

RUMO A PARIS 2024

Campeonato Nacional Clubes 1ª Divisão
Oeiras, 06 e 07 de Abril de 2023



Prova 1 06/04/2023 - 9:30	Femin., 400m Livres 1ª Divisão				1ª Divisão FEM Resultados
RN Absoluto	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25/06/2018
RN Sen	4:09.49	DURAES Diana Margarida	POR	Tarragona (ESP)	25/06/2018
RN Jun17	4:14.67	HOLUB Tamila Hryhorivna	SCB	Oeiras	23/07/2016
RN Jun16	4:20.37	FERREIRA Marta Andreia	POR	Berlim (GER)	04/08/2002
RN Juv A	4:20.78	HOLUB Tamila Hryhorivna	POR	Porto	07/06/2014
RN Juv B	4:26.20	CABRAL Maria Francisca	FCP	Oeiras	26/07/2014
RN Inf A	4:31.53	SILVA Alexandra Maria	POR	Skovde (SWE)	08/08/1980
RN Inf B	4:43.70	SILVA Alexandra Maria	FCP	Funchal	27/07/1979

JO : 4:07.90 / CEJun_Fem 14 - 17: 4:23.44

Pontos: FINA 2023

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	HOLUB Tamila Hryhorivna 50m: 30.05 30.05 100m: 1:01.66 31.61	99	116887	Braga	4:18.25 150m: 1:33.85 32.19 250m: 2:39.21 32.64 350m: 3:45.19 33.05 200m: 2:06.57 32.72 300m: 3:12.14 32.93 400m: 4:18.25 33.06	+0,79	767	25,0(-)
2.	CONCEICAO Ema Jeronimo 50m: 30.29 30.29 100m: 1:02.53 32.24	03	129812	Benfica	4:20.70 150m: 1:34.99 32.46 250m: 2:40.95 33.00 350m: 3:47.43 33.49 200m: 2:07.95 32.96 300m: 3:13.94 32.99 400m: 4:20.70 33.27	+0,79	745	23,0(-)
3.	DURAES Diana Margarida 50m: 30.59 30.59 100m: 1:02.74 32.15	96	102992	Benfica	4:21.98 150m: 1:35.69 32.95 250m: 2:42.25 33.41 350m: 3:49.51 33.78 200m: 2:08.84 33.15 300m: 3:15.73 33.48 400m: 4:21.98 32.47	+0,93	734	22,0(-)
4.	ANDRE Angelica Maria 50m: 30.81 30.81 100m: 1:03.38 32.57	94	15497	Porto	4:22.16 150m: 1:36.30 32.92 250m: 2:43.45 33.65 350m: 3:50.69 33.58 200m: 2:09.80 33.50 300m: 3:17.11 33.66 400m: 4:22.16 31.47	+0,74	733	21,0(-)
5.	FOMINA Anna 50m: 30.56 30.56 100m: 1:03.55 32.99	02	208146	Sporting	4:23.86 150m: 1:36.54 32.99 250m: 2:43.76 33.42 350m: 3:51.45 33.77 200m: 2:10.34 33.80 300m: 3:17.68 33.92 400m: 4:23.86 32.41	+0,90	719	20,0(-)
6.	GOURSON Margaux Verger 50m: 31.40 31.40 100m: 1:04.80 33.40	95	218761	Fluvial Portuense	4:28.46 150m: 1:38.80 34.00 250m: 2:47.34 34.33 350m: 3:56.15 34.22 200m: 2:13.01 34.21 300m: 3:21.93 34.59 400m: 4:28.46 32.31	+0,74	682	19,0(-)
7.	VIANA Carolina Pereira 50m: 30.66 30.66 100m: 1:03.35 32.69	04	129199	Sporting	4:29.98 150m: 1:37.23 33.88 250m: 2:45.74 34.78 350m: 3:55.78 35.27 200m: 2:10.96 33.73 300m: 3:20.51 34.77 400m: 4:29.98 34.20	+0,75	671	18,0(-)
8.	PIRES Marta Joao 50m: 30.77 30.77 100m: 1:04.04 33.27	05	147235	Alges	4:31.93 150m: 1:38.01 33.97 250m: 2:46.87 34.65 350m: 3:57.34 35.45 200m: 2:12.22 34.21 300m: 3:21.89 35.02 400m: 4:31.93 34.59	+0,75	657	17,0(-)
9.	PEIXOTO Carolina Esteves 50m: 31.51 31.51 100m: 1:05.16 33.65	06	133308	Braga	4:37.85 150m: 1:39.93 34.77 250m: 2:50.69 35.51 350m: 4:02.61 36.24 200m: 2:15.18 35.25 300m: 3:26.37 35.68 400m: 4:37.85 35.24	+0,81	615	16,0(-)
10.	PIRES Catarina Gaspar 50m: 32.16 32.16 100m: 1:06.27 34.11	06	129871	Porto	4:39.95 150m: 1:41.39 35.12 250m: 2:52.32 35.46 350m: 4:04.14 35.81 200m: 2:16.86 35.47 300m: 3:28.33 36.01 400m: 4:39.95 35.81	+0,89	602	15,0(-)
11.	NUNES Rita Sofia 50m: 32.09 32.09 100m: 1:06.52 34.43	05	129103	Colegio Efanor	4:43.49 150m: 1:42.25 35.73 250m: 2:55.16 36.55 350m: 4:08.82 37.01 200m: 2:18.61 36.36 300m: 3:31.81 36.65 400m: 4:43.49 34.67	+0,89	579	14,0(-)

