

Prova 12	200m Bruços				10 anos e mais velhos	
17/12/2022					Resultados	
S14	3:24.68	Carlos DUARTE		Liberec (CZE)	13/07/1997	
S14	3:32.83	Sonia Castanheiro RESENDE	POR	Loano (ITA)	13/06/2016	
S15	2:34.24	Tiago Correia NEVES	POR	Caxias do Sul (BRA)	07/05/2022	
S15	3:18.70	Susana Maria LOURENCO	SCP	Vila Franca de Xira	05/03/2016	
S17	3:35.40	Joaquim Eduardo CARVALHO	CNF	Coimbra	13/11/2022	
S17	59:00.00	start				
S21	3:14.60	Joao Francisco VAZ	POR	Olbia (ITA)	21/09/2019	
S21	4:18.17	Matilde Lucia GASPAS	APCC	Porto	29/01/2022	

S21 Sen Masc. S21 50m: 4:51.90 - 25m: 4:51.90; Esp Masc. S21: 5:30.82 / S14 Sen Masc. S14: 5:07.02 /  
S114 Esp Masc. S114: 5:47.96; Sen Masc. S114: 5:07.02 / S15 Esp Masc. S15: 4:34.96; Sen Masc. S15: 4:02.61 /  
S17 Esp Masc. S17: 4:34.96; Sen Masc. S17: 4:02.61

Pontos: KNZB NED WPS 2021

Lugar	Nome do nadador	Ano	Classe	Cod Exc	Clube	Tempo final	IPC	Pts
<b>Classe SB14-Absoluto, Masc.</b>								
1.	Levi Daniel NASCIMENTO	99	SB14		O2-Portimao	<b>3:41.76</b>	289	
	50m: 50.34 50.34	100m: 1:45.71 55.37	150m: 2:43.23 57.52	200m: 3:41.76 58.53				
2.	Antonio Joaquin ALVES	97	SB14		Feira Viva	<b>3:47.14</b>	269	
	50m: 46.61 46.61	100m: 1:42.48 55.87	150m: 2:43.12 1:00.64	200m: 3:47.14 1:04.02				
3.	Miguel Domingos FARIA	02	SB14		FC Ferreiras/AlgarExperience	<b>4:50.63</b>	129	
	50m: 1:02.13 1:02.13	100m: 2:15.99 1:13.86	150m: 3:33.01 1:17.02	200m: 4:50.63 1:17.62				

**Classe SB14-Absoluto, Femin.**

1.	Joana Filipa PINHO	02	SB14		Sporting de Aveiro	<b>4:45.95</b>	203	
	50m: 1:04.82 1:04.82	100m: 2:19.13 1:14.31	150m: 3:34.19 1:15.06	200m: 4:45.95 1:11.76				

**Classe SB15 (Auditiva)-Absoluto, Masc.**

1.	Miguel Duarte CRUZ	99	SB15		Belenenses	<b>2:50.40</b>		
	50m: 38.42 38.42	100m: 1:21.79 43.37	150m: 2:05.86 44.07	200m: 2:50.40 44.54				

**Classe SB17-Absoluto, Masc.**

1.	Francisco Simoes RODRIGUES	06	SB17		Olhar 21	<b>3:59.06</b>		
	50m: 47.61 47.61	100m: 1:47.52 59.91	150m: 2:51.89 1:04.37	200m: 3:59.06 1:07.17				

**Classe SB21 (SDown)-Absoluto, Masc.**

1.	Joao Francisco VAZ	92	SB21		Sporting	<b>3:26.45</b>		
	50m: 44.86 44.86	100m: 1:37.57 52.71	150m: 2:32.16 54.59	200m: 3:26.45 54.29				
2.	Diogo Alexandre MATOS	99	SB21		Sporting	<b>3:43.10</b>		
	50m: 47.45 47.45	100m: 1:43.31 55.86	150m: 2:44.45 1:01.14	200m: 3:43.10 58.65				
3.	Jose Gabriel VIEIRA	83	SB21		Naval de Faro	<b>3:46.13</b>		
	50m: 50.17 50.17	100m: 1:47.36 57.19	150m: 2:47.44 1:00.08	200m: 3:46.13 58.69				
4.	Diogo Lopes GOMES	96	SB21		Feira Viva	<b>4:03.75</b>		
	50m: 53.92 53.92	100m: 1:54.66 1:00.74	150m: 3:00.58 1:05.92	200m: 4:03.75 1:03.17				

Prova 12, 200m Bruços

Classe SB21 (SDown)-Absoluto, Femin.

