

1 - 1ª Jornada

25/11/2023 - 9:00

Prova 2 25/11/2023	Masc., 400m Livres				10 anos e mais velhos	Resultados
S6	5:15.72	VIDEIRA Daniel Carlos	POR	Funchal	19/05/2021	
S7	5:31.30	VIDEIRA Daniel Carlos	GESL	Povoa de Varzim	12/05/2018	
S8	4:36.27	CANCELA Diogo Luis	POR	Sheffield (GBR)	18/03/2023	
S9	4:21.94	GRACHAT David Realista	POR	Londres (GBR)	04/09/2012	
S10	4:24.87	GONCALVES Emanuel Luis	CDN	Coimbra	10/06/2011	
S11	4:43.74	MENESES Marco Ribeiro	POR	Sheffield (GBR)	18/03/2023	
S12	59:00.00	start				
S13	4:31.26	ENCARNACAO Vitor Hugo	POR	Eindhoven (NED)	10/08/2014	
S14	4:48.51	DUARTE Samuel Lima	FVCD	Coimbra	28/05/2023	
S15	4:28.84	CRUZ Miguel Duarte	CFB	Oeiras	20/12/2020	
S16	5:18.51	JORGE Andre Camara	CEOL	Rio Maior	25/01/2020	
S17	5:17.75	CARVALHO Joaquim Eduardo	CNF	Funchal	01/07/2023	
S21	5:38.24	PEREIRA Vicente Barros	POR	Padova (ITA)	08/09/2023	

S6 Esp S6: 8:56.72; Sen S6: 7:53.58 / S7 Esp S7: 9:23.21; Sen S7: 8:16.95 / S8 Esp S8: 8:34.73; Sen S8: 7:34.17 / S9 Esp S9: 7:25.30; Sen S9: 6:32.91 / S10 Esp S10: 7:30.28; Sen S10: 6:37.31 / S11 Esp S11: 7:30.28; Sen S11: 6:37.31 / S11 Esp S11: 8:23.22; Sen S11: 7:24.02 / S12 Esp S12: 8:06.22; Sen S12: 7:09.02 / S13 Sen S13: 6:46.89; Esp S13: 7:41.14 / S13 Esp S13: 7:41.14; Sen S13: 6:46.89 / S14 Esp S14: 8:42.51; Sen S14: 7:41.04 / S14 Esp S14: 8:42.51; Sen S14: 7:41.04 / S15 Sen S15: 6:43.26 / S16 Esp S16: 9:01.47; Sen S16: 7:57.77 / S17 Esp S17: 10:50.84; Sen S17: 9:34.27 / S21 Esp S21: 10:11.93; Sen S21: 8:59.94

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
<b>Classe S6-S14-Absolutos</b>								
1.	MENESES Marco Ribeiro	01	S11	T	O Crasto	<b>4:48.49</b>	841	9,00
	50m: 32.20 32.20	150m: 1:46.11	37.18	250m: 2:59.94	36.72	350m: 4:13.48	36.84	
	100m: 1:08.93 36.73	200m: 2:23.22	37.11	300m: 3:36.64	36.70	400m: 4:48.49	35.01	
2.	SOARES Ricardo Aderneira	99	S8		Geslours	<b>5:17.66</b>	621	9,00
	50m: 36.97 36.97	150m: 1:56.61	40.22	250m: 3:17.16	40.22	350m: 4:38.23	40.63	
	100m: 1:16.39 39.42	200m: 2:36.94	40.33	300m: 3:57.60	40.44	400m: 5:17.66	39.43	
3.	REIS Bruno Ferreira	00	S8	12+	Porto	<b>5:18.47</b>	616	7,00
	50m: 35.19 35.19	150m: 1:52.39	39.36	250m: 3:13.32	40.67	350m: 4:36.47	41.48	
	100m: 1:13.03 37.84	200m: 2:32.65	40.26	300m: 3:54.99	41.67	400m: 5:18.47	42.00	
4.	CASTANHEIRA Rodolfo Francisco	01	S8		Geslours	<b>5:46.33</b>	479	6,00
	50m: 37.76 37.76	150m: 2:05.11	44.06	250m: 3:33.79	43.85	350m: 5:02.59	43.72	
	100m: 1:21.05 43.29	200m: 2:49.94	44.83	300m: 4:18.87	45.08	400m: 5:46.33	43.74	
5.	ROCHA Simao Pedro	06	S14		Aquatico Pacense	<b>5:50.12</b>	374	9,00
	50m: 38.02 38.02	150m: 2:07.17	45.46	250m: 3:38.28	46.43	350m: 5:07.32	43.95	
	100m: 1:21.71 43.69	200m: 2:51.85	44.68	300m: 4:23.37	45.09	400m: 5:50.12	42.80	
6.	NASCIMENTO Levi Daniel	99	S14		O2-Portimao	<b>6:04.95</b>	330	7,00
	50m: 38.31 38.31	150m: 2:07.47	45.89	250m: 3:41.85	47.62	350m: 5:17.91	48.34	
	100m: 1:21.58 43.27	200m: 2:54.23	46.76	300m: 4:29.57	47.72	400m: 6:04.95	47.04	
7.	MARTINS Samuel Vila	05	S10	8	Palmela	<b>5:57.75</b>	316	9,00
	50m: 35.78 35.78	150m: 2:03.21	45.32	250m: 3:37.63	47.76	350m: 5:13.19	47.56	
	100m: 1:17.89 42.11	200m: 2:49.87	46.66	300m: 4:25.63	48.00	400m: 5:57.75	44.56	
8.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	<b>6:17.16</b>	315	9,00
	50m: 39.84 39.84	150m: 2:12.56	47.67	250m: 3:50.05	49.24	350m: 5:30.95	50.70	
	100m: 1:24.89 45.05	200m: 3:00.81	48.25	300m: 4:40.25	50.20	400m: 6:17.16	46.21	

