

Prova 2
30/03/2023 - 9:40

Masc., 1500m Livres

Open
Resultados Elimin

Rec Nac Absoluto	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Sen	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	Guilherme Filipe PINA	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	Guilherme Filipe PINA	POR	Singapore (SGP)	30/08/2015
Rec Nac Juv A	15:45.55	Gustavo Manuel SANTA	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	16:30.45	Duarte Miguel JORGE	CGA	Oeiras	21/07/2016
Rec Nac Inf A	16:43.48	Pedro Fontoura OLIVEIRA	CFB	Rio Maior	19/06/2004
Rec Nac Inf B	17:21.58	Pedro Fontoura OLIVEIRA	CFB	Restelo	27/07/2003
RN S15	18:15.76	Miguel Duarte CRUZ	CFB	Vila Franca de Xira	28/02/2020

JO : 15:00.99 / CMPL Sen: 15:04.64 / CESub23 19 - 23: 15:32.52 / CEJun_Masc 15 - 18: 15:56.90 / TAC Sen 50m: 17:18.06 - 25m: 16:45.20; Jun 50m: 17:49.20 - 25m: 17:15.36

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
1.	Jose Paulo LOPES	00	Braga	15:41.83	+0,66	790	Q	
	50m: 28.14	28.14	450m: 4:39.27	31.66	850m: 8:52.77	31.38	1250m: 13:05.25	31.51
	100m: 59.39	31.25	500m: 5:11.05	31.78	900m: 9:24.28	31.51	1300m: 13:37.21	31.96
	150m: 1:30.29	30.90	550m: 5:42.80	31.75	950m: 9:55.72	31.44	1350m: 14:08.80	31.59
	200m: 2:01.61	31.32	600m: 6:14.61	31.81	1000m: 10:27.29	31.57	1400m: 14:40.34	31.54
	250m: 2:32.87	31.26	650m: 6:46.24	31.63	1050m: 10:58.61	31.32	1450m: 15:11.61	31.27
	300m: 3:04.22	31.35	700m: 7:18.05	31.81	1100m: 11:30.24	31.63	1500m: 15:41.83	30.22
	350m: 3:35.78	31.56	750m: 7:49.62	31.57	1150m: 12:01.88	31.64		
	400m: 4:07.61	31.83	800m: 8:21.39	31.77	1200m: 12:33.74	31.86		
2.	Francisco Rodriguez AMARAL	02	Porto	15:56.12	+0,73	756	Q	
	50m: 28.53	28.53	450m: 4:39.48	31.66	850m: 8:53.43	31.58	1250m: 13:12.42	32.64
	100m: 59.73	31.20	500m: 5:11.31	31.83	900m: 9:25.35	31.92	1300m: 13:45.37	32.95
	150m: 1:30.70	30.97	550m: 5:42.99	31.68	950m: 9:57.28	31.93	1350m: 14:18.23	32.86
	200m: 2:01.97	31.27	600m: 6:14.84	31.85	1000m: 10:29.75	32.47	1400m: 14:51.30	33.07
	250m: 2:33.26	31.29	650m: 6:46.58	31.74	1050m: 11:01.98	32.23	1450m: 15:24.06	32.76
	300m: 3:04.65	31.39	700m: 7:18.42	31.84	1100m: 11:34.74	32.76	1500m: 15:56.12	32.06
	350m: 3:36.10	31.45	750m: 7:49.99	31.57	1150m: 12:07.14	32.40		
	400m: 4:07.82	31.72	800m: 8:21.85	31.86	1200m: 12:39.78	32.64		
3.	Diogo Santos CARDOSO	01	Sporting	16:09.65	+0,74	724	Q	
	50m: 29.74	29.74	450m: 4:48.11	32.33	850m: 9:07.25	32.25	1250m: 13:27.33	32.49
	100m: 1:01.69	31.95	500m: 5:20.74	32.63	900m: 9:39.78	32.53	1300m: 13:59.66	32.33
	150m: 1:33.61	31.92	550m: 5:53.35	32.61	950m: 10:12.27	32.49	1350m: 14:32.34	32.68
	200m: 2:05.71	32.10	600m: 6:25.82	32.47	1000m: 10:44.65	32.38	1400m: 15:04.88	32.54
	250m: 2:38.12	32.41	650m: 6:58.12	32.30	1050m: 11:17.01	32.36	1450m: 15:37.43	32.55
	300m: 3:10.69	32.57	700m: 7:30.62	32.50	1100m: 11:49.55	32.54	1500m: 16:09.65	32.22
	350m: 3:43.23	32.54	750m: 8:02.86	32.24	1150m: 12:21.99	32.44		
	400m: 4:15.78	32.55	800m: 8:35.00	32.14	1200m: 12:54.84	32.85		
4.	Tomas Amor SARREIRA	05	Nautico Marinha Grande	16:33.50	+0,74	673	Q	
	50m: 28.47	28.47	450m: 4:49.37	32.91	850m: 9:16.82	33.74	1250m: 13:46.30	33.64
	100m: 1:00.22	31.75	500m: 5:22.68	33.31	900m: 9:50.65	33.83	1300m: 14:20.02	33.72
	150m: 1:32.41	32.19	550m: 5:56.09	33.41	950m: 10:24.00	33.35	1350m: 14:53.70	33.68
	200m: 2:04.93	32.52	600m: 6:29.56	33.47	1000m: 10:57.55	33.55	1400m: 15:27.53	33.83
	250m: 2:37.43	32.50	650m: 7:02.71	33.15	1050m: 11:30.99	33.44	1450m: 16:01.00	33.47
	300m: 3:10.54	33.11	700m: 7:36.16	33.45	1100m: 12:04.99	34.00	1500m: 16:33.50	32.50
	350m: 3:43.44	32.90	750m: 8:09.40	33.24	1150m: 12:38.73	33.74		
	400m: 4:16.46	33.02	800m: 8:43.08	33.68	1200m: 13:12.66	33.93		

Prova 2, Masc., 1500m Livres, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
5.	Yury FOMIN	06		Louletano / Loule Concelho	16:40.19	+0,66	660	Q
	50m: 30.01	30.01	450m: 4:57.05	33.78	850m: 9:24.32	33.42	1250m: 13:52.97	33.66
	100m: 1:02.74	32.73	500m: 5:30.48	33.43	900m: 9:57.80	33.48	1300m: 14:26.91	33.94
	150m: 1:35.74	33.00	550m: 6:04.11	33.63	950m: 10:31.40	33.60	1350m: 15:01.04	34.13
	200m: 2:08.91	33.17	600m: 6:37.56	33.45	1000m: 11:04.98	33.58	1400m: 15:34.87	33.83
	250m: 2:42.17	33.26	650m: 7:11.00	33.44	1050m: 11:38.32	33.34	1450m: 16:07.83	32.96
	300m: 3:16.15	33.98	700m: 7:44.45	33.45	1100m: 12:12.00	33.68	1500m: 16:40.19	32.36
	350m: 3:49.44	33.29	750m: 8:17.62	33.17	1150m: 12:45.69	33.69		
	400m: 4:23.27	33.83	800m: 8:50.90	33.28	1200m: 13:19.31	33.62		
6.	Bruno Silva LOUREIRO	06		Porto	16:41.87	+0,68	657	Q
	50m: 29.72	29.72	450m: 4:56.52	33.71	850m: 9:24.15	33.49	1250m: 13:53.44	33.93
	100m: 1:02.50	32.78	500m: 5:29.71	33.19	900m: 9:57.84	33.69	1300m: 14:27.23	33.79
	150m: 1:35.76	33.26	550m: 6:03.39	33.68	950m: 10:31.29	33.45	1350m: 15:01.29	34.06
	200m: 2:09.49	33.73	600m: 6:36.83	33.44	1000m: 11:04.56	33.27	1400m: 15:35.27	33.98
	250m: 2:42.87	33.38	650m: 7:10.30	33.47	1050m: 11:38.33	33.77	1450m: 16:08.87	33.60
	300m: 3:16.48	33.61	700m: 7:43.89	33.59	1100m: 12:12.11	33.78	1500m: 16:41.87	33.00
	350m: 3:49.54	33.06	750m: 8:17.33	33.44	1150m: 12:45.95	33.84		
	400m: 4:22.81	33.27	800m: 8:50.66	33.33	1200m: 13:19.51	33.56		
7.	Goncalo Renato CARVALHO	04		Porto	16:50.52	+0,67	640	Q
	50m: 30.21	30.21	450m: 4:55.49	33.28	850m: 9:25.18	33.83	1250m: 13:58.65	34.61
	100m: 1:03.12	32.91	500m: 5:29.34	33.85	900m: 9:58.82	33.64	1300m: 14:33.22	34.57
	150m: 1:36.22	33.10	550m: 6:02.82	33.48	950m: 10:33.14	34.32	1350m: 15:07.89	34.67
	200m: 2:09.32	33.10	600m: 6:36.78	33.96	1000m: 11:07.23	34.09	1400m: 15:42.37	34.48
	250m: 2:42.35	33.03	650m: 7:10.32	33.54	1050m: 11:41.55	34.32	1450m: 16:16.98	34.61
	300m: 3:15.43	33.08	700m: 7:43.88	33.56	1100m: 12:15.39	33.84	1500m: 16:50.52	33.54
	350m: 3:48.68	33.25	750m: 8:17.45	33.57	1150m: 12:49.68	34.29		
	400m: 4:22.21	33.53	800m: 8:51.35	33.90	1200m: 13:24.04	34.36		
8.	Gustavo Pires MARQUES	04		Uniao Coimbra	16:52.25	+0,78	637	Q
	50m: 29.67	29.67	450m: 4:56.34	33.38	850m: 9:27.90	34.15	1250m: 14:01.10	34.01
	100m: 1:02.74	33.07	500m: 5:30.22	33.88	900m: 10:02.19	34.29	1300m: 14:35.85	34.75
	150m: 1:35.89	33.15	550m: 6:03.81	33.59	950m: 10:36.15	33.96	1350m: 15:09.98	34.13
	200m: 2:09.25	33.36	600m: 6:37.63	33.82	1000m: 11:10.44	34.29	1400m: 15:44.54	34.56
	250m: 2:42.44	33.19	650m: 7:11.32	33.69	1050m: 11:44.71	34.27	1450m: 16:18.70	34.16
	300m: 3:15.93	33.49	700m: 7:45.48	34.16	1100m: 12:18.53	33.82	1500m: 16:52.25	33.55
	350m: 3:49.23	33.30	750m: 8:19.46	33.98	1150m: 12:52.67	34.14		
	400m: 4:22.96	33.73	800m: 8:53.75	34.29	1200m: 13:27.09	34.42		
9.	Filipe Santos CARDOSO	04		Gafanha da Encarnacao	16:56.87	+0,64	628	Q
	50m: 29.78	29.78	450m: 5:01.19	34.20	850m: 9:37.36	34.14	1250m: 14:10.85	33.52
	100m: 1:02.60	32.82	500m: 5:35.52	34.33	900m: 10:12.09	34.73	1300m: 14:44.93	34.08
	150m: 1:36.03	33.43	550m: 6:09.56	34.04	950m: 10:46.35	34.26	1350m: 15:17.93	33.00
	200m: 2:10.10	34.07	600m: 6:44.53	34.97	1000m: 11:21.13	34.78	1400m: 15:51.92	33.99
	250m: 2:43.70	33.60	650m: 7:18.95	34.42	1050m: 11:54.76	33.63	1450m: 16:24.36	32.44
	300m: 3:18.32	34.62	700m: 7:53.61	34.66	1100m: 12:29.39	34.63	1500m: 16:56.87	32.51
	350m: 3:52.41	34.09	750m: 8:28.04	34.43	1150m: 13:03.10	33.71		
	400m: 4:26.99	34.58	800m: 9:03.22	35.18	1200m: 13:37.33	34.23		

