

Absoluto, Femin., Piscina longa (50m)

01-07-2019-16-05-2021

50 Livres

1.	RODRIGUES Ana Pinho	94	ADS	25.56	50m	03-08-19	Funchal	794
2.	VIEGAS Beatriz Mendes	00	SCP	26.22	50m	08-02-20	Lisboa	735
3.	ANDRE Leticia Maia	02	SLB	26.68	50m	20-12-20	Oeiras	698
4.	SOARES Catarina Silva	03	FCP	26.77	50m	01-08-19	Funchal	691
5.	SOUSA Ana Reis	02	POR	26.80	50m	24-08-19	BUDAPEST (HUN)	688
6.	FERNANDES Carolina Miranda	05	CGA	26.83	50m	28-03-21	Coimbra	686
7.	CASTRO Adriana Daniela	97	LSC	26.95	50m	03-08-19	Funchal	677
7.	CUNHA Mariana Pacheco	04	CNCE	26.95	50m	20-12-20	Oeiras	677
9.	PEGO Isabel Porfirio	01	CFP	26.97	50m	03-08-19	Funchal	676
10.	MARTINS Francisca Soares	03	POR	27.00	50m	08-02-20	Lisboa	673
11.	OLIVEIRA Rosa Maria	96	FCP	27.01	50m	02-02-20	Povoa de Varzim	673
12.	GUEDES Ana Margarida	01	GCVR	27.11	50m	03-08-19	Funchal	665
13.	PEREIRA Maria Gomes	04	SAD	27.16	50m	08-02-20	Lisboa	661
14.	FERREIRA Catarina Maria	98	FCP	27.18	50m	02-02-20	Povoa de Varzim	660
15.	CONCEICAO Ema Jeronimo	03	AEFDTV	27.25	50m	03-08-19	Funchal	655
16.	FARIA Ana Rita	00	FCP	27.28	50m	03-08-19	Funchal	653
17.	PINTO Mafalda Marques	02	SCP	27.43	50m	20-12-20	Oeiras	642
18.	REBELO Camila Rodrigues	03	POR	27.44	50m	08-02-20	Lisboa	641
19.	MARQUES Maria Vieira	04	CNVA	27.53	50m	14-07-19	Coimbra	635
19.	LASZLOVA Silvia	93	LDC	27.53	50m	08-02-20	Lisboa	635
21.	LOURO Ariana Espirito	05	SFGP	27.55	50m	28-03-21	Coimbra	634
22.	MOREIRA Matilde Freitas	01	AAC	27.58	50m	03-08-19	Funchal	632
22.	RODRIGUES Joana Francisca	04	CUC	27.58	50m	28-03-21	Coimbra	632
24.	SOUSA Catarina Welvitchia	00	ANG	27.68	50m	24-08-19	CASA BLANCA (MAR)	625
25.	BELEZA Mafalda Gomes	94	SCP	27.90	50m	03-08-19	Funchal	610
26.	MELO Sara Carreira	05	GESL	27.96	50m	20-12-20	Oeiras	606
27.	NEVES Carolina Marques	01	CNTN	27.97	50m	03-08-19	Funchal	606
28.	NUNES Sofia Alexandra	00	CIRL	28.00	50m	25-07-19	DUBLIN (IRL)	604
29.	AMADOR Joana Costa	01	CGA	28.01	50m	12-07-19	Coimbra	603
30.	RODRIGUES Ana Margarida	96	CGA	28.08	50m	12-07-19	Coimbra	598
31.	RODRIGUES Helena Nunes	03	CSAAXXI	28.10	50m	12-07-19	Coimbra	597
31.	MACHADO Luisa Maria	01	SFUAP	28.10	50m	01-03-20	Vila Franca de Xira	597
33.	CASAL Beatriz Goncalves	03	CNTN	28.11	50m	03-08-19	Funchal	597
34.	TEJO Beatriz Costa	02	AAC	28.16	50m	01-08-19	Funchal	593
35.	JESUS Maria Crista	03	LDC	28.19	50m	03-08-19	Funchal	591
36.	BRITES Marta Lopes	06	CNPDL	28.20	50m	28-03-21	Coimbra	591
37.	ROSA Maria Carolina	94	SCP	28.22	50m	03-08-19	Funchal	590
38.	FOMINA Anna	02	LDC	28.23	50m	03-08-19	Funchal	589
39.	NEVES Leonor Maria	03	GESL	28.28	50m	08-02-20	Lisboa	586
40.	GROU Beatriz Sousa	96	TNC	28.30	50m	13-07-19	Loulé	585
40.	NICOLAU Margarida Claudino	05	CNTN	28.30	50m	28-03-21	Coimbra	585
42.	JUNQUEIRA Sofia Ribeiro	02	ADBA	28.35	50m	01-08-19	Funchal	582
43.	FRANCO Catarina Andrade	07	GESL	28.36	50m	28-03-21	Coimbra	581
44.	OLIVEIRA Ana Rita	04	CNCE	28.40	50m	02-02-20	Povoa de Varzim	578
44.	SOARES Ines Apolinario	03	PIMP	28.40	50m	08-02-20	Lisboa	578
46.	MESTRE Catarina Martins	00	CNLX	28.41	50m	14-02-21	Oeiras	578
47.	ALVES Sara Sofia	01	SCC	28.46	50m	12-07-19	Coimbra	575
48.	REBELO Beatriz Vaz	03	GESL	28.52	50m	03-08-19	Funchal	571
49.	AGUILAR Vera Ines	00	CDN	28.53	50m	23-02-20	Funchal	571
50.	DOMINGUES Anna Luiza	04	SCB	28.55	50m	02-02-20	Povoa de Varzim	569

100 Livres

1.	RODRIGUES Ana Pinho	94	ADS	56.46	50m	04-08-19	Funchal	768
2.	MARTINS Francisca Soares	03	POR	57.03	50m	14-08-20	Loule	745
3.	ANDRE Leticia Maia	02	SLB	57.19	50m	19-12-20	Oeiras	739
4.	SOUSA Ana Reis	02	POR	57.24	50m	03-07-19	KAZAN (RUS)	737
5.	FRISCHKNECHT Rita Barros	98	SAD	57.35	50m	27-03-21	Coimbra	733
6.	PEREIRA Raquel Gomes	00	SLB	57.71	50m	27-03-21	Coimbra	719
7.	CUNHA Mariana Pacheco	04	CNCE	57.87	50m	13-02-21	Oeiras	713
8.	FERNANDES Carolina Miranda	05	POR	58.07	50m	22-07-19	BAKU (AZE)	706
9.	AZEVEDO Rafaela Gomes	02	SAD	58.42	50m	19-12-20	Oeiras	693
10.	CONCEICAO Ema Jeronimo	03	AEFDTV	58.43	50m	19-12-20	Oeiras	693
11.	FERREIRA Catarina Maria	98	FCP	58.63	50m	02-08-19	Funchal	686
12.	REBELO Camila Rodrigues	03	POR	58.66	50m	14-08-20	Loule	685
13.	VIEGAS Beatriz Mendes	00	SCP	58.79	50m	19-12-20	Oeiras	680
14.	PINTO Mafalda Marques	02	SCP	59.04	50m	19-12-20	Oeiras	671
15.	FARIA Ana Rita	00	FCP	59.08	50m	04-08-19	Funchal	670
16.	SOUSA Catarina Welvitchia	00	ANG	59.28	50m	25-07-19	GWANGJU (KOR)	663
17.	PEGO Isabel Porfirio	01	CFP	59.49	50m	04-08-19	Funchal	656
18.	RODRIGUES Ana Margarida	96	CGA	59.57	50m	14-07-19	Coimbra	654
19.	OLIVEIRA Rosa Maria	96	FCP	59.61	50m	04-08-19	Funchal	652
20.	MOURA Maria Ferreira	04	SCP	59.83	50m	04-08-19	Funchal	645
21.	MARQUES Maria Vieira	04	CNVA	59.87	50m	14-07-19	Coimbra	644
22.	AMADOR Joana Costa	01	CGA	59.90	50m	14-07-19	Coimbra	643
23.	MACHADO Luisa Maria	01	SFUAP	1:00.02	50m	04-08-19	Funchal	639
24.	CASTRO Adriana Daniela	97	LSC	1:00.07	50m	19-12-20	Oeiras	637
25.	SOARES Catarina Silva	03	FCP	1:00.10	50m	04-08-19	Funchal	636
26.	FOMINA Anna	02	LDC	1:00.15	50m	09-02-20	Lisboa	635
27.	FERNANDES Ines Camacho	97	SCP	1:00.24	50m	08-02-20	Lisboa	632
27.	RODRIGUES Joana Francisca	04	CUC	1:00.24	50m	27-03-21	Coimbra	632
29.	MONTEIRO Ana Catarina	93	CFV	1:00.26	50m	27-03-21	Coimbra	631
30.	CABRAL Maria Francisca	00	FCP	1:00.32	50m	04-08-19	Funchal	629
31.	MOREIRA Matilde Freitas	01	AAC	1:00.50	50m	04-08-19	Funchal	624
32.	NEVES Carolina Marques	01	CNTN	1:00.58	50m	04-08-19	Funchal	621
33.	PEREIRA Maria Gomes	04	POR	1:00.59	50m	22-07-19	BAKU (AZE)	621
34.	NUNES Sofia Alexandra	00	CIRL	1:00.60	50m	27-07-19	DUBLIN (IRL)	621
35.	RAMOS Ana Rita	02	FCP	1:00.75	50m	27-03-21	Coimbra	616
36.	RODRIGUES Helena Nunes	03	CSAAXXI	1:00.78	50m	14-07-19	Coimbra	615
37.	MESTRE Catarina Martins	00	CNLX	1:00.84	50m	13-02-21	Oeiras	613
38.	OLIVEIRA Ana Rita	04	CNPO	1:00.93	50m	04-08-19	Funchal	611
39.	ROLAO Sofia Alexandra	98	SLB	1:00.97	50m	04-08-19	Funchal	610
40.	PINHO Carolina Teixeira	04	FCP	1:00.99	50m	04-08-19	Funchal	609
41.	FRANCO Catarina Andrade	07	GESL	1:01.03	50m	27-03-21	Coimbra	608
42.	HENRIQUES Ines Jacinto	00	00563	1:01.18	50m	07-03-20	San Fernando (ESP)	603
43.	VARGAS Giovanna Vaz	00	DNMG	1:01.20	50m	14-07-19	Coimbra	603
43.	ROSA Mariana Carmo	05	ALN	1:01.20	50m	04-08-19	Funchal	603
45.	CRAVEIRO Beatriz Neves	97	AAC	1:01.23	50m	14-07-19	Coimbra	602
46.	BRITES Marta Lopes	06	CNPDL	1:01.45	50m	27-03-21	Coimbra	595
47.	ALVES Sara Sofia	01	SCC	1:01.50	50m	14-07-19	Coimbra	594
48.	SIMOES Ana Beatriz	05	SCP	1:01.52	50m	09-02-20	Lisboa	593
49.	FRAZAO Alexandra Couto	02	CAQC	1:01.53	50m	04-08-19	Funchal	593
50.	VEIGA Ana Filipa	01	CAPGE	1:01.56	50m	13-07-19	Coimbra	592

