



## COMUNICADO Nº 26-11

14/09/2011

### ÍNDICE

1. NATAÇÃO PURA
2. ÁGUAS ABERTAS
3. NATAÇÃO SINCRONIZADA
4. FORMAÇÃO
5. NOVAS FILIAÇÕES
6. RECORDES HOMOLOGADOS

### 1. NATAÇÃO PURA

#### a) *Campeonatos do Mundo de Juniores, Lima (PER) 16/21 Agosto 2011 (50m)*

Participaram 58 Países

16/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
50 B	14 (43)	Ana Rodrigues	00:33,04	
	13	Ana Rodrigues	00:32,98	Semi-final
400 E	17 (33)	Victoria Kaminskaya	05:01,95	00:32,06-01:07,43
100 C	22 (42)	Cátia Martinheira	01:05,99	00:31,16

17/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
800 L	21 (31)	Angélica André	09:14,11	01:04,02-02:12,67-04:30,42

18/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
100 B	23 (43)	Ana Rodrigues	01:13,81	00:34,68
200 C	14 (32)	Cátia Martinheira	02:17,98	00:32,18-01:07,08



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09/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
50 C	19 (40)	Cátia Martinheira	00:30,62	
400 L	22 (41)	Angélica André	04:26,87	00:30,08-01:02,15-02:09,44
200 E	18 (40)	Victoria Kaminskaya	02:22,15	00:30,51

20/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
50 L	31 (54)	Ana Rodrigues	00:27,53	
1500 L	12 (24)	Angélica André	17:03,68	01:04,57-02:12,01-04:28,23-09:00,90

20/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
200 B	11 (38)	Victoria Kaminskaya	02:33,18	00:35,78-01:14,83
	24 (38)	Ana Rodrigues	02:42,13	00:35,53-01:16,16

**b) XXVI Universíadas de Verão, Shenzhen (China), 14 a 19 de Agosto de 2011 (50m)**

Participaram 60 Países

14/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
200 M	09 (41)	Pedro D. Oliveira	01:58,50	00:26,66-00:57,02
	20 (41)	Nuno Quintanilha	02:00,29	00:26,89-00:57,37
200 C	21 (32)	Pedro D. Oliveira	02:04,16	00:29,21-01:00,17

15/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
100 C	29 (46)	Pedro D. Oliveira	00:57,81	00:27,95





17/08/11

PROVA	CLASS.	PRATICANTE	TEMPO	PARCIAIS / OBSERVAÇÕES
100 M	33 (59)	Pedro D. Oliveira	00:55,80	00:26,02
	39 (59)	Nuno Quintanilha	00:56,15	00:25,91

## 2. ÁGUAS ABERTAS

### a) Campeonato Europeu de Juniores, Navia (ESP), 13 Agosto 2011

Participaram 19 Países em Masculinos e 15 em Femininos

PROVA	CLASS.	PRATICANTE	TEMPO
5 Km Masc.	29º(41)	Paulo Dias	00.59.09.0
5 Km Masc.	31º(41)	André Marinho	00.59.13.1
5 Km Masc.	39º(41)	Tiago Oliveira	01.01.41.4

PROVA	CLASS.	PRATICANTE	TEMPO
5 Km Fem.	27º(33)	Marta Saraiva	01.05.33.3
5 Km Fem.	29º(33)	Leonor Neves	01.06.18.2
5 Km Fem.	32º(33)	Cassandra Oliveira	01.11.05.6

PROVA	CLASS.	PAIS	TEMPO
3Km	10º (12)	Portugal	00.34.58.9

### b) London 10 Km Marathon Swimming International, London (GB), 13 Agosto 2011

Participaram 14 Países

PROVA	CLASS.	PRATICANTE	TEMPO
10 Km Masc.	14º(18)	Arseniy Lavrentyev	01.58.23.5



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Moradia Complexo do Jamor, Estrada da Costa, 1495-688 Cruz Quebrada

