



## COMUNICADO Nº 01-12

06/01/2012

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### 1. NATAÇÃO PURA

#### **Ranking Nacional do Torneio de Fundo de Infantis e Juvenis – Piscina Curta 2011/2012**

Disponibilizamos em anexo, a classificação provisória, individual e colectiva do Torneio em assunto.

### 2. ÁGUAS ABERTAS

#### **FINA 10K Marathon Swimming World Cup, Santos (BRA) - 29 Janeiro 2012 e Viedma (ARG) - 4 Fevereiro 2012**

Para estas competições estão seleccionados os seguintes nadadores:

| Nadadores          | Clube | Santos (BRA) | Viedma (ARG) |
|--------------------|-------|--------------|--------------|
| Arseniy Lavrentyev | SAD   | 10Km         | 10Km         |
| Daniela Pinto      | VSC   | 10Km         | 10Km         |

O enquadramento técnico será efetuado pelo treinador Albano Correia (VSC).

Plano de viagem:

| Datas  | Voos    | Percurso                                | Horários    |
|--------|---------|---|-------------|
| 26 Jan | IB 8725 | Porto/Madrid                            | 20h00/22h10 |
| 26 Jan | IB 3105 | Lisboa/Madrid                           | 20h45/23h00 |
| 27 Jan | IB 6825 | Madrid/São Paulo                        | 00h20/08h30 |
| 29 Jan | AR 1223 | São Paulo/Buenos Aires (Jorge Newberry) | 20h40/22h35 |
| 30 Jan | AR 2640 | Buenos Aires (Jorge Newberry)/Viedma    | 10h20/11h50 |





|        |         |   |              |
|--------|---------|---|--------------|
| 06 Fev | AR 2640 | Viedma/Buenos Aires (Jorge Newberry)                            | 14h00/16h56  |
| 06 Fev | AR 20   | Buenos Aires (Jorge Newberry)/Buenos Aires (Ministro Pistarini) | 18h00/20h00* |
| 06 Fev | IB 6844 | Buenos Aires (Ministro Pistarini)/Madrid                        | 22h40/14h30* |
| 07 Fev | IB 8722 | Madrid/Porto  | 15h35/15h40  |
| 07 Fev | IB 3102 | Madrid/Lisboa   | 15h45/15h55  |

\*autocarro

\*(07 Fev.)

São permitidos, por pessoa, 20 Kgs de bagagem. Qualquer excesso de peso que obrigue ao pagamento de taxas-extra, será da exclusiva responsabilidade dos próprios.

Recordamos ainda que pedidos de dispensa ao abrigo do Decreto-Lei nº 272/09, de 01 de Outubro (Regime do Alto Rendimento), por implicarem requisição ao Instituto Português do Desporto e Juventude terão que ser solicitados previamente à realização desta competição.

### 3. MASTERS

#### *Regulamento do 14º Campeonato Nacional Masters / Open de Verão Masters 2012*

Na sequência da publicação deste regulamento, e pelo facto da actual conjuntura sócio-económica desaconselhar a sua organização na Madeira, informa-se que o supra-mencionado Campeonato se realizará em **Reguengos de Monsaraz**.

Mantêm-se as datas e horários já definidos para esta Competição.

### 4. FORMAÇÃO

#### *a) Curso Elementar de Arbitragem NP - ANNP 2011*

#### APTOS

|                             |                           |                            |
|-----------------------------|---------------------------|----------------------------|
| Adriana Manuela S.Castro    | Cátia Sofia Santos Flores | Margarida Freitas da Costa |
| Ana Gonçalves Neto          | Daniel João Campos Rocha  | Maria Luís Amorim          |
| Ana Isabel Rocha L.D.Araújo | Francisco Oliveira Santos | Mariana Vieira Lopes       |
| Ana Raquel Oliveira Lírio   | Hugo Miguel G. Fernandes  | Rita Margarida S. Xavier   |
| Bárbara Cristina F. Paiva   | Ivo Lima                  | Romão Silva Figueiredo     |





|                              |                                |                               |
|------------------------------|--------------------------------|-------------------------------|
| Bárbara Lopes Alexandre      | Ivo Ezequiel da Silva Sousa    | Silvana Margarida O. da Silva |
| Carlos Filipe de Sousa Pais  | Joana Maria Coelho Sousa       | Tiago Silva Oliveira          |
| Carlos Miguel Cardoso Araújo | José Pedro Ferreira S. Moreira | Tiago Sobral Coelho           |
| Catarina Matos Araújo        | Luís Filipe Matos Araújo       |                               |

**b) Curso de Oficiais NS - ANNP 2011**

**APTOS**

|                                |                                |                                |
|--------------------------------|--------------------------------|--------------------------------|
| Ana Carla Brandão F. Guimarães | Joaquim da Silva Crespo        | Ricardo Jorge Freitas Baptista |
| Ana Paula Neves Leonor         | Luís Filipe Sousa Cunha        | Sofia Helena M. Ribeiro        |
| Ana Sofia Rebelo dos Santos    | Maria Clara Nogueira S. Crespo | Vasco Miguel C. Ferreira       |
| Cidália Maria Dias Alves       | Maria Luísa Morais P. Leite    |                                |
| Flávio Miguel F. de Melo       | Nélia da Assunção M. Ribeiro   |                                |

**c) Curso Elementar de Arbitragem PA - ANNP 2011**

**APTOS**

|                                   |                              |                            |
|-----------------------------------|------------------------------|----------------------------|
| Afonso Almeida T. Castro Silveira | Joana Raquel Branco Loureiro | Miguel Santiago M. Amorim  |
| Ana Leonor Morais Teixeira        | José Carlos Santos Mendes    | Ricardo António C. Pereira |
| Ana Sofia Teixeira Boticas        | José Manuel Costa Correia    | Tiago Mogadouro Teixeira   |
| Bruno Filipe P. Sá Martins        | José Quintino M. Teixeira    | Vera Sofia Silva Ribeiro   |
| Diogo Emanuel Oliveira Airosa     | Kevin Kruckenhauser          |                            |
| Gonçalo Arruda F. Silva Trindade  | Miguel Oliveira F. Jorge     |                            |

**d) Equivalências**

Ivo Alexandre Evangelista Seixas Pacheco – Treinador de Grau I / Monitor de Natação  
 João Carlos Alves da Conceição Gomes dos Santos – Treinador de Grau I / Monitor de Natação





## 5. NOVA FILIAÇÃO

Foi aprovada em 04/01/2012, a filiação do **Ludens Clube de Machico**, através da ANMAD.

## 6. DIVERSOS

### *a) Protocolo FPN / CMEP - Clínica Médica do Exercício do Porto*

A FPN celebrou um protocolo de cooperação com a CMEP, possibilitando a todos os atletas filiados na Federação, usufruir das seguintes condições:

- a) Realização de exames médico-desportivos na CMEP, tendo por base o último preço de referência do Centro de Medicina Desportiva, publicado no Diário da Republica;
- b) Desconto de 10%, em todos os restantes serviços prestados, calculado sobre os preços de tabela em vigor na CMEP.

### *b) Acção de Formação “Análise da Eficácia do Remate no Pólo Aquático”*

A Associação de Natação do Norte de Portugal leva a efeito um Acção de Formação “Análise da Eficácia do Remate no Pólo Aquático”, no dia 21 de Janeiro de 2012, a decorrer nas instalações da CMEP (Clube Fluvial Portuense).

Para mais informações contactar: [info@annp.pt](mailto:info@annp.pt).

Pela FPN

Paulo Frischknecht  
Presidente





# Ranking por Clubes - Torneio de Fundo

Época 2011 / 2012



## Femininos

| Juvenis       |        |           | Infantis B    |        |           |
|---------------|--------|-----------|---------------|--------|-----------|
| Classificação | Clube  | Pontuação | Classificação | Clube  | Pontuação |
| 1             | ASSSCC | 3485      | 1             | SCP    | 2476      |
| 2             | SCP    | 3198      | 2             | DNMG   | 2407      |
| 3             | CNAC   | 2981      | 3             | FCP    | 2174      |
| 4             | SAD    | 2902      | 4             | CNMC   | 2103      |
| 5             | FCP    | 2865      | 5             | CNAC   | 2032      |
| 6             | CNAB   | 2836      | 6             | GDNVNF | 2001      |
| 7             | CFV    | 2630      | 7             | CDN    | 1769      |
| 8             | CFB    | 2373      | 8             | CFV    | 1767      |
| 9             | AVFC   | 2342      | 9             | GESP   | 1618      |
| 10            | LDC    | 2284      | 10            | ANAR   | 1568      |
| 11            | CDE    | 2271      | 11            | AEJ    | 1526      |
| 12            | SCE    | 2225      | 12            | CDF    | 1243      |
| 13            | SAA    | 2082      |               |        |           |
| 14            | NSIT   | 1881      |               |        |           |
| 15            | CDF    | 1637      |               |        |           |

  

| Infantis A    |        |           |
|---------------|--------|-----------|
| Classificação | Clube  | Pontuação |
| 1             | FCP    | 2656      |
| 2             | CNAC   | 2643      |
| 3             | DNMG   | 2632      |
| 4             | SCP    | 2586      |
| 5             | CNA    | 2505      |
| 6             | LSC    | 2470      |
| 7             | ADBA   | 2434      |
| 8             | CNMC   | 2300      |
| 9             | GCF    | 2265      |
| 10            | SCB    | 2251      |
| 11            | CNAB   | 2204      |
| 12            | SCE    | 2170      |
| 13            | EDV    | 2137      |
| 14            | SCA    | 2118      |
| 15            | CNMAIA | 2036      |
| 16            | AAC    | 2007      |
| 17            | GCVR   | 1910      |
| 18            | CDN    | 1851      |
| 19            | AEJ    | 1548      |
| 20            | EDL    | 1449      |

## Masculinos

| Juvenis A     |       |           | Infantis A    |         |           |
|---------------|-------|-----------|---------------|---------|-----------|
| Classificação | Clube | Pontuação | Classificação | Clube   | Pontuação |
| 1             | CNCVG | 3282      | 1             | FCP     | 2579      |
| 2             | FCP   | 3165      | 2             | SCB     | 2571      |
| 3             | ANAM  | 3116      | 3             | CNAC    | 2549      |
| 4             | VNC   | 3085      | 4             | ADRCIMM | 2482      |
| 5             | AVFC  | 2911      | 5             | SCE     | 2451      |
| 6             | GESP  | 2879      | 6             | GESP    | 2427      |
| 7             | CFV   | 2795      | 7             | ASSSCC  | 2369      |
| 8             | SCB   | 2788      | 8             | LSC     | 2336      |
| 9             | EDV   | 2398      | 9             | AMINAT  | 2316      |
| 10            | EDL   | 2244      | 10            | CNA     | 2268      |
| 11            | IDV   | 2220      | 11            | EMDB    | 2244      |
| 12            | CDF   | 2152      | 12            | PIMP    | 2233      |

  

| Juvenis B     |        |           |
|---------------|--------|-----------|
| Classificação | Clube  | Pontuação |
| 1             | FCP    | 3069      |
| 2             | LSC    | 2988      |
| 3             | EDV    | 2949      |
| 4             | ANAM   | 2916      |
| 5             | CNAL   | 2829      |
| 6             | SCB    | 2821      |
| 7             | CNAC   | 2814      |
| 8             | SFUAP  | 2706      |
| 9             | ADBA   | 2671      |
| 10            | FOCA   | 2628      |
| 11            | CNMAIA | 2546      |
| 12            | GESP   | 2511      |
| 13            | CNA    | 2490      |
| 14            | CFV    | 2333      |
| 15            | CDN    | 2293      |
| 16            | SCA    | 2215      |
| 17            | PIMP   | 2169      |

  

| Infantis B    |        |           |
|---------------|--------|-----------|
| Classificação | Clube  | Pontuação |
| 1             | SCP    | 2013      |
| 2             | FCP    | 1919      |
| 3             | ASSSCC | 1917      |
| 4             | DNMG   | 1915      |
| 5             | AMINAT | 1901      |
| 6             | LDC    | 1865      |
| 7             | IDV    | 1863      |
| 8             | CNMAIA | 1805      |
| 9             | FOCA   | 1725      |
| 10            | CDN    | 1555      |
| 11            | CDF    | 1257      |
| 12            | IDC    | 1254      |
| 13            | GCVR   | 1221      |



Torneio Regional de Fundo Para Infantis e Juvenis  
Época 2011 / 2012



Femininos, Juvenis

| RANK | NOME                        | ANO  | CLUBE  | 800 L    | 400 E    | FINA 2011 |
|------|-----------------------------|------|--------|----------|----------|-----------|
| 1    | Mariana Cunha Guerra        | 1998 | ASSSCC | 09:14.63 | 05:04.01 | 1299      |
| 2    | Maria Malaguerra Costa      | 1998 | ASSSCC | 09:21.47 | 05:12.46 | 1225      |
| 3    | Ana Silva Costa             | 1998 | GDNVNF | 09:23.95 | 05:18.88 | 1182      |
| 4    | Mariana Veloso Vitoria      | 1998 | CNAB   | 09:40.16 | 05:16.78 | 1141      |
| 5    | Sofia Alexandra Branco      | 1998 | SCP    | 09:36.86 | 05:18.94 | 1140      |
| 6    | Joana Costa Caires          | 1998 | CNF    | 09:39.65 | 05:25.93 | 1097      |
| 7    | Carolina Mantua Guedes      | 1998 | SCP    | 09:50.87 | 05:22.03 | 1083      |
| 8    | Ines Lucas Alves            | 1998 | LSC    | 09:52.38 | 05:27.14 | 1055      |
| 9    | Ana Raquel Ferreira         | 1998 | GCF    | 09:53.22 | 05:29.14 | 1042      |
| 10   | Rita Barros Frischknecht    | 1998 | SAD    | 10:07.74 | 05:22.97 | 1034      |
| 11   | Clarisse Matos Lopes        | 1998 | SCALAB | 09:52.51 | 05:31.57 | 1033      |
| 12   | Joana Cunha Sousa           | 1998 | FOCA   | 09:56.93 | 05:30.16 | 1028      |
| 13   | Margarida Peixoto Pelaio    | 1998 | GCF    | 10:08.93 | 05:24.92 | 1021      |
| 14   | Catarina Antunes Oliveira   | 1998 | CNAC   | 09:55.15 | 05:34.82 | 1012      |
| 15   | Catarina Martins Ribeiro    | 1998 | DNMG   | 09:50.95 | 05:39.47 | 1005      |
| 16   | Catarina Goncalves Leal     | 1998 | ADBA   | 09:58.99 | 05:34.52 | 1004      |
| 17   | Ana Rita Graca              | 1998 | CFV    | 09:58.87 | 05:34.90 | 1002      |
| 18   | Rita Mateus Lopes           | 1998 | CNAC   | 10:07.70 | 05:32.72 | 988       |
| 19   | Rita Verissimo Damasceno    | 1998 | CNAC   | 10:00.99 | 05:38.80 | 981       |
| 20   | Rita Maria Ferreira         | 1998 | SCA    | 10:07.40 | 05:34.97 | 980       |
| 21   | Sofia Machado Dionisio      | 1998 | SCP    | 10:05.32 | 05:37.21 | 975       |
| 21   | Helena Rafaela Tome         | 1998 | ASC    | 10:07.76 | 05:35.95 | 975       |
| 23   | Francisca Santos Pereira    | 1998 | FCP    | 10:05.36 | 05:37.93 | 972       |
| 24   | Ana Carolina Moreira        | 1998 | FCP    | 10:10.90 | 05:36.21 | 966       |
| 25   | Rita Sofia Santos           | 1998 | CDL    | 10:03.77 | 05:40.68 | 965       |
| 26   | Vanessa Branco Machado      | 1998 | ASSSCC | 09:55.15 | 05:47.99 | 961       |
| 27   | Diana Filipa Portela        | 1998 | VSC    | 10:08.49 | 05:39.02 | 960       |
| 28   | Ana Beatriz Marques         | 1998 | SAD    | 10:35.87 | 05:25.07 | 959       |
| 29   | Maria Madalena Silva        | 1998 | CNAB   | 10:29.91 | 05:28.34 | 957       |
| 30   | Mariana Portugal Costa      | 1998 | CNAC   | 10:13.68 | 05:38.94 | 948       |
| 31   | Maria Carolina Correia      | 1998 | CDL    | 10:08.63 | 05:43.85 | 941       |
| 32   | Lucilia Ferreira Freitas    | 1998 | FCP    | 10:28.29 | 05:35.92 | 927       |
| 33   | Beatriz Pereira Vasconcelos | 1998 | CFV    | 10:22.07 | 05:39.51 | 926       |
| 34   | Fabiana Rodrigues Teixeira  | 1998 | CSM    | 10:08.42 | 05:49.19 | 922       |
| 35   | Vera Paiva Vilaca           | 1998 | CFB    | 10:28.10 | 05:39.00 | 915       |
| 36   | Ligia Alexandra Coimbra     | 1998 | ANAM   | 10:21.87 | 05:42.94 | 914       |
| 37   | Maria Teresa Martins        | 1998 | CGA    | 10:18.98 | 05:44.81 | 912       |
| 38   | Rita Cardoso Carvalho       | 1998 | SAD    | 10:22.22 | 05:43.96 | 909       |
| 39   | Leonor Figo Rocha           | 1998 | CGA    | 10:22.74 | 05:44.69 | 905       |
| 40   | Viviana Sofia Pinto         | 1998 | EDL    | 10:37.08 | 05:37.88 | 900       |
| 41   | Sofia Alexandra Rolao       | 1998 | ANAM   | 10:23.11 | 05:46.44 | 897       |
| 42   | Ana Beatriz Meireles        | 1998 | ADF    | 10:23.87 | 05:46.39 | 895       |
| 43   | Marcia Jacinto Santos       | 1998 | PIMP   | 10:35.15 | 05:40.46 | 893       |

