



## Prova 1, Femin., 1500m Livres, Final, Open

| Lugar | Nome                            | Ano           | Cod   | Clube                        | Tempo Final     | TReac           | Pts FINA   |
|-------|---------------------------------|---------------|-------|------------------------------|-----------------|-----------------|------------|
| 6.    | <b>Maria Ornelas ARMAS</b>      | 98            |       | <b>Vikings</b>               | <b>17:53.66</b> | <b>+0,86</b>    | <b>630</b> |
|       | 50m: 31.59 31.59                | 450m: 5:12.93 | 35.91 | 850m: 10:01.04               | 35.69           | 1250m: 14:52.03 | 36.64      |
|       | 100m: 1:05.51 33.92             | 500m: 5:48.84 | 35.91 | 900m: 10:37.07               | 36.03           | 1300m: 15:28.78 | 36.75      |
|       | 150m: 1:39.88 34.37             | 550m: 6:24.68 | 35.84 | 950m: 11:13.15               | 36.08           | 1350m: 16:05.30 | 36.52      |
|       | 200m: 2:14.71 34.83             | 600m: 7:00.73 | 36.05 | 1000m: 11:49.53              | 36.38           | 1400m: 16:41.90 | 36.60      |
|       | 250m: 2:49.73 35.02             | 650m: 7:36.53 | 35.80 | 1050m: 12:25.40              | 35.87           | 1450m: 17:18.06 | 36.16      |
|       | 300m: 3:25.47 35.74             | 700m: 8:13.17 | 36.64 | 1100m: 13:02.17              | 36.77           | 1500m: 17:53.66 | 35.60      |
|       | 350m: 4:00.97 35.50             | 750m: 8:49.21 | 36.04 | 1150m: 13:38.53              | 36.36           |                 |            |
|       | 400m: 4:37.02 36.05             | 800m: 9:25.35 | 36.14 | 1200m: 14:15.39              | 36.86           |                 |            |
| 7.    | <b>Carolina Esteves PEIXOTO</b> | 06            |       | <b>Braga</b>                 | <b>18:12.09</b> | <b>+0,82</b>    | <b>598</b> |
|       | 50m: 32.64 32.64                | 450m: 5:21.69 | 36.53 | 850m: 10:16.31               | 36.30           | 1250m: 15:11.80 | 36.84      |
|       | 100m: 1:07.42 34.78             | 500m: 5:58.74 | 37.05 | 900m: 10:52.89               | 36.58           | 1300m: 15:48.34 | 36.54      |
|       | 150m: 1:42.99 35.57             | 550m: 6:35.50 | 36.76 | 950m: 11:29.30               | 36.41           | 1350m: 16:24.26 | 35.92      |
|       | 200m: 2:19.14 36.15             | 600m: 7:12.18 | 36.68 | 1000m: 12:05.96              | 36.66           | 1400m: 17:00.59 | 36.33      |
|       | 250m: 2:55.41 36.27             | 650m: 7:49.04 | 36.86 | 1050m: 12:42.91              | 36.95           | 1450m: 17:36.37 | 35.78      |
|       | 300m: 3:32.01 36.60             | 700m: 8:26.23 | 37.19 | 1100m: 13:20.23              | 37.32           | 1500m: 18:12.09 | 35.72      |
|       | 350m: 4:08.44 36.43             | 750m: 9:03.40 | 37.17 | 1150m: 13:57.72              | 37.49           |                 |            |
|       | 400m: 4:45.16 36.72             | 800m: 9:40.01 | 36.61 | 1200m: 14:34.96              | 37.24           |                 |            |
| 8.    | <b>Marta Lima PIMENTEL</b>      | 04            |       | <b>Porto</b>                 | <b>18:15.14</b> | <b>+0,76</b>    | <b>593</b> |
|       | 50m: 32.93 32.93                | 450m: 5:22.76 | 36.40 | 850m: 10:16.81               | 36.52           | 1250m: 15:11.72 | 36.82      |
|       | 100m: 1:08.26 35.33             | 500m: 5:59.40 | 36.64 | 900m: 10:53.48               | 36.67           | 1300m: 15:48.97 | 37.25      |