200 Livres

1.	FRISCHKNECHT Rita Barros	98	SAD	2:02.97	50m	20-12-20	Oeiras	775
2.	MARTINS Francisca Soares	03	POR	2:03.11	50m	16-08-20	Loule	772
3.	HOLUB Tamila Hryhorivna	99	SCB	2:03.53	50m	02-08-19	Funchal	765
4.	DURAES Diana Margarida	96	POR	2:04.31	50m	25-07-19	GWANGJU (KOR)	750
5.	ANDRE Leticia Maia	02	SLB	2:04.33	50m	01-08-19	Funchal	750
6.	SOUSA Ana Reis	02	POR	2:04.39	50m	25-08-19	BUDAPEST (HUN)	749
7.	CONCEICAO Ema Jeronimo	03	AEFDTV	2:04.93	50m	14-02-21	Oeiras	739
8.	RAMOS Ana Rita	02	FCP	2:05.20	50m	01-08-19	Funchal	734
9.	REBELO Camila Rodrigues	03	ALN	2:05.85	50m	02-08-19	Funchal	723
10.	MOURA Maria Ferreira	04	SCP	2:06.08	50m	02-08-19	Funchal	719
11.	FARIA Ana Rita	00	FCP	2:07.20	50m	02-08-19	Funchal	700
12.	HENRIQUES Ines Jacinto	00	SCP	2:07.22	50m	29-02-20	Vila Franca de Xira	700
13.	PIRES Marta Joao	05	SAD	2:07.53	50m	28-03-21	Coimbra	695
14.	FERNANDES Carolina Miranda	05	CGA	2:07.64	50m	02-08-19	Funchal	693
15.	AMADOR Joana Costa	01	CGA	2:07.96	50m	13-07-19	Coimbra	688
16.	PEGO Isabel Porfirio	01	CFP	2:07.97	50m	01-08-19	Funchal	688
17.	BARBOSA Mariana Fernandes	02	FCP	2:08.35	50m	02-08-19	Funchal	682
18.	PINTO Mafalda Marques	02	SCP	2:08.43	50m	28-03-21	Coimbra	680
19.	BELEZA Mafalda Gomes	94	SCP	2:08.78	50m	02-08-19	Funchal	675
20.	ROSA Mariana Carmo	05	ALN	2:08.93	50m	02-08-19	Funchal	672
21.	FRAZAO Alexandra Couto	02	CAQC	2:08.99	50m	02-08-19	Funchal	671
22.	MONTEIRO Ana Catarina	93	POR	2:09.23	50m	21-03-21	MARSEILLE (FRA)	668
23.	CARDEAL Joana Nunes	02	AVFC	2:09.32	50m	28-03-21	Coimbra	666
24.	SOUSA Catarina Welvitchia	00	ANG	2:09.55	50m	22-08-19	CASA BLANCA (MAR)	663
25.	RODRIGUES Helena Nunes	03	CSAAXXI	2:09.69	50m	02-08-19	Funchal	661
26.	ROSA Mafalda Sofia	03	CNRM	2:10.08	50m	20-12-20	Oeiras	655
27.	CARDEAL Beatriz Nunes	04	AVFC	2:10.16	50m	28-03-21	Coimbra	653
28.	SOARES Catarina Silva	03	FCP	2:10.72	50m	02-08-19	Funchal	645
29.	RODRIGUES Joana Francisca	04	CUC	2:10.84	50m	28-03-21	Coimbra	643
30.	RODRIGUES Ana Margarida	96	CGA	2:10.92	50m	12-07-19	Coimbra	642
31.	VARGAS Giovanna Vaz	00	DNMG	2:10.95	50m	13-07-19	Coimbra	642
32.	PINHO Carolina Teixeira	04	FCP	2:11.02	50m	02-08-19	Funchal	641
33.	SOARES Carolina Silva	03	CNV	2:11.15	50m	02-02-20	Povoa de Varzim	639
34.	PRETO Filipa Manso	04	FCP	2:11.18	50m	02-08-19	Funchal	638
35.	VELOSO Teresa Miguel	00	SCP	2:11.23	50m	08-02-20	Lisboa	638
36.	MESTRE Catarina Martins	00	CNLX	2:11.45	50m	08-02-20	Lisboa	634
37.	SIMOES Ana Beatriz	05	SCP	2:11.56	50m	08-02-20	Lisboa	633
38.	CASTRO Adriana Daniela	97	LSC	2:11.70	50m	13-07-19	Povoa de Varzim	631
39.	ALVES Sara Sofia	01	SCC	2:11.71	50m	02-08-19	Funchal	631
40.	MENDES Mariana Amaral	02	ADRCIMM	2:11.77	50m	14-02-21	Oeiras	630
41.	GASPAR Beatriz Ferreira	04	NBM	2:12.12	50m	02-08-19	Funchal	625
42.	PIMENTA Margarida Sobral	99	CFB	2:12.17	50m	29-02-20	Vila Franca de Xira	624
43.	LOPES Daniela Magalhaes	05	GDNFAMA	2:12.58	50m	13-07-19	Povoa de Varzim	618
44.	MESQUITA Francisca Salvado	02	ADRCIMM	2:12.59	50m	28-03-21	Coimbra	618
45.	FERREIRA Leonie Cunha	00	CNPO	2:12.64	50m	13-07-19	Povoa de Varzim	617
46.	SILVA Camila Alexandra	03	SCC	2:12.68	50m	02-08-19	Funchal	617
47.	RODRIGUES Filipa Serrano	01	SLB	2:12.74	50m	08-02-20	Lisboa	616
48.	ROLAO Sofia Alexandra	98	SLB	2:12.87	50m	02-08-19	Funchal	614
49.	MARTINS Ana Beatriz	99	GDNFAMA	2:13.25	50m	02-08-19	Funchal	609
50.	PIRES Beatriz Almeida	03	CUC	2:13.81	50m	12-07-19	Coimbra	601

400 Livres

1.	DURAES Diana Margarida	96	SLB	4:11.67	50m	09-02-20	Lisboa	829
2.	HOLUB Tamila Hryhorivna	99	SCB	4:14.02	50m	03-08-19	Funchal	806
3.	CONCEICAO Ema Jeronimo	03	AEFDTV	4:19.73	50m	27-03-21	Coimbra	754
4.	MARTINS Francisca Soares	03	FOCA	4:20.10	50m	27-03-21	Coimbra	751
5.	SOUSA Ana Reis	02	SAD	4:24.03	50m	09-02-20	Lisboa	718
6.	HENRIQUES Ines Jacinto	00	SCP	4:25.29	50m	19-12-20	Oeiras	708
7.	MONTEIRO Ana Catarina	93	POR	4:25.30	50m	19-03-21	MARSEILLE (FRA)	708
8.	RAMOS Ana Rita	02	FCP	4:26.22	50m	19-12-20	Oeiras	700
9.	PIRES Marta Joao	05	SAD	4:27.40	50m	13-02-21	Oeiras	691
10.	ROSA Mafalda Sofia	03	CNRM	4:27.69	50m	19-12-20	Oeiras	689
11.	CARDEAL Joana Nunes	02	AVFC	4:28.51	50m	27-03-21	Coimbra	682
12.	MOURA Maria Ferreira	04	POR	4:29.59	50m	09-02-20	Lisboa	674
13.	ANDRE Leticia Maia	02	SLB	4:29.74	50m	09-02-20	Lisboa	673
14.	QUEIROZ Ana Rita	02	CAQC	4:30.21	50m	03-08-19	Funchal	670
15.	FRAZAO Alexandra Couto	02	SCP	4:30.46	50m	09-02-20	Lisboa	668
16.	ALVES Sara Sofia	01	SCC	4:30.73	50m	03-08-19	Funchal	666
17.	ROSA Mariana Carmo	05	ALN	4:30.77	50m	03-08-19	Funchal	665
18.	MENDES Mariana Amaral	02	ADRCIMM	4:31.05	50m	13-02-21	Oeiras	663
19.	FARIA Ana Rita	00	FCP	4:31.19	50m	03-08-19	Funchal	662
20.	NOBRE Marisa Isabel	05	SCC	4:31.74	50m	03-08-19	Funchal	658
21.	SANTOS Leonor Esteves	04	EULX	4:31.77	50m	03-08-19	Funchal	658
22.	LOPES Daniela Magalhaes	05	GDNFAMA	4:31.94	50m	03-08-19	Funchal	657
23.	AMADOR Joana Costa	01	CGA	4:32.06	50m	03-08-19	Funchal	656
24.	VELOSO Teresa Miguel	00	SCP	4:33.31	50m	03-08-19	Funchal	647
25.	REBELO Camila Rodrigues	03	ALN	4:33.40	50m	14-07-19	Coimbra	646
26.	CHEROUATI Souad Nefissa	89	SLB	4:33.71	50m	15-08-20	Loule	644
27.	AMORIM Maria Leonor	03	FCP	4:34.20	50m	01-02-20	Povoa de Varzim	641
28.	CARDEAL Beatriz Nunes	04	AVFC	4:34.23	50m	13-02-21	Oeiras	641
29.	PINA Ana Sofia	02	CRASTO	4:34.42	50m	03-08-19	Funchal	639
30.	RODRIGUES Joana Francisca	04	CUC	4:34.55	50m	27-03-21	Coimbra	638
31.	MARTINS Joana Ribeiro	03	SCP	4:35.35	50m	01-03-20	Vila Franca de Xira	633
32.	VARGAS Giovanna Vaz	00	DNMG	4:35.79	50m	14-07-19	Coimbra	630
33.	RODRIGUES Helena Nunes	03	CSAAXXI	4:35.87	50m	03-08-19	Funchal	629
34.	CUNHA Mariana Pacheco	04	CFP	4:36.45	50m	14-07-19	Povoa de Varzim	625
35.	PEGO Isabel Porfirio	01	CFP	4:36.50	50m	01-02-20	Povoa de Varzim	625
36.	ALVES Joana Silva	05	BSCN	4:36.64	50m	13-02-21	Oeiras	624
37.	GASPAR Beatriz Ferreira	04	NBM	4:36.75	50m	14-07-19	Coimbra	623
38.	SOARES Carolina Silva	03	CNV	4:36.76	50m	01-02-20	Povoa de Varzim	623
39.	PINHO Carolina Teixeira	04	FCP	4:36.93	50m	03-08-19	Funchal	622
40.	PIMENTA Margarida Sobral	99	CFB	4:38.01	50m	09-02-20	Lisboa	615
41.	SILVA Camila Alexandra	03	SANC	4:38.61	50m	09-02-20	Lisboa	611
42.	LOPES Francisca Macedo	05	CFV	4:39.25	50m	27-03-21	Coimbra	607
43.	SEBASTIAO Sofia Antunes	05	CNA	4:39.35	50m	03-08-19	Funchal	606
44.	RODRIGUES Filipa Serrano	01	SLB	4:39.52	50m	09-02-20	Lisboa	605
45.	PINHEIRO Ines Mariana	03	SANC	4:39.94	50m	09-02-20	Lisboa	602
46.	SIMOES Ana Beatriz	05	POR	4:40.24	50m	01-02-20	Povoa de Varzim	600
47.	FIAL Sofia Nunes	03	AEJ	4:40.54	50m	14-07-19	Coimbra	598
48.	PRETO Filipa Manso	04	FCP	4:40.62	50m	03-08-19	Funchal	598
49.	SILVA Natacha Sofia	02	SLB	4:40.86	50m	09-02-20	Lisboa	596
50.	ROLAO Sofia Alexandra	98	SLB	4:41.61	50m	03-08-19	Funchal	592

