

Prova 20 Masc., 1500m Livres Absolutos  
22/12/2023 - 9:24 Resultados

Recordes Nacionais 25m Open	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Sen	14:39.82	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	20/12/2021
Recordes Nacionais 25m Jun 18	15:06.77	Filipe Miguel, SANTO	SLB	Funchal	26/03/2018
Recordes Nacionais 25m Jun 17	15:05.57	Gustavo Manuel, SANTA	CNLA	Leiria	06/12/2009
Recordes Nacionais 25m Juv A	15:36.31	Rui Filipe, COSTA	VSC	Braga	04/03/2007
Recordes Nacionais 25m Juv B	15:55.78	Rui Silva, PEREIRA	POR	Tomar	14/01/2023
Recordes Nacionais 25m Inf A	16:13.14	Andre Vilas, RUIVO	DNMG	Campo Maior	30/03/2014
Recordes Nacionais 25m Inf B	17:11.29	Andre Vilas, RUIVO	DNMG	Leiria	03/03/2013

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
1.	Jose Paulo, LOPES	+0,75	117924	00	Braga	<b>15:06.16</b>	816	17,00
	50m: 26.30 26.30	450m: 4:24.26 30.36	850m: 8:26.87 30.33	1250m: 12:31.81 30.88				
	100m: 55.03 28.73	500m: 4:54.51 30.25	900m: 8:57.34 30.47	1300m: 13:02.58 30.77				
	150m: 1:24.28 29.25	550m: 5:24.93 30.42	950m: 9:27.86 30.52	1350m: 13:33.42 30.84				
	200m: 1:53.94 29.66	600m: 5:55.39 30.46	1000m: 9:58.64 30.78	1400m: 14:04.51 31.09				
	250m: 2:23.82 29.88	650m: 6:25.71 30.32	1050m: 10:29.19 30.55	1450m: 14:35.93 31.42				
	300m: 2:53.72 29.90	700m: 6:56.06 30.35	1100m: 10:59.91 30.72	1500m: 15:06.16 30.23				
	350m: 3:23.71 29.99	750m: 7:26.28 30.22	1150m: 11:30.43 30.52					
	400m: 3:53.90 30.19	800m: 7:56.54 30.26	1200m: 12:00.93 30.50					
2.	Diogo Santos, CARDOSO	+0,78	122969	01	Sporting	<b>15:21.08</b>	777	15,00
	50m: 28.19 28.19	450m: 4:34.19 30.75	850m: 8:40.82 30.82	1250m: 12:47.72 30.92				
	100m: 58.55 30.36	500m: 5:04.91 30.72	900m: 9:11.78 30.96	1300m: 13:18.59 30.87				
	150m: 1:29.22 30.67	550m: 5:35.71 30.80	950m: 9:42.79 31.01	1350m: 13:49.51 30.92				
	200m: 1:59.96 30.74	600m: 6:06.59 30.88	1000m: 10:13.62 30.83	1400m: 14:20.45 30.94				
	250m: 2:30.74 30.78	650m: 6:37.55 30.96	1050m: 10:44.24 30.62	1450m: 14:51.23 30.78				
	300m: 3:01.64 30.90	700m: 7:08.31 30.76	1100m: 11:15.03 30.79	1500m: 15:21.08 29.85				
	350m: 3:32.61 30.97	750m: 7:39.10 30.79	1150m: 11:45.91 30.88					
	400m: 4:03.44 30.83	800m: 8:10.00 30.90	1200m: 12:16.80 30.89					
3.	Francisco Rodriguez, AMARAL	+0,82	122608	02	Porto	<b>15:32.50</b>	749	14,00
	50m: 28.63 28.63	450m: 4:41.37 31.81	850m: 8:51.15 31.16	1250m: 12:59.55 30.69				
	100m: 59.74 31.11	500m: 5:13.11 31.74	900m: 9:22.22 31.07	1300m: 13:30.09 30.54				
	150m: 1:31.23 31.49	550m: 5:44.86 31.75	950m: 9:53.24 31.02	1350m: 14:00.58 30.49				
