

Prova 2  
20/05/2023

Masc., 400m Livres

Open  
Resultados

S6	5:15.72	VIDEIRA Daniel Carlos	POR	Funchal	19/05/2021
S7	5:31.30	VIDEIRA Daniel Carlos	GESL	Povoa de Varzim	12/05/2018
S8	4:36.27	CANCELA Diogo Luis	POR	Sheffield (GBR)	18/03/2023
S9	4:21.94	GRACHAT David Realista	POR	Londres (GBR)	04/09/2012
S10	4:24.87	GONCALVES Emanuel Luis	CDN	Coimbra	10/06/2011
S11	4:43.74	MENESES Marco Ribeiro	POR	Sheffield (GBR)	18/03/2023
S12	59:00.00	start			
S13	4:31.26	ENCARNACAO Vitor Hugo	POR	Eindhoven (NED)	10/08/2014
S14	4:51.21	DUARTE Samuel Lima	POR	Pajulahti (FIN)	01/07/2022
S15	4:28.84	CRUZ Miguel Duarte	CFB	Oeiras	20/12/2020
S16	5:18.51	JORGE Andre Camara	CEOL	Rio Maior	25/01/2020
S17	5:28.66	CARVALHO Joaquim Eduardo	CNF	Coimbra	13/11/2022
S21	5:59.96	ALMEIDA Andre Reis	SCP	Oeiras	11/05/2019

S6 Esp S6: 8:56.72; Sen S6: 7:53.58 / S7 Esp S7: 9:23.21; Sen S7: 8:16.95 / S8 Esp S8: 8:34.73; Sen S8: 7:34.17 / S9 Esp S9: 7:25.30; Sen S9: 6:32.91 / S10 Esp S10: 7:30.28; Sen S10: 6:37.31 / S110 Esp S110: 7:30.28; Sen S110: 6:37.31 / S11 Esp S11: 8:23.22; Sen S11: 7:24.02 / S12 Esp S12: 8:06.22; Sen S12: 7:09.02 / S13 Sen S13: 6:46.89; Esp S13: 7:41.14 / S113 Esp S113: 7:41.14; Sen S113: 6:46.89 / S14 Esp S14: 8:42.51; Sen S14: 7:41.04 / S114 Esp S114: 8:42.51; Sen S114: 7:41.04 / S15 Sen S15: 6:43.26 / S16 Esp S16: 9:01.47; Sen S16: 7:57.77 / S17 Esp S17: 10:50.84; Sen S17: 9:34.27 / S21 Esp S21: 10:11.93; Sen S21: 8:59.94

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
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Classe S6-S14-Absolutos

