbra	419
3.	ALVES Sara Sofia	07	CNS	2:46.44	50m	27-07-19	Loulé	407
4.	ALMEIDA Ines Filipa	07	ADS	2:46.54	50m	07-07-19	Coimbra	406
5.	SILVA Ines Santos	07	ADRCIMM	2:48.01	50m	27-07-19	Loulé	395
6.	MAGALHAES Leticia Rodrigues	07	PDEM	2:48.75	50m	27-07-19	Loulé	390
7.	ALMEIDA Mariana Marques	07	CNMC	2:49.02	50m	07-07-19	Coimbra	388
8.	ALMEIDA Rita Sacadura	07	SAD	2:49.35	50m	27-07-19	Loulé	386
9.	RODRIGUES Laura Sofia	07	JACL	2:50.51	50m	06-07-19	Funchal	378
10.	GOMES Barbara Sofia	07	LSC	2:50.68	50m	07-07-19	Famalicao	377
10.	SOARES Rita Marques	07	GDNFAMA	2:50.68	50m	27-07-19	Loulé	377
12.	FRISCHKNECHT Matilde Anjo	07	CNS	2:51.03	50m	27-07-19	Loulé	375
13.	MANO Leonor Mil	07	FBSC	2:52.11	50m	22-02-20	Coimbra	368
14.	NETO Leonor Rodrigues	07	CNF	2:52.23	50m	27-07-19	Loulé	367
15.	VIDAL Bianca Antunes	07	IDV	2:52.39	50m	27-07-19	Loulé	366
16.	TEIXEIRA Mafalda Gomes	07	FCP	2:53.18	50m	27-07-19	Loulé	361
17.	PINA Laura Almeida	07	CRASTO	2:54.33	50m	07-07-19	Coimbra	354
18.	RIBEIRO Matilde Nunes	07	DRCN	2:54.55	50m	07-07-19	Setúbal	352
19.	DIOGO Ines Miranda	07	FBSC	2:54.74	50m	27-07-19	Loulé	351
20.	FIGUEIRA Madalena Almeida	07	AVFC	2:54.88	50m	27-07-19	Loulé	350
21.	GONCALVES Valentina Jose	07	CDN	2:55.66	50m	01-03-20	Funchal	346
22.	MESQUITA Mafalda Martins	07	GDNFAMA	2:55.73	50m	07-07-19	Famalicao	345
23.	PEREIRA Magda Silva	07	GESL	2:55.89	50m	27-07-19	Loulé	344
24.	JORGE Luisa Ponte	07	SFUAP	2:56.26	50m	27-07-19	Loulé	342
25.	SOUSA Matilde Filipe	07	NSIT	2:56.35	50m	27-07-19	Loulé	342
26.	CONCEICAO Sara Oliveira	07	CDF	2:56.62	50m	07-07-19	Coimbra	340
27.	RODRIGUES Maria Leonor	07	AHBE	2:56.85	50m	27-07-19	Loulé	339
28.	FERNANDES Leonor Garcia	07	CRASTO	2:57.25	50m	07-07-19	Coimbra	337
29.	SANTOS Sara Margarida	07	CDE	2:57.50	50m	07-07-19	Coimbra	335
30.	CAMARA Ines Cruz	07	CDN	2:58.16	50m	06-07-19	Funchal	331
31.	CABRAL Carolina Vizinho	07	CNVA	2:59.80	50m	27-07-19	Loulé	322

200 Costas (desde 32)

32.	IACHIMOVSKI Ines	07	CNA	2:59.83	50m	07-07-19	Setúbal	322
33.	SANTOS Lara Carvalho	07	CNAC	3:00.08	50m	07-07-19	Coimbra	321
34.	RODRIGUES Leonor Carreiro	07	SLB	3:00.26	50m	07-07-19	Setúbal	320
35.	OLIVEIRA Diana Goncalves	07	AVQA	3:00.36	50m	13-07-19	Rio Maior	319
36.	CARRILHO Luana Alexandra	07	AVFC	3:00.37	50m	07-07-19	Coimbra	319
37.	FERREIRA Beatriz Anjo	07	DNMG	3:00.84	50m	07-07-19	Coimbra	317
38.	GUERREIRO Leonor Faisca	07	LDC	3:00.91	50m	06-07-19	Loulé	316
39.	VIEIRA Matilde Lebre	07	CGA	3:00.98	50m	07-07-19	Coimbra	316
40.	MACEDO Laura Pinheiro	07	ANAR	3:01.41	50m	06-07-19	Reguengos de Monsaraz	314
41.	VIANA Matilde Violante	07	ADBA	3:01.44	50m	07-07-19	Coimbra	314
42.	ALMEIDA Bianca Filipa	07	CSAAXXI	3:01.63	50m	07-07-19	Coimbra	313
43.	MATEUS Clarisse Vieira	07	CDN	3:01.77	50m	01-03-20	Funchal	312
44.	DRENTJE Julia Norte	07	LDC	3:02.01	50m	14-07-19	Loulé	311
45.	VEIGA Leonor Duarte	07	GRVM	3:02.62	50m	22-02-20	Coimbra	308
46.	CASALINHO Catarina Castro	07	CDE	3:03.68	50m	07-07-19	Coimbra	302
47.	BOTELHO Margarida Santos	07	CNS	3:03.73	50m	07-07-19	Setúbal	302
48.	CARDOSO Mafalda Rodrigues	07	SCE	3:03.79	50m	07-07-19	Coimbra	302
49.	SILVA Lara Pinho	07	CDF	3:05.33	50m	07-07-19	Coimbra	294
50.	RODRIGUES Filipa Silva	07	CNPO	3:05.43	50m	07-07-19	Famalicao	294