800 Livres

1.	DURAES Diana Margarida	96	SLB	8:33.82	50m	08-02-20	Lisboa	839
2.	HOLUB Tamila Hryhorivna	99	SCB	8:36.52	50m	04-08-19	Funchal	826
3.	CONCEICAO Ema Jeronimo	03	AEFDTV	8:54.30	50m	14-02-21	Oeiras	746
4.	ANDRE Angelica Maria	94	CFP	9:01.53	50m	04-08-19	Funchal	717
5.	RAMOS Ana Rita	02	FCP	9:04.98	50m	04-08-19	Funchal	703
6.	HENRIQUES Ines Jacinto	00	SCP	9:07.01	50m	08-02-20	Lisboa	696
7.	ROSA Mafalda Sofia	03	CNRM	9:07.18	50m	20-12-20	Oeiras	695
8.	MARTINS Francisca Soares	03	FOCA	9:07.64	50m	02-02-20	Povoa de Varzim	693
9.	QUEIROZ Ana Rita	02	SANC	9:09.31	50m	08-02-20	Lisboa	687
10.	CARDEAL Joana Nunes	02	AVFC	9:13.52	50m	28-03-21	Coimbra	671
11.	PIRES Marta Joao	05	SAD	9:15.30	50m	28-03-21	Coimbra	665
12.	CHEROUATI Souad Nefissa	89	SLB	9:15.78	50m	08-02-20	Lisboa	663
13.	MENDES Mariana Amaral	02	ADRCIMM	9:16.13	50m	08-02-20	Lisboa	662
14.	LOPES Daniela Magalhaes	05	GDNFAMA	9:16.49	50m	04-08-19	Funchal	661
15.	AMORIM Maria Leonor	03	FCP	9:18.35	50m	04-08-19	Funchal	654
16.	FRAZAO Alexandra Couto	02	00563	9:19.22	50m	06-03-20	San Fernando (ESP)	651
17.	MESQUITA Francisca Salvado	02	ADRCIMM	9:19.71	50m	28-02-20	Vila Franca de Xira	649
18.	SANTOS Leonor Esteves	04	EULX	9:20.21	50m	28-02-20	Vila Franca de Xira	648
19.	ALVES Sara Sofia	01	SCC	9:21.43	50m	04-08-19	Funchal	643
20.	CARDEAL Beatriz Nunes	04	AVFC	9:21.66	50m	08-02-20	Lisboa	643
21.	ROSA Mariana Carmo	05	ALN	9:22.49	50m	04-08-19	Funchal	640
22.	VARGAS Giovanna Vaz	00	DNMG	9:26.01	50m	12-07-19	Coimbra	628
23.	RODRIGUES Joana Francisca	04	CUC	9:27.66	50m	12-07-19	Coimbra	622
24.	NOBRE Marisa Isabel	05	SCC	9:28.34	50m	04-08-19	Funchal	620
25.	PRETO Filipa Manso	04	FCP	9:28.51	50m	04-08-19	Funchal	620
26.	MESTRE Catarina Martins	00	CNLX	9:28.58	50m	28-02-20	Vila Franca de Xira	619
27.	GASPAR Beatriz Ferreira	04	NBM	9:29.73	50m	12-07-19	Coimbra	616
28.	PIMENTEL Marta Lima	04	CFP	9:33.70	50m	04-08-19	Funchal	603
29.	RODRIGUES Helena Nunes	03	CSAAXXI	9:34.55	50m	12-07-19	Coimbra	600
30.	MARTINS Joana Ribeiro	03	SCP	9:35.72	50m	28-02-20	Vila Franca de Xira	597
31.	MARQUES Maria Alexandra	04	ANAR	9:35.80	50m	05-07-19	Reguengos de Monsaraz	596
32.	BERNARDO Joana Beatriz	99	FBSC	9:36.29	50m	12-07-19	Coimbra	595
33.	ALVES Joana Silva	05	BSCN	9:36.88	50m	28-03-21	Coimbra	593
34.	SIMOES Ana Beatriz	05	SCP	9:37.04	50m	28-02-20	Vila Franca de Xira	592
35.	PINHEIRO Ines Mariana	03	AAC	9:38.00	50m	04-08-19	Funchal	590
36.	SILVA Camila Alexandra	03	SCC	9:38.37	50m	22-02-20	Coimbra	588
37.	VEIGA Ana Filipa	01	CAPGE	9:38.74	50m	12-07-19	Coimbra	587
38.	FLORENCIO Matilde Alves	04	CAQC	9:39.02	50m	12-07-19	Coimbra	586
39.	VELOSO Teresa Miguel	00	SCP	9:39.36	50m	04-08-19	Funchal	585
40.	PEGO Isabel Porfirio	01	CFP	9:40.17	50m	14-07-19	Povoa de Varzim	583
41.	FARIA Leonor Verissimo	06	NDAP	9:40.22	50m	26-07-19	Loulé	583
42.	CRUZ Sara Moura	03	SAD	9:40.35	50m	28-02-20	Vila Franca de Xira	582
43.	PEIXOTO Carolina Esteves	06	SCB	9:40.70	50m	28-03-21	Coimbra	581
44.	SEBASTIAO Sofia Antunes	05	CNA	9:41.12	50m	04-08-19	Funchal	580
45.	PINHO Carolina Teixeira	04	FCP	9:41.38	50m	04-08-19	Funchal	579
46.	FOMINA Anna	02	LDC	9:41.83	50m	08-02-20	Lisboa	578
47.	MONTEIRO Ana Carolina	04	CUC	9:42.72	50m	12-07-19	Coimbra	575
48.	VIANA Margarida Violante	04	ADBA	9:43.37	50m	04-08-19	Funchal	573
49.	OLIVEIRA Ana Rita	04	CNPO	9:43.77	50m	14-07-19	Povoa de Varzim	572
50.	LOPES Francisca Macedo	05	CFV	9:43.80	50m	28-03-21	Coimbra	572

1500 Livres

1.	DURAES Diana Margarida	96	SLB	16:15.12	50m	09-02-20	Lisboa	841
2.	HOLUB Tamila Hryhorivna	99	SCB	16:24.99	50m	09-02-20	Lisboa	816
3.	ROSA Mafalda Sofia	03	CNRM	17:15.21	50m	12-07-19	Rio Maior	703
4.	ANDRE Angelica Maria	94	CFP	17:15.42	50m	19-12-20	Oeiras	702
5.	QUEIROZ Ana Rita	02	CAQC	17:27.89	50m	01-08-19	Funchal	677
6.	RAMOS Ana Rita	02	FCP	17:28.25	50m	01-08-19	Funchal	677
7.	MENDES Mariana Amaral	02	ADRCIMM	17:29.89	50m	27-03-21	Coimbra	673
8.	CHEROUATI Souad Nefissa	89	SLB	17:34.30	50m	13-12-19	Amsterdam (NED)	665
9.	HENRIQUES Ines Jacinto	00	SCP	17:37.43	50m	13-02-21	Oeiras	659
10.	MONTEIRO Ana Catarina	93	CFV	17:47.30	50m	09-02-20	Lisboa	641
11.	AMORIM Maria Leonor	03	FCP	17:47.66	50m	01-08-19	Funchal	640
12.	FRAZAO Alexandra Couto	02	SCP	17:51.15	50m	09-02-20	Lisboa	634
13.	SANTOS Leonor Esteves	04	EULX	17:55.98	50m	01-08-19	Funchal	626
14.	CARDEAL Beatriz Nunes	04	AVFC	18:00.93	50m	27-03-21	Coimbra	617
15.	ROSA Mariana Carmo	05	ALN	18:08.22	50m	01-08-19	Funchal	605
16.	MARTINS Francisca Soares	03	FOCA	18:09.97	50m	13-07-19	Povoa de Varzim	602
17.	ALVES Joana Silva	05	BSCN	18:10.81	50m	13-02-21	Oeiras	600
18.	CONCEICAO Ema Jeronimo	03	AEFDTV	18:17.05	50m	01-03-20	Vila Franca de Xira	590
19.	LOPES Daniela Magalhaes	05	GDNFAMA	18:23.22	50m	13-07-19	Povoa de Varzim	580
20.	FLORENCIO Matilde Alves	04	CAQC	18:27.81	50m	14-07-19	Coimbra	573
21.	RODRIGUES Joana Francisca	04	CUC	18:27.91	50m	27-03-21	Coimbra	573
22.	VARANDAS Joana Filipa	02	CIRL	18:29.65	50m	09-02-20	Lisboa	570
23.	PIMENTEL Marta Lima	04	CFP	18:30.16	50m	13-07-19	Povoa de Varzim	570
24.	RIBEIRO Margarida Messias	98	GESL	18:33.86	50m	01-03-20	Vila Franca de Xira	564
25.	SOUSA Ines Matos	03	CUC	18:38.36	50m	14-07-19	Coimbra	557
26.	PEGO Isabel Porfirio	01	CFP	18:38.86	50m	13-07-19	Povoa de Varzim	556
27.	VIANA Margarida Violante	04	ADBA	18:40.32	50m	14-07-19	Coimbra	554
28.	FARIA Leonor Verissimo	06	NDAP	18:44.21	50m	27-03-21	Coimbra	548
29.	RANITO Beatriz Paulo	99	GESL	18:47.34	50m	01-03-20	Vila Franca de Xira	544
30.	MARTINS Ines Alves	01	FCP	18:47.80	50m	13-07-19	Povoa de Varzim	543
31.	FREIXIEIRO Beatriz Maria	04	CNRM	18:50.95	50m	12-07-19	Rio Maior	539
32.	MARQUES Mariana Nunes	03	CDE	18:53.65	50m	14-07-19	Coimbra	535
33.	CARLOTA Catarina Isabel	05	BUZIOS	19:00.72	50m	12-07-19	Rio Maior	525
34.	SOUSA Joana Francisca	04	CDSR	19:01.67	50m	28-02-20	Funchal	524
35.	FERNANDES Filipa Viamonte	02	VSC	19:02.67	50m	13-07-19	Povoa de Varzim	522
36.	SILVA Ines Martins	04	CFV	19:04.81	50m	13-07-19	Povoa de Varzim	519
37.	COSTA Anita Gouveia	06	CAQC	19:06.89	50m	27-03-21	Coimbra	516
38.	ARMAS Maria Ornelas	98	EULX	19:08.92	50m	01-03-20	Vila Franca de Xira	514
39.	FERREIRA Maria Neto	06	FBSC	19:12.38	50m	09-02-20	Lisboa	509
40.	COSTA Mafalda Santos	05	00563	19:13.21	50m	28-02-21	CADIZ (ESP)	508
41.	FERNANDES Maria Joao	97	CFP	19:15.49	50m	13-07-19	Povoa de Varzim	505
42.	JESUS Leonor Santos	04	CNOL	19:19.08	50m	12-07-19	Loulé	500
43.	OLIVEIRA Mafalda Joana	02	CAP	19:19.78	50m	13-07-19	Povoa de Varzim	499
44.	NEVES Sara Dias	03	CNMC	19:23.79	50m	14-07-19	Coimbra	494
45.	ARAUJO Maria Clara	05	CNF	19:33.38	50m	07-07-19	Funchal	482
46.	PEDRO Daniela Alexandra	04	SCP	19:35.23	50m	01-03-20	Vila Franca de Xira	480
47.	SILVA Silvana Suamade	06	CDSR	19:45.25	50m	28-02-20	Funchal	468
48.	SILVA Ana Campos	03	CNRM	19:47.65	50m	12-07-19	Rio Maior	465
49.	PINTO Ines Gales	01	CCLAMAS	19:53.38	50m	13-07-19	Povoa de Varzim	458
50.	NEVES Diana Isabel	04	CFP	19:57.24	50m	13-07-19	Povoa de Varzim	454