1.	CANCELA Diogo Luis	02	S8	1,2,4	Louzan Natacao/EFAPEL	<b>4:38.59</b>	920
	50m: 31.50 31.50	150m: 1:41.42	35.31	250m: 2:52.43	35.45	350m: 4:03.47	35.31
	100m: 1:06.11 34.61	200m: 2:16.98	35.56	300m: 3:28.16	35.73	400m: 4:38.59	35.12
2.	MENESES Marco Ribeiro	01	S11	T	O Crasto	<b>4:56.33</b>	776
	50m: 33.17 33.17	150m: 1:49.70	38.77	250m: 3:06.11	37.43	350m: 4:20.71	37.03
	100m: 1:10.93 37.76	200m: 2:28.68	38.98	300m: 3:43.68	37.57	400m: 4:56.33	35.62
3.	REIS Bruno Ferreira	00	S8	12+	Porto	<b>5:08.19</b>	680
	50m: 35.06 35.06	150m: 1:52.05	39.00	250m: 3:09.46	38.87	350m: 4:28.61	39.82
	100m: 1:13.05 37.99	200m: 2:30.59	38.54	300m: 3:48.79	39.33	400m: 5:08.19	39.58
4.	SILVA Renato Filipe	98	S9	9	Porto	<b>5:04.76</b>	597
	50m: 33.18 33.18	150m: 1:48.99	38.29	250m: 3:07.17	39.06	350m: 4:25.66	39.30
	100m: 1:10.70 37.52	200m: 2:28.11	39.12	300m: 3:46.36	39.19	400m: 5:04.76	39.10
5.	SOARES Ricardo Aderneira	99	S8	3,5,12+	Geslours	<b>5:24.38</b>	583
	50m: 37.93 37.93	150m: 1:58.87	40.90	250m: 3:20.28	40.39	350m: 4:43.50	42.24
	100m: 1:17.97 40.04	200m: 2:39.89	41.02	300m: 4:01.26	40.98	400m: 5:24.38	40.88
6.	CASTANHEIRA Rodolfo Francisco	01	S8	9	Geslours	<b>5:34.73</b>	531
	50m: 36.57 36.57	150m: 2:00.52	42.61	250m: 3:26.59	43.50	350m: 4:52.90	44.12
	100m: 1:17.91 41.34	200m: 2:43.09	42.57	300m: 4:08.78	42.19	400m: 5:34.73	41.83
7.	ROCHA Simao Pedro	06	S14		Aquatico Pacense	<b>5:43.69</b>	395
	50m: 37.04 37.04	150m: 2:04.89	45.33	250m: 3:34.54	44.40	350m: 5:02.32	43.62
	100m: 1:19.56 42.52	200m: 2:50.14	45.25	300m: 4:18.70	44.16	400m: 5:43.69	41.37

Prova 2, Masc., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
8.	NASCIMENTO Levi Daniel	99	S14		O2-Portimao	<b>6:02.45</b>	337	
	50m: 37.52 37.52	150m: 2:06.74	46.51	250m: 3:40.67	46.58	350m: 5:15.68	47.27	
	100m: 1:20.23 42.71	200m: 2:54.09	47.35	300m: 4:28.41	47.74	400m: 6:02.45	46.77	
9.	COUTO Alexandre Costa	01	S9	W 12+	Sporting	<b>6:24.65</b>	297	
	50m: 40.92 40.92	150m: 2:11.82	46.76	250m: 3:50.69	50.50	350m: 5:33.94	52.32	
	100m: 1:25.06 44.14	200m: 3:00.19	48.37	300m: 4:41.62	50.93	400m: 6:24.65	50.71	
10.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	<b>6:25.16</b>	296	
	50m: 41.71 41.71	150m: 2:18.59	49.95	250m: 3:59.20	50.38	350m: 5:40.18	50.79	
	100m: 1:28.64 46.93	200m: 3:08.82	50.23	300m: 4:49.39	50.19	400m: 6:25.16	44.98	
11.	PINTO Jose Manuel	00	S6	A,12	ADADA Porto	<b>7:44.74</b>	286	
	50m: 48.66 48.66	150m: 2:41.47	58.11	250m: 4:46.14	1:03.36	350m: 6:49.94	1:02.76	
	100m: 1:43.36 54.70	200m: 3:42.78	1:01.31	300m: 5:47.18	1:01.04	400m: 7:44.74	54.80	
12.	RIBEIRO Jose Carneirinho	90	S14		Sporting	<b>6:24.83</b>	282	
	50m: 38.61 38.61	150m: 2:17.47	49.96	250m: 3:58.93	50.55	350m: 5:39.23	49.84	
	100m: 1:27.51 48.90	200m: 3:08.38	50.91	300m: 4:49.39	50.46	400m: 6:24.83	45.60	
13.	RIBEIRO Pedro Miguel	91	S14		Gondomar	<b>6:26.75</b>	277	
	50m: 38.09 38.09	150m: 2:12.60	49.91	250m: 3:55.10	52.50	350m: 5:37.52	52.04	
	100m: 1:22.69 44.60	200m: 3:02.60	50.00	300m: 4:45.48	50.38	400m: 6:26.75	49.23	
14.	SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	<b>7:16.45</b>	239	
	50m: 50.47 50.47	150m: 2:42.30	55.59	250m: 4:34.31	55.89	350m: 6:26.27	55.21	
	100m: 1:46.71 56.24	200m: 3:38.42	56.12	300m: 5:31.06	56.75	400m: 7:16.45	50.18	
15.	DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	<b>6:47.12</b>	238	
	50m: 41.27 41.27	150m: 2:21.91	51.90	250m: 4:10.18	54.74	350m: 5:56.73	53.53	
	100m: 1:30.01 48.74	200m: 3:15.44	53.53	300m: 5:03.20	53.02	400m: 6:47.12	50.39	
16.	ALVES Nuno Diogo	88	S7	*A 12	Gondomar	<b>7:51.73</b>	207	
	<i>Rec Nac Classe S7, (parcial 200m)</i>							
	50m: 53.81 53.81	150m: 2:49.81	58.81	250m: 4:47.78	58.85	350m: 6:49.86	1:00.39	
	100m: 1:51.00 57.19	200m: 3:48.93	59.12	300m: 5:49.47	1:01.69	400m: 7:51.73	1:01.87	
DSQ	LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior	<i>3.8.2 - O(A) atleta não completou o percurso - IPC 3.8.2</i>		
DNS	VIDEIRA Daniel Carlos	92	S6	3,5,12+	Gesloures			

