

Prova 102  
30/03/2023 - 19:36

Masc., 1500m Livres

Juvenis  
Resultados

Rec Nac Absoluto	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Sen	15:15.12	Guilherme Filipe PINA	SCP	Coimbra	30/03/2017
Rec Nac Jun18	15:23.46	Guilherme Filipe PINA	POR	Hodmezovasarhely (HUN)	07/07/2016
Rec Nac Jun17	15:43.45	Guilherme Filipe PINA	POR	Singapore (SGP)	30/08/2015
Rec Nac Juv A	15:45.55	Gustavo Manuel SANTA	POR	Tampere (FIN)	23/07/2009
Rec Nac Juv B	16:30.45	Duarte Miguel JORGE	CGA	Oeiras	21/07/2016
RN S15	18:15.76	Miguel Duarte CRUZ	CFB	Vila Franca de Xira	28/02/2020

JO Absoluto: 15:00.99 / CMPL Sen: 15:04.64 / CESub23 19 - 23: 15:32.52 / CEJun\_Masc 15 - 18: 15:56.90 / TAC Sen 50m: 17:18.06 - 25m: 16:45.20; Jun 50m: 17:49.20 - 25m: 17:15.36; Juv 50m: 18:25.53 - 25m: 17:50.54

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA
1.	Rui Silva PEREIRA	08	Colegio Monte Maior	<b>16:36.24</b>	<b>+0,82</b>	<b>668</b>
	50m: 29.01 29.01	450m: 4:52.63 33.11	850m: 9:20.01 33.51	1250m: 13:49.41 33.87		
	100m: 1:01.76 32.75	500m: 5:25.66 33.03	900m: 9:53.28 33.27	1300m: 14:22.76 33.35		
	150m: 1:34.51 32.75	550m: 5:58.95 33.29	950m: 10:26.75 33.47	1350m: 14:56.50 33.74		
	200m: 2:07.36 32.85	600m: 6:32.18 33.23	1000m: 11:00.92 34.17	1400m: 15:30.10 33.60		
	250m: 2:39.88 32.52	650m: 7:05.75 33.57	1050m: 11:33.88 32.96	1450m: 16:03.43 33.33		
	300m: 3:12.92 33.04	700m: 7:39.19 33.44	1100m: 12:07.83 33.95	1500m: 16:36.24 32.81		
	350m: 3:45.62 32.70	750m: 8:12.94 33.75	1150m: 12:41.48 33.65			
	400m: 4:19.52 33.90	800m: 8:46.50 33.56	1200m: 13:15.54 34.06			
2.	Rodrigo Costa BORGES	07	Fluvial Portuense	<b>16:48.48</b>	<b>+0,65</b>	<b>644</b>
	50m: 29.81 29.81	450m: 4:58.54 33.35	850m: 9:29.57 33.87	1250m: 14:01.28 33.43		
	100m: 1:02.79 32.98	500m: 5:32.55 34.01	900m: 10:03.78 34.21	1300m: 14:35.15 33.87		
	150m: 1:36.51 33.72	550m: 6:06.45 33.90	950m: 10:37.64 33.86	1350m: 15:08.96 33.81		
	200m: 2:10.26 33.75	600m: 6:40.06 33.61	1000m: 11:11.84 34.20	1400m: 15:42.54 33.58		
	250m: 2:44.24 33.98	650m: 7:13.85 33.79	1050m: 11:45.68 33.84	1450m: 16:15.66 33.12		
	300m: 3:17.76 33.52	700m: 7:47.70 33.85	1100m: 12:19.90 34.22	1500m: 16:48.48 32.82		
	350m: 3:51.24 33.48	750m: 8:21.75 34.05	1150m: 12:54.19 34.29			
	400m: 4:25.19 33.95	800m: 8:55.70 33.95	1200m: 13:27.85 33.66			
3.	Duarte Ramos NUNES	07	Galitos / Bresimar	<b>17:01.30</b>	<b>+0,62</b>	<b>620</b>
	50m: 29.73 29.73	450m: 5:02.02 34.10	850m: 9:36.01 33.85	1250m: 14:11.18 34.24		
	100m: 1:02.63 32.90	500m: 5:36.56 34.54	900m: 10:10.35 34.34	1300m: 14:45.72 34.54		
	150m: 1:36.40 33.77	550m: 6:10.76 34.20	950m: 10:44.47 34.12	1350m: 15:19.68 33.96		
	200m: 2:10.65 34.25	600m: 6:45.33 34.57	1000m: 11:19.03 34.56	1400m: 15:54.35 34.67		
	250m: 2:44.70 34.05	650m: 7:19.35 34.02	1050m: 11:53.43 34.40	1450m: 16:27.64 33.29		
	300m: 3:19.25 34.55	700m: 7:53.80 34.45	1100m: 12:28.07 34.64	1500m: 17:01.30 33.66		
	350m: 3:53.41 34.16	750m: 8:27.93 34.13	1150m: 13:02.32 34.25			
	400m: 4:27.92 34.51	800m: 9:02.16 34.23	1200m: 13:36.94 34.62			
4.	Axel Guedes ASMAR	07	Sporting	<b>17:07.47</b>	<b>+0,60</b>	<b>609</b>
	50m: 29.47 29.47	450m: 4:58.99 34.24	850m: 9:35.91 34.72	1250m: 14:14.13 34.86		
	100m: 1:02.23 32.76	500m: 5:33.47 34.48	900m: 10:10.69 34.78	1300m: 14:50.03 35.90		
	150m: 1:35.11 32.88	550m: 6:08.28 34.81	950m: 10:45.31 34.62	1350m: 15:24.60 34.57		
	200m: 2:08.91 33.80	600m: 6:42.80 34.52	1000m: 11:19.84 34.53	1400m: 16:00.23 35.63		
	250m: 2:42.47 33.56	650m: 7:17.22 34.42	1050m: 11:54.33 34.49	1450m: 16:34.63 34.40		
	300m: 3:16.53 34.06	700m: 7:51.99 34.77	1100m: 12:29.46 35.13	1500m: 17:07.47 32.84		
	350m: 3:50.36 33.83	750m: 8:26.22 34.23	1150m: 13:04.40 34.94			
	400m: 4:24.75 34.39	800m: 9:01.19 34.97	1200m: 13:39.27 34.87			

