

Prova 24  
23/07/2023 - 15:30

Femin., 400m Livres

Infantis B  
Resultados

Rec Nac Open	4:08.77	Francisca Soares MARTINS	FOCA	Canet-en-Roussillon (FRA)	14/05/2023
Rec Nac Inf B	4:43.70	Alexandra Maria SILVA	FCP	Funchal	27/07/1979

TAC 50m: 5:52.16 - 25m: 5:48.30

Pontos: Rudolph Table 2023

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph	
1.	Zoe Pinho NUNES	+0,82	209378	11	Sporting Clube de Aveiro	<b>5:04.28</b>	11,4	
	50m: 33.17	33.17	150m: 1:48.96	38.48	250m: 3:07.84	39.67	350m: 4:27.02	39.77
	100m: 1:10.48	37.31	200m: 2:28.17	39.21	300m: 3:47.25	39.41	400m: 5:04.28	37.26
2.	Margarida Santos MOURA		214313	11	Sporting	<b>5:04.82</b>	11,2	
	50m: 34.77	34.77	150m: 1:53.22	39.28	250m: 3:11.64	38.87	350m: 4:28.61	38.15
	100m: 1:13.94	39.17	200m: 2:32.77	39.55	300m: 3:50.46	38.82	400m: 5:04.82	36.21
3.	Valeria KOSLOVA	+0,81	213936	11	Braga	<b>5:10.17</b>	9,9	
	50m: 33.88	33.88	150m: 1:51.73	39.77	250m: 3:10.85	39.76	350m: 4:32.00	41.10
	100m: 1:11.96	38.08	200m: 2:31.09	39.36	300m: 3:50.90	40.05	400m: 5:10.17	38.17
4.	Ana MAO DE FERRO	+0,81	142167	11	Sporting	<b>5:14.45</b>	8,9	
	50m: 34.94	34.94	150m: 1:53.75	40.20	250m: 3:14.84	40.45	350m: 4:35.81	40.46
	100m: 1:13.55	38.61	200m: 2:34.39	40.64	300m: 3:55.35	40.51	400m: 5:14.45	38.64
5.	Vera Franca JESUS	+0,75	211346	11	Cnf	<b>5:15.03</b>	8,8	
	50m: 35.33	35.33	150m: 1:55.31	40.61	250m: 3:17.37	41.10	350m: 4:37.04	39.73
	100m: 1:14.70	39.37	200m: 2:36.27	40.96	300m: 3:57.31	39.94	400m: 5:15.03	37.99
6.	Ana Filipa SERRA	+0,79	211617	11	Povoa Sta Iria	<b>5:15.11</b>	8,8	
	50m: 34.76	34.76	150m: 1:54.00	40.33	250m: 3:15.17	40.61	350m: 4:36.99	41.27
	100m: 1:13.67	38.91	200m: 2:34.56	40.56	300m: 3:55.72	40.55	400m: 5:15.11	38.12
7.	Carlota Sa SANTOS	+0,83	211060	11	Nucleo de Pombal	<b>5:17.21</b>	8,2	
	50m: 36.19	36.19	150m: 1:55.21	40.13	250m: 3:16.98	41.15	350m: 4:38.78	40.97
	100m: 1:15.08	38.89	200m: 2:35.83	40.62	300m: 3:57.81	40.83	400m: 5:17.21	38.43
8.	Alice Machado CAPAREIRA	+0,71	211802	11	Desportiva dos Açores	<b>5:17.50</b>	8,2	
	50m: 34.93	34.93	150m: 1:56.22	41.20	250m: 3:18.17	40.70	350m: 4:38.70	39.96
	100m: 1:15.02	40.09	200m: 2:37.47	41.25	300m: 3:58.74	40.57	400m: 5:17.50	38.80
9.	Margarida Almeida FERREIRA	+0,79	151230	11	Sporting	<b>5:18.46</b>	7,9	
	50m: 37.01	37.01	150m: 1:59.74	41.64	250m: 3:21.09	40.04	350m: 4:40.46	38.83
	100m: 1:18.10	41.09	200m: 2:41.05	41.31	300m: 4:01.63	40.54	400m: 5:18.46	38.00
10.	Filipa Ferreira LOISAS	+0,82	213294	11	Cumbobfila Cantanhedense	<b>5:18.94</b>	7,8	
	50m: 36.82	36.82	150m: 1:58.04	40.85	250m: 3:17.83	39.18	350m: 4:39.61	41.00
	100m: 1:17.19	40.37	200m: 2:38.65	40.61	300m: 3:58.61	40.78	400m: 5:18.94	39.33
11.	Sofia Hryhorivna HOLUB	+0,95	211911	11	Braga	<b>5:19.63</b>	7,7	
	50m: 35.99	35.99	150m: 1:56.83	40.83	250m: 3:19.64	41.71	350m: 4:41.17	41.44
	100m: 1:16.00	40.01	200m: 2:37.93	41.10	300m: 3:59.73	40.09	400m: 5:19.63	38.46
12.	Anastasiya PRYMACHENKO	+0,87	209931	11	Nucleo de Pombal	<b>5:19.93</b>	7,6	
	50m: 35.86	35.86	150m: 1:57.42	41.61	250m: 3:19.05	40.83	350m: 4:40.33	40.21
	100m: 1:15.81	39.95	200m: 2:38.22	40.80	300m: 4:00.12	41.07	400m: 5:19.93	39.60
13.	Mariana Fernandes CUNHA		211988	11	Foca Quinta da Lixa CNF	<b>5:22.03</b>	7,1	
	50m: 35.66	35.66	150m: 1:57.14	41.41	250m: 3:20.17	41.59	350m: 4:42.79	41.68
	100m: 1:15.73	40.07	200m: 2:38.58	41.44	300m: 4:01.11	40.94	400m: 5:22.03	39.24
14.	Eva Miranda ALMEIDA		213183	11	Cumbobfila Cantanhedense	<b>5:22.98</b>	6,9	
	50m: 36.60	36.60	150m: 1:57.74	41.38	250m: 3:20.31	41.44	350m: 4:43.44	41.04
	100m: 1:16.36	39.76	200m: 2:38.87	41.13	300m: 4:02.40	42.09	400m: 5:22.98	39.54
15.	Beatriz Freitas RODRIGUES	+0,73	212457	11	Leixões Sport Clube	<b>5:23.72</b>	6,7	
	50m: 36.83	36.83	150m: 1:58.71	41.00	250m: 3:21.60	41.44	350m: 4:43.85	39.89
	100m: 1:17.71	40.88	200m: 2:40.16	41.45	300m: 4:03.96	42.36	400m: 5:23.72	39.87
16.	Maria Rendeiro CORREIA	+0,88	214922	11	Alges	<b>5:24.33</b>	6,5	
	50m: 36.91	36.91	150m: 1:58.28	40.95	250m: 3:21.94	42.39	350m: 4:44.98	41.32
	100m: 1:17.33	40.42	200m: 2:39.55	41.27	300m: 4:03.66	41.72	400m: 5:24.33	39.35

