

Prova 25
08/07/2023

Femin., 200m Estilos

25 anos e mais velhos
Resultados

RN A(25-29)	2:34.64	Ana Monica Eloi	CLIPTEAM	Porto	20/05/2023
RN B(30-34)	2:31.14	Tatiana Gama Sevieri	FCP	Loulé	08/07/2016
RN C(35-39)	2:33.55	Ana Paula Grilo	UDCA	Coimbra	07/01/2006
RN D(40-44)	2:35.59	Susana Clara Gomes	CNF	Loulé	13/07/2018
RN E(45-49)	2:36.12	Susana Clara Gomes	CNF	Rome (ITA)	31/08/2022
RN F(50-54)	3:02.00	Patricia Diogenes Pereira	LPS	Famalicão	10/07/2021
RN G(55-59)	3:00.54	Elena Alarcon Gamonal	CNFA	Loulé	08/07/2016
RN H(60-64)	3:35.11	Ana Maria Ferreira	SAD	Coimbra	15/01/2011
RN I(65-69)	3:42.15	Ana Maria Ferreira	SAD	Loulé	08/07/2016
RN J(70-74)	4:00.42	Ana Maria Ferreira	SAD	Loulé	04/06/2023
RN K(75-79)	59:00.00	start			
RN L(80-84)	59:00.00	start			

Pontos: DSV Masters 22

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
Master Esc A								
1.	Ana Monica Eloi	+0,80	107038	96	CLIP Teams	2:36.13	761	9,00
	50m: 31.93	31.93	100m: 1:11.86	39.93	150m: 1:57.62	45.76	200m: 2:36.13	38.51
2.	Ana Margarida Rodrigues	+0,86	103868	96	Galitos / Bresimar	2:40.26	704	7,00
	50m: 32.37	32.37	100m: 1:16.33	43.96	150m: 2:03.80	47.47	200m: 2:40.26	36.46
3.	Margarida Peixoto Pelaio		107967	98	Natacao de Lisboa	2:44.77	647	6,00
	50m: 32.64	32.64	100m: 1:12.34	39.70	150m: 2:02.35	50.01	200m: 2:44.77	42.42
4.	Miriam Natacha Alves	+0,85	105873	97	Leixoes	2:48.84	602	5,00
	50m: 34.62	34.62	100m: 1:21.03	46.41	150m: 2:10.40	49.37	200m: 2:48.84	38.44
5.	Irina Filipa Lousa	+0,97	102467	95	Porto	2:49.94	590	4,00
	50m: 33.77	33.77	100m: 1:16.31	42.54	150m: 2:09.63	53.32	200m: 2:49.94	40.31
6.	Lucilla Fabbris		218810	94	Nacional de Natacao	2:52.86	561	3,00
	50m: 35.47	35.47	100m: 1:20.76	45.29	150m: 2:13.08	52.32	200m: 2:52.86	39.78
7.	Mafalda Alexandra Henriques	+0,81	105308	98	Colegio Monte Maior	2:54.51	545	2,00
	50m: 35.38	35.38	100m: 1:22.49	47.11	150m: 2:13.03	50.54	200m: 2:54.51	41.48
8.	Ana Paula Araujo	+0,98	20362	96	Ginasio de Santo Tirso	3:06.23	448	1,00
	50m: 37.59	37.59	100m: 1:23.22	45.63	150m: 2:22.53	59.31	200m: 3:06.23	43.70
9.	Ana Catarina Teixeira	+0,97	18137	95	Foca Quinta da Lixa CNF	3:06.67	445	-
	50m: 35.81	35.81	100m: 1:27.64	51.83	150m: 2:22.45	54.81	200m: 3:06.67	44.22
10.	Patricia Sousa Paulo	+0,77	25429	96	Nautico de Leiria	3:08.13	435	-
	50m: 38.24	38.24	100m: 1:27.16	48.92	150m: 2:20.71	53.55	200m: 3:08.13	47.42
11.	Catarina Matias Marcelino		127055	96	Grandola Sports	3:46.53	249	-
	50m: 54.82	54.82	100m: 1:53.48	58.66	150m: 2:58.53	1:05.05	200m: 3:46.53	48.00
DSQ	Ana Raquel Silva	+0,99	104584	96	Vilacondense			-
	9.4 - O(A) nadador(a) não executou a viragem dos 100 metros de acordo com as regras aplicadas para esse estilo em particular - SW 9.4							
DNS	Iris Barka		219740	98	Salesianos			-