	200m: 2:02.71 31.48	600m: 6:15.93 31.07	1000m: 10:24.38 31.14	1400m: 14:30.97 30.39				
	250m: 2:34.41 31.70	650m: 6:46.85 30.92	1050m: 10:55.65 31.27	1450m: 15:01.86 30.89				
	300m: 3:06.19 31.78	700m: 7:17.95 31.10	1100m: 11:27.21 31.56	1500m: 15:32.50 30.64				
	350m: 3:37.94 31.75	750m: 7:49.13 31.18	1150m: 11:58.21 31.00					
	400m: 4:09.56 31.62	800m: 8:19.99 30.86	1200m: 12:28.86 30.65					
4.	Gustavo Carvalhais, RIBEIRO	+0,80	121864	03	Sport Alges e Dafundo	<b>15:37.47</b>	737	13,00
	50m: 28.52 28.52	450m: 4:41.44 31.82	850m: 8:51.34 31.13	1250m: 13:00.96 31.30				
	100m: 59.65 31.13	500m: 5:13.31 31.87	900m: 9:22.86 31.52	1300m: 13:32.24 31.28				
	150m: 1:31.11 31.46	550m: 5:44.95 31.64	950m: 9:53.53 30.67	1350m: 14:03.55 31.31				
	200m: 2:02.73 31.62	600m: 6:16.15 31.20	1000m: 10:24.64 31.11	1400m: 14:34.93 31.38				
	250m: 2:34.49 31.76	650m: 6:47.06 30.91	1050m: 10:55.87 31.23	1450m: 15:06.60 31.67				
	300m: 3:06.30 31.81	700m: 7:18.15 31.09	1100m: 11:27.29 31.42	1500m: 15:37.47 30.87				
	350m: 3:37.96 31.66	750m: 7:49.34 31.19	1150m: 11:58.60 31.31					
	400m: 4:09.62 31.66	800m: 8:20.21 30.87	1200m: 12:29.66 31.06					
5.	Bernardo Jorge, SIMOES	+0,71	130250	04	Clube Futebol Os Belenense	<b>15:51.23</b>	705	12,00
	50m: 28.27 28.27	450m: 4:45.00 32.30	850m: 9:01.32 31.87	1250m: 13:15.90 31.78				
	100m: 59.93 31.66	500m: 5:17.00 32.00	900m: 9:33.27 31.95	1300m: 13:47.30 31.40				
	150m: 1:31.74 31.81	550m: 5:49.20 32.20	950m: 10:04.94 31.67	1350m: 14:18.44 31.14				
	200m: 2:03.55 31.81	600m: 6:21.32 32.12	1000m: 10:36.66 31.72	1400m: 14:50.02 31.58				
	250m: 2:35.82 32.27	650m: 6:53.52 32.20	1050m: 11:08.66 32.00	1450m: 15:21.16 31.14				
	300m: 3:07.81 31.99	700m: 7:25.34 31.82	1100m: 11:40.39 31.73	1500m: 15:51.23 30.07				
	350m: 3:40.17 32.36	750m: 7:57.43 32.09	1150m: 12:12.24 31.85					
	400m: 4:12.70 32.53	800m: 8:29.45 32.02	1200m: 12:44.12 31.88					
6.	Fernando, ROLDAN CABEZA	+0,79	220141	09	Louletano / Loule Concelho	<b>16:18.40</b>	648	11,00
	50m: 28.48 28.48	450m: 4:49.64 32.70	850m: 9:12.66 32.69	1250m: 13:36.14 32.58				
	100m: 1:00.15 31.67	500m: 5:22.61 32.97	900m: 9:45.37 32.71	1300m: 14:08.86 32.72				
	150m: 1:32.24 32.09	550m: 5:55.49 32.88	950m: 10:18.30 32.93	1350m: 14:42.68 33.82				
	200m: 2:04.94 32.70	600m: 6:28.33 32.84	1000m: 10:51.59 33.29	1400m: 15:15.33 32.65				
	250m: 2:37.65 32.71	650m: 7:01.41 33.08	1050m: 11:24.49 32.90	1450m: 15:47.73 32.40				
	300m: 3:10.70 33.05	700m: 7:34.26 32.85	1100m: 11:57.45 32.96	1500m: 16:18.40 30.67				
