

Prova 20
07/04/2023 - 9:35

Masc., 1500m Livres
1ª Divisão

1ª Divisão MASC
Resultados

RN Absoluto	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
RN Sen	15:15.12	PINA Guilherme Filipe	SCP	Coimbra	30/03/2017
RN Jun18	15:23.46	PINA Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07/07/2016
RN Jun17	15:43.45	PINA Guilherme Filipe	POR	Singapore (SGP)	30/08/2015
RN Juv A	15:45.55	SANTA Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
RN Juv B	16:30.45	JORGE Duarte Miguel	CGA	Oeiras	21/07/2016
RN Inf A	16:43.48	OLIVEIRA Pedro Fontoura	CFB	Rio Maior	19/06/2004
RN Inf B	17:21.58	OLIVEIRA Pedro Fontoura	CFB	Restelo	27/07/2003

JO : 15:00.99 / CEJun_Masc 15 - 18: 15:56.90

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
1.	LOPES Jose Paulo	00	117924	Braga	15:38.23	+0,71	800	25,00
	50m: 28.85 28.85	450m: 4:43.44	31.50	850m: 8:53.65	31.43	1250m: 13:03.62	31.16	
	100m: 1:00.51 31.66	500m: 5:14.98	31.54	900m: 9:24.78	31.13	1300m: 13:34.80	31.18	
	150m: 1:32.33 31.82	550m: 5:46.46	31.48	950m: 9:56.26	31.48	1350m: 14:05.93	31.13	
	200m: 2:04.32 31.99	600m: 6:17.76	31.30	1000m: 10:27.43	31.17	1400m: 14:36.82	30.89	
	250m: 2:36.25 31.93	650m: 6:49.03	31.27	1050m: 10:58.71	31.28	1450m: 15:07.85	31.03	
	300m: 3:08.23 31.98	700m: 7:20.01	30.98	1100m: 11:29.79	31.08	1500m: 15:38.23	30.38	
	350m: 3:40.13 31.90	750m: 7:51.23	31.22	1150m: 12:01.19	31.40			
	400m: 4:11.94 31.81	800m: 8:22.22	30.99	1200m: 12:32.46	31.27			
2.	CARDOSO Diogo Santos	01	122969	Sporting	15:45.08	+0,88	782	23,00
	50m: 29.17 29.17	450m: 4:45.05	32.12	850m: 8:58.83	31.76	1250m: 13:09.94	31.28	
	100m: 1:00.70 31.53	500m: 5:16.92	31.87	900m: 9:30.33	31.50	1300m: 13:40.90	30.96	
	150m: 1:32.47 31.77	550m: 5:48.64	31.72	950m: 10:02.38	32.05	1350m: 14:11.98	31.08	
	200m: 2:04.44 31.97	600m: 6:20.20	31.56	1000m: 10:34.21	31.83	1400m: 14:42.92	30.94	
	250m: 2:36.41 31.97	650m: 6:51.79	31.59	1050m: 11:05.66	31.45	1450m: 15:14.07	31.15	
	300m: 3:08.44 32.03	700m: 7:23.53	31.74	1100m: 11:36.79	31.13	1500m: 15:45.08	31.01	
	350m: 3:40.86 32.42	750m: 7:55.52	31.99	1150m: 12:07.74	30.95			
	400m: 4:12.93 32.07	800m: 8:27.07	31.55	1200m: 12:38.66	30.92			
3.	AMARAL Francisco Rodriguez	02	122608	Porto	15:57.13	+0,79	753	22,00
	50m: 29.46 29.46	450m: 4:45.41	32.17	850m: 8:58.52	31.60	1250m: 13:13.68	32.47	
