

Prova 111
31/03/2023 - 19:17

Masc., 800m Livres

Juvenis
Resultados

Rec Nac Absoluto	7:52.68	Jose Paulo LOPES	POR	Budapeste (HUN)	22/05/2021
Rec Nac Juv A	8:23.54	Gustavo Manuel SANTA	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	8:37.90	Vitor Belo CLARA	ADBA	Coimbra	14/07/2019

JO Absoluto: 7:51.65 / CEJun_Masc 15 - 18: 8:16.80 / TAC 50m: 9:37.78 - 25m: 9:19.17

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
1.	Rodrigo Costa BORGES	07		Fluvial Portuense	8:39.73	+0,60	658
	50m: 28.75 28.75	250m: 2:39.47	33.04	450m: 4:51.12	33.05	650m: 7:03.39	32.80
	100m: 1:00.78 32.03	300m: 3:12.29	32.82	500m: 5:24.32	33.20	700m: 7:36.52	33.13
	150m: 1:33.60 32.82	350m: 3:45.11	32.82	550m: 5:57.43	33.11	750m: 8:08.75	32.23
	200m: 2:06.43 32.83	400m: 4:18.07	32.96	600m: 6:30.59	33.16	800m: 8:39.73	30.98
2.	Rui Silva PEREIRA	08		Colegio Monte Maior	8:39.97	+0,81	657
	50m: 29.09 29.09	250m: 2:40.27	33.23	450m: 4:51.81	32.77	650m: 7:03.80	33.01
	100m: 1:01.60 32.51	300m: 3:13.24	32.97	500m: 5:24.98	33.17	700m: 7:36.65	32.85
	150m: 1:34.16 32.56	350m: 3:45.86	32.62	550m: 5:57.84	32.86	750m: 8:08.97	32.32
	200m: 2:07.04 32.88	400m: 4:19.04	33.18	600m: 6:30.79	32.95	800m: 8:39.97	31.00
3.	Francisco Goya PERLOIRO	07		Benfica	8:46.96	+0,67	631
	50m: 29.45 29.45	250m: 2:39.87	33.11	450m: 4:52.58	33.14	650m: 7:07.07	33.75
	100m: 1:01.72 32.27	300m: 3:13.12	33.25	500m: 5:26.01	33.43	700m: 7:40.52	33.45
	150m: 1:34.19 32.47	350m: 3:46.15	33.03	550m: 5:59.56	33.55	750m: 8:14.45	33.93
	200m: 2:06.76 32.57	400m: 4:19.44	33.29	600m: 6:33.32	33.76	800m: 8:46.96	32.51
4.	Filipe Manso LARANJO	07		Desportiva de Viana	8:54.36	+0,76	605
	50m: 29.76 29.76	250m: 2:40.64	33.00	450m: 4:55.70	34.18	650m: 7:14.11	35.18
	100m: 1:02.10 32.34	300m: 3:13.91	33.27	500m: 5:30.34	34.64	700m: 7:48.54	34.43
	150m: 1:34.85 32.75	350m: 3:48.00	34.09	550m: 6:04.60	34.26	750m: 8:22.14	33.60
	200m: 2:07.64 32.79	400m: 4:21.52	33.52	600m: 6:38.93	34.33	800m: 8:54.36	32.22
5.	Axel Guedes ASMAR	07		Sporting	8:59.20	+0,60	589
	50m: 29.44 29.44	250m: 2:41.47	33.41	450m: 4:57.66	34.28	650m: 7:16.60	34.71
	100m: 1:01.85 32.41	300m: 3:15.28	33.81	500m: 5:32.68	35.02	700m: 7:51.64	35.04
	150m: 1:35.01 33.16	350m: 3:49.39	34.11	550m: 6:07.17	34.49	750m: 8:25.80	34.16
	200m: 2:08.06 33.05	400m: 4:23.38	33.99	600m: 6:41.89	34.72	800m: 8:59.20	33.40
6.	Antonio Miguel COSTA	07		Fafe	8:59.64	+0,70	588
	50m: 29.89 29.89	250m: 2:42.92	33.38	450m: 5:00.32	34.56	650m: 7:19.38	34.67
	100m: 1:02.82 32.93	300m: 3:16.75	33.83	500m: 5:35.13	34.81	700m: 7:53.99	34.61
	150m: 1:36.07 33.25	350m: 3:51.31	34.56	550m: 6:09.78	34.65	750m: 8:28.31	34.32
	200m: 2:09.54 33.47	400m: 4:25.76	34.45	600m: 6:44.71	34.93	800m: 8:59.64	31.33
7.	Tiago Andre CANELAS	08		Fluvial Portuense	9:04.37	+0,72	572
	50m: 29.79 29.79	250m: 2:46.35	34.38	450m: 5:04.84	34.76	650m: 7:22.71	34.60
	100m: 1:03.27 33.48	300m: 3:21.10	34.75	500m: 5:39.11	34.27	700m: 7:57.29	34.58
	150m: 1:37.60 34.33	350m: 3:55.57	34.47	550m: 6:13.51	34.40	750m: 8:31.67	34.38
	200m: 2:11.97 34.37	400m: 4:30.08	34.51	600m: 6:48.11	34.60	800m: 9:04.37	32.70
8.	Miguel Fragoço MEDEIROS	08		Porto	9:05.60	+0,73	569
	50m: 30.19 30.19	250m: 2:45.91	34.13	450m: 5:04.13	34.20	650m: 7:23.02	34.05
	100m: 1:03.72 33.53	300m: 3:20.74	34.83	500m: 5:38.91	34.78	700m: 7:57.56	34.54
	150m: 1:37.62 33.90	350m: 3:55.27	34.53	550m: 6:13.69	34.78	750m: 8:31.76	34.20
	200m: 2:11.78 34.16	400m: 4:29.93	34.66	600m: 6:48.97	35.28	800m: 9:05.60	33.84

