

Prova 33	Femin., 800m Livres				Absolutos
10/12/2023 - 16:20					Resultados
RN25 Open	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Sen	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13/12/2015
RN25 Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21/12/2014

Pontos: FINA 2023

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
Seniores							
1.	DURAES Diana Margarida	96	Benfica	8:33.51	+0,72	803	
	50m: 30.16 30.16	250m: 2:39.94	32.00	450m: 4:48.26	32.09	650m: 6:57.12	32.23
	100m: 1:02.51 32.35	300m: 3:11.88	31.94	500m: 5:20.20	31.94	700m: 7:29.52	32.40
	150m: 1:35.21 32.70	350m: 3:44.01	32.13	550m: 5:52.51	32.31	750m: 8:01.83	32.31
	200m: 2:07.94 32.73	400m: 4:16.17	32.16	600m: 6:24.89	32.38	800m: 8:33.51	31.68
2.	HOLUB Tamila Hryhorivna	99	Braga	8:37.10	+0,81	787	
	50m: 30.61 30.61	250m: 2:40.56	32.42	450m: 4:50.16	32.50	650m: 7:00.66	32.79
	100m: 1:02.71 32.10	300m: 3:12.95	32.39	500m: 5:22.74	32.58	700m: 7:33.45	32.79
	150m: 1:35.44 32.73	350m: 3:45.24	32.29	550m: 5:55.26	32.52	750m: 8:05.79	32.34
	200m: 2:08.14 32.70	400m: 4:17.66	32.42	600m: 6:27.87	32.61	800m: 8:37.10	31.31
3.	ANDRE Angelica Maria	94	Porto	8:38.68	+0,71	779	
	50m: 30.41 30.41	250m: 2:40.88	32.74	450m: 4:51.69	32.79	650m: 7:02.15	32.38
	100m: 1:02.87 32.46	300m: 3:13.51	32.63	500m: 5:24.61	32.92	700m: 7:34.74	32.59
	150m: 1:35.52 32.65	350m: 3:46.14	32.63	550m: 5:57.20	32.59	750m: 8:07.44	32.70
	200m: 2:08.14 32.62	400m: 4:18.90	32.76	600m: 6:29.77	32.57	800m: 8:38.68	31.24
4.	MENDES Mariana Amaral	02	Sporting	8:40.83	+0,77	770	
	50m: 30.80 30.80	250m: 2:41.27	32.65	450m: 4:52.30	32.72	650m: 7:03.82	32.77
	100m: 1:03.37 32.57	300m: 3:14.03	32.76	500m: 5:25.28	32.98	700m: 7:36.68	32.86
	150m: 1:35.97 32.60	350m: 3:46.85	32.82	550m: 5:58.11	32.83	750m: 8:09.31	32.63
	200m: 2:08.62 32.65	400m: 4:19.58	32.73	600m: 6:31.05	32.94	800m: 8:40.83	31.52
5.	VIANA Carolina Pereira	04	Sporting	8:56.05	+0,71	706	
	50m: 30.45 30.45	250m: 2:41.66	33.03	450m: 4:57.51	34.04	650m: 7:14.56	34.17
	100m: 1:02.72 32.27	300m: 3:15.25	33.59	500m: 5:31.76	34.25	700m: 7:49.05	34.49
	150m: 1:35.59 32.87	350m: 3:49.07	33.82	550m: 6:06.10	34.34	750m: 8:23.00	33.95
	200m: 2:08.63 33.04	400m: 4:23.47	34.40	600m: 6:40.39	34.29	800m: 8:56.05	33.05
6.	LOPES Daniela Magalhaes	05	Famalicao	9:04.07	+0,81	675	
	50m: 31.21 31.21	250m: 2:45.67	33.92	450m: 5:03.21	34.34	650m: 7:21.75	34.57