1. Matilde Lucia GASPAR	06	SB21	APC Coimbra	<b>4:21.20</b>
100m: 2:04.95 2:04.95	150m: 3:14.27 1:09.32	200m: 4:21.20 1:06.93		

Classe SB21 (SDown)-Absoluto, Masc.

1. Joao Francisco VAZ	92	SB21	Sporting	<b>3:26.45</b>
50m: 44.86 44.86	100m: 1:37.57 52.71	150m: 2:32.16 54.59	200m: 3:26.45 54.29	
2. Diogo Alexandre MATOS	99	SB21	Sporting	<b>3:43.10</b>
50m: 47.45 47.45	100m: 1:43.31 55.86	150m: 2:44.45 1:01.14	200m: 3:43.10 58.65	
3. Jose Gabriel VIEIRA	83	SB21	Naval de Faro	<b>3:46.13</b>
50m: 50.17 50.17	100m: 1:47.36 57.19	150m: 2:47.44 1:00.08	200m: 3:46.13 58.69	
4. Diogo Lopes GOMES	96	SB21	Feira Viva	<b>4:03.75</b>
50m: 53.92 53.92	100m: 1:54.66 1:00.74	150m: 3:00.58 1:05.92	200m: 4:03.75 1:03.17	

Classe SB21 (SDown)-Absoluto, Femin.

1. Matilde Lucia GASPAR	06	SB21	APC Coimbra	<b>4:21.20</b>
100m: 2:04.95 2:04.95	150m: 3:14.27 1:09.32	200m: 4:21.20 1:06.93		

Classe SB14-Seniores, Masc.

1. Levi Daniel NASCIMENTO	99	SB14	O2-Portimao	<b>3:41.76</b>	289
50m: 50.34 50.34	100m: 1:45.71 55.37	150m: 2:43.23 57.52	200m: 3:41.76 58.53		
2. Antonio Joaquin ALVES	97	SB14	Feira Viva	<b>3:47.14</b>	269
50m: 46.61 46.61	100m: 1:42.48 55.87	150m: 2:43.12 1:00.64	200m: 3:47.14 1:04.02		
3. Miguel Domingos FARIA	02	SB14	FC Ferreiras/AlgarExperience	<b>4:50.63</b>	129
50m: 1:02.13 1:02.13	100m: 2:15.99 1:13.86	150m: 3:33.01 1:17.02	200m: 4:50.63 1:17.62		

Classe SB14-Seniores, Femin.

1. Joana Filipa PINHO	02	SB14	Sporting de Aveiro	<b>4:45.95</b>	203
50m: 1:04.82 1:04.82	100m: 2:19.13 1:14.31	150m: 3:34.19 1:15.06	200m: 4:45.95 1:11.76		

Classe SB15 (Auditiva)-Seniores, Masc.

1. Miguel Duarte CRUZ	99	SB15	Belenenses	<b>2:50.40</b>
50m: 38.42 38.42	100m: 1:21.79 43.37	150m: 2:05.86 44.07	200m: 2:50.40 44.54	

Classe SB17-Esperanças, Masc.

1. Francisco Simoes RODRIGUES	06	SB17	Olhar 21	<b>3:59.06</b>
50m: 47.61 47.61	100m: 1:47.52 59.91	150m: 2:51.89 1:04.37	200m: 3:59.06 1:07.17	

Prova 12, 200m Bruços

Classe SB21 (SDown)-Esperanças, Femin.

1. Matilde Lucia GASPAR	06	SB21	APC Coimbra	<b>4:21.20</b>
100m: 2:04.95 2:04.95	150m: 3:14.27 1:09.32	200m: 4:21.20 1:06.93		

Classe SB21 (SDown)-Seniores, Masc.

1. Joao Francisco VAZ	92	SB21	Sporting	<b>3:26.45</b>
50m: 44.86 44.86	100m: 1:37.57 52.71	150m: 2:32.16 54.59	200m: 3:26.45 54.29	
2. Diogo Alexandre MATOS	99	SB21	Sporting	<b>3:43.10</b>
50m: 47.45 47.45	100m: 1:43.31 55.86	150m: 2:44.45 1:01.14	200m: 3:43.10 58.65	
3. Jose Gabriel VIEIRA	83	SB21	Naval de Faro	<b>3:46.13</b>
50m: 50.17 50.17	100m: 1:47.36 57.19	150m: 2:47.44 1:00.08	200m: 3:46.13 58.69	
4. Diogo Lopes GOMES	96	SB21	Feira Viva	<b>4:03.75</b>
50m: 53.92 53.92	100m: 1:54.66 1:00.74	150m: 3:00.58 1:05.92	200m: 4:03.75 1:03.17	