50 Costas

1.	AZEVEDO Rafaela Gomes	02	SAD	28.43	50m	09-02-20	Lisboa	854
2.	REBELO Camila Rodrigues	03	POR	29.45	50m	14-08-20	Loule	768
3.	MESTRE Catarina Martins	00	CNLX	29.98	50m	01-08-19	Funchal	728
4.	FRISCHKNECHT Rita Barros	98	SAD	30.04	50m	01-08-19	Funchal	724
5.	FERNANDES Ines Camacho	97	SCP	30.29	50m	01-08-19	Funchal	706
6.	FERREIRA Catarina Maria	98	FCP	30.62	50m	02-02-20	Povoa de Varzim	684
7.	CUNHA Mariana Pacheco	04	CNCE	30.68	50m	13-02-21	Oeiras	680
8.	CABRAL Maria Francisca	00	FCP	30.91	50m	01-08-19	Funchal	665
9.	MARQUES Maria Vieira	04	CNVA	30.93	50m	01-08-19	Funchal	663
10.	PEIXEIRA Filipa Ramos	03	SCP	30.96	50m	01-08-19	Funchal	661
11.	FREIXO Juliana Lima	97	SCB	30.99	50m	01-08-19	Funchal	659
11.	FERNANDES Carolina Miranda	05	CGA	30.99	50m	13-02-21	Oeiras	659
13.	OLIVEIRA Ana Rita	04	CNCE	31.07	50m	13-02-21	Oeiras	654
14.	CONCEICAO Ema Jeronimo	03	AEFDTV	31.28	50m	01-08-19	Funchal	641
15.	RODRIGUES Helena Nunes	03	CSAAXXI	31.49	50m	01-08-19	Funchal	628
16.	CARDEAL Joana Nunes	02	AVFC	31.55	50m	01-08-19	Funchal	625
17.	ROLAO Sofia Alexandra	98	SLB	31.59	50m	01-08-19	Funchal	622
18.	SOUSA Catarina Welvitchia	00	ANG	31.60	50m	23-08-19	CASA BLANCA (MAR)	622
19.	GROU Beatriz Sousa	96	TNC	31.69	50m	12-07-19	Loulé	617
20.	NEVES Ana Carolina	00	AAC	31.75	50m	01-08-19	Funchal	613
21.	FERREIRA Leonor Marques	03	CDCA	31.92	50m	09-02-20	Lisboa	603
22.	CRUZ Sara Moura	03	SAD	31.99	50m	01-08-19	Funchal	599
23.	CATARINO Laura Andre	03	CCDSERTA	32.02	50m	01-08-19	Funchal	598
24.	RAMOS Ines Asseiceira	03	CNTN	32.06	50m	03-08-19	Funchal	595
25.	MARQUES Mariana Nunes	03	CDE	32.09	50m	01-02-20	Povoa de Varzim	594
26.	LAGOA Carlota Macedo	05	ADBA	32.13	50m	02-02-20	Povoa de Varzim	592
27.	ROCHA Carolina Neves	04	CFP	32.21	50m	01-08-19	Funchal	587
28.	ESTEVEES Maria Mousinho	02	CIRL	32.23	50m	26-07-19	DUBLIN (IRL)	586
29.	SOARES Ines Apolinario	03	PIMP	32.25	50m	09-02-20	Lisboa	585
30.	CARAPINHA Ariana Bento	06	DNMG	32.26	50m	27-03-21	Coimbra	584
31.	SALGADO Soraia Maria	05	AEFDTV	32.28	50m	09-02-20	Lisboa	583
31.	DIAS Mafalda Sofia	01	PDEM	32.28	50m	28-02-20	Vila Franca de Xira	583
33.	MELO Barbara Azambujo	02	AAC	32.32	50m	01-08-19	Funchal	581
33.	MENDES Lea Alexandra	03	SFGP	32.32	50m	01-08-19	Funchal	581
35.	RODRIGUES Sofia Vilardell	04	GESL	32.39	50m	09-02-20	Lisboa	577
36.	LASCU Nicoleta	02	CNLA	32.41	50m	01-08-19	Funchal	576
37.	NUNES Sofia Alexandra	00	CIRL	32.46	50m	09-02-20	Lisboa	574
38.	COSTA Ana Filipa	98	CNBE	32.52	50m	01-08-19	Funchal	571
39.	FERREIRA Ana Raquel	98	CNLX	32.54	50m	01-08-19	Funchal	569
40.	COSTA Joana Santos	04	CGA	32.58	50m	27-03-21	Coimbra	567
41.	CRAVEIRO Beatriz Neves	97	AAC	32.61	50m	13-07-19	Coimbra	566
42.	MOREIRA Matilde Freitas	01	AAC	32.65	50m	13-07-19	Coimbra	564
42.	MONTEIRO Margarida Cabral	02	CGA	32.65	50m	01-08-19	Funchal	564
44.	MARTINS Matilde Pereira	99	CNSBA	32.70	50m	01-08-19	Funchal	561
45.	SEVERINO Isis Sousa	02	LDC	32.71	50m	09-02-20	Lisboa	561
46.	BRANCOURT Yonina	04	GESL	32.73	50m	01-08-19	Funchal	560
47.	SOARES Ana Beatriz	03	CDF	32.74	50m	01-08-19	Funchal	559
48.	PAIVA Leonor Correia	04	ALN	32.76	50m	01-08-19	Funchal	558
48.	CAMACHO Carolina Martins	06	SFUAP	32.76	50m	27-03-21	Coimbra	558
50.	JUNQUEIRA Sofia Ribeiro	02	ADBA	32.82	50m	03-08-19	Funchal	555

100 Costas

1.	AZEVEDO Rafaela Gomes	02	SAD	1:01.17	50m	20-12-20	Oeiras	833
2.	REBELO Camila Rodrigues	03	ALN	1:02.76	50m	20-12-20	Oeiras	771
3.	FRISCHKNECHT Rita Barros	98	POR	1:03.98	50m	06-07-19	NAPOLI (ITA)	728
4.	MESTRE Catarina Martins	00	CNLX	1:04.14	50m	14-02-21	Oeiras	723
5.	CUNHA Mariana Pacheco	04	CNCE	1:05.10	50m	20-12-20	Oeiras	691
6.	OLIVEIRA Ana Rita	04	CNCE	1:05.40	50m	28-03-21	Coimbra	682
7.	CABRAL Maria Francisca	00	FCP	1:05.84	50m	03-08-19	Funchal	668
8.	FERNANDES Carolina Miranda	05	CGA	1:06.32	50m	04-08-19	Funchal	654
9.	FREIXO Juliana Lima	97	SCB	1:06.60	50m	03-08-19	Funchal	645
9.	AMADO Maria Lopes	04	INDLE	1:06.60	50m	03-08-19	Funchal	645
11.	CARDEAL Joana Nunes	02	AVFC	1:07.31	50m	08-02-20	Lisboa	625
12.	RAMOS Ana Rita	02	FCP	1:07.58	50m	02-02-20	Povoa de Varzim	618
13.	PEIXEIRA Filipa Ramos	03	SCP	1:07.59	50m	04-08-19	Funchal	617
14.	FERREIRA Catarina Maria	98	FCP	1:07.69	50m	03-08-19	Funchal	615
15.	FERNANDES Ines Camacho	97	SCP	1:07.84	50m	08-02-20	Lisboa	611
16.	SOUSA Catarina Welvitchia	00	ANG	1:07.96	50m	22-07-19	GWANGJU (KOR)	607
17.	SANTOS Tatiana Filipa	95	AAC	1:08.05	50m	04-08-19	Funchal	605
18.	CRAVEIRO Beatriz Neves	97	AAC	1:08.23	50m	03-08-19	Funchal	600
19.	LASCU Nicoleta	02	CNLA	1:08.34	50m	03-08-19	Funchal	597
20.	CRUZ Sara Moura	03	SAD	1:08.36	50m	03-08-19	Funchal	597
21.	ROCHA Carolina Neves	04	CFP	1:08.57	50m	03-08-19	Funchal	591
22.	MONTEIRO Ana Catarina	93	CFV	1:08.58	50m	08-02-20	Lisboa	591
23.	NUNES Sofia Alexandra	00	CIRL	1:08.66	50m	27-07-19	DUBLIN (IRL)	589
24.	MARTINS Francisca Soares	03	FOCA	1:08.75	50m	02-02-20	Povoa de Varzim	587
25.	FERREIRA Ana Raquel	98	CNLX	1:08.78	50m	04-08-19	Funchal	586
26.	RAMOS Ines Asseiceira	03	CNTN	1:08.89	50m	03-08-19	Funchal	583
27.	RODRIGUES Helena Nunes	03	CSAAXXI	1:08.93	50m	12-07-19	Coimbra	582
27.	COSTA Ana Filipa	98	CNBE	1:08.93	50m	13-07-19	Loulé	582
29.	NEVES Ana Carolina	00	AAC	1:08.96	50m	03-08-19	Funchal	581
30.	MARQUES Maria Vieira	04	CNVA	1:09.12	50m	03-08-19	Funchal	577
31.	LAGOA Carlota Macedo	05	ADBA	1:09.26	50m	22-02-20	Coimbra	574
32.	ESTEVEZ Maria Mousinho	02	CIRL	1:09.27	50m	28-07-19	DUBLIN (IRL)	574
33.	RODRIGUES Luana Correia	01	CFB	1:09.28	50m	08-02-20	Lisboa	573
34.	SALGADO Soraia Maria	05	AEFDTV	1:09.50	50m	08-02-20	Lisboa	568
35.	MARQUES Mariana Nunes	03	CDE	1:09.58	50m	02-02-20	Povoa de Varzim	566
36.	CAMACHO Carolina Martins	06	SFUAP	1:09.65	50m	28-03-21	Coimbra	564
37.	COSTA Joana Santos	04	CGA	1:09.68	50m	03-08-19	Funchal	563
38.	GROU Beatriz Sousa	96	TNC	1:09.73	50m	13-07-19	Loulé	562
39.	PAIVA Leonor Correia	04	ALN	1:09.80	50m	03-08-19	Funchal	561
40.	BERNARDO Joana Beatriz	99	FBSC	1:09.83	50m	04-08-19	Funchal	560
41.	MARTINS Matilde Pereira	99	CNSBA	1:09.84	50m	07-07-19	Loulé	560
42.	ROLAO Sofia Alexandra	98	SLB	1:09.93	50m	04-08-19	Funchal	557
43.	CATARINO Laura Andre	03	CCDSERTA	1:09.97	50m	03-08-19	Funchal	556
44.	MARTINS Maria Esteves	01	CGA	1:10.02	50m	03-08-19	Funchal	555
45.	MELO Barbara Azambujo	02	AAC	1:10.03	50m	03-08-19	Funchal	555
46.	PIRES Marta Joao	05	SAD	1:10.18	50m	01-03-20	Vila Franca de Xira	552
47.	CARAPINHA Ariana Bento	06	DNMG	1:10.19	50m	28-03-21	Coimbra	551
48.	FERREIRA Maria Leonor	04	CDN	1:10.27	50m	03-08-19	Funchal	549
49.	PEREIRA Isabel dos Santos	05	CNCE	1:10.53	50m	28-03-21	Coimbra	543
50.	RODRIGUES Sofia Vilardell	04	GESL	1:10.54	50m	04-08-19	Funchal	543

200 Costas

1.	FRISCHKNECHT Rita Barros	98	SAD	2:15.02	50m	09-02-20	Lisboa	762
2.	REBELO Camila Rodrigues	03	POR	2:16.37	50m	03-07-19	KAZAN (RUS)	740
3.	AZEVEDO Rafaela Gomes	02	POR	2:16.41	50m	03-07-19	KAZAN (RUS)	739
4.	CABRAL Maria Francisca	00	FCP	2:21.25	50m	02-08-19	Funchal	665
5.	MESTRE Catarina Martins	00	CNLX	2:21.53	50m	19-12-20	Oeiras	662
6.	OLIVEIRA Ana Rita	04	CNCE	2:22.11	50m	28-03-21	Coimbra	653
7.	RAMOS Ana Rita	02	FCP	2:22.25	50m	02-08-19	Funchal	652
8.	CUNHA Mariana Pacheco	04	CNCE	2:22.67	50m	28-03-21	Coimbra	646
9.	CARDEAL Joana Nunes	02	AVFC	2:23.46	50m	09-02-20	Lisboa	635
10.	AMADO Maria Lopes	04	INDLE	2:23.61	50m	02-08-19	Funchal	633
11.	HENRIQUES Ines Jacinto	00	SCP	2:24.40	50m	29-02-20	Vila Franca de Xira	623
12.	PEIXEIRA Filipa Ramos	03	SCP	2:24.47	50m	02-08-19	Funchal	622
13.	REIS Erica Cristina	05	SCP	2:24.73	50m	28-03-21	Coimbra	619
14.	BERNARDO Joana Beatriz	99	FBSC	2:25.94	50m	02-08-19	Funchal	603
15.	FREIXO Juliana Lima	97	SCB	2:26.00	50m	02-08-19	Funchal	603
16.	SANTOS Tatiana Filipa	95	AAC	2:26.31	50m	02-08-19	Funchal	599
17.	CRUZ Sara Moura	03	SAD	2:26.63	50m	02-08-19	Funchal	595
18.	RODRIGUES Luana Correia	01	CFB	2:28.10	50m	02-08-19	Funchal	577
19.	GUEDES Ana Margarida	01	GCVR	2:28.38	50m	22-02-20	Coimbra	574
20.	NUNES Sofia Alexandra	00	CIRL	2:28.71	50m	28-07-19	DUBLIN (IRL)	570
21.	MARTINS Maria Esteves	01	CGA	2:28.84	50m	02-08-19	Funchal	569
22.	LAGOA Carlota Macedo	05	ADBA	2:28.93	50m	02-08-19	Funchal	568
23.	CAMACHO Carolina Martins	06	SFUAP	2:28.96	50m	28-03-21	Coimbra	567
24.	FERREIRA Ana Raquel	98	CNLX	2:29.42	50m	02-08-19	Funchal	562
25.	RAMOS Ines Asseiceira	03	CNTN	2:29.75	50m	02-08-19	Funchal	558
26.	COSTA Ana Filipa	98	CNBE	2:29.76	50m	14-07-19	Loulé	558
27.	FERREIRA Maria Leonor	04	CDN	2:30.28	50m	02-08-19	Funchal	552
28.	PIRES Marta Joao	05	SAD	2:30.47	50m	29-02-20	Vila Franca de Xira	550
29.	RODRIGUES Joana Francisca	04	CUC	2:30.72	50m	13-07-19	Coimbra	548
30.	SOARES Ines Apolinario	03	PIMP	2:30.76	50m	09-02-20	Lisboa	547
31.	COSTA Carolina Fale	04	ADRCIMM	2:30.81	50m	19-12-20	Oeiras	547
32.	MACHADO Luisa Maria	01	SFUAP	2:30.84	50m	29-02-20	Vila Franca de Xira	546
33.	LASCU Nicoleta	02	CNLA	2:30.87	50m	02-08-19	Funchal	546
34.	REBELO Maria Carlota	03	ALN	2:31.24	50m	13-07-19	Coimbra	542
35.	VARGAS Giovanna Vaz	00	DNMG	2:31.43	50m	13-07-19	Coimbra	540
36.	MARQUES Mariana Nunes	03	CDE	2:31.49	50m	13-07-19	Coimbra	539
37.	EIRA Maria Carolina	05	GCVR	2:31.50	50m	22-02-20	Coimbra	539
38.	PAIVA Leonor Correia	04	ALN	2:31.80	50m	02-08-19	Funchal	536
39.	CATARINO Laura Andre	03	CCDSERTA	2:31.82	50m	02-08-19	Funchal	536
40.	MESQUITA Francisca Salvado	02	ADRCIMM	2:31.83	50m	29-02-20	Vila Franca de Xira	536
41.	ALMEIDA Catarina Isabel	02	VSC	2:32.15	50m	01-02-20	Povoa de Varzim	532
42.	SEBASTIAO Sofia Antunes	05	CNA	2:32.23	50m	29-02-20	Vila Franca de Xira	532
42.	CARAPINHA Ariana Bento	06	DNMG	2:32.23	50m	28-03-21	Coimbra	532
44.	ALVES Ines Sofia	04	PORTIN	2:32.42	50m	02-08-19	Funchal	530
45.	LIMA Lia Ana	01	SAD	2:32.43	50m	09-02-20	Lisboa	529
46.	MAGALHAES Luana Cardoso	06	AHBE	2:32.78	50m	29-02-20	Vila Franca de Xira	526
47.	COSTA Joana Santos	04	CGA	2:32.80	50m	02-08-19	Funchal	526
48.	SANTOS Carolina Ascenso	01	GCST	2:32.96	50m	13-07-19	Povoa de Varzim	524
49.	COSTA Daniela Alexandra	06	LSC	2:33.11	50m	01-02-20	Povoa de Varzim	522
50.	FERREIRA Maria Joao	06	FOCA	2:33.27	50m	28-03-21	Coimbra	521