	100m: 1:04.51 33.30	300m: 3:19.81	34.14	500m: 5:37.84	34.63	700m: 7:56.23	34.48
	150m: 1:37.97 33.46	350m: 3:54.02	34.21	550m: 6:12.71	34.87	750m: 8:30.61	34.38
	200m: 2:11.75 33.78	400m: 4:28.87	34.85	600m: 6:47.18	34.47	800m: 9:04.07	33.46
7.	ARMAS Maria Ornelas	98	Vikings	9:12.99	+0,88	643	
	50m: 31.44 31.44	250m: 2:49.12	34.78	450m: 5:08.55	34.66	650m: 7:28.72	34.84
	100m: 1:05.47 34.03	300m: 3:23.84	34.72	500m: 5:43.61	35.06	700m: 8:03.94	35.22
	150m: 1:39.79 34.32	350m: 3:58.82	34.98	550m: 6:18.67	35.06	750m: 8:39.19	35.25
	200m: 2:14.34 34.55	400m: 4:33.89	35.07	600m: 6:53.88	35.21	800m: 9:12.99	33.80
8.	RAMOS Joana Barbas	06	Gafanha da Encarnacao	9:14.38	+0,77	638	
	50m: 31.54 31.54	250m: 2:48.84	34.68	450m: 5:08.46	34.91	650m: 7:29.46	35.25
	100m: 1:05.34 33.80	300m: 3:23.65	34.81	500m: 5:43.69	35.23	700m: 8:04.85	35.39
	150m: 1:39.58 34.24	350m: 3:58.55	34.90	550m: 6:18.94	35.25	750m: 8:39.98	35.13
	200m: 2:14.16 34.58	400m: 4:33.55	35.00	600m: 6:54.21	35.27	800m: 9:14.38	34.40

Prova 33, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
9.	RODRIGUES Helena Nunes	03	Condeixa Clube	9:16.50	+0,76	631	
	50m: 31.96 31.96	250m: 2:51.17	35.10 450m: 5:11.51	34.86	650m: 7:32.02	35.13	
	100m: 1:06.16 34.20	300m: 3:26.32	35.15 500m: 5:46.37	34.86	700m: 8:07.45	35.43	
	150m: 1:41.25 35.09	350m: 4:01.50	35.18 550m: 6:21.58	35.21	750m: 8:42.54	35.09	
	200m: 2:16.07 34.82	400m: 4:36.65	35.15 600m: 6:56.89	35.31	800m: 9:16.50	33.96	
10.	PEIXOTO Carolina Esteves	06	Braga	9:17.54	+0,85	627	
	50m: 31.26 31.26	250m: 2:47.97	34.80 450m: 5:09.91	35.74	650m: 7:32.73	35.61	
	100m: 1:04.36 33.10	300m: 3:23.24	35.27 500m: 5:45.45	35.54	700m: 8:08.38	35.65	
	150m: 1:38.55 34.19	350m: 3:58.57	35.33 550m: 6:21.32	35.87	750m: 8:43.60	35.22	
	200m: 2:13.17 34.62	400m: 4:34.17	35.60 600m: 6:57.12	35.80	800m: 9:17.54	33.94	
11.	SA Maria Luis	06	Fluvial Portuense	9:25.04	+0,74	603	
	50m: 32.18 32.18	250m: 2:52.11	35.27 450m: 5:14.73	35.43	650m: 7:38.79	36.32	
	100m: 1:07.08 34.90	300m: 3:27.72	35.61 500m: 5:50.73	36.00	700m: 8:14.61	35.82	
	150m: 1:41.98 34.90	350m: 4:03.32	35.60 550m: 6:26.88	36.15	750m: 8:50.29	35.68	
	200m: 2:16.84 34.86	400m: 4:39.30	35.98 600m: 7:02.47	35.59	800m: 9:25.04	34.75	
12.	NUNES Rita Sofia	05	Colegio Efanor	9:25.41	+0,81	602	
	50m: 32.06 32.06	250m: 2:52.52	35.38 450m: 5:15.74	35.84	650m: 7:39.09	35.89	
