

**50 Livres**

1.	NASCIMENTO Miguel Duarte	95	SLB	21.57	25m	23-12-20	Coimbra
2.	SAHNOUNE Oussama	92	SLB	21.74	25m	13-12-19	Angers (FRA)
3.	SILVA Fernando Souza	86	SFUAP	22.45	25m	14-07-19	Algés
4.	MARQUES Miguel Henriques	00	SLB	22.79	25m	21-12-19	Felgueiras
5.	MADUREIRA Gustavo Almeida	94	AAC	22.80	25m	21-12-19	Felgueiras
6.	CARVALHO Diogo Filipe	88	CGA	22.84	25m	15-11-20	Mealhada
7.	POLIAKOV Artiom Viatcheslav	93	COL	22.87	25m	14-07-19	Algés
7.	RIBAS Alexandre Lages	97	EDV	22.87	25m	21-12-19	Felgueiras
9.	DIAS Guilherme Pereira	97	VKGS	22.94	25m	30-11-19	Sines
9.	SANTOS Alexis Manacas	92	SCP	22.94	25m	09-01-21	Guarda
11.	MACHADO Tiago Andrade	02	CGA	23.07	25m	21-12-19	Felgueiras
12.	SANTOS Joao Duarte	95	CNOL	23.10	25m	11-04-21	Felgueiras
13.	SANTOS Pedro Andre	94	SAD	23.17	25m	22-11-19	Algés
14.	PADRELA Joao Esteves	99	CFB	23.20	25m	21-12-19	Felgueiras
14.	PINHO Manuel Antonio	01	CDF	23.20	25m	21-12-19	Felgueiras
16.	MACHADO Francisco Carvalho	98	SAD	23.28	25m	22-11-19	Algés
16.	SANTOS Francisco Rogerio	98	SCP	23.28	25m	09-01-21	Guarda
18.	RODRIGUES Tiago Moura	03	CLIP	23.29	25m	21-12-19	Felgueiras
18.	LOPES Gabriel Jose	97	ALN	23.29	25m	11-04-21	Felgueiras
20.	MOGNE Igor Araujo	96	SCP	23.31	25m	20-12-19	Felgueiras
21.	NUNES Porfirio Braga	00	FCP	23.34	25m	20-12-19	Felgueiras
22.	RAMOS Bruno Miguel	97	CFB	23.35	25m	20-12-19	Felgueiras
22.	RIBEIRO Diogo Matos	04	CUC	23.35	25m	22-12-20	Coimbra
22.	AMORIM Alexandre Ferreira	99	LSC	23.35	25m	11-04-21	Felgueiras
25.	RIACHOS Frederico Sucena	98	VSC	23.42	25m	15-12-19	Leiria
25.	FERNANDES Pedro Miguel	99	GDNFAMA	23.42	25m	03-04-21	Famalicao
27.	VAKULYUK Paulo	03	CNTN	23.46	25m	21-12-19	Felgueiras
28.	LOPES Jose Paulo	00	SCB	23.49	25m	20-12-19	Felgueiras
29.	FERREIRA Bernardo Felgueira	03	CNCE	23.50	25m	11-04-21	Felgueiras
30.	PEDRO Daniel Rochinha	98	AHBE	23.52	25m	14-07-19	Algés
31.	GOMES Filipe Miguel	97	ADBA	23.56	25m	15-02-20	Torres Novas
32.	PEREIRA Luiz Pedro	91	SLB	23.60	25m	15-11-20	Leiria
33.	LOPES Tomas Teixeira	02	VSC	23.65	25m	11-04-21	Felgueiras
34.	GOMES Rodrigo Ribeiro	00	CAQC	23.69	25m	23-12-20	Coimbra
35.	LEBRE Diogo Ramos	01	SLB	23.77	25m	21-12-19	Felgueiras
36.	SILVA Ricardo Lopes	03	DNMG	23.82	25m	21-12-19	Felgueiras
36.	PEREIRA Mario Alexandre	92	CNAC	23.82	25m	02-02-20	Coimbra
38.	FAUSTINO Matheus Costa	98	SCB	23.84	25m	07-03-20	Braga
39.	SANTOS Dario Almeida	93	LSC	23.87	25m	15-12-19	Leiria
39.	BATE Afonso Ribeiro	98	SAD	23.87	25m	21-12-19	Felgueiras
41.	AGOSTINHO Miguel Diogo	00	FBSC	23.88	25m	15-12-19	Leiria
42.	COSTA Diogo Santos	02	ADRCIMM	23.89	25m	21-12-19	Felgueiras
43.	LEIRIA David Miguel	93	VKGS	23.95	25m	01-11-19	Setúbal
44.	LOPES David Granja	90	AONDA	23.99	25m	30-11-19	Sines
45.	COTOVIO Ricardo Ferreira	91	VKGS	24.02	25m	20-12-19	Felgueiras
46.	REIS Rodrigo Miguel	04	ADBA	24.06	25m	15-11-20	Leiria
47.	GOMES Miguel Camara	99	CNF	24.07	25m	15-12-19	Leiria
47.	FERNANDES Eduardo Gomes	02	SCP	24.07	25m	20-12-19	Felgueiras
47.	MACHADO Bruno Rafael	01	FCP	24.07	25m	21-12-19	Felgueiras
50.	SOARES Frederico Sousa	96	AHBE	24.09	25m	13-07-19	Algés

**100 Livres**

1.	NASCIMENTO Miguel Duarte	95	SLB	47.26	25m	22-12-20	Coimbra
2.	SAHNOUNE Oussama	92	SLB	47.43	25m	15-12-19	Angers (FRA)
3.	CARVALHO Diogo Filipe	88	CGA	48.69	25m	14-12-19	Leiria
4.	RIBAS Alexandre Lages	97	EDV	49.53	25m	20-12-19	Felgueiras
5.	RIBEIRO Diogo Matos	04	CUC	49.56	25m	22-12-20	Coimbra
6.	LOPES Gabriel Jose	97	POR	50.00	25m	09-01-21	Guarda
7.	MADUREIRA Gustavo Almeida	94	AAC	50.05	25m	22-12-19	Felgueiras
8.	RAMOS Bruno Miguel	97	CFB	50.12	25m	22-12-19	Felgueiras
9.	SANTOS Pedro Andre	94	SAD	50.14	25m	20-12-19	Felgueiras
10.	VELOSO Tomas Miguel	96	CNAC	50.18	25m	20-12-19	Felgueiras
11.	SANTOS Francisco Rogerio	98	SCP	50.26	25m	22-12-19	Felgueiras
12.	SILVA Fernando Souza	86	SFUAP	50.30	25m	23-11-19	Algés
13.	DIAS Guilherme Pereira	97	VKGS	50.34	25m	30-11-19	Sines
14.	COSTA Tiago Cunha	99	SCP	50.39	25m	20-12-19	Felgueiras
15.	GUTIERREZ Juan Francisco	94	LDC	50.51	25m	18-10-20	Lagos
16.	SANTOS Alexis Manacas	92	SCP	50.53	25m	09-01-21	Guarda
17.	MACHADO Tiago Andrade	02	CGA	50.61	25m	20-12-19	Felgueiras
18.	NUNES Porfirio Braga	00	FCP	50.67	25m	22-12-19	Felgueiras
19.	LOPES Tomas Teixeira	02	FOCA	50.72	25m	20-12-19	Felgueiras
20.	LEBRE Diogo Ramos	01	SLB	50.78	25m	22-12-19	Felgueiras
21.	PINHO Manuel Antonio	01	CDF	50.82	25m	20-12-19	Felgueiras
22.	POLIAKOV Artiom Viatcheslav	93	COL	50.87	25m	14-07-19	Algés
23.	SANTOS Joao Duarte	95	CNOL	50.89	25m	30-11-19	Sines
24.	PADRELA Joao Esteves	99	CFB	50.91	25m	20-12-19	Felgueiras
25.	LOPES Jose Paulo	00	SCB	50.94	25m	22-12-19	Felgueiras
26.	PEDRO Daniel Rochinha	98	AHBE	50.97	25m	14-12-19	Leiria
27.	MOGNE Igor Araujo	96	SCP	51.10	25m	20-12-19	Felgueiras
28.	BATE Afonso Ribeiro	98	SAD	51.32	25m	20-12-19	Felgueiras
29.	COSTA Diogo Santos	02	ADRCIMM	51.33	25m	14-07-19	Algés
30.	GIL Joao Pedro	97	CDCP	51.37	25m	30-11-19	Sines
31.	AMORIM Alexandre Ferreira	99	LSC	51.38	25m	10-04-21	Felgueiras
32.	MARQUES Miguel Henriques	00	SLB	51.42	25m	20-12-19	Felgueiras
33.	AGOSTINHO Miguel Diogo	00	FBSC	51.44	25m	14-12-19	Leiria
34.	VAKULYUK Paulo	03	CNTN	51.46	25m	20-12-19	Felgueiras
35.	FERNANDES Pedro Miguel	99	GDNFAMA	51.47	25m	10-04-21	Felgueiras
36.	SANTOS Dario Almeida	93	LSC	51.49	25m	20-12-19	Felgueiras
37.	PEREIRA Mario Alexandre	92	CNAC	51.52	25m	01-02-20	Coimbra
38.	RODRIGUES Tiago Moura	03	CLIP	51.55	25m	20-12-19	Felgueiras
39.	REIS Rodrigo Miguel	04	ADBA	51.60	25m	14-11-20	Leiria
40.	FERREIRA Bernardo Felgueira	03	CNCE	51.73	25m	10-04-21	Felgueiras
41.	FERNANDES Eduardo Gomes	02	SCP	51.77	25m	22-12-19	Felgueiras
42.	SIMOES Rafael Gomes	00	SCB	51.90	25m	22-11-19	Braga
43.	RIACHOS Frederico Sucena	98	VSC	52.02	25m	15-12-19	Leiria
44.	CAMPOS Tiago Filipe	99	CNRM	52.03	25m	07-03-20	Santarém
45.	MACHADO Francisco Carvalh	98	SAD	52.10	25m	22-12-19	Felgueiras
46.	GOMES Filipe Miguel	97	ADBA	52.11	25m	10-11-19	Albufeira
47.	FAUSTINO Matheus Costa	98	SCB	52.19	25m	20-12-19	Felgueiras
48.	SILVA Ricardo Lopes	03	DNMG	52.22	25m	20-12-19	Felgueiras
49.	MORIM Ruben Jose	97	CFV	52.25	25m	15-12-19	Leiria
50.	LEIRIA David Miguel	93	VKGS	52.35	25m	30-11-19	Sines

