

Prova 1  
01/11/2023 - 9:00

Femin., 800m Livres

Absolutos  
Resultados

Rec Nac Open	8:20.97	Diana Margarida DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac Sen	8:20.97	Diana Margarida DURAES	POR	Glasgow (GBR)	04/12/2019
Rec Nac Jun 17	8:32.83	Tamila Hryhorivna HOLUB	SCB	Porto	13/12/2015
Rec Nac Jun 16	8:45.41	Tamila Hryhorivna HOLUB	SCB	Porto	21/12/2014
Rec Nac Juv A	8:46.74	Ana Claudia SANTOS	SFUAP	Cantanhede	19/12/2004
Rec Nac Juv B	9:00.27	Alexandra Maria SILVA	FCP	Antibes (FRA)	20/12/1980
Rec Nac Inf A	9:03.90	Alexandra Maria SILVA	FCP	Porto	13/07/1980
Rec Nac Inf B	9:33.95	Filipa Vilas RUIVO	DNMG	Nazaré	16/05/2009

Pontos: FINA 2023

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
1.	Matilde Violante VIANA	+0,95	205552	07	CNLeiria	<b>9:32.82</b>	578	24,00
	50m: 31.45 31.45	250m: 2:53.07 35.48	450m: 5:19.14 36.22	650m: 7:45.19 36.05				
	100m: 1:05.90 34.45	300m: 3:29.37 36.30	500m: 5:55.08 35.94	700m: 8:21.86 36.67				
	150m: 1:41.65 35.75	350m: 4:05.99 36.62	550m: 6:32.34 37.26	750m: 8:57.94 36.08				
	200m: 2:17.59 35.94	400m: 4:42.92 36.93	600m: 7:09.14 36.80	800m: 9:32.82 34.88				
2.	Carolina Marques MADEIRA	+0,91	208728	09	Clube Nacional de Natação	<b>9:55.97</b>	514	22,00
	50m: 32.86 32.86	250m: 3:02.57 37.66	450m: 5:32.44 36.94	650m: 7:59.56 36.01				
	100m: 1:09.55 36.69	300m: 3:40.20 37.63	500m: 6:09.84 37.40	700m: 8:36.02 36.46				
	150m: 1:47.00 37.45	350m: 4:17.77 37.57	550m: 6:46.94 37.10	750m: 9:11.65 35.63				
	200m: 2:24.91 37.91	400m: 4:55.50 37.73	600m: 7:23.55 36.61	800m: 9:55.97 44.32				
3.	Bianca Filipa ALMEIDA	+0,79	204110	07	Algés e Águeda XXI	<b>9:57.79</b>	509	21,00
	50m: 33.33 33.33	250m: 3:00.02 36.95	450m: 5:29.25 37.42	650m: 8:02.57 39.23				
	100m: 1:09.46 36.13	300m: 3:37.18 37.16	500m: 6:07.00 37.75	700m: 8:41.69 39.12				
	150m: 1:46.14 36.68	350m: 4:14.31 37.13	550m: 6:44.96 37.96	750m: 9:20.53 38.84				
	200m: 2:23.07 36.93	400m: 4:51.83 37.52	600m: 7:23.34 38.38	800m: 9:57.79 37.26				
4.	Alice Mendes MACEDO		208163	08	Estamos Juntos	<b>10:06.18</b>	488	20,00
	50m: 34.31 34.31	250m: 3:06.05 38.69	450m: 5:38.98 38.19	650m: 8:11.28 37.96				
	100m: 1:11.01 36.70	300m: 3:44.53 38.48	500m: 6:17.03 38.05	700m: 8:49.96 38.68				
	150m: 1:49.10 38.09	350m: 4:22.54 38.01	550m: 6:55.35 38.32	750m: 9:27.82 37.86				
	200m: 2:27.36 38.26	400m: 5:00.79 38.25	600m: 7:33.32 37.97	800m: 10:06.18 38.36				
5.	Annabela Veronika FARCAS	+0,81	206154	09	FC Ferreiras/AlgarExperie	<b>10:13.15</b>	472	19,00