50 Bruços

1.	RODRIGUES Ana Pinho	94	EDV	31.49	50m	28-03-21	Coimbra	813
2.	PEREIRA Raquel Gomes	00	SAD	32.89	50m	02-08-19	Funchal	714
3.	KAMINSKAYA Victoria	95	POR	33.05	50m	13-02-21	BARCELONA (ESP)	703
4.	FIGUEIRA Isabel Maria	79	CNFA	33.13	50m	02-08-19	Funchal	698
5.	BORGES Claudia Ferreira	99	SLB	33.57	50m	02-08-19	Funchal	671
6.	FERREIRA Margarida Filipe	04	CDCP	33.76	50m	02-08-19	Funchal	660
7.	OLIVEIRA Rosa Maria	96	FCP	33.78	50m	02-08-19	Funchal	659
8.	SILVA Beatriz Santos	01	FCP	34.06	50m	02-08-19	Funchal	643
9.	MORAIS Margarida Mateus	04	CNTN	34.31	50m	02-08-19	Funchal	629
10.	ROSA Maria Carolina	94	SCP	34.34	50m	02-08-19	Funchal	627
11.	BARATA Barbara Sofia	97	SAD	34.43	50m	02-08-19	Funchal	622
12.	TEIXEIRA Ines Oliveira	02	CDE	34.49	50m	01-02-20	Povoa de Varzim	619
13.	CERDEIRA Madalena Reis	03	SCP	34.61	50m	08-02-20	Lisboa	612
14.	RODRIGUES Lidiana Correia	04	CFB	34.62	50m	28-03-21	Coimbra	612
15.	PEREIRA Clara Gomes	02	SAD	34.65	50m	02-08-19	Funchal	610
16.	LEONARDO Rute Isabel	98	CNAB	34.83	50m	02-08-19	Funchal	601
17.	VEIGA Ana Filipa	01	CAPGE	35.04	50m	28-03-21	Coimbra	590
17.	NUNES Margarida Domingues	05	SCP	35.04	50m	28-03-21	Coimbra	590
19.	RODRIGUES Luana Correia	01	CFB	35.05	50m	02-08-19	Funchal	590
20.	SEQUEIRA Catarina Costa	98	ACS	35.16	50m	14-07-19	Loulé	584
21.	VARGAS Giovanna Vaz	00	DNMG	35.27	50m	02-08-19	Funchal	579
22.	ALVES Andreia Wongsangnoi	03	ADRCIMM	35.34	50m	08-02-20	Lisboa	575
23.	GONCALVES Sofia Filipa	01	LSC	35.54	50m	02-08-19	Funchal	566
24.	CARPINTEIRO Carolina Silverio	02	CNTEJO	35.56	50m	08-02-20	Lisboa	565
25.	PEREIRA Carolina Rei	05	POR	35.65	50m	01-02-20	Povoa de Varzim	560
26.	REBELO Maria Carlota	03	ALN	35.76	50m	28-03-21	Coimbra	555
27.	DOMINGUES Luana Pinto	03	ADBA	35.84	50m	02-08-19	Funchal	551
28.	TOMAS Beatriz Monteiro	03	FBSC	35.85	50m	14-07-19	Coimbra	551
29.	VIANA Carolina Pereira	04	ACS	35.86	50m	08-02-20	Lisboa	551
30.	MATOS Carolina Lourenco	98	CDCP	35.98	50m	08-02-20	Lisboa	545
31.	PEREIRA Maria Gomes	04	SAD	36.03	50m	02-08-19	Funchal	543
32.	DOMINGOS Marta Pereira	04	SFUAP	36.07	50m	02-08-19	Funchal	541
33.	FERNANDES Ana Catarina	03	CNF	36.10	50m	02-08-19	Funchal	540
33.	FERREIRA Joana Rosa	05	CNPE	36.10	50m	28-03-21	Coimbra	540
35.	LEITAO Rita Fernandes	96	CNLX	36.20	50m	08-02-20	Lisboa	535
35.	ANTUNES Rebeca Leonor	06	SAD	36.20	50m	28-03-21	Coimbra	535
37.	RODRIGUES Marta Silva	04	CNPO	36.25	50m	02-08-19	Funchal	533
38.	MAIA Joana Marques	91	GCST	36.28	50m	13-07-19	Povoa de Varzim	532
38.	CASTRO Maria Freitas	03	ADF	36.28	50m	02-08-19	Funchal	532
40.	REGO Ines Faria	05	GDNFAMA	36.30	50m	02-08-19	Funchal	531
41.	CARVALHO Beatriz Antunes	99	SCP	36.46	50m	29-02-20	Vila Franca de Xira	524
42.	SILVA Maria Madalena	98	SCB	36.47	50m	01-02-20	Povoa de Varzim	523
43.	REIS Erica Cristina	05	SCP	36.53	50m	14-02-21	Oeiras	521
44.	SANTOS Catarina Vitorino	02	LDC	36.56	50m	02-08-19	Funchal	520
45.	CARVALHO Bruna Cruz	03	CPSPA	36.61	50m	11-01-20	Coimbra	517
46.	DOMINGUES Matilde Mota	03	CCLAMAS	36.62	50m	02-08-19	Funchal	517
47.	VASCONCELOS Mariana Graça	99	AHBE	36.65	50m	08-02-20	Lisboa	516
48.	RIBEIRO Maria Joao	05	CCLAMAS	36.71	50m	01-02-20	Povoa de Varzim	513
48.	RIBEIRO Margarida Messias	98	GESL	36.71	50m	29-02-20	Vila Franca de Xira	513
50.	ALVES Maria Francisca	04	ADBA	36.74	50m	01-02-20	Povoa de Varzim	512

100 Braços

1.	PEREIRA Raquel Gomes	00	SLB	1:09.87	50m	28-03-21	Coimbra	773
2.	KAMINSKAYA Victoria	95	SLB	1:09.95	50m	20-12-20	Oeiras	770
3.	RODRIGUES Ana Pinho	94	ADS	1:10.21	50m	01-08-19	Funchal	762
4.	SOUSA Ana Reis	02	SAD	1:13.08	50m	01-08-19	Funchal	675
5.	BORGES Claudia Ferreira	99	SLB	1:13.13	50m	01-08-19	Funchal	674
6.	FIGUEIRA Isabel Maria	79	CNFA	1:13.28	50m	01-08-19	Funchal	670
7.	FERREIRA Margarida Filipe	04	CDCP	1:13.54	50m	09-02-20	Lisboa	663
8.	PEREIRA Clara Gomes	02	SAD	1:14.19	50m	20-12-20	Oeiras	645
9.	CERDEIRA Madalena Reis	03	SCP	1:14.24	50m	14-02-21	Oeiras	644
10.	RODRIGUES Lidiana Correia	04	CFB	1:14.29	50m	28-03-21	Coimbra	643
11.	NUNES Margarida Domingues	05	EULX	1:14.33	50m	01-08-19	Funchal	642
12.	CASTRO Maria Freitas	03	VSC	1:14.69	50m	20-12-20	Oeiras	632
13.	MACHADO Luisa Maria	01	SFUAP	1:14.73	50m	01-08-19	Funchal	631
14.	REBELO Maria Carlota	03	ALN	1:15.37	50m	20-12-20	Oeiras	616
15.	VEIGA Ana Filipa	01	CAPGE	1:15.42	50m	09-02-20	Lisboa	614
16.	OLIVEIRA Rosa Maria	96	FCP	1:15.47	50m	01-08-19	Funchal	613
17.	MORAIS Margarida Mateus	04	CNTN	1:15.92	50m	02-02-20	Povoa de Varzim	602
18.	SILVA Natacha Sofia	02	SLB	1:16.02	50m	01-08-19	Funchal	600
19.	GONCALVES Sofia Filipa	01	LSC	1:16.22	50m	01-08-19	Funchal	595
20.	LEONARDO Rute Isabel	98	CNAB	1:16.30	50m	01-08-19	Funchal	593
21.	RODRIGUES Luana Correia	01	CFB	1:16.34	50m	01-08-19	Funchal	592
22.	SILVA Beatriz Santos	01	FCP	1:16.47	50m	01-08-19	Funchal	589
23.	REIS Erica Cristina	05	SCP	1:16.51	50m	14-02-21	Oeiras	588
24.	CARPINTEIRO Carolina Silverio	02	CNTEJO	1:16.71	50m	09-02-20	Lisboa	584
25.	DOMINGUES Luana Pinto	03	ADBA	1:17.07	50m	12-07-19	Coimbra	576
26.	SEQUEIRA Catarina Costa	98	ACS	1:17.24	50m	13-07-19	Loulé	572
27.	TEIXEIRA Ines Oliveira	02	CAQC	1:17.25	50m	28-03-21	Coimbra	572
28.	DELGADO Soraia Alexandra	05	SCP	1:17.43	50m	01-08-19	Funchal	568
29.	SANTOS Leonor Esteves	04	EULX	1:17.46	50m	28-02-20	Vila Franca de Xira	567
30.	FIAL Sofia Nunes	03	AEJ	1:17.47	50m	12-07-19	Coimbra	567
31.	MAIA Joana Marques	91	GCST	1:17.72	50m	13-07-19	Povoa de Varzim	561
32.	CUNHA Mariana Pacheco	04	CNCE	1:17.78	50m	02-02-20	Povoa de Varzim	560
33.	TOMAS Beatriz Monteiro	03	SANC	1:17.79	50m	09-02-20	Lisboa	560
34.	REGO Ines Faria	05	GDNFAMA	1:17.98	50m	01-08-19	Funchal	556
35.	FERREIRA Joana Rosa	05	CNPE	1:18.13	50m	28-03-21	Coimbra	553
36.	ROSA Maria Carolina	94	SCP	1:18.16	50m	01-08-19	Funchal	552
37.	ANTUNES Rebeca Leonor	06	SAD	1:18.33	50m	28-03-21	Coimbra	548
38.	MIRANDA Rita Catarina	97	SCB	1:18.34	50m	02-02-20	Povoa de Varzim	548
39.	PEREIRA Maria Gomes	04	SAD	1:18.41	50m	01-08-19	Funchal	547
40.	MENDES Mariana Amaral	02	ADRCIMM	1:18.52	50m	14-02-21	Oeiras	544
41.	RIBEIRO Margarida Messias	98	GESL	1:18.66	50m	01-08-19	Funchal	541
42.	OLIVEIRA Mafalda Joana	02	CAP	1:18.71	50m	01-08-19	Funchal	540
42.	JESUS Mariana Teixeira	06	CDE	1:18.71	50m	02-02-20	Povoa de Varzim	540
44.	ESTEVENS Laura Fabiana	05	CNOL	1:18.95	50m	01-08-19	Funchal	535
45.	PEREIRA Carolina Rei	05	CNVA	1:18.99	50m	01-08-19	Funchal	535
46.	DOMINGUES Matilde Mota	03	CCLAMAS	1:19.09	50m	02-02-20	Povoa de Varzim	533
47.	DIAS Beatriz Castanheira	99	AAC	1:19.21	50m	12-07-19	Coimbra	530
48.	BERNARDO Ines Silva	00	SLB	1:19.28	50m	01-08-19	Funchal	529
49.	MENDES Mariana Pereira	04	LDC	1:19.35	50m	13-07-19	Loulé	527
50.	DOMINGOS Marta Pereira	04	SFUAP	1:19.71	50m	01-08-19	Funchal	520

