

Prova 19  
07/04/2023 - 9:00

Femin., 800m Livres  
1ª Divisão

1ª Divisão FEM  
Resultados

RN Absoluto	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23/06/2018
RN Sen	8:29.33	DURAES Diana Margarida	POR	Tarragona (ESP)	23/06/2018
RN Jun17	8:36.21	HOLUB Tamila Hryhorivna	SCB	Coimbra	28/05/2016
RN Jun16	8:45.53	HOLUB Tamila Hryhorivna	SCB	Coimbra	30/05/2015
RN Juv A	8:50.68	HOLUB Tamila Hryhorivna	SCB	Oeiras	27/07/2014
RN Juv B	9:07.70	SILVA Alexandra Maria	POR	Split (CRO)	10/09/1981
RN Inf A	9:14.85	SILVA Alexandra Maria	POR	Skovde (SWE)	10/08/1980
RN Inf B	9:30.42	RUIVO Filipa Vilas	DNMG	S. Joao da Madeira	25/07/2009

JO : 8:26.71 / CEJun\_Fem 14 - 17: 9:04.96

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
1.	ANDRE Angelica Maria	94	15497	Porto	<b>8:47.01</b>	+0,83	778	25,0(-)
	50m: 31.07 31.07	250m: 2:43.32 33.56	450m: 4:56.38	33.39	650m: 7:09.00	32.94		
	100m: 1:03.46 32.39	300m: 3:16.41 33.09	500m: 5:29.56	33.18	700m: 7:41.56	32.56		
	150m: 1:36.82 33.36	350m: 3:49.84 33.43	550m: 6:03.04	33.48	750m: 8:14.21	32.65		
	200m: 2:09.76 32.94	400m: 4:22.99 33.15	600m: 6:36.06	33.02	800m: 8:47.01	32.80		
2.	HOLUB Tamila Hryhorivna	99	116887	Braga	<b>8:52.18</b>	+0,76	755	23,0(-)
	50m: 30.68 30.68	250m: 2:42.48 33.31	450m: 4:55.36	33.14	650m: 7:10.00	33.90		
	100m: 1:03.34 32.66	300m: 3:15.51 33.03	500m: 5:28.94	33.58	700m: 7:43.79	33.79		
	150m: 1:36.14 32.80	350m: 3:48.81 33.30	550m: 6:02.52	33.58	750m: 8:18.26	34.47		
	200m: 2:09.17 33.03	400m: 4:22.22 33.41	600m: 6:36.10	33.58	800m: 8:52.18	33.92		
3.	DURAES Diana Margarida	96	102992	Benfica	<b>8:57.43</b>	+0,81	733	22,0(-)
	50m: 30.73 30.73	250m: 2:43.77 33.77	450m: 4:58.66	33.89	650m: 7:14.34	34.22		
	100m: 1:03.32 32.59	300m: 3:17.37 33.60	500m: 5:32.24	33.58	700m: 7:48.43	34.09		
	150m: 1:36.76 33.44	350m: 3:51.13 33.76	550m: 6:06.11	33.87	750m: 8:23.23	34.80		
	200m: 2:10.00 33.24	400m: 4:24.77 33.64	600m: 6:40.12	34.01	800m: 8:57.43	34.20		
4.	GOURSON Margaux Verger	95	218761	Fluvial Portuense	<b>9:05.81</b>	+0,79	700	21,0(-)
	50m: 31.53 31.53	250m: 2:48.52 34.48	450m: 5:07.02	34.46	650m: 7:24.80	34.36		
	100m: 1:05.06 33.53	300m: 3:23.14 34.62	500m: 5:41.46	34.44	700m: 7:59.27	34.47		
	150m: 1:39.33 34.27	350m: 3:57.68 34.54	550m: 6:15.70	34.24	750m: 8:33.06	33.79		
	200m: 2:14.04 34.71	400m: 4:32.56 34.88	600m: 6:50.44	34.74	800m: 9:05.81	32.75		
5.	GONZALEZ Ana Cernadas	04	219085	Fluvial Portuense	<b>9:10.52</b>	+0,77	682	20,0(-)
	50m: 30.40 30.40	250m: 2:48.10 34.76	450m: 5:06.41	34.40	650m: 7:26.25	35.26		
	100m: 1:04.15 33.75	300m: 3:22.70 34.60	500m: 5:41.33	34.92	700m: 8:01.18	34.93		
	150m: 1:38.61 34.46	350m: 3:57.25 34.55	550m: 6:16.01	34.68	750m: 8:36.16	34.98		
	200m: 2:13.34 34.73	400m: 4:32.01 34.76	600m: 6:50.99	34.98	800m: 9:10.52	34.36		
6.	VIANA Carolina Pereira	04	129199	Sporting	<b>9:10.82</b>	+0,80	681	19,0(-)
	50m: 31.03 31.03	250m: 2:46.82 34.15	450m: 5:06.00	34.81	650m: 7:25.78	34.53		
	100m: 1:04.43 33.40	300m: 3:21.43 34.61	500m: 5:41.18	35.18	700m: 8:00.92	35.14		
	150m: 1:38.32 33.89	350m: 3:56.31 34.88	550m: 6:16.31	35.13	750m: 8:36.26	35.34		
	200m: 2:12.67 34.35	400m: 4:31.19 34.88	600m: 6:51.25	34.94	800m: 9:10.82	34.56		
7.	MENDES Mariana Amaral	02	123959	Sporting	<b>9:13.09</b>	+0,81	673	18,0(-)
	50m: 32.01 32.01	250m: 2:49.52 34.48	450m: 5:08.96	34.81	650m: 7:29.13	35.13		
	100m: 1:05.86 33.85	300m: 3:24.35 34.83	500m: 5:43.80	34.84	700m: 8:04.06	34.93		
	150m: 1:40.20 34.34	350m: 3:59.24 34.89	550m: 6:18.87	35.07	750m: 8:39.04	34.98		
	200m: 2:15.04 34.84	400m: 4:34.15 34.91	600m: 6:54.00	35.13	800m: 9:13.09	34.05		