+351 21 415 81 90/91

+351 21 419 17 39

secretaria@fnatacao.pt





### c) Campeonato Europeu Absoluto, Eilat (ISR), 07/11 Setembro 2011

Participaram 16 Países em Masculinos e 17 em Femininos

**07/09/11**

PROVA	CLASS.	PRATICANTE	TEMPO
10 Km Masc.	18º(31)	Vasco Gaspar	01.53.43.4
10 Km Masc.	25º(31)	Arseniy Lavrentyev	01.55.03.3
10 Km Masc.	26º(31)	Hugo Ribeiro	01.57.09.5
10 Km Fem.	20º(25)	Daniela Pinto	02.07.22.1

**10/09/11**

PROVA	CLASS.	PRATICANTE	TEMPO
5 Km Masc.	18º(28)	Vasco Gaspar	00.57.10.3

**11/09/11**

PROVA	CLASS.	PRATICANTE	TEMPO
25 Km Masc.	6º(20)	Arseniy Lavrentyev	05.08.23.9
25 Km Masc.	17º(20)	Hugo Ribeiro	05.14.14.9
25 Km Fem.	6ª(13)	Daniela Pinto	05.26.50.0

### 3. NATAÇÃO SINCRONIZADA

Junto se anexa informação recebida na FPN, sobre o Meeting Internacional "Christmas Prize Prague 2011".

### 4. FORMAÇÃO

#### Equivalências

Maria Leonor Henriques da Luz – Treinadora de Grau I de Natação Pura / Monitora de Natação  
 Sónia de Oliveira Vilar – Treinadora de Grau III de Natação Pura – Treinadora Sénior  
 Vítor Miguel Freitas Santos – Treinador de Grau I de Natação Pura / Monitor de Natação





## 5. NOVAS FILIAÇÕES

Foram aprovadas em 13/09/2011, as seguintes novas filiações:

- **Clube de Natação de Vagos** (através da ANA)
- **OvarSincro – Clube de Natação** (através da ANA)
- **Centro Cultural e Recreativo Fontainhas – Graíño** (através da ANDS.)

## 6. RECORDES HOMOLOGADOS

### a) *Natação Pura*

Piscina de 50m

DATA	PROVA / CTG.	PRATICANTE	TEMPO	CLUBE	LOCAL
04/08/11	4x200 L-C JUV	Beatriz Craveiro	09.04,30	CNAC	Póvoa Varzim
		Andreia Morgado			
		Beatriz Matos			
		Matilde Gameiro			
04/08/11	4x200 L-C JUV B	Ricardo Alves	08.15,48	VNC	Póvoa Varzim
		Tiago Meira			
		António Vitorino			
		Miguel Santos			
04/08/11	50 C JUN	Cátia Martinheira	00.30,57	LDC	Póvoa Varzim
04/08/11	200 L JUV	Filipa Ruivo	02.09,75	DNMG	Póvoa Varzim
05/08/11	4x100 L-C JUV B	Miguel Alves	03.46,74	ANAM	Póvoa Varzim
		Rafael Nunes			
		Sérgio Silva			
		João Santos			
05/08/11	4x100 L-C JUV	Daniela Metelo	04.10,72	CNAC	Póvoa Varzim
		Beatriz Craveiro			
		Andreia Morgado			
		Beatriz Matos			



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07/08/11	4x100 E-C JUN	M <sup>a</sup> Luís Amorim	04.26,70	FCP	Póvoa Varzim
		Paula Oliveira			
		Sílvia Soares			
		Ana Neto			
07/08/11	4x100 E-C SEN/ABS	Pedro Oliveira	03.46,65	CNA	Póvoa Varzim
		Carlos Almeida			
		Simão Morgado			
		João Gigante			
18/08/11	200 C JUN	Cátia Martinheira	02.17,98	FPN	Lima

### b) Masters

#### Piscina de 50m

DATA	PROVA / ESC.	PRATICANTE	TEMPO	CLUBE	LOCAL
30/07/11	50 L – F	Paulo P. Carvalho	00.27,62	SFUAP	Aldershot (GBR)
30/07/11	200 L – F	Paulo P. Carvalho	02.14,80	SFUAP	Aldershot (GBR)
30/07/11	100 C – F	Paulo P. Carvalho	01.12,68	SFUAP	Aldershot (GBR)
30/07/11	50 M – F	Paulo P. Carvalho	00.30,61	SFUAP	Aldershot (GBR)
30/07/11	100 M – F	Paulo P. Carvalho	01.12,00	SFUAP	Aldershot (GBR)