Prova 2, Masc., 1500m Livres, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
10.	Marcio Fernandes GOMES	04	Braga	17:03.34	+0,75	616	Q
	50m: 30.58 30.58	450m: 5:00.80	33.56 850m: 9:37.38	34.46	1250m: 14:13.79	34.15	
	100m: 1:04.28 33.70	500m: 5:35.20	34.40 900m: 10:12.34	34.96	1300m: 14:48.71	34.92	
	150m: 1:37.70 33.42	550m: 6:09.13	33.93 950m: 10:46.86	34.52	1350m: 15:23.04	34.33	
	200m: 2:11.58 33.88	600m: 6:44.18	35.05 1000m: 11:21.58	34.72	1400m: 15:57.85	34.81	
	250m: 2:45.11 33.53	650m: 7:18.64	34.46 1050m: 11:55.93	34.35	1450m: 16:31.76	33.91	
	300m: 3:19.40 34.29	700m: 7:53.64	35.00 1100m: 12:30.26	34.33	1500m: 17:03.34	31.58	
	350m: 3:53.03 33.63	750m: 8:28.04	34.40 1150m: 13:04.89	34.63			
	400m: 4:27.24 34.21	800m: 9:02.92	34.88 1200m: 13:39.64	34.75			
11.	Joao Maria SOUSA	05	Braga	17:03.65	+0,75	616	R
	50m: 29.89 29.89	450m: 4:57.82	33.94 850m: 9:32.93	34.85	1250m: 14:10.80	34.70	
	100m: 1:02.16 32.27	500m: 5:31.74	33.92 900m: 10:07.43	34.50	1300m: 14:45.70	34.90	
	150m: 1:35.36 33.20	550m: 6:05.88	34.14 950m: 10:42.32	34.89	1350m: 15:20.63	34.93	
	200m: 2:08.75 33.39	600m: 6:40.14	34.26 1000m: 11:16.96	34.64	1400m: 15:55.38	34.75	
	250m: 2:42.41 33.66	650m: 7:14.46	34.32 1050m: 11:51.94	34.98	1450m: 16:30.21	34.83	
	300m: 3:16.06 33.65	700m: 7:48.90	34.44 1100m: 12:26.50	34.56	1500m: 17:03.65	33.44	
	350m: 3:49.92 33.86	750m: 8:23.50	34.60 1150m: 13:01.37	34.87			
	400m: 4:23.88 33.96	800m: 8:58.08	34.58 1200m: 13:36.10	34.73			
12.	Guilherme Maia CARDOSO	05	Columbofila Cantanhedense	17:04.91	+0,73	613	R
	50m: 30.73 30.73	450m: 5:03.11	34.18 850m: 9:38.12	34.28	1250m: 14:15.32	34.65	
	100m: 1:04.59 33.86	500m: 5:37.47	34.36 900m: 10:12.71	34.59	1300m: 14:50.15	34.83	
	150m: 1:38.38 33.79	550m: 6:11.46	33.99 950m: 10:47.36	34.65	1350m: 15:24.93	34.78	
	200m: 2:12.48 34.10	600m: 6:46.20	34.74 1000m: 11:21.82	34.46	1400m: 15:59.47	34.54	
	250m: 2:46.30 33.82	650m: 7:20.51	34.31 1050m: 11:56.69	34.87	1450m: 16:32.63	33.16	
	300m: 3:20.60 34.30	700m: 7:55.20	34.69 1100m: 12:31.13	34.44	1500m: 17:04.91	32.28	
	350m: 3:54.55 33.95	750m: 8:29.34	34.14 1150m: 13:05.81	34.68			
	400m: 4:28.93 34.38	800m: 9:03.84	34.50 1200m: 13:40.67	34.86			
13.	Vasco Monteiro CASTRO	06	Porto	17:10.86	+0,78	603	
	50m: 30.27 30.27	450m: 5:03.15	34.51 850m: 9:40.17	34.30	1250m: 14:17.37	34.22	
	100m: 1:03.73 33.46	500m: 5:37.98	34.83 900m: 10:15.09	34.92	1300m: 14:52.85	35.48	
	150m: 1:36.97 33.24	550m: 6:12.52	34.54 950m: 10:49.38	34.29	1350m: 15:27.31	34.46	
	200m: 2:11.29 34.32	600m: 6:47.24	34.72 1000m: 11:24.32	34.94	1400m: 16:02.63	35.32	
	250m: 2:44.97 33.68	650m: 7:21.70	34.46 1050m: 11:59.04	34.72	1450m: 16:36.63	34.00	
	300m: 3:19.51 34.54	700m: 7:56.67	34.97 1100m: 12:33.68	34.64	1500m: 17:10.86	34.23	
	350m: 3:53.64 34.13	750m: 8:30.84	34.17 1150m: 13:08.10	34.42			
	400m: 4:28.64 35.00	800m: 9:05.87	35.03 1200m: 13:43.15	35.05			
14.	Pedro Crispim JORGE	06	Uniao Piedense	17:17.89	+0,73	591	
	50m: 29.80 29.80	450m: 5:03.06	34.54 850m: 9:41.65	34.38	1250m: 14:23.66	35.51	
	100m: 1:02.68 32.88	500m: 5:38.14	35.08 900m: 10:16.94	35.29	1300m: 14:58.97	35.31	
	150m: 1:36.36 33.68	550m: 6:12.75	34.61 950m: 10:52.37	35.43	1350m: 15:34.05	35.08	
	200m: 2:10.58 34.22	600m: 6:47.77	35.02 1000m: 11:27.42	35.05	1400m: 16:09.34	35.29	
	250m: 2:44.58 34.00	650m: 7:22.45	34.68 1050m: 12:02.61	35.19	1450m: 16:43.95	34.61	
	300m: 3:19.23 34.65	700m: 7:57.41	34.96 1100m: 12:38.19	35.58	1500m: 17:17.89	33.94	
	350m: 3:53.38 34.15	750m: 8:32.24	34.83 1150m: 13:12.83	34.64			
	400m: 4:28.52 35.14	800m: 9:07.27	35.03 1200m: 13:48.15	35.32			

ORGANIZAÇÃO 		PARCEIROS INSTITUCIONAIS LOCAIS 	
PATROCINADOR PRINCIPAL 		PARCEIROS INSTITUCIONAIS 	
PATROCINADOR OFICIAL 		PARCEIROS 	

