

Prova 19
31/03/2023 - 11:35

Masc., 400m Estilos

Open
Resultados Elimin

Rec Nac Absoluto	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun18	4:21.42	Jose Paulo LOPES	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun17	4:25.23	Joao Alexandre VITAL	POR	Singapore (SGP)	29/08/2015

TAC Sen 50m: 4:49.87 - 25m: 4:40.54; Jun 50m: 4:58.57 - 25m: 4:48.96

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
1.	Jose Paulo LOPES	00	Braga	4:34.80	+0,66	698	A
	50m: 28.16 28.16	150m: 1:36.09	35.43	250m: 2:49.81	38.50	350m: 4:02.49	33.66
	100m: 1:00.66 32.50	200m: 2:11.31	35.22	300m: 3:28.83	39.02	400m: 4:34.80	32.31
2.	Lucas Pereira BASTOS	00	Nautico Academico	4:37.44	+0,72	678	A
	50m: 28.70 28.70	150m: 1:36.56	34.89	250m: 2:52.10	40.39	350m: 4:06.30	32.70
	100m: 1:01.67 32.97	200m: 2:11.71	35.15	300m: 3:33.60	41.50	400m: 4:37.44	31.14
3.	Afonso Carvalho SILVA	05	Famalicao	4:37.94	+0,67	675	A
	50m: 28.83 28.83	150m: 1:38.53	36.17	250m: 2:52.48	38.64	350m: 4:04.36	32.66
	100m: 1:02.36 33.53	200m: 2:13.84	35.31	300m: 3:31.70	39.22	400m: 4:37.94	33.58
4.	Yury FOMIN	06	Louletano / Loule Concelho	4:40.27	+0,66	658	A
	50m: 29.14 29.14	150m: 1:39.54	36.94	250m: 2:56.00	41.13	350m: 4:09.32	32.57
	100m: 1:02.60 33.46	200m: 2:14.87	35.33	300m: 3:36.75	40.75	400m: 4:40.27	30.95
5.	Diogo Santos CARDOSO	01	Sporting	4:40.93	+0,73	653	A
	50m: 29.48 29.48	150m: 1:41.52	39.15	250m: 2:59.46	40.46	350m: 4:11.02	31.73
	100m: 1:02.37 32.89	200m: 2:19.00	37.48	300m: 3:39.29	39.83	400m: 4:40.93	29.91
6.	Porfirio Braga NUNES	00	Porto	4:41.20	+0,73	652	A
	50m: 27.93 27.93	150m: 1:36.85	36.48	250m: 2:53.38	40.54	350m: 4:08.50	33.00
	100m: 1:00.37 32.44	200m: 2:12.84	35.99	300m: 3:35.50	42.12	400m: 4:41.20	32.70
7.	Vasco Alves MORGADO	05	Alges	4:42.62	+0,59	642	A
	50m: 28.01 28.01	150m: 1:37.96	37.21	250m: 2:55.99	40.48	350m: 4:10.59	32.38
	100m: 1:00.75 32.74	200m: 2:15.51	37.55	300m: 3:38.21	42.22	400m: 4:42.62	32.03
8.	Tiago Roberto CORDEIRO	00	Benfica	4:45.14	+0,70	625	A
	50m: 28.20 28.20	150m: 1:38.03	37.43	250m: 2:55.41	40.27	350m: 4:10.84	33.77
	100m: 1:00.60 32.40	200m: 2:15.14	37.11	300m: 3:37.07	41.66	400m: 4:45.14	34.30
9.	Luis Galvao GOUVEIA	05	Desportivo Nacional	4:46.64	+0,73	615	A
	50m: 28.04 28.04	150m: 1:38.87	38.09	250m: 2:58.23	42.22	350m: 4:14.25	33.83
	100m: 1:00.78 32.74	200m: 2:16.01	37.14	300m: 3:40.42	42.19	400m: 4:46.64	32.39
10.	Bernardo Jorge SIMOES	04	Belenenses	4:47.17	+0,68	612	A
	50m: 28.04 28.04	150m: 1:38.36	37.81	250m: 2:58.64	42.30	350m: 4:14.91	32.42
	100m: 1:00.55 32.51	200m: 2:16.34	37.98	300m: 3:42.49	43.85	400m: 4:47.17	32.26
11.	Mark ZHUKOV	06	Braga	4:47.20	+0,71	612	B
	50m: 29.37 29.37	150m: 1:41.65	38.08	250m: 2:59.18	40.30	350m: 4:13.97	33.88
	100m: 1:03.57 34.20	200m: 2:18.88	37.23	300m: 3:40.09	40.91	400m: 4:47.20	33.23
12.	Kaio Araujo FAFTINE	06	Sporting	4:47.28	+0,63	611	B
	50m: 29.53 29.53	150m: 1:41.50	37.85	250m: 3:01.21	42.05	350m: 4:15.81	33.39
	100m: 1:03.65 34.12	200m: 2:19.16	37.66	300m: 3:42.42	41.21	400m: 4:47.28	31.47
13.	Nicolas Filip MONTFORT	05	Alges	4:49.19	+0,62	599	B
	50m: 28.58 28.58	150m: 1:41.51	38.65	250m: 3:02.23	43.02	350m: 4:17.18	32.70
	100m: 1:02.86 34.28	200m: 2:19.21	37.70	300m: 3:44.48	42.25	400m: 4:49.19	32.01