Classe S15 (Auditiva)-Absolutos

1.	CRUZ Miguel Duarte	99	S15	H	Belenenses	<b>4:37.87</b>		
	50m: 31.27 31.27	150m: 1:41.50	35.48	250m: 2:52.60	35.58	350m: 4:04.34	35.94	
	100m: 1:06.02 34.75	200m: 2:17.02	35.52	300m: 3:28.40	35.80	400m: 4:37.87	33.53	

Prova 2, Masc., 400m Livres

Classe S17-Absolutos

1. CARVALHO Joaquim Eduardo	07	S17		Naval do Funchal	<b>5:21.75</b>
<i>Rec Nac Classe S17</i>					
50m:	35.29	35.29	150m:	1:54.93	40.40
100m:	1:14.53	39.24	200m:	2:36.46	41.53
250m:	3:18.52	42.06	300m:	3:59.98	41.46
350m:	4:41.96	41.98	400m:	5:21.75	39.79
2. BRANCO Miguel Paiva					
	97	S17	A	APPDAlCoimbra	<b>6:11.69</b>
50m:	37.99	37.99	150m:	2:07.14	45.91
100m:	1:21.23	43.24	200m:	2:54.24	47.10
250m:	3:43.41	49.17	300m:	4:32.72	49.31
350m:	5:24.17	51.45	400m:	6:11.69	47.52
3. SILVA Bruno Miguel					
	93	S17		Porto	<b>6:17.94</b>
50m:	39.71	39.71	150m:	2:13.24	48.57
100m:	1:24.67	44.96	200m:	3:02.62	49.38
250m:	3:51.34	48.72	300m:	4:40.84	49.50
350m:	5:30.11	49.27	400m:	6:17.94	47.83
4. MANITO Pedro Fernandes					
	02	S17	A	Palmela	<b>6:33.05</b>
50m:	42.95	42.95	150m:	2:19.15	48.13
100m:	1:31.02	48.07	200m:	3:08.79	49.64
250m:	3:59.70	50.91	300m:	4:51.09	51.39
350m:	5:42.70	51.61	400m:	6:33.05	50.35

