

Prova 2
07/07/2023

Masc., 800m Livres

25 anos e mais velhos
Resultados

RN A(25-29)	8:46.63	Pedro Miguel Silva	ADRCIMM	Reguengos de Monsaraz	19/07/2019
RN B(30-34)	8:53.01	Pedro Miguel Silva	CFV	Coimbra	20/06/2009
RN C(35-39)	9:06.02	Pedro Miguel Silva	CFV	Oeiras	01/07/2011
RN D(40-44)	9:44.98	Rodrigo Marques Costa	CNLA	Budapeste (HUN)	14/08/2017
RN E(45-49)	9:11.17	Jose Carlos Freitas	CFP	Oeiras	01/07/2011
RN F(50-54)	9:16.56	Jose Carlos Freitas	CFP	Montreal (CAN)	03/08/2014
RN G(55-59)	9:23.23	Jose Carlos Freitas	CFP	Loulé	13/07/2018
RN H(60-64)	10:04.38	Jose Carlos Freitas	CNLA	Coimbra	26/02/2023
RN I(65-69)	12:03.06	Alberto Vaz Correia	FS	Póvoa de Varzim	22/02/2020
RN J(70-74)	12:08.51	Stephen Thomas Dyson	SAD	Budapeste (HUN)	14/08/2017
RN K(75-79)	13:28.27	Stephen Thomas Dyson	SAD	Póvoa de Varzim	26/02/2022
RN L(80-84)	19:35.63	Antonio Alexandre Rodrigues	AAC	Reguengos de Monsaraz	19/07/2019
RN M(85-89)	30:53.35	Joao Rodrigues Teixeira	AAC	Coimbra	26/02/2023
RN N(90-94)	42:38.51	Virgilio Zacarias Costa	AAC	Reguengos de Monsaraz	08/07/2022
RN O(95-99)	59:00.00	start			

Pontos: DSV Masters 22

Lugar Nome T. Reação Licença Ano Clube Tempo Final DSV Pts

Master Esc A

1.	Renato Filipe Silva		148373	98	Porto	11:00.62	491	9,00
	100m: 1:16.71	1:16.71	300m: 4:01.10	1:23.09	500m: 6:49.58	1:24.94	700m: 9:38.22	1:23.91
	200m: 2:38.01	1:21.30	400m: 5:24.64	1:23.54	600m: 8:14.31	1:24.73	800m: 11:00.62	1:22.40
2.	Filipe Jose Baptista		107614	94	Sao Joao Ver	11:16.91	456	7,00
	100m: 1:12.34	1:12.34	300m: 3:54.77	1:22.92	500m: 6:49.17	1:28.22	700m: 9:49.51	1:30.41
	200m: 2:31.85	1:19.51	400m: 5:20.95	1:26.18	600m: 8:19.10	1:29.93	800m: 11:16.91	1:27.40
3.	Joao Pedro Ferreira		111411	95	Natacao da Maia	11:48.28	398	6,00
	100m: 1:25.94	1:25.94	300m: 4:27.07	1:30.88	500m: 7:28.32	1:30.02	700m: 10:23.41	1:26.97
	200m: 2:56.19	1:30.25	400m: 5:58.30	1:31.23	600m: 8:56.44	1:28.12	800m: 11:48.28	1:24.87

Master Esc B

1.	Joao Paulo Ribeiro		10703	92	Nautico de Leiria	9:34.51	614	9,00
	100m: 1:07.06	1:07.06	300m: 3:30.78	1:12.42	500m: 5:56.13	1:11.70	700m: 8:21.43	1:13.14
	200m: 2:18.36	1:11.30	400m: 4:44.43	1:13.65	600m: 7:08.29	1:12.16	800m: 9:34.51	1:13.08
2.	Pedro Fragoso Lopes		12075	90	Porto	9:51.21	564	7,00
	100m: 1:10.91	1:10.91	300m: 3:39.16	1:14.13	500m: 6:08.15	1:14.26	700m: 8:38.06	1:14.97
	200m: 2:25.03	1:14.12	400m: 4:53.89	1:14.73	600m: 7:23.09	1:14.94	800m: 9:51.21	1:13.15
3.	Cristiano Almeida Santos		11233	90	CPFZ - Natacao	10:13.30	505	6,00
	100m: 1:10.53	1:10.53	300m: 3:42.00	1:16.19	500m: 6:18.23	1:18.46	700m: 8:56.37	1:19.30
	200m: 2:25.81	1:15.28	400m: 4:59.77	1:17.77	600m: 7:37.07	1:18.84	800m: 10:13.30	1:16.93
4.	Mario Nuno Felicio		205226	90	Ginasio Clube	10:15.55	499	5,00
	100m: 1:11.63	1:11.63	300m: 3:46.01	1:18.06	500m: 6:23.52	1:19.02	700m: 9:01.14	1:18.18
	200m: 2:27.95	1:16.32	400m: 5:04.50	1:18.49	600m: 7:42.96	1:19.44	800m: 10:15.55	1:14.41
5.	Joao Carlos Carvalho		25338	90	Lisboa PoolSharks	10:36.82	451	4,00
	100m: 1:15.89	1:15.89	300m: 3:55.50	1:20.43	500m: 6:37.32	1:20.02	700m: 9:18.49	1:19.94
	200m: 2:35.07	1:19.18	400m: 5:17.30	1:21.80	600m: 7:58.55	1:21.23	800m: 10:36.82	1:18.33
6.	Goncalo Goncalves Meneses		204349	92	Braga	10:38.75	447	3,00
	100m: 1:14.81	1:14.81	300m: 3:52.17	1:19.71	500m: 6:33.08	1:21.37	700m: 9:17.85	1:22.70
	200m: 2:32.46	1:17.65	400m: 5:11.71	1:19.54	600m: 7:55.15	1:22.07	800m: 10:38.75	1:20.90
7.	Francisco David Ferreira		121874	89	Fluvial Portuense	11:29.19	356	2,00
	100m: 1:16.91	1:16.91	300m: 4:04.42	1:25.33	500m: 7:00.87	1:28.75	700m: 10:01.06	1:30.05
	200m: 2:39.09	1:22.18	400m: 5:32.12	1:27.70	600m: 8:31.01	1:30.14	800m: 11:29.19	1:28.13
8.	Diogo Andre Cordeiro		13976	90	Masters de Almada	11:40.82	338	1,00
	100m: 1:20.33	1:20.33	300m: 4:20.04	1:31.60	500m: 7:14.35	1:27.53	700m: 10:13.62	1:31.82
	200m: 2:48.44	1:28.11	400m: 5:46.82	1:26.78	600m: 8:41.80	1:27.45	800m: 11:40.82	1:27.20