50 Bruços

1.	RODRIGUES Laura Sofia	07	JACL	38.53	50m	23-02-20	Funchal	444
2.	REBELO Angela Rodrigues	07	ALN	39.39	50m	11-01-20	Coimbra	415
3.	GONCALVES Valentina Jose	07	CDN	39.78	50m	23-02-20	Funchal	403
4.	PINA Laura Almeida	07	CRASTO	40.48	50m	11-01-20	Coimbra	383
5.	FIGUEIRA Madalena Leonor	07	CNF	40.87	50m	23-02-20	Funchal	372
6.	LOURO Beatriz Silva	07	LDC	41.39	50m	14-07-19	Loulé	358
7.	RODEIA Mariana Figueira	07	CNFA	41.82	50m	14-07-19	Loulé	347
8.	CAMARA Ines Cruz	07	CDN	42.31	50m	23-02-20	Funchal	335
9.	MATEUS Clarisse Vieira	07	CDN	43.01	50m	23-02-20	Funchal	319
10.	ESCADA Cristiana Sofia	07	AAC	43.74	50m	11-01-20	Coimbra	303
11.	CERQUEIRA Ana Margarida	07	LDC	44.60	50m	14-07-19	Loulé	286
12.	FREITAS Maria Raquel	07	CNF	45.28	50m	23-02-20	Funchal	273
13.	VIEIRA Beatriz Carlos	07	CNFA	45.49	50m	14-07-19	Loulé	269
14.	MARTINS Rebeca Sousa	07	LDC	46.15	50m	14-07-19	Loulé	258
15.	VEIGA Leonor Duarte	07	GRVM	46.41	50m	11-01-20	Coimbra	254
16.	ERRA Clara Patricia	07	JACL	50.50	50m	23-02-20	Funchal	197
17.	RINCU Alexandra	07	CNF	53.54	50m	23-02-20	Funchal	165

100 Bruços

1.	RODRIGUES Laura Sofia	07	JACL	1:21.92	50m	05-07-19	Funchal	479
2.	REBELO Angela Rodrigues	07	ALN	1:24.60	50m	27-07-19	Loulé	435
3.	GARCELL Maria Teresa	07	AEFDTV	1:25.32	50m	27-07-19	Loulé	424
4.	TEIXEIRA Joana Navega	07	ATG	1:27.09	50m	06-07-19	Famalicao	399
5.	FRISCHKNECHT Matilde Anjo	07	CNS	1:28.49	50m	06-07-19	Setúbal	380
6.	MARTINS Adriana	07	CAP	1:28.56	50m	18-01-20	Povoa de Varzim	379
7.	VIEIRA Ana Beatriz	07	FOCA	1:28.84	50m	06-07-19	Famalicao	376
8.	MESQUITA Mafalda Martins	07	GDNFAMA	1:28.89	50m	18-01-20	Povoa de Varzim	375
9.	TAVARES Rita Lopes	07	CDF	1:29.53	50m	07-07-19	Coimbra	367
10.	CAMARA Ines Cruz	07	CDN	1:30.06	50m	22-02-20	Funchal	361
11.	ALMEIDA Mariana Marques	07	CNMC	1:30.25	50m	07-07-19	Coimbra	358
12.	BERNAT Elena Del Rio	07	SAD	1:30.42	50m	06-07-19	Setúbal	356

