

Event 101
30/03/2023 - 18:34

Girls, 1500m Freestyle

Juvenis
Results

Rec Nac Open	16:15.12	Diana Margarida DURAES	SLB	Lisboa	09/02/2020
Rec Nac Juv A	16:54.60	Tamila Hryhorivna HOLUB	POR	Dordrecht (NED)	11/07/2014
Rec Nac Juv B	17:34.28	Maria Miguel VELOSO	CNAC	Coimbra	08/07/2007

TAC 50m: 20:06.26 - 25m: 19:42.79

Points: FINA 2023

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
1.	Luana Ferreira CRAVEIRO	09		Nautico Marinha Grande	18:23.32	+0,72	580
	50m: 32.84 32.84	450m: 5:25.80	36.86	850m: 10:23.91	37.33	1250m: 15:21.96	36.98
	100m: 1:08.89 36.05	500m: 6:03.12	37.32	900m: 11:01.56	37.65	1300m: 15:58.65	36.69
	150m: 1:45.28 36.39	550m: 6:40.43	37.31	950m: 11:39.00	37.44	1350m: 16:35.40	36.75
	200m: 2:21.72 36.44	600m: 7:17.71	37.28	1000m: 12:16.25	37.25	1400m: 17:12.67	37.27
	250m: 2:58.22 36.50	650m: 7:55.39	37.68	1050m: 12:53.32	37.07	1450m: 17:47.95	35.28
	300m: 3:35.09 36.87	700m: 8:32.35	36.96	1100m: 13:29.89	36.57	1500m: 18:23.32	35.37
	350m: 4:12.04 36.95	750m: 9:09.66	37.31	1150m: 14:07.53	37.64		
	400m: 4:48.94 36.90	800m: 9:46.58	36.92	1200m: 14:44.98	37.45		
2.	Carolina Amadeu FERREIRA	08		Leixoes	18:37.34	+0,76	559
	50m: 33.35 33.35	450m: 5:31.60	37.60	850m: 10:31.79	37.51	1250m: 15:32.75	37.76
	100m: 1:09.46 36.11	500m: 6:09.08	37.48	900m: 11:09.19	37.40	1300m: 16:10.18	37.43
	150m: 1:46.59 37.13	550m: 6:46.60	37.52	950m: 11:46.83	37.64	1350m: 16:47.45	37.27
	200m: 2:23.86 37.27	600m: 7:23.98	37.38	1000m: 12:24.27	37.44	1400m: 17:24.74	37.29
	250m: 3:01.53 37.67	650m: 8:01.61	37.63	1050m: 13:02.17	37.90	1450m: 18:01.95	37.21
	300m: 3:39.03 37.50	700m: 8:39.09	37.48	1100m: 13:39.60	37.43	1500m: 18:37.34	35.39
	350m: 4:16.59 37.56	750m: 9:16.74	37.65	1150m: 14:17.35	37.75		
	400m: 4:54.00 37.41	800m: 9:54.28	37.54	1200m: 14:54.99	37.64		
3.	Catarina Maria LOPES	08		BUZIOS-Coruche	18:38.81	+0,78	556
	50m: 33.51 33.51	450m: 5:32.21	37.68	850m: 10:34.16	37.86	1250m: 15:34.79	37.39
	100m: 1:10.38 36.87	500m: 6:09.69	37.48	900m: 11:11.87	37.71	1300m: 16:13.01	38.22