## Prova 19, Femin., 800m Livres, 1ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
8.	PIRES Marta Joao	05	147235	Alges	<b>9:28.52</b>	+0,75	620	17,0(-)
	50m: 31.84 31.84	250m: 2:54.72	36.00	450m: 5:19.14	35.76	650m: 7:42.92	35.55	
	100m: 1:07.19 35.35	300m: 3:30.92	36.20	500m: 5:55.27	36.13	700m: 8:18.70	35.78	
	150m: 1:42.85 35.66	350m: 4:07.20	36.28	550m: 6:31.48	36.21	750m: 8:53.96	35.26	
	200m: 2:18.72 35.87	400m: 4:43.38	36.18	600m: 7:07.37	35.89	800m: 9:28.52	34.56	
9.	PEIXOTO Carolina Esteves	06	133308	Braga	<b>9:31.26</b>	+0,83	611	16,0(-)
	50m: 32.52 32.52	250m: 2:54.72	36.06	450m: 5:18.11	35.64	650m: 7:43.50	36.45	
	100m: 1:07.15 34.63	300m: 3:30.63	35.91	500m: 5:54.36	36.25	700m: 8:19.69	36.19	
	150m: 1:42.86 35.71	350m: 4:06.85	36.22	550m: 6:30.76	36.40	750m: 8:55.96	36.27	
	200m: 2:18.66 35.80	400m: 4:42.47	35.62	600m: 7:07.05	36.29	800m: 9:31.26	35.30	
10.	PIMENTEL Marta Lima	04	130230	Porto	<b>9:32.70</b>	+0,80	606	15,0(-)
	50m: 32.67 32.67	250m: 2:54.57	35.97	450m: 5:19.31	36.16	650m: 7:44.94	36.65	
	100m: 1:07.16 34.49	300m: 3:30.65	36.08	500m: 5:55.60	36.29	700m: 8:21.12	36.18	
	150m: 1:42.76 35.60	350m: 4:07.01	36.36	550m: 6:32.06	36.46	750m: 8:57.40	36.28	
	200m: 2:18.60 35.84	400m: 4:43.15	36.14	600m: 7:08.29	36.23	800m: 9:32.70	35.30	
11.	LOPES Matilde Nunes	06	201711	Benfica	<b>9:32.99</b>	+0,77	605	14,0(-)
	50m: 31.98 31.98	250m: 2:54.89	36.14	450m: 5:19.31	35.97	650m: 7:44.57	36.25	
	100m: 1:07.10 35.12	300m: 3:30.86	35.97	500m: 5:55.51	36.20	700m: 8:21.00	36.43	
	150m: 1:42.86 35.76	350m: 4:07.39	36.53	550m: 6:31.89	36.38	750m: 8:57.28	36.28	
	200m: 2:18.75 35.89	400m: 4:43.34	35.95	600m: 7:08.32	36.43	800m: 9:32.99	35.71	
12.	NUNES Rita Sofia	05	129103	Colegio Efanor	<b>9:40.46</b>	+0,88	582	13,0(-)
	50m: 33.02 33.02	250m: 2:58.11	36.81	450m: 5:25.78	36.86	650m: 7:52.72	36.80	
