

Prova 12  
31/03/2023 - 9:20

Femin., 800m Livres

Open  
Resultados Elimin

Rec Nac Absoluto	8:29.33	Diana Margarida DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nac Sen	8:29.33	Diana Margarida DURAES	POR	Tarragona (ESP)	23/06/2018
Rec Nac Jun17	8:36.21	Tamila Hryhorivna HOLUB	SCB	Coimbra	28/05/2016
Rec Nac Jun16	8:45.53	Tamila Hryhorivna HOLUB	SCB	Coimbra	30/05/2015
Rec Nac Juv A	8:50.68	Tamila Hryhorivna HOLUB	SCB	Oeiras	27/07/2014
Rec Nac Juv B	9:07.70	Alexandra Maria SILVA	POR	Split (CRO)	10/09/1981
Rec Nac Inf A	9:14.85	Alexandra Maria SILVA	POR	Skovde (SWE)	10/08/1980
Rec Nac Inf B	9:30.42	Filipa Vilas RUIVO	DNMG	S. Joao da Madeira	25/07/2009

JO : 8:26.71 / CMPL 19 +: 8:37.90 / CESub23 19 - 23: 8:44.44 / CEJun\_Fem 14 - 17: 9:04.96 / TAC Sen 50m: 9:42.27 - 25m: 9:25.66;  
Jun: 9:56.83

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
1.	Tamila Hryhorivna HOLUB	99		Braga	<b>9:02.77</b>	+0,80	712	Q
	50m: 31.01 31.01	250m: 2:45.60	33.75	450m: 5:01.46	34.03	650m: 7:19.19	34.34	
	100m: 1:04.31 33.30	300m: 3:19.61	34.01	500m: 5:35.99	34.53	700m: 7:54.22	35.03	
	150m: 1:37.98 33.67	350m: 3:53.56	33.95	550m: 6:10.28	34.29	750m: 8:29.39	35.17	
	200m: 2:11.85 33.87	400m: 4:27.43	33.87	600m: 6:44.85	34.57	800m: 9:02.77	33.38	
2.	Diana Margarida DURAES	96		Benfica	<b>9:03.20</b>	+0,82	710	Q
	50m: 31.48 31.48	250m: 2:47.29	34.38	450m: 5:03.95	34.14	650m: 7:20.30	34.14	
	100m: 1:04.78 33.30	300m: 3:21.46	34.17	500m: 5:37.99	34.04	700m: 7:54.61	34.31	
	150m: 1:38.76 33.98	350m: 3:55.73	34.27	550m: 6:12.04	34.05	750m: 8:28.95	34.34	
	200m: 2:12.91 34.15	400m: 4:29.81	34.08	600m: 6:46.16	34.12	800m: 9:03.20	34.25	
3.	Margaux Verger GOURSON	95		Fluvial Portuense	<b>9:20.94</b>	+0,72	645	Q
	50m: 32.64 32.64	250m: 2:54.21	35.47	450m: 5:16.32	34.95	650m: 7:37.62	34.87	
	100m: 1:07.79 35.15	300m: 3:30.01	35.80	500m: 5:51.74	35.42	700m: 8:13.02	35.40	
	150m: 1:43.19 35.40	350m: 4:05.46	35.45	550m: 6:27.18	35.44	750m: 8:47.94	34.92	
	200m: 2:18.74 35.55	400m: 4:41.37	35.91	600m: 7:02.75	35.57	800m: 9:20.94	33.00	
4.	Mariana Amaral MENDES	02		Sporting	<b>9:22.83</b>	+0,81	639	Q
	50m: 32.55 32.55	250m: 2:53.70	35.63	450m: 5:15.76	35.53	650m: 7:37.86	35.65	
	100m: 1:07.59 35.04	300m: 3:29.17	35.47	500m: 5:51.00	35.24	700m: 8:12.94	35.08	
	150m: 1:42.81 35.22	350m: 4:04.78	35.61	550m: 6:26.72	35.72	750m: 8:48.34	35.40	
	200m: 2:18.07 35.26	400m: 4:40.23	35.45	600m: 7:02.21	35.49	800m: 9:22.83	34.49	
5.	Daniela Magalhaes LOPES	05		Famalicao	<b>9:23.53</b>	+0,80	636	Q
	50m: 31.80 31.80	250m: 2:51.84	35.54	450m: 5:13.93	35.11	650m: 7:37.79	35.81	
	100m: 1:06.15 34.35	300m: 3:27.39	35.55	500m: 5:49.69	35.76	700m: 8:13.52	35.73	
	150m: 1:40.97 34.82	350m: 4:03.15	35.76	550m: 6:25.79	36.10	750m: 8:48.76	35.24	
	200m: 2:16.30 35.33	400m: 4:38.82	35.67	600m: 7:01.98	36.19	800m: 9:23.53	34.77	
6.	Beatriz Silva LOURO	07		Louletano / Loule Concelho	<b>9:26.17</b>	+0,70	627	Q
	50m: 32.02 32.02	250m: 2:52.42	35.49	450m: 5:15.18	35.88	650m: 7:39.10	35.80	
	100m: 1:06.62 34.60	300m: 3:28.08	35.66	500m: 5:51.42	36.24	700m: 8:14.93	35.83	
	150m: 1:41.36 34.74	350m: 4:03.63	35.55	550m: 6:27.39	35.97	750m: 8:51.01	36.08	
	200m: 2:16.93 35.57	400m: 4:39.30	35.67	600m: 7:03.30	35.91	800m: 9:26.17	35.16	
7.	Maria Ornelas ARMAS	98		Vikings	<b>9:26.25</b>	+0,88	627	Q
	50m: 32.49 32.49	250m: 2:53.15	35.43	450m: 5:15.94	35.71	650m: 7:39.39	35.72	
	100m: 1:07.19 34.70	300m: 3:28.80	35.65	500m: 5:52.10	36.16	700m: 8:15.18	35.79	
	150m: 1:42.13 34.94	350m: 4:04.29	35.49	550m: 6:27.68	35.58	750m: 8:50.91	35.73	
	200m: 2:17.72 35.59	400m: 4:40.23	35.94	600m: 7:03.67	35.99	800m: 9:26.25	35.34	