200 Braços

1.	KAMINSKAYA Victoria	95	POR	2:25.67	50m	25-07-19	GWANGJU (KOR)	870
2.	PEREIRA Raquel Gomes	00	POR	2:29.41	50m	07-07-19	NAPOLI (ITA)	807
3.	MACHADO Luisa Maria	01	SFUAP	2:37.37	50m	03-08-19	Funchal	690
4.	PEREIRA Clara Gomes	02	SAD	2:37.79	50m	19-12-20	Oeiras	685
5.	RODRIGUES Lidiana Correia	04	CFB	2:37.86	50m	27-03-21	Coimbra	684
6.	VEIGA Ana Filipa	01	CAPGE	2:37.95	50m	01-02-20	Povoa de Varzim	683
7.	CERDEIRA Madalena Reis	03	SCP	2:38.29	50m	19-12-20	Oeiras	678
8.	CASTRO Maria Freitas	03	VSC	2:38.67	50m	19-12-20	Oeiras	673
9.	BORGES Claudia Ferreira	99	SLB	2:39.24	50m	03-08-19	Funchal	666
10.	NUNES Margarida Domingues	05	SCP	2:39.32	50m	27-03-21	Coimbra	665
11.	MONTEIRO Ana Catarina	93	CFV	2:40.98	50m	08-02-20	Lisboa	645
12.	REBELO Maria Carlota	03	ALN	2:41.05	50m	03-08-19	Funchal	644
13.	FERREIRA Margarida Filipe	04	CDCP	2:41.81	50m	03-08-19	Funchal	635
14.	ANDRE Angelica Maria	94	CFP	2:42.37	50m	03-08-19	Funchal	628
15.	SILVA Natacha Sofia	02	SLB	2:42.50	50m	03-08-19	Funchal	627
16.	TOMAS Beatriz Monteiro	03	FBSC	2:42.89	50m	13-07-19	Coimbra	622
17.	REIS Erica Cristina	05	SCP	2:43.90	50m	19-12-20	Oeiras	611
18.	MESQUITA Francisca Salvado	02	ADRCIMM	2:43.95	50m	13-02-21	Oeiras	610
19.	GONCALVES Sofia Filipa	01	LSC	2:44.39	50m	03-08-19	Funchal	605
20.	MAIA Joana Marques	91	GCST	2:44.88	50m	03-08-19	Funchal	600
21.	FERREIRA Joana Rosa	05	CNPE	2:45.46	50m	27-03-21	Coimbra	594
22.	FIAL Sofia Nunes	03	AEJ	2:45.96	50m	13-07-19	Coimbra	588
23.	DIAS Beatriz Castanheira	99	AAC	2:46.32	50m	13-07-19	Coimbra	585
24.	LEONARDO Rute Isabel	98	CNAB	2:46.41	50m	03-08-19	Funchal	584
25.	SOUSA Ana Reis	02	SAD	2:46.55	50m	03-08-19	Funchal	582
26.	REGO Ines Faria	05	GDNFAMA	2:46.78	50m	03-08-19	Funchal	580
27.	CARPINTEIRO Carolina Silverio	02	CNTEJO	2:46.79	50m	14-07-19	Rio Maior	580
28.	ESTEVENS Laura Fabiana	05	GCNF	2:46.94	50m	19-12-20	Oeiras	578
29.	RODRIGUES Luana Correia	01	CFB	2:47.34	50m	01-03-20	Vila Franca de Xira	574
30.	OLIVEIRA Mafalda Joana	02	CAP	2:48.08	50m	03-08-19	Funchal	566
31.	PEREIRA Maria Gomes	04	POR	2:48.56	50m	23-07-19	BAKU (AZE)	562
32.	TEIXEIRA Ines Oliveira	02	CAQC	2:49.10	50m	27-03-21	Coimbra	556
33.	MORAIS Margarida Mateus	04	CNTN	2:49.71	50m	03-08-19	Funchal	550
34.	FRANCO Barbara Garrido	04	CEN	2:50.26	50m	08-02-20	Lisboa	545
35.	MONTEIRO Margarida Cabral	02	CGA	2:50.96	50m	03-08-19	Funchal	538
36.	LOPES Daniela Magalhaes	05	GDNFAMA	2:51.10	50m	14-07-19	Povoa de Varzim	537
37.	DOMINGUES Luana Pinto	03	ADBA	2:51.85	50m	03-08-19	Funchal	530
38.	CARDEAL Joana Nunes	02	AVFC	2:52.14	50m	13-07-19	Coimbra	527
39.	SANTOS Catarina Vitorino	02	LDC	2:52.49	50m	03-08-19	Funchal	524
40.	JESUS Mariana Teixeira	06	CDE	2:53.30	50m	27-07-19	Loulé	517
41.	SILVA Maria Seixeira	06	VNC	2:53.44	50m	27-07-19	Loulé	515
42.	ROCHA Gabriela Santos	05	CNV	2:53.83	50m	01-02-20	Povoa de Varzim	512
43.	ANTUNES Rebeca Leonor	06	SAD	2:53.90	50m	27-03-21	Coimbra	511
44.	RIBEIRO Margarida Messias	98	GESL	2:53.91	50m	08-02-20	Lisboa	511
45.	MENDES Mariana Pereira	04	LDC	2:53.96	50m	03-08-19	Funchal	511
46.	REIS Juliana Branco	05	CNAL	2:54.47	50m	08-02-20	Lisboa	506
47.	RODRIGUES Marta Silva	04	CNPO	2:54.48	50m	03-08-19	Funchal	506
48.	DIAS Ana Amarante	03	CNPDL	2:54.63	50m	01-02-20	Povoa de Varzim	505
49.	SILVA Ana Catarina	04	FBSC	2:54.64	50m	03-08-19	Funchal	505
50.	BORCIC Aleksandra Bozanic	04	SAD	2:54.71	50m	03-08-19	Funchal	504

50 Mariposa

1.	GUEDES Ana Margarida	01	GCVR	27.00	50m	01-08-19	Funchal	740
2.	RODRIGUES Ana Pinho	94	POR	27.54	50m	04-07-19	NAPOLI (ITA)	698
3.	CUNHA Mariana Pacheco	04	CNCE	27.59	50m	14-02-21	Oeiras	694
4.	MONTEIRO Ana Catarina	93	CFV	28.03	50m	01-08-19	Funchal	662
5.	FERNANDES Carolina Mirand	05	CGA	28.05	50m	28-03-21	Coimbra	660
6.	SOARES Catarina Silva	03	FCP	28.08	50m	01-08-19	Funchal	658
7.	FERNANDES Ines Camacho	97	SCP	28.13	50m	01-08-19	Funchal	655
8.	VIEGAS Beatriz Mendes	00	SCP	28.31	50m	28-02-20	Vila Franca de Xira	642
9.	RODRIGUES Ana Margarida	96	CGA	28.53	50m	01-08-19	Funchal	627
10.	MOURA Maria Ferreira	04	SCP	28.62	50m	01-08-19	Funchal	621
10.	ANDRE Leticia Maia	02	SLB	28.62	50m	28-03-21	Coimbra	621
12.	PEREIRA Raquel Gomes	00	SAD	28.69	50m	01-08-19	Funchal	617
13.	LOURO Ariana Espirito	05	SFGP	28.71	50m	28-03-21	Coimbra	616
14.	MESQUITA Francisca Salvado	02	ADRCIMM	28.87	50m	01-08-19	Funchal	605
15.	LASZLOVA Silvia	93	LDC	28.93	50m	09-02-20	Lisboa	602
16.	KAMINSKAYA Victoria	95	SLB	28.96	50m	09-02-20	Lisboa	600
17.	LIMA Lia Ana	01	SCP	28.98	50m	01-08-19	Funchal	599
17.	CASTRO Adriana Daniela	97	LSC	28.98	50m	02-02-20	Povoa de Varzim	599
19.	GRAVETO Ana Raquel	02	SLB	29.18	50m	28-03-21	Coimbra	586
20.	ALMEIDA Maria Carolina	05	CGA	29.19	50m	09-02-20	Lisboa	586
21.	TEJO Beatriz Costa	02	AAC	29.20	50m	01-08-19	Funchal	585
21.	SILVA Ines Pereira	02	FBSC	29.20	50m	01-08-19	Funchal	585
23.	ROLAO Sofia Alexandra	98	SLB	29.32	50m	01-08-19	Funchal	578
24.	PEREIRA Maria Gomes	04	SAD	29.50	50m	28-02-20	Vila Franca de Xira	567
25.	CARPINTEIRO Carolina Silveri	02	CNTEJO	29.51	50m	02-02-20	Povoa de Varzim	567
26.	CRAVEIRO Beatriz Neves	97	AAC	29.61	50m	01-08-19	Funchal	561
26.	ROSA Beatriz Jong	00	CDN	29.61	50m	01-08-19	Funchal	561
28.	FERREIRA Francisca Santos	06	SAD	29.66	50m	28-03-21	Coimbra	558
29.	SANTOS Beatriz Rocha	02	CDCA	29.70	50m	01-08-19	Funchal	556
30.	BENTO Maria Madalena	05	BUZIOS	29.82	50m	01-08-19	Funchal	549
31.	CARDEAL Joana Nunes	02	AVFC	29.85	50m	01-08-19	Funchal	548
32.	AMANTES Beatriz Quintao	03	SFUAP	29.89	50m	01-08-19	Funchal	546
33.	PINTO Sofia Gales	01	CCLAMAS	29.91	50m	13-07-19	Povoa de Varzim	544
34.	MARQUES Maria Vieira	04	CNVA	29.92	50m	13-07-19	Coimbra	544
34.	MARTINS Ana Beatriz	99	GDNFAMA	29.92	50m	01-08-19	Funchal	544
36.	SILVA Leonor Santos	03	FCP	29.98	50m	01-08-19	Funchal	541
37.	VARGAS Giovanna Vaz	00	DNMG	30.00	50m	01-08-19	Funchal	540
38.	LOPES Sara Santos	03	ADBA	30.05	50m	01-08-19	Funchal	537
39.	MACHADO Carolina Alexandra	03	CNBE	30.09	50m	09-02-20	Lisboa	535
40.	FERNANDES Filipa Viamonte	02	VSC	30.10	50m	01-08-19	Funchal	534
41.	TOME Madalena Rodrigues	03	AHBE	30.12	50m	01-08-19	Funchal	533
41.	JUNQUEIRA Sofia Ribeiro	02	ADBA	30.12	50m	01-08-19	Funchal	533
41.	RIBEIRO Margarida Messias	98	GESL	30.12	50m	28-02-20	Vila Franca de Xira	533
44.	BARBOSA Mariana Fernandes	02	FCP	30.19	50m	01-08-19	Funchal	529
45.	BARATA Barbara Sofia	97	SAD	30.23	50m	01-08-19	Funchal	527
46.	OLIVEIRA Mafalda Joana	02	CAP	30.25	50m	01-08-19	Funchal	526
47.	BELO Rita Afonso	02	BSCN	30.26	50m	01-08-19	Funchal	526
48.	CARAPINHA Ariana Bento	06	DNMG	30.28	50m	28-03-21	Coimbra	525
49.	PEGO Isabel Porfirio	01	CFP	30.29	50m	13-07-19	Povoa de Varzim	524
50.	GOMES Susana Clara	77	CNF	30.31	50m	01-08-19	Funchal	523

