

Prova 6
07/07/2023

Masc., 200m Bruços

25 anos e mais velhos
Resultados

RN A(25-29)	2:27.30	Pedro Miguel Silva	ADRCIMM	Reguengos de Monsaraz	19/07/2019
RN B(30-34)	2:27.06	Pedro Miguel Pinotes	SCP	Reguengos de Monsaraz	19/07/2019
RN C(35-39)	2:36.30	Jaime Marques Duarte	CWP	Reguengos de Monsaraz	08/07/2022
RN D(40-44)	2:34.20	Vasco Jorge Rosario	SAD	Loulé	10/07/2016
RN E(45-49)	2:44.19	Jose Samuel Duarte	SCP	Reguengos de Monsaraz	30/06/2012
RN F(50-54)	2:47.07	Jose Samuel Duarte	SCP	Famalicão	09/07/2017
RN G(55-59)	3:07.15	Ralf Pinto Soares	ANE	Reguengos de Monsaraz	19/07/2019
RN H(60-64)	3:06.55	Jose Miguel Barroso	CFP	Reguengos de Monsaraz	08/07/2022
RN I(65-69)	3:25.11	Antonio Bessone Basto	SAD	Loulé	29/06/2013
RN J(70-74)	3:33.87	Antonio Bessone Basto	SAD	Loulé	05/07/2015
RN K(75-79)	4:17.23	Alexandre Azevedo Gaspar	SAD	Famalicão	09/07/2021
RN L(80-84)	4:25.28	Leonel Sousa Gomes	AAC	Reguengos de Monsaraz	04/07/2010

Pontos: DSV Masters 22

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
Master Esc A								
1.	Angel Jose Silva		218763	95	Ginasio Clube	2:41.10	724	9,00
	50m: 33.31	33.31	100m: 1:12.33	39.02	150m: 1:54.79	42.46	200m: 2:41.10	46.31
2.	Vitor Samuel Rocha	+0,77	107743	96	Aquatico Pacense	2:42.55	705	7,00
	50m: 36.03	36.03	100m: 1:16.62	40.59	150m: 1:58.37	41.75	200m: 2:42.55	44.18
3.	Frederico Renato Sousa	+0,82	105734	95	Natacao de Valongo	2:46.11	660	6,00
	50m: 36.70	36.70	100m: 1:17.81	41.11	150m: 2:01.27	43.46	200m: 2:46.11	44.84
4.	Claudio Miguel Gomes	+0,63	105039	95	Gafanha da Encarnacao	3:03.79	487	5,00
	50m: 39.86	39.86	100m: 1:26.15	46.29	150m: 2:15.10	48.95	200m: 3:03.79	48.69
5.	Joao Castro Rocha		212348	95	Fluvial Portuense	3:45.25	264	4,00
	50m: 52.06	52.06	100m: 1:46.80	54.74	150m: 2:45.88	59.08	200m: 3:45.25	59.37