**200 Livres**

1.	SANTOS Alexis Manacas	92	SCP	1:44.73	25m	21-12-19	Felgueiras
2.	NASCIMENTO Miguel Duarte	95	SLB	1:44.95	25m	23-12-20	Coimbra
3.	CARVALHO Diogo Filipe	88	CGA	1:47.30	25m	15-12-19	Leiria
4.	RIBEIRO Diogo Matos	04	CUC	1:47.65	25m	11-04-21	Felgueiras
5.	VELOSO Tomas Miguel	96	CNAC	1:47.69	25m	22-12-19	Felgueiras
6.	LOPES Gabriel Jose	97	ALN	1:47.77	25m	14-11-20	Mealhada
7.	RAMOS Bruno Miguel	97	CFB	1:47.79	25m	22-12-19	Felgueiras
8.	MOGNE Igor Araujo	96	SCP	1:48.58	25m	22-12-19	Felgueiras
9.	LOPES Jose Paulo	00	SCB	1:48.65	25m	21-12-19	Felgueiras
10.	LOPES Tomas Teixeira	02	FOCA	1:49.15	25m	22-12-19	Felgueiras
11.	SAHNOUNE Oussama	92	SLB	1:49.51	25m	09-11-19	Istres (FRA)
12.	RIBEIRO Gustavo Carvalhais	03	CGA	1:50.39	25m	14-12-19	Leiria
13.	SANTOS Pedro Andre	94	SAD	1:50.70	25m	13-07-19	Algés
14.	SANTOS Joao Duarte	95	CNOL	1:51.17	25m	22-12-19	Felgueiras
15.	VAKULYUK Paulo	03	CNTN	1:51.54	25m	15-12-19	Leiria
16.	BATE Afonso Ribeiro	98	SAD	1:51.69	25m	22-12-19	Felgueiras
17.	BASTOS Lucas Pereira	00	CNAC	1:51.97	25m	23-12-20	Coimbra
18.	SILVA Ricardo Lopes	03	DNMG	1:52.00	25m	22-12-19	Felgueiras
19.	POLIAKOV Artiom Viatcheslav	93	COL	1:52.17	25m	13-07-19	Algés
20.	SIMOES Rafael Gomes	00	SCB	1:52.22	25m	02-11-19	Barcelos
21.	SANTOS Dario Almeida	93	LSC	1:52.34	25m	14-12-19	Leiria
22.	PINHO Manuel Antonio	01	CDF	1:52.42	25m	22-12-19	Felgueiras
23.	PADRELA Joao Esteves	99	CFB	1:52.43	25m	21-12-19	Felgueiras
24.	SANTOS Pedro Miguel	01	FCP	1:52.47	25m	22-12-19	Felgueiras
25.	MADUREIRA Gustavo Almeida	94	AAC	1:52.75	25m	14-12-19	Leiria
26.	COSTA Tiago Cunha	99	SCP	1:52.76	25m	14-11-20	Leiria
27.	PEDRO Daniel Rochinha	98	AHBE	1:52.78	25m	14-12-19	Leiria
28.	NUNES Diogo Barbosa	00	FCP	1:52.93	25m	22-12-19	Felgueiras
29.	MACHADO Tiago Andrade	02	CGA	1:53.07	25m	22-12-19	Felgueiras
30.	NUNES Francisco Costa	02	SCP	1:53.11	25m	22-12-19	Felgueiras
31.	DANTAS Diogo Leal	00	SCP	1:53.13	25m	22-12-19	Felgueiras
32.	DEUS Andre Portugal	02	CNF	1:53.32	25m	13-07-19	Funchal
33.	MORIM Ruben Jose	97	CFV	1:53.33	25m	14-12-19	Leiria
34.	GARCIA RAFAEL Pablo	99	LDC	1:53.41	25m	09-11-19	Albufeira
35.	SANTOS Francisco Rogerio	98	SCP	1:53.59	25m	09-11-19	Albufeira
36.	PEREIRA Mario Alexandre	92	CNAC	1:53.61	25m	24-11-19	Coimbra
37.	ALMEIDA Bernardo Victorino	04	SCP	1:53.73	25m	07-12-19	Sines
38.	ROCHA Ricardo Filipe	02	CAP	1:53.91	25m	14-12-19	Leiria
39.	RIBAS Alexandre Lages	97	EDV	1:54.01	25m	14-12-19	Leiria
40.	LEBRE Diogo Ramos	01	SLB	1:54.03	25m	22-12-19	Felgueiras
41.	CONTRERAS GONZALEZ Ant	96	LDC	1:54.24	25m	09-11-19	Albufeira
42.	FERRAO Goncalo Carvalho	01	CDCP	1:54.27	25m	13-07-19	Algés
43.	AMARAL Francisco Rodriguez	02	FCP	1:54.37	25m	11-04-21	Felgueiras
44.	GOMES Rodrigo Ribeiro	00	CAQC	1:54.43	25m	14-12-19	Leiria
45.	SILVA Gustavo Carvalho	04	CNPV	1:54.46	25m	10-04-21	Praia da Vitória
46.	RAMOS Filipe Carmo	97	CFV	1:54.47	25m	15-12-19	Leiria
47.	AIRES Rafael Alcantara	01	SLB	1:54.51	25m	09-11-19	Albufeira
48.	SILVA Tomas Antonio	01	CNF	1:54.58	25m	13-07-19	Funchal
49.	BATE Miguel Ribeiro	99	SAD	1:54.60	25m	13-07-19	Algés
50.	SAMPAIO Jose Pedro	98	FCP	1:54.70	25m	24-11-19	Felgueiras

**400 Livres**

1.	LOPES Jose Paulo	00	POR	3:45.03	25m	04-12-19	GLASGOW (GBR)
2.	VELOSO Tomas Miguel	96	CNAC	3:45.56	25m	21-12-19	Felgueiras
3.	MOGNE Igor Araujo	96	SCP	3:48.89	25m	21-12-19	Felgueiras
4.	COSTA Tiago Cunha	99	SCP	3:51.08	25m	21-12-19	Felgueiras
5.	GIL Rafael Lourenco	96	SCP	3:53.01	25m	21-12-19	Felgueiras
6.	VITAL Joao Alexandre	98	SCP	3:53.34	25m	21-12-19	Felgueiras
7.	SANTOS Pedro Miguel	01	FCP	3:54.67	25m	21-12-19	Felgueiras
8.	LOPES Tomas Teixeira	02	FOCA	3:55.42	25m	21-12-19	Felgueiras
9.	MARIN SANCHEZ Juan Pablo	96	LDC	3:56.14	25m	22-02-20	Lagos
10.	LOPES Gabriel Jose	97	POR	3:56.22	25m	31-10-20	Funchal
11.	RIBEIRO Gustavo Carvalhais	03	CGA	3:56.61	25m	14-12-19	Leiria
12.	SIMOES Rafael Gomes	00	SCB	3:56.62	25m	23-11-19	Braga
13.	BASTOS Lucas Pereira	00	CNAC	3:57.38	25m	21-12-19	Felgueiras
14.	RAMOS Bruno Miguel	97	CFB	3:57.71	25m	10-11-19	Albufeira
15.	BATE Afonso Ribeiro	98	SAD	3:57.81	25m	21-12-19	Felgueiras
16.	SANTOS Francisco Rogerio	98	SCP	3:58.02	25m	09-01-21	Guarda
17.	CRISTINO David Matias	01	SFUAP	3:58.50	25m	21-12-19	Felgueiras
18.	RIBEIRO Diogo Matos	04	CUC	3:58.82	25m	07-12-19	Mealhada
19.	VAKULYUK Paulo	03	CNTN	3:59.13	25m	14-12-19	Leiria
20.	DEUS Andre Portugal	02	CNF	3:59.44	25m	12-07-19	Funchal
21.	SANTOS Pedro Andre	94	SAD	3:59.67	25m	22-11-19	Algés
22.	MACHADO Martim Miranda	03	CUC	3:59.78	25m	10-04-21	Felgueiras
23.	MARQUES Gustavo Pires	04	CUC	3:59.84	25m	22-12-20	Coimbra
24.	SIMOES Bernardo Jorge	04	CNCVG	4:00.08	25m	10-04-21	Felgueiras
25.	CONDE Alvaro Lopez	92	LDC	4:00.66	25m	22-02-20	Lagos
26.	NUNES Diogo Barbosa	00	FCP	4:01.06	25m	21-12-19	Felgueiras
27.	NUNES Francisco Costa	02	SCP	4:01.74	25m	22-11-19	Algés
28.	CARVALHO Daniel Luis	02	SCB	4:01.90	25m	07-03-20	Braga
29.	SILVA Tomas Antonio	01	CNF	4:02.12	25m	12-07-19	Funchal
30.	COSTA Joao Nogueira	01	POR	4:02.57	25m	09-01-21	Guarda
31.	CAMPOS Tiago Filipe	99	CNRM	4:02.74	25m	23-11-19	Tomar
32.	AMARAL Francisco Rodriguez	02	FCP	4:02.81	25m	10-04-21	Felgueiras
33.	ALMEIDA Bernardo Victorino	04	SCP	4:02.82	25m	14-07-19	Algés
34.	TRAVANCA Sergio Filipe	00	LSC	4:03.22	25m	14-12-19	Leiria
35.	MORIM Ruben Jose	97	CFV	4:03.23	25m	14-12-19	Leiria
36.	PEDRO Daniel Rochinha	98	AHBE	4:03.34	25m	14-12-19	Leiria
37.	CARDOSO Diogo Santos	01	ADRCIMM	4:03.43	25m	15-11-20	Leiria
38.	BARROS Bruno Rey	01	SCP	4:04.20	25m	22-11-19	Algés
39.	SILVA Gustavo Carvalho	04	CNPV	4:04.80	25m	11-04-21	Praia da Vitória
40.	GOMES Goncalo Andre	03	FBSC	4:04.87	25m	02-02-20	Coimbra
41.	LOPES Luis Afonso	03	VS	4:05.63	25m	24-10-20	Tomar
42.	GOMES Sebastiao Mendes	00	PIMP	4:06.33	25m	30-11-19	Sines
43.	BATE Miguel Ribeiro	99	SAD	4:06.39	25m	14-07-19	Algés
44.	RIBEIRO Afonso Mateus	95	CFB	4:06.42	25m	14-07-19	Algés
45.	GOMES Rodrigo Ribeiro	00	CAQC	4:06.68	25m	14-12-19	Leiria
46.	SAMPAIO Jose Pedro	98	FCP	4:07.18	25m	23-11-19	Felgueiras
47.	SARREIRA Tomas Amor	05	DNMG	4:07.23	25m	11-04-21	Praia da Vitória
48.	PAZ Antonio Manuel	04	CAFBDP	4:07.36	25m	15-11-20	Leiria
49.	PADRELA Joao Esteves	99	CFB	4:07.62	25m	14-07-19	Algés
50.	COSTA Rui Filipe	91	VSC	4:07.77	25m	14-12-19	Leiria

