

Prova 39
09/07/2023

Masc., 400m Estilos

25 anos e mais velhos
Resultados

RN A(25-29)	4:47.39	Andre Bras Goncalves	CFB	Loulé	03/07/2015
RN B(30-34)	4:43.37	Pedro Miguel Pinotes	SCP	Reguengos de Monsaraz	19/07/2019
RN C(35-39)	5:11.00	Adriano Miguel Niz	GDNFAMA	Famalicão	11/07/2021
RN D(40-44)	5:16.30	Rodolfo Pereira Nunes	GESP	Montreal (CAN)	05/08/2014
RN E(45-49)	5:28.81	Jose Carlos Freitas	CFP	Oeiras	02/07/2011
RN F(50-54)	5:36.42	Paulo Paula Carvalho	SFUAP	Loulé	03/07/2015
RN G(55-59)	5:40.75	Paulo Paula Carvalho	SCP	Budapeste (HUN)	16/08/2017
RN H(60-64)	5:58.46	Paulo Paula Carvalho	SCP	Famalicão	11/07/2021
RN I(65-69)	6:45.48	Vitor Manuel Mavioso	SAD	Loulé	04/06/2023
RN J(70-74)	6:59.74	Antonio Bessone Basto	SAD	Loulé	08/07/2016
RN K(75-79)	10:04.38	Joao Rodrigues Teixeira	AAC	Loulé	29/06/2013
RN L(80-84)	59:00.00	start			

Pontos: DSV Masters 22

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
Master Esc A								
1.	Andre Filipe Afonseca	+0,87	117795	98	Gafanha da Encarnacao	5:29.12	652	9,00
	50m: 31.86	31.86	150m: 1:53.67	43.94	250m: 3:26.33	50.15	350m: 4:53.19	37.34
	100m: 1:09.73	37.87	200m: 2:36.18	42.51	300m: 4:15.85	49.52	400m: 5:29.12	35.93
2.	Renato Filipe Silva	+0,84	148373	98	Porto	6:30.58	390	7,00
	50m: 35.51	35.51	150m: 2:13.67	52.13	250m: 4:07.05	1:04.15	350m: 5:52.52	40.54
	100m: 1:21.54	46.03	200m: 3:02.90	49.23	300m: 5:11.98	1:04.93	400m: 6:30.58	38.06
3.	Carlos Alberto Torre	+0,82	216326	96	Braga	7:04.32	304	6,00
	50m: 36.81	36.81	150m: 2:31.76	57.50	250m: 4:25.77	56.59	350m: 6:16.79	51.14
	100m: 1:34.26	57.45	200m: 3:29.18	57.42	300m: 5:25.65	59.88	400m: 7:04.32	47.53
4.	Joao Castro Rocha		212348	95	Fluvial Portuense	7:59.68	210	5,00
	50m: 50.39	50.39	150m: 2:44.12	56.67	250m: 4:47.77	1:04.04	350m: 6:55.26	1:04.25
	100m: 1:47.45	57.06	200m: 3:43.73	59.61	300m: 5:51.01	1:03.24	400m: 7:59.68	1:04.42

