

Campeonato Nacional Clubes 2ª Divisão  
 Estarreja, 2 - 3/12/2023

 Prova 19 Femin., 800m Livres 2ª Divisão FEM  
 03/12/2023 - 9:00 Resultados

RN25 Open	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Sen	8:20.97	DURAES Diana Margarida	POR	Glasgow (GBR)	04/12/2019
RN25 Jun17	8:32.83	HOLUB Tamila Hryhorivna	SCB	Porto	13/12/2015
RN25 Jun16	8:45.41	HOLUB Tamila Hryhorivna	SCB	Porto	21/12/2014
RN25 Juv A	8:46.74	SANTOS Ana Claudia	SFUAP	Cantanhede	19/12/2004
RN25 Juv B	9:00.27	SILVA Alexandra Maria	FCP	Antibes (FRA)	20/12/1980
RN25 Inf A	9:03.90	SILVA Alexandra Maria	FCP	Porto	13/07/1980
RN25 Inf B	9:33.95	RUIVO Filipa Vilas	DNMG	Nazaré	16/05/2009

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
1.	TONI Carlotta	95	217346	Naval do Funchal	<b>8:49.64</b>	+0,80	732	25,00	-
	50m: 30.92 30.92			250m: 2:42.37 33.04	450m: 4:55.13 33.32	650m: 7:09.77 33.73			
	100m: 1:03.76 32.84			300m: 3:15.48 33.11	500m: 5:28.71 33.58	700m: 7:43.54 33.77			
	150m: 1:36.37 32.61			350m: 3:48.69 33.21	550m: 6:02.40 33.69	750m: 8:17.23 33.69			
	200m: 2:09.33 32.96			400m: 4:21.81 33.12	600m: 6:36.04 33.64	800m: 8:49.64 32.41			
2.	LOPES Daniela Magalhaes	05	130098	Famalicao	<b>9:06.52</b>	+0,82	666	23,00	-
	50m: 31.36 31.36			250m: 2:46.13 34.19	450m: 5:04.38 34.66	650m: 7:23.18 34.77			
	100m: 1:04.45 33.09			300m: 3:20.57 34.44	500m: 5:38.97 34.59	700m: 7:57.94 34.76			
	150m: 1:37.94 33.49			350m: 3:55.08 34.51	550m: 6:13.70 34.73	750m: 8:32.32 34.38			
	200m: 2:11.94 34.00			400m: 4:29.72 34.64	600m: 6:48.41 34.71	800m: 9:06.52 34.20			
3.	RAMOS Joana Barbas	06	153484	Gafanha da Encarnacao	<b>9:12.22</b>	+0,79	646	22,00	-
	50m: 31.49 31.49			250m: 2:48.80 34.68	450m: 5:07.68 34.67	650m: 7:27.75 35.04			
	100m: 1:05.24 33.75			300m: 3:23.37 34.57	500m: 5:42.54 34.86	700m: 8:02.95 35.20			
	150m: 1:39.42 34.18			350m: 3:58.14 34.77	550m: 6:17.55 35.01	750m: 8:37.81 34.86			
	200m: 2:14.12 34.70			400m: 4:33.01 34.87	600m: 6:52.71 35.16	800m: 9:12.22 34.41			
4.	AGUILAR Marta Andre	07	132766	Nautico Academico	<b>9:26.45</b>	+0,78	598	21,00	-
	50m: 32.07 32.07			250m: 2:50.47 34.84	450m: 5:13.97 36.17	650m: 7:39.87 36.58			
	100m: 1:06.24 34.17			300m: 3:25.85 35.38	500m: 5:50.22 36.25	700m: 8:15.97 36.10			
	150m: 1:40.59 34.35			350m: 4:01.79 35.94	550m: 6:26.55 36.33	750m: 8:51.85 35.88			
	200m: 2:15.63 35.04			400m: 4:37.80 36.01	600m: 7:03.29 36.74	800m: 9:26.45 34.60			
5.	GOMES Lia Beatriz	06	200413	Vitoria Guimaraes	<b>9:28.85</b>	+0,83	591	20,00	-
	50m: 32.70 32.70			250m: 2:54.11 35.29	450m: 5:16.82 35.18	650m: 7:41.69 36.47			
	100m: 1:07.43 34.73			300m: 3:29.88 35.77	500m: 5:52.60 35.78	700m: 8:18.45 36.76			
	150m: 1:42.89 35.46			350m: 4:05.69 35.81	550m: 6:28.76 36.16	750m: 8:54.99 36.54			
	200m: 2:18.82 35.93			400m: 4:41.64 35.95	600m: 7:05.22 36.46	800m: 9:28.85 33.86			
6.	PINTO Maria Carvalho	09	206343	Viana Natacao	<b>9:29.02</b>	+0,91	590	19,00	-
	50m: 32.57 32.57			250m: 2:52.67 35.62	450m: 5:16.81 35.95	650m: 7:42.08 36.17			
	100m: 1:07.09 34.52			300m: 3:28.45 35.78	500m: 5:53.17 36.36	700m: 8:18.68 36.60			
	150m: 1:41.91 34.82			350m: 4:04.42 35.97	550m: 6:29.38 36.21	750m: 8:54.70 36.02			
	200m: 2:17.05 35.14			400m: 4:40.86 36.44	600m: 7:05.91 36.53	800m: 9:29.02 34.32			
7.	SILVA Ines Martins	04	127134	Vilacondense	<b>9:33.89</b>	+0,79	575	18,00	-
	50m: 31.54 31.54			250m: 2:54.48 36.46	450m: 5:20.41 36.97	650m: 7:47.16 36.51			
	100m: 1:06.15 34.61			300m: 3:30.71 36.23	500m: 5:57.08 36.67	700m: 8:23.74 36.58			
	150m: 1:41.93 35.78			350m: 4:06.90 36.19	550m: 6:33.93 36.85	750m: 8:59.72 35.98			
	200m: 2:18.02 36.09			400m: 4:43.44 36.54	600m: 7:10.65 36.72	800m: 9:33.89 34.17			
8.	VARANDAS Joana Filipa	02	124305	Laranjeiro	<b>9:33.98</b>	+0,85	575	17,00	-
	50m: 33.30 33.30			250m: 2:58.33 36.38	450m: 5:24.20 36.39	650m: 7:48.36 35.75			
	100m: 1:09.41 36.11			300m: 3:34.73 36.40	500m: 6:00.66 36.46	700m: 8:24.42 36.06			
	150m: 1:45.61 36.20			350m: 4:11.36 36.63	550m: 6:36.66 36.00	750m: 8:59.73 35.31			
	200m: 2:21.95 36.34			400m: 4:47.81 36.45	600m: 7:12.61 35.95	800m: 9:33.98 34.25			