Splash Meet Manager, 11.76418

Registered to Federacao Portuguesa De Natacao

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ORGANIZAÇÃO



PATROCINADOR PRINCIPAL



PATROCINADOR OFICIAL



PARCEIROS INSTITUCIONAIS



PARCEIROS



Campeonato Nacional Clubes 1ª Divisão
 Oeiras, 06 e 07 de Abril de 2023

Prova 1, Femin., 400m Livres, 1ª Divisão FEM

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	LOURO Beatriz Silva	07	129303	Louletano/Loule Concelho	4:43.62	+0,70	579	13,0(-)
	50m: 30.89 30.89	150m: 1:40.15 35.18	250m: 2:52.67 36.49	350m: 4:06.76 36.75				
	100m: 1:04.97 34.08	200m: 2:16.18 36.03	300m: 3:30.01 37.34	400m: 4:43.62 36.86				
13.	FERNANDES Maria Teresa	05	132557	Alges	4:43.90	+0,71	577	12,0(-)
	50m: 31.59 31.59	150m: 1:43.00 36.35	250m: 2:56.35 36.27	350m: 4:08.79 35.90				
	100m: 1:06.65 35.06	200m: 2:20.08 37.08	300m: 3:32.89 36.54	400m: 4:43.90 35.11				
14.	MONTEIRO Margarida Cabral	02	117474	Galitos/ Bresimar	4:45.00	+0,79	570	11,0(-)
	50m: 32.44 32.44	150m: 1:42.27 35.32	250m: 2:54.68 36.35	350m: 4:09.06 37.13				
	100m: 1:06.95 34.51	200m: 2:18.33 36.06	300m: 3:31.93 37.25	400m: 4:45.00 35.94				
15.	FIDALGO Maria Jardim	04	131429	Belenenses	4:45.26	+0,76	569	10,0(-)
	50m: 31.76 31.76	150m: 1:42.63 35.86	250m: 2:55.98 36.77	350m: 4:09.73 36.62				
	100m: 1:06.77 35.01	200m: 2:19.21 36.58	300m: 3:33.11 37.13	400m: 4:45.26 35.53				
16.	GOMES Lia Beatriz	06	200413	Vitoria Guimaraes	4:48.99	+0,82	547	9,0(-)
	50m: 32.22 32.22	150m: 1:43.43 36.44	250m: 2:57.65 37.48	350m: 4:13.06 38.17				
	100m: 1:06.99 34.77	200m: 2:20.17 36.74	300m: 3:34.89 37.24	400m: 4:48.99 35.93				
17.	TOME Maria Rodrigues	01	121262	Belenenses	4:51.19	+0,77	535	8,0(-)
	50m: 32.02 32.02	150m: 1:43.51 36.30	250m: 2:57.53 37.12	350m: 4:13.54 37.94				
	100m: 1:07.21 35.19	200m: 2:20.41 36.90	300m: 3:35.60 38.07	400m: 4:51.19 37.65				
18.	URIBE Ainhoa Sobrado	04	217706	Louletano/Loule Concelho	4:51.67	+0,71	532	7,0(-)
	50m: 31.84 31.84	150m: 1:44.41 37.39	250m: 2:58.84 37.89	350m: 4:14.93 38.50				
	100m: 1:07.02 35.18	200m: 2:20.95 36.54	300m: 3:36.43 37.59	400m: 4:51.67 36.74				
19.	NEVES Ana Carolina	08	200350	Fluvial Portuense	4:52.34	+0,57	528	6,0(-)
	50m: 31.64 31.64	150m: 1:43.17 36.18	250m: 2:57.86 37.53	350m: 4:15.52 39.11				
	100m: 1:06.99 35.35	200m: 2:20.33 37.16	300m: 3:36.41 38.55	400m: 4:52.34 36.82				
20.	MOREIRA Madalena Valente	09	207969	Colegio Efanor	4:52.61		527	5,0(-)
	50m: 32.49 32.49	150m: 1:45.59 37.33	250m: 3:02.01 38.05	350m: 4:17.58 37.64				
	100m: 1:08.26 35.77	200m: 2:23.96 38.37	300m: 3:39.94 37.93	400m: 4:52.61 35.03				
21.	FERNANDES Ana Ines	00	119258	Vitoria Guimaraes	4:54.85	+0,76	515	4,0(-)
	50m: 31.93 31.93	150m: 1:45.38 37.57	250m: 3:01.82 38.41	350m: 4:18.51 38.34				
	100m: 1:07.81 35.88	200m: 2:23.41 38.03	300m: 3:40.17 38.35	400m: 4:54.85 36.34				
22.	SILVA Rita Borges	06	200715	Geslours	5:01.61	+0,89	481	3,0(-)
	50m: 32.28 32.28	150m: 1:46.12 37.62	250m: 3:04.51 39.25	350m: 4:23.56 39.56				
	100m: 1:08.50 36.22	200m: 2:25.26 39.14	300m: 3:44.00 39.49	400m: 5:01.61 38.05				
23.	JORGE Sofia Pereira	08	141291	Galitos/ Bresimar	5:01.86	+0,91	480	2,0(-)
	50m: 32.99 32.99	150m: 1:47.68 38.16	250m: 3:06.11 39.35	350m: 4:24.47 39.15				
	100m: 1:09.52 36.53	200m: 2:26.76 39.08	300m: 3:45.32 39.21	400m: 5:01.86 37.39				
24.	CACHACO Beatriz Heitor	07	205927	Geslours	5:01.98	+0,78	479	1,0(-)
	50m: 32.05 32.05	150m: 1:46.01 37.74	250m: 3:03.69 38.76	350m: 4:23.12 39.42				
	100m: 1:08.27 36.22	200m: 2:24.93 38.92	300m: 3:43.70 40.01	400m: 5:01.98 38.86				