Prova 12, Femin., 800m Livres, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
8.	Carolina Esteves PEIXOTO	06	Braga	<b>9:32.08</b>	+0,77	608	Q	
	50m: 32.22	32.22	250m: 2:53.99	35.89	450m: 5:19.22	36.51	650m: 7:45.35	36.44
	100m: 1:06.92	34.70	300m: 3:30.06	36.07	500m: 5:55.84	36.62	700m: 8:21.59	36.24
	150m: 1:42.62	35.70	350m: 4:06.27	36.21	550m: 6:32.62	36.78	750m: 8:57.45	35.86
	200m: 2:18.10	35.48	400m: 4:42.71	36.44	600m: 7:08.91	36.29	800m: 9:32.08	34.63
9.	Marta Lima PIMENTEL	04	Porto	<b>9:32.82</b>	+0,77	606	Q	
	50m: 33.02	33.02	250m: 2:56.28	35.85	450m: 5:21.07	35.78	650m: 7:45.59	35.89
	100m: 1:08.50	35.48	300m: 3:32.85	36.57	500m: 5:57.48	36.41	700m: 8:21.90	36.31
	150m: 1:44.38	35.88	350m: 4:08.86	36.01	550m: 6:33.34	35.86	750m: 8:57.77	35.87
	200m: 2:20.43	36.05	400m: 4:45.29	36.43	600m: 7:09.70	36.36	800m: 9:32.82	35.05
10.	Alice Jesus MORGADO	04	Sporting	<b>9:38.48</b>	+0,76	588	Q	
	50m: 32.71	32.71	250m: 2:55.81	36.28	450m: 5:21.14	36.54	650m: 7:48.22	37.10
	100m: 1:08.03	35.32	300m: 3:32.01	36.20	500m: 5:57.65	36.51	700m: 8:25.44	37.22
	150m: 1:43.58	35.55	350m: 4:08.33	36.32	550m: 6:34.35	36.70	750m: 9:02.52	37.08
	200m: 2:19.53	35.95	400m: 4:44.60	36.27	600m: 7:11.12	36.77	800m: 9:38.48	35.96
11.	Leonor Verissimo FARIA	06	Nucleo de Pombal	<b>9:40.27</b>	+0,70	583	R	
	50m: 32.91	32.91	250m: 2:58.14	36.76	450m: 5:25.17	36.81	650m: 7:51.71	36.50
	100m: 1:08.62	35.71	300m: 3:34.74	36.60	500m: 6:01.91	36.74	700m: 8:28.46	36.75
	150m: 1:44.65	36.03	350m: 4:11.52	36.78	550m: 6:38.59	36.68	750m: 9:04.81	36.35
	200m: 2:21.38	36.73	400m: 4:48.36	36.84	600m: 7:15.21	36.62	800m: 9:40.27	35.46
12.	Catarina Gaspar PIRES	06	Porto	<b>9:40.30</b>	+0,83	583	R	
	50m: 32.63	32.63	250m: 2:54.32	35.84	450m: 5:20.05	36.75	650m: 7:48.20	37.23
	100m: 1:07.65	35.02	300m: 3:30.29	35.97	500m: 5:56.99	36.94	700m: 8:25.73	37.53
	150m: 1:42.94	35.29	350m: 4:06.77	36.48	550m: 6:33.94	36.95	750m: 9:03.24	37.51
	200m: 2:18.48	35.54	400m: 4:43.30	36.53	600m: 7:10.97	37.03	800m: 9:40.30	37.06
13.	Joana Silva ALVES	05	Benedita	<b>9:42.76</b>	+0,70	575		
	50m: 32.80	32.80	250m: 2:59.05	36.78	450m: 5:27.42	36.59	650m: 7:55.09	36.77
	100m: 1:08.82	36.02	300m: 3:36.45	37.40	500m: 6:04.27	36.85	700m: 8:32.16	37.07
	150m: 1:45.32	36.50	350m: 4:13.51	37.06	550m: 6:41.08	36.81	750m: 9:08.33	36.17
	200m: 2:22.27	36.95	400m: 4:50.83	37.32	600m: 7:18.32	37.24	800m: 9:42.76	34.43
14.	Francisca Macedo LOPES	05	Vilacondense	<b>9:42.92</b>	+0,79	575		
	50m: 32.29	32.29	250m: 2:56.55	36.75	450m: 5:22.40	36.65	650m: 7:52.18	37.55
	100m: 1:07.55	35.26	300m: 3:32.88	36.33	500m: 5:59.62	37.22	700m: 8:29.96	37.78
	150m: 1:43.62	36.07	350m: 4:09.19	36.31	550m: 6:36.97	37.35	750m: 9:07.06	37.10
	200m: 2:19.80	36.18	400m: 4:45.75	36.56	600m: 7:14.63	37.66	800m: 9:42.92	35.86
15.	Vanessa Sofia OLIVEIRA	05	Gafanha da Encarnacao	<b>9:43.08</b>	+0,79	574		
	50m: 33.03	33.03	250m: 2:59.79	37.12	450m: 5:27.65	36.61	650m: 7:55.00	36.33
	100m: 1:08.97	35.94	300m: 3:36.91	37.12	500m: 6:04.74	37.09	700m: 8:31.60	36.60
	150m: 1:45.58	36.61	350m: 4:13.88	36.97	550m: 6:41.61	36.87	750m: 9:07.68	36.08
	200m: 2:22.67	37.09	400m: 4:51.04	37.16	600m: 7:18.67	37.06	800m: 9:43.08	35.40
16.	Margarida Vieira PINTO	07	Braga	<b>9:44.17</b>	+0,80	571		
	50m: 32.23	32.23	250m: 2:55.70	36.56	450m: 5:23.96	37.31	650m: 7:53.96	37.54
	100m: 1:07.19	34.96	300m: 3:32.40	36.70	500m: 6:01.40	37.44	700m: 8:31.20	37.24
	150m: 1:42.97	35.78	350m: 4:09.39	36.99	550m: 6:38.89	37.49	750m: 9:08.24	37.04
	200m: 2:19.14	36.17	400m: 4:46.65	37.26	600m: 7:16.42	37.53	800m: 9:44.17	35.93
17.	Rita Sofia NUNES	05	Colegio Efanor	<b>9:44.84</b>	+0,84	569		
	50m: 32.70	32.70	250m: 2:57.77	36.74	450m: 5:26.57	36.59	650m: 7:55.74	37.18
	100m: 1:08.02	35.32	300m: 3:35.05	37.28	500m: 6:03.98	37.41	700m: 8:32.40	36.66
	150m: 1:44.49	36.47	350m: 4:12.68	37.63	550m: 6:41.25	37.27	750m: 9:09.22	36.82
	200m: 2:21.03	36.54	400m: 4:49.98	37.30	600m: 7:18.56	37.31	800m: 9:44.84	35.62