**800 Livres**

1.	LOPES Jose Paulo	00	SCB	7:42.14	25m	20-12-19	Felgueiras
2.	GIL Rafael Lourenco	96	SCP	7:56.53	25m	20-12-19	Felgueiras
3.	COSTA Tiago Cunha	99	SCP	8:00.98	25m	14-07-19	Algés
4.	RIBEIRO Gustavo Carvalhais	03	CGA	8:06.66	25m	20-12-19	Felgueiras
5.	SIMOES Rafael Gomes	00	SCB	8:08.75	25m	07-07-19	Ponte da Barca
6.	VELOSO Tomas Miguel	96	POR	8:09.98	25m	31-10-20	Funchal
7.	CARDOSO Diogo Santos	01	ADRCIMM	8:13.31	25m	20-12-19	Felgueiras
8.	SANTOS Pedro Miguel	01	FCP	8:14.81	25m	15-11-20	Mealhada
9.	MACHADO Martim Miranda	03	CUC	8:16.36	25m	11-04-21	Felgueiras
10.	CARVALHO Daniel Luis	02	SCB	8:19.71	25m	15-11-20	Mealhada
11.	MARQUES Gustavo Pires	04	CUC	8:21.07	25m	11-04-21	Felgueiras
12.	DEUS Andre Portugal	02	CNF	8:22.48	25m	20-12-19	Felgueiras
13.	BARROS Bruno Rey	01	SCP	8:24.39	25m	24-11-19	Algés
14.	AMARAL Francisco Rodriguez	02	FCP	8:25.71	25m	15-11-20	Mealhada
15.	SAMPAIO Jose Pedro	98	FCP	8:26.21	25m	24-11-19	Felgueiras
16.	SIMOES Bernardo Jorge	04	CNCVG	8:26.90	25m	30-11-19	Sines
17.	COSTA Joao Nogueira	01	VSC	8:27.85	25m	24-11-19	Felgueiras
18.	BATE Afonso Ribeiro	98	SAD	8:30.87	25m	24-11-19	Algés
19.	LOPES Luis Afonso	03	VS	8:31.34	25m	25-10-20	Tomar
20.	CAMPOS Tiago Filipe	99	CNRM	8:31.81	25m	24-11-19	Tomar
21.	CLARA Vitor Belo	04	ADBA	8:32.24	25m	08-11-20	Leiria
22.	RODRIGUES Pedro Reis	02	CDSR	8:32.53	25m	30-11-19	Sines
23.	GOMES Sebastiao Mendes	00	PIMP	8:32.87	25m	30-11-19	Sines
24.	CORDEIRO Tiago Roberto	00	SLB	8:33.25	25m	24-11-19	Algés
25.	GOMES Goncalo Andre	03	FBSC	8:33.32	25m	24-10-20	Coimbra
26.	PINTO Pedro Miguel	02	SCP	8:35.86	25m	24-11-19	Algés
27.	NUNES Diogo Barbosa	00	FCP	8:36.97	25m	24-11-19	Felgueiras
28.	NUNES Francisco Costa	02	SCP	8:38.02	25m	24-11-19	Algés
29.	COUTINHO Guilherme Pereira	03	VS	8:38.84	25m	08-03-20	Santarém
30.	RIBEIRO Luis Manuel	02	FCP	8:40.15	25m	11-04-21	Felgueiras
31.	ALVES Manuel Landeiro	02	CNPV	8:40.92	25m	30-11-19	Sines
32.	JACINTO Rafael Rodrigues	02	CFB	8:42.06	25m	24-11-19	Algés
33.	SARREIRA Tomas Amor	05	DNMG	8:43.88	25m	08-11-20	Leiria
34.	CARDOSO Filipe Santos	04	CAPGE	8:45.65	25m	24-10-20	Mealhada
35.	DUARTE Pedro Esteves	03	CDCP	8:45.89	25m	30-11-19	Sines
36.	BARBARA Goncalo Gualberto	00	CNRM	8:46.06	25m	24-11-19	Tomar
37.	MASCARENHAS Henrique Silva	01	CFP	8:46.39	25m	11-04-21	Felgueiras
38.	PEREIRA Tiago Maia	04	CGA	8:47.63	25m	24-10-20	Mealhada
39.	ANSELMO Raul Sousa	05	CAFBDP	8:48.13	25m	31-10-20	Ponta Delgada
40.	SANTOS Guilherme Clara	02	AEJ	8:48.25	25m	30-11-19	Sines
41.	VIEGAS Hugo Miguel	02	CNOL	8:48.55	25m	30-11-19	Sines
42.	SALGADO Goncalo Sampaio	02	GDNFAMA	8:50.19	25m	24-11-19	Felgueiras
43.	CARVALHO Joao Carlos	05	SCB	8:50.22	25m	11-04-21	Felgueiras
44.	SANTOS Andre Cardoso	03	AVFC	8:50.71	25m	17-11-19	Viseu
45.	MOREIRA Joao Pedro	04	CNCE	8:50.95	25m	30-11-19	Sines
46.	ACIOLI Victor Hugo	02	CDF	8:51.04	25m	30-11-19	Sines
47.	FERNANDES Rui Afonso	03	CDN	8:51.84	25m	26-10-19	Funchal
48.	CARVALHO Goncalo Renato	04	FCP	8:53.31	25m	11-04-21	Felgueiras
49.	VASS Erik Norbert	03	CNRM	8:53.39	25m	29-02-20	Coruche
50.	DURAES Diogo Miguel	03	CNMJ	8:53.64	25m	30-11-19	Sines

**1500 Livres**

1.	LOPES Jose Paulo	00	SCB	14:48.89	25m	22-12-19	Felgueiras
2.	CARDOSO Diogo Santos	01	ADRCIMM	15:19.83	25m	22-12-19	Felgueiras
3.	GIL Rafael Lourenco	96	SCP	15:30.28	25m	22-12-19	Felgueiras
4.	RIBEIRO Gustavo Carvalhais	03	CGA	15:36.34	25m	15-12-19	Leiria
5.	SANTOS Pedro Miguel	01	FCP	15:42.37	25m	22-12-19	Felgueiras
6.	SIMOES Rafael Gomes	00	SCB	15:45.41	25m	06-07-19	Ponte da Barca
7.	MACHADO Martim Miranda	03	CUC	15:52.42	25m	23-12-20	Coimbra
8.	MOGNE Igor Araujo	96	SCP	15:52.57	25m	23-11-19	Algés
9.	DEUS Andre Portugal	02	CNF	15:58.37	25m	13-07-19	Funchal
10.	CARVALHO Daniel Luis	02	SCB	16:00.02	25m	22-12-19	Felgueiras
11.	LOPES Tomas Teixeira	02	FOCA	16:02.13	25m	22-11-19	Felgueiras
12.	LOPES Luis Afonso	03	VS	16:02.51	25m	14-11-20	Leiria
13.	COSTA Joao Nogueira	01	VSC	16:06.87	25m	15-12-19	Leiria
14.	TRAVANCA Sergio Filipe	00	LSC	16:07.10	25m	15-12-19	Leiria
15.	BARROS Bruno Rey	01	SCP	16:12.87	25m	23-11-19	Algés
16.	NUNES Diogo Barbosa	00	FCP	16:14.40	25m	22-12-19	Felgueiras
17.	RIBEIRO Luis Manuel	02	FCP	16:15.74	25m	22-12-19	Felgueiras
18.	NIETO Cristian Fernandez	92	EDV	16:15.84	25m	15-12-19	Leiria
19.	NEVES Pedro Barata	00	CIRL	16:17.16	25m	15-12-19	Leiria
20.	SIMOES Bernardo Jorge	04	CNCVG	16:17.51	25m	23-11-19	Algés
21.	GOMES Goncalo Andre	03	FBSC	16:18.85	25m	01-02-20	Coimbra
22.	ALMEIDA Bernardo Victorino	04	SCP	16:19.12	25m	23-11-19	Algés
23.	SILVA Pedro Miguel	94	ADRCIMM	16:21.32	25m	23-11-19	Algés
24.	MARQUES Gustavo Pires	04	CUC	16:21.65	25m	25-10-20	Coimbra
25.	SILVA Nuno Marques	04	ADBA	16:21.78	25m	14-11-20	Leiria
26.	BASTOS Lucas Pereira	00	CNAC	16:22.58	25m	01-02-20	Coimbra
27.	RODRIGUES Pedro Reis	02	CDSR	16:24.33	25m	16-10-20	Funchal
28.	GUIMARAES Hugo Goncalves	04	EDV	16:28.34	25m	06-03-20	Braga
29.	SARREIRA Tomas Amor	05	DNMG	16:30.08	25m	10-04-21	Praia da Vitória
30.	CLARA Vitor Belo	04	ADBA	16:31.45	25m	09-11-19	Albufeira
31.	CARVALHO Martim Henriques	04	CNRM	16:31.51	25m	14-11-20	Leiria
32.	RIBEIRO Diogo Matos	04	CUC	16:32.03	25m	21-12-19	Cantanhede
33.	CARDOSO Joao Miguel	97	GESL	16:32.35	25m	15-12-19	Leiria
34.	COUTINHO Guilherme Pereira	03	VS	16:32.77	25m	06-03-20	Santarém
35.	NUNES Francisco Costa	02	SCP	16:36.05	25m	23-11-19	Algés
36.	BORGES David Costa	04	CFP	16:37.39	25m	21-12-19	Porto
37.	SALGADO Goncalo Sampaio	02	GDNFAMA	16:37.83	25m	22-11-19	Felgueiras
38.	CORREIA Joao Mota	97	SLB	16:38.64	25m	13-07-19	Algés
39.	NUNES Diogo Severino	04	CNV	16:39.15	25m	22-11-19	Felgueiras
40.	CARVALHO Joao Carlos	05	SCB	16:40.01	25m	06-03-20	Braga
41.	SANTOS Gabriel Moreira	04	GDNFAMA	16:40.67	25m	22-11-19	Felgueiras
42.	PEREIRA Tiago Maia	04	CGA	16:42.75	25m	14-11-20	Mealhada
43.	RIBEIRO Afonso Mateus	95	CFB	16:42.77	25m	13-07-19	Algés
44.	ALVES Manuel Landeiro	02	CNPV	16:43.14	25m	16-11-19	Angra do Heroísmo
45.	BARBARA Goncalo Gualberto	00	CNRM	16:43.16	25m	06-03-20	Santarém
46.	FROTA Paulo Andre	02	CAQC	16:43.21	25m	15-12-19	Leiria
47.	GORDO Goncalo Morais	02	ADRCIMM	16:43.61	25m	13-07-19	Algés
48.	AMARAL Francisco Rodriguez	02	CDCA	16:44.52	25m	16-11-19	Viseu
49.	SOUSA Joao Maria	05	SCB	16:44.85	25m	12-12-20	Mealhada
50.	PEDRO Daniel Rochinha	98	AHBE	16:46.20	25m	23-11-19	Algés