|       | 150m: 1:44.05 35.79             | 550m: 6:36.11 | 36.71 | 950m: 11:30.10               | 36.62           | 1350m: 16:25.89 | 36.92      |
|       | 200m: 2:20.45 36.40             | 600m: 7:12.90 | 36.79 | 1000m: 12:07.12              | 37.02           | 1400m: 17:02.79 | 36.90      |
|       | 250m: 2:56.89 36.44             | 650m: 7:49.57 | 36.67 | 1050m: 12:43.72              | 36.60           | 1450m: 17:39.20 | 36.41      |
|       | 300m: 3:33.37 36.48             | 700m: 8:26.68 | 37.11 | 1100m: 13:21.02              | 37.30           | 1500m: 18:15.14 | 35.94      |
|       | 350m: 4:09.58 36.21             | 750m: 9:03.18 | 36.50 | 1150m: 13:57.74              | 36.72           |                 |            |
|       | 400m: 4:46.36 36.78             | 800m: 9:40.29 | 37.11 | 1200m: 14:34.90              | 37.16           |                 |            |
| 9.    | <b>Leonor Verissimo FARIA</b>   | 06            |       | <b>Nucleo de Pombal</b>      | <b>18:18.37</b> | <b>+0,68</b>    | <b>588</b> |
|       | 50m: 33.36 33.36                | 450m: 5:25.69 | 36.43 | 850m: 10:19.87               | 36.41           | 1250m: 15:15.46 | 36.80      |
|       | 100m: 1:09.45 36.09             | 500m: 6:02.82 | 37.13 | 900m: 10:56.78               | 36.91           | 1300m: 15:52.98 | 37.52      |
|       | 150m: 1:45.71 36.26             | 550m: 6:39.60 | 36.78 | 950m: 11:33.45               | 36.67           | 1350m: 16:29.78 | 36.80      |
|       | 200m: 2:22.91 37.20             | 600m: 7:16.61 | 37.01 | 1000m: 12:10.62              | 37.17           | 1400m: 17:06.90 | 37.12      |
|       | 250m: 2:59.34 36.43             | 650m: 7:53.55 | 36.94 | 1050m: 12:47.27              | 36.65           | 1450m: 17:43.44 | 36.54      |
|       | 300m: 3:36.06 36.72             | 700m: 8:30.49 | 36.94 | 1100m: 13:24.32              | 37.05           | 1500m: 18:18.37 | 34.93      |
|       | 350m: 4:12.38 36.32             | 750m: 9:06.90 | 36.41 | 1150m: 14:01.26              | 36.94           |                 |            |
|       | 400m: 4:49.26 36.88             | 800m: 9:43.46 | 36.56 | 1200m: 14:38.66              | 37.40           |                 |            |
| 10.   | <b>Joana Barbas RAMOS</b>       | 06            |       | <b>Gafanha da Encarnacao</b> | <b>18:28.91</b> | <b>+0,77</b>    | <b>571</b> |
|       | 50m: 33.16 33.16                | 450m: 5:25.43 | 36.83 | 850m: 10:21.82               | 36.88           | 1250m: 15:22.10 | 37.78      |
|       | 100m: 1:09.01 35.85             | 500m: 6:02.47 | 37.04 | 900m: 10:59.18               | 37.36           | 1300m: 15:59.99 | 37.89      |
|       | 150m: 1:45.27 36.26             | 550m: 6:39.49 | 37.02 | 950m: 11:36.55               | 37.37           | 1350m: 16:37.50 | 37.51      |
|       | 200m: 2:21.93 36.66             | 600m: 7:16.65 | 37.16 | 1000m: 12:14.12              | 37.57           | 1400m: 17:15.12 | 37.62      |
|       | 250m: 2:58.67 36.74             | 650m: 7:53.68 | 37.03 | 1050m: 12:51.44              | 37.32           | 1450m: 17:52.28 | 37.16      |
|       | 300m: 3:35.26 36.59             | 700m: 8:30.79 | 37.11 | 1100m: 13:29.16              | 37.72           | 1500m: 18:28.91 | 36.63      |
|       | 350m: 4:11.93 36.67             | 750m: 9:07.82 | 37.03 | 1150m: 14:06.55              | 37.39           |                 |            |
|       | 400m: 4:48.60 36.67             | 800m: 9:44.94 | 37.12 | 1200m: 14:44.32              | 37.77           |                 |            |