100 Bruços (desde 13)

13.	CUNHA Beatriz Teixeira	07	LSC	1:30.73	50m	06-07-19	Famalicao	353
14.	PEREIRA Beatriz Azevedo	07	CCLAMAS	1:30.79	50m	06-07-19	Famalicao	352
15.	ESTEVES Maria Leonor	07	DNMG	1:30.92	50m	07-07-19	Coimbra	350
16.	ALMEIDA Vanessa Liliana	07	ADBA	1:30.93	50m	07-07-19	Coimbra	350
17.	PINA Laura Almeida	07	CRASTO	1:30.97	50m	07-07-19	Coimbra	350
18.	CERQUEIRA Ana Margarida	07	LDC	1:31.02	50m	27-07-19	Loulé	349
19.	FIGUEIRA Madalena Leonor	07	CNF	1:31.42	50m	22-02-20	Funchal	345
20.	RODRIGUES Leonor Carreiro	07	SLB	1:31.64	50m	06-07-19	Setúbal	342
21.	MOREIRA Maria Leonor	07	CFP	1:31.84	50m	18-01-20	Povoa de Varzim	340
22.	SILVA Daniela Sofia	07	DRCN	1:31.97	50m	06-07-19	Setúbal	339
23.	SILVA Nuria Soares	07	CDF	1:32.79	50m	07-07-19	Coimbra	330
24.	SIMOES Dania Rodrigues	07	ALN	1:32.98	50m	07-07-19	Coimbra	328
25.	NUNES Noa Pinho	07	SCA	1:33.09	50m	07-07-19	Coimbra	326
26.	CARDOSO Mafalda Rodrigues	07	SCE	1:33.21	50m	07-07-19	Coimbra	325
27.	SILVA Patricia Alexandra	07	ATG	1:33.33	50m	27-07-19	Loulé	324
28.	MALFEITO Maria Francisca	07	SCP	1:33.40	50m	27-07-19	Loulé	323
29.	OLIVEIRA Leonor Carvalho	07	DRCN	1:34.02	50m	06-07-19	Setúbal	317
30.	MATEUS Clarisse Vieira	07	CDN	1:34.35	50m	27-07-19	Loulé	314
31.	GUERREIRO Leonor Faisca	07	LDC	1:34.47	50m	07-07-19	Loulé	312
32.	MARQUES Gabriela Silva	07	SCB	1:34.52	50m	18-01-20	Povoa de Varzim	312
33.	SIMAO Anita Soares	07	CDE	1:34.68	50m	18-01-20	Povoa de Varzim	310
34.	DIAS Margarida Figueiredo	07	CGA	1:34.88	50m	07-07-19	Coimbra	308
35.	PINTO Beatriz Santos	07	CNS	1:35.14	50m	06-07-19	Setúbal	306
36.	FERNANDES Maria Ines	07	FBSC	1:35.15	50m	27-07-19	Loulé	306
37.	LIMA Manuela Saretta	07	CLIP	1:35.21	50m	06-07-19	Famalicao	305
38.	FRANCA Ines Matos	07	JACL	1:35.76	50m	05-07-19	Funchal	300
39.	VEIGA Leonor Duarte	07	GRVM	1:36.07	50m	12-07-19	Coimbra	297
40.	MARQUES Beatriz Martins	07	CDE	1:36.23	50m	07-07-19	Coimbra	295
41.	FINS Margarida Torres	07	NSIT	1:36.27	50m	27-07-19	Loulé	295
42.	FERNANDES Leonor Garcia	07	CRASTO	1:36.32	50m	11-01-20	Coimbra	295
43.	CARRILHO Luana Alexandra	07	AVFC	1:36.92	50m	07-07-19	Coimbra	289
44.	GOMES Francisca Martins	07	FCP	1:36.98	50m	18-01-20	Povoa de Varzim	289
45.	CRUZ Joana Calado	07	FBSC	1:37.16	50m	27-07-19	Loulé	287
46.	PIRES Ines Sofia	07	DRCN	1:37.46	50m	27-07-19	Loulé	284
47.	MENDES Marta Barbosa	07	CDF	1:37.51	50m	27-07-19	Loulé	284
48.	SANTOS Juliana Soromenho	07	SLB	1:37.70	50m	06-07-19	Setúbal	282
49.	CRUZ Marta Filipa	07	CIRL	1:38.27	50m	06-07-19	Setúbal	277
50.	JIN Leticia Zhao	07	PORTIN	1:38.95	50m	13-07-19	Loulé	272

200 Bruços

1.	RODRIGUES Laura Sofia	07	JACL	2:59.60	50m	06-07-19	Funchal	464
2.	TEIXEIRA Joana Navega	07	ATG	3:02.77	50m	27-07-19	Loulé	440
3.	REBELO Angela Rodrigues	07	ALN	3:05.73	50m	22-02-20	Coimbra	420
4.	LEAL Matilde Barros	07	CAP	3:06.01	50m	27-07-19	Loulé	418
5.	GONCALVES Valentina Jose	07	CDN	3:06.67	50m	22-02-20	Funchal	413
6.	PINA Laura Almeida	07	CRASTO	3:07.19	50m	27-07-19	Loulé	410
7.	NUNES Noa Pinho	07	SCA	3:08.37	50m	27-07-19	Loulé	402
8.	FRISCHKNECHT Matilde Anjo	07	CNS	3:08.92	50m	27-07-19	Loulé	399
9.	TAVARES Rita Lopes	07	CDF	3:09.52	50m	27-07-19	Loulé	395
10.	SIMOES Dania Rodrigues	07	ALN	3:09.70	50m	22-02-20	Coimbra	394
11.	LOURO Beatriz Silva	07	LDC	3:09.94	50m	06-07-19	Loulé	392
12.	MOREIRA Maria Leonor	07	CFP	3:10.15	50m	27-07-19	Loulé	391
13.	MARTINS Adriana	07	CAP	3:10.24	50m	07-07-19	Famalicao	390