**50 Costas**

1.	SANTOS Alexis Manacas	92	SCP	23.69	25m	21-12-19	Felgueiras
2.	SANTOS Francisco Rogerio	98	SCP	24.56	25m	21-12-19	Felgueiras
3.	COSTA Joao Nogueira	01	VSC	25.15	25m	11-04-21	Felgueiras
4.	GUTIERREZ Juan Francisco S94ura	94	LDC	25.28	25m	17-10-20	Lagos
5.	LOPES Jose Paulo	00	SCB	25.56	25m	21-12-19	Felgueiras
6.	PINHO Manuel Antonio	01	CDF	25.59	25m	21-12-19	Felgueiras
7.	COSTA Diogo Santos	02	ADRCIMM	25.62	25m	13-07-19	Algés
8.	ALFAMA Martim Primavera	02	GESL	25.63	25m	21-12-19	Felgueiras
9.	SILVA Fernando Souza	86	SFUAP	25.67	25m	13-07-19	Algés
10.	POLIAKOV Artiom Viatcheslav93itch	93	COL	25.97	25m	13-07-19	Algés
11.	SILVA Glauber	86	FOCA	26.10	25m	14-11-20	Mealhada
12.	ROSA Rodrigo Antonio	96	VKGS	26.11	25m	21-12-19	Felgueiras
13.	NUNES Porfirio Braga	00	FCP	26.15	25m	14-11-20	Mealhada
14.	ZENZA Francisco Manuel	01	CNMAIA	26.18	25m	11-04-21	Felgueiras
15.	BATE Miguel Ribeiro	99	SAD	26.23	25m	21-12-19	Felgueiras
16.	FERNANDES Joao Manuel	97	CNF	26.31	25m	15-12-19	Leiria
16.	MACHADO Bruno Rafael	01	FCP	26.31	25m	21-12-19	Felgueiras
18.	MACHADO Tiago Andrade	02	CGA	26.32	25m	21-12-19	Felgueiras
19.	DANTAS Diogo Leal	00	SCP	26.34	25m	21-12-19	Felgueiras
19.	SILVA Gustavo Carvalho	04	CNPV	26.34	25m	14-11-20	Leiria
21.	FERNANDES Joao Diogo	98	CFB	26.51	25m	21-12-19	Felgueiras
21.	FIDALGO Mateus Valente	01	CDE	26.51	25m	21-12-19	Felgueiras
23.	DOMINGOS Ruy Manuel	02	SCP	26.59	25m	21-12-19	Felgueiras
24.	LARANJEIRA Joao Jose	98	CGA	26.60	25m	15-12-19	Leiria
25.	PEREIRA Mario Alexandre	92	CNAC	26.61	25m	23-11-19	Coimbra
26.	THEODORIS Nathan Keith	95	LDC	26.62	25m	23-11-19	Lagos
27.	CASTRO Duarte Monteiro	03	FCP	26.65	25m	14-11-20	Mealhada
28.	LEIRIA David Miguel	93	VKGS	26.68	25m	24-11-19	Algés
29.	GOMES Tomas Nogueira	03	SFUAP	26.72	25m	14-11-20	Leiria
30.	LOPES Joao Francisco	98	SCB	26.78	25m	23-11-19	Braga
31.	NASCIMENTO Miguel Duarte	95	SLB	26.81	25m	10-11-19	Albufeira
31.	ROCHA Ricardo Filipe	02	CAP	26.81	25m	23-11-19	Felgueiras
33.	WEUSTINK Koen	00	GCVR	26.82	25m	15-12-19	Leiria
34.	PIRES Ricardo Saraiva	98	CIRL	26.88	25m	15-12-19	Leiria
35.	PEDRO Daniel Rochinha	98	AHBE	26.91	25m	14-07-19	Algés
36.	DIAS Joao Pedro	02	FBSC	27.06	25m	21-12-19	Felgueiras
37.	CUNHA Rodrigo Manuel	04	VSC	27.07	25m	11-04-21	Felgueiras
38.	FAUSTINO Matheus Costa	98	SCB	27.10	25m	11-04-21	Felgueiras
39.	CORREIA Diogo Carrasco	95	CFB	27.21	25m	24-11-19	Algés
39.	TINOCO Joao Pereira	00	GDNFAMA	27.21	25m	21-12-19	Felgueiras
41.	PASSOS Miguel Angelo	96	EDV	27.22	25m	15-12-19	Leiria
42.	ALMEIDA Carlos Afonso	98	SAD	27.24	25m	13-07-19	Algés
43.	VAKULYUK Paulo	03	CNTN	27.25	25m	24-10-20	Tomar
44.	FERREIRA Bernardo Felgueira03	03	CNCE	27.26	25m	11-04-21	Felgueiras
45.	ARZILEIRO Bernardo Vinagre	01	CUC	27.29	25m	22-12-20	Coimbra
46.	GOMES Guilherme Sousa	04	ACS	27.30	25m	07-11-20	Lagos
47.	FERNANDES Rui Afonso	03	CDN	27.36	25m	18-10-20	Funchal
47.	PEREIRA Tomas Coelho	05	ADP	27.36	25m	11-04-21	Felgueiras
49.	AIRES Rafael Alcantara	01	SLB	27.37	25m	17-11-19	Cova da Piedade
50.	COSTA Samson Silva	02	CNCE	27.39	25m	23-11-19	Felgueiras

**100 Costas**

1.	LOPES Gabriel Jose	97	ALN	52.11	25m	23-12-20	Coimbra
2.	SANTOS Francisco Rogerio	98	SCP	52.71	25m	22-12-19	Felgueiras
3.	COSTA Joao Nogueira	01	VSC	52.89	25m	10-04-21	Felgueiras
4.	SANTOS Alexis Manacas	92	SCP	53.89	25m	09-01-21	Guarda
5.	COSTA Diogo Santos	02	ADRCIMM	55.16	25m	14-07-19	Algés
6.	ALFAMA Martim Primavera	02	GESL	55.39	25m	20-12-19	Felgueiras
7.	ROCHA Ricardo Filipe	02	CAP	55.42	25m	22-12-19	Felgueiras
8.	CANTOS GALVEZ MANUEL J97us		LDC	55.76	25m	09-11-19	Albufeira
9.	SILVA Fernando Souza	86	SFUAP	55.96	25m	17-11-19	Cova da Piedade
10.	CONDE Alvaro Lopez	92	LDC	56.03	25m	24-11-19	Lagos
11.	FERNANDES Joao Diogo	98	CFB	56.16	25m	20-12-19	Felgueiras
12.	CASTRO Duarte Monteiro	03	FCP	56.24	25m	15-11-20	Mealhada
13.	SANTOS Pedro Andre	94	SAD	56.35	25m	14-07-19	Algés
14.	PINHO Manuel Antonio	01	CDF	56.37	25m	22-12-19	Felgueiras
15.	LOPES Jose Paulo	00	SCB	56.48	25m	11-01-20	Aguas Santas
15.	SILVA Gustavo Carvalho	04	CNPV	56.48	25m	09-04-21	Praia da Vitória
17.	RIBEIRO Diogo Matos	04	CUC	56.63	25m	23-12-20	Coimbra
18.	PIRES Ricardo Saraiva	98	CIRL	56.64	25m	14-12-19	Leiria
19.	NUNES Porfirio Braga	00	FCP	56.67	25m	20-12-19	Felgueiras
20.	ZENZA Francisco Manuel	01	CNMAIA	56.73	25m	24-11-19	Felgueiras
21.	GOMES Tomas Nogueira	03	SFUAP	56.74	25m	15-11-20	Leiria
22.	ROSA Rodrigo Antonio	96	VKGS	56.92	25m	20-12-19	Felgueiras
23.	FIDALGO Mateus Valente	01	CDE	56.95	25m	22-12-19	Felgueiras
24.	MACHADO Bruno Rafael	01	FCP	57.17	25m	22-12-19	Felgueiras
25.	LARANJEIRA Joao Jose	98	CGA	57.18	25m	13-03-21	Aveiro
26.	BATE Miguel Ribeiro	99	SAD	57.21	25m	20-12-19	Felgueiras
27.	RAMOS Bruno Miguel	97	POR	57.26	25m	14-12-19	Lausanne (SUI)
28.	FERNANDES Rui Afonso	03	CDN	57.39	25m	14-12-19	Leiria
29.	DOMINGOS Ruy Manuel	02	SCP	57.56	25m	20-12-19	Felgueiras
30.	CORREIA Joao Mota	97	SLB	57.59	25m	22-12-19	Felgueiras
31.	PASSOS Miguel Angelo	96	EDV	57.61	25m	14-12-19	Leiria
32.	CUNHA Rodrigo Manuel	04	VSC	57.71	25m	15-11-20	Mealhada
33.	LEIRIA David Miguel	93	VKGS	57.85	25m	30-11-19	Sines
34.	MACHADO Tiago Andrade	02	CGA	58.03	25m	20-12-19	Felgueiras
35.	DIAS Joao Pedro	02	FBSC	58.10	25m	22-12-19	Felgueiras
36.	NASCIMENTO Miguel Duarte	95	SLB	58.12	25m	09-11-19	Albufeira
36.	FERNANDES Joao Manuel	97	CNF	58.12	25m	14-12-19	Leiria
38.	TINOCO Joao Pereira	00	GDNFAMA	58.25	25m	22-12-19	Felgueiras
39.	SILVA Tomas Antonio	01	CNF	58.28	25m	08-03-20	Funchal
40.	PEREIRA Tomas Coelho	05	ADP	58.37	25m	13-12-20	Mealhada
41.	VAKULYUK Paulo	03	CNTN	58.43	25m	09-11-19	Albufeira
42.	COSTA Samson Silva	02	CNCE	58.45	25m	24-11-19	Felgueiras
43.	ARZILEIRO Bernardo Vinagre	01	CUC	58.58	25m	30-11-19	Sines
44.	SILVA Ricardo Lopes	03	DNMG	58.74	25m	14-12-19	Leiria
45.	SANTOS Miguel Alexandre	03	CNOL	58.87	25m	10-04-21	Felgueiras
46.	JOAQUIM Andre Serro	00	CNOL	58.88	25m	10-04-21	Felgueiras
47.	SILVA Diogo Miguel	05	CGA	58.96	25m	13-03-21	Aveiro
48.	MAGALHAES Hugo Nunes	02	SAD	59.01	25m	22-12-19	Felgueiras
49.	SOUSA Nuno Alexandre	02	SANCNP	59.02	25m	09-01-21	Guarda
50.	CLARA Vitor Belo	04	ADBA	59.03	25m	10-04-21	Felgueiras



**200 Costas**

1.	SANTOS Francisco Rogerio	98	SCP	1:53.59	25m	20-12-19	Felgueiras
2.	COSTA Joao Nogueira	01	VSC	1:56.01	25m	15-11-20	Mealhada
3.	LOPES Gabriel Jose	97	ALN	1:58.25	25m	11-04-21	Felgueiras
4.	LOPES Jose Paulo	00	SCB	2:00.30	25m	06-03-20	Braga
5.	COSTA Diogo Santos	02	ADRCIMM	2:00.52	25m	20-12-19	Felgueiras
6.	CONDE Alvaro Lopez	92	LDC	2:01.28	25m	23-11-19	Lagos
7.	CASTRO Duarte Monteiro	03	FCP	2:01.47	25m	11-04-21	Felgueiras
8.	CORREIA Joao Mota	97	SLB	2:01.81	25m	20-12-19	Felgueiras
9.	GUTIERREZ Juan Francisco S94	94	LDC	2:01.86	25m	17-10-20	Lagos
10.	SILVA Gustavo Carvalho	04	CNPV	2:01.90	25m	15-11-20	Leiria
11.	ROCHA Ricardo Filipe	02	CAP	2:02.37	25m	15-12-19	Leiria
12.	FERNANDES Joao Diogo	98	CFB	2:03.03	25m	11-04-21	Felgueiras
13.	PIRES Ricardo Saraiva	98	CIRL	2:03.65	25m	15-12-19	Leiria
14.	FERNANDES Rui Afonso	03	CDN	2:03.83	25m	25-07-20	Funchal
15.	GOMES Tomas Nogueira	03	SFUAP	2:03.94	25m	15-11-20	Leiria
16.	BATE Miguel Ribeiro	99	SAD	2:04.14	25m	20-12-19	Felgueiras
17.	MACHADO Bruno Rafael	01	FCP	2:05.09	25m	15-11-20	Mealhada
18.	JOAQUIM Andre Serro	00	CNOL	2:05.20	25m	11-04-21	Felgueiras
19.	RAMOS Bruno Miguel	97	CFB	2:05.24	25m	22-11-19	Algés
20.	SANTOS Pedro Andre	94	SAD	2:05.33	25m	13-07-19	Algés
21.	COSTA Joao Peres	04	CNPV	2:05.47	25m	10-04-21	Praia da Vitória
22.	SILVA Fernando Souza	86	SFUAP	2:05.67	25m	10-11-19	Albufeira
23.	LARANJEIRA Joao Jose	98	CGA	2:05.73	25m	15-12-19	Leiria
24.	CUNHA Rodrigo Manuel	04	VSC	2:06.03	25m	15-12-19	Leiria
25.	DIAS Joao Pedro	02	FBSC	2:06.11	25m	20-12-19	Felgueiras
26.	TINOCO Joao Pereira	00	GDNFAMA	2:07.20	25m	15-11-20	Mealhada
27.	LEIRIA David Miguel	93	VKGS	2:07.36	25m	30-11-19	Sines
28.	PASSOS Miguel Angelo	96	EDV	2:07.47	25m	15-12-19	Leiria
29.	FERREIRA Tiago Barros	94	SAD	2:07.91	25m	13-07-19	Algés
30.	SIMOES Bernardo Jorge	04	CNCVG	2:07.99	25m	30-11-19	Sines
31.	CRISTINO David Matias	01	SFUAP	2:08.11	25m	10-11-19	Albufeira
32.	SILVA Job Santos	96	UDO	2:08.16	25m	24-10-20	Mealhada
33.	SILVA Ricardo Lopes	03	DNMG	2:08.28	25m	15-12-19	Leiria
34.	SIMOES Rafael Gomes	00	SCB	2:08.46	25m	05-07-19	Ponte da Barca
35.	ZINCA Andrei Iulian	00	CAPGE	2:08.62	25m	16-11-19	Viseu
36.	RODRIGUES Tiago Moura	03	CLIPTEAM	2:08.63	25m	15-11-20	Mealhada
37.	CARVALHO Joao Carlos	05	SCB	2:08.72	25m	11-04-21	Felgueiras
38.	DIAS Jose Diogo	04	FBSC	2:08.73	25m	22-12-20	Coimbra
39.	SILVA Francisco Araujo	06	GDNFAMA	2:08.91	25m	11-04-21	Felgueiras
40.	BARAONA Andre Azevedo	04	CNMJ	2:08.93	25m	15-11-20	Leiria
41.	SOUSA Nuno Alexandre	02	AVFC	2:09.04	25m	13-03-21	Aveiro
42.	MAGALHAES Hugo Nunes	02	SAD	2:09.16	25m	20-12-19	Felgueiras
43.	SAMPAIO Jose Pedro	98	FCP	2:09.18	25m	22-11-19	Felgueiras
44.	SANTOS Pedro Miguel	01	FCP	2:09.23	25m	13-10-19	Pacos de Ferreira
45.	ROSA Rodrigo Antonio	96	SLB	2:09.25	25m	13-07-19	Algés
46.	SOUZA Francisco Alves	02	GESL	2:09.28	25m	15-12-19	Leiria
47.	PEREIRA Antonio Sousa	03	AHBE	2:09.51	25m	20-12-19	Felgueiras
48.	SILVA Diogo Miguel	05	CGA	2:09.66	25m	13-12-20	Mealhada
49.	MACHADO Tiago Andrade	02	CGA	2:09.70	25m	16-11-19	Viseu
50.	OLIVEIRA Miguel Fernandes	05	DNMG	2:09.72	25m	13-12-20	Leiria