	100m: 1:06.43 34.37	300m: 3:28.26	35.74 500m: 5:51.59	35.85	700m: 8:15.00	35.91	
	150m: 1:41.61 35.18	350m: 4:04.02	35.76 550m: 6:27.31	35.72	750m: 8:50.71	35.71	
	200m: 2:17.14 35.53	400m: 4:39.90	35.88 600m: 7:03.20	35.89	800m: 9:25.41	34.70	
13.	LOPES Francisca Macedo	05	Vilacondense	9:27.69	+0,79	594	
	50m: 31.82 31.82	250m: 2:53.12	35.57 450m: 5:16.44	35.82	650m: 7:40.96	36.33	
	100m: 1:06.73 34.91	300m: 3:28.96	35.84 500m: 5:52.05	35.61	700m: 8:17.29	36.33	
	150m: 1:42.08 35.35	350m: 4:04.66	35.70 550m: 6:28.27	36.22	750m: 8:53.39	36.10	
	200m: 2:17.55 35.47	400m: 4:40.62	35.96 600m: 7:04.63	36.36	800m: 9:27.69	34.30	
14.	MORGADO Alice Jesus	04	Sporting	9:27.80	+0,78	594	
	50m: 32.06 32.06	250m: 2:50.23	34.80 450m: 5:12.08	35.70	650m: 7:38.13	36.52	
	100m: 1:06.40 34.34	300m: 3:25.22	34.99 500m: 5:48.24	36.16	700m: 8:14.98	36.85	
	150m: 1:40.95 34.55	350m: 4:00.58	35.36 550m: 6:25.03	36.79	750m: 8:51.79	36.81	
	200m: 2:15.43 34.48	400m: 4:36.38	35.80 600m: 7:01.61	36.58	800m: 9:27.80	36.01	
15.	MADEIRA Margarida Correia	06	Nautico Marinha Grande	9:30.60	+0,80	585	
	50m: 32.48 32.48	250m: 2:55.07	35.98 450m: 5:19.05	35.94	650m: 7:43.78	35.96	
	100m: 1:07.62 35.14	300m: 3:31.00	35.93 500m: 5:55.26	36.21	700m: 8:19.86	36.08	
	150m: 1:43.30 35.68	350m: 4:07.09	36.09 550m: 6:31.67	36.41	750m: 8:55.89	36.03	
	200m: 2:19.09 35.79	400m: 4:43.11	36.02 600m: 7:07.82	36.15	800m: 9:30.60	34.71	
16.	SILVA Ines Martins	04	Vilacondense	9:32.08	+0,86	581	
	50m: 32.16 32.16	250m: 2:55.04	36.21 450m: 5:20.57	36.15	650m: 7:45.74	35.84	
	100m: 1:07.04 34.88	300m: 3:31.60	36.56 500m: 5:57.06	36.49	700m: 8:22.04	36.30	
	150m: 1:42.90 35.86	350m: 4:07.89	36.29 550m: 6:33.29	36.23	750m: 8:57.89	35.85	
	200m: 2:18.83 35.93	400m: 4:44.42	36.53 600m: 7:09.90	36.61	800m: 9:32.08	34.19	
17.	OLIVEIRA Vanessa Sofia	05	Gafanha da Encarnacao	9:32.27	+0,74	580	
	50m: 32.42 32.42	250m: 2:55.26	36.02 450m: 5:20.20	36.24	650m: 7:45.27	36.16	
	100m: 1:07.65 35.23	300m: 3:31.38	36.12 500m: 5:56.43	36.23	700m: 8:21.27	36.00	
	150m: 1:43.40 35.75	350m: 4:07.64	36.26 550m: 6:32.84	36.41	750m: 8:57.36	36.09	
	200m: 2:19.24 35.84	400m: 4:43.96	36.32 600m: 7:09.11	36.27	800m: 9:32.27	34.91	
18.	ALVES Joana Silva	05	Sporting	9:33.51	+0,73	576	
	50m: 32.92 32.92	250m: 2:56.35	35.80 450m: 5:20.51	36.13	650m: 7:46.55	36.48	