Classe S21 (SDown)-Absolutos

1. ALMEIDA Andre Reis	00	S21		Sporting	<b>6:00.95</b>
50m:	35.19	35.19	150m:	2:02.38	46.32
100m:	1:16.06	40.87	200m:	2:50.64	48.26
250m:	3:37.81	47.17	300m:	4:27.36	49.55
350m:	5:14.20	46.84	400m:	6:00.95	46.75
2. MONTES Francisco Pessanha					
	02	S21		ADADA Porto	<b>6:15.64</b>
50m:	40.04	40.04	150m:	2:14.30	47.14
100m:	1:27.16	47.12	200m:	3:04.58	50.28
250m:	3:51.33	46.75	300m:	4:41.25	49.92
350m:	5:27.19	45.94	400m:	6:15.64	48.45
3. VICENTE Francisco Jose					
	99	S21		Sporting	<b>7:00.65</b>
50m:	41.19	41.19	150m:	2:22.49	52.35
100m:	1:30.14	48.95	200m:	3:17.32	54.83
250m:	4:12.07	54.75	300m:	5:09.55	57.48
350m:	6:04.92	55.37	400m:	7:00.65	55.73
4. PEREIRA Joel Alexandre					
	92	S21		APC Coimbra	<b>8:05.77</b>
50m:	53.81	53.81	150m:	2:59.07	1:03.62
100m:	1:55.45	1:01.64	200m:	4:02.00	1:02.93
250m:	5:04.77	1:02.77	300m:	6:07.12	1:02.35
350m:	7:08.10	1:00.98	400m:	8:05.77	57.67

Classe S6-Seniores

1. PINTO Jose Manuel	00	S6	A,12	ADADA Porto	<b>7:44.74</b>	286		
50m:	48.66	48.66	150m:	2:41.47	58.11	250m:	4:46.14	1:03.36
100m:	1:43.36	54.70	200m:	3:42.78	1:01.31	300m:	5:47.18	1:01.04
350m:	6:49.94	1:02.76	400m:	7:44.74	54.80			
DNS VIDEIRA Daniel Carlos								
	92	S6	3,5,12+	Geslours				

Classe S7-Seniores

Prova 2, Masc., 400m Livres, Classe S7-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
1.	ALVES Nuno Diogo <i>Rec Nac Classe S7, (parcial 200m)</i>	88	S7	*A 12	Gondomar	<b>7:51.73</b>	207	
	50m: 53.81 53.81	150m: 2:49.81	58.81	250m: 4:47.78	58.85	350m: 6:49.86	1:00.39	
	100m: 1:51.00 57.19	200m: 3:48.93	59.12	300m: 5:49.47	1:01.69	400m: 7:51.73	1:01.87	

Classe S8-Esperanças

1.	SILVA Rodrigo Oliveira	08	S8	A,3,5,12+	Feira Viva	<b>7:16.45</b>	239	
	50m: 50.47 50.47	150m: 2:42.30	55.59	250m: 4:34.31	55.89	350m: 6:26.27	55.21	
	100m: 1:46.71 56.24	200m: 3:38.42	56.12	300m: 5:31.06	56.75	400m: 7:16.45	50.18	

Classe S8-Seniores

1.	CANCELA Diogo Luis	02	S8	1,2,4	Louzan Natacao/EFAPEL	<b>4:38.59</b>	920	
	50m: 31.50 31.50	150m: 1:41.42	35.31	250m: 2:52.43	35.45	350m: 4:03.47	35.31	
	100m: 1:06.11 34.61	200m: 2:16.98	35.56	300m: 3:28.16	35.73	400m: 4:38.59	35.12	
2.	REIS Bruno Ferreira	00	S8	12+	Porto	<b>5:08.19</b>	680	
	50m: 35.06 35.06	150m: 1:52.05	39.00	250m: 3:09.46	38.87	350m: 4:28.61	39.82	
	100m: 1:13.05 37.99	200m: 2:30.59	38.54	300m: 3:48.79	39.33	400m: 5:08.19	39.58	
3.	SOARES Ricardo Aderneira	99	S8	3,5,12+	Geslours	<b>5:24.38</b>	583	
	50m: 37.93 37.93	150m: 1:58.87	40.90	250m: 3:20.28	40.39	350m: 4:43.50	42.24	
	100m: 1:17.97 40.04	200m: 2:39.89	41.02	300m: 4:01.26	40.98	400m: 5:24.38	40.88	
4.	CASTANHEIRA Rodolfo Francisco	01	S8	9	Geslours	<b>5:34.73</b>	531	
	50m: 36.57 36.57	150m: 2:00.52	42.61	250m: 3:26.59	43.50	350m: 4:52.90	44.12	
	100m: 1:17.91 41.34	200m: 2:43.09	42.57	300m: 4:08.78	42.19	400m: 5:34.73	41.83	
DSQ	LINHARES Ruben Daniel	97	S8	3,5,12+	Rio Maior			
	<i>3.8.2 - O(A) atleta não completou o percurso - IPC 3.8.2</i>							

