

Prova 19	Femin., 800m Livres					Absolutos
22/12/2023 - 9:00						Resultados
Recordes Nacionais 25m Open	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019	
Recordes Nacionais 25m Sen	8:20.97	Diana Margarida, DURAES	POR	Glasgow (GBR)	04/12/2019	
Recordes Nacionais 25m Jun 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	13/12/2015	
Recordes Nacionais 25m Jun 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	21/12/2014	
Recordes Nacionais 25m Juv A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	19/12/2004	
Recordes Nacionais 25m Juv B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	20/12/1980	
Recordes Nacionais 25m Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	13/07/1980	
Recordes Nacionais 25m Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazaré	16/05/2009	

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
1.	Diana Margarida, DURAES	+0,71	102992	96	Benfica	8:33.26	804	17,00
	50m: 29.76 29.76	250m: 2:37.59 32.23	450m: 4:46.92 32.25	650m: 6:56.68 32.40				
	100m: 1:01.25 31.49	300m: 3:09.91 32.32	500m: 5:19.25 32.33	700m: 7:29.31 32.63				
	150m: 1:33.19 31.94	350m: 3:42.22 32.31	550m: 5:51.74 32.49	750m: 8:01.76 32.45				
	200m: 2:05.36 32.17	400m: 4:14.67 32.45	600m: 6:24.28 32.54	800m: 8:33.26 31.50				
2.	Francisca Soares, MARTINS	+0,67	126504	03	Foca Quinta Da Lixa - Cnf	8:35.44	794	15,00
	50m: 28.90 28.90	250m: 2:36.95 32.48	450m: 4:46.42 32.54	650m: 6:57.71 32.94				
	100m: 1:00.11 31.21	300m: 3:09.33 32.38	500m: 5:19.03 32.61	700m: 7:31.04 33.33				
	150m: 1:32.18 32.07	350m: 3:41.56 32.23	550m: 5:51.85 32.82	750m: 8:03.83 32.79				
	200m: 2:04.47 32.29	400m: 4:13.88 32.32	600m: 6:24.77 32.92	800m: 8:35.44 31.61				
3.	Tamila Hryhorivna, HOLUB	+0,79	116887	99	Braga	8:35.88	792	14,00
	50m: 29.21 29.21	250m: 2:37.55 32.49	450m: 4:48.32 32.66	650m: 6:59.79 32.41				
	100m: 1:00.78 31.57	300m: 3:10.21 32.66	500m: 5:21.28 32.96	700m: 7:32.35 32.56				
	150m: 1:32.75 31.97	350m: 3:43.04 32.83	550m: 5:54.29 33.01	750m: 8:04.55 32.20				
	200m: 2:05.06 32.31	400m: 4:15.66 32.62	600m: 6:27.38 33.09	800m: 8:35.88 31.33				
4.	Angelica Maria, ANDRE	+0,77	15497	94	Porto	8:37.24	786	13,00
	50m: 30.25 30.25	250m: 2:39.68 32.68	450m: 4:50.70 32.62	650m: 7:01.58 32.72				
	100m: 1:02.12 31.87	300m: 3:12.52 32.84	500m: 5:23.31 32.61	700m: 7:34.12 32.54				
	150m: 1:34.44 32.32	350m: 3:45.40 32.88	550m: 5:56.04 32.73	750m: 8:06.61 32.49				
	200m: 2:07.00 32.56	400m: 4:18.08 32.68	600m: 6:28.86 32.82	800m: 8:37.24 30.63				
