

Prova 2
17/12/2022

Masc., 400m Livres

Absoluto
Resultados

S6	5:15.72	Daniel Carlos VIDEIRA	POR	Funchal	19/05/2021
S7	5:31.30	Daniel Carlos VIDEIRA	GESL	Povoa de Varzim	12/05/2018
S8	4:45.39	Diogo Luis CANCELA	ALN	Coimbra	03/04/2022
S9	4:21.94	David Realista GRACHAT	POR	Londres (GBR)	04/09/2012
S10	4:24.87	Emanuel Luis GONCALVES	CDN	Coimbra	10/06/2011
S11	4:44.29	Marco Ribeiro MENESES	POR	Funchal	18/06/2022
S12	59:00.00	start			
S13	4:31.26	Vitor Hugo ENCARNACAO	POR	Eindhoven (NED)	10/08/2014
S14	5:07.36	Samuel Lima DUARTE	FVCD	Porto	26/06/2021
S15	4:28.84	Miguel Duarte CRUZ	CFB	Oeiras	20/12/2020
S16	5:18.51	Andre Camara JORGE	CEOL	Rio Maior	25/01/2020
S17	5:28.66	Joaquim Eduardo CARVALHO	CNF	Coimbra	13/11/2022
S21	5:59.96	Andre Reis ALMEIDA	SCP	Oeiras	11/05/2019

S6 Esp S6: 8:56.72; Sen S6: 7:53.58 / S7 Esp S7: 9:23.21; Sen S7: 8:16.95 / S8 Esp S8: 8:34.73; Sen S8: 7:34.17 / S9 Esp S9: 7:25.30; Sen S9: 6:32.91 / S10 Esp S10: 7:30.28; Sen S10: 6:37.31 / S11 Esp S11: 7:30.28; Sen S11: 6:37.31 / S12 Esp S12: 8:06.22; Sen S12: 7:09.02 / S13 Esp S13: 6:46.89; Sen S13: 7:41.14 / S14 Esp S14: 8:42.51; Sen S14: 7:41.04 / S15 Esp S15: 6:43.26; Sen S15: 6:43.26 / S16 Esp S16: 9:01.47; Sen S16: 7:57.77 / S17 Esp S17: 10:50.84; Sen S17: 9:34.27 / S21 Esp S21: 10:11.93; Sen S21: 8:59.94

Pontos: KNZB NED WPS 2021

Lugar Nome do nadador Ano Classe Cod Exc Clube Tempo final IPC Pts

Classe S6-S14-Absolutos

1. Marco Ribeiro MENESES	01	S11	T	O Crasto	4:47.80	847
50m: 32.63 32.63	150m: 1:47.04 37.07	250m: 2:59.61 35.72	350m: 4:12.55 36.60			
100m: 1:09.97 37.34	200m: 2:23.89 36.85	300m: 3:35.95 36.34	400m: 4:47.80 35.25			
2. Joao Matos FIDALGO	03	S9	3,4	Geslours	4:39.45	775
50m: 31.79 31.79	150m: 1:42.41 35.97	250m: 2:54.04 36.43	350m: 4:06.17 35.65			
100m: 1:06.44 34.65	200m: 2:17.61 35.20	300m: 3:30.52 36.48	400m: 4:39.45 33.28			
3. Daniel Carlos VIDEIRA	92	S6	3,5,12+	Geslours	5:45.56	696
50m: 38.67 38.67	150m: 2:05.25 44.01	250m: 3:34.00 44.66	350m: 5:02.67 44.71			
100m: 1:21.24 42.57	200m: 2:49.34 44.09	300m: 4:17.96 43.96	400m: 5:45.56 42.89			
4. Tomas Coelho CORDEIRO	04	S10	3,5,12+	Colegio Efanor	4:37.53	678
50m: 31.29 31.29	150m: 1:40.70 35.30	250m: 2:52.33 35.80	350m: 4:02.81 36.02			
100m: 1:05.40 34.11	200m: 2:16.53 35.83	300m: 3:26.79 34.46	400m: 4:37.53 34.72			
5. Bruno Ferreira REIS	00	S8	12+	Porto	5:18.39	617
50m: 37.26 37.26	150m: 1:56.01 39.54	250m: 3:15.98 39.54	350m: 4:37.62 40.99			
100m: 1:16.47 39.21	200m: 2:36.44 40.43	300m: 3:56.63 40.65	400m: 5:18.39 40.77			
6. Rodolfo Francisco CASTANHEIRA	01	S8		Geslours	5:21.96	596
50m: 35.92 35.92	150m: 1:56.03 40.73	250m: 3:18.35 41.11	350m: 4:41.67 41.27			
100m: 1:15.30 39.38	200m: 2:37.24 41.21	300m: 4:00.40 42.05	400m: 5:21.96 40.29			
7. Ricardo Aderneira SOARES	99	S8	3,5,12+	Geslours	5:22.60	593
50m: 37.55 37.55	150m: 1:59.01 41.24	250m: 3:21.70 41.03	350m: 4:42.88 40.91			
100m: 1:17.77 40.22	200m: 2:40.67 41.66	300m: 4:01.97 40.27	400m: 5:22.60 39.72			
8. Alberto Guedes VALENTIM	07	S14		Porto	5:45.17	390
50m: 35.50 35.50	150m: 2:01.22 43.55	250m: 3:32.78 45.65	350m: 5:04.00 44.97			
100m: 1:17.67 42.17	200m: 2:47.13 45.91	300m: 4:19.03 46.25	400m: 5:45.17 41.17			
9. Simao Pedro ROCHA	06	S14		Aquatico Pacense	5:49.12	377
50m: 37.25 37.25	150m: 2:05.75 45.29	250m: 3:36.51 45.31	350m: 5:04.81 42.94			
100m: 1:20.46 43.21	200m: 2:51.20 45.45	300m: 4:21.87 45.36	400m: 5:49.12 44.31			