**50 Bruços**

1.	SANTOS Alexis Manacas	92	SCP	27.12	25m	22-12-19	Felgueiras
2.	QUINTAS Francisco Robalo	95	CFB	27.50	25m	22-12-19	Felgueiras
3.	CARVALHO Diogo Filipe	88	CGA	27.61	25m	22-12-19	Felgueiras
4.	AMORIM Alexandre Ferreira	99	FCP	27.64	25m	22-12-19	Felgueiras
5.	LOPES Gabriel Jose	97	ALN	28.48	25m	22-12-19	Felgueiras
6.	CARVALHO Ruben Paiva	94	AAC	28.50	25m	15-12-19	Leiria
7.	FRISCHKNECHT Renato Barrc01	SAD	SAD	28.52	25m	22-12-19	Felgueiras
8.	SIMOES Rafael Gomes	00	SCB	28.56	25m	22-11-19	Braga
9.	RAMOS Filipe Carmo	97	CFV	28.91	25m	15-12-19	Leiria
10.	JUNIOR Luis Cabral	03	CFB	29.02	25m	22-12-19	Felgueiras
11.	DA SILVA Florian	01	FCP	29.04	25m	14-11-20	Mealhada
12.	MENDES Antonio Manuel	99	SCP	29.14	25m	22-12-19	Felgueiras
13.	PEREIRA Ricardo Samuel	03	SLB	29.17	25m	22-12-19	Felgueiras
14.	NASCIMENTO Miguel Duarte	95	SLB	29.23	25m	22-12-19	Felgueiras
15.	GOMES Filipe Miguel	97	ADBA	29.26	25m	11-04-21	Felgueiras
16.	UMSARI Victor Balaguer	90	LDC	29.34	25m	09-11-19	Albufeira
16.	TEODORO Diogo Filipe	99	CNV	29.34	25m	15-12-19	Leiria
18.	VELOSO Tomas Miguel	96	CNAC	29.44	25m	22-12-19	Felgueiras
19.	SOUSA Joao Claudio	93	CAP	29.45	25m	22-12-19	Felgueiras
20.	NUNES Francisco Costa	02	SCP	29.49	25m	22-12-19	Felgueiras
21.	CAPITAO Simao Miguel	97	CCLAMAS	29.56	25m	24-11-19	Felgueiras
22.	PON Hugo	98	SAD	29.60	25m	09-11-19	Albufeira
23.	AGOSTINHO Pedro Miguel	92	VKGS	29.63	25m	19-12-20	Sines
24.	GRENHO Andre Tavares	99	GESL	29.74	25m	14-11-20	Leiria
25.	SILVA Luis Pedro	98	CDN	29.79	25m	15-12-19	Leiria
26.	FRANCISCO Daniel Sebastiao00	FCP	FCP	29.80	25m	11-04-21	Felgueiras
27.	RODRIGUES Miguel Carvalho	02	CGA	29.89	25m	14-11-20	Mealhada
28.	SILVA Tomas Antonio	01	CNF	29.94	25m	22-12-19	Felgueiras
29.	MATEUS Diogo Garcez	02	AONDA	30.00	25m	22-12-19	Felgueiras
30.	RODRIGUES Diogo Manuel	94	VSC	30.01	25m	15-12-19	Leiria
31.	MARQUES Miguel Freitas	96	CEOL	30.08	25m	13-07-19	Funchal
32.	RIBEIRO Afonso Mateus	95	CFB	30.13	25m	14-12-19	Portimão
33.	LOPES Luis Afonso	03	VS	30.15	25m	22-12-19	Felgueiras
34.	MIRKA Artem Vos	00	CGA	30.18	25m	22-12-19	Felgueiras
35.	PAIS Joao Ventura	02	FBSC	30.22	25m	23-12-20	Coimbra
36.	MATIAS Rafael Candeias	03	CNLGOS	30.23	25m	07-11-20	Lagos
37.	SILVA Pedro Miguel	94	ADRCIMM	30.25	25m	23-11-19	Algés
38.	MONTEIRO Bruno Daniel	88	LSC	30.30	25m	15-12-19	Leiria
38.	CABRITO Rodrigo Almeida	01	CFB	30.30	25m	11-04-21	Felgueiras
40.	FERNANDES Pedro Miguel	99	GDNFAMA	30.36	25m	24-11-19	Felgueiras
41.	MOURA Andre Magalhaes	98	AVFC	30.44	25m	17-11-19	Viseu
42.	FONSECA Joao Costa	00	CNLX	30.46	25m	23-11-19	Algés
43.	CARVALHO Renato Miguel	03	CGA	30.53	25m	22-12-19	Felgueiras
44.	MOREIRA Joao Pedro	04	CNCE	30.54	25m	11-04-21	Felgueiras
45.	HORTA Rui Pedro	94	CIRL	30.57	25m	15-12-19	Leiria
46.	VENTOSO Vicente Morgado	00	EULX	30.58	25m	07-03-20	Santarém
47.	FERNANDES Pedro Pestana	01	CNF	30.60	25m	18-07-20	Funchal
47.	OLIVEIRA Joao Campelo	04	GDNFAMA	30.60	25m	11-04-21	Felgueiras
49.	LEBRE Diogo Ramos	01	SLB	30.65	25m	13-07-19	Algés
50.	AGOSTINHO Miguel Diogo	00	FBSC	30.66	25m	15-12-19	Leiria

**100 Bruços**

1.	SANTOS Alexis Manacas	92	SCP	58.82	25m	20-12-19	Felgueiras
2.	CARVALHO Diogo Filipe	88	CGA	59.01	25m	20-12-19	Felgueiras
3.	QUINTAS Francisco Robalo	95	CFB	59.16	25m	20-12-19	Felgueiras
4.	LOPES Gabriel Jose	97	ALN	1:00.23	25m	20-12-19	Felgueiras
5.	AMORIM Alexandre Ferreira	99	FCP	1:00.44	25m	20-12-19	Felgueiras
6.	SIMOES Rafael Gomes	00	SCB	1:01.39	25m	10-04-21	Felgueiras
7.	VELOSO Tomas Miguel	96	CNAC	1:02.16	25m	20-12-19	Felgueiras
8.	PLAZA Jaime Morote	97	LDC	1:02.23	25m	17-10-20	Lagos
9.	FRISCHKNECHT Renato Barrc01	SAD		1:02.39	25m	20-12-19	Felgueiras
10.	RAMOS Filipe Carmo	97	CFV	1:02.59	25m	14-12-19	Leiria
11.	TEODORO Diogo Filipe	99	CNV	1:02.80	25m	14-12-19	Leiria
12.	PON Hugo	98	SAD	1:02.91	25m	20-12-19	Felgueiras
13.	MENDES Antonio Manuel	99	SCP	1:02.96	25m	20-12-19	Felgueiras
14.	CARVALHO Ruben Paiva	94	AAC	1:03.03	25m	14-12-19	Leiria
15.	MOURA Andre Magalhaes	98	SANCNP	1:03.06	25m	09-01-21	Guarda
16.	SANTOS Pedro Andre	94	SAD	1:03.23	25m	13-07-19	Algés
17.	PEREIRA Ricardo Samuel	03	SLB	1:03.25	25m	13-07-19	Algés
18.	NUNES Francisco Costa	02	SCP	1:03.37	25m	20-12-19	Felgueiras
19.	LOPES Jose Paulo	00	SCB	1:03.39	25m	23-11-19	Braga
20.	GOMES Filipe Miguel	97	ADBA	1:03.63	25m	10-04-21	Felgueiras
21.	VITAL Joao Alexandre	98	SCP	1:03.78	25m	20-12-19	Felgueiras
22.	GRENHO Andre Tavares	99	GESL	1:03.99	25m	14-12-19	Leiria
23.	CONDE Alvaro Lopez	92	LDC	1:04.22	25m	24-11-19	Lagos
24.	DANTAS Diogo Leal	00	SCP	1:04.47	25m	10-11-19	Albufeira
24.	CABRITO Rodrigo Almeida	01	CFB	1:04.47	25m	10-04-21	Felgueiras
26.	ALVES Nuno Rafael	90	CAP	1:04.51	25m	14-12-19	Leiria
27.	JUNIOR Luis Cabral	03	CFB	1:04.53	25m	20-12-19	Felgueiras
28.	CARNEIRO Joao Soares	03	SLB	1:04.65	25m	20-12-19	Felgueiras
29.	LOPES Luis Afonso	03	VS	1:04.69	25m	15-11-20	Leiria
30.	SILVA Luis Pedro	98	CDN	1:04.72	25m	14-12-19	Leiria
31.	RAMOS Bruno Miguel	97	CFB	1:04.99	25m	20-12-19	Felgueiras
32.	SILVA Pedro Miguel	94	ADRCIMM	1:05.01	25m	15-11-20	Leiria
33.	CAPITAO Simao Miguel	97	CCLAMAS	1:05.16	25m	30-11-19	Sines
34.	RODRIGUES Miguel Carvalho	02	CGA	1:05.25	25m	15-11-20	Mealhada
35.	RIBEIRO Afonso Mateus	95	CFB	1:05.29	25m	10-04-21	Felgueiras
36.	MATIAS Rafael Candeias	03	CNLGOS	1:05.50	25m	20-12-19	Felgueiras
37.	MARTINS Bruno Miguel	93	GESL	1:05.57	25m	15-11-20	Leiria
38.	MATEUS Diogo Garcez	02	AONDA	1:05.82	25m	15-11-20	Leiria
39.	MOREIRA Joao Pedro	04	CNCE	1:05.85	25m	15-11-20	Mealhada
40.	CARRICO Antonio Fernandes	98	VKGS	1:05.91	25m	30-11-19	Sines
40.	ALVES Paulo Rodrigues	04	CDN	1:05.91	25m	08-08-20	Funchal
42.	OLIVEIRA Joao Campelo	04	GDNFAMA	1:06.07	25m	10-04-21	Felgueiras
43.	MERUJE Joaquim Agra	01	CUC	1:06.10	25m	07-11-20	Guarda
44.	ZENZA Francisco Manuel	01	CNMAIA	1:06.14	25m	23-11-19	Felgueiras
45.	MONTEIRO Bruno Daniel	88	LSC	1:06.18	25m	14-12-19	Leiria
46.	MIRKA Artem Vos	00	CGA	1:06.20	25m	13-10-19	Mealhada
47.	SOUSA Joao Claudio	93	CAP	1:06.28	25m	23-11-19	Felgueiras
48.	FONSECA Joao Costa	00	CNLX	1:06.35	25m	22-11-19	Algés
49.	JESUS Afonso Guilherme	00	VKGS	1:06.36	25m	07-03-20	Ponte de Sor
50.	SOARES Miguel Carlos	92	CNPO	1:06.40	25m	30-11-19	Sines