Prova 2, Masc., 800m Livres, Master Esc B

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
9.	Pedro Miguel Bras		23964	91	Vitoria Guimaraes	12:42.15	263	-
	100m: 1:22.83	1:22.83	300m: 4:25.15	1:33.73	500m: 7:43.69	1:41.19	700m: 11:04.97	1:39.69
	200m: 2:51.42	1:28.59	400m: 6:02.50	1:37.35	600m: 9:25.28	1:41.59	800m: 12:42.15	1:37.18

Master Esc C

1.	Filipe Gouveia Goncalves		215265	87	Lisboa PoolSharks	10:06.48	688	9,00
	100m: 1:12.19	1:12.19	300m: 3:46.07	1:16.90	500m: 6:18.23	1:14.84	700m: 8:49.91	1:16.18
	200m: 2:29.17	1:16.98	400m: 5:03.39	1:17.32	600m: 7:33.73	1:15.50	800m: 10:06.48	1:16.57
2.	Luis Alfredo Landi		219568	88	Vitoria Guimaraes	11:16.11	496	7,00
	100m: 1:13.34	1:13.34	300m: 4:00.39	1:25.80	500m: 6:56.55	1:29.20	700m: 9:52.66	1:27.61
	200m: 2:34.59	1:21.25	400m: 5:27.35	1:26.96	600m: 8:25.05	1:28.50	800m: 11:16.11	1:23.45
3.	Tiago Dourado Campos		23051	88	Vilacondense	11:27.76	472	6,00
	100m: 1:17.16	1:17.16	300m: 4:06.23	1:25.87	500m: 7:04.69	1:29.60	700m: 10:02.00	1:28.74
	200m: 2:40.36	1:23.20	400m: 5:35.09	1:28.86	600m: 8:33.26	1:28.57	800m: 11:27.76	1:25.76
4.	Carlos Manuel Ribeiro		101585	85	Academica de Coimbra	11:45.43	437	5,00
	100m: 1:23.78	1:23.78	300m: 4:23.63	1:29.64	500m: 7:22.82	1:29.20	700m: 9:36.95	45.77
	200m: 2:53.99	1:30.21	400m: 5:53.62	1:29.99	600m: 8:51.18	1:28.36	800m: 11:45.43	2:08.48
5.	Jorge Luis Rosa		204882	87	Nacional de Natacao	11:46.13	436	4,00
	100m: 1:27.16	1:27.16	300m: 4:25.17	1:28.90	500m: 7:23.30	1:30.12	700m: 10:21.74	1:28.10
	200m: 2:56.27	1:29.11	400m: 5:53.18	1:28.01	600m: 8:53.64	1:30.34	800m: 11:46.13	1:24.39
6.	Manuel Filipe Ferreira		215217	87	Porto	12:40.16	349	3,00
	100m: 1:32.44	1:32.44	300m: 4:46.99	1:37.67	500m: 8:00.43	1:35.97	700m: 11:09.90	1:34.15
	200m: 3:09.32	1:36.88	400m: 6:24.46	1:37.47	600m: 9:35.75	1:35.32	800m: 12:40.16	1:30.26
7.	Luis Carlos Maricato		217939	85	Naval de Ponta Delgada	13:09.40	312	2,00
	100m: 1:27.46	1:27.46	300m: 4:37.41	1:36.98	500m: 7:59.15	1:41.42	700m: 11:26.68	1:44.44
	200m: 3:00.43	1:32.97	400m: 6:17.73	1:40.32	600m: 9:42.24	1:43.09	800m: 13:09.40	1:42.72
8.	Amilcar Filipe Pires		212773	84	Ba-Leiria	21:29.40	71	1,00
	100m: 2:20.20	2:20.20	300m: 7:49.61	2:47.80	500m: 13:16.58	2:42.82	700m: 18:48.54	2:46.29
	200m: 5:01.81	2:41.61	400m: 10:33.76	2:44.15	600m: 16:02.25	2:45.67	800m: 21:29.40	2:40.86