200 Bruços (desde 14)

14.	CAMARA Ines Cruz	07	CDN	3:10.30	50m	06-07-19	Funchal	390
15.	BERNAT Elena Del Rio	07	SAD	3:10.82	50m	07-07-19	Setúbal	387
16.	MANO Leonor Mil	07	FBSC	3:10.98	50m	22-02-20	Coimbra	386
17.	ESTEVES Maria Leonor	07	DNMG	3:11.04	50m	06-07-19	Coimbra	386
18.	SANTOS Rita Machita	07	CNS	3:11.21	50m	07-07-19	Setúbal	385
19.	AGUILAR Marta Andre	07	FBSC	3:11.22	50m	22-02-20	Coimbra	385
20.	FERRARI Maria Carlotta	07	GESL	3:11.81	50m	07-07-19	Setúbal	381
21.	BERGAMO Emma Aguiar	07	SAD	3:12.33	50m	27-07-19	Loulé	378
22.	PINTO Margarida Vieira	07	SCB	3:13.16	50m	27-07-19	Loulé	373
23.	ALMEIDA Mariana Marques	07	CNMC	3:13.56	50m	06-07-19	Coimbra	371
24.	ALMEIDA Vanessa Liliana	07	ADBA	3:13.65	50m	06-07-19	Coimbra	370
25.	RODRIGUES Leonor Carreiro	07	SLB	3:14.14	50m	27-07-19	Loulé	367
26.	SILVA Nuria Soares	07	CDF	3:14.51	50m	27-07-19	Loulé	365
27.	PEREIRA Beatriz Azevedo	07	CCLAMAS	3:14.97	50m	27-07-19	Loulé	363
28.	CARDOSO Mafalda Rodrigues	07	SCE	3:15.36	50m	06-07-19	Coimbra	361
29.	CERQUEIRA Ana Margarida	07	LDC	3:16.01	50m	27-07-19	Loulé	357
30.	CUNHA Beatriz Teixeira	07	LSC	3:16.33	50m	07-07-19	Famalicao	355
31.	SILVA Patricia Alexandra	07	ATG	3:16.64	50m	27-07-19	Loulé	354
32.	CACHACO Beatriz Heitor	07	MODV	3:17.04	50m	27-07-19	Loulé	351
33.	VICENCIO Sara Viana	07	SCP	3:17.15	50m	27-07-19	Loulé	351
34.	CARRILHO Luana Alexandra	07	AVFC	3:17.60	50m	06-07-19	Coimbra	348
35.	SANTOS Daniela Alexandra	07	SCP	3:17.75	50m	27-07-19	Loulé	348
36.	SIMOES Ana Madalena	07	GESL	3:18.23	50m	27-07-19	Loulé	345
37.	VIDAL Bianca Antunes	07	IDV	3:18.58	50m	27-07-19	Loulé	343
38.	SILVA Daniela Sofia	07	DRCN	3:19.22	50m	07-07-19	Setúbal	340
39.	MALFEITO Maria Francisca	07	SCP	3:19.62	50m	07-07-19	Setúbal	338
40.	MARQUES Beatriz Martins	07	CDE	3:19.97	50m	06-07-19	Coimbra	336
41.	FERNANDES Maria Ines	07	FBSC	3:20.54	50m	27-07-19	Loulé	333
42.	ROMAO Rita Violante	07	CNAL	3:20.65	50m	27-07-19	Loulé	333
43.	FINS Margarida Torres	07	NSIT	3:20.69	50m	27-07-19	Loulé	333
44.	OLIVEIRA Leonor Carvalho	07	DRCN	3:21.14	50m	07-07-19	Setúbal	330
45.	PINTO Beatriz Santos	07	CNS	3:21.96	50m	07-07-19	Setúbal	326
46.	SOUSA Ines Tonel	07	ADA	3:22.76	50m	27-07-19	Loulé	322
47.	FIGUEIRA Madalena Leonor	07	CNF	3:23.04	50m	27-07-19	Loulé	321
48.	SANTOS Sara Margarida	07	CDE	3:23.47	50m	27-07-19	Loulé	319
49.	DIAS Margarida Figueiredo	07	CGA	3:24.42	50m	27-07-19	Loulé	315
50.	PARENTE Leonor Peso	07	PDEM	3:25.75	50m	07-07-19	Setúbal	309

50 Mariposa

1.	FRANCO Catarina Andrade	07	GESL	30.58	50m	28-03-21	Coimbra	509
2.	RODEIA Mariana Figueira	07	CNFA	33.67	50m	14-07-19	Loulé	381
3.	CAMARA Ines Cruz	07	CDN	34.04	50m	23-02-20	Funchal	369
4.	NETO Leonor Rodrigues	07	CNF	34.49	50m	23-02-20	Funchal	355
5.	LOURO Beatriz Silva	07	LDC	35.17	50m	14-07-19	Loulé	335
6.	RODRIGUES Laura Sofia	07	JACL	36.15	50m	23-02-20	Funchal	308
7.	ALMEIDA Bianca Filipa	07	CSAAXXI	36.26	50m	11-01-20	Coimbra	305
8.	TEMTEM Sara Maria	07	CDN	40.92	50m	23-02-20	Funchal	212
9.	RASCAO Maria Costeira	07	JFP	41.54	50m	11-01-20	Coimbra	203
10.	RODRIGUES Luna Almeida	07	SCC	46.90	50m	11-01-20	Coimbra	141
11.	RINCU Alexandra	07	CNF	51.49	50m	23-02-20	Funchal	106