Pela FPN

Paulo Frischknecht  
Presidente



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+351 21 415 81 90/91

+351 21 419 17 39

secretaria@fnatacao.pt



# **CHRISTMAS PRIZE PRAGUE 2011**

## **30<sup>th</sup> International Meeting in Synchronized Swimming**



**2. – 4. 12. 2011**  
**Prague, Czech Republic**

**Organizer: Czech Swimming Federation and  
SK Neptun Prague**

**Observer: TBD**

# Schedule

## A) General Conditions

1. ORGANIZER Czech Swimming Federation and SK Neptun Prague  
Director: Kateřina Vostárková  
Referee: Jana Vidlařová  
General Secretary: Květa Ptáková  
Results: Ondřej Cibulka  
Observer: TBD
2. DATE **2. – 4. 12. 2011**
3. PLACE Hloubětínská 80, 198 00 Prague 9 - Hloubětín, Czech Republic  
25 m indoor pool
4. ENTRIES Preliminary entry, reservation of accommodation  
**14. 10. 2011**  
Final entries, payment for the accommodation, travel form, fee  
**27. 10. 2011**  
Květa Ptáková, U Slovanky 9, 182 00 Prague 8, Czech Republic  
E-mail [K.Ptakova@seznam.cz](mailto:K.Ptakova@seznam.cz)
5. DRAW Draw of start list for figures (age group 13,14,15) will be on 21. 11. 2011  
at 18:00  
Place: Prague 9 - Hloubětín, Hloubětínská 80  
Draw of start list for technical and free routines seniors and free  
combination age group 13,14,15 will be on 2. 12. 2011 on technical  
meeting  
Place: Prague 9 - Hloubětín, Hloubětínská 80  
Draw of start list for free routines (solos, duets, teams)  
age group 13,14,15 will be on 3.12. 2011 morning at swimming pool  
Place: Prague 9 - Hloubětín, Hloubětínská 80  
Draw of figures for age group 13, 14, 15 will be on 30.11. 2011 at 14:00  
Place: Prague 9 - Hloubětín, Hloubětínská 80.  
Tel.: +420 603 484 610 – J. Vidlařová (English speaking)  
+420 607 749 576 – K. Ptáková (**only Czech speaking**)  
The final entry will be confirmed by e-mail. If you don't get an e-mail,  
please send your entry form again.
6. ENTRY FEES 700 CZK/ competitor  
Each club must bring judges:  
1 - 5 competitors.....1 judge  
6 and more competitors.....2 judges
7. INFORMATION ABOUT COMPETITION  
Tel.: +420 603 484 610 – J. Vidlařová (English speaking)  
+420 607 749 576 – K.Ptáková (**only Czech speaking**)  
E-mail: [K.Ptakova@seznam.cz](mailto:K.Ptakova@seznam.cz)  
[www.skneptun.cz/soutvanoc11.php](http://www.skneptun.cz/soutvanoc11.php)



## **B) Technical Conditions**

### 1. CONDITIONS FOR ENTRY

Each club or national team can compete with:

Age group 13, 14, 15 - 12 athletes, 1 solo, 2 duets, 1 team, 1 free combination

Seniors – 12 athletes, 2 solos, 2 duets, 1 free combination

Organizer may compete with more athletes and routines.

Due to lack of capacity of the swimming pool there can compete only 300 competitors (including both categories). Your entry forms will be entered to the competition according to the date of delivered payment receipt.

### 2. DISCIPLINES

**Age group 13, 14, 15** – competitors born 1996 - 1999

Figures (according to FINA rules 2009 – 2013)		100%
Free routines:		
Solo	2:30 min ± 15 sec	100%
Duet	3:00 min ± 15 sec	100%
Team	3:30 min ± 15 sec	100 %
Free combination	4:00 min ±15 sec	100%

**There is NO final!!!**

**Seniors** – according to FINA rules

Technical routines (**required elements category A according to FINA rules 2009 – 2013**)

	Solo	2:00 min ± 15 sec	100%
	Duet	2:20 min ± 15 sec	100%
Free routines:	Solo	3:00 min ± 15 sec	100%
	Duet	3:30 min ± 15 sec	100%
	Free combination	4:30 ± 15 sec	100%

**There is NO final!!!**

You can start in technical routines or in free routines or both.