Master Esc B

1.	Sergio Baptista Silva	+0,72	15703	91	Porto	2:35.47	786	9,00
	50m: 34.04	34.04	100m: 1:13.18	39.14	150m: 1:54.96	41.78	200m: 2:35.47	40.51
2.	Joao Paulo Ribeiro	+0,68	10703	92	Nautico de Leiria	2:42.68	686	7,00
	50m: 36.46	36.46	100m: 1:17.30	40.84	150m: 1:59.54	42.24	200m: 2:42.68	43.14
3.	Pedro Fragoso Lopes	+0,80	12075	90	Porto	2:47.78	625	6,00
	50m: 38.14	38.14	100m: 1:20.76	42.62	150m: 2:04.42	43.66	200m: 2:47.78	43.36
4.	Andre Santos Marques		216466	92	Ba-Leiria	2:48.26	620	5,00
	50m: 33.89	33.89	100m: 1:14.65	40.76	150m: 1:59.95	45.30	200m: 2:48.26	48.31
5.	Joao Carlos Carvalho	+0,79	25338	90	Lisboa PoolSharks	2:54.62	554	4,00
	50m: 38.53	38.53	100m: 1:22.45	43.92	150m: 2:08.96	46.51	200m: 2:54.62	45.66
6.	Diogo Andre Cordeiro	+0,86	13976	90	Masters de Almada	3:00.78	499	3,00
	50m: 38.53	38.53	100m: 1:24.64	46.11	150m: 2:12.83	48.19	200m: 3:00.78	47.95
7.	Joao Pedro Ferreira	+0,96	13012	91	Gesloures	3:02.56	485	2,00
	50m: 40.62	40.62	100m: 1:26.25	45.63	150m: 2:13.90	47.65	200m: 3:02.56	48.66
8.	Antonio Manuel Coelho	+0,96	207602	91	Natacao de Valongo	3:14.83	399	1,00
	50m: 43.99	43.99	100m: 1:33.89	49.90	150m: 2:24.99	51.10	200m: 3:14.83	49.84
9.	Francisco David Ferreira	+0,95	121874	89	Fluvial Portuense	3:15.36	396	-
	50m: 43.12	43.12	100m: 1:32.03	48.91	150m: 2:23.11	51.08	200m: 3:15.36	52.25
10.	Telmo Almeida Santos	+0,73	103746	93	Sao Joao Ver	3:15.67	394	-
	50m: 44.10	44.10	100m: 1:33.90	49.80	150m: 2:25.00	51.10	200m: 3:15.67	50.67
11.	Miguel Patricio Amaro	+0,88	206425	90	Lisboa PoolSharks	3:22.37	356	-
	50m: 41.65	41.65	100m: 1:33.44	51.79	150m: 2:27.73	54.29	200m: 3:22.37	54.64

Prova 6, Masc., 200m Bruços, Master Esc B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
DSQ	Orlando Miguel Leal	+0,96	217170	91	CPCD-Povoa St Iria			-
<i>7.18 - O(A) nadador(a) executou pernada vertical durante o percurso – SW 7.5</i>								

Master Esc C

1.	Nuno Maria Nolasco	+0,77	26204	87	Ginasio Clube	2:46.32	753	9,00
	50m: 35.63 35.63	100m: 1:17.71 42.08	150m: 2:01.38 43.67	200m: 2:46.32 44.94				
2.	David Julio Sher	+0,90	206916	84	Ginasio Clube	2:52.56	674	7,00
	50m: 37.21 37.21	100m: 1:19.59 42.38	150m: 2:05.77 46.18	200m: 2:52.56 46.79				
3.	Miguel Duarte Henriques	+0,81	219257	88	Nautico de Leiria	2:53.47	664	6,00
	50m: 37.39 37.39	100m: 1:20.35 42.96	150m: 2:06.39 46.04	200m: 2:53.47 47.08				
4.	Antonio Sergio Costa	+0,76	214235	84	Famalicao	3:04.09	555	5,00
	50m: 37.79 37.79	100m: 1:21.25 43.46	150m: 2:09.20 47.95	200m: 3:04.09 54.89				
5.	Jorge Luis Rosa		204882	87	Nacional de Natacao	3:07.54	525	4,00
	50m: 42.24 42.24	100m: 1:29.92 47.68	150m: 2:19.34 49.42	200m: 3:07.54 48.20				
6.	Pedro Emanuel Gomes	+0,96	202830	88	Natacao de Valongo	3:21.12	426	3,00
	50m: 47.62 47.62	100m: 1:39.08 51.46	150m: 2:30.52 51.44	200m: 3:21.12 50.60				
7.	Manuel Filipe Ferreira	+0,92	215217	87	Porto	3:37.75	335	2,00
	50m: 50.82 50.82	100m: 1:46.27 55.45	150m: 2:43.39 57.12	200m: 3:37.75 54.36				