Master Esc B

1.	Joao Paulo Ribeiro	+0,77	10703	92	Nautico de Leiria	5:15.91	651	9,00
	50m: 32.15	32.15	150m: 1:52.53	43.93	250m: 3:19.96	44.62	350m: 4:40.38	37.05
	100m: 1:08.60	36.45	200m: 2:35.34	42.81	300m: 4:03.33	43.37	400m: 5:15.91	35.53
2.	Pedro Fragoso Lopes	+0,84	12075	90	Porto	5:17.81	640	7,00
	50m: 31.79	31.79	150m: 1:52.03	42.48	250m: 3:20.52	45.08	350m: 4:43.55	35.81
	100m: 1:09.55	37.76	200m: 2:35.44	43.41	300m: 4:07.74	47.22	400m: 5:17.81	34.26
3.	Goncalo Goncalves Meneses	+0,81	204349	92	Braga	5:35.00	546	6,00
	50m: 33.04	33.04	150m: 1:58.03	45.55	250m: 3:29.08	47.97	350m: 4:56.58	38.73
	100m: 1:12.48	39.44	200m: 2:41.11	43.08	300m: 4:17.85	48.77	400m: 5:35.00	38.42
4.	Joao Carlos Carvalho	+0,78	25338	90	Lisboa PoolSharks	5:35.34	544	5,00
	50m: 33.06	33.06	150m: 1:58.53	46.16	250m: 3:30.32	46.07	350m: 4:58.19	39.30
	100m: 1:12.37	39.31	200m: 2:44.25	45.72	300m: 4:18.89	48.57	400m: 5:35.34	37.15
5.	Christophe Pereira Fernandes	+0,84	15955	91	Famalicao	5:38.58	529	4,00
	50m: 34.15	34.15	150m: 1:57.10	42.35	250m: 3:29.59	49.80	350m: 4:58.84	38.96
	100m: 1:14.75	40.60	200m: 2:39.79	42.69	300m: 4:19.88	50.29	400m: 5:38.58	39.74
6.	Mario Nuno Felicio	+0,79	205226	90	Ginasio Clube	5:42.34	512	3,00
	50m: 35.66	35.66	150m: 2:03.67	44.40	250m: 3:39.24	50.47	350m: 5:06.83	38.11
	100m: 1:19.27	43.61	200m: 2:48.77	45.10	300m: 4:28.72	49.48	400m: 5:42.34	35.51
7.	Diogo Andre Cordeiro	+0,92	13976	90	Masters de Almada	5:58.54	445	2,00
	50m: 35.60	35.60	150m: 2:10.39	49.53	250m: 3:46.95	47.13	350m: 5:17.40	42.35
	100m: 1:20.86	45.26	200m: 2:59.82	49.43	300m: 4:35.05	48.10	400m: 5:58.54	41.14
8.	Rafael Andre Torpes	+0,82	14094	89	Litoral Alentejano	6:04.12	425	1,00
	50m: 33.30	33.30	150m: 2:00.57	47.13	250m: 3:42.54	53.96	350m: 5:21.76	43.27
	100m: 1:13.44	40.14	200m: 2:48.58	48.01	300m: 4:38.49	55.95	400m: 6:04.12	42.36

Splash Meet Manager, 11.77323

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



S. João da Madeira
Câmara Municipal

PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



DESPORTO
PARA TODOS
PROGRAMA NACIONAL

PARCEIROS



Prova 39, Masc., 400m Estilos, Master Esc B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
9.	Joao Miguel Mestre		11401	92	Lisboa PoolSharks	6:27.39	353	-
	50m: 35.56	35.56	150m: 2:14.67	51.01	250m: 3:59.89	54.88	350m: 5:42.71	46.85
	100m: 1:23.66	48.10	200m: 3:05.01	50.34	300m: 4:55.86	55.97	400m: 6:27.39	44.68
10.	Luis Rosario Figueiredo	+0,77	131311	89	Ginasio de Santo Tirso	6:45.69	307	-
	50m: 42.09	42.09	150m: 2:31.47	54.76	250m: 4:22.79	57.35	350m: 6:04.25	44.47
	100m: 1:36.71	54.62	200m: 3:25.44	53.97	300m: 5:19.78	56.99	400m: 6:45.69	41.44