|    |                              |      |        |          |          |            |
|----|------------------------------|------|--------|----------|----------|------------|
| 44 | Lucia Pedrosa Silva          | 1998 | JFP    | 10:28.46 | 05:44.52 | <b>892</b> |
| 44 | Ines Filipa Cruz             | 1998 | SFUAP  | 10:28.96 | 05:44.28 | <b>892</b> |
| 44 | Raquel Teixeira Pena         | 1998 | SFUAP  | 10:31.12 | 05:43.20 | <b>892</b> |
| 47 | Maria Ornelas Armas          | 1998 | TAC    | 10:18.01 | 05:54.04 | <b>881</b> |
| 48 | Catarina Sofia Neto          | 1998 | GESP   | 10:43.61 | 05:39.47 | <b>880</b> |
| 49 | Ines Alexandra Jeronimo      | 1998 | CMEM   | 10:31.27 | 05:47.50 | <b>875</b> |
| 50 | Vanessa Penas Courela        | 1998 | GESL   | 10:33.63 | 05:47.38 | <b>871</b> |
| 51 | Maria Rachadell Pereira      | 1998 | PORTIN | 10:36.88 | 05:45.89 | <b>869</b> |
| 51 | Patricia Goncalves Cardoso   | 1998 | FCP    | 10:31.25 | 05:49.28 | <b>869</b> |
| 53 | Maria Luisa Guerra           | 1998 | CNAC   | 10:27.38 | 05:52.59 | <b>865</b> |
| 54 | Madalena Amaro Machado       | 1998 | AVFC   | 10:27.50 | 05:54.68 | <b>858</b> |
| 55 | Elisa Lamy Stiers            | 1998 | LAC    | 10:25.84 | 05:57.53 | <b>853</b> |
| 56 | Laura Chan Conceicao         | 1998 | SAD    | 10:37.03 | 05:52.30 | <b>846</b> |
| 57 | Joana Quinta Pinto           | 1998 | CNA    | 10:16.37 | 06:08.03 | <b>841</b> |
| 58 | Monica Castro Alves          | 1998 | EDV    | 10:47.14 | 05:50.31 | <b>832</b> |
| 59 | Barbara Sofia Lopes          | 1998 | CDE    | 10:36.35 | 05:57.42 | <b>830</b> |
| 59 | Ana Filipa Costa             | 1998 | CDAV   | 10:46.66 | 05:51.18 | <b>830</b> |
| 61 | Cristiana Vanessa Malho      | 1998 | CNAL   | 10:41.44 | 05:56.56 | <b>823</b> |
| 62 | Salome Pinto Monteiro        | 1998 | SCE    | 10:49.65 | 05:52.38 | <b>820</b> |
| 63 | Rafaela Ferreira Rodrigues   | 1998 | AVFC   | 10:41.33 | 05:58.71 | <b>816</b> |
| 64 | Teresa Miguel Pinto          | 1998 | SCA    | 10:49.67 | 05:56.37 | <b>807</b> |
| 65 | Adriana Ramalho Alves        | 1998 | DNMG   | 10:53.12 | 05:57.70 | <b>796</b> |
| 66 | Margarida Mendes Fernandes   | 1998 | VSC    | 10:41.13 | 06:06.22 | <b>793</b> |
| 67 | Maria Luis Figueiredo        | 1998 | SAA    | 10:44.06 | 06:04.58 | <b>792</b> |
| 68 | Marcia Matias Guerreiro      | 1998 | LDC    | 11:02.19 | 05:54.93 | <b>788</b> |
| 69 | Mariana Martins Rocha        | 1998 | VNC    | 10:48.08 | 06:05.34 | <b>781</b> |
| 70 | Claudia Filipa Rodrigues     | 1998 | CFB    | 10:56.72 | 06:00.74 | <b>779</b> |
| 71 | Carlota Ramos Telhado        | 1998 | SAA    | 10:44.29 | 06:12.79 | <b>768</b> |
| 72 | Erica Caleiras Graca         | 1998 | LDC    | 10:48.57 | 06:10.20 | <b>766</b> |
| 73 | Ana Carolina Ornelas         | 1998 | CNPS   | 10:55.97 | 06:09.11 | <b>756</b> |
| 74 | Alexandra Bettencourt Santos | 1998 | AVQA   | 10:52.30 | 06:14.87 | <b>746</b> |
| 75 | Iolanda Santos Samagaio      | 1998 | ASSSCC | 10:53.82 | 06:14.20 | <b>745</b> |
| 76 | Rute Isabel Leonardo         | 1998 | CNAB   | 11:14.54 | 06:04.23 | <b>738</b> |
| 77 | Sara Brandao Tavares         | 1998 | CDE    | 11:02.92 | 06:11.30 | <b>737</b> |
| 78 | Ines Carolina Soares         | 1998 | ACADES | 11:07.35 | 06:09.24 | <b>735</b> |
| 79 | Margarida Isabel Salgueiro   | 1998 | EFC    | 10:56.30 | 06:18.10 | <b>731</b> |
| 80 | Joana Gaitto Vitorino        | 1998 | LDC    | 11:18.78 | 06:04.43 | <b>730</b> |
| 81 | Raquel Sofia Jorge           | 1998 | CCDSM  | 11:03.28 | 06:15.57 | <b>724</b> |
| 82 | Antonia Branco Franco        | 1998 | VNC    | 11:00.20 | 06:18.88 | <b>722</b> |
| 83 | Daniela Silva Barcelos       | 1998 | NSIT   | 11:04.16 | 06:17.26 | <b>719</b> |
| 84 | Sandra Cristina Gomes        | 1998 | SCE    | 11:29.90 | 06:06.40 | <b>707</b> |
| 85 | Rosario Fatima Ferreira      | 1998 | CDE    | 11:09.10 | 06:19.51 | <b>704</b> |
| 85 | Clara Simoes Alves           | 1998 | TAC    | 11:10.42 | 06:18.59 | <b>704</b> |
| 87 | Claudia Sofia Ribeiro        | 1998 | CFV    | 11:11.91 | 06:18.26 | <b>702</b> |
| 88 | Catarina Ataide Dias         | 1998 | SCE    | 11:28.04 | 06:10.54 | <b>698</b> |
| 89 | Beatriz Valente Silva        | 1998 | CDE    | 11:36.90 | 06:07.55 | <b>694</b> |
| 90 | Daniela Coelho Matos         | 1998 | EFC    | 11:22.73 | 06:15.51 | <b>692</b> |
| 91 | Raquel Anastacio Cruz        | 1998 | CNTN   | 11:15.76 | 06:21.00 | <b>689</b> |
| 92 | Ines Campos Neto             | 1998 | GESP   | 11:49.20 | 06:03.46 | <b>688</b> |
| 93 | Maria Ines Coelho            | 1998 | CDF    | 11:33.65 | 06:11.18 | <b>687</b> |

|     |                              |      |        |          |          |            |
|-----|------------------------------|------|--------|----------|----------|------------|
| 94  | Ines Isabel Ramos            | 1998 | CFB    | 11:26.18 | 06:18.84 | <b>679</b> |
| 95  | Ines Carolina Malta          | 1998 | CNVA   | 11:21.96 | 06:22.01 | <b>677</b> |
| 96  | Sara Barreira Couto          | 1998 | AVFC   | 11:20.09 | 06:26.91 | <b>668</b> |
| 97  | Raffaella Cristina Teixeira  | 1998 | CFOA   | 11:24.52 | 06:24.61 | <b>666</b> |
| 98  | Maria Luisa Alvarenga        | 1998 | CDAV   | 11:29.89 | 06:28.79 | <b>648</b> |
| 99  | Ana Rafaela Sousa            | 1998 | SCE    | 11:58.05 | 06:18.82 | <b>634</b> |
| 100 | Patricia Alexandra Jose      | 1998 | SFGP   | 11:40.87 | 06:30.15 | <b>629</b> |
| 101 | Andreia Catarina Jeronimo    | 1998 | CNTEJO | 11:40.40 | 06:32.86 | <b>624</b> |
| 102 | Jessica Pinto Pinho          | 1998 | CDE    | 11:43.96 | 06:39.73 | <b>604</b> |
| 102 | Isabel Catarino Cravo        | 1998 | NDAP   | 11:53.33 | 06:33.55 | <b>604</b> |
| 104 | Catarina Tavares Mendes      | 1998 | GRVM   | 11:45.12 | 06:40.63 | <b>600</b> |
| 104 | Ana Beatriz Costa            | 1998 | AAC    | 12:12.06 | 06:25.06 | <b>600</b> |
| 106 | Laura Santos Prior           | 1998 | CAPGE  | 11:55.47 | 06:35.03 | <b>598</b> |
| 107 | Daniela Patricia Araujo      | 1998 | CNRM   | 12:10.07 | 06:27.92 | <b>596</b> |
| 108 | Catarina Goncalves Trezentos | 1998 | SFGP   | 12:09.23 | 06:29.78 | <b>593</b> |
| 109 | Adriana Toste Ferrao         | 1998 | NSIT   | 11:43.33 | 06:46.86 | <b>590</b> |
| 110 | Barbara Brasil Borba         | 1998 | NSIT   | 12:10.81 | 06:38.37 | <b>572</b> |
| 111 | Daniela Guerreiro Custodio   | 1998 | TNC    | 12:22.19 | 06:33.20 | <b>570</b> |
| 111 | Susana Alvernaz Rodrigues    | 1998 | CNH    | 11:56.68 | 06:48.33 | <b>570</b> |
| 113 | Rafaela Vieira Marques       | 1998 | CNVA   | 12:08.64 | 06:42.13 | <b>567</b> |
| 114 | Raquel Moreira Pinho         | 1998 | AEJ    | 12:19.34 | 06:41.43 | <b>555</b> |
| 115 | Ines Santos Pinho            | 1998 | CDF    | 12:21.38 | 06:47.78 | <b>541</b> |
| 116 | Ana Catarina Marques         | 1998 | SAA    | 12:54.91 | 06:39.67 | <b>522</b> |
| 117 | Milene Madruga Rodrigues     | 1998 | CNH    | 12:38.60 | 06:48.18 | <b>521</b> |
| 118 | Juliana Pereira Martins      | 1998 | ANAR   | 12:49.96 | 06:46.33 | <b>514</b> |
| 119 | Gabriela Lima Medeiros       | 1998 | CEN    | 12:50.03 | 06:49.85 | <b>507</b> |
| 120 | Jacinta Manuel Manta         | 1998 | ABPG   | 12:58.74 | 07:03.06 | <b>474</b> |
| 121 | Sofia Margarida Clemente     | 1998 | GDRTCM | 12:55.51 | 07:08.84 | <b>468</b> |
| 122 | Carolina Braz Garcia         | 1998 | CNPD   | 13:00.45 | 07:16.95 | <b>452</b> |
| 123 | Telma Alves Mota             | 1998 | CDF    | 14:11.70 | 07:09.11 | <b>409</b> |





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Femininos, Infantis A

| RANK | NOME                       | ANO  | CLUBE   | 800 L    | 400 E    | FINA 2011   |
|------|----------------------------|------|---------|----------|----------|-------------|
| 1    | Rita Costa Amador          | 1999 | CGA     | 09:56.03 | 05:34.18 | <b>1013</b> |
| 2    | Ana Carolina Carraco       | 1999 | JFP     | 10:04.46 | 05:36.82 | <b>980</b>  |
| 3    | Mariana Alexandre Oliveira | 1999 | FCP     | 10:01.55 | 05:40.12 | <b>974</b>  |
| 4    | Joana Beatriz Bernardo     | 1999 | FBSC    | 10:06.09 | 05:41.99 | <b>954</b>  |
| 5    | Sara Patricia Sousa        | 1999 | ACRTC   | 10:21.43 | 05:33.58 | <b>953</b>  |
| 6    | Ana Margarida Salgueiro    | 1999 | CNAB    | 10:14.72 | 05:37.79 | <b>950</b>  |
| 7    | Barbara Coimbra Teodosio   | 1999 | DNMG    | 10:11.64 | 05:40.70 | <b>946</b>  |
| 8    | Maria Dias Neves           | 1999 | CNMC    | 10:15.39 | 05:38.90 | <b>944</b>  |
| 8    | Maria Eduarda Veiga        | 1999 | CNAC    | 10:12.26 | 05:40.67 | <b>944</b>  |
| 10   | Ana Miguel Pinto           | 1999 | VNC     | 10:15.50 | 05:40.62 | <b>937</b>  |
| 11   | Mariana Soares Martinho    | 1999 | SCALAB  | 10:17.58 | 05:39.89 | <b>935</b>  |
| 12   | Maria Leonor Martins       | 1999 | GESP    | 10:14.23 | 05:46.23 | <b>918</b>  |
| 13   | Ana Raquel Conceicao       | 1999 | CNAC    | 10:21.97 | 05:42.38 | <b>915</b>  |
| 14   | Ana Estevinha Silva        | 1999 | GCF     | 10:19.85 | 05:43.91 | <b>914</b>  |
| 15   | Carina Rodrigues Marinho   | 1999 | FOCA    | 10:02.10 | 05:56.81 | <b>912</b>  |
| 16   | Sara Mafra Rocha           | 1999 | CNAL    | 10:32.23 | 05:38.00 | <b>910</b>  |
| 17   | Maria Ines Machado         | 1999 | GDNVNF  | 10:18.35 | 05:50.04 | <b>895</b>  |
| 18   | Joana Sousa Pereira        | 1999 | ADBA    | 10:20.47 | 05:49.86 | <b>891</b>  |
| 19   | Tamila Hryhorivna Holub    | 1999 | SCB     | 10:11.86 | 05:55.83 | <b>890</b>  |
| 20   | Maria Santos Silva         | 1999 | DNMG    | 10:20.40 | 05:51.10 | <b>886</b>  |
| 21   | Margarida Sobral Pimenta   | 1999 | CNA     | 10:23.45 | 05:50.78 | <b>881</b>  |
| 22   | Beatriz Antunes Carvalho   | 1999 | ADRCIMM | 10:41.80 | 05:40.47 | <b>880</b>  |
| 23   | Filipa Sousa Pinheiro      | 1999 | SCP     | 10:27.10 | 05:49.74 | <b>876</b>  |
| 24   | Ana Beatriz La Feria       | 1999 | FCP     | 10:30.50 | 05:49.22 | <b>870</b>  |
| 25   | Madalena Gomes Azevedo     | 1999 | SAD     | 10:47.46 | 05:40.94 | <b>867</b>  |
| 26   | Beatriz Paulo Ranito       | 1999 | SCP     | 10:21.19 | 05:57.12 | <b>864</b>  |
| 27   | Ana Sofia Ferreira         | 1999 | PIMP    | 10:46.50 | 05:42.58 | <b>862</b>  |
| 28   | Eva Guerreiro Carvalho     | 1999 | ANSE    | 10:27.26 | 05:54.78 | <b>858</b>  |
| 28   | Ana Pires Brito            | 1999 | ADRCIMM | 10:25.53 | 05:55.92 | <b>858</b>  |
| 28   | Rosana Marinho Macedo      | 1999 | FOCA    | 10:31.39 | 05:51.99 | <b>858</b>  |
| 31   | Ines Margarida Costa       | 1999 | SCP     | 10:48.60 | 05:45.67 | <b>846</b>  |
| 31   | Catarina Reis Silva        | 1999 | SCB     | 10:33.14 | 05:54.59 | <b>846</b>  |
| 33   | Maria Beatriz Dias         | 1999 | SCALAB  | 10:43.86 | 05:48.58 | <b>845</b>  |
| 34   | Noemia Verdi Silva         | 1999 | VSC     | 10:31.23 | 05:56.88 | <b>843</b>  |
| 35   | Ana Caetano Oliveira       | 1999 | LSC     | 10:27.16 | 06:00.51 | <b>840</b>  |
| 36   | Sofia Dias Alves           | 1999 | CNMJ    | 10:53.82 | 05:45.40 | <b>837</b>  |
| 37   | Maria Ana Monge            | 1999 | SCP     | 10:43.29 | 05:51.74 | <b>835</b>  |
| 37   | Isabel Margarida Boleo     | 1999 | SCP     | 10:44.91 | 05:51.06 | <b>835</b>  |
| 37   | Rita Galvao Pereira        | 1999 | GDNVNF  | 10:50.71 | 05:47.71 | <b>835</b>  |
| 40   | Sara Costa Guerra          | 1999 | SCP     | 10:50.97 | 05:48.13 | <b>833</b>  |
| 41   | Ana Catarina Oliveira      | 1999 | GESL    | 10:35.66 | 05:57.72 | <b>830</b>  |
| 42   | Ana Mafalda Duarte         | 1999 | ASSSCC  | 10:49.41 | 05:49.98 | <b>829</b>  |
| 43   | Ana Teresa Nascimento      | 1999 | LSC     | 10:38.68 | 05:56.95 | <b>827</b>  |