	100m: 1:01.11 31.65	500m: 5:17.57	32.16	900m: 9:30.32	31.80	1300m: 13:46.11	32.43	
	150m: 1:33.05 31.94	550m: 5:49.24	31.67	950m: 10:02.09	31.77	1350m: 14:19.06	32.95	
	200m: 2:04.86 31.81	600m: 6:20.87	31.63	1000m: 10:33.99	31.90	1400m: 14:51.68	32.62	
	250m: 2:36.93 32.07	650m: 6:52.30	31.43	1050m: 11:05.91	31.92	1450m: 15:24.67	32.99	
	300m: 3:08.89 31.96	700m: 7:23.93	31.63	1100m: 11:37.60	31.69	1500m: 15:57.13	32.46	
	350m: 3:40.98 32.09	750m: 7:55.30	31.37	1150m: 12:09.41	31.81			
	400m: 4:13.24 32.26	800m: 8:26.92	31.62	1200m: 12:41.21	31.80			
4.	TRUJILLO Cristobal Vargas	07	218741	Natacao de Olhao	16:18.55	+0,74	705	21,00
	50m: 29.51 29.51	450m: 4:47.21	32.34	850m: 9:11.95	33.34	1250m: 13:35.98	32.72	
	100m: 1:01.35 31.84	500m: 5:19.31	32.10	900m: 9:45.29	33.34	1300m: 14:08.42	32.44	
	150m: 1:33.73 32.38	550m: 5:52.45	33.14	950m: 10:18.21	32.92	1350m: 14:41.33	32.91	
	200m: 2:05.81 32.08	600m: 6:25.63	33.18	1000m: 10:50.96	32.75	1400m: 15:14.80	33.47	
	250m: 2:37.82 32.01	650m: 6:58.63	33.00	1050m: 11:24.06	33.10	1450m: 15:47.60	32.80	
	300m: 3:10.10 32.28	700m: 7:31.53	32.90	1100m: 11:57.01	32.95	1500m: 16:18.55	30.95	
	350m: 3:42.73 32.63	750m: 8:04.86	33.33	1150m: 12:30.27	33.26			
	400m: 4:14.87 32.14	800m: 8:38.61	33.75	1200m: 13:03.26	32.99			

Prova 20, Masc., 1500m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
5.	ALMEIDA Bernardo Victorino	04	153357	Sporting	16:29.53	+0,77	682	20,00
	50m: 28.41 28.41	450m: 4:48.30	32.80	850m: 9:13.61	33.49	1250m: 13:41.32	33.54	
	100m: 1:01.01 32.60	500m: 5:20.93	32.63	900m: 9:46.32	32.71	1300m: 14:15.23	33.91	
	150m: 1:33.78 32.77	550m: 5:53.86	32.93	950m: 10:19.56	33.24	1350m: 14:49.36	34.13	
	200m: 2:06.28 32.50	600m: 6:27.17	33.31	1000m: 10:53.04	33.48	1400m: 15:23.35	33.99	
	250m: 2:38.71 32.43	650m: 7:00.25	33.08	1050m: 11:26.73	33.69	1450m: 15:56.82	33.47	
	300m: 3:10.87 32.16	700m: 7:33.48	33.23	1100m: 12:00.24	33.51	1500m: 16:29.53	32.71	
	350m: 3:43.14 32.27	750m: 8:06.83	33.35	1150m: 12:34.11	33.87			
	400m: 4:15.50 32.36	800m: 8:40.12	33.29	1200m: 13:07.78	33.67			
6.	SIMÕES Bernardo Jorge	04	130250	Belenenses	16:38.75	+0,69	663	19,00
	50m: 29.20 29.20	450m: 4:59.32	33.82	850m: 9:29.02	33.49	1250m: 13:58.09	33.64	
	100m: 1:01.57 32.37	500m: 5:33.30	33.98	900m: 10:02.69	33.67	1300m: 14:31.77	33.68	
