

Event 23 Men, 400m Freestyle Absolutos  
01/04/2023 - 17:00 Startlist Finals

Rec Nac Open	3:50.56	Jose Paulo LOPES	POR	Barcelona (ESP)	06/06/2021
Rec Nac Sen	3:50.56	Jose Paulo LOPES	POR	Barcelona (ESP)	06/06/2021
Rec Nac Jun18	3:53.79	Jose Paulo LOPES	SCB	Oeiras	28/07/2018
Rec Nac Jun17	3:57.15	Gustavo Manuel SANTA	POR	Helsinki (FIN)	14/07/2010
Rec Nac Juv A	3:59.38	Gustavo Manuel SANTA	POR	Tampere (FIN)	21/07/2009
Rec Nac Juv B	4:06.22	Rui Filipe COSTA	VSC	Coimbra	29/07/2006

JO Open: 3:46.78 / CMPL Sen: 3:48.15 / CESub23 19 - 23: 2:54.72 / CEJun\_Masc 15 - 18: 4:01.28 / TAC Sen 50m: 4:16.03 - 25m: 4:06.41; Jun 50m: 4:23.71 - 25m: 4:13.80; Juv 50m: 4:36.51 - 25m: 4:26.12

Pista	Nome	YB	Clube	Tempo	Tp inscrição
<b>Final A, Open, 17:00</b>					
0	Afonso Martim LEITE	05	Foca Quinta da Lixa CNF	4:14.73	_____
1	Yury FOMIN	06	Louletano / Loule Concelho	4:10.23	_____
2	Bernardo Jorge SIMOES	04	Belenenses	4:09.05	_____
3	Gustavo Pires MARQUES	04	Uniao Coimbra	4:07.24	_____
4	Jose Paulo LOPES	00	Braga	4:05.46	_____
5	Bernardo Victorino ALMEIDA	04	Sporting	4:05.90	_____
6	Salvador Goya PERLOIRO	05	Benfica	4:08.67	_____
7	Afonso Filipe COSTA	03	Louzan Natacao/EFAPEL	4:09.36	_____
8	Lucas Pereira BASTOS	00	Nautico Academico	4:11.11	_____
9	Nicolas Filip MONTFORT	05	Alges	4:14.91	_____

<b>Final B, Open, 17:05</b>					
0	Guilherme Maia CARDOSO	05	Columbofila Cantanhedense	4:19.50	_____
1	Goncalo Renato CARVALHO	04	Porto	4:18.95	_____
2	Alexandre Ramos GONCALVES	05	Sao Joao Ver	4:18.34	_____
3	Bruno Silva LOUREIRO	06	Porto	4:17.46	_____
4	Filipe Santos CARDOSO	04	Gafanha da Encarnacao	4:15.47	_____
5	Diogo Alexandre OLIVEIRA	05	Naval do Funchal	4:16.95	_____
6	Francisco Couto FRAZAO	06	Uniao Coimbra	4:18.27	_____
7	Joao Pedro TORRES	05	Porto	4:18.87	_____
8	Joao Maria SOUSA	05	Braga	4:19.13	_____
9	Tomas Nunes ROQUE	06	Benfica	4:19.78	_____

<b>Reserves, Open</b>					
	Guilherme Fernandes BAPTISTA	06	Benfica	4:21.01	_____
	Miguel Costa SIMOES	04	Uniao Piedense	4:21.90	_____

Event 23, Men, 400m Freestyle, Final

Final, Juvenis, 17:11

0 Afonso Dinis ROQUE	07 Nautico de Leiria	4:24.09	___:___.
1 Guilherme Costa SOARES	08 Vilacondense	4:22.81	___:___.
2 Alexandre MORARI	07 Rio Maior	4:22.21	___:___.
3 Filipe Manso LARANJO	07 Desportiva de Viana	4:21.39	___:___.
4 Francisco Goya PERLOIRO	07 Benfica	4:16.60	___:___.
5 Duarte Ramos NUNES	07 Galitos / Bresimar	4:16.99	___:___.
6 Antonio Miguel COSTA	07 Fafe	4:22.20	___:___.
7 Rui Silva PEREIRA	08 Colegio Monte Maior	4:22.68	___:___.
8 Axel Guedes ASMAR	07 Sporting	4:23.55	___:___.
9 Miguel Guedes FERREIRA	07 Porto	4:24.58	___:___.

Reserves, Juvenis

Tiago Andre CANELAS	08 Fluvial Portuense	4:26.41	___:___.
Duarte Cachulo MARQUES	07 Condeixa Clube	4:27.21	___:___.