3. DRESS According to FINA rules 2009 - 2013

4. PROTEST According to FINA rules 2009 - 2013

5. PRIZES First, second and third places will get medals and diplomas.  
Awarded will be first three solos, duets, teams and combinations regardless the club or nationality.

6. MUSIC CD

## **C) Preliminary Time Schedule**

Friday	2. 12. 2011	12:00 – 21:00	Technical and judges meeting Disciplines: Age group 13, 14, 15 figures
Saturday	3. 12. 2011	7:00 – 20:00	Disciplines: Technical routines solos Free routines duets (age group 13, 14, 15) Free routines solos (seniors) Free routines teams (age group 13, 14, 15)
Sunday	4. 12. 2011	7:00 – 19:00	Disciplines: Free routines duets (seniors) Free routines solos (age group 13, 14, 15) Technical routines duets Free combination (age group 13, 14, 15, seniors)

Timetable of the competition will be known after the final number of the competitors.

Timetable can be changed during the competition.

## **D) Accommodation organized by SK Neptun Prague**

### Hotel 3 stars:

Two double or triple room /WC, bathroom or two - five bed room/WC, bathroom  
500 CZK/ 1 night/ person with breakfast  
650 CZK/ 1 night/ person with half board

### Hotel 4 stars:

1/1 with breakfast 1350 CZK/1night/room  
1/2 with breakfast 1500 CZK/1night/room  
1/3 with breakfast 2200 CZK/1night/room  
1/1 with half board 1650 CZK/1night/room (no drinks)  
1/2 with half board 2200 CZK/1night/room (no drinks)  
1/3 with half board 3200 CZK/1night/room (no drinks)

The accommodation needs to be paid by bank transfer until **OCTOBER 27<sup>th</sup>, 2010**.

Account holder: SK Neptun Praha, Hloubětínská 80, 198 00 Prague 9, Czech Republic  
IBAN CZ83 0300 0000 0001 6284 7335  
BIC CEKOCZPP

Name of the bank: ČSOB, Na Příkopě 854/14, 115 20 Prague 1, Czech Republic

Copy of the transfer please send **immediately after the payment** to fax number +420272700660 or to e-mail K.Ptakova@seznam.cz, **your accommodation will be definitely booked after delivery of copy of payment transfer.**

### **Later requirement may not be accepted!**

**Refunds: forfeit (only with medical certificate)**

<b>until 5.11.2011</b>	<b>50%</b>
<b>after 5.11.2011</b>	<b>0%</b>

## **E) Transport from and to the station**

According to the car transfer through Prague we recommend use public transport to get to the hotel or swimming pool from the airport, coach and train station. The best way is to take metro (32 CZK per person per 90 min, children till 15 years only 16 CZK). In that time you can reach the swimming pool, airport, train station... The swimming pool and all hotels are situated near line B (yellow).

If asked we can arrange the transport from the airport to the hotel, or to the swimming pool and back with small bus (price cca: 1 – 4 persons 1100 CZK, 5 – 8 persons 1600 CZK, 9 - 16 persons 3200 CZK, 17 – 20 persons 4300 CZK, 21- 33 persons 6400 CZK, 34 – 53 persons 7400 CZK).

Payment in cash by arrival.

## **F) Local Travelling**

We will not arrange any because the hotels are very close to the swimming pool.

## **G) Visas**

If you need visas to enter the Czech Republic please send us ASAP the request.

# Christmas Prize 2011 – Preliminary Entry

Please delivery latest till 14. 10. 2011 to e-mail K.Ptakova@seznam.cz

Federation/Club:.....

Address:.....

Phone:.....Fax:.....E-mail:.....

