

Campeonato Nacional Inverno - Natação Adaptada
Rio Maior, 25 de Novembro de 2023

Prova 3
25/11/2023

Femin., 200m Livres

10 anos e mais velhos
Resultados

S1	59:00.00	start							
S2	59:00.00	start							
S3	5:07.35	BARROSO Susana Cristina	GESL	Lisboa					26/05/2001
S4	4:07.64	GUIMARAES Diana Lobo	FCP	Vila Franca de Xira					01/12/2007
S5	3:31.89	MORGADO Maria Joao	POR	Braunschweig (GER)					13/08/1999
S14	2:48.99	RESENDE Sonia Castanheiro	POR	Loano (ITA)					11/06/2016
S15	2:40.90	ALMEIDA Eunice Evora	SCP	Povoa de Varzim					12/05/2018
S16	3:35.36	TABORDA Maria Joao	FCP	Povoa de Varzim					07/04/2019
S17	5:26.08	FERREIRA Francisca Araujo	ADADA	Porto					16/04/2023
S21	3:27.66	REIS Filipa Sa	POR	Padova (ITA)					06/09/2023

S1 Esp S1: 12:34.83; Sen S1: 11:06.03 / S2 Esp S2: 9:38.87; Sen S2: 8:30.76 / S3 Esp S3: 8:42.50; Sen S3: 7:41.03 / S4 Esp S4: 7:00.99;
Sen S4: 6:11.46 / S5 Esp S5: 6:00.21; Sen S5: 5:17.84 / S14 Esp S14: 4:47.28; Sen S14: 4:13.48 / S114 Esp S114: 4:47.28;
Sen S114: 4:13.48 / S15 Esp S15: 4:33.53; Sen S15: 4:01.35 / S16 Esp S16: 6:06.11; Sen S16: 5:23.04 / S17 Esp S17: 5:17.36;
Sen S17: 4:40.02 / S21 Esp S21: 6:04.50; Sen S21: 5:21.62

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
-------	-----------------	-----	--------	---------	-------	-------------	-----	-----

Classe S1-S14-Absolutos

1.	LIMA Helen Ticiane	84	S5	A E 3,5,12+	Geslours	4:19.39	275	9,00
	50m: 59.72 59.72	100m: 2:04.04 1:04.32	150m: 3:11.81 1:07.77	200m: 4:19.39 1:07.58				
2.	REGO Joana Candeias	04	S14		ADADA Porto	4:06.29	130	9,00
	50m: 51.31 51.31	100m: 1:55.48 1:04.17	150m: 2:59.62 1:04.14	200m: 4:06.29 1:06.67				
3.	ALMEIDA Beatriz Moreira	04	S14		ADADA Porto	4:10.94	123	7,00
	50m: 58.04 58.04	100m: 2:03.16 1:05.12	150m: 3:08.33 1:05.17	200m: 4:10.94 1:02.61				
4.	PENETRO Claudia Filipa	00	S5	A 1,3,5,12	Alhandra	9:22.17	27	7,00
	50m: 2:15.33 2:15.33	100m: 4:42.11 2:26.78	150m: 6:57.85 2:15.74	200m: 9:22.17 2:24.32				

Classe S21 (SDown)-Absolutos

1.	TORRES Diana Ines	99	S21		Porto	3:30.34		9,00
	50m: 47.02 47.02	100m: 1:42.18 55.16	150m: 2:38.51 56.33	200m: 3:30.34 51.83				
DSQ	CASTRO Bruna Gomes	04	S21		Feira Viva			-
	, 3.1.6 - Falsa partida							

Classe S5-Seniores

1.	LIMA Helen Ticiane	84	S5	A E 3,5,12+	Geslours	4:19.39	275	9,00
	50m: 59.72 59.72	100m: 2:04.04 1:04.32	150m: 3:11.81 1:07.77	200m: 4:19.39 1:07.58				
2.	PENETRO Claudia Filipa	00	S5	A 1,3,5,12	Alhandra	9:22.17	27	7,00
	50m: 2:15.33 2:15.33	100m: 4:42.11 2:26.78	150m: 6:57.85 2:15.74	200m: 9:22.17 2:24.32				

Campeonato Nacional Inverno - Natação Adaptada
Rio Maior, 25 de Novembro de 2023

Prova 3, Femin., 200m Livres

Classe S14-Seniores

1. REGO Joana Candeias	04	S14	ADADA Porto	4:06.29	130	9,00
50m: 51.31 51.31	100m: 1:55.48 1:04.17	150m: 2:59.62 1:04.14	200m: 4:06.29 1:06.67			
2. ALMEIDA Beatriz Moreira	04	S14	ADADA Porto	4:10.94	123	7,00
50m: 58.04 58.04	100m: 2:03.16 1:05.12	150m: 3:08.33 1:05.17	200m: 4:10.94 1:02.61			

Classe S21 (SDown)-Seniores

1. TORRES Diana Ines	99	S21	Porto	3:30.34		9,00
50m: 47.02 47.02	100m: 1:42.18 55.16	150m: 2:38.51 56.33	200m: 3:30.34 51.83			
DSQ CASTRO Bruna Gomes	04	S21	Feira Viva			-
, 3.1.6 - Falsa partida						