

Prova 42	Masc., 400m Estilos					Open Startlist
10/12/2023 - 11:10						
RN25 Open	4:05.87	LOPES Gabriel Jose	ALN	Leiria		09/12/2022
RN25 Sen	4:05.87	LOPES Gabriel Jose	ALN	Leiria		09/12/2022
RN25 Jun18	4:11.20	VITAL Joao Alexandre	SCP	Porto		11/12/2015
RN25 Jun17	4:21.93	VITAL Joao Alexandre	ADRCIMM	Porto		19/12/2014
RN25 Juv A	4:25.04	VITAL Joao Alexandre	ADRCIMM	Tomar		13/12/2013
RN25 Juv B	4:35.02	CARVALHO Diogo Filipe	CGA	Braga		21/03/2003
RN25 Inf A	4:40.32	FREITAS Tomas Miguel	CDN	Funchal		09/07/2004
RN25 Inf B	4:49.65	RUIVO Andre Vilas	DNMG	S. António Cavaleiros		15/03/2013
TAC Sen20+ 50m: 4:49.87 - 25m: 4:40.54; Sen19 50m: 4:51.32 - 25m: 4:41.94; Jun17 50m: 5:00.02 - 25m: 4:50.36; Jun18 50m: 4:58.57 - 25m: 4:48.96						

Pista	Nome	Classe	C excep	Ano	NFed	Clube	Tp inscrição
<b>Série 1 de 4, 11:10</b>							
EXH 1	CRUZ Miguel Duarte	SM15	H	99	125797	Belenenses	5:04.52 50m ____:____
2	ALMEIDA Joao Francisco			07	209787	Naval do Funchal	4:59.12 50m ____:____
3	RODRIGUES Joao Alves			07	201808	Famalicao	4:58.19 50m ____:____
4	FERNANDES Leonardo Freitas			06	209567	Famalicao	4:44.58 25m ____:____
5	TEMUDO Jose Maria			06	206962	Rio Maior	4:46.30 25m ____:____
6	DORES Tomas Rocha			07	200766	Colegio Efanor	4:47.93 25m ____:____
7	LOURENCO Francisco Campos			06	132136	Natacao de Valongo	4:48.40 25m ____:____
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<b>Série 2 de 4, 11:20</b>							
1	SIMÕES Francisco Marques			07	205719	CNLeiria	4:54.95 50m ____:____
2	ALVES Andre Correia			06	131173	Benfica	4:52.96 50m ____:____
3	CARDOSO Filipe Santos			04	130500	Gafanha da Encarnacao	4:39.65 25m ____:____
4	MIMOSO Rafael Miguel			07	202973	Benfica	4:38.36 25m ____:____
5	TRISTAO Miguel Salomao			04	129885	Portinado	4:38.51 25m ____:____
6	RODRIGUES Gil Afonso			07	148683	Fluvial Portuense	4:52.89 50m ____:____
7	OLIVEIRA Tomas Ferreira			06	151457	Natacao da Maia	4:54.14 50m ____:____
8	FERNANDES Duarte Jose			06	205623	Uniao Coimbra	4:55.41 50m ____:____

<b>Série 3 de 4, 11:25</b>							
1	SILVA Francisco Araujo			06	132331	Famalicao	4:37.45 25m ____:____
2	RELVAS David Ferreira			03	125604	Nautico Marinha Grande	4:36.00 25m ____:____
3	ZHUKOV Mark			06	200632	Braga	4:45.92 50m ____:____
4	CARVALHO Goncalo Duarte			05	132466	Benfica	4:43.65 50m ____:____
5	CRUZ Leonardo Jose			07	204601	Alcobaca	4:43.99 50m ____:____
6	REIS Leonardo Conceicao			07	207815	Sporting	4:46.49 50m ____:____
7	CRISTINO David Matias			01	127872	Uniao Piedense	4:37.26 25m ____:____
8	TEIXEIRA Renato Gouveia			07	204599	Foca Quinta da Lixa CNF	4:48.82 50m ____:____

<b>Série 4 de 4, Programado na sessão 6</b>							
1	SILVA Henrique Gomes			02	120860	Benfica	4:39.32 50m ____:____
2	GOUVEIA Luis Galvao			05	127884	Desportivo Nacional	4:36.02 50m ____:____
EXH 3	FOMIN Yury			06	208159	Louletano / Loule Concelho	4:34.17 50m ____:____
4	LOPES Jose Paulo			00	117924	Braga	4:23.80 50m ____:____
5	CATALAO Daniel Nogueira			00	127075	Sporting	4:22.63 25m ____:____
6	CARDOSO Diogo Santos			01	122969	Sporting	4:34.47 50m ____:____
7	SILVA Afonso Carvalho			05	130127	Famalicao	4:36.53 50m ____:____
8	MORGADO Vasco Alves			05	147123	Alges	4:29.79 25m ____:____