Prova 2, Masc., 1500m Livres, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
15.	Francisco Couto FRAZAO	06	Uniao Coimbra	17:22.55	+0,71	583		
	50m: 30.64	30.64	450m: 5:11.90	35.26	850m: 9:51.63	34.88	1250m: 14:31.91	34.68
	100m: 1:04.69	34.05	500m: 5:47.16	35.26	900m: 10:26.52	34.89	1300m: 15:06.75	34.84
	150m: 1:39.74	35.05	550m: 6:22.32	35.16	950m: 11:01.16	34.64	1350m: 15:40.81	34.06
	200m: 2:15.49	35.75	600m: 6:57.23	34.91	1000m: 11:36.57	35.41	1400m: 16:15.44	34.63
	250m: 2:50.68	35.19	650m: 7:32.00	34.77	1050m: 12:11.64	35.07	1450m: 16:49.10	33.66
	300m: 3:26.29	35.61	700m: 8:06.89	34.89	1100m: 12:46.76	35.12	1500m: 17:22.55	33.45
	350m: 4:01.16	34.87	750m: 8:41.35	34.46	1150m: 13:21.80	35.04		
	400m: 4:36.64	35.48	800m: 9:16.75	35.40	1200m: 13:57.23	35.43		
16.	Eduardo Nuno FARIA	06	Braga	17:26.83	+0,75	576		
	50m: 30.07	30.07	450m: 5:02.42	34.43	850m: 9:40.93	35.09	1250m: 14:28.14	36.18
	100m: 1:02.97	32.90	500m: 5:37.25	34.83	900m: 10:16.54	35.61	1300m: 15:04.16	36.02
	150m: 1:36.75	33.78	550m: 6:11.67	34.42	950m: 10:51.94	35.40	1350m: 15:40.80	36.64
	200m: 2:10.38	33.63	600m: 6:46.58	34.91	1000m: 11:27.73	35.79	1400m: 16:15.91	35.11
	250m: 2:44.78	34.40	650m: 7:20.96	34.38	1050m: 12:03.68	35.95	1450m: 16:51.47	35.56
	300m: 3:19.10	34.32	700m: 7:55.77	34.81	1100m: 12:39.75	36.07	1500m: 17:26.83	35.36
	350m: 3:53.60	34.50	750m: 8:30.65	34.88	1150m: 13:15.91	36.16		
	400m: 4:27.99	34.39	800m: 9:05.84	35.19	1200m: 13:51.96	36.05		
17.	Joao Neves LUCAS	06	Columbofila Cantanhedense	17:27.63	+0,67	574		
	50m: 30.85	30.85	450m: 5:06.61	34.93	850m: 9:47.24	34.91	1250m: 14:30.80	35.57
	100m: 1:04.38	33.53	500m: 5:41.58	34.97	900m: 10:22.62	35.38	1300m: 15:06.65	35.85
	150m: 1:38.29	33.91	550m: 6:16.26	34.68	950m: 10:57.65	35.03	1400m: 16:17.94	1:11.29
	200m: 2:13.09	34.80	600m: 6:51.45	35.19	1000m: 11:33.10	35.45	1450m: 16:53.48	35.54
	250m: 2:47.44	34.35	650m: 7:26.51	35.06	1050m: 12:07.99	34.89	1500m: 17:27.63	34.15
	300m: 3:22.23	34.79	700m: 8:02.01	35.50	1100m: 12:43.61	35.62		
	350m: 3:56.78	34.55	750m: 8:37.02	35.01	1150m: 13:18.98	35.37		
	400m: 4:31.68	34.90	800m: 9:12.33	35.31	1200m: 13:55.23	36.25		
18.	Milan Santos JEVIC	06	Braga	17:28.68	+0,76	573		
	50m: 30.54	30.54	450m: 5:09.49	35.52	850m: 9:51.63	34.75	1250m: 14:35.94	34.89
	100m: 1:04.74	34.20	500m: 5:45.47	35.98	900m: 10:26.78	35.15	1300m: 15:12.17	36.23
	150m: 1:38.83	34.09	550m: 6:20.94	35.47	950m: 11:01.87	35.09	1350m: 15:47.24	35.07
	200m: 2:12.86	34.03	600m: 6:56.59	35.65	1000m: 11:38.54	36.67	1400m: 16:22.70	35.46
	250m: 2:47.47	34.61	650m: 7:31.90	35.31	1050m: 12:13.94	35.40	1450m: 16:55.59	32.89
	300m: 3:22.92	35.45	700m: 8:07.50	35.60	1100m: 12:49.29	35.35	1500m: 17:28.68	33.09
	350m: 3:58.29	35.37	750m: 8:41.75	34.25	1150m: 13:25.00	35.71		
	400m: 4:33.97	35.68	800m: 9:16.88	35.13	1200m: 14:01.05	36.05		
19.	Jose Maria TEMUDO	06	Rio Maior	17:29.20	+0,69	572		
	50m: 31.49	31.49	450m: 5:12.08	35.55	850m: 9:57.47	35.40	1250m: 14:38.44	34.96
	100m: 1:05.73	34.24	500m: 5:48.01	35.93	900m: 10:32.91	35.44	1300m: 15:13.66	35.22
	150m: 1:40.12	34.39	550m: 6:23.62	35.61	950m: 11:08.21	35.30	1400m: 16:22.30	1:08.64
	200m: 2:14.99	34.87	600m: 6:59.52	35.90	1000m: 11:43.78	35.57	1450m: 16:56.21	33.91
	250m: 2:49.98	34.99	650m: 7:35.05	35.53	1050m: 12:18.34	34.56	1500m: 17:29.20	32.99
	300m: 3:25.37	35.39	700m: 8:10.79	35.74	1100m: 12:53.46	35.12		
	350m: 4:00.98	35.61	750m: 8:46.08	35.29	1150m: 13:28.07	34.61		
	400m: 4:36.53	35.55	800m: 9:22.07	35.99	1200m: 14:03.48	35.41		