100 Mariposa

1.	ALMEIDA Maria Emilia	07	CGA	1:09.70	50m	27-03-21	Coimbra	504
2.	FERRARI Maria Carlotta	07	GESL	1:14.78	50m	06-07-19	Setúbal	408
3.	MANO Leonor Mil	07	FBSC	1:15.21	50m	27-07-19	Loulé	401
4.	FRANCO Catarina Andrade	07	GESL	1:15.24	50m	27-07-19	Loulé	400
5.	CARVALHO Sofia Alexandra	07	ATG	1:15.35	50m	07-07-19	Famalicao	399
6.	CACHACO Beatriz Heitor	07	MODV	1:16.23	50m	27-07-19	Loulé	385
6.	REBELO Angela Rodrigues	07	ALN	1:16.23	50m	22-02-20	Coimbra	385
8.	VIEIRA Ana Beatriz	07	FOCA	1:16.85	50m	07-07-19	Famalicao	376
9.	SOUSA Maria Rita	07	EDV	1:18.93	50m	27-07-19	Loulé	347
10.	MARQUES Gabriela Silva	07	SCB	1:18.98	50m	18-01-20	Povoa de Varzim	346
11.	CAMARA Ines Cruz	07	CDN	1:19.22	50m	22-02-20	Funchal	343
12.	LEAL Matilde Barros	07	CAP	1:19.64	50m	18-01-20	Povoa de Varzim	338
13.	AGUILAR Marta Andre	07	FBSC	1:19.74	50m	22-02-20	Coimbra	336
14.	SANTOS Lara Carvalho	07	CNAC	1:20.39	50m	22-02-20	Coimbra	328
15.	DIOGO Ines Miranda	07	FBSC	1:20.67	50m	07-07-19	Coimbra	325
16.	SILVA Nuria Soares	07	CDF	1:20.83	50m	07-07-19	Coimbra	323
17.	NETO Leonor Rodrigues	07	CNF	1:20.88	50m	22-02-20	Funchal	322
18.	BOTELHO Margarida Santos	07	CNS	1:20.92	50m	06-07-19	Setúbal	322
19.	BARAONA Ines Azevedo	07	CNMJ	1:21.04	50m	06-07-19	Setúbal	320
20.	ALMEIDA Bianca Filipa	07	CSAAXXI	1:21.25	50m	07-07-19	Coimbra	318
21.	NUNES Marta Filipa	07	CNCA	1:22.54	50m	27-07-19	Loulé	303
22.	RODRIGUES Nancy Almeida	07	CRASTO	1:22.73	50m	11-01-20	Coimbra	301
23.	MACEDO Laura Pinheiro	07	ANAR	1:22.75	50m	06-07-19	Reguengos de Monsaraz	301
24.	FERREIRA Beatriz Anjo	07	DNMG	1:22.76	50m	07-07-19	Coimbra	301
25.	PIRES Teresa Joao	07	SAD	1:23.05	50m	06-07-19	Setúbal	298
26.	FIGUEIRA Madalena Almeida	07	AVFC	1:23.09	50m	07-07-19	Coimbra	297
27.	RODRIGUES Laura Sofia	07	JACL	1:23.13	50m	22-02-20	Funchal	297
28.	TAVARES Rita Lopes	07	CDF	1:23.33	50m	07-07-19	Coimbra	295
29.	TEIXEIRA Mafalda Gomes	07	FCP	1:23.35	50m	18-01-20	Povoa de Varzim	294
30.	CONCEICAO Beatriz Sofia	07	CNAB	1:23.51	50m	27-07-19	Loulé	293
31.	MATOS Maria Bandarra	07	SCP	1:23.57	50m	27-07-19	Loulé	292
32.	PEREIRA Ines Portela	07	GESL	1:23.94	50m	13-07-19	Rio Maior	288
33.	ESCADA Cristiana Sofia	07	AAC	1:24.08	50m	11-01-20	Coimbra	287
34.	ROMAO Rita Violante	07	CNAL	1:24.15	50m	27-07-19	Loulé	286
35.	CABRAL Carolina Vizinho	07	CNVA	1:24.61	50m	07-07-19	Coimbra	281
36.	REBELO Mafalda Guimaraes	07	CFP	1:24.65	50m	18-01-20	Povoa de Varzim	281
37.	SANTOS Juliana Soromenho	07	SLB	1:24.74	50m	06-07-19	Setúbal	280
38.	SANTOS Silvia Teixeira	07	ATG	1:24.79	50m	07-07-19	Famalicao	280
39.	SILVA Patricia Alexandra	07	ATG	1:25.08	50m	07-07-19	Famalicao	277
40.	SILVA Matilde Vale	07	CNPO	1:25.42	50m	18-01-20	Povoa de Varzim	273
41.	BILETSKA Carolina Diana	07	FCF	1:25.93	50m	13-07-19	Loulé	269
42.	VALINHAS Ana Carolina	07	GDNFAMA	1:26.00	50m	07-07-19	Famalicao	268
43.	SANTOS Rita Machita	07	CNS	1:26.16	50m	06-07-19	Setúbal	266
44.	DRENTJE Julia Norte	07	LDC	1:26.40	50m	07-07-19	Loulé	264
45.	VIDAL Bianca Antunes	07	IDV	1:26.45	50m	07-07-19	Coimbra	264
46.	VIROTE Joana Lopes	07	LDC	1:26.84	50m	13-07-19	Loulé	260
47.	SIMOES Ana Madalena	07	GESL	1:27.03	50m	06-07-19	Setúbal	259
48.	TEIXEIRA Joana Navega	07	ATG	1:28.11	50m	07-07-19	Famalicao	249
49.	SANTOS Sara Margarida	07	CDE	1:28.22	50m	18-01-20	Povoa de Varzim	248
50.	FERNANDES Maria Ines	07	FBSC	1:28.66	50m	22-02-20	Coimbra	245