	150m: 1:35.19 33.62	550m: 6:07.19	33.89	950m: 10:36.56	33.87	1350m: 15:05.02	33.25	
	200m: 2:09.38 34.19	600m: 6:40.85	33.66	1000m: 11:10.38	33.82	1400m: 15:37.30	32.28	
	250m: 2:43.46 34.08	650m: 7:14.45	33.60	1050m: 11:43.77	33.39	1450m: 16:09.09	31.79	
	300m: 3:17.41 33.95	700m: 7:48.25	33.80	1100m: 12:17.17	33.40	1500m: 16:38.75	29.66	
	350m: 3:51.46 34.05	750m: 8:21.90	33.65	1150m: 12:50.96	33.79			
	400m: 4:25.50 34.04	800m: 8:55.53	33.63	1200m: 13:24.45	33.49			
7.	ELACHARAFI Ilias EIFallaki	06	213324	Louletano/Loule Concelho	16:39.25	+0,76	662	18,00
	50m: 29.72 29.72	450m: 4:53.48	32.04	850m: 9:22.84	33.62	1250m: 13:55.15	33.96	
	100m: 1:02.28 32.56	500m: 5:26.40	32.92	900m: 9:56.21	33.37	1300m: 14:29.83	34.68	
	150m: 1:35.12 32.84	550m: 5:59.56	33.16	950m: 10:29.45	33.24	1350m: 15:03.57	33.74	
	200m: 2:08.04 32.92	600m: 6:33.18	33.62	1000m: 11:03.81	34.36	1400m: 15:37.53	33.96	
	250m: 2:41.39 33.35	650m: 7:07.40	34.22	1050m: 11:37.69	33.88	1450m: 16:09.64	32.11	
	300m: 3:14.57 33.18	700m: 7:41.47	34.07	1100m: 12:12.30	34.61	1500m: 16:39.25	29.61	
	350m: 3:47.94 33.37	750m: 8:15.27	33.80	1150m: 12:46.52	34.22			
	400m: 4:21.44 33.50	800m: 8:49.22	33.95	1200m: 13:21.19	34.67			
8.	LOUREIRO Bruno Silva	06	129872	Porto	16:40.40	+0,86	660	17,00
	50m: 30.39 30.39	450m: 4:57.90	33.79	850m: 9:26.45	33.96	1250m: 13:55.59	33.58	
	100m: 1:03.31 32.92	500m: 5:31.44	33.54	900m: 10:00.23	33.78	1300m: 14:28.99	33.40	
	150m: 1:36.89 33.58	550m: 6:04.96	33.52	950m: 10:33.73	33.50	1350m: 15:02.72	33.73	
	200m: 2:10.29 33.40	600m: 6:38.46	33.50	1000m: 11:07.37	33.64	1400m: 15:35.95	33.23	
	250m: 2:43.76 33.47	650m: 7:11.93	33.47	1050m: 11:40.84	33.47	1450m: 16:08.95	33.00	
	300m: 3:17.28 33.52	700m: 7:45.08	33.15	1100m: 12:14.36	33.52	1500m: 16:40.40	31.45	
	350m: 3:50.55 33.27	750m: 8:18.85	33.77	1150m: 12:48.43	34.07			
	400m: 4:24.11 33.56	800m: 8:52.49	33.64	1200m: 13:22.01	33.58			
9.	PERLOIRO Salvador Goya	05	200474	Benfica	16:40.48	+0,74	659	16,00
	50m: 29.53 29.53	450m: 4:54.15	33.28	850m: 9:22.21	33.64	1250m: 13:54.77	34.15	
	100m: 1:01.95 32.42	500m: 5:27.22	33.07	900m: 9:55.26	33.05	1300m: 14:29.39	34.62	
	150m: 1:34.71 32.76	550m: 6:00.53	33.31	950m: 10:29.10	33.84	1350m: 15:03.07	33.68	