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Prova 2, Masc., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
9.	COUTO Alexandre Costa	01	S9	W 12+	Sporting	<b>6:38.44</b>	267	9,00
	50m: 41.29 41.29	150m: 2:16.36	49.27	250m: 3:58.97	52.61	350m: 5:46.74	53.53	
	100m: 1:27.09 45.80	200m: 3:06.36	50.00	300m: 4:53.21	54.24	400m: 6:38.44	51.70	
10.	SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	<b>7:08.10</b>	254	9,00
	50m: 47.69 47.69	150m: 2:36.08	54.70	250m: 4:26.48	55.32	350m: 6:17.72	55.82	
	100m: 1:41.38 53.69	200m: 3:31.16	55.08	300m: 5:21.90	55.42	400m: 7:08.10	50.38	
11.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	<b>8:12.50</b>	241	9,00
	50m: 47.14 47.14	150m: 2:45.50	1:03.44	250m: 4:57.56	1:06.78	350m: 7:11.59	1:06.61	
	100m: 1:42.06 54.92	200m: 3:50.78	1:05.28	300m: 6:04.98	1:07.42	400m: 8:12.50	1:00.91	
12.	ALVES Nuno Diogo	88	S7	*A 12	Propaganda da Natacao	<b>8:15.02</b>	179	9,00
	50m: 52.77 52.77	150m: 2:57.50	1:03.36	250m: 5:07.18	1:04.78	350m: 7:13.11	1:03.94	
	100m: 1:54.14 1:01.37	200m: 4:02.40	1:04.90	300m: 6:09.17	1:01.99	400m: 8:15.02	1:01.91	

Classe S17-Absolutos

1.	CARVALHO Joaquim Eduardo <i>Rec Nac Classe S17</i>	07	S17		Naval do Funchal	<b>5:17.01</b>		9,00
	50m: 34.65 34.65	150m: 1:54.53	40.82	250m: 3:16.19	40.50	350m: 4:37.32	40.40	
	100m: 1:13.71 39.06	200m: 2:35.69	41.16	300m: 3:56.92	40.73	400m: 5:17.01	39.69	
2.	BRANCO Miguel Paiva	97	S17	A	APPDAlCoimbra	<b>6:15.94</b>		9,00
	50m: 38.20 38.20	150m: 2:07.19	46.50	250m: 3:45.38	49.51	350m: 5:26.17	50.81	
	100m: 1:20.69 42.49	200m: 2:55.87	48.68	300m: 4:35.36	49.98	400m: 6:15.94	49.77	
3.	MANITO Pedro Fernandes	02	S17	A	Palmela	<b>6:21.60</b>		7,00
	50m: 40.52 40.52	150m: 2:15.53	48.54	250m: 3:53.24	50.25	350m: 5:32.39	50.42	
	100m: 1:26.99 46.47	200m: 3:02.99	47.46	300m: 4:41.97	48.73	400m: 6:21.60	49.21	
4.	PAIVA David Silva	04	S17		Porto	<b>6:21.62</b>		6,00
	50m: 42.19 42.19	150m: 2:18.51	49.16	250m: 3:56.35	49.05	350m: 5:34.36	48.58	
	100m: 1:29.35 47.16	200m: 3:07.30	48.79	300m: 4:45.78	49.43	400m: 6:21.62	47.26	