	150m: 1:47.12 36.74	550m: 6:47.34	37.65	950m: 11:49.12	37.25	1350m: 16:50.17	37.16
	200m: 2:24.71 37.59	600m: 7:24.93	37.59	1000m: 12:27.24	38.12	1400m: 17:27.71	37.54
	250m: 3:02.17 37.46	650m: 8:02.34	37.41	1050m: 13:04.47	37.23	1450m: 18:03.57	35.86
	300m: 3:39.49 37.32	700m: 8:40.59	38.25	1100m: 13:42.12	37.65	1500m: 18:38.81	35.24
	350m: 4:17.05 37.56	750m: 9:18.25	37.66	1150m: 14:19.33	37.21		
	400m: 4:54.53 37.48	800m: 9:56.30	38.05	1200m: 14:57.40	38.07		
4.	Lara Catarina MAIA	09		Estarreja/PROZINCO	18:39.97	+0,66	555
	50m: 33.60 33.60	450m: 5:32.48	37.55	850m: 10:34.21	37.70	1250m: 15:35.50	37.44
	100m: 1:09.87 36.27	500m: 6:10.03	37.55	900m: 11:11.90	37.69	1300m: 16:13.29	37.79
	150m: 1:47.07 37.20	550m: 6:47.68	37.65	950m: 11:49.68	37.78	1350m: 16:50.57	37.28
	200m: 2:24.67 37.60	600m: 7:25.36	37.68	1000m: 12:27.30	37.62	1400m: 17:28.34	37.77
	250m: 3:02.12 37.45	650m: 8:03.20	37.84	1050m: 13:05.18	37.88	1450m: 18:04.49	36.15
	300m: 3:39.89 37.77	700m: 8:40.91	37.71	1100m: 13:42.64	37.46	1500m: 18:39.97	35.48
	350m: 4:17.54 37.65	750m: 9:18.41	37.50	1150m: 14:20.62	37.98		
	400m: 4:54.93 37.39	800m: 9:56.51	38.10	1200m: 14:58.06	37.44		
5.	Maria Carvalho PINTO	09		Viana Natacao	18:49.02		541
	50m: 33.93 33.93	450m: 5:34.61	37.86	850m: 10:37.38	37.60	1250m: 15:41.68	38.32
	100m: 1:10.60 36.67	500m: 6:12.48	37.87	900m: 11:15.23	37.85	1300m: 16:19.48	37.80
	150m: 1:48.18 37.58	550m: 6:50.47	37.99	950m: 11:53.19	37.96	1350m: 16:57.02	37.54
	200m: 2:25.61 37.43	600m: 7:28.67	38.20	1000m: 12:31.16	37.97	1400m: 17:35.70	38.68
	250m: 3:03.00 37.39	650m: 8:06.57	37.90	1050m: 13:09.01	37.85	1450m: 18:12.68	36.98
	300m: 3:41.08 38.08	700m: 8:44.18	37.61	1100m: 13:47.03	38.02	1500m: 18:49.02	36.34
	350m: 4:19.04 37.96	750m: 9:21.71	37.53	1150m: 14:24.46	37.43		
	400m: 4:56.75 37.71	800m: 9:59.78	38.07	1200m: 15:03.36	38.90		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS	
PATROCINADOR PRINCIPAL		PARCEIROS INSTITUCIONAIS	
		PARCEIROS	

