

Event 24
01/04/2023 - 9:40

Women, 400m Freestyle

Absolutos
Startlist Prelim

Rec Nac Open	4:09.49	Diana Margarida DURAES	POR	Tarragona (ESP)	25/06/2018
Rec Nac Sen	4:09.49	Diana Margarida DURAES	POR	Tarragona (ESP)	25/06/2018
Rec Nac Jun17	4:14.67	Tamila Hryhorivna HOLUB	SCB	Oeiras	23/07/2016
Rec Nac Jun16	4:20.37	Marta Andreia FERREIRA	POR	Berlim (GER)	04/08/2002
Rec Nac Juv A	4:20.78	Tamila Hryhorivna HOLUB	POR	Porto	07/06/2014
Rec Nac Juv B	4:26.20	Maria Francisca CABRAL	FCP	Oeiras	26/07/2014
RN S9	5:00.92	Susana Pereira VEIGA	POR	Funchal	16/06/2022

JO Open: 4:07.90 / CMPL 19+: 4:10.57 / CESub23 19 - 23: 4:16.58 / CEJun_Fem 14 - 17: 4:23.44 / TAC Sen 50m: 4:39.70 - 25m: 4:31.76; Jun 50m: 4:46.69 - 25m: 4:38.55; Juv 50m: 4:59.28 - 25m: 4:50.78

Pista	Nome	Classe	C excep	YB	NFed	Clube	Tp inscrição
Heat 1 of 7, 9:40							
EXH 0	Susana Pereira VEIGA	S9	9	00	121936	Colegio Vasco da Gama	4:52.97 25m ____:____.____
1	Constanca Lopes CRUZ			09	208279	Colegio Monte Maior	4:56.97 50m ____:____.____
2	Beatriz Silva JORDAO			09	206785	Vikings	4:55.48 50m ____:____.____
3	Filipa Carvalho GALANTE			09	203195	Vilacondense	4:54.45 50m ____:____.____
4	Sofia Vega GOMES			08	206798	Naval do Funchal	4:50.62 25m ____:____.____
5	Marta Oliveira SILVA			09	208167	Sanjoanense/FEPSA	4:50.73 25m ____:____.____
6	Ana Carolina CRUZ			08	201055	Famalicao	4:55.07 50m ____:____.____
7	Madalena Valente MOREIRA			09	207969	Colegio Efanor	4:56.33 50m ____:____.____
8	Teresa Oliveira SANTOS			08	208769	Alges	4:59.16 50m ____:____.____
9							

Heat 2 of 7, 9:45

0	Bruna Filipa LOURENCO			08	203897	O Crasto	4:49.49 25m ____:____.____
1	Ana Beatriz PIRES			08	205416	Uniao Piedense	4:48.70 25m ____:____.____
2	Sofia Pereira JORGE			08	141291	Galitos / Bresimar	4:47.80 25m ____:____.____
3	Raquel Santos BAIONA			08	209433	Colegio Monte Maior	4:47.65 25m ____:____.____
4	Maria Joao COSTA			08	201391	Vilacondense	4:44.87 25m ____:____.____
5	Ana Carolina NEVES			08	200350	Fluvial Portuense	4:47.06 25m ____:____.____
6	Alana Costa MATIAS			09	209589	Uniao Coimbra	4:47.75 25m ____:____.____
7	Constanca Baptista TOMAS			09	206496	Alcobaca	4:48.56 25m ____:____.____
8	Maria Manuel CORTESAO			08	203972	Nautico Academico	4:48.92 25m ____:____.____
9	Joana Almeida SANTOS			09	210792	Galitos / Bresimar	4:50.60 25m ____:____.____

Heat 3 of 7, 9:50

0	Sofia Teixeira BARBOSA			08	200509	Porto	4:42.92 25m ____:____.____
1	Catarina Maria LOPES			08	203020	BUZIOS-Coruche	4:42.01 25m ____:____.____
2	Leonor Queiroz GONCALVES			09	209780	Braga	4:41.53 25m ____:____.____
3	Ines Miranda DIOGO			07	200416	Nautico Academico	4:44.46 50m ____:____.____
4	Lara Catarina MAIA			09	205712	Estarreja/PROZINCO	4:40.25 25m ____:____.____
5	Anastacia PROTOLYUK			09	205586	Columbofila Cantanhedense	4:40.30 25m ____:____.____
6	Margarida Maria LUIZ			08	211814	Lagoa AC	4:41.62 25m ____:____.____
7	Matilde Rodrigues MARQUES			08	203552	Viana Natacao	4:41.78 25m ____:____.____
8	Raquel Campos CARDOSO			09	153184	Bombeiros de Ponta Delgada	4:42.27 25m ____:____.____
9	Leonor Castanho SANTOS			07	150848	Sporting	4:46.60 50m ____:____.____