Master Esc D

1.	Ricardo Regufe Ferreira		106877	80	Fluvial Portuense	10:09.00	646	9,00
	100m: 1:11.16	1:11.16	300m: 3:41.73	1:15.79	500m: 6:16.13	1:17.56	700m: 8:52.41	1:18.56
	200m: 2:25.94	1:14.78	400m: 4:58.57	1:16.84	600m: 7:33.85	1:17.72	800m: 10:09.00	1:16.59
2.	Ivan Mauricio Couras		10232	81	Fluvial Portuense	10:15.13	627	7,00
	100m: 1:14.63	1:14.63	300m: 3:51.54	1:19.44	500m: 6:27.47	1:17.18	700m: 9:01.08	1:16.51
	200m: 2:32.10	1:17.47	400m: 5:10.29	1:18.75	600m: 7:44.57	1:17.10	800m: 10:15.13	1:14.05
3.	Jose Pedro Neves		17203	81	Fluvial Portuense	10:28.46	588	6,00
	100m: 1:13.04	1:13.04	300m: 3:47.32	1:17.53	500m: 6:25.51	1:20.02	700m: 9:06.45	1:20.96
	200m: 2:29.79	1:16.75	400m: 5:05.49	1:18.17	600m: 7:45.49	1:19.98	800m: 10:28.46	1:22.01
4.	Patrick Santos		26609	79	Sporting	10:48.62	534	5,00
	100m: 1:16.22	1:16.22	300m: 3:56.43	1:20.57	500m: 6:40.39	1:22.01	700m: 9:26.67	1:23.63
	200m: 2:35.86	1:19.64	400m: 5:18.38	1:21.95	600m: 8:03.04	1:22.65	800m: 10:48.62	1:21.95
5.	Daniel Dantas Russo		215747	79	Ginasio Figueirense	11:16.04	472	4,00
	100m: 1:18.65	1:18.65	300m: 4:07.22	1:24.99	500m: 6:59.85	1:26.31	700m: 9:52.70	1:26.62
	200m: 2:42.23	1:23.58	400m: 5:33.54	1:26.32	600m: 8:26.08	1:26.23	800m: 11:16.04	1:23.34
6.	Marcelo Porto Rodrigues		205613	82	Natacao de Valongo	11:49.36	408	3,00
	100m: 1:19.56	1:19.56	300m: 4:16.59	1:29.57	500m: 7:17.84	1:31.13	700m: 10:21.09	1:32.39
	200m: 2:47.02	1:27.46	400m: 5:46.71	1:30.12	600m: 8:48.70	1:30.86	800m: 11:49.36	1:28.27
7.	Nuno Andre Campos		127154	81	Gafanha da Encarnacao	12:34.88	339	2,00
	100m: 1:24.53	1:24.53	300m: 4:32.76	1:35.47	500m: 7:48.31	1:37.29	700m: 11:03.45	1:37.14
	200m: 2:57.29	1:32.76	400m: 6:11.02	1:38.26	600m: 9:26.31	1:38.00	800m: 12:34.88	1:31.43

Prova 2, Masc., 800m Livres, Master Esc D

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts	
8.	Agostinho Alberto Rego 100m: 1:29.42 200m: 3:04.18	1:29.42 1:34.76	121476	82	Vitoria Guimaraes 300m: 4:40.19 400m: 6:17.11	1:36.01 1:36.92	12:41.12	331	1,00
9.	Jorge Miguel Oliveira 100m: 1:32.58 200m: 3:10.82	1:32.58 1:38.24	127982	80	Natacao de Valongo 300m: 4:50.93 400m: 6:31.36	1:40.11 1:40.43	12:59.46	308	-
10.	Andrei Krastin 100m: 1:33.88 200m: 3:13.41	1:33.88 1:39.53	209238	79	Fluvial Portuense 300m: 4:51.54 400m: 6:33.82	1:38.13 1:42.28	13:34.05	270	-
11.	Rui Neves Fangueiro 100m: 1:35.12 200m: 3:26.53	1:35.12 1:51.41	217801	82	Vilacondense 300m: 5:23.69 400m: 7:21.15	1:57.16 1:57.46	14:59.24	200	-
12.	Marco Celio Sousa 100m: 1:48.07 200m: 3:44.98	1:48.07 1:56.91	203932	81	Penafiel 300m: 5:46.39 400m: 7:48.03	2:01.41 2:01.64	15:53.95	168	-
13.	Pedro Miguel Goncalves 100m: 1:39.44 200m: 3:41.97	1:39.44 2:02.53	217808	83	Vilacondense 300m: 5:48.35 400m: 7:58.10	2:06.38 2:09.75	16:29.69	150	-