	200m: 2:07.60 32.89	600m: 6:33.65	33.12	1000m: 11:03.32	34.22	1400m: 15:36.90	33.83	
	250m: 2:40.95 33.35	650m: 7:07.25	33.60	1050m: 11:37.38	34.06	1450m: 16:09.16	32.26	
	300m: 3:14.04 33.09	700m: 7:40.85	33.60	1100m: 12:11.82	34.44	1500m: 16:40.48	31.32	
	350m: 3:47.40 33.36	750m: 8:14.70	33.85	1150m: 12:46.06	34.24			
	400m: 4:20.87 33.47	800m: 8:48.57	33.87	1200m: 13:20.62	34.56			

Prova 20, Masc., 1500m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
10.	MORGADO Vasco Alves	05	147123	Alges	16:50.09	+0,67	641	15,00
	50m: 29.85 29.85	450m: 4:58.77	33.86	850m: 9:29.05	34.07	1250m: 14:02.17	34.38	
	100m: 1:02.51 32.66	500m: 5:32.27	33.50	900m: 10:02.89	33.84	1300m: 14:35.81	33.64	
	150m: 1:36.10 33.59	550m: 6:06.19	33.92	950m: 10:37.12	34.23	1350m: 15:10.00	34.19	
	200m: 2:09.49 33.39	600m: 6:39.68	33.49	1000m: 11:11.04	33.92	1400m: 15:43.85	33.85	
	250m: 2:43.49 34.00	650m: 7:13.75	34.07	1050m: 11:45.53	34.49	1450m: 16:17.67	33.82	
	300m: 3:17.19 33.70	700m: 7:47.10	33.35	1100m: 12:19.65	34.12	1500m: 16:50.09	32.42	
	350m: 3:51.33 34.14	750m: 8:21.24	34.14	1150m: 12:54.09	34.44			
	400m: 4:24.91 33.58	800m: 8:54.98	33.74	1200m: 13:27.79	33.70			
11.	FOMIN Yury	06	208159	Louletano/Loule Concelho	16:50.73	+0,73	639	14,00
	50m: 29.91 29.91	450m: 4:58.00	33.63	850m: 9:28.31	33.83	1250m: 14:00.83	34.07	
	100m: 1:02.64 32.73	500m: 5:32.13	34.13	900m: 10:02.28	33.97	1300m: 14:35.49	34.66	
	150m: 1:35.83 33.19	550m: 6:05.50	33.37	950m: 10:36.17	33.89	1350m: 15:10.05	34.56	
	200m: 2:09.27 33.44	600m: 6:39.29	33.79	1000m: 11:09.90	33.73	1400m: 15:44.86	34.81	
	250m: 2:42.80 33.53	650m: 7:13.24	33.95	1050m: 11:43.88	33.98	1450m: 16:18.90	34.04	
	300m: 3:16.29 33.49	700m: 7:46.90	33.66	1100m: 12:18.39	34.51	1500m: 16:50.73	31.83	
	350m: 3:50.12 33.83	750m: 8:20.46	33.56	1150m: 12:52.34	33.95			
	400m: 4:24.37 34.25	800m: 8:54.48	34.02	1200m: 13:26.76	34.42			
12.	MONTFORT Nicolas Filip	05	217266	Alges	16:53.60	+0,70	634	13,00
	50m: 29.42 29.42	450m: 5:00.72	34.11	850m: 9:33.97	34.02	1250m: 14:07.50	34.21	
	100m: 1:02.10 32.68	500m: 5:35.01	34.29	900m: 10:08.10	34.13	1300m: 14:41.67	34.17	
	150m: 1:35.62 33.52	550m: 6:08.96	33.95	950m: 10:42.57	34.47	1350m: 15:15.27	33.60	
	200m: 2:09.53 33.91	600m: 6:43.20	34.24	1000m: 11:16.49	33.92	1400m: 15:49.03	33.76	