Event 101, Girls, 1500m Freestyle, Juvenis

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA	
6.	Leonor Queiroz GONCALVES	09		Braga	18:49.12	+0,79	541	
	50m: 33.98	33.98	450m: 5:34.56	37.85	850m: 10:37.52	37.75	1250m: 15:41.26	38.70
	100m: 1:10.82	36.84	500m: 6:12.59	38.03	900m: 11:15.33	37.81	1300m: 16:19.60	38.34
	150m: 1:48.25	37.43	550m: 6:50.30	37.71	950m: 11:53.14	37.81	1350m: 16:56.95	37.35
	200m: 2:25.77	37.52	600m: 7:28.47	38.17	1000m: 12:31.27	38.13	1400m: 17:35.44	38.49
	250m: 3:03.17	37.40	650m: 8:06.50	38.03	1050m: 13:08.78	37.51	1450m: 18:12.74	37.30
	300m: 3:41.04	37.87	700m: 8:44.48	37.98	1100m: 13:46.76	37.98	1500m: 18:49.12	36.38
	350m: 4:18.77	37.73	750m: 9:22.05	37.57	1150m: 14:24.47	37.71		
	400m: 4:56.71	37.94	800m: 9:59.77	37.72	1200m: 15:02.56	38.09		
7.	Margarida Maria LUIZ	08		Lagoa AC	18:49.98	+0,86	540	
	50m: 33.38	33.38	450m: 5:34.68	37.62	850m: 10:38.42	37.64	1250m: 15:42.01	38.20
	100m: 1:09.65	36.27	500m: 6:12.62	37.94	900m: 11:16.67	38.25	1300m: 16:20.41	38.40
	150m: 1:46.90	37.25	550m: 6:50.67	38.05	950m: 11:54.56	37.89	1350m: 16:57.70	37.29
	200m: 2:24.75	37.85	600m: 7:28.79	38.12	1000m: 12:32.42	37.86	1400m: 17:35.39	37.69
	250m: 3:02.74	37.99	650m: 8:06.82	38.03	1050m: 13:10.24	37.82	1450m: 18:12.82	37.43
	300m: 3:41.02	38.28	700m: 8:44.88	38.06	1100m: 13:47.95	37.71	1500m: 18:49.98	37.16
	350m: 4:19.01	37.99	750m: 9:22.63	37.75	1150m: 14:25.91	37.96		
	400m: 4:57.06	38.05	800m: 10:00.78	38.15	1200m: 15:03.81	37.90		
8.	Beatriz Alves AMBRUS	09		Porto	18:56.59	+0,55	531	
	50m: 34.54	34.54	450m: 5:34.68	38.09	850m: 10:40.79	38.40	1250m: 15:47.88	38.39
	100m: 1:10.60	36.06	500m: 6:13.00	38.32	900m: 11:19.67	38.88	1300m: 16:26.04	38.16
	150m: 1:47.68	37.08	550m: 6:51.10	38.10	950m: 11:57.54	37.87	1350m: 17:04.49	38.45
	200m: 2:25.26	37.58	600m: 7:29.44	38.34	1000m: 12:35.71	38.17	1400m: 17:42.70	38.21
