

Event 19
31/03/2023 - 11:35

Men, 400m Medley

Open
Results Prelim

Rec Nac Open	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun18	4:21.42	Jose Paulo LOPES	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun17	4:25.23	Joao Alexandre VITAL	POR	Singapore (SGP)	29/08/2015

TAC Sen 50m: 4:49.87 - 25m: 4:40.54; Jun 50m: 4:58.57 - 25m: 4:48.96

Points: FINA 2023

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA	
1.	Jose Paulo LOPES	00		Braga	4:34.80	+0,66	698	A
	50m: 28.16 28.16	150m: 1:36.09	35.43	250m: 2:49.81	38.50	350m: 4:02.49	33.66	
	100m: 1:00.66 32.50	200m: 2:11.31	35.22	300m: 3:28.83	39.02	400m: 4:34.80	32.31	
2.	Lucas Pereira BASTOS	00		Nautico Academico	4:37.44	+0,72	678	A
	50m: 28.70 28.70	150m: 1:36.56	34.89	250m: 2:52.10	40.39	350m: 4:06.30	32.70	
	100m: 1:01.67 32.97	200m: 2:11.71	35.15	300m: 3:33.60	41.50	400m: 4:37.44	31.14	
3.	Afonso Carvalho SILVA	05		Famalicao	4:37.94	+0,67	675	A
	50m: 28.83 28.83	150m: 1:38.53	36.17	250m: 2:52.48	38.64	350m: 4:04.36	32.66	
	100m: 1:02.36 33.53	200m: 2:13.84	35.31	300m: 3:31.70	39.22	400m: 4:37.94	33.58	
4.	Yury FOMIN	06		Louletano / Loule Concelho	4:40.27	+0,66	658	A
	50m: 29.14 29.14	150m: 1:39.54	36.94	250m: 2:56.00	41.13	350m: 4:09.32	32.57	
	100m: 1:02.60 33.46	200m: 2:14.87	35.33	300m: 3:36.75	40.75	400m: 4:40.27	30.95	
5.	Diogo Santos CARDOSO	01		Sporting	4:40.93	+0,73	653	A
	50m: 29.48 29.48	150m: 1:41.52	39.15	250m: 2:59.46	40.46	350m: 4:11.02	31.73	
	100m: 1:02.37 32.89	200m: 2:19.00	37.48	300m: 3:39.29	39.83	400m: 4:40.93	29.91	
6.	Porfirio Braga NUNES	00		Porto	4:41.20	+0,73	652	A
	50m: 27.93 27.93	150m: 1:36.85	36.48	250m: 2:53.38	40.54	350m: 4:08.50	33.00	
	100m: 1:00.37 32.44	200m: 2:12.84	35.99	300m: 3:35.50	42.12	400m: 4:41.20	32.70	
7.	Vasco Alves MORGADO	05		Alges	4:42.62	+0,59	642	A
	50m: 28.01 28.01	150m: 1:37.96	37.21	250m: 2:55.99	40.48	350m: 4:10.59	32.38	
	100m: 1:00.75 32.74	200m: 2:15.51	37.55	300m: 3:38.21	42.22	400m: 4:42.62	32.03	
8.	Tiago Roberto CORDEIRO	00		Benfica	4:45.14	+0,70	625	A
	50m: 28.20 28.20	150m: 1:38.03	37.43	250m: 2:55.41	40.27	350m: 4:10.84	33.77	
	100m: 1:00.60 32.40	200m: 2:15.14	37.11	300m: 3:37.07	41.66	400m: 4:45.14	34.30	
9.	Luis Galvao GOUVEIA	05		Desportivo Nacional	4:46.64	+0,73	615	A
	50m: 28.04 28.04	150m: 1:38.87	38.09	250m: 2:58.23	42.22	350m: 4:14.25	33.83	
	100m: 1:00.78 32.74	200m: 2:16.01	37.14	300m: 3:40.42	42.19	400m: 4:46.64	32.39	
10.	Bernardo Jorge SIMOES	04		Belenenses	4:47.17	+0,68	612	A
	50m: 28.04 28.04	150m: 1:38.36	37.81	250m: 2:58.64	42.30	350m: 4:14.91	32.42	
	100m: 1:00.55 32.51	200m: 2:16.34	37.98	300m: 3:42.49	43.85	400m: 4:47.17	32.26	
11.	Mark ZHUKOV	06		Braga	4:47.20	+0,71	612	B
	50m: 29.37 29.37	150m: 1:41.65	38.08	250m: 2:59.18	40.30	350m: 4:13.97	33.88	
	100m: 1:03.57 34.20	200m: 2:18.88	37.23	300m: 3:40.09	40.91	400m: 4:47.20	33.23	
12.	Kaio Araujo FAFTINE	06		Sporting	4:47.28	+0,63	611	B
	50m: 29.53 29.53	150m: 1:41.50	37.85	250m: 3:01.21	42.05	350m: 4:15.81	33.39	
	100m: 1:03.65 34.12	200m: 2:19.16	37.66	300m: 3:42.42	41.21	400m: 4:47.28	31.47	
13.	Nicolas Filip MONTFORT	05		Alges	4:49.19	+0,62	599	B
	50m: 28.58 28.58	150m: 1:41.51	38.65	250m: 3:02.23	43.02	350m: 4:17.18	32.70	
	100m: 1:02.86 34.28	200m: 2:19.21	37.70	300m: 3:44.48	42.25	400m: 4:49.19	32.01	