Splash Meet Manager, 11.78086

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



PARCEIROS



Prova 24, Femin., 400m Livres, Infantis B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph
17.	Leonor Coelho SILVA 50m: 37.40 37.40 100m: 1:19.02 41.62	+0,95 150m: 2:00.79 41.77 200m: 2:42.64 41.85	216534	11	Vikings Sports Club	5:24.54 350m: 4:46.31 40.76 400m: 5:24.54 38.23	6,5
18.	Carolina Damas PITA 50m: 37.25 37.25 100m: 1:17.71 40.46	+0,77 150m: 1:59.43 41.72 200m: 2:41.87 42.44	208214	11	Clube Náutico Académico	5:25.72 350m: 4:46.93 40.55 400m: 5:25.72 38.79	6,2
19.	Sara Silva CAMPOS 50m: 37.44 37.44 100m: 1:19.66 42.22	+0,89 150m: 2:01.29 41.63 200m: 2:43.25 41.96	213995	11	Laranjeiro	5:26.67 350m: 4:48.81 41.19 400m: 5:26.67 37.86	6,0
20.	Mafalda Teles SOUSA 50m: 36.25 36.25 100m: 1:17.60 41.35	+0,70 150m: 1:59.76 42.16 200m: 2:42.14 42.38	209708	11	Pimpoes/Cimai	5:28.01 350m: 4:47.80 41.24 400m: 5:28.01 40.21	5,6
21.	Matilde Pinto VASCONCELOS 50m: 36.29 36.29 100m: 1:16.82 40.53	+0,82 150m: 1:59.16 42.34 200m: 2:41.70 42.54	209241	11	Porto	5:28.52 350m: 4:48.70 41.69 400m: 5:28.52 39.82	5,5
22.	Joana Cura NEVES 50m: 37.89 37.89 100m: 1:18.39 40.50	+0,79 150m: 1:59.99 41.60 200m: 2:41.86 41.87	211162	11	Condeixa Aqua Clube	5:28.60 350m: 4:48.38 41.83 400m: 5:28.60 40.22	5,5
23.	Mariana Cangeiro IGREJA 50m: 35.47 35.47 100m: 1:16.81 41.34	+0,82 150m: 1:59.90 43.09 200m: 2:43.52 43.62	209283	11	CLIP Teams	5:29.11 350m: 4:50.62 40.45 400m: 5:29.11 38.49	5,4
24.	Francisca Moreira FELICIANO 50m: 36.05 36.05 100m: 1:17.85 41.80	+0,89 150m: 2:00.08 42.23 200m: 2:42.25 42.17	213295	11	Alcobaca	5:30.13 350m: 4:49.30 42.02 400m: 5:30.13 40.83	5,1
25.	Carlota Gaspar PIRES 50m: 37.84 37.84 100m: 1:18.52 40.68	+0,89 150m: 2:00.44 41.92 200m: 2:42.70 42.26	209146	11	Porto	5:30.28 350m: 4:49.23 42.32 400m: 5:30.28 41.05	5,1
26.	Beatriz Oliveira PORTULEZ 50m: 37.38 37.38 100m: 1:18.55 41.17	+0,93 150m: 2:00.04 41.49 200m: 2:42.24 42.20	213180	11	Columbofila Cantanhedense	5:30.32 350m: 4:49.61 42.25 400m: 5:30.32 40.71	5,1
27.	Margarida Escobar BASILIO 50m: 38.59 38.59 100m: 1:20.23 41.64	+0,81 150m: 2:02.56 42.33 200m: 2:45.02 42.46	210251	11	Porto	5:30.45 350m: 4:50.45 41.45 400m: 5:30.45 40.00	5,1
28.	Luisa Goncalves ANDRADE 50m: 36.89 36.89 100m: 1:17.76 40.87	+0,87 150m: 2:00.48 42.72 200m: 2:43.63 43.15	209185	11	Porto	5:31.27 350m: 4:50.41 42.08 400m: 5:31.27 40.86	4,9
29.	Benedita Gomes PRATA 50m: 36.07 36.07 100m: 1:17.06 40.99	+0,81 150m: 1:59.05 41.99 200m: 2:41.73 42.68	210340	11	Fluvial Portuense	5:31.43 350m: 4:49.37 42.08 400m: 5:31.43 42.06	4,8
30.	Isilda Raquel GOMES 50m: 37.09 37.09 100m: 1:18.91 41.82	+0,77 150m: 2:01.38 42.47 200m: 2:44.83 43.45	211985	11	Foca Quinta da Lixa CNF	5:31.51 350m: 4:51.08 41.76 400m: 5:31.51 40.43	4,8
31.	Matilde Sofia PEREIRA 50m: 37.56 37.56 100m: 1:19.16 41.60	+0,81 150m: 2:02.04 42.88 200m: 2:43.93 41.89	209559	11	Clube Náutico Académico	5:31.77 350m: 4:52.51 40.95 400m: 5:31.77 39.26	4,7
32.	Constanca Faria GOMES 50m: 37.51 37.51 100m: 1:18.61 41.10	+0,94 150m: 2:01.24 42.63 200m: 2:43.81 42.57	208866	11	Famalicão	5:32.43 350m: 4:51.62 42.67 400m: 5:32.43 40.81	4,6
33.	Laura Pimenta GONCALVES 50m: 36.25 36.25 100m: 1:17.27 41.02	+0,94 150m: 2:00.45 43.18 200m: 2:43.37 42.92	212872	11	Braga	5:33.15 350m: 4:53.09 43.12 400m: 5:33.15 40.06	4,4
34.	Matilde Sofia PINTO 50m: 35.60 35.60 100m: 1:17.12 41.52	+0,96 150m: 2:00.93 43.81 200m: 2:44.13 43.20	212225	11	Sporting Clube Sao Joao Ver	5:33.21 350m: 4:53.12 42.33 400m: 5:33.21 40.09	4,4

