

Prova 25 17/12/2022	Masc., 200m Estilos				Absoluto Resultados
S5	3:18.24	Ivo Filipe ROCHA	POR	Funchal	15/06/2022
S6	3:09.79	Daniel Carlos VIDEIRA	GESL	Rio Maior	26/01/2020
S7	3:15.61	Joao Miguel CAMPOS	POR	Lignano Sabbiadoro (ITA)	11/03/2022
S8	2:27.47	Diogo Luis CANCELA	ALN	Coimbra	02/04/2022
S9	2:24.99	David Realista GRACHAT	POR	Berlim (GER)	04/07/2011
S10	2:23.69	Emanuel Luis GONCALVES	POR	Glasgow (GBR)	27/03/2015
S11	2:43.46	Marco Ribeiro MENESES	POR	Lignano Sabbiadoro (ITA)	11/03/2022
S12	3:09.49	Joao Tanica CRUZ	PDEM	Oeiras	12/05/2019
S13	2:33.52	Vitor Hugo ENCARNACAO	POR	Eindhoven (NED)	06/08/2014
S14	2:54.21	Samuel Lima DUARTE	FVCD	Coimbra	13/11/2022
S15	2:16.25	Tiago Correia NEVES	POR	Lublin (POL)	03/07/2018
S16	2:41.05	Andre Camara JORGE	CEOL	Funchal	22/02/2020
S17	3:07.48	Daniel Mendo OLIVEIRA	AO21	Coimbra	13/11/2022
S21	3:02.61	Joao Francisco VAZ	POR	Olbia (ITA)	18/09/2019

S5 Esp S5: 5:46.97; Sen S5: 4:04.92 / S6 Esp S6: 5:22.64; Sen S6: 4:44.68 / S7 Esp S7: 5:37.30 / S8 Esp S8: 4:18.84;  
Sen S8: 3:48.39 / S9 Esp S9: 4:06.48; Sen S9: 3:37.48 / S10 Esp S10: 4:04.27; Sen S10: 3:35.54 / S11 Esp S11: 4:04.27;  
Sen S11: 3:35.54 / S11 Esp S11: 4:40.67; Sen S11: 4:07.65 / S12 Esp S12: 5:22.13; Sen S12: 4:44.24 / S13 Esp S13: 4:20.98;  
Sen S13: 3:50.28 / S113 Esp S113: 4:20.98; Sen S113: 3:50.28 / S14 Esp S14: 5:12.37; Sen S14: 4:35.63 / S114 Esp S114: 5:12.37;  
Sen S114: 4:35.63 / S15 Esp S15: 3:51.63; Sen S15: 3:24.38 / S16 Esp S16: 4:33.78; Sen S16: 4:01.58 / S17 Esp S17: 5:12.37;  
Sen S17: 4:35.63 / S21 Esp S21: 5:10.44; Sen S21: 4:33.92

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
<b>Classe SM5-SM14-Absolutos</b>								
1.	Tomas Coelho CORDEIRO	04	SM10	3,5,12+	Colegio Efanor	<b>2:24.32</b>	676	
	50m: 30.31 30.31	100m: 1:08.19	37.88	150m: 1:50.04	41.85	200m: 2:24.32	34.28	
2.	Marco Ribeiro MENESES	01	SM11	T	O Crasto	<b>2:46.18</b>	670	
	50m: 39.30 39.30	100m: 1:18.98	39.68	150m: 2:11.79	52.81	200m: 2:46.18	34.39	
	Ivo Filipe ROCHA	90	SM5	A 12	Feira Viva	<b>3:24.14</b>	670	
	50m: 48.33 48.33	100m: 1:40.17	51.84	150m: 2:36.90	56.73	200m: 3:24.14	47.24	
4.	Daniel Carlos VIDEIRA	92	SM6	3,5,12+	Geslours	<b>3:15.22</b>	570	
	50m: 45.06 45.06	100m: 1:30.00	44.94	150m: 2:34.42	1:04.42	200m: 3:15.22	40.80	
5.	Renato Filipe SILVA	98	SM9	9	Porto	<b>2:58.68</b>	450	
	50m: 33.62 33.62	100m: 1:18.34	44.72	150m: 2:19.82	1:01.48	200m: 2:58.68	38.86	
	Joao Miguel CAMPOS	79	SM7	6,12,+	ADADA Porto	<b>3:20.15</b>	450	
	50m: 42.06 42.06	100m: 1:38.31	56.25	150m: 2:34.04	55.73	200m: 3:20.15	46.11	
7.	Samuel Lima DUARTE	04	SM14		Feira Viva	<b>2:50.98</b>	430	
	<i>Rec Nac Classe S14</i>							
	50m: 35.38 35.38	100m: 1:19.23	43.85	150m: 2:14.68	55.45	200m: 2:50.98	36.30	
8.	Enzo Dylan MESSENCE	05	SM14		FC Ferreiras/AlgarExperience	<b>2:54.26</b>	407	
	50m: 34.27 34.27	100m: 1:20.12	45.85	150m: 2:16.05	55.93	200m: 2:54.26	38.21	
9.	Rodolfo Francisco CASTANHEIRA	01	SM8		Geslours	<b>3:15.57</b>	388	
	50m: 39.87 39.87	100m: 1:26.07	46.20	150m: 2:33.70	1:07.63	200m: 3:15.57	41.87	
10.	Ricardo Aderneira SOARES	99	SM8	3,5,12+	Geslours	<b>3:16.70</b>	382	
	50m: 47.19 47.19	100m: 1:36.43	49.24	150m: 2:38.41	1:01.98	200m: 3:16.70	38.29	
11.	Levi Daniel NASCIMENTO	99	SM14		O2-Portimao	<b>3:16.84</b>	282	
	50m: 44.03 44.03	100m: 1:36.62	52.59	150m: 2:31.97	55.35	200m: 3:16.84	44.87	