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS	
PATROCINADOR PRINCIPAL		PARCEIROS INSTITUCIONAIS	
		PARCEIROS	

## Prova 12, Femin., 800m Livres, Elimin, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
18.	Joana Barbas RAMOS	06	Gafanha da Encarnacao	<b>9:47.21</b>	<b>+0,73</b>	<b>562</b>
	50m: 33.30 33.30	250m: 2:59.87	37.04 450m: 5:27.78	37.18	650m: 7:57.02	37.18
	100m: 1:09.10 35.80	300m: 3:36.73	36.86 500m: 6:05.07	37.29	700m: 8:34.57	37.55
	150m: 1:45.99 36.89	350m: 4:13.61	36.88 550m: 6:42.44	37.37	750m: 9:11.19	36.62
	200m: 2:22.83 36.84	400m: 4:50.60	36.99 600m: 7:19.84	37.40	800m: 9:47.21	36.02
19.	Bianca Filipa ALMEIDA	07	Alges e Agueda XXI	<b>9:50.45</b>	<b>+0,77</b>	<b>553</b>
	50m: 32.94 32.94	250m: 2:58.71	36.87 450m: 5:26.24	36.43	650m: 7:56.94	38.46
	100m: 1:08.35 35.41	300m: 3:35.61	36.90 500m: 6:03.15	36.91	700m: 8:35.48	38.54
	150m: 1:44.88 36.53	350m: 4:12.78	37.17 550m: 6:40.69	37.54	750m: 9:13.33	37.85
	200m: 2:21.84 36.96	400m: 4:49.81	37.03 600m: 7:18.48	37.79	800m: 9:50.45	37.12
20.	Lia Beatriz GOMES	06	Vitoria Guimaraes	<b>9:51.07</b>	<b>+0,75</b>	<b>551</b>
	50m: 32.92 32.92	250m: 2:57.33	36.53 450m: 5:25.72	37.34	650m: 7:57.76	38.19
	100m: 1:08.40 35.48	300m: 3:33.92	36.59 500m: 6:03.54	37.82	700m: 8:36.04	38.28
	150m: 1:44.55 36.15	350m: 4:11.03	37.11 550m: 6:41.59	38.05	750m: 9:14.19	38.15
	200m: 2:20.80 36.25	400m: 4:48.38	37.35 600m: 7:19.57	37.98	800m: 9:51.07	36.88
21.	Leonor Castanho SANTOS	07	Sporting	<b>9:52.20</b>	<b>+0,85</b>	<b>548</b>
	50m: 33.07 33.07	250m: 2:59.23	36.54 450m: 5:29.07	37.30	650m: 8:00.56	37.95
	100m: 1:09.05 35.98	300m: 3:36.57	37.34 500m: 6:06.72	37.65	700m: 8:38.53	37.97
	150m: 1:45.71 36.66	350m: 4:14.13	37.56 550m: 6:44.64	37.92	750m: 9:16.02	37.49
	200m: 2:22.69 36.98	400m: 4:51.77	37.64 600m: 7:22.61	37.97	800m: 9:52.20	36.18
22.	Carolina Vizinho CABRAL	07	Natacao de Vagos	<b>9:53.19</b>	<b>+0,74</b>	<b>545</b>
	50m: 32.55 32.55	250m: 2:58.64	36.87 450m: 5:28.88	37.26	650m: 8:02.59	38.06
	100m: 1:08.46 35.91	300m: 3:36.38	37.74 500m: 6:08.28	39.40	700m: 8:41.20	38.61
	150m: 1:44.11 35.65	350m: 4:13.52	37.14 550m: 6:45.95	37.67	750m: 9:18.63	37.43