	100m: 1:07.98 34.96	300m: 3:34.75	36.64	500m: 6:02.45	36.67	700m: 8:29.77	37.05	
	150m: 1:44.46 36.48	350m: 4:11.97	37.22	550m: 6:39.44	36.99	750m: 9:06.57	36.80	
	200m: 2:21.30 36.84	400m: 4:48.92	36.95	600m: 7:15.92	36.48	800m: 9:40.46	33.89	
13.	LOURO Beatriz Silva	07	129303	Louletano/Loule Concelho	<b>9:40.84</b>	+0,72	581	12,0(-)
	50m: 32.09 32.09	250m: 2:54.42	36.32	450m: 5:21.36	37.28	650m: 7:51.57	37.68	
	100m: 1:06.60 34.51	300m: 3:30.61	36.19	500m: 5:58.52	37.16	700m: 8:28.74	37.17	
	150m: 1:42.35 35.75	350m: 4:07.21	36.60	550m: 6:36.23	37.71	750m: 9:05.48	36.74	
	200m: 2:18.10 35.75	400m: 4:44.08	36.87	600m: 7:13.89	37.66	800m: 9:40.84	35.36	
14.	SOARES Miriam Mortagua	06	129027	Galitos/ Bresimar	<b>9:55.07</b>	+0,76	540	11,0(-)
	50m: 32.90 32.90	250m: 2:59.29	37.31	450m: 5:30.87	38.45	650m: 8:03.18	38.30	
	100m: 1:08.51 35.61	300m: 3:36.74	37.45	500m: 6:08.66	37.79	700m: 8:41.78	38.60	
	150m: 1:45.16 36.65	350m: 4:14.56	37.82	550m: 6:47.10	38.44	750m: 9:19.82	38.04	
	200m: 2:21.98 36.82	400m: 4:52.42	37.86	600m: 7:24.88	37.78	800m: 9:55.07	35.25	
15.	TOME Maria Rodrigues	01	121262	Belenenses	<b>9:59.31</b>	+0,88	529	10,0(-)
	50m: 32.63 32.63	250m: 2:58.92	37.04	450m: 5:31.01	38.28	650m: 8:05.04	38.41	
	100m: 1:08.31 35.68	300m: 3:36.53	37.61	500m: 6:09.50	38.49	700m: 8:43.75	38.71	
	150m: 1:44.88 36.57	350m: 4:14.26	37.73	550m: 6:47.97	38.47	750m: 9:22.14	38.39	
	200m: 2:21.88 37.00	400m: 4:52.73	38.47	600m: 7:26.63	38.66	800m: 9:59.31	37.17	
16.	FERNANDES Maria Teresa	05	132557	Alges	<b>10:03.87</b>	+0,73	517	9,0(-)
	50m: 32.82 32.82	250m: 3:03.94	38.13	450m: 5:37.73	37.97	650m: 8:09.75	37.19	
	100m: 1:09.44 36.62	300m: 3:42.23	38.29	500m: 6:15.72	37.99	700m: 8:48.91	39.16	
	150m: 1:47.95 38.51	350m: 4:20.73	38.50	550m: 6:53.82	38.10	750m: 9:27.17	38.26	
	200m: 2:25.81 37.86	400m: 4:59.76	39.03	600m: 7:32.56	38.74	800m: 10:03.87	36.70	