Prova 2, Masc., 1500m Livres, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
20.	Joao Neves ALMEIDA	05		Nautico Academico	17:30.70	+0,79	569
	50m: 31.19 31.19	450m: 5:10.83	35.32	850m: 9:54.39	35.25	1250m: 14:37.24	35.07
	100m: 1:05.52 34.33	500m: 5:46.34	35.51	900m: 10:30.07	35.68	1300m: 15:12.52	35.28
	150m: 1:39.86 34.34	550m: 6:21.30	34.96	950m: 11:05.39	35.32	1400m: 16:22.96	1:10.44
	200m: 2:15.07 35.21	600m: 6:57.05	35.75	1000m: 11:40.93	35.54	1450m: 16:56.96	34.00
	250m: 2:49.77 34.70	650m: 7:32.61	35.56	1050m: 12:16.12	35.19	1500m: 17:30.70	33.74
	300m: 3:25.09 35.32	700m: 8:08.19	35.58	1100m: 12:51.61	35.49		
	350m: 4:00.03 34.94	750m: 8:43.71	35.52	1150m: 13:26.61	35.00		
	400m: 4:35.51 35.48	800m: 9:19.14	35.43	1200m: 14:02.17	35.56		
21.	Tiago Almeida CORREIA	06		Natacao do Montijo	17:34.83	+0,85	563
	50m: 29.73 29.73	450m: 5:09.80	35.16	850m: 9:54.37	35.42	1250m: 14:40.21	35.94
	100m: 1:03.30 33.57	500m: 5:45.43	35.63	900m: 10:29.90	35.53	1300m: 15:16.45	36.24
	150m: 1:38.02 34.72	550m: 6:21.14	35.71	950m: 11:05.61	35.71	1400m: 16:27.34	1:10.89
	200m: 2:13.19 35.17	600m: 6:56.37	35.23	1000m: 11:41.24	35.63	1450m: 17:01.84	34.50
	250m: 2:48.43 35.24	650m: 7:32.08	35.71	1050m: 12:16.99	35.75	1500m: 17:34.83	32.99
	300m: 3:23.78 35.35	700m: 8:07.32	35.24	1100m: 12:52.65	35.66		
	350m: 3:59.25 35.47	750m: 8:43.26	35.94	1150m: 13:28.00	35.35		
	400m: 4:34.64 35.39	800m: 9:18.95	35.69	1200m: 14:04.27	36.27		
22.	Miguel Costa DURAO	06		Braga	17:37.15	+0,75	559
	50m: 30.40 30.40	400m: 4:33.53	34.77	750m: 8:42.63	36.06	1100m: 12:54.02	35.58
	100m: 1:04.26 33.86	450m: 5:08.66	35.13	800m: 9:18.24	35.61	1150m: 13:30.12	36.10
	150m: 1:39.03 34.77	500m: 5:44.11	35.45	850m: 9:54.33	36.09	1200m: 14:05.84	35.72
	200m: 2:13.95 34.92	550m: 6:19.35	35.24	900m: 10:30.22	35.89	1250m: 14:41.98	36.14
	250m: 2:48.98 35.03	600m: 6:55.09	35.74	950m: 11:06.26	36.04	1300m: 15:17.68	35.70
	300m: 3:23.98 35.00	650m: 7:30.89	35.80	1000m: 11:42.47	36.21	1400m: 16:28.61	1:10.93
	350m: 3:58.76 34.78	700m: 8:06.57	35.68	1050m: 12:18.44	35.97	1500m: 17:37.15	1:08.54
23.	Abel Renato FERREIRA	05		Alges e Agueda XXI	17:37.17	+0,67	559
	50m: 31.64 31.64	450m: 5:11.23	35.01	850m: 9:53.52	35.13	1250m: 14:40.42	35.78
	100m: 1:05.96 34.32	500m: 5:46.50	35.27	900m: 10:29.08	35.56	1300m: 15:16.61	36.19
	150m: 1:40.93 34.97	550m: 6:21.60	35.10	950m: 11:04.48	35.40	1400m: 16:28.30	1:11.69
	200m: 2:16.08 35.15	600m: 6:57.54	35.94	1000m: 11:40.53	36.05	1450m: 17:03.29	34.99
	250m: 2:50.59 34.51	650m: 7:32.48	34.94	1050m: 12:16.32	35.79	1500m: 17:37.17	33.88
	300m: 3:25.74 35.15	700m: 8:08.02	35.54	1100m: 12:52.38	36.06		
	350m: 4:00.47 34.73	750m: 8:43.02	35.00	1150m: 13:28.25	35.87		
	400m: 4:36.22 35.75	800m: 9:18.39	35.37	1200m: 14:04.64	36.39		
24.	Ruben Ferreira PAIVA	05		Sanjoanense/FEPSA	17:38.19	+0,86	557
	50m: 30.69 30.69	450m: 5:10.27	35.34	850m: 9:54.90	35.68	1250m: 14:40.72	35.42
	100m: 1:04.76 34.07	500m: 5:46.10	35.83	900m: 10:30.72	35.82	1300m: 15:16.61	35.89
	150m: 1:39.34 34.58	550m: 6:21.49	35.39	950m: 11:06.27	35.55	1350m: 15:51.81	35.20
	200m: 2:14.37 35.03	600m: 6:57.24	35.75	1000m: 11:42.13	35.86	1400m: 16:27.71	35.90
	250m: 2:49.05 34.68	650m: 7:32.62	35.38	1050m: 12:17.76	35.63	1450m: 17:03.11	35.40
	300m: 3:24.12 35.07	700m: 8:08.09	35.47	1100m: 12:53.79	36.03	1500m: 17:38.19	35.08
	350m: 3:59.42 35.30	750m: 8:43.36	35.27	1150m: 13:29.35	35.56		
	400m: 4:34.93 35.51	800m: 9:19.22	35.86	1200m: 14:05.30	35.95		
25.	Jose Miguel MARQUES	06		Condeixa Clube	17:41.77	+0,73	552
	50m: 31.33 31.33	400m: 4:32.83	35.20	750m: 8:39.89	35.49	1100m: 12:50.62	35.97
	100m: 1:05.45 34.12	450m: 5:07.99	35.16	800m: 9:15.63	35.74	1150m: 13:26.69	36.07
	150m: 1:39.67 34.22	500m: 5:43.13	35.14	850m: 9:51.50	35.87	1200m: 14:03.23	36.54
	200m: 2:14.05 34.38	550m: 6:17.96	34.83	900m: 10:27.41	35.91	1250m: 14:39.36	36.13
	250m: 2:48.31 34.26	600m: 6:53.29	35.33	950m: 11:02.98	35.57	1300m: 15:15.84	36.48
	300m: 3:23.03 34.72	650m: 7:28.58	35.29	1000m: 11:38.88	35.90	1400m: 16:29.64	1:13.80
	350m: 3:57.63 34.60	700m: 8:04.40	35.82	1050m: 12:14.65	35.77	1500m: 17:41.77	1:12.13

Prova 2, Masc., 1500m Livres, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
26.	Tomas Veiga PEREIRA	06	Nautico Academico	17:43.91	+0,84	548
	50m: 31.83 31.83	450m: 5:13.92	35.77 850m: 9:58.86	35.81	1250m: 14:45.69	35.96
	100m: 1:06.37 34.54	500m: 5:49.28	35.36 900m: 10:34.71	35.85	1300m: 15:21.49	35.80
	150m: 1:41.20 34.83	550m: 6:24.66	35.38 950m: 11:10.39	35.68	1350m: 15:57.36	35.87
	200m: 2:16.57 35.37	600m: 7:00.09	35.43 1000m: 11:46.07	35.68	1400m: 16:33.11	35.75
	250m: 2:51.74 35.17	650m: 7:35.93	35.84 1050m: 12:22.19	36.12	1500m: 17:43.91	1:10.80
	300m: 3:27.17 35.43	700m: 8:11.52	35.59 1100m: 12:58.01	35.82		
	350m: 4:02.60 35.43	750m: 8:47.20	35.68 1150m: 13:33.90	35.89		
	400m: 4:38.15 35.55	800m: 9:23.05	35.85 1200m: 14:09.73	35.83		
27.	Alexandre Ramos GONCALVES	05	Sao Joao Ver	17:45.21	+0,70	546
	50m: 30.07 30.07	450m: 5:05.10	34.95 850m: 9:51.24	35.50	1250m: 14:44.90	37.34
	100m: 1:03.09 33.02	500m: 5:40.72	35.62 900m: 10:27.90	36.66	1300m: 15:21.10	36.20
	150m: 1:36.73 33.64	550m: 6:16.23	35.51 950m: 11:04.29	36.39	1350m: 15:57.50	36.40
	200m: 2:10.97 34.24	600m: 6:52.12	35.89 1000m: 11:40.93	36.64	1400m: 16:33.80	36.30
	250m: 2:45.78 34.81	650m: 7:27.43	35.31 1050m: 12:17.75	36.82	1450m: 17:10.18	36.38
	300m: 3:20.15 34.37	700m: 8:03.13	35.70 1100m: 12:54.49	36.74	1500m: 17:45.21	35.03
	350m: 3:55.35 35.20	750m: 8:39.39	36.26 1150m: 13:30.75	36.26		
	400m: 4:30.15 34.80	800m: 9:15.74	36.35 1200m: 14:07.56	36.81		
28.	Joao Carlos BARROS	06	Fluvial Portuense	17:52.33	+0,74	535
	50m: 30.17 30.17	450m: 5:09.05	35.83 850m: 9:58.27	36.18	1250m: 14:50.65	36.52
	100m: 1:03.84 33.67	500m: 5:45.17	36.12 900m: 10:34.53	36.26	1300m: 15:27.96	37.31
	150m: 1:38.44 34.60	550m: 6:21.29	36.12 950m: 11:10.67	36.14	1350m: 16:04.48	36.52
	200m: 2:12.92 34.48	600m: 6:57.30	36.01 1000m: 11:47.19	36.52	1400m: 16:41.57	37.09
	250m: 2:47.42 34.50	650m: 7:33.56	36.26 1050m: 12:23.29	36.10	1450m: 17:17.42	35.85
	300m: 3:22.15 34.73	700m: 8:09.75	36.19 1100m: 13:00.32	37.03	1500m: 17:52.33	34.91
	350m: 3:57.63 35.48	750m: 8:45.78	36.03 1150m: 13:36.93	36.61		
	400m: 4:33.22 35.59	800m: 9:22.09	36.31 1200m: 14:14.13	37.20		
29.	Tiago Diniz LIMA	04	Estarreja/PROZINCO	17:52.88	+0,69	535
	50m: 30.41 30.41	450m: 5:11.06	35.76 850m: 9:59.52	36.38	1250m: 14:51.80	36.71
	100m: 1:04.28 33.87	500m: 5:46.87	35.81 900m: 10:35.55	36.03	1300m: 15:28.14	36.34
	150m: 1:38.10 33.82	550m: 6:22.88	36.01 950m: 11:12.17	36.62	1350m: 16:04.85	36.71
	200m: 2:13.02 34.92	600m: 6:58.65	35.77 1000m: 11:48.50	36.33	1400m: 16:41.35	36.50
	250m: 2:48.73 35.71	650m: 7:34.86	36.21 1050m: 12:25.23	36.73	1450m: 17:17.61	36.26
	300m: 3:24.13 35.40	700m: 8:10.89	36.03 1100m: 13:01.56	36.33	1500m: 17:52.88	35.27
	350m: 3:59.70 35.57	750m: 8:46.97	36.08 1150m: 13:38.54	36.98		
	400m: 4:35.30 35.60	800m: 9:23.14	36.17 1200m: 14:15.09	36.55		
30.	Manuel Costa SIMOES	06	Uniao Piedense	18:54.95	+0,71	452
	50m: 31.80 31.80	400m: 4:46.05	37.76 750m: 9:14.82	38.92	1100m: 13:46.38	38.90
	100m: 1:06.88 35.08	450m: 5:23.90	37.85 800m: 9:53.33	38.51	1150m: 14:25.65	39.27
	150m: 1:42.29 35.41	500m: 6:01.92	38.02 850m: 10:32.09	38.76	1200m: 15:04.70	39.05
	200m: 2:18.20 35.91	550m: 6:40.29	38.37 900m: 11:10.76	38.67	1300m: 16:22.77	1:18.07
	250m: 2:54.51 36.31	600m: 7:18.43	38.14 950m: 11:49.67	38.91	1350m: 17:01.07	38.30
	300m: 3:30.98 36.47	650m: 7:57.36	38.93 1000m: 12:28.48	38.81	1400m: 17:39.39	38.32
	350m: 4:08.29 37.31	700m: 8:35.90	38.54 1050m: 13:07.48	39.00	1500m: 18:54.95	1:15.56

