

Prova 30 17/12/2022	Femin., 100m Livres				Absoluto Resultados
S1	59:00.00	start			
S2	59:00.00	start			
S3	2:18.20	Susana Cristina BARROSO	POR	Sydney (AUS)	15/10/2000
S4	1:56.22	Diana Lobo GUIMARAES	FCP	Póvoa de Varzim	16/03/2008
S5	1:37.30	Simone Silva FRAGOSO	POR	Berlim (GER)	08/07/2011
S6	2:43.80	Ana Sofia BARBOSA	FCP	Porto	30/01/2022
S7	2:19.39	Ana Branca SAMPAIO	ADADA	Porto	21/04/2018
S8	1:19.34	Ana Filipa CASTRO	FVCD	Coimbra	13/11/2022
S9	1:04.19	Susana Pereira VEIGA	POR	Funchal	15/06/2022
S10	1:10.02	Ana Beatriz CORREIA	LDC	Póvoa de Varzim	12/12/2005
S11	4:48.30	Mariana Filipa LUCAS	ASC	Povo de Varzim	06/04/2019
S12	59:00.00	start			
S13	1:33.27	Camila Anjos NEVES	ASC	Povoa de Varzim	13/05/2018
S14	1:15.31	Sonia Castanheiro RESENDE	POR	Loano (ITA)	13/06/2016
S15	1:11.24	Eunice Evora ALMEIDA	CDAP	Oeiras	12/05/2019
S16	1:32.62	Maria Joao TABORDA	FCP	Oeiras	12/05/2019
S17	1:42.21	Beatriz Malaquias PELAIO	APPDAC	Rio Maior	26/01/2020
S21	1:37.82	Mannie NG	POR	Reykjavik (ISL)	23/10/2009

S1 Esp S1: 6:00.40; Sen S1: 5:18.00 / S2 Esp S2: 4:51.57; Sen S2: 4:17.27 / S3 Esp S3: 3:54.94; Sen S3: 3:27.30 /
S4 Esp S4: 3:17.57; Sen S4: 2:54.33 / S5 Esp S5: 2:45.11; Sen S5: 2:25.95 / S6 Esp S6: 4:47.05; Sen S6: 4:13.28 /
S7 Esp S7: 3:56.96; Sen S7: 3:29.08 / S8 Esp S8: 2:16.27; Sen S8: 2:00.24 / S9 Esp S9: 1:49.36; Sen S9: 1:36.50 /
S10 Esp S10: 1:59.03; Sen S10: 1:45.03 / S11 Esp S11: 8:10.11; Sen S11: 7:12.45 /
S12 Esp S12: 1:57.81; Sen S12: 1:43.95 / S13 Esp S13: 2:38.56; Sen S13: 2:19.90 / S14 Esp S14: 2:08.03; Sen S14: 1:52.96 / S15 Esp S15: 2:01.11; Sen S15: 1:46.86 /
S16 Esp S16: 2:37.45; Sen S16: 2:18.93 / S17 Esp S17: 2:53.76; Sen S17: 2:33.91 / S21 Esp S21: 2:46.29; Sen S21: 2:26.73

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
Classe S1-S14-Absolutos								
1.	Susana Pereira VEIGA	00	S9	9	Colegio Vasco da Gama	1:06.62	802	
	50m: 31.57 31.57	100m: 1:06.62		35.05				
2.	Renata Vaz PINTO	99	S9	1,3,5	ADADA Porto	1:14.19	581	
	50m: 35.10 35.10	100m: 1:14.19		39.09				
3.	Ana Filipa CASTRO	97	S8	12	Feira Viva	1:20.63	504	
	50m: 39.05 39.05	100m: 1:20.63		41.58				
4.	Maria Mafalda SOARES	02	S14		ADADA Porto	1:37.17	231	
	50m: 46.61 46.61	100m: 1:37.17		50.56				
5.	Joana Filipa PINHO	02	S14		Sporting de Aveiro	1:39.75	214	
	50m: 46.66 46.66	100m: 1:39.75		53.09				
6.	Helen Ticiane LIMA	84	S5	A, E, Y, 3, 5	Geslours	2:12.38	209	
	50m: 1:01.78 1:01.78	100m: 2:12.38		1:10.60				
7.	Joana Candeias REGO	04	S14		ADADA Porto	1:41.38	204	
	50m: 48.62 48.62	100m: 1:41.38		52.76				
8.	Susana Raquel GOUVEIA	89	S14		ADADA Porto	1:45.67	180	
	50m: 50.55 50.55	100m: 1:45.67		55.12				
9.	Carlota Girao FERREIRA	06	S8	A, 3, 5, 12+	ADADA Porto	1:57.37	163	
	50m: 55.74 55.74	100m: 1:57.37		1:01.63				