Master Esc C

1.	Eduardo Ferreira Sevieri	+0,79	106806	84	Porto	5:00.06	856	9,00
	Rec Nac Esc C							
	50m: 29.48	29.48	150m: 1:43.21	38.47	250m: 3:06.62	45.72	350m: 4:26.79	34.72
	100m: 1:04.74	35.26	200m: 2:20.90	37.69	300m: 3:52.07	45.45	400m: 5:00.06	33.27
2.	Filipe Gouveia Goncalves	+0,77	215265	87	Lisboa PoolSharks	5:18.18	718	7,00
	50m: 32.87	32.87	150m: 1:52.52	41.68	250m: 3:19.71	45.34	350m: 4:41.75	36.54
	100m: 1:10.84	37.97	200m: 2:34.37	41.85	300m: 4:05.21	45.50	400m: 5:18.18	36.43
3.	Andrew Young	+0,88	133406	84	Salesianos	5:36.13	609	6,00
	50m: 31.48	31.48	150m: 1:57.25	46.52	250m: 3:31.06	49.05	350m: 4:58.78	39.72
	100m: 1:10.73	39.25	200m: 2:42.01	44.76	300m: 4:19.06	48.00	400m: 5:36.13	37.35
4.	Pedro Filipe Pimentel	+0,87	101691	84	Foca Quinta da Lixa CNF	5:54.49	519	5,00
	50m: 32.48	32.48	150m: 2:03.23	47.81	250m: 3:39.35	50.97	350m: 5:13.27	43.07
	100m: 1:15.42	42.94	200m: 2:48.38	45.15	300m: 4:30.20	50.85	400m: 5:54.49	41.22
5.	David Julio Sher	+0,98	206916	84	Ginasio Clube	5:59.24	499	4,00
	50m: 38.21	38.21	150m: 2:13.01	48.12	250m: 3:47.08	47.78	350m: 5:18.41	42.94
	100m: 1:24.89	46.68	200m: 2:59.30	46.29	300m: 4:35.47	48.39	400m: 5:59.24	40.83
6.	Jorge Luis Rosa	+0,90	204882	87	Nacional de Natacao	6:05.30	474	3,00
	50m: 39.94	39.94	150m: 2:15.40	51.42	250m: 3:53.69	47.19	350m: 5:25.59	43.68
	100m: 1:23.98	44.04	200m: 3:06.50	51.10	300m: 4:41.91	48.22	400m: 6:05.30	39.71
7.	Tiago Dourado Campos	+0,82	23051	88	Vilacondense	6:12.09	449	2,00
	50m: 33.56	33.56	150m: 2:08.97	52.54	250m: 3:53.32	53.29	350m: 5:29.71	43.24
	100m: 1:16.43	42.87	200m: 3:00.03	51.06	300m: 4:46.47	53.15	400m: 6:12.09	42.38
8.	Carlos Manuel Ribeiro	+0,96	101585	85	Academica de Coimbra	6:34.97	375	1,00
	50m: 41.69	41.69	150m: 2:26.34	50.73	250m: 4:13.33	59.60	350m: 5:52.57	42.38
	100m: 1:35.61	53.92	200m: 3:13.73	47.39	300m: 5:10.19	56.86	400m: 6:34.97	42.40
9.	Pedro Emanuel Gomes		202830	88	Natacao de Valongo	7:22.89	266	-
	50m: 44.54	44.54	150m: 2:42.85	1:11.62	250m: 4:47.57	59.90	350m: 6:36.34	49.72
	100m: 1:31.23	46.69	200m: 3:47.67	1:04.82	300m: 5:46.62	59.05	400m: 7:22.89	46.55
DSQ	Manuel Filipe Ferreira	+0,94	215217	87	Porto			-
	9.4 - O(A) nadador(a) não executou a viragem dos 250 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4							

Master Esc D

1.	Patrick Santos	+0,99	26609	79	Sporting	5:58.30	492	9,00
	50m: 35.84	35.84	150m: 2:11.90	49.91	250m: 3:48.95	47.83	350m: 5:18.60	41.28
	100m: 1:21.99	46.15	200m: 3:01.12	49.22	300m: 4:37.32	48.37	400m: 5:58.30	39.70
2.	Marcelo Porto Rodrigues	+0,98	205613	82	Natacao de Valongo	6:30.63	380	7,00
	50m: 38.74	38.74	150m: 2:18.20	52.73	250m: 4:06.45	55.72	350m: 5:48.66	46.92
	100m: 1:25.47	46.73	200m: 3:10.73	52.53	300m: 5:01.74	55.29	400m: 6:30.63	41.97
3.	Eliseu Samuel Faria	+0,98	110372	79	Vitoria Guimaraes	6:50.37	327	6,00
	50m: 40.41	40.41	150m: 2:25.06	54.52	250m: 4:14.13	55.95	350m: 6:02.36	51.01
	100m: 1:30.54	50.13	200m: 3:18.18	53.12	300m: 5:11.35	57.22	400m: 6:50.37	48.01
4.	Tiago Goncalo Ribeiro		112623	80	Pimpoes/Cimai	7:09.88	285	5,00
	50m: 47.66	47.66	150m: 2:41.52	56.86	250m: 4:37.25	1:02.62	350m: 6:26.33	46.33
	100m: 1:44.66	57.00	200m: 3:34.63	53.11	300m: 5:40.00	1:02.75	400m: 7:09.88	43.55