Classe S9-Esperanças

1.	REIS Ricardo Silva	09	S9	A,3,5,12+	ADADA Porto	<b>6:25.16</b>	296	
	50m: 41.71 41.71	150m: 2:18.59	49.95	250m: 3:59.20	50.38	350m: 5:40.18	50.79	
	100m: 1:28.64 46.93	200m: 3:08.82	50.23	300m: 4:49.39	50.19	400m: 6:25.16	44.98	

Classe S9-Seniores

1.	SILVA Renato Filipe	98	S9	9	Porto	<b>5:04.76</b>	597	
	50m: 33.18 33.18	150m: 1:48.99	38.29	250m: 3:07.17	39.06	350m: 4:25.66	39.30	
	100m: 1:10.70 37.52	200m: 2:28.11	39.12	300m: 3:46.36	39.19	400m: 5:04.76	39.10	
2.	COUTO Alexandre Costa	01	S9	W 12+	Sporting	<b>6:24.65</b>	297	
	50m: 40.92 40.92	150m: 2:11.82	46.76	250m: 3:50.69	50.50	350m: 5:33.94	52.32	
	100m: 1:25.06 44.14	200m: 3:00.19	48.37	300m: 4:41.62	50.93	400m: 6:24.65	50.71	

Prova 2, Masc., 400m Livres

Classe S11-Seniores

1. MENESES Marco Ribeiro	01	S11	T	O Crasto	<b>4:56.33</b>	776
50m: 33.17 33.17	150m: 1:49.70	38.77	250m: 3:06.11	37.43	350m: 4:20.71	37.03
100m: 1:10.93 37.76	200m: 2:28.68	38.98	300m: 3:43.68	37.57	400m: 4:56.33	35.62

Classe S14-Seniores

1. ROCHA Simao Pedro	06	S14		Aquatico Pacense	<b>5:43.69</b>	395
50m: 37.04 37.04	150m: 2:04.89	45.33	250m: 3:34.54	44.40	350m: 5:02.32	43.62
100m: 1:19.56 42.52	200m: 2:50.14	45.25	300m: 4:18.70	44.16	400m: 5:43.69	41.37
2. NASCIMENTO Levi Daniel	99	S14		O2-Portimao	<b>6:02.45</b>	337
50m: 37.52 37.52	150m: 2:06.74	46.51	250m: 3:40.67	46.58	350m: 5:15.68	47.27
100m: 1:20.23 42.71	200m: 2:54.09	47.35	300m: 4:28.41	47.74	400m: 6:02.45	46.77
3. RIBEIRO Jose Carneirinho	90	S14		Sporting	<b>6:24.83</b>	282
50m: 38.61 38.61	150m: 2:17.47	49.96	250m: 3:58.93	50.55	350m: 5:39.23	49.84
100m: 1:27.51 48.90	200m: 3:08.38	50.91	300m: 4:49.39	50.46	400m: 6:24.83	45.60
4. RIBEIRO Pedro Miguel	91	S14		Gondomar	<b>6:26.75</b>	277
50m: 38.09 38.09	150m: 2:12.60	49.91	250m: 3:55.10	52.50	350m: 5:37.52	52.04
100m: 1:22.69 44.60	200m: 3:02.60	50.00	300m: 4:45.48	50.38	400m: 6:26.75	49.23
5. DUARTE Orlando Constancio	89	S14		Sporting de Aveiro	<b>6:47.12</b>	238
50m: 41.27 41.27	150m: 2:21.91	51.90	250m: 4:10.18	54.74	350m: 5:56.73	53.53
100m: 1:30.01 48.74	200m: 3:15.44	53.53	300m: 5:03.20	53.02	400m: 6:47.12	50.39