	50m: 34.56 34.56	250m: 3:08.25 38.78	450m: 5:43.24 38.65	650m: 8:19.30 38.92				
	100m: 1:12.54 37.98	300m: 3:47.22 38.97	500m: 6:21.90 38.66	700m: 8:58.29 38.99				
	150m: 1:50.73 38.19	350m: 4:25.94 38.72	550m: 7:00.76 38.86	750m: 9:36.49 38.20				
	200m: 2:29.47 38.74	400m: 5:04.59 38.65	600m: 7:40.38 39.62	800m: 10:13.15 36.66				
6.	Alexandra Martins CAMPOS		127155	02	Natacao da Maia	<b>10:16.91</b>	463	18,00
	50m: 33.38 33.38	250m: 3:07.27 39.17	450m: 5:44.10 38.62	650m: 8:20.03 38.90				
	100m: 1:10.56 37.18	300m: 3:46.79 39.52	500m: 6:22.99 38.89	700m: 8:59.10 39.07				
	150m: 1:48.95 38.39	350m: 4:26.17 39.38	550m: 7:01.96 38.97	750m: 9:38.19 39.09				
	200m: 2:28.10 39.15	400m: 5:05.48 39.31	600m: 7:41.13 39.17	800m: 10:16.91 38.72				
7.	Madalena Maria MIDOES	+0,83	200565	07	Viver Santarem	<b>10:20.27</b>	455	17,00
	50m: 35.03 35.03	250m: 3:09.71 38.93	450m: 5:45.54 38.97	650m: 8:24.26 39.55				
	100m: 1:13.27 38.24	300m: 3:48.75 39.04	500m: 6:24.88 39.34	700m: 9:03.85 39.59				
	150m: 1:51.67 38.40	350m: 4:27.70 38.95	550m: 7:04.76 39.88	750m: 9:42.86 39.01				
	200m: 2:30.78 39.11	400m: 5:06.57 38.87	600m: 7:44.71 39.95	800m: 10:20.27 37.41				
8.	Carolina Marques NEVES	+0,89	121422	01	Torres Novas	<b>10:24.91</b>	445	16,00
	50m: 33.15 33.15	250m: 3:04.20 38.91	450m: 5:45.56 40.50	650m: 8:26.76 40.35				
	100m: 1:09.46 36.31	300m: 3:43.99 39.79	500m: 6:26.10 40.54	700m: 9:07.20 40.44				
	150m: 1:47.02 37.56	350m: 4:24.26 40.27	550m: 7:06.55 40.45	750m: 9:47.02 39.82				
	200m: 2:25.29 38.27	400m: 5:05.06 40.80	600m: 7:46.41 39.86	800m: 10:24.91 37.89				
9.	Mia Alena WERUM	+0,87	207009	07	Lagoa Academico Clube	<b>10:31.98</b>	431	15,00
	50m: 33.96 33.96	250m: 3:09.36 39.52	450m: 5:49.18 39.78	650m: 8:29.59 40.06				
	100m: 1:11.41 37.45	300m: 3:49.28 39.92	500m: 6:29.38 40.20	700m: 9:08.81 39.22				
	150m: 1:50.28 38.87	350m: 4:29.14 39.86	550m: 7:09.44 40.06	750m: 9:46.86 38.05				
	200m: 2:29.84 39.56	400m: 5:09.40 40.26	600m: 7:49.53 40.09	800m: 10:31.98 45.12				
10.	Margarida Carreiro SOUSA		205606	08	Agua de Pau	<b>10:32.70</b>	429	14,00
11.	Matilde Esteves MAGALHAES	+0,95	207334	09	Caminhense	<b>10:35.26</b>	424	13,00
	50m: 34.84 34.84	250m: 3:12.00 40.10	450m: 5:53.41 40.43	650m: 8:36.04 40.78				
	100m: 1:13.44 38.60	300m: 3:52.26 40.26	500m: 6:34.15 40.74	700m: 9:16.69 40.65				
	150m: 1:52.35 38.91	350m: 4:32.60 40.34	550m: 7:14.81 40.66	750m: 9:57.20 40.51				
	200m: 2:31.90 39.55	400m: 5:12.98 40.38	600m: 7:55.26 40.45	800m: 10:35.26 38.06				