100 Mariposa

1.	MONTEIRO Ana Catarina	93	POR	1:00.37	50m	21-07-19	GWANGJU (KOR)	776
2.	CUNHA Mariana Pacheco	04	CNCE	1:00.84	50m	19-12-20	Oeiras	758
3.	GUEDES Ana Margarida	01	GCVR	1:01.23	50m	03-08-19	Funchal	743
4.	KAMINSKAYA Victoria	95	SLB	1:02.15	50m	27-03-21	Coimbra	711
5.	LIMA Lia Ana	01	SAD	1:02.30	50m	08-02-20	Lisboa	706
6.	FERNANDES Ines Camacho	97	SCP	1:02.49	50m	03-08-19	Funchal	699
7.	RODRIGUES Ana Margarida	96	CGA	1:02.69	50m	03-08-19	Funchal	693
8.	PEREIRA Raquel Gomes	00	POR	1:02.91	50m	16-08-20	Loule	685
9.	FERNANDES Carolina Mirandã	05	POR	1:02.99	50m	24-07-19	BAKU (AZE)	683
10.	MESQUITA Francisca Salvado	02	ADRCIMM	1:03.24	50m	03-08-19	Funchal	675
11.	HENRIQUES Ines Jacinto	00	SCP	1:03.28	50m	27-03-21	Coimbra	673
12.	MOURA Maria Ferreira	04	SCP	1:03.53	50m	03-08-19	Funchal	665
13.	LOURO Ariana Espirito	05	SFGP	1:03.70	50m	27-03-21	Coimbra	660
14.	GRAVETO Ana Raquel	02	SLB	1:04.01	50m	27-03-21	Coimbra	651
15.	VARGAS Giovanna Vaz	00	DNMG	1:04.19	50m	03-08-19	Funchal	645
16.	ANDRE Leticia Maia	02	SLB	1:04.37	50m	03-08-19	Funchal	640
17.	TEJO Beatriz Costa	02	AAC	1:04.71	50m	03-08-19	Funchal	630
18.	ALMEIDA Maria Carolina	05	CGA	1:05.03	50m	27-03-21	Coimbra	620
19.	SILVA Ines Pereira	02	FBSC	1:05.23	50m	03-08-19	Funchal	615
20.	CARPINTEIRO Carolina Silveri	02	CNTEJO	1:05.29	50m	08-02-20	Lisboa	613
21.	BARATA Barbara Sofia	97	SAD	1:05.32	50m	03-08-19	Funchal	612
22.	MARQUES Maria Alexandra	04	ANAR	1:05.34	50m	03-08-19	Funchal	612
23.	MONTEIRO Ana Carolina	04	CUC	1:05.41	50m	03-08-19	Funchal	610
24.	BENTO Maria Madalena	05	BUZIOS	1:05.42	50m	03-08-19	Funchal	609
25.	BARBOSA Mariana Fernandes	02	FCP	1:05.49	50m	03-08-19	Funchal	607
26.	CRAVEIRO Beatriz Neves	97	AAC	1:05.51	50m	03-08-19	Funchal	607
27.	FERNANDES Filipa Viamonte	02	VSC	1:05.78	50m	19-12-20	Oeiras	599
28.	MARTINS Francisca Soares	03	FOCA	1:05.96	50m	01-02-20	Povoa de Varzim	595
29.	FIDALGO Maria Jardim	04	CNCVG	1:06.12	50m	27-03-21	Coimbra	590
30.	SANTOS Beatriz Rocha	02	CDCA	1:06.13	50m	03-08-19	Funchal	590
31.	FERREIRA Francisca Santos	06	SAD	1:06.17	50m	27-03-21	Coimbra	589
32.	BELO Rita Afonso	02	BSCN	1:06.27	50m	03-08-19	Funchal	586
33.	SILVA Leonor Santos	03	FCP	1:06.34	50m	03-08-19	Funchal	584
34.	CATALAO Leonor Tavares	06	SCP	1:06.48	50m	27-03-21	Coimbra	581
35.	ROSA Beatriz Jong	00	CDN	1:06.63	50m	03-08-19	Funchal	577
36.	MACHADO Luisa Maria	01	SFUAP	1:06.69	50m	01-03-20	Vila Franca de Xira	575
37.	CARDEAL Joana Nunes	02	AVFC	1:06.77	50m	14-07-19	Coimbra	573
38.	PEREIRA Maria Gomes	04	SAD	1:07.05	50m	01-03-20	Vila Franca de Xira	566
39.	DOMINGUES Luana Pinto	03	ADBA	1:07.10	50m	14-07-19	Coimbra	565
40.	PINTO Sofia Gales	01	CCLAMAS	1:07.20	50m	14-07-19	Povoa de Varzim	562
41.	JUNQUEIRA Sofia Ribeiro	02	ADBA	1:07.24	50m	03-08-19	Funchal	561
42.	MENDES Ana Sebastiao	04	INDALG	1:07.28	50m	13-07-19	Loulé	560
43.	PEREIRA Clara Gomes	02	SAD	1:07.36	50m	03-08-19	Funchal	558
44.	GOMES Susana Clara	77	CNF	1:07.68	50m	08-02-20	Lisboa	550
44.	RODRIGUES Lidiana Correia	04	CFB	1:07.68	50m	01-03-20	Vila Franca de Xira	550
46.	OLIVEIRA Mafalda Joana	02	CAP	1:07.83	50m	03-08-19	Funchal	547
47.	TOME Madalena Rodrigues	03	AHBE	1:07.88	50m	03-08-19	Funchal	545
48.	MARTINS Ana Beatriz	99	GDNFAMA	1:07.91	50m	03-08-19	Funchal	545
49.	FERREIRA Ana Claudia	90	CNAL	1:08.03	50m	08-02-20	Lisboa	542
50.	MONTEIRO Ines Rosado	00	CNVA	1:08.23	50m	14-07-19	Coimbra	537

200 Mariposa

1.	MONTEIRO Ana Catarina	93	POR	2:09.43	50m	24-07-19	GWANGJU (KOR)	833
2.	HENRIQUES Ines Jacinto	00	SCP	2:13.44	50m	20-12-20	Oeiras	760
3.	VARGAS Giovanna Vaz	00	DNMG	2:15.82	50m	04-08-19	Funchal	721
4.	CUNHA Mariana Pacheco	04	CNCE	2:17.12	50m	27-03-21	Coimbra	701
5.	MOURA Maria Ferreira	04	SCP	2:17.59	50m	27-03-21	Coimbra	693
6.	GRAVETO Ana Raquel	02	SLB	2:17.77	50m	27-03-21	Coimbra	691
7.	LIMA Lia Ana	01	SAD	2:19.59	50m	09-02-20	Lisboa	664
8.	MESQUITA Francisca Salvado	02	ADRCIMM	2:19.66	50m	04-08-19	Funchal	663
9.	LOURO Ariana Espirito	05	SFGP	2:20.47	50m	27-03-21	Coimbra	652
10.	BARBOSA Mariana Fernandes	02	FCP	2:20.54	50m	04-08-19	Funchal	651
11.	BARATA Barbara Sofia	97	SAD	2:21.05	50m	04-08-19	Funchal	644
12.	MARQUES Maria Alexandra	04	ANAR	2:21.73	50m	04-08-19	Funchal	634
13.	RODRIGUES Ana Margarida	96	CGA	2:21.74	50m	04-08-19	Funchal	634
14.	PEREIRA Clara Gomes	02	SAD	2:22.77	50m	04-08-19	Funchal	621
15.	MONTEIRO Ana Carolina	04	CUC	2:22.78	50m	04-08-19	Funchal	620
16.	MARTINS Joana Ribeiro	03	SCP	2:23.55	50m	09-02-20	Lisboa	610
17.	FIDALGO Maria Jardim	04	CNCVG	2:24.13	50m	27-03-21	Coimbra	603
18.	DOMINGUES Luana Pinto	03	ADBA	2:24.81	50m	04-08-19	Funchal	595
19.	CARDEAL Beatriz Nunes	04	AVFC	2:25.85	50m	20-12-20	Oeiras	582
20.	MENDES Mariana Amaral	02	ADRCIMM	2:25.90	50m	14-02-21	Oeiras	581
21.	REBELO Maria Carlota	03	ALN	2:26.13	50m	14-07-19	Coimbra	579
22.	ANDRE Leticia Maia	02	SLB	2:27.20	50m	04-08-19	Funchal	566
23.	ALMEIDA Maria Carolina	05	CGA	2:27.42	50m	27-03-21	Coimbra	564
24.	TEJO Beatriz Costa	02	AAC	2:27.75	50m	04-08-19	Funchal	560
25.	TINOCO Diana Silva	06	SCC	2:27.98	50m	09-02-20	Lisboa	557
26.	BENTO Maria Madalena	05	BUZIOS	2:28.11	50m	04-08-19	Funchal	556
27.	DELGADO Soraia Alexandra	05	SCP	2:28.42	50m	04-08-19	Funchal	552
27.	MATOS Ana Rita	02	CFB	2:28.42	50m	20-12-20	Oeiras	552
29.	TROIA Beatriz Rosa	04	CFV	2:28.91	50m	04-08-19	Funchal	547
30.	SILVA Ines Pereira	02	FBSC	2:28.96	50m	14-07-19	Coimbra	546
31.	CARDEAL Joana Nunes	02	AVFC	2:29.20	50m	14-07-19	Coimbra	544
32.	ALMEIDA Maria Emilia	07	CGA	2:29.45	50m	27-03-21	Coimbra	541
33.	MONTEIRO Ines Rosado	00	CNVA	2:29.53	50m	04-08-19	Funchal	540
34.	BELO Rita Afonso	02	BSCN	2:29.98	50m	04-08-19	Funchal	535
35.	SILVA Ana Francisca	06	CNAL	2:30.11	50m	20-12-20	Oeiras	534
36.	SILVA Eduarda Reis	03	GDNFAMA	2:30.33	50m	04-08-19	Funchal	532
37.	SILVA Carolina Santos	86	GCST	2:30.39	50m	14-07-19	Povoa de Varzim	531
38.	ROCHA Daniela Filipa	02	CAP	2:30.58	50m	14-07-19	Povoa de Varzim	529
39.	LIGEIRO Daniela Silva	04	VNC	2:30.61	50m	04-08-19	Funchal	529
40.	FERNANDES Filipa Viamonte	02	VSC	2:31.09	50m	04-08-19	Funchal	524
41.	MACHADO Luisa Maria	01	SFUAP	2:31.14	50m	01-03-20	Vila Franca de Xira	523
42.	FERREIRA Ana Claudia	90	CNAL	2:31.41	50m	14-07-19	Coimbra	520
43.	SILVA Leonor Santos	03	FCP	2:32.01	50m	14-07-19	Povoa de Varzim	514
44.	RODRIGUES Lidiana Correia	04	CFB	2:32.28	50m	01-03-20	Vila Franca de Xira	511
45.	CORREIA Rute Ferreira	03	ACRTCMV	2:32.40	50m	04-08-19	Funchal	510
46.	JUNQUEIRA Sofia Ribeiro	02	ADBA	2:32.54	50m	14-07-19	Coimbra	509
47.	NEVES Gabriela Ferreira	06	FOCA	2:32.89	50m	27-07-19	Loulé	505
48.	MORGADO Alice Jesus	04	GESL	2:33.11	50m	04-08-19	Funchal	503
49.	CRUZ Jessica Catarina	04	CAP	2:33.29	50m	14-07-19	Povoa de Varzim	501
50.	ALVES Sara Sofia	01	SCC	2:33.69	50m	04-08-19	Funchal	497