## Seniors:

Number of competitors:

Technical Solo	1	2
Free Solo	1	2
Technical Duet	1	2
Free Duet	1	2
Combination	1	

## Age group 13, 14, 15:

Number of competitors:

Figures: NO YES, number of competitors:

Solo	1	
Duet	1	2
Team	1	
Combination	1	

## Number of judges:

Total number of persons:

Male:

Female:

## Preliminary reservation of accommodation (final reservation after payment)

### Hotel – 3 stars

With breakfast	Number of Persons	women/men	Number of nights	From:	To:
With half board	Number of Persons	women/men	Number of nights	From:	To:

### Hotel – 4 stars

1/1 with breakfast,	Number of rooms	Number of nights	From:	To:
1/2 with breakfast,	Number of rooms	Number of nights	From:	To:
1/3 with breakfast,	Number of rooms	Number of nights	From:	To:
1/1 with half board,	Number of rooms	Number of nights	From:	To:
1/2 with half board,	Number of rooms	Number of nights	From:	To:
1/3 with half board,	Number of rooms	Number of nights	From:	To:

Date .....

Signature .....

## Christmas Prize - Prague 2. - 4. 12. 2011

**FEE**

**to send by e-mail before 27. 10. 2011**

to e-mail K.Ptakova@seznam.cz

Copy of the transfer please send after the payment to fax number +420272700660 or to e-mail K.Ptakova@seznam.cz

**Your accommodation will be definitely booked after delivery of copy of payment transfer.**

<b>Hotel - 3 stars</b>				
with breakfast	500 CZK/pers./night	number of persons	number of nights	CZK
with half board	650 CZK/pers./night	number of persons	number of nights	CZK
<b>Hotel - 4 stars</b>				
1/1 with breakfast	1350 CZK/room/night	number of rooms	number of nights	CZK
1/2 with breakfast	1500 CZK/room/night	number of rooms	number of nights	CZK
1/3 with breakfast	2200 CZK/room/night	number of rooms	number of nights	CZK
1/1 with half board	1650 CZK/room/night	number of rooms	number of nights	CZK
1/2 with half board	2200 CZK/room/night	number of rooms	number of nights	CZK
1/3 with half board	3200 CZK/room/night	number of rooms	number of nights	CZK
			<b>Total accommodation:</b>	CZK
Entry Fees/competitor	700 CZK	number of competitors	<b>Total Entry Fees:</b>	CZK
Bankcosts abroad	300 CZK			300 CZK
			<b>Total:</b>	CZK
<b>Payment:</b>	date:	bank:		
<b>Refunds: forfait (only with medical certifikate)</b>				
		until 5.11.	50%	
		after 5.11.	0%	

## Christmas Prize - Prague 2. - 4. 12. 2011

### ACCOMMODATION + TRAVEL FORM to send by e-mail before 27. 10. 2011

to e-mail K.Ptakova@seznam.cz

<b>Federation/Club</b>	Phone
Address	Fax
	E-mail
Team manager	

<b>Arrival</b>	Date	Hour	Place	wants transport from the station? yes, number of persons no
<b>Departure</b>	Date	Hour	Place	wants transport from the station? yes, number of persons no

Accommodation in Hotel - 3 stars				from - to	number of nights
with breakfast	male	female	<b>total persons</b>		
with half board	male	female	<b>total persons</b>		

Accommodation in Hotel – 4 stars	number of rooms	from - to	number of nights
1/1 with breakfast			
1/2 with breakfast			
1/3 with breakfast			
1/1 with half board			
1/2 with half board			
1/3 with half board			

## Christmas Prize - Prague 2. - 4. 12. 2011

**FINAL ENTRY FORM**

**to send by e-mail before 27. 10. 2011**

to e-mail [K.Ptakova@seznam.cz](mailto:K.Ptakova@seznam.cz)

<b>Federation/Club</b>	Phone
Address	Fax
Team manager	E-mail

<b>Accompagnators:</b>		
Coach 1	Coach 2	Others
Judge 1	Judge 2	Others

<b>Swimmers - Age group 13,14,15</b>							
	Last Name, First Name	Year of Bird	Figures	Solo	Duet	Team	Combination
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							

<b>Swimmers - Seniors</b>							
	Last Name, First Name	Year of Bird	Solo tech.	Solo free	Duet tech.	Duet free	Combination
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							