	250m: 3:02.40	37.14	650m: 8:07.50	38.06	1050m: 13:13.73	38.02	1450m: 18:20.02	37.32
	300m: 3:40.17	37.77	700m: 8:45.83	38.33	1100m: 13:52.72	38.99	1500m: 18:56.59	36.57
	350m: 4:18.28	38.11	750m: 9:24.18	38.35	1150m: 14:30.60	37.88		
	400m: 4:56.59	38.31	800m: 10:02.39	38.21	1200m: 15:09.49	38.89		
9.	Raquel Santos BAIONA	08		Colegio Monte Maior	19:06.65	+0,95	517	
	50m: 34.93	34.93	450m: 5:40.58	38.00	850m: 10:45.11	38.11	1250m: 15:53.98	39.09
	100m: 1:12.50	37.57	500m: 6:18.70	38.12	900m: 11:23.74	38.63	1300m: 16:33.14	39.16
	150m: 1:51.03	38.53	550m: 6:56.58	37.88	950m: 12:01.90	38.16	1350m: 17:12.19	39.05
	200m: 2:29.67	38.64	600m: 7:34.53	37.95	1000m: 12:40.28	38.38	1400m: 17:51.09	38.90
	250m: 3:08.15	38.48	650m: 8:12.89	38.36	1050m: 13:19.12	38.84	1450m: 18:29.45	38.36
	300m: 3:46.27	38.12	700m: 8:50.80	37.91	1100m: 13:57.66	38.54	1500m: 19:06.65	37.20
	350m: 4:24.63	38.36	750m: 9:28.96	38.16	1150m: 14:36.05	38.39		
	400m: 5:02.58	37.95	800m: 10:07.00	38.04	1200m: 15:14.89	38.84		
10.	Constanca Lopes CRUZ	09		Colegio Monte Maior	19:08.15		515	
	50m: 35.03	35.03	450m: 5:41.11	38.16	850m: 10:48.31	38.31	1250m: 15:57.24	38.81
	100m: 1:12.71	37.68	500m: 6:19.87	38.76	900m: 11:26.75	38.44	1300m: 16:35.92	38.68
	150m: 1:50.66	37.95	550m: 6:58.16	38.29	950m: 12:05.99	39.24	1350m: 17:15.00	39.08
	200m: 2:28.64	37.98	600m: 7:36.60	38.44	1000m: 12:44.12	38.13	1400m: 17:53.58	38.58
	250m: 3:06.89	38.25	650m: 8:14.78	38.18	1050m: 13:23.34	39.22	1450m: 18:31.96	38.38
	300m: 3:45.71	38.82	700m: 8:53.96	39.18	1100m: 14:01.18	37.84	1500m: 19:08.15	36.19
	350m: 4:24.56	38.85	750m: 9:32.09	38.13	1150m: 14:40.15	38.97		
	400m: 5:02.95	38.39	800m: 10:10.00	37.91	1200m: 15:18.43	38.28		

ORGANIZAÇÃO 		PARCEIROS INSTITUCIONAIS LOCAIS 	
PATROCINADOR PRINCIPAL 		PARCEIROS INSTITUCIONAIS 	
PATROCINADOR OFICIAL 		PARCEIROS 	