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS				
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS

Prova 102, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
5.	Miguel Guedes FERREIRA	07	Porto	<b>17:09.81</b>	<b>+0,78</b>	<b>605</b>	
	50m: 30.17 30.17	450m: 5:04.15	34.60	850m: 9:40.89	34.51	1250m: 14:18.17	34.66
	100m: 1:03.68 33.51	500m: 5:38.73	34.58	900m: 10:15.64	34.75	1300m: 14:53.03	34.86
	150m: 1:37.82 34.14	550m: 6:13.27	34.54	950m: 10:50.25	34.61	1350m: 15:26.75	33.72
	200m: 2:12.11 34.29	600m: 6:48.07	34.80	1000m: 11:25.06	34.81	1400m: 16:00.85	34.10
	250m: 2:46.33 34.22	650m: 7:22.84	34.77	1050m: 11:59.58	34.52	1450m: 16:35.23	34.38
	300m: 3:20.66 34.33	700m: 7:57.40	34.56	1100m: 12:34.27	34.69	1500m: 17:09.81	34.58
	350m: 3:54.97 34.31	750m: 8:31.79	34.39	1150m: 13:09.01	34.74		
	400m: 4:29.55 34.58	800m: 9:06.38	34.59	1200m: 13:43.51	34.50		
6.	Tiago Andre CANELAS	08	Fluvial Portuense	<b>17:14.48</b>	<b>+0,68</b>	<b>596</b>	
	50m: 30.49 30.49	450m: 5:06.24	34.65	850m: 9:42.88	34.47	1250m: 14:20.85	34.92
	100m: 1:04.07 33.58	500m: 5:40.82	34.58	900m: 10:17.33	34.45	1300m: 14:56.12	35.27
	150m: 1:38.50 34.43	550m: 6:15.35	34.53	950m: 10:52.12	34.79	1350m: 15:31.32	35.20
	200m: 2:12.92 34.42	600m: 6:50.23	34.88	1000m: 11:26.86	34.74	1400m: 16:06.37	35.05
	250m: 2:47.49 34.57	650m: 7:24.71	34.48	1050m: 12:01.17	34.31	1450m: 16:40.78	34.41
	300m: 3:22.16 34.67	700m: 7:59.30	34.59	1100m: 12:36.01	34.84	1500m: 17:14.48	33.70
	350m: 3:56.81 34.65	750m: 8:33.98	34.68	1150m: 13:10.96	34.95		
	400m: 4:31.59 34.78	800m: 9:08.41	34.43	1200m: 13:45.93	34.97		
7.	Miguel Fragoso MEDEIROS	08	Porto	<b>17:26.34</b>	<b>+0,84</b>	<b>576</b>	
	50m: 30.12 30.12	450m: 5:04.90	34.64	850m: 9:44.16	35.15	1250m: 14:29.42	35.90
	100m: 1:03.60 33.48	500m: 5:39.67	34.77	900m: 10:19.66	35.50	1300m: 15:05.34	35.92
	150m: 1:37.84 34.24	550m: 6:14.49	34.82	950m: 10:54.90	35.24	1350m: 15:41.10	35.76
	200m: 2:12.44 34.60	600m: 6:49.31	34.82	1000m: 11:30.77	35.87	1400m: 16:16.52	35.42
	250m: 2:46.63 34.19	650m: 7:24.21	34.90	1050m: 12:06.26	35.49	1450m: 16:51.65	35.13
	300m: 3:21.06 34.43	700m: 7:58.91	34.70	1100m: 12:41.89	35.63	1500m: 17:26.34	34.69
	350m: 3:55.63 34.57	750m: 8:33.92	35.01	1150m: 13:17.79	35.90		
	400m: 4:30.26 34.63	800m: 9:09.01	35.09	1200m: 13:53.52	35.73		
8.	Afonso Gago GARCIA	08	Benfica	<b>17:31.62</b>	<b>+0,64</b>	<b>568</b>	
	50m: 30.50 30.50	450m: 5:11.27	35.90	850m: 9:56.90	35.60	1250m: 14:40.20	35.53
	100m: 1:03.91 33.41	500m: 5:46.51	35.24	900m: 10:32.31	35.41	1300m: 15:15.41	35.21
	150m: 1:38.08 34.17	550m: 6:22.68	36.17	950m: 11:07.90	35.59	1350m: 15:50.61	35.20
	200m: 2:12.81 34.73	600m: 6:58.96	36.28	1000m: 11:43.94	36.04	1400m: 16:26.09	35.48
	250m: 2:48.00 35.19	650m: 7:34.61	35.65	1050m: 12:18.46	34.52	1450m: 16:58.59	32.50
	300m: 3:23.80 35.80	700m: 8:09.78	35.17	1100m: 12:53.65	35.19	1500m: 17:31.62	33.03
	350m: 3:59.35 35.55	750m: 8:46.05	36.27	1150m: 13:29.38	35.73		
	400m: 4:35.37 36.02	800m: 9:21.30	35.25	1200m: 14:04.67	35.29		
9.	Marco Dimitar OLIVEIRA	07	Nautico Academico	<b>17:33.66</b>	<b>+0,81</b>	<b>564</b>	
	50m: 30.71 30.71	450m: 5:08.62	35.32	850m: 9:51.87	35.42	1250m: 14:35.94	35.64
	100m: 1:04.34 33.63	500m: 5:44.09	35.47	900m: 10:27.49	35.62	1300m: 15:11.64	35.70
	150m: 1:38.70 34.36	550m: 6:19.20	35.11	950m: 11:02.61	35.12	1350m: 15:46.92	35.28
	200m: 2:13.61 34.91	600m: 6:54.72	35.52	1000m: 11:38.18	35.57	1400m: 16:22.81	35.89
	250m: 2:48.28 34.67	650m: 7:30.55	35.83	1050m: 12:13.62	35.44	1450m: 16:58.81	36.00
	300m: 3:23.24 34.96	700m: 8:05.83	35.28	1100m: 12:49.31	35.69	1500m: 17:33.66	34.85
	350m: 3:57.90 34.66	750m: 8:40.97	35.14	1150m: 13:24.92	35.61		
	400m: 4:33.30 35.40	800m: 9:16.45	35.48	1200m: 14:00.30	35.38		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS			
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS	