Prova 111, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
9.	Miguel Guedes FERREIRA	07	Porto	9:06.97	+0,81	564
	50m: 30.32 30.32	250m: 2:46.15	33.92	450m: 5:04.73	34.76	650m: 7:23.78 34.74
	100m: 1:04.05 33.73	300m: 3:20.76	34.61	500m: 5:39.40	34.67	700m: 7:58.53 34.75
	150m: 1:37.95 33.90	350m: 3:55.36	34.60	550m: 6:14.23	34.83	750m: 8:33.08 34.55
	200m: 2:12.23 34.28	400m: 4:29.97	34.61	600m: 6:49.04	34.81	800m: 9:06.97 33.89
10.	Marco Dimitar OLIVEIRA	07	Nautico Academico	9:12.29	+0,75	548
	50m: 29.82 29.82	250m: 2:47.36	35.09	450m: 5:07.93	35.52	650m: 7:28.59 34.97
	100m: 1:03.33 33.51	300m: 3:22.23	34.87	500m: 5:43.08	35.15	700m: 8:03.63 35.04
	150m: 1:37.52 34.19	350m: 3:57.43	35.20	550m: 6:18.61	35.53	750m: 8:38.71 35.08
	200m: 2:12.27 34.75	400m: 4:32.41	34.98	600m: 6:53.62	35.01	800m: 9:12.29 33.58
11.	Alexandre MORARI	07	Rio Maior	9:14.40	+0,69	542
	50m: 29.21 29.21	250m: 2:43.58	34.86	450m: 5:04.19	34.24	650m: 7:28.23 35.31
	100m: 1:01.92 32.71	300m: 3:19.10	35.52	500m: 5:40.40	36.21	700m: 8:04.38 36.15
	150m: 1:35.01 33.09	350m: 3:54.29	35.19	550m: 6:16.43	36.03	750m: 8:39.60 35.22
	200m: 2:08.72 33.71	400m: 4:29.95	35.66	600m: 6:52.92	36.49	800m: 9:14.40 34.80
12.	Ricardo Figueiredo FERNANDES	08	Colegio Monte Maior	9:18.02	+0,82	531
	50m: 30.68 30.68	250m: 2:51.24	35.13	450m: 5:13.62	35.80	650m: 7:35.84 35.44
	100m: 1:05.65 34.97	300m: 3:27.07	35.83	500m: 5:48.95	35.33	700m: 8:10.40 34.56
	150m: 1:40.74 35.09	350m: 4:02.40	35.33	550m: 6:25.18	36.23	750m: 8:44.79 34.39
	200m: 2:16.11 35.37	400m: 4:37.82	35.42	600m: 7:00.40	35.22	800m: 9:18.02 33.23
13.	Goncalo Augusto SOARES	08	Porto	9:18.66	+0,77	530
	50m: 31.08 31.08	250m: 2:49.62	34.97	450m: 5:11.21	34.95	650m: 7:33.41 35.38
	100m: 1:04.84 33.76	300m: 3:25.21	35.59	500m: 5:46.69	35.48	700m: 8:09.08 35.67
	150m: 1:39.63 34.79	350m: 4:00.61	35.40	550m: 6:22.03	35.34	750m: 8:44.20 35.12
	200m: 2:14.65 35.02	400m: 4:36.26	35.65	600m: 6:58.03	36.00	800m: 9:18.66 34.46