Prova 2, Masc., 400m Livres, Classe S6-S14-Absolutos

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
10.	Levi Daniel NASCIMENTO	99	S14		O2-Portimao	6:01.82	339	
	50m: 38.44 38.44	150m: 2:06.70	45.60	250m: 3:41.37	48.30	350m: 5:16.24	48.22	
	100m: 1:21.10 42.66	200m: 2:53.07	46.37	300m: 4:28.02	46.65	400m: 6:01.82	45.58	
11.	Jose Carneirinho RIBEIRO	90	S14		Sporting	6:29.02	273	
	50m: 38.68 38.68	150m: 2:20.40	51.58	250m: 4:03.81	51.60	350m: 5:44.12	49.83	
	100m: 1:28.82 50.14	200m: 3:12.21	51.81	300m: 4:54.29	50.48	400m: 6:29.02	44.90	
12.	Francisco Mario GOUVEIA	75	S9	9	Feira Viva	6:55.72	235	
	50m: 41.90 41.90	150m: 2:22.70	52.41	250m: 4:11.35	55.28	350m: 6:03.36	55.83	
	100m: 1:30.29 48.39	200m: 3:16.07	53.37	300m: 5:07.53	56.18	400m: 6:55.72	52.36	
13.	Nuno Diogo ALVES	88	S7	A 12	Gondomar	8:02.62	193	
	50m: 50.73 50.73	150m: 2:51.83	1:01.82	250m: 4:58.27	1:03.44	350m: 7:02.80	1:01.31	
	100m: 1:50.01 59.28	200m: 3:54.83	1:03.00	300m: 6:01.49	1:03.22	400m: 8:02.62	59.82	
14.	Ricardo Silva REIS	09	S9	A, 3, 5, 1	ADADA Porto	7:36.66	178	
	50m: 46.51 46.51	150m: 2:40.34	57.88	250m: 4:37.66	58.91	350m: 6:38.61	1:00.69	
	100m: 1:42.46 55.95	200m: 3:38.75	58.41	300m: 5:37.92	1:00.26	400m: 7:36.66	58.05	
15.	Rodrigo Oliveira SILVA	08	S8	A,3,5,12+	Feira Viva	9:03.27	124	
	50m: 58.90 58.90	150m: 3:08.56	1:04.91	250m: 5:36.33	1:12.40	350m: 8:00.86	1:12.15	
	100m: 2:03.65 1:04.75	200m: 4:23.93	1:15.37	300m: 6:48.71	1:12.38	400m: 9:03.27	1:02.41	
DNS	Diogo Luis CANCELA	02	S8	1,2,4	Louzan Natacao/EFAPEL			

Classe S17-Absolutos

1.	Miguel Paiva BRANCO	97	S17	A	APPDAlCoimbra	6:09.85		
	50m: 38.32 38.32	150m: 2:07.65	45.57	250m: 3:43.01	48.13	350m: 5:21.08	49.03	
	100m: 1:22.08 43.76	200m: 2:54.88	47.23	300m: 4:32.05	49.04	400m: 6:09.85	48.77	
2.	Americo Manuel OLIVEIRA	08	S17		Gondomar	6:41.90		
	50m: 38.94 38.94	150m: 2:15.15	49.67	250m: 4:00.66	53.74	350m: 5:49.09	54.98	
	100m: 1:25.48 46.54	200m: 3:06.92	51.77	300m: 4:54.11	53.45	400m: 6:41.90	52.81	
3.	Bruno Miguel SILVA	93	S17		Porto	6:42.84		
	50m: 42.21 42.21	150m: 2:20.76	49.69	250m: 4:05.97	52.91	350m: 5:52.85	53.23	
	100m: 1:31.07 48.86	200m: 3:13.06	52.30	300m: 4:59.62	53.65	400m: 6:42.84	49.99	
DSQ	Pedro Fernandes MANITO	02	S17	A	Palmela			
	11.1.5 - Falsa Partida - WPS 11.1.5							