Prova 30, Femin., 100m Livres, Classe S1-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
10.	Beatriz Moreira ALMEIDA	04	S14		ADADA Porto	1:54.37	142	
	50m: 55.81 55.81	100m: 1:54.37	58.56					
11.	Diana Goncalves MENDES	99	S7	A 12	Natacao Guarda	2:31.51	101	
	50m: 1:12.42 1:12.42	100m: 2:31.51	1:19.09					
12.	Rita Manuela SANTOS	96	S7	A, 3, 5, 12+	ADADA Porto	2:50.49	71	
	50m: 1:16.84 1:16.84	100m: 2:50.49	1:33.65					

Classe S21 (SDown)-Absolutos

1.	Diana Ines TORRES	99	S21		Porto	1:38.94		
	50m: 47.03 47.03	100m: 1:38.94	51.91					
2.	Filipa Sa REIS	00	S21		Feira Viva	1:39.67		
	50m: 46.81 46.81	100m: 1:39.67	52.86					
3.	Matilde Lucia GASPAS	06	S21		APC Coimbra	1:51.54		
	50m: 53.91 53.91	100m: 1:51.54	57.63					
4.	Carolina Caetano LOURENCO	94	S21		APC Coimbra	2:03.21		
	50m: 57.17 57.17	100m: 2:03.21	1:06.04					
5.	Carina Barbosa MOREIRA	81	S21		Gondomar	2:15.38		
	50m: 1:01.25 1:01.25	100m: 2:15.38	1:14.13					

Classe S5-Seniores

1.	Helen Ticiane LIMA	84	S5	A, E, Y, 3, 5	Gesloures	2:12.38	209	
	50m: 1:01.78 1:01.78	100m: 2:12.38	1:10.60					

Classe S7-Seniores

1.	Diana Goncalves MENDES	99	S7	A 12	Natacao Guarda	2:31.51	101	
	50m: 1:12.42 1:12.42	100m: 2:31.51	1:19.09					
2.	Rita Manuela SANTOS	96	S7	A, 3, 5, 12+	ADADA Porto	2:50.49	71	
	50m: 1:16.84 1:16.84	100m: 2:50.49	1:33.65					

Classe S8-Esperanças

1.	Carlota Girao FERREIRA	06	S8	A, 3, 5, 12+	ADADA Porto	1:57.37	163	
	50m: 55.74 55.74	100m: 1:57.37	1:01.63					

Classe S8-Seniores

1.	Ana Filipa CASTRO	97	S8	12	Feira Viva	1:20.63	504	
	50m: 39.05 39.05	100m: 1:20.63	41.58					

Prova 30, Femin., 100m Livres

Classe S9-Seniores

1. Susana Pereira VEIGA	00	S9	9	Colegio Vasco da Gama	1:06.62	802
50m: 31.57 31.57	100m: 1:06.62	35.05				
2. Renata Vaz PINTO	99	S9	1,3,5	ADADA Porto	1:14.19	581
50m: 35.10 35.10	100m: 1:14.19	39.09				

Classe S113-Seniores

1. Camila Anjos NEVES	01	S113		Alhandra	1:31.61	
50m: 44.00 44.00	100m: 1:31.61	47.61				
Debora Filipa SANTOS	92	S113		Vilacondense	2:06.11	
50m: 57.66 57.66	100m: 2:06.11	1:08.45				

Classe S14-Seniores

1. Maria Mafalda SOARES	02	S14		ADADA Porto	1:37.17	231
50m: 46.61 46.61	100m: 1:37.17	50.56				
2. Joana Filipa PINHO	02	S14		Sporting de Aveiro	1:39.75	214
50m: 46.66 46.66	100m: 1:39.75	53.09				
3. Joana Candeias REGO	04	S14		ADADA Porto	1:41.38	204
50m: 48.62 48.62	100m: 1:41.38	52.76				
4. Susana Raquel GOUVEIA	89	S14		ADADA Porto	1:45.67	180
50m: 50.55 50.55	100m: 1:45.67	55.12				
5. Beatriz Moreira ALMEIDA	04	S14		ADADA Porto	1:54.37	142
50m: 55.81 55.81	100m: 1:54.37	58.56				

Classe S21 (SDown)-Esperanças

1. Matilde Lucia GASPAS	06	S21		APC Coimbra	1:51.54	
50m: 53.91 53.91	100m: 1:51.54	57.63				

Classe S21 (SDown)-Seniores

1. Diana Ines TORRES	99	S21		Porto	1:38.94	
50m: 47.03 47.03	100m: 1:38.94	51.91				
2. Filipa Sa REIS	00	S21		Feira Viva	1:39.67	
50m: 46.81 46.81	100m: 1:39.67	52.86				
3. Carolina Caetano LOURENCO	94	S21		APC Coimbra	2:03.21	
50m: 57.17 57.17	100m: 2:03.21	1:06.04				
4. Carina Barbosa MOREIRA	81	S21		Gondomar	2:15.38	
50m: 1:01.25 1:01.25	100m: 2:15.38	1:14.13				