



## Torneio Nadador Completo para Infantis

Época 2019/ 2020



### Femininos, Infantis B

| RANK | NOME                         | ANO  | CLUBE                      | FINA 2019 | 100 L   | 100 C   | 100 B   | 100 M   | 200 E   |
|------|------------------------------|------|----------------------------|-----------|---------|---------|---------|---------|---------|
| 1    | Maria Joao Martins           | 2008 | Fafe                       | 1788      | 1:08.46 | 1:20.12 | 1:30.19 | 1:16.14 | 2:49.59 |
| 2    | Maria Gomes Neves            | 2008 | Braga                      | 1646      | 1:09.18 | 1:20.78 | 1:33.81 | 1:21.70 | 2:51.94 |
| 3    | Sara Silva Ligeiro           | 2008 | Viana Natacao              | 1641      | 1:07.63 | 1:24.28 | 1:35.09 | 1:20.20 | 2:51.94 |
| 4    | Leonor Serrao Nascimento     | 2008 | Alges                      | 1621      | 1:12.19 | 1:23.33 | 1:30.00 | 1:19.71 | 2:53.94 |
| 5    | Beatriz Felizardo Fernandes  | 2008 | Colegio Monte Maior        | 1612      | 1:10.58 | 1:20.06 | 1:30.97 | 1:26.85 | 2:51.60 |
| 6    | Lara Marisa Beleza           | 2008 | Tubaroes de Gaia           | 1602      | 1:13.40 | 1:17.15 | 1:31.62 | 1:25.31 | 2:53.93 |
| 7    | Ana Castro Silva             | 2008 | Famalicao                  | 1550      | 1:15.08 | 1:19.53 | 1:37.63 | 1:19.04 | 2:56.12 |
| 8    | Adriana Ribeiro Barros       | 2008 | Braga                      | 1547      | 1:12.15 | 1:24.00 | 1:30.82 | 1:25.74 | 2:53.16 |
| 9    | Ines Perez Vieira            | 2008 | Alges                      | 1545      | 1:12.36 | 1:24.59 | 1:29.68 | 1:25.52 | 2:54.55 |
| 10   | Leticia Lin                  | 2008 | Sporting                   | 1533      | 1:12.22 | 1:23.17 | 1:37.06 | 1:22.35 | 2:52.45 |
| 11   | Patricia Subtil Henriques    | 2008 | Geslourses                 | 1495      | 1:10.78 | 1:23.33 | 1:37.30 | 1:25.85 | 2:56.17 |
| 12   | Maria Silva Pereira          | 2008 | Ginasio de Vila Real       | 1475      | 1:11.91 | 1:22.42 | 1:32.61 | 1:28.95 | 3:01.80 |
| 13   | Constanca Santos Ferreira    | 2008 | Alges                      | 1471      | 1:14.37 | 1:22.64 | 1:40.36 | 1:20.40 | 2:58.75 |
| 14   | Maria Joao Costa             | 2008 | Vilacondense               | 1465      | 1:10.51 | 1:24.76 | 1:37.08 | 1:27.27 | 2:57.94 |
| 15   | Matilde Sousa Andrade        | 2008 | Naval do Funchal           | 1463      | 1:12.92 | 1:26.57 | 1:36.40 | 1:23.34 | 2:56.47 |
| 16   | Lara Filipa Pinto            | 2008 | Porto                      | 1461      | 1:13.58 | 1:24.07 | 1:38.25 | 1:24.11 | 2:55.30 |
| 17   | Emilly Gabrieli Santos       | 2008 | CNATRIL                    | 1452      | 1:13.06 | 1:23.57 | 1:33.02 | 1:29.41 | 2:59.13 |
| 18   | Laura Doellinger Castro      | 2008 | Fafe                       | 1447      | 1:14.39 | 1:24.01 | 1:30.62 | 1:31.25 | 2:58.23 |
| 19   | Carolina Delicado Correia    | 2008 | Sporting                   | 1436      | 1:13.24 | 1:22.21 | 1:42.86 | 1:24.54 | 2:57.27 |
| 20   | Carolina Amadeu Ferreira     | 2008 | Leixoes                    | 1431      | 1:10.56 | 1:20.46 | 1:45.64 | 1:27.04 | 3:01.97 |
| 21   | Carolina Fernandes Rodrigues | 2008 | Uniao Piedense             | 1431      | 1:10.74 | 1:21.17 | 1:38.33 | 1:32.48 | 3:01.49 |
| 22   | Ana Carolina Neves           | 2008 | Tubaroes de Gaia           | 1426      | 1:12.04 | 1:27.51 | 1:36.35 | 1:27.12 | 2:57.72 |
| 23   | Raquel Santos Baiona         | 2008 | Colegio Monte Maior        | 1423      | 1:17.21 | 1:23.80 | 1:30.72 | 1:28.77 | 3:00.17 |
| 24   | Carlota Costa Boleixa        | 2008 | Louletano / Loule Concelho | 1421      | 1:11.76 | 1:22.73 | 1:36.35 | 1:33.07 | 2:59.68 |