Master Esc D

1.	Pedro Alexandre Sousa	+0,75	123374	82	Porto	2:53.03	662	9,00
	50m: 39.42 39.42	100m: 1:23.68 44.26	150m: 2:08.82 45.14	200m: 2:53.03 44.21				
2.	Nelson Duarte Batista	+0,88	213084	80	CPCD-Povoa St Iria	3:07.32	522	7,00
	50m: 39.75 39.75	100m: 1:25.81 46.06	150m: 2:15.09 49.28	200m: 3:07.32 52.23				
3.	Rui Manuel Pinto	+0,96	106876	79	Fluvial Portuense	3:26.32	390	6,00
	50m: 45.14 45.14	100m: 1:37.11 51.97	150m: 2:32.87 55.76	200m: 3:26.32 53.45				
4.	Joao Miguel Loureiro	+0,99	204172	83	Palmela Desporto	3:28.67	377	5,00
	50m: 45.68 45.68	100m: 1:38.62 52.94	150m: 2:35.09 56.47	200m: 3:28.67 53.58				
5.	Ruben Filipe Coelho	+0,92	203172	82	Geslours	3:31.34	363	4,00
	50m: 46.45 46.45	100m: 1:42.03 55.58	150m: 2:39.09 57.06	200m: 3:31.34 52.25				
6.	Jose Alexandre Onofre		209366	81	Estarreja/PROZINCO	4:01.78	242	3,00
	50m: 53.26 53.26	100m: 1:55.62 1:02.36	150m: 2:59.75 1:04.13	200m: 4:01.78 1:02.03				
7.	Sergio Manuel Neves		204875	82	Fluvial Portuense	4:23.47	187	2,00
	50m: 1:04.37 1:04.37	100m: 2:15.26 1:10.89	150m: 3:23.34 1:08.08	200m: 4:23.47 1:00.13				
DSQ	Patrick Santos		26609	79	Sporting			-
<i>7.13 - O(A) nadador(a) realizou movimentos não simultâneos de pernas durante o percurso - SW 7.4</i>								
DSQ	Tiago Melo Pereira		208402	79	Natacao de Valongo			-
<i>7.22 - O(A) nadador(a), na viragem dos 150 metros, tocou na parede com toque não simultâneo - SW 7.6</i>								

Master Esc E

1.	Gustavo Volkart	+0,85	219700	77	Colegio Monte Maior	2:46.16	792	9,00
	50m: 36.67 36.67	100m: 1:18.35 41.68	150m: 2:02.16 43.81	200m: 2:46.16 44.00				
2.	Rodrigo Marques Costa	+0,93	11306	76	Litoral Alentejano	2:52.50	707	7,00
	50m: 38.34 38.34	100m: 1:20.80 42.46	150m: 2:05.75 44.95	200m: 2:52.50 46.75				
3.	Ricardo Zamith Passos	+0,82	103229	75	Naval Povoense	2:53.18	699	6,00
	50m: 36.90 36.90	100m: 1:20.48 43.58	150m: 2:06.81 46.33	200m: 2:53.18 46.37				