Prova 39, Masc., 400m Estilos, Master Esc D

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
DSQ	Joao Dinis Freitas	+0,98	204149	83	Masters de Almada			-
<i>9.4 - O(A) nadador(a) não executou a viragem dos 200 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4</i>								

Master Esc E

1.	Rodrigo Marques Costa	+0,96	11306	76	Litoral Alentejano	5:38.81	711	9,00
	50m: 35.18 35.18		150m: 2:01.36 45.75	250m: 3:34.59 47.47	350m: 5:01.60 39.58			
	100m: 1:15.61 40.43		200m: 2:47.12 45.76	300m: 4:22.02 47.43	400m: 5:38.81 37.21			
2.	Luis Daniel Pacheco	+0,87	14613	76	Alcobaca	5:39.94	704	7,00
	50m: 35.64 35.64		150m: 2:04.35 46.65	250m: 3:36.25 47.07	350m: 5:02.80 38.50			
	100m: 1:17.70 42.06		200m: 2:49.18 44.83	300m: 4:24.30 48.05	400m: 5:39.94 37.14			
3.	Rui Jorge Pereira	+0,87	201296	77	Academica de Coimbra	5:46.02	667	6,00
	50m: 34.19 34.19		150m: 2:00.22 45.32	250m: 3:34.71 50.32	350m: 5:06.40 40.45			
	100m: 1:14.90 40.71		200m: 2:44.39 44.17	300m: 4:25.95 51.24	400m: 5:46.02 39.62			
4.	Joao Miguel Macedo	+0,77	121593	74	Leixoes	6:38.26	437	5,00
	50m: 39.00 39.00		150m: 2:24.14 55.40	250m: 4:17.16 58.90	350m: 5:59.00 42.85			
	100m: 1:28.74 49.74		200m: 3:18.26 54.12	300m: 5:16.15 58.99	400m: 6:38.26 39.26			
5.	Ivo Claudino Calha		219336	77	Colegio Monte Maior	6:44.04	419	4,00
	50m: 43.69 43.69		150m: 2:31.13 55.23	250m: 4:20.21 53.85	350m: 6:00.31 45.10			
	100m: 1:35.90 52.21		200m: 3:26.36 55.23	300m: 5:15.21 55.00	400m: 6:44.04 43.73			
6.	Filipe Monteiro Pacheco		130750	74	Leixoes	6:48.57	405	3,00
	50m: 37.05 37.05		150m: 2:20.27 58.06	250m: 4:13.36 56.66	350m: 5:59.76 48.34			
	100m: 1:22.21 45.16		200m: 3:16.70 56.43	300m: 5:11.42 58.06	400m: 6:48.57 48.81			
7.	Joao Filipe Romao		107138	77	Lagoa AC	7:07.31	354	2,00
	50m: 47.43 47.43		150m: 2:42.10 1:00.00	250m: 4:38.85 58.51	350m: 6:24.24 46.54			
	100m: 1:42.10 54.67		200m: 3:40.34 58.24	300m: 5:37.70 58.85	400m: 7:07.31 43.07			
8.	Horacio Maciel Amaral		215608	76	Lagoa AC	7:45.56	274	1,00
	50m: 47.35 47.35		150m: 3:00.94 1:13.78	250m: 5:10.60 1:02.22	350m: 7:00.26 49.12			
	100m: 1:47.16 59.81		200m: 4:08.38 1:07.44	300m: 6:11.14 1:00.54	400m: 7:45.56 45.30			
9.	Marcio Leandro Reis	+0,98	216076	75	Fluvial Portuense	7:48.39	269	-
	50m: 55.51 55.51		150m: 3:09.06 1:07.42	250m: 5:17.61 1:04.30	350m: 7:05.94 47.47			
	100m: 2:01.64 1:06.13		200m: 4:13.31 1:04.25	300m: 6:18.47 1:00.86	400m: 7:48.39 42.45			
10.	Pedro Fonseca Oliveira		207947	74	Fluvial Portuense	8:09.66	235	-
	50m: 54.61 54.61		150m: 3:05.59 1:04.46	250m: 5:17.01 1:09.17	350m: 7:20.19 53.42			
	100m: 2:01.13 1:06.52		200m: 4:07.84 1:02.25	300m: 6:26.77 1:09.76	400m: 8:09.66 49.47			
11.	Norberto Matos Pereira	+0,78	111733	75	Vitoria Guimaraes	8:41.55	194	-
	50m: 58.24 58.24		150m: 3:27.42 1:17.85	250m: 5:54.91 1:09.57	350m: 7:55.02 52.04			
	100m: 2:09.57 1:11.33		200m: 4:45.34 1:17.92	300m: 7:02.98 1:08.07	400m: 8:41.55 46.53			
DNS	Mario Moura Carvalho		15378	78	Porto			-
DNS	Alexandre Miguel Santos		219470	75	Fluvial Portuense			-