| 25   | Ines Gomes Costa             | 2008 | Avancado EUL               | 1400      | 1:15.61 | 1:27.43 | 1:29.26 | 1:31.78 | 3:00.28 |
| 26   | Maria Ines Coelho            | 2008 | Benfica                    | 1400      | 1:13.45 | 1:25.72 | 1:43.54 | 1:22.65 | 3:00.01 |
| 27   | Sofia Teixeira Barbosa       | 2008 | Porto                      | 1396      | 1:14.27 | 1:23.91 | 1:37.12 | 1:28.13 | 3:01.23 |
| 28   | Ines Gandum Marta            | 2008 | Electrico Clube            | 1393      | 1:13.77 | 1:23.61 | 1:42.22 | 1:25.71 | 3:00.45 |
| 29   | Matilde Reis Fontes          | 2008 | Naval Povoense             | 1390      | 1:17.75 | 1:24.38 | 1:38.23 | 1:23.94 | 2:59.13 |
| 30   | Ana Beatriz Pires            | 2008 | Benfica                    | 1382      | 1:14.54 | 1:24.64 | 1:34.39 | 1:31.60 | 3:01.38 |
| 31   | Victoria Frogeri Pereira     | 2008 | Ba-Leiria                  | 1373      | 1:14.01 | 1:25.15 | 1:34.92 | 1:31.67 | 3:02.34 |
| 32   | Margarida Catroga Marques    | 2008 | Colegio Monte Maior        | 1365      | 1:15.57 | 1:20.44 | 1:38.42 | 1:34.62 | 3:00.95 |
| 33   | Leonor Carvalho Soares       | 2008 | Porto                      | 1363      | 1:13.86 | 1:25.84 | 1:44.30 | 1:23.55 | 3:03.08 |
| 34   | Ana Beatriz Campos           | 2008 | Academica de Coimbra       | 1361      | 1:14.24 | 1:29.76 | 1:35.74 | 1:27.91 | 3:00.77 |
| 35   | Bruna Filipa Lourenco        | 2008 | O Crasto                   | 1358      | 1:12.94 | 1:28.39 | 1:35.98 | 1:31.04 | 3:01.48 |
| 36   | Matilde Catroga Marques      | 2008 | Colegio Monte Maior        | 1353      | 1:14.50 | 1:21.35 | 1:45.02 | 1:27.58 | 3:04.59 |
| 37   | Beatriz Geraledes Fonte      | 2008 | Porto                      | 1340      | 1:14.37 | 1:25.15 | 1:45.05 | 1:24.67 | 3:04.91 |
| 38   | Maia Bekauri                 | 2008 | Oriental de Lisboa         | 1335      | 1:15.12 | 1:26.94 | 1:38.48 | 1:29.15 | 3:01.78 |
| 39   | Ana Gabriela Silva           | 2008 | Natacao da Maia            | 1331      | 1:18.55 | 1:29.14 | 1:33.75 | 1:26.54 | 3:04.04 |
| 40   | Margarida Ascenso Santos     | 2008 | Propaganda da Natacao      | 1305      | 1:15.94 | 1:25.41 | 1:33.16 | 1:37.03 | 3:08.02 |
| 41   | Rita Gato Costa              | 2008 | AONDA-Azeitao              | 1304      | 1:17.23 | 1:25.45 | 1:39.31 | 1:31.02 | 3:01.93 |
| 42   | Juliana Rodrigues Alves      | 2008 | Desportivo Nacional        | 1301      | 1:19.17 | 1:27.18 | 1:36.86 | 1:27.67 | 3:04.38 |
| 43   | Mafalda Rego Caixeiro        | 2008 | Sporting                   | 1298      | 1:17.84 | 1:26.90 | 1:35.48 | 1:32.97 | 3:02.82 |
| 44   | Mafalda Pinto Sousa          | 2008 | Tubaroes de Gaia           | 1295      | 1:16.72 | 1:23.68 | 1:42.69 | 1:32.26 | 3:01.74 |
| 45   | Rita Rocha Silva             | 2008 | Alcobaca                   | 1283      | 1:19.55 | 1:28.97 | 1:32.84 | 1:33.78 | 3:03.00 |
| 46   | Constanca Isabel Carvalho    | 2008 | Alges                      | 1282      | 1:14.62 | 1:28.58 | 1:37.68 | 1:33.78 | 3:05.96 |
| 47   | Ana Carolina Cruz            | 2008 | Famalicao                  | 1276      | 1:14.14 | 1:30.60 | 1:33.53 | 1:37.09 | 3:08.88 |
| 48   | Lara Costa Pinto             | 2008 | O Crasto                   | 1270      | 1:15.71 | 1:25.33 | 1:41.67 | 1:34.24 | 3:04.92 |
| 49   | Francisca Santos Fernandes   | 2008 | Miranda do Corvo           | 1268      | 1:19.14 | 1:25.02 | 1:43.65 | 1:29.69 | 3:01.92 |
| 50   | Johanna Domingos Verheij     | 2008 | Uniao Piedense             | 1261      | 1:16.00 | 1:24.46 | 1:44.11 | 1:35.27 | 3:03.07 |
