

Event 19 Men, 400m Medley Absolutos
31/03/2023 - 11:35 Startlist Prelim

Rec Nac Open	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun18	4:21.42	Jose Paulo LOPES	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun17	4:25.23	Joao Alexandre VITAL	POR	Singapore (SGP)	29/08/2015
Rec Nac Juv A	4:32.66	Joao Alexandre VITAL	ADRCIMM	Coimbra	01/06/2014
Rec Nac Juv B	4:37.06	Joao Alexandre VITAL	POR	Utrecht (NED)	16/07/2013

JO Open: 4:12.50 / CMPL Sen: 4:17.48 / CESub23 19 - 23: 4:21.34 / CEJun_Masc 15 - 18: 4:33.58 / TAC Sen 50m: 4:49.87 - 25m: 4:40.54; Jun 50m: 4:58.57 - 25m: 4:48.96; Juv 50m: 5:13.06 - 25m: 5:02.98

Pista	Nome	Classe	C excep	YB	NFed	Clube	TP inscrição
<u>Heat 1 of 6, 11:35</u>							
0							
1	Eduardo Sousa SARAGOCA			07	200623	Viana Natacao	5:01.86 25m
2	Francisco Bernardes MARTELO			07	201758	Porto	5:12.70 50m
3	Afonso Miguel NOGUEIRA			07	200633	Braga	5:00.79 25m
4	Pedro Miguel PINTO			07	148621	Fafe	5:11.60 50m
5	Mikhael ONUTSKYY			08	207253	Pimpoes/Cimai	5:00.02 25m
6	Rodrigo Malia SANTOS			07	153125	Louletano / Loule Concelho	5:12.53 50m
7	Martim Nuno LAVAJO			07	133211	Academico Viseu	5:01.54 25m
EXH 8	Miguel Duarte CRUZ	SM15	H	99	125797	Belenenses	5:06.60 50m
9							

<u>Heat 2 of 6, 11:40</u>							
0	Miguel Almeida BISPO			08	203715	Natacao da Maia	5:09.88 50m
1	Joao Dinis ROQUE			07	203113	Sporting	5:07.41 50m
2	Tomas Pinto PEIXOTO			08	203354	Porto	5:06.19 50m
3	Tomas Rocha DORES			07	200766	Colegio Efanor	4:52.87 25m
4	Gil Afonso RODRIGUES			07	148683	Fluvial Portuense	5:00.46 50m
5	Joao Francisco ALMEIDA			07	209787	Naval do Funchal	5:02.98 50m
6	Francisco Guilherme MIRANDA			08	206796	Naval do Funchal	5:05.47 50m
7	Rafael Pereira RODRIGUES			08	205593	Condeixa Clube	5:06.45 50m
8	Rafael Pacheco GODINHO			07	204985	Sporting	4:57.27 25m
9	Afonso Gago GARCIA			08	208743	Benfica	5:10.66 50m

<u>Heat 3 of 6, 11:50</u>							
0	Francisco Campos LOURENCO			06	132136	Natacao de Valongo	4:48.43 25m
1	Renato Gouveia TEIXEIRA			07	204599	Foca Quinta da Lixa CNF	4:59.33 50m
WDR2	Vasco Monteiro CASTRO			06	202720	Porto	4:58.02 50m
3	Francisco Marques SIMOES			07	205719	Nautico de Leiria	4:57.39 50m
4	Duarte Jose FERNANDES			06	205623	Louzan Natacao/EFAPL	4:45.70 25m
5	Ruben Ferreira PAIVA			05	200075	Sanjoanense/FEPSA	4:45.82 25m
6	Jose Luis GONCALVES			05	131849	Fafe	4:46.53 25m
7	Tiago Almeida CORREIA			06	139280	Natacao do Montijo	4:47.78 25m
8	Guilherme Costa SOARES			08	201093	Vilacondense	4:59.46 50m
9	Filipe Manso LARANJO			07	202281	Desportiva de Viana	4:48.90 25m

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Heat 4 of 6, 11:55

0	Nicolas Filip MONTFORT	05	217266	Alges	4:45.36	25m	___:___:___
1	Rui Miguel SANTOS	06	204083	Famalicao	4:43.68	25m	___:___:___
2	David Ferreira RELVAS	03	125604	Nautico Marinha Grande	4:39.84	25m	___:___:___
3	Filipe Santos CARDOSO	04	130500	Gafanha da Encarnacao	4:39.65	25m	___:___:___
4	Dinis Miranda DIOGO	04	129397	Nautico Academico	4:48.95	50m	___:___:___
5	Miguel Salomao TRISTAO	04	129885	Academica de Coimbra	4:38.51	25m	___:___:___
6	Andre Correia ALVES	06	131173	Uniao Piedense	4:50.69	50m	___:___:___
7	Rafael Miguel MIMOSO	07	202973	Benfica	4:40.66	25m	___:___:___
8	Gustavo Gomes RAMOS	06	200774	Porto	4:55.68	50m	___:___:___
9	Joao Carlos BARROS	06	200357	Fluvial Portuense	4:56.61	50m	___:___:___

Heat 5 of 6, 12:00

0	Kaio Araujo FAFTINE	06	213446	Sporting	4:47.61	50m	___:___:___
1	Mark ZHUKOV	06	200632	Braga	4:45.94	50m	___:___:___
2	Luis Galvao GOUVEIA	05	127884	Desportivo Nacional	4:41.28	50m	___:___:___
3	Afonso Carvalho SILVA	05	130127	Famalicao	4:37.00	50m	___:___:___
4	Lucas Pereira BASTOS	00	117492	Nautico Academico	4:18.18	25m	___:___:___
5	Diogo Santos CARDOSO	01	122969	Sporting	4:35.44	50m	___:___:___
6	Yury FOMIN	06	208159	Louletano / Loule Concelho	4:39.63	50m	___:___:___
7	Goncalo Duarte CARVALHO	05	132466	Benfica	4:44.15	50m	___:___:___
8	Rodrigo Reis RODRIGUES	04	124155	Sao Roque	4:36.65	25m	___:___:___
9	Joao Guilherme ARAUJO	03	130366	Natacao da Maia	4:38.06	25m	___:___:___

Heat 6 of 6, 12:05

0	Leonardo Conceicao REIS	07	207815	Sporting	4:47.60	50m	___:___:___
DNS1	Leonardo Jose CRUZ	07	204601	Alcobaca	4:34.60	25m	___:___:___
2	Vasco Alves MORGADO	05	147123	Alges	4:29.79	25m	___:___:___
3	Porfirio Braga NUNES	00	111552	Porto	4:25.29	25m	___:___:___
4	Jose Paulo LOPES	00	117924	Braga	4:13.17	25m	___:___:___
5	Daniel Nogueira CATALAO	00	127075	Sporting	4:22.63	25m	___:___:___
6	Bernardo Victorino ALMEIDA	04	153357	Sporting	4:38.14	50m	___:___:___
7	Bernardo Jorge SIMOES	04	130250	Belenenses	4:32.59	25m	___:___:___
8	Tiago Roberto CORDEIRO	00	205275	Benfica	4:47.10	50m	___:___:___
9	Miguel Alves FERNANDES	05	131479	Viana Natacao	4:37.84	25m	___:___:___