## Prova 102, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA		
10.	Filipe Manso LARANJO	07	Desportiva de Viana	<b>17:36.21</b>	<b>+0,80</b>	<b>560</b>		
	50m: 30.32	30.32	450m: 5:05.11	34.91	850m: 9:51.20	35.81	1250m: 14:38.65	35.21
	100m: 1:03.93	33.61	500m: 5:40.35	35.24	900m: 10:26.85	35.65	1300m: 15:14.89	36.24
	150m: 1:37.57	33.64	550m: 6:15.79	35.44	950m: 11:02.63	35.78	1350m: 15:51.03	36.14
	200m: 2:11.28	33.71	600m: 6:51.60	35.81	1000m: 11:38.99	36.36	1400m: 16:26.82	35.79
	250m: 2:45.99	34.71	650m: 7:27.46	35.86	1050m: 12:15.10	36.11	1450m: 17:02.16	35.34
	300m: 3:20.54	34.55	700m: 8:03.34	35.88	1100m: 12:51.04	35.94	1500m: 17:36.21	34.05
	350m: 3:54.96	34.42	750m: 8:39.29	35.95	1150m: 13:27.38	36.34		
	400m: 4:30.20	35.24	800m: 9:15.39	36.10	1200m: 14:03.44	36.06		
11.	Guilherme Simoes SOUSA	08	Nautico Academico	<b>17:41.76</b>	<b>+0,69</b>	<b>552</b>		
	50m: 31.44	31.44	450m: 5:16.45	35.93	850m: 10:01.26	35.67	1250m: 14:46.43	35.66
	100m: 1:06.20	34.76	500m: 5:52.16	35.71	900m: 10:36.88	35.62	1300m: 15:22.08	35.65
	150m: 1:41.44	35.24	550m: 6:27.72	35.56	950m: 11:12.54	35.66	1350m: 15:57.75	35.67
	200m: 2:17.49	36.05	600m: 7:03.57	35.85	1000m: 11:47.90	35.36	1400m: 16:33.82	36.07
	250m: 2:53.17	35.68	650m: 7:39.19	35.62	1050m: 12:23.28	35.38	1450m: 17:08.75	34.93
	300m: 3:28.88	35.71	700m: 8:14.80	35.61	1100m: 12:59.16	35.88	1500m: 17:41.76	33.01
	350m: 4:04.58	35.70	750m: 8:50.39	35.59	1150m: 13:34.89	35.73		
	400m: 4:40.52	35.94	800m: 9:25.59	35.20	1200m: 14:10.77	35.88		
12.	Daniel Casaca CARVALHO	07	Colegio Vasco da Gama	<b>17:44.74</b>	<b>+0,81</b>	<b>547</b>		
	50m: 30.21	30.21	450m: 5:13.07	35.85	850m: 10:01.05	36.30	1250m: 14:47.65	36.03
	100m: 1:04.61	34.40	500m: 5:48.93	35.86	900m: 10:37.56	36.51	1300m: 15:23.74	36.09
	150m: 1:39.80	35.19	550m: 6:25.00	36.07	950m: 11:13.47	35.91	1350m: 15:58.83	35.09
	200m: 2:14.48	34.68	600m: 7:00.67	35.67	1000m: 11:49.34	35.87	1400m: 16:34.54	35.71
	250m: 2:49.93	35.45	650m: 7:36.26	35.59	1050m: 12:24.92	35.58	1450m: 17:09.89	35.35
	300m: 3:25.85	35.92	700m: 8:12.38	36.12	1100m: 13:00.72	35.80	1500m: 17:44.74	34.85
	350m: 4:01.12	35.27	750m: 8:48.61	36.23	1150m: 13:35.71	34.99		
	400m: 4:37.22	36.10	800m: 9:24.75	36.14	1200m: 14:11.62	35.91		
13.	Ricardo Figueiredo FERNANDES	08	Colegio Monte Maior	<b>17:45.71</b>	<b>+0,85</b>	<b>545</b>		
	50m: 31.60	31.60	450m: 5:15.75	36.31	850m: 10:03.60	36.17	1250m: 14:52.32	35.74
	100m: 1:06.74	35.14	500m: 5:51.25	35.50	900m: 10:40.04	36.44	1300m: 15:28.20	35.88
	150m: 1:42.04	35.30	550m: 6:27.16	35.91	950m: 11:16.51	36.47	1350m: 16:04.28	36.08
	200m: 2:17.16	35.12	600m: 7:03.21	36.05	1000m: 11:52.98	36.47	1400m: 16:40.10	35.82
	250m: 2:52.71	35.55	650m: 7:39.57	36.36	1050m: 12:28.55	35.57	1450m: 17:14.31	34.21
	300m: 3:28.11	35.40	700m: 8:15.48	35.91	1100m: 13:04.52	35.97	1500m: 17:45.71	31.40
	350m: 4:03.74	35.63	750m: 8:51.47	35.99	1150m: 13:40.79	36.27		
	400m: 4:39.44	35.70	800m: 9:27.43	35.96	1200m: 14:16.58	35.79		
14.	Goncalo Augusto SOARES	08	Porto	<b>17:46.45</b>	<b>+0,79</b>	<b>544</b>		
	50m: 31.14	31.14	450m: 5:13.25	35.40	850m: 9:59.27	35.36	1250m: 14:47.56	35.71
	100m: 1:05.80	34.66	500m: 5:49.64	36.39	900m: 10:35.53	36.26	1300m: 15:24.16	36.60
	150m: 1:40.78	34.98	550m: 6:25.00	35.36	950m: 11:11.11	35.58	1350m: 15:59.77	35.61
	200m: 2:16.40	35.62	600m: 7:00.63	35.63	1000m: 11:47.30	36.19	1400m: 16:36.32	36.55
	250m: 2:51.42	35.02	650m: 7:36.28	35.65	1050m: 12:23.31	36.01	1450m: 17:11.73	35.41
	300m: 3:27.09	35.67	700m: 8:12.23	35.95	1100m: 12:59.72	36.41	1500m: 17:46.45	34.72
	350m: 4:02.68	35.59	750m: 8:47.82	35.59	1150m: 13:35.49	35.77		
	400m: 4:37.85	35.17	800m: 9:23.91	36.09	1200m: 14:11.85	36.36		