| 51   | Maria Alexandra Leite        | 2008 | Braga                      | 1254      | 1:18.21 | 1:26.31 | 1:38.31 | 1:33.68 | 3:06.93 |
| 52   | Francisca Lamas Silva        | 2008 | Leixoes                    | 1253      | 1:20.56 | 1:28.27 | 1:35.98 | 1:32.02 | 3:04.76 |
| 53   | Lara Martins Lameira         | 2008 | Leixoes                    | 1243      | 1:19.46 | 1:26.24 | 1:35.94 | 1:39.85 | 3:02.99 |
| 54   | Sara Cristina Goncalves      | 2008 | Bombeiros Ribeira Grande   | 1237      | 1:18.68 | 1:32.34 | 1:36.14 | 1:30.96 | 3:06.68 |
| 55   | Beatriz Silva Coentrao       | 2008 | Famalicao                  | 1236      | 1:18.79 | 1:28.58 | 1:38.79 | 1:30.65 | 3:08.71 |

|     |                             |                                  |      |         |         |         |         |         |
|-----|-----------------------------|----------------------------------|------|---------|---------|---------|---------|---------|
| 56  | Rita Silva Gomes            | 2008 Leixoes                     | 1236 | 1:18.11 | 1:29.97 | 1:34.18 | 1:40.91 | 3:03.17 |
| 57  | Luciana Filipa Pinto        | 2008 Porto                       | 1234 | 1:17.20 | 1:27.82 | 1:36.94 | 1:34.32 | 3:12.53 |
| 58  | Rita Goncalves Martins      | 2008 Louletano / Loule Concelho  | 1232 | 1:18.16 | 1:26.56 | 1:38.96 | 1:37.09 | 3:05.31 |
| 59  | Lara Mota Ferreira          | 2008 Fafe                        | 1218 | 1:18.19 | 1:31.85 | 1:34.90 | 1:33.70 | 3:11.18 |
| 60  | Maria Rocha Antunes         | 2008 Galitos / Bresimar          | 1218 | 1:15.40 | 1:25.22 | 1:50.05 | 1:33.84 | 3:07.35 |
| 61  | Ariana Micaela Bessa        | 2008 Lousada SXXI                | 1209 | 1:22.38 | 1:32.51 | 1:32.37 | 1:35.05 | 3:06.86 |
| 62  | Carolina Cunha Henriques    | 2008 Foca Quinta da Lixa CNF     | 1204 | 1:16.91 | 1:28.30 | 1:43.19 | 1:35.53 | 3:06.58 |
| 63  | Beatriz Maria Neves         | 2008 Leixoes                     | 1201 | 1:17.26 | 1:28.17 | 1:39.92 | 1:39.41 | 3:07.26 |
| 64  | Beatriz Alexandra Rolim     | 2008 Uniao Piedense              | 1199 | 1:19.53 | 1:20.97 | 1:41.31 | 1:43.16 | 3:12.52 |
| 65  | Filipa Oliveira Costa       | 2008 Natacao de Valongo          | 1196 | 1:21.16 | 1:28.85 | 1:37.67 | 1:35.90 | 3:06.66 |
| 66  | Matilde Pinheiro Lameiro    | 2008 Galitos / Bresimar          | 1176 | 1:22.45 | 1:25.61 | 1:39.71 | 1:37.21 | 3:09.82 |
| 67  | Laura Neto Viegas           | 2008 Louletano / Loule Concelho  | 1175 | 1:22.79 | 1:24.99 | 1:47.19 | 1:30.06 | 3:10.03 |
| 68  | Matilde Rodrigues Serrano   | 2008 Uniao Piedense              | 1170 | 1:19.04 | 1:30.57 | 1:39.40 | 1:40.55 | 3:05.23 |
| 69  | Rafaela Ferreira Mendes     | 2008 Amigos Unidos               | 1169 | 1:15.90 | 1:27.53 | 1:45.76 | 1:36.98 | 3:13.91 |
| 70  | Daniela Leao Picado         | 2008 Galitos / Bresimar          | 1164 | 1:18.88 | 1:25.62 | 1:39.60 | 1:44.89 | 3:12.00 |
| 71  | Diana Rita Fonseca          | 2008 Vieirense                   | 1164 | 1:19.76 | 1:29.69 | 1:39.94 | 1:36.47 | 3:10.62 |
| 72  | Diana Gomes Freitas         | 2008 Amigos da Montanha          | 1161 | 1:19.24 | 1:30.17 | 1:44.67 | 1:33.90 | 3:07.95 |
| 73  | Teresa Bonita Oliveira      | 2008 Naval Setubalense           | 1155 | 1:20.23 | 1:29.16 | 1:38.48 | 1:36.31 | 3:16.09 |
| 74  | Matilde Silva Cortes        | 2008 AONDA-Azeitao               | 1154 | 1:21.05 | 1:29.10 | 1:45.06 | 1:31.57 | 3:10.86 |
| 75  | Catarina Patricia Yankovich | 2008 Oriental de Lisboa          | 1153 | 1:20.52 | 1:27.44 | 1:47.49 | 1:34.17 | 3:08.27 |
| 76  | Carlota Filipa Silva        | 2008 Portinado                   | 1153 | 1:14.52 | 1:27.65 | 1:55.67 | 1:31.96 | 3:17.38 |
