

Prova 7
07/07/2023

Femin., 100m Costas

25 anos e mais velhos
Resultados

| | | | | | |
|-------------|----------|--------------------------|---------|-----------------------|------------|
| RN A(25-29) | 1:09.82 | Filipa Mendes Pinheiro | EDV | Reguengos de Monsaraz | 19/07/2019 |
| RN B(30-34) | 1:11.97 | Filipa Mendes Pinheiro | SCCAM | Reguengos de Monsaraz | 08/07/2022 |
| RN C(35-39) | 1:15.41 | Ana Paula Grilo | UDCA | Funchal | 21/05/2005 |
| RN D(40-44) | 1:18.32 | Natacha Alexandra Sousa | CFP | Loulé | 04/07/2015 |
| RN E(45-49) | 1:17.40 | Monica Anjos Rezende | CAC | Loulé | 08/07/2016 |
| RN F(50-54) | 1:19.99 | Isabel Baptista Ferreira | ADRCIMM | Famalicao | 07/07/2017 |
| RN G(55-59) | 1:21.63 | Elena Nikolaevna Kraeva | ADRCIMM | Loulé | 08/07/2016 |
| RN H(60-64) | 1:36.45 | Maria Teresa Andrade | FCP | Porto | 20/05/2023 |
| RN I(65-69) | 1:54.82 | Ana Maria Ferreira | SAD | Loulé | 04/07/2015 |
| RN J(70-74) | 2:03.23 | Ana Maria Ferreira | SAD | Loulé | 04/06/2023 |
| RN K(75-79) | 2:09.62 | Isabel Maria Raimundo | SAD | Loulé | 03/07/2015 |
| RN L(80-84) | 2:37.87 | Nair Gomes Sa | ANE | Reguengos de Monsaraz | 09/07/2022 |
| RN M(85-89) | 59:00.00 | start | | | |
| RN N(90-94) | 59:00.00 | | | | |

Pontos: DSV Masters 22

| Lugar | Nome | T. Reação | Licença | Ano | Clube | Tempo Final | DSV | Pts |
|---------------------|--------------------------|---------------------|---------|-----|----------------------|----------------|-----|------|
| Master Esc A | | | | | | | | |
| 1. | Irina Filipa Lousa | +0,72 | 102467 | 95 | Porto | 1:18.00 | 619 | 9,00 |
| | 50m: 37.51 37.51 | 100m: 1:18.00 40.49 | | | | | | |
| 2. | Ana Margarida Rodrigues | +0,37 | 103868 | 96 | Galitos / Bresimar | 1:18.06 | 618 | 7,00 |
| | 50m: 37.69 37.69 | 100m: 1:18.06 40.37 | | | | | | |
| 3. | Bruna Elisabete Paulino | +0,79 | 102345 | 97 | Alcobaca | 1:19.27 | 590 | 6,00 |
| | 50m: 37.60 37.60 | 100m: 1:19.27 41.67 | | | | | | |
| 4. | Flavia Daniela Goncalves | +0,90 | 26907 | 96 | Sporting Caminha | 1:21.03 | 552 | 5,00 |
| | 50m: 38.02 38.02 | 100m: 1:21.03 43.01 | | | | | | |
| 5. | Claudia Isabel Semiao | +0,71 | 117970 | 97 | Academica de Coimbra | 1:25.09 | 477 | 4,00 |
| | 50m: 40.11 40.11 | 100m: 1:25.09 44.98 | | | | | | |
| 6. | Patricia Sousa Paulo | +0,78 | 25429 | 96 | Nautico de Leiria | 1:25.79 | 465 | 3,00 |
| | 50m: 41.75 41.75 | 100m: 1:25.79 44.04 | | | | | | |
| 7. | Francisca Silva Carmo | | 15615 | 94 | Famalicao | 1:32.67 | 369 | 2,00 |
| | 50m: 44.69 44.69 | 100m: 1:32.67 47.98 | | | | | | |
| 8. | Melanie Costa | +0,99 | 219092 | 94 | Porto | 1:37.55 | 316 | 1,00 |
| | 50m: 47.77 47.77 | 100m: 1:37.55 49.78 | | | | | | |
| 9. | Marta Pimentel Cavaco | +0,84 | 101630 | 94 | Lagoa AC | 1:38.60 | 306 | - |
| | 50m: 48.62 48.62 | 100m: 1:38.60 49.98 | | | | | | |
| 10. | Ana Sofia Monteiro | +0,97 | 206852 | 96 | Natacao de Valongo | 1:39.47 | 298 | - |
| | 50m: 48.42 48.42 | 100m: 1:39.47 51.05 | | | | | | |