	350m: 3:43.75 33.05	750m: 8:07.12 32.86	1150m: 12:30.37 32.92					
	400m: 4:16.94 33.19	800m: 8:39.97 32.85	1200m: 13:03.56 33.19					

Prova 20, Masc., 1500m Livres, Absolutos

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
7.	Gabriel Carvalho, FERRAO	+0,61	132345	05	Benfica	<b>16:22.35</b>	640	10,00
	50m: 28.74 28.74	450m: 4:47.68 32.56	850m: 9:10.43 32.92	1250m: 13:37.31 33.48				
	100m: 1:00.76 32.02	500m: 5:19.86 32.18	900m: 9:43.39 32.96	1300m: 14:10.65 33.34				
	150m: 1:32.97 32.21	550m: 5:52.40 32.54	950m: 10:16.80 33.41	1350m: 14:44.28 33.63				
	200m: 2:05.25 32.28	600m: 6:25.20 32.80	1000m: 10:50.14 33.34	1400m: 15:17.76 33.48				
	250m: 2:37.55 32.30	650m: 6:57.98 32.78	1050m: 11:23.47 33.33	1450m: 15:50.57 32.81				
	300m: 3:09.95 32.40	700m: 7:30.96 32.98	1100m: 11:57.12 33.65	1500m: 16:22.35 31.78				
	350m: 3:42.37 32.42	750m: 8:04.09 33.13	1150m: 12:30.40 33.28					
	400m: 4:15.12 32.75	800m: 8:37.51 33.42	1200m: 13:03.83 33.43					
8.	Goncalo Duarte, SANTOS	+0,72	111095	00	Vikings	<b>16:33.36</b>	619	9,00
	50m: 28.81 28.81	450m: 4:51.17 33.06	850m: 9:16.53 33.27	1250m: 13:46.03 33.65				
	100m: 1:00.77 31.96	500m: 5:24.42 33.25	900m: 9:50.07 33.54	1300m: 14:20.14 34.11				
	150m: 1:33.25 32.48	550m: 5:57.68 33.26	950m: 10:23.56 33.49	1350m: 14:53.94 33.80				
	200m: 2:06.04 32.79	600m: 6:30.70 33.02	1000m: 10:57.31 33.75	1400m: 15:27.51 33.57				
	250m: 2:39.08 33.04	650m: 7:03.73 33.03	1050m: 11:31.02 33.71	1450m: 16:00.95 33.44				
	300m: 3:12.00 32.92	700m: 7:36.78 33.05	1100m: 12:04.77 33.75	1500m: 16:33.36 32.41				
	350m: 3:44.96 32.96	750m: 8:09.89 33.11	1150m: 12:38.59 33.82					
	400m: 4:18.11 33.15	800m: 8:43.26 33.37	1200m: 13:12.38 33.79					
9.	Sergio Gomes, ABREU	+0,70	100821	96	Naval do Funchal	<b>16:43.69</b>	600	8,00
	50m: 28.15 28.15	450m: 4:52.55 33.40	850m: 9:22.01 33.86	1250m: 13:55.04 33.95				
	100m: 59.78 31.63	500m: 5:25.96 33.41	900m: 9:56.09 34.08	1300m: 14:29.12 34.08				
	150m: 1:32.06 32.28	550m: 5:59.66 33.70	950m: 10:30.10 34.01	1350m: 15:03.59 34.47				
	200m: 2:04.94 32.88	600m: 6:33.24 33.58	1000m: 11:04.39 34.29	1400m: 15:37.82 34.23				
	250m: 2:38.52 33.58	650m: 7:06.38 33.14	1050m: 11:38.58 34.19	1450m: 16:11.32 33.50				
	300m: 3:11.96 33.44	700m: 7:40.12 33.74	1100m: 12:12.89 34.31	1500m: 16:43.69 32.37				
	350m: 3:45.58 33.62	750m: 8:14.13 34.01	1150m: 12:47.01 34.12					
	400m: 4:19.15 33.57	800m: 8:48.15 34.02	1200m: 13:21.09 34.08					
10.	Pedro Crispim, JORGE	+0,71	148340	06	União Piedense	<b>16:45.37</b>	597	7,00