Classe S15 (Auditiva)-Seniores

1. CRUZ Miguel Duarte	99	S15	H	Belenenses	<b>4:37.87</b>	
50m: 31.27 31.27	150m: 1:41.50	35.48	250m: 2:52.60	35.58	350m: 4:04.34	35.94
100m: 1:06.02 34.75	200m: 2:17.02	35.52	300m: 3:28.40	35.80	400m: 4:37.87	33.53

Classe S17-Esperanças

1. CARVALHO Joaquim Eduardo	07	S17		Naval do Funchal	<b>5:21.75</b>	
<i>Rec Nac Classe S17</i>						
50m: 35.29 35.29	150m: 1:54.93	40.40	250m: 3:18.52	42.06	350m: 4:41.96	41.98
100m: 1:14.53 39.24	200m: 2:36.46	41.53	300m: 3:59.98	41.46	400m: 5:21.75	39.79

Classe S17-Seniores

1. BRANCO Miguel Paiva	97	S17	A	APPDAlCoimbra	<b>6:11.69</b>	
50m: 37.99 37.99	150m: 2:07.14	45.91	250m: 3:43.41	49.17	350m: 5:24.17	51.45
100m: 1:21.23 43.24	200m: 2:54.24	47.10	300m: 4:32.72	49.31	400m: 6:11.69	47.52



Prova 2, Masc., 400m Livres, Classe S17-Seniores

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
2.	SILVA Bruno Miguel	93	S17		Porto	<b>6:17.94</b>		
	50m: 39.71 39.71	150m: 2:13.24	48.57	250m: 3:51.34	48.72	350m: 5:30.11	49.27	
	100m: 1:24.67 44.96	200m: 3:02.62	49.38	300m: 4:40.84	49.50	400m: 6:17.94	47.83	
3.	MANITO Pedro Fernandes	02	S17	A	Palmela	<b>6:33.05</b>		
	50m: 42.95 42.95	150m: 2:19.15	48.13	250m: 3:59.70	50.91	350m: 5:42.70	51.61	
	100m: 1:31.02 48.07	200m: 3:08.79	49.64	300m: 4:51.09	51.39	400m: 6:33.05	50.35	

Classe S21 (SDown)-Seniores

1.	ALMEIDA Andre Reis	00	S21		Sporting	<b>6:00.95</b>		
	50m: 35.19 35.19	150m: 2:02.38	46.32	250m: 3:37.81	47.17	350m: 5:14.20	46.84	
	100m: 1:16.06 40.87	200m: 2:50.64	48.26	300m: 4:27.36	49.55	400m: 6:00.95	46.75	
2.	MONTES Francisco Pessanha	02	S21		ADADA Porto	<b>6:15.64</b>		
	50m: 40.04 40.04	150m: 2:14.30	47.14	250m: 3:51.33	46.75	350m: 5:27.19	45.94	
	100m: 1:27.16 47.12	200m: 3:04.58	50.28	300m: 4:41.25	49.92	400m: 6:15.64	48.45	
3.	VICENTE Francisco Jose	99	S21		Sporting	<b>7:00.65</b>		
	50m: 41.19 41.19	150m: 2:22.49	52.35	250m: 4:12.07	54.75	350m: 6:04.92	55.37	
	100m: 1:30.14 48.95	200m: 3:17.32	54.83	300m: 5:09.55	57.48	400m: 7:00.65	55.73	
4.	PEREIRA Joel Alexandre	92	S21		APC Coimbra	<b>8:05.77</b>		
	50m: 53.81 53.81	150m: 2:59.07	1:03.62	250m: 5:04.77	1:02.77	350m: 7:08.10	1:00.98	
	100m: 1:55.45 1:01.64	200m: 4:02.00	1:02.93	300m: 6:07.12	1:02.35	400m: 8:05.77	57.67	