|    |                              |      |        |          |          |            |
|----|------------------------------|------|--------|----------|----------|------------|
| 44 | Ana Carvalho Silva           | 1999 | EMDB   | 10:51.55 | 05:52.36 | <b>817</b> |
| 45 | Joana Cristina Fernandes     | 1999 | CNA    | 10:46.50 | 05:56.56 | <b>812</b> |
| 45 | Ana Oliveira Silva           | 1999 | CNA    | 10:30.77 | 06:06.98 | <b>812</b> |
| 45 | Ines Maria Neves             | 1999 | FCP    | 10:48.03 | 05:56.00 | <b>812</b> |
| 48 | Mariana Freitas Rocha        | 1999 | CSM    | 10:49.63 | 05:55.09 | <b>811</b> |
| 49 | Catarina Rego Borges         | 1999 | CAFBDP | 10:37.23 | 06:03.13 | <b>810</b> |
| 50 | Marta Ferreira Rocha         | 1999 | LSC    | 10:47.34 | 05:59.01 | <b>803</b> |
| 51 | Maria Joao Domingues         | 1999 | DNMG   | 10:38.53 | 06:05.54 | <b>800</b> |
| 51 | Rita Goncalves Passinhas     | 1999 | CNA    | 10:44.37 | 06:01.87 | <b>800</b> |
| 53 | Margarida Pamplona Evangelho | 1999 | NSIT   | 10:58.68 | 05:54.15 | <b>798</b> |
| 54 | Sara Conceicao Peca          | 1999 | ADBA   | 11:04.90 | 05:51.67 | <b>794</b> |
| 55 | Ines Maria Pereira           | 1999 | LSC    | 11:03.62 | 05:53.11 | <b>793</b> |
| 56 | Lara Alexandra Vaz           | 1999 | EDV    | 11:12.04 | 05:48.87 | <b>792</b> |
| 57 | Ana Madalena Santos          | 1999 | CNAC   | 11:00.42 | 05:56.99 | <b>784</b> |
| 57 | Beatriz Barros Carmo         | 1999 | CNCVG  | 10:51.22 | 06:02.34 | <b>784</b> |
| 57 | Marta Melo Massuca           | 1999 | GESL   | 10:50.14 | 06:02.97 | <b>784</b> |
| 60 | Ana Vanessa Duarte           | 1999 | ASSSCC | 11:02.05 | 05:56.75 | <b>783</b> |
| 61 | Rita Dias Garrido            | 1999 | CNAC   | 10:52.74 | 06:02.45 | <b>782</b> |
| 62 | Filipa Carreira Alves        | 1999 | SFUAP  | 10:48.30 | 06:05.58 | <b>781</b> |
| 63 | Daniela Filipa Mira          | 1999 | ACADES | 10:36.07 | 06:14.79 | <b>779</b> |
| 64 | Mariana Henriques Sa         | 1999 | GESL   | 10:51.81 | 06:05.24 | <b>775</b> |
| 65 | Maria Anjos Barros           | 1999 | CDN    | 10:49.60 | 06:06.86 | <b>774</b> |
| 66 | Tania Cristina Mendes        | 1999 | IDV    | 10:36.15 | 06:19.70 | <b>765</b> |
| 67 | Carolina Cameira Sousa       | 1999 | VNC    | 11:10.66 | 06:01.92 | <b>752</b> |
| 68 | Carolina Santos Martins      | 1999 | ADBA   | 11:04.69 | 06:05.96 | <b>749</b> |
| 68 | Ana Claudia Rosa             | 1999 | CNA    | 10:51.27 | 06:14.40 | <b>749</b> |
| 70 | Carolina Silva Moreira       | 1999 | CNMAIA | 11:05.83 | 06:06.32 | <b>746</b> |
| 71 | Catarina Filipa Lei          | 1999 | SCE    | 11:05.76 | 06:07.62 | <b>743</b> |
| 71 | Ana Cristina Sousa           | 1999 | FCP    | 10:55.30 | 06:14.32 | <b>743</b> |
| 73 | Maria Margarida Cabral       | 1999 | FCP    | 11:04.23 | 06:08.81 | <b>742</b> |
| 74 | Barbara Rita Sousa           | 1999 | CNV    | 11:03.35 | 06:10.48 | <b>738</b> |
| 75 | Catarina Costa Balseiro      | 1999 | SCA    | 11:17.09 | 06:03.65 | <b>735</b> |
| 76 | Sara Ramos Castelo           | 1999 | SCE    | 11:19.04 | 06:05.00 | <b>728</b> |
| 77 | Ana Sofia Afonso             | 1999 | EDV    | 11:28.94 | 06:01.12 | <b>724</b> |
| 78 | Rita Almeida Freches         | 1999 | LSC    | 11:15.97 | 06:09.12 | <b>721</b> |
| 79 | Leonor Paiva Ruiz            | 1999 | CFV    | 11:11.74 | 06:12.19 | <b>720</b> |
| 80 | Madalena Nunes Palmeira      | 1999 | CNAC   | 11:38.42 | 05:58.28 | <b>719</b> |
| 81 | Marta Silva Felix            | 1999 | SCA    | 11:23.90 | 06:05.84 | <b>718</b> |
| 81 | Tatiana Isabel Cardoso       | 1999 | FCP    | 11:01.86 | 06:18.99 | <b>718</b> |
| 83 | Ana Alexandra Oliveira       | 1999 | FCP    | 11:01.25 | 06:20.36 | <b>716</b> |
| 84 | Daniela Neutel Morgado       | 1999 | ABPG   | 11:15.49 | 06:12.94 | <b>711</b> |
| 85 | Ana Margarida Gomes          | 1999 | CDN    | 11:33.03 | 06:05.95 | <b>703</b> |
| 86 | Mariana Pinto Angelo         | 1999 | AAC    | 11:17.53 | 06:15.69 | <b>700</b> |
| 87 | Carolina Rocha Silva         | 1999 | SCE    | 11:18.24 | 06:15.74 | <b>699</b> |
| 88 | Carolina Leal Serra          | 1999 | CNTN   | 11:16.81 | 06:20.28 | <b>689</b> |
| 89 | Sandra Patricia Oliveira     | 1999 | GCF    | 11:27.45 | 06:14.45 | <b>688</b> |
| 90 | Mafalda Malafaia Oliveira    | 1999 | FCP    | 11:19.09 | 06:20.19 | <b>686</b> |
| 91 | Beatriz Castanheira Dias     | 1999 | AAC    | 11:18.32 | 06:22.45 | <b>681</b> |
| 91 | Bianca Filipa Silva          | 1999 | CNMC   | 11:33.42 | 06:13.88 | <b>681</b> |
| 91 | Leonor Castanheira Pedras    | 1999 | PIMP   | 11:17.47 | 06:23.17 | <b>681</b> |

|     |                           |      |        |          |          |            |
|-----|---------------------------|------|--------|----------|----------|------------|
| 94  | Joana Raquel Simoes       | 1999 | GRVM   | 11:28.11 | 06:17.51 | <b>679</b> |
| 95  | Mariana Narciso Fidalgo   | 1999 | AVQA   | 11:14.19 | 06:26.67 | <b>678</b> |
| 96  | Ines Correia Pinto        | 1999 | ESJB   | 11:06.22 | 06:32.80 | <b>677</b> |
| 96  | Ines Silva Marques        | 1999 | CNMAIA | 11:30.76 | 06:16.89 | <b>677</b> |
| 98  | Cristiana Daniela Silva   | 1999 | CNMC   | 11:36.52 | 06:14.25 | <b>675</b> |
| 99  | Sofia Alexandra Rodrigues | 1999 | EFC    | 11:15.22 | 06:28.80 | <b>671</b> |
| 99  | Mariana Pires Freitas     | 1999 | GCVR   | 11:22.98 | 06:23.88 | <b>671</b> |
| 101 | Margarida Bento Mesquita  | 1999 | SCA    | 11:24.68 | 06:25.20 | <b>665</b> |
| 101 | Ines Vieira Almeida       | 1999 | ANSE   | 11:38.61 | 06:16.62 | <b>665</b> |
| 103 | Raquel Simoes Duque       | 1999 | GCF    | 11:25.77 | 06:25.13 | <b>663</b> |
| 104 | Ines Pinho Coelho         | 1999 | CDF    | 11:36.47 | 06:19.97 | <b>660</b> |
| 104 | Ines Rocha Nunes          | 1999 | GCF    | 11:32.70 | 06:22.15 | <b>660</b> |
| 106 | Maria Beatriz Diogo       | 1999 | CNAB   | 11:48.25 | 06:15.54 | <b>655</b> |
| 106 | Madalena Caetano Azevedo  | 1999 | CSM    | 11:38.11 | 06:21.14 | <b>655</b> |
| 108 | Maria Leonor Simoes       | 1999 | LDC    | 11:43.82 | 06:28.94 | <b>628</b> |
| 109 | Ines Carvalho Marques     | 1999 | AAC    | 11:48.91 | 06:26.69 | <b>626</b> |
| 110 | Jessica Sofia Costa       | 1999 | PORTIN | 11:43.68 | 06:31.92 | <b>621</b> |
| 110 | Matilde Fernandes Silva   | 1999 | EDV    | 11:55.88 | 06:24.93 | <b>621</b> |
| 110 | Filipa Maria Eusebio      | 1999 | CFV    | 11:25.77 | 06:43.98 | <b>621</b> |
| 110 | Maria Margarida Fernandes | 1999 | GCVR   | 11:25.94 | 06:44.10 | <b>621</b> |
| 114 | Carolina Sousa            | 1999 | GCVR   | 11:39.80 | 06:35.48 | <b>618</b> |
| 115 | Ursula Carvalhosa Campos  | 1999 | EDV    | 11:39.70 | 06:37.76 | <b>614</b> |
| 116 | Sandra Catarina Silva     | 1999 | CNMAIA | 11:35.73 | 06:40.84 | <b>613</b> |
| 117 | Ana Miguel Arrojado       | 1999 | CDE    | 11:50.83 | 06:33.21 | <b>608</b> |
| 118 | Joana Ferreira Carvalho   | 1999 | CNMC   | 11:59.34 | 06:28.85 | <b>607</b> |
| 118 | Bruna Marisa Fonseca      | 1999 | EMDB   | 11:55.68 | 06:30.88 | <b>607</b> |
| 120 | Laura Santos Gaziaux      | 1999 | IDC    | 12:06.36 | 06:26.83 | <b>603</b> |
| 120 | Carolina Cruz Costa       | 1999 | CNMC   | 11:53.19 | 06:34.31 | <b>603</b> |
| 122 | Ines Casimiro Anacleto    | 1999 | AEJ    | 12:05.39 | 06:28.56 | <b>601</b> |
| 123 | Ana Torres Ferreira       | 1999 | CNAB   | 12:03.82 | 06:29.64 | <b>599</b> |
| 124 | Mariana Teixeira Silva    | 1999 | GCVR   | 11:48.81 | 06:41.00 | <b>594</b> |
| 125 | Joana Parente Faria       | 1999 | EDV    | 11:53.22 | 06:43.32 | <b>584</b> |
| 126 | Catarina Azevedo Nobrega  | 1999 | GCVR   | 11:33.92 | 07:00.26 | <b>579</b> |
| 127 | Isabel da Luz Fonseca     | 1999 | CNPD   | 11:40.04 | 07:01.52 | <b>568</b> |
| 128 | Joana Gravato Pimentel    | 1999 | CNVA   | 12:11.43 | 06:48.44 | <b>551</b> |
| 129 | Ana Carolina Silva        | 1999 | EDL    | 12:08.14 | 06:57.38 | <b>538</b> |
| 130 | Joana Patricia Dias       | 1999 | CNAC   | 12:31.95 | 06:45.12 | <b>534</b> |
| 131 | Rita Viana Miguel         | 1999 | CLAC   | 12:58.40 | 06:39.26 | <b>520</b> |
| 132 | Ana Hortensia Silva       | 1999 | SCB    | 12:36.80 | 06:52.64 | <b>515</b> |
| 133 | Carolina Pacheco Alves    | 1999 | CAFBDP | 12:30.52 | 06:57.16 | <b>514</b> |
| 134 | Sara Alexandra Carvalho   | 1999 | ABPG   | 12:40.70 | 06:52.56 | <b>511</b> |
| 135 | Patricia Silva Conceicao  | 1999 | CNAB   | 12:47.34 | 06:52.21 | <b>504</b> |
| 136 | Ines Eira Pereira         | 1999 | AEJ    | 13:03.65 | 06:50.30 | <b>493</b> |
| 137 | Rita Sousa Matos          | 1999 | GCVR   | 12:25.44 | 07:15.25 | <b>489</b> |
| 138 | Carolina Correia Marques  | 1999 | BSCN   | 12:54.20 | 07:01.55 | <b>482</b> |
| 139 | Ines Guerreiro Andre      | 1999 | CNFA   | 12:43.58 | 07:08.56 | <b>480</b> |
| 140 | Daniela Soares Ribeiro    | 1999 | CNPD   | 12:49.34 | 07:05.76 | <b>479</b> |
| 141 | Mariana Amaro Sousa       | 1999 | EDL    | 12:37.61 | 07:14.26 | <b>478</b> |
| 142 | Ines Sousa Luis           | 1999 | CNTN   | 12:53.85 | 07:10.39 | <b>468</b> |
| 143 | Gabriela Martins Oliveira | 1999 | SAA    | 13:22.07 | 07:01.95 | <b>456</b> |

|     |                              |      |        |          |          |            |
|-----|------------------------------|------|--------|----------|----------|------------|
| 143 | Emma Thouars Silva           | 1999 | IDC    | 12:55.71 | 07:17.00 | <b>456</b> |
| 145 | Carina Bento Freitas         | 1999 | AEJ    | 13:48.91 | 06:51.33 | <b>454</b> |
| 146 | Gabriela Silva Sanhudo       | 1999 | CDE    | 13:01.57 | 07:16.41 | <b>452</b> |
| 147 | Gabriela Rodrigues Anastacio | 1999 | CAC    | 13:29.46 | 07:01.64 | <b>451</b> |
| 148 | Ana Almeida Farinha          | 1999 | EFC    | 13:16.06 | 07:15.39 | <b>440</b> |
| 149 | Ana Maria Sousa              | 1999 | EDL    | 13:37.99 | 07:08.28 | <b>433</b> |
| 150 | Daniela Oliveira Silva       | 1999 | ADPB   | 13:22.56 | 07:24.41 | <b>422</b> |
| 151 | Beatriz Isabel Nunes         | 1999 | BUZIOS | 13:45.36 | 07:28.32 | <b>399</b> |
| 152 | Laura Tovela Pereira         | 1999 | CDN    | 13:40.87 | 07:51.48 | <b>374</b> |
| 153 | Alexandra Sousa Goncalves    | 1999 | ANAR   | 14:45.18 | 07:41.09 | <b>345</b> |



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Femininos, Infantis B

| RANK | NOME                        | ANO  | CLUBE   | 800 L    | 400 E    | FINA 2011 |
|------|-----------------------------|------|---------|----------|----------|-----------|
| 1    | Ana Miguel Reis             | 2000 | ASSSCC  | 10:06.70 | 05:27.57 | 1015      |
| 2    | Giovana Vaz Vargas          | 2000 | DNMG    | 10:36.76 | 05:44.62 | 874       |
| 3    | Mariana Simoes Antunes      | 2000 | SCP     | 10:42.50 | 05:46.38 | 856       |
| 4    | Teresa Miguel Veloso        | 2000 | CNAC    | 10:57.73 | 05:41.28 | 846       |
| 5    | Monica Seara Domingues      | 2000 | DNMG    | 10:56.55 | 05:43.42 | 840       |
| 6    | Ines Rocha Silva            | 2000 | CNAL    | 10:55.82 | 05:48.56 | 823       |
| 7    | Mariana Silva Ramos         | 2000 | SCP     | 10:46.52 | 05:56.26 | 813       |
| 8    | Catarina Martins Mestre     | 2000 | SCP     | 10:45.28 | 05:59.02 | 807       |
| 9    | Ines Silva Bernardo         | 2000 | ADRCIMM | 10:37.11 | 06:06.09 | 801       |
| 10   | Maria Francisca Cabral      | 2000 | FCP     | 10:44.29 | 06:03.88 | 794       |
| 11   | Ana Rita Faria              | 2000 | FCP     | 10:46.90 | 06:15.78 | 755       |
| 12   | Beatriz Patricio Peixe      | 2000 | SCP     | 11:22.07 | 06:07.55 | 716       |
| 13   | Mariana Santos Ferreira     | 2000 | CNMC    | 11:14.56 | 06:12.12 | 715       |
| 14   | Laura Catarina Abreu        | 2000 | CDN     | 11:09.65 | 06:17.07 | 709       |
| 15   | Rafaela Araujo Silva        | 2000 | GDNVNF  | 11:10.43 | 06:18.38 | 705       |
| 16   | Alexandra Jesus Santos      | 2000 | LSC     | 11:28.08 | 06:10.81 | 697       |
| 17   | Maria Ines Ferreira         | 2000 | CNMC    | 11:37.07 | 06:06.65 | 695       |
| 18   | Margarete Leandro Fernandes | 2000 | CNMC    | 11:27.08 | 06:12.60 | 693       |
| 18   | Margarida Reconha Marques   | 2000 | DNMG    | 11:23.53 | 06:14.87 | 693       |
| 20   | Joana Francisca Costa       | 2000 | FOCA    | 11:06.96 | 06:26.38 | 691       |
| 21   | Adriana Azevedo Couto       | 2000 | GDNVNF  | 11:17.05 | 06:20.78 | 688       |
| 22   | Lara Ferreira Martins       | 2000 | DNMG    | 11:25.71 | 06:16.05 | 686       |
| 23   | Margarida Valente Orrico    | 2000 | SFUAP   | 11:23.30 | 06:17.77 | 685       |
| 24   | Sara Kalinovicova Guerreiro | 2000 | IDC     | 11:21.76 | 06:20.61 | 680       |
| 25   | Alice Margarida Sousa       | 2000 | DNMG    | 11:27.75 | 06:20.59 | 671       |
| 26   | Carolina Pastor Escada      | 2000 | AMINAT  | 11:29.72 | 06:21.00 | 667       |
| 26   | Daniela Domingues Sousa     | 2000 | CNV     | 11:23.85 | 06:24.47 | 667       |
| 28   | Ana Catarina Santos         | 2000 | SFUS    | 11:16.95 | 06:30.65 | 664       |
| 28   | Marta Henriques Costa       | 2000 | SCP     | 11:22.66 | 06:26.93 | 664       |
| 30   | Ana Oliveira Ferreira       | 2000 | AVQA    | 11:31.71 | 06:22.92 | 659       |
| 31   | Beatriz Mendes Viegas       | 2000 | TNC     | 11:41.86 | 06:17.82 | 658       |
| 32   | Janete Varela Viola         | 2000 | CNA     | 11:38.97 | 06:20.09 | 656       |
| 33   | Rita Guedes Moreira         | 2000 | LDC     | 11:23.58 | 06:33.70 | 647       |
| 34   | Mariana Figueiras Matos     | 2000 | SCP     | 11:29.14 | 06:30.24 | 646       |
| 34   | Joana Martins Pereira       | 2000 | CFV     | 11:25.79 | 06:32.28 | 646       |
| 36   | Rita Filipa Paulino         | 2000 | CNS     | 11:39.34 | 06:27.82 | 636       |
| 37   | Sofia Alexandra Nunes       | 2000 | CL      | 11:48.96 | 06:23.32 | 634       |
| 38   | Ines Jacinto Henriques      | 2000 | ANAR    | 11:39.71 | 06:29.39 | 633       |
| 39   | Lara Silva Jordao           | 2000 | DNMG    | 11:45.02 | 06:26.18 | 632       |
| 40   | Joana Mota Correia          | 2000 | PIMP    | 11:56.75 | 06:20.63 | 630       |
| 41   | Ines Silva Oliveira         | 2000 | LSC     | 11:44.76 | 06:28.30 | 627       |
| 42   | Maria Rocha Ascencao        | 2000 | FCP     | 11:30.25 | 06:38.78 | 625       |
| 43   | Carlota Santos Silva        | 2000 | CNAC    | 11:48.94 | 06:29.08 | 620       |