| 77  | Barbara Carolina Guerreiro  | 2008 Aljustrelense               | 1151 | 1:16.93 | 1:31.73 | 1:43.56 | 1:39.73 | 3:07.14 |
| 78  | Margarida Caninhas Pais     | 2008 Natacao do Fundao           | 1147 | 1:17.58 | 1:27.18 | 1:42.57 | 1:40.13 | 3:16.36 |
| 79  | Iris Lucas Ribeiro          | 2008 Alcobaca                    | 1145 | 1:20.19 | 1:26.49 | 1:45.64 | 1:37.30 | 3:10.49 |
| 80  | Maria Meleiro Goncalves     | 2008 Galitos / Bresimar          | 1144 | 1:18.50 | 1:29.87 | 1:46.50 | 1:35.11 | 3:09.77 |
| 81  | Marta Oliveira Ferreira     | 2008 Colegio Vasco da Gama       | 1141 | 1:23.98 | 1:30.55 | 1:37.10 | 1:36.44 | 3:11.23 |
| 82  | Maria Ines Silva            | 2008 Gafanha da Encarnacao       | 1140 | 1:24.23 | 1:37.84 | 1:36.05 | 1:30.14 | 3:11.75 |
| 83  | Eduarda Mendes Bugalho      | 2008 Bombeiros dos Estoris       | 1138 | 1:21.23 | 1:33.05 | 1:42.94 | 1:29.08 | 3:14.82 |
| 84  | Maria Manuel Cortesao       | 2008 Nautico Coimbra             | 1137 | 1:19.43 | 1:31.73 | 1:39.64 | 1:40.08 | 3:10.36 |
| 85  | Ana Isabella Pahomi         | 2008 Tubaroes de Gaia            | 1135 | 1:20.41 | 1:29.14 | 1:46.09 | 1:35.33 | 3:09.40 |
| 86  | Leonor Correia Nunes        | 2008 Aminata                     | 1134 | 1:18.46 | 1:30.51 | 1:41.01 | 1:39.45 | 3:13.72 |
| 87  | Mariana Pinto Ferreira      | 2008 Foca Quinta da Lixa CNF     | 1131 | 1:19.59 | 1:31.95 | 1:38.81 | 1:41.13 | 3:11.31 |
| 88  | Julia Maria Soares          | 2008 Miranda do Corvo            | 1128 | 1:20.40 | 1:34.04 | 1:45.25 | 1:31.97 | 3:08.96 |
| 89  | Ana Jorge Goncalves         | 2008 Estarreja                   | 1121 | 1:23.79 | 1:30.59 | 1:36.75 | 1:40.33 | 3:12.28 |
| 90  | Gabriela Conceicao Pinto    | 2008 Elvense                     | 1117 | 1:19.58 | 1:33.67 | 1:38.26 | 1:39.21 | 3:15.04 |
| 91  | Ines Sande Baptista         | 2008 Desportivo Nacional         | 1115 | 1:22.93 | 1:28.29 | 1:44.87 | 1:32.70 | 3:16.77 |
| 92  | Leonor Isabel Martins       | 2008 Vilacondense                | 1105 | 1:21.46 | 1:34.19 | 1:38.15 | 1:39.86 | 3:12.65 |
| 93  | Sara Morais Sousa           | 2008 AONDA-Azeitao               | 1100 | 1:20.43 | 1:32.75 | 1:40.67 | 1:39.15 | 3:14.68 |
| 94  | Catarina Maria Lopes        | 2008 BUZIOS-Coruche              | 1098 | 1:21.21 | 1:38.06 | 1:41.64 | 1:32.64 | 3:12.85 |
| 95  | Matilde Marques Mendes      | 2008 Galitos / Bresimar          | 1097 | 1:17.39 | 1:28.29 | 1:43.09 | 1:47.85 | 3:18.17 |
| 96  | Beatriz Silva Quintela      | 2008 Foca Quinta da Lixa CNF     | 1086 | 1:19.95 | 1:32.44 | 1:44.34 | 1:38.42 | 3:14.53 |
| 97  | Sofia Vieira Madureira      | 2008 Vitoria Guimaraes           | 1078 | 1:19.00 | 1:27.77 | 1:52.03 | 1:39.06 | 3:17.03 |
| 98  | Matilde Oliveira Araujo     | 2008 Desportiva de Viana         | 1077 | 1:18.76 | 1:32.97 | 1:43.81 | 1:40.23 | 3:17.71 |
| 99  | Maria Ines Fontes           | 2008 Naval da Horta              | 1076 | 1:22.55 | 1:32.19 | 1:45.30 | 1:32.69 | 3:19.41 |
| 100 | Carolina Pestana Silva      | 2008 Naval do Funchal            | 1072 | 1:20.86 | 1:26.48 | 1:51.30 | 1:39.56 | 3:16.92 |
| 101 | Maria Campos Formoso        | 2008 Aljustrelense               | 1068 | 1:19.05 | 1:31.21 | 1:45.68 | 1:41.26 | 3:18.04 |
| 102 | Mariana Avila Mendes        | 2008 Nucleo Sporting da Terceira | 1053 | 1:19.74 | 1:33.03 | 1:49.87 | 1:37.54 | 3:15.92 |
| 103 | Raquel Filipa Jesus         | 2008 Fundacao Beatriz Santos     | 1046 | 1:20.88 | 1:32.22 | 1:44.65 | 1:43.45 | 3:16.78 |
| 104 | Sofia Pereira Jorge         | 2008 Galitos / Bresimar          | 1040 | 1:19.97 | 1:29.85 | 1:46.32 | 1:47.29 | 3:18.49 |
| 105 | Leonor Mendes Albergaria    | 2008 Salesianos                  | 1040 | 1:23.13 | 1:31.77 | 1:41.40 | 1:44.95 | 3:17.76 |