200 Mariposa

1.	ALMEIDA Maria Emilia	07	CGA	2:29.45	50m	27-03-21	Coimbra	541
2.	CARVALHO Sofia Alexandra	07	ATG	2:46.20	50m	27-07-19	Loulé	393
3.	MANO Leonor Mil	07	FBSC	2:50.94	50m	06-07-19	Coimbra	361
4.	SIMOES Dania Rodrigues	07	ALN	2:52.21	50m	22-02-20	Coimbra	353
5.	SANTOS Lara Carvalho	07	CNAC	2:54.22	50m	22-02-20	Coimbra	341
6.	CAMARA Ines Cruz	07	CDN	2:54.39	50m	27-07-19	Loulé	340
7.	FERREIRA Beatriz Anjo	07	DNMG	2:58.00	50m	06-07-19	Coimbra	320
8.	BOTELHO Margarida Santos	07	CNS	2:58.55	50m	27-07-19	Loulé	317
9.	SANTOS Silvia Teixeira	07	ATG	2:59.62	50m	06-07-19	Famalicao	311
10.	RODRIGUES Catarina Ferreira	07	CNA	2:59.76	50m	27-07-19	Loulé	311
11.	SILVA Patricia Alexandra	07	ATG	3:00.75	50m	06-07-19	Famalicao	306
12.	RODRIGUES Nancy Almeida	07	CRASTO	3:06.22	50m	06-07-19	Coimbra	279
13.	SILVA Matilde Vale	07	CNPO	3:07.53	50m	06-07-19	Famalicao	274
14.	CONCEICAO Beatriz Sofia	07	CNAB	3:11.37	50m	14-07-19	Rio Maior	257
15.	BATISTA Rita Lima	07	CNS	3:17.73	50m	07-07-19	Setúbal	233
16.	ESCADA Cristiana Sofia	07	AAC	3:19.08	50m	06-07-19	Coimbra	229
17.	BARAONA Ines Azevedo	07	CNMJ	3:20.27	50m	07-07-19	Setúbal	225
18.	PEREIRA Maria Fagundes	07	CNPV	3:25.58	50m	27-07-19	Loulé	208
19.	BOTAS Beatriz Alexandra	07	AVQA	3:34.38	50m	14-07-19	Rio Maior	183
20.	COELHO Mariana Mauricio	07	BUZIOS	4:07.29	50m	14-07-19	Rio Maior	119