14.	Andre Leitao COSTA	07	Fafe	9:20.58	+0,70	524
	50m: 30.81 30.81	250m: 2:49.69	35.19	450m: 5:12.07	35.72	650m: 7:35.40 35.65
	100m: 1:04.81 34.00	300m: 3:25.18	35.49	500m: 5:47.81	35.74	700m: 8:11.35 35.95
	150m: 1:39.79 34.98	350m: 4:01.30	36.12	550m: 6:23.86	36.05	750m: 8:46.91 35.56
	200m: 2:14.50 34.71	400m: 4:36.35	35.05	600m: 6:59.75	35.89	800m: 9:20.58 33.67
15.	Daniel Casaca CARVALHO	07	Colegio Vasco da Gama	9:21.72	+0,78	521
	50m: 29.19 29.19	250m: 2:48.85	35.84	450m: 5:13.00	36.11	650m: 7:36.97 35.52
	100m: 1:02.62 33.43	300m: 3:24.82	35.97	500m: 5:49.48	36.48	700m: 8:12.33 35.36
	150m: 1:37.39 34.77	350m: 4:00.50	35.68	550m: 6:25.94	36.46	750m: 8:47.19 34.86
	200m: 2:13.01 35.62	400m: 4:36.89	36.39	600m: 7:01.45	35.51	800m: 9:21.72 34.53
16.	Guilherme Simoes SOUSA	08	Nautico Academico	9:22.19	+0,76	520
	50m: 30.99 30.99	250m: 2:51.39	35.34	450m: 5:13.88	35.69	650m: 7:37.46 35.67
	100m: 1:05.56 34.57	300m: 3:27.10	35.71	500m: 5:49.63	35.75	700m: 8:13.58 36.12
	150m: 1:40.53 34.97	350m: 4:02.64	35.54	550m: 6:25.71	36.08	750m: 8:48.55 34.97
	200m: 2:16.05 35.52	400m: 4:38.19	35.55	600m: 7:01.79	36.08	800m: 9:22.19 33.64
17.	Francisco Xavier RITA	07	Vieirense	9:23.57	+0,71	516
	50m: 30.82 30.82	250m: 2:49.08	35.46	450m: 5:12.72	35.55	650m: 7:37.72 35.71
	100m: 1:04.68 33.86	300m: 3:25.05	35.97	500m: 5:49.38	36.66	700m: 8:14.44 36.72
	150m: 1:39.02 34.34	350m: 4:00.56	35.51	550m: 6:25.22	35.84	750m: 8:49.33 34.89
	200m: 2:13.62 34.60	400m: 4:37.17	36.61	600m: 7:02.01	36.79	800m: 9:23.57 34.24
18.	Guilherme Martins SILVA	08	Academico Viseu	9:25.97	+0,68	509
	50m: 31.18 31.18	250m: 2:51.81	35.15	450m: 5:15.96	36.16	650m: 7:40.50 36.00
	100m: 1:06.07 34.89	300m: 3:28.12	36.31	500m: 5:52.43	36.47	700m: 8:16.34 35.84
	150m: 1:40.73 34.66	350m: 4:03.33	35.21	550m: 6:28.15	35.72	750m: 8:51.36 35.02
	200m: 2:16.66 35.93	400m: 4:39.80	36.47	600m: 7:04.50	36.35	800m: 9:25.97 34.61