Master Esc F

1.	Filipe Pinheiro Pires	+0,93	117638	73	Foca Quinta da Lixa CNF	6:32.61	510	9,00
	50m: 41.87 41.87		150m: 2:22.75 52.74	250m: 4:07.96 54.71	350m: 5:49.40 46.55			
	100m: 1:30.01 48.14		200m: 3:13.25 50.50	300m: 5:02.85 54.89	400m: 6:32.61 43.21			
2.	Joao Saldanha Festas	+0,80	218809	73	Nacional de Natacao	6:49.40	449	7,00
	50m: 43.33 43.33		150m: 2:30.69 55.18	250m: 4:21.47 57.55	350m: 6:04.54 44.88			
	100m: 1:35.51 52.18		200m: 3:23.92 53.23	300m: 5:19.66 58.19	400m: 6:49.40 44.86			
3.	Celso Fernando Ribeiro	+0,89	127787	69	Porto	7:04.47	403	6,00
	50m: 47.55 47.55		150m: 2:39.94 57.68	250m: 4:36.42 1:00.74	350m: 6:22.58 45.88			
	100m: 1:42.26 54.71		200m: 3:35.68 55.74	300m: 5:36.70 1:00.28	400m: 7:04.47 41.89			
4.	Paulo Saltao Moutinho		119477	71	Nadadores dos Estoris	7:05.79	399	5,00
	50m: 47.66 47.66		150m: 2:41.45 55.21	250m: 4:36.85 59.28	350m: 6:22.66 46.77			
	100m: 1:46.24 58.58		200m: 3:37.57 56.12	300m: 5:35.89 59.04	400m: 7:05.79 43.13			

Prova 39, Masc., 400m Estilos, Master Esc F

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
5.	Francisco Jose Dias 50m: 44.20 44.20 100m: 1:40.66 56.46	+0,90	117476	69	Lagoa AC 250m: 4:37.50 57.95 300m: 5:36.53 59.03	7:07.61 350m: 6:23.51 46.98 400m: 7:07.61 44.10	394	4,00
6.	Francisco Santos Barros 50m: 45.08 45.08 100m: 1:41.74 56.66	+0,99	108661	72	Porto 250m: 4:56.74 1:04.54 300m: 6:00.41 1:03.67	7:27.79 350m: 6:43.45 43.04 400m: 7:27.79 44.34	343	3,00
7.	Nuno Manuel Sa 50m: 45.96 45.96 100m: 1:41.34 55.38	+0,92	201376	71	Fluvial Portuense 250m: 5:02.15 1:10.57 300m: 6:13.23 1:11.08	7:49.49 350m: 7:03.10 49.87 400m: 7:49.49 46.39	298	2,00
8.	Eduardo Alexandre Junior 50m: 53.05 53.05 100m: 1:54.52 1:01.47		127940	70	Leixoes 250m: 5:06.31 1:05.10 300m: 6:07.89 1:01.58	7:56.91 350m: 7:03.64 55.75 400m: 7:56.91 53.27	284	1,00
9.	Pedro Alexandre Inverneiro 50m: 53.15 53.15 100m: 1:54.48 1:01.33		153118	71	Fluvial Portuense 250m: 5:17.51 1:02.07 300m: 6:19.73 1:02.22	8:03.83 350m: 7:13.57 53.84 400m: 8:03.83 50.26	272	-
10.	Rui Abel Pereira 50m: 54.83 54.83 100m: 2:02.22 1:07.39		153155	73	Fluvial Portuense 250m: 5:37.79 1:15.52 300m: 6:55.43 1:17.64	8:44.31 350m: 7:50.89 55.46 400m: 8:44.31 53.42	214	-
11.	Pedro Nuno Goncalves 50m: 1:05.17 1:05.17 100m: 2:20.46 1:15.29		205032	72	Fluvial Portuense 250m: 5:59.56 1:09.79 300m: 7:07.93 1:08.37	9:01.43 350m: 8:05.63 57.70 400m: 9:01.43 55.80	194	-
12.	Jose Manuel Baptista 50m: 1:04.08 1:04.08 100m: 2:23.33 1:19.25	+0,84	130027	69	Leixoes 250m: 5:53.17 1:07.79 300m: 7:00.65 1:07.48	9:03.52 350m: 7:59.97 59.32 400m: 9:03.52 1:03.55	192	-
13.	Carlos Filipe Canito 50m: 53.85 53.85 100m: 1:56.43 1:02.58	+0,95	216373	69	Natacao de Valongo 250m: 5:52.57 1:15.45 300m: 7:07.99 1:15.42	9:05.21 350m: 8:10.20 1:02.21 400m: 9:05.21 55.01	190	-
DNS	Rui Viegas Faria		207940	71	Alges			-