Master Esc B

| | | | | | | | | |
|----|-----------------------|---------------------|--------|----|-------------------|----------------|-----|------|
| 1. | Marta Vieira Marinho | +0,66 | 15707 | 91 | Porto | 1:12.70 | 775 | 9,00 |
| | 50m: 35.13 35.13 | 100m: 1:12.70 37.57 | | | | | | |
| 2. | Ana Patricia Coutinho | +0,73 | 11061 | 93 | Viana Natacao | 1:20.88 | 563 | 7,00 |
| | 50m: 38.16 38.16 | 100m: 1:20.88 42.72 | | | | | | |
| 3. | Ines Sousa Lemos | +0,75 | 217777 | 92 | Porto | 1:22.63 | 528 | 6,00 |
| | 50m: 40.30 40.30 | 100m: 1:22.63 42.33 | | | | | | |
| 4. | Anastacia Silva Canto | +0,88 | 218437 | 89 | Masters de Almada | 1:28.41 | 431 | 5,00 |
| | 50m: 42.41 42.41 | 100m: 1:28.41 46.00 | | | | | | |
| 5. | Marta Isabel Jordao | +0,88 | 15630 | 91 | Famalicao | 1:29.04 | 422 | 4,00 |
| | 50m: 44.39 44.39 | 100m: 1:29.04 44.65 | | | | | | |

Prova 7, Femin., 100m Costas, Master Esc B

| Lugar | Nome | T. Reação | Licença | Ano | Clube | Tempo Final | DSV | Pts |
|-------|--|----------------------|---------|-------------|-------------------|----------------|-----|------|
| 6. | Catia Vanessa Moura 50m: 43.77 | +0,80 100m: 43.77 | 11048 | 90 46.75 | Sporting Caminha | 1:30.52 | 401 | 3,00 |
| 7. | Miriam Rodrigues Santos 50m: 43.82 | +0,86 100m: 43.82 | 14552 | 91 46.76 | Masters de Almada | 1:30.58 | 401 | 2,00 |
| 8. | Catarina Pereira Salvado 50m: 54.40 | +0,92 100m: 54.40 | 217757 | 93 58.65 | Ba-Leiria | 1:53.05 | 206 | 1,00 |

Master Esc C

| | | | | | | | | |
|-----|--|----------------------|--------|---------------|-----------------------|----------------|-----|------|
| 1. | Tatiana Gama Sevieri 50m: 36.38 | +0,67 100m: 36.38 | 153342 | 84 40.61 | Porto | 1:16.99 | 742 | 9,00 |
| 2. | Mariana Sa Lucas 50m: 37.11 | +0,66 100m: 37.11 | 204193 | 84 40.22 | Litoral Alentejano | 1:17.33 | 732 | 7,00 |
| 3. | Catia Marisa Valente 50m: 38.46 | +0,79 100m: 38.46 | 112512 | 84 42.83 | Luz e Vida | 1:21.29 | 630 | 6,00 |
| 4. | Ana Filipa Miranda 50m: 42.36 | +0,73 100m: 42.36 | 24760 | 85 44.93 | Galitos / Bresimar | 1:27.29 | 509 | 5,00 |
| 5. | Mariana Sarmento Rebocho 50m: 47.51 | | 103405 | 84 47.15 | Fluvial Portuense | 1:34.66 | 399 | 4,00 |
| 6. | Lina Orrego Arenas 50m: 46.11 | +0,86 100m: 46.11 | 211228 | 84 48.70 | Porto | 1:34.81 | 397 | 3,00 |
| 7. | Ana Margarida Rocha 50m: 45.66 | +0,90 100m: 45.66 | 152921 | 86 51.42 | Gafanha da Encarnacao | 1:37.08 | 370 | 2,00 |
| 8. | Juliana Cabral Oliveira 50m: 48.70 | +0,72 100m: 48.70 | 131965 | 85 55.04 | Gafanha da Encarnacao | 1:43.74 | 303 | 1,00 |
| 9. | Rita Fernandes Pascoal 50m: 54.27 | | 213206 | 88 56.22 | Ba-Leiria | 1:50.49 | 251 | - |
| 10. | Filipa Isabel Reis 50m: 57.59 | | 153141 | 87 1:04.65 | Leixoes | 2:02.24 | 185 | - |