Prova 2, Masc., 1500m Livres, Elimin

Prova 2	Masc., 1500m Livres				Absolutos
30/03/2023 - 9:40					Resultados Elimin
Rec Nac Absoluto	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Sen	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	Guilherme Filipe PINA	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	Guilherme Filipe PINA	POR	Singapore (SGP)	30/08/2015
Rec Nac Juv A	15:45.55	Gustavo Manuel SANTA	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	16:30.45	Duarte Miguel JORGE	CGA	Oeiras	21/07/2016
Rec Nac Inf A	16:43.48	Pedro Fontoura OLIVEIRA	CFB	Rio Maior	19/06/2004
Rec Nac Inf B	17:21.58	Pedro Fontoura OLIVEIRA	CFB	Restelo	27/07/2003
RN S15	18:15.76	Miguel Duarte CRUZ	CFB	Vila Franca de Xira	28/02/2020

JO : 15:00.99 / CMPL Sen: 15:04.64 / CESub23 19 - 23: 15:32.52 / CEJun_Masc 15 - 18: 15:56.90 / TAC Sen 50m: 17:18.06 - 25m: 16:45.20; Jun 50m: 17:49.20 - 25m: 17:15.36

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
1.	Jose Paulo LOPES	00	Braga	15:41.83	+0,66	790	Q
	50m: 28.14 28.14	450m: 4:39.27	31.66	850m: 8:52.77	31.38	1250m: 13:05.25	31.51
	100m: 59.39 31.25	500m: 5:11.05	31.78	900m: 9:24.28	31.51	1300m: 13:37.21	31.96
	150m: 1:30.29 30.90	550m: 5:42.80	31.75	950m: 9:55.72	31.44	1350m: 14:08.80	31.59
	200m: 2:01.61 31.32	600m: 6:14.61	31.81	1000m: 10:27.29	31.57	1400m: 14:40.34	31.54
	250m: 2:32.87 31.26	650m: 6:46.24	31.63	1050m: 10:58.61	31.32	1450m: 15:11.61	31.27
	300m: 3:04.22 31.35	700m: 7:18.05	31.81	1100m: 11:30.24	31.63	1500m: 15:41.83	30.22
	350m: 3:35.78 31.56	750m: 7:49.62	31.57	1150m: 12:01.88	31.64		
	400m: 4:07.61 31.83	800m: 8:21.39	31.77	1200m: 12:33.74	31.86		
2.	Francisco Rodriguez AMARAL	02	Porto	15:56.12	+0,73	756	Q
	50m: 28.53 28.53	450m: 4:39.48	31.66	850m: 8:53.43	31.58	1250m: 13:12.42	32.64
	100m: 59.73 31.20	500m: 5:11.31	31.83	900m: 9:25.35	31.92	1300m: 13:45.37	32.95
	150m: 1:30.70 30.97	550m: 5:42.99	31.68	950m: 9:57.28	31.93	1350m: 14:18.23	32.86
	200m: 2:01.97 31.27	600m: 6:14.84	31.85	1000m: 10:29.75	32.47	1400m: 14:51.30	33.07
	250m: 2:33.26 31.29	650m: 6:46.58	31.74	1050m: 11:01.98	32.23	1450m: 15:24.06	32.76
	300m: 3:04.65 31.39	700m: 7:18.42	31.84	1100m: 11:34.74	32.76	1500m: 15:56.12	32.06
	350m: 3:36.10 31.45	750m: 7:49.99	31.57	1150m: 12:07.14	32.40		
	400m: 4:07.82 31.72	800m: 8:21.85	31.86	1200m: 12:39.78	32.64		
3.	Diogo Santos CARDOSO	01	Sporting	16:09.65	+0,74	724	Q
	50m: 29.74 29.74	450m: 4:48.11	32.33	850m: 9:07.25	32.25	1250m: 13:27.33	32.49
	100m: 1:01.69 31.95	500m: 5:20.74	32.63	900m: 9:39.78	32.53	1300m: 13:59.66	32.33
	150m: 1:33.61 31.92	550m: 5:53.35	32.61	950m: 10:12.27	32.49	1350m: 14:32.34	32.68
	200m: 2:05.71 32.10	600m: 6:25.82	32.47	1000m: 10:44.65	32.38	1400m: 15:04.88	32.54
	250m: 2:38.12 32.41	650m: 6:58.12	32.30	1050m: 11:17.01	32.36	1450m: 15:37.43	32.55
	300m: 3:10.69 32.57	700m: 7:30.62	32.50	1100m: 11:49.55	32.54	1500m: 16:09.65	32.22
	350m: 3:43.23 32.54	750m: 8:02.86	32.24	1150m: 12:21.99	32.44		
	400m: 4:15.78 32.55	800m: 8:35.00	32.14	1200m: 12:54.84	32.85		
4.	Tomas Amor SARREIRA	05	Nautico Marinha Grande	16:33.50	+0,74	673	Q
	50m: 28.47 28.47	450m: 4:49.37	32.91	850m: 9:16.82	33.74	1250m: 13:46.30	33.64
	100m: 1:00.22 31.75	500m: 5:22.68	33.31	900m: 9:50.65	33.83	1300m: 14:20.02	33.72
	150m: 1:32.41 32.19	550m: 5:56.09	33.41	950m: 10:24.00	33.35	1350m: 14:53.70	33.68
	200m: 2:04.93 32.52	600m: 6:29.56	33.47	1000m: 10:57.55	33.55	1400m: 15:27.53	33.83
	250m: 2:37.43 32.50	650m: 7:02.71	33.15	1050m: 11:30.99	33.44	1450m: 16:01.00	33.47
	300m: 3:10.54 33.11	700m: 7:36.16	33.45	1100m: 12:04.99	34.00	1500m: 16:33.50	32.50
	350m: 3:43.44 32.90	750m: 8:09.40	33.24	1150m: 12:38.73	33.74		
	400m: 4:16.46 33.02	800m: 8:43.08	33.68	1200m: 13:12.66	33.93		