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Master Esc B

1.	Sara Silva Azevedo		+0,74	15837	91	Porto			2:45.71	655	9,00
	50m: 34.00	34.00		100m: 1:17.86	43.86	150m: 2:06.17	48.31	200m: 2:45.71	39.54		
2.	Ana Lucia Castro		+0,88	102795	92	Feirense			2:52.18	584	7,00
	50m: 35.93	35.93		100m: 1:22.08	46.15	150m: 2:11.30	49.22	200m: 2:52.18	40.88		
3.	Gilberta Cristina Barbosa		+0,99	26478	93	Nautico de Leiria			2:54.98	556	6,00
	50m: 35.48	35.48		100m: 1:22.18	46.70	150m: 2:17.04	54.86	200m: 2:54.98	37.94		
4.	Alexandra Sofia Monteiro		+0,91	15415	92	Vila DEste/Gaia			2:55.70	549	5,00
	50m: 33.18	33.18		100m: 1:18.83	45.65	150m: 2:15.62	56.79	200m: 2:55.70	40.08		
5.	Patricia Fonseca Silva		+0,92	13374	93	Porto			3:02.90	487	4,00
	50m: 36.98	36.98		100m: 1:28.55	51.57	150m: 2:17.66	49.11	200m: 3:02.90	45.24		
6.	Laura Pola		+0,88	214291	92	Porto			3:04.18	477	3,00
	50m: 36.68	36.68		100m: 1:26.30	49.62	150m: 2:20.91	54.61	200m: 3:04.18	43.27		
7.	Anastacia Silva Canto		+0,87	218437	89	Masters de Almada			3:08.25	447	2,00
	50m: 36.83	36.83		100m: 1:25.50	48.67	150m: 2:25.29	59.79	200m: 3:08.25	42.96		
8.	Silvia Claudia Melo			15709	91	Porto			3:11.28	426	1,00
	50m: 38.32	38.32		100m: 1:28.68	50.36	150m: 2:26.10	57.42	200m: 3:11.28	45.18		
9.	Ana Rita Lopes		+0,84	129056	92	CPCD-Povoa St Iria			3:13.28	413	-
	50m: 40.73	40.73		100m: 1:33.39	52.66	150m: 2:27.55	54.16	200m: 3:13.28	45.73		
10.	Maria Joao Naia		+0,93	12586	91	Estarreja/PROZINCO			3:22.53	358	-
	50m: 44.61	44.61		100m: 1:37.66	53.05	150m: 2:32.30	54.64	200m: 3:22.53	50.23		
11.	Solange Ramalho Pereira		+0,83	101900	90	Lisboa PoolSharks			3:24.62	348	-
	50m: 39.51	39.51		100m: 1:31.86	52.35	150m: 2:33.94	1:02.08	200m: 3:24.62	50.68		
12.	Catarina Pereira Salvado			217757	93	Ba-Leiria			4:06.22	199	-
	50m: 54.35	54.35		100m: 2:00.40	1:06.05	150m: 3:15.56	1:15.16	200m: 4:06.22	50.66		