| 106 | Laura Silva Fernandes       | 2008 Miranda do Corvo            | 1039 | 1:24.38 | 1:32.65 | 1:40.97 | 1:43.08 | 3:17.12 |
| 107 | Diana Savchuk               | 2008 Louletano / Loule Concelho  | 1031 | 1:21.38 | 1:35.19 | 1:46.60 | 1:36.78 | 3:20.55 |
| 108 | Carolina Mendes Nunes       | 2008 Estarreja                   | 1029 | 1:22.17 | 1:39.39 | 1:42.71 | 1:39.87 | 3:14.31 |
| 109 | Julia Freitas Pereira       | 2008 Naval do Funchal            | 1026 | 1:28.22 | 1:29.93 | 1:46.13 | 1:39.87 | 3:13.81 |
| 110 | Sofia Nascimento Duarte     | 2008 Bombeiros dos Estoris       | 1025 | 1:20.72 | 1:28.13 | 1:52.61 | 1:43.65 | 3:19.90 |
| 111 | Margarida Porto Sousa       | 2008 Columbofila Cantanhedense   | 1020 | 1:24.67 | 1:32.84 | 1:49.23 | 1:36.44 | 3:17.19 |
| 112 | Carlota Justo Serra         | 2008 Nautico do Guadiana         | 1019 | 1:19.46 | 1:35.13 | 1:44.76 | 1:45.96 | 3:19.29 |
| 113 | Laura Candeias Matias       | 2008 Natacao de Lagos            | 1017 | 1:22.56 | 1:38.77 | 1:42.17 | 1:41.81 | 3:16.14 |
| 114 | Marta Capela Sousa          | 2008 Sporting de Espinho         | 1010 | 1:24.61 | 1:31.87 | 1:49.43 | 1:37.47 | 3:19.58 |
| 115 | Gabriela Ferreira Catalao   | 2008 Sporting de Aveiro          | 1007 | 1:23.40 | 1:34.31 | 1:43.24 | 1:47.00 | 3:16.18 |
| 116 | Catarina Almeida Oliveira   | 2008 Fundacao Beatriz Santos     | 1000 | 1:23.17 | 1:32.26 | 1:45.87 | 1:45.21 | 3:20.16 |
| 117 | Beatriz Marques Coimbra     | 2008 Desportivo Sesimbra         | 998  | 1:22.99 | 1:30.89 | 1:43.39 | 1:53.93 | 3:19.65 |

|     |                            |                                   |            |         |         |         |         |         |
|-----|----------------------------|-----------------------------------|------------|---------|---------|---------|---------|---------|
| 118 | Raquel Maria Monteiro      | 2008 Sporting de Espinho          | <b>996</b> | 1:26.93 | 1:31.60 | 1:40.90 | 1:52.82 | 3:16.61 |
| 119 | Maria Ines Cochicho        | 2008 Torres Novas                 | <b>993</b> | 1:19.18 | 1:36.97 | 1:49.42 | 1:42.19 | 3:21.87 |
| 120 | Matilde Rodrigues Marques  | 2008 Viana Natacao                | <b>986</b> | 1:22.71 | 1:28.63 | 1:57.41 | 1:42.53 | 3:20.74 |
| 121 | Mafalda Guimaraes Santos   | 2008 Leixoes                      | <b>984</b> | 1:24.59 | 1:32.36 | 1:47.06 | 1:44.53 | 3:20.32 |
| 122 | Lara Sofia Fonseca         | 2008 Academico Viseu              | <b>982</b> | 1:23.23 | 1:31.38 | 1:46.93 | 1:50.83 | 3:19.54 |
| 123 | Maria Saraiva Paixao       | 2008 Galitos / Bresimar           | <b>970</b> | 1:23.54 | 1:38.84 | 1:43.02 | 1:45.65 | 3:21.04 |
| 124 | Maria Clara Pereira        | 2008 Desportivo Nacional          | <b>961</b> | 1:27.04 | 1:38.98 | 1:38.01 | 1:45.02 | 3:27.73 |
| 125 | Iris Esteves Dias          | 2008 Braga                        | <b>959</b> | 1:24.96 | 1:42.64 | 1:40.31 | 1:43.08 | 3:24.40 |
| 126 | Beatriz Silva Costa        | 2008 Braga                        | <b>957</b> | 1:22.78 | 1:34.78 | 1:46.35 | 1:49.91 | 3:22.81 |
| 127 | Leonor Merencio Pina       | 2008 Peso da Regua                | <b>953</b> | 1:20.91 | 1:35.52 | 1:44.97 | 1:54.98 | 3:25.81 |
| 128 | Alice Almeida Furtado      | 2008 Galitos / Bresimar           | <b>951</b> | 1:27.24 | 1:30.19 | 1:45.30 | 1:51.00 | 3:25.93 |
| 129 | Leonor Neves Pinto         | 2008 Colegio SMLamas              | <b>948</b> | 1:25.93 | 1:33.95 | 1:44.01 | 1:50.04 | 3:24.25 |
| 130 | Matilde Pinguicha Miranda  | 2008 Galitos / Bresimar           | <b>947</b> | 1:24.69 | 1:35.74 | 1:42.39 | 1:53.21 | 3:23.79 |