Classe S21 (SDown)-Absolutos

1.	Andre Reis ALMEIDA	00	S21		Sporting	6:20.99		
	50m: 37.10 37.10	150m: 2:08.41	47.98	250m: 3:49.37	50.95	350m: 5:32.33	51.67	
	100m: 1:20.43 43.33	200m: 2:58.42	50.01	300m: 4:40.66	51.29	400m: 6:20.99	48.66	
2.	Francisco Jose VICENTE	99	S21		Sporting	7:14.55		
	50m: 43.77 43.77	150m: 2:30.52	54.47	250m: 4:22.65	56.00	350m: 6:18.76	57.65	
	100m: 1:36.05 52.28	200m: 3:26.65	56.13	300m: 5:21.11	58.46	400m: 7:14.55	55.79	

Prova 2, Masc., 400m Livres

Classe S6-Seniores

1. Daniel Carlos VIDEIRA	92	S6	3,5,12+	Geslours	5:45.56	696
50m: 38.67 38.67	150m: 2:05.25	44.01	250m: 3:34.00	44.66	350m: 5:02.67	44.71
100m: 1:21.24 42.57	200m: 2:49.34	44.09	300m: 4:17.96	43.96	400m: 5:45.56	42.89

Classe S7-Seniores

1. Nuno Diogo ALVES	88	S7	A 12	Gondomar	8:02.62	193
50m: 50.73 50.73	150m: 2:51.83	1:01.82	250m: 4:58.27	1:03.44	350m: 7:02.80	1:01.31
100m: 1:50.01 59.28	200m: 3:54.83	1:03.00	300m: 6:01.49	1:03.22	400m: 8:02.62	59.82

Classe S8-Esperanças

1. Rodrigo Oliveira SILVA	08	S8	A,3,5,12+	Feira Viva	9:03.27	124
50m: 58.90 58.90	150m: 3:08.56	1:04.91	250m: 5:36.33	1:12.40	350m: 8:00.86	1:12.15
100m: 2:03.65 1:04.75	200m: 4:23.93	1:15.37	300m: 6:48.71	1:12.38	400m: 9:03.27	1:02.41

Classe S8-Seniores

1. Bruno Ferreira REIS	00	S8	12+	Porto	5:18.39	617
50m: 37.26 37.26	150m: 1:56.01	39.54	250m: 3:15.98	39.54	350m: 4:37.62	40.99
100m: 1:16.47 39.21	200m: 2:36.44	40.43	300m: 3:56.63	40.65	400m: 5:18.39	40.77
2. Rodolfo Francisco CASTANHEIRA	01	S8		Geslours	5:21.96	596
50m: 35.92 35.92	150m: 1:56.03	40.73	250m: 3:18.35	41.11	350m: 4:41.67	41.27
100m: 1:15.30 39.38	200m: 2:37.24	41.21	300m: 4:00.40	42.05	400m: 5:21.96	40.29
3. Ricardo Aderneira SOARES	99	S8	3,5,12+	Geslours	5:22.60	593
50m: 37.55 37.55	150m: 1:59.01	41.24	250m: 3:21.70	41.03	350m: 4:42.88	40.91
100m: 1:17.77 40.22	200m: 2:40.67	41.66	300m: 4:01.97	40.27	400m: 5:22.60	39.72

DNS Diogo Luis CANCELA 02 S8 1,2,4 Louzan Natacao/EFAPEL

Classe S9-Esperanças

1. Ricardo Silva REIS	09	S9	A, 3, 5, 1	ADADA Porto	7:36.66	178
50m: 46.51 46.51	150m: 2:40.34	57.88	250m: 4:37.66	58.91	350m: 6:38.61	1:00.69
100m: 1:42.46 55.95	200m: 3:38.75	58.41	300m: 5:37.92	1:00.26	400m: 7:36.66	58.05

Classe S9-Seniores

1. Joao Matos FIDALGO	03	S9	3,4	Geslours	4:39.45	775
50m: 31.79 31.79	150m: 1:42.41	35.97	250m: 2:54.04	36.43	350m: 4:06.17	35.65
100m: 1:06.44 34.65	200m: 2:17.61	35.20	300m: 3:30.52	36.48	400m: 4:39.45	33.28
2. Francisco Mario GOUVEIA	75	S9	9	Feira Viva	6:55.72	235
50m: 41.90 41.90	150m: 2:22.70	52.41	250m: 4:11.35	55.28	350m: 6:03.36	55.83
100m: 1:30.29 48.39	200m: 3:16.07	53.37	300m: 5:07.53	56.18	400m: 6:55.72	52.36