	100m: 1:08.50 35.58	300m: 3:32.22	35.87 500m: 5:56.72	36.21	700m: 8:22.85	36.30	
	150m: 1:44.63 36.13	350m: 4:08.07	35.85 550m: 6:33.18	36.46	750m: 8:58.87	36.02	
	200m: 2:20.55 35.92	400m: 4:44.38	36.31 600m: 7:10.07	36.89	800m: 9:33.51	34.64	

Prova 33, Femin., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
DSQ	FARIA Leonor Verissimo <i>403 - Falsa partida - SW 4.4</i>	06	Nautico Academico				

Juniores

1.	AGUILAR Marta Andre	07	Nautico Academico	9:24.06	+0,75	606	
	50m: 32.06 32.06	250m: 2:52.66	35.41	450m: 5:15.91	35.84	650m: 7:39.03	35.91
	100m: 1:06.49 34.43	300m: 3:28.28	35.62	500m: 5:51.78	35.87	700m: 8:14.82	35.79
	150m: 1:41.80 35.31	350m: 4:04.10	35.82	550m: 6:27.41	35.63	750m: 8:50.20	35.38
	200m: 2:17.25 35.45	400m: 4:40.07	35.97	600m: 7:03.12	35.71	800m: 9:24.06	33.86
2.	CABRAL Carolina Vizinho	07	Natacao de Vagos	9:25.30	+0,78	602	
	50m: 31.91 31.91	250m: 2:52.64	35.38	450m: 5:16.36	36.32	650m: 7:41.09	36.48
	100m: 1:06.72 34.81	300m: 3:28.44	35.80	500m: 5:52.47	36.11	700m: 8:17.08	35.99
	150m: 1:41.97 35.25	350m: 4:04.16	35.72	550m: 6:28.46	35.99	750m: 8:52.84	35.76
	200m: 2:17.26 35.29	400m: 4:40.04	35.88	600m: 7:04.61	36.15	800m: 9:25.30	32.46
3.	ALVES Sara Sofia	07	Palmela	9:30.07	+0,78	587	
	50m: 32.71 32.71	250m: 2:56.89	36.37	450m: 5:23.14	36.31	650m: 7:46.89	35.55
	100m: 1:08.13 35.42	300m: 3:33.51	36.62	500m: 5:59.58	36.44	700m: 8:21.88	34.99
	150m: 1:43.86 35.73	350m: 4:10.24	36.73	550m: 6:35.36	35.78	750m: 8:56.72	34.84
	200m: 2:20.52 36.66	400m: 4:46.83	36.59	600m: 7:11.34	35.98	800m: 9:30.07	33.35
4.	SANTOS Leonor Castanho	07	Sporting	9:31.76	+0,81	582	
	50m: 32.83 32.83	250m: 2:54.85	35.84	450m: 5:18.86	35.96	650m: 7:43.96	36.51
	100m: 1:07.89 35.06	300m: 3:30.79	35.94	500m: 5:54.94	36.08	700m: 8:20.50	36.54
	150m: 1:43.28 35.39	350m: 4:06.91	36.12	550m: 6:31.11	36.17	750m: 8:56.52	36.02
	200m: 2:19.01 35.73	400m: 4:42.90	35.99	600m: 7:07.45	36.34	800m: 9:31.76	35.24
5.	ALMEIDA Bianca Filipa	07	Alges e Aguada XXI	9:35.49	+0,76	570	
	50m: 32.40 32.40	250m: 2:56.14	36.36	450m: 5:22.09	35.53	650m: 7:46.28	36.13
	100m: 1:07.58 35.18	300m: 3:32.83	36.69	500m: 5:57.84	35.75	700m: 8:22.79	36.51
	150m: 1:43.38 35.80	350m: 4:09.54	36.71	550m: 6:34.05	36.21	750m: 8:59.64	36.85
	200m: 2:19.78 36.40	400m: 4:46.56	37.02	600m: 7:10.15	36.10	800m: 9:35.49	35.85
6.	LOPES Catarina Maria	08	Benfica	9:36.41	+0,75	568	