Master Esc E

1.	Gustavo Volkart 100m: 1:08.86 200m: 2:19.84	1:08.86 1:10.98	219700	77	Colegio Monte Maior 300m: 3:32.88 400m: 4:47.10	1:13.04 1:14.22	9:45.29	742	9,00
2.	Celso Ruben Barbosa 100m: 1:14.38 200m: 2:35.28	1:14.38 1:20.90	201888	77	Porto 300m: 3:57.39 400m: 5:18.68	1:22.11 1:21.29	10:33.07	586	7,00
3.	Bruno Miguel Santos 100m: 1:14.91 200m: 2:36.32	1:14.91 1:21.41	14631	76	Individual ANNP 300m: 4:00.55 400m: 5:25.69	1:24.23 1:25.14	11:06.85	502	6,00
4.	Artur Jorge Rosa 100m: 1:23.55 200m: 2:47.27	1:23.55 1:23.72	126945	76	Vila DEste/Gaia 300m: 4:12.06 400m: 5:36.83	1:24.79 1:24.77	11:13.84	486	5,00
5.	Rui Alexandre Santos 100m: 1:21.80 200m: 2:51.12	1:21.80 1:29.32	26110	76	Nadadores dos Estoris 300m: 4:22.08 400m: 5:53.91	1:30.96 1:31.83	11:50.09	415	4,00
6.	Pedro Nuno Trovisco 100m: 1:28.70 200m: 3:01.07	1:28.70 1:32.37	217791	77	Natacao da Maia 300m: 4:33.10 400m: 6:04.28	1:32.03 1:31.18	11:54.31	408	3,00
7.	Marcio Leandro Reis 100m: 1:25.64 200m: 2:55.89	1:25.64 1:30.25	216076	75	Fluvial Portuense 300m: 4:26.56 400m: 5:57.79	1:30.67 1:31.23	11:54.92	407	2,00
8.	Nuno Pedro Ferraz 100m: 1:20.37 200m: 2:47.97	1:20.37 1:27.60	105148	77	Fluvial Portuense 300m: 4:18.58 400m: 5:50.83	1:30.61 1:32.25	11:57.87	402	1,00
9.	Ivo Claudino Calha 100m: 1:25.19 200m: 2:55.71	1:25.19 1:30.52	219336	77	Colegio Monte Maior 300m: 4:27.23 400m: 5:58.59	1:31.52 1:31.36	12:03.94	392	-
10.	Diogo Coutinho Martins 100m: 1:23.34 200m: 2:53.53	1:23.34 1:30.19	14657	76	Nadadores dos Estoris 300m: 4:26.68 400m: 6:00.57	1:33.15 1:33.89	12:23.36	362	-
11.	Jose Alexandre Vieira 100m: 1:25.43 200m: 2:56.17	1:25.43 1:30.74	119662	76	Campinho 300m: 4:28.93 400m: 6:04.24	1:32.76 1:35.31	12:27.30	356	-
12.	Horacio Maciel Amaral 100m: 1:31.19 200m: 3:11.56	1:31.19 1:40.37	215608	76	Lagoa AC 300m: 4:52.89 400m: 6:35.36	1:41.33 1:42.47	13:24.26	286	-

Prova 2, Masc., 800m Livres, Master Esc E

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
13.	Carlos Nuno Sereno 100m: 1:30.62 200m: 3:11.89	1:30.62 1:41.27	218559	77	Galitos / Bresimar 300m: 4:55.98 400m: 6:40.77	1:44.09 1:44.79 500m: 8:25.46 600m: 10:10.42	1:44.69 1:44.96 700m: 11:53.84 800m: 13:30.34	279 - 1:43.42 1:36.50
14.	Jose Sizenando Cunha 100m: 1:36.63 200m: 3:17.67	1:36.63 1:41.04	26841	74	Fluvial Portuense 300m: 5:01.23 400m: 6:46.66	1:43.56 1:45.43 500m: 8:32.84 600m: 10:19.40	1:46.18 1:46.56 700m: 12:04.38 800m: 13:46.36	263 - 1:44.98 1:41.98
15.	Bruno Goncalo Campos 100m: 1:36.75 200m: 3:21.64	1:36.75 1:44.89	206910	76	Luz e Vida 300m: 5:09.25 400m: 6:58.25	1:47.61 1:49.00 500m: 8:46.28 600m: 10:33.41	1:48.03 1:47.13 700m: 12:22.06 800m: 14:06.85	245 - 1:48.65 1:44.79
16.	Jose Diogo Borges 100m: 1:37.92 200m: 3:25.22	1:37.92 1:47.30	215807	77	Lagoa AC 300m: 5:14.27 400m: 7:07.16	1:49.05 1:52.89 500m: 9:01.28 600m: 10:54.58	1:54.12 1:53.30 700m: 12:49.06 800m: 14:41.59	217 - 1:54.48 1:52.53
17.	Diogo Folhadela Brandao 100m: 1:40.87 200m: 3:34.96	1:40.87 1:54.09	219553	74	Fluvial Portuense 300m: 5:33.68 400m: 7:35.12	1:58.72 2:01.44 500m: 9:40.04 600m: 11:39.61	2:04.92 1:59.57 700m: 13:40.08 800m: 15:36.93	181 - 2:00.47 1:56.85
18.	Joao Pedro Oliveira 100m: 1:43.70 200m: 3:39.89	1:43.70 1:56.19	218046	74	Natacao de Valongo 300m: 5:45.29 400m: 9:55.81	2:05.40 4:10.52 500m: 12:01.02 600m: 14:05.99	2:05.21 2:04.97 800m: 16:07.70	164 - 2:01.71
19.	Ulisses Manuel Lopes 100m: 1:55.85 200m: 3:55.72	1:55.85 1:59.87	218363	74	Penafiel 300m: 6:00.40 400m: 8:05.74	2:04.68 2:05.34 500m: 10:10.56 600m: 12:14.86	2:04.82 2:04.30 700m: 14:18.31 800m: 16:15.08	160 - 2:03.45 1:56.77
20.	Armando Manuel Triunfante 100m: 2:04.24 200m: 4:17.74	2:04.24 2:13.50	219091	76	Porto 300m: 6:36.09 400m: 8:55.96	2:18.35 2:19.87 500m: 11:14.12 600m: 13:31.43	2:18.16 2:17.31 700m: 15:48.07 800m: 18:01.01	117 - 2:16.64 2:12.94
DNS	Hugo Andre Afonso		204884	76	CCDSerta			-
DNS	Rui Alberto Mendes		202097	75	Fluvial Portuense			-