Master Esc G

1.	Jose Pedro Santana 50m: 42.14 42.14 100m: 1:30.66 48.52		124877	66	Fluvial Portuense 250m: 4:17.70 52.16 300m: 5:11.53 53.83	6:31.79 350m: 5:54.91 43.38 400m: 6:31.79 36.88	570	9,00
2.	Gustavo Ferreira Basto 50m: 36.32 36.32 100m: 1:24.02 47.70	+0,94	103219	67	Galitos / Bresimar 250m: 4:07.63 54.81 300m: 5:03.93 56.30	6:35.17 350m: 5:50.66 46.73 400m: 6:35.17 44.51	556	7,00
3.	Ralf Pinto Soares 50m: 39.75 39.75 100m: 1:28.80 49.05	+0,99	26786	64	Nadadores dos Estoris 250m: 4:16.62 54.88 300m: 5:12.46 55.84	6:36.75 350m: 5:54.69 42.23 400m: 6:36.75 42.06	549	6,00
4.	Luis Filipe Almeida 50m: 55.48 55.48 100m: 2:01.92 1:06.44	+0,73	201324	66	Lisboa PoolSharks 250m: 5:18.54 1:01.62 300m: 6:21.64 1:03.10	8:18.06 350m: 7:18.58 56.94 400m: 8:18.06 59.48	277	5,00
5.	Nuno Carlos Albuquerque 50m: 56.50 56.50 100m: 2:05.75 1:09.25	+0,95	210412	64	Braga 250m: 5:30.31 1:16.54 300m: 6:49.05 1:18.74	8:37.59 350m: 7:44.15 55.10 400m: 8:37.59 53.44	247	4,00
6.	Carlos Manuel Lopes 50m: 1:11.47 1:11.47 100m: 2:41.65 1:30.18	+0,98	202483	66	Alges 250m: 6:54.41 1:22.35 300m: 8:19.57 1:25.16	10:43.83 350m: 9:32.53 1:12.96 400m: 10:43.83 1:11.30	128	3,00
DSQ	Luis Manuel Sousa	+0,90	14630	66	Fluvial Portuense			-

8.9 - O(A) nadador(a), após a partida, executou movimento não simultâneo de pernas durante o percurso subaquático - SW 8.3