## Prova 19, Femin., 800m Livres, 1ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	FINA	Pts
17.	MOREIRA Madalena Valente	09	207969	Colegio Efanor	<b>10:05.30</b>	+0,81	513	8,0(-)
	50m: 33.61 33.61	250m: 3:05.58	38.96	450m: 5:38.64	38.46	650m: 8:12.29	38.44	
	100m: 1:10.72 37.11	300m: 3:43.83	38.25	500m: 6:16.76	38.12	700m: 8:50.56	38.27	
	150m: 1:48.77 38.05	350m: 4:22.32	38.49	550m: 6:55.54	38.78	750m: 9:28.43	37.87	
	200m: 2:26.62 37.85	400m: 5:00.18	37.86	600m: 7:33.85	38.31	800m: 10:05.30	36.87	
18.	MATOS Ana Rita	02	127501	Belenenses	<b>10:07.45</b>	+0,76	508	7,0(-)
	50m: 33.18 33.18	250m: 3:00.98	37.64	450m: 5:34.35	38.73	650m: 8:10.72	39.22	
	100m: 1:09.27 36.09	300m: 3:38.96	37.98	500m: 6:13.24	38.89	700m: 8:50.05	39.33	
	150m: 1:45.98 36.71	350m: 4:17.13	38.17	550m: 6:52.44	39.20	750m: 9:29.52	39.47	
	200m: 2:23.34 37.36	400m: 4:55.62	38.49	600m: 7:31.50	39.06	800m: 10:07.45	37.93	
19.	URIBE Ainhoa Sobrado	04	217706	Louletano/Loule Concelho	<b>10:08.85</b>	+0,76	504	6,0(-)
	50m: 32.33 32.33	250m: 3:00.13	38.38	450m: 5:34.65	39.41	650m: 8:11.60	39.29	
	100m: 1:07.66 35.33	300m: 3:38.32	38.19	500m: 6:13.20	38.55	700m: 8:51.36	39.76	
	150m: 1:44.34 36.68	350m: 4:16.68	38.36	550m: 6:53.23	40.03	750m: 9:30.96	39.60	
	200m: 2:21.75 37.41	400m: 4:55.24	38.56	600m: 7:32.31	39.08	800m: 10:08.85	37.89	
20.	SANTOS Joana Almeida	09	210792	Galitos/ Bresimar	<b>10:16.20</b>	+0,77	486	5,0(-)
	50m: 34.94 34.94	250m: 3:06.21	38.03	450m: 5:40.19	38.73	650m: 8:20.13	39.81	
	100m: 1:12.46 37.52	300m: 3:44.04	37.83	500m: 6:19.86	39.67	700m: 9:00.05	39.92	
	150m: 1:50.39 37.93	350m: 4:22.50	38.46	550m: 7:00.39	40.53	750m: 9:38.31	38.26	
	200m: 2:28.18 37.79	400m: 5:01.46	38.96	600m: 7:40.32	39.93	800m: 10:16.20	37.89	
21.	FERNANDES Ana Ines	00	119258	Vitoria Guimaraes	<b>10:29.29</b>	+0,74	457	4,0(-)
	50m: 32.80 32.80	250m: 3:07.97	39.98	450m: 5:49.68	40.88	650m: 8:30.89	39.90	
	100m: 1:09.75 36.95	300m: 3:48.20	40.23	500m: 6:30.27	40.59	700m: 9:10.68	39.79	
	150m: 1:48.61 38.86	350m: 4:28.60	40.40	550m: 7:10.98	40.71	750m: 9:50.94	40.26	
	200m: 2:27.99 39.38	400m: 5:08.80	40.20	600m: 7:50.99	40.01	800m: 10:29.29	38.35	
22.	RANITO Beatriz Paulo	99	116593	Gesloures	<b>10:53.96</b>	+0,80	407	3,0(-)
	50m: 33.90 33.90	250m: 3:16.71	42.49	450m: 6:06.98	42.38	650m: 8:54.94	41.67	
	100m: 1:11.95 38.05	300m: 3:58.78	42.07	500m: 6:48.88	41.90	700m: 9:36.42	41.48	
	150m: 1:52.67 40.72	350m: 4:42.04	43.26	550m: 7:31.69	42.81	750m: 10:17.20	40.78	
	200m: 2:34.22 41.55	400m: 5:24.60	42.56	600m: 8:13.27	41.58	800m: 10:53.96	36.76	
23.	COSTA Catarina Ribeiro	09	213894	Vitoria Guimaraes	<b>10:53.97</b>	+0,91	407	2,0(-)
	50m: 34.37 34.37	250m: 3:14.35	40.54	450m: 6:00.99	41.98	650m: 8:50.73	42.59	
	100m: 1:12.41 38.04	300m: 3:55.18	40.83	500m: 6:43.23	42.24	700m: 9:33.67	42.94	
	150m: 1:52.88 40.47	350m: 4:37.08	41.90	550m: 7:25.69	42.46	750m: 10:15.51	41.84	
	200m: 2:33.81 40.93	400m: 5:19.01	41.93	600m: 8:08.14	42.45	800m: 10:53.97	38.46	
24.	LIMA Beatriz Ribeiro	09	209224	Gesloures	<b>10:55.05</b>	+0,77	405	1,0(-)
	50m: 35.50 35.50	250m: 3:18.96	42.02	450m: 6:06.53	41.07	650m: 8:53.34	41.88	
	100m: 1:14.86 39.36	300m: 4:01.47	42.51	500m: 6:47.99	41.46	700m: 9:35.07	41.73	
	150m: 1:55.81 40.95	350m: 4:43.30	41.83	550m: 7:29.82	41.83	750m: 10:16.00	40.93	
	200m: 2:36.94 41.13	400m: 5:25.46	42.16	600m: 8:11.46	41.64	800m: 10:55.05	39.05	