	50m: 29.08 29.08	450m: 4:54.13 33.45	850m: 9:24.74 33.94	1250m: 13:56.84 33.95				
	100m: 1:01.47 32.39	500m: 5:27.67 33.54	900m: 9:58.34 33.60	1300m: 14:30.99 34.15				
	150m: 1:34.25 32.78	550m: 6:01.26 33.59	950m: 10:32.75 34.41	1350m: 15:05.55 34.56				
	200m: 2:07.37 33.12	600m: 6:34.96 33.70	1000m: 11:06.67 33.92	1400m: 15:39.41 33.86				
	250m: 2:40.72 33.35	650m: 7:08.76 33.80	1050m: 11:40.70 34.03	1450m: 16:12.42 33.01				
	300m: 3:13.81 33.09	700m: 7:42.66 33.90	1100m: 12:14.57 33.87	1500m: 16:45.37 32.95				
	350m: 3:47.17 33.36	750m: 8:16.90 34.24	1150m: 12:48.20 33.63					
	400m: 4:20.68 33.51	800m: 8:50.80 33.90	1200m: 13:22.89 34.69					
11.	Afonso Martim, LEITE	+0,70	127335	05	Foca Quinta Da Lixa - Cnf	<b>16:54.67</b>	581	6,00
	50m: 28.45 28.45	450m: 4:50.70 33.50	850m: 9:23.18 34.63	1250m: 14:01.32 35.05				
	100m: 59.98 31.53	500m: 5:24.54 33.84	900m: 9:57.86 34.68	1300m: 14:36.36 35.04				
	150m: 1:32.65 32.67	550m: 5:58.56 34.02	950m: 10:32.54 34.68	1350m: 15:11.44 35.08				
	200m: 2:05.21 32.56	600m: 6:32.57 34.01	1000m: 11:07.04 34.50	1400m: 15:46.23 34.79				
	250m: 2:37.98 32.77	650m: 7:06.60 34.03	1050m: 11:41.71 34.67	1450m: 16:21.30 35.07				
	300m: 3:10.89 32.91	700m: 7:40.42 33.82	1100m: 12:16.48 34.77	1500m: 16:54.67 33.37				
	350m: 3:43.97 33.08	750m: 8:14.49 34.07	1150m: 12:51.07 34.59					
	400m: 4:17.20 33.23	800m: 8:48.55 34.06	1200m: 13:26.27 35.20					
12.	Diogo Barbosa, NUNES	+0,76	110529	00	Colegio Efanor	<b>17:07.86</b>	559	5,00
	50m: 28.51 28.51	450m: 4:52.28 33.81	850m: 9:32.66 35.39	1250m: 14:14.31 34.34				
	100m: 1:00.10 31.59	500m: 5:26.50 34.22	900m: 10:08.09 35.43	1300m: 14:49.99 35.68				
	150m: 1:32.53 32.43	550m: 6:01.38 34.88	950m: 10:43.42 35.33	1350m: 15:24.80 34.81				
	200m: 2:05.14 32.61	600m: 6:35.92 34.54	1000m: 11:18.84 35.42	1400m: 15:59.91 35.11				
	250m: 2:37.99 32.85	650m: 7:11.15 35.23	1050m: 11:53.89 35.05	1450m: 16:34.22 34.31				
	300m: 3:11.12 33.13	700m: 7:46.44 35.29	1100m: 12:29.35 35.46	1500m: 17:07.86 33.64				
	350m: 3:44.70 33.58	750m: 8:21.97 35.53	1150m: 13:04.49 35.14					
	400m: 4:18.47 33.77	800m: 8:57.27 35.30	1200m: 13:39.97 35.48					
13.	Gabriel Moreira, SANTOS	+0,79	127679	04	Famalicao	<b>17:10.53</b>	554	4,00
	50m: 28.75 28.75	450m: 4:56.29 34.10	850m: 9:33.91 35.14	1250m: 14:15.44 35.46				
	100m: 1:00.69 31.94	500m: 5:30.79 34.50	900m: 10:09.09 35.18	1300m: 14:50.55 35.11				
	150m: 1:33.58 32.89	550m: 6:05.07 34.28	950m: 10:43.70 34.61	1350m: 15:25.90 35.35				
	200m: 2:06.77 33.19	600m: 6:39.72 34.65	1000m: 11:18.97 35.27	1400m: 16:01.33 35.43				