## Prova 102, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
15.	Rodrigo Silva LIMA	08		Porto	<b>17:51.10</b>	<b>+0,68</b>	<b>537</b>	
	50m: 32.70	32.70	450m: 5:19.15	36.06	850m: 10:05.14	35.82	1250m: 14:53.00	36.06
	100m: 1:07.28	34.58	500m: 5:54.91	35.76	900m: 10:40.89	35.75	1300m: 15:28.97	35.97
	150m: 1:43.56	36.28	550m: 6:30.63	35.72	950m: 11:16.94	36.05	1350m: 16:05.05	36.08
	200m: 2:19.80	36.24	600m: 7:06.30	35.67	1000m: 11:52.86	35.92	1400m: 16:41.02	35.97
	250m: 2:55.82	36.02	650m: 7:42.44	36.14	1050m: 12:28.66	35.80	1450m: 17:17.20	36.18
	300m: 3:31.48	35.66	700m: 8:18.23	35.79	1100m: 13:04.83	36.17	1500m: 17:51.10	33.90
	350m: 4:07.38	35.90	750m: 8:54.08	35.85	1150m: 13:41.07	36.24		
	400m: 4:43.09	35.71	800m: 9:29.32	35.24	1200m: 14:16.94	35.87		
16.	Andre Leitao COSTA	07		Fafe	<b>17:51.33</b>	<b>+0,68</b>	<b>537</b>	
	50m: 31.52	31.52	450m: 5:18.51	36.36	850m: 10:05.74	35.78	1250m: 14:54.57	36.08
	100m: 1:06.36	34.84	500m: 5:54.63	36.12	900m: 10:41.57	35.83	1300m: 15:30.22	35.65
	150m: 1:42.42	36.06	550m: 6:30.28	35.65	950m: 11:17.91	36.34	1350m: 16:06.29	36.07
	200m: 2:18.66	36.24	600m: 7:06.06	35.78	1000m: 11:53.94	36.03	1400m: 16:42.45	36.16
	250m: 2:55.04	36.38	650m: 7:41.79	35.73	1050m: 12:30.01	36.07	1450m: 17:18.06	35.61
	300m: 3:30.71	35.67	700m: 8:17.34	35.55	1100m: 13:06.04	36.03	1500m: 17:51.33	33.27
	350m: 4:06.69	35.98	750m: 8:53.66	36.32	1150m: 13:42.25	36.21		
	400m: 4:42.15	35.46	800m: 9:29.96	36.30	1200m: 14:18.49	36.24		
17.	Gustavo Miguel LOPES	08		Porto	<b>17:51.34</b>	<b>+0,71</b>	<b>537</b>	
	50m: 30.86	30.86	450m: 5:18.23	36.03	850m: 10:05.89	36.04	1250m: 14:54.34	35.64
	100m: 1:06.08	35.22	500m: 5:54.48	36.25	900m: 10:41.88	35.99	1300m: 15:30.77	36.43
	150m: 1:41.98	35.90	550m: 6:30.24	35.76	950m: 11:18.14	36.26	1350m: 16:06.53	35.76
	200m: 2:18.04	36.06	600m: 7:06.30	36.06	1000m: 11:54.44	36.30	1400m: 16:42.84	36.31
	250m: 2:54.31	36.27	650m: 7:41.99	35.69	1050m: 12:30.06	35.62	1450m: 17:18.48	35.64
	300m: 3:30.29	35.98	700m: 8:18.14	36.15	1100m: 13:06.30	36.24	1500m: 17:51.34	32.86
	350m: 4:06.12	35.83	750m: 8:53.80	35.66	1150m: 13:42.38	36.08		
	400m: 4:42.20	36.08	800m: 9:29.85	36.05	1200m: 14:18.70	36.32		
18.	Afonso Miguel NOGUEIRA	07		Braga	<b>17:52.91</b>	<b>+0,85</b>	<b>535</b>	
	50m: 31.71	31.71	450m: 5:15.42	35.83	850m: 10:03.55	36.02	1250m: 14:55.16	36.72
	100m: 1:06.26	34.55	500m: 5:51.12	35.70	900m: 10:40.15	36.60	1300m: 15:31.30	36.14
	150m: 1:41.87	35.61	550m: 6:27.31	36.19	950m: 11:16.50	36.35	1350m: 16:07.85	36.55
	200m: 2:17.07	35.20	600m: 7:03.25	35.94	1000m: 11:53.10	36.60	1400m: 16:43.98	36.13
	250m: 2:52.60	35.53	650m: 7:39.28	36.03	1050m: 12:29.24	36.14	1450m: 17:19.89	35.91
	300m: 3:28.15	35.55	700m: 8:15.29	36.01	1100m: 13:05.87	36.63	1500m: 17:52.91	33.02
	350m: 4:03.80	35.65	750m: 8:51.43	36.14	1150m: 13:42.22	36.35		
	400m: 4:39.59	35.79	800m: 9:27.53	36.10	1200m: 14:18.44	36.22		
19.	Tomas Alexandre SANTOS	07		BUZIOS-Coruche	<b>17:53.65</b>	<b>+0,78</b>	<b>533</b>	
	50m: 29.79	29.79	450m: 5:14.76	36.30	850m: 10:05.30	36.47	1250m: 14:56.09	36.78
	100m: 1:03.55	33.76	500m: 5:50.77	36.01	900m: 10:41.55	36.25	1300m: 15:32.05	35.96
	150m: 1:38.85	35.30	550m: 6:27.26	36.49	950m: 11:17.66	36.11	1350m: 16:07.60	35.55
	200m: 2:14.28	35.43	600m: 7:03.60	36.34	1000m: 11:54.31	36.65	1400m: 16:42.67	35.07
	250m: 2:49.91	35.63	650m: 7:39.73	36.13	1050m: 12:30.66	36.35	1450m: 17:19.21	36.54
	300m: 3:25.85	35.94	700m: 8:16.12	36.39	1100m: 13:06.79	36.13	1500m: 17:53.65	34.44
	350m: 4:02.24	36.39	750m: 8:52.47	36.35	1150m: 13:43.15	36.36		
	400m: 4:38.46	36.22	800m: 9:28.83	36.36	1200m: 14:19.31	36.16		