Event 19, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA	
14.	Bernardo Victorino ALMEIDA	04		Sporting	4:51.18	+0,64	587	B
	50m: 27.45 27.45	150m: 1:38.86	38.99	250m: 2:58.70	41.38	350m: 4:17.23	34.62	
	100m: 59.87 32.42	200m: 2:17.32	38.46	300m: 3:42.61	43.91	400m: 4:51.18	33.95	
15.	Goncalo Duarte CARVALHO	05		Benfica	4:53.21	+0,71	575	B
	50m: 29.36 29.36	150m: 1:42.23	38.50	250m: 3:01.15	40.79	350m: 4:18.59	35.38	
	100m: 1:03.73 34.37	200m: 2:20.36	38.13	300m: 3:43.21	42.06	400m: 4:53.21	34.62	
16.	Miguel Salomao TRISTAO	04		Academica de Coimbra	4:53.33	+0,73	574	B
	50m: 29.27 29.27	150m: 1:40.58	36.48	250m: 3:00.32	42.91	350m: 4:18.39	35.05	
	100m: 1:04.10 34.83	200m: 2:17.41	36.83	300m: 3:43.34	43.02	400m: 4:53.33	34.94	
17.	Ruben Ferreira PAIVA	05		Sanjoanense/FEPSA	4:54.24	+0,79	569	B
	50m: 30.01 30.01	150m: 1:43.83	39.48	250m: 3:03.37	40.87	350m: 4:20.48	34.54	
	100m: 1:04.35 34.34	200m: 2:22.50	38.67	300m: 3:45.94	42.57	400m: 4:54.24	33.76	
18.	David Ferreira RELVAS	03		Nautico Marinha Grande	4:54.35	+0,78	568	B
	50m: 29.03 29.03	150m: 1:40.37	38.02	250m: 3:02.86	44.21	350m: 4:21.92	33.48	
	100m: 1:02.35 33.32	200m: 2:18.65	38.28	300m: 3:48.44	45.58	400m: 4:54.35	32.43	
19.	Dinis Miranda DIOGO	04		Nautico Academico	4:54.57	+0,68	567	B
	50m: 29.66 29.66	150m: 1:41.98	37.97	250m: 3:02.05	42.16	350m: 4:20.95	35.04	
	100m: 1:04.01 34.35	200m: 2:19.89	37.91	300m: 3:45.91	43.86	400m: 4:54.57	33.62	
20.	Rodrigo Reis RODRIGUES	04		Sao Roque	4:54.61	+0,63	566	B
	50m: 29.14 29.14	150m: 1:42.39	39.41	250m: 3:03.71	42.12	350m: 4:20.18	33.52	
	100m: 1:02.98 33.84	200m: 2:21.59	39.20	300m: 3:46.66	42.95	400m: 4:54.61	34.43	
21.	Miguel Alves FERNANDES	05		Viana Natacao	4:57.52	+0,81	550	R