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	

Prova 19, Masc., 400m Estilos, Elimin, Open

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
14.	Bernardo Victorino ALMEIDA	04		Sporting	4:51.18	+0,64	587	B
	50m: 27.45 27.45	150m: 1:38.86	38.99	250m: 2:58.70	41.38	350m: 4:17.23	34.62	
	100m: 59.87 32.42	200m: 2:17.32	38.46	300m: 3:42.61	43.91	400m: 4:51.18	33.95	
15.	Goncalo Duarte CARVALHO	05		Benfica	4:53.21	+0,71	575	B
	50m: 29.36 29.36	150m: 1:42.23	38.50	250m: 3:01.15	40.79	350m: 4:18.59	35.38	
	100m: 1:03.73 34.37	200m: 2:20.36	38.13	300m: 3:43.21	42.06	400m: 4:53.21	34.62	
16.	Miguel Salomao TRISTAO	04		Academica de Coimbra	4:53.33	+0,73	574	B
	50m: 29.27 29.27	150m: 1:40.58	36.48	250m: 3:00.32	42.91	350m: 4:18.39	35.05	
	100m: 1:04.10 34.83	200m: 2:17.41	36.83	300m: 3:43.34	43.02	400m: 4:53.33	34.94	
17.	Ruben Ferreira PAIVA	05		Sanjoanense/FEPSA	4:54.24	+0,79	569	B
	50m: 30.01 30.01	150m: 1:43.83	39.48	250m: 3:03.37	40.87	350m: 4:20.48	34.54	
	100m: 1:04.35 34.34	200m: 2:22.50	38.67	300m: 3:45.94	42.57	400m: 4:54.24	33.76	
18.	David Ferreira RELVAS	03		Nautico Marinha Grande	4:54.35	+0,78	568	B
	50m: 29.03 29.03	150m: 1:40.37	38.02	250m: 3:02.86	44.21	350m: 4:21.92	33.48	
	100m: 1:02.35 33.32	200m: 2:18.65	38.28	300m: 3:48.44	45.58	400m: 4:54.35	32.43	
19.	Dinis Miranda DIOGO	04		Nautico Academico	4:54.57	+0,68	567	B
	50m: 29.66 29.66	150m: 1:41.98	37.97	250m: 3:02.05	42.16	350m: 4:20.95	35.04	
	100m: 1:04.01 34.35	200m: 2:19.89	37.91	300m: 3:45.91	43.86	400m: 4:54.57	33.62	
20.	Rodrigo Reis RODRIGUES	04		Sao Roque	4:54.61	+0,63	566	B
	50m: 29.14 29.14	150m: 1:42.39	39.41	250m: 3:03.71	42.12	350m: 4:20.18	33.52	
	100m: 1:02.98 33.84	200m: 2:21.59	39.20	300m: 3:46.66	42.95	400m: 4:54.61	34.43	
21.	Miguel Alves FERNANDES	05		Viana Natacao	4:57.52	+0,81	550	R
	50m: 29.43 29.43	150m: 1:42.48	37.50	250m: 3:03.03	43.78	350m: 4:23.65	35.09	
	100m: 1:04.98 35.55	200m: 2:19.25	36.77	300m: 3:48.56	45.53	400m: 4:57.52	33.87	
22.	Joao Guilherme ARAUJO	03		Natacao da Maia	4:58.35	+0,74	545	R
	50m: 28.98 28.98	150m: 1:42.07	39.42	250m: 3:01.88	41.97	350m: 4:21.92	36.24	
	100m: 1:02.65 33.67	200m: 2:19.91	37.84	300m: 3:45.68	43.80	400m: 4:58.35	36.43	
23.	Tiago Almeida CORREIA	06		Natacao do Montijo	4:59.68	+0,76	538	
	50m: 30.28 30.28	150m: 1:46.74	40.75	250m: 3:08.67	43.90	350m: 4:27.37	34.15	