Master Esc F

1.	Paulo Jorge Tejo 100m: 1:21.80 200m: 2:45.31	1:21.80 1:23.51	10830	71	Academica de Coimbra 300m: 4:08.87 400m: 5:32.73	1:23.56 1:23.86 500m: 6:58.16 600m: 8:23.47	1:25.43 1:25.31 800m: 11:12.92	549 9,00 2:49.45
2.	Celso Fernando Ribeiro 100m: 1:25.53 200m: 2:55.57	1:25.53 1:30.04	127787	69	Porto 300m: 4:26.14 400m: 5:57.36	1:30.57 1:31.22 500m: 7:29.19 600m: 9:00.43	1:31.83 1:31.24 700m: 10:29.27 800m: 11:55.40	457 7,00 1:28.84 1:26.13
3.	Jose Manuel Pereira 100m: 1:26.66 200m: 2:59.35	1:26.66 1:32.69	203991	70	Palmela Desporto 300m: 4:33.92 400m: 6:07.62	1:34.57 1:33.70 500m: 7:40.60 600m: 9:12.85	1:32.98 1:32.25 700m: 10:43.93 800m: 12:12.64	425 6,00 1:31.08 1:28.71
4.	Miguel Jose Ferreira 100m: 1:29.67 200m: 3:05.23	1:29.67 1:35.56	119657	70	Leixoes 300m: 4:40.11 400m: 6:13.83	1:34.88 1:33.72 500m: 7:46.89 600m: 9:20.67	1:33.06 1:33.78 700m: 10:53.20 800m: 12:21.57	410 5,00 1:32.53 1:28.37
5.	Marcelo Jose Martins 100m: 1:25.82 200m: 2:58.18	1:25.82 1:32.36	219556	71	Fluvial Portuense 300m: 4:32.93 400m: 6:09.13	1:34.75 1:36.20 500m: 7:44.41 600m: 9:22.23	1:35.28 1:37.82 700m: 10:58.02 800m: 12:28.03	400 4,00 1:35.79 1:30.01
6.	Hamilton Kenji Ida 100m: 1:25.75 200m: 2:59.57	1:25.75 1:33.82	212656	73	Vitoria Guimaraes 300m: 4:36.70 400m: 6:15.35	1:37.13 1:38.65 500m: 7:53.89 600m: 9:31.16	1:38.54 1:37.27 700m: 11:08.70 800m: 12:44.82	374 3,00 1:37.54 1:36.12
7.	Nuno Manuel Sa 100m: 1:25.84 200m: 3:01.53	1:25.84 1:35.69	201376	71	Fluvial Portuense 300m: 4:38.27 400m: 6:17.84	1:36.74 1:39.57 500m: 7:59.08 600m: 9:40.40	1:41.24 1:41.32 700m: 11:20.43 800m: 12:55.18	359 2,00 1:40.03 1:34.75
8.	Pedro Jorge Azevedo 100m: 1:31.74 200m: 3:08.29	1:31.74 1:36.55	215218	72	Porto 300m: 4:45.21 400m: 6:23.06	1:36.92 1:37.85 500m: 8:02.74 600m: 9:43.10	1:39.68 1:40.36 700m: 11:23.55 800m: 12:59.79	353 1,00 1:40.45 1:36.24
9.	Francisco Miguel Vitoriano 100m: 1:26.11 200m: 3:04.03	1:26.11 1:37.92	14397	71	Sporting Caminha 300m: 4:45.97 400m: 6:28.93	1:41.94 1:42.96 500m: 8:12.92 600m: 9:56.29	1:43.99 1:43.37 700m: 11:38.28 800m: 13:14.94	333 - 1:41.99 1:36.66

Prova 2, Masc., 800m Livres, Master Esc F

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
10.	Antonio Maria Cunha 100m: 1:29.29 200m: 3:11.52	1:29.29 1:42.23	204079	71	Fluvial Portuense 300m: 4:55.52 1:44.00 400m: 6:39.54 1:44.02 500m: 8:23.83 1:44.29 600m: 10:06.59 1:42.76	13:28.70 700m: 11:50.60 1:44.01 800m: 13:28.70 1:38.10	316	-
11.	Fernando Jose Alves 100m: 1:34.69 200m: 3:17.01	1:34.69 1:42.32	208179	69	Salesianos 300m: 5:01.78 1:44.77 400m: 6:46.42 1:44.64 500m: 8:30.94 1:44.52 600m: 10:14.73 1:43.79	13:39.44 700m: 11:58.59 1:43.86 800m: 13:39.44 1:40.85	304	-
12.	Joao Maria Barbosa 100m: 1:38.39 200m: 3:26.72	1:38.39 1:48.33	219155	73	Fluvial Portuense 300m: 5:16.11 1:49.39 400m: 7:05.65 1:49.54 500m: 8:52.88 1:47.23 600m: 10:40.90 1:48.02	14:13.39 700m: 12:29.49 1:48.59 800m: 14:13.39 1:43.90	269	-
13.	Antonio Manuel Santinha 100m: 1:42.59 200m: 3:31.60	1:42.59 1:49.01	100477	69	Masters de Almada 300m: 5:20.62 1:49.02 400m: 7:10.65 1:50.03 500m: 9:01.29 1:50.64 600m: 10:50.53 1:49.24	14:25.91 800m: 14:25.91 3:35.38	257	-
14.	Filipe Serra Oliveira 100m: 1:45.79 200m: 3:36.92	1:45.79 1:51.13	214561	72	Salesianos 300m: 5:29.68 1:52.76 400m: 7:21.86 1:52.18 500m: 9:13.68 1:51.82 600m: 11:03.34 1:49.66	14:39.67 700m: 12:54.27 1:50.93 800m: 14:39.67 1:45.40	245	-
DNS	Ricardo Miguel Frias		127749	73	Alges			-