	200m: 2:21.77 37.66	400m: 4:51.62	38.10 600m: 7:24.53	38.58	800m: 9:53.19	34.56
23.	Marta Andre AGUILAR	07	Nautico Academico	<b>9:53.69</b>	<b>+0,74</b>	<b>544</b>
	50m: 33.21 33.21	250m: 2:58.53	36.13 450m: 5:27.85	37.76	650m: 8:00.74	37.96
	100m: 1:09.39 36.18	300m: 3:35.60	37.07 500m: 6:06.46	38.61	700m: 8:39.01	38.27
	150m: 1:45.65 36.26	350m: 4:12.30	36.70 550m: 6:44.44	37.98	750m: 9:16.86	37.85
	200m: 2:22.40 36.75	400m: 4:50.09	37.79 600m: 7:22.78	38.34	800m: 9:53.69	36.83
24.	Ines Miranda DIOGO	07	Nautico Academico	<b>9:54.62</b>	<b>+0,71</b>	<b>541</b>
	50m: 33.09 33.09	250m: 3:00.49	37.24 450m: 5:30.81	37.66	650m: 8:02.04	37.76
	100m: 1:09.31 36.22	300m: 3:37.98	37.49 500m: 6:08.56	37.75	700m: 8:40.01	37.97
	150m: 1:46.42 37.11	350m: 4:15.66	37.68 550m: 6:46.55	37.99	750m: 9:17.51	37.50
	200m: 2:23.25 36.83	400m: 4:53.15	37.49 600m: 7:24.28	37.73	800m: 9:54.62	37.11
25.	Matilde Violante VIANA	07	Nautico de Leiria	<b>9:59.59</b>	<b>+0,86</b>	<b>528</b>
	50m: 32.72 32.72	250m: 3:01.51	37.56 450m: 5:33.36	38.06	650m: 8:06.46	38.34
	100m: 1:09.25 36.53	300m: 3:39.23	37.72 500m: 6:11.51	38.15	700m: 8:44.13	37.67
	150m: 1:46.21 36.96	350m: 4:17.02	37.79 550m: 6:49.48	37.97	750m: 9:21.94	37.81
	200m: 2:23.95 37.74	400m: 4:55.30	38.28 600m: 7:28.12	38.64	800m: 9:59.59	37.65
26.	Margarida Correia MADEIRA	06	Nautico Marinha Grande	<b>10:18.33</b>	<b>+0,80</b>	<b>481</b>
	50m: 34.02 34.02	250m: 3:06.37	38.95 450m: 5:44.06	39.46	650m: 8:21.38	38.97
	100m: 1:10.82 36.80	300m: 3:45.56	39.19 500m: 6:23.75	39.69	700m: 9:00.68	39.30
	150m: 1:48.68 37.86	350m: 4:25.04	39.48 550m: 7:02.40	38.65	750m: 9:39.92	39.24
	200m: 2:27.42 38.74	400m: 5:04.60	39.56 600m: 7:42.41	40.01	800m: 10:18.33	38.41
27.	Mariana Coelho SANTOS	04	Lagoa AC	<b>10:22.96</b>	<b>+0,90</b>	<b>471</b>
	50m: 33.55 33.55	250m: 3:06.97	39.32 450m: 5:46.23	40.02	650m: 8:25.79	39.78
	100m: 1:10.43 36.88	300m: 3:46.54	39.57 500m: 6:26.24	40.01	700m: 9:05.45	39.66
	150m: 1:48.56 38.13	350m: 4:26.19	39.65 550m: 7:06.12	39.88	750m: 9:44.64	39.19
	200m: 2:27.65 39.09	400m: 5:06.21	40.02 600m: 7:46.01	39.89	800m: 10:22.96	38.32