Event 101, Girls, 1500m Freestyle, Juvenis

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
11.	Joana Almeida SANTOS	09		Galitos / Bresimar	19:18.60	+0,59	501
	50m: 35.30 35.30	450m: 5:44.61	38.71	850m: 10:59.09	38.57	1250m: 16:09.01	38.52
	100m: 1:13.29 37.99	500m: 6:23.55	38.94	900m: 11:37.95	38.86	1300m: 16:48.11	39.10
	150m: 1:51.68 38.39	550m: 7:02.70	39.15	950m: 12:16.19	38.24	1350m: 17:26.23	38.12
	200m: 2:29.97 38.29	600m: 7:41.95	39.25	1000m: 12:55.01	38.82	1400m: 18:05.39	39.16
	250m: 3:09.03 39.06	650m: 8:21.14	39.19	1050m: 13:33.53	38.52	1450m: 18:42.83	37.44
	300m: 3:47.76 38.73	700m: 9:00.92	39.78	1100m: 14:12.85	39.32	1500m: 19:18.60	35.77
	350m: 4:26.53 38.77	750m: 9:40.95	40.03	1150m: 14:51.35	38.50		
	400m: 5:05.90 39.37	800m: 10:20.52	39.57	1200m: 15:30.49	39.14		
12.	Raquel Campos CARDOSO	09		Bombeiros de Ponta Delgad	19:20.38	+0,85	499
	50m: 33.98 33.98	450m: 5:36.74	38.50	850m: 10:53.11	38.63	1250m: 16:07.07	39.03
	100m: 1:10.56 36.58	500m: 6:15.47	38.73	900m: 11:32.77	39.66	1300m: 16:46.28	39.21
	150m: 1:47.71 37.15	550m: 6:54.47	39.00	950m: 12:12.16	39.39	1350m: 17:25.62	39.34
	200m: 2:25.83 38.12	600m: 7:35.14	40.67	1000m: 12:51.30	39.14	1400m: 18:04.07	38.45
	250m: 3:03.66 37.83	650m: 8:14.95	39.81	1050m: 13:30.64	39.34	1450m: 18:43.00	38.93
	300m: 3:42.19 38.53	700m: 8:54.64	39.69	1100m: 14:09.80	39.16	1500m: 19:20.38	37.38
	350m: 4:19.85 37.66	750m: 9:33.88	39.24	1150m: 14:48.64	38.84		
	400m: 4:58.24 38.39	800m: 10:14.48	40.60	1200m: 15:28.04	39.40		
13.	Maria Manuel CORTESAO	08		Nautico Academico	19:22.04	+0,80	497
	50m: 34.83 34.83	450m: 5:44.81	39.22	850m: 10:56.58	39.20	1250m: 16:08.27	39.02
	100m: 1:13.02 38.19	500m: 6:23.69	38.88	900m: 11:35.22	38.64	1300m: 16:47.25	38.98
	150m: 1:51.67 38.65	550m: 7:02.94	39.25	950m: 12:14.18	38.96	1350m: 17:26.40	39.15
	200m: 2:30.32 38.65	600m: 7:41.74	38.80	1000m: 12:52.79	38.61	1400m: 18:05.64	39.24
	250m: 3:09.01 38.69	650m: 8:20.77	39.03	1050m: 13:32.15	39.36	1450m: 18:44.06	38.42
	300m: 3:47.81 38.80	700m: 8:59.41	38.64	1100m: 14:11.16	39.01	1500m: 19:22.04	37.98
	350m: 4:26.66 38.85	750m: 9:38.49	39.08	1150m: 14:50.26	39.10		
	400m: 5:05.59 38.93	800m: 10:17.38	38.89	1200m: 15:29.25	38.99		
14.	Sofia Teixeira BARBOSA	08		Porto	19:22.88	+0,90	495
	50m: 34.36 34.36	450m: 5:40.06	38.44	850m: 10:52.75	38.79	1250m: 16:07.80	38.94
	100m: 1:11.72 37.36	500m: 6:18.68	38.62	900m: 11:32.23	39.48	1300m: 16:47.35	39.55
	150m: 1:49.27 37.55	550m: 6:57.42	38.74	950m: 12:11.52	39.29	1350m: 17:26.99	39.64
	200m: 2:27.31 38.04	600m: 7:36.59	39.17	1000m: 12:50.94	39.42	1400m: 18:06.52	39.53
	250m: 3:06.12 38.81	650m: 8:15.99	39.40	1050m: 13:30.14	39.20	1450m: 18:44.45	37.93
	300m: 3:44.23 38.11	700m: 8:55.34	39.35	1100m: 14:10.04	39.90	1500m: 19:22.88	38.43
	350m: 4:22.74 38.51	750m: 9:34.40	39.06	1150m: 14:49.13	39.09		
	400m: 5:01.62 38.88	800m: 10:13.96	39.56	1200m: 15:28.86	39.73		
15.	Madalena Valente MOREIRA	09		Colegio Efanor	19:24.86	+0,78	493
	50m: 33.97 33.97	450m: 5:41.95	39.25	850m: 10:57.73	39.68	1250m: 16:09.53	38.82
	100m: 1:11.69 37.72	500m: 6:21.18	39.23	900m: 11:37.20	39.47	1300m: 16:48.93	39.40
	150m: 1:49.64 37.95	550m: 7:00.46	39.28	950m: 12:16.34	39.14	1350m: 17:27.62	38.69
	200m: 2:27.90 38.26	600m: 7:40.01	39.55	1000m: 12:55.38	39.04	1400m: 18:07.14	39.52
	250m: 3:06.35 38.45	650m: 8:18.98	38.97	1050m: 13:34.21	38.83	1450m: 18:46.65	39.51
	300m: 3:45.32 38.97	700m: 8:58.32	39.34	1100m: 14:13.14	38.93	1500m: 19:24.86	38.21
	350m: 4:24.23 38.91	750m: 9:38.59	40.27	1150m: 14:51.77	38.63		
	400m: 5:02.70 38.47	800m: 10:18.05	39.46	1200m: 15:30.71	38.94		