Prova 24, Femin., 400m Livres, Infantis B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph
35.	Julia MAZUR 50m: 36.49 36.49 100m: 1:17.93 41.44	+0,77 150m: 2:00.46 42.53 200m: 2:43.19 42.73	218718	11	CNLeiria	<b>5:33.38</b> 250m: 3:26.48 43.29 300m: 4:09.45 42.97 350m: 4:52.36 42.91 400m: 5:33.38 41.02	4,4
36.	Sara Ferreira SANTOS 50m: 38.08 38.08 100m: 1:19.43 41.35	+0,87 150m: 2:01.84 42.41 200m: 2:44.81 42.97	214492	11	Columbofila Cantanhedense	<b>5:33.55</b> 250m: 3:27.22 42.41 300m: 4:09.34 42.12 350m: 4:51.61 42.27 400m: 5:33.55 41.94	4,3
37.	Violeta Bernardo FERREIRA 50m: 36.61 36.61 100m: 1:18.48 41.87	+0,77 150m: 2:01.15 42.67 200m: 2:44.41 43.26	213954	11	Fluvial Portuense	<b>5:33.66</b> 250m: 3:27.06 42.65 300m: 4:10.60 43.54 350m: 4:52.71 42.11 400m: 5:33.66 40.95	4,3
38.	Joana Rebelo SOUSA 50m: 37.21 37.21 100m: 1:18.68 41.47	+0,75 150m: 2:01.36 42.68 200m: 2:43.81 42.45	209159	11	Porto	<b>5:34.13</b> 250m: 3:26.31 42.50 300m: 4:09.67 43.36 350m: 4:52.77 43.10 400m: 5:34.13 41.36	4,2
39.	Alice Maria RODRIGUES 50m: 36.88 36.88 100m: 1:18.62 41.74	+0,91 150m: 2:01.12 42.50 200m: 2:44.28 43.16	213554	11	Academico Viseu Futebol Clube	<b>5:34.63</b> 250m: 3:28.02 43.74 300m: 4:11.59 43.57 350m: 4:54.44 42.85 400m: 5:34.63 40.19	4,1
40.	Leonor Mota ALVES 50m: 38.16 38.16 100m: 1:20.23 42.07	+0,83 150m: 2:02.70 42.47 200m: 2:46.34 43.64	213003	11	Nautico Marinha Grande	<b>5:34.66</b> 250m: 3:29.34 43.00 300m: 4:12.82 43.48 350m: 4:55.47 42.65 400m: 5:34.66 39.19	4,0
41.	Eva MAGIYEVA 50m: 36.56 36.56 100m: 1:18.11 41.55	+0,79 150m: 2:01.79 43.68 200m: 2:45.41 43.62	210396	11	Lagoa Academico Clube	<b>5:34.93</b> 250m: 3:28.78 43.37 300m: 4:11.69 42.91 350m: 4:54.61 42.92 400m: 5:34.93 40.32	4,0
42.	Sofia SYTNYK 50m: 37.22 37.22 100m: 1:18.27 41.05	+0,82 150m: 2:00.91 42.64 200m: 2:43.92 43.01	211912	11	Braga	<b>5:35.40</b> 250m: 3:26.94 43.02 300m: 4:10.12 43.18 350m: 4:53.42 43.30 400m: 5:35.40 41.98	3,9
43.	Catarina Miguel ENCARNACAO 50m: 37.63 37.63 100m: 1:19.73 42.10	+0,78 150m: 2:03.40 43.67 200m: 2:47.31 43.91	208289	11	Famalicão	<b>5:36.02</b> 250m: 3:29.98 42.67 300m: 4:13.17 43.19 350m: 4:55.62 42.45 400m: 5:36.02 40.40	3,7