|    |                              |      |         |          |          |            |
|----|------------------------------|------|---------|----------|----------|------------|
| 43 | Patricia Palmeiro Baeta      | 2000 | CNRM    | 11:50.82 | 06:28.17 | <b>620</b> |
| 45 | Cintia Barroqueiro Magalhaes | 2000 | ADRCIMM | 11:44.74 | 06:34.86 | <b>612</b> |
| 46 | Mariana Pereira Rego         | 2000 | GDNVNF  | 11:59.15 | 06:28.29 | <b>608</b> |
| 47 | Maria Joao Sousa             | 2000 | SCE     | 12:06.88 | 06:25.29 | <b>606</b> |
| 48 | Barbara Guerra Pisco         | 2000 | AVQA    | 11:31.80 | 06:50.10 | <b>600</b> |
| 49 | Raquel Torres Ramos          | 2000 | CNA     | 11:38.93 | 06:45.42 | <b>599</b> |
| 50 | Ana Rita Cruz                | 2000 | GESP    | 11:48.40 | 06:39.87 | <b>597</b> |
| 51 | Beatriz Teixeira Martins     | 2000 | AEJ     | 11:53.79 | 06:37.03 | <b>596</b> |
| 52 | Ana Carolina Neves           | 2000 | AAC     | 12:07.59 | 06:30.30 | <b>594</b> |
| 53 | Maria Saraiva Ruivaco        | 2000 | IDV     | 11:55.19 | 06:39.27 | <b>589</b> |
| 54 | Ema Filipa Rosario           | 2000 | CNMJ    | 11:51.65 | 06:43.40 | <b>585</b> |
| 54 | Joana Almeida Rainha         | 2000 | CFV     | 11:55.37 | 06:41.34 | <b>585</b> |
| 56 | Ines Figueira Santos         | 2000 | SFUAP   | 11:48.90 | 06:46.90 | <b>583</b> |
| 57 | Ana Francisca Senra          | 2000 | EMDB    | 12:07.28 | 06:35.50 | <b>582</b> |
| 58 | Ines Rosado Monteiro         | 2000 | CNVA    | 12:10.71 | 06:34.45 | <b>580</b> |
| 59 | Claudia Isabel Martins       | 2000 | AVFC    | 12:08.07 | 06:36.24 | <b>579</b> |
| 59 | Ana Cristina Afonso          | 2000 | VNC     | 12:07.56 | 06:36.77 | <b>579</b> |
| 61 | Filipa Andreia Silva         | 2000 | CNAL    | 12:14.51 | 06:34.64 | <b>576</b> |
| 62 | Beatriz Martins Avila        | 2000 | TAC     | 11:58.11 | 06:46.68 | <b>571</b> |
| 63 | Daniela Margarida Pinto      | 2000 | CNMC    | 12:13.69 | 06:39.29 | <b>567</b> |
| 64 | Maria Beatriz Jorge          | 2000 | CNAC    | 12:06.50 | 06:43.75 | <b>566</b> |
| 65 | Mariana Sanganha Pita        | 2000 | EFC     | 12:13.76 | 06:40.31 | <b>564</b> |
| 65 | Catarina Vasques Couto       | 2000 | CNS     | 12:10.07 | 06:42.76 | <b>564</b> |
| 67 | Marta Santos Pereira         | 2000 | FCP     | 12:08.90 | 06:46.22 | <b>558</b> |
| 68 | Vera Ines Aguilar            | 2000 | CDN     | 11:55.63 | 06:56.81 | <b>555</b> |
| 69 | Mariana Vieira Mateus        | 2000 | EDL     | 12:06.41 | 06:59.89 | <b>536</b> |
| 69 | Francisca Azevedo Dourado    | 2000 | CFV     | 12:14.89 | 06:54.08 | <b>536</b> |
| 71 | Joana Margarida Perestrelo   | 2000 | TNC     | 12:47.43 | 06:37.09 | <b>535</b> |
| 72 | Luisa Ribeiro Lino           | 2000 | CNFA    | 12:34.22 | 06:45.71 | <b>531</b> |
| 72 | Ana Francisca Correia        | 2000 | CDL     | 12:28.58 | 06:48.48 | <b>531</b> |
| 74 | Beatriz Lemos Rocha          | 2000 | VNC     | 12:53.69 | 06:39.45 | <b>524</b> |
| 75 | Raquel Leao Monteiro         | 2000 | GESP    | 12:42.12 | 06:45.18 | <b>523</b> |
| 76 | Mariana Martins Gaspar       | 2000 | AAC     | 12:37.35 | 06:52.77 | <b>513</b> |
| 77 | Ines Filipa Campos           | 2000 | CNAC    | 12:31.90 | 06:57.68 | <b>511</b> |
| 78 | Maria Leonor Gomes           | 2000 | CDN     | 12:19.84 | 07:08.98 | <b>505</b> |
| 79 | Rita Correia Albergueiro     | 2000 | AEJ     | 13:10.72 | 06:43.05 | <b>501</b> |
| 80 | Diana Sofia Mirra            | 2000 | ADBA    | 12:55.38 | 06:50.69 | <b>500</b> |
| 80 | Rafaela Campos Oliveira      | 2000 | CFV     | 12:23.20 | 07:10.43 | <b>500</b> |
| 82 | Sofia Sousa Fernandes        | 2000 | EDL     | 12:49.24 | 06:54.91 | <b>498</b> |
| 82 | Sara Lopes Barbosa           | 2000 | GESP    | 12:19.90 | 07:13.69 | <b>498</b> |
| 84 | Rafaela Sofia Mateus         | 2000 | CNAC    | 12:48.48 | 06:57.60 | <b>494</b> |
| 85 | Ana Beatriz Costa            | 2000 | NSIT    | 12:52.92 | 07:00.29 | <b>485</b> |
| 86 | Beatriz Gregorio Fradique    | 2000 | ANAR    | 12:57.21 | 06:59.12 | <b>483</b> |
| 87 | Ana Joao Marreiros           | 2000 | NDAP    | 12:44.07 | 07:08.77 | <b>480</b> |
| 88 | Joana Alves Anastacio        | 2000 | EFC     | 12:59.63 | 07:01.92 | <b>476</b> |
| 89 | Viviana Raquel Pires         | 2000 | AVFC    | 12:41.26 | 07:13.20 | <b>475</b> |
| 90 | Marisa Silva Melo            | 2000 | CDF     | 12:53.53 | 07:07.60 | <b>472</b> |
| 91 | Carolina Sofia Eusebio       | 2000 | BUZIOS  | 12:46.05 | 07:14.81 | <b>469</b> |
| 92 | Barbara Outeiro Posse        | 2000 | SAA     | 12:48.49 | 07:14.89 | <b>466</b> |
| 92 | Francisca Teixeira Baptista  | 2000 | GCVR    | 12:52.46 | 07:12.00 | <b>466</b> |

|     |                         |      |         |          |          |            |
|-----|-------------------------|------|---------|----------|----------|------------|
| 94  | Jessica Sofia Abrantes  | 2000 | SAA     | 12:58.31 | 07:10.31 | <b>464</b> |
| 95  | Maria Pinto Goncalves   | 2000 | CCDSM   | 12:49.54 | 07:18.44 | <b>460</b> |
| 96  | Catarina Furtado Santos | 2000 | PORTIN  | 13:14.72 | 07:06.52 | <b>455</b> |
| 97  | Rita Sousa Cardoso      | 2000 | ANAR    | 12:57.73 | 07:17.83 | <b>452</b> |
| 98  | Ana Miguel Rodrigues    | 2000 | CGA     | 13:04.21 | 07:18.37 | <b>446</b> |
| 98  | Ana Carolina Pratas     | 2000 | ACADES  | 12:45.90 | 07:31.64 | <b>446</b> |
| 100 | Raquel Goncalves Melo   | 2000 | CAC     | 13:35.79 | 07:02.18 | <b>445</b> |
| 101 | Teresa Gabriel Nunes    | 2000 | PORTIN  | 13:26.08 | 07:09.86 | <b>440</b> |
| 102 | Ariana Santos Lopes     | 2000 | CDE     | 13:30.67 | 07:10.06 | <b>436</b> |
| 103 | Francisca Andrade Brito | 2000 | AEJ     | 13:22.96 | 07:18.74 | <b>429</b> |
| 104 | Ines do Carmo Cruz      | 2000 | GCVR    | 13:29.20 | 07:21.76 | <b>420</b> |
| 105 | Ana Margarida Rodrigues | 2000 | ANAR    | 13:41.13 | 07:17.11 | <b>417</b> |
| 106 | Sara Gabriela Pereira   | 2000 | CDF     | 13:44.66 | 07:20.36 | <b>410</b> |
| 107 | Maria Marta Alvarenga   | 2000 | CDAV    | 13:41.55 | 07:24.96 | <b>406</b> |
| 108 | Ana Beatriz Bastos      | 2000 | SCA     | 13:36.82 | 07:33.04 | <b>399</b> |
| 109 | Beatriz Jong Rosa       | 2000 | CDN     | 13:15.29 | 07:58.02 | <b>388</b> |
| 110 | Sara Ines Araujo        | 2000 | EDV     | 13:42.31 | 07:39.37 | <b>387</b> |
| 111 | Mariana Nunes Matos     | 2000 | IDC     | 13:35.15 | 07:46.09 | <b>385</b> |
| 112 | Carina Filipa Silveira  | 2000 | CNH     | 14:07.91 | 07:31.72 | <b>378</b> |
| 113 | Ana Teresa Silva        | 2000 | CDF     | 14:17.72 | 07:40.74 | <b>361</b> |
| 114 | Beatriz Isabel Dedeiras | 2000 | GDRTCMM | 14:37.96 | 07:57.04 | <b>331</b> |
| 115 | Ana Isabel Viveiros     | 2000 | CDN     | 14:44.41 | 08:05.55 | <b>319</b> |
| 116 | Adriana Robalo Garcia   | 2000 | CNPV    | 14:31.16 | 08:16.62 | <b>317</b> |
| 117 | Laura Luis Dias         | 2000 | NSIT    | 14:43.97 | 08:08.81 | <b>316</b> |
| 118 | Regina Lopes Bento      | 2000 | CAPGE   | 14:34.42 | 08:20.65 | <b>311</b> |
| 119 | Rafaela Brasil Melo     | 2000 | TAC     | 15:31.20 | 08:14.05 | <b>287</b> |
| 120 | Sofia Mendes Teixeira   | 2000 | NCC     | 15:14.76 | 08:31.38 | <b>281</b> |



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Masculinos, Juvenis A

| RANK | NOME                        | ANO  | CLUBE  | 1500 L   | 400 E    | FINA 2011   |
|------|-----------------------------|------|--------|----------|----------|-------------|
| 1    | Tomas Miguel Veloso         | 1996 | CNAC   | 16:23.18 | 04:36.25 | <b>1265</b> |
| 2    | Rafael Lourenco Gil         | 1996 | CMEM   | 16:32.16 | 04:46.32 | <b>1185</b> |
| 3    | Goncalo Cardoso Carmo       | 1996 | CNCVG  | 16:44.32 | 04:43.58 | <b>1178</b> |
| 4    | Pedro Veiguiha Martins      | 1996 | SCB    | 16:41.68 | 04:52.10 | <b>1135</b> |
| 5    | Pedro Ribeiro Santos        | 1996 | AVFC   | 16:50.13 | 04:50.47 | <b>1128</b> |
| 6    | Artur Jose Reis             | 1996 | FCP    | 17:18.48 | 04:45.59 | <b>1108</b> |
| 7    | Rodrigo Silverio Carmo      | 1996 | CNCVG  | 17:16.40 | 04:46.99 | <b>1103</b> |
| 8    | Joao Carlos Santos          | 1996 | ANAM   | 16:55.21 | 04:53.84 | <b>1101</b> |
| 9    | Miguel Prata Santos         | 1996 | VNC    | 16:57.08 | 04:53.26 | <b>1100</b> |
| 10   | Tiago Manuel Teixeira       | 1996 | ADF    | 16:53.65 | 04:56.86 | <b>1088</b> |
| 11   | Joao Miguel Lopes           | 1996 | EFC    | 17:15.42 | 04:53.92 | <b>1067</b> |
| 12   | Diogo Henrique Gomes        | 1996 | FCP    | 16:58.24 | 05:02.24 | <b>1054</b> |
| 13   | Rafael Filipe Nunes         | 1996 | ANAM   | 17:19.30 | 04:55.95 | <b>1050</b> |
| 14   | Jose Pedro Bugalho          | 1996 | CNAL   | 17:23.25 | 04:55.01 | <b>1049</b> |
| 15   | Leonardo Cardoso Figueiredo | 1996 | CNMAIA | 17:38.68 | 04:52.62 | <b>1038</b> |
| 16   | David Nunes Sousa           | 1996 | GDNVNF | 16:57.56 | 05:10.73 | <b>1018</b> |
| 17   | Alexandre Lemos Leal        | 1996 | LDC    | 17:19.86 | 05:03.85 | <b>1011</b> |
| 18   | Francisco Jose Fernandes    | 1996 | CNAC   | 17:33.93 | 05:00.02 | <b>1007</b> |
| 19   | Bruno Miguel Silva          | 1996 | FCP    | 17:19.46 | 05:05.54 | <b>1003</b> |
| 20   | Tomas Risso Fernandes       | 1996 | CNCVG  | 17:36.78 | 05:00.56 | <b>1001</b> |
| 21   | Andre Coelho Oliveira       | 1996 | VSC    | 17:19.01 | 05:06.47 | <b>1000</b> |
| 22   | Paulo Andre Silva           | 1996 | CFV    | 17:55.78 | 04:55.91 | <b>997</b>  |
| 23   | Tiago Joao Meira            | 1996 | VNC    | 17:41.56 | 05:00.34 | <b>995</b>  |
| 24   | Pedro Manuel Rocha          | 1996 | GDNVNF | 17:48.31 | 04:58.53 | <b>993</b>  |
| 24   | Miguel Filipe Pinto         | 1996 | GCST   | 17:18.45 | 05:08.40 | <b>993</b>  |
| 26   | Antonio Miguel Vitorino     | 1996 | VNC    | 17:27.05 | 05:06.16 | <b>990</b>  |
| 27   | Miguel Freitas Marques      | 1996 | CSM    | 17:46.75 | 05:02.69 | <b>976</b>  |
| 28   | Miguel Angelo Cruz          | 1996 | GESP   | 18:02.27 | 04:58.71 | <b>974</b>  |
| 29   | Joao Filipe Costa           | 1996 | SCP    | 18:05.34 | 04:57.98 | <b>973</b>  |
| 30   | Miguel Angelo Alves         | 1996 | ANAM   | 17:48.36 | 05:04.58 | <b>965</b>  |
| 31   | Alessandro Diogo Carvalho   | 1996 | AVFC   | 17:56.49 | 05:02.62 | <b>963</b>  |
| 32   | Gil Silva Santos            | 1996 | GESP   | 17:50.73 | 05:04.45 | <b>962</b>  |
| 33   | Diogo Serrao Santos         | 1996 | SCALAB | 17:54.73 | 05:03.73 | <b>960</b>  |
| 34   | Nuno Oliveira Noritake      | 1996 | ABVE   | 18:26.73 | 04:55.35 | <b>959</b>  |
| 35   | Bruno Miguel Rainho         | 1996 | GESL   | 17:42.10 | 05:09.62 | <b>952</b>  |
| 36   | Daniel Baptista Relvao      | 1996 | AAC    | 17:44.66 | 05:10.30 | <b>946</b>  |
| 37   | Pedro Alexandre Oliveira    | 1996 | DNMG   | 18:12.85 | 05:02.25 | <b>943</b>  |
| 37   | Francisco Gouveia Sousa     | 1996 | CNF    | 18:03.59 | 05:04.67 | <b>943</b>  |
| 37   | Vitor Samuel Rocha          | 1996 | GESP   | 18:20.40 | 05:00.23 | <b>943</b>  |
| 40   | Nuno Goncalo Santos         | 1996 | DNMG   | 17:43.96 | 05:13.30 | <b>934</b>  |
| 41   | Jose Carlos Teixeira        | 1996 | FOCA   | 17:41.81 | 05:14.70 | <b>932</b>  |
| 42   | Miguel Galeao Lopes         | 1996 | PORTIN | 18:03.27 | 05:07.80 | <b>930</b>  |
| 43   | Diogo Silva Marzia          | 1996 | EFC    | 18:08.31 | 05:07.16 | <b>926</b>  |
| 44   | Bruno Rafael Meireles       | 1996 | CL     | 18:08.90 | 05:07.37 | <b>924</b>  |
| 45   | Sergio Gomes Abreu          | 1996 | CNF    | 17:59.78 | 05:10.37 | <b>923</b>  |