**200 Braços**

1.	QUINTAS Francisco Robalo	95	CFB	2:08.84	25m	21-12-19	Felgueiras
2.	LOPES Gabriel Jose	97	ALN	2:09.52	25m	21-12-19	Felgueiras
3.	SIMOES Rafael Gomes	00	SCB	2:12.33	25m	15-11-20	Mealhada
4.	MENDES Antonio Manuel	99	SCP	2:14.75	25m	21-12-19	Felgueiras
5.	LOPES Jose Paulo	00	SCB	2:15.34	25m	25-10-20	Braga
6.	DA SILVA Florian	01	FCP	2:15.63	25m	15-11-20	Mealhada
7.	SANTOS Pedro Andre	94	SAD	2:15.71	25m	14-07-19	Algés
8.	SILVA Tomas Antonio	01	FCP	2:15.79	25m	15-11-20	Mealhada
9.	CONDE Alvaro Lopez	92	LDC	2:16.32	25m	23-11-19	Lagos
10.	RAMOS Filipe Carmo	97	CFV	2:16.88	25m	15-12-19	Leiria
11.	FRISCHKNECHT Renato Barrc	01	SAD	2:17.39	25m	21-12-19	Felgueiras
12.	ALVES Nuno Rafael	90	CAP	2:17.82	25m	21-12-19	Felgueiras
13.	CABRITO Rodrigo Almeida	01	CFB	2:18.10	25m	11-04-21	Felgueiras
14.	PON Hugo	98	SAD	2:18.28	25m	09-11-19	Albufeira
15.	AMORIM Alexandre Ferreira	99	FCP	2:19.18	25m	11-01-20	Aguas Santas
16.	CATALAO Daniel Nogueira	00	SLB	2:19.32	25m	21-12-19	Felgueiras
17.	RAMOS Bruno Miguel	97	CFB	2:19.61	25m	24-11-19	Algés
18.	RIBEIRO Afonso Mateus	95	CFB	2:19.81	25m	11-04-21	Felgueiras
19.	RODRIGUES Miguel Carvalho	02	CGA	2:19.95	25m	15-11-20	Mealhada
20.	PEREIRA Ricardo Samuel	03	SLB	2:20.00	25m	14-07-19	Algés
21.	SILVA Pedro Miguel	94	ADRCIMM	2:20.45	25m	15-11-20	Leiria
22.	GASPAR Miguel Caridade	99	AAC	2:20.74	25m	15-12-19	Leiria
23.	GOMES Filipe Miguel	97	ADBA	2:20.84	25m	15-11-20	Leiria
24.	CARNEIRO Joao Soares	03	SLB	2:20.87	25m	21-12-19	Felgueiras
25.	NUNES Francisco Costa	02	SCP	2:21.31	25m	21-12-19	Felgueiras
26.	JESUS Afonso Guilherme	00	VKGS	2:21.38	25m	30-11-19	Sines
27.	LOPES Luis Afonso	03	VS	2:21.84	25m	21-12-19	Felgueiras
28.	VARGAS Joao Manuel	00	SLB	2:21.91	25m	21-12-19	Felgueiras
29.	VELOSO Tomas Miguel	96	CNAC	2:22.70	25m	23-11-19	Coimbra
30.	SILVA Nuno Marques	04	ADBA	2:23.08	25m	11-04-21	Felgueiras
31.	ALVES Paulo Rodrigues	04	CDN	2:23.33	25m	13-07-19	Funchal
32.	REBELO Joao Lourenco	04	SAD	2:23.40	25m	15-11-20	Leiria
33.	MERUJE Joaquim Agra	01	CUC	2:23.75	25m	07-11-20	Guarda
34.	OLIVEIRA Joao Campelo	04	GDNFAMA	2:23.83	25m	15-11-20	Mealhada
35.	NUNES Porfirio Braga	00	FCP	2:24.10	25m	12-10-19	Pacos de Ferreira
36.	MOREIRA Joao Pedro	04	CNCE	2:24.39	25m	11-04-21	Felgueiras
37.	MOURA Andre Magalhaes	98	AVFC	2:24.59	25m	30-11-19	Sines
38.	DINIS Tiago Moises	98	CNAC	2:24.78	25m	15-11-20	Mealhada
39.	TSYKAL Daniel	04	CNAL	2:24.92	25m	15-11-20	Leiria
40.	MATEUS Diogo Garcez	02	AONDA	2:25.22	25m	15-11-20	Leiria
41.	MARCOS Jesus Gomez Gomez	99	LDC	2:25.32	25m	25-10-20	Olhão
42.	SILVA Henrique Gomes	02	AEJ	2:25.38	25m	09-11-19	Albufeira
43.	OLIVEIRA Simao Lopes	05	CNS	2:25.55	25m	07-11-20	Guarda
44.	MARTINS Bruno Miguel	93	GESL	2:25.78	25m	24-11-19	Algés
45.	MATIAS Rafael Candeias	03	CNLGOS	2:25.83	25m	21-12-19	Felgueiras
46.	MIRKA Artem Vos	00	CGA	2:26.07	25m	17-11-19	Viseu
47.	CRISTINO Guilherme Matias	03	SFUAP	2:26.12	25m	15-11-20	Leiria
48.	RODRIGUES Pedro Simoes	01	CUC	2:26.25	25m	01-11-19	Condeixa
49.	SANTOS Diego Felipe	87	CDN	2:26.64	25m	22-11-19	Funchal
50.	PINTO Pedro Miguel	02	SCP	2:26.67	25m	21-12-19	Felgueiras

**50 Mariposa**

1.	SANTOS Alexis Manacas	92	SCP	23.67	25m	20-12-19	Felgueiras
2.	SAHNOUNE Oussama	92	SLB	23.72	25m	14-12-19	Angers (FRA)
3.	SANTOS Pedro Andre	94	SAD	23.92	25m	20-12-19	Felgueiras
4.	SILVA Glauber	86	FOCA	23.95	25m	20-12-19	Felgueiras
5.	SILVA Fernando Souza	86	SFUAP	24.24	25m	13-07-19	Algés
6.	CARVALHO Diogo Filipe	88	CGA	24.27	25m	15-11-20	Mealhada
7.	MOGNE Igor Araujo	96	SCP	24.42	25m	20-12-19	Felgueiras
8.	PEREIRA Luiz Pedro	91	SLB	24.49	25m	15-11-20	Leiria
8.	RIBEIRO Diogo Matos	04	CUC	24.49	25m	23-12-20	Coimbra
10.	LOPES Gabriel Jose	97	ALN	24.50	25m	10-04-21	Felgueiras
11.	NASCIMENTO Miguel Duarte	95	SLB	24.57	25m	20-12-19	Felgueiras
12.	FERNANDES Pedro Miguel	99	GDNFAMA	24.60	25m	20-12-19	Felgueiras
13.	RIBAS Alexandre Lages	97	EDV	24.74	25m	20-12-19	Felgueiras
14.	POLIAKOV Artiom Viatcheslav	93	COL	24.80	25m	13-07-19	Algés
15.	NUNES Porfirio Braga	00	FCP	24.88	25m	20-12-19	Felgueiras
16.	GORDO Salvador Vieira	03	SCP	24.96	25m	20-12-19	Felgueiras
17.	MARQUES Miguel Henriques	00	SLB	25.02	25m	20-12-19	Felgueiras
18.	VAKULYUK Paulo	03	CNTN	25.04	25m	20-12-19	Felgueiras
19.	PEDRO Daniel Rochinha	98	AHBE	25.05	25m	20-12-19	Felgueiras
20.	PEDROSA Carlos Lopes	94	CAFBDP	25.06	25m	20-12-19	Felgueiras
21.	GUTIERREZ Juan Francisco	94	LDC	25.12	25m	18-10-20	Lagos
22.	PINHO Manuel Antonio	01	CDF	25.18	25m	20-12-19	Felgueiras
23.	SOUSA Joao Ribeiro	01	FCP	25.19	25m	20-12-19	Felgueiras
23.	FRANCISCO Daniel Sebastiao	00	FCP	25.19	25m	10-04-21	Felgueiras
25.	MADUREIRA Gustavo Almeida	94	AAC	25.25	25m	20-12-19	Felgueiras
26.	DOMINGUES Ricardo Jorge	02	FBSC	25.35	25m	14-12-19	Leiria
27.	LOPES Joao Francisco	98	SCB	25.37	25m	06-03-20	Braga
28.	FERNANDES Joao Vitor	00	CEOL	25.39	25m	20-12-19	Felgueiras
29.	SANTOS Joao Duarte	95	CNOL	25.42	25m	10-04-21	Felgueiras
30.	SIMOES Manuel Baptista	03	CUC	25.45	25m	20-12-19	Felgueiras
30.	SAMPAIO Jose Pedro	98	FCP	25.45	25m	15-11-20	Mealhada
32.	GARCIA RAFAEL Pablo	99	LDC	25.46	25m	10-11-19	Albufeira
33.	COSTA Diogo Santos	02	ADRCIMM	25.51	25m	20-12-19	Felgueiras
33.	REIS Rodrigo Miguel	04	ADBA	25.51	25m	15-11-20	Leiria
33.	GOMES Vicente Oliveira	02	SCP	25.51	25m	15-11-20	Leiria
36.	FERREIRA Miguel Goncalves	93	CDN	25.54	25m	14-12-19	Leiria
36.	CLEMENTE Bernardo Santos	98	AAC	25.54	25m	14-12-19	Leiria
38.	FIDALGO Mateus Valente	01	CDE	25.56	25m	20-12-19	Felgueiras
39.	LOPES Tomas Teixeira	02	VSC	25.58	25m	10-04-21	Felgueiras
40.	CARVALHO Andre Antunes	96	SCP	25.61	25m	20-12-19	Felgueiras
41.	ALFAMA Martim Primavera	02	GESL	25.63	25m	20-12-19	Felgueiras
42.	DOMINGOS Ruy Manuel	02	SCP	25.65	25m	20-12-19	Felgueiras
43.	COTOVIO Ricardo Ferreira	91	VKGS	25.68	25m	06-03-20	Ponte de Sor
44.	GRACA Nuno Miguel	98	EDV	25.71	25m	14-12-19	Leiria
45.	PEREIRA Mario Alexandre	92	CNAC	25.72	25m	24-11-19	Coimbra
46.	CANTOS GALVEZ MANUEL	97	LDC	25.82	25m	10-11-19	Albufeira
46.	SILVA Joao Carlos	98	GDNFAMA	25.82	25m	10-04-21	Felgueiras
48.	COSTA Andre Gouveia	01	CAQC	25.85	25m	23-12-20	Coimbra
49.	RIACHOS Frederico Sucena	98	VSC	25.86	25m	14-12-19	Leiria
50.	PLAZA Jaime Morote	97	LDC	25.87	25m	18-10-20	Lagos