44.	Laura Duarte NEVES 50m: 38.83 38.83 100m: 1:20.98 42.15	+0,80 150m: 2:03.71 42.73 200m: 2:47.06 43.35	214426	11	Louzan Natacao/EFAPEL	<b>5:36.89</b> 250m: 3:30.67 43.61 300m: 4:13.30 42.63 350m: 4:55.57 42.27 400m: 5:36.89 41.32	3,5
45.	Clara Santos MADUREIRA 50m: 38.87 38.87 100m: 1:21.82 42.95	+0,71 150m: 2:04.99 43.17 200m: 2:48.45 43.46	210577	11	Torres Novas	<b>5:36.92</b> 250m: 3:32.00 43.55 300m: 4:15.54 43.54 350m: 4:57.72 42.18 400m: 5:36.92 39.20	3,5
46.	Madalena Ferreira BALDO 50m: 37.15 37.15 100m: 1:17.64 40.49	+0,71 150m: 2:00.29 42.65 200m: 2:43.48 43.19	216272	11	Adrcimm	<b>5:37.46</b> 250m: 3:26.46 42.98 300m: 4:10.28 43.82 350m: 4:54.66 44.38 400m: 5:37.46 42.80	3,4
47.	Yara Clemente GONCALVES 50m: 38.61 38.61 100m: 1:21.01 42.40	+0,91 150m: 2:03.93 42.92 200m: 2:46.59 42.66	209196	11	Porto	<b>5:37.71</b> 250m: 3:29.54 42.95 300m: 4:12.35 42.81 350m: 4:55.61 43.26 400m: 5:37.71 42.10	3,3
48.	Angelina LUTSIV 50m: 38.47 38.47 100m: 1:21.21 42.74	+0,68 150m: 2:04.24 43.03 200m: 2:47.14 42.90	216449	11	Lagoa Academico Clube	<b>5:37.78</b> 250m: 3:30.54 43.40 300m: 4:14.36 43.82 350m: 4:56.80 42.44 400m: 5:37.78 40.98	3,3
49.	Carolina Morao FERREIRA 50m: 36.75 36.75 100m: 1:17.98 41.23	+0,85 150m: 2:01.04 43.06 200m: 2:44.45 43.41	211806	11	Desportiva dos Açores	<b>5:38.13</b> 250m: 3:28.22 43.77 300m: 4:11.90 43.68 350m: 4:56.29 44.39 400m: 5:38.13 41.84	3,2
50.	Francisca Meneses GONCALVES 50m: 37.75 37.75 100m: 1:21.12 43.37	+0,87 150m: 2:05.05 43.93 200m: 2:47.92 42.87	214017	11	Geslours	<b>5:38.23</b> 250m: 3:31.08 43.16 300m: 4:15.86 44.78 350m: 4:58.91 43.05 400m: 5:38.23 39.32	3,2
51.	Frederica Vinhas VIEIRA 50m: 37.82 37.82 100m: 1:20.53 42.71	+0,84 150m: 2:04.12 43.59 200m: 2:47.89 43.77	209964	11	Cdca	<b>5:38.75</b> 250m: 3:31.70 43.81 300m: 4:14.94 43.24 350m: 4:57.92 42.98 400m: 5:38.75 40.83	3,1
52.	Bianca Arouca PINTO 50m: 36.97 36.97 100m: 1:19.12 42.15	+0,91 150m: 2:01.65 42.53 200m: 2:44.84 43.19	209059	11	Leixões Sport Clube	<b>5:38.93</b> 250m: 3:28.17 43.33 300m: 4:12.74 44.57 350m: 4:56.14 43.40 400m: 5:38.93 42.79	3,0