	100m: 1:05.99 35.71	200m: 2:24.77	38.03	300m: 3:53.22	44.55	400m: 4:59.68	32.31	
24.	Jose Luis GONCALVES	05		Fafe	5:00.09	+0,78	536	
	50m: 28.86 28.86	150m: 1:43.91	40.42	250m: 3:05.46	42.34	350m: 4:25.72	36.25	
	100m: 1:03.49 34.63	200m: 2:23.12	39.21	300m: 3:49.47	44.01	400m: 5:00.09	34.37	
25.	Duarte Jose FERNANDES	06		Louzan Natacao/EFAPEL	5:00.78	+0,66	532	
	50m: 29.27 29.27	150m: 1:46.87	42.06	250m: 3:07.95	40.35	350m: 4:26.07	35.75	
	100m: 1:04.81 35.54	200m: 2:27.60	40.73	300m: 3:50.32	42.37	400m: 5:00.78	34.71	
26.	Gustavo Gomes RAMOS	06		Porto	5:03.76	+0,76	517	
	50m: 30.29 30.29	150m: 1:45.83	40.31	250m: 3:10.13	45.40	350m: 4:30.09	33.88	
	100m: 1:05.52 35.23	200m: 2:24.73	38.90	300m: 3:56.21	46.08	400m: 5:03.76	33.67	
27.	Francisco Campos LOURENCO	06		Natacao de Valongo	5:05.39	+0,74	509	
	50m: 29.13 29.13	150m: 1:43.47	39.50	250m: 3:07.23	43.70	350m: 4:28.52	36.72	
	100m: 1:03.97 34.84	200m: 2:23.53	40.06	300m: 3:51.80	44.57	400m: 5:05.39	36.87	
28.	Joao Carlos BARROS	06		Fluvial Portuense	5:06.78	+0,73	502	
	50m: 29.68 29.68	150m: 1:46.57	41.64	250m: 3:10.91	44.23	350m: 4:32.48	35.77	
	100m: 1:04.93 35.25	200m: 2:26.68	40.11	300m: 3:56.71	45.80	400m: 5:06.78	34.30	

Prova 19, Masc., 400m Estilos, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
29.	Rui Miguel SANTOS	06	Famalicao	5:12.35	+0,88	475
	50m: 30.30 30.30	150m: 1:52.01	41.85 250m: 3:17.90	45.50 350m: 4:38.74	35.26	
	100m: 1:10.16 39.86	200m: 2:32.40	40.39 300m: 4:03.48	45.58 400m: 5:12.35	33.61	
DSQ	Filipe Santos CARDOSO	04	Gafanha da Encarnacao		+0,60	
	7.24 - O(A) nadador(a), na chegada, tocou na parede com toque não simultâneo - SW 7.6, 300 metros					
DSQ	Daniel Nogueira CATALAO	00	Sporting		+0,58	
	9.4 - O(A) nadador(a) não executou a viragem dos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4					
DSQ	Andre Correia ALVES	06	Uniao Piedense		+0,68	
	9.4 - O(A) nadador(a) não executou a viragem dos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4					

Prova 19

Masc., 400m Estilos

Juvenis

31/03/2023 - 11:35

Resultados Elimin

Rec Nat	Tempo	Nadador	País	Cidade	Data
Rec Nat Absoluto	4:15.84	Alexis Manacas SANTOS	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nat Juv A	4:32.66	Joao Alexandre VITAL	ADRCIMM	Coimbra	01/06/2014
Rec Nat Juv B	4:37.06	Joao Alexandre VITAL	POR	Utrecht (NED)	16/07/2013