	50m: 29.43 29.43	150m: 1:42.48	37.50	250m: 3:03.03	43.78	350m: 4:23.65	35.09	
	100m: 1:04.98 35.55	200m: 2:19.25	36.77	300m: 3:48.56	45.53	400m: 4:57.52	33.87	
22.	Joao Guilherme ARAUJO	03		Natacao da Maia	4:58.35	+0,74	545	R
	50m: 28.98 28.98	150m: 1:42.07	39.42	250m: 3:01.88	41.97	350m: 4:21.92	36.24	
	100m: 1:02.65 33.67	200m: 2:19.91	37.84	300m: 3:45.68	43.80	400m: 4:58.35	36.43	
23.	Tiago Almeida CORREIA	06		Natacao do Montijo	4:59.68	+0,76	538	
	50m: 30.28 30.28	150m: 1:46.74	40.75	250m: 3:08.67	43.90	350m: 4:27.37	34.15	
	100m: 1:05.99 35.71	200m: 2:24.77	38.03	300m: 3:53.22	44.55	400m: 4:59.68	32.31	
24.	Jose Luis GONCALVES	05		Fafe	5:00.09	+0,78	536	
	50m: 28.86 28.86	150m: 1:43.91	40.42	250m: 3:05.46	42.34	350m: 4:25.72	36.25	
	100m: 1:03.49 34.63	200m: 2:23.12	39.21	300m: 3:49.47	44.01	400m: 5:00.09	34.37	
25.	Duarte Jose FERNANDES	06		Louzan Natacao/EFAPEL	5:00.78	+0,66	532	
	50m: 29.27 29.27	150m: 1:46.87	42.06	250m: 3:07.95	40.35	350m: 4:26.07	35.75	
	100m: 1:04.81 35.54	200m: 2:27.60	40.73	300m: 3:50.32	42.37	400m: 5:00.78	34.71	
26.	Gustavo Gomes RAMOS	06		Porto	5:03.76	+0,76	517	
	50m: 30.29 30.29	150m: 1:45.83	40.31	250m: 3:10.13	45.40	350m: 4:30.09	33.88	
	100m: 1:05.52 35.23	200m: 2:24.73	38.90	300m: 3:56.21	46.08	400m: 5:03.76	33.67	
27.	Francisco Campos LOURENCO	06		Natacao de Valongo	5:05.39	+0,74	509	
	50m: 29.13 29.13	150m: 1:43.47	39.50	250m: 3:07.23	43.70	350m: 4:28.52	36.72	
	100m: 1:03.97 34.84	200m: 2:23.53	40.06	300m: 3:51.80	44.57	400m: 5:05.39	36.87	
28.	Joao Carlos BARROS	06		Fluvial Portuense	5:06.78	+0,73	502	
	50m: 29.68 29.68	150m: 1:46.57	41.64	250m: 3:10.91	44.23	350m: 4:32.48	35.77	
	100m: 1:04.93 35.25	200m: 2:26.68	40.11	300m: 3:56.71	45.80	400m: 5:06.78	34.30	