Prova 2, Masc., 1500m Livres, Elimin, Absolutos

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
5.	Bruno Silva LOUREIRO	06	Porto	16:41.87	+0,68	657	Q	
	50m: 29.72	29.72	450m: 4:56.52	33.71	850m: 9:24.15	33.49	1250m: 13:53.44	33.93
	100m: 1:02.50	32.78	500m: 5:29.71	33.19	900m: 9:57.84	33.69	1300m: 14:27.23	33.79
	150m: 1:35.76	33.26	550m: 6:03.39	33.68	950m: 10:31.29	33.45	1350m: 15:01.29	34.06
	200m: 2:09.49	33.73	600m: 6:36.83	33.44	1000m: 11:04.56	33.27	1400m: 15:35.27	33.98
	250m: 2:42.87	33.38	650m: 7:10.30	33.47	1050m: 11:38.33	33.77	1450m: 16:08.87	33.60
	300m: 3:16.48	33.61	700m: 7:43.89	33.59	1100m: 12:12.11	33.78	1500m: 16:41.87	33.00
	350m: 3:49.54	33.06	750m: 8:17.33	33.44	1150m: 12:45.95	33.84		
	400m: 4:22.81	33.27	800m: 8:50.66	33.33	1200m: 13:19.51	33.56		
6.	Goncalo Renato CARVALHO	04	Porto	16:50.52	+0,67	640	Q	
	50m: 30.21	30.21	450m: 4:55.49	33.28	850m: 9:25.18	33.83	1250m: 13:58.65	34.61
	100m: 1:03.12	32.91	500m: 5:29.34	33.85	900m: 9:58.82	33.64	1300m: 14:33.22	34.57
	150m: 1:36.22	33.10	550m: 6:02.82	33.48	950m: 10:33.14	34.32	1350m: 15:07.89	34.67
	200m: 2:09.32	33.10	600m: 6:36.78	33.96	1000m: 11:07.23	34.09	1400m: 15:42.37	34.48
	250m: 2:42.35	33.03	650m: 7:10.32	33.54	1050m: 11:41.55	34.32	1450m: 16:16.98	34.61
	300m: 3:15.43	33.08	700m: 7:43.88	33.56	1100m: 12:15.39	33.84	1500m: 16:50.52	33.54
	350m: 3:48.68	33.25	750m: 8:17.45	33.57	1150m: 12:49.68	34.29		
	400m: 4:22.21	33.53	800m: 8:51.35	33.90	1200m: 13:24.04	34.36		
7.	Gustavo Pires MARQUES	04	Uniao Coimbra	16:52.25	+0,78	637	Q	
	50m: 29.67	29.67	450m: 4:56.34	33.38	850m: 9:27.90	34.15	1250m: 14:01.10	34.01
	100m: 1:02.74	33.07	500m: 5:30.22	33.88	900m: 10:02.19	34.29	1300m: 14:35.85	34.75
	150m: 1:35.89	33.15	550m: 6:03.81	33.59	950m: 10:36.15	33.96	1350m: 15:09.98	34.13
	200m: 2:09.25	33.36	600m: 6:37.63	33.82	1000m: 11:10.44	34.29	1400m: 15:44.54	34.56
	250m: 2:42.44	33.19	650m: 7:11.32	33.69	1050m: 11:44.71	34.27	1450m: 16:18.70	34.16
	300m: 3:15.93	33.49	700m: 7:45.48	34.16	1100m: 12:18.53	33.82	1500m: 16:52.25	33.55
	350m: 3:49.23	33.30	750m: 8:19.46	33.98	1150m: 12:52.67	34.14		
	400m: 4:22.96	33.73	800m: 8:53.75	34.29	1200m: 13:27.09	34.42		
8.	Filipe Santos CARDOSO	04	Gafanha da Encarnacao	16:56.87	+0,64	628	Q	
	50m: 29.78	29.78	450m: 5:01.19	34.20	850m: 9:37.36	34.14	1250m: 14:10.85	33.52
	100m: 1:02.60	32.82	500m: 5:35.52	34.33	900m: 10:12.09	34.73	1300m: 14:44.93	34.08
	150m: 1:36.03	33.43	550m: 6:09.56	34.04	950m: 10:46.35	34.26	1350m: 15:17.93	33.00
	200m: 2:10.10	34.07	600m: 6:44.53	34.97	1000m: 11:21.13	34.78	1400m: 15:51.92	33.99
	250m: 2:43.70	33.60	650m: 7:18.95	34.42	1050m: 11:54.76	33.63	1450m: 16:24.36	32.44
	300m: 3:18.32	34.62	700m: 7:53.61	34.66	1100m: 12:29.39	34.63	1500m: 16:56.87	32.51
	350m: 3:52.41	34.09	750m: 8:28.04	34.43	1150m: 13:03.10	33.71		
	400m: 4:26.99	34.58	800m: 9:03.22	35.18	1200m: 13:37.33	34.23		
9.	Marcio Fernandes GOMES	04	Braga	17:03.34	+0,75	616	Q	
	50m: 30.58	30.58	450m: 5:00.80	33.56	850m: 9:37.38	34.46	1250m: 14:13.79	34.15
	100m: 1:04.28	33.70	500m: 5:35.20	34.40	900m: 10:12.34	34.96	1300m: 14:48.71	34.92
	150m: 1:37.70	33.42	550m: 6:09.13	33.93	950m: 10:46.86	34.52	1350m: 15:23.04	34.33
	200m: 2:11.58	33.88	600m: 6:44.18	35.05	1000m: 11:21.58	34.72	1400m: 15:57.85	34.81
	250m: 2:45.11	33.53	650m: 7:18.64	34.46	1050m: 11:55.93	34.35	1450m: 16:31.76	33.91
	300m: 3:19.40	34.29	700m: 7:53.64	35.00	1100m: 12:30.26	34.33	1500m: 17:03.34	31.58
	350m: 3:53.03	33.63	750m: 8:28.04	34.40	1150m: 13:04.89	34.63		
	400m: 4:27.24	34.21	800m: 9:02.92	34.88	1200m: 13:39.64	34.75		

Prova 2, Masc., 1500m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
10.	Joao Maria SOUSA	05		Braga	17:03.65	+0,75	616	R
	50m: 29.89	29.89	450m: 4:57.82	33.94	850m: 9:32.93	34.85	1250m: 14:10.80	34.70
	100m: 1:02.16	32.27	500m: 5:31.74	33.92	900m: 10:07.43	34.50	1300m: 14:45.70	34.90
	150m: 1:35.36	33.20	550m: 6:05.88	34.14	950m: 10:42.32	34.89	1350m: 15:20.63	34.93
	200m: 2:08.75	33.39	600m: 6:40.14	34.26	1000m: 11:16.96	34.64	1400m: 15:55.38	34.75
	250m: 2:42.41	33.66	650m: 7:14.46	34.32	1050m: 11:51.94	34.98	1450m: 16:30.21	34.83
	300m: 3:16.06	33.65	700m: 7:48.90	34.44	1100m: 12:26.50	34.56	1500m: 17:03.65	33.44
	350m: 3:49.92	33.86	750m: 8:23.50	34.60	1150m: 13:01.37	34.87		
	400m: 4:23.88	33.96	800m: 8:58.08	34.58	1200m: 13:36.10	34.73		
11.	Guilherme Maia CARDOSO	05		Columbofila Cantanhedense	17:04.91	+0,73	613	R
	50m: 30.73	30.73	450m: 5:03.11	34.18	850m: 9:38.12	34.28	1250m: 14:15.32	34.65
	100m: 1:04.59	33.86	500m: 5:37.47	34.36	900m: 10:12.71	34.59	1300m: 14:50.15	34.83
	150m: 1:38.38	33.79	550m: 6:11.46	33.99	950m: 10:47.36	34.65	1350m: 15:24.93	34.78
	200m: 2:12.48	34.10	600m: 6:46.20	34.74	1000m: 11:21.82	34.46	1400m: 15:59.47	34.54
	250m: 2:46.30	33.82	650m: 7:20.51	34.31	1050m: 11:56.69	34.87	1450m: 16:32.63	33.16
	300m: 3:20.60	34.30	700m: 7:55.20	34.69	1100m: 12:31.13	34.44	1500m: 17:04.91	32.28
	350m: 3:54.55	33.95	750m: 8:29.34	34.14	1150m: 13:05.81	34.68		
	400m: 4:28.93	34.38	800m: 9:03.84	34.50	1200m: 13:40.67	34.86		
12.	Vasco Monteiro CASTRO	06		Porto	17:10.86	+0,78	603	
	50m: 30.27	30.27	450m: 5:03.15	34.51	850m: 9:40.17	34.30	1250m: 14:17.37	34.22
	100m: 1:03.73	33.46	500m: 5:37.98	34.83	900m: 10:15.09	34.92	1300m: 14:52.85	35.48
	150m: 1:36.97	33.24	550m: 6:12.52	34.54	950m: 10:49.38	34.29	1350m: 15:27.31	34.46
	200m: 2:11.29	34.32	600m: 6:47.24	34.72	1000m: 11:24.32	34.94	1400m: 16:02.63	35.32
	250m: 2:44.97	33.68	650m: 7:21.70	34.46	1050m: 11:59.04	34.72	1450m: 16:36.63	34.00
	300m: 3:19.51	34.54	700m: 7:56.67	34.97	1100m: 12:33.68	34.64	1500m: 17:10.86	34.23
	350m: 3:53.64	34.13	750m: 8:30.84	34.17	1150m: 13:08.10	34.42		
	400m: 4:28.64	35.00	800m: 9:05.87	35.03	1200m: 13:43.15	35.05		
13.	Pedro Crispim JORGE	06		Uniao Piedense	17:17.89	+0,73	591	
	50m: 29.80	29.80	450m: 5:03.06	34.54	850m: 9:41.65	34.38	1250m: 14:23.66	35.51
	100m: 1:02.68	32.88	500m: 5:38.14	35.08	900m: 10:16.94	35.29	1300m: 14:58.97	35.31
	150m: 1:36.36	33.68	550m: 6:12.75	34.61	950m: 10:52.37	35.43	1350m: 15:34.05	35.08
	200m: 2:10.58	34.22	600m: 6:47.77	35.02	1000m: 11:27.42	35.05	1400m: 16:09.34	35.29
	250m: 2:44.58	34.00	650m: 7:22.45	34.68	1050m: 12:02.61	35.19	1450m: 16:43.95	34.61
	300m: 3:19.23	34.65	700m: 7:57.41	34.96	1100m: 12:38.19	35.58	1500m: 17:17.89	33.94
	350m: 3:53.38	34.15	750m: 8:32.24	34.83	1150m: 13:12.83	34.64		
	400m: 4:28.52	35.14	800m: 9:07.27	35.03	1200m: 13:48.15	35.32		
14.	Francisco Couto FRAZAO	06		Uniao Coimbra	17:22.55	+0,71	583	
	50m: 30.64	30.64	450m: 5:11.90	35.26	850m: 9:51.63	34.88	1250m: 14:31.91	34.68
	100m: 1:04.69	34.05	500m: 5:47.16	35.26	900m: 10:26.52	34.89	1300m: 15:06.75	34.84
	150m: 1:39.74	35.05	550m: 6:22.32	35.16	950m: 11:01.16	34.64	1350m: 15:40.81	34.06
	200m: 2:15.49	35.75	600m: 6:57.23	34.91	1000m: 11:36.57	35.41	1400m: 16:15.44	34.63
	250m: 2:50.68	35.19	650m: 7:32.00	34.77	1050m: 12:11.64	35.07	1450m: 16:49.10	33.66
	300m: 3:26.29	35.61	700m: 8:06.89	34.89	1100m: 12:46.76	35.12	1500m: 17:22.55	33.45
	350m: 4:01.16	34.87	750m: 8:41.35	34.46	1150m: 13:21.80	35.04		
	400m: 4:36.64	35.48	800m: 9:16.75	35.40	1200m: 13:57.23	35.43		