Prova 6, Masc., 200m Bruços, Master Esc E

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
4.	Artur Jorge Rosa 50m: 41.24	+0,97 41.24	126945	76	Vila DEste/Gaia 150m: 2:12.53	2:59.43 200m: 2:59.43	629 46.90	5,00
5.	Filipe Teixeira Sa 50m: 40.66	+0,86 40.66	206936	78	Porto 150m: 2:16.84	3:05.20 200m: 3:05.20	572 48.36	4,00
6.	Miguel Pinheiro Pires 50m: 43.30	+0,69 43.30	153288	78	Fluvial Portuense 150m: 2:25.30	3:19.16 200m: 3:19.16	459 53.86	3,00
7.	Ivo Claudino Calha 50m: 47.05	+0,69 47.05	219336	77	Colegio Monte Maior 150m: 2:32.69	3:23.74 200m: 3:23.74	429 51.05	2,00
8.	Joao Filipe Romao 50m: 47.06	+0,68 47.06	107138	77	Lagoa AC 150m: 2:36.69	3:29.09 200m: 3:29.09	397 52.40	1,00
9.	Paulo Sergio Pereira 50m: 46.09	+0,69 46.09	153326	74	Fluvial Portuense 150m: 2:34.32	3:29.26 200m: 3:29.26	396 54.94	-
10.	Rui Albino Jorge 50m: 43.33	+0,83 43.33	106807	78	Feirense 150m: 2:35.15	3:31.17 200m: 3:31.17	385 56.02	-
11.	Valdemar Silva Paiva 50m: 46.59	+0,84 46.59	214138	77	Feirense 150m: 2:40.92	3:38.83 200m: 3:38.83	346 57.91	-
12.	Joao Pedro Oliveira 50m: 49.65	+0,66 49.65	218046	74	Natacao de Valongo 150m: 2:50.26	3:51.29 200m: 3:51.29	293 1:01.03	-
13.	Tiago Branco Andrade 50m: 50.72	+0,93 50.72	219151	76	Porto 150m: 2:58.44	3:59.02 200m: 3:59.02	266 1:00.58	-
14.	Hugo Assuncao Bessa 50m: 1:05.10	+0,93 1:05.10	218303	74	Vilacondense 150m: 3:57.16	5:23.32 200m: 5:23.32	107 1:26.16	-
DNS	Jose Orlando Novais		110370	78	Vitoria Guimaraes			-

Master Esc F

1.	Rodolfo Pereira Nunes 50m: 41.45	+0,90 41.45	25137	73	Individual ANNP 150m: 2:14.23	3:01.54 200m: 3:01.54	627 47.31	9,00
2.	Manuel Duran Santos 50m: 44.00	+0,90 44.00	133441	73	Porto 150m: 2:25.79	3:10.87 200m: 3:10.87	539 45.08	7,00
3.	Rui Miguel Tejo 50m: 44.29	+0,99 44.29	104306	69	Academica de Coimbra 150m: 2:23.67	3:13.16 200m: 3:13.16	520 49.49	6,00
4.	Nuno Filipe Melo 50m: 44.68	+0,97 44.68	121581	70	Galitos / Bresimar 150m: 2:27.24	3:18.93 200m: 3:18.93	476 51.69	5,00
5.	Nuno Avila Franca 50m: 46.55	+0,91 46.55	153496	72	Academica de Coimbra 150m: 2:37.87	3:31.73 200m: 3:31.73	395 53.86	4,00
6.	Francisco Jose Dias 50m: 47.32	+0,95 47.32	117476	69	Lagoa AC 150m: 2:37.83	3:32.51 200m: 3:32.51	390 54.68	3,00
7.	Joao Tiago Soares 50m: 48.30	+0,95 48.30	201938	70	Porto 150m: 2:40.70	3:34.53 200m: 3:34.53	379 53.83	2,00
8.	Marco Paulo Silva 50m: 48.28	+0,95 48.28	118005	70	Naval Povoense 150m: 2:41.92	3:37.93 200m: 3:37.93	362 56.01	1,00
9.	Mario Xavier Rocha 50m: 48.34	+0,91 48.34	202205	70	Estarreja/PROZINCO 150m: 2:42.00	3:38.52 200m: 3:38.52	359 56.52	-
10.	Jose Luis Cardoso 50m: 50.68	+0,91 50.68	130669	71	Masters de Almada 150m: 2:52.55	3:49.36 200m: 3:49.36	310 56.81	-
11.	Antonio Manuel Santinha 50m: 53.96	+0,91 53.96	100477	69	Masters de Almada 150m: 2:55.53	3:52.64 200m: 3:52.64	297 57.11	-
12.	Jose Manuel Baptista 50m: 55.60	+0,91 55.60	130027	69	Leixoes 150m: 2:59.95	3:59.12 200m: 3:59.12	274 59.17	-

Prova 6, Masc., 200m Bruços, Master Esc F

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
13.	Jorge Miguel Guedes 50m: 53.47	+0,99 100m: 53.47	131932	73	Fluvial Portuense 150m: 2:57.50 1:02.82	3:59.79 200m: 3:59.79	272	-