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	

Event 19, Men, 400m Medley, Prelim, Open

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
29.	Rui Miguel SANTOS	06		Famalicao	5:12.35	+0,88	475
	50m: 30.30 30.30	150m: 1:52.01	41.85	250m: 3:17.90	45.50	350m: 4:38.74	35.26
	100m: 1:10.16 39.86	200m: 2:32.40	40.39	300m: 4:03.48	45.58	400m: 5:12.35	33.61
DSQ	Filipe Santos CARDOSO	04		Gafanha da Encarnacao		+0,60	
	7.24 - O(A) nadador(a), na chegada, tocou na parede com toque não simultâneo - SW 7.6, 300 metros						
DSQ	Daniel Nogueira CATALAO	00		Sporting		+0,58	
	9.4 - O(A) nadador(a) não executou a viragem dos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4						
DSQ	Andre Correia ALVES	06		Uniao Piedense		+0,68	
	9.4 - O(A) nadador(a) não executou a viragem dos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4						

Event 19

Boys, 400m Medley

Juvenis

31/03/2023 - 11:35

Results Prelim

Rec	Nac	Open	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec	Nac	Juv A	4:32.66	Joao Alexandre VITAL	ADRCIMM	Coimbra	01/06/2014
Rec	Nac	Juv B	4:37.06	Joao Alexandre VITAL	POR	Utrecht (NED)	16/07/2013

TAC 50m: 5:13.06 - 25m: 5:02.98

Points: FINA 2023

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
1.	Renato Gouveia TEIXEIRA	07		Foca Quinta da Lixa CNF	4:48.82	+0,71	601 Q
	50m: 30.38 30.38	150m: 1:42.55	37.28	250m: 3:01.04	41.29	350m: 4:15.87	32.33
	100m: 1:05.27 34.89	200m: 2:19.75	37.20	300m: 3:43.54	42.50	400m: 4:48.82	32.95
2.	Leonardo Conceicao REIS	07		Sporting	4:58.69	+0,63	544 Q
	50m: 29.32 29.32	150m: 1:41.87	39.10	250m: 3:02.50	42.68	350m: 4:23.43	36.89
	100m: 1:02.77 33.45	200m: 2:19.82	37.95	300m: 3:46.54	44.04	400m: 4:58.69	35.26
3.	Guilherme Costa SOARES	08		Vilacondense	4:59.54	+0,76	539 Q
	50m: 31.27 31.27	150m: 1:46.41	37.94	250m: 3:08.56	45.10	350m: 4:27.32	33.46
	100m: 1:08.47 37.20	200m: 2:23.46	37.05	300m: 3:53.86	45.30	400m: 4:59.54	32.22
4.	Filipe Manso LARANJO	07		Desportiva de Viana	5:00.25	+0,78	535 Q
	50m: 30.98 30.98	150m: 1:46.79	39.06	250m: 3:08.63	44.11	350m: 4:28.07	33.48
	100m: 1:07.73 36.75	200m: 2:24.52	37.73	300m: 3:54.59	45.96	400m: 5:00.25	32.18
5.	Francisco Marques SIMOES	07		Nautico de Leiria	5:00.39	+0,72	534 Q
	50m: 30.15 30.15	150m: 1:45.99	39.04	250m: 3:07.79	44.29	350m: 4:27.16	35.87
	100m: 1:06.95 36.80	200m: 2:23.50	37.51	300m: 3:51.29	43.50	400m: 5:00.39	33.23
6.	Joao Francisco ALMEIDA	07		Naval do Funchal	5:01.29	+0,63	530 Q
	50m: 30.77 30.77	150m: 1:46.18	39.62	250m: 3:09.99	43.65	350m: 4:27.66	33.82
	100m: 1:06.56 35.79	200m: 2:26.34	40.16	300m: 3:53.84	43.85	400m: 5:01.29	33.63
7.	Joao Dinis ROQUE	07		Sporting	5:02.15	+0,88	525 Q
	50m: 31.30 31.30	150m: 1:48.09	40.92	250m: 3:10.31	42.30	350m: 4:28.74	35.37
	100m: 1:07.17 35.87	200m: 2:28.01	39.92	300m: 3:53.37	43.06	400m: 5:02.15	33.41
8.	Tomas Pinto PEIXOTO	08		Porto	5:03.54	+0,76	518 Q
	50m: 31.21 31.21	150m: 1:45.08	36.79	250m: 3:07.72	46.47	350m: 4:29.02	35.20
	100m: 1:08.29 37.08	200m: 2:21.25	36.17	300m: 3:53.82	46.10	400m: 5:03.54	34.52

Event 19, Men, 400m Medley, Prelim

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
EXH	Miguel Duarte CRUZ	99	SM15 H	Belenenses	5:09.91	+0,66	487
	50m: 31.28 31.28	150m: 1:50.86	42.08	250m: 3:16.00	44.47	350m: 4:35.18	34.61
	100m: 1:08.78 37.50	200m: 2:31.53	40.67	300m: 4:00.57	44.57	400m: 5:09.91	34.73

ORGANIZAÇÃO 		PARCEIROS INSTITUCIONAIS LOCAIS 					
PATROCINADOR PRINCIPAL 		PATROCINADOR OFICIAL 		PARCEIROS INSTITUCIONAIS 		PARCEIROS 	