	250m: 2:43.57 34.04	650m: 7:17.21	34.01	1050m: 11:50.61	34.12	1450m: 16:22.36	33.33	
	300m: 3:17.82 34.25	700m: 7:51.52	34.31	1100m: 12:24.75	34.14	1500m: 16:53.60	31.24	
	350m: 3:51.92 34.10	750m: 8:25.50	33.98	1150m: 12:59.00	34.25			
	400m: 4:26.61 34.69	800m: 8:59.95	34.45	1200m: 13:33.29	34.29			
13.	PERLOIRO Francisco Goya	07	200473	Benfica	17:00.27	+0,72	622	12,00
	50m: 30.32 30.32	450m: 5:01.32	33.99	850m: 9:33.21	34.08	1250m: 14:06.83	34.45	
	100m: 1:03.87 33.55	500m: 5:35.27	33.95	900m: 10:07.24	34.03	1300m: 14:41.82	34.99	
	150m: 1:38.02 34.15	550m: 6:09.11	33.84	950m: 10:41.23	33.99	1350m: 15:17.12	35.30	
	200m: 2:11.84 33.82	600m: 6:43.10	33.99	1000m: 11:15.45	34.22	1400m: 15:51.92	34.80	
	250m: 2:45.92 34.08	650m: 7:16.94	33.84	1050m: 11:49.17	33.72	1450m: 16:26.33	34.41	
	300m: 3:19.65 33.73	700m: 7:51.11	34.17	1100m: 12:23.57	34.40	1500m: 17:00.27	33.94	
	350m: 3:53.26 33.61	750m: 8:24.95	33.84	1150m: 12:57.68	34.11			
	400m: 4:27.33 34.07	800m: 8:59.13	34.18	1200m: 13:32.38	34.70			
14.	GOMES Marcio Fernandes	04	200286	Braga	17:13.09	+0,86	599	11,00
	50m: 30.53 30.53	450m: 5:01.18	34.35	850m: 9:38.90	35.09	1250m: 14:19.60	34.87	
	100m: 1:03.49 32.96	500m: 5:35.70	34.52	900m: 10:13.55	34.65	1300m: 14:54.78	35.18	
	150m: 1:36.98 33.49	550m: 6:10.08	34.38	950m: 10:48.99	35.44	1350m: 15:30.11	35.33	
	200m: 2:10.82 33.84	600m: 6:44.29	34.21	1000m: 11:23.86	34.87	1400m: 16:05.32	35.21	
	250m: 2:44.62 33.80	650m: 7:19.08	34.79	1050m: 11:59.26	35.40	1450m: 16:40.38	35.06	
	300m: 3:18.65 34.03	700m: 7:53.83	34.75	1100m: 12:34.27	35.01	1500m: 17:13.09	32.71	
	350m: 3:53.03 34.38	750m: 8:28.93	35.10	1150m: 13:09.42	35.15			
	400m: 4:26.83 33.80	800m: 9:03.81	34.88	1200m: 13:44.73	35.31			

Prova 20, Masc., 1500m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
15.	CUNHA Rodrigo Manuel	04	131845	Vitoria Guimaraes	17:21.53	+0,82	584	10,00
	50m: 29.89 29.89	450m: 5:02.53	34.41	850m: 9:43.31	35.84	1250m: 14:26.00	35.57	
	100m: 1:03.13 33.24	500m: 5:37.04	34.51	900m: 10:19.03	35.72	1300m: 15:01.33	35.33	
	150m: 1:37.17 34.04	550m: 6:11.70	34.66	950m: 10:54.44	35.41	1350m: 15:37.22	35.89	
	200m: 2:11.20 34.03	600m: 6:46.78	35.08	1000m: 11:29.86	35.42	1400m: 16:12.23	35.01	
	250m: 2:45.44 34.24	650m: 7:22.36	35.58	1050m: 12:05.06	35.20	1450m: 16:47.24	35.01	