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PARCEIROS INSTITUCIONAIS



PARCEIROS



Campeonato Nacional Clubes 2ª Divisão  
 Estarreja, 2 - 3/12/2023

## Prova 19, Femin., 800m Livres, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
9.	SANTOS Rita Machita	07	205379	Naval Setubalense	<b>9:37.60</b>	+0,91	564	16,00	-
	50m: 33.22 33.22		250m: 2:57.74	36.68	450m: 5:24.49	36.60	650m: 7:49.85	36.12	
	100m: 1:08.32 35.10		300m: 3:34.44	36.70	500m: 6:01.14	36.65	700m: 8:26.01	36.16	
	150m: 1:44.32 36.00		350m: 4:11.18	36.74	550m: 6:37.43	36.29	750m: 9:02.28	36.27	
	200m: 2:21.06 36.74		400m: 4:47.89	36.71	600m: 7:13.73	36.30	800m: 9:37.60	35.32	
10.	CARDOSO Raquel Campos	09	153184	Bombeiros de Ponta Delgada	<b>9:44.17</b>	+0,89	545	15,00	-
	50m: 33.33 33.33		250m: 2:58.18	36.87	450m: 5:24.61	36.48	650m: 7:53.17	37.46	
	100m: 1:09.13 35.80		300m: 3:34.52	36.34	500m: 6:01.40	36.79	700m: 8:30.62	37.45	
	150m: 1:44.95 35.82		350m: 4:11.29	36.77	550m: 6:38.15	36.75	750m: 9:07.98	37.36	
	200m: 2:21.31 36.36		400m: 4:48.13	36.84	600m: 7:15.71	37.56	800m: 9:44.17	36.19	
11.	RIBEIRO Maria Joao	05	133241	Sao Joao Ver	<b>9:45.11</b>	+0,74	543	14,00	-
	50m: 31.41 31.41		250m: 2:54.33	36.67	450m: 5:23.66	37.48	650m: 7:54.35	37.85	
	100m: 1:05.46 34.05		300m: 3:31.53	37.20	500m: 6:00.94	37.28	700m: 8:32.18	37.83	
	150m: 1:41.25 35.79		350m: 4:08.69	37.16	550m: 6:38.31	37.37	750m: 9:09.26	37.08	
	200m: 2:17.66 36.41		400m: 4:46.18	37.49	600m: 7:16.50	38.19	800m: 9:45.11	35.85	
12.	MONTEIRO Margarida Cabral	02	117474	Galitos / Bresimar	<b>9:54.46</b>	+0,86	518	13,00	-
	50m: 33.19 33.19		250m: 2:56.09	36.43	450m: 5:25.68	37.97	650m: 7:58.76	38.81	
	100m: 1:07.77 34.58		300m: 3:32.71	36.62	500m: 6:03.80	38.12	700m: 8:37.28	38.52	
	150m: 1:43.36 35.59		350m: 4:10.09	37.38	550m: 6:41.73	37.93	750m: 9:16.94	39.66	
	200m: 2:19.66 36.30		400m: 4:47.71	37.62	600m: 7:19.95	38.22	800m: 9:54.46	37.52	
13.	PIRES Ana Beatriz	08	205416	Uniao Piedense	<b>9:56.20</b>	+0,81	513	12,00	-
	50m: 33.26 33.26		250m: 2:59.02	36.54	450m: 5:28.34	37.74	650m: 8:01.22	38.22	
	100m: 1:09.43 36.17		300m: 3:35.64	36.62	500m: 6:05.98	37.64	700m: 8:39.93	38.71	
	150m: 1:45.76 36.33		350m: 4:13.15	37.51	550m: 6:44.35	38.37	750m: 9:18.41	38.48	
	200m: 2:22.48 36.72		400m: 4:50.60	37.45	600m: 7:23.00	38.65	800m: 9:56.20	37.79	
14.	CARDEAL Leonor Nunes	10	201021	Academico Viseu	<b>10:00.05</b>	+0,88	503	11,00	-