Event 101, Girls, 1500m Freestyle, Juvenis

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
16.	Carolina Correia MARTINS	09		Porto	19:28.24	+0,89	489
	50m: 35.97 35.97	450m: 5:49.19	38.73	850m: 11:02.09	38.53	1250m: 16:13.89	39.13
	100m: 1:15.25 39.28	500m: 6:28.36	39.17	900m: 11:40.72	38.63	1300m: 16:53.50	39.61
	150m: 1:54.70 39.45	550m: 7:07.43	39.07	950m: 12:19.13	38.41	1350m: 17:31.64	38.14
	200m: 2:34.49 39.79	600m: 7:47.48	40.05	1000m: 12:58.28	39.15	1400m: 18:11.28	39.64
	250m: 3:13.00 38.51	650m: 8:26.43	38.95	1050m: 13:37.16	38.88	1450m: 18:50.02	38.74
	300m: 3:52.05 39.05	700m: 9:05.47	39.04	1100m: 14:16.67	39.51	1500m: 19:28.24	38.22
	350m: 4:31.14 39.09	750m: 9:44.43	38.96	1150m: 14:55.22	38.55		
	400m: 5:10.46 39.32	800m: 10:23.56	39.13	1200m: 15:34.76	39.54		
17.	Marta Matos LARANJEIRA	08		Vikings	19:34.09	+0,72	481
	50m: 33.88 33.88	450m: 5:44.95	39.52	850m: 10:59.84	39.70	1250m: 16:16.48	39.73
	100m: 1:12.11 38.23	500m: 6:23.66	38.71	900m: 11:40.12	40.28	1300m: 16:56.60	40.12
	150m: 1:50.27 38.16	550m: 7:03.26	39.60	950m: 12:18.39	38.27	1350m: 17:36.69	40.09
	200m: 2:29.26 38.99	600m: 7:42.31	39.05	1000m: 12:58.07	39.68	1400m: 18:16.54	39.85
	250m: 3:07.92 38.66	650m: 8:21.85	39.54	1050m: 13:37.65	39.58	1450m: 18:54.97	38.43
	300m: 3:46.94 39.02	700m: 9:00.97	39.12	1100m: 14:17.07	39.42	1500m: 19:34.09	39.12
	350m: 4:26.76 39.82	750m: 9:40.40	39.43	1150m: 14:57.38	40.31		
	400m: 5:05.43 38.67	800m: 10:20.14	39.74	1200m: 15:36.75	39.37		
18.	Diana Gomes FREITAS	08		Amigos da Montanha	19:41.11	+0,84	473
	50m: 33.45 33.45	450m: 5:41.22	39.93	850m: 11:00.24	40.10	1250m: 16:22.37	40.28
	100m: 1:09.99 36.54	500m: 6:20.26	39.04	900m: 11:39.96	39.72	1300m: 17:02.88	40.51
	150m: 1:47.28 37.29	550m: 6:59.96	39.70	950m: 12:20.69	40.73	1350m: 17:43.43	40.55
	200m: 2:25.16 37.88	600m: 7:39.80	39.84	1000m: 13:00.42	39.73	1400m: 18:23.63	40.20
	250m: 3:03.76 38.60	650m: 8:20.04	40.24	1050m: 13:41.15	40.73	1450m: 19:03.26	39.63
	300m: 3:42.52 38.76	700m: 8:59.94	39.90	1100m: 14:21.18	40.03	1500m: 19:41.11	37.85
	350m: 4:22.20 39.68	750m: 9:40.14	40.20	1150m: 15:01.91	40.73		
	400m: 5:01.29 39.09	800m: 10:20.14	40.00	1200m: 15:42.09	40.18		
19.	Joana Pereira SANTOS	09		Rio Maior	19:48.82	+0,79	464
	50m: 33.91 33.91	450m: 5:44.70	40.33	850m: 11:06.67	40.22	1250m: 16:29.85	40.91
	100m: 1:11.55 37.64	500m: 6:24.72	40.02	900m: 11:47.15	40.48	1300m: 17:10.11	40.26
	150m: 1:49.79 38.24	550m: 7:04.75	40.03	950m: 12:27.67	40.52	1350m: 17:50.74	40.63
	200m: 2:28.62 38.83	600m: 7:45.10	40.35	1000m: 13:07.87	40.20	1400m: 18:30.69	39.95
	250m: 3:06.94 38.32	650m: 8:25.05	39.95	1050m: 13:48.47	40.60	1450m: 19:10.70	40.01
	300m: 3:46.35 39.41	700m: 9:05.52	40.47	1100m: 14:28.61	40.14	1500m: 19:48.82	38.12
	350m: 4:25.03 38.68	750m: 9:46.22	40.70	1150m: 15:08.71	40.10		
	400m: 5:04.37 39.34	800m: 10:26.45	40.23	1200m: 15:48.94	40.23		
20.	Francisca Ramos NUNES	09		Naval de Peniche	20:33.03	+0,92	416
	50m: 34.26 34.26	450m: 5:50.07	39.78	850m: 11:17.85	43.11	1250m: 17:01.26	42.96
	100m: 1:11.44 37.18	500m: 6:29.96	39.89	900m: 12:00.99	43.14	1300m: 17:43.46	42.20
	150m: 1:50.06 38.62	550m: 7:09.58	39.62	950m: 12:43.24	42.25	1350m: 18:25.74	42.28
	200m: 2:29.31 39.25	600m: 7:50.09	40.51	1000m: 13:26.23	42.99	1400m: 19:08.17	42.43
	250m: 3:08.94 39.63	650m: 8:30.74	40.65	1050m: 14:09.96	43.73	1450m: 19:50.82	42.65
	300m: 3:49.73 40.79	700m: 9:12.26	41.52	1100m: 14:53.24	43.28	1500m: 20:33.03	42.21
	350m: 4:29.76 40.03	750m: 9:54.16	41.90	1150m: 15:35.44	42.20		
	400m: 5:10.29 40.53	800m: 10:34.74	40.58	1200m: 16:18.30	42.86		

