

Event 20
31/03/2023 - 12:15

Women, 400m Medley

Absolutos
Startlist Prelim

Rec Nac Open	4:40.11	Victoria KAMINSKAYA	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Sen	4:40.11	Victoria KAMINSKAYA	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Jun17	4:52.12	Victoria KAMINSKAYA	PIMP	Oeiras	27/07/2012
Rec Nac Jun16	4:54.00	Ines Neto ROCHA	SANNP	Gijón (ESP)	20/05/2017
Rec Nac Juv A	4:58.08	Diana Margarida DURAES	FOCA	Povoa de Varzim	05/08/2011
Rec Nac Juv B	5:01.00	Ines Neto ROCHA	CAP	Coimbra	24/07/2015

JO Open: 4:38.53 / CMPL 19+: 4:43.06 / CESub23 19 - 23: 4:48.28 / CEJun_Fem 14 - 17: 4:55.87 / TAC Sen 50m: 5:21.47 - 25m: 5:12.08; Jun 50m: 5:29.51 - 25m: 5:19.88; Juv 50m: 5:43.97 - 25m: 5:33.93

Pista	Nome	Classe	C excep	YB	NFed	Clube	TP inscrição
Heat 1 of 5, 12:15							
0	Constanca Lopes CRUZ			09	208279	Colegio Monte Maior	5:43.07 50m
1	Lara Filipa PINTO			08	200514	Porto	5:32.12 25m
2	Leonor Mercês CAVALEIRO			09	207209	Columbofila Cantanhedense	5:40.36 50m
3	Eleine Vieira MATEUS			09	206350	Desportivo Nacional	5:30.12 25m
4	Juliana Rodrigues ALVES			08	202188	Desportivo Nacional	5:29.38 25m
5	Maria Ines SILVA			08	206303	Gafanha da Encarnacao	5:39.30 50m
6	Laura Brites COSTA			09	211108	Rio Maior	5:30.57 25m
7	Bruna Maria BARBOSA			08	202261	Aquatico Pacense	5:31.05 25m
8	Matilde Sousa ANDRADE			08	205152	Naval do Funchal	5:32.66 25m
9	Ana Beatriz CAMPOS			08	202249	Academica de Coimbra	5:33.77 25m

Heat 2 of 5, 12:20							
0	Rita Rocha SILVA			08	204600	Alcobaca	5:28.90 25m
1	Constanca Baptista TOMAS			09	206496	Alcobaca	5:37.76 50m
2	Leonor Queiroz GONCALVES			09	209780	Braga	5:26.04 25m
3	Filipa Carvalho GALANTE			09	203195	Vilacondense	5:34.00 50m
4	Adriana Ribeiro BARROS			08	201050	Braga	5:30.98 50m
5	Carolina Mendes NUNES			08	205710	Estarreja/PROZINCO	5:23.18 25m
6	Francisca Lamas SILVA			08	202816	Colegio Efanor	5:34.72 50m
7	Maria Joao COSTA			08	201391	Vilacondense	5:26.77 25m
8	Teresa Isabel RODRIGUES			09	207950	Foca Quinta da Lixa CNF	5:38.15 50m
9	Marta Oliveira SILVA			09	208167	Sanjoanense/FEPSA	5:29.45 25m

Heat 3 of 5, 12:25							
0	Madalena Correa SA			06	201548	Benfica	5:27.38 50m
1	Joana Barbas RAMOS			06	153484	Gafanha da Encarnacao	5:24.59 50m
2	Luana Ferreira CRAVEIRO			09	144313	Nautico Marinha Grande	5:15.24 25m
3	Margarida Cabral MONTEIRO			02	117474	Galitos / Bresimar	5:11.80 25m
4	Joana Ferreira SILVA			05	131358	Colegio Efanor	5:09.34 25m
5	Ana Francisca SILVA			06	200045	Alcobaca	5:11.33 25m
6	Maria Francisca FROIS			06	129330	Nautico de Leiria	5:13.80 25m
7	Dania Rodrigues SIMOES			07	133520	Louzan Natacao/EFAPEL	5:15.26 25m
8	Beatriz Alves AMBRUS			09	203309	Porto	5:26.95 50m
9	Ines Cruz CAMARA			07	131346	Desportivo Nacional	5:28.47 50m

Event 20, Women, 400m Medley, Prelim

Heat 4 of 5, 12:35

0	Rita Machita SANTOS	07	205379	Naval Setubalense	5:06.01	25m	___:___:___
1	Laura Fabiana ESTEVENS	05	129315	Naval de Faro	5:03.10	25m	___:___:___
2	Sofia Nunes FIAL	03	127329	Porto	5:00.25	25m	___:___:___
3	Mariana Amaral MENDES	02	123959	Sporting	4:59.32	50m	___:___:___
4	Diana Margarida DURAES	96	102992	Benfica	4:50.57	50m	___:___:___
5	Joana Nunes CARDEAL	02	124752	Academico Viseu	4:57.45	50m	___:___:___
6	Beatriz Nunes CARDEAL	04	124753	Academico Viseu	5:02.67	50m	___:___:___
7	Margarida Vieira PINTO	07	204344	Braga	5:01.29	25m	___:___:___
8	Francisca Macedo LOPES	05	129982	Vilacondense	5:13.25	50m	___:___:___
9	Joana Rosa FERREIRA	05	130757	Naval de Peniche	5:09.39	25m	___:___:___

Heat 5 of 5, 12:40

0	Erica Cristina REIS	05	200201	Sporting	5:05.15	25m	___:___:___
1	Matilde Nunes LOPES	06	201711	Benfica	5:02.29	25m	___:___:___
2	Daniela Magalhaes LOPES	05	130098	Famalicao	4:56.60	25m	___:___:___
3	Francisca Salvador MESQUITA	02	123935	Sporting	4:57.83	50m	___:___:___
4	Angelica Maria ANDRE	94	15497	Porto	4:40.82	25m	___:___:___
5	Ines Jacinto HENRIQUES	00	120220	Louzan Natacao/EFAPPEL	4:55.63	50m	___:___:___
6	Ana Filipa VEIGA	01	125558	Gafanha da Encarnacao	4:52.85	25m	___:___:___
7	Giovanna Vaz VARGAS	00	110957	Nautico Marinha Grande	5:09.83	50m	___:___:___
8	Maria Emilia ALMEIDA	07	131568	Colegio Efanor	5:03.88	25m	___:___:___
9	Alice Jesus MORGADO	04	131016	Sporting	5:07.19	25m	___:___:___