	50m: 31.51 31.51		250m: 2:57.80	37.16	450m: 5:30.82	38.85	650m: 8:05.48	38.80	
	100m: 1:07.00 35.49		300m: 3:35.55	37.75	500m: 6:09.46	38.64	700m: 8:44.52	39.04	
	150m: 1:43.88 36.88		350m: 4:13.79	38.24	550m: 6:47.62	38.16	750m: 9:23.20	38.68	
	200m: 2:20.64 36.76		400m: 4:51.97	38.18	600m: 7:26.68	39.06	800m: 10:00.05	36.85	
15.	BAIONA Raquel Santos	08	209433	Colegio Monte Maior	<b>10:01.23</b>	+0,99	500	10,00	-
	50m: 34.59 34.59		250m: 3:03.78	37.84	450m: 5:36.47	38.23	650m: 8:09.07	37.93	
	100m: 1:11.05 36.46		300m: 3:41.89	38.11	500m: 6:14.75	38.28	700m: 8:46.94	37.87	
	150m: 1:48.38 37.33		350m: 4:20.04	38.15	550m: 6:52.92	38.17	750m: 9:24.45	37.51	
	200m: 2:25.94 37.56		400m: 4:58.24	38.20	600m: 7:31.14	38.22	800m: 10:01.23	36.78	
16.	BARBOSA Bruna Maria	08	202261	Aquatico Pacense	<b>10:09.69</b>	+0,82	480	9,00	-
	50m: 34.40 34.40		250m: 3:07.22	38.53	450m: 5:41.26	38.26	650m: 8:16.35	38.89	
	100m: 1:12.06 37.66		300m: 3:45.89	38.67	500m: 6:19.90	38.64	700m: 8:55.26	38.91	
	150m: 1:50.41 38.35		350m: 4:24.32	38.43	550m: 6:58.59	38.69	750m: 9:33.61	38.35	
	200m: 2:28.69 38.28		400m: 5:03.00	38.68	600m: 7:37.46	38.87	800m: 10:09.69	36.08	
17.	LOPES Carolina Melo	10	211880	Portinado	<b>10:10.94</b>	+0,85	477	8,00	-
	50m: 33.19 33.19		250m: 3:06.07	38.39	450m: 5:42.36	38.60	650m: 8:18.19	38.65	
	100m: 1:10.88 37.69		300m: 3:45.51	39.44	500m: 6:21.22	38.86	700m: 8:56.86	38.67	
	150m: 1:49.24 38.36		350m: 4:24.78	39.27	550m: 7:00.34	39.12	750m: 9:35.04	38.18	
	200m: 2:27.68 38.44		400m: 5:03.76	38.98	600m: 7:39.54	39.20	800m: 10:10.94	35.90	
18.	VEIGA Susana Pereira	00	121936	Colegio Vasco da Gama	<b>10:11.32</b>	+0,88	476	7,00	-
	50m: 34.54 34.54		250m: 3:02.73	37.74	450m: 5:37.97	38.89	650m: 8:14.71	39.31	
	100m: 1:10.36 35.82		300m: 3:40.99	38.26	500m: 6:17.07	39.10	700m: 8:54.39	39.68	
	150m: 1:47.47 37.11		350m: 4:19.86	38.87	550m: 6:56.46	39.39	750m: 9:33.42	39.03	
	200m: 2:24.99 37.52		400m: 4:59.08	39.22	600m: 7:35.40	38.94	800m: 10:11.32	37.90	
19.	SANTOS Carolina Ascenso	01	121271	Natacao de Valongo	<b>10:15.48</b>	+0,83	466	6,00	-
	50m: 33.56 33.56		250m: 3:05.92	38.49	450m: 5:41.80	38.85	650m: 8:18.87	38.75	
	100m: 1:10.60 37.04		300m: 3:44.57	38.65	500m: 6:20.92	39.12	700m: 8:58.32	39.45	
	150m: 1:48.65 38.05		350m: 4:23.67	39.10	550m: 7:00.42	39.50	750m: 9:37.69	39.37	
	200m: 2:27.43 38.78		400m: 5:02.95	39.28	600m: 7:40.12	39.70	800m: 10:15.48	37.79	