TAC 50m: 5:13.06 - 25m: 5:02.98

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
1.	Renato Gouveia TEIXEIRA	07	Foca Quinta da Lixa CNF	4:48.82	+0,71	601	Q
	50m: 30.38 30.38	150m: 1:42.55	37.28 250m: 3:01.04	41.29 350m: 4:15.87	32.33		
	100m: 1:05.27 34.89	200m: 2:19.75	37.20 300m: 3:43.54	42.50 400m: 4:48.82	32.95		
2.	Leonardo Conceicao REIS	07	Sporting	4:58.69	+0,63	544	Q
	50m: 29.32 29.32	150m: 1:41.87	39.10 250m: 3:02.50	42.68 350m: 4:23.43	36.89		
	100m: 1:02.77 33.45	200m: 2:19.82	37.95 300m: 3:46.54	44.04 400m: 4:58.69	35.26		
3.	Guilherme Costa SOARES	08	Vilacondense	4:59.54	+0,76	539	Q
	50m: 31.27 31.27	150m: 1:46.41	37.94 250m: 3:08.56	45.10 350m: 4:27.32	33.46		
	100m: 1:08.47 37.20	200m: 2:23.46	37.05 300m: 3:53.86	45.30 400m: 4:59.54	32.22		
4.	Filipe Manso LARANJO	07	Desportiva de Viana	5:00.25	+0,78	535	Q
	50m: 30.98 30.98	150m: 1:46.79	39.06 250m: 3:08.63	44.11 350m: 4:28.07	33.48		
	100m: 1:07.73 36.75	200m: 2:24.52	37.73 300m: 3:54.59	45.96 400m: 5:00.25	32.18		
5.	Francisco Marques SIMOES	07	Nautico de Leiria	5:00.39	+0,72	534	Q
	50m: 30.15 30.15	150m: 1:45.99	39.04 250m: 3:07.79	44.29 350m: 4:27.16	35.87		
	100m: 1:06.95 36.80	200m: 2:23.50	37.51 300m: 3:51.29	43.50 400m: 5:00.39	33.23		
6.	Joao Francisco ALMEIDA	07	Naval do Funchal	5:01.29	+0,63	530	Q
	50m: 30.77 30.77	150m: 1:46.18	39.62 250m: 3:09.99	43.65 350m: 4:27.66	33.82		
	100m: 1:06.56 35.79	200m: 2:26.34	40.16 300m: 3:53.84	43.85 400m: 5:01.29	33.63		
7.	Joao Dinis ROQUE	07	Sporting	5:02.15	+0,88	525	Q
	50m: 31.30 31.30	150m: 1:48.09	40.92 250m: 3:10.31	42.30 350m: 4:28.74	35.37		
	100m: 1:07.17 35.87	200m: 2:28.01	39.92 300m: 3:53.37	43.06 400m: 5:02.15	33.41		
8.	Tomas Pinto PEIXOTO	08	Porto	5:03.54	+0,76	518	Q
	50m: 31.21 31.21	150m: 1:45.08	36.79 250m: 3:07.72	46.47 350m: 4:29.02	35.20		
	100m: 1:08.29 37.08	200m: 2:21.25	36.17 300m: 3:53.82	46.10 400m: 5:03.54	34.52		

Prova 19, Masc., 400m Estilos, Elimin

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
EXH	Miguel Duarte CRUZ	99 SM15 H	Belenenses	5:09.91	+0,66	487	
	50m: 31.28 31.28	150m: 1:50.86	42.08	250m: 3:16.00	44.47	350m: 4:35.18	34.61
	100m: 1:08.78 37.50	200m: 2:31.53	40.67	300m: 4:00.57	44.57	400m: 5:09.91	34.73

ORGANIZAÇÃO 		PARCEIROS INSTITUCIONAIS LOCAIS 					
PATROCINADOR PRINCIPAL 		PATROCINADOR OFICIAL 		PARCEIROS INSTITUCIONAIS 		PARCEIROS 	