200 Estilos

1.	KAMINSKAYA Victoria	95	POR	2:13.97	50m	21-07-19	GWANGJU (KOR)	834
2.	PEREIRA Raquel Gomes	00	POR	2:17.61	50m	14-02-21	BARCELONA (ESP)	769
3.	MONTEIRO Ana Catarina	93	CFV	2:19.05	50m	08-02-20	Lisboa	746
4.	MACHADO Luisa Maria	01	SFUAP	2:19.67	50m	04-08-19	Funchal	736
5.	CUNHA Mariana Pacheco	04	CNCE	2:21.21	50m	27-03-21	Coimbra	712
6.	HENRIQUES Ines Jacinto	00	SCP	2:21.56	50m	19-12-20	Oeiras	707
7.	CABRAL Maria Francisca	00	FCP	2:21.97	50m	27-03-21	Coimbra	701
8.	FERNANDES Ines Camacho	97	SCP	2:23.30	50m	04-08-19	Funchal	681
9.	CARDEAL Joana Nunes	02	AVFC	2:23.47	50m	08-02-20	Lisboa	679
10.	DURAES Diana Margarida	96	POR	2:23.48	50m	16-08-20	Loule	679
11.	MESQUITA Francisca Salvado	02	POR	2:23.59	50m	06-07-19	KAZAN (RUS)	677
12.	SOUSA Ana Reis	02	SAD	2:24.18	50m	04-08-19	Funchal	669
13.	REBELO Maria Carlota	03	ALN	2:24.26	50m	19-12-20	Oeiras	668
14.	MARTINS Francisca Soares	03	FOCA	2:25.12	50m	01-02-20	Povoa de Varzim	656
15.	BELEZA Mafalda Gomes	94	SCP	2:25.61	50m	04-08-19	Funchal	649
16.	VEIGA Ana Filipa	01	CAPGE	2:26.21	50m	04-08-19	Funchal	641
17.	FARIA Ana Rita	00	FCP	2:26.22	50m	01-02-20	Povoa de Varzim	641
18.	PEREIRA Maria Gomes	04	SAD	2:26.48	50m	04-08-19	Funchal	638
19.	MESTRE Catarina Martins	00	CNLX	2:26.64	50m	01-03-20	Vila Franca de Xira	636
20.	REIS Erica Cristina	05	SCP	2:26.65	50m	27-03-21	Coimbra	636
21.	MOURA Maria Ferreira	04	POR	2:27.20	50m	25-07-19	BAKU (AZE)	628
22.	PINA Ana Sofia	02	CRASTO	2:27.39	50m	04-08-19	Funchal	626
23.	MENDES Mariana Amaral	02	ADRCIMM	2:27.61	50m	13-02-21	Oeiras	623
24.	MONTEIRO Margarida Cabral	02	CGA	2:28.11	50m	04-08-19	Funchal	617
25.	VELOSO Teresa Miguel	00	SCP	2:28.43	50m	04-08-19	Funchal	613
26.	OLIVEIRA Ana Rita	04	CNCE	2:28.69	50m	27-03-21	Coimbra	610
27.	SILVA Beatriz Santos	01	FCP	2:28.72	50m	04-08-19	Funchal	609
28.	REBELO Camila Rodrigues	03	POR	2:28.75	50m	08-02-20	Lisboa	609
29.	CERDEIRA Madalena Reis	03	SCP	2:28.95	50m	08-02-20	Lisboa	607
30.	DELGADO Soraia Alexandra	05	POR	2:29.13	50m	01-02-20	Povoa de Varzim	604
31.	RODRIGUES Ana Margarida	96	CGA	2:29.16	50m	14-07-19	Coimbra	604
32.	LIMA Lia Ana	01	SAD	2:29.36	50m	08-02-20	Lisboa	602
33.	GONCALVES Sofia Filipa	01	LSC	2:29.37	50m	04-08-19	Funchal	601
34.	FIAL Sofia Nunes	03	AEJ	2:29.46	50m	14-07-19	Coimbra	600
35.	CRUZ Sara Moura	03	SAD	2:29.70	50m	04-08-19	Funchal	597
35.	AMADO Maria Lopes	04	INDLE	2:29.70	50m	04-08-19	Funchal	597
37.	PIMENTA Margarida Sobral	99	CFB	2:29.80	50m	01-03-20	Vila Franca de Xira	596
38.	RODRIGUES Lidiana Correia	04	CFB	2:29.83	50m	27-03-21	Coimbra	596
39.	RIBEIRO Margarida Messias	98	GESL	2:29.84	50m	08-02-20	Lisboa	596
40.	VARGAS Giovanna Vaz	00	00563	2:29.87	50m	28-02-21	CADIZ (ESP)	595
41.	CASTRO Maria Freitas	03	VSC	2:29.92	50m	19-12-20	Oeiras	595
42.	SANTOS Leonor Esteves	04	EULX	2:30.41	50m	08-02-20	Lisboa	589
43.	ANDRE Leticia Maia	02	SLB	2:30.89	50m	08-02-20	Lisboa	583
44.	ESTEVENS Laura Fabiana	05	CNOL	2:31.03	50m	04-08-19	Funchal	582
45.	RIESENBERGER Bruna Martir	97	CIRL	2:31.11	50m	19-12-20	Oeiras	581
46.	LOPES Daniela Magalhaes	05	GDNFAMA	2:31.29	50m	19-12-20	Oeiras	579
47.	SILVA Maria Madalena	98	SCB	2:31.94	50m	01-02-20	Povoa de Varzim	571
48.	AMADOR Joana Costa	01	CGA	2:31.96	50m	14-07-19	Coimbra	571
49.	MARQUES Mariana Nunes	03	CDE	2:32.15	50m	14-07-19	Coimbra	569
50.	NEVES Sara Dias	03	CNMC	2:32.31	50m	04-08-19	Funchal	567

400 Estilos

1.	KAMINSKAYA Victoria	95	POR	4:43.03	50m	28-07-19	GWANGJU (KOR)	833
2.	DURAES Diana Margarida	96	SLB	4:50.56	50m	09-02-20	Lisboa	770
3.	MONTEIRO Ana Catarina	93	POR	4:53.84	50m	06-02-21	NICE (FRA)	744
4.	ANDRE Angelica Maria	94	CFP	4:55.41	50m	20-12-20	Oeiras	733
5.	CABRAL Maria Francisca	00	FCP	4:57.64	50m	27-03-21	Coimbra	716
6.	REBELO Camila Rodrigues	03	ALN	4:59.23	50m	20-12-20	Oeiras	705
7.	MENDES Mariana Amaral	02	ADRCIMM	4:59.35	50m	27-03-21	Coimbra	704
8.	MESQUITA Francisca Salvado	02	ADRCIMM	5:00.59	50m	02-08-19	Funchal	695
9.	MACHADO Luisa Maria	01	SFUAP	5:00.60	50m	02-08-19	Funchal	695
10.	CARDEAL Joana Nunes	02	AVFC	5:01.03	50m	09-02-20	Lisboa	692
11.	REBELO Maria Carlota	03	ALN	5:01.17	50m	20-12-20	Oeiras	691
12.	SOUSA Ana Reis	02	SAD	5:03.04	50m	02-08-19	Funchal	679
13.	HENRIQUES Ines Jacinto	00	SCP	5:04.03	50m	09-02-20	Lisboa	672
14.	VARGAS Giovanna Vaz	00	DNMG	5:05.17	50m	13-07-19	Coimbra	664
15.	SANTOS Leonor Esteves	04	EULX	5:06.03	50m	02-08-19	Funchal	659
16.	MARTINS Francisca Soares	03	FOCA	5:06.09	50m	02-02-20	Povoa de Varzim	658
17.	LOPES Daniela Magalhaes	05	GDNFAMA	5:07.21	50m	02-08-19	Funchal	651
18.	VELOSO Teresa Miguel	00	SCP	5:07.52	50m	02-08-19	Funchal	649
19.	CUNHA Mariana Pacheco	04	CFP	5:07.80	50m	13-07-19	Povoa de Varzim	648
20.	CARDEAL Beatriz Nunes	04	AVFC	5:09.10	50m	27-03-21	Coimbra	639
21.	AMORIM Maria Leonor	03	FCP	5:09.63	50m	02-08-19	Funchal	636
22.	DELGADO Soraia Alexandra	05	SCP	5:09.91	50m	02-08-19	Funchal	634
23.	VEIGA Ana Filipa	01	CAPGE	5:10.47	50m	02-08-19	Funchal	631
24.	PEREIRA Maria Gomes	04	SAD	5:12.26	50m	29-02-20	Vila Franca de Xira	620
25.	PIRES Marta Joao	05	POR	5:13.55	50m	02-02-20	Povoa de Varzim	613
26.	MONTEIRO Margarida Cabral	02	CGA	5:14.97	50m	02-08-19	Funchal	604
27.	SILVA Natacha Sofia	02	SLB	5:15.20	50m	02-08-19	Funchal	603
28.	FIAL Sofia Nunes	03	AEJ	5:15.36	50m	13-07-19	Coimbra	602
29.	RODRIGUES Filipa Serrano	01	SLB	5:15.49	50m	29-02-20	Vila Franca de Xira	601
30.	RODRIGUES Helena Nunes	03	CSAAXXI	5:17.44	50m	02-02-20	Povoa de Varzim	590
31.	REIS Erica Cristina	05	POR	5:17.47	50m	02-02-20	Povoa de Varzim	590
32.	OLIVEIRA Ana Rita	04	CNPO	5:17.48	50m	13-07-19	Povoa de Varzim	590
33.	CASTRO Maria Freitas	03	ADF	5:17.67	50m	13-07-19	Povoa de Varzim	589
34.	RODRIGUES Lidiana Correia	04	CFB	5:18.28	50m	29-02-20	Vila Franca de Xira	586
35.	CARAPINHA Ariana Bento	06	DNMG	5:18.45	50m	27-03-21	Coimbra	585
36.	RIBEIRO Margarida Messias	98	GESL	5:19.17	50m	02-08-19	Funchal	581
37.	DOMINGUES Luana Pinto	03	ADBA	5:20.60	50m	02-08-19	Funchal	573
38.	NEVES Sara Dias	03	CNMC	5:20.80	50m	02-08-19	Funchal	572
39.	FERNANDES Filipa Viamonte	02	VSC	5:20.84	50m	02-08-19	Funchal	572
40.	NOBRE Marisa Isabel	05	SCC	5:20.90	50m	02-08-19	Funchal	571
41.	MONTEIRO Ana Carolina	04	CUC	5:21.72	50m	13-07-19	Coimbra	567
42.	MARQUES Maria Alexandra	04	ANAR	5:21.73	50m	05-07-19	Reguengos de Monsaraz	567
43.	ESTEVENS Laura Fabiana	05	CNOL	5:22.25	50m	02-08-19	Funchal	564
44.	ROSA Mafalda Sofia	03	CNRM	5:23.34	50m	13-07-19	Rio Maior	559
45.	MORGADO Alice Jesus	04	SCP	5:23.38	50m	20-12-20	Oeiras	558
46.	CARPINTEIRO Carolina Silveri	02	CNTEJO	5:23.83	50m	13-07-19	Rio Maior	556
47.	ROSA Mariana Carmo	05	ALN	5:23.90	50m	13-07-19	Coimbra	556
48.	MATOS Ana Rita	02	CFB	5:23.92	50m	02-08-19	Funchal	556
49.	HENRIQUES Daniela Mascare	03as	GESL	5:24.21	50m	29-02-20	Vila Franca de Xira	554
50.	DOMINGUES Monica Seara	00	SCB	5:24.44	50m	02-02-20	Povoa de Varzim	553