Prova 39, Masc., 400m Estilos

Master Esc H

1.	Nuno Silva Lobo		+0,65	102544	63	Fluvial Portuense		6:38.12	657	9,00
	50m: 46.61	46.61	150m: 2:34.78	55.05	250m: 4:20.81	53.85	350m: 5:58.60	43.83		
	100m: 1:39.73	53.12	200m: 3:26.96	52.18	300m: 5:14.77	53.96	400m: 6:38.12	39.52		
2.	Paulo Marcos Dantas		+0,86	206918	63	Alges		7:04.18	543	7,00
	50m: 47.96	47.96	150m: 2:45.49	1:00.09	250m: 4:41.55	57.40	350m: 6:22.99	44.49		
	100m: 1:45.40	57.44	200m: 3:44.15	58.66	300m: 5:38.50	56.95	400m: 7:04.18	41.19		
3.	Henrique Luis Seabra		+0,93	125467	61	Fluvial Portuense		7:35.83	437	6,00
	50m: 47.40	47.40	150m: 2:57.40	1:11.41	250m: 5:03.47	1:02.05	350m: 6:51.05	46.18		
	100m: 1:45.99	58.59	200m: 4:01.42	1:04.02	300m: 6:04.87	1:01.40	400m: 7:35.83	44.78		
4.	Armando Joao Costa			12262	63	Feirense		7:57.21	381	5,00
	50m: 52.51	52.51	150m: 2:57.50	1:02.46	250m: 5:11.99	1:11.24	350m: 7:13.17	49.06		
	100m: 1:55.04	1:02.53	200m: 4:00.75	1:03.25	300m: 6:24.11	1:12.12	400m: 7:57.21	44.04		
5.	Francisco Jorge Ferreira			100124	62	Academica de Coimbra		8:30.71	311	4,00
	50m: 49.74	49.74	150m: 3:02.32	1:11.81	250m: 5:27.68	1:18.43	350m: 7:39.32	54.18		
	100m: 1:50.51	1:00.77	200m: 4:09.25	1:06.93	300m: 6:45.14	1:17.46	400m: 8:30.71	51.39		
6.	Paulo Jorge Rocha			208405	59	Fluvial Portuense		8:51.29	276	3,00
	50m: 1:07.07	1:07.07	150m: 3:33.64	1:14.09	250m: 5:57.34	1:08.63	350m: 7:59.55	53.55		
	100m: 2:19.55	1:12.48	200m: 4:48.71	1:15.07	300m: 7:06.00	1:08.66	400m: 8:51.29	51.74		
DNS	Youssef-andre Barka			203476	63	Salesianos				-
DNS	Alexandre Jose Carreira			206940	62	Fluvial Portuense				-

Master Esc I

1.	Luis Cavaleiro Madeira		+0,76	25641	57	Alges		7:43.58	539	9,00
	50m: 49.02	49.02	150m: 2:54.70	59.30	250m: 4:56.99	1:03.50	350m: 6:52.65	52.38		
	100m: 1:55.40	1:06.38	200m: 3:53.49	58.79	300m: 6:00.27	1:03.28	400m: 7:43.58	50.93		
2.	Mario Jorge Barros		+0,98	128252	56	Porto		8:23.85	420	7,00
	50m: 59.33	59.33	150m: 3:16.28	1:11.21	250m: 5:29.36	1:07.56	350m: 7:32.19	1:00.15		
	100m: 2:05.07	1:05.74	200m: 4:21.80	1:05.52	300m: 6:32.04	1:02.68	400m: 8:23.85	51.66		
3.	Jose Alvaro Silva			126199	54	Porto		9:27.30	294	6,00
	50m: 1:00.38	1:00.38	150m: 3:23.45	1:15.46	250m: 5:55.51	1:14.69	350m: 8:20.78	1:09.68		
	100m: 2:07.99	1:07.61	200m: 4:40.82	1:17.37	300m: 7:11.10	1:15.59	400m: 9:27.30	1:06.52		
DNS	Joao Luis Roseira			142204	55	Fluvial Portuense				-

Master Esc J

1.	Carlos Augusto Correia			100466	52	Masters de Almada		8:43.89	447	9,00
	50m: 59.59	59.59	150m: 3:23.46	1:12.80	250m: 5:46.65	1:14.92	350m: 7:53.88	50.28		
	100m: 2:10.66	1:11.07	200m: 4:31.73	1:08.27	300m: 7:03.60	1:16.95	400m: 8:43.89	50.01		
2.	Domingos Pinto Coelho			100453	52	Alges		9:48.37	315	7,00
	50m: 1:06.06	1:06.06	150m: 3:38.02	1:12.79	250m: 6:19.87	1:22.10	350m: 8:48.78	1:02.99		
	100m: 2:25.23	1:19.17	200m: 4:57.77	1:19.75	300m: 7:45.79	1:25.92	400m: 9:48.37	59.59		
3.	Antonio Monteiro Canelas			148547	50	Sporting de Espinho		9:50.39	312	6,00
	50m: 59.09	59.09	150m: 3:45.72	1:31.51	250m: 6:25.88	1:14.44	350m: 8:47.38	1:06.12		
	100m: 2:14.21	1:15.12	200m: 5:11.44	1:25.72	300m: 7:41.26	1:15.38	400m: 9:50.39	1:03.01		

Master Esc K

DNS	Antonio Bessone Basto			119672	45	Alges				-
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