Master Esc D

| | | | | | | | | |
|----|---------------------------------------|------------------------|--------|---------------|-------------------------|----------------|-----|------|
| 1. | Joana Margarida Gaspar 50m: 41.49 | +0,78 100m: 41.49 | 109118 | 83 44.18 | Nadadores dos Estoris | 1:25.67 | 547 | 9,00 |
| 2. | Ana Mafalda Oliveira 50m: 43.35 | +0,81 100m: 43.35 | 23193 | 81 44.66 | Natacao da Maia | 1:28.01 | 505 | 7,00 |
| 3. | Ana Henriques Pato 50m: 43.98 | +0,71 100m: 43.98 | 204148 | 83 48.14 | Masters de Almada | 1:32.12 | 440 | 6,00 |
| 4. | Maria Ana Fonseca 50m: 45.83 | +0,80 100m: 45.83 | 129912 | 82 46.93 | Fluvial Portuense | 1:32.76 | 431 | 5,00 |
| 5. | Maria Liza Orioli 50m: 51.27 | +0,91 100m: 51.27 | 211175 | 79 57.80 | Feirense | 1:49.07 | 265 | 4,00 |
| 6. | Ana Maria Martins 50m: 54.61 | +0,78 100m: 54.61 | 123246 | 79 57.74 | Sporting de Aveiro | 1:52.35 | 242 | 3,00 |
| 7. | Rita Verdial Ribeiro 50m: 52.64 | +0,68 100m: 52.64 | 217291 | 79 1:00.29 | Porto | 1:52.93 | 239 | 2,00 |
| 8. | Ana Rosa Silva 50m: 55.57 | +0,87 100m: 55.57 | 133361 | 80 57.97 | Foca Quinta da Lixa CNF | 1:53.54 | 235 | 1,00 |
| 9. | Isabel Carolina Neves 50m: 1:00.11 | +0,85 100m: 1:00.11 | 202850 | 80 57.45 | Fluvial Portuense | 1:57.56 | 211 | - |

Prova 7, Femin., 100m Costas, Master Esc D

| Lugar | Nome | T. Reação | Licença | Ano | Clube | Tempo Final | DSV | Pts |
|-------|---|------------------------|---------|---------------|-------------------|----------------|-----|-----|
| 10. | Teresa Sofia Ferreira 50m: 57.20 57.20 | +0,95 100m: 1:58.05 | 218366 | 80 1:00.85 | Vitoria Guimaraes | 1:58.05 | 209 | - |
| 11. | Joana Isabel Leite 50m: 1:01.47 1:01.47 | 100m: 2:07.74 | 130666 | 80 1:06.27 | Fluvial Portuense | 2:07.74 | 165 | - |
| 12. | Sonia Luzia Rodrigues 50m: 1:05.61 1:05.61 | +0,68 100m: 2:20.78 | 217758 | 81 1:15.17 | Ba-Leiria | 2:20.78 | 123 | - |
| DNS | Lilia Dulce Costa | | 132418 | 81 | Fluvial Portuense | | | - |
| DNS | Marta Sofia Oliveira | | 128880 | 83 | Fluvial Portuense | | | - |

Master Esc E

| | | | | | | | | |
|----|--|------------------------|--------|---------------|-------------------|----------------|-----|------|
| 1. | Gisela Barbosa Coutinho 50m: 38.97 38.97 | +0,80 100m: 1:19.05 | 211764 | 75 40.08 | Fluvial Portuense | 1:19.05 | 706 | 9,00 |
| 2. | Ana Filipa Prior 50m: 43.25 43.25 | 100m: 1:28.09 | 105895 | 77 44.84 | Luz e Vida | 1:28.09 | 510 | 7,00 |
| 3. | Elsa Maria Fumega 50m: 44.97 44.97 | +0,76 100m: 1:34.77 | 119665 | 78 49.80 | Leixoes | 1:34.77 | 409 | 6,00 |
| 4. | Susana Isabel Rego 50m: 45.08 45.08 | 100m: 1:36.42 | 215721 | 74 51.34 | Leixoes | 1:36.42 | 389 | 5,00 |
| 5. | Elza Maria Carvalho 50m: 49.56 49.56 | +0,68 100m: 1:43.90 | 153144 | 76 54.34 | Fluvial Portuense | 1:43.90 | 311 | 4,00 |
| 6. | Marcia Silva Nunes 50m: 1:02.79 1:02.79 | +0,70 100m: 2:13.06 | 122495 | 75 1:10.27 | Lagoa AC | 2:13.06 | 148 | 3,00 |
| 7. | Sandra Cristina Roma 50m: 1:14.81 1:14.81 | +0,95 100m: 2:39.01 | 212003 | 74 1:24.20 | Ba-Leiria | 2:39.01 | 86 | 2,00 |