Classe S21 (SDown)-Absolutos

1.	ALMEIDA Andre Reis	00	S21		Sporting	<b>6:06.70</b>		9,00
	50m: 37.43 37.43	150m: 2:06.27	46.23	250m: 3:41.98	48.63	350m: 5:19.94	48.60	
	100m: 1:20.04 42.61	200m: 2:53.35	47.08	300m: 4:31.34	49.36	400m: 6:06.70	46.76	
2.	MONTES Francisco Pessanha	02	S21		ADADA Porto	<b>6:14.02</b>		7,00
	50m: 40.03 40.03	150m: 2:12.73	47.80	250m: 3:49.43	48.86	350m: 5:27.02	48.49	
	100m: 1:24.93 44.90	200m: 3:00.57	47.84	300m: 4:38.53	49.10	400m: 6:14.02	47.00	
3.	VICENTE Francisco Jose	99	S21		Sporting	<b>7:29.53</b>		6,00
	50m: 43.08 43.08	150m: 2:35.05	58.20	250m: 4:34.26	1:00.17	350m: 6:32.83	59.27	
	100m: 1:36.85 53.77	200m: 3:34.09	59.04	300m: 5:33.56	59.30	400m: 7:29.53	56.70	

Prova 2, Masc., 400m Livres

Classe S6-Seniores

1. PINTO Jose Manuel	00	S6	A,12	ADADA Porto	<b>8:12.50</b>	241	9,00				
50m:	47.14	47.14	150m:	2:45.50	1:03.44	250m:	4:57.56	1:06.78	350m:	7:11.59	1:06.61
100m:	1:42.06	54.92	200m:	3:50.78	1:05.28	300m:	6:04.98	1:07.42	400m:	8:12.50	1:00.91

Classe S7-Seniores

1. ALVES Nuno Diogo	88	S7	*A 12	Propaganda da Natacao	<b>8:15.02</b>	179	9,00				
50m:	52.77	52.77	150m:	2:57.50	1:03.36	250m:	5:07.18	1:04.78	350m:	7:13.11	1:03.94
100m:	1:54.14	1:01.37	200m:	4:02.40	1:04.90	300m:	6:09.17	1:01.99	400m:	8:15.02	1:01.91

Classe S8-Esperanças

1. SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	<b>7:08.10</b>	254	9,00				
50m:	47.69	47.69	150m:	2:36.08	54.70	250m:	4:26.48	55.32	350m:	6:17.72	55.82
100m:	1:41.38	53.69	200m:	3:31.16	55.08	300m:	5:21.90	55.42	400m:	7:08.10	50.38

Classe S8-Seniores

1. SOARES Ricardo Aderneira	99	S8		Gesloures	<b>5:17.66</b>	621	9,00				
50m:	36.97	36.97	150m:	1:56.61	40.22	250m:	3:17.16	40.22	350m:	4:38.23	40.63
100m:	1:16.39	39.42	200m:	2:36.94	40.33	300m:	3:57.60	40.44	400m:	5:17.66	39.43
2. REIS Bruno Ferreira	00	S8	12+	Porto	<b>5:18.47</b>	616	7,00				
50m:	35.19	35.19	150m:	1:52.39	39.36	250m:	3:13.32	40.67	350m:	4:36.47	41.48
100m:	1:13.03	37.84	200m:	2:32.65	40.26	300m:	3:54.99	41.67	400m:	5:18.47	42.00
3. CASTANHEIRA Rodolfo Francisco	01	S8		Gesloures	<b>5:46.33</b>	479	6,00				
50m:	37.76	37.76	150m:	2:05.11	44.06	250m:	3:33.79	43.85	350m:	5:02.59	43.72
100m:	1:21.05	43.29	200m:	2:49.94	44.83	300m:	4:18.87	45.08	400m:	5:46.33	43.74

Classe S9-Esperanças

1. REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	<b>6:17.16</b>	315	9,00				
50m:	39.84	39.84	150m:	2:12.56	47.67	250m:	3:50.05	49.24	350m:	5:30.95	50.70
100m:	1:24.89	45.05	200m:	3:00.81	48.25	300m:	4:40.25	50.20	400m:	6:17.16	46.21

Classe S9-Seniores

1. COUTO Alexandre Costa	01	S9	W 12+	Sporting	<b>6:38.44</b>	267	9,00				
50m:	41.29	41.29	150m:	2:16.36	49.27	250m:	3:58.97	52.61	350m:	5:46.74	53.53
100m:	1:27.09	45.80	200m:	3:06.36	50.00	300m:	4:53.21	54.24	400m:	6:38.44	51.70