Master Esc C

1.	Tatiana Gama Sevieri		+0,74	153342	84	Porto			2:48.83	689	9,00
	50m: 34.26	34.26		100m: 1:17.96	43.70	150m: 2:08.64	50.68	200m: 2:48.83	40.19		
2.	Mariana Sa Lucas		+0,81	204193	84	Litoral Alentejano			2:55.48	614	7,00
	50m: 35.85	35.85		100m: 1:20.25	44.40	150m: 2:15.23	54.98	200m: 2:55.48	40.25		
3.	Ana Filipa Miranda		+0,75	24760	85	Galitos / Bresimar			2:58.07	587	6,00
	50m: 35.27	35.27		100m: 1:24.80	49.53	150m: 2:18.48	53.68	200m: 2:58.07	39.59		
4.	Maria Manuela Fonseca			105769	85	Leixoes			2:59.90	570	5,00
	50m: 37.10	37.10		100m: 1:25.28	48.18	150m: 2:18.89	53.61	200m: 2:59.90	41.01		
5.	Joana Isabel Alves		+0,89	130453	88	Individual ANNP			3:01.60	554	4,00
	50m: 36.29	36.29		100m: 1:24.49	48.20	150m: 2:20.42	55.93	200m: 3:01.60	41.18		
6.	Joana Pereira Barbara		+0,82	13948	87	Masters de Almada			3:02.69	544	3,00
	50m: 36.64	36.64		100m: 1:25.19	48.55	150m: 2:18.90	53.71	200m: 3:02.69	43.79		
7.	Mariana Sarmiento Rebocho		+0,89	103405	84	Fluvial Portuense			3:19.47	418	2,00
	50m: 46.29	46.29		100m: 1:39.57	53.28	150m: 2:33.93	54.36	200m: 3:19.47	45.54		
8.	Juliana Cabral Oliveira		+0,83	131965	85	Gafanha da Encarnacao			3:25.88	380	1,00
	50m: 40.55	40.55		100m: 1:39.41	58.86	150m: 2:39.20	59.79	200m: 3:25.88	46.68		
9.	Rita Fernandes Pascoal		+0,48	213206	88	Ba-Leiria			4:01.92	234	-
	50m: 1:00.48	1:00.48		100m: 2:04.62	1:04.14	150m: 3:08.75	1:04.13	200m: 4:01.92	53.17		
10.	Andreia Azevedo Almeida			206080	86	Palmela Desporto			4:54.66	129	-
	50m: 1:05.93	1:05.93		100m: 2:33.56	1:27.63	150m: 3:56.51	1:22.95	200m: 4:54.66	58.15		

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Master Esc D

1.	Joana Isabel Cunha		+0,82	117125	80	Galitos / Bresimar		2:56.39	632	9,00
	50m: 36.66	36.66	100m: 1:28.03	51.37		150m: 2:18.38	50.35	200m: 2:56.39	38.01	
2.	Ana Sousa Caldas		+0,81	219409	81	Vilacondense		3:04.25	555	7,00
	50m: 36.36	36.36	100m: 1:25.21	48.85		150m: 2:17.40	52.19	200m: 3:04.25	46.85	
3.	Joana Margarida Gaspar		+0,91	109118	83	Nadadores dos Estoris		3:05.65	542	6,00
	50m: 38.19	38.19	100m: 1:26.39	48.20		150m: 2:22.36	55.97	200m: 3:05.65	43.29	
4.	Rita Rebelo Silva		+0,92	125430	79	Fluvial Portuense		3:18.76	442	5,00
	50m: 42.29	42.29	100m: 1:33.48	51.19		150m: 2:29.72	56.24	200m: 3:18.76	49.04	
5.	Sara Filipa Cortez			215343	81	Masters de Almada		3:39.33	329	4,00
	50m: 56.25	56.25	100m: 1:52.21	55.96		150m: 2:56.78	1:04.57	200m: 3:39.33	42.55	
6.	Ana Rosa Silva			133361	80	Foca Quinta da Lixa CNF		3:40.75	322	3,00
	50m: 46.95	46.95	100m: 1:46.99	1:00.04		150m: 2:48.93	1:01.94	200m: 3:40.75	51.82	
7.	Inez Correa Sa		+0,87	215609	79	Lagoa AC		3:49.42	287	2,00
	50m: 48.88	48.88	100m: 1:53.76	1:04.88		150m: 2:59.18	1:05.42	200m: 3:49.42	50.24	
8.	Joana Matos Nora			217778	80	Porto		3:56.53	262	1,00
	50m: 53.33	53.33	100m: 2:01.35	1:08.02		150m: 3:03.23	1:01.88	200m: 3:56.53	53.30	
9.	Rita Verdial Ribeiro			217291	79	Porto		4:04.42	237	-
	50m: 55.51	55.51	100m: 2:00.46	1:04.95		150m: 3:05.66	1:05.20	200m: 4:04.42	58.76	
10.	Ana Maria Martins			123246	79	Sporting de Aveiro		4:05.13	235	-
	50m: 1:04.51	1:04.51	100m: 2:08.72	1:04.21		150m: 3:13.30	1:04.58	200m: 4:05.13	51.83	
11.	Ana Sofia Uhlfelder			200872	83	Fluvial Portuense		4:06.83	231	-
	50m: 54.67	54.67	100m: 1:59.55	1:04.88		150m: 3:10.02	1:10.47	200m: 4:06.83	56.81	