	300m: 3:19.73 34.29	700m: 7:57.49	35.13	1100m: 12:39.85	34.79	1500m: 17:21.53	34.29	
	350m: 3:53.83 34.10	750m: 8:32.63	35.14	1150m: 13:15.26	35.41			
	400m: 4:28.12 34.29	800m: 9:07.47	34.84	1200m: 13:50.43	35.17			
16.	OLIVEIRA Diogo Alexandre	05	130414	Naval do Funchal	17:26.34	+0,74	576	9,00
	50m: 30.03 30.03	450m: 5:02.82	34.87	850m: 9:44.48	35.62	1250m: 14:29.82	36.48	
	100m: 1:02.91 32.88	500m: 5:37.45	34.63	900m: 10:19.18	34.70	1300m: 15:05.48	35.66	
	150m: 1:37.03 34.12	550m: 6:12.51	35.06	950m: 10:54.96	35.78	1350m: 15:41.82	36.34	
	200m: 2:11.13 34.10	600m: 6:47.29	34.78	1000m: 11:30.06	35.10	1400m: 16:17.14	35.32	
	250m: 2:45.45 34.32	650m: 7:22.71	35.42	1050m: 12:06.13	36.07	1450m: 16:52.70	35.56	
	300m: 3:19.49 34.04	700m: 7:57.76	35.05	1100m: 12:41.79	35.66	1500m: 17:26.34	33.64	
	350m: 3:53.86 34.37	750m: 8:33.46	35.70	1150m: 13:18.05	36.26			
	400m: 4:27.95 34.09	800m: 9:08.86	35.40	1200m: 13:53.34	35.29			
17.	ABREU Sergio Gomes	96	100821	Naval do Funchal	17:27.28	+0,73	575	8,00
	50m: 29.91 29.91	450m: 5:06.72	34.86	850m: 9:49.99	35.90	1250m: 14:33.09	35.55	
	100m: 1:03.10 33.19	500m: 5:41.84	35.12	900m: 10:25.42	35.43	1300m: 15:08.67	35.58	
	150m: 1:37.34 34.24	550m: 6:16.78	34.94	950m: 11:00.69	35.27	1350m: 15:44.32	35.65	
	200m: 2:12.27 34.93	600m: 6:52.18	35.40	1000m: 11:36.05	35.36	1400m: 16:19.88	35.56	
	250m: 2:47.20 34.93	650m: 7:27.50	35.32	1050m: 12:11.47	35.42	1450m: 16:55.03	35.15	
	300m: 3:22.18 34.98	700m: 8:02.62	35.12	1100m: 12:46.61	35.14	1500m: 17:27.28	32.25	
	350m: 3:56.92 34.74	750m: 8:38.38	35.76	1150m: 13:21.90	35.29			
	400m: 4:31.86 34.94	800m: 9:14.09	35.71	1200m: 13:57.54	35.64			
18.	DIAS Rodrigo Reis	03	129003	Belenenses	17:36.85	+0,66	559	7,00
	50m: 30.62 30.62	450m: 5:10.75	35.39	850m: 9:53.92	35.11	1250m: 14:38.19	35.91	
	100m: 1:04.56 33.94	500m: 5:46.34	35.59	900m: 10:29.18	35.26	1300m: 15:14.61	36.42	
	150m: 1:39.50 34.94	550m: 6:21.99	35.65	950m: 11:04.27	35.09	1350m: 15:50.81	36.20	
	200m: 2:14.31 34.81	600m: 6:57.28	35.29	1000m: 11:39.73	35.46	1400m: 16:27.48	36.67	
	250m: 2:49.51 35.20	650m: 7:32.96	35.68	1050m: 12:15.26	35.53	1450m: 17:03.72	36.24	
	300m: 3:24.52 35.01	700m: 8:08.40	35.44	1100m: 12:50.91	35.65	1500m: 17:36.85	33.13	
	350m: 3:59.94 35.42	750m: 8:43.62	35.22	1150m: 13:26.33	35.42			