|    |                               |      |        |          |          |            |
|----|-------------------------------|------|--------|----------|----------|------------|
| 45 | Ricardo Miguel Alves          | 1996 | VNC    | 17:57.91 | 05:11.06 | <b>923</b> |
| 47 | Bruno Caseiro Dias            | 1996 | GESL   | 18:01.62 | 05:12.01 | <b>914</b> |
| 48 | Joao Pedro Santos             | 1996 | CFV    | 18:41.46 | 05:01.73 | <b>910</b> |
| 49 | Job Santos Silva              | 1996 | CDF    | 18:31.65 | 05:04.93 | <b>907</b> |
| 50 | Rafael Rocha Ferreira         | 1996 | CGA    | 17:40.27 | 05:24.61 | <b>896</b> |
| 51 | Ian Mesquita Costa            | 1996 | JFP    | 18:09.94 | 05:14.70 | <b>893</b> |
| 52 | Antonio Pedro Silva           | 1996 | SCB    | 18:16.45 | 05:13.68 | <b>889</b> |
| 53 | Nuno Filipe Santos            | 1996 | CFV    | 18:24.67 | 05:11.22 | <b>888</b> |
| 53 | Bruno Campos Neto             | 1996 | GESP   | 18:24.42 | 05:11.34 | <b>888</b> |
| 55 | Rui Miguel Cruz               | 1996 | CNMAIA | 18:13.45 | 05:15.53 | <b>884</b> |
| 56 | Stefan Daniel Steinmaier      | 1996 | ADF    | 18:24.49 | 05:13.89 | <b>877</b> |
| 57 | Tiago Lopes Reis              | 1996 | FCP    | 18:29.65 | 05:13.79 | <b>871</b> |
| 58 | Francisco Abrunhosa Rodrigues | 1996 | FCP    | 18:30.27 | 05:13.86 | <b>870</b> |
| 59 | Joao Pedro Viana              | 1996 | VNC    | 18:09.41 | 05:23.86 | <b>859</b> |
| 60 | Mario Jose Barros             | 1996 | EDV    | 18:36.43 | 05:17.15 | <b>850</b> |
| 61 | Luis Pedro Fernandes          | 1996 | LDC    | 18:25.16 | 05:21.10 | <b>849</b> |
| 62 | Nuno Filipe Goncalves         | 1996 | VSC    | 18:06.72 | 05:27.83 | <b>848</b> |
| 63 | Jose Antonio Lamande          | 1996 | IDV    | 18:21.15 | 05:23.55 | <b>845</b> |
| 64 | David Lopes Cunha             | 1996 | SAD    | 18:40.66 | 05:18.69 | <b>839</b> |
| 65 | Bruno Alexandre Sousa         | 1996 | GESP   | 19:13.76 | 05:12.83 | <b>826</b> |
| 66 | Pedro Rafael Garcia           | 1996 | AVFC   | 18:56.10 | 05:18.96 | <b>820</b> |
| 67 | Ion Caus                      | 1996 | PORTIN | 18:47.91 | 05:23.12 | <b>815</b> |
| 68 | Daniel Silva Cristovao        | 1996 | TAC    | 18:38.26 | 05:28.17 | <b>808</b> |
| 69 | Guilherme Lemos Lima          | 1996 | EDL    | 19:01.76 | 05:21.06 | <b>806</b> |
| 70 | Carlos Daniel Ramos           | 1996 | CDE    | 18:44.78 | 05:26.97 | <b>804</b> |
| 70 | Miguel Angelo Passos          | 1996 | EDV    | 19:34.30 | 05:13.14 | <b>804</b> |
| 72 | Tiago Jose Neto               | 1996 | GESP   | 18:58.63 | 05:24.18 | <b>799</b> |
| 73 | Mateus Roque Mendes           | 1996 | CNFA   | 18:37.00 | 05:33.78 | <b>791</b> |
| 74 | Andre Figueiredo Almeida      | 1996 | CNBE   | 19:27.50 | 05:19.31 | <b>787</b> |
| 75 | Bernardo Filipe Pereira       | 1996 | PIMP   | 18:55.87 | 05:30.66 | <b>780</b> |
| 76 | Jose Pedro Baptista           | 1996 | CFV    | 19:17.28 | 05:25.16 | <b>775</b> |
| 77 | Andre da Costa Coelho         | 1996 | NSIT   | 19:43.32 | 05:19.73 | <b>769</b> |
| 78 | Andre Manuel Bento            | 1996 | CNAL   | 19:38.17 | 05:21.42 | <b>768</b> |
| 79 | Matheus Pereira Goncalves     | 1996 | EDL    | 19:37.22 | 05:22.51 | <b>765</b> |
| 80 | Andre Filipe Vale             | 1996 | SCB    | 19:11.08 | 05:30.26 | <b>764</b> |
| 81 | Caio Neves Camacho            | 1996 | CDN    | 19:00.97 | 05:40.29 | <b>744</b> |
| 81 | Rui Miguel Sampaio            | 1996 | EDV    | 19:50.93 | 05:24.83 | <b>744</b> |
| 83 | Marcelo Jose Ferreira         | 1996 | AVFC   | 19:17.11 | 05:35.53 | <b>741</b> |
| 83 | Fernando Miguel Rodrigues     | 1996 | CNCA   | 19:06.14 | 05:39.71 | <b>741</b> |
| 85 | Joao Jose Vilela              | 1996 | CFV    | 19:54.12 | 05:29.78 | <b>724</b> |
| 86 | Andre Filipe Bucho            | 1996 | CEN    | 19:35.37 | 05:35.87 | <b>722</b> |
| 87 | Diogo Andre Hilario           | 1996 | CNAB   | 19:37.06 | 05:37.92 | <b>714</b> |
| 88 | Ricardo Luis Agostinho        | 1996 | FBSC   | 20:08.94 | 05:36.23 | <b>690</b> |
| 89 | Claudio Patricio Casaleiro    | 1996 | IDV    | 19:59.11 | 05:39.56 | <b>689</b> |
| 90 | Marcelo Germano Romano        | 1996 | IDV    | 19:49.31 | 05:43.78 | <b>686</b> |
| 90 | Joao Pedro Alves              | 1996 | CNTEJO | 19:47.73 | 05:44.09 | <b>686</b> |
| 92 | Pedro Miguel Primo            | 1996 | CLAC   | 20:09.39 | 05:38.64 | <b>683</b> |
| 93 | Fabio Duarte Rodrigues        | 1996 | EDV    | 20:20.07 | 05:36.16 | <b>681</b> |
| 94 | Joao Oliveira Tavares         | 1996 | CNG    | 20:11.32 | 05:40.20 | <b>676</b> |
| 95 | Joao Martins Santos           | 1996 | CAPGE  | 21:02.59 | 05:28.22 | <b>674</b> |
| 96 | Bruno Jose Sousa              | 1996 | EDL    | 20:18.04 | 05:39.19 | <b>673</b> |
| 97 | Tiago Filipe Araujo           | 1996 | CDF    | 21:10.90 | 05:32.68 | <b>653</b> |

|     |                             |      |         |          |          |            |
|-----|-----------------------------|------|---------|----------|----------|------------|
| 98  | Duarte Miguel Pires         | 1996 | GDRTCMM | 20:05.64 | 05:54.49 | <b>643</b> |
| 99  | Carlos Figueiredo Pais      | 1996 | CFV     | 20:00.11 | 05:58.34 | <b>638</b> |
| 100 | Joao Pedro Madeira          | 1996 | CEN     | 20:13.74 | 06:00.68 | <b>621</b> |
| 101 | Diogo Miguel Fernandes      | 1996 | NDAP    | 21:05.19 | 05:48.07 | <b>612</b> |
| 102 | Hugo Silva Troca            | 1996 | AVQA    | 20:35.74 | 05:58.42 | <b>608</b> |
| 103 | Andre Pombo Dias            | 1996 | CNTEJO  | 21:48.99 | 05:43.88 | <b>594</b> |
| 104 | Daniel Baptista Coimbra     | 1996 | CDF     | 21:02.48 | 05:56.72 | <b>592</b> |
| 105 | Jose Carlos Rebelo          | 1996 | CLAC    | 20:59.95 | 06:05.49 | <b>574</b> |
| 106 | Rodrigo Jorge Marreiros     | 1996 | CFOA    | 21:57.98 | 05:50.73 | <b>570</b> |
| 107 | Joao Carlos Peixinho        | 1996 | AVQA    | 20:29.54 | 06:21.51 | <b>565</b> |
| 108 | Alejandro Rachadell Pereira | 1996 | PORTIN  | 22:03.38 | 06:02.68 | <b>538</b> |
| 109 | Joao Vitor Ferreira         | 1996 | CDF     | 22:11.25 | 06:08.02 | <b>522</b> |
| 110 | Joao Pedro Dias             | 1996 | CDF     | 22:47.35 | 06:09.58 | <b>498</b> |
| 111 | Ruben Diogo Oliveira        | 1996 | CNV     | 22:22.74 | 06:25.24 | <b>481</b> |
| 112 | Duarte Filipe Madeira       | 1996 | IDC     | 22:35.51 | 06:26.24 | <b>472</b> |
| 113 | Joao Miguel Antonio         | 1996 | ACMN    | 23:48.95 | 06:37.03 | <b>418</b> |
| 114 | Eusebio Jose Sousa          | 1996 | TAC     | 25:53.14 | 06:48.10 | <b>355</b> |



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| RANK | NOME                        | ANO  | CLUBE  | 1500 L   | 400 E    | FINA 2011 |
|------|-----------------------------|------|--------|----------|----------|-----------|
| 1    | Joao Pedro Gil              | 1997 | ANAM   | 16:56.43 | 04:43.51 | 1158      |
| 2    | Alexandre Lages Ribas       | 1997 | EDV    | 17:06.11 | 04:48.08 | 1114      |
| 3    | Gabriel Jose Lopes          | 1997 | CDL    | 17:00.64 | 04:50.66 | 1108      |
| 4    | Joao Miguel Ascencao        | 1997 | FCP    | 17:02.80 | 04:56.89 | 1073      |
| 4    | Vitor Joao Pereira          | 1997 | LSC    | 17:07.84 | 04:55.04 | 1073      |
| 6    | Eduardo Filipe Carvalheiro  | 1997 | ASSSCC | 17:20.67 | 04:59.26 | 1032      |
| 7    | Joao Pedro Belo             | 1997 | SCP    | 17:24.21 | 04:59.94 | 1023      |
| 8    | Ruben Oliveira Lopes        | 1997 | FCP    | 17:23.18 | 05:02.50 | 1012      |
| 9    | Francisco Xavier Goncalves  | 1997 | CNAC   | 17:17.35 | 05:05.85 | 1006      |
| 10   | Alexandre Valdagua Coutinho | 1997 | ASSSCC | 17:22.35 | 05:04.53 | 1004      |
| 11   | Diogo Miguel Nelas          | 1997 | SCB    | 17:32.69 | 05:01.91 | 1000      |
| 12   | Andre Goncalo Santos        | 1997 | LSC    | 17:33.17 | 05:03.19 | 993       |
| 13   | Luis Carlos Oliveira        | 1997 | CNMAIA | 17:33.57 | 05:03.50 | 992       |
| 14   | Jorge Miguel Nunes          | 1997 | FCP    | 17:26.91 | 05:07.40 | 984       |
| 15   | Eduardo Salgado Ramos       | 1997 | FCP    | 17:49.27 | 05:01.25 | 979       |
| 16   | Alexandre Miguel Laureano   | 1997 | CNAL   | 17:34.32 | 05:06.32 | 978       |
| 17   | Nuno Leal Horta             | 1997 | LDC    | 18:16.83 | 04:54.30 | 977       |
| 18   | Tiago Martim Alves          | 1997 | EDV    | 17:52.32 | 05:02.24 | 971       |
| 19   | Miguel Monteiro Cruchinho   | 1997 | SCP    | 17:39.82 | 05:06.22 | 970       |
| 20   | Joao Luis Travanca          | 1997 | FCP    | 17:26.74 | 05:12.23 | 964       |
| 21   | Nuno Valerio Silva          | 1997 | DNMG   | 17:38.35 | 05:08.73 | 961       |
| 21   | Joao Miguel Ferreira        | 1997 | FOCA   | 18:03.53 | 05:00.92 | 961       |
| 23   | Filipe Oliveira Marques     | 1997 | ADBA   | 17:36.57 | 05:10.16 | 957       |
| 24   | Carlos Flores Clara         | 1997 | GESL   | 17:52.70 | 05:06.80 | 949       |
| 25   | Jose Miguel Santos          | 1997 | CNAC   | 18:03.02 | 05:04.09 | 947       |
| 26   | Pedro Miguel Rodrigues      | 1997 | CNAL   | 17:50.53 | 05:08.10 | 946       |
| 27   | Marco Andre Fernandes       | 1997 | GESP   | 18:03.44 | 05:05.65 | 940       |
| 28   | Pedro Manuel Silva          | 1997 | GCST   | 17:34.92 | 05:15.57 | 938       |
| 29   | Andre Miguel Silva          | 1997 | JFP    | 17:56.72 | 05:09.08 | 934       |
| 30   | Joao Vieira Camara          | 1997 | CSM    | 17:46.62 | 05:13.39 | 930       |
| 31   | Artur Miguel Marques        | 1997 | LSC    | 17:42.43 | 05:16.77 | 922       |
| 32   | Joao Pedro Sabino           | 1997 | SFUAP  | 17:52.97 | 05:13.92 | 919       |
| 33   | Bruno Daniel Rodrigues      | 1997 | SCB    | 17:44.30 | 05:17.04 | 918       |
| 33   | Jose Ricardo Sousa          | 1997 | LSXXI  | 18:00.52 | 05:11.36 | 918       |
| 35   | Daniel Filipe Cazeiro       | 1997 | ANAM   | 18:05.24 | 05:10.58 | 915       |
| 36   | Tiago Ribeiro Costa         | 1997 | GDNVNF | 17:54.40 | 05:16.30 | 907       |
| 37   | Joao Bernardo Jorge         | 1997 | CNAL   | 18:13.63 | 05:10.49 | 905       |
| 38   | Ricardo Eduardo Afonso      | 1997 | SCB    | 17:54.82 | 05:17.06 | 903       |
| 39   | Joao Miguel Cardoso         | 1997 | GESL   | 17:59.62 | 05:16.78 | 898       |
| 40   | Tiago Bernardo Marques      | 1997 | SFUAP  | 18:27.04 | 05:08.26 | 897       |
| 41   | Daniel Francisco Mendonca   | 1997 | SCB    | 17:54.94 | 05:19.20 | 895       |
| 42   | Jose Eduardo Felicio        | 1997 | CNRM   | 18:53.09 | 05:02.98 | 891       |
| 43   | Guilherme Pereira Dias      | 1997 | SFUAP  | 18:00.11 | 05:18.63 | 890       |