5.	Mariana Amaral, MENDES	+0,83	123959	02	Sporting	8:45.59	749	12,00
	50m: 30.79 30.79	250m: 2:42.30 32.89	450m: 4:54.82 32.98	650m: 7:07.09 33.11				
	100m: 1:03.48 32.69	300m: 3:15.60 33.30	500m: 5:27.76 32.94	700m: 7:40.13 33.04				
	150m: 1:36.31 32.83	350m: 3:48.66 33.06	550m: 6:00.91 33.15	750m: 8:13.35 33.22				
	200m: 2:09.41 33.10	400m: 4:21.84 33.18	600m: 6:33.98 33.07	800m: 8:45.59 32.24				
6.	Ines Jacinto, HENRIQUES	+0,71	120220	00	Louzan Natacao/EFAPEL	9:00.99	687	11,00
	50m: 30.44 30.44	250m: 2:43.88 33.66	450m: 5:00.14 34.14	650m: 7:18.26 34.71				
	100m: 1:03.55 33.11	300m: 3:17.76 33.88	500m: 5:34.31 34.17	700m: 7:52.88 34.62				
	150m: 1:36.72 33.17	350m: 3:51.84 34.08	550m: 6:08.90 34.59	750m: 8:27.29 34.41				
	200m: 2:10.22 33.50	400m: 4:26.00 34.16	600m: 6:43.55 34.65	800m: 9:00.99 33.70				
7.	Maria Ornelas, ARMAS	+0,91	106961	98	Vikings	9:13.60	641	10,00
	50m: 31.73 31.73	250m: 2:48.84 34.50	450m: 5:08.43 34.87	650m: 7:29.06 35.09				
	100m: 1:05.78 34.05	300m: 3:23.72 34.88	500m: 5:43.45 35.02	700m: 8:04.50 35.44				
	150m: 1:39.89 34.11	350m: 3:58.54 34.82	550m: 6:18.63 35.18	750m: 8:39.28 34.78				
	200m: 2:14.34 34.45	400m: 4:33.56 35.02	600m: 6:53.97 35.34	800m: 9:13.60 34.32				
8.	Marta Joao, PIRES	+0,78	147235	05	Sport Alges e Dafundo	9:14.77	637	9,00
	50m: 30.83 30.83	250m: 2:49.13 34.80	450m: 5:09.24 35.13	650m: 7:31.18 35.68				
	100m: 1:04.81 33.98	300m: 3:24.20 35.07	500m: 5:44.45 35.21	700m: 8:06.68 35.50				
	150m: 1:39.64 34.83	350m: 3:59.15 34.95	550m: 6:20.04 35.59	750m: 8:41.35 34.67				
	200m: 2:14.33 34.69	400m: 4:34.11 34.96	600m: 6:55.50 35.46	800m: 9:14.77 33.42				
9.	Beatriz Silva, LOURO	+0,74	129303	07	Louletano / Loule Concelho	9:18.47	624	8,00
	50m: 31.51 31.51	250m: 2:48.65 34.63	450m: 5:09.65 35.50	650m: 7:32.46 35.84				
	100m: 1:05.28 33.77	300m: 3:23.46 34.81	500m: 5:45.47 35.82	700m: 8:08.11 35.65				
	150m: 1:39.35 34.07	350m: 3:58.77 35.31	550m: 6:20.79 35.32	750m: 8:43.69 35.58				
	200m: 2:14.02 34.67	400m: 4:34.15 35.38	600m: 6:56.62 35.83	800m: 9:18.47 34.78				
10.	Rita Sofia, NUNES	+0,85	129103	05	Colegio Efanor	9:29.84	588	7,00
	50m: 31.46 31.46	250m: 2:52.80 36.05	450m: 5:18.76 36.63	650m: 7:44.42 36.55				
	100m: 1:05.95 34.49	300m: 3:29.04 36.24	500m: 5:55.11 36.35	700m: 8:20.24 35.82				
	150m: 1:41.23 35.28	350m: 4:05.79 36.75	550m: 6:31.48 36.37	750m: 8:56.02 35.78				
	200m: 2:16.75 35.52	400m: 4:42.13 36.34	600m: 7:07.87 36.39	800m: 9:29.84 33.82				

Prova 19, Femin., 800m Livres, Absolutos

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