Event 24, Women, 400m Freestyle, Prelim

Heat 4 of 7, 9:55

0 Luana Ferreira CRAVEIRO	09 144313 Nautico Marinha Grande	4:39.57 25m	___:___:___
1 Lia Beatriz GOMES	06 200413 Vitoria Guimaraes	4:38.10 25m	___:___:___
2 Bianca Filipa ALMEIDA	07 204110 Alges e Agueda XXI	4:40.63 50m	___:___:___
3 Maria Neto FERREIRA	06 131467 Nautico Academico	4:36.53 25m	___:___:___
4 Carolina Amadeu FERREIRA	08 202815 Leixoes	4:35.92 25m	___:___:___
5 Leonor Mil MANO	07 202991 Nautico Academico	4:36.26 25m	___:___:___
6 Carolina Sofia BAPTISTA	09 208839 Estarreja/PROZINCO	4:36.66 25m	___:___:___
7 Diana Gomes FREITAS	08 202656 Amigos da Montanha	4:37.83 25m	___:___:___
8 Marta Andre AGUILAR	07 132766 Nautico Academico	4:42.21 50m	___:___:___
9 Maria Carvalho PINTO	09 206343 Viana Natacao	4:39.66 25m	___:___:___

Heat 5 of 7, 10:05

0 Catarina Gaspar PIRES	06 129871 Porto	4:34.70 25m	___:___:___
1 Joana Barbas RAMOS	06 153484 Gafanha da Encarnacao	4:34.00 25m	___:___:___
2 Carolina Esteves PEIXOTO	06 133308 Braga	4:33.64 25m	___:___:___
3 Joana Silva ALVES	05 200038 Benedita	4:31.74 25m	___:___:___
4 Alice Jesus MORGADO	04 131016 Sporting	4:30.52 25m	___:___:___
5 Maria Gomes NEVES	08 204347 Braga	4:31.37 25m	___:___:___
6 Margaux Verger GOURSON	95 218761 Fluvial Portuense	4:34.91 50m	___:___:___
7 Carolina Vizinho CABRAL	07 206307 Natacao de Vagos	4:36.98 50m	___:___:___
8 Leonor Carreiro RODRIGUES	07 205129 Benfica	4:34.48 25m	___:___:___
9 Rita Sofia NUNES	05 129103 Colegio Efanor	4:38.87 50m	___:___:___

Heat 6 of 7, 10:10

0 Mariana Carmo ROSA	05 130218 Condeixa Clube	4:29.68 25m	___:___:___
1 Maria Ornelas ARMAS	98 106961 Vikings	4:27.57 25m	___:___:___
2 Carolina Pereira VIANA	04 129199 Sporting	4:27.57 50m	___:___:___
3 Daniela Magalhaes LOPES	05 130098 Famalicao	4:22.22 25m	___:___:___
4 Francisca Soares MARTINS	03 126504 Foca Quinta da Lixa CNF	4:08.56 25m	___:___:___
5 Ema Jeronimo CONCEICAO	03 129812 Benfica	4:14.55 25m	___:___:___
6 Ines Santos AMORIM	06 200626 Desportiva de Viana	4:23.54 25m	___:___:___
7 Leonor Verissimo FARIA	06 143779 Nucleo de Pombal	4:28.71 50m	___:___:___
8 Ana Beatriz VIEIRA	07 202851 Foca Quinta da Lixa CNF	4:29.40 25m	___:___:___
9 Francisca Macedo LOPES	05 129982 Vilacondense	4:29.84 25m	___:___:___

Heat 7 of 7, 10:15

0 Miriam Mortagua SOARES	06 129027 Galitos / Bresimar	4:29.52 25m	___:___:___
1 Mafalda Martins MESQUITA	07 202805 Famalicao	4:27.58 25m	___:___:___
2 Mariana Marques MERCEDES	03 129961 Vikings	4:24.15 25m	___:___:___
3 Ana Catarina MONTEIRO	93 24320 Vilacondense	4:17.12 25m	___:___:___
4 Tamila Hryhorivna HOLUB	99 116887 Braga	4:11.04 50m	___:___:___
DNS5 Diana Margarida DURAES	96 102992 Benfica	4:08.98 25m	___:___:___
6 Anna FOMINA	02 208146 Sporting	4:23.37 25m	___:___:___
7 Margarida Vieira PINTO	07 204344 Braga	4:25.27 25m	___:___:___
8 Beatriz Silva LOURO	07 129303 Louletano / Loule Concelho	4:28.42 25m	___:___:___
9 Maria Leonor COELHO	06 132470 Benfica	4:32.75 50m	___:___:___