ORGANIZAÇÃO



PARCEIROS



Prova 24, Femin., 400m Livres, Infantis B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph
53.	Ines Freitas ABRANTES 50m: 39.54 39.54 100m: 1:21.84 42.30	+0,87 150m: 2:05.15 43.31 200m: 2:48.49 43.34	216508	11	Adrcimm	5:39.52 350m: 4:57.26 42.74 400m: 5:39.52 42.26	2,9
54.	Benedita Maria LAGARINHOS 50m: 38.81 38.81 100m: 1:22.95 44.14	+0,81 150m: 2:07.58 44.63 200m: 2:50.93 43.35	214980	11	Viver Santarem	5:40.44 350m: 4:58.92 42.58 400m: 5:40.44 41.52	2,7
55.	Mariana Lopes OLIVEIRA 50m: 38.60 38.60 100m: 1:21.58 42.98	+0,83 150m: 2:04.74 43.16 200m: 2:48.20 43.46	213395	11	Cnf	5:40.69 350m: 4:59.27 44.23 400m: 5:40.69 41.42	2,6
56.	Madalena Correia GOMES 50m: 36.95 36.95 100m: 1:20.17 43.22	+0,79 150m: 2:04.07 43.90 200m: 2:48.22 44.15	216271	11	Adrcimm	5:41.08 350m: 4:58.15 43.49 400m: 5:41.08 42.93	2,5
57.	Carolina Silva CASTANHEIRA 50m: 37.34 37.34 100m: 1:19.85 42.51	+0,85 150m: 2:03.23 43.38 200m: 2:47.29 44.06	210906	11	CNLeiria	5:41.23 350m: 4:59.23 43.73 400m: 5:41.23 42.00	2,5
58.	Madalena Almeida GUERREIRO 50m: 37.16 37.16 100m: 1:19.20 42.04	+0,89 150m: 2:03.11 43.91 200m: 2:47.35 44.24	213981	11	CLIP Teams	5:42.18 350m: 4:59.80 43.89 400m: 5:42.18 42.38	2,2
59.	Eva Alves SANTOS 50m: 40.12 40.12 100m: 1:25.04 44.92	+0,88 150m: 2:09.77 44.73 200m: 2:53.63 43.86	216358	11	Adrcimm	5:42.23 350m: 5:02.46 42.89 400m: 5:42.23 39.77	2,2
60.	Diana Gomes NUNES 50m: 37.75 37.75 100m: 1:21.75 44.00	+0,89 150m: 2:06.22 44.47 200m: 2:51.10 44.88	216269	11	Adrcimm	5:42.35 350m: 5:02.09 44.07 400m: 5:42.35 40.26	2,2
61.	Arianne Sophia BRITO 50m: 38.88 38.88 100m: 1:22.24 43.36	+0,90 150m: 2:05.80 43.56 200m: 2:50.10 44.30	209145	11	Porto	5:43.36 350m: 5:00.88 42.64 400m: 5:43.36 42.48	1,9
62.	Ines Rua FERNANDES 50m: 39.04 39.04 100m: 1:21.42 42.38	+0,88 150m: 2:04.80 43.38 200m: 2:48.94 44.14	213137	11	Ginasio Vila Real	5:43.67 350m: 5:00.98 42.58 400m: 5:43.67 42.69	1,9
63.	Ines Sousa RIBEIRO 50m: 37.29 37.29 100m: 1:21.83 44.54	+0,85 150m: 2:06.24 44.41 200m: 2:50.71 44.47	208535	11	Clube Desportivo Feirense	5:43.94 350m: 5:03.78 43.40 400m: 5:43.94 40.16	1,8
64.	Raquel Silva DELGADINHO 50m: 37.00 37.00 100m: 1:20.65 43.65	+0,87 150m: 2:04.56 43.91 200m: 2:48.56 44.00	215458	11	Palmela Desporto	5:44.30 350m: 5:02.13 45.08 400m: 5:44.30 42.17	1,7
65.	Zoe Leitao CONDON 50m: 37.15 37.15 100m: 1:21.24 44.09	+0,86 150m: 2:06.00 44.76 200m: 2:51.21 45.21	213283	11	Naval de Faro	5:45.42 350m: 5:05.39 44.53 400m: 5:45.42 40.03	1,5
66.	Margarida Pereira CARNEIRO 50m: 36.92 36.92 100m: 1:19.41 42.49	+0,93 150m: 2:03.57 44.16 200m: 2:48.71 45.14	208438	11	Natacao de Valongo	5:46.63 350m: 5:04.93 45.83 400m: 5:46.63 41.70	1,2
67.	Carolina Melo CAMEJO 50m: 37.78 37.78 100m: 1:20.45 42.67	+0,91 150m: 2:05.21 44.76 200m: 2:49.97 44.76	150949	11	Sporting	5:46.87 350m: 5:03.61 44.12 400m: 5:46.87 43.26	1,1
68.	Isabel Grilo OLIVEIRA 50m: 37.57 37.57 100m: 1:20.42 42.85	+0,82 150m: 2:05.25 44.83 200m: 2:50.55 45.30	212984	11	Lagoa Academico Clube	5:47.63 350m: 5:04.84 44.04 400m: 5:47.63 42.79	1,1
69.	Beatriz Marques GASPARD 50m: 38.76 38.76 100m: 1:22.92 44.16	+0,87 150m: 2:08.31 45.39 200m: 2:54.24 45.93	214523	11	Nautico Marinha Grande	5:47.80 350m: 5:07.35 43.77 400m: 5:47.80 40.45	1,1
70.	Mafalda Pinto BARROS 50m: 39.30 39.30 100m: 1:23.49 44.19	+0,87 150m: 2:08.81 45.32 200m: 2:54.06 45.25	209148	11	Natacao da Maia	5:48.07 350m: 5:06.10 42.80 400m: 5:48.07 41.97	1,1