Prova 102, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	
20.	Miguel Braga GOMES	07		Sporting	<b>17:53.99</b>	<b>+0,74</b>	<b>533</b>	
	50m: 30.87	30.87	450m: 5:13.34	36.13	850m: 10:02.68	36.34	1250m: 14:53.57	36.77
	100m: 1:04.30	33.43	500m: 5:49.10	35.76	900m: 10:38.82	36.14	1300m: 15:30.24	36.67
	150m: 1:39.51	35.21	550m: 6:25.23	36.13	950m: 11:15.32	36.50	1350m: 16:07.09	36.85
	200m: 2:14.80	35.29	600m: 7:01.28	36.05	1000m: 11:51.73	36.41	1400m: 16:43.71	36.62
	250m: 2:50.36	35.56	650m: 7:37.65	36.37	1050m: 12:27.27	35.54	1450m: 17:18.93	35.22
	300m: 3:25.94	35.58	700m: 8:13.87	36.22	1100m: 13:03.54	36.27	1500m: 17:53.99	35.06
	350m: 4:01.62	35.68	750m: 8:50.04	36.17	1150m: 13:40.15	36.61		
	400m: 4:37.21	35.59	800m: 9:26.34	36.30	1200m: 14:16.80	36.65		
21.	Francisco Xavier RITA	07		Vieirense	<b>18:00.51</b>	<b>+0,72</b>	<b>523</b>	
	50m: 30.85	30.85	450m: 5:17.48	36.23	850m: 10:09.10	36.30	1250m: 15:02.84	36.86
	100m: 1:05.06	34.21	500m: 5:53.76	36.28	900m: 10:45.67	36.57	1300m: 15:39.54	36.70
	150m: 1:40.25	35.19	550m: 6:30.10	36.34	950m: 11:22.42	36.75	1350m: 16:15.28	35.74
	200m: 2:16.44	36.19	600m: 7:06.75	36.65	1000m: 11:59.07	36.65	1400m: 16:51.20	35.92
	250m: 2:52.90	36.46	650m: 7:43.30	36.55	1050m: 12:35.42	36.35	1450m: 17:26.38	35.18
	300m: 3:28.87	35.97	700m: 8:20.16	36.86	1100m: 13:12.37	36.95	1500m: 18:00.51	34.13
	350m: 4:05.06	36.19	750m: 8:56.48	36.32	1150m: 13:49.00	36.63		
	400m: 4:41.25	36.19	800m: 9:32.80	36.32	1200m: 14:25.98	36.98		
22.	Rafael Pereira RODRIGUES	08		Condeixa Clube	<b>18:06.36</b>	<b>+0,67</b>	<b>515</b>	
	50m: 31.40	31.40	450m: 5:19.26	35.59	850m: 10:12.12	36.77	1250m: 15:05.30	36.73
	100m: 1:05.75	34.35	500m: 5:56.15	36.89	900m: 10:48.70	36.58	1300m: 15:42.11	36.81
	150m: 1:41.53	35.78	550m: 6:32.90	36.75	950m: 11:24.84	36.14	1350m: 16:17.99	35.88
	200m: 2:17.60	36.07	600m: 7:09.41	36.51	1000m: 12:01.38	36.54	1400m: 16:54.63	36.64
	250m: 2:53.88	36.28	650m: 7:45.62	36.21	1050m: 12:38.28	36.90	1450m: 17:31.07	36.44
	300m: 3:30.13	36.25	700m: 8:22.28	36.66	1100m: 13:15.10	36.82	1500m: 18:06.36	35.29
	350m: 4:06.74	36.61	750m: 8:58.91	36.63	1150m: 13:51.85	36.75		
	400m: 4:43.67	36.93	800m: 9:35.35	36.44	1200m: 14:28.57	36.72		
23.	Paulo Tiago VALES	07		Porto	<b>18:07.79</b>	<b>+0,72</b>	<b>513</b>	
	50m: 30.88	30.88	450m: 5:20.91	36.59	850m: 10:12.16	36.75	1250m: 15:05.37	36.82
	100m: 1:06.20	35.32	500m: 5:57.62	36.71	900m: 10:48.59	36.43	1300m: 15:41.40	36.03
	150m: 1:42.24	36.04	550m: 6:34.02	36.40	950m: 11:25.13	36.54	1350m: 16:18.21	36.81
	200m: 2:18.65	36.41	600m: 7:10.33	36.31	1000m: 12:01.60	36.47	1400m: 16:54.65	36.44
	250m: 2:55.03	36.38	650m: 7:46.41	36.08	1050m: 12:38.34	36.74	1450m: 17:31.53	36.88
	300m: 3:31.43	36.40	700m: 8:22.86	36.45	1100m: 13:15.32	36.98	1500m: 18:07.79	36.26
	350m: 4:08.04	36.61	750m: 8:59.09	36.23	1150m: 13:52.01	36.69		
	400m: 4:44.32	36.28	800m: 9:35.41	36.32	1200m: 14:28.55	36.54		
24.	Joao Dinis ROQUE	07		Sporting	<b>18:09.18</b>	<b>+0,91</b>	<b>511</b>	
	50m: 30.75	30.75	450m: 5:18.63	37.16	850m: 10:12.28	36.67	1250m: 15:07.32	36.85
	100m: 1:05.23	34.48	500m: 5:55.19	36.56	900m: 10:49.54	37.26	1300m: 15:44.20	36.88
	150m: 1:40.25	35.02	550m: 6:31.67	36.48	950m: 11:25.62	36.08	1350m: 16:20.67	36.47
	200m: 2:16.27	36.02	600m: 7:09.21	37.54	1000m: 12:02.69	37.07	1400m: 16:58.10	37.43
	250m: 2:52.51	36.24	650m: 7:45.79	36.58	1050m: 12:39.47	36.78	1450m: 17:34.10	36.00
	300m: 3:29.17	36.66	700m: 8:22.71	36.92	1100m: 13:16.48	37.01	1500m: 18:09.18	35.08
	350m: 4:05.62	36.45	750m: 8:58.89	36.18	1150m: 13:53.23	36.75		
	400m: 4:41.47	35.85	800m: 9:35.61	36.72	1200m: 14:30.47	37.24		