| 131 | Bruna Maria Barbosa        | 2008 Aquatico Pacense             | <b>946</b> | 1:25.37 | 1:33.13 | 1:47.44 | 1:49.39 | 3:22.38 |
| 132 | Mariana Nunes Cunha        | 2008 Lousada SXXI                 | <b>933</b> | 1:25.24 | 1:34.29 | 1:47.96 | 1:46.10 | 3:27.09 |
| 133 | Maria Ines Ferreira        | 2008 Viver Santarem               | <b>932</b> | 1:24.50 | 1:38.13 | 1:44.28 | 1:49.13 | 3:25.66 |
| 134 | Sofia Raposo Tocha         | 2008 Vieirense                    | <b>931</b> | 1:26.64 | 1:38.16 | 1:47.95 | 1:41.17 | 3:24.39 |
| 135 | Marta Matos Laranjeira     | 2008 Fisica Torres Vedras         | <b>930</b> | 1:22.90 | 1:36.96 | 1:46.09 | 1:52.06 | 3:25.48 |
| 136 | Sofia Neto Ferreira        | 2008 Fundacao Beatriz Santos      | <b>926</b> | 1:23.77 | 1:36.36 | 1:56.99 | 1:44.21 | 3:18.57 |
| 137 | Maria Madalena Monteiro    | 2008 Gualdim Pais                 | <b>919</b> | 1:25.40 | 1:39.07 | 1:49.43 | 1:47.39 | 3:19.13 |
| 138 | Mafalda Monteiro Araujo    | 2008 Leixoes                      | <b>910</b> | 1:29.05 | 1:33.74 | 1:48.12 | 1:49.18 | 3:23.88 |
| 139 | Joana Cabral e Silva       | 2008 FC Ferreiras/AlgarExperience | <b>909</b> | 1:25.01 | 1:36.06 | 1:49.67 | 1:45.25 | 3:30.82 |
| 140 | Beatriz Helena Cardoso     | 2008 Fluvial Portuense            | <b>902</b> | 1:23.32 | 1:42.36 | 1:55.80 | 1:39.49 | 3:25.85 |
| 141 | Erica Ferreira Barros      | 2008 Aquatico Pacense             | <b>899</b> | 1:28.35 | 1:37.69 | 1:45.40 | 1:50.53 | 3:24.53 |
| 142 | Leonor Aguiar Oliveira     | 2008 Naval Povoense               | <b>898</b> | 1:24.86 | 1:33.65 | 1:55.65 | 1:45.18 | 3:30.35 |
| 143 | Beatriz Pereira Fernandes  | 2008 Braga                        | <b>896</b> | 1:22.84 | 1:48.54 | 1:39.69 | 1:52.34 | 3:33.81 |
| 144 | Kayla Ferreira Guerrilhas  | 2008 Portinado                    | <b>890</b> | 1:31.42 | 1:35.17 | 1:46.40 | 1:43.97 | 3:33.29 |
| 145 | Mariana Vieira Santos      | 2008 Foca Quinta da Lixa CNF      | <b>888</b> | 1:26.10 | 1:39.06 | 1:54.10 | 1:43.41 | 3:25.20 |
| 146 | Margarida Maria Luiz       | 2008 Lagoa Academico Clube        | <b>884</b> | 1:31.30 | 1:38.25 | 1:49.68 | 1:41.64 | 3:26.52 |
| 147 | Sara Rothes Ganco          | 2008 Fluvial Portuense            | <b>883</b> | 1:23.30 | 1:37.88 | 2:06.67 | 1:37.50 | 3:30.68 |
| 148 | Mariana Medeiros Silva     | 2008 Naval da Horta               | <b>882</b> | 1:26.11 | 1:35.66 | 1:49.80 | 1:52.01 | 3:29.54 |
| 149 | Matilde Andre Luis         | 2008 Alcobaca                     | <b>881</b> | 1:25.81 | 1:36.45 | 1:54.32 | 1:47.59 | 3:26.95 |
| 150 | Carlota Pereira Sousa      | 2008 Viver Santarem               | <b>880</b> | 1:26.90 | 1:39.12 | 1:51.08 | 1:48.93 | 3:23.73 |
| 151 | Laura Sofia Morais         | 2008 Naval Praia da Vitoria       | <b>877</b> | 1:26.41 | 1:38.77 | 1:50.93 | 1:44.86 | 3:31.51 |
| 152 | Ines Serralheiro Santos    | 2008 Columbofila Cantanhedense    | <b>872</b> | 1:26.96 | 1:35.97 | 1:51.07 | 1:49.41 | 3:31.00 |
| 153 | Rafaela Filipa Matos       | 2008 Leixoes                      | <b>871</b> | 1:23.91 | 1:38.77 | 1:58.82 | 1:45.22 | 3:27.41 |
| 154 | Leonor Silva Soares        | 2008 Desportivo Nacional          | <b>862</b> | 1:30.04 | 1:36.89 | 1:49.84 | 1:51.39 | 3:25.88 |
| 155 | Maria Miguel Resende       | 2008 Estarreja                    | <b>858</b> | 1:29.35 | 1:36.20 | 1:54.12 | 1:45.89 | 3:30.42 |
| 156 | Sofia Lopes Castanheiro    | 2008 Gualdim Pais                 | <b>852</b> | 1:30.81 | 1:38.68 | 1:49.55 | 1:51.37 | 3:25.28 |
| 157 | Joana Cartaxo Borralho     | 2008 Estremoz / Estremozcarnes    | <b>848</b> | 1:27.43 | 1:45.40 | 1:45.10 | 1:55.42 | 3:26.98 |
