

Prova 12
14/01/2023 - 17:00

Femin., 400m Livres

14 - 17 anos
Resultados

Rec Nac 25m Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17/12/2017
Rec Nac 25m Jun17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	12/12/2015
Rec Nac 25m Jun16	4:13.53	Ana Reis, SOUSA	CNLA	Porto	09/12/2017
Rec Nac 25m Juv A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	20/12/2004
Rec Nac 25m Juv B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	15/05/2004

Pontos: FINA 2022

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Juniores								
1.	Elena, LIARTE QUESADA	07	1164710	Andalucia	4:24.12	+0,82	694	7,00-
	50m: 31.10 31.10			150m: 1:38.47 33.86	250m: 2:45.64 33.04		350m: 3:52.45 33.44	
	100m: 1:04.61 33.51			200m: 2:12.60 34.13	300m: 3:19.01 33.37		400m: 4:24.12 31.67	
2.	Ines Santos, AMORIM	06	200626	Portugal	4:25.30	+0,79	685	5,00-
	50m: 31.30 31.30			150m: 1:39.26 34.12	250m: 2:47.02 33.45		350m: 3:53.66 33.29	
	100m: 1:05.14 33.84			200m: 2:13.57 34.31	300m: 3:20.37 33.35		400m: 4:25.30 31.64	
3.	Carmen, DEL AGUILA MARTIN	06	1165716	Andalucia	4:29.71	+0,83	652	4,00-
	50m: 31.01 31.01			150m: 1:38.73 33.95	250m: 2:47.20 33.66		350m: 3:55.94 34.19	
	100m: 1:04.78 33.77			200m: 2:13.54 34.81	300m: 3:21.75 34.55		400m: 4:29.71 33.77	
4.	Margarida Vieira, PINTO	07	204344	Portugal	4:33.07	+0,83	628	3,00-
	50m: 30.89 30.89			150m: 1:38.94 34.29	250m: 2:48.06 34.98		350m: 3:58.16 35.15	
	100m: 1:04.65 33.76			200m: 2:13.08 34.14	300m: 3:23.01 34.95		400m: 4:33.07 34.91	
5.	Madalena Maria, MIDOES	07	200565	Seleccao Distrito Santarem	5:01.44	+0,90	467	2,00-
	50m: 34.09 34.09			150m: 1:51.50 39.36	250m: 3:08.63 38.22		350m: 4:24.75 37.66	
	100m: 1:12.14 38.05			200m: 2:30.41 38.91	300m: 3:47.09 38.46		400m: 5:01.44 36.69	
6.	Diana Goncalves, OLIVEIRA	07	200564	Seleccao Distrito Santarem	5:22.83	+0,91	380	1,00-
	50m: 35.47 35.47			150m: 1:55.73 40.59	250m: 3:18.37 41.66		350m: 4:42.27 41.80	
	100m: 1:15.14 39.67			200m: 2:36.71 40.98	300m: 4:00.47 42.10		400m: 5:22.83 40.56	

Juvenis

1.	Aileen Abigail, COLOMER	08		Andalucia	4:36.24	+0,91	607	7,00
	50m: 30.53 30.53			150m: 1:39.36 34.82	250m: 2:50.09 35.34		350m: 4:01.35 36.25	
	100m: 1:04.54 34.01			200m: 2:14.75 35.39	300m: 3:25.10 35.01		400m: 4:36.24 34.89	
2.	Diana Gomes, FREITAS	08	202656	Portugal	4:37.83	+0,90	596	5,00
	50m: 31.79 31.79			150m: 1:40.96 35.13	250m: 2:51.82 35.12		350m: 4:03.08 35.63	
	100m: 1:05.83 34.04			200m: 2:16.70 35.74	300m: 3:27.45 35.63		400m: 4:37.83 34.75	
3.	Carolina Amadeu, FERREIRA	08	202815	Portugal	4:38.43	+0,89	592	4,00
	50m: 31.89 31.89			150m: 1:41.38 35.11	250m: 2:52.73 35.47		350m: 4:04.39 35.93	
	100m: 1:06.27 34.38			200m: 2:17.26 35.88	300m: 3:28.46 35.73		400m: 4:38.43 34.04	
4.	Julia, MAQUEDA LLACH	08	1148007	Andalucia	4:40.35	+0,82	580	3,00
	50m: 30.91 30.91			150m: 1:40.73 35.53	250m: 2:52.64 36.00		350m: 4:05.26 36.37	
	100m: 1:05.20 34.29			200m: 2:16.64 35.91	300m: 3:28.89 36.25		400m: 4:40.35 35.09	
5.	Joana Pereira, SANTOS	09	206442	Seleccao Distrito Santarem	5:01.12	+0,83	468	2,00
	50m: 33.65 33.65			150m: 1:49.97 39.30	250m: 3:07.01 38.37		350m: 4:24.33 38.23	
	100m: 1:10.67 37.02			200m: 2:28.64 38.67	300m: 3:46.10 39.09		400m: 5:01.12 36.79	
6.	Laura Prates, MORAIS	09	208599	Seleccao Distrito Santarem	5:12.70	+0,94	418	1,00
	50m: 35.04 35.04			150m: 1:53.53 39.64	250m: 3:13.74 40.24		350m: 4:34.42 39.73	
	100m: 1:13.89 38.85			200m: 2:33.50 39.97	300m: 3:54.69 40.95		400m: 5:12.70 38.28	

O Secretário do Juri

O Juiz Árbitro

Splash Meet Manager, 11.75640

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



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