Master Esc E

1.	Gisela Barbosa Coutinho		+0,84	211764	75	Fluvial Portuense		2:52.09	689	9,00
	50m: 34.87	34.87	100m: 1:19.00	44.13		150m: 2:14.03	55.03	200m: 2:52.09	38.06	
2.	Maria Luisa Costa		+0,87	119218	74	Fluvial Portuense		2:59.13	611	7,00
	50m: 35.20	35.20	100m: 1:24.29	49.09		150m: 2:18.19	53.90	200m: 2:59.13	40.94	
3.	Ana Sofia Silva			206942	78	Fluvial Portuense		3:10.91	504	6,00
	50m: 43.86	43.86	100m: 1:35.01	51.15		150m: 2:27.56	52.55	200m: 3:10.91	43.35	
4.	Elsa Maria Fumega		+0,95	119665	78	Leixoes		3:19.59	441	5,00
	50m: 38.86	38.86	100m: 1:34.39	55.53		150m: 2:30.66	56.27	200m: 3:19.59	48.93	
5.	Paula Alexandra Rodrigues		+0,95	215263	74	Lisboa PoolSharks		3:21.45	429	4,00
	50m: 42.23	42.23	100m: 1:33.61	51.38		150m: 2:33.64	1:00.03	200m: 3:21.45	47.81	
6.	Susana Matias Trindade		+0,83	141445	74	Lagoa AC		3:33.58	360	3,00
	50m: 46.78	46.78	100m: 1:48.42	1:01.64		150m: 2:47.91	59.49	200m: 3:33.58	45.67	
7.	Ana Claudia Gomes			215283	76	Academica de Coimbra		3:44.63	309	2,00
	50m: 46.00	46.00	100m: 1:48.71	1:02.71		150m: 2:52.22	1:03.51	200m: 3:44.63	52.41	
8.	Carla Sofia Sequeira			128169	75	Colegio Monte Maior		4:27.74	183	1,00
	50m: 1:06.21	1:06.21	100m: 2:23.40	1:17.19		150m: 3:32.03	1:08.63	200m: 4:27.74	55.71	

Master Esc F

1.	Carla Patricia Telo		+0,73	133411	71	Naval do Funchal		3:07.90	592	9,00
	50m: 37.21	37.21	100m: 1:27.30	50.09		150m: 2:24.34	57.04	200m: 3:07.90	43.56	
2.	Patricia Diogenes Pereira		+0,83	26793	69	Nadadores dos Estoris		3:08.09	590	7,00
	50m: 37.64	37.64	100m: 1:27.13	49.49		150m: 2:26.42	59.29	200m: 3:08.09	41.67	
3.	Maria Ines Cunha		+0,81	12628	72	Galitos / Bresimar		3:10.90	564	6,00
	50m: 37.56	37.56	100m: 1:29.77	52.21		150m: 2:22.05	52.28	200m: 3:10.90	48.85	