Prova 2, Masc., 400m Livres

Classe S10-Seniores

1. Tomas Coelho CORDEIRO	04	S10	3,5,12+	Colegio Efanor	4:37.53	678
50m: 31.29 31.29	150m: 1:40.70	35.30	250m: 2:52.33	35.80	350m: 4:02.81	36.02
100m: 1:05.40 34.11	200m: 2:16.53	35.83	300m: 3:26.79	34.46	400m: 4:37.53	34.72

Classe S11-Seniores

1. Marco Ribeiro MENESES	01	S11	T	O Crasto	4:47.80	847
50m: 32.63 32.63	150m: 1:47.04	37.07	250m: 2:59.61	35.72	350m: 4:12.55	36.60
100m: 1:09.97 37.34	200m: 2:23.89	36.85	300m: 3:35.95	36.34	400m: 4:47.80	35.25

Classe S14-Esperanças

1. Alberto Guedes VALENTIM	07	S14		Porto	5:45.17	390
50m: 35.50 35.50	150m: 2:01.22	43.55	250m: 3:32.78	45.65	350m: 5:04.00	44.97
100m: 1:17.67 42.17	200m: 2:47.13	45.91	300m: 4:19.03	46.25	400m: 5:45.17	41.17
2. Simao Pedro ROCHA	06	S14		Aquatico Pacense	5:49.12	377
50m: 37.25 37.25	150m: 2:05.75	45.29	250m: 3:36.51	45.31	350m: 5:04.81	42.94
100m: 1:20.46 43.21	200m: 2:51.20	45.45	300m: 4:21.87	45.36	400m: 5:49.12	44.31

Classe S14-Seniores

1. Levi Daniel NASCIMENTO	99	S14		O2-Portimao	6:01.82	339
50m: 38.44 38.44	150m: 2:06.70	45.60	250m: 3:41.37	48.30	350m: 5:16.24	48.22
100m: 1:21.10 42.66	200m: 2:53.07	46.37	300m: 4:28.02	46.65	400m: 6:01.82	45.58
2. Jose Carneirinho RIBEIRO	90	S14		Sporting	6:29.02	273
50m: 38.68 38.68	150m: 2:20.40	51.58	250m: 4:03.81	51.60	350m: 5:44.12	49.83
100m: 1:28.82 50.14	200m: 3:12.21	51.81	300m: 4:54.29	50.48	400m: 6:29.02	44.90

Classe S17-Esperanças

1. Americo Manuel OLIVEIRA	08	S17		Gondomar	6:41.90	
50m: 38.94 38.94	150m: 2:15.15	49.67	250m: 4:00.66	53.74	350m: 5:49.09	54.98
100m: 1:25.48 46.54	200m: 3:06.92	51.77	300m: 4:54.11	53.45	400m: 6:41.90	52.81

Classe S17-Seniores

1. Miguel Paiva BRANCO	97	S17	A	APPDAlcoimbra	6:09.85	
50m: 38.32 38.32	150m: 2:07.65	45.57	250m: 3:43.01	48.13	350m: 5:21.08	49.03
100m: 1:22.08 43.76	200m: 2:54.88	47.23	300m: 4:32.05	49.04	400m: 6:09.85	48.77
2. Bruno Miguel SILVA	93	S17		Porto	6:42.84	
50m: 42.21 42.21	150m: 2:20.76	49.69	250m: 4:05.97	52.91	350m: 5:52.85	53.23
100m: 1:31.07 48.86	200m: 3:13.06	52.30	300m: 4:59.62	53.65	400m: 6:42.84	49.99

DSQ Pedro Fernandes MANITO 02 S17 A Palmela
11.1.5 - Falsa Partida - WPS 11.1.5

Prova 2, Masc., 400m Livres

Classe S21 (SDown)-Seniores

1. Andre Reis ALMEIDA	00	S21	Sporting	6:20.99
50m: 37.10 37.10	150m: 2:08.41 47.98	250m: 3:49.37 50.95	350m: 5:32.33 51.67	
100m: 1:20.43 43.33	200m: 2:58.42 50.01	300m: 4:40.66 51.29	400m: 6:20.99 48.66	
2. Francisco Jose VICENTE	99	S21	Sporting	7:14.55
50m: 43.77 43.77	150m: 2:30.52 54.47	250m: 4:22.65 56.00	350m: 6:18.76 57.65	
100m: 1:36.05 52.28	200m: 3:26.65 56.13	300m: 5:21.11 58.46	400m: 7:14.55 55.79	