Prova 25, Masc., 200m Estilos, Classe SM5-SM14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
12.	Pedro Miguel RIBEIRO	91	SM14		Gondomar	<b>3:24.64</b>	251	
	50m: 40.12 40.12	100m: 1:37.57	57.45	150m: 2:38.65	1:01.08	200m: 3:24.64	45.99	
13.	Jose Carneirinho RIBEIRO	90	SM14		Sporting	<b>3:50.60</b>	175	
	50m: 46.19 46.19	100m: 1:50.90	1:04.71	150m: 3:07.03	1:16.13	200m: 3:50.60	43.57	
14.	Joao Meirinhos TEIXEIRA	96	SM14		Sporting de Aveiro	<b>4:00.01</b>	156	
	50m: 53.93 53.93	100m: 1:54.95	1:01.02	150m: 3:15.10	1:20.15	200m: 4:00.01	44.91	
DSQ	Diogo Luis CANCELA	02	SM8	1,2,4	Louzan Natacao/EFAPEL			
	<i>11.3.5 - O(A) atleta não chegou na posição dorsal na viragem dos 100 metros - WPS 11.3.5</i>							

Classe SM17-Absolutos

1.	Daniel Mendo OLIVEIRA	05	SM17		Olhar 21	<b>3:08.21</b>		
	<i>Rec Nac Classe S17</i>							
	50m: 39.51 39.51	100m: 1:26.57	47.06	150m: 2:22.69	56.12	200m: 3:08.21	45.52	
2.	Andre Guimaraes SILVA	96	SM17		Porto	<b>3:12.47</b>		
	50m: 40.58 40.58	100m: 1:30.74	50.16	150m: 2:26.82	56.08	200m: 3:12.47	45.65	

Classe SM21 (SDown)-Absolutos

1.	Joao Francisco VAZ	92	SM21		Sporting	<b>3:10.43</b>		
	50m: 39.88 39.88	100m: 1:32.37	52.49	150m: 2:23.17	50.80	200m: 3:10.43	47.26	
2.	Diogo Lopes GOMES	96	SM21		Feira Viva	<b>3:36.95</b>		
	50m: 48.29 48.29	100m: 1:46.03	57.74	150m: 2:51.48	1:05.45	200m: 3:36.95	45.47	
3.	David Saraiva RIBEIRO	96	SM21		Sporting de Aveiro	<b>4:15.20</b>		
	50m: 55.98 55.98	100m: 2:00.60	1:04.62	150m: 3:12.41	1:11.81	200m: 4:15.20	1:02.79	
DSQ	Francisco Jose VICENTE	99	SM21		Sporting			
	<i>11.5.3 - O(A) atleta efetuou movimento alternado de pernas durante o percurso - WPS 11.5.3, Mariposa</i>							

Classe SM5-Seniores

1.	Ivo Filipe ROCHA	90	SM5	A 12	Feira Viva	<b>3:24.14</b>	670	
	50m: 48.33 48.33	100m: 1:40.17	51.84	150m: 2:36.90	56.73	200m: 3:24.14	47.24	

Classe SM6-Seniores

1.	Daniel Carlos VIDEIRA	92	SM6	3,5,12+	Geslours	<b>3:15.22</b>	570	
	50m: 45.06 45.06	100m: 1:30.00	44.94	150m: 2:34.42	1:04.42	200m: 3:15.22	40.80	

Classe SM7-Seniores

1.	Joao Miguel CAMPOS	79	SM7	6.12,+	ADADA Porto	<b>3:20.15</b>	450	
	50m: 42.06 42.06	100m: 1:38.31	56.25	150m: 2:34.04	55.73	200m: 3:20.15	46.11	