Master Esc G

1.	Ralf Pinto Soares 100m: 1:17.98 200m: 2:41.93	1:17.98 1:23.95	26786	64	Nadadores dos Estoris 300m: 4:07.02 1:25.09 400m: 5:33.47 1:26.45 500m: 7:00.69 1:27.22 600m: 8:27.75 1:27.06	11:22.29 700m: 9:55.35 1:27.60 800m: 11:22.29 1:26.94	574	9,00
2.	Carlos Jorge Oliveira 100m: 1:20.33 200m: 2:45.81	1:20.33 1:25.48	11360	64	Masters de Almada 300m: 4:12.50 1:26.69 400m: 5:39.54 1:27.04 500m: 7:06.39 1:26.85 600m: 8:33.38 1:26.99	11:26.78 700m: 10:00.74 1:27.36 800m: 11:26.78 1:26.04	563	7,00
3.	Gonzalo Delgado Diez 100m: 1:32.91 200m: 3:09.52	1:32.91 1:36.61	1184489	66	C. Tenis Chamartin 300m: 4:48.19 1:38.67 400m: 6:29.23 1:41.04 500m: 8:10.91 1:41.68 600m: 9:53.37 1:42.46	13:15.86 700m: 11:35.55 1:42.18 800m: 13:15.86 1:40.31	361	6,00
4.	Jorge Vieira Ribeiro 100m: 1:36.22 200m: 3:19.85	1:36.22 1:43.63	128894	64	Sporting de Aveiro 300m: 5:05.42 1:45.57 400m: 6:51.84 1:46.42 500m: 8:38.18 1:46.34 600m: 10:23.91 1:45.73	13:49.85 700m: 12:09.85 1:45.94 800m: 13:49.85 1:40.00	319	5,00
5.	Rui Manuel Velez 100m: 1:46.53 200m: 3:38.26	1:46.53 1:51.73	122972	64	Luz e Vida 300m: 5:29.94 1:51.68 400m: 7:20.94 1:51.00 500m: 9:11.29 1:50.35 800m: 14:32.81 5:21.52	14:32.81	274	4,00
6.	Joaquim Jose Dias 100m: 1:39.39 200m: 3:30.09	1:39.39 1:50.70	103986	64	Viana Natacao 300m: 5:24.10 1:54.01 400m: 7:19.39 1:55.29 500m: 9:13.74 1:54.35 600m: 11:05.50 1:51.76	14:39.78 700m: 12:56.49 1:50.99 800m: 14:39.78 1:43.29	267	3,00
7.	Luis Miguel Antunes 100m: 1:46.83 200m: 3:41.83	1:46.83 1:55.00	206896	68	Leixoes 300m: 5:37.29 1:55.46 400m: 7:33.46 1:56.17 500m: 9:27.53 1:54.07 600m: 11:24.92 1:57.39	15:08.52 700m: 13:19.07 1:54.15 800m: 15:08.52 1:49.45	243	2,00
8.	Nuno Carlos Albuquerque 100m: 1:43.09 200m: 3:34.14	1:43.09 1:51.05	210412	64	Braga 300m: 5:29.38 1:55.24 400m: 7:25.39 1:56.01 500m: 9:21.99 1:56.60 600m: 11:18.65 1:56.66	15:08.83 700m: 13:15.24 1:56.59 800m: 15:08.83 1:53.59	243	1,00
9.	Luis Miguel Loureiro 100m: 1:44.66 200m: 3:40.13	1:44.66 1:55.47	205536	68	Fluvial Portuense 300m: 5:40.17 2:00.04 400m: 7:43.58 2:03.41 500m: 9:47.18 2:03.60 600m: 11:50.54 2:03.36	15:49.61 700m: 13:52.05 2:01.51 800m: 15:49.61 1:57.56	213	-
10.	Vitor Manuel Cardoso 100m: 1:51.85 200m: 3:53.31	1:51.85 2:01.46	211850	65	Geslours 300m: 5:55.07 2:01.76 400m: 7:58.33 2:03.26 500m: 10:02.70 2:04.37 600m: 12:06.66 2:03.96	16:10.69 700m: 14:10.91 2:04.25 800m: 16:10.69 1:59.78	199	-
11.	Paulo Monteiro Pinto 100m: 1:56.81 200m: 4:04.09	1:56.81 2:07.28	211230	64	Porto 300m: 6:11.97 2:07.88 400m: 8:19.83 2:07.86 500m: 10:30.54 2:10.71 600m: 12:38.57 2:08.03	16:52.65 700m: 14:47.39 2:08.82 800m: 16:52.65 2:05.26	175	-