|    |                            |      |        |          |          |            |
|----|----------------------------|------|--------|----------|----------|------------|
| 44 | Joao Diogo Poinho          | 1997 | FCP    | 18:03.15 | 05:17.89 | <b>889</b> |
| 45 | David Emanuel Martins      | 1997 | SCB    | 18:19.60 | 05:13.55 | <b>885</b> |
| 46 | Guilherme Miguel Teixeira  | 1997 | SLB    | 18:19.93 | 05:13.68 | <b>884</b> |
| 47 | Jose Miguel Hilario        | 1997 | CNBE   | 18:00.42 | 05:20.66 | <b>883</b> |
| 47 | Joao Andre Gomes           | 1997 | CNAL   | 18:33.26 | 05:09.87 | <b>883</b> |
| 49 | Paulo Filipe Miranda       | 1997 | ADF    | 18:17.83 | 05:15.63 | <b>879</b> |
| 49 | Bernardo Francisco Pedroso | 1997 | CNV    | 18:23.21 | 05:13.94 | <b>879</b> |
| 51 | Joao Afonso Picao          | 1997 | LSC    | 18:12.02 | 05:18.09 | <b>876</b> |
| 52 | Miguel Angelo Silvestre    | 1997 | CNAL   | 18:38.13 | 05:11.45 | <b>871</b> |
| 53 | Filipe Miguel Gomes        | 1997 | ADBA   | 18:32.63 | 05:14.49 | <b>865</b> |
| 54 | Bruno Dias Couto           | 1997 | EDV    | 18:24.42 | 05:17.41 | <b>864</b> |
| 55 | Luis Henrique Neves        | 1997 | CNAC   | 18:21.70 | 05:19.06 | <b>861</b> |
| 56 | Bruno Miguel Ramos         | 1997 | CNA    | 18:21.76 | 05:19.25 | <b>860</b> |
| 57 | Rui Pedro Figueiredo       | 1997 | AVFC   | 18:32.44 | 05:17.18 | <b>855</b> |
| 57 | Luis Filipe Fonseca        | 1997 | CFE    | 18:33.55 | 05:16.61 | <b>855</b> |
| 59 | Tomas Machado Vale         | 1997 | VNC    | 18:53.76 | 05:11.06 | <b>854</b> |
| 60 | Bernardo Joao Filipe       | 1997 | ADBA   | 18:34.78 | 05:17.89 | <b>849</b> |
| 60 | Joao Francisco Pita        | 1997 | CDN    | 18:09.33 | 05:26.81 | <b>849</b> |
| 62 | Ricardo Baptista Querido   | 1997 | OP     | 18:36.71 | 05:17.74 | <b>848</b> |
| 63 | Ricardo Cansado Lourenco   | 1997 | ANAM   | 18:38.95 | 05:18.10 | <b>843</b> |
| 63 | David Carrasco Correia     | 1997 | CNA    | 18:30.95 | 05:20.87 | <b>843</b> |
| 63 | Narciso Daniel Correia     | 1997 | SCB    | 18:00.94 | 05:31.91 | <b>843</b> |
| 63 | Ivo Pinto Ribeiro          | 1997 | FOCA   | 18:49.47 | 05:15.17 | <b>843</b> |
| 67 | Francisco Pestana Silva    | 1997 | CNF    | 18:28.69 | 05:21.99 | <b>841</b> |
| 68 | Jose Miguel Ventura        | 1997 | FBSC   | 18:11.23 | 05:28.57 | <b>840</b> |
| 69 | Luis Pedro Silva           | 1997 | CNAC   | 18:53.37 | 05:14.94 | <b>839</b> |
| 69 | Fabio Alcantara Aires      | 1997 | ANSE   | 18:44.02 | 05:17.60 | <b>839</b> |
| 71 | Andre Manuel Costa         | 1997 | CNMAIA | 18:44.98 | 05:18.77 | <b>834</b> |
| 72 | Joao Manuel Fernandes      | 1997 | CNF    | 18:27.83 | 05:24.67 | <b>832</b> |
| 73 | Joao Francisco Silva       | 1997 | DNMG   | 18:39.36 | 05:23.02 | <b>825</b> |
| 74 | Ricardo David Silva        | 1997 | FOCA   | 18:55.39 | 05:18.18 | <b>824</b> |
| 75 | Andre Resende Pinheiro     | 1997 | FCP    | 18:49.76 | 05:20.81 | <b>821</b> |
| 76 | Ruben Jose Morim           | 1997 | CFV    | 18:25.72 | 05:29.47 | <b>819</b> |
| 77 | Flavio Dias Silva          | 1997 | GDNVNF | 18:41.53 | 05:24.74 | <b>816</b> |
| 78 | Joao Pedro Valerio         | 1997 | CNMC   | 18:40.45 | 05:25.39 | <b>815</b> |
| 79 | Francisco Sousa Rocha      | 1997 | SCA    | 18:54.31 | 05:22.56 | <b>809</b> |
| 80 | Hugo Guilherme Trigo       | 1997 | SCA    | 18:55.51 | 05:25.40 | <b>798</b> |
| 81 | Filipe Carmo Ramos         | 1997 | CFV    | 19:17.64 | 05:20.55 | <b>791</b> |
| 82 | Jorge Filipe Matos         | 1997 | GESP   | 18:55.58 | 05:27.82 | <b>789</b> |
| 83 | Afonso Miguel Lamy         | 1997 | CNA    | 19:00.30 | 05:26.99 | <b>787</b> |
| 84 | Octavio Afonso Ferreira    | 1997 | CNAC   | 19:12.56 | 05:23.94 | <b>785</b> |
| 85 | Simao Pedro Coelho         | 1997 | CNAC   | 19:21.30 | 05:21.62 | <b>784</b> |
| 86 | Francisco Sampaio Garcia   | 1997 | CNPD   | 19:13.76 | 05:24.23 | <b>783</b> |
| 87 | Joao Paulo Silva           | 1997 | GESP   | 18:57.03 | 05:29.24 | <b>782</b> |
| 88 | Pedro Valadas Machado      | 1997 | ANSE   | 19:09.53 | 05:26.98 | <b>777</b> |
| 89 | Joao Ricardo Silva         | 1997 | GCF    | 19:00.23 | 05:30.14 | <b>776</b> |
| 89 | Henrique Silva Renga       | 1997 | CEN    | 19:21.07 | 05:23.76 | <b>776</b> |
| 89 | Francisco Tomas Vieira     | 1997 | CDN    | 19:04.13 | 05:29.06 | <b>776</b> |
| 92 | Manuel Jose Lucas          | 1997 | TAC    | 19:26.05 | 05:23.50 | <b>772</b> |
| 93 | Joao Pedro Tarquinio       | 1997 | BSCN   | 19:14.18 | 05:28.44 | <b>767</b> |

|     |                              |      |        |          |          |            |
|-----|------------------------------|------|--------|----------|----------|------------|
| 94  | Hugo Octavio Coelho          | 1997 | GESP   | 19:28.36 | 05:25.60 | <b>763</b> |
| 95  | Filipe Joao Fialho           | 1997 | AMINAT | 19:09.37 | 05:31.55 | <b>762</b> |
| 96  | Hugo Vale Pereira            | 1997 | CNAC   | 18:56.98 | 05:37.45 | <b>756</b> |
| 97  | Francisco Maria Ferraz       | 1997 | PIMP   | 19:31.29 | 05:29.80 | <b>746</b> |
| 98  | Carlos Braganca Castro       | 1997 | CNPD   | 19:29.99 | 05:30.70 | <b>744</b> |
| 99  | Jose Rafael Marques          | 1997 | PIMP   | 19:27.20 | 05:31.75 | <b>743</b> |
| 100 | Afonso Filipe Gaspar         | 1997 | CNAB   | 19:26.95 | 05:31.98 | <b>742</b> |
| 101 | Miguel Jose Cassiano         | 1997 | AVQA   | 19:02.88 | 05:40.59 | <b>741</b> |
| 102 | Bernardo Ferro Costa         | 1997 | SCE    | 20:06.84 | 05:22.53 | <b>738</b> |
| 103 | Bruno Filipe Neves           | 1997 | LDC    | 19:12.51 | 05:40.67 | <b>731</b> |
| 104 | Joao Filipe Fernandes        | 1997 | CFV    | 19:26.91 | 05:38.09 | <b>723</b> |
| 105 | Daniel Lago Pinto            | 1997 | EDL    | 19:31.76 | 05:36.98 | <b>722</b> |
| 106 | Tiago Daniel Fernandes       | 1997 | CNMAIA | 19:18.81 | 05:42.10 | <b>720</b> |
| 107 | Mauricio Santiago Martins    | 1997 | CNAL   | 19:30.81 | 05:38.29 | <b>719</b> |
| 108 | Pedro Miguel Coutinho        | 1997 | IDV    | 19:41.39 | 05:44.64 | <b>691</b> |
| 109 | Joel Neves Duarte            | 1997 | JFP    | 20:16.02 | 05:34.29 | <b>690</b> |
| 110 | Nuno Miguel Santos           | 1997 | PIMP   | 20:06.03 | 05:40.63 | <b>680</b> |
| 110 | Pedro Jose Costa             | 1997 | CNMAIA | 20:04.40 | 05:41.10 | <b>680</b> |
| 112 | Joao Mauricio Gaspar         | 1997 | CNAB   | 20:00.39 | 05:43.73 | <b>676</b> |
| 113 | Tiago Miguel Carvalho        | 1997 | CDN    | 20:03.59 | 05:45.54 | <b>668</b> |
| 114 | Luis Maria Carvalho          | 1997 | CEN    | 20:44.89 | 05:35.98 | <b>662</b> |
| 115 | Joao Pedro Breda             | 1997 | AAC    | 20:26.45 | 05:48.00 | <b>642</b> |
| 116 | Joao Pedro Gomes             | 1997 | SCE    | 20:22.06 | 05:52.87 | <b>633</b> |
| 117 | Daniel Sousa Gomes           | 1997 | PORTIN | 20:42.12 | 05:47.18 | <b>632</b> |
| 118 | Joao Courelas Goncalves      | 1997 | NDAP   | 20:12.16 | 05:59.95 | <b>624</b> |
| 119 | Ricardo Contreiras Jeronimo  | 1997 | NDAP   | 21:09.03 | 05:43.15 | <b>623</b> |
| 120 | Artur Rafael Saramago        | 1997 | BUZIOS | 20:42.36 | 05:51.34 | <b>621</b> |
| 121 | Antonio Carlos Lima          | 1997 | ANAR   | 20:34.32 | 05:54.69 | <b>618</b> |
| 122 | Martim Basilio Gil           | 1997 | CLAC   | 20:48.23 | 05:52.09 | <b>614</b> |
| 123 | Antonio Manuel Saldanha      | 1997 | SCA    | 20:42.56 | 05:56.56 | <b>608</b> |
| 124 | Joao Luis Serra              | 1997 | ACMN   | 20:05.92 | 06:14.23 | <b>599</b> |
| 125 | Pedro Afonso Machado         | 1997 | VNC    | 20:31.74 | 06:03.94 | <b>598</b> |
| 125 | Jose Miguel Rodrigues        | 1997 | CNV    | 20:42.89 | 06:00.31 | <b>598</b> |
| 127 | Vicente Paulo Rocha          | 1997 | NSIT   | 20:56.61 | 05:56.58 | <b>597</b> |
| 128 | Joao Avila Esteves           | 1997 | CNH    | 20:41.91 | 06:05.70 | <b>587</b> |
| 129 | Nuno Andre Neves             | 1997 | AEJ    | 20:45.01 | 06:06.01 | <b>584</b> |
| 129 | Ricardo Filipe Nunes         | 1997 | AVFC   | 21:28.24 | 05:52.65 | <b>584</b> |
| 129 | Angelo Jose Julio            | 1997 | AAC    | 20:17.76 | 06:16.40 | <b>584</b> |
| 132 | Rodrigo Miguel Bagarrao      | 1997 | TNC    | 21:36.18 | 05:57.24 | <b>568</b> |
| 133 | Nuno Leal Horta              | 1997 | PORTIN | 21:29.74 | 05:59.70 | <b>566</b> |
| 134 | Andre Filipe Correia         | 1997 | CDF    | 21:33.18 | 06:05.71 | <b>551</b> |
| 135 | Leonardo Pereira Quintaneiro | 1997 | CNVA   | 21:42.98 | 06:03.18 | <b>549</b> |
| 136 | Daniel Ferreira Felix        | 1997 | OP     | 21:19.86 | 06:20.43 | <b>530</b> |
| 137 | Pedro Miguel Riscado         | 1997 | ANAR   | 21:46.64 | 06:12.76 | <b>527</b> |
| 138 | Rui Eduardo Cabral           | 1997 | CFV    | 21:27.20 | 06:27.09 | <b>513</b> |
| 139 | Henrique Manuel Moreira      | 1997 | ADPM   | 21:50.66 | 06:19.18 | <b>511</b> |
| 140 | Tomas Leal Brito             | 1997 | CLAC   | 22:29.25 | 06:16.39 | <b>494</b> |
| 141 | Frederico Jose Moreira       | 1997 | ADPM   | 22:43.18 | 06:13.87 | <b>491</b> |
| 142 | Joao Pedro Santos            | 1997 | AEJ    | 23:09.38 | 06:37.86 | <b>436</b> |
| 143 | Miguel Saldanha Albuquerque  | 1997 | CNH    | 22:50.42 | 06:53.22 | <b>423</b> |



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| RANK | NOME                          | ANO  | CLUBE   | 1500 L   | 400 E    | FINA 2011  |
|------|-------------------------------|------|---------|----------|----------|------------|
| 1    | Joao Alexandre Vital          | 1998 | ADRCIMM | 17:45.96 | 05:00.48 | <b>988</b> |
| 2    | Ricardo Goncalves Moura       | 1998 | EFC     | 17:44.80 | 05:05.53 | <b>965</b> |
| 3    | Tiago Moises Dinis            | 1998 | CNAC    | 17:51.67 | 05:08.53 | <b>943</b> |
| 4    | Joao Francisco Lopes          | 1998 | SCB     | 18:08.73 | 05:07.15 | <b>926</b> |
| 5    | Antonio Fernandes Carrico     | 1998 | PIMP    | 18:18.67 | 05:09.98 | <b>901</b> |
| 6    | Jose Diogo Fonseca            | 1998 | DNMG    | 17:51.78 | 05:20.14 | <b>896</b> |
| 6    | Vasco Gradim Amorim           | 1998 | FCP     | 18:14.78 | 05:12.27 | <b>896</b> |
| 8    | Pedro Ferraz Silva            | 1998 | GESP    | 18:29.05 | 05:08.28 | <b>895</b> |
| 9    | Diogo Manuel Marques          | 1998 | ASSSCC  | 18:04.55 | 05:17.49 | <b>889</b> |
| 10   | Miguel Martins Baltazar       | 1998 | AMINAT  | 18:24.73 | 05:16.23 | <b>868</b> |
| 11   | Pedro Goncalves Neto          | 1998 | FCP     | 18:11.26 | 05:20.96 | <b>867</b> |
| 12   | Jose Pedro Pinto              | 1998 | SCB     | 18:14.72 | 05:22.97 | <b>855</b> |
| 13   | Luis Filipe Soares            | 1998 | SCE     | 18:54.65 | 05:11.88 | <b>850</b> |
| 14   | Afonso Calais Queiroga        | 1998 | SFUAP   | 18:19.40 | 05:23.56 | <b>847</b> |
| 15   | Diogo Rodrigues Freitas       | 1998 | SFUAP   | 18:20.52 | 05:23.44 | <b>846</b> |
| 16   | Pedro Nuno Vieira             | 1998 | CNV     | 18:49.26 | 05:14.49 | <b>845</b> |
| 17   | Leandro Fernandes Mota        | 1998 | ASSSCC  | 18:40.05 | 05:18.25 | <b>842</b> |
| 18   | Rodrigo Manuel Monteiro       | 1998 | SCE     | 18:41.69 | 05:17.80 | <b>841</b> |
| 19   | Joao Manuel Pires             | 1998 | CNAC    | 18:02.17 | 05:33.64 | <b>835</b> |
| 20   | Joao Santos Mendes            | 1998 | LSC     | 18:17.53 | 05:27.77 | <b>834</b> |
| 21   | Luis Carlos Almeida           | 1998 | GESP    | 18:39.96 | 05:20.72 | <b>832</b> |
| 22   | Joao Costa Ferreira           | 1998 | GDNVNF  | 18:32.58 | 05:25.21 | <b>825</b> |
| 23   | Guilherme Assis Ramos         | 1998 | AEFDTV  | 18:52.72 | 05:18.91 | <b>824</b> |
| 24   | Nuno Miguel Graca             | 1998 | EDV     | 19:11.35 | 05:15.54 | <b>817</b> |
| 25   | Tiago Martins Boleta          | 1998 | LDC     | 18:27.27 | 05:29.69 | <b>816</b> |
| 25   | Goncalo Miguel Nogueira       | 1998 | FCP     | 18:28.44 | 05:29.29 | <b>816</b> |
| 27   | Jose Pedro Sampaio            | 1998 | FOCA    | 18:50.57 | 05:23.48 | <b>810</b> |
| 28   | Rui Filipe Costa              | 1998 | EMDB    | 19:10.91 | 05:20.92 | <b>797</b> |
| 29   | Humberto Fernandes Felgueiras | 1998 | CNV     | 18:55.76 | 05:26.97 | <b>792</b> |
| 30   | Luis Filipe Ribeiro           | 1998 | SCB     | 18:54.80 | 05:27.78 | <b>790</b> |
| 31   | Andre Filipe Afonseca         | 1998 | EMDB    | 19:02.08 | 05:25.96 | <b>789</b> |
| 32   | Eduardo Manuel Goncalves      | 1998 | NSIT    | 18:38.23 | 05:34.28 | <b>788</b> |
| 33   | Andre Magalhaes Moura         | 1998 | AVFC    | 19:14.86 | 05:23.13 | <b>785</b> |
| 34   | Guilherme Filipe Pina         | 1998 | BSCN    | 18:50.89 | 05:31.28 | <b>783</b> |
| 35   | Hugo Pon                      | 1998 | SAD     | 19:48.14 | 05:15.42 | <b>782</b> |
| 36   | Pedro Trindade Silva          | 1998 | CNA     | 19:03.23 | 05:28.62 | <b>779</b> |
| 37   | Diogo Nogueira Rebelo         | 1998 | ADRCIMM | 19:00.08 | 05:30.39 | <b>776</b> |
| 38   | Joao Carlos Silva             | 1998 | GDNVNF  | 19:23.92 | 05:23.56 | <b>774</b> |
| 39   | Joao Manuel Leitao            | 1998 | CNAC    | 19:42.30 | 05:19.53 | <b>771</b> |
| 40   | Joao Miguel Mateus            | 1998 | SCP     | 19:11.56 | 05:28.54 | <b>770</b> |
| 41   | Leandro Miguel Baptista       | 1998 | LSC     | 18:52.45 | 05:35.81 | <b>767</b> |
| 42   | Joao Miguel Branco            | 1998 | SCE     | 19:28.28 | 05:26.39 | <b>760</b> |
| 43   | Filipe Miguel Silveira        | 1998 | CNA     | 19:25.80 | 05:27.74 | <b>758</b> |

