

Campeonato Nacional Clubes 2ª Divisão
 Estarreja, 2 - 3/12/2023

Prova 2	Masc., 400m Livres				2ª Divisão MASC	
02/12/2023 - 9:50					Resultados	
RN25 Open	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16/12/2021	
RN25 Sen	3:42.57	LOPES Jose Paulo	POR	Abu Dhabi (UAE)	16/12/2021	
RN25 Jun18	3:50.52	NIZ Adriano Miguel	CFV	Fafe	26/06/2004	
RN25 Jun17	3:56.54	COSTA Rui Filipe	VSC	Felgueiras	24/11/2007	
RN25 Juv A	3:58.82	RIBEIRO Diogo Matos	CUC	Mealhada	07/12/2019	
RN25 Juv B	4:01.42	PEREIRA Rui Silva	POR	Tomar	15/01/2023	
RN25 Inf A	4:12.35	RUIVO Andre Vilas	DNMG	Campo Maior	29/03/2014	
RN25 Inf B	4:21.95	OLIVEIRA Pedro Fontoura	CFB	Santarém	04/04/2003	

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	BASTOS Lucas Pereira	00	117492	Nautico Academico	3:56.67	+0,77	721	25,00
	50m: 27.56 27.56	150m: 1:27.44	30.17	250m: 2:27.24	29.79	350m: 3:26.76	29.66	
	100m: 57.27 29.71	200m: 1:57.45	30.01	300m: 2:57.10	29.86	400m: 3:56.67	29.91	
2.	PEREIRA Rui Silva	08	205327	Colegio Monte Maior	3:59.37	+0,85	697	23,00
	50m: 27.95 27.95	150m: 1:27.66	30.37	250m: 2:28.77	30.72	350m: 3:29.61	30.81	
	100m: 57.29 29.34	200m: 1:58.05	30.39	300m: 2:58.80	30.03	400m: 3:59.37	29.76	
3.	LARANJO Filipe Manso	07	202281	Desportiva de Viana	4:03.93	+0,84	658	22,00
	50m: 27.78 27.78	150m: 1:28.91	30.80	250m: 2:31.38	31.27	350m: 3:33.81	31.14	
	100m: 58.11 30.33	200m: 2:00.11	31.20	300m: 3:02.67	31.29	400m: 4:03.93	30.12	
4.	NUNES Diogo Severino	04	128592	Natacao de Valongo	4:08.44	+0,84	623	21,00
	50m: 27.82 27.82	150m: 1:28.41	30.59	250m: 2:31.58	31.67	350m: 3:36.22	32.62	
	100m: 57.82 30.00	200m: 1:59.91	31.50	300m: 3:03.60	32.02	400m: 4:08.44	32.22	
5.	RIBEIRO Filipe Silva	05	132090	Leixoes	4:08.46	+0,66	623	20,00
	50m: 27.57 27.57	150m: 1:29.55	31.14	250m: 2:33.32	31.80	350m: 3:38.40	32.87	
	100m: 58.41 30.84	200m: 2:01.52	31.97	300m: 3:05.53	32.21	400m: 4:08.46	30.06	
6.	SOARES Guilherme Costa	08	201093	Vilacondense	4:08.55	+0,79	622	19,00
	50m: 28.63 28.63	150m: 1:30.91	31.38	250m: 2:34.18	31.58	350m: 3:37.97	32.09	
	100m: 59.53 30.90	200m: 2:02.60	31.69	300m: 3:05.88	31.70	400m: 4:08.55	30.58	
7.	TEMUDO Jose Maria	06	206962	Rio Maior	4:10.63	+0,67	607	18,00
	50m: 28.58 28.58	150m: 1:30.69	31.62	250m: 2:34.62	31.95	350m: 3:38.93	32.16	
	100m: 59.07 30.49	200m: 2:02.67	31.98	300m: 3:06.77	32.15	400m: 4:10.63	31.70	
8.	MARQUES Duarte Cachulo	07	205589	Condeixa Clube	4:11.95	+0,71	597	17,00
	50m: 27.25 27.25	150m: 1:28.71	31.38	250m: 2:33.59	32.60	350m: 3:40.05	33.27	
	100m: 57.33 30.08	200m: 2:00.99	32.28	300m: 3:06.78	33.19	400m: 4:11.95	31.90	
9.	CARDOSO Filipe Santos	04	130500	Gafanha da Encarnacao	4:12.01	+0,63	597	16,00
	50m: 28.57 28.57	150m: 1:32.28	31.98	250m: 2:36.08	31.91	350m: 3:40.40	32.11	
	100m: 1:00.30 31.73	200m: 2:04.17	31.89	300m: 3:08.29	32.21	400m: 4:12.01	31.61	
10.	MARQUES Joao Ferreira	06	201190	Academica de Coimbra	4:12.46	+0,74	594	15,00
	50m: 28.14 28.14	150m: 1:30.75	31.85	250m: 2:34.79	32.01	350m: 3:40.23	32.68	
	100m: 58.90 30.76	200m: 2:02.78	32.03	300m: 3:07.55	32.76	400m: 4:12.46	32.23	
11.	COUTINHO Guilherme Pereira	03	130516	Viver Santarem	4:18.18	+0,72	555	14,00
	50m: 28.74 28.74	150m: 1:32.19	32.26	250m: 2:38.22	33.11	350m: 3:45.61	33.61	
	100m: 59.93 31.19	200m: 2:05.11	32.92	300m: 3:12.00	33.78	400m: 4:18.18	32.57	
12.	PINHO Afonso Formigo	06	129956	Torres Novas	4:18.99	+0,76	550	13,00
	50m: 29.00 29.00	150m: 1:33.14	32.81	250m: 2:40.81	34.16	350m: 3:47.85	33.61	
	100m: 1:00.33 31.33	200m: 2:06.65	33.51	300m: 3:14.24	33.43	400m: 4:18.99	31.14	
13.	CAZEIRO Daniel Filipe	97	104378	Laranjeiro	4:19.24	+0,69	548	12,00
	50m: 30.07 30.07	150m: 1:35.15	32.72	250m: 2:41.78	33.35	350m: 3:47.84	32.77	
	100m: 1:02.43 32.36	200m: 2:08.43	33.28	300m: 3:15.07	33.29	400m: 4:19.24	31.40	