Prova 2, Masc., 1500m Livres, Elimin, Absolutos

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
15.	Eduardo Nuno FARIA	06	Braga	17:26.83	+0,75	576
	50m: 30.07 30.07	450m: 5:02.42	34.43 850m: 9:40.93	35.09	1250m: 14:28.14	36.18
	100m: 1:02.97 32.90	500m: 5:37.25	34.83 900m: 10:16.54	35.61	1300m: 15:04.16	36.02
	150m: 1:36.75 33.78	550m: 6:11.67	34.42 950m: 10:51.94	35.40	1350m: 15:40.80	36.64
	200m: 2:10.38 33.63	600m: 6:46.58	34.91 1000m: 11:27.73	35.79	1400m: 16:15.91	35.11
	250m: 2:44.78 34.40	650m: 7:20.96	34.38 1050m: 12:03.68	35.95	1450m: 16:51.47	35.56
	300m: 3:19.10 34.32	700m: 7:55.77	34.81 1100m: 12:39.75	36.07	1500m: 17:26.83	35.36
	350m: 3:53.60 34.50	750m: 8:30.65	34.88 1150m: 13:15.91	36.16		
	400m: 4:27.99 34.39	800m: 9:05.84	35.19 1200m: 13:51.96	36.05		
16.	Joao Neves LUCAS	06	Columbofila Cantanhedense	17:27.63	+0,67	574
	50m: 30.85 30.85	450m: 5:06.61	34.93 850m: 9:47.24	34.91	1250m: 14:30.80	35.57
	100m: 1:04.38 33.53	500m: 5:41.58	34.97 900m: 10:22.62	35.38	1300m: 15:06.65	35.85
	150m: 1:38.29 33.91	550m: 6:16.26	34.68 950m: 10:57.65	35.03	1400m: 16:17.94	1:11.29
	200m: 2:13.09 34.80	600m: 6:51.45	35.19 1000m: 11:33.10	35.45	1450m: 16:53.48	35.54
	250m: 2:47.44 34.35	650m: 7:26.51	35.06 1050m: 12:07.99	34.89	1500m: 17:27.63	34.15
	300m: 3:22.23 34.79	700m: 8:02.01	35.50 1100m: 12:43.61	35.62		
	350m: 3:56.78 34.55	750m: 8:37.02	35.01 1150m: 13:18.98	35.37		
	400m: 4:31.68 34.90	800m: 9:12.33	35.31 1200m: 13:55.23	36.25		
17.	Milan Santos JEVIC	06	Braga	17:28.68	+0,76	573
	50m: 30.54 30.54	450m: 5:09.49	35.52 850m: 9:51.63	34.75	1250m: 14:35.94	34.89
	100m: 1:04.74 34.20	500m: 5:45.47	35.98 900m: 10:26.78	35.15	1300m: 15:12.17	36.23
	150m: 1:38.83 34.09	550m: 6:20.94	35.47 950m: 11:01.87	35.09	1350m: 15:47.24	35.07
	200m: 2:12.86 34.03	600m: 6:56.59	35.65 1000m: 11:38.54	36.67	1400m: 16:22.70	35.46
	250m: 2:47.47 34.61	650m: 7:31.90	35.31 1050m: 12:13.94	35.40	1450m: 16:55.59	32.89
	300m: 3:22.92 35.45	700m: 8:07.50	35.60 1100m: 12:49.29	35.35	1500m: 17:28.68	33.09
	350m: 3:58.29 35.37	750m: 8:41.75	34.25 1150m: 13:25.00	35.71		
	400m: 4:33.97 35.68	800m: 9:16.88	35.13 1200m: 14:01.05	36.05		
18.	Jose Maria TEMUDO	06	Rio Maior	17:29.20	+0,69	572
	50m: 31.49 31.49	450m: 5:12.08	35.55 850m: 9:57.47	35.40	1250m: 14:38.44	34.96
	100m: 1:05.73 34.24	500m: 5:48.01	35.93 900m: 10:32.91	35.44	1300m: 15:13.66	35.22
	150m: 1:40.12 34.39	550m: 6:23.62	35.61 950m: 11:08.21	35.30	1400m: 16:22.30	1:08.64
	200m: 2:14.99 34.87	600m: 6:59.52	35.90 1000m: 11:43.78	35.57	1450m: 16:56.21	33.91
	250m: 2:49.98 34.99	650m: 7:35.05	35.53 1050m: 12:18.34	34.56	1500m: 17:29.20	32.99
	300m: 3:25.37 35.39	700m: 8:10.79	35.74 1100m: 12:53.46	35.12		
	350m: 4:00.98 35.61	750m: 8:46.08	35.29 1150m: 13:28.07	34.61		
	400m: 4:36.53 35.55	800m: 9:22.07	35.99 1200m: 14:03.48	35.41		
19.	Joao Neves ALMEIDA	05	Nautico Academico	17:30.70	+0,79	569
	50m: 31.19 31.19	450m: 5:10.83	35.32 850m: 9:54.39	35.25	1250m: 14:37.24	35.07
	100m: 1:05.52 34.33	500m: 5:46.34	35.51 900m: 10:30.07	35.68	1300m: 15:12.52	35.28
	150m: 1:39.86 34.34	550m: 6:21.30	34.96 950m: 11:05.39	35.32	1400m: 16:22.96	1:10.44
	200m: 2:15.07 35.21	600m: 6:57.05	35.75 1000m: 11:40.93	35.54	1450m: 16:56.96	34.00
	250m: 2:49.77 34.70	650m: 7:32.61	35.56 1050m: 12:16.12	35.19	1500m: 17:30.70	33.74
	300m: 3:25.09 35.32	700m: 8:08.19	35.58 1100m: 12:51.61	35.49		
	350m: 4:00.03 34.94	750m: 8:43.71	35.52 1150m: 13:26.61	35.00		
	400m: 4:35.51 35.48	800m: 9:19.14	35.43 1200m: 14:02.17	35.56		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS			
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS	
				PARCEIROS	