|    |                            |      |         |          |          |            |
|----|----------------------------|------|---------|----------|----------|------------|
| 44 | Francisco Rodrigues Antas  | 1998 | EDV     | 19:02.94 | 05:35.34 | <b>757</b> |
| 45 | Miguel Angelo Martins      | 1998 | AMINAT  | 19:19.07 | 05:30.48 | <b>755</b> |
| 46 | Tiago Abrantes Oliveira    | 1998 | SAA     | 19:05.91 | 05:35.27 | <b>754</b> |
| 47 | Diogo Miguel Costa         | 1998 | FCP     | 19:34.35 | 05:27.58 | <b>750</b> |
| 48 | Martim Silveira Rodrigues  | 1998 | CSM     | 19:17.31 | 05:34.41 | <b>745</b> |
| 49 | Francisco Manso Teixeira   | 1998 | CNF     | 19:07.63 | 05:37.80 | <b>744</b> |
| 50 | Miguel Cerdeira Freitas    | 1998 | ABVE    | 19:28.65 | 05:32.52 | <b>739</b> |
| 50 | Goncalo Filipe Patatas     | 1998 | SCP     | 19:37.95 | 05:29.57 | <b>739</b> |
| 52 | Francisco Rogerio Santos   | 1998 | BSCN    | 19:00.76 | 05:42.98 | <b>736</b> |
| 52 | Raul Miguel Matzinger      | 1998 | GESL    | 19:38.97 | 05:30.14 | <b>736</b> |
| 54 | Paulo Filipe Silva         | 1998 | CNMAIA  | 19:38.34 | 05:30.75 | <b>735</b> |
| 54 | Leonardo Bom Pinto         | 1998 | LSC     | 19:54.90 | 05:26.41 | <b>735</b> |
| 56 | Steve Alexandre Soares     | 1998 | CNA     | 19:48.19 | 05:29.49 | <b>731</b> |
| 57 | Miguel Reis Santos         | 1998 | SAD     | 19:20.47 | 05:40.49 | <b>723</b> |
| 58 | Ruben Duarte Leitao        | 1998 | EMDS    | 19:34.65 | 05:36.35 | <b>722</b> |
| 59 | Diogo Rosado Leca          | 1998 | ADRCIMM | 19:13.93 | 05:44.47 | <b>718</b> |
| 60 | Joao Nuno Rodrigues        | 1998 | CNAC    | 19:26.84 | 05:40.19 | <b>717</b> |
| 61 | Andre Farias Carmona       | 1998 | GESL    | 19:25.31 | 05:42.05 | <b>714</b> |
| 61 | Joao Diogo Lourenco        | 1998 | FOCA    | 19:44.09 | 05:35.91 | <b>714</b> |
| 63 | Pedro Filipe Pires         | 1998 | CNAC    | 19:32.31 | 05:40.00 | <b>713</b> |
| 64 | Antonio Francisco Ferreira | 1998 | AVFC    | 19:24.05 | 05:43.19 | <b>712</b> |
| 65 | Tiago Santos Fernandes     | 1998 | PIMP    | 19:44.12 | 05:38.02 | <b>708</b> |
| 66 | Andre Pereira Coelho       | 1998 | CNAL    | 19:36.02 | 05:42.78 | <b>701</b> |
| 67 | Pedro Miguel Lino          | 1998 | GESP    | 20:00.71 | 05:35.22 | <b>700</b> |
| 68 | Filipe Ferreira Luz        | 1998 | GESL    | 19:39.80 | 05:42.49 | <b>699</b> |
| 69 | Diogo Pereira Coelho       | 1998 | CNAL    | 19:33.09 | 05:45.55 | <b>696</b> |
| 70 | Diogo Miguel Henriques     | 1998 | AMINAT  | 19:41.01 | 05:43.67 | <b>693</b> |
| 71 | Diogo Mendes Pereira       | 1998 | JFP     | 19:31.97 | 05:47.48 | <b>692</b> |
| 71 | David Miguel Neves         | 1998 | SLB     | 20:00.35 | 05:38.14 | <b>692</b> |
| 73 | Daniel Filipe Paiva        | 1998 | CNMC    | 19:31.50 | 05:49.19 | <b>688</b> |
| 74 | Carlos Alberto Gomes       | 1998 | SCE     | 19:36.42 | 05:49.17 | <b>683</b> |
| 75 | Pedro Santos Medeiros      | 1998 | LAC     | 19:46.85 | 05:47.71 | <b>677</b> |
| 76 | Joao Nuno Costa            | 1998 | GESP    | 20:04.97 | 05:42.32 | <b>676</b> |
| 77 | Louis Daniel Caille        | 1998 | SCB     | 19:42.72 | 05:49.91 | <b>675</b> |
| 78 | Diogo Filipe Rodrigues     | 1998 | ADBA    | 20:11.84 | 05:41.27 | <b>673</b> |
| 79 | Rafael Viegas Cruz         | 1998 | SCP     | 19:59.66 | 05:45.17 | <b>672</b> |
| 79 | Carlos Afonso Almeida      | 1998 | CNCVG   | 20:16.96 | 05:40.08 | <b>672</b> |
| 81 | Afonso Branco Oliveira     | 1998 | CGA     | 20:18.37 | 05:42.14 | <b>665</b> |
| 81 | Rodrigo Martins Gomes      | 1998 | IDC     | 20:07.51 | 05:45.16 | <b>665</b> |
| 83 | Joao Pedro Candeias        | 1998 | AMINAT  | 20:11.99 | 05:45.95 | <b>660</b> |
| 84 | Lucas Correia Veloso       | 1998 | EMDB    | 20:18.15 | 05:44.50 | <b>658</b> |
| 85 | Pedro Afonso Silva         | 1998 | GESL    | 20:00.40 | 05:53.30 | <b>651</b> |
| 86 | Tomas Mestre Paulo         | 1998 | LDC     | 20:40.22 | 05:42.04 | <b>648</b> |
| 87 | Pedro Daniel Figueira      | 1998 | CDE     | 20:01.87 | 05:53.90 | <b>647</b> |
| 88 | Diogo Loureiro Martinho    | 1998 | GCF     | 19:44.38 | 06:03.59 | <b>640</b> |
| 88 | Dmytro Khomenko            | 1998 | ADBA    | 20:19.47 | 05:50.84 | <b>640</b> |
| 88 | Diogo Alexandre Vicente    | 1998 | CNAL    | 21:24.94 | 05:33.78 | <b>640</b> |
| 91 | Eduardo Reis Galhano       | 1998 | ASSSCC  | 20:17.99 | 05:51.95 | <b>638</b> |
| 92 | Eduardo Abel Duarte        | 1998 | LSXXI   | 20:40.19 | 05:49.97 | <b>626</b> |
| 93 | Joao Sismeyro Pereira      | 1998 | CNA     | 20:51.52 | 05:46.92 | <b>625</b> |

|     |                             |      |        |          |          |            |
|-----|-----------------------------|------|--------|----------|----------|------------|
| 94  | Pedro Miguel Barbosa        | 1998 | PIMP   | 20:43.66 | 05:49.51 | <b>624</b> |
| 95  | Manuel Jose Vidigueira      | 1998 | GCF    | 20:30.07 | 05:56.42 | <b>618</b> |
| 96  | Roberto Filipe Cravo        | 1998 | LDC    | 20:31.32 | 05:56.34 | <b>617</b> |
| 97  | Andre Oliveira Gordinho     | 1998 | CGA    | 20:54.51 | 05:49.61 | <b>616</b> |
| 98  | Eduardo Luis Mendes         | 1998 | CSM    | 20:20.61 | 06:00.91 | <b>614</b> |
| 98  | Nuno Filipe Pereira         | 1998 | CNMAIA | 20:30.60 | 05:57.59 | <b>614</b> |
| 100 | Hugo Rafael Azevedo         | 1998 | CNMAIA | 20:38.57 | 05:56.50 | <b>611</b> |
| 101 | Joao Soares Melo            | 1998 | AEJ    | 20:59.32 | 05:51.64 | <b>607</b> |
| 101 | Ruben Salvador Roriz        | 1998 | VNC    | 20:21.52 | 06:04.07 | <b>607</b> |
| 103 | Duarte Pinto Ceia           | 1998 | GCF    | 21:01.90 | 05:53.07 | <b>601</b> |
| 103 | Goncalo Luis Batista        | 1998 | GESL   | 20:32.24 | 06:02.71 | <b>601</b> |
| 105 | Diogo Miguel Banha          | 1998 | CFE    | 21:21.61 | 05:49.08 | <b>598</b> |
| 106 | Joao Paulo Pacheco          | 1998 | ADP    | 20:36.96 | 06:03.96 | <b>594</b> |
| 107 | Cristian Toma               | 1998 | IDC    | 21:07.50 | 05:55.12 | <b>592</b> |
| 108 | Patrick Jose Maia           | 1998 | CNAC   | 20:37.31 | 06:05.87 | <b>590</b> |
| 108 | Jesus Andrade Santos        | 1998 | CSM    | 20:38.00 | 06:05.53 | <b>590</b> |
| 110 | Joao Antonio Bernardino     | 1998 | DNMG   | 20:49.28 | 06:02.80 | <b>588</b> |
| 110 | Rodrigo Sousa Costa         | 1998 | CAFBPD | 20:53.93 | 06:00.97 | <b>588</b> |
| 112 | Afonso Matoso Magalhaes     | 1998 | GCF    | 20:47.45 | 06:03.81 | <b>587</b> |
| 112 | Ricardo Daniel Pires        | 1998 | EDV    | 21:10.10 | 05:56.38 | <b>587</b> |
| 114 | Ricardo Pereira Coelho      | 1998 | CNAL   | 20:52.94 | 06:02.25 | <b>586</b> |
| 114 | Sergio Alexandre Batalha    | 1998 | SFUS   | 20:13.76 | 06:17.33 | <b>586</b> |
| 114 | Alexandre Miguel Fabiao     | 1998 | CFV    | 21:15.25 | 05:55.67 | <b>586</b> |
| 117 | Tiago Manuel Azinheirinha   | 1998 | ACMN   | 20:27.74 | 06:11.72 | <b>585</b> |
| 118 | Luis Cardoso Quaresma       | 1998 | CSM    | 20:21.71 | 06:14.54 | <b>584</b> |
| 119 | Goncalo Manuel Repolho      | 1998 | ADBA   | 20:53.18 | 06:03.67 | <b>583</b> |
| 120 | Ricardo Luis Tenreiro       | 1998 | ADBA   | 20:39.75 | 06:09.31 | <b>581</b> |
| 121 | Ricardo Miguel Moreira      | 1998 | CNV    | 20:41.85 | 06:08.79 | <b>580</b> |
| 122 | Diogo Ferreira Neves        | 1998 | CNV    | 20:49.21 | 06:09.39 | <b>574</b> |
| 123 | Nuno Tiago Lopes            | 1998 | GCVR   | 20:41.00 | 06:14.02 | <b>570</b> |
| 124 | Francisco Alexandre Pereira | 1998 | CNTEJO | 21:38.76 | 05:56.45 | <b>568</b> |
| 125 | Guilherme Oliveira Nunes    | 1998 | CNH    | 21:32.63 | 05:59.74 | <b>564</b> |
| 126 | Bernardo Stephen Henriques  | 1998 | CDN    | 21:15.39 | 06:09.38 | <b>555</b> |
| 127 | Tiago Filipe Ferreira       | 1998 | CNV    | 22:14.55 | 05:55.77 | <b>548</b> |
| 128 | Manuel Maria Carvalho       | 1998 | CEN    | 21:05.86 | 06:17.97 | <b>543</b> |
| 129 | Joao Miguel Sarmiento       | 1998 | CGA    | 20:45.38 | 06:27.49 | <b>542</b> |
| 130 | David Miguel Agostinho      | 1998 | ANAM   | 21:20.21 | 06:15.07 | <b>539</b> |
| 131 | Luis Bernardo Antonio       | 1998 | ACMN   | 22:20.90 | 06:01.86 | <b>529</b> |
| 132 | Jorge Diogo Ribeiro         | 1998 | EMDB   | 21:44.97 | 06:13.98 | <b>525</b> |
| 133 | Diogo Pano Menezes          | 1998 | CAC    | 21:35.09 | 06:17.40 | <b>524</b> |
| 134 | Pedro Reis Brandao          | 1998 | PIMP   | 22:33.70 | 06:02.76 | <b>520</b> |
| 135 | Frederico Manuel Silva      | 1998 | PORTIN | 22:15.02 | 06:08.25 | <b>519</b> |
| 136 | Duarte Miguel Campino       | 1998 | CNCA   | 21:39.51 | 06:19.94 | <b>517</b> |
| 137 | Telmo Pedrosa Rocha         | 1998 | SFUS   | 21:29.36 | 06:23.83 | <b>516</b> |
| 138 | Bruno Filipe Marques        | 1998 | SCM    | 21:17.06 | 06:32.20 | <b>510</b> |
| 139 | Henrique Goncalves Malo     | 1998 | CNAC   | 21:41.41 | 06:32.76 | <b>493</b> |
| 140 | Bruno Miguel Miranda        | 1998 | EMDB   | 22:43.72 | 06:13.39 | <b>492</b> |
| 141 | Luis Guilherme Freitas      | 1998 | CDN    | 22:33.54 | 06:16.81 | <b>491</b> |
| 141 | Miguel Alexandre Rato       | 1998 | CAFBPD | 22:16.45 | 06:22.06 | <b>491</b> |
| 143 | Hernani Rafael Silva        | 1998 | AVFC   | 22:53.92 | 06:12.77 | <b>488</b> |



|     |                            |      |         |          |          |            |
|-----|----------------------------|------|---------|----------|----------|------------|
| 144 | Miguel Alexandre Calhau    | 1998 | GDRTCMM | 22:30.60 | 06:20.54 | <b>486</b> |
| 145 | Jose Murteira Patrao       | 1998 | CDF     | 22:48.84 | 06:19.82 | <b>477</b> |
| 145 | Pedro Manuel Nunes         | 1998 | CLAC    | 22:56.32 | 06:17.42 | <b>477</b> |
| 147 | Francisco Jose Pires       | 1998 | SFUS    | 21:53.32 | 06:41.63 | <b>472</b> |
| 148 | Joao Mateus Ferreira       | 1998 | CNAL    | 21:35.47 | 06:50.09 | <b>471</b> |
| 149 | Hugo Soares Roque          | 1998 | PORTIN  | 22:49.28 | 06:26.29 | <b>465</b> |
| 150 | Joao Maria Gomes           | 1998 | CEN     | 23:33.07 | 06:17.42 | <b>459</b> |
| 150 | Joao Ferreira Santos       | 1998 | CNTN    | 22:21.06 | 06:38.86 | <b>459</b> |
| 152 | Daniel Sendrea             | 1998 | SFUS    | 22:13.90 | 06:44.20 | <b>455</b> |
| 153 | Pedro Ribeiro Santos       | 1998 | CAC     | 23:18.77 | 06:33.92 | <b>437</b> |
| 154 | Ricardo Manuel Lopes       | 1998 | CNTN    | 24:00.51 | 06:23.98 | <b>435</b> |
| 155 | Alexandre Cerqueira Coelho | 1998 | CDF     | 23:29.98 | 06:35.04 | <b>430</b> |
| 155 | Tiago Silva Benedito       | 1998 | PORTIN  | 23:32.10 | 06:34.76 | <b>430</b> |
| 157 | Joao Paulo Lopes           | 1998 | CNTN    | 24:29.84 | 06:22.01 | <b>427</b> |
| 158 | Bernardo Gameiro Agapito   | 1998 | IDC     | 22:59.82 | 07:00.59 | <b>408</b> |
| 159 | Andre Diogo Olivenca       | 1998 | CNRM    | 23:54.84 | 06:43.94 | <b>405</b> |
| 160 | Diogo Batista Raimundo     | 1998 | PORTIN  | 23:57.51 | 06:43.64 | <b>404</b> |
| 161 | Diogo Chaves Azevedo       | 1998 | PORTIN  | 24:14.97 | 06:41.46 | <b>400</b> |
| 162 | Joao Pedro Canelas         | 1998 | GDRTCMM | 24:09.53 | 06:50.62 | <b>389</b> |
| 163 | Tiago Quadros Cascalho     | 1998 | TAC     | 25:40.61 | 07:10.90 | <b>331</b> |
| 164 | Samuel Brasil Melo         | 1998 | TAC     | 26:20.51 | 07:26.98 | <b>301</b> |