ORGANIZAÇÃO		PARCEIROS INSTITUCIONAIS LOCAIS	
PATROCINADOR PRINCIPAL		PATROCINADOR OFICIAL	
		PARCEIROS INSTITUCIONAIS	
		PARCEIROS	

Event 101, Girls, 1500m Freestyle

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
EXH	Marta Andre AGUILAR	07		Nautico Academico	18:36.49	+0,71	560
	50m: 32.10 32.10	450m: 5:24.83	37.27	850m: 10:24.48	37.66	1250m: 15:28.13	38.04
	100m: 1:08.25 36.15	500m: 6:02.34	37.51	900m: 11:02.88	38.40	1300m: 16:06.70	38.57
	150m: 1:44.24 35.99	550m: 6:39.42	37.08	950m: 11:40.60	37.72	1350m: 16:45.18	38.48
	200m: 2:20.63 36.39	600m: 7:16.77	37.35	1000m: 12:18.40	37.80	1400m: 17:23.16	37.98
	250m: 2:56.71 36.08	650m: 7:53.86	37.09	1050m: 12:55.64	37.24	1450m: 18:00.14	36.98
	300m: 3:33.94 37.23	700m: 8:31.41	37.55	1100m: 13:33.67	38.03	1500m: 18:36.49	36.35
	350m: 4:10.52 36.58	750m: 9:09.28	37.87	1150m: 14:11.86	38.19		
	400m: 4:47.56 37.04	800m: 9:46.82	37.54	1200m: 14:50.09	38.23		
EXH	Francisca Martingo RICARDO	09		Porto	19:14.09	+0,72	507
	50m: 33.03 33.03	450m: 5:41.44	38.32	850m: 10:51.81	38.61	1250m: 16:01.74	38.59
	100m: 1:10.64 37.61	500m: 6:20.39	38.95	900m: 11:30.56	38.75	1300m: 16:41.06	39.32
	150m: 1:49.00 38.36	550m: 6:59.06	38.67	950m: 12:09.24	38.68	1350m: 17:19.84	38.78
	200m: 2:27.64 38.64	600m: 7:37.91	38.85	1000m: 12:48.28	39.04	1400m: 17:58.79	38.95
	250m: 3:06.53 38.89	650m: 8:16.81	38.90	1050m: 13:27.08	38.80	1450m: 18:36.45	37.66
	300m: 3:45.71 39.18	700m: 8:55.52	38.71	1100m: 14:05.45	38.37	1500m: 19:14.09	37.64
	350m: 4:24.30 38.59	750m: 9:34.33	38.81	1150m: 14:44.22	38.77		
	400m: 5:03.12 38.82	800m: 10:13.20	38.87	1200m: 15:23.15	38.93		
EXH	Margarida Ribeiro CUNHA	07		Braga	19:17.78	+0,74	502
	50m: 34.01 34.01	450m: 5:40.14	38.55	850m: 10:51.26	38.95	1250m: 16:03.75	39.35
	100m: 1:11.26 37.25	500m: 6:19.22	39.08	900m: 11:30.06	38.80	1300m: 16:42.99	39.24
	150m: 1:48.64 37.38	550m: 6:58.13	38.91	950m: 12:08.98	38.92	1350m: 17:21.43	38.44
	200m: 2:27.08 38.44	600m: 7:36.86	38.73	1000m: 12:48.11	39.13	1400m: 18:00.95	39.52
	250m: 3:05.91 38.83	650m: 8:15.64	38.78	1050m: 13:27.13	39.02	1450m: 18:39.16	38.21
	300m: 3:44.46 38.55	700m: 8:54.64	39.00	1100m: 14:06.27	39.14	1500m: 19:17.78	38.62
	350m: 4:23.03 38.57	750m: 9:33.18	38.54	1150m: 14:44.88	38.61		
	400m: 5:01.59 38.56	800m: 10:12.31	39.13	1200m: 15:24.40	39.52		
EXH	Francisca Soreto PEDREIRO	09		Galitos / Bresimar	19:38.03	+0,66	477
	50m: 35.61 35.61	450m: 5:47.77	38.64	850m: 11:03.45	39.30	1250m: 16:20.97	39.96
	100m: 1:13.98 38.37	500m: 6:27.43	39.66	900m: 11:43.33	39.88	1300m: 17:01.33	40.36
	150m: 1:52.97 38.99	550m: 7:06.65	39.22	950m: 12:22.62	39.29	1350m: 17:41.18	39.85
	200m: 2:32.34 39.37	600m: 7:46.57	39.92	1000m: 13:02.42	39.80	1400m: 18:22.21	41.03
	250m: 3:11.29 38.95	650m: 8:25.58	39.01	1050m: 13:41.97	39.55	1450m: 19:00.64	38.43
	300m: 3:50.91 39.62	700m: 9:04.92	39.34	1100m: 14:21.72	39.75	1500m: 19:38.03	37.39
	350m: 4:29.78 38.87	750m: 9:44.54	39.62	1150m: 15:01.21	39.49		
	400m: 5:09.13 39.35	800m: 10:24.15	39.61	1200m: 15:41.01	39.80		
EXH	Eduarda Ribeiro PEREIRA	09		Naval do Funchal	19:40.68	+0,71	473
	50m: 32.99 32.99	450m: 5:47.26	39.96	850m: 11:05.52	39.78	1250m: 16:24.83	40.20
	100m: 1:10.62 37.63	500m: 6:26.92	39.66	900m: 11:45.29	39.77	1300m: 17:04.88	40.05
	150m: 1:49.71 39.09	550m: 7:06.36	39.44	950m: 12:25.19	39.90	1350m: 17:45.04	40.16
	200m: 2:28.81 39.10	600m: 7:46.25	39.89	1000m: 13:05.14	39.95	1400m: 18:24.41	39.37
	250m: 3:08.44 39.63	650m: 8:25.80	39.55	1050m: 13:45.04	39.90	1450m: 19:03.33	38.92
	300m: 3:48.10 39.66	700m: 9:05.69	39.89	1100m: 14:24.85	39.81	1500m: 19:40.68	37.35
	350m: 4:27.45 39.35	750m: 9:45.68	39.99	1150m: 15:05.05	40.20		
	400m: 5:07.30 39.85	800m: 10:25.74	40.06	1200m: 15:44.63	39.58		