| 158 | Rita Ferreira Gouveia      | 2008 Natacao da Maia              | <b>842</b> | 1:30.25 | 1:39.24 | 1:48.01 | 1:52.28 | 3:30.70 |
| 159 | Ines Maria Reis            | 2008 Lousada SXXI                 | <b>832</b> | 1:28.24 | 1:39.46 | 1:56.36 | 1:47.27 | 3:29.97 |
| 160 | Maria Gabriela Rangel      | 2008 Fundacao Beatriz Santos      | <b>830</b> | 1:23.91 | 1:38.44 | 2:00.37 | 1:56.36 | 3:28.17 |
| 161 | Barbara Alexandra Rego     | 2008 BUZIOS-Coruche               | <b>827</b> | 1:21.60 | 1:37.80 | 2:09.09 | 1:51.48 | 3:33.03 |
| 162 | Ana Carolina Moreira       | 2008 Sporting de Espinho          | <b>817</b> | 1:22.89 | 1:40.17 | 1:57.76 | 1:55.97 | 3:36.26 |
| 163 | Lara Peixoto Miranda       | 2008 Foca Quinta da Lixa CNF      | <b>814</b> | 1:29.51 | 1:41.70 | 1:54.10 | 1:46.98 | 3:34.22 |
| 164 | Joana Vale Guimaraes       | 2008 Natacao de Valongo           | <b>809</b> | 1:28.58 | 1:38.95 | 1:51.16 | 2:00.36 | 3:33.31 |
| 165 | Constanca Torre Lima       | 2008 Desportiva de Viana          | <b>807</b> | 1:26.31 | 1:36.53 | 2:01.85 | 1:51.92 | 3:37.59 |
| 166 | Vitoria Maria Rocha        | 2008 Juventude Atlantico          | <b>806</b> | 1:32.23 | 1:41.41 | 1:50.25 | 1:55.34 | 3:28.17 |
| 167 | Constanca Mendes Silva     | 2008 Alcobaca                     | <b>799</b> | 1:30.80 | 1:34.70 | 1:54.79 | 1:57.33 | 3:38.08 |
| 168 | Barbara Candido Rodrigues  | 2008 Pimpoes/Cimai                | <b>797</b> | 1:28.14 | 1:34.61 | 1:59.26 | 1:55.25 | 3:40.84 |
| 169 | Matilde Dias Moreira       | 2008 Aquatico Pacense             | <b>796</b> | 1:26.34 | 1:44.60 | 1:50.75 | 2:00.74 | 3:34.08 |
| 170 | Maria Goncalves Dias       | 2008 Fluvial Portuense            | <b>787</b> | 1:31.02 | 1:40.67 | 1:52.77 | 1:49.08 | 3:43.17 |
| 171 | Francisca Peixoto Oliveira | 2008 Alcobaca                     | <b>779</b> | 1:35.18 | 1:43.61 | 1:48.32 | 1:52.65 | 3:35.54 |
| 172 | Mariana Catarina Gomes     | 2008 Colegio SMLamas              | <b>768</b> | 1:33.41 | 1:39.11 | 1:54.97 | 1:56.84 | 3:35.29 |
| 173 | Renata Heitor Lopes        | 2008 Alcobaca                     | <b>757</b> | 1:34.98 | 1:46.00 | 1:50.51 | 1:49.03 | 3:41.51 |
| 174 | Carolina Isaias Raimundo   | 2008 Atletico Montemor            | <b>755</b> | 1:29.26 | 1:47.56 | 1:52.13 | 1:56.14 | 3:40.10 |
| 175 | Stefania Cosmina Chitic    | 2008 Elvense                      | <b>752</b> | 1:32.13 | 1:43.78 | 1:51.33 | 1:57.76 | 3:40.95 |
| 176 | Eva Antonio Frade          | 2008 Nucleo de Pombal             | <b>750</b> | 1:31.18 | 1:41.63 | 1:57.94 | 1:55.97 | 3:38.19 |
| 177 | Barbara Castro Barbosa     | 2008 Sporting de Espinho          | <b>746</b> | 1:36.50 | 1:45.38 | 1:51.27 | 1:52.65 | 3:37.92 |
| 178 | Ema Passos Batista         | 2008 Tubaroes de Gaia             | <b>746</b> | 1:30.14 | 1:47.55 | 1:55.97 | 1:53.84 | 3:37.65 |
| 179 | Maria Pinho Coelho         | 2008 Aquatico Pacense             | <b>738</b> | 1:36.33 | 1:41.62 | 1:57.85 | 1:48.26 | 3:42.87 |

|     |                             |                                  |            |         |         |         |         |         |
|-----|-----------------------------|----------------------------------|------------|---------|---------|---------|---------|---------|
| 180 | Maria Sofia Carapau         | 2008 Torres Novas                | <b>733</b> | 1:30.41 | 1:47.82 | 1:53.07 | 2:00.00 | 3:40.18 |
| 181 | Lara Santos Pereira         | 2008 Natacao de Valongo          | <b>731</b> | 1:33.19 | 1:41.44 | 1:59.59 | 1:58.71 | 3:36.45 |
| 182 | Daniela Santos Carrilho     | 2008 CLAC-Entroncamento          | <b>724</b> | 1:35.84 | 1:46.73 | 1:50.44 | 1:59.89 | 3:40.34 |