Campeonato Nacional Clubes 2ª Divisão  
 Estarreja, 2 - 3/12/2023

## Prova 19, Femin., 800m Livres, 2ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
20.	LIMA Beatriz Ribeiro	09	209224	Gesloures	<b>10:26.20</b>	+0,94	443	5,00	-
	50m: 34.23 34.23		250m: 3:10.56	40.02	450m: 5:50.07	39.48	650m: 8:28.32	39.84	
	100m: 1:11.93 37.70		300m: 3:50.51	39.95	500m: 6:29.74	39.67	700m: 9:08.08	39.76	
	150m: 1:51.09 39.16		350m: 4:30.57	40.06	550m: 7:08.62	38.88	750m: 9:47.90	39.82	
	200m: 2:30.54 39.45		400m: 5:10.59	40.02	600m: 7:48.48	39.86	800m: 10:26.20	38.30	
21.	RODRIGUES Clara Sobreiro	09	208694	Pimpoes/Cimai	<b>10:31.13</b>	+0,83	432	4,00	-
	50m: 35.18 35.18		250m: 3:11.85	39.88	450m: 5:51.65	40.54	650m: 8:33.10	40.60	
	100m: 1:13.43 38.25		300m: 3:51.70	39.85	500m: 6:32.01	40.36	700m: 9:13.27	40.17	
	150m: 1:52.46 39.03		350m: 4:31.33	39.63	550m: 7:12.16	40.15	750m: 9:53.06	39.79	
	200m: 2:31.97 39.51		400m: 5:11.11	39.78	600m: 7:52.50	40.34	800m: 10:31.13	38.07	
22.	GRAD Maria Alexandra	08	139218	Aminata	<b>10:54.26</b>	+0,81	388	3,00	-
	50m: 35.18 35.18		250m: 3:18.51	41.94	450m: 6:05.90	42.02	650m: 8:54.66	41.80	
	100m: 1:14.18 39.00		300m: 3:59.64	41.13	500m: 6:48.02	42.12	700m: 9:34.54	39.88	
	150m: 1:54.80 40.62		350m: 4:41.42	41.78	550m: 7:30.57	42.55	750m: 10:14.54	40.00	
	200m: 2:36.57 41.77		400m: 5:23.88	42.46	600m: 8:12.86	42.29	800m: 10:54.26	39.72	
23.	FERREIRA Eva Santos	10	206253	O Crasto	<b>11:14.06</b>	+0,70	355	2,00	-
	50m: 36.27 36.27		250m: 3:24.96	42.25	450m: 6:14.31	42.51	650m: 9:06.73	43.55	
	100m: 1:17.14 40.87		300m: 4:06.82	41.86	500m: 6:56.78	42.47	700m: 9:50.35	43.62	
	150m: 1:59.73 42.59		350m: 4:49.74	42.92	550m: 7:39.73	42.95	750m: 10:33.04	42.69	
	200m: 2:42.71 42.98		400m: 5:31.80	42.06	600m: 8:23.18	43.45	800m: 11:14.06	41.02	

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