## Prova 102, Masc., 1500m Livres, Juvenis

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
25.	Afonso Miguel OLIVEIRA	07		Juventude Atlantico	<b>18:13.04</b>	+0,65	506
	50m: 29.78 29.78	450m: 5:15.21	36.54	850m: 10:10.54	36.89	1250m: 15:08.64	37.01
	100m: 1:03.71 33.93	500m: 5:52.17	36.96	900m: 10:47.33	36.79	1300m: 15:46.59	37.95
	150m: 1:38.11 34.40	550m: 6:29.02	36.85	950m: 11:23.82	36.49	1350m: 16:24.19	37.60
	200m: 2:13.75 35.64	600m: 7:06.60	37.58	1000m: 12:01.54	37.72	1400m: 17:01.76	37.57
	250m: 2:49.40 35.65	650m: 7:42.93	36.33	1050m: 12:38.58	37.04	1450m: 17:37.55	35.79
	300m: 3:25.70 36.30	700m: 8:20.19	37.26	1100m: 13:16.39	37.81	1500m: 18:13.04	35.49
	350m: 4:01.87 36.17	750m: 8:56.61	36.42	1150m: 13:53.78	37.39		
	400m: 4:38.67 36.80	800m: 9:33.65	37.04	1200m: 14:31.63	37.85		
26.	Guilherme Martins SILVA	08		Academico Viseu	<b>18:16.08</b>	+0,69	501
	50m: 31.01 31.01	450m: 5:24.96	37.07	850m: 10:20.74	36.73	1250m: 15:15.78	36.51
	100m: 1:06.49 35.48	500m: 6:02.44	37.48	900m: 10:57.58	36.84	1300m: 15:52.56	36.78
	150m: 1:42.72 36.23	550m: 6:39.05	36.61	950m: 11:34.51	36.93	1350m: 16:29.35	36.79
	200m: 2:19.80 37.08	600m: 7:16.29	37.24	1000m: 12:11.24	36.73	1400m: 17:06.33	36.98
	250m: 2:56.54 36.74	650m: 7:53.07	36.78	1050m: 12:47.89	36.65	1450m: 17:41.61	35.28
	300m: 3:33.72 37.18	700m: 8:30.07	37.00	1100m: 13:25.17	37.28	1500m: 18:16.08	34.47
	350m: 4:10.57 36.85	750m: 9:06.93	36.86	1150m: 14:02.04	36.87		
	400m: 4:47.89 37.32	800m: 9:44.01	37.08	1200m: 14:39.27	37.23		
27.	Paulo Jorge OLIVEIRA	08		Estarreja/PROZINCO	<b>18:19.20</b>	+0,71	497
	50m: 30.73 30.73	450m: 5:18.96	37.00	850m: 10:15.15	37.23	1250m: 15:12.77	37.58
	100m: 1:05.41 34.68	500m: 5:55.46	36.50	900m: 10:52.46	37.31	1300m: 15:51.40	38.63
	150m: 1:40.47 35.06	550m: 6:32.29	36.83	950m: 11:29.79	37.33	1350m: 16:29.71	38.31
	200m: 2:16.46 35.99	600m: 7:09.74	37.45	1000m: 12:08.07	38.28	1400m: 17:06.73	37.02
	250m: 2:52.65 36.19	650m: 7:46.45	36.71	1050m: 12:44.23	36.16	1450m: 17:43.02	36.29
	300m: 3:29.36 36.71	700m: 8:23.85	37.40	1100m: 13:21.74	37.51	1500m: 18:19.20	36.18
	350m: 4:05.70 36.34	750m: 9:00.49	36.64	1150m: 13:58.33	36.59		
	400m: 4:41.96 36.26	800m: 9:37.92	37.43	1200m: 14:35.19	36.86		
28.	Eduardo Sousa SARAGOCA	07		Viana Natacao	<b>18:27.20</b>	+0,75	486
	50m: 31.93 31.93	450m: 5:23.82	36.82	850m: 10:22.66	36.87	1250m: 15:21.30	37.63
	100m: 1:07.06 35.13	500m: 6:01.21	37.39	900m: 11:00.07	37.41	1300m: 15:58.94	37.64
	150m: 1:42.93 35.87	550m: 6:38.32	37.11	950m: 11:37.00	36.93	1350m: 16:35.93	36.99
	200m: 2:19.62 36.69	600m: 7:15.78	37.46	1000m: 12:14.64	37.64	1400m: 17:13.08	37.15
	250m: 2:56.29 36.67	650m: 7:53.13	37.35	1050m: 12:51.96	37.32	1450m: 17:50.16	37.08
	300m: 3:33.04 36.75	700m: 8:30.52	37.39	1100m: 13:29.27	37.31	1500m: 18:27.20	37.04
	350m: 4:09.81 36.77	750m: 9:08.12	37.60	1150m: 14:06.34	37.07		
	400m: 4:47.00 37.19	800m: 9:45.79	37.67	1200m: 14:43.67	37.33		
29.	Joao Pedro CARAPINHA	07		Uniao Piedense	<b>19:11.85</b>	+0,77	432
	50m: 31.63 31.63	450m: 5:32.37	38.25	850m: 10:38.72	37.95	1250m: 15:52.59	38.89
	100m: 1:07.69 36.06	500m: 6:11.59	39.22	900m: 11:18.25	39.53	1300m: 16:33.02	40.43
	150m: 1:43.93 36.24	550m: 6:47.91	36.32	950m: 11:56.75	38.50	1350m: 17:12.35	39.33
	200m: 2:21.21 37.28	600m: 7:26.80	38.89	1000m: 12:36.18	39.43	1400m: 17:52.39	40.04
	250m: 2:58.25 37.04	650m: 8:04.88	38.08	1050m: 13:14.50	38.32	1450m: 18:30.93	38.54
	300m: 3:36.64 38.39	700m: 8:44.02	39.14	1100m: 13:54.49	39.99	1500m: 19:11.85	40.92
	350m: 4:14.74 38.10	750m: 9:21.64	37.62	1150m: 14:33.43	38.94		
	400m: 4:54.12 39.38	800m: 10:00.77	39.13	1200m: 15:13.70	40.27		
DNS	David Ferreira SILVA	07		Academica de Coimbra			
DNS	David Luis ANTUNES	07		Fluvial Portuense			