Master Esc G

1.	Jorge Sequeira Lima 50m: 43.77	+0,97 100m: 43.77	10524	67	Electrico Clube/ FGil.pt 150m: 2:23.17 50.77	3:10.38 200m: 3:10.38	633	9,00
2.	Ralf Pinto Soares 50m: 42.97	+0,99 100m: 42.97	26786	64	Nadadores dos Estoris 150m: 2:24.71 51.28	3:12.43 200m: 3:12.43	613	7,00
3.	Gustavo Ferreira Basto 50m: 42.18	+0,91 100m: 42.18	103219	67	Galitos / Bresimar 150m: 2:21.50 50.51	3:12.57 200m: 3:12.57	611	6,00
4.	Antonio Fernando Sousa 50m: 43.78	+0,84 100m: 43.78	202718	65	Porto 150m: 2:23.34 49.53	3:14.05 200m: 3:14.05	597	5,00
5.	Francisco Manuel Sequeira 50m: 50.93	+0,96 100m: 50.93	201740	66	Vila DEste/Gaia 150m: 2:52.05 1:01.99	3:49.08 200m: 3:49.08	363	4,00
6.	Joao Paulo Campos 50m: 52.14	+0,96 100m: 52.14	14639	65	Natacao da Maia 150m: 2:50.19 1:00.65	3:49.46 200m: 3:49.46	361	3,00
7.	Rui Manuel Silva 50m: 47.33	+0,96 100m: 47.33	109826	64	Academica de Coimbra 150m: 2:47.20 1:02.58	3:52.68 200m: 3:52.68	346	2,00
8.	Daniel Castro Trigo 50m: 53.70	+0,96 100m: 53.70	120704	65	Sporting de Aveiro 150m: 2:59.00 1:03.50	3:59.63 200m: 3:59.63	317	1,00
9.	Antonio Eduardo Afonso 50m: 49.46	+0,83 100m: 49.46	207922	65	Ginasio de Santo Tirso 150m: 2:54.01 1:04.21	4:02.25 200m: 4:02.25	307	-
10.	Henrique Silva Paiva 50m: 55.02	+0,96 100m: 55.02	207623	67	Feirense 150m: 3:07.13 1:08.06	4:11.57 200m: 4:11.57	274	-
11.	Paulo Monteiro Pinto 50m: 1:03.07	+0,96 100m: 1:03.07	211230	64	Porto 150m: 3:32.42 1:15.82	4:42.56 200m: 4:42.56	193	-
12.	Carlos Manuel Lopes 50m: 1:08.04	+0,96 100m: 1:08.04	202483	66	Alges 150m: 3:52.04 1:24.34	5:14.09 200m: 5:14.09	140	-
DSQ	Mario Jorge Ribeiro		128278	65	Alges			-

7.10 - O(A) nadador(a) puxou as mãos para além da linha da anca durante o percurso - SW 7.3

Master Esc H

1.	Jose Miguel Barroso 50m: 44.42	+0,74 100m: 44.42	208445	62	Fluvial Portuense 150m: 2:23.35 49.67	3:12.89 200m: 3:12.89	693	9,00
2.	Luis Miguel Bernardo 50m: 44.87	+0,90 100m: 44.87	201380	61	Fluvial Portuense 150m: 2:27.45 51.74	3:18.32 200m: 3:18.32	638	7,00
3.	Paulo Marcos Dantas 50m: 44.65	+0,96 100m: 44.65	206918	63	Alges 150m: 2:31.60 55.22	3:27.58 200m: 3:27.58	556	6,00
4.	Alberto Nuno Espinheiro 50m: 48.64	+0,93 100m: 48.64	106811	62	Feirense 150m: 2:48.36 1:01.95	3:52.09 200m: 3:52.09	398	5,00
5.	Albano Couto Teixeira 50m: 56.05	+0,96 100m: 56.05	117114	63	Foca Quinta da Lixa CNF 150m: 3:09.60 1:08.29	4:17.01 200m: 4:17.01	293	4,00
6.	Joao Henrique Seara 50m: 1:00.82	+0,76 100m: 1:00.82	131833	63	Leixoes 150m: 3:16.12 1:06.94	4:19.61 200m: 4:19.61	284	3,00
7.	Joao Cesar Alves 50m: 1:01.80	+0,72 100m: 1:01.80	214253	63	Fluvial Portuense 150m: 3:25.28 1:11.74	4:32.48 200m: 4:32.48	246	2,00
8.	Fernando Manuel Pinto 50m: 1:03.70	+0,89 100m: 1:03.70	131365	61	Fluvial Portuense 150m: 3:34.48 1:15.84	4:45.26 200m: 4:45.26	214	1,00

