

4 - 2ª Jornada - 2ª sessão (Finais/ Finals - evening session)

05/05/2024 - 16:00

Prova 33	Masc., 400m Livres				Open
05/05/2024					Resultados Final
Recorde Nacional Open	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Recorde Nacional Sen	3:50.56	LOPES Jose Paulo	POR	Barcelona (ESP)	06/06/2021
Recorde Nacional Jun18	3:53.79	LOPES Jose Paulo	SCB	Oeiras	28/07/2018
Recorde Nacional Jun17	3:57.15	SANTA Gustavo Manuel	POR	Helsinki (FIN)	14/07/2010
Recorde Nacional Juv A	3:59.38	SANTA Gustavo Manuel	POR	Tampere (FIN)	21/07/2009
Recorde Nacional Juv B	4:06.22	COSTA Rui Filipe	VSC	Coimbra	29/07/2006
Recorde Nacional Inf A	4:15.99	OLIVEIRA Pedro Fontoura	CFB	Badajoz (ESP)	11/07/2004
Recorde Nacional Inf B	4:28.42	OLIVEIRA Pedro Fontoura	CFB	Restelo	26/07/2003
Recorde Meeting	3:57.46	LOPES Jose Paulo	POR	Coimbra	20/05/2018

TAC : 4:20.37

Pontos: FINA 2024

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReac	FINA	Pontos
1.	RIBEIRO Gustavo Carvalhais	03		Alges	<b>4:06.09</b>	+0,76	715	16,00
	50m: 28.53 28.53	150m: 1:30.71	31.56	250m: 2:34.24	31.86	350m: 3:37.23	30.99	
	100m: 59.15 30.62	200m: 2:02.38	31.67	300m: 3:06.24	32.00	400m: 4:06.09	28.86	
2.	FERRAO Gabriel Carvalho	05		Benfica	<b>4:07.16</b>	+0,57	705	13,00
	50m: 27.39 27.39	150m: 1:29.22	31.35	250m: 2:33.30	32.18	350m: 3:36.88	31.77	
	100m: 57.87 30.48	200m: 2:01.12	31.90	300m: 3:05.11	31.81	400m: 4:07.16	30.28	
3.	COSTA Afonso Filipe FTL	03		Louzan Natacao/EFAPEL	<b>4:22.00</b>	+0,71	592	11,00
	50m: 29.22 29.22	150m: 1:33.32	32.42	250m: 2:39.95	33.62	350m: 3:47.97	34.21	
	100m: 1:00.90 31.68	200m: 2:06.33	33.01	300m: 3:13.76	33.81	400m: 4:22.00	34.03	
4.	MARQUES Duarte Cachulo FTL	07		Condeixa Clube	<b>4:23.45</b>	+0,61	582	10,00
	50m: 27.77 27.77	150m: 1:32.08	33.12	250m: 2:41.45	35.24	350m: 3:51.14	34.36	
	100m: 58.96 31.19	200m: 2:06.21	34.13	300m: 3:16.78	35.33	400m: 4:23.45	32.31	
5.	MARQUES Joao Ferreira FTL	06		Academica de Coimbra	<b>4:25.10</b>	+0,71	572	9,00
	50m: 29.08 29.08	150m: 1:34.11	33.27	250m: 2:42.90	34.51	350m: 3:51.50	34.31	
	100m: 1:00.84 31.76	200m: 2:08.39	34.28	300m: 3:17.19	34.29	400m: 4:25.10	33.60	
6.	VELHINHO Miguel Lourenco FTL	07		Lagoa AC	<b>4:30.21</b>	+0,77	540	8,00
	50m: 29.73 29.73	150m: 1:36.17	33.61	250m: 2:45.62	34.96	350m: 3:56.14	35.14	
	100m: 1:02.56 32.83	200m: 2:10.66	34.49	300m: 3:21.00	35.38	400m: 4:30.21	34.07	
7.	GERALDO Tomas Cardoso FTL	05		Condeixa Clube	<b>4:30.58</b>	+0,66	538	7,00
	50m: 30.29 30.29	150m: 1:37.78	34.53	250m: 2:46.99	34.80	350m: 3:57.25	34.65	
	100m: 1:03.25 32.96	200m: 2:12.19	34.41	300m: 3:22.60	35.61	400m: 4:30.58	33.33	

Prova 33, Masc., 400m Livres, Final, Open

Lugar	Nome	Ano	Classe	Clube	Tempo Final	TReac	FINA	Pontos
8.	DZYAKANAU Alexandre <i>FTL</i>	07		Louzan Natacao/EFAPEL	<b>4:34.75</b>	+0,74	513	6,00
	50m: 30.14 30.14	150m: 1:38.73	35.00	250m: 2:49.47	35.67	350m: 4:00.61	35.51	
	100m: 1:03.73 33.59	200m: 2:13.80	35.07	300m: 3:25.10	35.63	400m: 4:34.75	34.14	
9.	PEREIRA Salvador Correia <i>FTL</i>	08		Condeixa Clube	<b>4:36.82</b>	+0,65	502	5,00
	50m: 30.97 30.97	150m: 1:40.50	35.44	250m: 2:51.32	35.38	350m: 4:02.53	35.42	
	100m: 1:05.06 34.09	200m: 2:15.94	35.44	300m: 3:27.11	35.79	400m: 4:36.82	34.29	
10.	MAIA Samuel Dinis <i>FTL</i>	08		Miranda do Corvo	<b>4:40.28</b>	+0,69	484	4,00
	50m: 30.65 30.65	150m: 1:40.38	35.61	250m: 2:52.80	35.94	350m: 4:05.27	36.16	
	100m: 1:04.77 34.12	200m: 2:16.86	36.48	300m: 3:29.11	36.31	400m: 4:40.28	35.01	