

# GEORGE INTZES

## *Water Polo Coach*

Date of Birth: 26/11/1980

Nationality: Greek

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### *Work Experience*

Sep 2023-present	<b>Nireas Geraka</b> (Greece) Head Coach Men's Team
Sep 2020 – July 2023	<b>Nireas Chalandriou</b> (Greece) Head Coach Men's Team Head Coach U19 Boys Team
June 2020-May 2023	<b>Seawolf water polo club</b> (New Zealand) Video analysis Coach
Sep 2019– Jun 2020	<b>Alkionis AC Water Polo</b> (Greece) Technical Director Head Coach Men's Team
Sep 2017– Jun 2019	<b>Apollon GS Water Polo</b> (Greece) Technical Director – Junior Teams Head Coach U19 Boys Team Assistant Coach Men's Team
Sep 2016– Jul 2017	<b>Triton AC Water Polo</b> (Greece) Head Coach Women's Team Head Coach U17 & U15 Girls' Team
Oct 2014– Jul 2016	<b>French Swimming Federation (France)</b> Head Coach National Team U17 & U19 Girls Assistant Coach Women's National Team
Sep 2014– Jun 2016	<b>Olympic Nice Natation</b> (France) Head Coach Women's Team Head Coach U15/U17 Girls' Team
Sep 2009– Jul 2014	<b>Vouliagmeni Nautical club</b> (Greece) Head Coach U12 & U14 Boys' Team

Sep 2007– Jul 2009	<b>Nireas Geraka AC Water Polo</b> (Greece) Assistant Coach Men's Team Head Coach U14 Boys Team
Sep 2003– Jul 2007	<b>Ilissiakos AC Water Polo</b> (Greece) Head Coach Women's Team Assistant Coach Men's Team Head Coach U17 & U15 Boy's Team
May 2002– Jul 2003	<b>Athinna Water Polo Academy</b> Water Polo Academy Coach
Sep 2001– Jul 2002	<b>Larnaka Nautical club</b> (Cyprus) Assistant Coach Men's Team

### **Business Activity**

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Jan 2020	<b>Athinna Swimming center II</b> Sport complex with Swimming Pool / Gym / Pilates room Co-founder & General director
Mar 2008	<b>Aqua Life Sport &amp; Health Center</b> Sport Complex with 3 Swimming Pools / Gym / Football / Pilates / Yoga Co-founder & Coordinator of Aquatic Sports
Mar 2002	<b>Athinna Swimming center</b> Swimming complex with 2 Swimming Pools /outdoor gym Co-founder & Operations Director

### **Education**

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December 2020:	Certificate in Leadership Principles. Harvard Business School Online
November 2020:	Certificate in 'Coaching High Level Athletes'. Aegean Greek University
August 2019:	Certificate in Coaching Others to Coach The Open University
September 2005:	Official governmental diploma 'water polo Coach' General Secretariat of Sports in Greece
May 2004:	Bachelor's degree diploma in 'Physical Education and Sports Science' National & Kapodisrtriako University of Athens.
June 2000:	College degree diploma in 'sport training & coaching ' Public Sport college of Athens
June 1998:	General High School diploma

## Volunteer Work Experience

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Sep 2019	LEN Women's European Junior Championships
Sep 2017	<b>12<sup>th</sup> FINA</b> world Men's Junior water polo championship
Aug 2015	<b>11<sup>th</sup> FINA</b> world Women's Junior water polo championship
Sep 2011	<b>16<sup>th</sup> FINA</b> world Men's Junior water polo championship
Aug 2004	ATHENS 2004 <b>Olympic Games</b>

## Key Achievements

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Nireas Chalandriou	<b>2<sup>rd</sup> place</b> at Greek National A2 men Championship & promotion to A1 league <b>3<sup>rd</sup> place</b> at Greek National A2 men Championship
Apollon G.S	<b>3<sup>rd</sup> place</b> in Greek A1 Men's National Championship & qualified for <b>Champions League</b> ( <i>first time in history of club</i> ) <b>3<sup>rd</sup> place</b> at Greek National Championship men U19 ( <i>first time in history</i> ) <b>6<sup>th</sup> place</b> in Greek A1 Men's National Championship ( <i>first time in history</i> )
Olympic Nice Natation	<b>1<sup>st</sup> place</b> at French women's National Championship U17 (first time in history) <b>1<sup>st</sup> place</b> at French women's National Championship N1 & Promoted to ProA <b>2<sup>nd</sup> place</b> at French women's U17 National Championship (first time in history) <b>3<sup>rd</sup> place</b> at the French women's national Cup <b>3<sup>rd</sup> place</b> at the French women's National championship U15 (first in history) <b>4<sup>th</sup> place</b> at the French women's National championship PRO A
French National Team	<b>1<sup>st</sup> place</b> at qualifications for the Baku 2015 1 <sup>st</sup> European Games Participation at <b>Baku 2015 1<sup>st</sup> European Games</b> Participation at <b>2015 FINA Women's water polo World League</b> Participation at <b>2016 FINA Women's water polo World League</b>
Vouliagmeni N.C	<b>2 times 1<sup>st</sup> place</b> in Greek National Championship boys U12 <b>2<sup>nd</sup> place</b> at Greek National Championship boys U12 <b>1<sup>st</sup> place</b> at HABA WABA (ITALY) international tournament boys U11 <b>2<sup>nd</sup> place</b> TOMO UDOVICIC (CROATIA) international tournament boys U13 <b>3<sup>rd</sup> place</b> HABA WABA (ITALY) international tournament boys U11
Nireas Geraka A.C	<b>4<sup>th</sup> place</b> in Greek men National Championship boys U14 ( <i>first time in history</i> ) <b>5<sup>th</sup> place</b> at Greek National men's Championship A2 ( <i>first time in history of club</i> )
Ilisiakos S.C	<b>1<sup>st</sup> place</b> at Greek women's National Championship A2 & Promoted to A1 <b>1<sup>st</sup> place</b> Greek women's National Championship B & promoted to A2 <b>5<sup>th</sup> place</b> Greek National Championship boys U16 ( <i>first time in history of club</i> )

## ***Certificates***

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Basic First aids & Adult/Child/Infant CPR  
Free diver - Level 2  
Scuba diving - Divemaster Diploma  
Scuba diving -Rescue Diver  
Lifeguard Instructor Diploma  
Professional Lifeguard Diploma

## ***Languages***

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English: Fluent oral and written knowledge  
French: Fluent oral and written knowledge  
Italian: Very beginning  
Greek: Native Language

## ***Personal Skills***

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Leadership/coaching  
Communication/Cooperation  
Presentation athletic skills development  
Management/Coordination  
Strategic planning/Research  
Very good general knowledge in sports

## ***Computer Skills***

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Word, Excel, PowerPoint, Internet/Social Media