Prova 102, Masc., 1500m Livres

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA
EXH	Joao Pedro TORRES	05		Porto	<b>17:14.43</b>	<b>+0,80</b>	<b>597</b>
	50m: 31.27 31.27	450m: 5:02.51	33.52	850m: 9:36.94	34.24	1250m: 14:19.39	35.40
	100m: 1:05.49 34.22	500m: 5:36.94	34.43	900m: 10:12.09	35.15	1300m: 14:55.48	36.09
	150m: 1:39.16 33.67	550m: 6:10.61	33.67	950m: 10:46.71	34.62	1350m: 15:31.07	35.59
	200m: 2:13.42 34.26	600m: 6:45.35	34.74	1000m: 11:22.00	35.29	1400m: 16:06.76	35.69
	250m: 2:47.23 33.81	650m: 7:19.30	33.95	1050m: 11:56.95	34.95	1450m: 16:40.95	34.19
	300m: 3:21.22 33.99	700m: 7:54.22	34.92	1100m: 12:32.34	35.39	1500m: 17:14.43	33.48
	350m: 3:54.75 33.53	750m: 8:28.37	34.15	1150m: 13:08.16	35.82		
	400m: 4:28.99 34.24	800m: 9:02.70	34.33	1200m: 13:43.99	35.83		
EXH	Goncalo Carvalho SANTOS	05		Louzan Natacao/EFAPEL	<b>17:39.18</b>	<b>+0,72</b>	<b>556</b>
	50m: 30.88 30.88	400m: 4:34.78	35.88	750m: 8:43.13	35.80	1250m: 14:41.34	35.68
	100m: 1:05.01 34.13	450m: 5:10.16	35.38	800m: 9:19.39	36.26	1300m: 15:17.66	36.32
	150m: 1:39.37 34.36	500m: 5:46.01	35.85	850m: 9:55.11	35.72	1350m: 15:53.54	35.88
	200m: 2:14.25 34.88	550m: 6:21.03	35.02	900m: 10:46.67	1:11.56	1400m: 16:29.36	35.82
	250m: 2:48.86 34.61	600m: 6:56.24	35.21	1050m: 12:18.62	1:11.95	1450m: 17:04.78	35.42
	300m: 3:24.02 35.16	650m: 7:31.80	35.56	1100m: 13:29.74	1:11.12	1500m: 17:39.18	34.40
	350m: 3:58.90 34.88	700m: 8:07.33	35.53	1200m: 14:05.66	35.92		
EXH	Pedro Caiada RODRIGUES	08		Benfica	<b>17:47.19</b>	<b>+0,86</b>	<b>543</b>
	50m: 30.86 30.86	450m: 5:13.46	35.85	850m: 10:01.18	35.86	1250m: 14:49.89	35.61
	100m: 1:04.86 34.00	500m: 5:49.34	35.88	900m: 10:37.69	36.51	1300m: 15:26.30	36.41
	150m: 1:39.52 34.66	550m: 6:25.35	36.01	950m: 11:13.95	36.26	1350m: 16:02.26	35.96
	200m: 2:14.59 35.07	600m: 7:01.32	35.97	1000m: 11:49.96	36.01	1400m: 16:38.84	36.58
	250m: 2:50.05 35.46	650m: 7:37.32	36.00	1050m: 12:25.68	35.72	1450m: 17:13.69	34.85
	300m: 3:25.67 35.62	700m: 8:13.39	36.07	1100m: 13:02.29	36.61	1500m: 17:47.19	33.50
	350m: 4:01.62 35.95	750m: 8:49.16	35.77	1150m: 13:38.10	35.81		
	400m: 4:37.61 35.99	800m: 9:25.32	36.16	1200m: 14:14.28	36.18		
EXH	Salvador Correia PEREIRA	08		Condeixa Clube	<b>18:03.20</b>	<b>+0,72</b>	<b>519</b>
	50m: 33.10 33.10	450m: 5:17.72	35.74	850m: 10:07.90	36.55	1250m: 15:02.97	37.11
	100m: 1:08.88 35.78	500m: 5:53.86	36.14	900m: 10:44.39	36.49	1300m: 15:39.99	37.02
	150m: 1:44.15 35.27	550m: 6:29.94	36.08	950m: 11:21.05	36.66	1350m: 16:16.59	36.60
	200m: 2:19.94 35.79	600m: 7:05.81	35.87	1000m: 11:57.96	36.91	1400m: 16:52.79	36.20
	250m: 2:53.99 34.05	650m: 7:42.22	36.41	1050m: 12:34.53	36.57	1450m: 17:28.79	36.00
	300m: 3:29.83 35.84	700m: 8:18.91	36.69	1100m: 13:12.21	37.68	1500m: 18:03.20	34.41
	350m: 4:05.81 35.98	750m: 8:55.21	36.30	1150m: 13:48.65	36.44		
	400m: 4:41.98 36.17	800m: 9:31.35	36.14	1200m: 14:25.86	37.21		
EXH	Eugenio MELNYK	07		Rio Maior	<b>18:07.30</b>	<b>+0,74</b>	<b>514</b>
	50m: 31.63 31.63	450m: 5:21.20	36.58	850m: 10:15.78	36.92	1250m: 15:07.73	36.18
	100m: 1:07.10 35.47	500m: 5:58.23	37.03	900m: 10:52.55	36.77	1300m: 15:44.16	36.43
	150m: 1:42.87 35.77	550m: 6:34.94	36.71	950m: 11:29.00	36.45	1350m: 16:19.98	35.82
	200m: 2:19.44 36.57	600m: 7:12.13	37.19	1000m: 12:05.60	36.60	1400m: 16:56.10	36.12
	250m: 2:55.55 36.11	650m: 7:48.55	36.42	1050m: 12:41.83	36.23	1450m: 17:31.70	35.60
	300m: 3:31.95 36.40	700m: 8:25.55	37.00	1100m: 13:18.61	36.78	1500m: 18:07.30	35.60
	350m: 4:07.88 35.93	750m: 9:02.16	36.61	1150m: 13:55.02	36.41		
	400m: 4:44.62 36.74	800m: 9:38.86	36.70	1200m: 14:31.55	36.53		
EXH	Tomas Carvalhinho RIBEIRO	05		Natacao da Maia	<b>18:16.42</b>	<b>+0,81</b>	<b>501</b>
	50m: 31.43 31.43	450m: 5:21.28	36.74	850m: 10:17.95	37.29	1250m: 15:14.73	36.79
	100m: 1:06.89 35.46	500m: 5:58.39	37.11	900m: 10:55.33	37.38	1300m: 15:51.86	37.13
	150m: 1:42.79 35.90	550m: 6:35.35	36.96	950m: 11:32.23	36.90	1350m: 16:28.36	36.50
	200m: 2:18.83 36.04	600m: 7:12.39	37.04	1000m: 12:09.48	37.25	1400m: 17:05.26	36.90
	250m: 2:54.91 36.08	650m: 7:49.19	36.80	1050m: 12:46.33	36.85	1450m: 17:41.50	36.24
	300m: 3:31.22 36.31	700m: 8:26.49	37.30	1100m: 13:23.59	37.26	1500m: 18:16.42	34.92
	350m: 4:07.65 36.43	750m: 9:03.28	36.79	1150m: 14:00.63	37.04		
	400m: 4:44.54 36.89	800m: 9:40.66	37.38	1200m: 14:37.94	37.31		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	