200 Estilos

1.	SIMOES Dania Rodrigues	07	ALN	2:38.58	50m	27-03-21	Coimbra	503
2.	RODEIA Mariana Figueira	07	CNFA	2:43.06	50m	28-07-19	Loulé	462
3.	RODRIGUES Laura Sofia	07	JACL	2:43.49	50m	28-02-20	Funchal	459
4.	AGUILAR Marta Andre	07	FBSC	2:44.77	50m	11-01-20	Coimbra	448
5.	ALMEIDA Maria Emilia	07	CGA	2:45.82	50m	06-07-19	Coimbra	439
6.	FERRARI Maria Carlotta	07	GESL	2:45.99	50m	28-07-19	Loulé	438
7.	GARCELL Maria Teresa	07	AEFDTV	2:46.82	50m	28-07-19	Loulé	432
7.	MANO Leonor Mil	07	FBSC	2:46.82	50m	11-01-20	Coimbra	432
9.	FRANCO Catarina Andrade	07	GESL	2:48.23	50m	28-07-19	Loulé	421
10.	MAGALHAES Leticia Rodrigues	07	PDEM	2:48.89	50m	07-07-19	Setúbal	416
11.	LEAL Matilde Barros	07	CAP	2:49.48	50m	28-07-19	Loulé	412
12.	PINA Laura Almeida	07	CRASTO	2:49.63	50m	28-07-19	Loulé	411
13.	CARVALHO Sofia Alexandra	07	ATG	2:49.99	50m	07-07-19	Famalicao	408
14.	REBELO Angela Rodrigues	07	ALN	2:50.28	50m	06-07-19	Coimbra	406
15.	ALMEIDA Mariana Marques	07	CNMC	2:50.46	50m	06-07-19	Coimbra	405
16.	GONCALVES Valentina Jose	07	CDN	2:50.51	50m	28-02-20	Funchal	404
17.	CAMARA Ines Cruz	07	CDN	2:50.84	50m	22-02-20	Funchal	402
18.	NETO Leonor Rodrigues	07	CNF	2:51.62	50m	28-02-20	Funchal	396
19.	BERNAT Elena Del Rio	07	SAD	2:51.81	50m	28-07-19	Loulé	395
20.	MESQUITA Mafalda Martins	07	GDNFAMA	2:52.99	50m	28-07-19	Loulé	387
21.	RODRIGUES Nancy Almeida	07	CRASTO	2:53.17	50m	11-01-20	Coimbra	386
22.	ALVES Sara Sofia	07	CNS	2:53.43	50m	28-07-19	Loulé	384
23.	SILVA Nuria Soares	07	CDF	2:53.65	50m	06-07-19	Coimbra	383
24.	RIBEIRO Matilde Nunes	07	DRCN	2:53.77	50m	07-07-19	Setúbal	382
25.	SANTOS Rita Machita	07	CNS	2:54.10	50m	07-07-19	Setúbal	380
26.	MALFEITO Maria Francisca	07	SCP	2:54.24	50m	07-07-19	Setúbal	379
27.	ESTEVEES Maria Leonor	07	DNMG	2:54.54	50m	06-07-19	Coimbra	377
28.	SANTOS Juliana Soromenho	07	SLB	2:54.59	50m	07-07-19	Setúbal	376
29.	DIOGO Ines Miranda	07	FBSC	2:54.86	50m	11-01-20	Coimbra	375
30.	MACEDO Laura Pinheiro	07	ANAR	2:54.91	50m	07-07-19	Reguengos de Monsaraz	374
31.	SOUSA Maria Rita	07	EDV	2:55.27	50m	28-07-19	Loulé	372

200 Estilos (desde 32)

32.	GOMES Barbara Sofia	07	LSC	2:55.39	50m	28-07-19	Loulé	371
33.	CACHACO Beatriz Heitor	07	MODV	2:55.56	50m	12-07-19	Rio Maior	370
34.	FIGUEIRA Madalena Almeida	07	AVFC	2:55.62	50m	06-07-19	Coimbra	370
35.	FRISCHKNECHT Matilde Anjo	07	CNS	2:56.08	50m	07-07-19	Setúbal	367
36.	PINTO Mariana Alexandra	07	SCB	2:56.22	50m	28-07-19	Loulé	366
37.	NUNES Marta Filipa	07	CNCA	2:56.28	50m	12-07-19	Rio Maior	366
38.	SIMOES Ana Madalena	07	GESL	2:56.43	50m	28-07-19	Loulé	365
39.	CRUZ Joana Calado	07	FBSC	2:56.49	50m	11-01-20	Coimbra	364
40.	FERNANDES Leonor Garcia	07	CRASTO	2:56.55	50m	11-01-20	Coimbra	364
41.	ALMEIDA Ines Filipa	07	ADS	2:56.66	50m	28-07-19	Loulé	363
42.	LOURO Beatriz Silva	07	LDC	2:56.76	50m	07-07-19	Loulé	363
43.	ALMEIDA Bianca Filipa	07	CSAAXXI	2:56.89	50m	14-07-19	Coimbra	362
44.	PEREIRA Beatriz Azevedo	07	CCLAMAS	2:57.40	50m	28-07-19	Loulé	359
45.	VIDAL Bianca Antunes	07	IDV	2:57.41	50m	06-07-19	Coimbra	359
46.	TSHESNOVSKA Anastacia	07	SCP	2:57.70	50m	28-07-19	Loulé	357
47.	RODRIGUES Leonor Carreiro	07	SLB	2:57.79	50m	07-07-19	Setúbal	356
48.	SANTOS Daniela Alexandra	07	SCP	2:58.33	50m	07-07-19	Setúbal	353
49.	VICENCIO Sara Viana	07	SCP	2:58.34	50m	07-07-19	Setúbal	353
50.	CUNHA Beatriz Teixeira	07	LSC	2:58.68	50m	07-07-19	Famalicao	351