Prova 111, Masc., 800m Livres, Juvenis

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
19.	Miguel Braga GOMES	07	Sporting	9:31.77	+0,72	494
	50m: 30.25 30.25	250m: 2:50.22	35.76 450m: 5:15.11	36.50 650m: 7:42.28	36.76	
	100m: 1:04.05 33.80	300m: 3:26.30	36.08 500m: 5:51.79	36.68 700m: 8:19.26	36.98	
	150m: 1:39.01 34.96	350m: 4:02.27	35.97 550m: 6:28.42	36.63 750m: 8:55.89	36.63	
	200m: 2:14.46 35.45	400m: 4:38.61	36.34 600m: 7:05.52	37.10 800m: 9:31.77	35.88	
20.	Antonio Cruz FARDILHA	08	Galitos / Bresimar	9:36.53	+0,69	482
	50m: 31.22 31.22	250m: 2:56.09	36.12 450m: 5:22.08	36.21 650m: 7:49.89	36.84	
	100m: 1:06.79 35.57	300m: 3:32.58	36.49 500m: 5:59.08	37.00 700m: 8:26.48	36.59	
	150m: 1:43.15 36.36	350m: 4:09.04	36.46 550m: 6:35.63	36.55 750m: 9:02.17	35.69	
	200m: 2:19.97 36.82	400m: 4:45.87	36.83 600m: 7:13.05	37.42 800m: 9:36.53	34.36	
EXH	Afonso Miguel NOGUEIRA	07	Braga	9:21.40	+0,80	522
	50m: 30.45 30.45	250m: 2:52.13	35.31 450m: 5:13.70	35.51 650m: 7:37.10	35.78	
	100m: 1:05.54 35.09	300m: 3:27.53	35.40 500m: 5:49.52	35.82 700m: 8:13.17	36.07	
	150m: 1:41.22 35.68	350m: 4:02.93	35.40 550m: 6:25.34	35.82 750m: 8:48.53	35.36	
	200m: 2:16.82 35.60	400m: 4:38.19	35.26 600m: 7:01.32	35.98 800m: 9:21.40	32.87	
EXH	David Ferreira SILVA	07	Academica de Coimbra	9:21.97	+0,68	520
	50m: 32.02 32.02	250m: 2:51.55	35.19 450m: 5:13.60	35.74 650m: 7:36.88	35.82	
	100m: 1:06.57 34.55	300m: 3:26.71	35.16 500m: 5:49.46	35.86 700m: 8:12.98	36.10	
	150m: 1:41.47 34.90	350m: 4:02.18	35.47 550m: 6:25.32	35.86 750m: 8:48.46	35.48	
	200m: 2:16.36 34.89	400m: 4:37.86	35.68 600m: 7:01.06	35.74 800m: 9:21.97	33.51	
EXH	Guilherme Romeira PINTO	07	Sporting de Espinho	9:22.22	+0,63	520
	50m: 30.37 30.37	250m: 2:51.63	35.96 450m: 5:14.78	35.84 650m: 7:38.16	35.86	
	100m: 1:04.71 34.34	300m: 3:27.35	35.72 500m: 5:50.55	35.77 700m: 8:13.89	35.73	
	150m: 1:39.97 35.26	350m: 4:03.12	35.77 550m: 6:26.72	36.17 750m: 8:49.33	35.44	
	200m: 2:15.67 35.70	400m: 4:38.94	35.82 600m: 7:02.30	35.58 800m: 9:22.22	32.89	
EXH	Joao Pedro MONTEIRO	08	BUZIOS-Coruche	9:28.37	+0,79	503
	50m: 31.87 31.87	250m: 2:51.94	35.86 450m: 5:15.66	36.06 650m: 7:42.07	36.55	
	100m: 1:05.92 34.05	300m: 3:27.69	35.75 500m: 5:51.93	36.27 700m: 8:17.76	35.69	
	150m: 1:41.08 35.16	350m: 4:03.65	35.96 550m: 6:28.68	36.75 750m: 8:53.32	35.56	
	200m: 2:16.08 35.00	400m: 4:39.60	35.95 600m: 7:05.52	36.84 800m: 9:28.37	35.05	
EXH	Rodrigo Silva LIMA	08	Porto	9:29.20	+0,71	501
	50m: 32.59 32.59	250m: 2:56.02	36.40 450m: 5:19.48	35.85 650m: 7:43.47	36.07	
	100m: 1:07.39 34.80	300m: 3:31.95	35.93 500m: 5:55.34	35.86 700m: 8:19.37	35.90	
	150m: 1:43.26 35.87	350m: 4:07.58	35.63 550m: 6:31.39	36.05 750m: 8:54.63	35.26	
	200m: 2:19.62 36.36	400m: 4:43.63	36.05 600m: 7:07.40	36.01 800m: 9:29.20	34.57	
EXH	Luis Pedro GONCALVES	08	Braga	9:36.99	+0,74	481
	50m: 30.73 30.73	250m: 2:54.02	36.71 450m: 5:21.21	36.41 650m: 7:49.17	37.35	
	100m: 1:05.48 34.75	300m: 3:31.09	37.07 500m: 5:57.55	36.34 700m: 8:26.27	37.10	
	150m: 1:41.11 35.63	350m: 4:07.68	36.59 550m: 6:34.55	37.00 750m: 9:02.21	35.94	
	200m: 2:17.31 36.20	400m: 4:44.80	37.12 600m: 7:11.82	37.27 800m: 9:36.99	34.78	
EXH	Eduardo Sousa SARAGOCA	07	Viana Natacao	9:38.42	+0,76	477
	50m: 32.04 32.04	250m: 2:57.79	37.13 450m: 5:25.25	36.29 650m: 7:50.88	36.40	
	100m: 1:07.27 35.23	300m: 3:34.80	37.01 500m: 6:01.76	36.51 700m: 8:27.24	36.36	
	150m: 1:44.11 36.84	350m: 4:12.32	37.52 550m: 6:38.38	36.62 750m: 9:03.70	36.46	
	200m: 2:20.66 36.55	400m: 4:48.96	36.64 600m: 7:14.48	36.10 800m: 9:38.42	34.72	