Prova 102, Masc., 1500m Livres

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	
EXH	Luis Pedro GONCALVES	08	Braga	<b>18:18.84</b>	+0,84	498	
	50m: 31.88 31.88	450m: 5:21.78	36.58	850m: 10:17.15	37.05	1250m: 15:17.29	38.35
	100m: 1:07.03 35.15	500m: 5:58.46	36.68	900m: 10:54.83	37.68	1300m: 15:54.38	37.09
	150m: 1:42.89 35.86	550m: 6:35.42	36.96	950m: 11:32.11	37.28	1350m: 16:30.86	36.48
	200m: 2:19.31 36.42	600m: 7:12.45	37.03	1000m: 12:09.15	37.04	1400m: 17:07.82	36.96
	250m: 2:55.23 35.92	650m: 7:49.76	37.31	1050m: 12:46.53	37.38	1450m: 17:43.87	36.05
	300m: 3:31.40 36.17	700m: 8:26.53	36.77	1100m: 13:24.30	37.77	1500m: 18:18.84	34.97
	350m: 4:07.93 36.53	750m: 9:02.83	36.30	1150m: 14:01.48	37.18		
	400m: 4:45.20 37.27	800m: 9:40.10	37.27	1200m: 14:38.94	37.46		
EXH	Miguel Duarte CRUZ	99 S15 H	Belenenses	<b>18:25.00</b>	+0,77	489	
	50m: 32.24 32.24	450m: 5:27.63	37.60	850m: 10:24.45	36.80	1250m: 15:22.74	37.34
	100m: 1:08.24 36.00	500m: 6:04.97	37.34	900m: 11:02.10	37.65	1300m: 15:59.91	37.17
	150m: 1:44.74 36.50	550m: 6:42.10	37.13	950m: 11:38.93	36.83	1350m: 16:36.60	36.69
	200m: 2:21.73 36.99	600m: 7:19.37	37.27	1000m: 12:16.46	37.53	1400m: 17:13.70	37.10
	250m: 2:58.63 36.90	650m: 7:56.34	36.97	1050m: 12:53.62	37.16	1450m: 17:49.92	36.22
	300m: 3:35.66 37.03	700m: 8:33.32	36.98	1100m: 13:31.17	37.55	1500m: 18:25.00	35.08
	350m: 4:12.69 37.03	750m: 9:10.62	37.30	1150m: 14:07.98	36.81		
	400m: 4:50.03 37.34	800m: 9:47.65	37.03	1200m: 14:45.40	37.42		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS					
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL		PARCEIROS INSTITUCIONAIS		PARCEIROS	