Prova 25, Femin., 200m Estilos, Master Esc F

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
4.	Marta Sofia Costa 50m: 45.22 45.22	100m: 1:40.23 55.01	206938	71	Individual ANNP 150m: 2:39.26 59.03	3:27.07 200m: 3:27.07	442	5,00 47.81
5.	Catarina Bayer Castro 50m: 49.43 49.43	100m: 1:47.59 58.16	127874	73	Fluvial Portuense 150m: 2:55.17 1:07.58	3:42.50 200m: 3:42.50	356	4,00 47.33
6.	Cristina Nicoleta Lipciuc 50m: 56.93 56.93	100m: 2:07.20 1:10.27	215964	73	Braga 150m: 3:19.58 1:12.38	4:15.03 200m: 4:15.03	236	3,00 55.45
7.	Isabel Maria Pinto 50m: 59.34 59.34	100m: 2:07.49 1:08.15	207697	72	Fluvial Portuense 150m: 3:21.60 1:14.11	4:16.96 200m: 4:16.96	231	2,00 55.36
8.	Fernanda Maria Santinha 50m: 1:01.85 1:01.85	100m: 2:19.63 1:17.78	100478	72	Masters de Almada 150m: 3:28.23 1:08.60	4:18.74 200m: 4:18.74	226	1,00 50.51
9.	Nadia Gama Silva 50m: 57.77 57.77	+0,92 100m: 2:08.19 1:10.42	210000	73	Porto 150m: 3:21.91 1:13.72	4:25.05 200m: 4:25.05	210	- 1:03.14
10.	Ana Luisa Garcia 50m: 1:01.90 1:01.90	100m: 2:17.73 1:15.83	214120	70	Leixoes 150m: 3:24.25 1:06.52	4:27.43 200m: 4:27.43	205	- 1:03.18

Master Esc G

1.	Ana Paula Goncalves 50m: 41.39 41.39	+0,86 100m: 1:35.22 53.83	215679	65	Masters de Almada 150m: 2:37.19 1:01.97	3:30.83 200m: 3:30.83	429	9,00 53.64
2.	Maria Manuela Sequeira 50m: 49.80 49.80	100m: 1:48.71 58.91	109962	68	Gafanha da Encarnacao 150m: 2:46.63 57.92	3:35.96 200m: 3:35.96	399	7,00 49.33
3.	Maria Trigueiros Cunha 50m: 49.90 49.90	100m: 1:58.59 1:08.69	132357	64	Leixoes 150m: 2:59.44 1:00.85	3:50.75 200m: 3:50.75	327	6,00 51.31
4.	Muriel Graham 50m: 1:00.16 1:00.16	100m: 2:10.18 1:10.02	202136	65	Fluvial Portuense 150m: 3:23.12 1:12.94	4:17.04 200m: 4:17.04	237	5,00 53.92
5.	Helena Maria Cardoso 50m: 1:04.18 1:04.18	+0,91 100m: 2:13.18 1:09.00	205207	66	Fluvial Portuense 150m: 3:29.09 1:15.91	4:35.02 200m: 4:35.02	193	4,00 1:05.93

Master Esc H

1.	Cecilia Anne Stanford 50m: 36.44 36.44	+0,90 100m: 1:22.24 45.80	219449	61	Alges 150m: 2:13.99 51.75	2:52.61 200m: 2:52.61	1098	9,00 38.62
2.	Maria Margarida Urbano 50m: 48.26 48.26	100m: 1:50.82 1:02.56	11355	63	Academica de Coimbra 150m: 2:49.39 58.57	3:37.56 200m: 3:37.56	548	7,00 48.17
3.	Maria Santos Fernandes 50m: 49.57 49.57	100m: 1:56.14 1:06.57	105263	62	Leixoes 150m: 2:55.24 59.10	3:46.62 200m: 3:46.62	485	6,00 51.38
4.	Cristina Isabel Moura 50m: 1:05.54 1:05.54	100m: 2:12.69 1:07.15	200762	63	Leixoes 150m: 3:18.72 1:06.03	4:14.72 200m: 4:14.72	341	5,00 56.00
5.	Maria Madalena Caninas 50m: 1:02.25 1:02.25	100m: 2:21.00 1:18.75	108658	63	Masters de Almada 150m: 3:39.69 1:18.69	4:32.10 200m: 4:32.10	280	4,00 52.41

DSQ Gracinda Maria Machado 117386 61 Ginasio de Santo Tirso -
8.8 - O(A) nadador(a) executou movimento não simultâneo de pernas durante o percurso - SW 8.3, mariposa

Master Esc I

1.	Maria Teresa Oliveira 50m: 56.20 56.20	100m: 2:06.66 1:10.46	10538	57	Academica de Coimbra 150m: 3:10.22 1:03.56	4:00.06 200m: 4:00.06	460	9,00 49.84
2.	Luisa Maria Pintao 50m: 1:03.80 1:03.80	100m: 2:11.21 1:07.41	26112	54	Nadadores dos Estoris 150m: 3:17.23 1:06.02	4:10.56 200m: 4:10.56	404	7,00 53.33