Prova 6, Masc., 200m Bruços, Master Esc H

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
9.	Luis Joao Mourao 50m: 1:06.74	1:06.74	209692	62	Natacao de Valongo	5:11.83 200m: 5:11.83	164	-
DNS	Youssef-andre Barka		203476	63	Salesianos			-

Master Esc I

1.	Carlos Roberto Silva <i>Rec Nac Esc I</i> 50m: 44.51	44.51	+0,88	202370	54	Alges	3:21.61 200m: 3:21.61	804	9,00
2.	Mario Jorge Barros 50m: 51.77	51.77		128252	56	Porto	3:49.80 200m: 3:49.80	543	7,00
3.	Enrico Palmiro Lettrari 50m: 51.40	51.40		215753	56	Nadadores dos Estoris	3:54.84 200m: 3:54.84	509	6,00
4.	Oscar Filipe Goncalves 50m: 53.98	53.98	+0,99	219154	58	Fluvial Portuense	4:07.76 200m: 4:07.76	433	5,00
5.	Antonio Alves Cecilio 50m: 59.89	59.89		100919	54	Fluvial Portuense	4:16.06 200m: 4:16.06	392	4,00

Master Esc J

1.	Mario Gomes Bairrada 50m: 53.47	53.47	+0,75	100885	52	Alges	4:06.35 200m: 4:06.35	477	9,00
2.	Antonio Monteiro Canelas 50m: 59.06	59.06		148547	50	Sporting de Espinho	4:25.08 200m: 4:25.08	383	7,00
3.	Alfredo Coelho Magalhaes 50m: 1:00.62	1:00.62	+0,90	210499	53	Porto	4:49.25 200m: 4:49.25	295	6,00
4.	Americo Rocha Pereira 50m: 1:14.05	1:14.05	+0,87	216703	53	Porto	5:24.88 200m: 5:24.88	208	5,00
5.	Jose Manuel Horta 50m: 1:15.19	1:15.19		141654	49	Alges	5:32.16 200m: 5:32.16	194	4,00

Master Esc K

1.	Antonio Bessone Basto <i>Rec Nac Esc K</i> 50m: 54.25	54.25		119672	45	Alges	4:06.23 200m: 4:06.23	569	9,00
DSQ	Jose Leite 4.2 - Falsa Partida – SW 4.4			204547	48	Foca Quinta da Lixa CNF			-
DSQ	Carlos Alberto Couteiro 4.2 - Falsa Partida – SW 4.4			201514	45	Viana Natacao			-

Master Esc L

1.	Antero Silva Sousa 50m: 1:09.60	1:09.60		205243	43	Fluvial Portuense	5:21.26 200m: 5:21.26	320	9,00
DSQ	Manuel Monteiro Tenreiro 4.2 - Falsa Partida – SW 4.4			11175	40	Academica de Coimbra			-

Prova 6, Masc., 200m Braços

Master Esc M

DNS Joao Rodrigues Teixeira 100127 37 Academica de Coimbra -

ORGANIZAÇÃO



S. João da Madeira
Câmara Municipal

PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



INSTITUTO PORTUGUÊS
DO DESPORTO
& JUVENTUDE I.P.



DESPORTO
PARATODOS
PROGRAMA NACIONAL

PARCEIROS