Master Esc F

| | | | | | | | | |
|-----|---|------------------------|--------|---------------|-----------------------|----------------|-----|------|
| 1. | Rita Lopes Fernandes 50m: 41.71 41.71 | +0,93 100m: 1:25.30 | 103190 | 72 43.59 | Porto | 1:25.30 | 690 | 9,00 |
| 2. | Patricia Diogenes Pereira 50m: 41.66 41.66 | +0,75 100m: 1:25.50 | 26793 | 69 43.84 | Nadadores dos Estoris | 1:25.50 | 685 | 7,00 |
| 3. | Ines Maria Rothes 50m: 44.88 44.88 | 100m: 1:29.86 | 124731 | 73 44.98 | Fluvial Portuense | 1:29.86 | 590 | 6,00 |
| 4. | Luisa Tamaki Yokochi 50m: 43.50 43.50 | +0,77 100m: 1:32.40 | 218308 | 70 48.90 | Alges | 1:32.40 | 543 | 5,00 |
| 5. | Graca Maria Almeida 50m: 45.56 45.56 | +0,79 100m: 1:33.79 | 124702 | 73 48.23 | Leixoes | 1:33.79 | 519 | 4,00 |
| 6. | Daniela Maria Palhares 50m: 48.36 48.36 | +0,76 100m: 1:39.07 | 209005 | 71 50.71 | Fluvial Portuense | 1:39.07 | 440 | 3,00 |
| 7. | Claudia Maria Silva 50m: 53.43 53.43 | +0,91 100m: 1:48.91 | 131425 | 70 55.48 | Palmela Desporto | 1:48.91 | 331 | 2,00 |
| 8. | Claudia Maria Matias 50m: 1:02.39 1:02.39 | +0,85 100m: 2:12.72 | 209789 | 72 1:10.33 | Lagoa AC | 2:12.72 | 183 | 1,00 |
| 9. | Maria Astride Almeida 50m: 1:07.10 1:07.10 | +0,86 100m: 2:17.30 | 212350 | 72 1:10.20 | Fluvial Portuense | 2:17.30 | 165 | - |
| 10. | Eliana Marta Castro 50m: 1:04.54 1:04.54 | 100m: 2:27.18 | 214221 | 70 1:22.64 | Sporting de Aveiro | 2:27.18 | 134 | - |
| 11. | Ana Maria Soares 50m: 1:23.72 1:23.72 | 100m: 2:58.76 | 153261 | 71 1:35.04 | Vilacondense | 2:58.76 | 75 | - |

Prova 7, Femin., 100m Costas

Master Esc G

| | | | | | | | | | |
|----|--------------------------|---------|---------------|---------|----|---------------------|----------------|-----|------|
| 1. | Isabel Baptista Ferreira | | +0,78 | 119605 | 67 | Colegio Monte Maior | 1:24.08 | 802 | 9,00 |
| | 50m: 40.56 | 40.56 | 100m: 1:24.08 | 43.52 | | | | | |
| 2. | Ana Paula Goncalves | | +0,77 | 215679 | 65 | Masters de Almada | 1:32.99 | 593 | 7,00 |
| | 50m: 44.23 | 44.23 | 100m: 1:32.99 | 48.76 | | | | | |
| 3. | Paula Alexandra Palhares | | +0,78 | 212331 | 66 | Fluvial Portuense | 1:33.71 | 579 | 6,00 |
| | 50m: 45.96 | 45.96 | 100m: 1:33.71 | 47.75 | | | | | |
| 4. | Rosalina Bessa Babo | | +0,69 | 108036 | 67 | Porto | 1:37.56 | 513 | 5,00 |
| | 50m: 47.35 | 47.35 | 100m: 1:37.56 | 50.21 | | | | | |
| 5. | Maria Manuel Friaes | | +0,77 | 204549 | 65 | Porto | 1:39.21 | 488 | 4,00 |
| | 50m: 48.90 | 48.90 | 100m: 1:39.21 | 50.31 | | | | | |
| 6. | Maria Clara Sousa | | +0,86 | 100682 | 68 | Masters de Almada | 1:48.97 | 368 | 3,00 |
| | 50m: 52.70 | 52.70 | 100m: 1:48.97 | 56.27 | | | | | |
| 7. | Helena Maria Cardoso | | | 205207 | 66 | Fluvial Portuense | 2:02.31 | 260 | 2,00 |
| | 50m: 57.70 | 57.70 | 100m: 2:02.31 | 1:04.61 | | | | | |
| 8. | Violante Isabel Ribeiro | | +0,90 | 124926 | 67 | Alges | 2:09.36 | 220 | 1,00 |
| | 50m: 1:02.73 | 1:02.73 | 100m: 2:09.36 | 1:06.63 | | | | | |
| 9. | Cidalia Conceicao Maria | | +0,78 | 211933 | 64 | Ba-Leiria | 2:55.35 | 88 | - |
| | 50m: 1:22.67 | 1:22.67 | 100m: 2:55.35 | 1:32.68 | | | | | |