Prova 24, Femin., 400m Livres, Infantis B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph
71.	Leonor Guedes MARQUES	+0,83	209236	11	Fluvial Portuense	<b>5:48.11</b>	
	50m: 38.39 38.39	150m: 2:04.65	44.16	250m: 3:35.39	45.51	350m: 5:04.66	44.26
	100m: 1:20.49 42.10	200m: 2:49.88	45.23	300m: 4:20.40	45.01	400m: 5:48.11	43.45
72.	Matilde Bento PEREIRA	+0,82	215052	11	Geslours	<b>5:48.75</b>	
	50m: 38.65 38.65	150m: 2:06.87	44.53	250m: 3:36.89	45.06	350m: 5:05.90	44.07
	100m: 1:22.34 43.69	200m: 2:51.83	44.96	300m: 4:21.83	44.94	400m: 5:48.75	42.85
73.	Matilde Paiva CARDOSO	+0,69	208863	11	Fluvial Portuense	<b>5:49.10</b>	
	50m: 37.88 37.88	150m: 2:05.93	44.64	250m: 3:35.93	44.69	350m: 5:06.27	44.91
	100m: 1:21.29 43.41	200m: 2:51.24	45.31	300m: 4:21.36	45.43	400m: 5:49.10	42.83
74.	Isabela Maria CARREIRA		205970	11	Uniao Juncalense	<b>5:49.62</b>	
	50m: 36.21 36.21	150m: 2:02.87	44.37	250m: 3:33.98	45.87	350m: 5:07.91	47.03
	100m: 1:18.50 42.29	200m: 2:48.11	45.24	300m: 4:20.88	46.90	400m: 5:49.62	41.71
75.	Leonor Marques MENDES	+0,88	141309	11	Gafanha da Encarnacao	<b>5:50.72</b>	
	50m: 38.18 38.18	150m: 2:07.86	45.59	250m: 3:36.19	44.49	350m: 5:07.62	45.00
	100m: 1:22.27 44.09	200m: 2:51.70	43.84	300m: 4:22.62	46.43	400m: 5:50.72	43.10
76.	Maria Goncalves SANTOS		216458	11	Lagoa Academico Clube	<b>5:51.32</b>	
	50m: 38.60 38.60	150m: 2:06.53	44.91	250m: 3:37.70	46.10	350m: 5:09.18	45.81
	100m: 1:21.62 43.02	200m: 2:51.60	45.07	300m: 4:23.37	45.67	400m: 5:51.32	42.14
77.	Julia Laginha BRAZ	+0,94	216455	11	Lagoa Academico Clube	<b>5:51.67</b>	
	50m: 40.59 40.59	150m: 2:10.40	45.17	250m: 3:40.67	45.30	350m: 5:09.47	44.21
	100m: 1:25.23 44.64	200m: 2:55.37	44.97	300m: 4:25.26	44.59	400m: 5:51.67	42.20
78.	Eliana Beatriz LUIS		211998	11	Lousada Século XXI	<b>5:52.00</b>	
	50m: 39.11 39.11	150m: 2:09.33	45.71	250m: 3:40.52	45.16	350m: 5:09.98	43.93
	100m: 1:23.62 44.51	200m: 2:55.36	46.03	300m: 4:26.05	45.53	400m: 5:52.00	42.02
79.	Maria Rita de Assis HASSAMO	+0,75	216903	11	Benfica	<b>5:52.02</b>	
	50m: 38.84 38.84	150m: 2:08.70	45.39	250m: 3:41.17	45.40	350m: 5:10.17	43.23