Prova 1, Femin., 800m Livres, Absolutos

Lugar	Nome	TReac	Licença	Ano	Clube	Tempo Final	FINA	Pts
12.	Mariana Bagagem CARVALHO	+0,83	211148	10	Miranda do Corvo	<b>10:36.44</b>	422	12,00
	50m: 33.58 33.58	250m: 3:11.55	40.16	450m: 5:53.58	41.34	650m: 8:36.92	40.67	
	100m: 1:11.39 37.81	300m: 3:51.79	40.24	500m: 6:34.14	40.56	700m: 9:17.99	41.07	
	150m: 1:51.79 40.40	350m: 4:32.20	40.41	550m: 7:15.46	41.32	750m: 9:58.85	40.86	
	200m: 2:31.39 39.60	400m: 5:12.24	40.04	600m: 7:56.25	40.79	800m: 10:36.44	37.59	
13.	Vitoria Maria BRANDAO	+0,83	211050	07	Fundacao Salesianos	<b>10:44.35</b>	406	11,00
	50m: 35.94 35.94	250m: 3:17.19	40.27	450m: 5:58.92	40.34	650m: 8:41.72	40.76	
	100m: 1:15.66 39.72	300m: 3:57.63	40.44	500m: 6:39.45	40.53	700m: 9:22.68	40.96	
	150m: 1:55.93 40.27	350m: 4:38.06	40.43	550m: 7:20.11	40.66	750m: 10:04.29	41.61	
	200m: 2:36.92 40.99	400m: 5:18.58	40.52	600m: 8:00.96	40.85	800m: 10:44.35	40.06	
14.	Jessica Filipa SILVA	+0,83	123095	03	Associacao Tubaroes de Gai	<b>11:01.48</b>	375	10,00
	50m: 34.84 34.84	250m: 3:19.15	41.92	450m: 6:08.24	42.45	650m: 8:57.49	42.06	
	100m: 1:14.71 39.87	300m: 4:01.25	42.10	500m: 6:50.95	42.71	700m: 9:39.29	41.80	
	150m: 1:55.64 40.93	350m: 4:43.47	42.22	550m: 7:33.19	42.24	750m: 10:21.31	42.02	
	200m: 2:37.23 41.59	400m: 5:25.79	42.32	600m: 8:15.43	42.24	800m: 11:01.48	40.17	
15.	Mariana Medeiros SILVA		202256	08	Naval da Horta	<b>11:13.64</b>	355	9,00
16.	Matilde Faria SILVESTRE	+0,87	209233	10	Penafiel	<b>11:14.55</b>	354	8,00
	50m: 36.45 36.45	250m: 3:25.46	42.89	450m: 6:18.80	43.10	650m: 9:09.69	42.86	
	100m: 1:17.30 40.85	300m: 4:08.88	43.42	500m: 7:01.56	42.76	700m: 9:51.98	42.29	
	150m: 1:59.75 42.45	350m: 4:51.93	43.05	550m: 7:44.19	42.63	750m: 10:34.21	42.23	
	200m: 2:42.57 42.82	400m: 5:35.70	43.77	600m: 8:26.83	42.64	800m: 11:14.55	40.34	
17.	Eleonor Dias ALVES	+0,91	200107	06	Nautico Abrantes	<b>11:29.55</b>	331	7,00
	50m: 36.56 36.56	250m: 3:24.16	42.55	450m: 6:20.25	44.28	650m: 9:18.98	45.04	
	100m: 1:17.18 40.62	300m: 4:07.58	43.42	500m: 7:04.48	44.23	700m: 10:03.50	44.52	
	150m: 1:58.87 41.69	350m: 4:51.61	44.03	550m: 7:49.40	44.92	750m: 10:47.95	44.45	
	200m: 2:41.61 42.74	400m: 5:35.97	44.36	600m: 8:33.94	44.54	800m: 11:29.55	41.60	
18.	Maria Joao COSTA		205801	09	Bombeiros Ribeira Grande	<b>11:51.84</b>	301	6,00
19.	Maria Serrano TELES	+0,82	216107	08	Natacao de Lagos	<b>12:01.47</b>	289	5,00
	50m: 35.96 35.96	250m: 3:26.77	45.20	450m: 6:31.12	46.59	650m: 9:42.00	48.08	
	100m: 1:16.60 40.64	300m: 4:11.99	45.22	500m: 7:19.30	48.18	700m: 10:30.56	48.56	
	150m: 1:58.68 42.08	350m: 4:57.96	45.97	550m: 8:06.60	47.30	750m: 11:17.81	47.25	
	200m: 2:41.57 42.89	400m: 5:44.53	46.57	600m: 8:53.92	47.32	800m: 12:01.47	43.66	
20.	Daniela Santos CARRILHO	+0,85	205402	08	CLAC-Entroncamento	<b>12:02.20</b>	288	4,00
	50m: 37.46 37.46	250m: 3:34.93	45.35	450m: 6:39.58	46.90	650m: 9:45.98	46.85	
	100m: 1:20.63 43.17	300m: 4:20.74	45.81	500m: 7:26.50	46.92	700m: 10:32.47	46.49	
	150m: 2:04.57 43.94	350m: 5:06.59	45.85	550m: 8:12.66	46.16	750m: 11:18.86	46.39	
	200m: 2:49.58 45.01	400m: 5:52.68	46.09	600m: 8:59.13	46.47	800m: 12:02.20	43.34	
21.	Vitoria Morao ALMEIDA		206749	09	AN Alcabastrense	<b>12:13.70</b>	275	3,00
	50m: 38.97 38.97	250m: 3:41.23	45.99	450m: 6:49.81	47.41	650m: 9:58.23	47.21	
	100m: 1:22.76 43.79	300m: 4:28.66	47.43	500m: 7:36.24	46.43	700m: 10:45.48	47.25	
	150m: 2:09.23 46.47	350m: 5:16.24	47.58	550m: 8:24.32	48.08	750m: 11:31.74	46.26	
	200m: 2:55.24 46.01	400m: 6:02.40	46.16	600m: 9:11.02	46.70	800m: 12:13.70	46.96	
22.	Catarina Leonor VIEIRA		131550	07	Desportiva de Machico	<b>12:16.49</b>	272	2,00
23.	Mafalda Rodrigues MENESES		213773	11	Naval Praia da Vitoria	<b>12:44.71</b>	243	1,00