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	

Prova 111, Masc., 800m Livres

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
EXH	David Martins CARMO	07	Natacao de Olhao	9:43.62	+0,72	464
	50m: 31.46 31.46	250m: 2:54.98	36.55 450m: 5:24.30	37.08	650m: 7:53.85	37.49
	100m: 1:06.34 34.88	300m: 3:32.18	37.20 500m: 6:01.41	37.11	700m: 8:31.22	37.37
	150m: 1:42.01 35.67	350m: 4:09.53	37.35 550m: 6:38.67	37.26	750m: 9:08.09	36.87
	200m: 2:18.43 36.42	400m: 4:47.22	37.69 600m: 7:16.36	37.69	800m: 9:43.62	35.53
EXH	Goncalo Andre FERREIRA	07	Ginasio de Vila Real	9:45.50	+0,79	460
	50m: 30.65 30.65	250m: 2:55.36	37.51 450m: 5:24.64	38.23	650m: 7:55.62	37.88
	100m: 1:05.32 34.67	300m: 3:32.20	36.84 500m: 6:02.59	37.95	700m: 8:33.13	37.51
	150m: 1:41.07 35.75	350m: 4:09.12	36.92 550m: 6:40.31	37.72	750m: 9:10.63	37.50
	200m: 2:17.85 36.78	400m: 4:46.41	37.29 600m: 7:17.74	37.43	800m: 9:45.50	34.87
EXH	Joao Pedro CARAPINHA	07	Uniao Piedense	9:56.88	+0,75	434
	50m: 31.37 31.37	250m: 2:56.64	37.49 450m: 5:27.38	37.66	650m: 8:01.46	38.65
	100m: 1:06.44 35.07	300m: 3:33.90	37.26 500m: 6:05.44	38.06	700m: 8:39.97	38.51
	150m: 1:42.58 36.14	350m: 4:11.68	37.78 550m: 6:44.13	38.69	750m: 9:18.88	38.91
	200m: 2:19.15 36.57	400m: 4:49.72	38.04 600m: 7:22.81	38.68	800m: 9:56.88	38.00

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	