400 Estilos

1.	SIMOES Dania Rodrigues	07	ALN	5:31.24	50m	27-03-21	Coimbra	519
2.	MANO Leonor Mil	07	FBSC	5:44.36	50m	22-02-20	Coimbra	462
3.	ALMEIDA Maria Emilia	07	CGA	5:45.54	50m	28-07-19	Loulé	458
4.	AGUILAR Marta Andre	07	FBSC	5:48.94	50m	06-07-19	Coimbra	444
5.	REBELO Angela Rodrigues	07	ALN	5:49.59	50m	22-02-20	Coimbra	442
6.	RODRIGUES Laura Sofia	07	JACL	5:52.51	50m	29-02-20	Funchal	431
7.	VIEIRA Ana Beatriz	07	FOCA	5:53.19	50m	06-07-19	Famalicao	428
8.	FERRARI Maria Carlotta	07	GESL	5:53.67	50m	07-07-19	Setúbal	427
9.	CAMARA Ines Cruz	07	CDN	5:57.60	50m	29-02-20	Funchal	413
10.	PIRES Teresa Joao	07	SAD	6:01.01	50m	28-07-19	Loulé	401
11.	CARVALHO Sofia Alexandra	07	ATG	6:02.10	50m	06-07-19	Famalicao	398
12.	ALMEIDA Ines Filipa	07	ADS	6:02.27	50m	06-07-19	Coimbra	397
13.	TEIXEIRA Joana Navega	07	ATG	6:04.06	50m	28-07-19	Loulé	391
14.	PINTO Margarida Vieira	07	SCB	6:04.22	50m	28-07-19	Loulé	391
15.	GONCALVES Valentina Jose	07	CDN	6:07.04	50m	29-02-20	Funchal	382
16.	FIGUEIRA Madalena Almeida	07	AVFC	6:08.26	50m	06-07-19	Coimbra	378
17.	RODRIGUES Nancy Almeida	07	CRASTO	6:08.52	50m	28-07-19	Loulé	377
18.	MALFEITO Maria Francisca	07	SCP	6:08.53	50m	28-07-19	Loulé	377
19.	GARCELL Maria Teresa	07	AEFDTV	6:09.50	50m	07-07-19	Setúbal	374
20.	MATOS Maria Bandarra	07	SCP	6:09.67	50m	07-07-19	Setúbal	374
21.	MACEDO Laura Pinheiro	07	ANAR	6:10.68	50m	05-07-19	Reguengos de Monsaraz	371
22.	MESQUITA Mafalda Martins	07	GDNFAMA	6:12.02	50m	06-07-19	Famalicao	367
23.	FRISCHKNECHT Matilde Anjo	07	CNS	6:13.08	50m	28-07-19	Loulé	363
24.	ALMEIDA Mariana Marques	07	CNMC	6:13.64	50m	06-07-19	Coimbra	362
25.	ALMEIDA Bianca Filipa	07	CSAAXXI	6:14.98	50m	06-07-19	Coimbra	358
26.	SIMOES Ana Madalena	07	GESL	6:15.79	50m	07-07-19	Setúbal	356
27.	NETO Leonor Rodrigues	07	CNF	6:16.28	50m	28-07-19	Loulé	354
28.	DIOGO Ines Miranda	07	FBSC	6:17.57	50m	22-02-20	Coimbra	351
29.	SANTOS Sara Margarida	07	CDE	6:18.20	50m	06-07-19	Coimbra	349
30.	SANTOS Rita Machita	07	CNS	6:18.25	50m	28-07-19	Loulé	349
31.	SOUSA Matilde Filipe	07	NSIT	6:18.30	50m	28-07-19	Loulé	349
32.	FERNANDES Maria Ines	07	FBSC	6:20.36	50m	22-02-20	Coimbra	343

400 Estilos (desde 33)

33.	TEIXEIRA Mafalda Gomes	07	FCP	6:20.44	50m	06-07-19	Famalicao	343
34.	CABRAL Carolina Vizinho	07	CNVA	6:22.55	50m	06-07-19	Coimbra	337
35.	GOMES Rita Cunha	07	VNC	6:22.58	50m	28-07-19	Loulé	337
36.	TSHESNOVSKA Anastacia	07	SCP	6:23.35	50m	07-07-19	Setúbal	335
37.	RODRIGUES Catarina Ferreira	07	CNA	6:24.17	50m	28-07-19	Loulé	333
38.	SANTOS Leonor Castanho	07	SCP	6:28.73	50m	07-07-19	Setúbal	321
39.	FERNANDES Leonor Garcia	07	CRASTO	6:30.73	50m	06-07-19	Coimbra	316
40.	ROMAO Rita Violante	07	CNAL	6:32.81	50m	06-07-19	Coimbra	311
41.	BILETSKA Carolina Diana	07	FCF	6:35.23	50m	07-07-19	Loulé	306
42.	PEREIRA Magda Silva	07	GESL	6:38.74	50m	07-07-19	Setúbal	298
43.	MIDOES Madalena Maria	07	AVQA	6:40.03	50m	13-07-19	Rio Maior	295
44.	SANTOS Joana Gouveia	07	GESL	6:43.71	50m	07-07-19	Setúbal	287
45.	TEMTEM Sara Maria	07	CDN	6:46.22	50m	29-02-20	Funchal	281
46.	BOTAS Beatriz Alexandra	07	AVQA	6:47.31	50m	13-07-19	Rio Maior	279
47.	MARTINS Joana Maria	07	CNAL	6:48.75	50m	06-07-19	Coimbra	276
48.	MATOS Maria Poeira	07	NDCO	7:07.05	50m	05-07-19	Reguengos de Monsaraz	242
49.	SILVA Maria Teresa	07	AMINATA	7:12.08	50m	05-07-19	Reguengos de Monsaraz	234
50.	PIMENTA Ines Sofia	07	CNAL	7:17.72	50m	06-07-19	Coimbra	225