	100m: 1:23.31 44.47	200m: 2:55.77	47.07	300m: 4:26.94	45.77	400m: 5:52.02	41.85
80.	Ines Afonso BORGES	+0,95	206679	11	Sporting de Espinho	<b>5:52.52</b>	
	50m: 37.74 37.74	150m: 2:05.42	44.65	250m: 3:36.56	45.70	350m: 5:08.48	45.22
	100m: 1:20.77 43.03	200m: 2:50.86	45.44	300m: 4:23.26	46.70	400m: 5:52.52	44.04
81.	Margarida Pinho FORMIGO	+0,80	205995	11	Torres Novas	<b>5:52.72</b>	
	50m: 39.79 39.79	150m: 2:09.73	46.06	250m: 3:39.86	45.59	350m: 5:10.90	46.15
	100m: 1:23.67 43.88	200m: 2:54.27	44.54	300m: 4:24.75	44.89	400m: 5:52.72	41.82
82.	Leonor Lourenco SARGO	+0,82	214839	11	Cnf	<b>5:52.88</b>	
	50m: 37.20 37.20	150m: 2:04.75	44.50	250m: 3:37.31	45.99	350m: 5:10.95	46.30
	100m: 1:20.25 43.05	200m: 2:51.32	46.57	300m: 4:24.65	47.34	400m: 5:52.88	41.93
83.	Matilde Ventura MARTINS	+0,87	209134	11	Foca Quinta da Lixa CNF	<b>5:53.42</b>	
	50m: 37.61 37.61	150m: 2:07.28	45.59	250m: 3:38.70	46.05	350m: 5:09.79	45.45
	100m: 1:21.69 44.08	200m: 2:52.65	45.37	300m: 4:24.34	45.64	400m: 5:53.42	43.63
84.	Isabel Lagoa VIEIRA	+0,85	152381	11	Galitos / Bresimar	<b>5:53.80</b>	
	50m: 37.89 37.89	150m: 2:06.78	45.74	250m: 3:39.71	46.94	350m: 5:11.34	45.96
	100m: 1:21.04 43.15	200m: 2:52.77	45.99	300m: 4:25.38	45.67	400m: 5:53.80	42.46
85.	Lara Amorim CUNHA	+0,88	215161	11	Clube Desportivo Feirense	<b>5:54.25</b>	
	50m: 38.02 38.02	150m: 2:09.06	46.59	250m: 3:41.83	46.96	350m: 5:12.84	45.28
	100m: 1:22.47 44.45	200m: 2:54.87	45.81	300m: 4:27.56	45.73	400m: 5:54.25	41.41
86.	Valeria Isabel MATA	+0,80	211345	11	Cnf	<b>5:56.70</b>	
	50m: 39.40 39.40	150m: 2:09.85	45.48	250m: 3:41.47	46.56	350m: 5:12.89	45.35
	100m: 1:24.37 44.97	200m: 2:54.91	45.06	300m: 4:27.54	46.07	400m: 5:56.70	43.81
87.	Laura Aguiar BERGAMO	+0,75	212829	11	Alges	<b>5:57.06</b>	
	50m: 40.89 40.89	150m: 2:12.01	45.90	250m: 3:44.11	45.75	350m: 5:13.60	42.43
	100m: 1:26.11 45.22	200m: 2:58.36	46.35	300m: 4:31.17	47.06	400m: 5:57.06	43.46
88.	Isabella Nascimento SOARES	+0,99	213938	11	Naval da Horta	<b>5:57.59</b>	
	50m: 39.95 39.95	150m: 2:09.74	45.51	250m: 3:41.93	46.03	350m: 5:13.83	45.15
	100m: 1:24.23 44.28	200m: 2:55.90	46.16	300m: 4:28.68	46.75	400m: 5:57.59	43.76