ORGANIZAÇÃO 		PARCEIROS INSTITUCIONAIS LOCAIS 	
PATROCINADOR PRINCIPAL 		PATROCINADOR OFICIAL 	
PARCEIROS INSTITUCIONAIS 		PARCEIROS 	

Prova 12, Femin., 800m Livres, Elimina, Open

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
28.	Rita Cunha GOMES	07	Viana Natacao	<b>10:29.97</b>	<b>+0,84</b>	<b>455</b>		
	50m: 34.78	34.78	250m: 3:11.09	39.93	450m: 5:51.14	39.78	650m: 8:31.66	39.59
	100m: 1:13.27	38.49	300m: 3:50.98	39.89	500m: 6:31.91	40.77	700m: 9:11.76	40.10
	150m: 1:51.80	38.53	350m: 4:31.16	40.18	550m: 7:11.87	39.96	750m: 9:51.44	39.68
	200m: 2:31.16	39.36	400m: 5:11.36	40.20	600m: 7:52.07	40.20	800m: 10:29.97	38.53

<b>ORGANIZAÇÃO</b> 		<b>PARCEIROS INSTITUCIONAIS LOCAIS</b> 			
<b>PATROCINADOR PRINCIPAL</b> 	<b>PATROCINADOR OFICIAL</b> 	<b>PARCEIROS INSTITUCIONAIS</b> 		<b>PARCEIROS</b> 	