Event 101, Girls, 1500m Freestyle

Rank	Nome	YB	Cod	Clube	Tempo Final	RT	Pts FINA
EXH	Lara Filipa PINTO	08		Porto	19:43.23	+0,82	470
	50m: 35.46	450m: 5:47.39	39.34	850m: 11:03.77	39.70	1250m: 16:24.34	40.49
	100m: 1:13.94	500m: 6:26.79	39.40	900m: 11:43.64	39.87	1300m: 17:04.68	40.34
	150m: 1:52.92	550m: 7:06.12	39.33	950m: 12:23.63	39.99	1350m: 17:44.71	40.03
	200m: 2:32.06	600m: 7:45.82	39.70	1000m: 13:03.37	39.74	1400m: 18:25.19	40.48
	250m: 3:11.15	650m: 8:25.38	39.56	1050m: 13:43.69	40.32	1450m: 19:04.17	38.98
	300m: 3:50.06	700m: 9:05.12	39.74	1100m: 14:23.71	40.02	1500m: 19:43.23	39.06
	350m: 4:28.84	750m: 9:44.65	39.53	1150m: 15:04.12	40.41		
	400m: 5:08.05	800m: 10:24.07	39.42	1200m: 15:43.85	39.73		
EXH	Beatriz Silva JORDAO	09		Vikings	19:57.59	+0,71	454
	50m: 34.44	450m: 5:49.85	39.34	850m: 11:10.56	39.80	1250m: 16:33.31	40.71
	100m: 1:13.41	500m: 6:29.92	40.07	900m: 11:50.79	40.23	1300m: 17:15.15	41.84
	150m: 1:52.73	550m: 7:09.73	39.81	950m: 12:30.80	40.01	1350m: 17:56.47	41.32
	200m: 2:32.90	600m: 7:50.09	40.36	1000m: 13:11.34	40.54	1400m: 18:37.76	41.29
	250m: 3:11.89	650m: 8:30.32	40.23	1050m: 13:51.38	40.04	1450m: 19:17.55	39.79
	300m: 3:51.48	700m: 9:10.62	40.30	1100m: 14:31.45	40.07	1500m: 19:57.59	40.04
	350m: 4:30.84	750m: 9:50.81	40.19	1150m: 15:12.17	40.72		
	400m: 5:10.51	800m: 10:30.76	39.95	1200m: 15:52.60	40.43		
EXH	Paula Aguiar MARGARIDO	09		Juventude Atlantico	20:03.39	+0,75	447
	50m: 34.78	450m: 5:53.19	39.99	850m: 11:16.46	40.27	1250m: 16:42.70	40.97
	100m: 1:14.10	500m: 6:33.92	40.73	900m: 11:57.16	40.70	1300m: 17:23.12	40.42
	150m: 1:53.71	550m: 7:14.30	40.38	950m: 12:37.42	40.26	1350m: 18:04.51	41.39
	200m: 2:34.20	600m: 7:54.89	40.59	1000m: 13:18.17	40.75	1400m: 18:44.74	40.23
	250m: 3:13.34	650m: 8:35.20	40.31	1050m: 13:59.00	40.83	1450m: 19:24.50	39.76
	300m: 3:53.31	700m: 9:15.36	40.16	1100m: 14:39.91	40.91	1500m: 20:03.39	38.89
	350m: 4:33.44	750m: 9:55.83	40.47	1150m: 15:20.51	40.60		
	400m: 5:13.20	800m: 10:36.19	40.36	1200m: 16:01.73	41.22		
EXH	Clara Alexandra VICENTE	09		Lagoa AC	20:34.14	+0,80	414
	50m: 34.61	450m: 6:00.95	42.00	850m: 11:36.75	41.86	1250m: 17:09.93	42.04
	100m: 1:12.46	500m: 6:42.82	41.87	900m: 12:18.80	42.05	1300m: 17:52.36	42.43
	150m: 1:51.96	550m: 7:24.80	41.98	950m: 12:59.62	40.82	1350m: 18:34.27	41.91
	200m: 2:32.40	600m: 8:06.71	41.91	1000m: 13:41.14	41.52	1400m: 19:16.43	42.16
	250m: 3:13.27	650m: 8:48.46	41.75	1050m: 14:22.66	41.52	1450m: 19:56.00	39.57
	300m: 3:55.23	700m: 9:30.72	42.26	1100m: 15:04.16	41.50	1500m: 20:34.14	38.14
	350m: 4:36.92	750m: 10:12.97	42.25	1150m: 15:45.71	41.55		
	400m: 5:18.95	800m: 10:54.89	41.92	1200m: 16:27.89	42.18		
EXH	Rita Cunha GOMES	07		Viana Natacao	20:41.66	+0,91	407
	50m: 35.97	450m: 6:01.51	41.43	850m: 11:34.73	41.68	1250m: 17:11.82	42.15
	100m: 1:14.93	500m: 6:43.51	42.00	900m: 12:16.60	41.87	1300m: 17:54.21	42.39
	150m: 1:54.83	550m: 7:25.20	41.69	950m: 12:58.78	42.18	1350m: 18:36.19	41.98
	200m: 2:35.22	600m: 8:06.71	41.51	1000m: 13:41.56	42.78	1400m: 19:18.39	42.20
	250m: 3:15.91	650m: 8:48.07	41.36	1050m: 14:23.53	41.97	1450m: 20:00.48	42.09
	300m: 3:57.27	700m: 9:29.51	41.44	1100m: 15:05.97	42.44	1500m: 20:41.66	41.18
	350m: 4:38.69	750m: 10:11.37	41.86	1150m: 15:47.93	41.96		
	400m: 5:20.08	800m: 10:53.05	41.68	1200m: 16:29.67	41.74		