	400m: 4:35.36 35.42	800m: 9:18.81	35.19	1200m: 14:02.28	35.95			
19.	FRANCISCO Tiago Serradas	05	202567	Bairro dos Anjos/ Leiria	17:40.25	+0,77	554	6,00
	50m: 30.87 30.87	450m: 5:13.72	35.67	850m: 10:02.65	35.99	1250m: 14:43.83	35.66	
	100m: 1:05.17 34.30	500m: 5:50.26	36.54	900m: 10:38.03	35.38	1300m: 15:18.72	34.89	
	150m: 1:40.24 35.07	550m: 6:26.24	35.98	950m: 11:14.79	36.76	1350m: 15:54.39	35.67	
	200m: 2:15.72 35.48	600m: 7:02.30	36.06	1000m: 11:50.19	35.40	1400m: 16:30.76	36.37	
	250m: 2:51.84 36.12	650m: 7:38.66	36.36	1050m: 12:24.86	34.67	1450m: 17:05.54	34.78	
	300m: 3:27.55 35.71	700m: 8:15.24	36.58	1100m: 12:58.10	33.24	1500m: 17:40.25	34.71	
	350m: 4:02.82 35.27	750m: 8:50.11	34.87	1150m: 13:32.90	34.80			
	400m: 4:38.05 35.23	800m: 9:26.66	36.55	1200m: 14:08.17	35.27			

Prova 20, Masc., 1500m Livres, 1ª Divisão MASC

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
20.	TRAVASSOS Rodrigo Alexandre	02	126187	Nautico Academico	17:45.02	+0,94	547	5,00
	50m: 30.38 30.38	450m: 5:09.23 35.74	850m: 9:55.96 36.24	1250m: 14:46.67 36.10				
	100m: 1:04.14 33.76	500m: 5:44.53 35.30	900m: 10:32.67 36.71	1300m: 15:22.99 36.32				
	150m: 1:38.68 34.54	550m: 6:20.24 35.71	950m: 11:09.44 36.77	1350m: 15:59.47 36.48				
	200m: 2:13.22 34.54	600m: 6:55.83 35.59	1000m: 11:45.99 36.55	1400m: 16:36.33 36.86				
	250m: 2:48.28 35.06	650m: 7:31.59 35.76	1050m: 12:21.94 35.95	1450m: 17:11.67 35.34				
	300m: 3:23.38 35.10	700m: 8:07.65 36.06	1100m: 12:58.12 36.18	1500m: 17:45.02 33.35				
	350m: 3:58.24 34.86	750m: 8:43.76 36.11	1150m: 13:34.53 36.41					
	400m: 4:33.49 35.25	800m: 9:19.72 35.96	1200m: 14:10.57 36.04					
21.	VIEGAS Hugo Miguel	02	125185	Natacao de Olhao	17:45.21	+0,67	546	4,00
	50m: 30.55 30.55	450m: 5:11.11 35.56	850m: 9:57.03 36.21	1250m: 14:49.23 37.02				
	100m: 1:04.60 34.05	500m: 5:46.46 35.35	900m: 10:33.57 36.54	1300m: 15:25.96 36.73				
	150m: 1:39.66 35.06	550m: 6:22.06 35.60	950m: 11:10.17 36.60	1350m: 16:02.52 36.56				
	200m: 2:14.81 35.15	600m: 6:57.39 35.33	1000m: 11:46.36 36.19	1400m: 16:38.65 36.13				
	250m: 2:50.05 35.24	650m: 7:33.05 35.66	1050m: 12:22.84 36.48	1450m: 17:13.60 34.95				
	300m: 3:25.11 35.06	700m: 8:08.85 35.80	1100m: 12:58.88 36.04	1500m: 17:45.21 31.61				
	350m: 4:00.22 35.11	750m: 8:44.72 35.87	1150m: 13:35.31 36.43					