Prova 2, Masc., 1500m Livres, Elimin, Absolutos

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
20.	Tiago Almeida CORREIA	06	Natacao do Montijo	17:34.83	+0,85	563
	50m: 29.73 29.73	450m: 5:09.80	35.16 850m: 9:54.37	35.42	1250m: 14:40.21	35.94
	100m: 1:03.30 33.57	500m: 5:45.43	35.63 900m: 10:29.90	35.53	1300m: 15:16.45	36.24
	150m: 1:38.02 34.72	550m: 6:21.14	35.71 950m: 11:05.61	35.71	1400m: 16:27.34	1:10.89
	200m: 2:13.19 35.17	600m: 6:56.37	35.23 1000m: 11:41.24	35.63	1450m: 17:01.84	34.50
	250m: 2:48.43 35.24	650m: 7:32.08	35.71 1050m: 12:16.99	35.75	1500m: 17:34.83	32.99
	300m: 3:23.78 35.35	700m: 8:07.32	35.24 1100m: 12:52.65	35.66		
	350m: 3:59.25 35.47	750m: 8:43.26	35.94 1150m: 13:28.00	35.35		
	400m: 4:34.64 35.39	800m: 9:18.95	35.69 1200m: 14:04.27	36.27		
21.	Miguel Costa DURAO	06	Braga	17:37.15	+0,75	559
	50m: 30.40 30.40	400m: 4:33.53	34.77 750m: 8:42.63	36.06	1100m: 12:54.02	35.58
	100m: 1:04.26 33.86	450m: 5:08.66	35.13 800m: 9:18.24	35.61	1150m: 13:30.12	36.10
	150m: 1:39.03 34.77	500m: 5:44.11	35.45 850m: 9:54.33	36.09	1200m: 14:05.84	35.72
	200m: 2:13.95 34.92	550m: 6:19.35	35.24 900m: 10:30.22	35.89	1250m: 14:41.98	36.14
	250m: 2:48.98 35.03	600m: 6:55.09	35.74 950m: 11:06.26	36.04	1300m: 15:17.68	35.70
	300m: 3:23.98 35.00	650m: 7:30.89	35.80 1000m: 11:42.47	36.21	1400m: 16:28.61	1:10.93
	350m: 3:58.76 34.78	700m: 8:06.57	35.68 1050m: 12:18.44	35.97	1500m: 17:37.15	1:08.54
22.	Abel Renato FERREIRA	05	Alges e Agueda XXI	17:37.17	+0,67	559
	50m: 31.64 31.64	450m: 5:11.23	35.01 850m: 9:53.52	35.13	1250m: 14:40.42	35.78
	100m: 1:05.96 34.32	500m: 5:46.50	35.27 900m: 10:29.08	35.56	1300m: 15:16.61	36.19
	150m: 1:40.93 34.97	550m: 6:21.60	35.10 950m: 11:04.48	35.40	1400m: 16:28.30	1:11.69
	200m: 2:16.08 35.15	600m: 6:57.54	35.94 1000m: 11:40.53	36.05	1450m: 17:03.29	34.99
	250m: 2:50.59 34.51	650m: 7:32.48	34.94 1050m: 12:16.32	35.79	1500m: 17:37.17	33.88
	300m: 3:25.74 35.15	700m: 8:08.02	35.54 1100m: 12:52.38	36.06		
	350m: 4:00.47 34.73	750m: 8:43.02	35.00 1150m: 13:28.25	35.87		
	400m: 4:36.22 35.75	800m: 9:18.39	35.37 1200m: 14:04.64	36.39		
23.	Ruben Ferreira PAIVA	05	Sanjoanense/FEPSA	17:38.19	+0,86	557
	50m: 30.69 30.69	450m: 5:10.27	35.34 850m: 9:54.90	35.68	1250m: 14:40.72	35.42
	100m: 1:04.76 34.07	500m: 5:46.10	35.83 900m: 10:30.72	35.82	1300m: 15:16.61	35.89
	150m: 1:39.34 34.58	550m: 6:21.49	35.39 950m: 11:06.27	35.55	1350m: 15:51.81	35.20
	200m: 2:14.37 35.03	600m: 6:57.24	35.75 1000m: 11:42.13	35.86	1400m: 16:27.71	35.90
	250m: 2:49.05 34.68	650m: 7:32.62	35.38 1050m: 12:17.76	35.63	1450m: 17:03.11	35.40
	300m: 3:24.12 35.07	700m: 8:08.09	35.47 1100m: 12:53.79	36.03	1500m: 17:38.19	35.08
	350m: 3:59.42 35.30	750m: 8:43.36	35.27 1150m: 13:29.35	35.56		
	400m: 4:34.93 35.51	800m: 9:19.22	35.86 1200m: 14:05.30	35.95		
24.	Jose Miguel MARQUES	06	Condeixa Clube	17:41.77	+0,73	552
	50m: 31.33 31.33	400m: 4:32.83	35.20 750m: 8:39.89	35.49	1100m: 12:50.62	35.97
	100m: 1:05.45 34.12	450m: 5:07.99	35.16 800m: 9:15.63	35.74	1150m: 13:26.69	36.07
	150m: 1:39.67 34.22	500m: 5:43.13	35.14 850m: 9:51.50	35.87	1200m: 14:03.23	36.54
	200m: 2:14.05 34.38	550m: 6:17.96	34.83 900m: 10:27.41	35.91	1250m: 14:39.36	36.13
	250m: 2:48.31 34.26	600m: 6:53.29	35.33 950m: 11:02.98	35.57	1300m: 15:15.84	36.48
	300m: 3:23.03 34.72	650m: 7:28.58	35.29 1000m: 11:38.88	35.90	1400m: 16:29.64	1:13.80
	350m: 3:57.63 34.60	700m: 8:04.40	35.82 1050m: 12:14.65	35.77	1500m: 17:41.77	1:12.13
25.	Tomas Veiga PEREIRA	06	Nautico Academico	17:43.91	+0,84	548
	50m: 31.83 31.83	450m: 5:13.92	35.77 850m: 9:58.86	35.81	1250m: 14:45.69	35.96
	100m: 1:06.37 34.54	500m: 5:49.28	35.36 900m: 10:34.71	35.85	1300m: 15:21.49	35.80
	150m: 1:41.20 34.83	550m: 6:24.66	35.38 950m: 11:10.39	35.68	1350m: 15:57.36	35.87
	200m: 2:16.57 35.37	600m: 7:00.09	35.43 1000m: 11:46.07	35.68	1400m: 16:33.11	35.75
	250m: 2:51.74 35.17	650m: 7:35.93	35.84 1050m: 12:22.19	36.12	1500m: 17:43.91	1:10.80
	300m: 3:27.17 35.43	700m: 8:11.52	35.59 1100m: 12:58.01	35.82		
	350m: 4:02.60 35.43	750m: 8:47.20	35.68 1150m: 13:33.90	35.89		
	400m: 4:38.15 35.55	800m: 9:23.05	35.85 1200m: 14:09.73	35.83		

Prova 2, Masc., 1500m Livres, Elimin, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA		
26.	Alexandre Ramos GONCALVES	05	Sao Joao Ver	17:45.21	+0,70	546		
	50m: 30.07	30.07	450m: 5:05.10	34.95	850m: 9:51.24	35.50	1250m: 14:44.90	37.34
	100m: 1:03.09	33.02	500m: 5:40.72	35.62	900m: 10:27.90	36.66	1300m: 15:21.10	36.20
	150m: 1:36.73	33.64	550m: 6:16.23	35.51	950m: 11:04.29	36.39	1350m: 15:57.50	36.40
	200m: 2:10.97	34.24	600m: 6:52.12	35.89	1000m: 11:40.93	36.64	1400m: 16:33.80	36.30
	250m: 2:45.78	34.81	650m: 7:27.43	35.31	1050m: 12:17.75	36.82	1450m: 17:10.18	36.38
	300m: 3:20.15	34.37	700m: 8:03.13	35.70	1100m: 12:54.49	36.74	1500m: 17:45.21	35.03
	350m: 3:55.35	35.20	750m: 8:39.39	36.26	1150m: 13:30.75	36.26		
	400m: 4:30.15	34.80	800m: 9:15.74	36.35	1200m: 14:07.56	36.81		
27.	Joao Carlos BARROS	06	Fluvial Portuense	17:52.33	+0,74	535		
	50m: 30.17	30.17	450m: 5:09.05	35.83	850m: 9:58.27	36.18	1250m: 14:50.65	36.52
	100m: 1:03.84	33.67	500m: 5:45.17	36.12	900m: 10:34.53	36.26	1300m: 15:27.96	37.31
	150m: 1:38.44	34.60	550m: 6:21.29	36.12	950m: 11:10.67	36.14	1350m: 16:04.48	36.52
	200m: 2:12.92	34.48	600m: 6:57.30	36.01	1000m: 11:47.19	36.52	1400m: 16:41.57	37.09
	250m: 2:47.42	34.50	650m: 7:33.56	36.26	1050m: 12:23.29	36.10	1450m: 17:17.42	35.85
	300m: 3:22.15	34.73	700m: 8:09.75	36.19	1100m: 13:00.32	37.03	1500m: 17:52.33	34.91
	350m: 3:57.63	35.48	750m: 8:45.78	36.03	1150m: 13:36.93	36.61		
	400m: 4:33.22	35.59	800m: 9:22.09	36.31	1200m: 14:14.13	37.20		
28.	Tiago Diniz LIMA	04	Estarreja/PROZINCO	17:52.88	+0,69	535		
	50m: 30.41	30.41	450m: 5:11.06	35.76	850m: 9:59.52	36.38	1250m: 14:51.80	36.71
	100m: 1:04.28	33.87	500m: 5:46.87	35.81	900m: 10:35.55	36.03	1300m: 15:28.14	36.34
	150m: 1:38.10	33.82	550m: 6:22.88	36.01	950m: 11:12.17	36.62	1350m: 16:04.85	36.71
	200m: 2:13.02	34.92	600m: 6:58.65	35.77	1000m: 11:48.50	36.33	1400m: 16:41.35	36.50
	250m: 2:48.73	35.71	650m: 7:34.86	36.21	1050m: 12:25.23	36.73	1450m: 17:17.61	36.26
	300m: 3:24.13	35.40	700m: 8:10.89	36.03	1100m: 13:01.56	36.33	1500m: 17:52.88	35.27
	350m: 3:59.70	35.57	750m: 8:46.97	36.08	1150m: 13:38.54	36.98		
	400m: 4:35.30	35.60	800m: 9:23.14	36.17	1200m: 14:15.09	36.55		
29.	Manuel Costa SIMOES	06	Uniao Piedense	18:54.95	+0,71	452		
	50m: 31.80	31.80	400m: 4:46.05	37.76	750m: 9:14.82	38.92	1100m: 13:46.38	38.90
	100m: 1:06.88	35.08	450m: 5:23.90	37.85	800m: 9:53.33	38.51	1150m: 14:25.65	39.27
	150m: 1:42.29	35.41	500m: 6:01.92	38.02	850m: 10:32.09	38.76	1200m: 15:04.70	39.05
	200m: 2:18.20	35.91	550m: 6:40.29	38.37	900m: 11:10.76	38.67	1300m: 16:22.77	1:18.07
	250m: 2:54.51	36.31	600m: 7:18.43	38.14	950m: 11:49.67	38.91	1350m: 17:01.07	38.30
	300m: 3:30.98	36.47	650m: 7:57.36	38.93	1000m: 12:28.48	38.81	1400m: 17:39.39	38.32
	350m: 4:08.29	37.31	700m: 8:35.90	38.54	1050m: 13:07.48	39.00	1500m: 18:54.95	1:15.56

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	