Prova 2, Masc., 800m Livres

Master Esc H

1.	Jose Carlos Freitas <i>Rec Nac Esc H</i>	111877	63	Litoral Alentejano	9:58.94	1140	9,00
	100m: 1:11.65 1:11.65 300m: 3:41.90 1:15.17 500m: 6:14.06 1:16.06 700m: 8:45.84 1:15.96 200m: 2:26.73 1:15.08 400m: 4:58.00 1:16.10 600m: 7:29.88 1:15.82 800m: 9:58.94 1:13.10						
2.	Jaime Carlos Bento	118614	61	Alges	11:18.56	784	7,00
	100m: 1:17.92 1:17.92 300m: 4:09.85 1:26.51 500m: 7:02.40 1:26.35 700m: 9:54.71 1:26.31 200m: 2:43.34 1:25.42 400m: 5:36.05 1:26.20 600m: 8:28.40 1:26.00 800m: 11:18.56 1:23.85						
3.	Henrique Luis Seabra	125467	61	Fluvial Portuense	12:26.10	589	6,00
	100m: 1:24.13 1:24.13 300m: 4:30.74 1:34.39 500m: 7:40.74 1:34.91 700m: 10:51.46 1:36.12 200m: 2:56.35 1:32.22 400m: 6:05.83 1:35.09 600m: 9:15.34 1:34.60 800m: 12:26.10 1:34.64						
4.	Dmitri Khodko	215607	59	Lagoa AC	12:29.48	581	5,00
	100m: 1:31.47 1:31.47 300m: 4:44.15 1:36.38 500m: 7:57.05 1:35.90 700m: 11:07.76 1:34.77 200m: 3:07.77 1:36.30 400m: 6:21.15 1:37.00 600m: 9:32.99 1:35.94 800m: 12:29.48 1:21.72						
5.	Armando Joao Costa	12262	63	Feirense	12:33.12	573	4,00
	100m: 1:25.49 1:25.49 300m: 4:36.88 1:36.54 500m: 7:52.94 1:38.12 700m: 11:05.30 1:34.60 200m: 3:00.34 1:34.85 400m: 6:14.82 1:37.94 600m: 9:30.70 1:37.76 800m: 12:33.12 1:27.82						
6.	Antonio Higino Marques	153116	61	Nadadores dos Estoris	14:03.32	408	3,00
	100m: 1:38.97 1:38.97 300m: 5:13.63 1:47.96 500m: 8:49.35 1:47.85 700m: 12:22.37 1:46.04 200m: 3:25.67 1:46.70 400m: 7:01.50 1:47.87 600m: 10:36.33 1:46.98 800m: 14:03.32 1:40.95						
7.	Jose Rui Amaral	206897	63	Fluvial Portuense	14:18.32	387	2,00
	100m: 1:39.09 1:39.09 300m: 5:16.39 1:49.00 500m: 8:56.09 1:50.11 700m: 12:35.17 1:49.26 200m: 3:27.39 1:48.30 400m: 7:05.98 1:49.59 600m: 10:45.91 1:49.82 800m: 14:18.32 1:43.15						
8.	Paolo Sarvia	216437	59	Individual ANNP	14:18.86	386	1,00
	100m: 1:41.18 1:41.18 300m: 5:16.94 1:48.95 500m: 8:57.02 1:49.76 700m: 12:37.01 1:49.93 200m: 3:27.99 1:46.81 400m: 7:07.26 1:50.32 600m: 10:47.08 1:50.06 800m: 14:18.86 1:41.85						
9.	Paulo Jorge Rocha	208405	59	Fluvial Portuense	15:13.09	321	-
	100m: 1:43.51 1:43.51 300m: 5:37.38 1:57.85 500m: 9:32.05 1:58.09 700m: 13:26.85 1:57.74 200m: 3:39.53 1:56.02 400m: 7:33.96 1:56.58 600m: 11:29.11 1:57.06 800m: 15:13.09 1:46.24						
10.	Josephus Stephanus Loo	214813	61	Obidos	16:18.73	261	-
	100m: 1:52.20 1:52.20 300m: 6:00.59 2:04.92 500m: 10:12.91 2:08.33 700m: 14:22.16 2:04.59 200m: 3:55.67 2:03.47 400m: 8:04.58 2:03.99 600m: 12:17.57 2:04.66 800m: 16:18.73 1:56.57						
11.	Luis Joao Mourao	209692	62	Natacao de Valongo	17:32.46	210	-
	100m: 2:03.33 2:03.33 300m: 6:28.01 2:13.90 500m: 10:56.25 2:14.13 700m: 15:24.10 2:13.21 200m: 4:14.11 2:10.78 400m: 8:42.12 2:14.11 600m: 13:10.89 2:14.64 800m: 17:32.46 2:08.36						
12.	Fernando Manuel Pinto	131365	61	Fluvial Portuense	19:05.24	163	-
	100m: 2:11.52 2:11.52 300m: 7:01.35 2:23.78 500m: 11:59.58 2:28.83 700m: 16:50.59 2:25.01 200m: 4:37.57 2:26.05 400m: 9:30.75 2:29.40 600m: 14:25.58 2:26.00 800m: 19:05.24 2:14.65						
13.	Joao Cesar Alves	214253	63	Fluvial Portuense	19:55.89	143	-
	100m: 2:16.53 2:16.53 300m: 7:10.85 2:28.11 500m: 12:15.70 2:34.12 700m: 17:26.00 2:35.46 200m: 4:42.74 2:26.21 400m: 9:41.58 2:30.73 600m: 14:50.54 2:34.84 800m: 19:55.89 2:29.89						
DNS	Jorge Joaquim Nunes	218364	62	Vitoria Guimaraes			-
DNS	Arnaldo Silva Martins	129911	61	Fluvial Portuense			-