Prova 24, Femin., 400m Livres, Infantis B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	Rudolph
89.	Laura Cruzeiro MARQUES	+0,95	139976	11	Sporting Clube de Aveiro	<b>5:57.78</b>	
	50m: 37.21 37.21	150m: 2:05.89	45.87	250m: 3:39.97	47.51	350m: 5:13.66	45.86
	100m: 1:20.02 42.81	200m: 2:52.46	46.57	300m: 4:27.80	47.83	400m: 5:57.78	44.12
90.	Ines Silva PAIVA	+0,86	216507	11	Adrcimm	<b>5:58.14</b>	
	50m: 39.69 39.69	150m: 2:13.36	47.70	250m: 3:45.97	46.25	350m: 5:16.94	44.68
	100m: 1:25.66 45.97	200m: 2:59.72	46.36	300m: 4:32.26	46.29	400m: 5:58.14	41.20
91.	Ana Matilde PEREIRA	+0,76	211342	11	Cnf	<b>5:58.37</b>	
	50m: 41.07 41.07	150m: 2:12.54	46.00	250m: 3:45.81	46.65	350m: 5:16.83	44.16
	100m: 1:26.54 45.47	200m: 2:59.16	46.62	300m: 4:32.67	46.86	400m: 5:58.37	41.54
92.	Rafaela Marreiros OLIVEIRA	+0,97	215651	11	Palmela Desporto	<b>5:59.58</b>	
	50m: 40.55 40.55	150m: 2:11.17	46.59	250m: 3:44.30	46.58	350m: 5:16.71	46.14
	100m: 1:24.58 44.03	200m: 2:57.72	46.55	300m: 4:30.57	46.27	400m: 5:59.58	42.87
93.	Beatriz Marques TEIXEIRA		216450	11	Lagoa Academico Clube	<b>6:07.81</b>	
	50m: 40.46 40.46	150m: 2:14.37	46.85	250m: 3:49.69	46.65	350m: 5:24.81	47.72
	100m: 1:27.52 47.06	200m: 3:03.04	48.67	300m: 4:37.09	47.40	400m: 6:07.81	43.00
94.	Mafalda Beatriz GONCALVES	+0,91	206867	11	Clube Desportivo Nacional	<b>6:08.30</b>	
	50m: 41.01 41.01	150m: 2:13.28	47.20	250m: 3:47.34	46.87	350m: 5:22.40	47.01
	100m: 1:26.08 45.07	200m: 3:00.47	47.19	300m: 4:35.39	48.05	400m: 6:08.30	45.90
95.	Vitoria Alves PENEDO	+0,84	215457	11	Palmela Desporto	<b>6:11.53</b>	
	50m: 42.45 42.45	150m: 2:19.06	48.94	250m: 3:57.25	49.06	350m: 5:32.07	46.49
	100m: 1:30.12 47.67	200m: 3:08.19	49.13	300m: 4:45.58	48.33	400m: 6:11.53	39.46
96.	Matilde Sofia VIEIRA		209483	11	Clube Desportivo Nacional	<b>6:11.60</b>	
	50m: 41.00 41.00	150m: 2:16.01	47.18	250m: 3:51.64	46.62	350m: 5:26.36	46.22
	100m: 1:28.83 47.83	200m: 3:05.02	49.01	300m: 4:40.14	48.50	400m: 6:11.60	45.24
97.	Maria Goncalves OLIVEIRA	+0,94	208326	11	Desportivo de Odemira	<b>6:11.87</b>	
	50m: 41.00 41.00	150m: 2:14.85	48.05	250m: 3:51.47	48.40	350m: 5:27.42	47.93
	100m: 1:26.80 45.80	200m: 3:03.07	48.22	300m: 4:39.49	48.02	400m: 6:11.87	44.45
98.	Maria Abreu ARROJADO		213028	11	Naval Praia da Vitoria	<b>6:14.01</b>	
	50m: 40.34 40.34	150m: 2:14.03	47.36	250m: 3:50.61	48.29	350m: 5:28.55	48.71
	100m: 1:26.67 46.33	200m: 3:02.32	48.29	300m: 4:39.84	49.23	400m: 6:14.01	45.46
99.	Matilde Esteves LIMA	+0,93	209149	11	Fluvial Portuense	<b>6:18.85</b>	
	50m: 38.92 38.92	150m: 2:13.42	48.42	250m: 3:52.59	49.59	350m: 5:30.84	48.69
	100m: 1:25.00 46.08	200m: 3:03.00	49.58	300m: 4:42.15	49.56	400m: 6:18.85	48.01
100.	Matilde Santos PAIVA	+0,88	213560	11	UD Oliveirense/FERSILVA	<b>6:25.35</b>	
	50m: 41.90 41.90	150m: 2:19.51	49.87	250m: 3:59.78	50.61	350m: 5:39.80	50.03
	100m: 1:29.64 47.74	200m: 3:09.17	49.66	300m: 4:49.77	49.99	400m: 6:25.35	45.55
DSQ	Leonor Gomes MARTINS	+0,87	213792	11	Porto		

4.2 - Falsa Partida – SW 4.4

ORGANIZAÇÃO



PARCEIROS