| 183 | Marta Matias Lopes          | 2008 Natacao do Fundao           | <b>719</b> | 1:27.39 | 1:41.81 | 1:58.49 | 2:11.06 | 3:46.43 |
| 184 | Beatriz Farinha Domingues   | 2008 CCDSerta                    | <b>710</b> | 1:31.43 | 1:44.91 | 1:57.80 | 1:54.24 | 3:52.78 |
| 185 | Leonor Cota Sousa           | 2008 Nucleo Sporting da Terceira | <b>704</b> | 1:29.16 | 1:48.37 | 2:00.74 | 2:01.91 | 3:40.31 |
| 186 | Mafalda Sa Lopes            | 2008 Torres Novas                | <b>703</b> | 1:30.53 | 1:48.16 | 1:56.15 | 2:03.02 | 3:44.40 |
| 187 | Maria Rita Bento            | 2008 Galitos / Bresimar          | <b>701</b> | 1:34.31 | 1:42.19 | 1:55.44 | 2:07.63 | 3:44.75 |
| 188 | Rafaela Barbosa Lopes       | 2008 Braga                       | <b>700</b> | 1:28.73 | 1:54.44 | 1:56.65 | 1:57.22 | 3:46.75 |
| 189 | Camila Marques Luis         | 2008 Torres Novas                | <b>699</b> | 1:33.88 | 1:51.34 | 1:57.79 | 1:47.70 | 3:50.36 |
| 190 | Leonor Pereira Rocha        | 2008 Sporting de Espinho         | <b>698</b> | 1:39.00 | 1:50.11 | 1:47.56 | 2:01.32 | 3:44.50 |
| 191 | Leonor Rocha Nunes          | 2008 Alcabastrense               | <b>691</b> | 1:34.66 | 1:44.23 | 2:02.84 | 1:58.03 | 3:41.65 |
| 192 | Luana Ferreira Sousa        | 2008 Alcobaca                    | <b>677</b> | 1:34.57 | 1:46.80 | 2:07.42 | 1:53.98 | 3:41.96 |
| 193 | Joana Isabel Ricardo        | 2008 Litoral Alentejano          | <b>670</b> | 1:38.83 | 1:47.94 | 2:03.95 | 1:54.46 | 3:39.08 |
| 194 | Margarida Jesus Alves       | 2008 Desportivo Nacional         | <b>663</b> | 1:41.77 | 1:43.27 | 2:05.15 | 1:55.00 | 3:43.40 |
| 195 | Renata Santos Monteiro      | 2008 Obidos Criativa             | <b>663</b> | 1:33.20 | 1:45.65 | 2:04.21 | 2:02.62 | 3:48.30 |
| 196 | Rafaela Pinto Lopes         | 2008 Desportivo Mora             | <b>656</b> | 1:36.83 | 1:50.46 | 2:00.67 | 1:55.66 | 3:48.76 |
| 197 | Ines Martinho Santos        | 2008 Alcabastrense               | <b>637</b> | 1:38.79 | 1:51.30 | 1:57.47 | 1:57.37 | 3:56.38 |
| 198 | Matilde Monteiro Neves      | 2008 Nucleo de Pombal            | <b>637</b> | 1:35.28 | 1:50.34 | 2:00.45 | 2:05.90 | 3:50.37 |
| 199 | Maria Correia Botelho       | 2008 Bombeiros Ponta Delgada     | <b>629</b> | 1:33.40 | 1:51.22 | 2:01.71 | 2:13.28 | 3:48.56 |
| 200 | Rita Isabel Neves           | 2008 CASPAE                      | <b>627</b> | 1:35.03 | 1:46.31 | 2:02.29 | 2:08.56 | 3:57.60 |
| 201 | Maria Margarida Vieira      | 2008 Naval da Horta              | <b>623</b> | 1:32.39 | 1:46.17 | 2:20.64 | 1:58.64 | 3:54.66 |
| 202 | Margarida Sousa Luis        | 2008 Torres Novas                | <b>622</b> | 1:34.91 | 1:48.87 | 2:02.29 | 2:16.70 | 3:49.16 |
| 203 | Maria Antonia Toste         | 2008 Nucleo Sporting da Terceira | <b>615</b> | 1:38.30 | 1:49.96 | 2:02.26 | 2:07.07 | 3:51.06 |
| 204 | Claudia Fale Silva          | 2008 Atletico Montemor           | <b>608</b> | 1:38.02 | 1:50.48 | 2:02.94 | 2:04.96 | 3:55.26 |
| 205 | Rita Fernandes Rocha        | 2008 Aquatico Pacense            | <b>562</b> | 1:44.02 | 1:48.33 | 2:05.45 | 2:12.39 | 4:02.29 |
| 206 | Sofia Rita Arsenio          | 2008 BUZIOS-Coruche              | <b>550</b> | 1:38.22 | 1:51.60 | 2:13.30 | 2:09.53 | 4:05.17 |
| 207 | Carolina Bispo Pires        | 2008 Alcabastrense               | <b>537</b> | 1:42.20 | 1:54.14 | 2:09.06 | 2:09.92 | 4:05.76 |
| 208 | Constanca Carneiro Ferreira | 2008 O Crasto                    | <b>486</b> | 1:57.72 | 1:53.41 | 2:10.04 | 2:14.18 | 4:08.44 |
| 209 | Mariana Ferreira Moita      | 2008 Torres Novas                | <b>473</b> | 1:44.70 | 2:09.42 | 2:06.88 | 2:10.79 | 4:24.53 |