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Masculinos, Infantis B

| RANK | NOME                      | ANO  | CLUBE   | 1500 L   | 400 E    | FINA 2011  |
|------|---------------------------|------|---------|----------|----------|------------|
| 1    | Joao Magalhaes Nunes      | 1999 | CNA     | 19:08.60 | 05:24.63 | <b>786</b> |
| 2    | Gabriel Levi Gomes        | 1999 | ASSSCC  | 19:03.52 | 05:32.99 | <b>763</b> |
| 3    | Afonso Guilherme Rosa     | 1999 | SFGP    | 19:32.70 | 05:27.82 | <b>750</b> |
| 4    | Tomas Gomes Oliveira      | 1999 | DNMG    | 19:10.18 | 05:37.68 | <b>742</b> |
| 5    | Rui Miguel Cachopo        | 1999 | ADRCIMM | 19:28.81 | 05:37.37 | <b>724</b> |
| 6    | Miguel Carrico Cruz       | 1999 | SCALAB  | 20:07.37 | 05:28.82 | <b>716</b> |
| 7    | Tiago Pastor Escada       | 1999 | AMINAT  | 19:50.76 | 05:35.72 | <b>708</b> |
| 8    | Diogo Alexandre Domingues | 1999 | ANAM    | 19:44.65 | 05:38.19 | <b>706</b> |
| 9    | Nuno Miguel Coto          | 1999 | SCB     | 20:00.50 | 05:34.15 | <b>705</b> |
| 10   | Antonio Manuel Mendes     | 1999 | SCP     | 19:51.22 | 05:39.68 | <b>696</b> |
| 11   | Tiago Silva Soares        | 1999 | FCP     | 19:51.19 | 05:42.93 | <b>686</b> |
| 12   | Joao Silverio Duarte      | 1999 | EFC     | 19:31.36 | 05:51.22 | <b>683</b> |
| 13   | Jose Pedro Fernandes      | 1999 | SCB     | 19:37.99 | 05:49.21 | <b>681</b> |
| 14   | Tiago Filipe Campos       | 1999 | SCALAB  | 19:58.29 | 05:43.02 | <b>680</b> |
| 15   | Rui Pedro Brito           | 1999 | DNMG    | 20:02.70 | 05:43.36 | <b>675</b> |
| 16   | Diogo Antunes Melo        | 1999 | SCP     | 19:53.95 | 05:46.84 | <b>673</b> |
| 17   | Rodrigo Jose Guerreiro    | 1999 | LDC     | 20:05.89 | 05:44.07 | <b>670</b> |
| 18   | Joao Paulo Correia        | 1999 | FCP     | 20:12.63 | 05:42.62 | <b>668</b> |
| 19   | Bernardo Pastor Escada    | 1999 | AMINAT  | 20:22.76 | 05:42.05 | <b>662</b> |
| 20   | Vasco Guerra Figueiredo   | 1999 | IDV     | 20:05.80 | 05:49.73 | <b>655</b> |
| 20   | Joao Daniel Machado       | 1999 | SFUAP   | 19:53.35 | 05:54.08 | <b>655</b> |
| 22   | Rui Jorge Matias          | 1999 | CFV     | 20:14.73 | 05:47.30 | <b>653</b> |
| 23   | Francisco Pereira Pedrosa | 1999 | IDV     | 20:11.98 | 05:51.18 | <b>646</b> |
| 24   | Ricardo Jorge Carvalho    | 1999 | CGA     | 20:22.33 | 05:48.43 | <b>644</b> |
| 24   | Andre Alexandre Santos    | 1999 | SCP     | 20:04.94 | 05:54.32 | <b>644</b> |
| 26   | Antonio Fernando Pinto    | 1999 | LSXXI   | 20:08.50 | 05:53.78 | <b>642</b> |
| 27   | Nuno Filipe Costa         | 1999 | GESP    | 20:19.45 | 05:54.27 | <b>631</b> |
| 28   | Bernardo Antonio Alves    | 1999 | LDC     | 20:43.63 | 05:47.69 | <b>629</b> |
| 29   | Jose Henriques Luz        | 1999 | FCG     | 20:25.86 | 05:53.90 | <b>627</b> |
| 29   | Francisco Lopes Marques   | 1999 | ADRCIMM | 19:57.18 | 06:04.62 | <b>627</b> |
| 31   | Mateus Ribeiro Carvalho   | 1999 | GDNVNF  | 20:29.95 | 05:53.15 | <b>626</b> |
| 32   | Tiago Cunha Costa         | 1999 | SCP     | 20:00.21 | 06:04.62 | <b>624</b> |
| 32   | Diogo Filipe Teodoro      | 1999 | CNMAIA  | 21:02.53 | 05:44.48 | <b>624</b> |
| 34   | Pedro Adelino Viegas      | 1999 | VSC     | 20:28.05 | 05:58.24 | <b>615</b> |
| 35   | Daniel Queiros Cruz       | 1999 | CNMAIA  | 21:01.79 | 05:48.00 | <b>614</b> |
| 35   | Francisco Carreiro Rego   | 1999 | CAFBDP  | 20:48.25 | 05:51.87 | <b>614</b> |
| 37   | Joao Pedro Gomes          | 1999 | CNMC    | 20:50.25 | 05:52.80 | <b>611</b> |
| 38   | Martim Moniz Silva        | 1999 | CNF     | 20:26.38 | 06:01.74 | <b>608</b> |
| 39   | Hugo Edgar Miranda        | 1999 | EDV     | 20:46.06 | 06:00.81 | <b>595</b> |
| 40   | Afonso Meneses Sequeira   | 1999 | CNF     | 20:53.78 | 05:58.41 | <b>594</b> |
| 41   | Alexandre Santos Mesquita | 1999 | JFP     | 20:40.69 | 06:03.03 | <b>593</b> |
| 41   | Jose Neves Neto           | 1999 | ASSSCC  | 20:57.70 | 05:57.54 | <b>593</b> |
| 43   | Joao Pedro Pinto          | 1999 | CFP     | 21:02.50 | 05:57.45 | <b>590</b> |

|    |                           |      |        |          |          |            |
|----|---------------------------|------|--------|----------|----------|------------|
| 44 | Afonso Manuel Barbosa     | 1999 | FOCA   | 20:40.98 | 06:06.63 | <b>586</b> |
| 45 | Jose Paulo Gomes          | 1999 | FOCA   | 21:33.48 | 05:53.22 | <b>579</b> |
| 46 | Andre Marques Antunes     | 1999 | CNAC   | 21:20.13 | 05:57.10 | <b>578</b> |
| 47 | Alexandre Miguel Travessa | 1999 | ASC    | 21:05.92 | 06:05.04 | <b>570</b> |
| 48 | Joao Silva Costa          | 1999 | CNMAIA | 20:44.64 | 06:14.00 | <b>567</b> |
| 48 | Henrique Sampaio Garcia   | 1999 | CNPD   | 21:24.09 | 06:01.16 | <b>567</b> |
| 50 | Ricardo Lucas Lopes       | 1999 | LDC    | 21:15.19 | 06:04.34 | <b>566</b> |
| 51 | Diogo Pereira Santos      | 1999 | FCP    | 21:00.97 | 06:09.23 | <b>565</b> |
| 52 | Pedro Henrique Pires      | 1999 | AAC    | 21:13.25 | 06:06.00 | <b>563</b> |
| 53 | Sandro Emanuel Francisco  | 1999 | IDV    | 21:36.29 | 05:59.73 | <b>562</b> |
| 53 | Ricardo Nuno Estevens     | 1999 | CL     | 21:17.85 | 06:05.04 | <b>562</b> |
| 55 | Joao Rafael Silva         | 1999 | ASSSCC | 21:13.00 | 06:06.90 | <b>561</b> |
| 56 | Rui Pedro Ferreira        | 1999 | FOCA   | 21:32.13 | 06:01.47 | <b>560</b> |
| 57 | Tomas Aguiar Rodrigues    | 1999 | FCP    | 21:52.83 | 05:58.04 | <b>555</b> |
| 58 | Afonso Ribeiro Couto      | 1999 | CNMAIA | 21:01.56 | 06:14.11 | <b>554</b> |
| 59 | Tiago Andre Carvalho      | 1999 | AAC    | 21:05.34 | 06:13.91 | <b>552</b> |
| 60 | Tiago Correia Faustino    | 1999 | CNAL   | 21:05.14 | 06:19.85 | <b>541</b> |
| 61 | Gabriel Cruz Tocha        | 1999 | CNFA   | 21:16.28 | 06:18.49 | <b>535</b> |
| 62 | Goncalo Faria Saldida     | 1999 | SFGP   | 21:08.40 | 06:22.54 | <b>534</b> |
| 62 | Guilherme Duarte Silva    | 1999 | CDN    | 21:41.50 | 06:10.80 | <b>534</b> |
| 64 | Andre Mendes Batalha      | 1999 | AMINAT | 22:12.41 | 06:03.12 | <b>531</b> |
| 64 | Diogo Jesus Crespo        | 1999 | CDN    | 21:21.43 | 06:18.91 | <b>531</b> |
| 64 | Alexandre Ferreira Amorim | 1999 | CLAMAS | 21:32.97 | 06:14.96 | <b>531</b> |
| 67 | Gil Magalhaes Raposo      | 1999 | LAC    | 21:50.97 | 06:10.20 | <b>529</b> |
| 68 | Gabriel Vidal Carvalho    | 1999 | CGA    | 21:17.22 | 06:21.90 | <b>528</b> |
| 69 | Tiago Gabriel Lopes       | 1999 | CDE    | 21:52.36 | 06:12.05 | <b>524</b> |
| 70 | Rodrigo Costa Teixeira    | 1999 | CL     | 21:50.09 | 06:13.54 | <b>523</b> |
| 71 | Tomas Martins Araujo      | 1999 | FCP    | 21:57.38 | 06:14.17 | <b>517</b> |
| 72 | Goncalo Silva Fabiao      | 1999 | ADBA   | 21:43.05 | 06:21.50 | <b>512</b> |
| 73 | Marco Andre Miguel        | 1999 | CNTN   | 22:16.42 | 06:13.38 | <b>507</b> |
| 74 | Joao Miguel Barrulas      | 1999 | AMINAT | 22:44.65 | 06:07.15 | <b>504</b> |
| 75 | Nuno Henrique Guimaraes   | 1999 | CNV    | 22:13.04 | 06:16.99 | <b>502</b> |
| 76 | Vasco Capela Tavares      | 1999 | SCE    | 21:46.36 | 06:27.69 | <b>499</b> |
| 77 | Ruben Miguel Rodrigues    | 1999 | DNMG   | 21:30.59 | 06:34.00 | <b>498</b> |
| 77 | Rui Filipe Meira          | 1999 | EMDB   | 22:03.34 | 06:22.25 | <b>498</b> |
| 79 | Goncalo Carqueja Coelho   | 1999 | FCP    | 22:08.56 | 06:21.47 | <b>496</b> |
| 80 | Ricardo Andre Pinto       | 1999 | GESP   | 21:46.00 | 06:29.93 | <b>495</b> |
| 81 | Nuno Alexandre Quintal    | 1999 | CDN    | 21:46.89 | 06:33.03 | <b>490</b> |
| 82 | Pedro Miguel Velosa       | 1999 | CFA    | 21:53.69 | 06:32.57 | <b>485</b> |
| 83 | Diogo Alexandre Costa     | 1999 | ASSSCC | 22:33.33 | 06:20.08 | <b>484</b> |
| 84 | Guilherme Joao Gaspar     | 1999 | CNP    | 22:26.42 | 06:23.96 | <b>481</b> |
| 85 | Joao Francisco Santos     | 1999 | VNC    | 22:31.44 | 06:23.91 | <b>478</b> |
| 86 | Andre Lopes Silva         | 1999 | IDV    | 22:02.52 | 06:35.93 | <b>475</b> |
| 87 | Tiago Oliveira Barbosa    | 1999 | CDF    | 22:58.65 | 06:20.94 | <b>470</b> |
| 88 | Andre Martins Palhinha    | 1999 | SCA    | 22:52.37 | 06:23.40 | <b>468</b> |
| 89 | Pedro Rafael Fernandes    | 1999 | CDL    | 22:36.08 | 06:29.03 | <b>467</b> |
| 89 | Bernardo Fernandes Aguiar | 1999 | AVQA   | 22:06.44 | 06:39.69 | <b>467</b> |
| 91 | Ruben Alexandre Camacho   | 1999 | CSM    | 22:08.66 | 06:39.89 | <b>465</b> |
| 92 | Francisco Dinis Tejo      | 1999 | AMINAT | 22:32.90 | 06:35.47 | <b>459</b> |
| 93 | Guilherme Filipe Monteiro | 1999 | AVFC   | 22:24.81 | 06:38.41 | <b>458</b> |

|     |                             |      |         |          |          |            |
|-----|-----------------------------|------|---------|----------|----------|------------|
| 94  | Pedro Campos Ruas           | 1999 | CSM     | 22:33.12 | 06:36.68 | <b>456</b> |
| 95  | Diogo Martins Barradas      | 1999 | IDC     | 22:33.70 | 06:37.62 | <b>454</b> |
| 95  | Francisco Luis Pereira      | 1999 | EDL     | 23:01.04 | 06:29.16 | <b>454</b> |
| 95  | Goncalo Gaspar Valerio      | 1999 | CNPD    | 22:52.23 | 06:31.56 | <b>454</b> |
| 98  | Leonardo Miguel Cavaleiro   | 1999 | ASSSCC  | 22:47.99 | 06:35.63 | <b>449</b> |
| 99  | Daniel Ferreira Santos      | 1999 | NDAP    | 23:08.09 | 06:34.45 | <b>441</b> |
| 99  | Pedro Saraiva Silva         | 1999 | CFV     | 23:03.33 | 06:36.72 | <b>441</b> |
| 101 | Jose Guilherme Teixeira     | 1999 | AVFC    | 23:38.61 | 06:29.93 | <b>435</b> |
| 102 | Igor Emanuel Oliveira       | 1999 | SCE     | 23:45.82 | 06:30.05 | <b>431</b> |
| 103 | David Picao Abreu           | 1999 | CEN     | 24:09.53 | 06:24.76 | <b>430</b> |
| 104 | Diogo Rodrigues Leitao      | 1999 | ANAR    | 24:13.76 | 06:25.63 | <b>426</b> |
| 105 | Miguel Angelo Fonseca       | 1999 | GCVR    | 23:59.04 | 06:34.04 | <b>419</b> |
| 106 | Joao Pedro Teves            | 1999 | CAFBDP  | 23:38.45 | 06:43.04 | <b>414</b> |
| 107 | Daniel Marques Pedro        | 1999 | OP      | 22:49.34 | 07:02.22 | <b>412</b> |
| 108 | Samuel Andre Santos         | 1999 | IDC     | 23:51.31 | 06:41.22 | <b>411</b> |
| 109 | Antonio Maria Pereira       | 1999 | PIMP    | 24:11.69 | 06:36.82 | <b>409</b> |
| 110 | Luis Carlos Pires           | 1999 | GCVR    | 23:39.89 | 06:47.74 | <b>406</b> |
| 111 | Lino Ricardo Oliveira       | 1999 | CDF     | 23:23.11 | 06:54.16 | <b>405</b> |
| 112 | Nuno Miguel Azevedo         | 1999 | CDE     | 23:37.41 | 06:54.71 | <b>398</b> |
| 113 | Jose Rafael Matias          | 1999 | GCVR    | 24:07.09 | 06:46.32 | <b>396</b> |
| 114 | Joel Sousa Figueiras        | 1999 | CAPGE   | 23:51.65 | 06:52.51 | <b>395</b> |
| 115 | Gustavo Gurito Araujo       | 1999 | CNAC    | 24:18.77 | 06:46.06 | <b>392</b> |
| 116 | Pedro Afonso Matias         | 1999 | IDC     | 23:58.50 | 06:54.22 | <b>389</b> |
| 117 | Diogo Tiago Mateus          | 1999 | PIMP    | 24:24.01 | 06:48.13 | <b>387</b> |
| 118 | Renato Torre Oliveira       | 1999 | VNC     | 24:36.90 | 06:46.50 | <b>384</b> |
| 119 | Francisco Barroso Rodrigues | 1999 | SFUS    | 24:34.18 | 06:47.61 | <b>383</b> |
| 120 | Tomas Mota Domingues        | 1999 | CDF     | 25:10.42 | 06:39.94 | <b>382</b> |
| 121 | Jose Diogo Jesus            | 1999 | ACADES  | 23:58.55 | 07:01.21 | <b>380</b> |
| 122 | Andre Santa Rita            | 1999 | PORTIN  | 24:44.45 | 06:51.12 | <b>374</b> |
| 123 | Simao Bogalheira Marques    | 1999 | EDV     | 24:42.94 | 06:55.58 | <b>369</b> |
| 124 | Henrique Camacho Alves      | 1999 | CDN     | 24:24.25 | 07:12.89 | <b>356</b> |
| 124 | Luis Diogo Luz              | 1999 | GCVR    | 24:27.85 | 07:11.43 | <b>356</b> |
| 126 | Tiago Miguel Silva          | 1999 | PORTIN  | 25:58.31 | 06:49.26 | <b>352</b> |
| 127 | Joao Fernando Bento         | 1999 | SFUS    | 25:08.16 | 07:23.88 | <b>328</b> |
| 128 | Goncalo Xavier Feiticeiro   | 1999 | CEN     | 27:11.48 | 07:03.35 | <b>313</b> |
| 129 | Joao Pedro Duarte           | 1999 | ACADES  | 25:55.59 | 07:38.81 | <b>298</b> |
| 130 | Tomas Perdigao Ribeiro      | 1999 | ANAR    | 27:25.64 | 07:32.87 | <b>277</b> |
| 131 | Bruno Miguel Nunes          | 1999 | GDRTCMM | 28:12.76 | 07:43.67 | <b>257</b> |
| 132 | Bernardo Mendes Sousa       | 1999 | NSIT    | 27:41.08 | 07:57.01 | <b>254</b> |
| 133 | Paulo Jorge Azevedo         | 1999 | CNPV    | 29:35.84 | 07:28.92 | <b>253</b> |