	400m: 4:35.55 35.33	800m: 9:20.82 36.10	1200m: 14:12.21 36.90					
22.	OLIVEIRA Marco Dimitar	07	209588	Nautico Academico	17:49.19	+0,76	540	3,00
	50m: 30.33 30.33	450m: 5:12.34 35.78	850m: 9:59.87 35.96	1250m: 14:49.02 36.57				
	100m: 1:04.37 34.04	500m: 5:48.41 36.07	900m: 10:36.12 36.25	1300m: 15:25.39 36.37				
	150m: 1:39.22 34.85	550m: 6:24.12 35.71	950m: 11:11.84 35.72	1350m: 16:01.51 36.12				
	200m: 2:14.52 35.30	600m: 7:00.28 36.16	1000m: 11:48.03 36.19	1400m: 16:38.10 36.59				
	250m: 2:49.53 35.01	650m: 7:35.99 35.71	1050m: 12:23.80 35.77	1450m: 17:13.92 35.82				
	300m: 3:25.04 35.51	700m: 8:11.95 35.96	1100m: 13:00.24 36.44	1500m: 17:49.19 35.27				
	350m: 4:00.61 35.57	750m: 8:47.75 35.80	1150m: 13:36.47 36.23					
	400m: 4:36.56 35.95	800m: 9:23.91 36.16	1200m: 14:12.45 35.98					
23.	SOUSA Diogo Nunes	03	127667	Vitoria Guimaraes	18:02.85	+0,72	520	2,00
	50m: 30.69 30.69	450m: 5:15.58 36.35	850m: 10:06.05 36.51	1250m: 14:59.04 36.40				
	100m: 1:05.07 34.38	500m: 5:51.79 36.21	900m: 10:42.39 36.34	1300m: 15:35.53 36.49				
	150m: 1:40.31 35.24	550m: 6:27.90 36.11	950m: 11:19.30 36.91	1350m: 16:12.99 37.46				
	200m: 2:15.46 35.15	600m: 7:04.04 36.14	1000m: 11:55.71 36.41	1400m: 16:49.81 36.82				
	250m: 2:51.53 36.07	650m: 7:40.51 36.47	1050m: 12:32.30 36.59	1450m: 17:27.11 37.30				
	300m: 3:27.27 35.74	700m: 8:16.78 36.27	1100m: 13:09.21 36.91	1500m: 18:02.85 35.74				
	350m: 4:03.33 36.06	750m: 8:53.25 36.47	1150m: 13:46.04 36.83					
	400m: 4:39.23 35.90	800m: 9:29.54 36.29	1200m: 14:22.64 36.60					
24.	OLIVEIRA Jose Francisco	05	202465	Bairro dos Anjos/ Leiria	18:23.39	+0,76	491	1,00
	50m: 32.04 32.04	450m: 5:23.02 36.76	850m: 10:19.92 37.16	1250m: 15:18.65 37.23				
	100m: 1:07.27 35.23	500m: 6:00.06 37.04	900m: 10:57.21 37.29	1300m: 15:55.81 37.16				
	150m: 1:43.71 36.44	550m: 6:36.96 36.90	950m: 11:34.42 37.21	1350m: 16:32.85 37.04				
	200m: 2:20.05 36.34	600m: 7:14.29 37.33	1000m: 12:11.69 37.27	1400m: 17:10.33 37.48				
	250m: 2:56.20 36.15	650m: 7:51.34 37.05	1050m: 12:49.12 37.43	1450m: 17:47.36 37.03				
	300m: 3:32.84 36.64	700m: 8:28.57 37.23	1100m: 13:26.68 37.56	1500m: 18:23.39 36.03				
	350m: 4:09.40 36.56	750m: 9:05.41 36.84	1150m: 14:04.14 37.46					
	400m: 4:46.26 36.86	800m: 9:42.76 37.35	1200m: 14:41.42 37.28					