	50m: 32.83 32.83	250m: 2:56.16	36.19	450m: 5:21.96	36.56	650m: 7:49.21	36.91
	100m: 1:07.93 35.10	300m: 3:32.43	36.27	500m: 5:58.87	36.91	700m: 8:25.77	36.56
	150m: 1:43.96 36.03	350m: 4:08.85	36.42	550m: 6:35.68	36.81	750m: 9:02.16	36.39
	200m: 2:19.97 36.01	400m: 4:45.40	36.55	600m: 7:12.30	36.62	800m: 9:36.41	34.25
7.	VIANA Matilde Violante	07	CNLeiria	9:38.70	+0,89	561	
	50m: 32.01 32.01	250m: 2:55.64	36.58	450m: 5:22.37	36.59	650m: 7:49.58	36.65
	100m: 1:06.79 34.78	300m: 3:32.25	36.61	500m: 5:59.00	36.63	700m: 8:26.11	36.53
	150m: 1:42.53 35.74	350m: 4:09.11	36.86	550m: 6:35.81	36.81	750m: 9:02.74	36.63
	200m: 2:19.06 36.53	400m: 4:45.78	36.67	600m: 7:12.93	37.12	800m: 9:38.70	35.96
8.	NEVES Ana Carolina	08	Fluvial Portuense	9:43.91	+0,65	546	
	50m: 32.40 32.40	250m: 2:58.84	36.99	450m: 5:28.39	37.20	650m: 7:57.94	37.11
	100m: 1:08.04 35.64	300m: 3:36.07	37.23	500m: 6:05.81	37.42	700m: 8:34.92	36.98
	150m: 1:44.79 36.75	350m: 4:13.88	37.81	550m: 6:43.42	37.61	750m: 9:10.93	36.01
	200m: 2:21.85 37.06	400m: 4:51.19	37.31	600m: 7:20.83	37.41	800m: 9:43.91	32.98
9.	CRUZ Ana Carolina	08	Famalicao	9:43.98	+0,81	546	
	50m: 32.68 32.68	250m: 2:58.12	36.69	450m: 5:28.42	37.57	650m: 7:57.37	37.13
	100m: 1:08.61 35.93	300m: 3:35.40	37.28	500m: 6:05.92	37.50	700m: 8:33.84	36.47
	150m: 1:45.19 36.58	350m: 4:13.01	37.61	550m: 6:43.30	37.38	750m: 9:10.22	36.38
	200m: 2:21.43 36.24	400m: 4:50.85	37.84	600m: 7:20.24	36.94	800m: 9:43.98	33.76

Prova 33, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	FINA	PARA
10.	FREITAS Diana Gomes	08	Amigos Montanha	9:46.20	+0,80	540	
	50m: 32.81 32.81	250m: 2:58.70	36.84 450m: 5:28.40	37.07	650m: 7:57.78	37.21	
	100m: 1:08.44 35.63	300m: 3:36.13	37.43 500m: 6:05.70	37.30	700m: 8:34.55	36.77	
	150m: 1:44.70 36.26	350m: 4:13.53	37.40 550m: 6:43.07	37.37	750m: 9:11.02	36.47	
	200m: 2:21.86 37.16	400m: 4:51.33	37.80 600m: 7:20.57	37.50	800m: 9:46.20	35.18	
11.	LUIZ Margarida Maria	08	Lagoa AC	10:04.71	+0,77	492	
	50m: 33.38 33.38	250m: 3:02.00	37.83 450m: 5:35.86	38.39	650m: 8:10.99	38.77	
	100m: 1:09.43 36.05	300m: 3:40.06	38.06 500m: 6:14.47	38.61	700m: 8:50.03	39.04	
	150m: 1:46.61 37.18	350m: 4:18.64	38.58 550m: 6:53.51	39.04	750m: 9:27.51	37.48	
	200m: 2:24.17 37.56	400m: 4:57.47	38.83 600m: 7:32.22	38.71	800m: 10:04.71	37.20	
DNS	FERREIRA Carolina Amadeu	08	Leixoes				