**100 Mariposa**

1.	SAHNOUNE Oussama	92	SLB	51.67	25m	12-12-19	Angers (FRA)
2.	CARVALHO Diogo Filipe	88	CGA	52.37	25m	15-12-19	Leiria
3.	SILVA Glauber	86	FOCA	53.32	25m	21-12-19	Felgueiras
4.	LOPES Gabriel Jose	97	ALN	53.66	25m	22-12-20	Coimbra
5.	SILVA Fernando Souza	86	SFUAP	53.79	25m	14-07-19	Algés
6.	PEREIRA Luiz Pedro	91	SLB	53.87	25m	14-11-20	Leiria
7.	VAKULYUK Paulo	03	CNTN	54.09	25m	21-12-19	Felgueiras
8.	RIBEIRO Diogo Matos	04	CUC	54.22	25m	11-04-21	Felgueiras
9.	SANTOS Pedro Andre	94	SAD	54.48	25m	09-11-19	Albufeira
10.	NUNES Porfirio Braga	00	FCP	54.65	25m	11-04-21	Felgueiras
11.	COSTA Joao Nogueira	01	VSC	54.90	25m	14-11-20	Mealhada
12.	GORDO Salvador Vieira	03	SCP	55.07	25m	21-12-19	Felgueiras
13.	SOUSA Joao Ribeiro	01	FCP	55.31	25m	21-12-19	Felgueiras
14.	LOPES Jose Paulo	00	SCB	55.49	25m	23-11-19	Braga
15.	PEDROSA Carlos Lopes	94	CAFBDP	55.62	25m	30-11-19	Sines
16.	SANTOS Joao Duarte	95	CNOL	55.75	25m	11-04-21	Felgueiras
17.	CARVALHO Andre Antunes	96	SCP	55.80	25m	21-12-19	Felgueiras
18.	POLIAKOV Artiom Viatcheslav	93	COL	55.83	25m	14-07-19	Algés
19.	ROCHA Ricardo Filipe	02	CAP	55.92	25m	21-12-19	Felgueiras
20.	GOMES Vicente Oliveira	02	SCP	55.93	25m	14-11-20	Leiria
21.	MOGNE Igor Araujo	96	SCP	55.98	25m	09-11-19	Albufeira
22.	COSTA Andre Gouveia	01	CAQC	56.13	25m	21-12-19	Felgueiras
23.	VITAL Joao Alexandre	98	SCP	56.14	25m	21-12-19	Felgueiras
24.	DOMINGUES Ricardo Jorge	02	FBSC	56.16	25m	14-11-20	Mealhada
25.	SEQUEIRA Afonso Meneses	99	CNF	56.33	25m	15-12-19	Leiria
26.	SIMOES Bernardo Jorge	04	CNCVG	56.36	25m	07-12-19	Sines
27.	RAMOS Bruno Miguel	97	POR	56.39	25m	09-01-21	Guarda
28.	PEDRO Daniel Rochinha	98	AHBE	56.40	25m	01-02-20	Ponte de Sor
29.	CORDEIRO Tiago Roberto	00	SLB	56.43	25m	21-12-19	Felgueiras
30.	CLEMENTE Bernardo Santos	98	AAC	56.59	25m	15-12-19	Leiria
30.	DUARTE Joao Silverio	99	EFC	56.59	25m	01-02-20	Ponte de Sor
32.	TRAVANCA Sergio Filipe	00	LSC	56.62	25m	15-12-19	Leiria
33.	DOMINGOS Ruy Manuel	02	SCP	56.65	25m	21-12-19	Felgueiras
34.	REIS Rodrigo Miguel	04	ADBA	56.74	25m	07-12-19	Sines
35.	SILVA Tomas Antonio	01	CNF	56.75	25m	06-03-20	Funchal
36.	MARIN SANCHEZ Juan Pablo	96	LDC	56.82	25m	22-02-20	Lagos
36.	DIAS Rodrigo Reis	03	CFB	56.82	25m	11-04-21	Felgueiras
38.	COSTA Diogo Santos	02	ADRCIMM	56.86	25m	14-11-20	Leiria
39.	PINHO Manuel Antonio	01	CDF	56.94	25m	18-01-20	Mealhada
39.	FERNANDES Joao Vitor	00	CEOL	56.94	25m	31-10-20	Funchal
39.	SILVA Joao Carlos	98	GDNFAMA	56.94	25m	03-04-21	Famalicao
42.	FERREIRA Miguel Goncalves	93	CDN	57.10	25m	16-11-19	Funchal
43.	FERREIRA Ricardo Pinela	01	SLB	57.12	25m	21-12-19	Felgueiras
44.	SAMPAIO Jose Pedro	98	FCP	57.20	25m	09-01-21	Guarda
45.	VIEGAS Hugo Miguel	02	CNOL	57.27	25m	11-04-21	Felgueiras
46.	MENDES Antonio Manuel	99	SCP	57.35	25m	09-01-21	Guarda
46.	FERNANDES Eduardo Gomes	02	SCP	57.35	25m	11-04-21	Felgueiras
48.	PEREIRA Mario Alexandre	92	CNAC	57.36	25m	20-10-19	Condeixa
48.	MARTYN David	03	BSCN	57.36	25m	21-12-19	Felgueiras
50.	LOPES Tomas Teixeira	02	POR	57.45	25m	09-01-21	Guarda

**200 Mariposa**

1.	CARVALHO Diogo Filipe	88	POR	1:56.20	25m	08-12-19	GLASGOW (GBR)
2.	PEREIRA Luiz Pedro	91	SLB	1:58.56	25m	14-11-20	Leiria
3.	CORDEIRO Tiago Roberto	00	SLB	1:58.93	25m	22-12-19	Felgueiras
4.	LOPES Jose Paulo	00	SCB	1:59.75	25m	10-04-21	Felgueiras
5.	LOPES Gabriel Jose	97	ALN	1:59.89	25m	14-11-20	Mealhada
6.	SANTOS Pedro Andre	94	SAD	2:00.68	25m	22-12-19	Felgueiras
7.	RIBEIRO Diogo Matos	04	CUC	2:01.07	25m	10-04-21	Felgueiras
8.	RAMOS Bruno Miguel	97	CFB	2:01.54	25m	10-11-19	Albufeira
9.	COSTA Andre Gouveia	01	CAQC	2:01.61	25m	22-12-19	Felgueiras
10.	VAKULYUK Paulo	03	CNTN	2:01.72	25m	14-12-19	Leiria
11.	MENDES Antonio Manuel	99	SCP	2:02.09	25m	22-12-19	Felgueiras
12.	VITAL Joao Alexandre	98	SCP	2:02.16	25m	22-12-19	Felgueiras
13.	SILVA Henrique Gomes	02	AEJ	2:02.91	25m	14-11-20	Mealhada
14.	CRISTINO David Matias	01	SFUAP	2:03.11	25m	22-12-19	Felgueiras
15.	CARVALHO Andre Antunes	96	SCP	2:03.18	25m	22-12-19	Felgueiras
16.	GORDO Salvador Vieira	03	SCP	2:03.49	25m	22-12-19	Felgueiras
17.	CARNEIRO Joao Soares	03	SLB	2:03.82	25m	22-12-19	Felgueiras
18.	SILVA Tomas Antonio	01	FCP	2:03.90	25m	14-11-20	Mealhada
19.	NUNES Porfirio Braga	00	FCP	2:03.98	25m	22-12-19	Felgueiras
20.	SAMPAIO Jose Pedro	98	FCP	2:04.45	25m	22-12-19	Felgueiras
21.	SIMOES Bernardo Jorge	04	CNCVG	2:04.63	25m	08-12-19	Sines
22.	COSTA Diogo Santos	02	ADRCIMM	2:05.09	25m	14-07-19	Algés
23.	CAMPOS Tiago Filipe	99	CNRM	2:05.16	25m	24-11-19	Tomar
24.	BESSA Antonio Rafael	94	CAP	2:05.36	25m	14-12-19	Leiria
25.	PEDROSA Carlos Lopes	94	CAFBDP	2:06.14	25m	30-11-19	Sines
26.	DIAS Rodrigo Reis	03	CFB	2:06.45	25m	22-12-19	Felgueiras
27.	ARAUJO Joao Guilherme	03	CNMAIA	2:06.72	25m	10-04-21	Felgueiras
28.	SANTOS Joao Duarte	95	CNOL	2:07.22	25m	07-11-20	Lagos
29.	CARVALHO Jose Paula	98	SAD	2:07.30	25m	22-12-19	Felgueiras
30.	NEVES Pedro Barata	00	CIRL	2:07.36	25m	14-12-19	Leiria
31.	FERREIRA Miguel Goncalves	93	CDN	2:07.40	25m	14-07-19	Funchal
32.	TRAVANCA Sergio Filipe	00	LSC	2:07.47	25m	22-12-19	Felgueiras
33.	AMARAL Francisco Rodriguez	02	FCP	2:07.70	25m	14-11-20	Mealhada
34.	SEQUEIRA Afonso Meneses	99	CNF	2:07.79	25m	14-12-19	Leiria
35.	BRANCO Alexandre Miguel	01	SAD	2:08.41	25m	22-12-19	Felgueiras
36.	MARTYN David	03	BSCN	2:08.44	25m	22-12-19	Felgueiras
37.	CARDOSO Diogo Santos	01	ADRCIMM	2:08.55	25m	22-12-19	Felgueiras
38.	DUARTE Joao Silverio	99	EFC	2:08.76	25m	30-11-19	Sines
39.	BATE Afonso Ribeiro	98	SAD	2:08.80	25m	14-07-19	Algés
40.	APSENIECE Kevins Alexandre	04	FCP	2:08.82	25m	14-11-20	Mealhada
41.	NUNES Rafael Filipe	96	SLB	2:08.89	25m	14-07-19	Algés
42.	LEAL Dinis Barros	03	CAP	2:08.94	25m	22-12-19	Felgueiras
43.	PINTO Pedro Miguel	02	SCP	2:09.02	25m	22-12-19	Felgueiras
44.	LUZ Filipe Ferreira	98	GESL	2:09.09	25m	14-12-19	Leiria
45.	CAMOES Tiago Maria	01	SFUAP	2:09.11	25m	22-12-19	Felgueiras
46.	SANTOS Nuno Goncalo	96	ADBA	2:09.21	25m	14-12-19	Leiria
47.	COSTA Joao Peres	04	CNPV	2:09.38	25m	10-04-21	Praia da Vitória
48.	REBELO Diogo Nogueira	98	ADRCIMM	2:09.41	25m	22-11-19	Algés
49.	GOUVEIA Luis Galvao	05	CDN	2:09.52	25m	08-08-20	Funchal
50.	MORIM Ruben Jose	97	CFV	2:09.73	25m	12-10-19	Pacos de Ferreira