ORGANIZAÇÃO

ESTARREJA
MUNICIPIO

PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



PARCEIROS



Campeonato Nacional Clubes 2ª Divisão
 Estarreja, 2 - 3/12/2023

Prova 2, Masc., 400m Livres, 2ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	MACEDO Martim Cunha 50m: 29.48 29.48 100m: 1:01.03 31.55	09	204594	Natacao da Maia 150m: 1:33.58 32.55 200m: 2:07.09 33.51 250m: 2:40.88 300m: 3:15.27	4:20.41	+0,76	541	11,00
15.	SANTOS Goncalo Carvalho 50m: 28.77 28.77 100m: 1:00.74 31.97	05	131299	Louzan Natacao/EFAPEL 150m: 1:33.57 32.83 200m: 2:07.60 34.03 250m: 2:41.44 300m: 3:15.18	4:23.26	+0,78	524	10,00
16.	SARAGOCA Eduardo Sousa 50m: 29.44 29.44 100m: 1:01.51 32.07	07	200623	Viana Natacao 150m: 1:34.70 33.19 200m: 2:08.53 33.83 250m: 2:42.56 300m: 3:17.08	4:25.05	+0,77	513	9,00
17.	OLIVEIRA Paulo Jorge 50m: 29.06 29.06 100m: 1:00.68 31.62	08	205716	Estarreja/PROZINCO 150m: 1:33.49 32.81 200m: 2:07.19 33.70 250m: 2:41.16 300m: 3:15.49	4:25.74	+0,75	509	8,00
18.	VALENTE Xavier Jesus 50m: 28.61 28.61 100m: 1:00.51 31.90	09	206889	Colegio Vasco da Gama 150m: 1:33.54 33.03 200m: 2:07.58 34.04 250m: 2:42.01 300m: 3:16.74	4:25.75	+0,76	509	7,00
19.	MARRAZES Guilherme Meireles 50m: 28.77 28.77 100m: 1:00.94 32.17	09	152840	Nautico Marinha Grande 150m: 1:34.41 33.47 200m: 2:08.77 34.36 250m: 2:43.91 300m: 3:19.15	4:27.80	+0,76	497	6,00
20.	NUNES Joao Tomas 50m: 28.84 28.84 100m: 1:00.35 31.51	09	211145	Natacao Olhao 150m: 1:33.44 33.09 200m: 2:08.06 34.62 250m: 2:43.36 300m: 3:19.08	4:30.49	+0,72	483	5,00
21.	PACHECO Rafael Dinis 50m: 29.45 29.45 100m: 1:02.19 32.74	07	204593	Aquatico Pacense 150m: 1:35.82 33.63 200m: 2:10.51 34.69 250m: 2:45.89 300m: 3:20.86	4:31.68	+0,67	476	4,00
22.	GOMES Santiago Marques 50m: 31.14 31.14 100m: 1:07.06 35.92	09	210806	Ba-Leiria 150m: 1:44.30 37.24 200m: 2:21.32 37.02 250m: 2:58.29 300m: 3:35.22	4:46.04	+0,75	408	3,00
23.	PEREIRA Vasco Francisco 50m: 29.12 29.12 100m: 1:01.45 32.33	07	204192	Aminata 150m: 1:35.71 34.26 200m: 2:11.71 36.00 250m: 2:49.76 300m: 3:29.26	4:47.38	+0,89	402	2,00
24.	PACHECO Santiago Jose 50m: 31.57 31.57 100m: 1:06.98 35.41	09	210696	Alcobaca 150m: 1:43.51 36.53 200m: 2:20.61 37.10 250m: 2:57.75 300m: 3:34.94	4:49.44	+0,82	394	1,00