	250m: 2:40.08 33.31	650m: 7:14.43 34.71	1050m: 11:54.26 35.29	1450m: 16:36.35 35.02				
	300m: 3:13.94 33.86	700m: 7:49.19 34.76	1100m: 12:29.33 35.07	1500m: 17:10.53 34.18				
	350m: 3:47.92 33.98	750m: 8:23.85 34.66	1150m: 13:04.73 35.40					
	400m: 4:22.19 34.27	800m: 8:58.77 34.92	1200m: 13:39.98 35.25					

Prova 20, Masc., 1500m Livres, Absolutos

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
14.	Nuno Miguel, ANJOS	+0,76	140396	08	Galitos / Bresimar	<b>17:19.94</b>	540	3,00
	50m: 28.91	28.91	450m: 5:04.35	35.02	850m: 9:46.45	35.07	1250m: 14:27.73	35.14
	100m: 1:01.77	32.86	500m: 5:39.74	35.39	900m: 10:22.03	35.58	1300m: 15:03.03	35.30
	150m: 1:35.53	33.76	550m: 6:14.61	34.87	950m: 10:57.07	35.04	1350m: 15:37.86	34.83
	200m: 2:09.59	34.06	600m: 6:50.11	35.50	1000m: 11:32.04	34.97	1400m: 16:12.79	34.93
	250m: 2:44.21	34.62	650m: 7:25.21	35.10	1050m: 12:07.24	35.20	1450m: 16:46.77	33.98
	300m: 3:19.03	34.82	700m: 8:00.79	35.58	1100m: 12:42.33	35.09	1500m: 17:19.94	33.17
	350m: 3:54.08	35.05	750m: 8:35.97	35.18	1150m: 13:17.71	35.38		
	400m: 4:29.33	35.25	800m: 9:11.38	35.41	1200m: 13:52.59	34.88		
15.	Miguel Reis, OLIVEIRA	+0,74	214174	09	Vitoria Sport Clube	<b>17:46.67</b>	500	2,00
	50m: 30.02	30.02	450m: 5:07.47	35.63	850m: 9:56.74	36.27	1250m: 14:47.78	35.91
	100m: 1:03.67	33.65	500m: 5:43.31	35.84	900m: 10:33.28	36.54	1300m: 15:24.08	36.30
	150m: 1:37.60	33.93	550m: 6:19.69	36.38	950m: 11:09.84	36.56	1350m: 16:00.16	36.08
	200m: 2:12.08	34.48	600m: 6:55.19	35.50	1000m: 11:46.35	36.51	1400m: 16:34.75	34.59
	250m: 2:46.72	34.64	650m: 7:31.35	36.16	1050m: 12:22.62	36.27	1450m: 17:11.08	36.33
	300m: 3:21.82	35.10	700m: 8:07.71	36.36	1100m: 12:59.24	36.62	1500m: 17:46.67	35.59
	350m: 3:56.68	34.86	750m: 8:44.17	36.46	1150m: 13:35.61	36.37		
	400m: 4:31.84	35.16	800m: 9:20.47	36.30	1200m: 14:11.87	36.26		
16.	Miguel Reigada, PENSO	+0,78	209691	07	Clube Desportivo Sao Roque	<b>20:00.73</b>	350	1,00
	50m: 31.67	31.67	450m: 5:42.71	40.31	850m: 11:09.61	41.45	1250m: 16:40.96	41.31
	100m: 1:07.99	36.32	500m: 6:23.27	40.56	900m: 11:51.28	41.67	1300m: 17:22.11	41.15
	150m: 1:45.82	37.83	550m: 7:03.35	40.08	950m: 12:32.10	40.82	1350m: 18:02.67	40.56
	200m: 2:24.56	38.74	600m: 7:44.38	41.03	1000m: 13:13.58	41.48	1400m: 18:42.80	40.13
	250m: 3:03.56	39.00	650m: 8:24.83	40.45	1050m: 13:55.05	41.47	1450m: 19:22.41	39.61
	300m: 3:42.79	39.23	700m: 9:06.19	41.36	1100m: 14:36.40	41.35	1500m: 20:00.73	38.32
	350m: 4:22.28	39.49	750m: 9:46.95	40.76	1150m: 15:18.36	41.96		
	400m: 5:02.40	40.12	800m: 10:28.16	41.21	1200m: 15:59.65	41.29		