Master Esc H

| | | | | | | | | | |
|----|-------------------------|---------|---------------|---------|----|--------------------|----------------|-----|------|
| 1. | Elena Alarcon Gamonal | | +0,82 | 106651 | 61 | Lagoa AC | 1:30.99 | 751 | 9,00 |
| | <i>Rec Nac Esc H</i> | | | | | | | | |
| | 50m: 43.83 | 43.83 | 100m: 1:30.99 | 47.16 | | | | | |
| 2. | Michelle Annette Moore | | | 212338 | 60 | Obidos | 1:51.25 | 411 | 7,00 |
| | 50m: 53.26 | 53.26 | 100m: 1:51.25 | 57.99 | | | | | |
| 3. | Vivien Patricia Silva | | +0,93 | 212365 | 62 | Porto | 1:53.52 | 386 | 6,00 |
| | 50m: 55.15 | 55.15 | 100m: 1:53.52 | 58.37 | | | | | |
| 4. | Cristina Maria Oliveira | | +0,98 | 217798 | 60 | Natacao de Valongo | 1:57.86 | 345 | 5,00 |
| | 50m: 56.47 | 56.47 | 100m: 1:57.86 | 1:01.39 | | | | | |
| 5. | Maria Teresa Pinto | | +0,24 | 120500 | 61 | Leixoes | 2:20.51 | 204 | 4,00 |
| | 50m: 1:10.99 | 1:10.99 | 100m: 2:20.51 | 1:09.52 | | | | | |
| 6. | Regina Fernanda Azevedo | | +0,97 | 204136 | 59 | Feirense | 2:22.38 | 196 | 3,00 |
| | 50m: 1:06.65 | 1:06.65 | 100m: 2:22.38 | 1:15.73 | | | | | |

Master Esc I

| | | | | | | | | | |
|----|---------------------|---------|---------------|---------|----|-------------------|----------------|-----|------|
| 1. | Susan Ann Warnok | | +0,73 | 216222 | 56 | Obidos | 1:56.92 | 459 | 9,00 |
| | 50m: 53.79 | 53.79 | 100m: 1:56.92 | 1:03.13 | | | | | |
| 2. | Ana Paula Almeida | | +0,98 | 153497 | 58 | Fluvial Portuense | 2:03.84 | 386 | 7,00 |
| | 50m: 59.82 | 59.82 | 100m: 2:03.84 | 1:04.02 | | | | | |
| 3. | Maria Josefina Cruz | | +0,96 | 105522 | 55 | Ginasio Clube | 2:50.75 | 147 | 6,00 |
| | 50m: 1:22.80 | 1:22.80 | 100m: 2:50.75 | 1:27.95 | | | | | |
| 4. | Maria Carmo Rocha | | +0,79 | 118886 | 54 | Leixoes | 3:28.78 | 80 | 5,00 |
| | 50m: 1:43.75 | 1:43.75 | 100m: 3:28.78 | 1:45.03 | | | | | |

Prova 7, Femin., 100m Costas

Master Esc J

| | | | | | | | | | |
|-----|------------------------------|---------|-------|--------|---------|----------------------|----------------|-----|---------|
| 1. | Isabel Costa Monteiro | | +0,68 | 11174 | 53 | Academica de Coimbra | 2:23.90 | 261 | 9,00 |
| | 50m: | 1:09.77 | | 100m: | 2:23.90 | | | | 1:14.13 |
| | 1:09.77 | | | | | | | | |
| DSQ | Maria Helena Hessel | | | 219554 | 49 | Fluvial Portuense | | | - |
| | 4.2 - Falsa Partida – SW 4.4 | | | | | | | | |

ORGANIZAÇÃO



S. João da Madeira
Câmara Municipal

PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



DESPORTO
PARATODOS
PROGRAMA NACIONAL

PARCEIROS