11.	Maria Luis, SA	+0,77	131836	06	Fluvial Portuense	9:30.49	586	6,00
	50m: 31.49 31.49	250m: 2:51.64 35.55	450m: 5:16.12 36.03	650m: 7:41.56 36.23				
	100m: 1:05.37 33.88	300m: 3:27.71 36.07	500m: 5:52.41 36.29	700m: 8:17.98 36.42				
	150m: 1:40.65 35.28	350m: 4:03.76 36.05	550m: 6:29.06 36.65	750m: 8:54.57 36.59				
	200m: 2:16.09 35.44	400m: 4:40.09 36.33	600m: 7:05.33 36.27	800m: 9:30.49 35.92				
12.	Ana Rita, MATOS	+0,81	127501	02	Clube Futebol Os Belenenses	9:34.76	573	5,00
	50m: 32.16 32.16	250m: 2:53.60 35.97	450m: 5:18.76 36.37	650m: 7:44.89 36.74				
	100m: 1:06.74 34.58	300m: 3:29.84 36.24	500m: 5:55.01 36.25	700m: 8:21.77 36.88				
	150m: 1:41.99 35.25	350m: 4:06.08 36.24	550m: 6:31.61 36.60	750m: 8:58.74 36.97				
	200m: 2:17.63 35.64	400m: 4:42.39 36.31	600m: 7:08.15 36.54	800m: 9:34.76 36.02				
13.	Camila Duarte, MARCELO	+0,90	208416	10	Condeixa Aqua Clube	9:39.41	559	4,00
	50m: 32.39 32.39	250m: 2:56.42 36.02	450m: 5:21.64 36.51	650m: 7:50.33 37.44				
	100m: 1:07.97 35.58	300m: 3:32.62 36.20	500m: 5:58.53 36.89	700m: 8:27.28 36.95				
	150m: 1:44.17 36.20	350m: 4:08.75 36.13	550m: 6:35.51 36.98	750m: 9:03.68 36.40				
	200m: 2:20.40 36.23	400m: 4:45.13 36.38	600m: 7:12.89 37.38	800m: 9:39.41 35.73				
14.	Lara Catarina, MAIA	+0,70	205712	09	Estarreja/PROZINCO	9:43.17	548	3,00
	50m: 32.00 32.00	250m: 2:55.03 36.39	450m: 5:23.39 37.43	650m: 7:52.52 37.41				
	100m: 1:07.03 35.03	300m: 3:32.05 37.02	500m: 6:00.36 36.97	700m: 8:29.69 37.17				
	150m: 1:42.56 35.53	350m: 4:08.98 36.93	550m: 6:37.87 37.51	750m: 9:07.10 37.41				
	200m: 2:18.64 36.08	400m: 4:45.96 36.98	600m: 7:15.11 37.24	800m: 9:43.17 36.07				
15.	Francisca Ramos, RIBEIRO	+0,93	207263	10	Escola Desportiva de Viana	10:32.97	429	2,00
	50m: 33.59 33.59	250m: 3:14.40 41.09	450m: 5:55.00 40.17	650m: 8:34.72 39.83				
	100m: 1:12.50 38.91	300m: 3:55.06 40.66	500m: 6:35.09 40.09	700m: 9:15.24 40.52				
	150m: 1:52.44 39.94	350m: 4:34.72 39.66	550m: 7:15.16 40.07	750m: 9:54.43 39.19				
	200m: 2:33.31 40.87	400m: 5:14.83 40.11	600m: 7:54.89 39.73	800m: 10:32.97 38.54				
16.	Leonor Carnide, SILVA	+0,82	151721	09	Ginasio Vila Real	10:48.18	399	1,00
	50m: 32.21 32.21	250m: 3:12.72 41.19	450m: 6:00.08 41.82	650m: 8:46.17 41.17				
	100m: 1:10.23 38.02	300m: 3:54.86 42.14	500m: 6:41.53 41.45	700m: 9:27.17 41.00				
	150m: 1:50.31 40.08	350m: 4:36.51 41.65	550m: 7:23.32 41.79	750m: 10:08.79 41.62				
	200m: 2:31.53 41.22	400m: 5:18.26 41.75	600m: 8:05.00 41.68	800m: 10:48.18 39.39				