Prova 25, Masc., 200m Estilos

Classe SM8-Seniores

1. Rodolfo Francisco CASTANHEIRA 01	SM8	Geslours	<b>3:15.57</b>	388
50m: 39.87 39.87	100m: 1:26.07 46.20	150m: 2:33.70 1:07.63	200m: 3:15.57 41.87	
2. Ricardo Aderneira SOARES 99	SM8 3,5,12+	Geslours	<b>3:16.70</b>	382
50m: 47.19 47.19	100m: 1:36.43 49.24	150m: 2:38.41 1:01.98	200m: 3:16.70 38.29	
DSQ Diogo Luis CANCELA 02	SM8 1,2,4	Louzan Natacao/EFAPEL		
<i>11.3.5 - O(A) atleta não chegou na posição dorsal na viragem dos 100 metros - WPS 11.3.5</i>				

Classe SM9-Seniores

1. Renato Filipe SILVA 98	SM9 9	Porto	<b>2:58.68</b>	450
50m: 33.62 33.62	100m: 1:18.34 44.72	150m: 2:19.82 1:01.48	200m: 2:58.68 38.86	

Classe SM10-Seniores

1. Tomas Coelho CORDEIRO 04	SM10 3,5,12+	Colegio Efanor	<b>2:24.32</b>	676
50m: 30.31 30.31	100m: 1:08.19 37.88	150m: 1:50.04 41.85	200m: 2:24.32 34.28	

Classe SM11-Seniores

1. Marco Ribeiro MENESES 01	SM11 T	O Crasto	<b>2:46.18</b>	670
50m: 39.30 39.30	100m: 1:18.98 39.68	150m: 2:11.79 52.81	200m: 2:46.18 34.39	

Classe SM14-Seniores

1. Samuel Lima DUARTE 04	SM14	Feira Viva	<b>2:50.98</b>	430
<i>Rec Nac Classe S14</i>				
50m: 35.38 35.38	100m: 1:19.23 43.85	150m: 2:14.68 55.45	200m: 2:50.98 36.30	
2. Enzo Dylan MESSENCE 05	SM14	FC Ferreiras/AlgarExperience	<b>2:54.26</b>	407
50m: 34.27 34.27	100m: 1:20.12 45.85	150m: 2:16.05 55.93	200m: 2:54.26 38.21	
3. Levi Daniel NASCIMENTO 99	SM14	O2-Portimao	<b>3:16.84</b>	282
50m: 44.03 44.03	100m: 1:36.62 52.59	150m: 2:31.97 55.35	200m: 3:16.84 44.87	
4. Pedro Miguel RIBEIRO 91	SM14	Gondomar	<b>3:24.64</b>	251
50m: 40.12 40.12	100m: 1:37.57 57.45	150m: 2:38.65 1:01.08	200m: 3:24.64 45.99	
5. Jose Carneirinho RIBEIRO 90	SM14	Sporting	<b>3:50.60</b>	175
50m: 46.19 46.19	100m: 1:50.90 1:04.71	150m: 3:07.03 1:16.13	200m: 3:50.60 43.57	
6. Joao Meirinhos TEIXEIRA 96	SM14	Sporting de Aveiro	<b>4:00.01</b>	156
50m: 53.93 53.93	100m: 1:54.95 1:01.02	150m: 3:15.10 1:20.15	200m: 4:00.01 44.91	

Classe SM17-Seniores

1. Daniel Mendo OLIVEIRA 05	SM17	Olhar 21	<b>3:08.21</b>	
<i>Rec Nac Classe S17</i>				
50m: 39.51 39.51	100m: 1:26.57 47.06	150m: 2:22.69 56.12	200m: 3:08.21 45.52	
2. Andre Guimaraes SILVA 96	SM17	Porto	<b>3:12.47</b>	
50m: 40.58 40.58	100m: 1:30.74 50.16	150m: 2:26.82 56.08	200m: 3:12.47 45.65	

Prova 25, Masc., 200m Estilos

Classe SM21 (SDown)-Seniores

1. Joao Francisco VAZ	92	SM21	Sporting	<b>3:10.43</b>
50m: 39.88 39.88	100m: 1:32.37 52.49	150m: 2:23.17 50.80	200m: 3:10.43 47.26	
2. Diogo Lopes GOMES	96	SM21	Feira Viva	<b>3:36.95</b>
50m: 48.29 48.29	100m: 1:46.03 57.74	150m: 2:51.48 1:05.45	200m: 3:36.95 45.47	
3. David Saraiva RIBEIRO	96	SM21	Sporting de Aveiro	<b>4:15.20</b>
50m: 55.98 55.98	100m: 2:00.60 1:04.62	150m: 3:12.41 1:11.81	200m: 4:15.20 1:02.79	
DSQ Francisco Jose VICENTE	99	SM21	Sporting	
<i>11.5.3 - O(A) atleta efetuou movimento alternado de pernas durante o percurso - WPS 11.5.3, Mariposa</i>				

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