**200 Estilos**

1.	SANTOS Alexis Manacas	92	POR	1:54.25	25m	06-12-19	GLASGOW (GBR)
2.	CARVALHO Diogo Filipe	88	POR	1:55.46	25m	06-12-19	GLASGOW (GBR)
3.	LOPES Gabriel Jose	97	ALN	1:56.83	25m	23-12-20	Coimbra
4.	LOPES Jose Paulo	00	SCB	1:58.89	25m	21-12-19	Felgueiras
5.	RAMOS Bruno Miguel	97	CFB	1:59.87	25m	21-12-19	Felgueiras
6.	SILVA Henrique Gomes	02	AEJ	2:02.71	25m	21-12-19	Felgueiras
7.	DANTAS Diogo Leal	00	SCP	2:03.05	25m	09-11-19	Albufeira
8.	SIMOES Rafael Gomes	00	SCB	2:03.81	25m	24-11-19	Braga
9.	NUNES Porfirio Braga	00	FCP	2:04.06	25m	21-12-19	Felgueiras
10.	SILVA Fernando Souza	86	SFUAP	2:04.09	25m	09-11-19	Albufeira
11.	SILVA Tomas Antonio	01	FCP	2:04.28	25m	14-11-20	Mealhada
12.	BASTOS Lucas Pereira	00	CNAC	2:04.44	25m	21-12-19	Felgueiras
13.	JOAQUIM Andre Serro	00	CNOL	2:05.31	25m	11-04-21	Felgueiras
14.	SAMPAIO Jose Pedro	98	FCP	2:05.63	25m	21-12-19	Felgueiras
15.	CATALAO Daniel Nogueira	00	SLB	2:05.94	25m	21-12-19	Felgueiras
16.	COSTA Joao Nogueira	01	POR	2:05.96	25m	09-01-21	Guarda
17.	RIBEIRO Diogo Matos	04	CUC	2:06.60	25m	08-12-19	Mealhada
18.	RIBEIRO Gustavo Carvalhais	03	CGA	2:06.91	25m	21-12-19	Felgueiras
19.	GOMES Tomas Nogueira	03	SFUAP	2:06.93	25m	14-11-20	Leiria
20.	ROCHA Ricardo Filipe	02	CAP	2:07.22	25m	21-12-19	Felgueiras
21.	BESSA Antonio Rafael	94	CAP	2:07.27	25m	14-12-19	Leiria
22.	CRISTINO David Matias	01	SFUAP	2:07.35	25m	14-11-20	Leiria
23.	LOPES Luis Afonso	03	VS	2:07.68	25m	14-11-20	Leiria
24.	CORDEIRO Tiago Roberto	00	SLB	2:07.75	25m	14-07-19	Algés
25.	CARNEIRO Joao Soares	03	SLB	2:07.91	25m	21-12-19	Felgueiras
25.	SIMOES Bernardo Jorge	04	CNCVG	2:07.91	25m	11-04-21	Felgueiras
27.	BATE Miguel Ribeiro	99	SAD	2:08.23	25m	14-07-19	Algés
27.	VELOSO Tomas Miguel	96	CNAC	2:08.23	25m	24-10-20	Coimbra
29.	ALFAMA Martim Primavera	02	GESL	2:08.26	25m	21-12-19	Felgueiras
30.	COSTA Joao Peres	04	CNPV	2:08.36	25m	14-11-20	Leiria
31.	LOPES Tomas Teixeira	02	POR	2:08.38	25m	09-01-21	Guarda
32.	GOMES Filipe Miguel	97	ADBA	2:08.69	25m	07-11-20	Leiria
33.	LEBRE Diogo Ramos	01	SLB	2:08.74	25m	14-07-19	Algés
34.	CLARA Vitor Belo	04	ADBA	2:08.91	25m	11-04-21	Felgueiras
35.	DINIS Tiago Moises	98	CNAC	2:08.95	25m	14-11-20	Mealhada
36.	RODRIGUES Tiago Moura	03	CLIPTEAM	2:09.27	25m	14-11-20	Mealhada
37.	FERNANDES Eduardo Gomes	02	SCP	2:09.36	25m	14-11-20	Leiria
38.	CARVALHO Jose Paula	98	SFUAP	2:09.40	25m	14-11-20	Leiria
39.	GASPAR Miguel Caridade	99	AAC	2:09.63	25m	14-12-19	Leiria
40.	SILVA Nuno Marques	04	ADBA	2:09.70	25m	14-11-20	Leiria
40.	ARAUJO Joao Guilherme	03	CNMAIA	2:09.70	25m	11-04-21	Felgueiras
42.	MOGNE Igor Araujo	96	SCP	2:10.14	25m	09-01-21	Guarda
43.	LOUZAN Daniel Sanchez	98	EDV	2:10.16	25m	14-12-19	Leiria
43.	MARQUES Gustavo Pires	04	CUC	2:10.16	25m	11-04-21	Felgueiras
45.	SANTOS Pedro Miguel	01	FCP	2:10.24	25m	23-11-19	Felgueiras
46.	ALVES Paulo Rodrigues	04	CDN	2:10.60	25m	08-08-20	Funchal
47.	MARREIROS Ricardo Basilio	97	CDCP	2:10.62	25m	30-11-19	Sines
48.	JESUS Afonso Guilherme	00	VKGS	2:10.84	25m	30-11-19	Sines
49.	RELVAS David Ferreira	03	DNMG	2:10.87	25m	14-12-19	Leiria
50.	PERLOIRO Bernardo Garcia	00	SCP	2:11.22	25m	14-07-19	Algés



**400 Estilos**

1.	LOPES Jose Paulo	00	POR	4:09.05	25m	05-12-19	GLASGOW (GBR)
2.	CARVALHO Diogo Filipe	88	CGA	4:09.66	25m	20-12-19	Felgueiras
3.	LOPES Gabriel Jose	97	ALN	4:10.18	25m	15-11-20	Mealhada
4.	VITAL Joao Alexandre	98	SCP	4:12.28	25m	20-12-19	Felgueiras
5.	RAMOS Bruno Miguel	97	CFB	4:19.44	25m	20-12-19	Felgueiras
6.	BASTOS Lucas Pereira	00	CNAC	4:23.71	25m	20-12-19	Felgueiras
7.	CRISTINO David Matias	01	SFUAP	4:24.95	25m	20-12-19	Felgueiras
8.	CAMPOS Tiago Filipe	99	CNRM	4:24.97	25m	07-03-20	Santarém
9.	SIMOES Rafael Gomes	00	SCB	4:25.21	25m	10-04-21	Felgueiras
10.	SILVA Tomas Antonio	01	FCP	4:26.45	25m	15-11-20	Mealhada
11.	SAMPAIO Jose Pedro	98	FCP	4:26.47	25m	10-04-21	Felgueiras
12.	CORDEIRO Tiago Roberto	00	SLB	4:26.54	25m	13-07-19	Algés
13.	COSTA Joao Nogueira	01	VSC	4:28.00	25m	15-12-19	Leiria
14.	SANTOS Pedro Miguel	01	FCP	4:28.40	25m	24-11-19	Felgueiras
15.	SIMOES Bernardo Jorge	04	CNCVG	4:29.72	25m	06-12-19	Sines
15.	DANTAS Diogo Leal	00	SCP	4:29.72	25m	20-12-19	Felgueiras
17.	CARDOSO Diogo Santos	01	ADRCIMM	4:30.45	25m	15-11-20	Leiria
18.	ALVES Nuno Rafael	90	CAP	4:30.63	25m	20-12-19	Felgueiras
19.	SILVA Henrique Gomes	02	AEJ	4:30.89	25m	20-12-19	Felgueiras
20.	RIBEIRO Diogo Matos	04	CUC	4:30.93	25m	06-12-19	Mealhada
21.	CARNEIRO Joao Soares	03	SLB	4:31.45	25m	20-12-19	Felgueiras
22.	CATALAO Daniel Nogueira	00	SLB	4:31.67	25m	20-12-19	Felgueiras
23.	COSTA Tiago Cunha	99	SCP	4:31.82	25m	24-11-19	Algés
24.	BESSA Antonio Rafael	94	CAP	4:33.15	25m	15-12-19	Leiria
25.	DINIS Tiago Moises	98	CNAC	4:33.33	25m	15-11-20	Mealhada
26.	MARQUES Gustavo Pires	04	CUC	4:34.57	25m	10-04-21	Felgueiras
27.	PON Hugo	98	SAD	4:34.61	25m	13-07-19	Algés
28.	LOPES Luis Afonso	03	VS	4:34.82	25m	09-04-21	Praia da Vitória
29.	RIBAS Alexandre Lages	97	EDV	4:34.83	25m	18-01-20	Barcelos
30.	GASPAR Miguel Caridade	99	AAC	4:35.12	25m	15-12-19	Leiria
31.	SILVA Pedro Miguel	94	ADRCIMM	4:35.13	25m	13-07-19	Algés
32.	LUZ Filipe Ferreira	98	GESL	4:35.45	25m	15-12-19	Leiria
33.	SILVA Nuno Marques	04	ADBA	4:35.50	25m	15-11-20	Leiria
34.	PERLOIRO Bernardo Garcia	00	SCP	4:35.90	25m	13-07-19	Algés
35.	PIEADADE Sebastiao Limbert	00	SAD	4:36.54	25m	13-07-19	Algés
36.	RIBEIRO Gustavo Carvalhais	03	CGA	4:37.54	25m	20-12-19	Felgueiras
37.	COSTA Joao Peres	04	CNPV	4:38.23	25m	06-12-19	Sines
38.	ALVES Paulo Rodrigues	04	CDN	4:38.48	25m	15-12-19	Leiria
39.	ARAUJO Joao Guilherme	03	CNMAIA	4:39.32	25m	15-12-19	Leiria
40.	FERNANDES Eduardo Gomes	02	SCP	4:39.45	25m	02-11-19	Lagoa
41.	ALMEIDA Bernardo Victorino	04	SCP	4:39.52	25m	06-12-19	Sines
42.	DOMINGOS Ruy Manuel	02	SCP	4:39.56	25m	01-02-20	Albufeira
43.	JOAQUIM Andre Serro	00	CNOL	4:39.62	25m	01-02-20	Albufeira
44.	CARVALHO Martim Henriques	04	CNRM	4:39.67	25m	06-12-19	Sines
45.	SARREIRA Tomas Amor	05	DNMG	4:39.96	25m	09-04-21	Praia da Vitória
46.	APSENIECE Kevins Alexandre	04	FCP	4:40.15	25m	10-04-21	Felgueiras
47.	NUNES Rafael Filipe	96	SLB	4:40.22	25m	07-03-20	Santarém
48.	NEVES Pedro Barata	00	CIRL	4:40.54	25m	15-12-19	Leiria
49.	LOUZAN Daniel Sanchez	98	EDV	4:40.59	25m	15-12-19	Leiria
50.	REBELO Joao Lourenco	04	SAD	4:41.06	25m	06-12-19	Sines