Classe S10-Seniores

1. MARTINS Samuel Vila	05	S10	8	Palmela	<b>5:57.75</b>	316	9,00				
50m:	35.78	35.78	150m:	2:03.21	45.32	250m:	3:37.63	47.76	350m:	5:13.19	47.56
100m:	1:17.89	42.11	200m:	2:49.87	46.66	300m:	4:25.63	48.00	400m:	5:57.75	44.56

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Prova 2, Masc., 400m Livres

Classe S11-Seniores

1. MENESES Marco Ribeiro	01	S11	T	O Crasto	<b>4:48.49</b>	841	9,00
50m: 32.20 32.20	150m: 1:46.11	37.18	250m: 2:59.94	36.72	350m: 4:13.48	36.84	
100m: 1:08.93 36.73	200m: 2:23.22	37.11	300m: 3:36.64	36.70	400m: 4:48.49	35.01	

Classe S14-Seniores

1. ROCHA Simao Pedro	06	S14		Aquatico Pacense	<b>5:50.12</b>	374	9,00
50m: 38.02 38.02	150m: 2:07.17	45.46	250m: 3:38.28	46.43	350m: 5:07.32	43.95	
100m: 1:21.71 43.69	200m: 2:51.85	44.68	300m: 4:23.37	45.09	400m: 5:50.12	42.80	
2. NASCIMENTO Levi Daniel	99	S14		O2-Portimao	<b>6:04.95</b>	330	7,00
50m: 38.31 38.31	150m: 2:07.47	45.89	250m: 3:41.85	47.62	350m: 5:17.91	48.34	
100m: 1:21.58 43.27	200m: 2:54.23	46.76	300m: 4:29.57	47.72	400m: 6:04.95	47.04	

Classe S17-Esperanças

1. CARVALHO Joaquim Eduardo	07	S17		Naval do Funchal	<b>5:17.01</b>		9,00
<i>Rec Nac Classe S17</i>							
50m: 34.65 34.65	150m: 1:54.53	40.82	250m: 3:16.19	40.50	350m: 4:37.32	40.40	
100m: 1:13.71 39.06	200m: 2:35.69	41.16	300m: 3:56.92	40.73	400m: 5:17.01	39.69	

Classe S17-Seniores

1. BRANCO Miguel Paiva	97	S17	A	APPDACOimbra	<b>6:15.94</b>		9,00
50m: 38.20 38.20	150m: 2:07.19	46.50	250m: 3:45.38	49.51	350m: 5:26.17	50.81	
100m: 1:20.69 42.49	200m: 2:55.87	48.68	300m: 4:35.36	49.98	400m: 6:15.94	49.77	
2. MANITO Pedro Fernandes	02	S17	A	Palmela	<b>6:21.60</b>		7,00
50m: 40.52 40.52	150m: 2:15.53	48.54	250m: 3:53.24	50.25	350m: 5:32.39	50.42	
100m: 1:26.99 46.47	200m: 3:02.99	47.46	300m: 4:41.97	48.73	400m: 6:21.60	49.21	
3. PAIVA David Silva	04	S17		Porto	<b>6:21.62</b>		6,00
50m: 42.19 42.19	150m: 2:18.51	49.16	250m: 3:56.35	49.05	350m: 5:34.36	48.58	
100m: 1:29.35 47.16	200m: 3:07.30	48.79	300m: 4:45.78	49.43	400m: 6:21.62	47.26	

Classe S21 (SDown)-Seniores

1. ALMEIDA Andre Reis	00	S21		Sporting	<b>6:06.70</b>		9,00
50m: 37.43 37.43	150m: 2:06.27	46.23	250m: 3:41.98	48.63	350m: 5:19.94	48.60	
100m: 1:20.04 42.61	200m: 2:53.35	47.08	300m: 4:31.34	49.36	400m: 6:06.70	46.76	
2. MONTES Francisco Pessanha	02	S21		ADADA Porto	<b>6:14.02</b>		7,00
50m: 40.03 40.03	150m: 2:12.73	47.80	250m: 3:49.43	48.86	350m: 5:27.02	48.49	
100m: 1:24.93 44.90	200m: 3:00.57	47.84	300m: 4:38.53	49.10	400m: 6:14.02	47.00	
3. VICENTE Francisco Jose	99	S21		Sporting	<b>7:29.53</b>		6,00
50m: 43.08 43.08	150m: 2:35.05	58.20	250m: 4:34.26	1:00.17	350m: 6:32.83	59.27	
100m: 1:36.85 53.77	200m: 3:34.09	59.04	300m: 5:33.56	59.30	400m: 7:29.53	56.70	