Master Esc I

1.	Vitor Manuel Mavioso	100689	56	Alges	12:15.42	680	9,00
	100m: 1:25.28 1:25.28 300m: 4:30.30 1:33.11 500m: 7:37.01 1:33.37 700m: 10:45.82 1:34.28 200m: 2:57.19 1:31.91 400m: 6:03.64 1:33.34 600m: 9:11.54 1:34.53 800m: 12:15.42 1:29.60						
2.	Ricardo Antonio Mendes	132928	55	Salesianos	13:15.71	536	7,00
	100m: 1:32.86 1:32.86 300m: 4:55.15 1:40.97 500m: 8:19.93 1:42.91 700m: 11:41.63 1:41.20 200m: 3:14.18 1:41.32 400m: 6:37.02 1:41.87 600m: 10:00.43 1:40.50 800m: 13:15.71 1:34.08						
3.	Oscar Filipe Goncalves	219154	58	Fluvial Portuense	13:56.90	461	6,00
	100m: 1:35.41 1:35.41 300m: 5:09.73 1:47.18 500m: 8:43.70 1:47.00 700m: 12:14.64 1:45.53 200m: 3:22.55 1:47.14 400m: 6:56.70 1:46.97 600m: 10:29.11 1:45.41 800m: 13:56.90 1:42.26						

Prova 2, Masc., 800m Livres, Master Esc I

Lugar	Nome	T. Reação	Licença	Ano	Clube	Tempo Final	DSV	Pts
4.	Jose Antonio Ferreira		214085	58	Leixoes	15:24.35	342	5,00
	100m: 1:46.07	1:46.07	300m: 5:33.64	1:55.79	500m: 9:30.46	1:58.96	700m: 13:28.87	1:59.73
	200m: 3:37.85	1:51.78	400m: 7:31.50	1:57.86	600m: 11:29.14	1:58.68	800m: 15:24.35	1:55.48
5.	Jose Alexandre Raposo		131484	55	Sporting de Aveiro	16:58.16	256	4,00
	100m: 2:02.46	2:02.46	300m: 6:19.56	2:08.81	500m: 10:39.13	2:09.49	700m: 14:55.25	2:07.05
	200m: 4:10.75	2:08.29	400m: 8:29.64	2:10.08	600m: 12:48.20	2:09.07	800m: 16:58.16	2:02.91
DSQ	Joao Luis Roseira		142204	55	Fluvial Portuense	19:35.62		-
	<i>4.2 - Falsa Partida – SW 4.4</i>							
	100m: 2:13.98	2:13.98	300m: 7:09.13	2:26.97	500m: 12:11.66	2:31.61	700m: 17:09.96	2:28.91
	200m: 4:42.16	2:28.18	400m: 9:40.05	2:30.92	600m: 14:41.05	2:29.39	800m: 19:35.62	2:25.66

Master Esc J

1.	Carlos Manuel Porto		207570	51	Alges	16:07.91	367	9,00
	100m: 1:53.89	1:53.89	300m: 5:55.34	2:01.55	500m: 9:59.79	2:02.79	700m: 14:06.48	2:04.10
	200m: 3:53.79	1:59.90	400m: 7:57.00	2:01.66	600m: 12:02.38	2:02.59	800m: 16:07.91	2:01.43
2.	Domingos Pinto Coelho		100453	52	Alges	16:36.70	336	7,00
	100m: 1:58.86	1:58.86	300m: 6:18.33	2:08.48	500m: 10:29.54	2:04.67	700m: 14:39.30	2:05.07
	200m: 4:09.85	2:10.99	400m: 8:24.87	2:06.54	600m: 12:34.23	2:04.69	800m: 16:36.70	1:57.40
3.	Luis Pereira Cabral		129152	49	Academica de Coimbra	19:47.69	198	6,00
	100m: 2:22.57	2:22.57	300m: 7:22.42	2:29.82	500m: 12:25.89	2:31.98	700m: 17:27.47	2:32.29
	200m: 4:52.60	2:30.03	400m: 9:53.91	2:31.49	600m: 14:55.18	2:29.29	800m: 19:47.69	2:20.22

Master Esc K

1.	Steven Bruce Seligson		219656	47	Porto	16:29.55	409	9,00
	100m: 1:43.46	1:43.46	300m: 5:43.54	2:02.61	500m: 9:59.64	2:09.94	700m: 14:20.10	2:11.40
	200m: 3:40.93	1:57.47	400m: 7:49.70	2:06.16	600m: 12:08.70	2:09.06	800m: 16:29.55	2:09.45
2.	Luis Vidigal Salgueiro		119671	45	Alges	16:43.49	392	7,00
	100m: 1:58.46	1:58.46	300m: 6:11.29	2:06.53	500m: 10:28.13	2:08.38	700m: 14:48.01	2:09.17
	200m: 4:04.76	2:06.30	400m: 8:19.75	2:08.46	600m: 12:38.84	2:10.71	800m: 16:43.49	1:55.48
3.	Luis Silveira Viegas		104917	47	Alges	18:41.12	281	6,00
	100m: 2:10.74	2:10.74	300m: 6:55.79	2:22.00	500m: 11:37.36	2:20.57	700m: 16:25.19	2:22.77
	200m: 4:33.79	2:23.05	400m: 9:16.79	2:21.00	600m: 14:02.42	2:25.06	800m: 18:41.12	2:15.93
DNS	Stephen Thomas Dyson		109270	47	Alges			-

Master Esc M

DNS	Joao Rodrigues Teixeira		100127	37	Academica de Coimbra			-
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